

Ashar (Bringing Hope)

Accounts

For The Year Ended 31 March 2021

Ashar (Bringing Hope)
Reference and Administrative Details

Charity Name	Ashar (Bringing Hope)
Accounts	1163732
Principal Address	80 Denonshire Road Blackpool FY3 8AE
Trustee's	Hugh O'Donnell Viictoria Bentley Susan O'Donnell Keith Fantham Helen Hotchkiss
Accountant	Community Accounting Services Ltd 7 Napoleon Drive Shrewsbury SY3 5PH

**Trustees' Report
of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2021**

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2021. The financial statements have been prepared in accordance with the Charities Act 1993 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2005.

Structure, Governance and Management

The charity is registered with the Charity Commission and is run in accordance with the Constitution adopted on 25 September 2015.

Trustee selection methods

The Trustees are appointed by the Committee.

Objectives and Activities

To promote and preserve good mental health by providing therapeutic counselling services to groups and individuals within the Shropshire and Mid Wales regions.

Achievements and Performance in the year

Ashar continues to offer our services of: Counselling 1:1 sessions, Psychological & Emotional Well-Being sessions as well as Workshops and Events.

Ashar has continued building a good network of support across Lancashire and Shropshire we have supported over 250 individual clients, and 4 groups of 2 many of which are low fee paying or funded places for individuals who otherwise would be unable to access counselling or psychological wellbeing help and support.

Emotional & Spiritual Health course has continued to run and we have the addition of an Active Listening Skills Course via Zoom enabling a wider network of individuals to access 'Listening Skills' across Lancashire and Shropshire.

It has been an achievement to be able to change to working on line using zoom in these strange times. A huge well done to our counsellors and well-being practitioners! Some clients were able to do the transition to zoom and others preferred to wait to see their counsellor face to face, so holding the client or ending has been how we have handled it well. However all our trustee meetings have been moved to on-line and they are working really well we put some therapy on line as well as use zoom as a medium to reframe how we share the support groups/emotional well-being.

Resource for other charities and organisations

Ashar continues to support local rehabilitation care farm, local church groups such as a Drop In for community here in Blackpool which provides a listening service and the development of the North West team which is growing slowly.

We continue to have the privilege to support the period poverty and orphanage project in Tanga through ring fenced donations for this project.

Reserves Policy

The Trustees aim to maintain free reserves at a level sufficient to supplement the day to day running of the Charity.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Keith Fantham
Chairman

Date

**Independent Examiner's Report to the
Management Committee of Ashar (Bringing Hope)
on the Accounts for the Year Ended 31 March 2021**

Basis of independent examiner's report

We report on the accounts of Ashar (Bringing Hope) for the year ended 31 March 2021.

The Group's officers are responsible for the preparation of the accounts. The Group's officers consider that an audit is not required for this year and that an independent examination is needed.

It is our responsibility to:

- examine the accounts
- to follow the general directions for the conduct of an independent examination
- to state whether particular matters have come to our attention.

Basis of independent examiner's statement

Our examination was carried out in accordance with general directions for an independent examination. An examination includes a review of the accounting records kept by the committee and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as a committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that in, any material respect, the requirements
 - to keep appropriate accounting records; and
 - to prepare accounts which accord with the accounting records and comply with applicable financial reporting standardshave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Community Accounting Services

**Community Accounting Services Ltd
7 Napoleon Drive
Shrewsbury
SY3 5PH**

Date: 07/01/2022

Ashar (Bringing Hope)
Income & Expenditure Accounts
for the Year Ended 31 March 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2021 £
Income					
Counselling fees		5,120	-	5,120	9,879
Gift Aid		579	-	579	-
Donations		3,655	4,439	8,094	3,315
Total Income		9,354	4,439	13,793	13,194
Expenditure					
Running costs					
Counselling		698	-	698	1,750
Supervision		1,690	-	1,690	2,688
Support staff		2,470	-	2,470	8,794
Training		38	-	38	-
Travel & subsistence		4	-	4	363
Materials		275	-	275	110
Accountancy		440	-	440	390
Insurance		168	-	168	168
Computer costs		24	144	168	-
Printing, postage & stationery		295	-	295	182
Subscriptions		-	-	-	263
Telephone		108	-	108	276
Rent		500	-	500	-
Repairs		87	-	87	49
Website		299	-	299	70
Depreciation		33	-	33	43
Donations		50	2,600	2,650	730
Miscellaneous		74	-	74	316
Total Expenses		7,253	2,744	9,997	16,192
Net Incoming Resources Before Transfers		2,101	1,695	3,796	(2,998)
Transfer Between Funds		6	(6)	-	-
Net Incoming Resources		2,107	1,689	3,796	(2,998)
Fund balance brought forward at 1 April 2020		1,011	-	1,011	4,009
Fund Balance Carried Forward at 31 March 2021		3,118	1,689	4,807	1,011

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

Ashar (Bringing Hope)
Balance Sheet
as at 31 March 2021

Note	2021	2020
	£	£
Non-Current Assets		
Office Equipment	98	130
Current Assets		
Current Account	4,709	881
	<u>4,709</u>	<u>881</u>
Net Assets	<u><u>4,807</u></u>	<u><u>1,011</u></u>
Represented by Funds		
Unrestricted fund	3,112	1,011
Restricted fund	1,695	
	<u><u>4,807</u></u>	<u><u>1,011</u></u>

The Trustees approve the accounts which comprise of the SOFA, the Balance Sheet and the related notes and acknowledge their responsibility for the accounts, including the appropriateness of the applicable financial reporting framework, and for providing Community Accounting Services Ltd with all information and explanations necessary for their compilation.

Keith Fantham
Chairman

Date
