



Disabilities and Self Help  
Delio ag Anabledd a Sialens Hunangymorth

## **Adroddiad Blynyddol 2022**

Rhif Elusen : 1163672 Charity No.

**Cyfnod:** Ebrill 1<sup>af</sup> 2021 – Mawrth 31<sup>ain</sup> 2022

**Prif Gyfeiriad:**

Byngalo Min-y-Mor, Gerddi Wellington, Aberaeron, SA46 0BQ

01545 570 951 [office@dashceredigion.org.uk](mailto:office@dashceredigion.org.uk)

## Cefnogir DASH gan



Ceredigion Association of Voluntary Organisations



Ceredigion County Council



Families First

The Three Guineas Trust

The Three Guineas Trust



Social Business Wales



Families and Community of Ceredigion

## **PWY YDY NI?**

Ers 1978, mae DASH Ceredigion wedi bod yn trefnu amrywiaeth o gynlluniau hamdden ar gyfer plant a phobl ifanc anabl o fewn sir Ceredigion. Gwnawn hyn fel bod plant anabl lleol a'u teuluoedd yn gallu cael gwell ansawdd bywyd gyda mynediad i ddewis eang o gyfleusterau a chyfleoedd hamdden. Mae rhieni a gofalwyr yn cael amser i ailwefru eu batris ac mae plant a phobl ifanc anabl yn cael amser eu hunain ar gyfer datblygiad personol, cymdeithasol a chreadigol mewn amgylchedd croesawgar a hwyllog.

## **AMCANION ELUSENNOL**

Nod y gymdeithas yw hybu cymorth i bobl anabl, yn arbennig ond nid yn gyfan gwbl, drwy gefnogi plant a phobl ifanc anabl mewn unrhyw fodd sydd nawr neu o hyn ymlaen yn cael ei ystyried yn gyfreithiol yn elusennol o fewn ardal Ceredigion (yma a elwir yn faes budd) ac er mwyn hyrwyddo gwrthrych o'r fath ond ymhellach fel arall:

- Darparu a chynorthwyo i ddarparu cynlluniau chwarae a gweithgareddau hamdden eraill;
- Darparu seibiannau byr i'r plant, y bobl ifanc hynny a'u teuluoedd a'u gofalwyr;
- Annog pobl ifanc i wirfoddoli a darparu cyfleoedd i wirfoddolwyr ymgysylltu'n weithredol â phlant a phobl ifanc anabl.
- Meithrin cydweithrediad a chyfeillgarwch rhwng rhieni a gwarcheidwaid, perthnasau a ffrindiau pobl anabl;
- Codi ymwybyddiaeth o'r problemau y mae pobl anabl a'u teuluoedd yn eu hwynebu ac annog agwedd gadarnhaol at bobl anabl;
- Gwneud pob peth arall cyfreithlon sydd yn angenrheidiol i gyrhaedd yr amcanion uchod.

## **MAE DASH YN ANELU I WNEUD GWAHANIAETH DRWY :**

- ✓ Cynnig cynlluniau hamdden sy'n briodol i oedran a gallu ar gyfer plant a phobl ifanc anabl.
- ✓ Cynnwys pobl ifanc anabl a'u brodyr a chwiorydd mewn dewisiadau eraill adeiladol yn lle aros gartref.
- ✓ Hwyluso pobl ifanc anabl i wneud a datblygu cyfeillgarwch parhaol
- ✓ Cynorthwyo pobl ifanc anabl i gael mynediad i'r gymuned leol a mwynhau cyfleusterau cymunedol.
- ✓ Galluogi pobl ifanc anabl i wella eu hyder a'u helpu i ymarfer a datblygu eu sgiliau.
- ✓ Darparu seibiannau byr i'r teulu, rhieni a gofalmwr yn ystod amser gwyliau a hamdden.
- ✓ Harneisio a chyfarwyddo brwdfrydedd ac egni cynyddu gwybodaeth y cyhoedd am y rhwystrau y mae pobl anabl a'u teuluoedd yn eu hwynebu, ac annog eu derbyn i'r gymuned ehangach.
- ✓ Darparu cefnogaeth i'r teulu cyfan yn ogystal â meithrin cydweithrediad a chyfeillgarwch.
- ✓ Defnyddio gwirfoddolwyr lleol sy'n cynorthwyo gyda'r cynlluniau.

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# CROESO



## Neges gan Eryl Bray y Cadeirydd








Rwyf wedi teimlo'n freintiedig i gadeirio cyfnod llwyddiannus arall i DASH sy'n parhau i gefnogi plant a phobl ifanc ag anabledd a'u teuluoedd yng Ngheredigion. Yn ystod y cyfnod 2020 -2021, er gwaethaf effaith COVID-19, mae DASH wedi darparu cyfleoedd amrywiol a gwerthfawr i blant anabl, fel y tystiwyd yn yr adroddiad hwn. Llwyddodd DASH i gynyddu'r gefnogaeth yn raddol wrth i'r cyfyngiadau leddfu. Roedd yn arbennig o braf cynyddu nifer y bobl a fynychodd ein Penwythnosau Seibiant i Ffwrdd DASH gyda chydweithrediad Cefnogaeth Estynedig a Rheolaeth Aur. Gallwn ddiolch i Dîm DASH am eu hagwedd ddychmygus a hyblyg at ddarpariaeth yn ystod y cyfnod anodd hwn. Fel Cadeirydd yr Ymddiriedolwyr teimlaf yn freintiedig iawn gweithio gyda thîm mor ymroddedig.

## Neges gan Ben Freeman, Rheolwr

Er gwaethaf effaith lai o COVID, parhaodd i gael effaith ymarferol ar DASH ac effaith emosiynol a meddyliol ar y teuluoedd a'u plant sy'n mynychu ein gwasanaethau. Fodd bynnag, roeddem yn falch o ddarparu mwy o gyfleoedd ac agor yn raddol i nifer fwy o bobl wrth i'r flwyddyn fynd rhagddi. Rydym yn falch, unwaith eto, ein bod wedi cael cyllid gan y cyngor sir i barhau i ddarparu cynlluniau Penwythnos Cwrdd i Ffwrdd yr haf a DASH am ddwy flynedd arall ac wedi gweithio'n agos gydag ystod o sefydliadau i gadw'r defnydd o'r Byngalo yn Llanilar sy'n adnodd hanfodol. ar gyfer ystod o blant a phobl ifanc ag anableddau yng Ngheredigion. Hoffwn eto ddiolch i Gail, Alison, Zoe, Gwawr a'u timau a ddarparodd gefnogaeth, hwyl a chyfleoedd cymdeithasu rhagorol i dros 70 o bobl ifanc eleni.



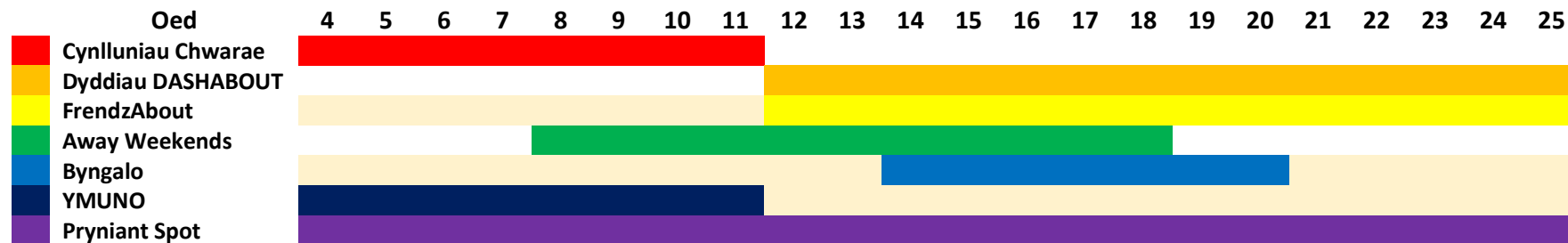
## BETH WNAETHOM NI

Beth?	I bwy?	Ble?
 <b>Cynlluniau Chwarae</b>	Ar gyfer plant 4 – 11 oed sy'n byw yng Ngheredigion ag anabledd cymedrol i ddifrifol a'u brodyr a chwiorydd (o fewn yr un ystod oedran).	Lleoliadau cofrestredig yn Ysgol Bro Teifi, Ysgol Llwyn yr Eos, Aberystwyth.
 <b>DASHABOUT Dyddiau Gweithgaredd</b>	Ar gyfer pobl ifanc 12-25 oed sy'n byw yng Ngheredigion ag anabledd cymedrol i ddifrifol.	Mae amserlen o weithgareddau yn cynnwys amrywiaeth o leoliadau gan gynnwys defnydd rheolaidd o Fyngalo Llanilar.
 <b>DASHABOUT Frendz</b>	Ar gyfer pobl ifanc 12-25 oed sy'n byw yng Ngheredigion, ag anabledd cymedrol i ddifrifol.	<b>AIL-DDECHRAU</b> o fis Medi 2021 ymlaen, rhaglen o weithgareddau ar gyfer grŵp bach o blant.
 <b>DASHAWAY Penwythnosau</b>	Profiadau preswyl i blant 8-18 oed sy'n byw yng Ngheredigion, ag anabledd cymedrol i ddifrifol.	Lleoliad cofrestredig yn Byngalo Ymddiriedolaeth Ty Glyn Davis, Ciliau Aeron.
 <b>Prosiect y Byngalo</b>	Prosiect 2 flynedd yn darparu seibiannau byr preswyl ac amrywiaeth o weithgareddau eraill i ddatblygu sgiliau ac annibyniaeth i bobl ifanc 14 – 20 oed ag anghenion ychwanegol.	Wedi'i leoli yn y Byngalo yn Llanilar. Wedi'i gyflwyno mewn partneriaeth â Hafal Crossroads (cofrestru gofal yn y cartref) a WWHA.
 <b>Cynllun YMUNO</b>	Cynllun a weinyddir gan DASH ar gyfer yr Awdurdod Lleol i gefnogi lleoliadau gofal plant cofrestredig i gynnwys plant a phobl ifanc 3 – 14 oed (18 os yn anabl) ag anghenion ychwanegol yn unol â deddfwriaeth Cydraddoldeb.	Lleoliadau gofal plant cofrestredig yng Ngheredigion a'r cyffiniau a fynychir gan blant sy'n byw yng Ngheredigion ac a dderbyniwyd ar y cynllun.
 <b>Cymorth Prynu Sbot.</b>	Cymorth pwrpasol i blentyn neu berson ifanc ag anghenion ychwanegol drwy gontract sy'n canolbwyntio ar yr unigolyn.	Yn amrywio o unigolyn i unigolyn



Effeithiodd COVID ar ddarpariaeth holl Wasanaethau DASH yn ystod y cyfnod hwn.

## BETH WNAETHOM NI – I BWY



## BETH WNAETHOM NI – GWEITHGAREDDAU



Celf a Chrefft

Helfa ymlusgiaid

Gemau Grwp

Nofio

Mynd am dro

Ffilmiau

Chwarae Meddal

Garddio

Chwarae Synhwyrdd

Chwarae Tu allan

Cefnogaeth Cymunedol

Parciau Chwarae





## NIFER Y SESIYNAU

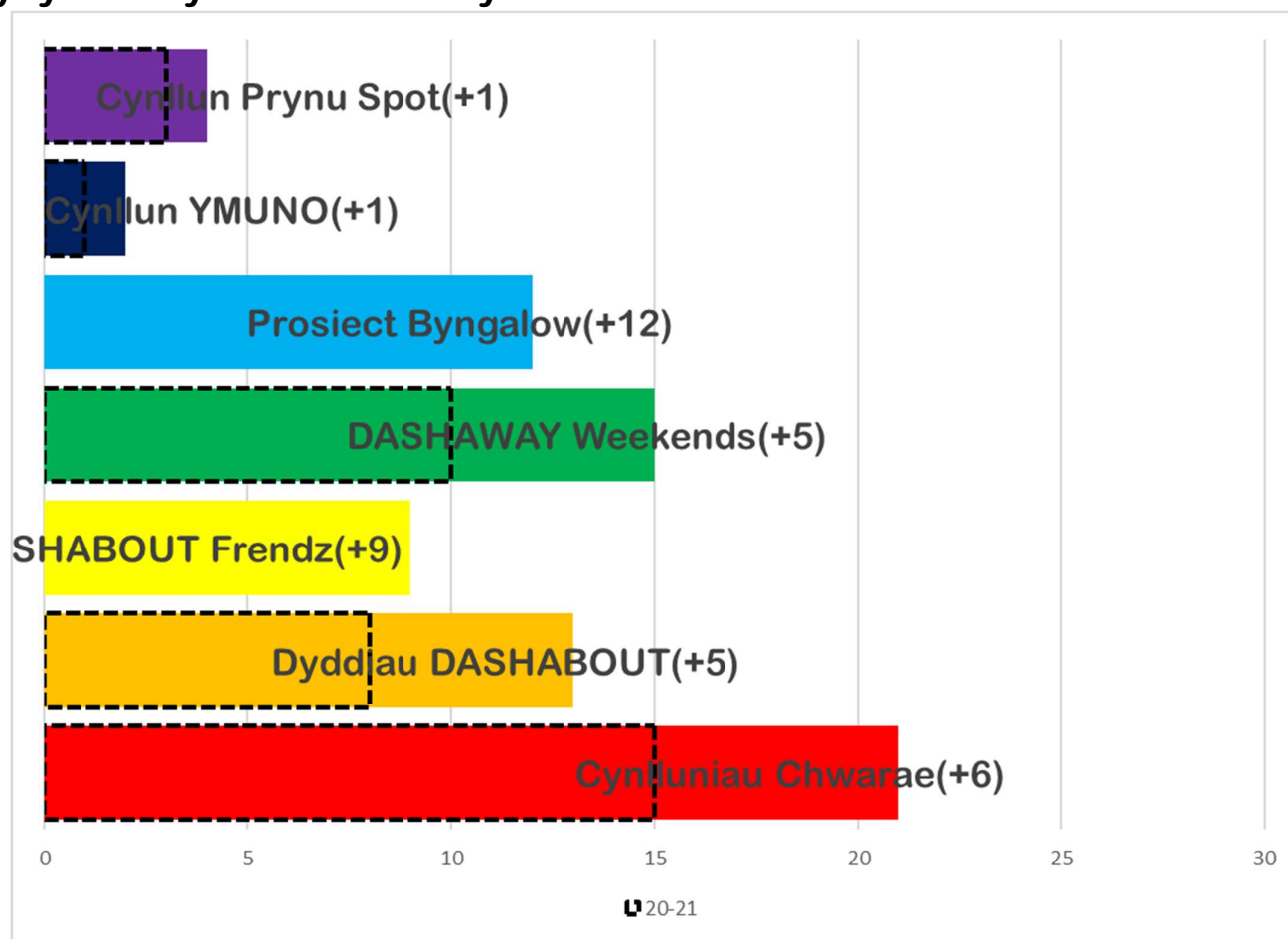
Ebrill	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Mai	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Mehefin	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Gorffennaf	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Awst	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Medi	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Hydref	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Tachwedd	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Rhagfyr	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Ionawr	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Chwefror	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Mawrth	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Cynllun	Targed	Gwireddwyd	Beth	Pryd
Cynlluniau Chwarae	32*	32	sesiwn	Gwyliau Ysgol
Dyddiau DASHABOUT	21*	12	sesiwn	Gwyliau Ysgol
DASHABOUT Frensz	14*	14	sesiwn	Dyddiau'r wythnos adeg tymor
DASHAWAY Weekends	12	19	penwythnos	Penwythnosau adeg tymor
Prosiect Byngalow	12	12	penwythnos	Penwythnosau
Cynllun YMUNO	2	++	cyfeiriadau	Cefnogi Clybiau Ar Ôl Ysgol Cofrestredig AGC a Chynlluniau Chwarae Gwyliau
Cynllun Prynu Spot	2	n/a	cyfeiriadau	Yn ôl yr angen

\*Cafodd targedau sesiynau eu gosod yn hyblyg yn ystod y cyfnod hwn oherwydd effaith Covid, cynhaliwyd yr holl sesiynau a gynlluniwyd.

## FAINT O – BLANT

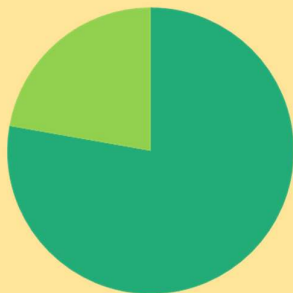
### Presenoldeb Blynyddol Cymharol fesul cynllun



## SUT WNAETHOM NI - Adborth Blynyddol

A yw ein cynlluniau yn rhoi cyfle i chi gael seibiant o ofalu?

■ Lots  
■ Quite a bit  
■ Unsure  
■ No



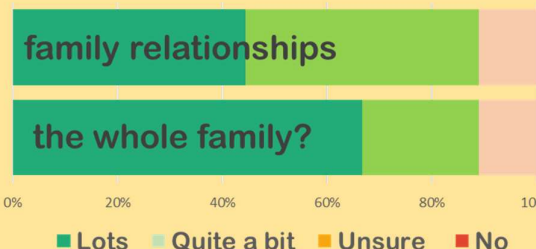
A gafodd presenoldeb eich plentyn yn y cynlluniau effaith gadarnhaol ar ....

family relationships

the whole family?

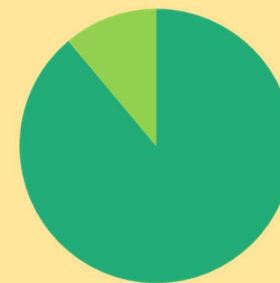
0% 20% 40% 60% 80% 100%

■ Lots ■ Quite a bit ■ Unsure ■ No



Wnaeth eich plentyn/plant fwynhau'r cynllun?

■ Lots  
■ Quite a bit  
■ Unsure  
■ No



[Sesiynau a ddarparwyd] Cyfle i fynychu apwyntiadau ar ben ei hun

Rwy'n credu bod (A) wedi mwynhau bod gyda plant eraill, a chwarae gyda trenau a dwr 😊



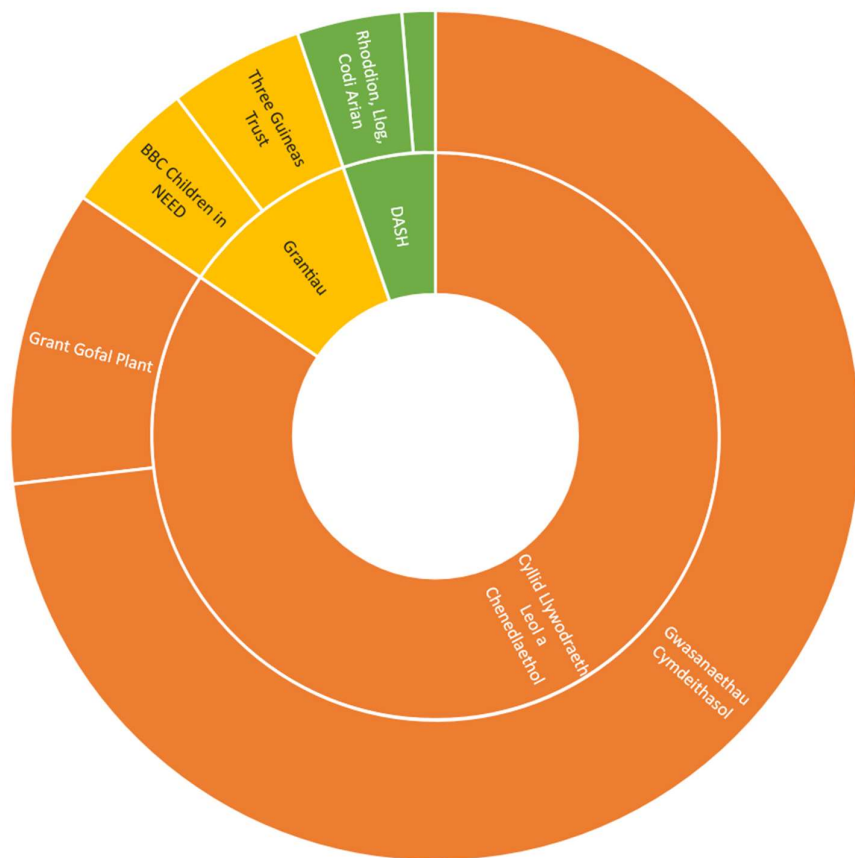
Roedd (B) wedi mwynhau mynychu ac yn dweud (B) eisiau mynd i'r 'Cynllun' sy'n gam anferth iddo ef.

Wedi cyfoethogi bywyd fy mhentyn drwy gwrdd plant eraill ag anableddau

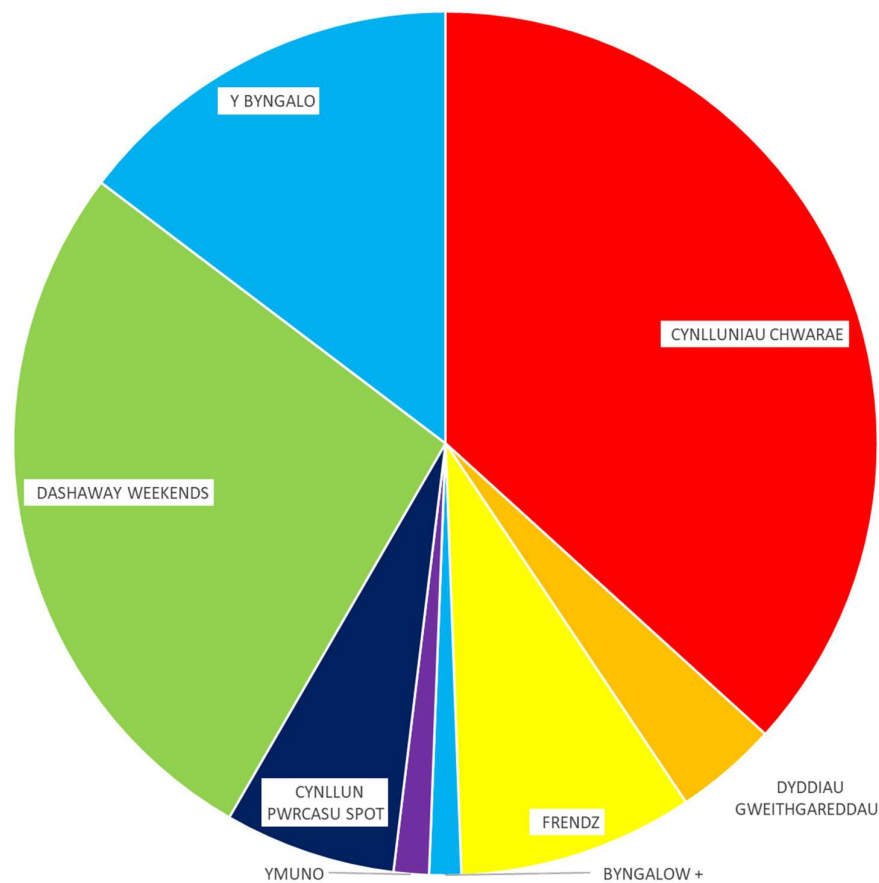


## DATGANIADAU ARIANNOL

Ffynhonell Arian  
2021 – 2022



Cymhwyso Cronfeydd yn y Gyllideb  
2021 - 2022



FFYNHONELL ARIAN											
		CYNLLUNIA U CHWARAE	DYDDIAU GWEITHGA REDDAU	FRENDZ	BYNGALO W +	YMUNO	CYNLLUN PWRCASU SPOT	DASHAWA Y WEEKENDS	Y BYNGALO	CYFANSWM GWARIANT	GWARGED/DI FFYG
GWASANAETHAU CYMDEITHASOL/FF/DA W/SPS/CSS	£ 142,490.00	£ 38,005.00	£ 6,306.00	£ 14,038.00		£ 983.70	£ 13,129.00	£ 55,234.00	£ 5,547.00	£ 133,242.70	£ 9,247.30
Grant Gofal Plant	£ 21,904.70	£ 20,189.00				£ 1,716.00				£ 21,905.00	-£ 0.30
Loteri Fawr	£ -								£ 24,500.67	£ 24,500.67	-£ 24,500.67
Diverse/B+/Out of County	£ 2,446.00				£ 2,447.00					£ 2,447.00	-£ 1.00
Three Guineas Trust	£ 10,000.00	£ 10,000.00								£ 10,000.00	£ -
BBC Plant mewn Angen	£ 10,000.00	£ 4,781.00	£ 1,600.00	£ 3,980.00						£ 10,361.00	-£ 361.00
Cyfraniadau	£ 455.00									£ -	£ 455.00
Rhoddio Llog,Codi Arian	£ 7,779.00	£ 2,253.60								£ 2,253.60	£ 5,525.40
Is-Gyfanswm dderbyniwyd	£ 195,074.70									£ 204,709.97	-£ 9,635.27
Tu cefn c/t	£ 95,820.00				Reserves c/f	£ 103,167.00					
Arian cyfyngedig wrth gefn c/t	£ 65,659.00				Restricted res c/f	£ 48,677.00					
	£ 161,479.00					£ 151,844.00					

## **CEFNOGWYR**

Hoffem ddiolch i'n holl sylfaenwyr, cyllidwyr, partneriaid, staff a gwirfoddolwyr am eu holl waith caled, ymrwymiad ac egni. Rydym yn dibynnu arnoch chi i gyd i'n cynorthwyo i gefnogi plant anabl a'u teuluoedd sy'n byw yng Ngheredigion.

Eryl Bray (Cadeirydd yr Ymddiriedolwyr)

Gareth James (Rhiant Ymddiriedolwr)

Amelia Campbell (Cadeirydd Is-Gyngor Cyllid)

Catherine Mackenzie (Cadeirydd; Grŵp Llywio BLIDP)

Hilary Eldirdge (Ymddiriedolwr)

Andrew Moore (Trysorydd)

Gill Harries (Ctde Codi Arian, Cadeirydd; Grŵp Llywio DAW)

Tina Sherrington (Ysgrifennydd yr Ymddiriedolwyr)

### **BANC**

CAF BANK LTD  
25, Kings Hill Avenue  
Kings Hill,  
West Malling  
KENT  
ME19 4JQ

### **CYFRIFWYR**

HATFIELD AND JOHN LTD  
1, North Road  
Aberaeron  
CEREDIGION  
SA46 0JD

## **Pwy yw Pwy, Beth yw Beth, Ystyr y Jargon**

Mae DASH yn gweithio gyda llawer o acronymau, sefydliadau ac yn cyfeirio at amrywiaeth o leoliadau gwahanol. Dyma ddisgrifiad o'r rhai a ddefnyddir amlaf.

TPA – Tîm Plant Anabl – tîm amlddisgyblaethol (Gofal Cymdeithasol, Addysg ac Iechyd) o staff sy'n cefnogi plant anabl a oedd gynt yn bwynt cyswllt mwyaf rheolaidd ar gyfer atgyfeiriadau. Bellach yn rhan o Borth Cynnal.

CTLD – Tîm Cymunedol ar gyfer Anableddau Dysgu (Tîm Oedolion Anabl) – Tîm Gofal Cymdeithasol yn cefnogi Oedolion anabl sy'n byw yng Ngheredigion. Bellach yn rhan o Borth Cynnal.

Porth Cynnal – Rhan o'r model cymorth "Gwasanaethau Integredig" newydd a ddatblygwyd gan Geredigion. Mae Porth Cynnal yn darparu "Gwasanaethau Arbenigol Trwy Oedran" Mwy o fanylion yma: <https://ceri.ceredigion.gov.uk/portal/porth-keredigion/>

SSP / Contractau ar hap – Contractau a brynir gan unrhyw un sy'n gallu gwneud hynny ar gyfradd sy'n cwmpasu'r gost er mwyn darparu cymorth penodol i grŵp bach neu unigolyn gan DASH. Defnyddir yn aml pan na ellir diwallu anghenion y person ifanc drwy un o gontractau presennol.

DAW – Penwythnosau DASHAWAY – 15 penwythnos seibiant y flwyddyn, wedi'u hariannu'n gyfan gwbl gan yr Awdurdod Lleol Porth Cynnal. Ty Glyn Davis Trust – Byngalo sy'n eiddo i Elusen lle mae Penwythnosau DASH yn digwydd.

FF / Teuluoedd yn Gyntaf – Ffrwd ariannu a ddarperir yn uniongyrchol gan Lywodraeth Cymru, a reolir gan gydlynnydd Teuluoedd yn Gyntaf Ceredigion ar lefel leol.

System Raddfa RAG (gweler atodiad).

A oes unrhyw beth ar goll o'r rhestr hon? – gofynnwch i : [rheolwr@dashceredigion.org.uk](mailto:rheolwr@dashceredigion.org.uk)

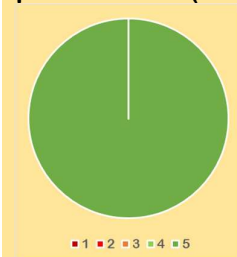
## Atodiad – Adborth DAW

Ailddechreuodd penwythnosau i Ffwrdd DASH ym mis Medi 2021. Darparwyd sesiynau i blant sengl neu grwpiau o frodyr a chwiorydd dan gyfarwyddyd “Rheolaeth Aur” Awdurdod Lleol. (Ariennir DAW yn llawn gan yr awdurdod lleol)

**Graddiwch y gefnogaeth rydych chi'n teimlo sy'n cael ei darparu ar gyfer anghenion datblygiadol plant/pobl ifanc (adborth teuluol a phroffesiynol)**



**Graddiwch yr hyder sydd gennych mewn penwythnosau DASHaway i ofalu am eich person ifanc (1-5)**



**Sut ydych chi'n teimlo eich bod chi a/neu'ch teulu yn elwa o benwythnosau DASHaway?\***

- Time for myself
- Knowing that [J] is having fun and gaining independence.
- We get respite, much needed

\*ni chafwyd ymateb gan deuluoedd trwy gyfrwng y Gymraeg

**Beth yw'r peth gorau am benwythnosau DASHaway?**

- “Everything from children having fun and I get a break”
- “The opportunity for [C] to have fun”
- “Weekends provide a quality short break for the children attending alongside a period of respite for families from their caring roles.”

\*ni chafwyd ymateb gan deuluoedd trwy gyfrwng y Gymraeg



### **Sut y gellid gwella penwythnosau DASHaway?**

- The frequency of them.
- More of them!
- For this provision to be commissioned to provide more regular support to families throughout the year.

\*ni chafwyd ymateb gan deuluoedd trwy gyfrwng y Gymraeg



Disabilities and Self Help  
Delio ag Anabledd a Sialens Hunangymorth

## **Annual Report 2022**

Rh. Elusen : 1163672 Charity No.

**Period:** 1<sup>st</sup> April 2021 – 31<sup>st</sup> March 2022

### **Principle Address:**

Min-y-Mor Bungalow, Gerddi Wellington, Aberaeron, SA46 0BQ

01545 570 951 [office@dashceredigion.org.uk](mailto:office@dashceredigion.org.uk)

## DASH is supported by



The Three Guineas Trust

The Three Guineas Trust



## **WHO ARE WE?**

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

## **CHARITABLE OBJECTS**

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities;
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

## **DASH AIMS TO MAKE A DIFFERENCE BY**

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

# CONTENTS

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## **CROESO, WELCOME**



### **A message from the Chairperson Eryl Bray**

I have felt privileged to chair another successful period for DASH who continues to support children and young people with a disability and their families in Ceredigion. During the period 2021 -2022, despite the impact of COVID, DASH has provided varied and valued opportunities for disabled children, as testified in this report.

DASH was able to gradually increase the support as the restrictions eased. It was particularly pleasing to grow the number of people attending our DASH Away Respite Weekends with cooperation of Extended Support and Gold Command. We can thank DASH Team for their imaginative and flexible approach to provision during this difficult period.









As Chair of Trustees I feel very privileged to work with such a committed team.

### **Message from Ben Freeman, Manager**

Despite the impact of COVID lessening, it continued to have a practical impact on DASH and an emotional and mental impact on the families and their children who attend our services. We were pleased however to provide more opportunities and gradually open up to a greater number of people as the year progressed. We are pleased to have, again achieved funding from the county council to continue to provide the summer and DASH Away Weekend schemes for another two years and worked closely with a range of organisations to retain the use of the Bungalow in Llanilar which is an essential resource for a range of children and young people with disabilities in Ceredigion. I would again like to thank Gail, Alison, Zoe, Gwawr and their teams who provided excellent support, fun and socialisation opportunities to over 70 young people this year.

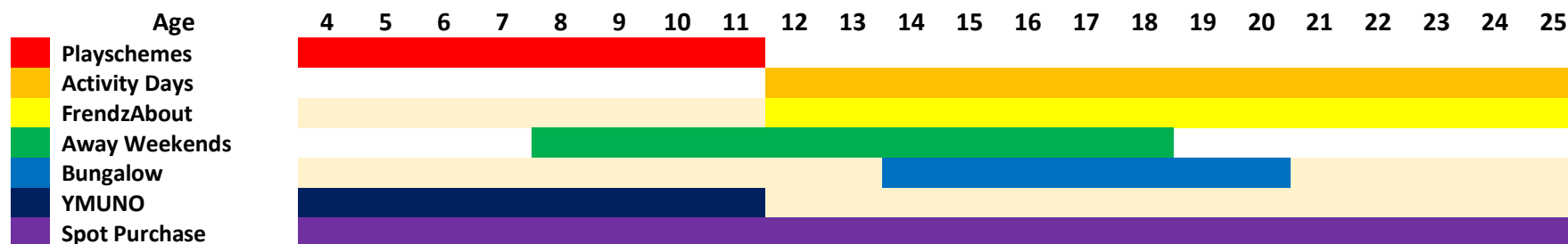


## WHAT WE DID

What?	Who for?	Where?
 <b>Playschemes</b>	For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket).	Registered settings at Ysgol Bro Teifi, Ysgol Llwyn yr Eos, Aberystwyth.
 <b>DASHABOUT Activity Days</b>	For young people aged 12-25 years living in Ceredigion with a moderate to severe disability.	A schedule of activities includes a range of settings including regular use of Llanilar Bungalow.
 <b>DASHABOUT Frenz</b>	For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability.	RESTARTED from September 2021, a schedule of activities for a small group of children.
 <b>DASHAWAY Weekends</b>	Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability.	Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. (increase in number of people from SEPT 2021)
 <b>Bungalow Project</b>	A 2-year project delivering residential short breaks and a range of other activities to develop skills and independence for young people aged 14 – 20 years with additional needs.	Based at the Bungalow in Llanilar. Delivered in partnership with Hafal Crossroads (Dom care registration) and WWHA.
 <b>YMUNO Scheme</b>	A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation.	Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme.
 <b>Spot Purchase Support.</b>	Bespoke support for a child or young person with additional needs via a person-centred contract.	Varies from individual to individual.
 COVID Impacted the provision of all DASH Services during this period to one degree or another.		



## WHAT WE DID – WHO FOR



## WHAT WE DID – ACTIVITIES



Arts and Crafts

Minibeast Hunts

Group games

Swimming

Walks

Films



Soft play

Gardening

Sensory play

Outdoor Play

Community Support

Play Parks



## HOW MANY – SESSIONS

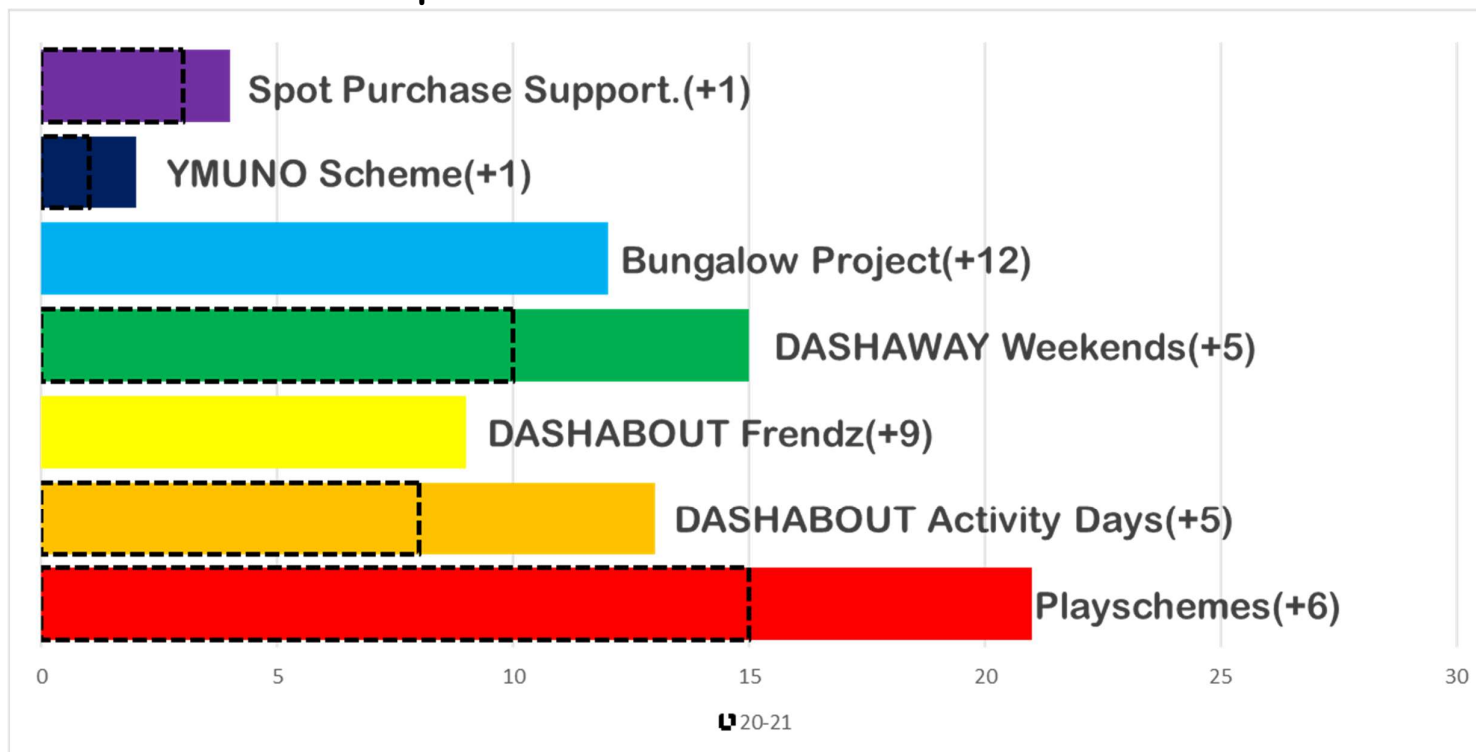
April	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
May	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
June	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
July	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
August	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
September	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
October	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
November	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
December	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
January	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
February	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
March	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Scheme	Target	Actual	What	When
Playschemes	32*	32	sessions	School Holidays
DASHABOUT Activity Days	12*	12	sessions	School Holidays
DASHABOUT Frenz	14*	14	sessions	Term time week days
DASHAWAY Weekends	12	19	weekends	Term time weekends
Bungalow Project	12	12	weekends	Weekends
YMUNO Scheme	4	++	referrals	Supporting CIW Registered Afterschool Clubs and Holiday Playschemes
Spot Purchase Support.	2	n/a	referrals	According to need.

\*Session targets were flexibly set during this period due to impact of Covid, all planned sessions took place.

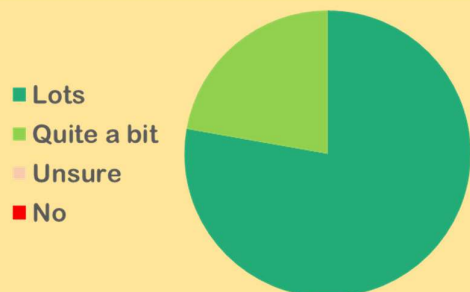
## HOW MANY – CHILDREN

### Comparitive Annual Attendance per scheme

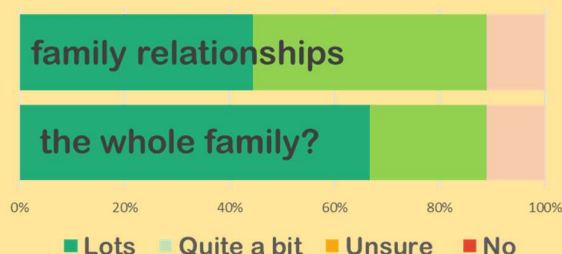


## HOW WE DID – Annual Feedback

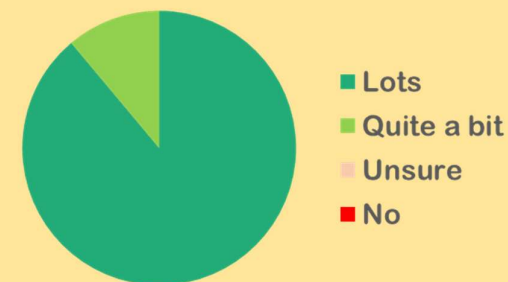
Do our schemes give you an opportunity to have a break from caring?



Did your child's attendance at the schemes have a positive effect on ....



Did your child/children enjoy the scheme?



[Sessions provided] A chance to attend appointments alone

I think [A] enjoyed being with other children, as well as playing with trains and water 😊



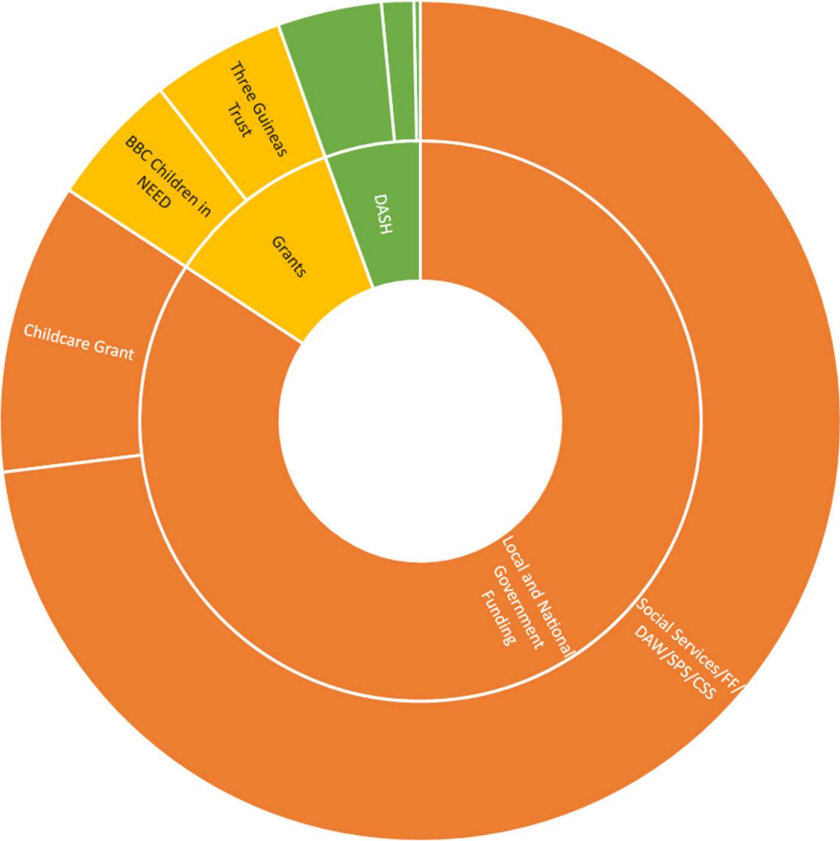
[B] loved attending, was saying 'playscheme [B] go' which is 'huge' for him

[Benefited my child by enabling them to ] Meet other young people with needs

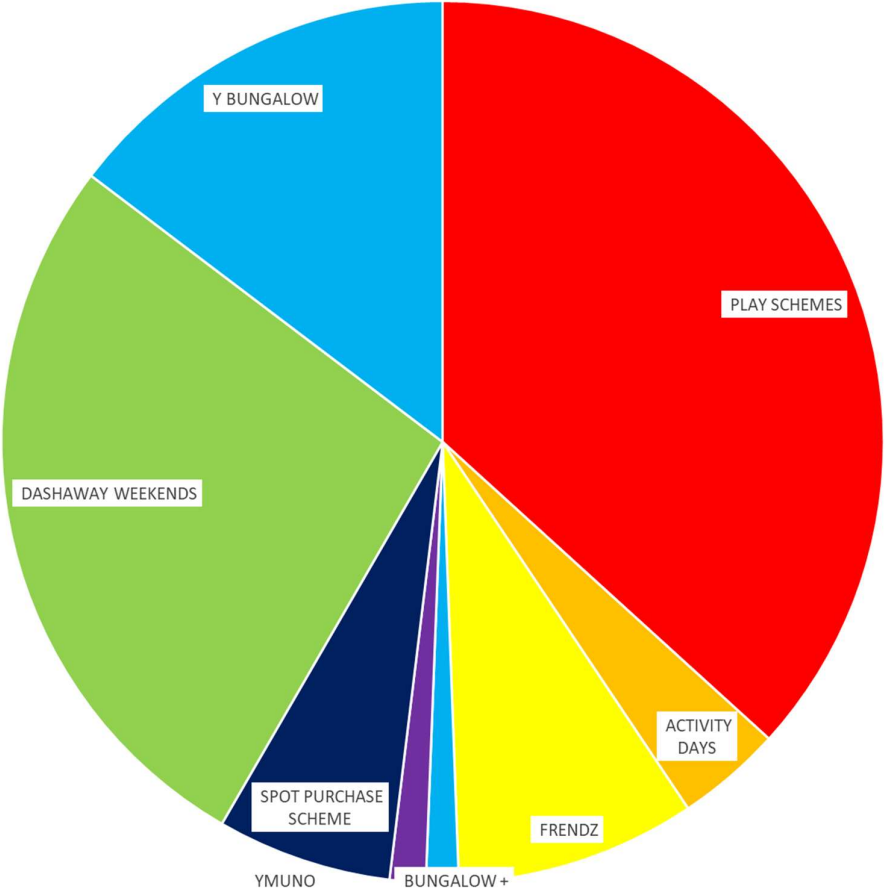


**FINANCIAL STATEMENTS**

Source of Funding  
2021 – 2022



Budgeted Application of funds  
2021 - 2022



SOURCE OF FUNDS										TOTAL EXPENDITURE	SURPLUS/DEFICIT
		PLAY SCHEMES	ACTIVITY DAYS	FRENDZ	BUNGALOW +	YMUNO	SPOT PURCHASE SCHEME	DASHAWAY WEEKENDS	Y BUNGALOW		
Social Services/FF/DAW/SPS/CSS	£ 142,490.00	£ 38,005.00	£ 6,306.00	£ 14,038.00		£ 983.70	£ 13,129.00	£ 55,234.00	£ 5,547.00	£ 133,242.70	£ 9,247.30
Childcare Grant	£ 21,904.70	£ 20,189.00				£ 1,716.00				£ 21,905.00	-£ 0.30
Big Lottery	£ -								£ 24,500.67	£ 24,500.67	-£ 24,500.67
Diverse/B+/Out of County	£ 2,446.00				£ 2,447.00					£ 2,447.00	-£ 1.00
Three Guineas Trust	£ 10,000.00	£ 10,000.00								£ 10,000.00	£ -
BBC Children in NEED	£ 10,000.00	£ 4,781.00	£ 1,600.00	£ 3,980.00						£ 10,361.00	-£ 361.00
Contributions	£ 455.00									£ -	£ 455.00
Donations,Interest, Fundraising	£ 7,779.00	£ 2,253.60								£ 2,253.60	£ 5,525.40
SUB TOTAL received	£ 195,074.70									£ 204,709.97	-£ 9,635.27
Reserves b/f	£ 95,820.00				Reserves c/f	£ 103,167.00					
Restricted reserves b/f	£ 65,659.00				Restricted res c/f	£ 48,677.00					
	£ 161,479.00					£ 151,844.00					

## **SUPPORTERS**

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Eryl Bray (Chair of Trustees)

Gareth James (Parent Trustee)

Amelia Campbell (Chair Finance Sub Ctte)

Catherine Mackenzie (Chair; LSCM Steering group)

Hilary Eldridge (Trustee)

Andrew Moore (Treasurer)

Gill Harries (Fundraising Ctte, Chair ;DAW Steering group)

Tina Sherrington (Trustee Secretary)

### **BANK**

CAF BANK LTD  
25, Kings Hill Avenue  
Kings Hill,  
West Malling  
KENT  
ME19 4JQ

## **Who's Who, What's What / Jargon Buster**

DASH works with a lot of acronyms, organisations and makes reference to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services "  
More detail here: <https://ceri.ceredigion.gov.uk/portal/porth-eredigion/>

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 15 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

RAG Rating system (see appendix).

IS there anything missing from this list ? – please ask ! [manager@dashceredigion.org.uk](mailto:manager@dashceredigion.org.uk)



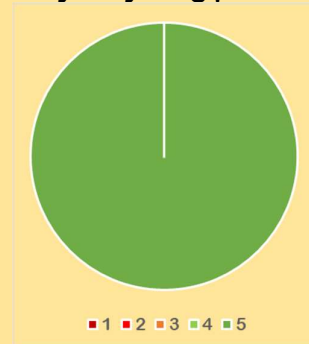
## Appendix – DAW Feedback

DASH Away weekends restarted in September 2021. Sessions were provided to single children or sibling groups under the instruction of Local Authority “Gold Command”. (DAW are fully funded by the local authority)

### Rate the support you feel is provided for children/young people's developmental needs (family and professional feedback)



### Rate the confidence you have in DASHaway weekends to care for your young person (1-5)



### How do you feel you and/or your family benefit from DASHaway weekends?

- Time for myself
- Knowing that [J] is having fun and gaining independence.
- We get respite, much needed

### What is the best thing about DASHaway weekends?

- “Everything from children having fun and I get a break”
- “The opportunity for [C] to have fun”
- “Weekends provide a quality short break for the children attending alongside a period of respite for families from their caring roles.”

### How could DASHaway weekends be improved?

- The frequency of them.
- More of them!
- For this provision to be commissioned to provide more regular support to families throughout the year.



Disabilities and Self Help  
Delio ag Anabledd a Sialens Hunangymorth

Byngalo Min-y-Mor  
Gerddi Wellington  
Aberaeron  
Ceredigion  
SA24 0BQ

office@dashceredigion.org.uk  
01545 570 951

Rhif Elusen 1163672 Charity Number

## Treasurer's Report

### Annual Accounts year ended 31<sup>st</sup> March 2022.

There is a slight deficit with expenditure exceeding income by £10k. This reflects the ongoing difficulties of operating the charity during the pandemic when general planning and budgeting in particular were subject to frequent reviews.

Staff costs and transport have been identified as a major year on year cost and these are anticipated as being an ongoing areas requiring careful monitoring.

Andy Moore  
21/10/22

DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED  
31 MARCH 2022  
FOR  
DASH (DISABILITIES AND SELF HELP)  
REGISTERED CHARITY NUMBER: 1163672

DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

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DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

The trustees who are also directors for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 22.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities' issued in March 2005.

## REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

1163672 (Wales)

**Registered Charity Number**

1163672

**Registered Office**

Min-y-Mor Bungalow

Wellington Gardens

Aberaeron

Ceredigion

SA46 0BQ

### **Trustees**

Eryl Bray

Catherine Mackenzie

Gareth Jones

Tina Sherrington

Hilary Eldridge

Amelia Campbell

Anderw Moore

Gill Harries

### **Independent Examiner**

Jonathan Parris

28 Dearden St, Littleborough OL15 9DZ

DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The charity is a Charitable Incorporated Organisation registered with the Charities Commission.

### Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in

place to provide reasonable assurance against fraud and error.

## FINANCIAL REVIEW

### Reserves policy

The reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of their Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees

Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building of excess cash at bank.

Unrestricted Reserves for the year ended 31 March 2022 that are carried into the financial year 2022/23 are £106,947.00

The release of Reserves is seen as a funding source of last resort and funds in excess of the Total Reserves Required, being regularly re-assessed, will only be released after all other sources of funds have been explored with the continuing aim of DASH being the winning of unrestricted funding through donations and fund raising initiatives.

Approved by order of the board of trustees on 22/11/22 and signed on their behalf by:

A handwritten signature in black ink, reading "Eyal Bray (Chair of Trustees)". The signature is written in a cursive style and is positioned above a horizontal dotted line.

- Trustee

DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

## STATEMENT OF FINANCIAL ACTIVITIES

For year ended 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £	2021 Total Funds
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary Income		8121	186840	194961	216771
Investment Income	2	113	0	113	43
<b>Total Incoming resources</b>		8234	186840	195074	216814
<b>RESOURCES EXPENDED</b>					
<b>Charitable activities</b>					
DASH Charitable Activities		887	203822	204709	175917
<b>Governance costs</b>		0		0	997
<b>Total resources expended</b>		887	203822	204709	176914
<b>NET INCOMING RESOURCES BEFORE TRANSFERS</b>		7347	-16982	-9635	39900
<b>Gross transfers between funds</b>	8	0	0	0	0
<b>Net Incoming/(outgoing) resources</b>		7347	-16982	-9635	39900
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		95820	65659	161479	121579
<b>TOTAL FUNDS CARRIED FORWARD</b>		103167	48677	151844	161479

DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

## Balance Sheet

At 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £	2021 Total Funds £
<b>CURRENT ASSETS</b>					
Debtor	6	0	3231	3231	20750
Cash at bank and in hand		106947	66365	173312	154974
		106947	69596	176543	175724
<b>CREDITORS</b>					
Amounts falling due within one year	7	0	-24699	-24699	-14245
<b>NET CURRENT ASSETS</b>		106947	44897	151844	161479
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		106947	44897	151844	161479
<b>NET ASSETS</b>		106947	44897	151844	161479
<b>FUNDS</b>	8				
Unrestricted funds				103163	95816
Restricted funds				48681	65663
<b>TOTAL FUNDS</b>				151844	161479



DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year Ended 31 March 2022

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the companies Act 2006

The trustees acknowledge their responsibilities for


(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of The Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of the charitable company at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act

2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 22/11/22 and were signed on its behalf by:

 Eyal Bray (Chair of Trustees)

Trustee

The notes form part of these financial statements

DASH (DISABILITIES AND SELF HELP)  
Independent financial report of the trustees  
For The Year Ended 31 March 2022

## NOTES TO THE FINANCIAL STATEMENTS

For the Year Ended 31 March 2022

### 1. ACCOUNTING POLICIES

#### **Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

#### **Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

#### **Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with resources.

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**DASH (DISABILITIES AND SELF HELP)**  
**Independent financial report of the trustees**  
**For The Year Ended 31 March 2022**

## 2. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	<u>113</u>	<u>43</u>

## 3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2022	2021
	£	£
Other operating leases	<u>1363</u>	<u>3506</u>

## 4. TRUSTEES' REMUNARION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor the year ended 31/03/2021

### Trustees' expenses

	2022	2021
	£	£
Trustees' expenses	<u>0</u>	<u>37</u>

## 5. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	<u>124130</u>	<u>115734</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Salaried Staff	3	4
Other Staff	<u>19</u>	<u>18</u>
	<u>0</u>	<u>22</u>

No employees received emoluments in excess of £60,000.

## 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	<u>3231</u>	<u>20750</u>

## 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts	0	10706
Other creditors	<u>24699</u>	<u>3539</u>
	<u>24699</u>	<u>14245</u>

**DASH (DISABILITIES AND SELF HELP)**  
**Independent financial report of the trustees**  
**For The Year Ended 31 March 2022**

**8. MOVEMENT IN FUNDS**

	<b>At 1.4.21</b>	<b>Net Movement in funds</b>	<b>Transfers between funds</b>	<b>At 31.3.22</b>
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	95816	7347	0	103163
Designated Fund for summer schemes	0	0	0	0
	<u>95816</u>	<u>7347</u>	<u>0</u>	<u>103163</u>
<b>Restricted Funds</b>				
BBC Children in Need	5453	0	0	5453
Three Guineas Trust	-2	3000	0	2998
Big Lottery Fund UNO Project	42444	-19982	0	22462
Ceredigion County Council Social Services	5464	0	0	5464
Ceredigion County Council DASH away Weekend	3959	0	0	3959
Ceredigion County Council Families First	3547	0	0	3547
Ceredigion County Council Other	1205	0	0	1205
Ceredigion County Council Spot Purchase	-506	0	0	-506
Ceredigion County Council Spot Byngalo Plus	653	0	0	653
Diverse Cymru Out of County	3446	0	0	3446
	<u>65663</u>	<u>-16982</u>	<u>0</u>	<u>48681</u>
<b>TOTAL FUNDS</b>	<u>161479</u>	<u>-9635</u>	<u>0</u>	<u>151844</u>

Net movement in funds, included in the above as follows:

	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Movement in funds</b>
	£	£	£
<b>Unrestricted funds</b>			
General fund	8234	-887	7347
<b>Restricted Funds</b>			0
BBC Children in Need	10000	-10000	0
Three Guineas Trust	10000	-7000	3000
Big Lottery Fund UNO Project	0	-19981	-19981
Ceredigion County Council Social Services	34146	-34146	0
Ceredigion County Council DASH away Weekend	55547	-55547	0
Ceredigion County Council Families First	41504	-41504	0
Ceredigion County Council Other	21905	-21905	0
Ceredigion County Council Spot Purchase	11293	-11293	0
Ceredigion County Council Spot Byngalo Plus	660	-660	0
Diverse Cymru Out of County	1785	-1786	-1
	<u>186840</u>	<u>-203822</u>	<u>-16982</u>
<b>TOTAL FUNDS</b>	<u>195074</u>	<u>-204709</u>	<u>-9635</u>

**DASH (DISABILITIES AND SELF HELP)**  
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**8. MOVEMENT IN FUNDS – continued**

**Comparatives for movement in funds – previous year**

	At 1.4.20 £	Net Movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	89150	6666	0	95816
Designated Fund for summer schemes	5000	0	-5000	0
	<u>94150</u>	<u>6666</u>	<u>-5000</u>	<u>95816</u>
<b>Restricted Funds</b>				
BBC Children in Need	5453	0	0	5453
Three Guineas Trust	0	-2	0	-2
Big Lottery Fund UNO Project	11479	30965	0	42444
Ceredigion County Council Social Services	0	5464	0	5464
Ceredigion County Council DASH away Weekend	4432	-473	0	3959
Ceredigion County Council Families First	6065	-2518	0	3547
Ceredigion County Council Other	0	1205	0	1205
Ceredigion County Council Spot Purchase	0	-506	0	-506
Ceredigion County Council Spot Byngalo Plus	0	-4347	5000	653
Diverse Cymru Out of County	0	3446	0	3446
	<u>27429</u>	<u>33234</u>	<u>5000</u>	<u>65663</u>
<b>TOTAL FUNDS</b>	<u>121579</u>	<u>39900</u>	<u>0</u>	<u>161479</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	9276	-2610	6666
<b>Restricted Funds</b>			
BBC Children in Need	0	0	0
Three Guineas Trust	9999	-10001	-2
Big Lottery Fund UNO Project	48584	-17619	30965
Ceredigion County Council Social Services	35288	-29824	5464
Ceredigion County Council DASH away Weekend	53353	-53826	-473
Ceredigion County Council Families First	37211	-39729	-2518
Ceredigion County Council Other	1205	0	1205
Ceredigion County Council Spot Purchase	13594	-14100	-506
Ceredigion County Council Spot Byngalo Plus	4858	-9205	-4347
Diverse Cymru Out of County	3446	0	3446
	<u>207538</u>	<u>-174304</u>	<u>33234</u>
<b>TOTAL FUNDS</b>	<u>216814</u>	<u>-176914</u>	<u>39900</u>

**DASH (DISABILITIES AND SELF HELP)**  
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**8. MOVEMENT IN FUNDS – continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net Movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	89150	14013	0	103163
Designated Fund for summer schemes	5000	0	-5000	0
	<u>94150</u>	<u>14013</u>	<u>-5000</u>	<u>103163</u>
 <b>Restricted Funds</b>				
BBC Children in Need	5453	0	0	5453
Three Guineas Trust	0	2998	0	2998
Big Lottery Fund UNO Project	11479	10984	0	22463
Ceredigion County Council Social Services	0	5464	0	5464
Ceredigion County Council DASH away Weekend	4432	-473	0	3959
Ceredigion County Council Families First	6065	-2518	0	3547
Ceredigion County Council Other	0	1205	0	1205
Ceredigion County Council Spot Purchase	0	-506	0	-506
Ceredigion County Council Spot Byngalo Plus	0	-4347	5000	653
Diverse Cymru Out of County	0	3445	0	3445
	<u>27429</u>	<u>16252</u>	<u>5000</u>	<u>48681</u>
 <b>TOTAL FUNDS</b>	<u>121579</u>	<u>30265</u>	<u>0</u>	<u>151844</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are a follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	17510	3497	14013
 <b>Restricted Funds</b>			
BBC Children in Need	10000	10000	0
Three Guineas Trust	19999	17001	2998
Big Lottery Fund UNO Project	48584	37600	10984
Ceredigion County Council Social Services	69434	63970	5464
Ceredigion County Council DASH away Weekend	108900	109373	-473
Ceredigion County Council Families First	78715	81233	-2518
Ceredigion County Council Other	23110	21905	1205
Ceredigion County Council Spot Purchase	24887	25393	-506
Ceredigion County Council Spot Byngalo Plus	5518	9865	-4347
Diverse Cymru Out of County	5231	1786	3445
	<u>394378</u>	<u>378126</u>	<u>16252</u>
 <b>TOTAL FUNDS</b>	<u>411888</u>	<u>381623</u>	<u>30265</u>

DASH (DISABILITIES AND SELF HELP)  
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## 9. INCOMING RESOURCES

	2022	2021
	£	£
<b>Voluntary income</b>		
Ceredigion County Council	165055	145506
Donations	8121	9233
Grants	21785	62032
Contribution for activities	0	0
	<u>194961</u>	<u>216771</u>
<b>Investment Income</b>	<u>113</u>	<u>43</u>
Deposit account interest	195074	216814

## 10. RESOURCES EXPENDED

	2022	2021
	£	£
<b>Charitable activities</b>		
Wages	124132	115734
Other operating leases	1363	3506
Transport	10607	1865
Other direct costs	1402	2985
General overheads	5443	6564
Other staff costs	7180	2191
Venue hire	19644	14420
Consultants	0	2117
Catering and Cleaning	4127	9890
IT costs	2034	1669
Office equipment	0	549
External providers	9595	3010
Play Equipment & storage	13488	6391
Training	363	1482
Marketing and Communication	456	559
Staff travel	3826	2914
	<u>203660</u>	<u>175846</u>
<b>Governance costs</b>		
Trustees' expenses	0	37
Accountancy	940	960
	<u>940</u>	<u>997</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	109	71
	<u>109</u>	<u>71</u>
<b>Total resources expended</b>	<u>204709</u>	<u>176914</u>
<b>Net income</b>	<u>-9635</u>	<u>39900</u>

This page does not form part of the statutory financial statements