



Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

Adroddiad Blynyddol 2025

Rh. Elusen : 1163672 Elusen Rhif.

Cyfnod: 1af Ebrill 2024 – 31ain Mawrth 2025

Prif Gyfeiriad:

cyswllt@dashceredigion.org.uk

cyfeiriad post yn unig: DASH Ceredigion, Hyb Busnes Aberystwyth, 7a Y Stryd Fawr, Aberystwyth

Cefnogir DASH gan



The Three Guineas Trust

Ymddiriedolaeth y Tair Gini



Teuluoedd a Chymuned Ceredigion

PWY YDYM NI?

Ers 1978, mae DASH Ceredigion wedi bod yn trefnu amrywiaeth o gynlluniau hamdden ar gyfer plant a phobl ifanc anabl o fewn sir Ceredigion. Rydym yn gwneud hyn fel y gall plant anabl lleol a'u teuluoedd gael ansawdd bywyd gwell gyda mynediad at ddewis eang o gyfleusterau a chyfleoedd hamdden. Mae rhieni a gofalmwyr yn cael amser i ailwefru eu batris ac mae plant a phobl ifanc anabl yn cael amser eu hunain ar gyfer datblygiad personol, cymdeithasol a chreadigol mewn amgylchedd croesawgar a hwyliog.

AMCANION ELUSENNOL

Amcan y gymdeithas yw hyrwyddo cymorth i bobl anabl, yn benodol ond nid yn gyfan gwbl, trwy gefnogi plant anabl a phobl ifanc mewn unrhyw ffordd a ystyrir yn awr neu o hyn ymlaen yn ôl y gyfraith yn elusennol o fewn ardal Ceredigion (a elwir yma yn ardal y budd) ac i hyrwyddo'r amcan hwnnw ond ymhellach fel arall:

- Darparu a chynorthwyo i ddarparu cynlluniau chwarae a gweithgareddau hamdden eraill.
- Darparu seibiannau byr i'r plant, pobl ifanc hynny a'u teuluoedd a'u gofalmwyr;
- Annog pobl ifanc i wirfoddoli a darparu cyfleoedd i wirfoddolwyr ymgysylltu'n weithredol â phlant a phobl ifanc anabl pobl.
- Meithrin cydweithrediad a chyfeillgarwch rhwng rhieni a gwarcheidwaid, perthnasau a ffrindiau pobl anabl;
- Codi ymwybyddiaeth o'r problemau y mae pobl anabl a'u teuluoedd yn eu hwynebu ac annog agwedd gadarnhaol tuag at bobl anabl pobl;
- Gwneud pob peth arall sy'n gyfreithlon yn ôl yr angen er mwyn cyflawni'r amcanion uchod.

MAE DASH YN NODIO GWNEUD GWASANAETH TRWY

ÿ Cynnig cynlluniau hamdden sy'n addas i oedran a gallu ar gyfer plant a phobl ifanc anabl.

ÿ Cynnwys pobl ifanc anabl a'u brodyr a chwiorydd mewn dewisiadau amgen adeiladol yn lle aros gartref.

ÿ Hwyluso pobl ifanc anabl i wneud a datblygu cyfeillgarwch parhaol

ÿ Cynorthwyo pobl ifanc anabl i gael mynediad i'r gymuned leol a mwynhau cyfleusterau cymunedol.

ÿ Galluogi pobl ifanc anabl i wella eu hyder a'u helpu i ymarfer a datblygu eu sgiliau.

ÿ Darparu seibiannau byr i'r teulu, rhieni a gofalwyr yn ystod gwyliau ac amseroedd hamdden.

ÿ Harneisio a chyfeirio'r brwdfrydedd a'r egni sy'n cynyddu gwybodaeth y cyhoedd am y rhwystrau y mae pobl anabl a'u hwynebaw teuluoedd, ac i annog eu derbyniad i'r gymuned ehangach.

ÿ Darparu cefnogaeth i'r teulu cyfan yn ogystal â meithrin cydweithrediad a chyfeillgarwch cydfuddiannol.

ÿ Defnyddio gwirfoddolwyr lleol sy'n cynorthwyo gyda'r cynlluniau.

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CROESO, CROESO

Neges gan y Cadeirydd newydd, Nik Morgan

Mewn blwyddyn sydd wedi tynnu sylw at yr effaith ariannol y mae'r hinsawdd economaidd bresennol yn ei chael ar DASH ynghyd â phroblemau staffio, rwy'n falch o ddweud bod DASH wedi parhau i gefnogi plant, pobl ifanc a theuluoedd ac wedi cael effaith gadarnhaol ar y teuluoedd hynny a gefnogir.

Ar ran yr Ymddiriedolwyr, hoffwn ddiolch i'r tîm staff am eu gwaith caled a'u proffesiynoldeb parhaus wrth reoli a gweithio gyda'n grŵp cleientiaid a diolch i'r plant, pobl ifanc a'u rhieni/gofalwyr am eu cefnogaeth barhaus.

Y flwyddyn nesaf fydd fy flwyddyn olaf fel cadeirydd DASH ond rwy'n edrych ymlaen at gefnogi tîm DASH drwy gydol y flwyddyn 25/26.



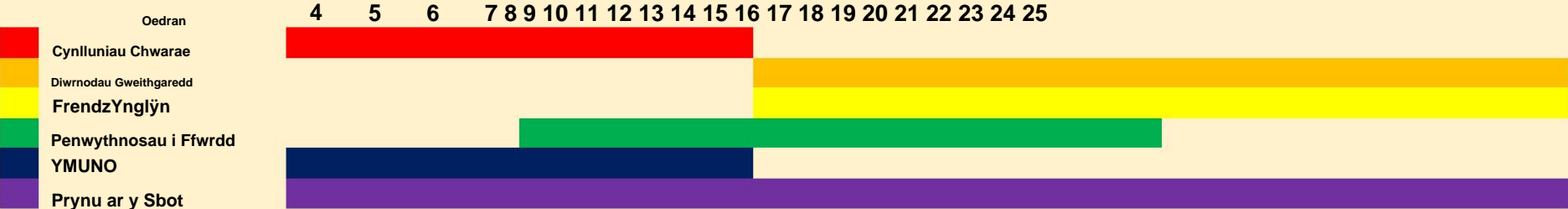
Neges gan Ben Freeman, Rheolwr

Blwyddyn dda i DASH Ceredigion, rwy'n falch bod y sesiynau chwarae galw heibio prawf wedi bod yn effeithiol. Mae niferoedd cynyddol a chysondeb presenoldeb yn y cynlluniau presennol yn awgrymu dechrau adferiad o effaith unigedd COVID. Wrth gynllunio ar gyfer y dyfodol a bod yn ymwybodol o'n ffrydiau incwm, arweiniodd hyn at newidiadau staff ac arbedion cost i helpu i sefydlogi DASH ar gyfer y dyfodol. Gwerthfawrogi haelioni trigolion Ceredigion yn eu hymdrechion i gefnogi DASH yn ogystal â'u rhoddion yn fawr.

BETH WNAETHOM NI

Beth?	I bwy?	Ble?
<div>Cynlluniau Chwarae</div>	Ar gyfer plant 4 – 11 oed sy'n byw yng Ngheredigion ag anabledd cymedrol i ddifrifol a'u brodyr a chwiorydd (o fewn yr un grŵp oedran).	Lleoliadau cofrestredig yn Ysgol Bro Sion Cwilt, Ysgol Gymraeg, Aberystwyth.
<div>DASHABOUT. Dyddiau</div>	I bobl ifanc 12-25 oed sy'n byw yng Ngheredigion gyda lefel gymedrol o weithgareddau, mae'r amserlen yn cynnwys amrywiaeth o leoliadau gan gynnwys defnyddio Gweithgaredd i anabledd difrifol.	ystod eang o weithgareddau yng Ngheredigion.
<div>DASHABOUT Frenz Ynglŷn</div>	Ar gyfer pobl ifanc 12-25 oed sy'n byw yng Ngheredigion, gyda chyfradd gymedrol i anabledd difrifol.	Amserlen o weithgareddau ar gyfer grŵp bach o bobl ifanc yn ardal Aberystwyth, Hybiau Cymunedol Penparcau a Borth
<div>Penwythnosau DASHAWAY Ffwrdd</div>	Profiadau preswyl i blant 8-18 oed sy'n byw yng Ngheredigion, ag anabledd cymedrol i ddifrifol.	Lleoliad cofrestredig yn Byngalo Ymddiriedolaeth Ty Glyn Davis, Ciliau Aeron.
<div>Cynllun YMUNO</div>	Cynllun a weinyddir gan DASH ar gyfer yr Awdurdod Lleol i gefnogi lleoliadau gofal plant cofrestredig yng Ngheredigion a'r cyffiniau a fynychir gan leoliadau gofal plant cofrestredig i gynnwys plant a phobl ifanc 3 oed sy'n byw yng Ngheredigion ac wedi'u derbyn i'r cynllun. – 14 oed (18 os yw'n anabl) gydag anghenion ychwanegol yn unol â deddfwriaeth Cydraddoldeb.	
<div>Prynu ar y Sbot Cefnogaeth.</div>	Cymorth pwrpasol i blentyn neu berson ifanc ag anghenion ychwanegol trwy gontract sy'n canolbwyntio ar y person.	Yn amrywio o unigolyn i unigolyn.

BETH WNAETHOM NI – I BWY



BETH A WNAETHOM NI – GWEITHGAREDDAU



Celf a Chrefft

Helveydd Bwystfilod Bach

Gemau grŷp

Nofio

Teithiau cerdded

Ffilmiau

Coginio

Crefftau Coetir

Gweithgareddau Synhwyrdd

Dawns ac loga

Chwarae Meddal

Bod gyda ffrindiau



FAINT – SESIYNAU 24-25

	Target	Actual	What	When
Playschemes	33	27	sessions	School Holdiday
Activity Days	12	12	sessions	School Holiday
Frendz	33	33	sessions	Term Time Weekdays
DASH Weekends	11	11	weekends	Term time Weekends
Ymuno	0	08	referrals	CIW Registered Settings
Spot	0	01	referrals	According to Need
Play Day	0	2	drop in	School Half Terms

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Ebrill 24	April 24																FR				DAW											
Mai 24	May 24							FR							FR			DAW														
Mehefin 24	June 24											FR			DAW				FR							FR			DAW			
Gorffennaf 24	July 24		FR							FR																					AD S N	AD S N
Awst 24	August 24	AD S N	S N			S N	AD S N	AD S N	AD S N	S N			N	AD N	AD N	AD N	N			N	AD N	AD N	AD N									
Medi 24	September 24																				DAW				FR							
Hydref 24	October 24	FR								FR							FR			DAW				FR								
Tachwedd 24	November 24												FR								FR							FR			DAW	
Rhagfyr 24	December 24			FR																												
Ionawr 25	January 25														FR								FR			DAW				FR		FR
Chwefror 25	February 25				FR				DAW				FR		FR					FR			DAW				PD	FR	PD		FR	
Mawrth 25	March 25	FR			FR								FR		FR					FR			DAW				FR					

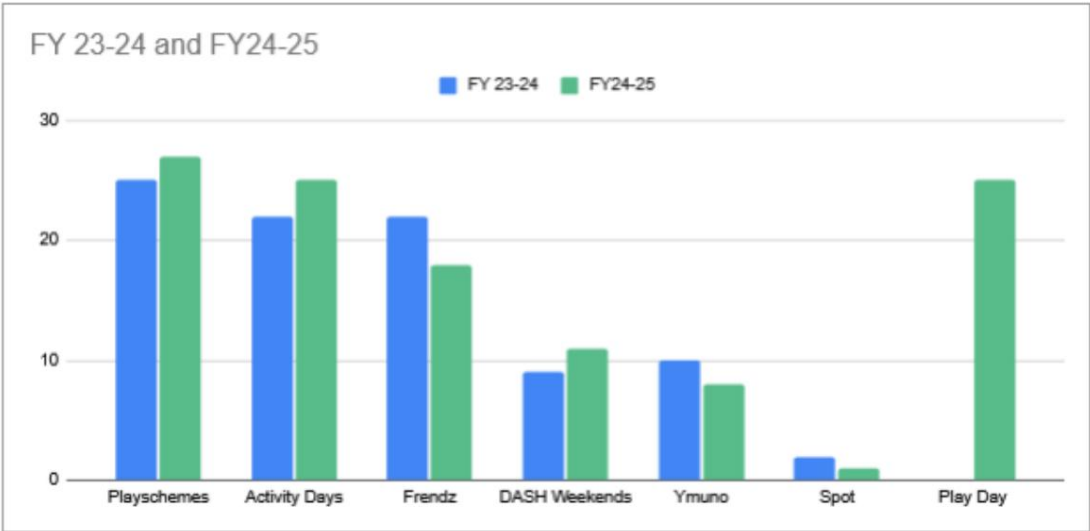
FAINT O BLANT

Presenoldeb Blynnyddol Cymharol fesul cynllun

Rhwng blwyddyn ariannol 23-24 a 24-25

Children's attendance by scheme. Year by Year

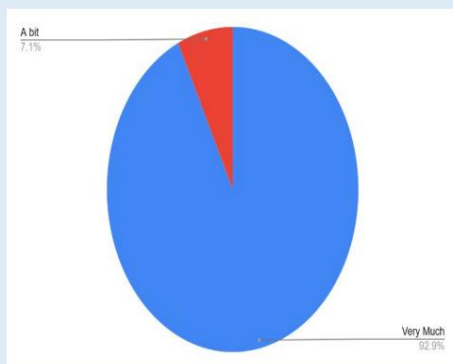
	FY 23-24	FY24-25
Playschemes	25	27
Activity Days	22	25
Frendz	22	18
DASH Weekends	9	11
Ymuno	10	8
Spot	2	1
Play Day	0	25



- Mae twf mewn Cynlluniau Chwarae a Diwrnodau Gweithgareddau yn ddymunol, ond yn fach.
- Mae twf presenoldeb mewn Addysg a Gwaith yn adlewyrchu cyfathrebu gwell gyda'r Awdurdod Lleol a mwy o ymgysylltiad gan deuluoedd.
- Mae gostyngiad mewn contractau SPOT yn gysylltiedig â staffio a diffyg ceisiadau.
- Roedd Frendz Drop yn ganlyniad i lai o ymgysylltiad gan deuluoedd newydd yn ystod y cyfnod hwnnw a hysbysebu llai effeithiol ar fy rhan i.

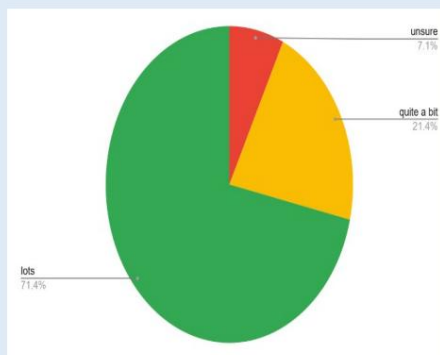
SUT GWNAETHOM NI – Adborth Blynyddol

A yw ein cynlluniau'n rhoi cyfle i chi gael seibiant o ofalu?

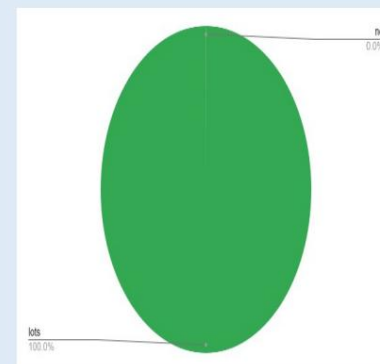


Cael amser un-ag-un gyda fy merch hynaf ac amser o safon gyda fy mhartner. Gallu eistedd ac ymlacio ychydig.

A gafodd presenoldeb eich plentyn yn y cynlluniau effaith gadarnhaol ar eich teulu cyfan?



A wnaeth eich plentyn/plant fwynhau'r cynllun?



Mae [H] yn cael amser hollol wych wrth ei fodd yn gwneud tasgau ac yn egnïol. Mae [G] cael ti i gymysgu a'r staff yn gwneud iddo deimlo'n ddiogel, sy'n fuddiol iawn iddo ac mae ei bryder gwahanu, gan nad oes gen i unrhyw help, yn dod o hyd iddo. Mae e gyda fi bob amser ac mae hyn yn ei helpu fwy nag y gall ei ddychmygu.



Rhoddodd gyfleoedd inni gael amser i ni ein hunain. Gall gwyliau'r haf deimlo'n hir, gyda gweithgareddau cyfyngedig i oedolion ag anableddau, felly roedd cael mynediad at y diwrnodau DASH i fwrdd yn rhoi amser rhydd inni fynd ymlaen â phethau gartref e.e.: siopa.

CEFNOGWYR

Hoffem ddiolch i'n holl sylfaenwyr, cyllidwyr, partneriaid, staff a gwirfoddolwyr am eu holl waith caled, eu hymroddiad a'u hegri. Rydym yn dibynnu arnoch chi i gyd i'n cynorthwyo i cefnogi plant anabl a'u teuluoedd sy'n byw yng Ngheredigion.

Nik Morgan (Cadeirydd yr Ymddiriedolwyr)

Gareth James (Ymddiriedolwr Rhiant)

Gemma Light (Ymddiriedolwr)

Catherine Mackenzie (Cadeirydd; Grŵp Llywio LSCM)

Hilary Eldridge (Ymddiriedolwr)

Andrew Moore (Trysorydd)

Eric Taylor (Ymddiriedolwr)

Tina Sherrington (Ysgrifennydd yr Ymddiriedolwyr)

Ellen Ap Gwyn (Ymddiriedolwr)

Eryl Bray (Ymddiriedolwr)

BANC

Banc CAF Cyf.

25, Rhodfa Bryn y Brenin

Bryn y Brenin,

Gorllewin Mallong

CAINT

ME19 4JQ

Pwy yw Pwy, Beth yw Beth / Datrys Jargon

Mae DASH yn gweithio gyda llawer o acronymau, sefydliadau ac yn cyfeirio at amrywiaeth o wahanol leoliadau. Dyma ddisgrifiad o'r rhai a ddefnyddir amlaf.

TPA – Tîm Plant Anabl (Tîm Plant Anabl) – tîm amlddisgyblaethol (Gofal Cymdeithasol, Addysg ac Iechyd) o staff sy'n cefnogi plant anabl, a oedd gynt yn bwynt cyswllt mwyaf rheolaidd i ni ar gyfer atgyfeiriadau. Nawr yn rhan o Borth Cynnal.

CTLD – Tîm Cymunedol ar gyfer Anableddau Dysgu (Tîm Oedolion Anabl) – Tîm Gofal Cymdeithasol sy'n cefnogi Oedolion anabl sy'n byw yng Ngheredigion. Nawr yn rhan o Borth Cynnal.

Porth Cynnal – Rhan o'r model cymorth newydd "Gwasanaethau Integredig" a ddatblygwyd gan Geredigion. Mae Porth Cynnal yn darparu "Gwasanaethau Arbenigol i Bobl Oedran Mwy o fanylion yma: <https://ceri.ceredigion.gov.uk/portal/porth-keredigion/>

Contractau SSP / Spot – Contractau a brynir gan unrhyw un sy'n gallu am gyfradd sy'n cwmpasu costau er mwyn darparu cefnogaeth benodol i grŵp bach neu unigolyn gan DASH. Yn aml yn cael eu defnyddio pan na ellir diwallu anghenion y person ifanc trwy un o'r contractau presennol.

DAW – Penwythnosau DASHAWAY – 12 penwythnos seibiant y flwyddyn, wedi'u hariannu'n llwyr gan Awdurdod Lleol Porth Cynnal.

Ymddiriedolaeth Tŷ Glyn Davis – Byngalo sy'n eiddo i elusen lle mae DAW yn digwydd.

FF / Teuluoedd yn Gyntaf – Ffrwd ariannu a ddarperir yn uniongyrchol gan Lywodraeth Cymru, a reolir gan gydlynnydd Teuluoedd yn Gyntaf Ceredigion ar lefel leol.

OES unrhyw beth ar goll o'r rhestr hon? – gofynnwch! manager@dashceredigion.org.uk



Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

Annual Report 2025

Rh. Elusen : 1163672 Charity No.

Period: 1st April 2024 – 31st March 2025

Principle Address:

contact@dashceredigion.org.uk

postal address only: DASH Ceredigion, Aberystwyth Business Hub, 7a Great Darkgate Street, Aberystwyth

DASH is supported by



Postcode Lottery



Ceredigion Association of Voluntary Organisations



Ceredigion County Council



Families First

The Three Guineas Trust

The Three Guineas Trust



Families and Community of Ceredigion

WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities.
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

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CROESO, WELCOME

Message from incoming Chair, Nik Morgan

In a year that has brought to the front the financial impact the current economic climate is having on DASH combined with staffing issues I am pleased to say that DASH has continued to support children, young people and families has made a positive impact for those supported families.

On behalf of the Trustees I would like to thank the staff team for their hard work and continued professionalism in managing and working with our client group and thank the children, young people their parents /carers for their ongoing support.

This coming year will be my last as chair of DASH but look forward to supporting the DASH team through the 25/26 year.



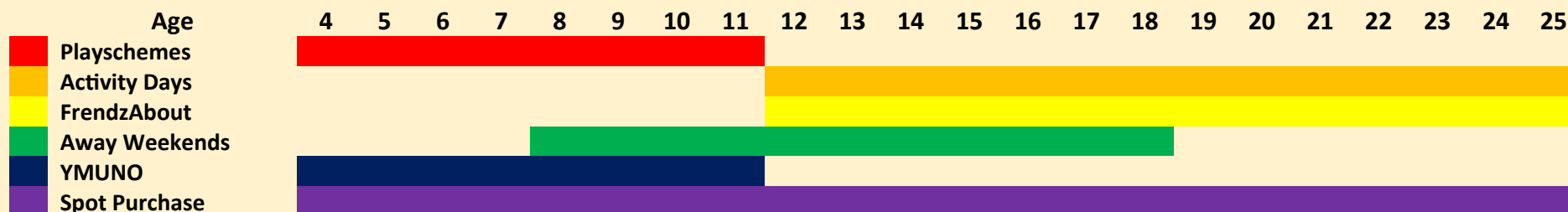
Message from Ben Freeman, Manager

A good year for DASH Ceredigion, I am pleased that the trial drop in play sessions were effective. Increased numbers and consistency of attendance at current schemes suggests a beginning of the recovery from the impact of COVID isolation. In planning for the future and being aware of our income streams resulted in staff changes and cost savings to help stabilise DASH for the future. The generosity of Ceredigion residents in their efforts to support DASH as well as their donations are much appreciated.

WHAT WE DID

What?	Who for?	Where?
Playschemes	For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket).	Registered settings at Ysgol Bro Sion Cwilt, Ysgol Gymraeg, Aberystwyth.
DASHABOUT Activity Days	For young people aged 12-25 years living in Ceredigion with a moderate to severe disability.	A schedule of activities includes a range of settings including use of a broad range of Ceredigion based activities.
DASHABOUT Frenz	For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability.	A schedule of activities for a small group of young people in the Aberystwyth area Penparcau and Borth Community Hubs
DASHAWAY Weekends	Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability.	Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron.
YMUNO Scheme	A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation.	Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme.
Spot Purchase Support.	Bespoke support for a child or young person with additional needs via a person-centred contract.	Varies from individual to individual.

WHAT WE DID – WHO FOR



WHAT WE DID – ACTIVITIES



Arts and Crafts

Cooking

Minibeast Hunts

Woodland Crafts

Group games

Sensory Activities

Swimming

Dance and Yoga

Walks

Soft Play

Films

ing with friends



HOW MANY – SESSIONS 24-25

	Target	Actual	What	When
Playschemes	33	27	sessions	School Holiday
Activity Days	12	12	sessions	School Holiday
Frendz	33	33	sessions	Term Time Weekdays
DASH Weekends	11	11	weekends	Term time Weekends
Ymuno	0	08	referrals	CIW Registered Settings
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Play Day	0	2	drop in	School Half Terms

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Mehefin 24	June 24										FR				DAW				FR							FR			DAW				
Gorffennaf 24	July 24		FR							FR																					AD S N	AD S N	
Awst 24	August 24	AD S N	S N			S N	AD S N	AD S N	AD S N	S N			N	AD N	AD N	AD N	N			N	AD N	AD N	AD N										
Medi 24	September 24																				DAW				FR								
Hydref 24	October 24	FR							FR							FR			DAW				FR										
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Chwefror 25	February 25			FR				DAW				FR		FR					FR			DAW				PD	FR	PD		FR			
Mawrth 25	March 25	FR		FR								FR		FR					FR			DAW				FR							

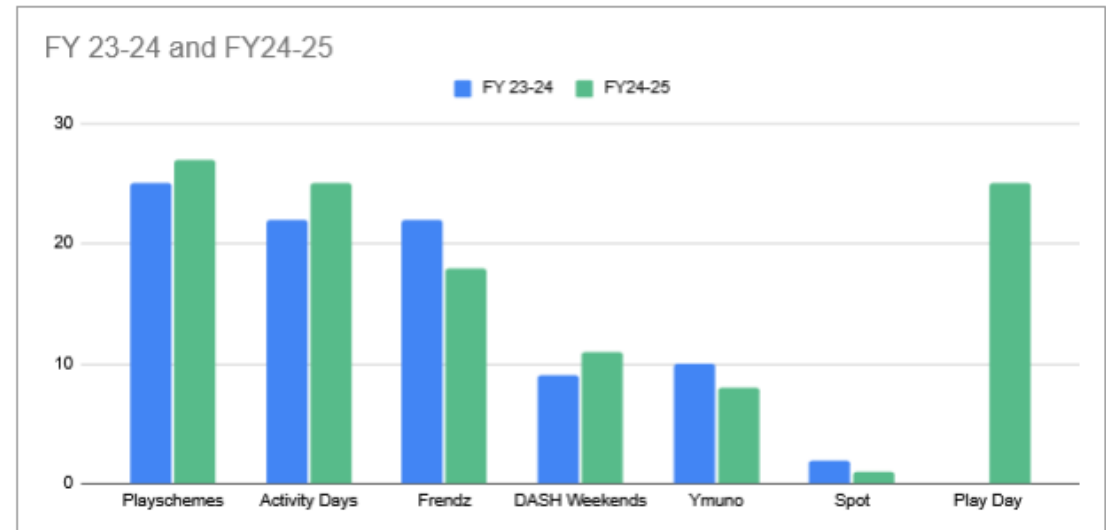
HOW MANY – CHILDREN

Comparative Annual Attendance per scheme

Between FY 23-24 and 24-25

Children's attendance by scheme. Year by Year

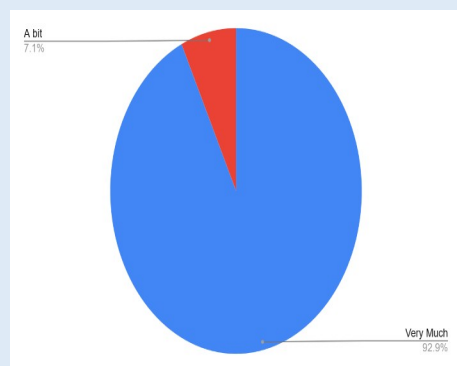
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Playschemes	25	27
Activity Days	22	25
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DASH Weekends	9	11
Ymuno	10	8
Spot	2	1
Play Day	0	25



- Growth in Playschemes and Activity days is pleasing, but small.
- DAW Attendance growth reflects better communication with Local Authority and greater engagement from families.
- Drop in SPOT contracts is related to staffing and lack of requests.
- Frendz Drop was result of reduced engagement from new families for that period and less effective advertising on my part.

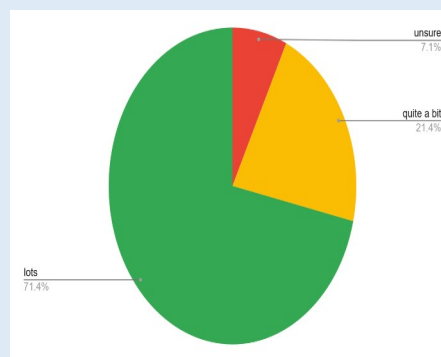
HOW WE DID – Annual Feedback

Do our schemes give you an opportunity to have a break from caring?

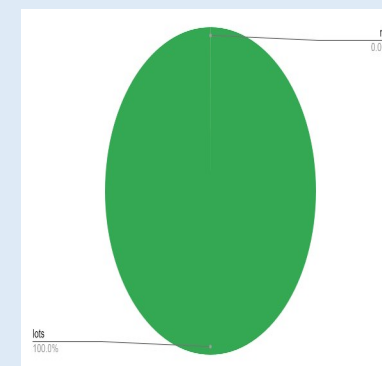


Getting one and one time with my eldest daughter and quality time with my partner. Being able to sit and relax a little.

Did your child's attendance at the schemes have a positive effect on your family as a whole



Did your child/children enjoy the scheme?



[H] has absolute brilliant time loves tasks and being active. [G] having yo mix and the staff making him feel safe benefiting him hugely and his separation anxiety as I have no help he is with me always and this helps him more than can imagine



Gave us opportunities to have time to ourselves. The summer holidays can feel long, with limited activities for adults with disabilities so having access to the DASH days away allowed us free time to get on with things at home eg: shopping.

FINANCIAL STATEMENTS

Please see Final Finance Report in Meeting.

INCOME 24/25

SOURCE OF FUNDS

		PLAY SCHEMES / ACTIVITY DAYS	FRENDZ	CCC Other	YMUNO	SPOT PURCHASE SCHEME	DASHAWAY WEEKEND S	TOTAL EXPENDITURE	SURPLUS/DEFICIT
CCC/DAW/SPS/Other CCC grants	£146,784	£70,403	£14,974	£1,583		£3,219	£55,159	£145,338	£1,446
Childcare Grant	£16,100	£2,075			£13,923			£15,998	£102
Three Guineas Trust	£15,000	£15,000						£15,000	£0
BBC Children in NEED	£10,000		£10,000					£10,000	£0
Contributions	£5,521	£209						£209	£5,312
Reserves	£0	£1,527						£1,527	-£1,527
Donations, Interest, Fundraising	£6,901							£0	£6,901
SUB TOTAL received	<u>£200,306</u>	£89,214	£24,974	£1,583	£13,923	£3,219	£55,159	<u>£188,072</u>	£12,234
Reserves b/f	£75,582		c/f	£88,005					
Restricted reserves b/f	£30,085		c/f	£29,896					
	<u>£105,667</u>			<u>£117,901</u>					

SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Nik Morgan (Chair of Trustees)

Gemma Light (Trustee)

Hilary Eldirdge (Trustee)

Eric Taylor (Trustee)

Ellen Ap Gwyn (Trustee)

Gareth James (Parent Trustee)

Catherine Mackenzie (Chair; LSCM Steering group)

Andrew Moore (Treasurer)

Tina Sherrington (Trustee Secretary)

Eryl Bray (Trustee)

BANK

CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and refers to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services "
More detail here: <https://ceri.ceredigion.gov.uk/portal/porth-eredigion/>

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 12 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

DASH - Actual v Budget for the year April 24 to March 25

Full year income is higher than originally forecast owing mainly to additional funds received for Frenz towards the end of the year. This money to be used going forward from February 24 into 2025/26.

Expenditure lower than planned following a significant reduction in overheads during the year. This also reflects in the underspend shown in some project cost out turns.

Andy Moore

6/5/2025

DASH – Annual Accounts for the year ended March 31st 25

Total income was up significantly year on year and expenditure slightly down. Additional funding from CCC and an £11,000 increase in grants accounted for the higher income year on year. Expenditure was lower across most categories with notable reductions in wages (mostly overheads), venue hire, play equipment purchases and transport costs. It is, however, appropriate to observe that reductions in expenditure should be carefully monitored against the charities aspirations for service provision.

Overall this led to a £12,234 surplus against the £52,598 deficit in the previous year. This increased the charity's funds at the year end to £117,901.

Credit for this financial performance must be given to the tight cost control and overhead reduction exercises carried out by DASH's management and administration team.

Andy Moore

9/9/25

DASH - Actual v Budget for the period April 25 to August 25 (5 months to date)

The current picture is complex but encouraging.

It is anticipated that the CCC funding will be fully paid as per forecast by the end of the year. The deficit is currently £33,647. Costs of service provision to CCC has actually been higher than budget despite CCC's withholding of funds against invoices raised.

Income

Significant donations have been received from NFU and Priory Vets. Importantly there are no restrictions on how these funds are spent.

In April the Comic Relief Growth fund awarded £22,790 to fund the research project. The money will be used in the second half of the year and the budget adjusted accordingly.

In June the Nourish Grant of £3,610 was awarded to meet certain costs of the summer schemes.

A PCL award of £25,000 was also received. This is unrestricted and has a useful 18 month time window for use.

Expenditure

For the first 5 months expenditure is £11,000 higher than budget owing to additional staff costs though overall it is thought that the variance is largely owing to timings of payments and will even out going forward.

Full Year Summary

The donations and grants not included in the original budget increase the full year income forecast by £65,537.

However, the full year expenditure will also need to be reviewed accordingly to reflect the previously unforeseen additional costs resulting.

Andy Moore

9/9/2025

REGISTERED CHARITY NUMBER: 1163672

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2025
FOR
DASH (DISABILITIES AND SELF HELP)**

DASH (DISABILITIES AND SELF HELP)

CONTENTS OF THE FINANCIAL STATEMENTS
For The Year Ended 31 March 2025

	Page
Report to Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet/Statement of Financial Position	5
Notes to the Financial Statements	6 to 9
Detailed Statement of Financial Activities	10

DASH (DISABILITIES AND SELF HELP)

REPORT OF THE TRUSTEES For The Year Ended 31 March 2025

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number

1163672

Address

DASH Ceredigion, Aberystwyth Business Hub 7A Great Darkgate Street Aberystwyth, Ceredigion, SY23 1DE

Trustees *Including date started and/or date left if within the year.*

Eryl Bray	06/01/2021
Gemma Light	18/09/2023
Ellen ap Gwynn	13/09/2023
Catherine Brenda McKenzie	08/09/2021
Andrew Moore	08/09/2021
Hilary Eldridge	07/09/2021
Bettina Lois Sherrington	10/02/2021
Gareth Lloyd James	18/11/2020
Nicholas Davies Morgan	07/11/2022
Eric Taylor	07/05/2025

Independent Examiner

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a Charitable Incorporated Organisation registered with the Charities Commission. Charity number. 1163672

The charity is governed by its Trustees

Trustees are appointed by agreement applicaiotn and agreement to existing trustee team.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The primary risk currently is ensuring that sufficient funding is generated to ensure service levels are maintained

DASH (DISABILITIES AND SELF HELP)

REPORT OF THE TRUSTEES For The Year Ended 31 March 2025

Objectives and activities *Please see the annual report*

Public Benefit

In setting the objectives of the Charity and planning our activities, the trustees have paid due regard to the public benefit guidance published by the Charity Commission.

Achievement and Performance for the year. *Please see the annual report*

Financial Review

Ceredigion County Council remain the primary source of income by supplying restricted funds for DASH to provide specific services. During the course of the year to maintain service levels DASH used £13,365 of its unrestricted funds. Overall expenditure exceeded income as funds were used to ensure ongoing service provision.

The position is being monitored and reductions in council funding may lead to a reduction in services delivered on their behalf when council restricted funding no longer covers the costs of delivery.

Reserves Policy -

The reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of their Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building of excess cash at bank.

Reserves of £50,000 are considered to be prudent at this time.

Related party transactions and conflicts of interest -

None were reported in the year.

Approved by order of the board of trustees on

and signed on their behalf by:



- Trustee

Nik Morgan

30/09/25



**Report to the trustees/
members of**

DASH

**On accounts for the year
ended**

March 2025

**Charity no
(if any)**

1163672

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

08/12/2025

Name:

Catrin Griffiths

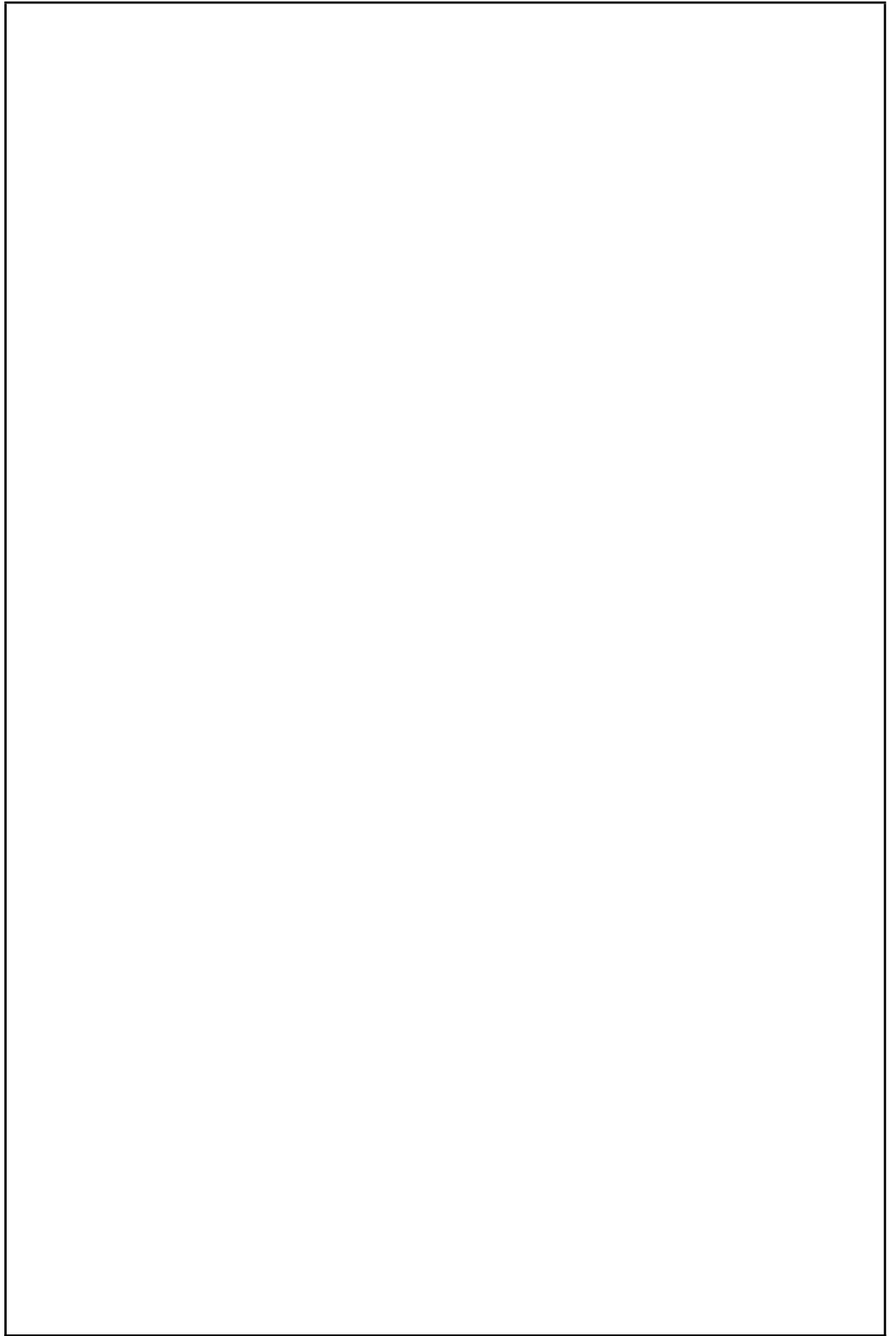
**Relevant professional
qualification(s) or body
(if any):**

Address:

Yr Hen Ysgol, Swyddffynnon, Ceredigion SY25 6AL

**Give here brief details
of any items that the
examiner wishes to
disclose.**

None



DASH (DISABILITIES AND SELF HELP)

STATEMENT OF FINANCIAL ACTIVITIES

For year ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary Income		8925	187884	196809	158964
Investment Income	4	3497	0	3497	3196
Total Incoming resources		12422	187884	200306	162160
 RESOURCES EXPENDED					
Charitable activities					
DASH Charitable Activities		0	188045	188045	214731
Governance costs		0	27	27	27
Total resources expended		0	188072	188072	214758
 NET INCOMING RESOURCES BEFORE TRANSFERS					
		12422	-188	12234	-52598
Gross transfers between funds		0	0	0	0
Net Incoming/(outgoing) resources		12422	-188	12234	-52598
 RECONCILIATION OF FUNDS					
Total funds brought forward		75583	30085	105667	158265
 TOTAL FUNDS CARRIED FORWARD		 88005	 29897	 117901	 105667

The notes form part of these financial statements

DASH (DISABILITIES AND SELF HELP)

STATEMENT OF FINANCIAL POSITION/BALANCE SHEET

At 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
CURRENT ASSETS					
Debtors	7		623	623	2550
Cash at bank and in hand		88341	38922	127263	113388
		<u>88341</u>	<u>39545</u>	<u>127886</u>	<u>115938</u>
CREDITORS					
Amounts falling due within one year	8	-960	-9025	-9985	-10271
NET CURRENT ASSETS		<u>87381</u>	<u>30520</u>	<u>117901</u>	<u>105667</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>87381</u>	<u>30520</u>	<u>117901</u>	<u>105667</u>
NET ASSETS		<u>87381</u>	<u>30520</u>	<u>117901</u>	<u>105667</u>
FUNDS					
	9				
Unrestricted funds				88005	75582
Restricted funds				<u>29896</u>	<u>30085</u>
TOTAL FUNDS				<u>117901</u>	<u>105667</u>

The financial statements were approved by the Board of Trustees on..... and were signed on its behalf by:



Trustee

Nik Morgan

45930

The notes form part of these financial statements

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS

For the Year Ended 31 March 2025

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is incorporated.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified, if required, by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgments and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgments, estimates and assumptions that affect the amounts reported. These estimates and judgments are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS

For the Year Ended 31 March 2025

3. (cont) Accounting policies (continued)

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, noncharitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual Provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised. For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

DASH (DISABILITIES AND SELF HELP)**NOTES TO THE FINANCIAL STATEMENTS****For the Year Ended 31 March 2025****4. INVESTMENT INCOME**

	2025	2024
	£	£
Deposit account interest	3497	3195

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor the year ended 31 March 2024

Trustees' expenses

	2025	2024
	£	£
Trustees' expenses	27	27

6. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	119420	130961
National Insurance	1500	1633
Employer contribution to pension statements	1453	1493
	122373	134087

	2025	2024
Salaried Staff	2	4
Other Staff	18	18
	20	22

No employees received emoluments in excess of £60,000.

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	
Other debtors	623	2550

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	
Bank loans and overdrafts	0	0
Other creditors	9985	10271
	9985	10271

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS

For the Year Ended 31 March 2025

9 MOVEMENT IN FUNDS

	At 1.4.24	Net Movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
General fund	75583	12422	0	88005
Restricted Funds				
Postcode Lottery	31	-31	0	0
BBC Children in Need	-301	0	0	-301
Three Guineas Trust	3692	0	0	3692
Big Lottery Fund UNO Project	6965	0	0	6965
Ceredigion County Council Social Services	15005	0	0	15005
Ceredigion County Council DASH away Weekend	2968	1519	0	4487
Ceredigion County Council Families First	11164	-3754	0	7410
Ceredigion County Council Other	2633	0	0	2633
Ceredigion County Council Spot Purchase	-4300	979	0	-3321
Ceredigion County Council Spot Byngalo Plus	-11356	0	0	-11356
Diverse Cymru Out of County	6273	0	0	6273
CCC Capital Grant	8	-102	0	-94
CCC Childcare Grant	-2762	415	0	-2347
YB Additional 12500	0	786	0	786
Unassigned	65	0	0	65
	30085	-188	0	29897
TOTAL FUNDS	105668	12234	0	117902

Net movement in funds, included in the above as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	12422	0	12422
Restricted Funds			
Postcode Lottery	0	-31	-31
BBC Children in Need	10000	-10000	0
Three Guineas Trust	15000	-15000	0
Big Lottery Fund UNO Project	0	0	0
Ceredigion County Council Social Services	0	0	0
Ceredigion County Council DASH away Weekend	50781	-49262	1519
Ceredigion County Council Families First	67708	-71462	-3754
Ceredigion County Council Other	0	0	0
Ceredigion County Council Spot Purchase	4198	-3219	979
Ceredigion County Council Spot Byngalo Plus	0	0	0
Diverse Cymru Out of County	0	0	0
Ceredigion County Council Capital Grant	19287	-19389	-102
Ceredigion Childcare Grant	220	195	415
YB Additional 12500	0	786	786
CCC Extra 24/25	20690	-20690	0
Unassigned	0	0	0
	187884	-188072	-188
TOTAL FUNDS	200306	-188072	12234

10 Related parties

There were no related party transactions in the year requiring disclosure under FRS 102.

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS

For the Year Ended 31 March 2025

	2025	2024
	£	£
INCOMING RESOURCES		
Voluntary income		
Ceredigion County Council	162884	138677
Donations	3404	2488
Grants	25000	13176
Contribution for activities	<u>5521</u>	<u>4623</u>
	196808	158964
Investment Income	<u>3497</u>	<u>3195</u>
	200306	162159
RESOURCES EXPENDED		
Charitable activities		
Wages	122373	134088
Other operating leases	0	1704
Transport	19911	23142
Other direct costs	5279	4581
General overheads	3841	5154
Other staff costs	960	819
Venue hire	7082	14716
Rent	4501	4401
Catering and Cleaning	1027	1500
IT costs	640	662
Office equipment	0	997
External providers	11951	10354
Play Equipment & storage	1697	4306
Training	5576	2923
Marketing and Communication	467	1566
Staff travel	<u>2680</u>	<u>3757</u>
	187984	214670
Governance costs		
Trustees' expenses	27	27
Independent Examination	<u>0</u>	<u>0</u>
	27	27
Support costs		
Finance		
Bank charges	<u>60</u>	<u>60</u>
Total resources expended	188072	214757
Net income	<u>12234</u>	<u>-52598</u>

This page does not form part of the statutory financial statements