

Ashar (Bringing Hope)

Accounts

For The Year Ended 31 March 2025

Ashar (Bringing Hope)
Reference and Administrative Details

Charity Name	Ashar (Bringing Hope)
Accounts	1163732
Principal Address	80 Denonshire Road Blackpool FY3 8AE
Trustee's	Keith Fantham Lisa Haskett Helen Hotchkiss
Accountant	Community Accounting Services Ltd 7 Napoleon Drive Shrewsbury SY3 5PH

**Trustees' Report
of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2025**

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The charity is registered with the Charity Commission and is run in accordance with the Constitution adopted on 25 September 2015.

Trustee selection methods

The Trustees are appointed by the Committee.

Objectives and Activities

To promote and preserve good mental health by providing therapeutic counselling services to groups and individuals within the Shropshire and Mid Wales regions.

Achievements and Performance in the year

Ashar continues to offer our services supporting local communities across Lancashire and Shropshire Counselling 1:1, online and face to face, bespoke retreats, training workshops, and consultancy.

We continue to develop excellent support networks, building our reputation and accessibility across Lancashire and Shropshire. Developing our volunteer network, CPD and Training to sustain excellence. We have also been able to place an emotional health practitioner/counsellor on a 3year contract to support through therapeutic interventions and sign posting to a local project in Lancashire 'Comfort Café' who provide food for over 90 individuals who use their service on a Tuesday throughout the year. Mental Health support and signposting have now become an integral part of their service because of Ashar.

We have supported over 500 individuals through counselling, well-being appointments, bereavement groups, drop-in sessions, art therapy sessions, retreat days.

We appreciate our counsellors, well-being practitioners two of our therapists have trained as clinical supervisors, congratulations and well done. Supervision and supervision y input for our counsellors and well being practitioners is and integral part of Ashar ministry to ensure the quaintly and well being of our team. All our counsellors now have individual supervision rather than group supervision.

Resource for other charities and organisations

Ashar continues to support a local rehabilitation care farm in Shropshire primarily offering mental health support and supervision for their staff and consultancy.

We continue to support a local Drop In 'Brew & Chat' on Monday afternoon for community which provides a listening service as well as access to a qualified counsellor for 1:1 standalone appointment. We also continue to have the privilege to support an orphanage project in Tanga, Tanzania which has now been officially recognised and registered, named Tesifa, they have and are now developing how they become more self sustaining, which is a joy to see how this has developed over the past three years.

**Trustees' Report
of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2025**

Reserves Policy

The Trustees aim to maintain free reserves at a level sufficient to supplement the day to day running of the Charity.

The restricted funds are made up of grants and are spent according to the grant requirements which assist the Charity in meeting its objectives. Any money left over at the year end is kept in reserves to be spent in the following year.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Keith Fantham
Chairman

Date

**Independent Examiner's Report to the
Management Committee of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2025**

Basis of independent examiner's report

We report on the accounts of Ashar (Bringing Hope) for the year ended 31 March 2025.

The Group's officers are responsible for the preparation of the accounts. The Group's officers consider that an audit is not required for this year and that an independent examination is needed.

It is our responsibility to:

- examine the accounts
- to follow the general directions for the conduct of an independent examination
- to state whether particular matters have come to our attention.

Basis of independent examiner's statement

Our examination was carried out in accordance with general directions for an independent examination. An examination includes a review of the accounting records kept by the committee and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as a committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that in, any material respect, the requirements
 - to keep appropriate accounting records; and
 - to prepare accounts which accord with the accounting records and comply with applicable financial reporting standardshave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Community Accounting Services

**Community Accounting Services Ltd
7 Napoleon Drive
Shrewsbury
SY3 5PH**

Date: 27/01/2026

Ashar (Bringing Hope)
Income & Expenditure Accounts
for the Year Ended 31 March 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Income					
Counselling fees		3,265	-	3,265	4,780
Grants		-	15,600	15,600	25,000
Donations		12,840	-	12,840	16,662
Total Income		16,105	15,600	31,705	46,442
Expenditure					
Running costs					
Counselling		-	6,284	6,284	13,789
Supervision		2,820	4,250	7,070	2,723
Support staff		-	9,036	9,036	22,603
Room hire		-	-	-	500
Training		-	-	-	336
Travel & subsistence		50	-	50	176
Materials		37	-	37	1,020
Accountancy		390	-	390	390
Insurance		-	-	-	168
Computer costs		205	-	205	350
Printing, postage & stationery		96	-	96	288
Subscriptions		196	-	196	96
Telephone		148	-	148	166
Repairs		29	-	29	155
Website & marketing		488	-	488	172
Depreciation		140	-	140	140
Donations		8,739	-	8,739	9,093
Bank charges		13	-	13	10
Miscellaneous		-	-	-	238
Total Expenses		13,351	19,570	32,921	52,413
Net Incoming Resources Before Transfers		2,754	(3,970)	(1,216)	(5,971)
Transfer Between Funds		-	-	-	-
Net Incoming Resources		2,754	(3,970)	(1,216)	(5,971)
Fund balance brought forward at 1 April 2024		2,084	3,970	6,054	12,025
Fund Balance Carried Forward at 31 March 2025		4,838	-	4,838	6,054

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

Ashar (Bringing Hope)
Balance Sheet
as at 31 March 2025

Note	2025	2024
	£	£
Non-Current Assets		
Office Equipment	421	421
Current Assets		
Current Account	4,417	4,184
Petty Cash	-	70
PayPal	-	1,379
	<u>4,417</u>	<u>5,633</u>
Net Assets	<u><u>4,838</u></u>	<u><u>6,054</u></u>
Represented by Funds		
Unrestricted fund	4,838	2,084
Restricted fund	-	3,970
	<u><u>4,838</u></u>	<u><u>6,054</u></u>

The Trustees approve the accounts which comprise of the SOFA, the Balance Sheet and the related notes and acknowledge their responsibility for the accounts, including the appropriateness of the applicable financial reporting framework, and for providing Community Accounting Services Ltd with all information and explanations necessary for their compilation.

Keith Fantham
Chairman

Date
