

Ashar (Bringing Hope)

Accounts

For The Year Ended 31 March 2024

Ashar (Bringing Hope)
Reference and Administrative Details

Charity Name	Ashar (Bringing Hope)
Accounts	1163732
Principal Address	80 Denonshire Road Blackpool FY3 8AE
Trustee's	Keith Fantham Lisa Haskett Helen Hotchkiss
Accountant	Community Accounting Services Ltd 7 Napoleon Drive Shrewsbury SY3 5PH

**Trustees' Report
of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2024**

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The charity is registered with the Charity Commission and is run in accordance with the Constitution adopted on 25 September 2015.

Trustee selection methods

The Trustees are appointed by the Committee.

Objectives and Activities

To promote and preserve good mental health by providing therapeutic counselling services to groups and individuals within the Shropshire and Mid Wales regions.

Achievements and Performance in the year

Ashar continues to offer: Counselling 1:1 session both online and face to face, our on-line work is increasing which enables our service to be accessed by a wider cliental.

Our Well-Being Courses are still being run quarterly and our Well-Being Groups are now running weekly, Brew & Chat and a Bereavement Group and a well being practitioner is working alongside our comfort café which provides food to our local community currently supporting 90 service users we provide emotional support, sign posting and counselling provision to those who would otherwise would not easily access mental health provision.

Ashar continues building a good network across Lancashire and Shropshire working to support local churches, Blackburn Diocese, Willowdene Rehabilitation Centre.

We continue to support low cost and funded places for therapy and emotional well-being appointments alongside bespoke workshops at churches request such as ladies' days and emotional well being course.

Our team of counsellors, well-being practitioners and workshop leaders continue to grow, we would like to say a huge thank you to our amazing team of growing volunteers.

One of our continued main achievements has been providing a qualified counsellor to be available to work alongside a local food provider, supporting and promoting emotional well-being, good mental health, some of the feedback has been 'the time spent was life-saving', we have also been able to put another practitioner into a church in Burnley that supports two groups, Ketamine Support Group and a Drop In alongside opportunities for 1:1 sessions.

Invitation to teach workshops to church leaders in Blackburn Diocese at Whalley Abbey

'Impact of working with Trauma Safely'

Self Care and Well-Being for those in Ordained Ministry.

Phone Line Prayer Support

We continue to offer a Prayer Line which is manned by a group of trained volunteers and holds a recorded message.

Overseas

We continue to have the privilege to support the 'Period Poverty Project and a local Orphanage project in Tanzania, 'Tesifa' Making a Difference. Chris took a team of 7 out in September 2024 where they led two conferences in local churches in Tanga and supported Rachel and the team spending time with the children, story led teaching, well-being, and self care resources.

**Trustees' Report
of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2024**

Reserves Policy

The Trustees aim to maintain free reserves at a level sufficient to supplement the day to day running of the Charity.

The restricted funds are made up of grants and are spent according to the grant requirements which assist the Charity in meeting its objectives. Any money left over at the year end is kept in reserves to be spent in the following year.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Keith Fantham
Chairman

Date

**Independent Examiner's Report to the
Management Committee of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2024**

Basis of independent examiner's report

We report on the accounts of Ashar (Bringing Hope) for the year ended 31 March 2024.

The Group's officers are responsible for the preparation of the accounts. The Group's officers consider that an audit is not required for this year and that an independent examination is needed.

It is our responsibility to:

- examine the accounts
- to follow the general directions for the conduct of an independent examination
- to state whether particular matters have come to our attention.

Basis of independent examiner's statement

Our examination was carried out in accordance with general directions for an independent examination. An examination includes a review of the accounting records kept by the committee and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as a committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that in, any material respect, the requirements
 - to keep appropriate accounting records; and
 - to prepare accounts which accord with the accounting records and comply with applicable financial reporting standardshave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Community Accounting Services

**Community Accounting Services Ltd
7 Napoleon Drive
Shrewsbury
SY3 5PH**

Date: 28/01/2025

Ashar (Bringing Hope)
Income & Expenditure Accounts
for the Year Ended 31 March 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Income					
Counselling fees		4,780	-	4,780	5,118
Grants		-	25,000	25,000	-
Donations		16,662	-	16,662	4,833
Fundraising		-	-	-	8
Total Income		21,442	25,000	46,442	9,959
Expenditure					
Running costs					
Counselling		4,885	8,904	13,789	7,195
Supervision		-	2,723	2,723	2,228
Support staff		-	22,603	22,603	26,530
Room hire		500	-	500	-
Speakers		-	-	-	140
Training		336	-	336	-
Travel & subsistence		176	-	176	244
Materials		1,020	-	1,020	409
Accountancy		390	-	390	390
Insurance		168	-	168	168
Computer costs		350	-	350	249
Printing, postage & stationery		288	-	288	232
Subscriptions		96	-	96	56
Telephone		166	-	166	123
Repairs		155	-	155	116
Website & marketing		172	-	172	309
Depreciation		140	-	140	187
Donations		9,093	-	9,093	-
Bank charges		10	-	10	-
Miscellaneous		238	-	238	207
Total Expenses		18,183	34,230	52,413	38,783
Net Incoming Resources Before Transfers		3,259	(9,230)	(5,971)	(28,824)
Transfer Between Funds		-	-	-	-
Net Incoming Resources		3,259	(9,230)	(5,971)	(28,824)
Fund balance brought forward at 1 April 2023		(1,175)	13,200	12,025	40,849
Fund Balance Carried Forward at 31 March 2024		2,084	3,970	6,054	12,025

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

Ashar (Bringing Hope)
Balance Sheet
as at 31 March 2024

Note	2024	2023
	£	£
Non-Current Assets		
Office Equipment	421	561
Current Assets		
Current Account	4,184	11,416
Petty Cash	70	40
PayPal	1,379	8
	5,633	11,464
Net Assets	6,054	12,025
Represented by Funds		
Unrestricted fund	2,084	(1,175)
Restricted fund	3,970	13,200
	6,054	12,025

The Trustees approve the accounts which comprise of the SOFA, the Balance Sheet and the related notes and acknowledge their responsibility for the accounts, including the appropriateness of the applicable financial reporting framework, and for providing Community Accounting Services Ltd with all information and explanations necessary for their compilation.

Keith Fantham
Chairman

Date
