



**A Charitable Incorporated Organisation**

**Registration Number: 1163767**

**Trustee's Report for the 12 months to 29th February 2024**

## **Background**

The Male Journey affirms and supports men seeking a life-long journey of spiritual consciousness in order to transform themselves, and through these journeys, their relationships, families, workplaces, communities and our environment.

Our programmes, events and resources provide men with opportunities to do their 'inner work' in the company of other men. We use ritual, teaching and ways of communicating to create safe environments where men can explore and discover their deeper selves and the true purpose of their lives. We provide spaces where:

- men can be vulnerable without being judged or shamed
- men can share their emotions openly
- men can let go of those patterns and beliefs that no longer serve them
- men can rediscover and reconnect with the power of nature, mystery and the universe
- men can establish true relationships with authenticity and integrity

We welcome all who identify as men, without regard to age, ethnicity, background, sexual orientation, status, or creed. We are inclusive. We support men of all faiths, and none.

## **Events (Details of our public events can be found on our website)**

1. Stokers and Convenors weekend May 2023, to support the facilitators of the local groups, attended by 14 men.
2. Men's Rites of Passage, June 2023, attended by 30 participants and 14 leaders.
3. Eurosoul, hosted at the Bield, Scotland, attended by 30 men from Ireland, Germany, Czech Republic and the USA as well as the UK.
4. Drumming weekend, October 2023, attended by 11 men
5. The Moot, our annual planning meeting, November 2023 attended by 39 men
6. AGM, 5th December 2023
7. Trustees Retreat, January 2024. Following this retreat a consultation document was launched with respect to the mission and strategy of The Male Journey. This document is available on request from [tim@malejourney.org.uk](mailto:tim@malejourney.org.uk)

## **Other activities**

1. Local and Online Groups mostly meet monthly, although some meet more often. There are 16 such groups in the UK and they offer opportunities for men to continue their 'journey' and to invite other men to join our organisation.
2. Begun an audit of the organisation's communications. Updated the website to be more modern reliable, and to better support The Male Journey's brand trustworthiness. Completed a review of data held by the organisation and begun the process of bringing operational activities in line with data protection best

practices. Created a fully rebranded newsletter and increased engagement with an average of 70% open rate and 15% click rate. Relaunch of newsletter with refresh of mailing list. GDPR compliance

Kevin McNally (chair until January 2024)

Tim Lyttle (appointed August 2023, chair from January 2024)

David Townsend

Stephen Ashton

Peter Bruckenwell (resigned on 05/12/2023)

Martin Honeywell (resigned on 05/12/2023)

Francis O'Leary (appointed September 2023)

Joel Bubbers (appointed September 2023)

## The Male Journey

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Income and Expenditure 2023/2024

	12 months to 29Feb24
<b>Donations</b>	
General Donations	310
Bursary Fund Income	540
Bursary Fund Awards	(995)
<b>Total Donations</b>	<b>(145)</b>
<b>Events</b>	
Eurosoul Cost	(572)
Moot Income	6,492
Moot Cost	(6,303)
MROP Income	13,655
MROP Cost	(12,804)
Poetry Books Income	72
Poetry Books Cost	49
Stokers Weekend Income	910
Stokers Weekend Cost	(751)
Trustee Weekend	(1,165)
<b>Total Events</b>	<b>(417)</b>
<b>Other</b>	
Bank Interest Income	377
<b>Total Other</b>	<b>377</b>
<b>Surplus / (Deficit) before Operating Expenses</b>	<b>(185)</b>
<b>Operating Expenses</b>	
Insurance	(363)
Sundry	(98)
Website	(295)
Zoom	(362)
<b>Total Operating Expenses</b>	<b>(1,118)</b>
<b>Surplus / (Deficit) after Operating Expenses</b>	<b>(1,304)</b>

## The Male Journey

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Assets & Liabilities 2023/2024

	Opening Balance (1Mar23)	Closing Balance (29Feb24)	Movement
<b>Cash and Bank</b>			
Triodos - Undesignated	13,992	15,478	1,486
Triodos - Bursary Fund	2,123	1,668	(455)
Triodos - Development Fund	565	565	-
Stripe	-	-	-
Paypal	98	(0)	(98)
<b>Total Cash and Bank</b>	<b>16,778</b>	<b>17,711</b>	<b>933</b>
<b>Other Current Assets</b>			
Prepayments	684	583	(100)
Stock	795	844	49
<b>Total Other Current Assets</b>	<b>1,478</b>	<b>1,427</b>	<b>(51)</b>
<b>Total Assets</b>	<b>18,256</b>	<b>19,138</b>	<b>882</b>
<b>Current Liabilities</b>			
Accruals	-	(484)	(484)
Advance Receipts for Events	(515)	(2,217)	(1,702)
<b>Total Current Liabilities</b>	<b>(515)</b>	<b>(2,701)</b>	<b>(2,186)</b>
<b>Net Assets</b>	<b>17,741</b>	<b>16,437</b>	<b>(1,304)</b>
<b>Represented By:</b>			
General Reserve	15,053	14,205	(849)
Bursary Reserve	2,123	1,668	(455)
Development Reserve	565	565	-
<b>Total Reserves</b>	<b>17,741</b>	<b>16,437</b>	<b>(1,304)</b>