



Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

Annual Report 2021

Rh. Elusen : 1163672 Charity No.

Period: 1st April 2020 – 31st March 2021

Principle Address:

Min-y-Mor Bungalow, Gerddi Wellington, Aberaeron, SA46 0BQ

01545 570 951 office@dashceredigion.org.uk

DASH is supported by



National Lottery



Ceredigion Association of Voluntary Organisations



Ceredigion County Council



Families First

The Three Guineas Trust

The Three Guineas Trust



Social Business Wales



Families and Community of Ceredigion

WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities;
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

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CROESO, WELCOME



A message from the Chairperson Eryl Bray

The Covid Pandemic and associated restrictions has impacted on the services DASH has been able to provide over the period April 2020- March 2021. Complying with the COVID restriction has meant that DASH was not able to provide the range of services that families and children would normally receive. This has been a difficult period for DASH. However I can appreciate that it has been much more difficult for parents of disabled children and of course for the children and young people themselves.

Despite the restrictions DASH was able to gradually increase the support as the restrictions eased. We can thank Ben and the DASH Team for their imaginative and flexible approach to provision during this difficult period.

DASH has been very fortunate in having Ben Freeman as Manager during this period. Ben started working for DASH just a month before this reporting period and weeks before the Covid National Lockdown. Ben has been excellent at steering DASH through this unprecedented and challenging time. The staff team have also been excellent, sharing creative ideas of how to help families and being flexible in their work commitment.

As Chair of Trustees I feel very privileged to work with such a committed team.

Message from Ben Freeman, Manager

The extraordinary impact of COVID 19 on 2020 lead to many challenges and changes for us all. It was certainly not what I had envisioned for my first year as Manager. That DASH has established and trusted presence in Ceredigion made the job of facilitating and organising our response very much easier.

The impact and the changes brought on by the impact of COVID on individuals, families, the social care sector and the employment market will be seen for many years to come. Some will be a challenge – supporting the children, young people and families who have experienced the additional pressures and limitations that this time brought must be recognised and kept in the fore. However the increased flexibility and relaxation around funding streams and targets should enable us to provide even more relevant support opportunities.

The limited but essential support provided by DASH over this year would not have been possible without Gail, Alison, Zoe, Joe (who joined us in the Office Administration Role in October), and the teams of support workers who displayed such adaptability and provided such a broad spectrum of support to the families and children in Ceredigion.





COVID

Introduction

The impact of the COVID 19 Virus was strongly felt over this reporting period. The spectrum of impact included legal and social limitations on how we could conduct our lives as well as the medical and emotional pressures placed upon us by the not fully understood virus. These pressures had an even greater impact on disabled children and their families and they forced changes to familiar routine, caused actual and artificial limits on essential supplies and very significantly reduced the respite, socialisation and education opportunities for the young people themselves. The impact of these changes will no doubt be felt for several years to come.

Pausing of service – impact on Families and Staff

DASH paused all support and provision on 17th March. Apart from the clear impact this had on the children and their families, it also had a financial and emotional impact on staff, who were expecting to work. We attempted to mitigate this as far as possible by ensuring anyone who was reliant on DASH for their primary income was appropriately supported and providing paid training and other opportunities to enable us to financially support staff whilst improving the quality of our provision.

Response from Funders

Our grant providers – Three Guinea's Trust (TGT), Lottery and Children in Need (CiN) along with the County Council and Families First recognised the need for flexibility in their requirements and DASH worked effectively with all of them to ensure that they all understood how we could best support families in need. The Lottery and CiN grants were paused, TGT fund was applied for and granted to support the Summer scheme. Regular contact was maintained with the Local Authority to ensure that the use of finances provided was acceptable to all.

Adaptation and Change

As we needed to limit the number of attendees in order to increase social distancing and reduce transmission risk it was agreed to take referrals from the county council using the RAG system (see definition in the Appendix). This was put in place to ensure that those in highest need at that time were offered opportunities for support and respite. This system was a temporary measure which remained in place for all Local Authority funded activities throughout the County.

Gradually DASH began to provide adapted services to support those in very high need. This included Doorstep drop-offs (This involved staff members providing shopping, medication pickup and various other non-contact support to families of disabled children to help reduce exposure, stress and family challenges.) and later in the year 1:1 community support session (outdoor focused support and respite sessions). Over this period, we also provided direct support to a young man whose parent was working in a care home for the elderly and provided the bungalow as emergency accommodation to a family with a disabled child who had effectively become homeless. We also provided support to a young man in the form of day sessions as well as respite who was at risk of being removed from his family. The benefit of having access to a building that was exclusively the property of DASH was keenly felt at this time.









By Summer 2020, after much risk assessment and coordination, DASH ran 2 much limited but successful summer schemes. In September we were able to restart our Bungalow and DASHAway weekends. The style of the support provided was significantly different to previous years due to the need to meet the COVID regulations.

The adaptation, modification and learning that our staff put themselves through to ensure that as many children as possible had a fun, interesting and safe time when they were at DASH over this incredibly challenging period is to be highly commended and reflect their commitment to the young people at DASH. We are fortunate to have them.

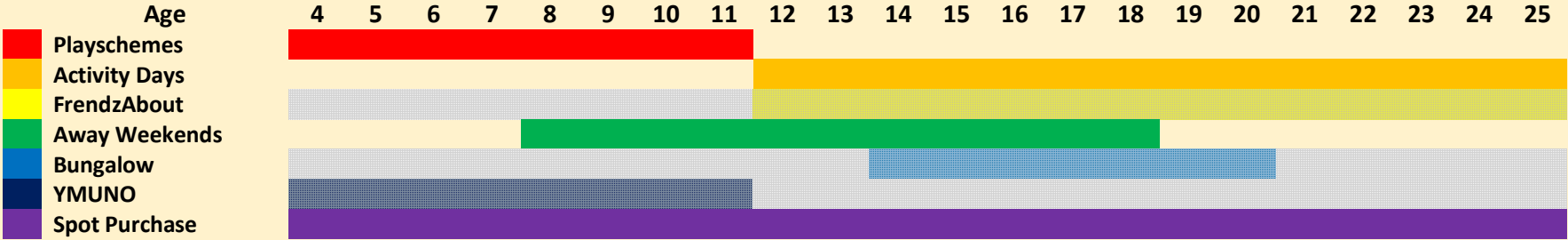
Underspend

Good use was made of all our funding and additional support provided over this period, however there was a significant underspend in the Ymuno budget due to all child care settings being closed. DASH planned, sourced and offered training to these settings in order to support further improve their core understanding of additional needs that children in their care may have.

WHAT WE DID

| What? | Who for? | Where? |
|--|--|---|
|  Playschemes | For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket). | Registered settings at Ysgol Bro Pedr, Ysgol Llwyn yr Eos, Aberystwyth. |
|  DASHABOUT Activity Days | For young people aged 12-25 years living in Ceredigion with a moderate to severe disability. | A schedule of activities includes a range of settings including regular use of Llanilar Bungalow. |
|  DASHABOUT Frenz | For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability. | A schedule of weekly activities is delivered in a range of settings ie swimming pool, bowling etc. |
|  DASHAWAY Weekends | Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability. | Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. |
|  Bungalow Project | A 2-year project delivering residential short breaks and a range of other activities to develop skills and independence for young people aged 14 – 20 years with additional needs. | Based at the Bungalow in Llanilar. Delivered in partnership with Hafal Crossroads (Dom care registration) and WWHA. |
|  YMUNO Scheme | A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation. | Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme. |
|  Spot Purchase Support. | Bespoke support for a child or young person with additional needs via a person-centred contract. | Varies from individual to individual. |
|  COVID Impacted the provision of DASH Services during this period. Please see our COVID 19 Section for more detail | | |

WHAT WE DID – WHO FOR



WHAT WE DID – ACTIVITIES



Arts and Crafts

Minibeast Hunts

Group games

Meals out

Walks

Films

Soft play

Gardening

Sensory play

Outdoor Play

Community Support

Play Parks



HOW MANY – SESSIONS

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------|----|----|----|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| April '20 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| May | 17 | 18 | 19 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| June | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| July | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| August | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| September | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| October | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| November | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| December | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| January '21 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| February | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | | |
| March | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

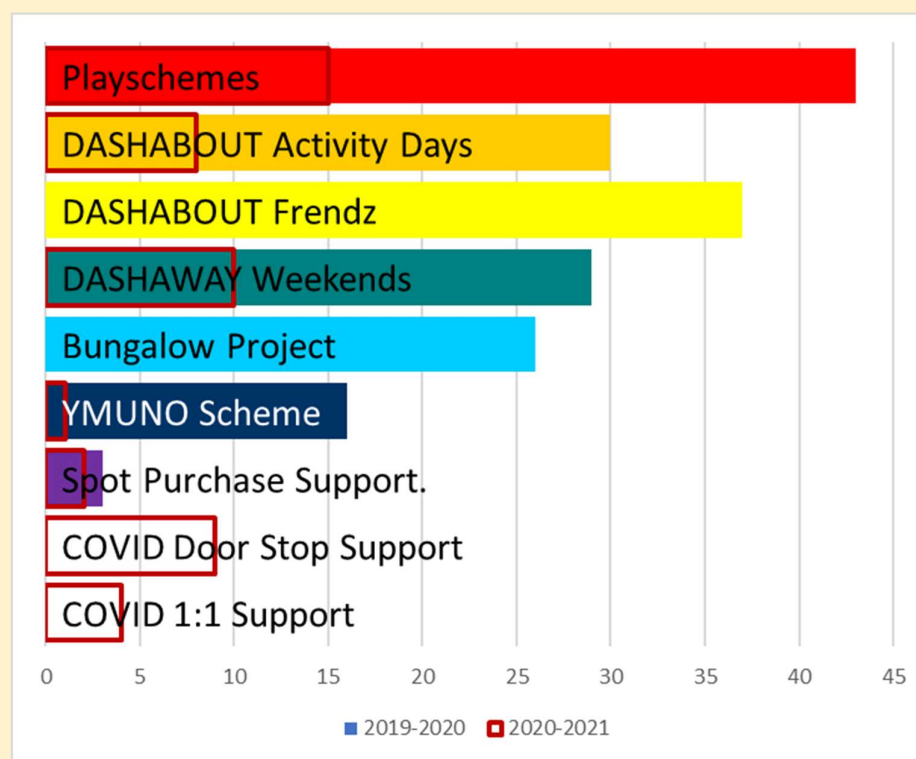
| | | |
|---|---|---|
| | Playschemes | 36 days across Easter and Summer 2020 (target 36) |
| | DASHABOUT Activity Days | 5 days across Easter and Summer 2020 (target 16) |
| | DASHABOUT Frenz | No sessions provided due to Covid restrictions |
| | DASHAWAY Weekends | 16 Sessions between April 2020 – March 2021 (target 15, Final DAW Cancelled due to COVID) |
| | Bungalow Project | No sessions provided due to Covid restrictions |
| | YMUNO Scheme | 0 Claims due to closure of childcare settings |
| | Spot Purchase Support. | 7 referrals |
| X | Cancelled due to COVID Restrictions | |
| | COVID Restrictions - Initial Lockdown (16th March - ~10th May) Firebreak (October 2020). L4 Restrictions (Dec 30th - March 6th) | |

HOW MANY – CHILDREN

2020 - 2021

| | |
|-------------------------|----|
| Playschemes | 15 |
| DASHABOUT Activity Days | 8 |
| DASHABOUT Frenz | 0 |
| DASHAWAY Weekends | 29 |
| Bungalow Project | 0 |
| YMUNO Scheme | 1 |
| Spot Purchase Support. | 3 |
| COVID Doorstep Support | 9 |
| COVID 1:1 Support | 4 |

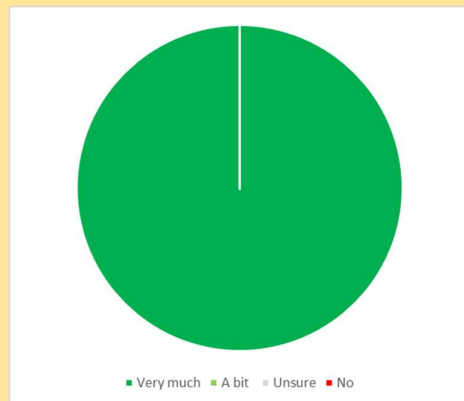
Comparitive Annual Attendance per scheme



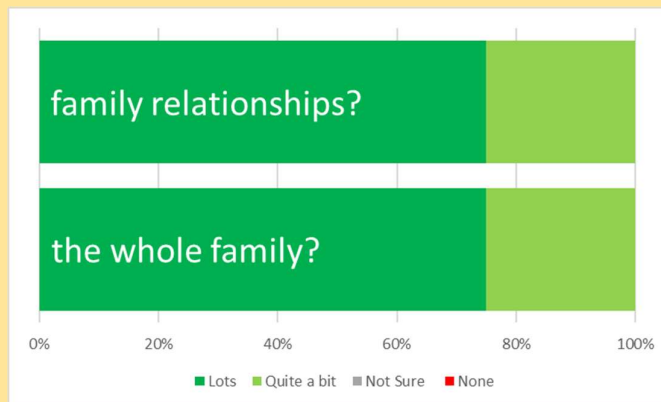
* Minimum number of sessions provided to one family : 1, maximum: 7

HOW WE DID - Summer Playschemes and Activity Days 2021

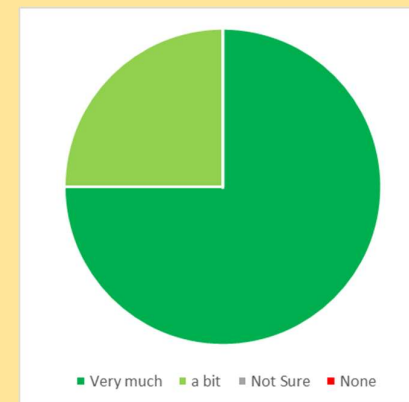
Do our schemes give you an opportunity to have a break from caring?



Did your child's attendance at the schemes have a positive effect on



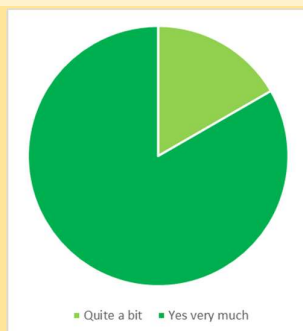
Did your child/children enjoy the scheme?



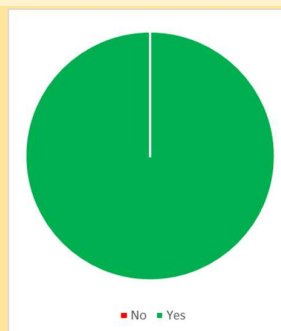
Our summer schemes took place in Ysgol Bro Pedr and Ysgol Llwyn yr Eos during the summer of 2020. 4 days a week for 5 weeks of Infants with one day each week for the Activity days. Sessions were attended by children and young people identified as high need by the local authority.

HOW WE DID - DASHAway Weekends

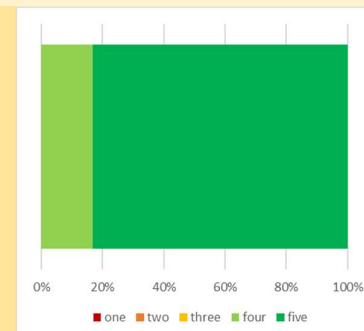
Do you think your child/young person enjoys DASHaway weekends?



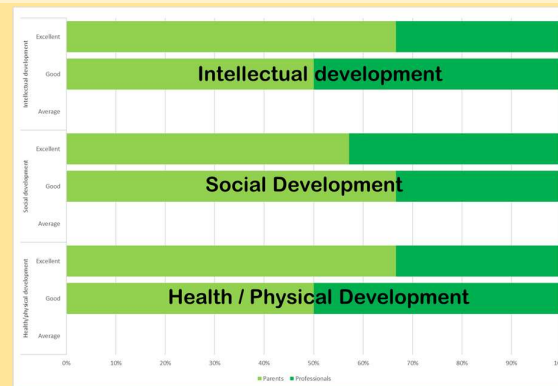
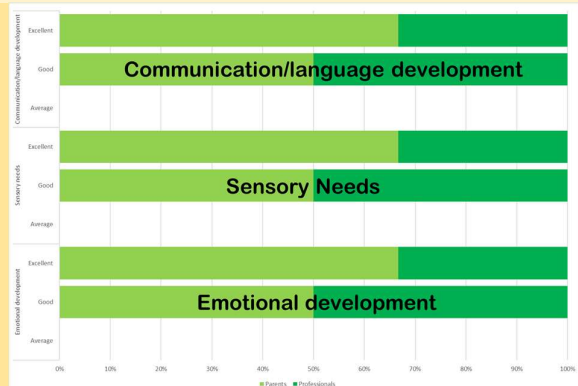
Would you like more DASHaway weekends?



Please rate the confidence you have in DASHaway weekends to care for your young person



Please rate the support provided for your child/young person's developmental needs



DASH Away weekends restarted in September 2020. Sessions were provided to single children or sibling groups under the instruction of Local Authority "Gold Command". (DAW are fully funded by the local authority)

HOW WE DID – BENEFITS FOR YOUNG PEOPLE AND FAMILIES

[DASHAWAY Weekends] are a lifeline. We are so exhausted. A bit of peace is more important than I can express. It gives us all a very well-deserved break. As much as it provides respite for the parents, it also gives the kids some respite from us, and enables them to access activities we find difficult to do as a family



Learning independence away from home in a safe, happy environment . She loves all the activities provided and when permitting meeting girls similar to herself, although she has been on her own too and enjoyed that weekend equally.

SR LOVES going to the BUNGALOW, it helps to have something for her to look forward too as she suffers periods of acute anxiety and loves to be away from home doing different things. It also means we can have more “one to one” time with our other child who is also disabled. We all think the BUNGALOW project is wonderful.



Adjusted in new environment and meeting with new persons.

We are so very grateful that the playscheme went ahead this year, I'm very difficult circumstances. The schemes were incredibly well organised



A change of scenery and an opportunity todo different things.

Enabled them to access activities and make friendships in what had been a very isolated year. Also provided them with some much-needed routine and structure

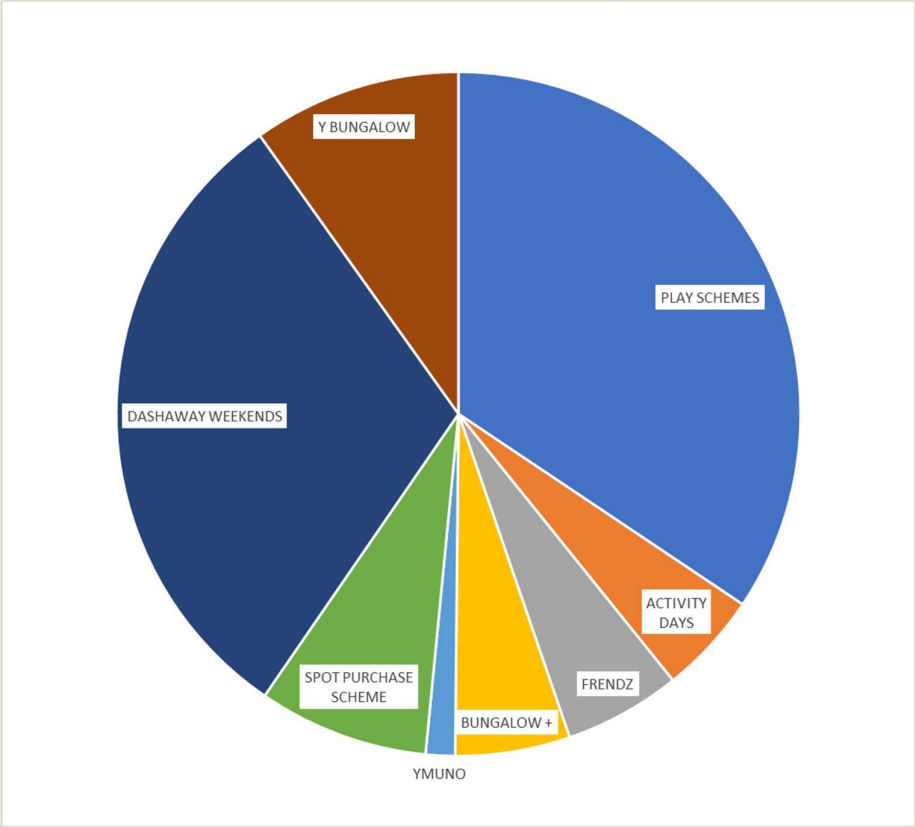


FINANCIAL STATEMENTS

Source of Funding
2020 – 2021



Budgeted Application of funds
2020 - 2021



| SOURCE OF FUNDS | TOTAL | | | | | | | | | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
|--------------------------------|--------|--------------|---------------|--------|------------|-------------------------|----------------------|-------------------|------------|-------------------|-----------------|
| | | PLAY SCHEMES | ACTIVITY DAYS | FRENDZ | BUNGALOW + | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | Y BUNGALOW | | |
| Social Services Dept. | 94503 | 16904 | 3385 | 5080 | 0 | 0 | 14164 | 53763 | 0 | 93296 | 1207 |
| Families First/Childcare Grant | 46146 | 32000 | 5085 | 4585 | 0 | 2436 | 0 | 0 | 0 | 44105 | 2041 |
| Big Lottery | 48586 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 17349 | 17349 | 31237 |
| Diverse/B+/Out of County | 8736 | 0 | 0 | 0 | 8736 | 0 | 0 | 0 | 0 | 8736 | 0 |
| BBC Children in NEED | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Three Guineas Trust | 10000 | 10000 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 10000 | 0 |
| Contributions | 545 | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 545 |
| Donations,Interest Fundraising | 8300 | 1625 | 3 | 42 | 805 | 0 | 0 | 0 | 0 | 2475 | 5825 |
| SUB TOTAL received | 216816 | 60528 | 8473 | 9707 | 9541 | 2436 | 14164 | 53763 | 17349 | 175961 | 40855 |
| Reserves b/f | 94150 | | | | | Reserves c/f | | | 95816 | | |
| Restricted reserves b/f | 27429 | | | | | Restricted reserves c/f | | | 65663 | | |

SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Eryl Bray, Chair of Trustees

Derek Stephen Honorary Treasurer

Gill Harries, Fundraising lead

Barry Tattersall, Trustee

Debbie Salmi, Fundraising

Eryl Bray, Bungalow Chair

Kate Gwynfyd Sidford, Leisure Schemes Chair

Non Jenkins, DASHAWAY Weekends Chair

David Harries, Trustee

Gareth Jones, Trustee

BANK

CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

ACCOUNTANTS

HATFIELD AND JOHN LTD
1, North Road
Aberaeron
CEREDIGION
SA46 0JD

Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and makes reference to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services"
More detail here: <https://ceri.ceredigion.gov.uk/portal/porth-credigion/>

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 15 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

RAG Rating system (see appendix).

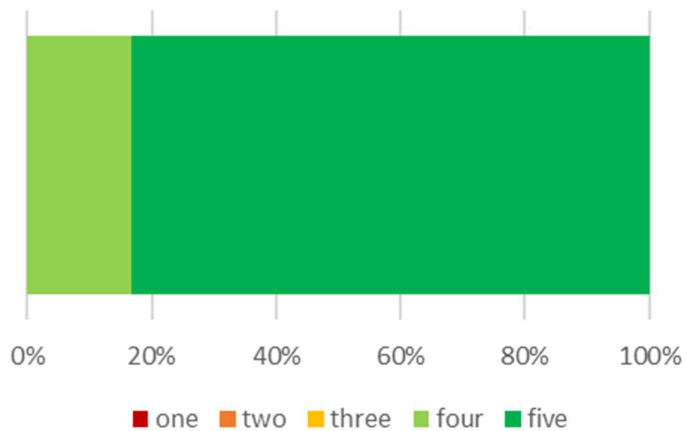
IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

Appendices

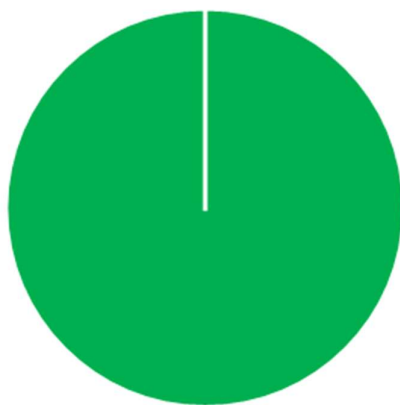
- 1.) DASHAway Feedback
- 2.) Local Authority definition of the RED AMBER GREEN (RAG) rating system.

DASHAway Feedback

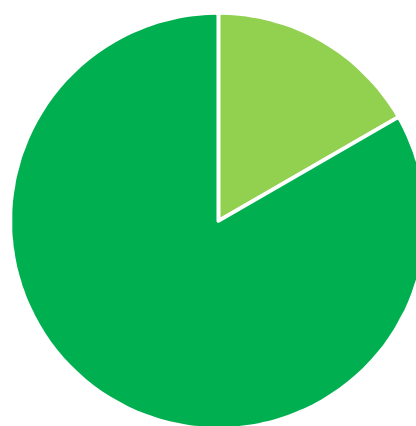
Please rate the confidence you have in DASHaway weekends to care for your young person



Would you like more DASHaway weekends?

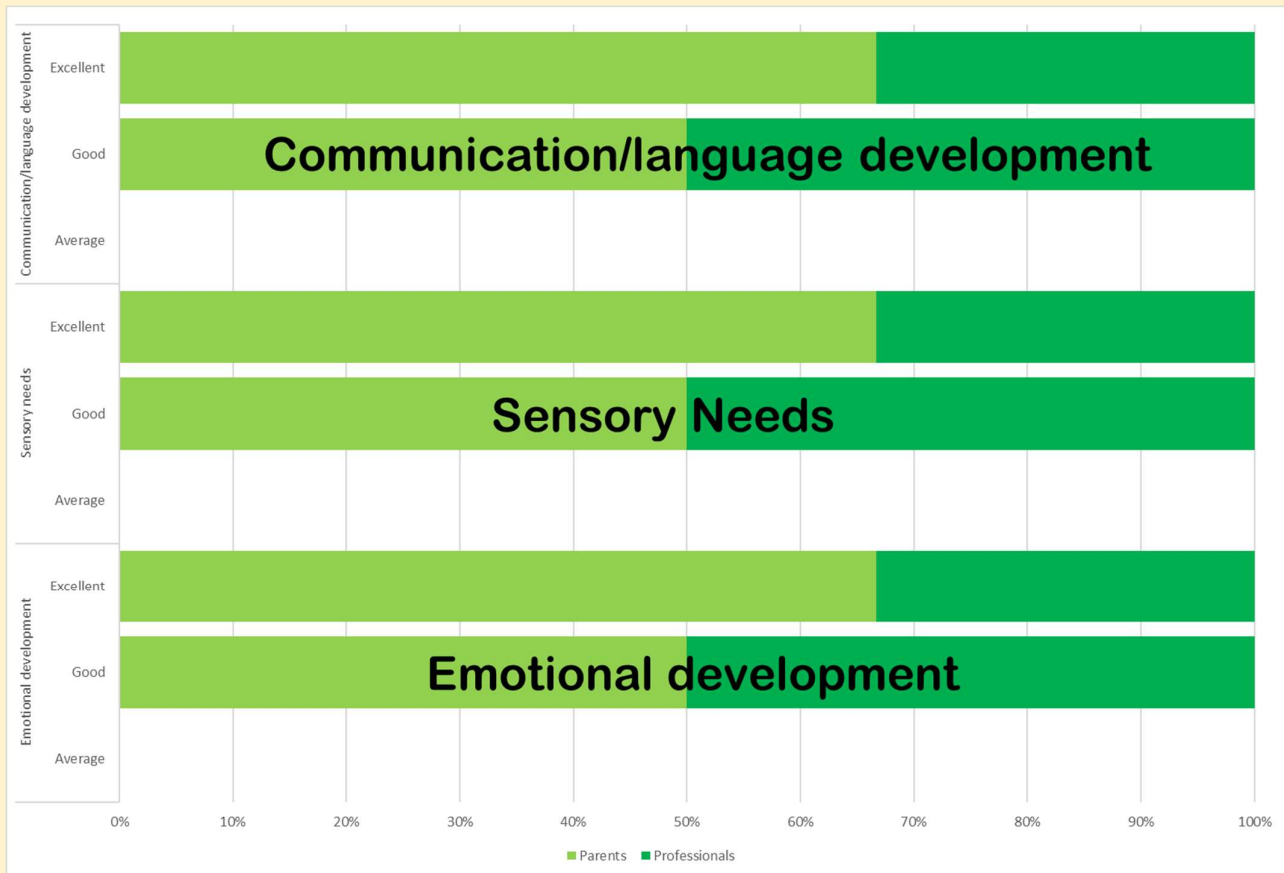


Do you think your child/young person enjoys DASHaway weekends?



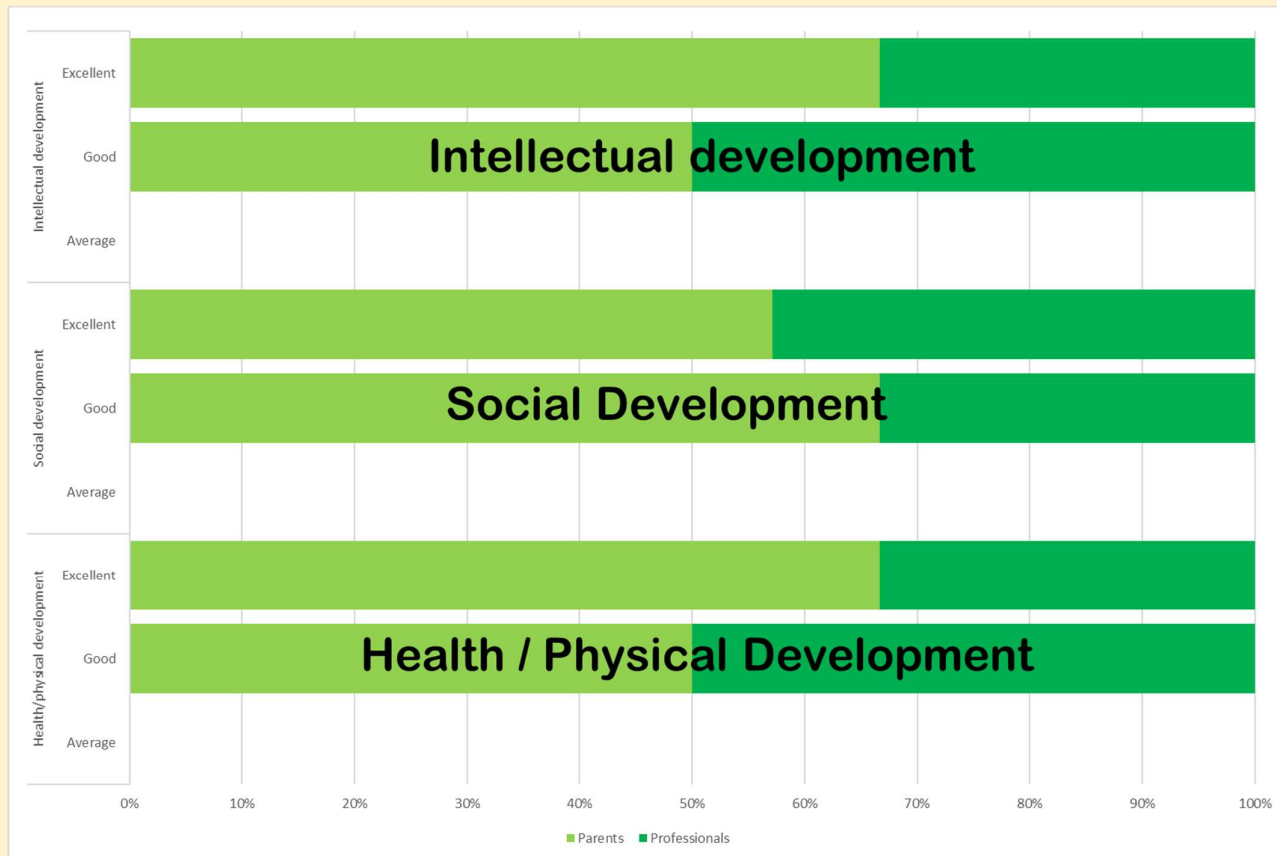
1.) DASHAway Feedback (cont.)

Please rate the support provided for your child/young person's developmental needs



1.) DASHAway Feedback (cont.)

Please rate the support provided for your child/young person's developmental needs



Local Authority definition of the RED AMBER GREEN (RAG) rating system.

Local Authority Red Amber Green (RAG) Rating system

Definition of RAG system provided by LA.

Social Workers in conjunction with their Managers have been asked to rag –rate their case loads in terms of level of concern;

Red = high vulnerability to abuse and neglect. This could include high risk of family breakdown/edge of care, not co-operating with agencies, chaotic lifestyle, risky behaviours, subject to PLO, complex support needs, no support network

Amber = medium vulnerability to abuse and neglect, low risk of family breakdown, some cooperation with agencies, some support needs but has some support network, placements with parents or family members

Green = low vulnerability to abuse and neglect, low risk of family breakdown, has care and support needs and is able to access support from community and family network

* Rag-rating needs to be regularly reviewed as the child and family's situation changes

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021
FOR
DASH (DISABILITIES AND SELF HELP)

Hatfield & John
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

DASH (DISABILITIES AND SELF HELP)

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For The Year Ended 31 March 2021

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DASH (DISABILITIES AND SELF HELP)

REPORT OF THE TRUSTEES For The Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

1163672 (Wales)

Registered Charity number

1163672

Registered office

Min-y-Mor Bungalow
Wellington Gardens
Aberaeron
Ceredigion
SA46 0BQ

Trustees

MRS N E JENKINS

E BRAY

K G SIDFORD

G A W HARRIES

B TATTERSALL

A EDWARDS

D Salmi

G L James

B L SHERRINGTON

- appointed 10.2.2021

A MOORE

- appointed 8.9.2021

A E CAMPBELL

- appointed 18.11.2020

Independent examiner

Hatfield & John
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation registered with the Charities Commission.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

FINANCIAL REVIEW

Reserves policy

The Reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of the Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building up of excess cash at bank.

Unrestricted Reserves for the year ended 31 March 2021 that are carried into the financial year 2021/22 are £96,000.

The release of Reserves is seen as a funding source of last resort and funds in excess of the Total Reserves Required, being regularly re-assessed, will only be released after all other sources of funds have been explored with the continuing aim of DASH being the winning of unrestricted funding through donations and fund raising initiatives.

DASH (DISABILITIES AND SELF HELP)

REPORT OF THE TRUSTEES
For The Year Ended 31 March 2021

Approved by order of the board of trustees on 17 October 2021 and signed on its behalf by:

ERYL BRAY - Chair of Trustees
- Trustee
Eryl Bray 16/11/21

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
DASH (DISABILITIES AND SELF HELP)**

I report on the accounts of the company for the year ended 31 March 2021, which are set out on pages four to ten.

Responsibilities and basis of report

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

Dale A Hatfield
The Institute of Chartered Accountants(ICAEW)
Hatfield & John
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

17 October 2021

DASH (DISABILITIES AND SELF HELP)

STATEMENT OF FINANCIAL ACTIVITIES

For The Year Ended 31 March 2021

| | | Unrestricted funds £ | Restricted funds £ | 2021 Total funds £ | 2020 Total funds £ |
|--|-------|----------------------------|-----------------------|-----------------------------|-----------------------------|
| | Notes | | | | |
| INCOMING RESOURCES | | | | | |
| Incoming resources from generated funds | | | | | |
| Voluntary income | | 9,233 | 207,538 | 216,771 | 278,273 |
| Investment income | 2 | 43 | - | 43 | 152 |
| Total incoming resources | | <u>9,276</u> | <u>207,538</u> | <u>216,814</u> | <u>278,425</u> |
| RESOURCES EXPENDED | | | | | |
| Charitable activities | | | | | |
| DASH Charitable Activities | | 1,646 | 174,271 | 175,917 | 247,503 |
| Governance costs | | <u>960</u> | <u>37</u> | <u>997</u> | <u>1,456</u> |
| Total resources expended | | <u>2,606</u> | <u>174,308</u> | <u>176,914</u> | <u>248,959</u> |
| NET INCOMING RESOURCES BEFORE TRANSFERS | | <u>6,670</u> | <u>33,230</u> | <u>39,900</u> | <u>29,466</u> |
| Gross transfers between funds | 8 | (5,000) | 5,000 | - | - |
| Net incoming/(outgoing) resources | | <u>1,670</u> | <u>38,230</u> | <u>39,900</u> | <u>29,466</u> |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 94,150 | 27,429 | 121,579 | 92,113 |
| TOTAL FUNDS CARRIED FORWARD | | <u><u>95,820</u></u> | <u><u>65,659</u></u> | <u><u>161,479</u></u> | <u><u>121,579</u></u> |

The notes form part of these financial statements

DASH (DISABILITIES AND SELF HELP)

BALANCE SHEET At 31 March 2021

| | Notes | Unrestricted funds £ | Restricted funds £ | 2021 Total funds £ | 2020 Total funds £ |
|--|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| CURRENT ASSETS | | | | | |
| Debtors | 6 | - | 20,750 | 20,750 | - |
| Cash at bank and in hand | | 99,599 | 55,375 | 154,974 | 128,757 |
| | | <u>99,599</u> | <u>76,125</u> | <u>175,724</u> | <u>128,757</u> |
| CREDITORS | | | | | |
| Amounts falling due within one year | 7 | (3,783) | (10,462) | (14,245) | (7,178) |
| | | <u>95,816</u> | <u>65,663</u> | <u>161,479</u> | <u>121,579</u> |
| NET CURRENT ASSETS | | | | | |
| | | <u>95,816</u> | <u>65,663</u> | <u>161,479</u> | <u>121,579</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | | | |
| | | <u>95,816</u> | <u>65,663</u> | <u>161,479</u> | <u>121,579</u> |
| NET ASSETS | | | | | |
| | | <u>95,816</u> | <u>65,663</u> | <u>161,479</u> | <u>121,579</u> |
| FUNDS | 8 | | | | |
| Unrestricted funds | | | | 95,816 | 94,150 |
| Restricted funds | | | | 65,663 | 27,429 |
| TOTAL FUNDS | | | | <u>161,479</u> | <u>121,579</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 17 October 2021 and were signed on its behalf by:

-Trustee

ERYL BRAY - Chair of Trustees

Eryl Bray 16/11/21

The notes form part of these financial statements

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. INVESTMENT INCOME

| | 2021 | 2020 |
|--------------------------|-----------|------------|
| | £ | £ |
| Deposit account interest | 43 | 152 |
| | <u>43</u> | <u>152</u> |

3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

| | 2021 | 2020 |
|------------------------|--------------|----------|
| | £ | £ |
| Other operating leases | 3,506 | - |
| | <u>3,506</u> | <u>-</u> |

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

| | 2021 | 2020 |
|--------------------|-----------|------------|
| | £ | £ |
| Trustees' expenses | 37 | 532 |
| | <u>37</u> | <u>532</u> |

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 March 2021

5. STAFF COSTS

| | 2021 £ | 2020 £ |
|--------------------|----------------|----------------|
| Wages and salaries | <u>115,734</u> | <u>136,066</u> |

The average monthly number of employees during the year was as follows:

| | 2021 | 2020 |
|----------------|-----------|-----------|
| Salaried Staff | 4 | 4 |
| Other Staff | <u>18</u> | <u>18</u> |
| | <u>22</u> | <u>22</u> |

No employees received emoluments in excess of £60,000.

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 £ | 2020 £ |
|---------------|---------------|-----------|
| Other debtors | <u>20,750</u> | <u>-</u> |

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 £ | 2020 £ |
|---------------------------|---------------|--------------|
| Bank loans and overdrafts | 10,706 | - |
| Other creditors | <u>3,539</u> | <u>7,178</u> |
| | <u>14,245</u> | <u>7,178</u> |

8. MOVEMENT IN FUNDS

| | At 1.4.20 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.21 £ |
|---|----------------|-------------------------------|---------------------------------|-----------------|
| Unrestricted funds | | | | |
| General fund | 89,150 | 6,666 | - | 95,816 |
| Designated Fund for summer schemes | <u>5,000</u> | <u>-</u> | <u>(5,000)</u> | <u>-</u> |
| | 94,150 | 6,666 | (5,000) | 95,816 |
| Restricted funds | | | | |
| BBC Children in Need | 5,453 | - | - | 5,453 |
| Three Guineas Trust | - | (2) | - | (2) |
| Big Lottery Fund UNO Project | 11,479 | 30,965 | - | 42,444 |
| Ceredigion County Council Social Services | - | 5,464 | - | 5,464 |
| Ceredigion County Council DASH away Weekend | 4,432 | (473) | - | 3,959 |
| Ceredigion County Council Families First | 6,065 | (2,518) | - | 3,547 |
| Ceredigion County Council Other | - | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | - | (506) | - | (506) |
| Ceredigion County Council Byngalo Plus | - | (4,347) | 5,000 | 653 |
| Diverse Cymru Out of County | <u>-</u> | <u>3,446</u> | <u>-</u> | <u>3,446</u> |
| | <u>27,429</u> | <u>33,234</u> | <u>5,000</u> | <u>65,663</u> |
| TOTAL FUNDS | <u>121,579</u> | <u>39,900</u> | <u>-</u> | <u>161,479</u> |

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 March 2021

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 9,276 | (2,610) | 6,666 |
| Restricted funds | | | |
| Three Guineas Trust | 9,999 | (10,001) | (2) |
| Big Lottery Fund UNO Project | 48,584 | (17,619) | 30,965 |
| Ceredigion County Council Social Services | 35,288 | (29,824) | 5,464 |
| Ceredigion County Council DASH away Weekend | 53,353 | (53,826) | (473) |
| Ceredigion County Council Families First | 37,211 | (39,729) | (2,518) |
| Ceredigion County Council Other | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | 13,594 | (14,100) | (506) |
| Ceredigion County Council Byngalo Plus | 4,858 | (9,205) | (4,347) |
| Diverse Cymru Out of County | 3,446 | - | 3,446 |
| | <u>207,538</u> | <u>(174,304)</u> | <u>33,234</u> |
| TOTAL FUNDS | <u>216,814</u> | <u>(176,914)</u> | <u>39,900</u> |

Comparatives for movement in funds

| | At 1.4.19 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.20 £ |
|---|----------------|-------------------------------|---------------------------------|-----------------|
| Unrestricted Funds | | | | |
| General fund | 73,035 | 11,115 | 5,000 | 89,150 |
| Designated Fund for summer schemes | 10,000 | - | (5,000) | 5,000 |
| | <u>83,035</u> | <u>11,115</u> | <u>-</u> | <u>94,150</u> |
| Restricted Funds | | | | |
| BBC Children in Need | 3,432 | 2,021 | - | 5,453 |
| Big Lottery Fund UNO Project | 5,646 | 5,833 | - | 11,479 |
| Ceredigion County Council DASH away Weekend | - | 4,432 | - | 4,432 |
| Ceredigion County Council Families First | - | 6,065 | - | 6,065 |
| | <u>9,078</u> | <u>18,351</u> | <u>-</u> | <u>27,429</u> |
| TOTAL FUNDS | <u>92,113</u> | <u>29,466</u> | <u>-</u> | <u>121,579</u> |

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 March 2021

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 35,681 | (24,566) | 11,115 |
| Restricted funds | | | |
| BBC Children in Need | 10,000 | (7,979) | 2,021 |
| Three Guineas Trust | 10,000 | (10,000) | - |
| Big Lottery Fund UNO Project | 47,712 | (41,879) | 5,833 |
| Ceredigion County Council Social Services | 26,352 | (26,352) | - |
| Ceredigion County Council Out of School | 13,400 | (13,400) | - |
| Ceredigion County Council DASH away Weekend | 54,067 | (49,635) | 4,432 |
| Ceredigion County Council Families First | 49,138 | (43,073) | 6,065 |
| Ceredigion County Council Spot Purchase | 23,677 | (23,677) | - |
| Ceredigion County Council Byngalo Plus | 8,398 | (8,398) | - |
| | <u>242,744</u> | <u>(224,393)</u> | <u>18,351</u> |
| TOTAL FUNDS | <u>278,425</u> | <u>(248,959)</u> | <u>29,466</u> |

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1.4.19 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.21 £ |
|---|----------------|-------------------------------|---------------------------------|-----------------|
| Unrestricted funds | | | | |
| General fund | 73,035 | 17,781 | 5,000 | 95,816 |
| Designated Fund for summer schemes | 10,000 | - | (10,000) | - |
| Restricted funds | | | | |
| BBC Children in Need | 3,432 | 2,021 | - | 5,453 |
| Three Guineas Trust | - | (2) | - | (2) |
| Big Lottery Fund UNO Project | 5,646 | 36,798 | - | 42,444 |
| Ceredigion County Council Social Services | - | 5,464 | - | 5,464 |
| Ceredigion County Council DASH away Weekend | - | 3,959 | - | 3,959 |
| Ceredigion County Council Families First | - | 3,547 | - | 3,547 |
| Ceredigion County Council Other | - | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | - | (506) | - | (506) |
| Ceredigion County Council Byngalo Plus | - | (4,347) | 5,000 | 653 |
| Diverse Cymru Out of County | - | 3,446 | - | 3,446 |
| | <u>9,078</u> | <u>51,585</u> | <u>5,000</u> | <u>65,663</u> |
| TOTAL FUNDS | <u>92,113</u> | <u>69,366</u> | <u>-</u> | <u>161,479</u> |

DASH (DISABILITIES AND SELF HELP)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 March 2021

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 44,957 | (27,176) | 17,781 |
| Restricted funds | | | |
| BBC Children in Need | 10,000 | (7,979) | 2,021 |
| Three Guineas Trust | 19,999 | (20,001) | (2) |
| Big Lottery Fund UNO Project | 96,296 | (59,498) | 36,798 |
| Ceredigion County Council Social Services | 61,640 | (56,176) | 5,464 |
| Ceredigion County Council Out of School | 13,400 | (13,400) | - |
| Ceredigion County Council DASH away Weekend | 107,420 | (103,461) | 3,959 |
| Ceredigion County Council Families First | 86,349 | (82,802) | 3,547 |
| Ceredigion County Council Other | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | 37,271 | (37,777) | (506) |
| Ceredigion County Council Byngalo Plus | 13,256 | (17,603) | (4,347) |
| Diverse Cymru Out of County | 3,446 | - | 3,446 |
| | <u>450,282</u> | <u>(398,697)</u> | <u>51,585</u> |
| TOTAL FUNDS | <u>495,239</u> | <u>(425,873)</u> | <u>69,366</u> |

DASH (DISABILITIES AND SELF HELP)
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 March 2021

| | 2021 £ | 2020 £ |
|---------------------------------|----------------------|----------------------|
| INCOMING RESOURCES | | |
| Voluntary income | | |
| Ceredigion County Council | 145,506 | 175,033 |
| Donations | 9,233 | 9,439 |
| Grants | 62,032 | 81,745 |
| Contribution for activities | - | 12,056 |
| | <u>216,771</u> | <u>278,273</u> |
| Investment income | | |
| Deposit account interest | 43 | 152 |
| | <u>216,814</u> | <u>278,425</u> |
| Total incoming resources | | |
| | | |
| RESOURCES EXPENDED | | |
| Charitable activities | | |
| Wages | 115,734 | 136,066 |
| Other operating leases | 3,506 | - |
| Transport | 1,865 | 16,466 |
| Other direct costs | 2,985 | 57,694 |
| General overheads | 6,564 | 16,279 |
| Other staff costs | 2,191 | 14,542 |
| Venue hire | 14,420 | - |
| Consultants | 2,117 | - |
| Catering & Cleaning | 9,890 | - |
| IT costs | 1,669 | - |
| Office equipment | 549 | - |
| External providers | 3,010 | - |
| Play Equipment & storage | 6,391 | - |
| Training | 1,482 | - |
| Marketing and Communication | 559 | 6,396 |
| Staff travel | 2,914 | - |
| | <u>175,846</u> | <u>247,443</u> |
| Governance costs | | |
| Trustees' expenses | 37 | 532 |
| Accountancy | 960 | 924 |
| | <u>997</u> | <u>1,456</u> |
| Support costs | | |
| Finance | | |
| Bank charges | 71 | 60 |
| | <u>176,914</u> | <u>248,959</u> |
| Total resources expended | | |
| | | |
| Net income | <u><u>39,900</u></u> | <u><u>29,466</u></u> |

This page does not form part of the statutory financial statements