# DASH (DISABILITIES AND SELF HELP / DELIO AG ANABLEDD A SIALENS HUNANGYMORTH)

England & Wales · Charity number 1163672

## Details

| | |
|---|---|
| **Status** | Registered |
| **Legal form** | CIO |
| **Registered** | 2015-09-21 |
| **Register** | View on the Charity Commission register |

## Contact

| | |
|---|---|
| **Address** | DASH Ceredigion<br>Aberystwyth Business Hub<br>7A Great Darkgate Street<br>Aberystwyth<br>SY23 1DE |
| **Phone** | 01545 570951 |
| **Email** | contact@dashceredigion.org.uk |
| **Website** | www.dashceredigion.org.uk |

## Activities

**Objects:** THE OBJECT OF THE ASSOCIATION IS TO PROMOTE THE RELIEF OF DISABLED PERSONS, IN PARTICULAR BUT NOT EXCLUSIVELY, BY SUPPORTING DISABLED CHILDREN AND YOUNG PEOPLE IN ANY MANNER WHICH NOW IS OR HEREAFTER MAY BE DEEMED BY LAW TO BE CHARITABLE WITHIN THE AREA OF CEREDIGION (HEREIN CALLED THE AREA OF BENEFIT) AND IN FURTHERANCE OF SUCH OBJECT BUT FURTHER OTHERWISE:1. TO PROVIDE AND ASSIST IN THE PROVISION OF PLAY SCHEMES AND OTHER RECREATIONAL ACTIVITIES;2. TO PROVIDE SHORT BREAKS TO THOSE CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES AND CARERS;3. TO ENCOURAGE YOUNG PEOPLE TO VOLUNTEER AND PROVIDE OPPORTUNITIES FOR VOLUNTEERS TO ACTIVELY ENGAGE WITH DISABLED CHILDREN AND YOUNG PEOPLE.4. TO FOSTER MUTUAL CO-OPERATION AND FRIENDSHIP BETWEEN PARENTS AND GUARDIANS, RELATIVES AND FRIENDS OF DISABLED PEOPLE;5. TO RAISE AWARENESS OF THE PROBLEMS FACED BY DISABLED PEOPLE AND THEIR FAMILIES AND TO ENCOURAGE A POSITIVE ATTITUDE TO DISABLED PEOPLE;6. TO DO ALL OTHER THINGS LAWFUL AS ARE NECESSARY FOR THE ATTAINMENT OF THE ABOVE OBJECTS.

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**Activities:** Mission Statement: DASH: providing a range of quality leisure and supportive schemes to disabled children, young people and their families in Ceredigion.

## Classification

- **How:** Provides Services
- **What:** Disability, Recreation
- **Who:** Children/young People, People With Disabilities, Other Defined Groups, The General Public/mankind

## Geography

- Ceredigion

## Finances

| Period end | Income | Expenditure | Assets | Employees |
|---|---|---|---|---|
| 2025-03-31 | £200,306 | £188,072 | - | - |
| 2024-03-31 | £162,158 | £214,756 | - | - |
| 2023-03-31 | £217,887 | £211,465 | - | - |
| 2022-03-31 | £195,074 | £204,709 | - | - |
| 2021-03-31 | £216,814 | £176,914 | - | - |

## Trustees

| Name | Role | Appointed |
|---|---|---|
| **Nicholas Davies Morgan** | Chair | 2022-11-07 |
| Andrew Moore | | 2021-09-08 |
| Bettina Lois Sherrington | | 2021-02-10 |
| ERIC TAYLOR | | 2025-05-07 |
| ERYL BRAY | | 2012-01-06 |
| Ellen ap Gwynn | | 2023-09-13 |
| Gareth Lloyd James | | 2020-11-18 |
| Gemma Light | | 2023-09-18 |
| Hilary Eldridge | | 2021-09-07 |

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**DASH (DISABILITIES AND SELF HELP / DELIO AG ANABLEDD A SIALENS HUNANGYMORTH)**

England & Wales - Charity number 1163672

# Accounts

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DASH Ceredigion

# Disabilities and Self Help
# Delio ag Anabledd a Sialens Hunangymorth

## Adroddiad Blynyddol 2025

Rh. Elusen : 1163672 Elusen Rhif.

**Cyfnod:** 1af Ebrill 2024 – 31ain Mawrth 2025

**Prif Gyfeiriad:**

cyswllt@dashceredigion.org.uk

cyfeiriad post yn unig: DASH Ceredigion, Hyb Busnes Aberystwyth, 7a Y Stryd Fawr, Aberystwyth

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## Cefnogir DASH gan

Plant mewn Angen

Loteri Cod Post

Cymdeithas Sefydliadau Gwirfoddol Ceredigion

Cyngor Sir Ceredigion

Teuluoedd yn Gyntaf

Ymddiriedolaeth y Tair Gini

Teuluoedd a Chymuned Ceredigion

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## PWY YDYM NI?

Ers 1978, mae DASH Ceredigion wedi bod yn trefnu amrywiaeth o gynlluniau hamdden ar gyfer plant a phobl ifanc anabl o fewn sir Ceredigion. Rydym yn gwneud hyn fel y gall plant anabl lleol a'u teuluoedd gael ansawdd bywyd gwell gyda mynediad at ddewis eang o gyfleusterau a chyfleoedd hamdden. Mae rhieni a gofalwyr yn cael amser i ailwefru eu batris ac mae plant a phobl ifanc anabl yn cael amser eu hunain ar gyfer datblygiad personol, cymdeithasol a chreadigol mewn amgylchedd croesawgar a hwyliog.

## AMCANION ELUSENNOL

Amcan y gymdeithas yw hyrwyddo cymorth i bobl anabl, yn benodol ond nid yn gyfan gwbl, trwy gefnogi plant anabl a phobl ifanc mewn unrhyw ffordd a ystyrir yn awr neu o hyn ymlaen yn ôl y gyfraith yn elusennol o fewn ardal Ceredigion (a elwir yma yn ardal y budd) ac i hyrwyddo'r amcan hwnnw ond ymhellach fel arall:

- Darparu a chynorthwyo i ddarparu cynlluniau chwarae a gweithgareddau hamdden eraill.
- Darparu seibiannau byr i'r plant, pobl ifanc hynny a'u teuluoedd a'u gofalwyr;
- Annog pobl ifanc i wirfoddoli a darparu cyfleoedd i wirfoddolwyr ymgysylltu'n weithredol â phlant a phobl ifanc anabl pobl.
- Meithrin cydweithrediad a chyfeillgarwch rhwng rhieni a gwarcheidwaid, perthnasau a ffrindiau pobl anabl;
- Codi ymwybyddiaeth o'r problemau y mae pobl anabl a'u teuluoedd yn eu hwynebu ac annog agwedd gadarnhaol tuag at bobl anabl pobl;
- Gwneud pob peth arall sy'n gyfreithlon yn ôl yr angen er mwyn cyflawni'r amcanion uchod.

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## MAE DASH YN NODIO GWNEUD GWASANAETH TRWY

ÿ Cynnig cynlluniau hamdden sy'n addas i oedran a gallu ar gyfer plant a phobl ifanc anabl.

ÿ Cynnwys pobl ifanc anabl a'u brodyr a chwiorydd mewn dewisiadau amgen adeiladol yn lle aros gartref.

ÿ Hwyluso pobl ifanc anabl i wneud a datblygu cyfeillgarwch parhaol

ÿ Cynorthwyo pobl ifanc anabl i gael mynediad i'r gymuned leol a mwynhau cyfleusterau cymunedol.

ÿ Galluogi pobl ifanc anabl i wella eu hyder a'u helpu i ymarfer a datblygu eu sgiliau.

ÿ Darparu seibiannau byr i'r teulu, rhieni a gofalwyr yn ystod gwyliau ac amseroedd hamdden.

ÿ Harneisio a chyfeirio'r brwdfrydedd a'r egni sy'n cynyddu gwybodaeth y cyhoedd am y rhwystrau y mae pobl anabl a'u hwynebau teuluoedd, ac i annog eu derbyniad i'r gymuned ehangach.

ÿ Darparu cefnogaeth i'r teulu cyfan yn ogystal â meithrin cydweithrediad a chyfeillgarwch cydfuddiannol.

ÿ Defnyddio gwirfoddolwyr lleol sy'n cynorthwyo gyda'r cynlluniau.

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# CYNNWYS

## Cynnwys / Cynnwys

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# CROESO, CROESO

## Neges gan y Cadeirydd newydd, Nik Morgan



Mewn blwyddyn sydd wedi tynnu sylw at yr effaith ariannol y mae'r hinsawdd economaidd bresennol yn ei chael ar DASH ynghyd â phroblemau staffio, rwy'n falch o ddweud bod DASH wedi parhau i gefnogi plant, pobl ifanc a theuluoedd ac wedi cael effaith gadarnhaol ar y teuluoedd hynny a gefnogir.

Ar ran yr Ymddiriedolwyr, hoffwn ddiolch i'r tîm staff am eu gwaith caled a'u proffesiynoldeb parhaus wrth reoli a gweithio gyda'n grŷp cleientiaid a diolch i'r plant, pobl ifanc a'u rhieni/gofalwyr am eu cefnogaeth barhaus.

Y flwyddyn nesaf fydd fy flwyddyn olaf fel cadeirydd DASH ond rwy'n edrych ymlaen at gefnogi tîm DASH drwy gydol y flwyddyn 25/26.



## Neges gan Ben Freeman, Rheolwr

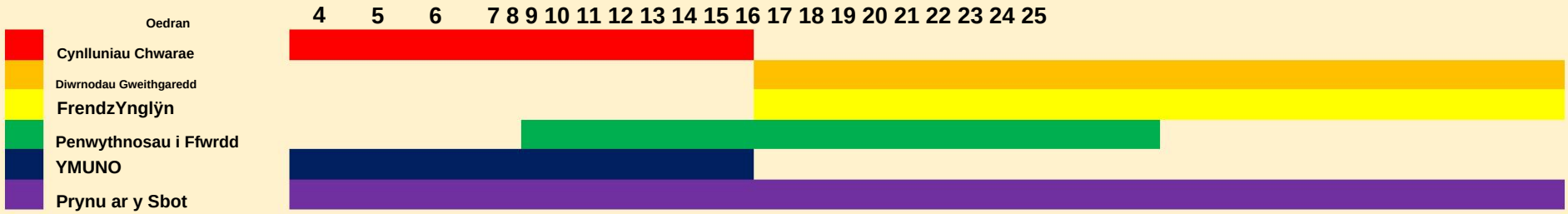
Blwyddyn dda i DASH Ceredigion, rwy'n falch bod y sesiynau chwarae galw heibio prawf wedi bod yn effeithiol. Mae niferoedd cynyddol a chysondeb presenoldeb yn y cynlluniau presennol yn awgrymu dechrau adferiad o effaith unigedd COVID. Wrth gynllunio ar gyfer y dyfodol a bod yn ymwybodol o'n ffrydiau incwm, arweiniodd hyn at newidiadau staff ac arbedion cost i helpu i sefydlogi DASH ar gyfer y dyfodol. Gwerthfawrogir haelioni trigolion Ceredigion yn eu hymdrechion i gefnogi DASH yn ogystal â'u rhoddion yn fawr.

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## BETH WNAETHOM NI

| Beth? | I bwy? | Ble? |
|---|---|---|
| **Cynlluniau Chwarae** | Ar gyfer plant 4 – 11 oed sy'n byw yng Ngheredigion ag anabledd cymedrol i ddifrifol a'u brodyr a chwiorydd (o fewn yr un grŷp oedran). | Lleoliadau cofrestredig yn Ysgol Bro Sion Cwilt, Ysgol Gymraeg, Aberystwyth. |
| **DASHABOUT.** **Dyddiau** | I bobl ifanc 12-25 oed sy'n byw yng Ngheredigion gyda lefel gymedrol o weithgareddau, mae i anabledd difrifol. | 'r amserlen yn cynnwys amrywiaeth o leoliadau gan gynnwys defnyddio **Gweithgaredd** ystod eang o weithgareddau yng Ngheredigion. |
| **DASHABOUT Frendz** Ar gyfer pobl ifanc 12-25 oed sy'n byw yng Ngheredigion, gyda chyfradd gymedrol i anabledd difrifol. | | Amserlen o weithgareddau ar gyfer grŷp bach o bobl ifanc yn ardal Aberystwyth, Hybiau Cymunedol Penparcau a Borth |
| Penwythnosau **DASHAWAY** | **Profiadau** preswyl i blant 8-18 oed sy'n byw yng Ngheredigion, ag anabledd cymedrol i ddifrifol. | Lleoliad cofrestredig yn Byngalo Ymddiriedolaeth Ty Glyn Davis, Ciliau Aeron. |
| **Cynllun YMUNO** | Cynllun a weinyddir gan DASH ar gyfer yr Awdurdod Lleol i gefnogi lleoliadau gofal plant cofrestredig i gynnwys plant a phobl ifanc 3 oed sy'n byw yng Ngheredigion ac wedi'u derbyn i'r cynllun. – 14 oed (18 os yw'n anabl) gydag anghenion ychwanegol yn unol â deddfwriaeth Cydraddoldeb. | restredig yng Ngheredigion a'r cyffiniau a fynychir gan leoliadau gofal plant |
| **Prynu ar y Sbot** **Cefnogaeth.** | Cymorth pwrpasol i blentyn neu berson ifanc ag anghenion ychwanegol trwy gontract sy'n canolbwyntio ar y person. | Yn amrywio o unigolyn i unigolyn. |

## BETH WNAETHOM NI – I BWY



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## BETH A WNAETHOM NI – GWEITHGAREDDAU



**Celf a Chrefft**

**Helfeydd Bwystfilod Bach**

**Gemau grÿp**



**Nofio**

**Teithiau cerdded**

**Ffilmiau**




**Coginio**

**Crefftau Coetir**

**Gweithgareddau Synhwyraidd**

**Dawns ac loga**

**Chwarae Meddal**



**Bod gyda ffrindiau**

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# FAINT – SESIYNAU 24-25

| | Target | Actual | What | When |
|---|---|---|---|---|
| Playschemes | 33 | 27 | sessions | School Holdiday |
| Activity Days | 12 | 12 | sessions | School Holiday |
| Frendz | 33 | 33 | sessions | Term Time Weekdays |
| DASH Weekends | 11 | 11 | weekends | Term time Weekends |
| Ymuno | 0 | 08 | referrals | CIW Registered Settings |
| Spot | 0 | 01 | referrals | According to Need |
| Play Day | 0 | 2 | drop in | School Half Terms |

| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Ebrill 24 | April 24 | | | | | | | | | | | | | | | | FR | | | | DAW | | | | | | | | | | | |
| Mai 24 | May 24 | | | | | | | FR | | | | | | | FR | | | DAW | | | | | | | | | | | | | | |
| Mehefin 24 | June 24 | | | | | | | | | | | FR | | | DAW | | | | FR | | | | | | | FR | | | DAW | | | |
| Gorffennaf 24 | July 24 | | FR | | | | | | | FR | | | | | | | | | | | | | | | | | | | | ADSN | ADSN | |
| Awst 24 | August 24 | ADSN | SN | | | SN | ADSN | ADSN | ADSN | SN | | | N | ADN | ADN | ADN | N | | | N | ADN | ADN | ADN | | | | | | | | |
| Medi 24 | September 24 | | | | | | | | | | | | | | | | | | | | DAW | | | | FR | | | | | | | |
| Hydref 24 | October 24 | FR | | | | | | | FR | | | | | | | FR | | | DAW | | | | FR | | | | | | | | | |
| Tachwedd 24 | November 24 | | | | | | | | | | | | FR | | | | | | | FR | | | | | | FR | | | DAW | | | |
| Rhagfyr 24 | December 24 | | | FR | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ionawr 25 | January 25 | | | | | | | | | | | | | | FR | | | | | | | FR | | | DAW | | | | FR | | FR | |
| Chwefror 25 | February 25 | | | | FR | | | DAW | | | | FR | | FR | | | | | FR | | | DAW | | | | PD | FR | PD | | FR | | |
| Mawrth 25 | March 25 | FR | | | FR | | | | | | | FR | | FR | | | | | FR | | | DAW | | | | FR | | | | | | |

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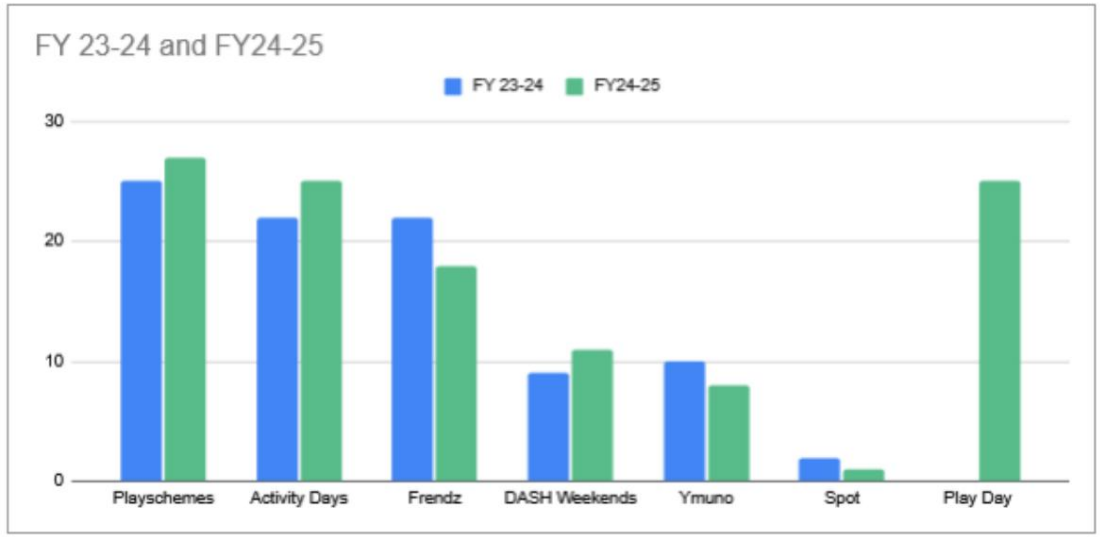
# FAINT O BLANT

## Presenoldeb Blynyddol Cymharol fesul cynllun

### Rhwng blwyddyn ariannol 23-24 a 24-25

**Children's attendance by scheme. Year by Year**

| | FY 23-24 | FY24-25 |
|---|---|---|
| Playschemes | 25 | 27 |
| Activity Days | 22 | 25 |
| Frendz | 22 | 18 |
| DASH Weekends | 9 | 11 |
| Ymuno | 10 | 8 |
| Spot | 2 | 1 |
| Play Day | 0 | 25 |



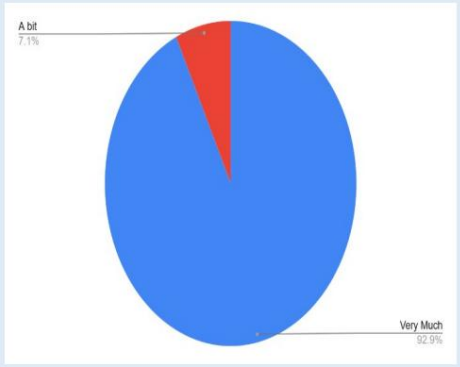

- Mae twf mewn Cynlluniau Chwarae a Diwrnodau Gweithgareddau yn ddymunol, ond yn fach.
- Mae twf presenoldeb mewn Addysg a Gwaith yn adlewyrchu cyfathrebu gwell gyda'r Awdurdod Lleol a mwy o ymgysylltiad gan deuluoedd.
- Mae gostyngiad mewn contractau SPOT yn gysylltiedig â staffio a diffyg ceisiadau.
- Roedd Frendz Drop yn ganlyniad i lai o ymgysylltiad gan deuluoedd newydd yn ystod y cyfnod hwnnw a hysbysebu llai effeithiol ar fy rhan i.

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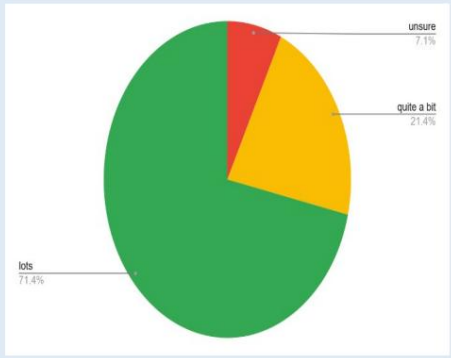
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# SUT GWNAETHOM NI – Adborth Blynyddol

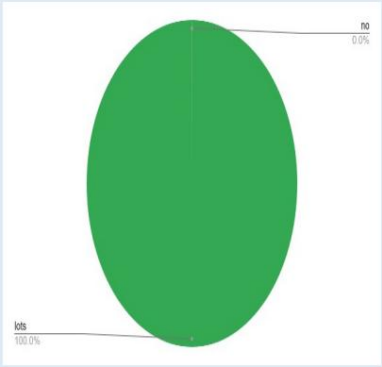
A yw ein cynlluniau'n rhoi cyfle i chi gael seibiant o ofalu?




A gafodd presenoldeb eich plentyn yn y cynlluniau effaith gadarnhaol ar eich teulu cyfan?




A wnaeth eich plentyn/plant fwynhau'r cynllun?






Cael amser un-ag-un gyda fy merch hynaf ac amser o safon gyda fy mhartner. Gallu eistedd ac ymlacio ychydig.

Mae [H] yn cael amser hollol wych wrth ei fodd yn gwneud tasgau ac yn egnïol. Mae [G] cael ti i gymysgu a'r staff yn gwneud iddo deimlo'n ddiogel, sy'n fuddiol iawn iddo ac mae ei bryder gwahanu, gan nad oes gen i unrhyw help, yn dod o hyd iddo. Mae e gyda fi bob amser ac mae hyn yn ei helpu fwy nag y gall ei ddychmygu.





Rhoddodd gyfleoedd inni gael amser i ni ein hunain. Gall gwyliau'r haf deimlo'n hir, gyda gweithgareddau cyfyngedig i oedolion ag anableddau, felly roedd cael mynediad at y diwrnodau DASH i ffwrdd yn rhoi amser rhydd inni fynd ymlaen â phethau gartref e.e.: siopa.

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# DATGANIADAU ARIANNOL

Gweler yr Adroddiad Cyllid Terfynol yn y Cyfarfod.

| INCOME 24/25<br>SOURCE OF FUNDS | | PLAY SCHEMES / ACTIVITY DAYS | FRENDZ | CCC Other | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
|---|---|---|---|---|---|---|---|---|---|
| CCC/DAW/SPS/Other CCC grants | £146,784 | £70,403 | £14,974 | £1,583 | | £3,219 | £55,159 | £145,338 | £1,446 |
| Childcare Grant | £16,100 | £2,075 | | | £13,923 | | | £15,998 | £102 |
| Three Guineas Trust | £15,000 | £15,000 | | | | | | £15,000 | £0 |
| BBC Children in NEED | £10,000 | | £10,000 | | | | | £10,000 | £0 |
| Contributions | £5,521 | £209 | | | | | | £209 | £5,312 |
| Reserves | £0 | £1,527 | | | | | | £1,527 | -£1,527 |
| Donations,Interest, Fundraising | £6,901 | | | | | | | £0 | £6,901 |
| SUB TOTAL received | £200,306 | £89,214 | £24,974 | £1,583 | £13,923 | £3,219 | £55,159 | £188,072 | £12,234 |

| | | | |
|---|---|---|---|
| Reserves b/f | £75,582 | c/f | £88,005 |
| Restricted reserves b/f | £30,085 | c/f | £29,896 |
| | £105,667 | | £117,901 |

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# CEFNOGWYR

Hoffem ddiolch i'n holl sylfaenwyr, cyllidwyr, partneriaid, staff a gwirfoddolwyr am eu holl waith caled, eu hymroddiad a'u hegni. Rydym yn dibynnu arnoch chi i gyd i'n cynorthwyo i cefnogi plant anabl a'u teuluoedd sy'n byw yng Ngheredigion.

Nik Morgan (Cadeirydd yr Ymddiriedolwyr)

Gemma Light (Ymddiriedolwr)

Hilary Eldirdge (Ymddiriedolwr)

Eric Taylor (Ymddiriedolwr)

Ellen Ap Gwyn (Ymddiriedolwr)

Gareth James (Ymddiriedolwr Rhiant)

Catherine Mackenzie (Cadeirydd; Grŷp Llywio LSCM)

Andrew Moore (Trysorydd)

Tina Sherrington (Ysgrifennydd yr Ymddiriedolwyr)

Eryl Bray (Ymddiriedolwr)

**BANC**

Banc CAF Cyf.

25, Rhodfa Bryn y Brenin

Bryn y Brenin,

Gorllewin Malling

CAINT

ME19 4JQ

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# Pwy yw Pwy, Beth yw Beth / Datrys Jargon

Mae DASH yn gweithio gyda llawer o acronymau, sefydliadau ac yn cyfeirio at amrywiaeth o wahanol leoliadau. Dyma ddisgrifiad o'r rhai a ddefnyddir amlaf.

TPA – Tîm Plant Anabl (Tîm Plant Anabl) – tîm amlddisgyblaethol (Gofal Cymdeithasol, Addysg ac Iechyd) o staff sy'n cefnogi plant anabl, a oedd gynt yn bwynt cyswllt mwyaf rheolaidd i ni ar gyfer atgyfeiriadau. Nawr yn rhan o Borth Cynnal.

CTLD – Tîm Cymunedol ar gyfer Anableddau Dysgu (Tîm Oedolion Anabl) – Tîm Gofal Cymdeithasol sy'n cefnogi Oedolion anabl sy'n byw yng Ngheredigion. Nawr yn rhan o Borth Cynnal.

Porth Cynnal – Rhan o'r model cymorth newydd “Gwasanaethau Integredig” a ddatblygwyd gan Geredigion. Mae Porth Cynnal yn darparu “Gwasanaethau Arbenigol i Bobl Oedran “
Mwy o fanylion yma: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

Contractau SSP / Spot – Contractau a brynir gan unrhyw un sy'n gallu am gyfradd sy'n cwmpasu costau er mwyn darparu cefnogaeth benodol i grŷp bach neu unigolyn gan DASH. Yn aml yn cael eu defnyddio pan na ellir diwallu anghenion y person ifanc trwy un o'r contractau presennol.

DAW – Penwythnosau DASHAWAY – 12 penwythnos seibiant y flwyddyn, wedi'u hariannu'n llwyr gan Awdurdod Lleol Porth Cynnal.

Ymddiriedolaeth Tŷ Glyn Davis – Byngalo sy'n eiddo i elusen lle mae DAW yn digwydd.

FF / Teuluoedd yn Gyntaf – Ffrwd ariannu a ddarperir yn uniongyrchol gan Lywodraeth Cymru, a reolir gan gydlynydd Teuluoedd yn Gyntaf Ceredigion ar lefel leol.

OES unrhyw beth ar goll o'r rhestr hon? – gofynnwch! manager@dashceredigion.org.uk

DASH Ceredigion

# Disabilities and Self Help
# Delio ag Anabledd a Sialens Hunangymorth

# Annual Report 2025

Rh. Elusen : 1163672 Charity No.

**Period:** 1st April 2024 – 31st March 2025

**Principle Address:**

contact@dashceredigion.org.uk

postal address only: DASH Ceredigion, Aberystwyth Business Hub, 7a Great Darkgate Street, Aberystwyth

## DASH is supported by

Children in Need

Postcode Lottery

Ceredigion Association of Voluntary Organisations

Ceredigion County Council

Families First

The Three Guineas Trust

Families and Community of Ceredigion

## WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

## CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities.
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

## DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

DASH Ceredigion

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# CROESO, WELCOME

**Message from incoming Chair, Nik Morgan**



In a year that has brought to the front the financial impact the current economic climate is having on DASH combined with staffing issues I am pleased to say that DASH has continued to support children, young people and families has made a positive impact for those supported families.

On behalf of the Trustees I would like to thank the staff team for their hard work and continued professionalism in managing and working with our client group and thank the children, young people their parents /carers for their ongoing support.

This coming year will be my last as chair of DASH but look forward to supporting the DASH team through the 25/26 year.



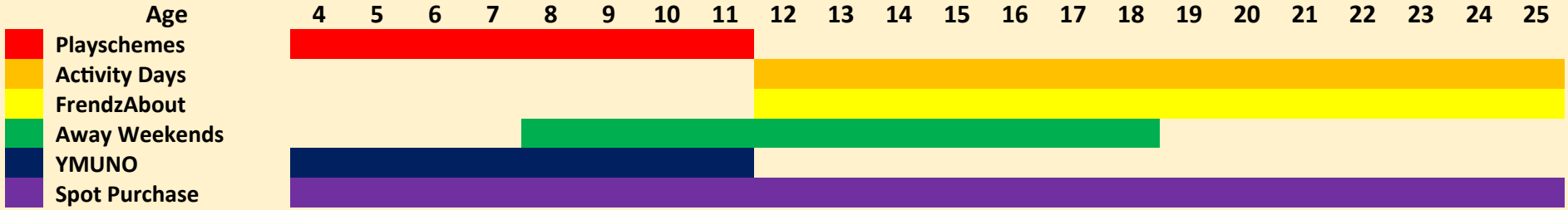
**Message from Ben Freeman, Manager**

A good year for DASH Ceredigion, I am pleased that the trial drop in play sessions were effective. Increased numbers and consistency of attendance at current schemes suggests a beginning of the recovery from the impact of COVID isolation. In planning for the future and being aware of our income streams resulted in staff changes and cost savings to help stabilise DASH for the future. The generosity of Ceredigion residents in their efforts to support DASH as well as their donations are much appreciated.

# WHAT WE DID

| What? | Who for? | Where? |
|---|---|---|
| **Playschemes** | For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket). | Registered settings at Ysgol Bro Sion Cwilt, Ysgol Gymraeg, Aberystwyth. |
| **DASHABOUT Activity Days** | For young people aged 12-25 years living in Ceredigion with a moderate to severe disability. | A schedule of activities includes a range of settings including use of a broad range of Ceredigion based activities. |
| **DASHABOUT Frendz** | For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability. | A schedule of activities for a small group of young people in the Aberystwyth area Penparcau and Borth Community Hubs |
| **DASHAWAY Weekends** | Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability. | Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. |
| **YMUNO Scheme** | A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation. | Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme. |
| **Spot Purchase Support.** | Bespoke support for a child or young person with additional needs via a person-centred contract. | Varies from individual to individual. |

# WHAT WE DID – WHO FOR



# WHAT WE DID – ACTIVITIES



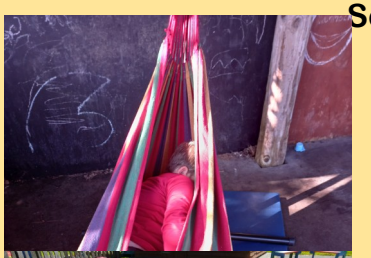
Arts and Crafts

Cooking

Minibeast Hunts

Woodland Crafts

Group games



Sensory Activites

Swimming




Dance and Yoga

Walks

Soft Play

Films



ing with friends

DASH Ceredigion

# HOW MANY – SESSIONS 24-25

| | Target | Actual | What | When |
|---|---|---|---|---|
| Playschemes | 33 | 27 | sessions | School Holdiday |
| Activity Days | 12 | 12 | sessions | School Holiday |
| Frendz | 33 | 33 | sessions | Term Time Weekdays |
| DASH Weekends | 11 | 11 | weekends | Term time Weekends |
| Ymuno | 0 | 08 | referrals | CIW Registered Settings |
| Spot | 0 | 01 | referrals | According to Need |
| Play Day | 0 | 2 | drop in | School Half Terms |

| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Ebrill 24 | April 24 | | | | | | | | | | | | | | | | FR | | | | DAW | | | | | | | | | | | |
| Mai 24 | May 24 | | | | | | | FR | | | | | | | FR | | | DAW | | | | | | | | | | | | | | |
| Mehefin 24 | June 24 | | | | | | | | | | | FR | | | DAW | | | | FR | | | | | | | FR | | | DAW | | | |
| Gorffennaf 24 | July 24 | | FR | | | | | | | FR | | | | | | | | | | | | | | | | | | | | ADSN | ADSN | |
| Awst 24 | August 24 | ADSN | SN | | | SN | ADSN | ADSN | ADSN | SN | | | N | ADN | ADN | ADN | N | | | N | ADN | ADN | ADN | | | | | | | | | |
| Medi 24 | September 24 | | | | | | | | | | | | | | | | | | | | DAW | | | | FR | | | | | | | |
| Hydref 24 | October 24 | FR | | | | | | | FR | | | | | | | FR | | | DAW | | | | FR | | | | | | | | | |
| Tachwedd 24 | November 24 | | | | | | | | | | | | FR | | | | | | | FR | | | | | | FR | | | DAW | | | |
| Rhagfyr 24 | December 24 | | | FR | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ionawr 25 | January 25 | | | | | | | | | | | | | | FR | | | | | | | FR | | | FR | | | | FR | | FR | |
| Chwefror 25 | February 25 | | | | FR | | | DAW | | | | FR | | FR | | | | | FR | | | DAW | | | | PD | FR | PD | | FR | | |
| Mawrth 25 | March 25 | FR | | | FR | | | | | | | FR | | FR | | | | | FR | | | DAW | | | | FR | | | | | | |

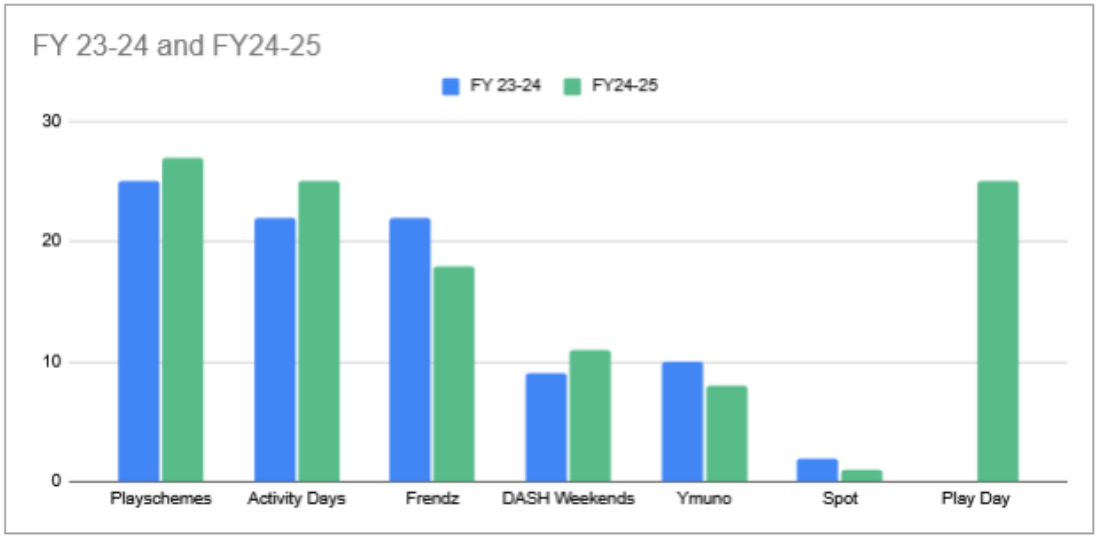
## HOW MANY – CHILDREN

## Comparative Annual Attendance per scheme

## Between FY 23-24 and 24-25

**Children's attendance by scheme. Year by Year**

| | FY 23-24 | FY24-25 |
|---|---|---|
| Playschemes | 25 | 27 |
| Activity Days | 22 | 25 |
| Frendz | 22 | 18 |
| DASH Weekends | 9 | 11 |
| Ymuno | 10 | 8 |
| Spot | 2 | 1 |
| Play Day | 0 | 25 |

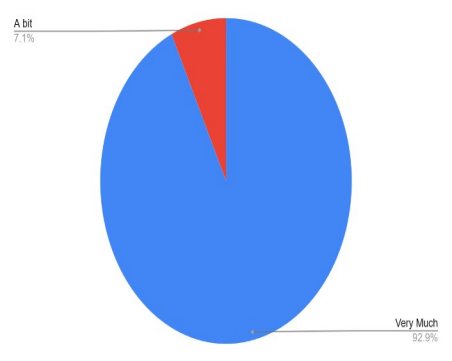



- Growth in Playschemes and Activity days is pleasing, but small.
- DAW Attendance growth reflects better communication with Local Authority and greater engagement from families.
- Drop in SPOT contracts is related to staffing and lack of requests.
- Frendz Drop was result of reduced engagement from new families for that period and less effective advertising on my part.

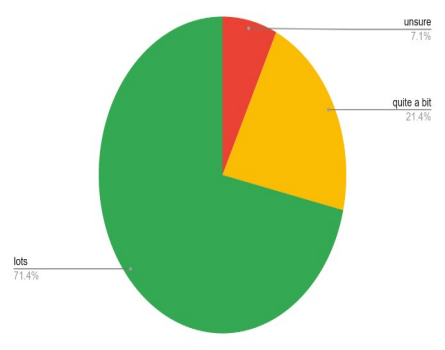
DASH Ceredigion

# HOW WE DID – Annual Feedback

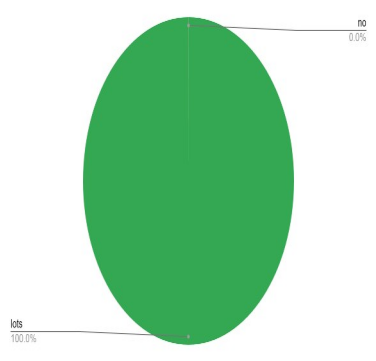
Do our schemes give you an opportunity to have a break from caring?




Did your child's attendance at the schemes have a positive effect on your family as a whole




Did your child/children enjoy the scheme?




*Getting one and one time with my eldest daughter and quality time with my partner· Being able to sit and relax a little·*

*[H] has absolute brilliant time loves tasks and being active· [G] having yo mix and the staff making him feel safe benefiting him hugely and his separation anxiety as I have no help he is with me always and this helps him more than can imagine*

*Gave us opportunities to have time to ourselves· The summer holidays can feel long, with limited activities for adults with disabilities so having access to the DASH days away allowed us free time to get on with things at home eg: shopping·*

# FINANCIAL STATEMENTS

Please see Final Finance Report in Meeting.

INCOME 24/25
SOURCE OF FUNDS

| | | PLAY SCHEMES / ACTIVITY DAYS | FRENDZ | CCC Other | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
|---|---|---|---|---|---|---|---|---|---|
| CCC/DAW/SPS/Other CCC grants | £146,784 | £70,403 | £14,974 | £1,583 | | £3,219 | £55,159 | £145,338 | £1,446 |
| Childcare Grant | £16,100 | £2,075 | | | £13,923 | | | £15,998 | £102 |
| Three Guineas Trust | £15,000 | £15,000 | | | | | | £15,000 | £0 |
| BBC Children in NEED | £10,000 | | £10,000 | | | | | £10,000 | £0 |
| Contributions | £5,521 | £209 | | | | | | £209 | £5,312 |
| Reserves | £0 | £1,527 | | | | | | £1,527 | -£1,527 |
| Donations,Interest, Fundraising | £6,901 | | | | | | | £0 | £6,901 |
| SUB TOTAL received | £200,306 | £89,214 | £24,974 | £1,583 | £13,923 | £3,219 | £55,159 | £188,072 | £12,234 |

| | | | |
|---|---|---|---|
| Reserves b/f | £75,582 | c/f | £88,005 |
| Restricted reserves b/f | £30,085 | c/f | £29,896 |
| | £105,667 | | £117,901 |

# SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Nik Morgan (Chair of Trustees)

Gemma Light (Trustee)

Hilary Eldirdge (Trustee)

Eric Taylor (Trustee)

Ellen Ap Gwyn (Trustee)

Gareth James (Parent Trustee)

Catherine Mackenzie (Chair; LSCM Steering group)

Andrew Moore (Treasurer)

Tina Sherrington (Trustee Secretary)

Eryl Bray (Trustee)

**BANK**
CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

# Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and refers to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services " More detail here: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 12 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

**DASH - Actual v Budget for the year April 24 to March 25**

Full year income is higher than originally forecast owing mainly to additional funds received for Frendz towards the end of the year. This money to be used going forward from February 24 into 2025/26.

Expenditure lower that planned following a significant reduction in overheads during the year. This also reflects in the underspend shown in some project cost out turns.

Andy Moore

6/5/2025

**DASH – Annual Accounts for the year ended March 31st 25**

Total income was up significantly year on year and expenditure slightly down. Additional funding from CCC and an £11,000 increase in grants accounted for the higher income year on year. Expenditure was lower across most categories with notable reductions in wages (mostly overheads), venue hire, play equipment purchases and transport costs. It is, however, appropriate to observe that reductions in expenditure should be carefully monitored against the charities aspirations for service provision.

Overall this led to a £12,234 surplus against the £52,598 deficit in the previous year. This increased the charity's funds at the year end to £117,901.

Credit for this financial performance must be given to the tight cost control and overhead reduction exercises carried out by DASH's management and administration team.

Andy Moore

9/9/25

**DASH - Actual v Budget for the period April 25 to August 25 (5 months to date)**

The current picture is complex but encouraging.

It is anticipated that the CCC funding will be fully paid as per forecast by the end of the year. The deficit is currently £33,647. Costs of service provision to CCC has actually been higher than budget despite CCC's withholding of funds against invoices raised.

<u>Income</u>

Significant donations have been received from NFU and Priory Vets. Importantly there are no restrictions on how these funds are spent.

In April the Comic Relief Growth fund awarded £22,790 to fund the research project. The money will be used in the second half of the year and the budget adjusted accordingly.

In June the Nourish Grant of £3,610 was awarded to meet certain costs of the summer schemes.

A PCL award of £25,000 was also received. This is unrestricted and has a useful 18 month time window for use.

<u>Expenditure</u>

For the first 5 months expenditure is £11,000 higher than budget owing to additional staff costs though overall it is thought that the variance is largely owing to timings of payments and will even out going forward.

Full Year Summary

The donations and grants not included in the original budget increase the full year income forecast by £65,537.

However, the full year expenditure will also need to be reviewed accordingly to reflect the previously unforeseen additional costs resulting.

Andy Moore

9/9/2025

REGISTERED CHARITY NUMBER: 1163672

# REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 FOR DASH (DISABILITIES AND SELF HELP)

**DASH (DISABILITIES AND SELF HELP)**

**CONTENTS OF THE FINANCIAL STATEMENTS**
**For The Year Ended 31 March 2025**


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| Independent Examiner's Report | 3 |
| Statement of Financial Activities | 4 |
| Balance Sheet/Statement of Financial Position | 5 |
| Notes to the Financial Statements | 6 to 9 |
| Detailed Statement of Financial Activities | 10 |

**DASH (DISABILITIES AND SELF HELP)**

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2025**

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

## REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Charity Number**
1163672

**Address**
DASH Ceredigion, Aberystwyth Business Hub 7A Great Darkgate Street Aberystwyth, Ceredigion, SY23 1DE

| **Trustees** | *Including date started and/or date left if within the year.* |
|---|---|
| Eryl Bray | 06/01/2021 |
| Gemma Light | 18/09/2023 |
| Ellen ap Gwynn | 13/09/2023 |
| Catherine Brenda McKenzie | 08/09/2021 |
| Andrew Moore | 08/09/2021 |
| Hilary Eldridge | 07/09/2021 |
| Bettina Lois Sherrington | 10/02/2021 |
| Gareth Lloyd James | 18/11/2020 |
| Nicholas Davies Morgan | 07/11/2022 |
| Eric Taylor | 07/05/2025 |

**Independent Examiner**

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a Charitable Incorporated Organisation registered with the Charities Commission. Charity number. 1163672
The charity is governed by its Trustees
Trustees are appointed by agreement applicaiotn and agreement to existing trustee team.

**Risk Management**
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.
The primary risk currently  is ensuring that sufficient funding is generated to ensure service levels are maintained

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2025**

## Objectives and activities *Please see the annual report*

## Public Benefit

In setting the objectives of the Charity and planning our activities, the trustees have paid due regard to the public benefit guidance published by the Charity Commission.

## Achievement and Performance for the year. *Please see the annual report*

## Financial Review

Ceredigion County Council remain the primary source of income by supplying restricted funds for DASH to provide specific services. During the course of the year to maintain service levels DASH used £13,365 of its unrestricted funds. Overall expenditure exceeded income as funds were used to ensure ongoing service provision.
The position is being monitored and reductions in council funding may lead to a reduction in services delivered on their behalf when council restricted funding no longer covers the costs of delivery.

Reserves Policy -
The reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of their Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building of excess cash at bank.
Reserves of £50,000 are considered to be prudent at this time.

Related party transactions and conflicts of interest -
None were reported in the year.

Approved by order of the board of trustees on and signed on their behalf by:



- Trustee

Nik Morgan
30/09/25

CHARITY COMMISSION FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

| | | | |
|---|---|---|---|
| **Report to the trustees/ members of** | **DASH** | | |
| **On accounts for the year ended** | March 2025 | **Charity no (if any)** | 1163672 |
| **Set out on pages** | (remember to include the page numbers of additional sheets) | | |

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

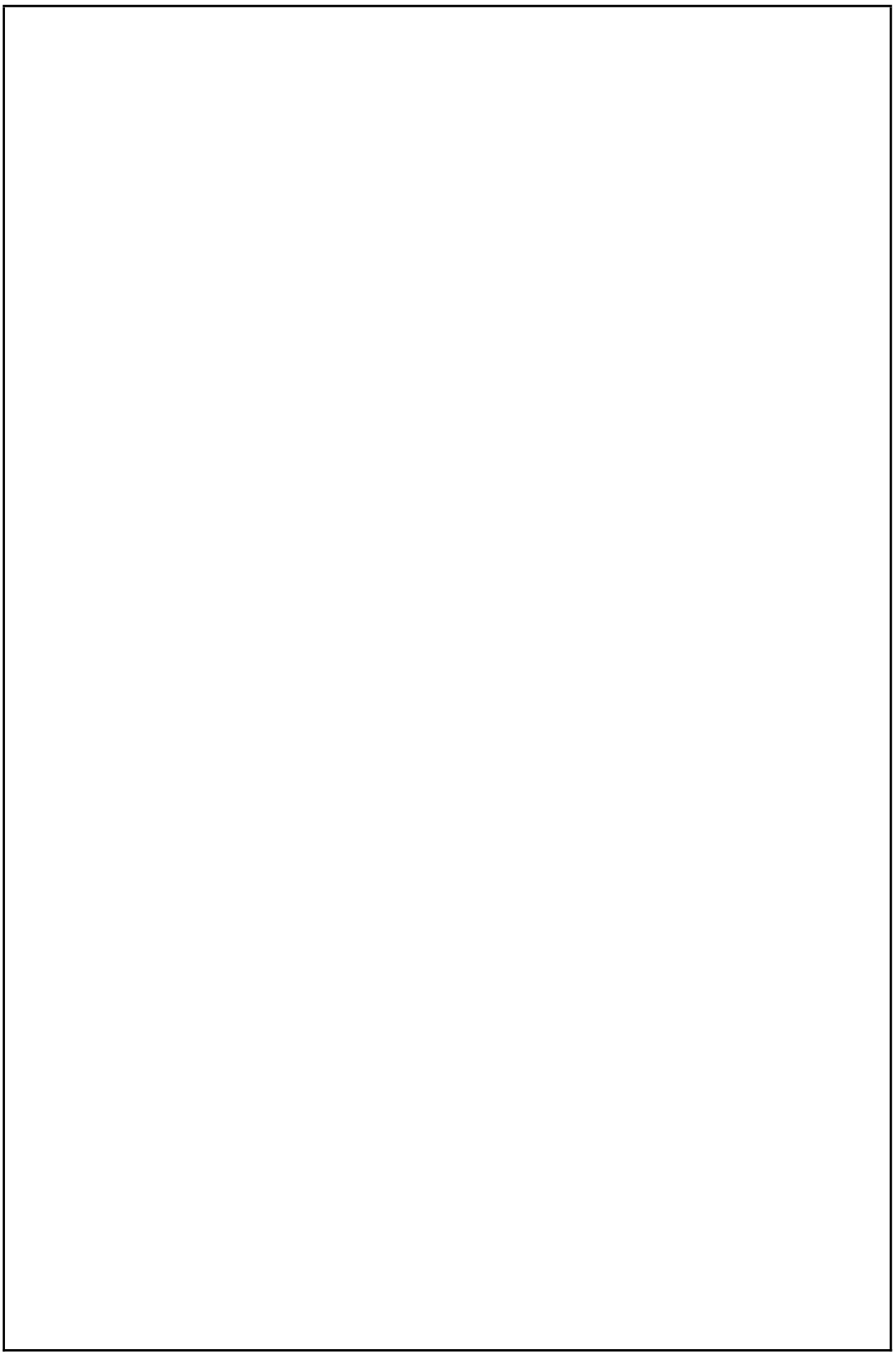
I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

| | | | |
|---|---|---|---|
| **Signed:** |  | **Date:** | 08/12/2025 |
| **Name:** | Catrin Griffiths | | |
| **Relevant professional qualification(s) or body (if any):** | | | |

| | |
|---|---|
| **Address:** | Yr Hen Ysgol,<br>Swyddffynnon,<br>Ceredigion<br>SY25 6AL |
| | |
| | |

| | |
|---|---|
| **Give here brief details of any items that the examiner wishes to disclose**. | None |



**DASH (DISABILITIES AND SELF HELP)**

**STATEMENT OF FINANCIAL ACTIVITIES**

**For year ended 31 March 2025**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2025 Total Funds £ | 2024 Total Funds |
|---|---|---|---|---|---|
| **INCOMING RESOURCES** | | | | | |
| **Incoming resources from generated funds** | | | | | |
| Voluntary Income | | 8925 | 187884 | 196809 | 158964 |
| Investment Income | **4** | 3497 | 0 | 3497 | 3196 |
| **Total Incoming resources** | | 12422 | 187884 | 200306 | 162160 |
| **RESOURCES EXPENDED** | | | | | |
| **Charitable activities** | | | | | |
| DASH Charitable Activities | | 0 | 188045 | 188045 | 214731 |
| **Governance costs** | | 0 | 27 | 27 | 27 |
| **Total resources expended** | | 0 | 188072 | 188072 | 214758 |
| **NET INCOMING RESOURCES BEFORE TRANSFERS** | | 12422 | -188 | 12234 | -52598 |
| **Gross transfers between funds** | | 0 | 0 | 0 | 0 |
| **Net Incoming/(outgoing) resources** | | 12422 | -188 | 12234 | -52598 |
| **RECONCILIATION OF FUNDS** | | | | | |
| **Total funds brought forward** | | 75583 | 30085 | 105667 | 158265 |
| **TOTAL FUNDS CARRIED FORWARD** | | 88005 | 29897 | 117901 | 105667 |

The notes form part of these financial statements

**DASH (DISABILITIES AND SELF HELP)**

**STATEMENT OF FINANCIAL POSITION/BALANCE SHEET**
**At 31 March 2025**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2025 Total Funds £ | 2024 Total Funds £ |
|---|---|---|---|---|---|
| **CURRENT ASSETS** | | | | | |
| Debtors | **7** | | 623 | 623 | 2550 |
| Cash at bank and in hand | | 88341 | 38922 | 127263 | 113388 |
| | | 88341 | 39545 | 127886 | 115938 |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | **8** | -960 | -9025 | -9985 | -10271 |
| **NET CURRENT ASSETS** | | 87381 | 30520 | 117901 | 105667 |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | 87381 | 30520 | 117901 | 105667 |
| **NET ASSETS** | | 87381 | 30520 | 117901 | 105667 |
| **FUNDS** | **9** | | | | |
| Unrestricted funds | | | | 88005 | 75582 |
| Restricted funds | | | | 29896 | 30085 |
| **TOTAL FUNDS** | | | | 117901 | 105667 |

The financial statements were approved by the Board of Trustees on..... and were signed on its behalf by:



.....
Trustee

Nik Morgan

45930

The notes form part of these financial statements

## NOTES TO THE FINANCIAL STATEMENTS
## For the Year Ended 31 March 2025

**1. General information**

The charity is a public benefit entity and a registered charity in England and Wales and is incorporated.

**2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified, if required, by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure. The financial statements are prepared in sterling, which is the functional currency of the entity.

**Going concern**

There are no material uncertainties about the charity's ability to continue.

**Judgments and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgments, estimates and assumptions that affect the amounts reported. These estimates and judgments are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds

**Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

- legacy income is recognised when receipt is probable and entitlement is established.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

**3. (cont) Accounting policies (continued)**

**Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

• expenditure on raising funds includes the costs of all fundraising activities, events, noncharitable trading activities, and the sale of donated goods.

• expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

• other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

**Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual Provisions of the instrument.
Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.
Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.
Debt instruments are subsequently measured at amortised cost.
Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.
Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.
Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.
Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.
For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.
Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

## 4. INVESTMENT INCOME

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| Deposit account interest | 3497 | 3195 |

## 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor the year ended 31 March 2024

**Trustees' expenses**

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| Trustees' expenses | 27 | 27 |

## 6. STAFF COSTS

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| Wages and salaries | 119420 | 130961 |
| National Insurance | 1500 | 1633 |
| Employer contribution to pension statements | 1453 | 1493 |
| | 122373 | 134087 |

| | 2025 | 2024 |
|---|---|---|
| Salaried Staff | 2 | 4 |
| Other Staff | 18 | 18 |
| | 20 | 22 |

No employees received emoluments in excess of £60,000.

## 7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2025 | 2024 |
|---|---|---|
| | £ | |
| Other debtors | 623 | 2550 |

## 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2025 | 2024 |
|---|---|---|
| | £ | |
| Bank loans and overdrafts | 0 | 0 |
| Other creditors | 9985 | 10271 |
| | 9985 | 10271 |

## 9 MOVEMENT IN FUNDS

| | At 1.4.24 | Net Movement in funds | Transfers between funds | At 31.3.25 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 75583 | 12422 | 0 | 88005 |
| **Restricted Funds** | | | | |
| Postcode Lottery | 31 | -31 | 0 | 0 |
| BBC Children in Need | -301 | 0 | 0 | -301 |
| Three Guineas Trust | 3692 | 0 | 0 | 3692 |
| Big Lottery Fund UNO Project | 6965 | 0 | 0 | 6965 |
| Ceredigion County Council Social Services | 15005 | 0 | 0 | 15005 |
| Ceredigion County Council DASH away Weekend | 2968 | 1519 | 0 | 4487 |
| Ceredigion County Council Families First | 11164 | -3754 | 0 | 7410 |
| Ceredigion County Council Other | 2633 | 0 | 0 | 2633 |
| Ceredigion County Council Spot Purchase | -4300 | 979 | 0 | -3321 |
| Ceredigion County Council Spot Byngalo Plus | -11356 | 0 | 0 | -11356 |
| Diverse Cymru Out of County | 6273 | 0 | 0 | 6273 |
| CCC Capital Grant | 8 | -102 | 0 | -94 |
| CCC Childcare Grant | -2762 | 415 | 0 | -2347 |
| YB Additional 12500 | 0 | 786 | 0 | 786 |
| Unassigned | 65 | 0 | 0 | 65 |
| | 30085 | -188 | 0 | 29897 |
| **TOTAL FUNDS** | 105668 | 12234 | 0 | 117902 |

Net movement in funds, included in the above as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---|---|---|---|
| | £ | £ | £ |
| **Unrestricted funds** | | | |
| General fund | 12422 | 0 | 12422 |
| **Restricted Funds** | | | |
| Postcode Lottery | 0 | -31 | -31 |
| BBC Children in Need | 10000 | -10000 | 0 |
| Three Guineas Trust | 15000 | -15000 | 0 |
| Big Lottery Fund UNO Project | 0 | 0 | 0 |
| Ceredigion County Council Social Services | 0 | 0 | 0 |
| Ceredigion County Council DASH away Weekend | 50781 | -49262 | 1519 |
| Ceredigion County Council Families First | 67708 | -71462 | -3754 |
| Ceredigion County Council Other | 0 | 0 | 0 |
| Ceredigion County Council Spot Purchase | 4198 | -3219 | 979 |
| Ceredigion County Council Spot Byngalo Plus | 0 | 0 | 0 |
| Diverse Cymru Out of County | 0 | 0 | 0 |
| Ceredigion County Council Capital Grant | 19287 | -19389 | -102 |
| Ceredigion Childcare Grant | 220 | 195 | 415 |
| YB Additional 12500 | 0 | 786 | 786 |
| CCC Extra 24/25 | 20690 | -20690 | 0 |
| Unassigned | 0 | 0 | 0 |
| | 187884 | -188072 | -188 |
| **TOTAL FUNDS** | 200306 | -188072 | 12234 |

## 10 Related parties

There were no related party transactions in the year requiring disclosure under FRS 102.

## NOTES TO THE FINANCIAL STATEMENTS
**For the Year Ended 31 March 2025**

| | 2025 | 2024 |
|---|---|---|
| | £ | £ |
| **INCOMING RESOURCES** | | |
| **Voluntary income** | | |
| Ceredigion County Council | 162884 | 138677 |
| Donations | 3404 | 2488 |
| Grants | 25000 | 13176 |
| Contribution for activities | 5521 | 4623 |
| | 196808 | 158964 |
| **Investment Income** | 3497 | 3195 |
| | 200306 | 162159 |
| **RESOURCES EXPENDED** | | |
| **Charitable activities** | | |
| Wages | 122373 | 134088 |
| Other operating leases | 0 | 1704 |
| Transport | 19911 | 23142 |
| Other direct costs | 5279 | 4581 |
| General overheads | 3841 | 5154 |
| Other staff costs | 960 | 819 |
| Venue hire | 7082 | 14716 |
| Rent | 4501 | 4401 |
| Catering and Cleaning | 1027 | 1500 |
| IT costs | 640 | 662 |
| Office equipment | 0 | 997 |
| External providers | 11951 | 10354 |
| Play Equipment & storage | 1697 | 4306 |
| Training | 5576 | 2923 |
| Marketing and Communication | 467 | 1566 |
| Staff travel | 2680 | 3757 |
| | 187984 | 214670 |
| **Governance costs** | | |
| Trustees' expenses | 27 | 27 |
| Independent Examination | 0 | 0 |
| | 27 | 27 |
| **Support costs** | | |
| **Finance** | | |
| Bank charges | 60 | 60 |
| **Total resources expended** | 188072 | 214757 |
| **Net income** | 12234 | -52598 |

**DASH (DISABILITIES AND SELF HELP / DELIO AG ANABLEDD A SIALENS HUNANGYMORTH)**

England & Wales - Charity number 1163672

# Accounts

DASH Ceredigion

Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

# Annual Report 2024

Rh. Elusen : 1163672 Charity No.

**Period:** 1st April 2023 – 31st March 2024

**Principle Address:**

Unit 5w Glan yr Afon Industrial Estate, Llanbadarn Fawr, Aberystwyth, SY23 3JQ

01545 570 951 office@dashceredigion.org.uk

## DASH is supported by

Children in Need

Postcode Lottery

Ceredigion Association of Voluntary Organisations

Ceredigion County Council

Families First

The Three Guineas Trust

Families and Community of Ceredigion

## WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

## CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities.
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

## DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

DASH Ceredigion

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# CROESO, WELCOME



**A message from the Outgoing Chairperson Eryl Bray**

I have felt privileged to chair another successful period for DASH which continues to support children and young people with a disability and their families in Ceredigion.

DASH has provided varied and valued opportunities for disabled children during 2023-24, as testified in this report.

I would like to thank all the children/young people and their parent/carers for their ongoing support. On behalf of all Trustees I would also like to thank the Staff Team for their ongoing dedication and hard work during 2023-24. Along with other charities and organisations, the impact post Covid has been difficult for DASH in relation to staff recruitment, however the current staff have shown great flexibility in managing this.

**Message from incoming Chair, Nik Morgan**

Just a quick note to say how delighted I am to be taking on the role of Chair for Dash. On returning to Ceredigion, after working in education in the West Midlands for 35 years, I wanted the opportunity to support the local community and a Trustee role with DASH is perfect. Thanks go to Eryl for her hard work in the role and I hope I can live up to her high standards.





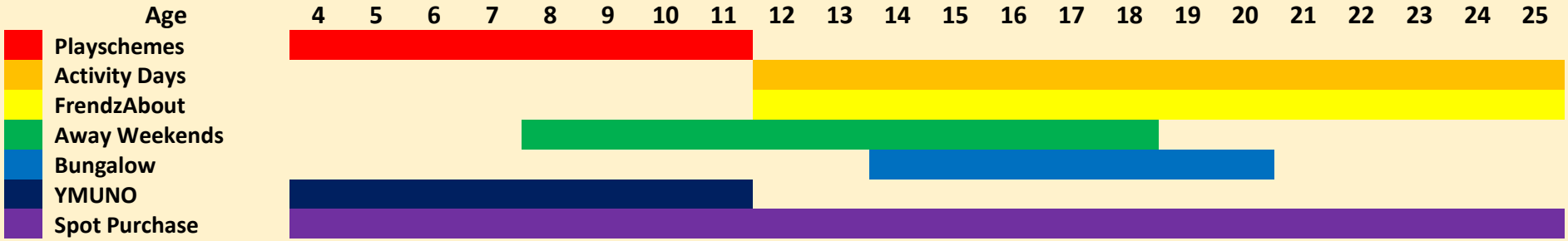
**Message from Ben Freeman, Manager**

A good year for DASH Ceredigion, I are pleased to have been able to run and grow our existing project again successfully. I have been particularly pleased that we managed to run Easter as well as Summer playschemes in North and South of county and that the Respite weekends have been gradually returning to larger intake of children. I would like to thank all the staff for their hard work and commitment over the year.

## WHAT WE DID

| What? | Who for? | Where? |
|---|---|---|
| **Playschemes** | For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket). | Registered settings at Ysgol Bro Sion Cwilt, Ysgol Gymraeg, Aberystwyth. |
| **DASHABOUT Activity Days** | For young people aged 12-25 years living in Ceredigion with a moderate to severe disability. | A schedule of activities includes a range of settings including use of Llanilar Bungalow. |
| **DASHABOUT Frendz** | For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability. | a schedule of activities for a small group of children in the Aberystwyth area. |
| **DASHAWAY Weekends** | Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability. | Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. |
| **Bungalow Project** | A 2-year project delivering residential short breaks and a range of other activities to develop skills and independence for young people aged 14 – 20 years with additional needs. | Setting was used by the Frendz group and 2 other external agencies and wound down and closed in December 2024. |
| **YMUNO Scheme** | A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation. | Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme. |
| **Spot Purchase Support.** | Bespoke support for a child or young person with additional needs via a person-centred contract. | Varies from individual to individual. |

## WHAT WE DID – WHO FOR



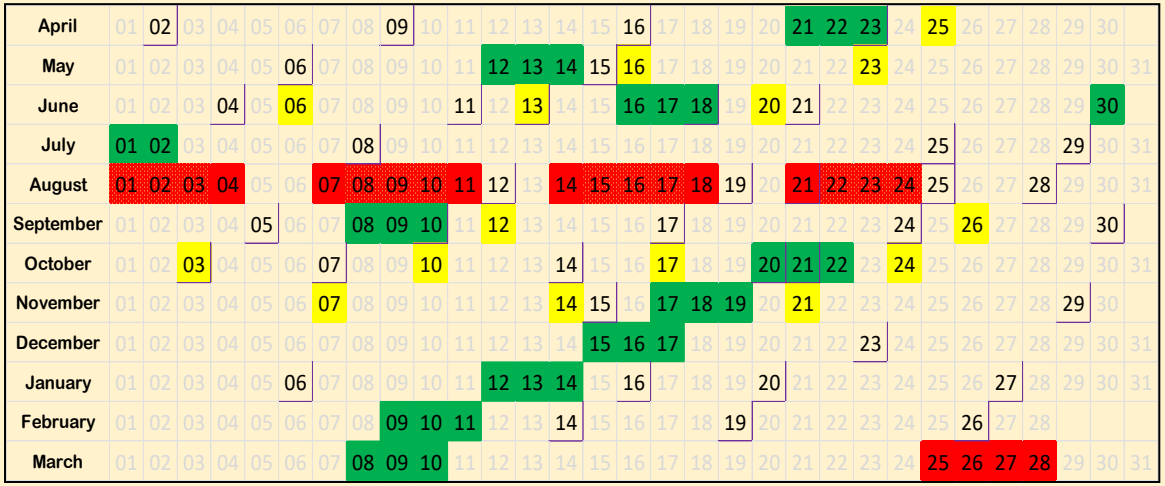

## WHAT WE DID – ACTIVITIES

| | |
|---|---|
| Arts and Crafts | Arts and Crafts |
| Minibeast Hunts | Minibeast Hunts |
| Group games | Group games |
| Swimming | Swimming |
| Walks | Walks |
| Films | Films |





# HOW MANY – SESSIONS 23-24




| Scheme | | Target | Actual | What | When |
|---|---|---|---|---|---|
| | Playschemes | 32 | 33 | sessions | School Holidays |
| | DASHABOUT Activity Days | 12 | 12 | sessions | School Holidays |
| | DASHABOUT Frendz | 14 | 19 | sessions | Term time week days |
| | DASHAWAY Weekends | 12 | 11 | weekends | Term time weekends |
| | Bungalow Project | 0 | 0 | weekends | Weekends |
| | YMUNO Scheme | 0 | 6 | referrals | Supporting CIW Registered Afterschool Settings |
| | Spot Purchase Support. | 0 | 1 | referrals | According to need. |

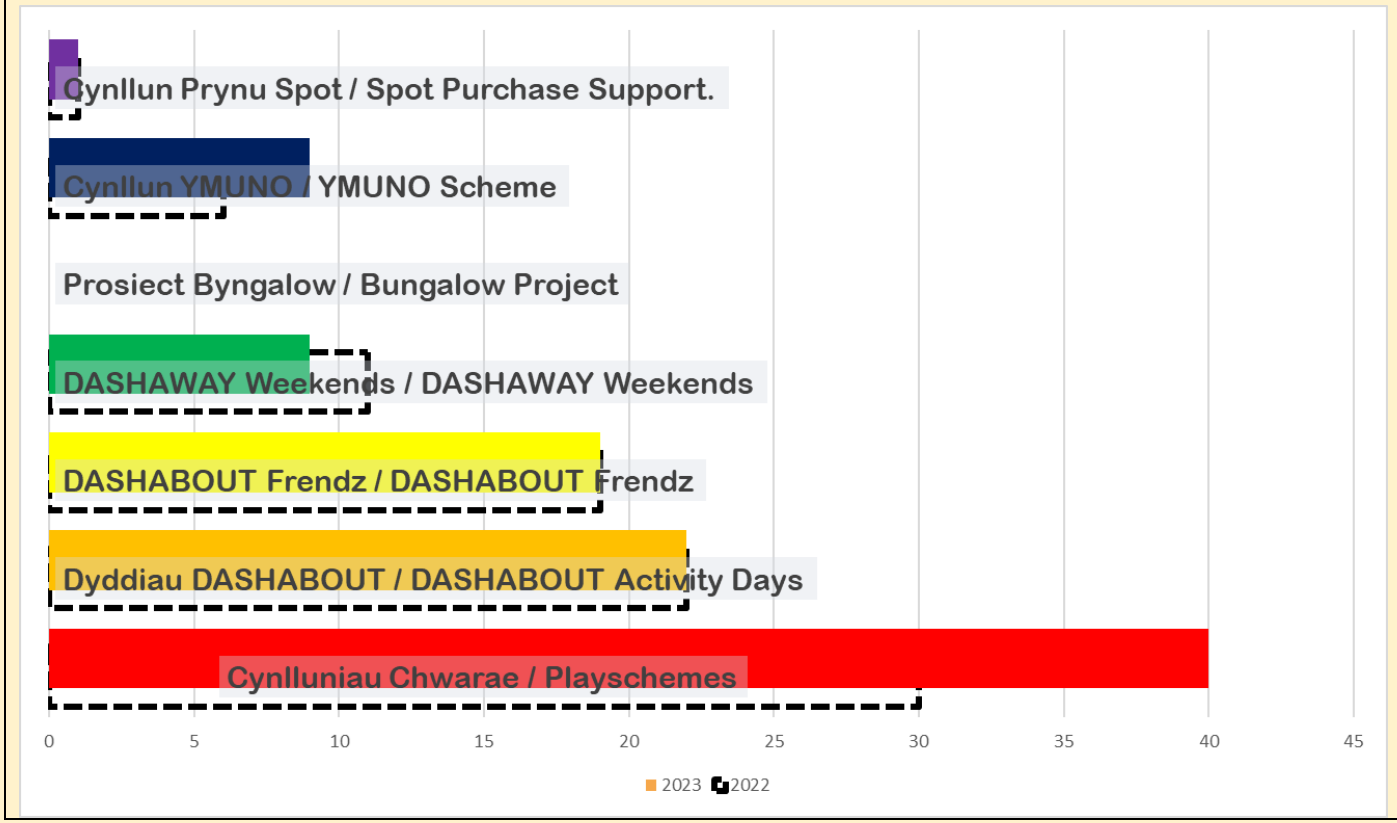
Note: One fewer weekend held this year according to target, but was pre-agreed with LA as we moved away from COVID limitations. (Previous FY weekends held:7)

DASH Ceredigion

# HOW MANY – CHILDREN

## Comparitive Annual Attendance per scheme

## Between FY 22-23 and 23-24

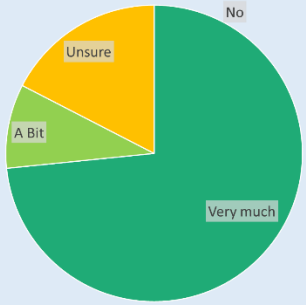



Notes:

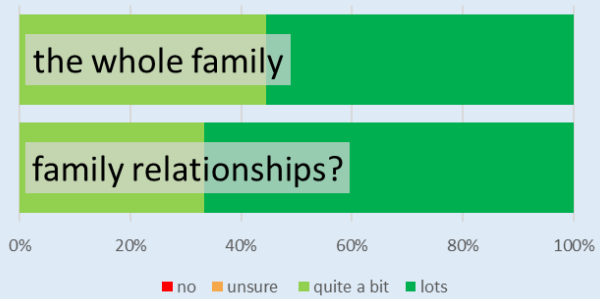
- Fewer **Spot purchase** support sessions place due to reduced call for it.
- 2 fewer (unique) children Accessed **DAW**. Due to temporary reduction in referrals.
- Great to have more children accessing **Playshemes** this year and to have maintained numbers on **Frendz** and **Activtiy** Days.

# HOW WE DID – Annual Feedback

Do our schemes give you an opportunity to have a break from caring?




Did your child's attendance at the schemes have a positive effect on ….




Did your child/children enjoy the scheme?






*It was beneficial for me because it kept him in routine and meant I could spend time with my younger child 1-1 which doesn't happen very often when he's at home.*

*It gave me respite and i knew [O] was enjoying himself in very safe hands*





*Gave me a few hours to concentrate on other siblings.*

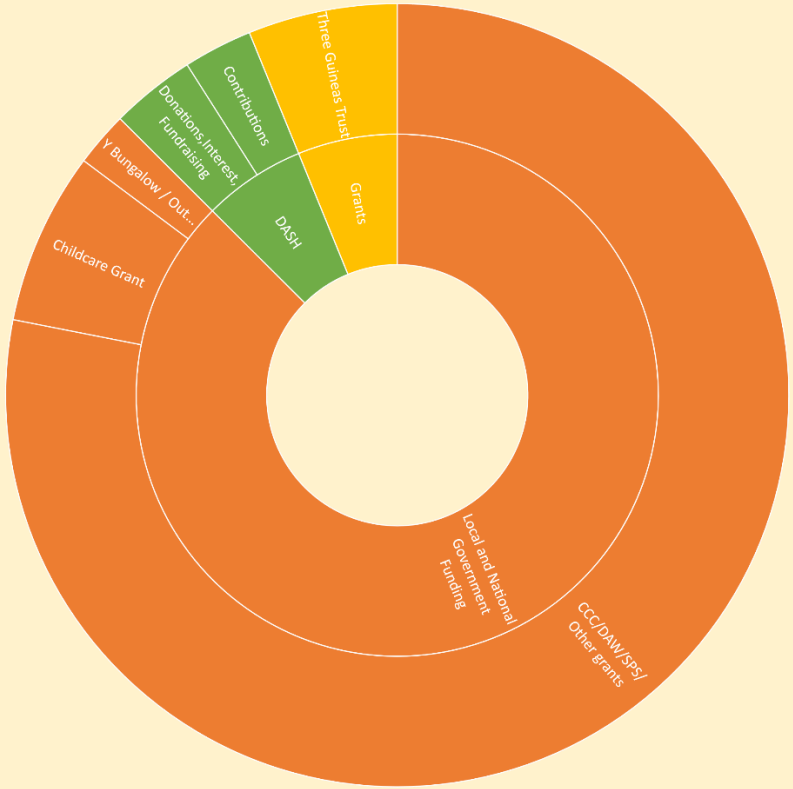
*Thankyou for the dash days my son enjoyed himself x also asked this week when the next " dash day " was ! So clearly enjoyed himself !*



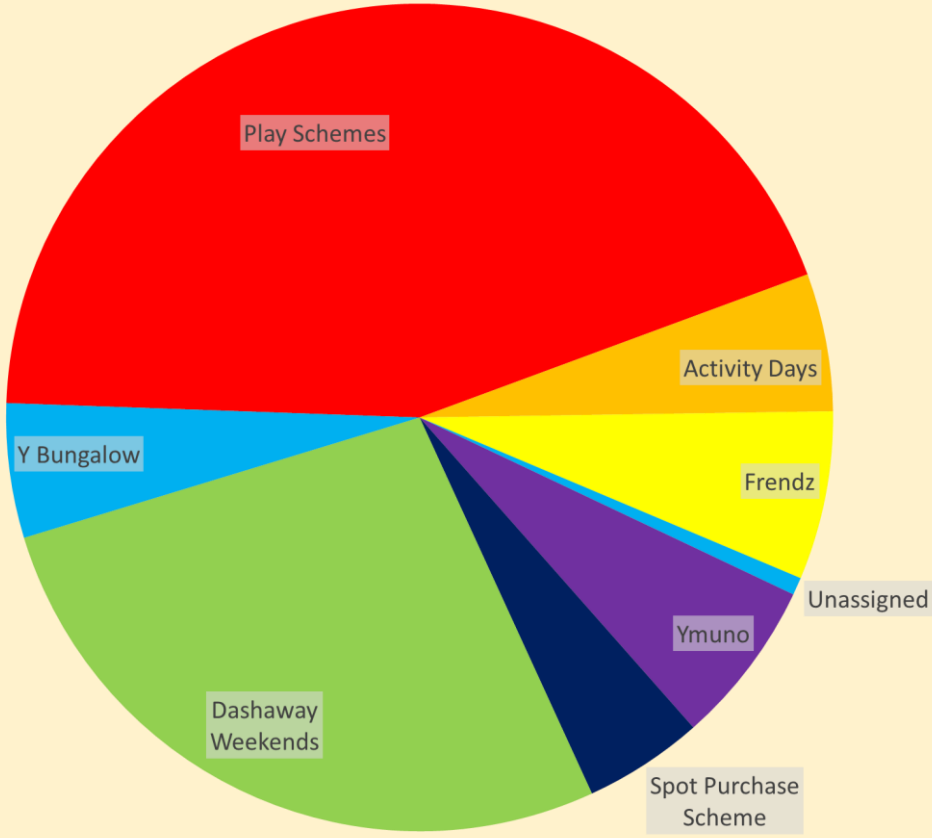
DASH Ceredigion

# FINANCIAL STATEMENTS

Source of Funding
2023 – 2024




Budgeted Application of funds
2023 - 2024



| SOURCE OF FUNDS | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | PLAY SCHEMES | ACTIVITY DAYS | FRENDZ | UnAssigned | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | Y BUNGALOW | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
| CCC/DAW/SPS/Other grants | £126,633 | £65,869 | £6,783 | | -£1,493 | | £6,895 | £50,781 | | £128,835 | -£2,203 |
| Childcare Grant | £11,559 | £445 | | | | £14,040 | | | | £14,485 | -£2,926 |
| Y Bungalow / Out of County | £3,661 | | | | | | | | £3,661 | £3,661 | £0 |
| Three Guineas Trust | £10,000 | £10,000 | | | | | | | | £10,000 | £0 |
| BBC Children in NEED | £0 | £5,059 | £4,941 | | | | | | | £10,000 | -£10,000 |
| PCL | £0 | | | £14,024 | | | | | | £14,024 | -£14,024 |
| Contributions | £4,623 | | | | | | | | | £0 | £4,623 |
| Reserves | £0 | £14,040 | | £323 | | | £3,283 | £8,324 | £7,780 | £33,750 | -£33,750 |
| Donations,Interest, Fundraising | £5,683 | | | | | | | | | £0 | £5,683 |
| SUB TOTAL received | £162,159 | £95,415 | £11,724 | £14,347 | -£1,493 | £14,040 | £10,178 | £59,105 | £11,441 | £214,756 | -£52,597 |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| Reserves b/f | £104,176 | | | | £87,028 | | | | | | |
| Restricted reserves b/f | £54,089 | | | | £18,640 | | | | | | |
| | £158,265 | | | c/f | £105,668 | | | | | | |
| | | | | | | | | | | | |

# SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Eryl Bray (Chair of Trustees)

Gemma Light (Trustee)

Hilary Eldirdge (Trustee)

Gill Harries (Fundraising Ctte, Chair ;DAW Steering group)

Ellen Ap Gwyn (Trustee)

Gareth James (Parent Trustee)

Catherine Mackenzie (Chair; LSCM Steering group)

Andrew Moore (Treasurer)

Tina Sherrington (Trustee Secretary)

Nik Morgan (Trustee)

**BANK**
CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

# Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and refers to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services " More detail here: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 12 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

RAG Rating system (see appendix).

IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

DASH Ceredigion

Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

**DASH Financial report for the year ended 31st March 2024**

**The original budget,** set at the start of the year for a 2023/24, forecast a deficit of £33k. Unspent balances from restricted funds held by the charity were to be used, in accordance with the grantor's conditions, to cover the shortfall.

An income £181k was budgeted, down £35k on the previous year. This was largely owing to a substantial reduction in Council funding for mandatory services. £25k less than the previous year but with only a relatively small reduction in Council expectations of service provision levels.

Expenditure was forecast at £214k. This being the same as the previous year but in real terms about 7% less after allowing for inflation, thus effectively reflecting the small reduction in outputs.

**The actual results** show a deficit of £44k, £12k more than forecast. This is almost entirely owing to a Children in Need grant for £10k being deferred until 2024/25 – the money has now been received in the 2024/25 financial year. The use of unspent Postcode Lottery funds carried forward from the previous year, with an agreed, extended deadline facilitated this.

Net restricted grants of £2K allocated to Ymuno and Playschemes were returned to the council as it was felt that these could not be used before the year end.

Expenditure was as per budget but with a very slightly smaller level of service provided relative to those originally planned.

To a very large extent the deficit was anticipated and budgeted for in the overall plans for 2023/24 in order to safe guard service levels and ensure that the current high quality infra structure is maintained. However, should the current level of deficit continue going forward, and this appears to be the case given both the 2024/25 budget and actual to date, then projections seem to indicate that the charity will run out of funds (after allowing for winding up costs) by mid 2025 unless significant action is taken to either increase income or reduce expenditure.

Andy Moore, Treasurer DASH.
2/5/2024
revised 11/9/2024

CHARITY COMMISSION FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

## Section A Independent Examiner's Report

| | | | |
|---|---|---|---|
| **Report to the trustees/ members of** | **DASH** | | |
| **On accounts for the year ended** | March 2024 | **Charity no (if any)** | 1163672 |
| **Set out on pages** | 16 to 27 | | |

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

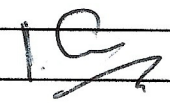
**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

| | | | |
|---|---|---|---|
| **Signed:** |  | **Date:** | 17/12/24 |
| **Name:** | Ian Crich | | |
| **Relevant professional qualification(s) or body (if any):** | CMIPD<br>MBA | | |
| **Address:** | 37 Sheerwater Drive<br>Northampton | | |

| |
|---|
| NN3 5HU |
| |
| |

| Section B | Disclosure |
|---|---|

**Give here brief details of any items that the examiner wishes to disclose.**

N/A

REGISTERED CHARITY NUMBER: 1163672

# REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 FOR DASH (DISABILITIES AND SELF HELP)

**DASH (DISABILITIES AND SELF HELP)**

**CONTENTS OF THE FINANCIAL STATEMENTS**
**For The Year Ended 31 March 2024**


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**DASH (DISABILITIES AND SELF HELP)**

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2024**

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

## REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Charity Number**
1163672

**Address**
Unit 5W, Glan yr Afon Industrial Estate
Llanbadarn Fawr
Aberystwyth
Ceredigion
SY23 3JQ

| **Trustees** | *Including date started and date left if within the year.* |
|---|---|
| Eryl Bray | 06/01/2021 |
| Gemma Light | 18/09/2023 |
| Ellen ap Gwynn | 13/09/2023 |
| Catherine Brenda McKenzie | 08/09/2021 |
| Andrew Moore | 08/09/2021 |
| Hilary Eldridge | 07/09/2021 |
| Bettina Lois Sherrington | 10/02/2021 |
| Gareth Lloyd James | 18/11/2020 |
| Nicholas Davies Morgan | 07/11/2022 |

**Independent Examiner**
Ian Crich
37 Sheerwater Drive
Northampton
NN3 5HU

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a Charitable Incorporated Organisation registered with the Charities Commission. Charity number. 1163672
The charity is governed by its Trustees
Trustees are appointed by agreement applicaiotn and agreement to existing trustee team.

**Risk Management**
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.
The primary risk currently  is ensuring that sufficient funding is generated to ensure service levels are maintained

**DASH (DISABILITIES AND SELF HELP)**

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2024**

## Objectives and activities

*Please see the annual report attached*

## Public Benefit

In setting the objectives of the Charity and planning our activities, the trustees have paid due regard to the public benefit guidance published by the Charity Commission.

## Achievement and Performance for the year.

*Please see the annual report attached*

## Financial Review

Ceredigion County Council remain the primary source of income by supplying restricted funds for DASH to provide specific services. During the course of the year to maintain service levels DASH used £13,365 of its unrestricted funds. Overall expenditure exceeded income as funds were used to ensure ongoing service provision.
The position is being monitored and reductions in council funding may lead to a reduction in services delivered on their behalf when council restricted funding no longer covers the costs of delivery.

Reserves Policy -
The reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of their Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building of excess cash at bank.
Reserves of £50,000 are considered to be prudent at this time.

Related party transactions and conflicts of interest -
None were reported in the year.

Approved by order of the board of trustees on 18/09/24 and signed on their behalf by:

Nik Morgan, Chair of Trustees



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DASH (DISABILITIES AND SELF HELP)**

**DASH (DISABILITIES AND SELF HELP)**

**STATEMENT OF FINANCIAL ACTIVITIES**
**For year ended 31 March 2024**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2024 Total Funds £ | 2023 Total Funds |
|---|---|---|---|---|---|
| **INCOMING RESOURCES** | | | | | |
| **Incoming resources from generated funds** | | | | | |
| Voluntary Income | | 6279 | 152685 | 158964 | 216513 |
| Investment Income | **4** | 3196 | 0 | 3196 | 1374 |
| **Total Incoming resources** | | 9475 | 152685 | 162160 | 217887 |
| **RESOURCES EXPENDED** | | | | | |
| **Charitable activities** | | | | | |
| DASH Charitable Activities | | 22812 | 191919 | 214731 | 211346 |
| **Governance costs** | | 27 | 0 | 27 | 120 |
| **Total resources expended** | | 22839 | 191919 | 214758 | 211466 |
| **NET INCOMING RESOURCES BEFORE TRANSFERS** | | -13364 | -39234 | -52598 | 6421 |
| **Gross transfers between funds** | | 0 | 0 | 0 | 0 |
| **Net Incoming/(outgoing) resources** | | -13364 | -39234 | -52598 | 6421 |
| **RECONCILIATION OF FUNDS** | | | | | |
| **Total funds brought forward** | | 100392 | 57874 | 158265 | 151844 |
| **TOTAL FUNDS CARRIED FORWARD** | | 87028 | 18640 | 105667 | 158265 |

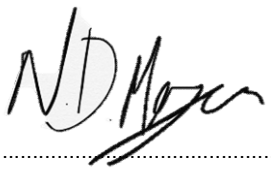
The notes form part of these financial statements

**DASH (DISABILITIES AND SELF HELP)**

**STATEMENT OF FINANCIAL POSITION/BALANCE SHEET**
**At 31 March 2024**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2024 Total Funds £ | 2023 Total Funds £ |
|---|---|---|---|---|---|
| **CURRENT ASSETS** | | | | | |
| Debtors | **7** | | 2550 | 2550 | 5167 |
| Cash at bank and in hand | | 87027 | 26361 | 113388 | 163363 |
| | | 87027 | 28911 | 115938 | 168530 |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | **8** | -960 | -9311 | -10271 | -10265 |
| **NET CURRENT ASSETS** | | 86067 | 19600 | 105667 | 158265 |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | 86067 | 19600 | 105667 | 158265 |
| **NET ASSETS** | | 86067 | 19600 | 105667 | 158265 |
| **FUNDS** | **9** | | | | |
| Unrestricted funds | | | | 75582 | 104176 |
| Restricted funds | | | | 30085 | 54089 |
| **TOTAL FUNDS** | | | | 105667 | 158265 |

The financial statements were approved by the Board of Trustees on…18/9/24 and were signed on its behalf by:



…….....
Trustee

Nik Morgan, Chair of Trustees

The notes form part of these financial statements

## NOTES TO THE FINANCIAL STATEMENTS
## For the Year Ended 31 March 2024

**1. General information**

The charity is a public benefit entity and a registered charity in England and Wales and is incorporated.

**2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified, if required, by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure. The financial statements are prepared in sterling, which is the functional currency of the entity.

**Going concern**

There are no material uncertainties about the charity's ability to continue.

**Judgments and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgments, estimates and assumptions that affect the amounts reported. These estimates and judgments are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds

**Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

 income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

 legacy income is recognised when receipt is probable and entitlement is established.

 income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

 income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

**3. (cont) Accounting policies (continued)**

**Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

• expenditure on raising funds includes the costs of all fundraising activities, events, noncharitable trading activities, and the sale of donated goods.

• expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

• other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

**Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual Provisions of the instrument.
Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.
Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.
Debt instruments are subsequently measured at amortised cost.
Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.
Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.
Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.
Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.
For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.
Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

## 4. INVESTMENT INCOME

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| Deposit account interest | 3195 | 1373 |

## 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor the year ended 31 March 2024

**Trustees' expenses**

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| Trustees' expenses | 27 | 120 |

## 6. STAFF COSTS

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| Wages and salaries | 130961 | 127794 |
| National Insurance | 1633 | 2256 |
| Employer contribution to pension statements | 1493 | 1595 |
| | 134087 | 131645 |

| | 2023 | 2022 |
|---|---|---|
| Salaried Staff | 4 | 4 |
| Other Staff | 18 | 18 |
| | 22 | 22 |

No employees received emoluments in excess of £60,000.

## 7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2024 | 2023 |
|---|---|---|
| | £ | |
| Other debtors | 2550 | 5167 |

## 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2024 | 2023 |
|---|---|---|
| | £ | |
| Bank loans and overdrafts | 0 | 0 |
| Other creditors | 10271 | 10265 |
| | 10271 | 24699 |

## 9 MOVEMENT IN FUNDS

| | At 1.4.23 | Net Movement in funds | Transfers between funds | At 31.3.24 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 100392 | -24809 | 0 | 75583 |
| Designated Fund for summer schemes | 0 | 0 | 0 | 0 |
| | 100392 | -24809 | 0 | 75583 |
| **Restricted Funds** | | | | |
| Postcode Lottery | 14055 | -14024 | 0 | 31 |
| BBC Children in Need | 10392 | -10693 | 0 | -301 |
| Three Guineas Trust | 2998 | 694 | 0 | 3692 |
| Big Lottery Fund UNO Project | 6965 | 0 | 0 | 6965 |
| Ceredigion County Council Social Services | 15005 | 0 | 0 | 15005 |
| Ceredigion County Council DASH away Weekend | 2968 | 0 | 0 | 2968 |
| Ceredigion County Council Families First | 11112 | 52 | 0 | 11164 |
| Ceredigion County Council Other | 1205 | 1428 | 0 | 2633 |
| Ceredigion County Council Spot Purchase | -1017 | -3283 | 0 | -4300 |
| Ceredigion County Council Spot Byngalo Plus | -11356 | 0 | 0 | -11356 |
| Diverse Cymru Out of County | 5547 | 726 | 0 | 6273 |
| CCC Capital Grant | 0 | 8 | 0 | 8 |
| CCC Childcare Grant | 0 | -2762 | 0 | -2762 |
| Unassigned | 0 | 65 | 0 | 65 |
| | 57874 | -27789 | 0 | 30085 |
| **TOTAL FUNDS** | 158266 | -52598 | 0 | 105668 |

Net movement in funds, included in the above as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---|---|---|---|
| | £ | £ | £ |
| **Unrestricted funds** | | | |
| General fund | 9473 | -34282 | -24809 |
| **Restricted Funds** | | | |
| Postcode Lottery | 0 | -14024 | -14024 |
| BBC Children in Need | 0 | -10693 | -10693 |
| Three Guineas Trust | 10000 | -9306 | 694 |
| Big Lottery Fund UNO Project | 0 | 0 | 0 |
| Ceredigion County Council Social Services | 0 | 0 | 0 |
| Ceredigion County Council DASH away Weekend | 50781 | -50781 | 0 |
| Ceredigion County Council Families First | 71476 | -71424 | 52 |
| Ceredigion County Council Other | 0 | 1428 | 1428 |
| Ceredigion County Council Spot Purchase | 6894 | -10177 | -3283 |
| Ceredigion County Council Spot Byngalo Plus | 0 | 0 | 0 |
| Diverse Cymru Out of County | 726 | 0 | 726 |
| Ceredigion County Council Capital Grant | 1249 | -1241 | 8 |
| Ceredigion Childcare Grant | 11559 | -14321 | -2762 |
| Unassigned | 0 | 65 | 65 |
| | 152685 | -180474 | -27789 |
| **TOTAL FUNDS** | 162158 | -214756 | -52598 |

## 10 Related parties

There were no related party transactions in the year requiring disclosure under FRS 102.

## NOTES TO THE FINANCIAL STATEMENTS
**For the Year Ended 31 March 2024**

| | 2024 | 2023 |
|---|---|---|
| | £ | £ |
| **INCOMING RESOURCES** | | |
| **Voluntary income** | | |
| Ceredigion County Council | 138677 | 159705 |
| Donations | 2488 | 9207 |
| Grants | 13176 | 47602 |
| Contribution for activities | 4623 | 0 |
| | 158964 | 216514 |
| **Investment Income** | 3195 | 1373 |
| | 162159 | 217887 |
| **RESOURCES EXPENDED** | | |
| **Charitable activities** | | |
| Wages | 134088 | 131646 |
| Other operating leases | 1704 | 1363 |
| Transport | 23142 | 17805 |
| Other direct costs | 4581 | 4888 |
| General overheads | 5154 | 8732 |
| Other staff costs | 819 | 753 |
| Venue hire | 14716 | 17465 |
| Rent | 4401 | 0 |
| Catering and Cleaning | 1500 | 1789 |
| IT costs | 662 | 700 |
| Office equipment | 997 | 916 |
| External providers | 10354 | 14247 |
| Play Equipment & storage | 4306 | 3001 |
| Training | 2923 | 4093 |
| Marketing and Communication | 1566 | 572 |
| Staff travel | 3757 | 3240 |
| | 214670 | 211210 |
| **Governance costs** | | |
| Trustees' expenses | 27 | 120 |
| Independent Examination | 0 | 0 |
| | 27 | 120 |
| **Support costs** | | |
| **Finance** | | |
| Bank charges | 60 | 135 |
| **Total resources expended** | 214757 | 211465 |
| **Net income** | -52598 | 6422 |

**DASH (DISABILITIES AND SELF HELP / DELIO AG ANABLEDD A SIALENS HUNANGYMORTH)**

England & Wales - Charity number 1163672

# Accounts

DASH Ceredigion

Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

# Annual Report 2023

Rh. Elusen : 1163672 Charity No.

**Period:** 1st April 2022 – 31st March 2023

**Principle Address:**

Unit 5w Glan yr Afon Industrial Estate, Llanbadarn Fawr, Aberystwyth, SY23 3JQ

01545 570 951 office@dashceredigion.org.uk

## DASH is supported by

Children in Need

Postcode Lottery

Ceredigion Association of Voluntary Organisations

Ceredigion County Council

Families First

The Three Guineas Trust

Families and Community of Ceredigion

## WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

## CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities;
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

## DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

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# CROESO, WELCOME



**A message from the Chairperson Eryl Bray**

I have felt privileged to chair another successful period for DASH that continues to support children and young people with a disability and their families in Ceredigion. Despite the impact and disruption of COVID during the previous 2 years, DASH has recovered and provided varied and valued opportunities for disabled children during 2022-2023, as testified in this report. DASH was able to increase the support and during this period we were able to function without any restrictions. I would like to thank all the children/young people and their parent/carers for their support and patience during the period of restrictions and recovery. On behalf of all Trustees I would also like to thank the Staff Team for their ongoing dedication and hard work during 2022-2023. This has enabled DASH to offer varied provision once again. Along with other charities and organisations, the recovery period following Covid has been difficult for DASH in relation to staff recruitment, however the current staff have show great flexibility in managing this.

**Message from Ben Freeman, Manager**

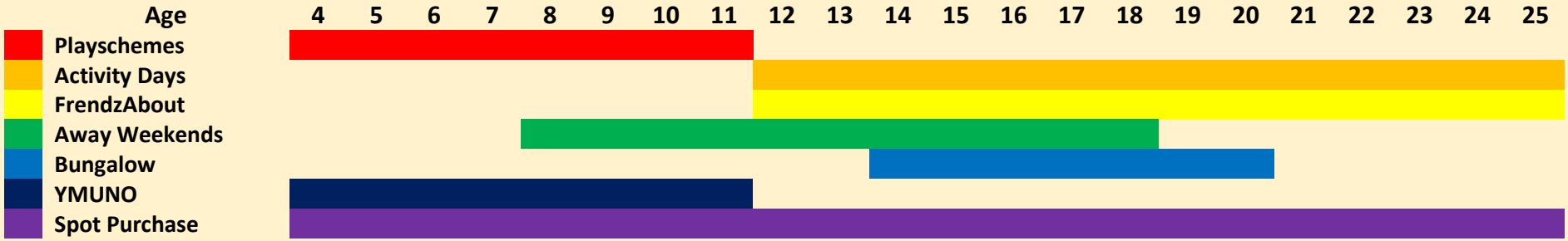
2022-23 has been a challenging but positive year. All our services have been available, and thanks to Welsh Governmetn funding, we have tried new opportunities such as the family bus trips in February. Recruitment in terms of numbers and quality of applications rose this year, along with the rest of the sector, we have had to limit the support we have been able to provide due to staff qualification requirements upon us by CIW. This limitation will change more staff become trained. Our new DASH Away Weekends management structure has worked successfully and as always the staff teams have shown great dedication and effort in providing fun and interesting opportunities for the disabled children of Ceredigion. Thankyou!



## WHAT WE DID

| What? | Who for? | Where? |
|---|---|---|
| **Playschemes** | For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket). | Registered settings at Ysgol Bro Sion Cwilt, Ysgol Gymraeg, Aberystwyth. |
| **DASHABOUT Activity Days** | For young people aged 12-25 years living in Ceredigion with a moderate to severe disability. | A schedule of activities includes a range of settings including regular use of Llanilar Bungalow. |
| **DASHABOUT Frendz** | For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability. | RESTARTED from September 2022, a schedule of activities for a small group of children. |
| **DASHAWAY Weekends** | Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability. | Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. (increase in number of people from SEPT 2021) |
| **Bungalow Project** | A 2-year project delivering residential short breaks and a range of other activities to develop skills and independence for young people aged 14 – 20 years with additional needs. | Based at the Bungalow in Llanilar. Delivered in partnership with Hafal Crossroads (Dom care registration) and WWHA. (No weekend took play this financial year.) |
| **YMUNO Scheme** | A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation. | Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme. |
| **Spot Purchase Support.** | Bespoke support for a child or young person with additional needs via a person-centred contract. | Varies from individual to individual. |

## WHAT WE DID – WHO FOR




## WHAT WE DID – ACTIVITIES

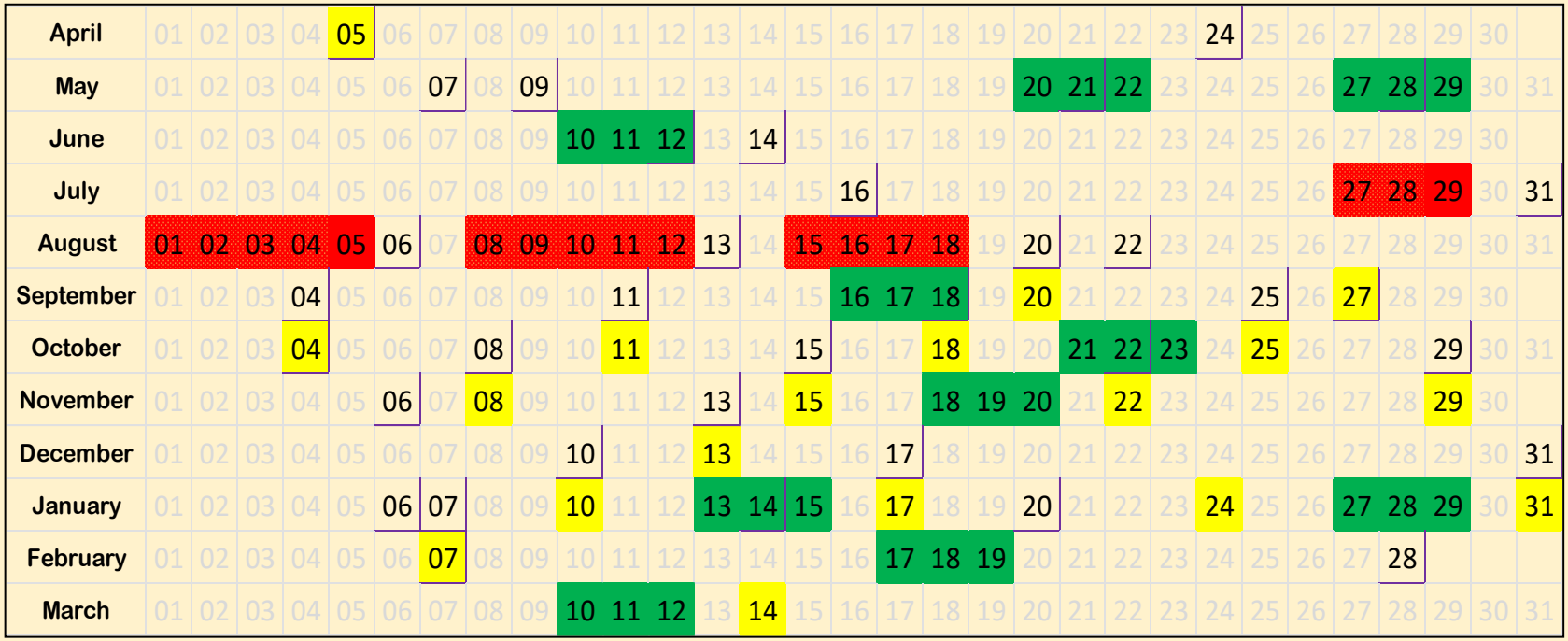
| | |
|---|---|
| Arts and Crafts | Minibeast Hunts |
| Group games | Swimming |
| Walks | Films |
| Soft play | Gardening |
| Sensory play | Outdoor Play |
| Community Support | Play Parks |





DASH Ceredigion

# HOW MANY – SESSIONS

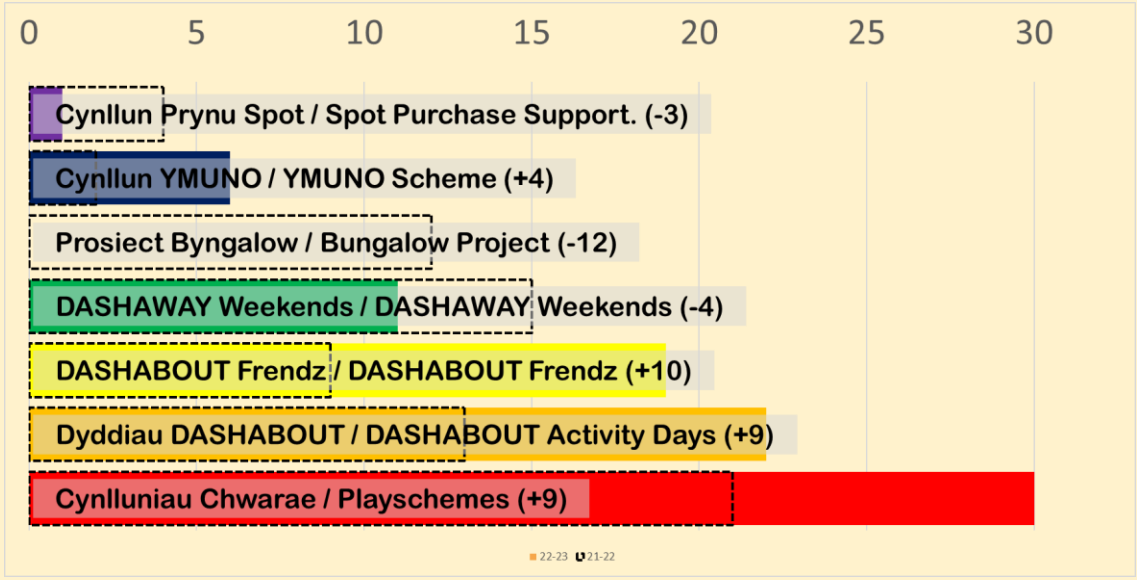



| Scheme | Target | Actual | What | When |
|---|---|---|---|---|
| Playschemes | 32 | 34 | sessions | School Holidays |
| DASHABOUT Activity Days | 12 | 15 | sessions | School Holidays |
| DASHABOUT Frendz | 14 | 18 | sessions | Term time week days |
| DASHAWAY Weekends | 12 | 10 | weekends | Term time weekends |
| Bungalow Project | 0 | 0 | weekends | Weekends |
| YMUNO Scheme | X | 6 | referrals | Supporting CIW Registered Afterschool Clubs and Holiday Playschemes |
| Spot Purchase Support. | 2 | 2 | referrals | According to need. |

# HOW MANY – CHILDREN

## Comparitive Annual Attendance per scheme

## Between FY 21-22 and 22-23

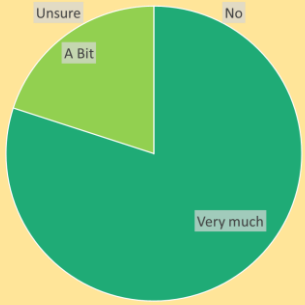



Notes:

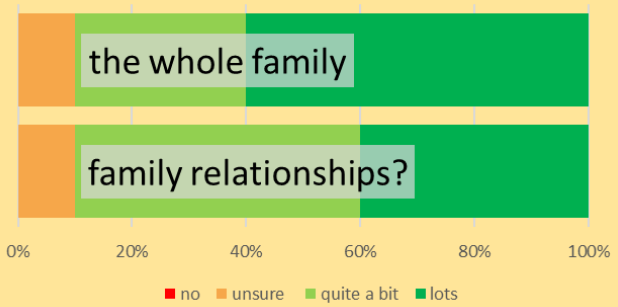
- Fewer **Spot purchase** support sessions place due to reduced call for it in areas we had staff.
    - 3 enquiries from out of county were made to us but were not possible for accept due to their geographical location.
    - 2 ongoing requests for support from CCC for children with higher behavioural needs were not able to be forfilled due to lack of location for them and appropriately trained staff.
- No **Bungalow Project** funded weekends took place during this year due to the project coming to an end.
- Fewer CYP accessed **DAW** due to new management and leadership structure put in place and the operational decision was made reduce numbers in the early days and increase after review. You will see that we have managed to increase numbers, however CYP need vs Staff training is challenging us here at times.
- Great to have more children accessing **Frendz**, **Activity Days** and **Playshemes** this year.

# HOW WE DID – Annual Feedback

Do our schemes give you an opportunity to have a break from caring?




Did your child's attendance at the schemes have a positive effect on ….




Did your child/children enjoy the scheme?






*A break and knowing they are cared for properly*

*Respite is always welcomed, especially when you have a child with additional needs and no family close by.*





*It gave me a bit of a break*

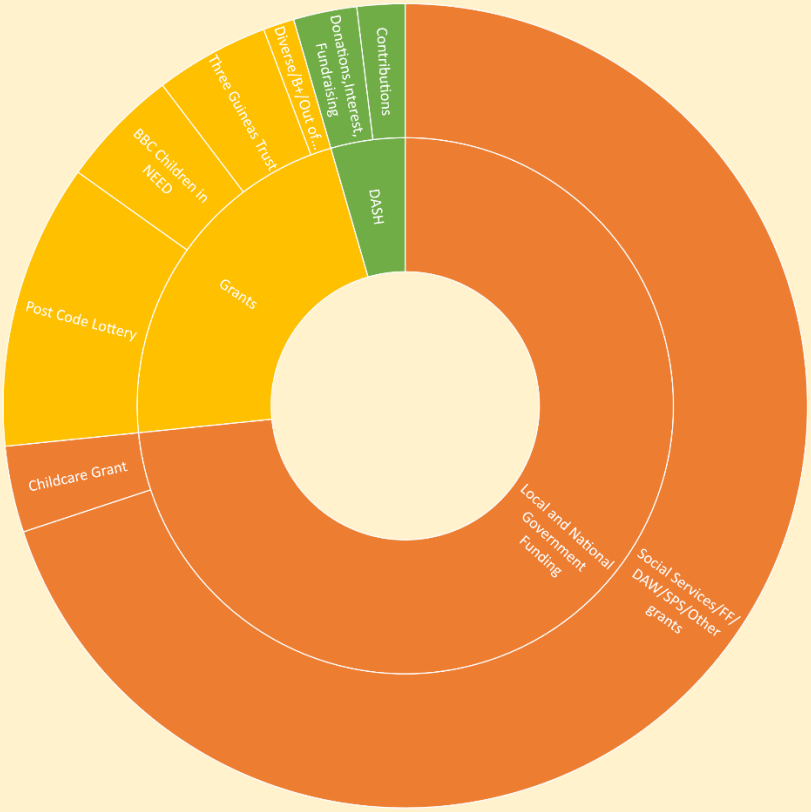
*Something new being in familiar surroundings and activities provided*



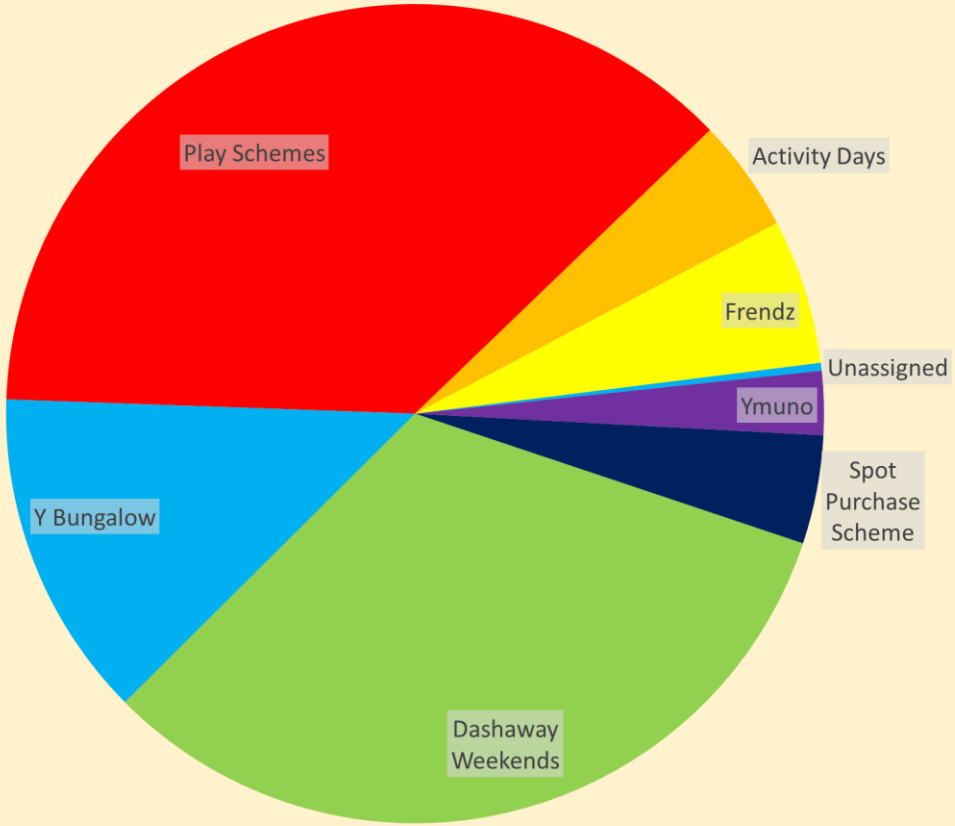
DASH Ceredigion

# FINANCIAL STATEMENTS

Source of Funding
2022 – 2023




Budgeted Application of funds
2022 - 2023



| SOURCE OF FUNDS | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | PLAY SCHEMES | ACTIVITY DAYS | FRENDZ | UnAssigned | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | Y BUNGALOW | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
| Social Services/FF/DAW/SPS/Other grants | £152,345 | £67,759 | £4,776 | £723 | | £304 | £9,056 | £62,043 | | £144,660 | £7,685 |
| Childcare Grant | £7,565 | | | | | £4,460 | | | | £4,460 | £3,105 |
| Big Lottery/YB Additional 12500 | £0 | | | | | | | | £27,490 | £27,490 | -£27,490 |
| Diverse/B+/Out of County | £2,722 | | | | | | | | | £0 | £2,722 |
| Three Guineas Trust | £10,000 | £10,000 | | | | | | | | £10,000 | £0 |
| BBC Children in NEED | £10,500 | £511 | £4,610 | £441 | | | | | | £5,561 | £4,939 |
| Post Code Lottery | £25,000 | | | £10,945 | | | | | | £10,945 | £14,055 |
| Contributions | £4,202 | | | | | | | | | £0 | £4,202 |
| Reserves | | £541 | £60 | | £659 | £565 | | £6,526 | | £8,350 | -£8,350 |
| Donations,Interest, Fundraising | £5,553 | | | | | | | | | £0 | £5,553 |
| SUB TOTAL received | £217,887 | £78,810 | £9,446 | £12,109 | £659 | £5,329 | £9,056 | £68,568 | £27,490 | £211,466 | £6,421 |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| Reserves b/f | £103,163 | | | | £104,176 | | | | | | |
| Restricted reserves b/f | £48,681 | | | | £54,089 | | | | | | |
| | £151,844 | | | c/f | £158,265 | | | | | | |

# SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Eryl Bray (Chair of Trustees)

Amelia Campbell (Chair Finance Sub Ctte)

Hilary Eldirdge (Trustee)

Gill Harries (Fundraising Ctte, Chair ;DAW Steering group)

Ellen Ap Gwyn (Trustee)

Gareth James (Parent Trustee)

Catherine Mackenzie (Chair; LSCM Steering group)

Andrew Moore (Treasurer)

Tina Sherrington (Trustee Secretary)

Nik Morgan (Trustee)

**BANK**
CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

# Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and refers to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services " More detail here: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 15 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

RAG Rating system (see appendix).

IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

DASH Ceredigion
Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

Unit 5W, Glan yr Afon Industrial Estate
Llanbadarn Fawr
Aberystwyth
Ceredigion
SY23 3JQ

office@dashceredigion.org.uk
01545 570 951

Rhif Elusen 1163672
Charity Number1163672

**DASH accounts 22/23.**

After adjusting final figures for unforeseen events (Post Code Lottery funding and Frendz activity) the actual income and expenditure are very closely aligned to the original budget prepared by the Manager and Finance Officer. Income forecast was within 1.5% whilst expenditure variance was less than 0.5%, indicating effective financial control during such volatile times.

The variances shown in the full final actual outturn are entirely owing to the Post Code Lottery funding (£25k) received during the year and the additional expenditure in the Frendz category (£8.5k by the year end). This leaves deferred income of £16.5k from the PCL money to be used in 23/24.

Unrestricted reserves remain in a healthy position at over £100k. Notably fundraising and increased rates of return of money invested in savings have added to these reserves.

Andy Moore

6/9/23

**DASH (DISABILITIES AND SELF HELP)**

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2023**

The trustees who are also directors for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 22. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities' issued in March 2005.

## REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Company Number**
1163672 (Wales)

**Registered Charity Number**
1163672

**Registered Office**
Unit 5W, Glan yr Afon Industrial Estate Llanbadarn Fawr Aberystwyth Ceredigion SY23 3JQ

**Trustees**

Eryl Bray (Chair of Trustees)
Gareth James (Parent Trustee)
Amelia Campbell (Chair Finance Sub Ctte)Catherine Mackenzie (Chair; LSCM Steering group)
Hilary Eldirdge (Trustee)
Andrew Moore (Treasurer)
Gill Harries (Fundraising Ctte, Chair ;DAW Steering group)
Tina Sherrington (Trustee Secretary)
Ellen Ap Gwyn (Trustee)
Nik Morgan (Trustee)

**Independent Examiner**
Julie Smith
Tyn Llyn
Swyddffynnon
SY25 6AW
13/10/2023

## STRUCTURE, GOVERNANCE AND MANAGEMENT

**Governing document**
The charity is a Charitable Incorporated Organisation registered with the Charities Commission.

**Risk Management**
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

## FINANCIAL REVIEW

**Reserves policy**
The reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of their Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building of excess cash at bank.

Unrestricted Reserves for the year ended 31 March 2023 that are carried into the financial year 2023/24 are
£104,176.00

The release of Reserves is seen as a funding source of last resort and funds in excess of the Total Reserves Requited, being regularly re-assessed, will only be released after all other sources of funds have been explored with the continuing aim of DASH being the winning of unrestricted funding through donations and fund raising initiatives.

**DASH (DISABILITIES AND SELF HELP)**

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2023**

Approved by order of the board of trustees on 6/12/23 and signed on their behalf by:



- Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DASH (DISABILITIES AND SELF HELP)**

I report to the trustees on my examination of the accounts of DASH for the year ended 30th March 23

## Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the *Charities Act* 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under s. 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under s. 145(5)(b) of the Act.

## Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the *Charities (Accounts and Reports) Regulations* 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

| | |
|---|---|
| Signed | Julie D Smith |
| Name: | Julie Smith |
| Address: | Tyn Llyn<br>Swyddffynnon<br>SY25 6AW |
| Date: | 13/10/23 |

**DASH (DISABILITIES AND SELF HELP)**

**STATEMENT OF FINANCIAL ACTIVITIES**
**For year ended 31 March 2023**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2023 Total Funds £ | 2022 Total Funds |
|---|---|---|---|---|---|
| **INCOMING RESOURCES** | | | | | |
| **Incoming resources from generated funds** | | | | | |
| Voluntary Income | | 9206 | 207307 | 216513 | 194961 |
| Investment Income | **2** | 1374 | 0 | 1374 | 113 |
| **Total Incoming resources** | | 10580 | 207307 | 217887 | 195074 |
| **RESOURCES EXPENDED** | | | | | |
| **Charitable activities** | | | | | |
| DASH Charitable Activities | | 13231 | 198115 | 211346 | 204709 |
| **Governance costs** | | 120 | 0 | 120 | 0 |
| **Total resources expended** | | 13351 | 198115 | 211466 | 204709 |
| **NET INCOMING RESOURCES BEFORE TRANSFERS** | | -2771 | 9192 | 6421 | -9635 |
| **Gross transfers between funds** | **8** | 0 | 0 | 0 | 0 |
| **Net Incoming/(outgoing) resources** | | -2771 | 9192 | 6421 | -9635 |
| **RECONCILIATION OF FUNDS** | | | | | |
| **Total funds brought forward** | | | | 151844 | 161479 |
| **TOTAL FUNDS CARRIED FORWARD** | | -2771 | 9192 | 158265 | 151844 |

The notes form part of these financial statements

**DASH (DISABILITIES AND SELF HELP)**

**BALANCE SHEET**
**At 31 March 2023**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2023 Total Funds £ | 2022 Total Funds £ |
|---|---|---|---|---|---|
| **CURRENT ASSETS** | | | | | |
| Debtor | **6** | 0 | 5167 | 5167 | 3231 |
| Cash at bank and in hand | | 104176 | 59187 | 163363 | 173312 |
| | | 104176 | 64354 | 168530 | 176543 |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | **7** | 0 | -10265 | -10265 | -24699 |
| **NET CURRENT ASSETS** | | 104176 | 54089 | 158265 | 151844 |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | 104176 | 54089 | 158265 | 151844 |
| **NET ASSETS** | | 104176 | 54089 | 158265 | 151844 |
| **FUNDS** | **8** | | | | |
| Unrestricted funds | | | | 104176 | 103163 |
| Restricted funds | | | | 54089 | 48681 |
| **TOTAL FUNDS** | | | | 158265 | 151844 |

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year Ended 31 March 2023

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the companies Act 2006

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of The Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of the charitable company at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the4 charitable company.

These financial statements have nee prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 6/12/23 and were signed on its behalf by:

Trustee

The notes form part of these financial statements

**DASH (DISABILITIES AND SELF HELP)**

**NOTES TO THE FINANCIAL STATEMENTS**
**For the Year Ended 31 March 2023**

## 1. ACCOUNTING POLICIES

**Accounting convention**
The financial statements have bee prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**
All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**
Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with resources.

**Taxation**
The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**
Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

## 2. INVESTMENT INCOME

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Deposit account interest | 1373 | 113 |

## 3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Other operating leases | 1363 | 1363 |

## 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor the year ended 31/03/2021

**Trustees' expenses**

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Trustees' expenses | 120 | 0 |

## 5. STAFF COSTS

| | 2023 | 2022 |
|---|---|---|
| | £ | £ |
| Wages and salaries | 131646 | 124130 |

The average monthly number of employees during the year was as follows:

| | 2023 | 2022 |
|---|---|---|
| Salaried Staff | 3 | 4 |
| Other Staff | 22 | 18 |
| | 25 | 22 |

No employees received emoluments in excess of £60,000.

## 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---|---|---|
| | £ | |
| Other debtors | 5167 | 3231 |

## 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---|---|---|
| | £ | |
| Bank loans and overdrafts | 0 | 0 |
| Other creditors | 10265 | 24699 |
| | 10265 | 24699 |

## 8. MOVEMENT IN FUNDS

| | At 1.4.22 | Net Movement in funds | Transfers between funds | At 31.3.23 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 103163 | -2771 | 0 | 100392 |
| Designated Fund for summer schemes | 0 | 0 | 0 | 0 |
| | 103163 | -2771 | 0 | 100392 |
| **Restricted Funds** | | | | |
| Postcode Lottery | 0 | 14055 | 0 | 14055 |
| BBC Children in Need | 5453 | 4939 | 0 | 10392 |
| Three Guineas Trust | 2998 | 0 | 0 | 2998 |
| Big Lottery Fund UNO Project | 22462 | -15497 | 0 | 6965 |
| Ceredigion County Council Social Services | 5464 | 9541 | 0 | 15005 |
| Ceredigion County Council DASH away Weekend | 3959 | -991 | 0 | 2968 |
| Ceredigion County Council Families First | 3547 | 7565 | 0 | 11112 |
| Ceredigion County Council Other | 1205 | 0 | 0 | 1205 |
| Ceredigion County Council Spot Purchase | -506 | -511 | 0 | -1017 |
| Ceredigion County Council Spot Byngalo Plus | 653 | -12009 | 0 | -11356 |
| Diverse Cymru Out of County | 3446 | 2101 | 0 | 5547 |
| | 48681 | 9193 | 0 | 57874 |
| **TOTAL FUNDS** | 151844 | 6422 | 0 | 158266 |

Net movement in funds, included in the above as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---|---|---|---|
| | £ | £ | £ |
| **Unrestricted funds** | | | |
| General fund | 10580 | -13351 | -2771 |
| **Restricted Funds** | | | |
| Postcode Lottery | 25000 | -10945 | 14055 |
| BBC Children in Need | 10500 | -5561 | 4939 |
| Three Guineas Trust | 10000 | -10000 | 0 |
| Big Lottery Fund UNO Project | 0 | -15497 | -15497 |
| Ceredigion County Council Social Services | 82629 | -73088 | 9541 |
| Ceredigion County Council DASH away Weekend | 60947 | -61938 | -991 |
| Ceredigion County Council Families First | 7565 | 0 | 7565 |
| Ceredigion County Council Other | 0 | 0 | 0 |
| Ceredigion County Council Spot Purchase | 8565 | -9076 | -511 |
| Ceredigion County Council Spot Byngalo Plus | 0 | -12009 | -12009 |
| Diverse Cymru Out of County | 2101 | 0 | 2101 |
| | 207307 | -198114 | 9193 |
| **TOTAL FUNDS** | 217887 | -211465 | 6422 |

**DASH (DISABILITIES AND SELF HELP)**

**NOTES TO THE FINANCIAL STATEMENTS**
**For the Year Ended 31 March 2023**

| | 2023 | 2022 |
|---|---|---|
| | £ | |
| **INCOMING RESOURCES** | | |
| **Voluntary income** | | |
| Ceredigion County Council | 159705 | 165055 |
| Donations | 9207 | 8121 |
| Grants | 47602 | 21785 |
| Contribution for activities | 0 | 0 |
| | 216514 | 194961 |
| **Investment Income** | 1373 | 113 |
| | 217887 | 195074 |
| **RESOURCES EXPENDED** | | |
| **Charitable activities** | | |
| Wages | 131646 | 124132 |
| Other operating leases | 1363 | 1363 |
| Transport | 17805 | 10607 |
| Other direct costs | 4888 | 1402 |
| General overheads | 8732 | 5443 |
| Other staff costs | 753 | 7180 |
| Venue hire | 17465 | 19644 |
| Consultants | 0 | 0 |
| Catering and Cleaning | 1789 | 4127 |
| IT costs | 700 | 2034 |
| Office equipment | 916 | 0 |
| External providers | 14247 | 9595 |
| Play Equipment & storage | 3001 | 13488 |
| Training | 4093 | 363 |
| Marketing and Communication | 572 | 456 |
| Staff travel | 3240 | 3826 |
| | 211210 | 203660 |
| **Governance costs** | | |
| Trustees' expenses | 120 | 0 |
| Accountancy | 0 | 940 |
| | 120 | 940 |
| **Support costs** | | |
| **Finance** | | |
| Bank charges | 135 | 109 |
| **Total resources expended** | 211465 | 204709 |
| **Net income** | 6422 | -9635 |

**DASH (DISABILITIES AND SELF HELP / DELIO AG ANABLEDD A SIALENS HUNANGYMORTH)**

England & Wales - Charity number 1163672

# Accounts

DASH Ceredigion

Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

# Adroddiad Blynyddol 2022

Rhif Elusen : 1163672 Charity No.

**Cyfnod:** Ebrill 1af 2021 – Mawrth 31ain 2022

**Prif Gyfeiriad:**

Byngalo Min-y-Mor, Gerddi Wellington, Aberaeron, SA46 0BQ

01545 570 951 office@dashceredigion.org.uk

## Cefnogir DASH gan

Children in Need

National Lottery

Ceredigion Association of Voluntary Organisations

Ceredigion County Council

Families First

The Three Guineas Trust

Social Business Wales

Families and Community of Ceredigion

## PWY YDY NI?

Ers 1978, mae DASH Ceredigion wedi bod yn trefnu amrywiaeth o gynlluniau hamdden ar gyfer plant a phobl ifanc anabl o fewn sir Ceredigion. Gwnawn hyn fel bod plant anabl lleol a'u teuluoedd yn gallu cael gwell ansawdd bywyd gyda mynediad i ddewis eang o gyfleusterau a chyfleoedd hamdden. Mae rhieni a gofalwyr yn cael amser i ailwefru eu batris ac mae plant a phobl ifanc anabl yn cael amser eu hunain ar gyfer datblygiad personol, cymdeithasol a chreadigol mewn amgylchedd croesawgar a hwyliog.

## AMCANION ELUSENNOL

Nod y gymdeithas yw hybu cymorth i bobl anabl, yn arbennig ond nid yn gyfan gwbl, drwy gefnogi plant a phobl ifanc anabl mewn unrhyw fodd sydd nawr neu o hyn ymlaen yn cael ei ystyried yn gyfreithiol yn elusennol o fewn ardal Ceredigion (yma a elwir yn faes budd) ac er mwyn hyrwyddo gwrthrych o'r fath ond ymhellach fel arall:

- Darparu a chynorthwyo i ddarparu cynlluniau chwarae a gweithgareddau hamdden eraill;
- Darparu seibiannau byr i'r plant, y bobl ifanc hynny a'u teuluoedd a'u gofalwyr;
- Annog pobl ifanc i wirfoddoli a darparu cyfleoedd i wirfoddolwyr ymgysylltu'n weithredol â phlant a phobl ifanc anabl.
- Meithrin cydweithrediad a chyfeillgarwch rhwng rhieni a gwarcheidwaid, perthnasau a ffrindiau pobl anabl;
- Codi ymwybyddiaeth o'r problemau y mae pobl anabl a'u teuluoedd yn eu hwynebu ac annog agwedd gadarnhaol at bobl anabl;
- Gwneud pob peth arall cyfreithlon sydd yn angenrheidiol i gyrhaedd yr amcanion uchod.

## MAE DASH YN ANELU I WNEUD GWAHANIAETH DRWY :

- ✓ Cynnig cynlluniau hamdden sy'n briodol i oedran a gallu ar gyfer plant a phobl ifanc anabl.
- ✓ Cynnwys pobl ifanc anabl a'u brodyr a chwiorydd mewn dewisiadau eraill adeiladol yn lle aros gartref.
- ✓ Hwyluso pobl ifanc anabl i wneud a datblygu cyfeillgarwch parhaol
- ✓ Cynorthwyo pobl ifanc anabl i gael mynediad i'r gymuned leol a mwynhau cyfleusterau cymunedol.
- ✓ Galluogi pobl ifanc anabl i wella eu hyder a'u helpu i ymarfer a datblygu eu sgiliau.
- ✓ Darparu seibiannau byr i'r teulu, rhieni a gofalwyr yn ystod amser gwyliau a hamdden.
- ✓ Harneisio a chyfarwyddo brwdfrydedd ac egni cynyddu gwybodaeth y cyhoedd am y rhwystrau y mae pobl anabl a'u teuluoedd yn eu hwynebu, ac annog eu derbyn i'r gymuned ehangach.
- ✓ Darparu cefnogaeth i'r teulu cyfan yn ogystal â meithrin cydweithrediad a chyfeillgarwch.
- ✓ Defnyddio gwirfoddolwyr lleol sy'n cynorthwyo gyda'r cynlluniau.

# CYNNWYS

## Cynnwys


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# CROESO



**Neges gan Eryl Bray y Cadeirydd**

Rwyf wedi teimlo'n freintiedig i gadeirio cyfnod llwyddiannus arall i DASH sy'n parhau i gefnogi plant a phobl ifanc ag anabledd a'u teuluoedd yng Ngheredigion. Yn ystod y cyfnod 2020 -2021, er gwaethaf effaith COVID-19, mae DASH wedi darparu cyfleoedd amrywiol a gwerthfawr i blant anabl, fel y tystiwyd yn yr adroddiad hwn. Llwyddodd DASH i gynyddu'r gefnogaeth yn raddol wrth i'r cyfyngiadau leddfu. Roedd yn arbennig o braf cynyddu nifer y bobl a fynychodd ein Penwythnosau Seibiant i Ffwrdd DASH gyda chydweithrediad Cefnogaeth Estynedig a Rheolaeth Aur. Gallwn ddiolch i Dîm DASH am eu hagwedd ddychmygus a hyblyg at ddarpariaeth yn ystod y cyfnod anodd hwn. Fel Cadeirydd yr Ymddiriedolwyr teimlaf yn freintiedig iawn gweithio gyda thîm mor ymroddedig.

**Neges gan Ben Freeman, Rheolwr**

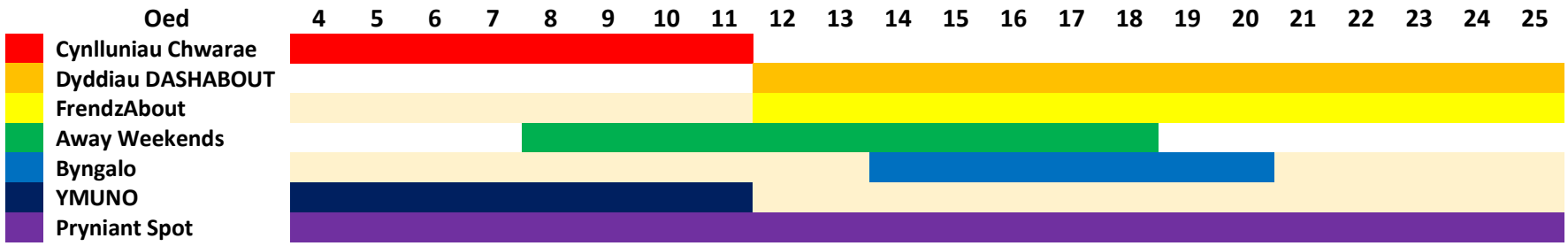
Er gwaethaf effaith lai o COVID, parhaodd i gael effaith ymarferol ar DASH ac effaith emosiynol a meddyliol ar y teuluoedd a'u plant sy'n mynychu ein gwasanaethau. Fodd bynnag, roeddem yn falch o ddarparu mwy o gyfleoedd ac agor yn raddol i nifer fwy o bobl wrth i'r flwyddyn fynd rhagddi. Rydym yn falch, unwaith eto, ein bod wedi cael cyllid gan y cyngor sir i barhau i ddarparu cynlluniau Penwythnos Cwrdd i Ffwrdd yr haf a DASH am ddwy flynedd arall ac wedi gweithio'n agos gydag ystod o sefydliadau i gadw'r defnydd o'r Byngalo yn Llanilar sy'n adnodd hanfodol. ar gyfer ystod o blant a phobl ifanc ag anableddau yng Ngheredigion. Hoffwn eto ddiolch i Gail, Alison, Zoe, Gwawr a'u timau a ddarparodd gefnogaeth, hwyl a chyfleoedd cymdeithasu rhagorol i dros 70 o bobl ifanc eleni.



## BETH WNAETHOM NI

| Beth? | | I bwy? | Ble? |
|---|---|---|---|
| | **Cynlluniau Chwarae** | Ar gyfer plant 4 – 11 oed sy'n byw yng Ngheredigion ag anabledd cymedrol i ddifrifol a'u brodyr a chwiorydd (o fewn yr un ystod oedran). | Lleoliadau cofrestredig yn Ysgol Bro Teifi, Ysgol Llwyn yr Eos, Aberystwyth. |
| | **DASHABOUT Dyddiau Gweithgaredd** | Ar gyfer pobl ifanc 12-25 oed sy'n byw yng Ngheredigion ag anabledd cymedrol i ddifrifol. | Mae amserlen o weithgareddau yn cynnwys amrywiaeth o leoliadau gan gynnwys defnydd rheolaidd o Fyngalo Llanilar. |
| | **DASHABOUT Frendz** | Ar gyfer pobl ifanc 12-25 oed sy'n byw yng Ngheredigion, ag anabledd cymedrol i ddifrifol. | **AIL-DDECHRAU** o fis Medi 2021 ymlaen, rhaglen o weithgareddau ar gyfer grŵp bach o blant. |
| | **DASHAWAY Penwythnosau** | Profiadau preswyl i blant 8-18 oed sy'n byw yng Ngheredigion, ag anabledd cymedrol i ddifrifol. | Lleoliad cofrestredig yn Byngalo Ymddiriedolaeth Ty Glyn Davis, Ciliau Aeron. |
| | **Prosiect y Byngalo** | Prosiect 2 flynedd yn darparu seibiannau byr preswyl ac amrywiaeth o weithgareddau eraill i ddatblygu sgiliau ac annibyniaeth i bobl ifanc 14 – 20 oed ag anghenion ychwanegol. | Wedi'i leoli yn y Byngalo yn Llanilar. Wedi'i gyflwyno mewn partneriaeth â Hafal Crossroads (cofrestru gofal yn y cartref) a WWHA. |
| | **Cynllun YMUNO** | Cynllun a weinyddir gan DASH ar gyfer yr Awdurdod Lleol i gefnogi lleoliadau gofal plant cofrestredig i gynnwys plant a phobl ifanc 3 – 14 oed (18 os yn anabl) ag anghenion ychwanegol yn unol â deddfwriaeth Cydraddoldeb. | Lleoliadau gofal plant cofrestredig yng Ngheredigion a'r cyffiniau a fynychir gan blant sy'n byw yng Ngheredigion ac a dderbyniwyd ar y cynllun. |
| | **Cymorth Prynu Sbot.** | Cymorth pwrpasol i blentyn neu berson ifanc ag anghenion ychwanegol drwy gontract sy'n canolbwyntio ar yr unigolyn. | Yn amrywio o unigolyn i unigolyn |
| Effeithiodd COVID ar ddarpariaeth holl Wasanaethau DASH yn ystod y cyfnod hwn. | | | |

## BETH WNAETHOM NI – I BWY




## BETH WNAETHOM NI – GWEITHGAREDDAU





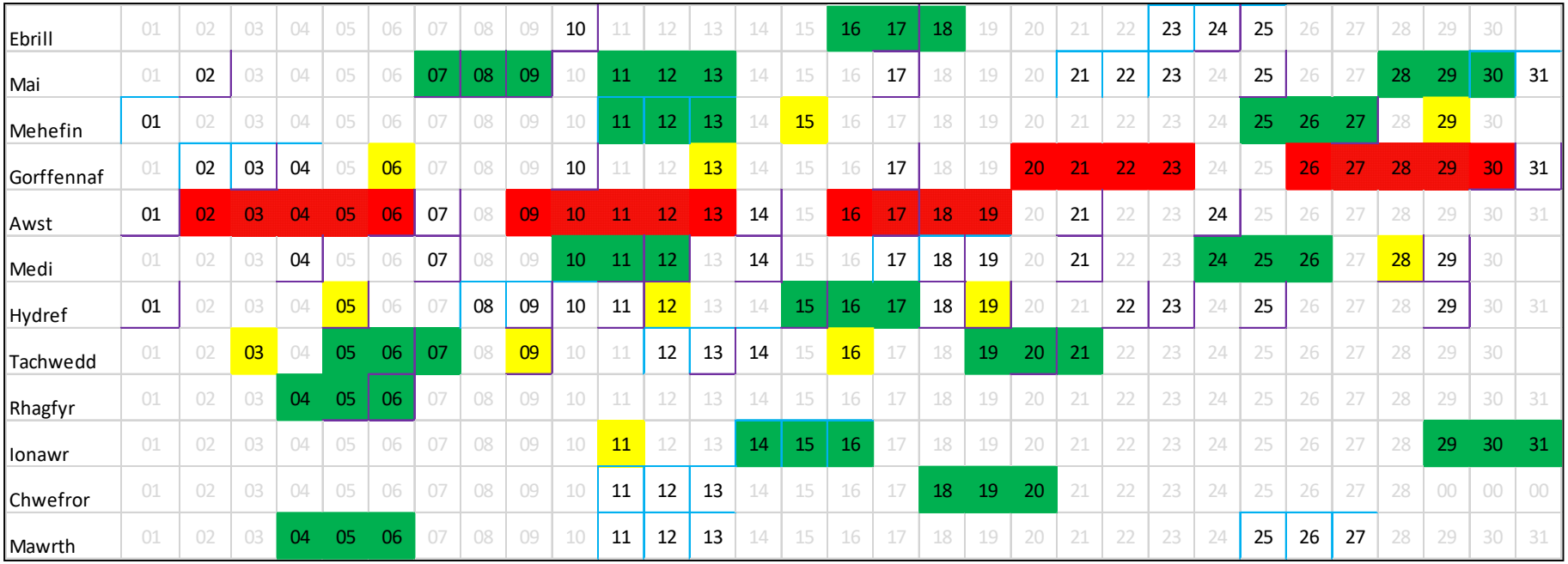
| | |
|---|---|
| Celf a Chrefft | Helfa ymlusgiaid |
| Gemau Grwp | Nofio |
| Mynd am dro | Ffilmiau |
| Chwarae Meddal | Garddio |
| Chwarae Synhwyraidd | Chwarae Tu allan |
| Cefnogaeth Cymunedol | Parciau Chwarae |





DASH Ceredigion

# NIFER Y SESIYNAU



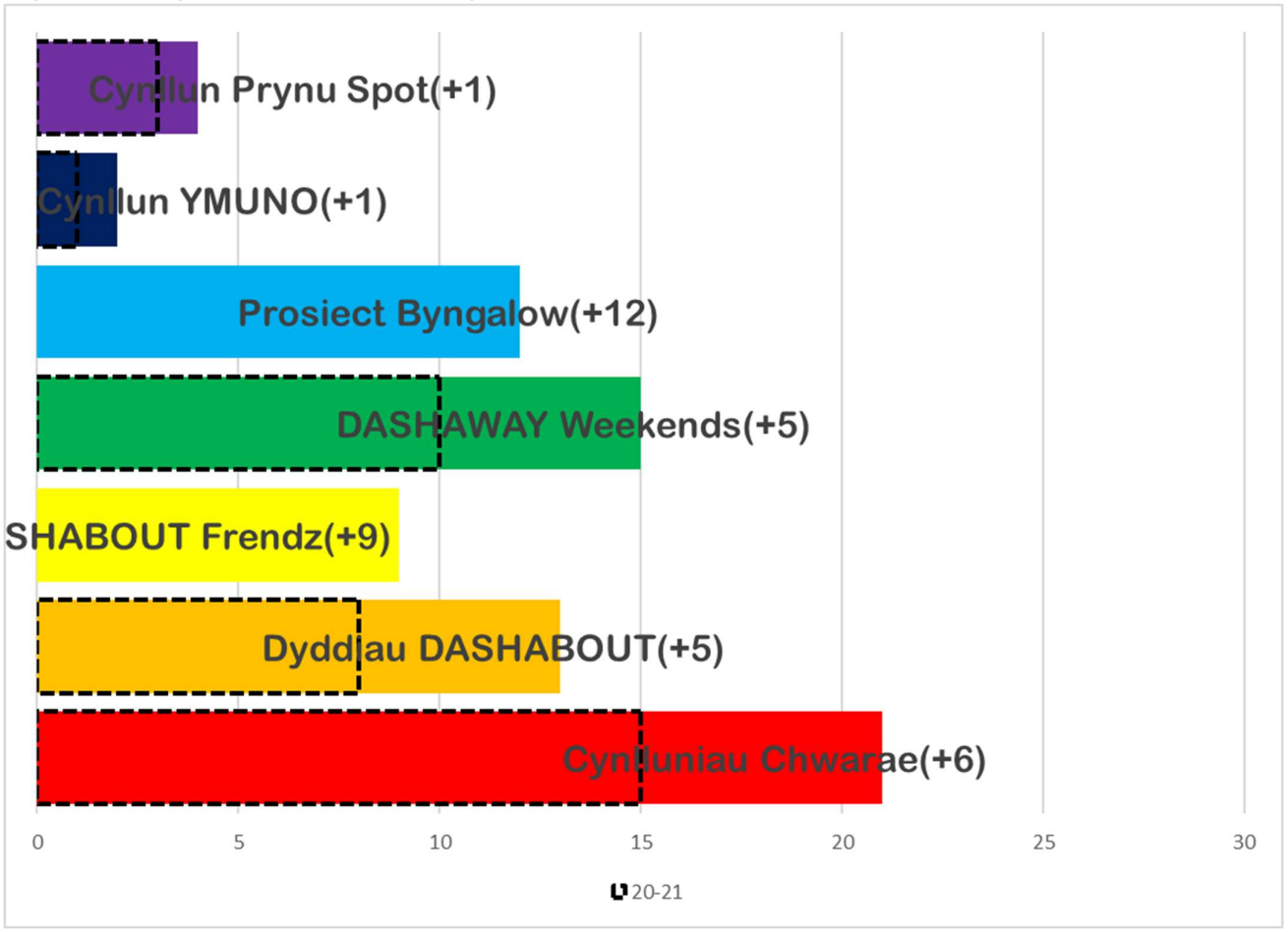

| Cynllun | Targed | Gwireddwyd | Beth | Pryd |
|---|---|---|---|---|
| Cynlluniau Chwarae | 32* | 32 | sesiwn | Gwyliau Ysgol |
| Dyddiau DASHABOUT | 21* | 12 | sesiwn | Gwyliau Ysgol |
| DASHABOUT Frendz | 14* | 14 | sesiwn | Dyddiau'r wythnos adeg tymor |
| DASHAWAY Weekends | 12 | 19 | penwythnos | Penwythnosau adeg tymor |
| Prosiect Byngalow | 12 | 12 | penwythnos | Penwythnosau |
| Cynllun YMUNO | 2 | ++ | cyfeiriadau | Cefnogi Clybiau Ar Ôl Ysgol Cofrestredig AGC a Chynlluniau Chwarae Gwyliau |
| Cynllun Prynu Spot | 2 | n/a | cyfeiriadau | Yn ôl yr angen |

*Cafodd targedau sesiynau eu gosod yn hyblyg yn ystod y cyfnod hwn oherwydd effaith Covid, cynhaliwyd yr holl sesiynau a gynlluniwyd.

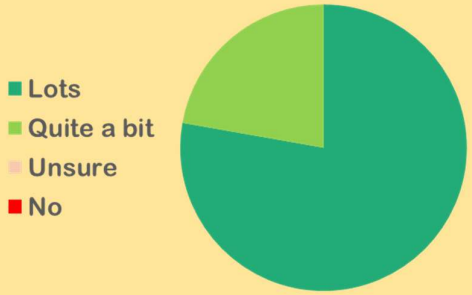
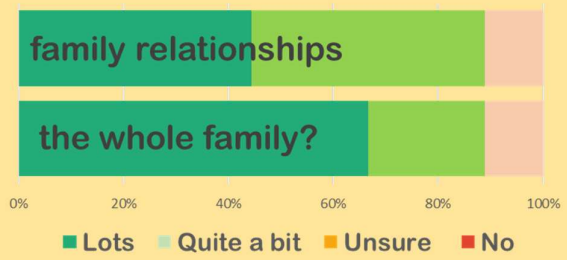
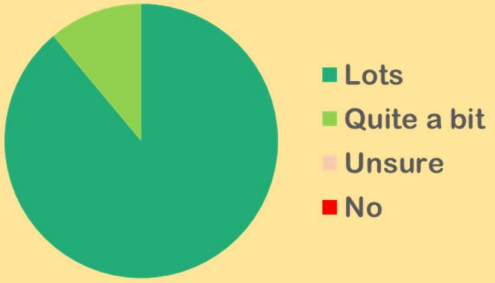
DASH Ceredigion

## FAINT O – BLANT

## Presenoldeb Blynyddol Cymharol fesul cynllun



# SUT WNAETHOM NI - Adborth Blynyddol

| A yw ein cynlluniau yn rhoi cyfle i chi gael seibiant o ofalu? | A gafodd presenoldeb eich plentyn yn y cynlluniau effaith gadarnhaol ar .... | Wnaeth eich plentyn/plant fwynhau'r cynllun? |
|---|---|---|
|   |   |   |



[Sesiynau a ddarparwyd] Cyfle i fynychu apwyntiadau ar ben ei hun

Rwy'n credu bod (A) wedi mwynhau bod gyda plant eraill, a chwarae gyda trenau a dwr 😊





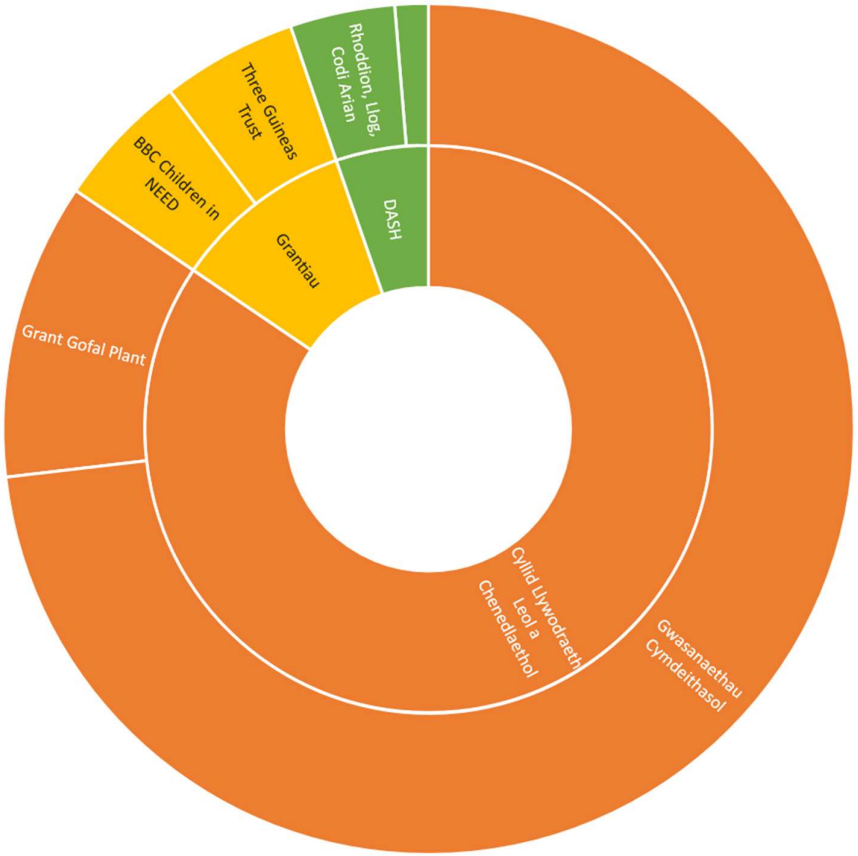
Roedd (B) wedi mwynhau mynychu ac yn dweud (B) eisiau mynd i'r 'Cynllun' sy'n gam anferth iddo ef.

Wedi cyfoethogi bywyd fy mhlentyn drwy gwrdd plant eraill ag anableddau

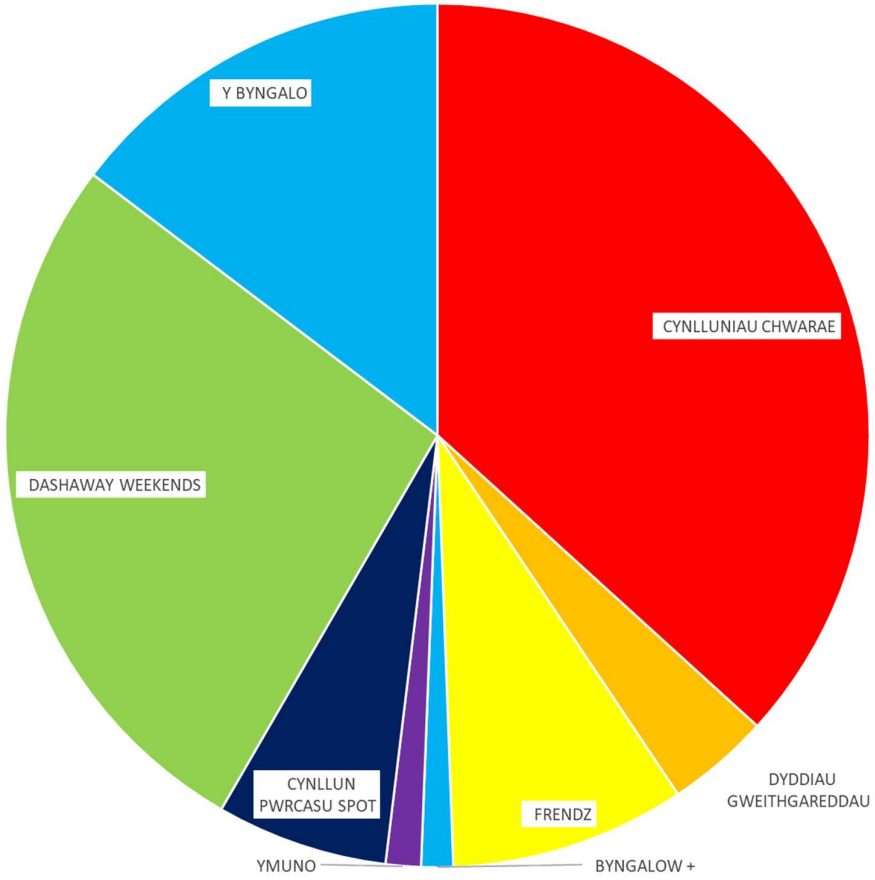


# DATGANIADAU ARIANNOL

Ffynhonell Arian
2021 – 2022




Cymhwyso Cronfeydd yn y Gyllideb
2021 - 2022



| FFYNHONELL ARIAN | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | **CYNLLUNIAU CHWARAE** | **DYDDIAU GWEITHGAREDDAU** | **FRENDZ** | **BYNGALOW +** | **YMUNO** | **CYNLLUN PWRCASU SPOT** | **DASHAWAY WEEKENDS** | **Y BYNGALO** | **CYFANSWM GWARIANT** | **GWARGED/DIFFYG** |
| GWASANAETHAU CYMDEITHASOL/FF/DAW/SPS/CSS | £ 142,490.00 | £ 38,005.00 | £ 6,306.00 | £ 14,038.00 | | £ 983.70 | £ 13,129.00 | £ 55,234.00 | £ 5,547.00 | £ 133,242.70 | £ 9,247.30 |
| Grant Gofal Plant | £ 21,904.70 | £ 20,189.00 | | | | £ 1,716.00 | | | | £ 21,905.00 | -£ 0.30 |
| Loteri Fawr | £ - | | | | | | | | £ 24,500.67 | £ 24,500.67 | -£ 24,500.67 |
| Diverse/B+/Out of County | £ 2,446.00 | | | | £ 2,447.00 | | | | | £ 2,447.00 | -£ 1.00 |
| Three Guineas Trust | £ 10,000.00 | £ 10,000.00 | | | | | | | | £ 10,000.00 | £ - |
| BBC Plant mewn Angen | £ 10,000.00 | £ 4,781.00 | £ 1,600.00 | £ 3,980.00 | | | | | | £ 10,361.00 | -£ 361.00 |
| Cyfraniadau | £ 455.00 | | | | | | | | | £ - | £ 455.00 |
| Rhoddio Llog,Codi Arian | £ 7,779.00 | £ 2,253.60 | | | | | | | | £ 2,253.60 | £ 5,525.40 |
| Is-Gyfanswm dderbyniwyd | £ 195,074.70 | | | | | | | | | £ 204,709.97 | -£ 9,635.27 |
| Tu cefn c/t | £ 95,820.00 | | | | Reserves c/f | £ 103,167.00 | | | | | |
| Arian cyfyngedig wrth gefn c/t | £ 65,659.00 | | | | Restricted res c/f | £ 48,677.00 | | | | | |
| | £ 161,479.00 | | | | | £ 151,844.00 | | | | | |

# CEFNOGWYR

Hoffem ddiolch i'n holl sylfaenwyr, cyllidwyr, partneriaid, staff a gwirfoddolwyr am eu holl waith caled, ymrwymiad ac egni. Rydym yn dibynnu arnoch chi i gyd i'n cynorthwyo i gefnogi plant anabl a'u teuluoedd sy'n byw yng Ngheredigion.

Eryl Bray (Cadeirydd yr Ymddiriedolwyr)

Gareth James (Rhiant Ymddiriedolwr)

Amelia Campbell (Cadeirydd Is-Gyngor Cyllid)

Catherine Mackenzie (Cadeirydd; Grŵp Llywio BLlDP)

Hilary Eldirdge (Ymddiriedolwr)

Andrew Moore (Trysorydd)

Gill Harries (Ctte Codi Arian, Cadeirydd; Grŵp Llywio DAW)

Tina Sherrington (Ysgrifennydd yr Ymddiriedolwyr)

**BANC**
CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

**CYFRIFWYR**
HATFIELD AND JOHN LTD
1, North Road
Aberaeron
CEREDIGION
SA46 0JD

# Pwy yw Pwy, Beth yw Beth, Ystyr y Jargon

Mae DASH yn gweithio gyda llawer o acronymau, sefydliadau ac yn cyfeirio at amrywiaeth o leoliadau gwahanol. Dyma ddisgrifiad o'r rhai a ddefnyddir amlaf.

TPA – Tîm Plant Anabl – tîm amlddisgyblaethol (Gofal Cymdeithasol, Addysg ac Iechyd) o staff sy'n cefnogi plant anabl a oedd gynt yn bwynt cyswllt mwyaf rheolaidd ar gyfer atgyfeiriadau. Bellach yn rhan o Borth Cynnal.

CTLD – Tîm Cymunedol ar gyfer Anableddau Dysgu (Tîm Oedolion Anabl) – Tîm Gofal Cymdeithasol yn cefnogi Oedolion anabl sy'n byw yng Ngheredigion. Bellach yn rhan o Borth Cynnal.

Porth Cynnal – Rhan o'r model cymorth "Gwasanaethau Integredig" newydd a ddatblygwyd gan Geredigion. Mae Porth Cynnal yn darparu "Gwasanaethau Arbenigol Trwy Oedran" Mwy o fanylion yma: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

SSP / Contractau ar hap – Contractau a brynir gan unrhyw un sy'n gallu gwneud hynny ar gyfradd sy'n cwmpasu'r gost er mwyn darparu cymorth penodol i grŵp bach neu unigolyn gan DASH. Defnyddir yn aml pan na ellir diwallu anghenion y person ifanc drwy un o gontractau presennol.

DAW – Penwythnosau DASHAWAY – 15 penwythnos seibiant y flwyddyn, wedi'u hariannu'n gyfan gwbl gan yr Awdurdod Lleol Porth Cynnal.Ty Glyn Davis Trust – Byngalo sy'n eiddo i Elusen lle mae Penwythnosau DASH yn digwydd.

FF / Teuluoedd yn Gyntaf – Ffrwd ariannu a ddarperir yn uniongyrchol gan Lywodraeth Cymru, a reolir gan gydlynydd Teuluoedd yn Gyntaf Ceredigion ar lefel leol.

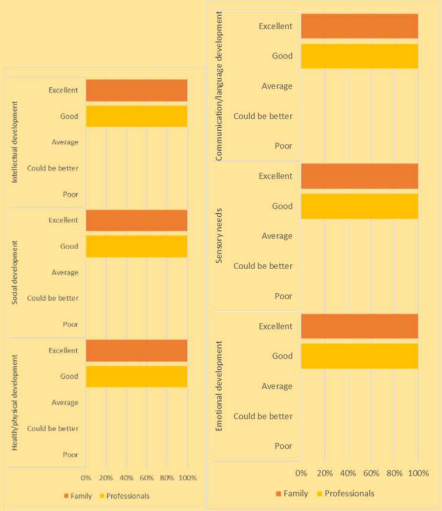
System Raddfa RAG (gweler atodiad).

A oes unrhyw beth ar goll o'r rhestr hon? – gofynnwch i : rheolwr@dashceredigion.org.uk

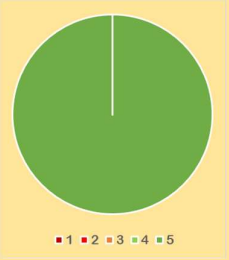
# Atodiad – Adborth DAW

Ailddechreuodd penwythnosau i Ffwrdd DASH ym mis Medi 2021. Darparwyd sesiynau i blant sengl neu grwpiau o frodyr a chwiorydd dan gyfarwyddyd “Rheolaeth Aur” Awdurdod Lleol. (Ariennir DAW yn llawn gan yr awdurdod lleol)

**Graddiwch y gefnogaeth rydych chi'n teimlo sy'n cael ei darparu ar gyfer anghenion datblygiadol plant/pobl ifanc (adborth teuluol a phroffesiynol)**




**Graddiwch yr hyder sydd gennych mewn penwythnosau DASHaway i ofalu am eich person ifanc (1-5)**




**Sut ydych chi'n teimlo eich bod chi a/neu'ch teulu yn elwa o benwythnosau DASHaway?***

- Time for myself
- Knowing that [J] is having fun and gaining independence.
- We get respite, much needed

*ni chafwyd ymateb gan deuluoedd trwy gyfrwng y Gymraeg

**Beth yw'r peth gorau am benwythnosau DASHaway?**

- “Everything from children having fun and I get a break”
- “The opportunity for [C] to have fun”
- “Weekends provide a quality short break for the children attending alongside a period of respite for families from their caring roles.”

*ni chafwyd ymateb gan deuluoedd trwy gyfrwng y Gymraeg

| | |
|---|---|
| | **Sut y gellid gwella penwythnosau DASHaway?**<br><br>• The frequency of them.<br>• More of them!<br>• For this provision to be commissioned to provide more regular support to families throughout the year.<br><br>*ni chafwyd ymateb gan deuluoedd trwy gyfrwng y Gymraeg |

DASH Ceredigion

Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

# Annual Report 2022

Rh. Elusen : 1163672 Charity No.

**Period:** 1st April 2021 – 31st March 2022

**Principle Address:**

Min-y-Mor Bungalow, Gerddi Wellington, Aberaeron, SA46 0BQ

01545 570 951 office@dashceredigion.org.uk

## DASH is supported by

Children in Need

National Lottery

Ceredigion Association of Voluntary Organisations

Ceredigion County Council

Families First

The Three Guineas Trust

Social Business Wales

Families and Community of Ceredigion

## WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

## CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities;
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

## DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

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# CROESO, WELCOME



**A message from the Chairperson Eryl Bray**

I have felt privileged to chair another successful period for DASH who continues to support children and young people with a disability and their families in Ceredigion. During the period 2021 -2022, despite the impact of COVID, DASH has provided varied and valued opportunities for disabled children, as testified in this report.

DASH was able to gradually increase the support as the restrictions eased. It was particularly pleasing to grow the number of people attending our DASH Away Respite Weekends with cooperation of Extended Support and Gold Command. We can thank DASH Team for their imaginative and flexible approach to provision during this difficult period.

As Chair of Trustees I feel very privileged to work with such a committed team.

**Message from Ben Freeman, Manager**

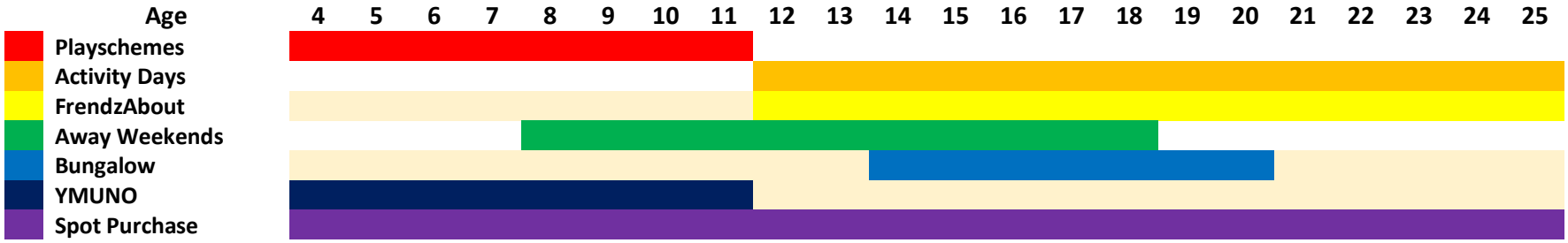
Despite the impact of COVID lessening, it continued to have a practical impact on DASH and an emotional and mental impact on the families and their children who attend our services. We were pleased however to provide more opportunities and gradually open up to a greater number of people as the year progressed. We are pleased to have, again achieved funding from the county council to continue to provide the summer and DASH Away Weekend schemes for another two years and worked closely with a range of organisations to retain the use of the Bungalow in Llanilar which is an essential resource for a range of children and young people with disabilities in Ceredigion. I would again like to thank Gail, Alison, Zoe, Gwawr and their teams who provided excellent support, fun and socialisation opportunities to over 70 young people this year.



## WHAT WE DID

| What? | | Who for? | Where? |
|---|---|---|---|
| | **Playschemes** | For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket). | Registered settings at Ysgol Bro Teifi, Ysgol Llwyn yr Eos, Aberystwyth. |
| | **DASHABOUT Activity Days** | For young people aged 12-25 years living in Ceredigion with a moderate to severe disability. | A schedule of activities includes a range of settings including regular use of Llanilar Bungalow. |
| | **DASHABOUT Frendz** | For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability. | RESTARTED from September 2021, a schedule of activities for a small group of children. |
| | **DASHAWAY Weekends** | Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability. | Registered setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. (increase in number of people from SEPT 2021) |
| | **Bungalow Project** | A 2-year project delivering residential short breaks and a range of other activities to develop skills and independence for young people aged 14 – 20 years with additional needs. | Based at the Bungalow in Llanilar. Delivered in partnership with Hafal Crossroads (Dom care registration) and WWHA. |
| | **YMUNO Scheme** | A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation. | Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme. |
| | **Spot Purchase Support.** | Bespoke support for a child or young person with additional needs via a person-centred contract. | Varies from individual to individual. |
| COVID Impacted the provision of all DASH Services during this period to one degree or another. | | | |

## WHAT WE DID – WHO FOR




## WHAT WE DID – ACTIVITIES



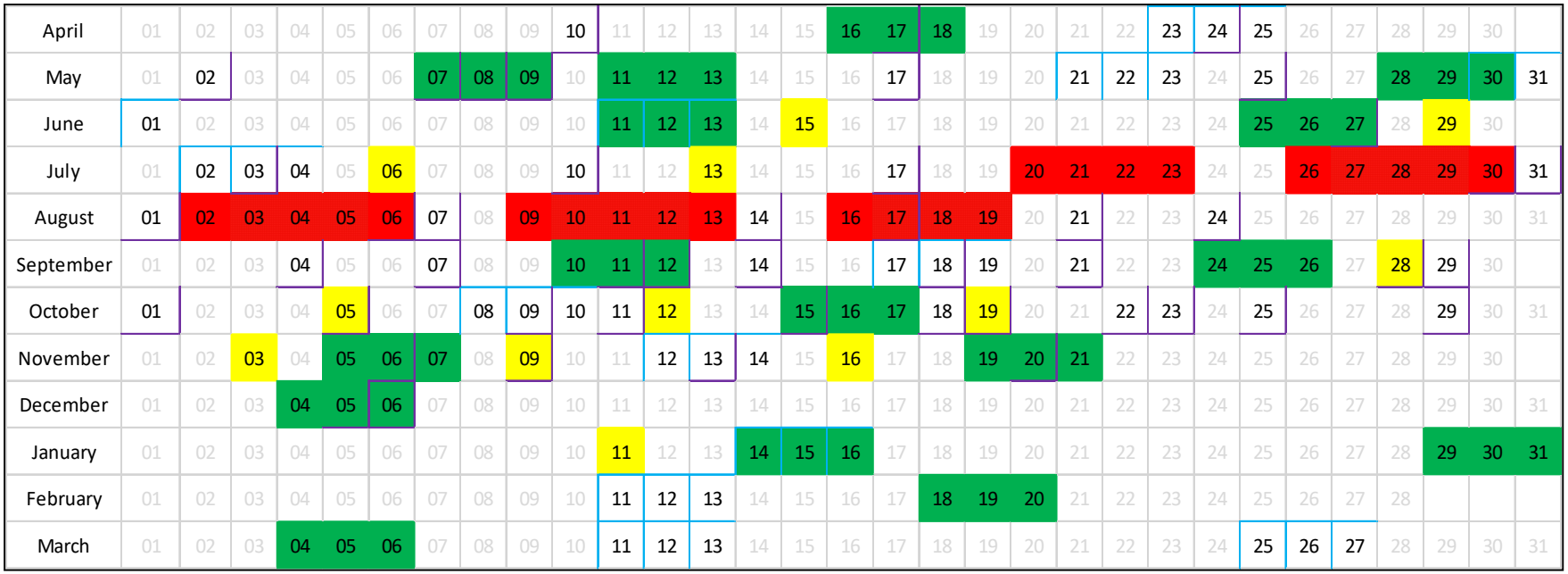
| | |
|---|---|
| Arts and Crafts | Minibeast Hunts |
| Group games | Swimming |
| Walks | Films |
| Soft play | Gardening |
| Sensory play | Outdoor Play |
| Community Support | Play Parks |







# HOW MANY – SESSIONS

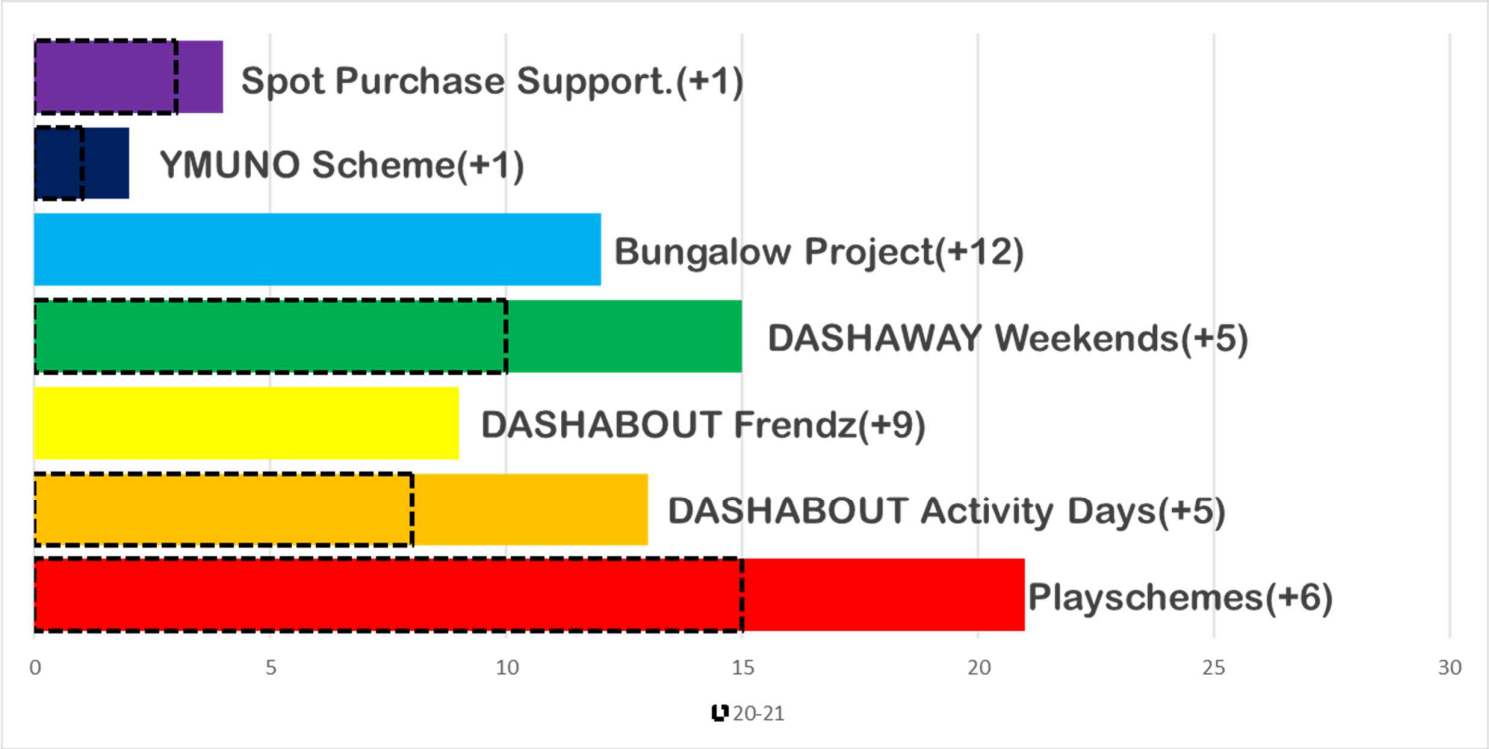



| Scheme | Target | Actual | What | When |
|---|---|---|---|---|
| Playschemes | 32* | 32 | sessions | School Holidays |
| DASHABOUT Activity Days | 12* | 12 | sessions | School Holidays |
| DASHABOUT Frendz | 14* | 14 | sessions | Term time week days |
| DASHAWAY Weekends | 12 | 19 | weekends | Term time weekends |
| Bungalow Project | 12 | 12 | weekends | Weekends |
| YMUNO Scheme | 4 | ++ | referrals | Supporting CIW Registered Afterschool Clubs and Holiday Playschemes |
| Spot Purchase Support. | 2 | n/a | referrals | According to need. |

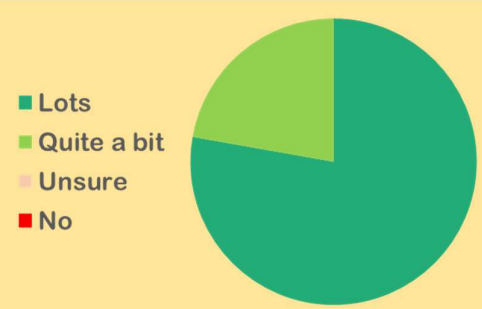
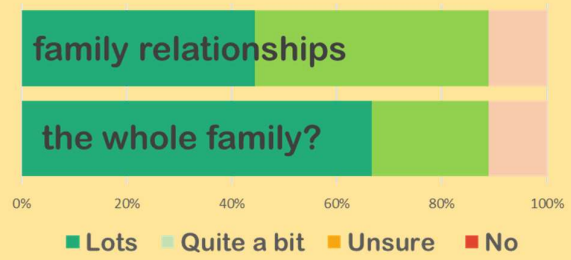
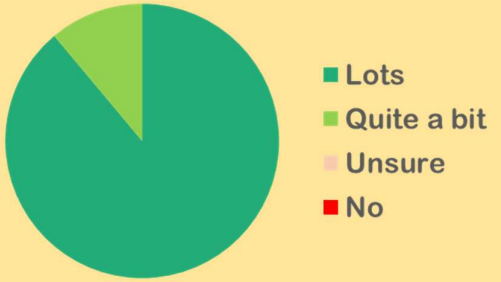
*Session targets were flexibly set during this period due to impact of Covid, all planned sessions took place.

## HOW MANY – CHILDREN

## Comparitive Annual Attendance per scheme



# HOW WE DID – Annual Feedback

| Do our schemes give you an opportunity to have a break from caring? | Did your child's attendance at the schemes have a positive effect on …. | Did your child/children enjoy the scheme? |
|---|---|---|
|   |   |   |



[Sessions provided] A chance to attend appointments alone

I think [A] enjoyed being with other children, as well as playing with trains and water 😊





[B] loved attending, was saying 'playscheme [B] go' which is 'huge' for him

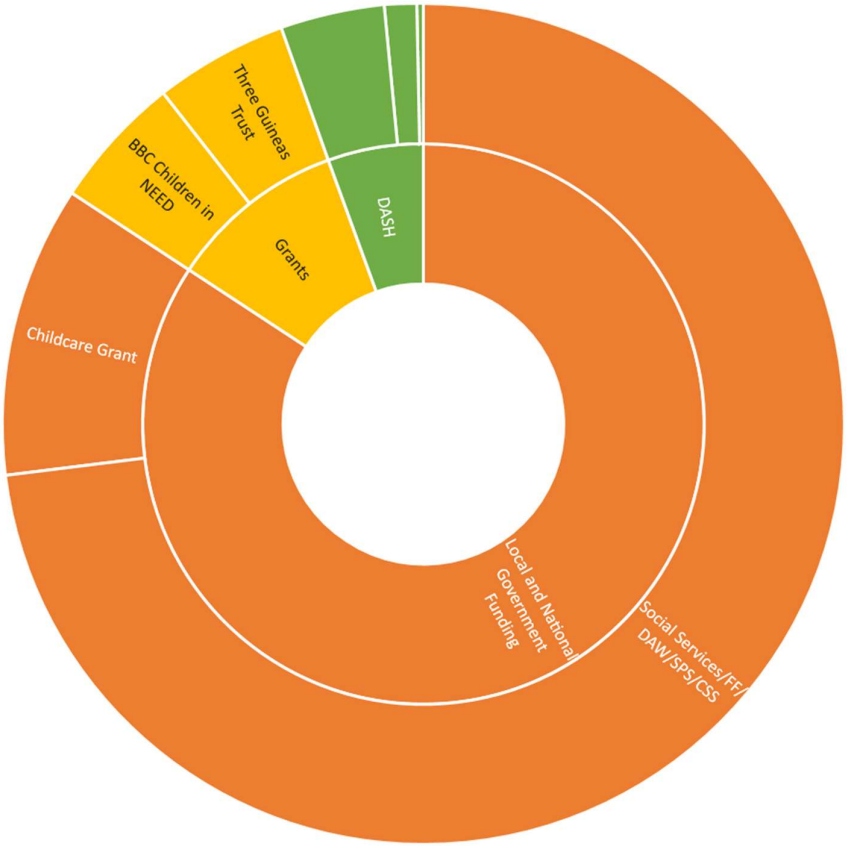
[Benefited my child by enabling them to ] Meet other young people with needs



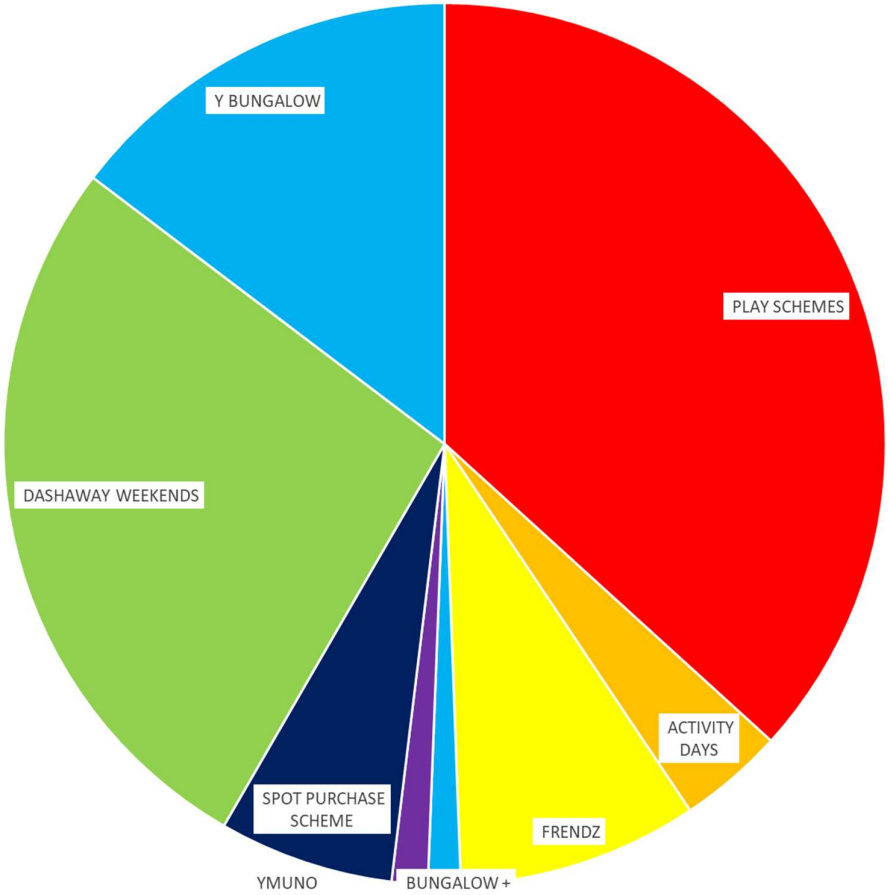
DASH Ceredigion

# FINANCIAL STATEMENTS

Source of Funding
2021 – 2022




Budgeted Application of funds
2021 - 2022



| SOURCE OF FUNDS | | | | | | | | | | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | PLAY SCHEMES | ACTIVITY DAYS | FRENDZ | BUNGALOW + | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | Y BUNGALOW | | |
| Social Services/FF/DAW/SPS/CSS | £ 142,490.00 | £ 38,005.00 | £ 6,306.00 | £ 14,038.00 | | £ 983.70 | £ 13,129.00 | £ 55,234.00 | £ 5,547.00 | £ 133,242.70 | £ 9,247.30 |
| Childcare Grant | £ 21,904.70 | £ 20,189.00 | | | | £ 1,716.00 | | | | £ 21,905.00 | -£ 0.30 |
| Big Lottery | £ - | | | | | | | | £ 24,500.67 | £ 24,500.67 | -£ 24,500.67 |
| Diverse/B+/Out of County | £ 2,446.00 | | | | £ 2,447.00 | | | | | £ 2,447.00 | -£ 1.00 |
| Three Guineas Trust | £ 10,000.00 | £ 10,000.00 | | | | | | | | £ 10,000.00 | £ - |
| BBC Children in NEED | £ 10,000.00 | £ 4,781.00 | £ 1,600.00 | £ 3,980.00 | | | | | | £ 10,361.00 | -£ 361.00 |
| Contributions | £ 455.00 | | | | | | | | | £ - | £ 455.00 |
| Donations,Interest, Fundraising | £ 7,779.00 | £ 2,253.60 | | | | | | | | £ 2,253.60 | £ 5,525.40 |
| SUB TOTAL received | £ 195,074.70 | | | | | | | | | £ 204,709.97 | -£ 9,635.27 |
| Reserves b/f | £ 95,820.00 | | | | Reserves c/f | £ 103,167.00 | | | | | |
| Restricted reserves b/f | £ 65,659.00 | | | | Restricted res c/f | £ 48,677.00 | | | | | |
| | £ 161,479.00 | | | | | £ 151,844.00 | | | | | |

# SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Eryl Bray (Chair of Trustees)

Amelia Campbell (Chair Finance Sub Ctte)

Hilary Eldirdge (Trustee)

Gill Harries (Fundraising Ctte, Chair ;DAW Steering group)

Gareth James (Parent Trustee)

Catherine Mackenzie (Chair; LSCM Steering group)

Andrew Moore (Treasurer)

Tina Sherrington (Trustee Secretary)

**BANK**
CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

# Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and makes reference to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services " More detail here: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 15 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

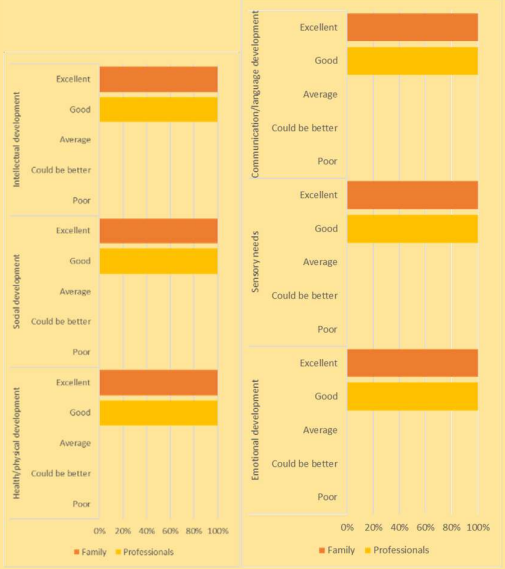
RAG Rating system (see appendix).

IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

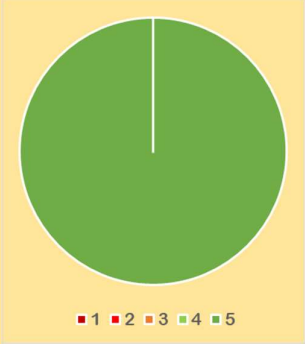
# Appendix – DAW Feedback

DASH Away weekends restarted in September 2021. Sessions were provided to single children or sibling groups under the instruction of Local Authority "Gold Command". (DAW are fully funded by the local authority)

**Rate the support you feel is provided for children/young people's developmental needs (family and professional feedback)**




**Rate the confidence you have in DASHaway weekends to care for your young person (1-5)**




**How do you feel you and/or your family benefit from DASHaway weekends?**

- Time for myself
- Knowing that [J] is having fun and gaining independence.
- We get respite, much needed

**What is the best thing about DASHaway weekends?**

- "Everything from children having fun and I get a break"
- "The opportunity for [C] to have fun"
- "Weekends provide a quality short break for the children attending alongside a period of respite for families from their caring roles."

**How could DASHaway weekends be improved?**

- The frequency of them.
- More of them!
- For this provision to be commissioned to provide more regular support to families throughout the year.

DASH Ceredigion

DASH Ceredigion
Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

Byngalo Min-y-Mor
Gerddi Wellington
Aberaeron
Ceredigion
SA24 0BQ

office@dashceredigion.org.uk
01545 570 951

Rhif Elusen 1163672 Charity Number

## Treasurer's Report

Annual Accounts year ended 31st March 2022.

There is a slight deficit with expenditure exceeding income by £10k. This reflects the ongoing difficulties of operating the charity during the pandemic when general planning and budgeting in particular were subject to frequent reviews.
Staff costs and transport have been identified as a major year on year cost and these are anticipated as being an ongoing areas requiring careful monitoring.

Andy Moore
21/10/22

DASH Yn cael ei gefnogi gan: / DASH Is supported by:
Children in Need, Lottery Community Fund, CAVO, Ceredigion County Council, Families First Fund, The Three Guineas Trust and the people of Ceredigion

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

# REPORT OF THE TRUSTESS AND

# UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED

# 31 MARCH 2022

# FOR

# DASH (DISABILTIES AND SELF HELP)

REGISTERED CHARITY NUMBER: 1163672

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

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DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

The trustees who are also directors for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 22.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities' issued in March 2005.

## REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

1163672 (Wales)

**Registered Charity Number**

1163672

**Registered Office**

Min-y-Mor Bungalow

Wellington Gardens

Aberaeron

Ceredigion

SA46 0BQ

**Trustees**

| | | |
|---|---|---|
| Eryl Bray | Catherine Mackenzie | Gareth Jones |
| Tina Sherrington | Hilary Eldridge | Amelia Campbell |
| Anderw Moore | Gill Harries | |

**Independent Examiner**

Jonathan Parris

28 Dearden St, Littleborough OL15 9DZ

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

## STRUCTURE, GOVERNANCE AND MANAGEMENT

**Governing document**

The charity is a Charitable Incorporated Organisation registered with the Charities Commission.

**Risk Management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in

place to provide reasonable assurance against fraud and error.

## FINANCIAL REVIEW

**Reserves policy**

The reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of their Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees

Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building of excess cash at bank.

Unrestricted Reserves for the year ended 31 March 2022 that are carried into the financial year 2022/23 are £106,947.00

The release of Reserves is seen as a funding source of last resort and funds in excess of the Total Reserves Requited, being regularly re-assessed, will only be released after all other sources of funds have been explored with the continuing aim of DASH being the winning of unrestricted funding through donations and fund raising initiatives.

Approved by order of the board of trustees on 22/11/22 and signed on their behalf by:

Cheryl Bray (Chair of Trustees)

- Trustee

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

# STATEMENT OF FINANCIAL ACTIVITES

For year ended 31 March 2022

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2022 Total Funds £ | 2021 Total Funds |
|---|---|---|---|---|---|
| **INCOMING RESOURSES** | | | | | |
| **Incoming resources from generated funds** | | | | | |
| Voluntary Income | | 8121 | 186840 | 194961 | 216771 |
| Investment Income | **2** | 113 | 0 | 113 | 43 |
| **Total Incoming resources** | | 8234 | 186840 | 195074 | 216814 |
| | | | | | |
| **RESOURCES EXPENDED** | | | | | |
| **Charitable activities** | | | | | |
| DASH Charitable Activities | | 887 | 203822 | 204709 | 175917 |
| **Governance costs** | | 0 | | 0 | 997 |
| **Total resources expended** | | 887 | 203822 | 204709 | 176914 |
| | | | | | |
| **NET INCOMING RESOURCES BEFORE TRANSFERS** | | 7347 | -16982 | -9635 | 39900 |
| | | | | | |
| **Gross transfers between funds** | **8** | 0 | 0 | 0 | 0 |
| **Net Incoming/(outgoing) resources** | | 7347 | -16982 | -9635 | 39900 |
| | | | | | |
| **RECONCILIATION OF FUNDS** | | | | | |
| | | | | | |
| **Total funds brought forward** | | 95820 | 65659 | 161479 | 121579 |
| | | | | | |
| **TOTAL FUNDS CARRIED FORWARD** | | 103167 | 48677 | 151844 | 161479 |

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

## Balance Sheet

At 31 March 2022

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2022 Total Funds £ | 2021 Total Funds £ |
|---|---|---|---|---|---|
| **CURRENT ASSETS** | | | | | |
| Debtor | **6** | 0 | 3231 | 3231 | 20750 |
| Cash at bank and in hand | | 106947 | 66365 | 173312 | 154974 |
| | | 106947 | 69596 | 176543 | 175724 |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | **7** | 0 | -24699 | -24699 | -14245 |
| **NET CURRENT ASSETS** | | 106947 | 44897 | 151844 | 161479 |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | 106947 | 44897 | 151844 | 161479 |
| **NET ASSETS** | | 106947 | 44897 | 151844 | 161479 |
| **FUNDS** | **8** | | | | |
| Unrestricted funds | | | | 103163 | 95816 |
| Restricted funds | | | | 48681 | 65663 |
| **TOTAL FUNDS** | | | | 151844 | 161479 |

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year Ended 31 March 2022

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the companies Act 2006

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of The Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of the charitable company at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the4 charitable company.

These financial statements have nee prepared in accordance with the special provisions of Part 15 of the Companies Act

2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 22/11/22 and were signed on its behalf by:

Eryl Bray (Chair of Trustees)

Trustee

The notes form part of these financial statements

# NOTES TO THE FINANCIAL STATEMENTS

**For the Year Ended 31 March 2022**

## 1. ACCOUNTING POLICIES

**Accounting convention**

The financial statements have bee prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with resources.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

## 2. INVESTMENT INCOME

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Deposit account interest | 113 | 43 |

## 3. NET INCOMING/(OUTGOING) RESOURSES

Net resources are stated after charging/(crediting):

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Other operating leases | 1363 | 3506 |

## 4. TRUSTEES' REMUNARION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor the year ended 31/03/2021

**Trustees' expenses**

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Trustees' expenses | 0 | 37 |

## 5. STAFF COSTS

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Wages and salaries | 124130 | 115734 |

The average monthly number of employees during the year was as follows:

| | 2022 | 2021 |
|---|---|---|
| Salaried Staff | 3 | 4 |
| Other Staff | 19 | 18 |
| | 0 | 22 |

No employees received emoluments in excess of £60,000.

## 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Other debtors | 3231 | 20750 |

## 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| Bank loans and overdrafts | 0 | 10706 |
| Other creditors | 24699 | 3539 |
| | 24699 | 14245 |

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

## 8. MOVEMENT IN FUNDS

| | At 1.4.21 | Net Movement in funds | Transfers between funds | At 31.3.22 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 95816 | 7347 | 0 | 103163 |
| Designated Fund for summer schemes | 0 | 0 | 0 | 0 |
| | 95816 | 7347 | 0 | 103163 |
| **Restricted Funds** | | | | |
| BBC Children in Need | 5453 | 0 | 0 | 5453 |
| Three Guineas Trust | -2 | 3000 | 0 | 2998 |
| Big Lottery Fund UNO Project | 42444 | -19982 | 0 | 22462 |
| Ceredigion County Council Social Services | 5464 | 0 | 0 | 5464 |
| Ceredigion County Council DASH away Weekend | 3959 | 0 | 0 | 3959 |
| Ceredigion County Council Families First | 3547 | 0 | 0 | 3547 |
| Ceredigion County Council Other | 1205 | 0 | 0 | 1205 |
| Ceredigion County Council Spot Purchase | -506 | 0 | 0 | -506 |
| Ceredigion County Council Spot Byngalo Plus | 653 | 0 | 0 | 653 |
| Diverse Cymru Out of County | 3446 | 0 | 0 | 3446 |
| | 65663 | -16982 | 0 | 48681 |
| **TOTAL FUNDS** | 161479 | -9635 | 0 | 151844 |

Net movement in funds, included in the above as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---|---|---|---|
| | £ | £ | £ |
| **Unrestricted funds** | | | |
| General fund | 8234 | -887 | 7347 |
| **Restricted Funds** | | | 0 |
| BBC Children in Need | 10000 | -10000 | 0 |
| Three Guineas Trust | 10000 | -7000 | 3000 |
| Big Lottery Fund UNO Project | 0 | -19981 | -19981 |
| Ceredigion County Council Social Services | 34146 | -34146 | 0 |
| Ceredigion County Council DASH away Weekend | 55547 | -55547 | 0 |
| Ceredigion County Council Families First | 41504 | -41504 | 0 |
| Ceredigion County Council Other | 21905 | -21905 | 0 |
| Ceredigion County Council Spot Purchase | 11293 | -11293 | 0 |
| Ceredigion County Council Spot Byngalo Plus | 660 | -660 | 0 |
| Diverse Cymru Out of County | 1785 | -1786 | -1 |
| | 186840 | -203822 | -16982 |
| **TOTAL FUNDS** | 195074 | -204709 | -9635 |

## 8. MOVEMENT IN FUNDS – continued

**Comparatives for movement in funds – previous year**

| | At 1.4.20 | Net Movement in funds | Transfers between funds | At 31.3.21 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 89150 | 6666 | 0 | 95816 |
| Designated Fund for summer schemes | 5000 | 0 | -5000 | 0 |
| | 94150 | 6666 | -5000 | 95816 |
| **Restricted Funds** | | | | |
| BBC Children in Need | 5453 | 0 | 0 | 5453 |
| Three Guineas Trust | 0 | -2 | 0 | -2 |
| Big Lottery Fund UNO Project | 11479 | 30965 | 0 | 42444 |
| Ceredigion County Council Social Services | 0 | 5464 | 0 | 5464 |
| Ceredigion County Council DASH away Weekend | 4432 | -473 | 0 | 3959 |
| Ceredigion County Council Families First | 6065 | -2518 | 0 | 3547 |
| Ceredigion County Council Other | 0 | 1205 | 0 | 1205 |
| Ceredigion County Council Spot Purchase | 0 | -506 | 0 | -506 |
| Ceredigion County Council Spot Byngalo Plus | 0 | -4347 | 5000 | 653 |
| Diverse Cymru Out of County | 0 | 3446 | 0 | 3446 |
| | 27429 | 33234 | 5000 | 65663 |
| **TOTAL FUNDS** | 121579 | 39900 | 0 | 161479 |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources | Resources expended | Movement in funds |
|---|---|---|---|
| | £ | £ | £ |
| **Unrestricted funds** | | | |
| General fund | 9276 | -2610 | 6666 |
| **Restricted Funds** | | | |
| BBC Children in Need | 0 | 0 | 0 |
| Three Guineas Trust | 9999 | -10001 | -2 |
| Big Lottery Fund UNO Project | 48584 | -17619 | 30965 |
| Ceredigion County Council Social Services | 35288 | -29824 | 5464 |
| Ceredigion County Council DASH away Weekend | 53353 | -53826 | -473 |
| Ceredigion County Council Families First | 37211 | -39729 | -2518 |
| Ceredigion County Council Other | 1205 | 0 | 1205 |
| Ceredigion County Council Spot Purchase | 13594 | -14100 | -506 |
| Ceredigion County Council Spot Byngalo Plus | 4858 | -9205 | -4347 |
| Diverse Cymru Out of County | 3446 | 0 | 3446 |
| | 207538 | -174304 | 33234 |
| **TOTAL FUNDS** | 216814 | -176914 | 39900 |

## 8. MOVEMENT IN FUNDS – continued

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1.4.20 | Net Movement in funds | Transfers between funds | At 31.3.22 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 89150 | 14013 | 0 | 103163 |
| Designated Fund for summer schemes | 5000 | 0 | -5000 | 0 |
| | 94150 | 14013 | -5000 | 103163 |
| **Restricted Funds** | | | | |
| BBC Children in Need | 5453 | 0 | 0 | 5453 |
| Three Guineas Trust | 0 | 2998 | 0 | 2998 |
| Big Lottery Fund UNO Project | 11479 | 10984 | 0 | 22463 |
| Ceredigion County Council Social Services | 0 | 5464 | 0 | 5464 |
| Ceredigion County Council DASH away Weekend | 4432 | -473 | 0 | 3959 |
| Ceredigion County Council Families First | 6065 | -2518 | 0 | 3547 |
| Ceredigion County Council Other | 0 | 1205 | 0 | 1205 |
| Ceredigion County Council Spot Purchase | 0 | -506 | 0 | -506 |
| Ceredigion County Council Spot Byngalo Plus | 0 | -4347 | 5000 | 653 |
| Diverse Cymru Out of County | 0 | 3445 | 0 | 3445 |
| | 27429 | 16252 | 5000 | 48681 |
| **TOTAL FUNDS** | 121579 | 30265 | 0 | 151844 |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are a follows:

| | Incoming resources | Resources expended | Movement in funds |
|---|---|---|---|
| | £ | £ | £ |
| **Unrestricted funds** | | | |
| General fund | 17510 | 3497 | 14013 |
| **Restricted Funds** | | | |
| BBC Children in Need | 10000 | 10000 | 0 |
| Three Guineas Trust | 19999 | 17001 | 2998 |
| Big Lottery Fund UNO Project | 48584 | 37600 | 10984 |
| Ceredigion County Council Social Services | 69434 | 63970 | 5464 |
| Ceredigion County Council DASH away Weekend | 108900 | 109373 | -473 |
| Ceredigion County Council Families First | 78715 | 81233 | -2518 |
| Ceredigion County Council Other | 23110 | 21905 | 1205 |
| Ceredigion County Council Spot Purchase | 24887 | 25393 | -506 |
| Ceredigion County Council Spot Byngalo Plus | 5518 | 9865 | -4347 |
| Diverse Cymru Out of County | 5231 | 1786 | 3445 |
| | 394378 | 378126 | 16252 |
| **TOTAL FUNDS** | 411888 | 381623 | 30265 |

DASH (DISABILTIES AND SELF HELP)
Independent financial report of the trustees
For The Year Ended 31 March 2022

## 9. INCOMING RESOURCES

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| **Voluntary income** | | |
| Ceredigion County Council | 165055 | 145506 |
| Donations | 8121 | 9233 |
| Grants | 21785 | 62032 |
| Contribution for activities | 0 | 0 |
| | 194961 | 216771 |
| **Investment Income** | 113 | 43 |
| Deposit account interest | 195074 | 216814 |

## 10. RESOURCES EXPENDED

| | 2022 | 2021 |
|---|---|---|
| | £ | £ |
| **Charitable activities** | | |
| Wages | 124132 | 115734 |
| Other operating leases | 1363 | 3506 |
| Transport | 10607 | 1865 |
| Other direct costs | 1402 | 2985 |
| General overheads | 5443 | 6564 |
| Other staff costs | 7180 | 2191 |
| Venue hire | 19644 | 14420 |
| Consultants | 0 | 2117 |
| Catering and Cleaning | 4127 | 9890 |
| IT costs | 2034 | 1669 |
| Office equipment | 0 | 549 |
| External providers | 9595 | 3010 |
| Play Equipment & storage | 13488 | 6391 |
| Training | 363 | 1482 |
| Marketing and Communication | 456 | 559 |
| Staff travel | 3826 | 2914 |
| | 203660 | 175846 |
| **Governance costs** | | |
| Trustees' expenses | 0 | 37 |
| Accountancy | 940 | 960 |
| | 940 | 997 |
| **Support costs** | | |
| **Finance** | | |
| Bank charges | 109 | 71 |
| **Total resources expended** | 204709 | 176914 |
| **Net income** | -9635 | 39900 |

**DASH (DISABILITIES AND SELF HELP / DELIO AG ANABLEDD A SIALENS HUNANGYMORTH)**

England & Wales - Charity number 1163672

# Accounts

DASH Ceredigion

Disabilities and Self Help
Delio ag Anabledd a Sialens Hunangymorth

# Annual Report 2021

Rh. Elusen : 1163672 Charity No.

**Period:** 1st April 2020 – 31st March 2021

**Principle Address:**

Min-y-Mor Bungalow, Gerddi Wellington, Aberaeron, SA46 0BQ

01545 570 951 office@dashceredigion.org.uk

# DASH is supported by

Children in Need

National Lottery

Ceredigion Association of Voluntary Organisations

Ceredigion County Council

Families First

The Three Guineas Trust

Social Business Wales

Families and Community of Ceredigion

## WHO ARE WE?

Since 1978, DASH Ceredigion has been organising a variety of leisure schemes for disabled children and young people within the county of Ceredigion. We do this so that local disabled children and their families can have a better quality of life with access to a wide choice of leisure facilities and opportunities. Parents and carers get time to recharge their batteries and disabled children and young people get time of their own for personal, social and creative development in a welcoming and fun environment.

## CHARITABLE OBJECTS

The object of the association is to promote the relief of disabled persons, in particular but not exclusively, by supporting disabled children and young people in any manner which now is or hereafter may be deemed by law to be charitable within the area of Ceredigion (herein called the area of benefit) and in furtherance of such object but further otherwise:

- To provide and assist in the provision of play schemes and other recreational activities;
- To provide short breaks to those children, young people and their families and carers;
- To encourage young people to volunteer and provide opportunities for volunteers to actively engage with disabled children and young people.
- To foster mutual co-operation and friendship between parents and guardians, relatives and friends of disabled people;
- To raise awareness of the problems faced by disabled people and their families and to encourage a positive attitude to disabled people;
- To do all other things lawful as are necessary for the attainment of the above objects.

## DASH AIMS TO MAKE A DIFFERENCE BY

- ✓ Offering age and ability appropriate leisure schemes for disabled children and young people.
- ✓ Involving young disabled people and their siblings in constructive alternatives to staying at home.
- ✓ Facilitating disabled young people to make and develop lasting friendships
- ✓ Assisting young disabled people to access the local community and enjoy community facilities.
- ✓ Enabling young disabled people to improve their confidence and help them practice and develop their skills.
- ✓ Providing short breaks for the family, parents and carers during holiday and leisure times.
- ✓ Harnessing and directing the enthusiasm and energy increasing public knowledge of the barriers faced by disabled people and their families, and to encourage their acceptance into the wider community.
- ✓ Providing support for all the family as well as fostering mutual co-operation and friendship.
- ✓ Using local volunteers who assist with the schemes.

DASH Ceredigion

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# CROESO, WELCOME



**A message from the Chairperson Eryl Bray**

The Covid Pandemic and associated restrictions has impacted on the services DASH has been able to provide over the period April 2020- March 2021. Complying with the COVID restriction has meant that DASH was not able to provide the range of services that families and children would normally receive. This has been a difficult period for DASH. However I can appreciate that it has been much more difficult for parents of disabled children and of course for the children and young people themselves.

Despite the restrictions DASH was able to gradually increase the support as the restrictions eased. We can thank Ben and the DASH Team for their imaginative and flexible approach to provision during this difficult period.

DASH has been very fortunate in having Ben Freeman as Manager during this period. Ben started working for DASH just a month before this reporting period and weeks before the Covid National Lockdown. Ben has been excellent at steering DASH through this unprecedented and challenging time. The staff team have also been excellent, sharing creative ideas of how to help families and being flexible in their work commitment.

As Chair of Trustees I feel very privileged to work with such a committed team.

**Message from Ben Freeman, Manager**

The extraordinary impact of COVID 19 on 2020 lead to many challenges and changes for us all. It was certainly not what I had envisioned for my first year as Manager. That DASH has established and trusted presence in Ceredigion made the job of facilitating and organising our response very much easier.
The impact and the changes brought on by the impact of COVID on individuals, families, the social care sector and the employment market will be seen for many years to come. Some will be a challenge – supporting the children, young people and families who have experienced the additional pressures and limitations that this time brought must be recognised and kept in the fore. However the increased flexibility and relaxation around funding streams and targets should enable us to provide even more relevant support opportunities.
The limited but essential support provided by DASH over this year would not have been possible without Gail, Alison, Zoe, Joe (who joined us in the Office Administration Role in October), and the teams of support workers who displayed such adaptability and provided such a broad spectrum of support to the families and children in Ceredigion.



## COVID

Introduction

The impact of the COVID 19 Virus was strongly felt over this reporting period. The spectrum of impact included legal and social limitations on how we could conduct our lives as well as the medical and emotional pressures places upon us by the not fully understood virus. These pressures had an even greater impact on disabled children and their families and they forced changes to familiar routine, caused actual and artificial limits on essential supplies and very significantly reduced the respite, socialisation and education opportunities for the young people themselves. The impact of these changes will no doubt be felt for several years to come.

Pausing of service – impact on Families and Staff

DASH paused all support and provision on 17th March. Apart from the clear impact this had on the children and their families, it also a financial and emotional impact on staff, who were expecting to work. We attempted to mitigate this as far as possible by ensuring anyone who was reliant on DASH for their primary income was appropriately supported and providing paid training and other opportunities to enable us to financially support staff whilst improving the quality of our provision.

Response from Funders

Our grant providers – Three Guinea's Trust (TGT), Lottery and Children in Need (CiN) along with the County Council and Families First recognised the need for flexibility in their requirements and DASH work effectively with all of them to ensure that they all understood how we could best support families in need. The Lottery and CiN grants were paused, TGT fund was applied for and granted to support the Summer scheme. Regular contact was maintained with the Local Authority to ensure that the use of finances provided was acceptable to all.

Adaptation and Change

As we needed to limit the number of attendees in order to increase social distancing and reduce transmission risk it was agreed to take referrals from the county council using the RAG system (see definition in the Appendix). This was put in place to ensure that those in highest need at that time were offered opportunities for support and respite. This system was a temporary measure which remained in place for all Local Authority funded activities throughout the County.

Gradually DASH begun to provide adapted services to support those in very high need. This included Doorstep drop-offs (This involved staff members providing shopping, medication pickup and various other non-contact support to families of disabled children to help reduce exposure, stress and family challenges.) and later in the year 1:1 community support session (outdoor focused support and respite sessions). Over this period, we also provided direct support to a young man whose parent was working in a care home for the elderly and provided the bungalow as emergency accommodation to a family with a disabled child who had effectively become homeless. We also provided support to a young man in the form of day sessions as well as respite who was at risk of being removed from his family. The benefit of having access to a building that was exclusively the properly of DASH was keenly felt at this time.

By Summer 2020, after much risk assessment and coordination, DASH ran 2 much limited but successful summer schemes. In September we were able to restart our Bungalow and DASHAway weekends. The style of the support provided was significantly different to previous years due to the need to meet the COVID regulations.

The adaptation, modification and learning that our staff put themselves through to ensure that as many children as possible had a fun, interesting and safe time when they were at DASH over this incredibly challenging period is to be highly commended and reflect their commitment to the young people at DASH. We are fortunate to have them.

Underspend

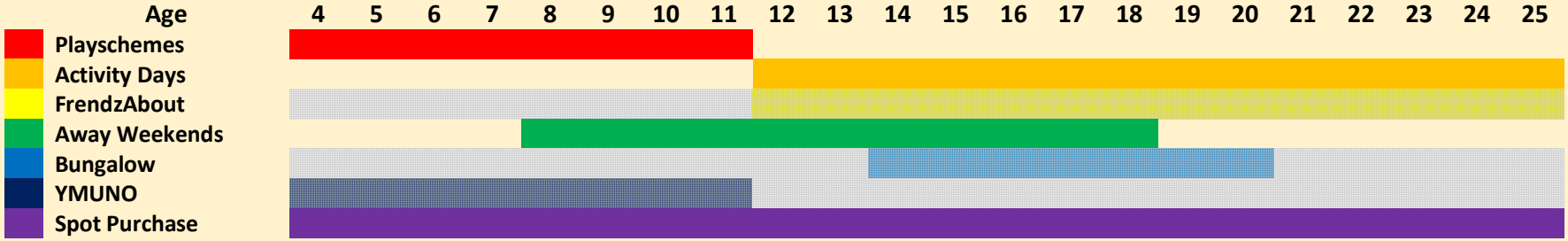
Good use was made of all our funding and additional support provided over this period, however there was a significant underspend in the Ymuno budget due to all child care settings being closed. DASH planned, sourced and offered training to these settings in order to support further improve their core understanding of additional needs that children in their care may have.

# WHAT WE DID

| What? | | Who for? | Where? |
|---|---|---|---|
| | **Playschemes** | For children aged 4 – 11 years living in Ceredigion with a moderate to severe disability and their siblings (within the same age bracket). | **Registered** settings at Ysgol Bro Pedr, Ysgol Llwyn yr Eos, Aberystwyth. |
| | **DASHABOUT Activity Days** | For young people aged 12-25 years living in Ceredigion with a moderate to severe disability. | A schedule of activities includes a range of settings including regular use of Llanilar Bungalow. |
|  | **DASHABOUT Frendz** | For young people aged 12-25 years living in Ceredigion, with a moderate to severe disability. | A schedule of weekly activities is delivered in a range of settings ie swimming pool, bowling etc. |
| | **DASHAWAY Weekends** | Residential experiences for children aged 8-18 living in Ceredigion, with a moderate to severe disability. | **Registered** setting at Ty Glyn Davis Trust Bungalow, Ciliau Aeron. |
|  | **Bungalow Project** | A 2-year project delivering residential short breaks and a range of other activities to develop skills and independence for young people aged 14 – 20 years with additional needs. | Based at the Bungalow in Llanilar. Delivered in partnership with Hafal Crossroads (Dom care registration) and WWHA. |
|  | **YMUNO Scheme** | A scheme administered by DASH for the Local Authority to support registered childcare settings to include children and young people age 3 – 14 years (18 if disabled) with additional needs in compliance with Equality legislation. | Registered childcare settings in and around Ceredigion attended by children living in Ceredigion and accepted on to the scheme. |
| | **Spot Purchase Support.** | Bespoke support for a child or young person with additional needs via a person-centred contract. | Varies from individual to individual. |

 COVID Impacted the provision of DASH Services during this period. Please see our COVID 19 Section for more detail

## WHAT WE DID – WHO FOR

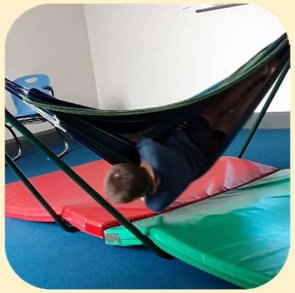



## WHAT WE DID – ACTIVITIES



| | |
|---|---|
| Arts and Crafts | Minibeast Hunts |
| Group games | Meals out |
| Walks | Films |
| Soft play | Gardening |
| Sensory play | Outdoor Play |
| Community Support | Play Parks |

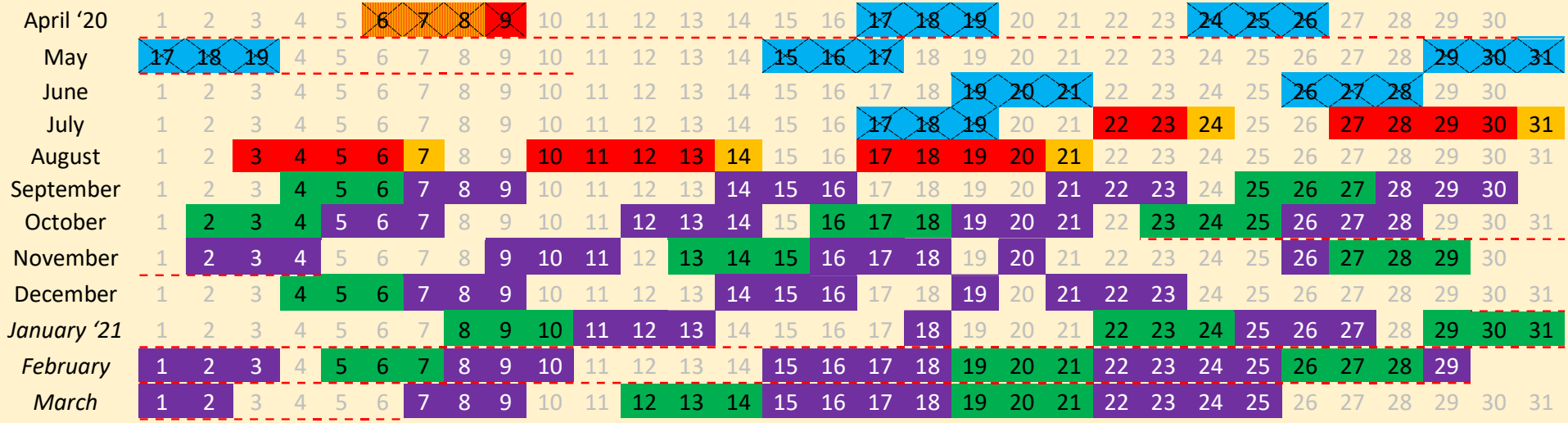






DASH Ceredigion

# HOW MANY – SESSIONS




| | | |
|---|---|---|
| | Playschemes | **36** days across Easter and Summer 2020 (target 36) |
| | DASHABOUT Activity Days | **5** days across Easter and Summer 2020 (target 16) |
| | DASHABOUT Frendz | **No sessions provided due to Covid restrictions** |
| | DASHAWAY Weekends | **16** Sessions between April 2020 – March 2021 (target 15, Final DAW Cancelled due to COVID) |
| | Bungalow Project | **No sessions provided due to Covid restrictions** |
| | YMUNO Scheme | **0 Claims due to closure of childcare settings** |
| | Spot Purchase Support. | **7** referrals |
| X | Cancelled due to COVID Restrictions | |
| | COVID Restrictions - Initial Lockdown (16th March - ~10th May) Firebreak (October 2020). L4 Restrictions (Dec 30th - March 6th) | |

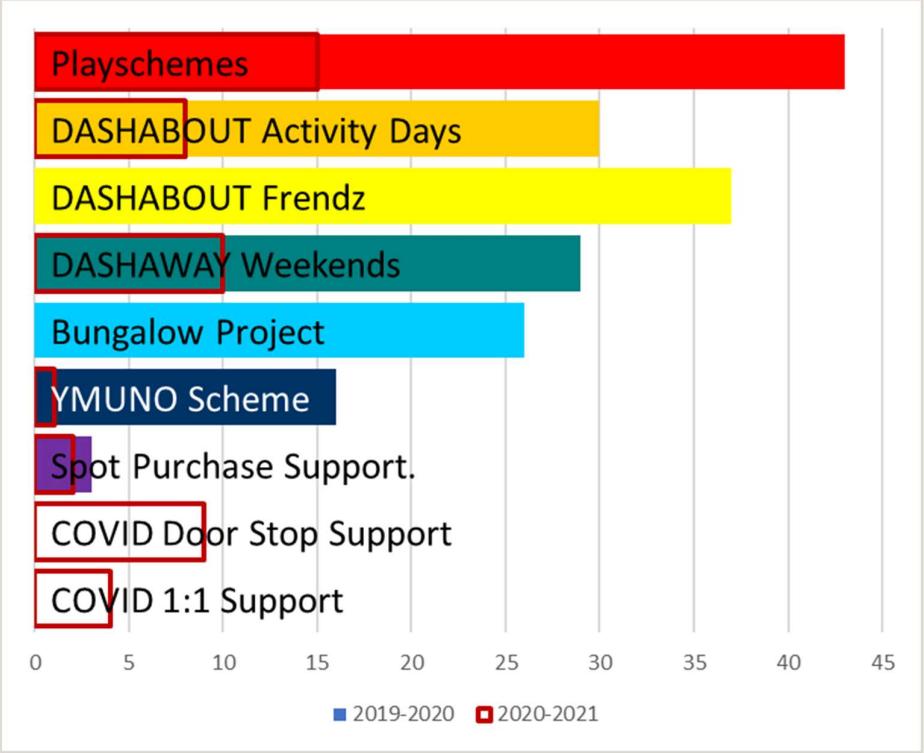
DASH Ceredigion

# HOW MANY – CHILDREN

**2020 - 2021**

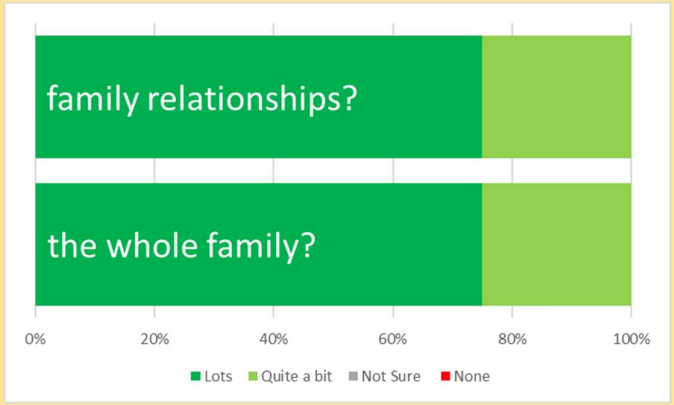
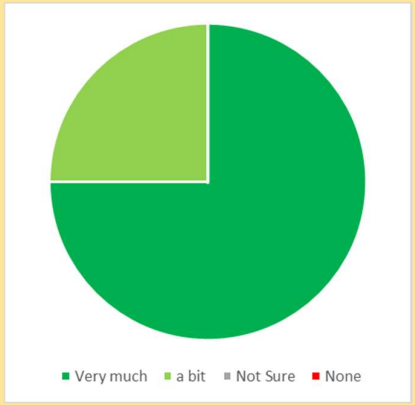
| | |
|---|---|
| Playschemes | 15 |
| DASHABOUT Activity Days | 8 |
| DASHABOUT Frendz | 0 |
| DASHAWAY Weekends | 29 |
| Bungalow Project | 0 |
| YMUNO Scheme | 1 |
| Spot Purchase Support. | 3 |
| COVID Doorstep Support | 9 |
| COVID 1:1 Support | 4 |

**Comparitive Annual Attendance per scheme**




* Minimum number of sessions provided to one family : 1, maximum: 7

# HOW WE DID - Summer Playschemes and Activity Days 2021

| Do our schemes give you an opportunity to have a break from caring? | Did your child's attendance at the schemes have a positive effect on | Did your child/children enjoy the scheme? |
|---|---|---|
|  |  |  |





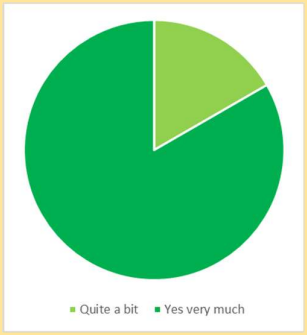


Our summer schemes took place in Ysgol Bro Pedr and Ysgol Llwyn yr Eos during the summer of 2020. 4 days a week for 5 weeks of Infants with one day each week for the Activity days. Sessions were attended by children and young people identified as high need by the local authority.

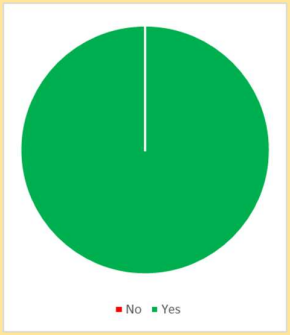
DASH Ceredigion

# HOW WE DID - DASHAway Weekends

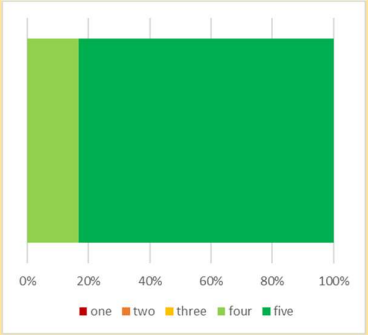
Do you think your child/young person enjoys DASHaway weekends?



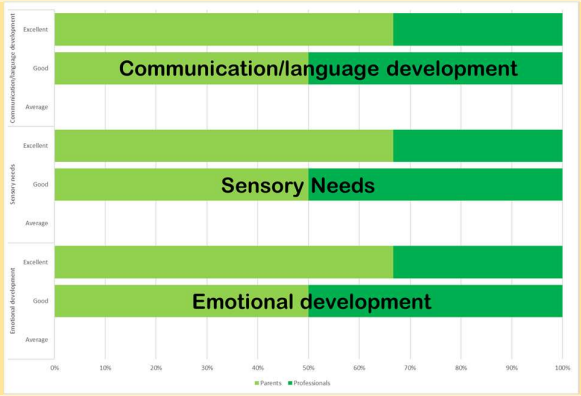

Would you like more DASHaway weekends?

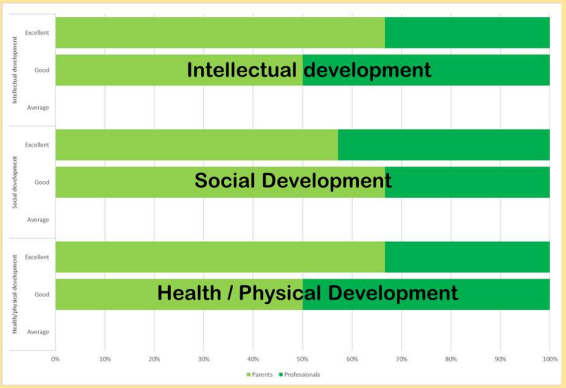



Please rate the confidence you have in DASHaway weekends to care for your young person




**Please rate the support provided for your child/young person's developmental needs**




DASH Away weekends restarted in September 2020. Sessions were provided to single children or sibling groups under the instruction of Local Authority “Gold Command”. (DAW are fully funded by the local authority)

# HOW WE DID – BENEFITS FOR YOUNG PEOPLE AND FAMILIES

[DASHAWAY Weekends] are a lifeline. We are so exhausted. A bit of peace is more important than I can express.
It gives us all a very well-deserved break. As much as it provides respite for the parents, it also gives the kids some respite from us, and enables them to access activities we find difficult to do as a family





Learning independence away from home in a safe, happy environment . She loves all the activities provided and when permitting meeting girls similar to herself, although she has been on her own too and enjoyed that weekend equally.

SR LOVES going to the BUNGALOW, it helps to have something for her to look forward too as she suffers periods of acute anxiety and loves to be away from home doing different things. It also means we can have more “one to one” time with our other child who is also disabled. We all think the BUNGALOW project is wonderful.





Adjusted in new environment and meeting with new persons.

We are so very grateful that the playscheme went ahead this year, I’m very difficult circumstances. The schemes were incredibly well organised





A change of scenery and an opportunity todo different things.

Enabled them to access activities and make friendships in what had been a very isolated year. Also provided them with some much-needed routine and structure

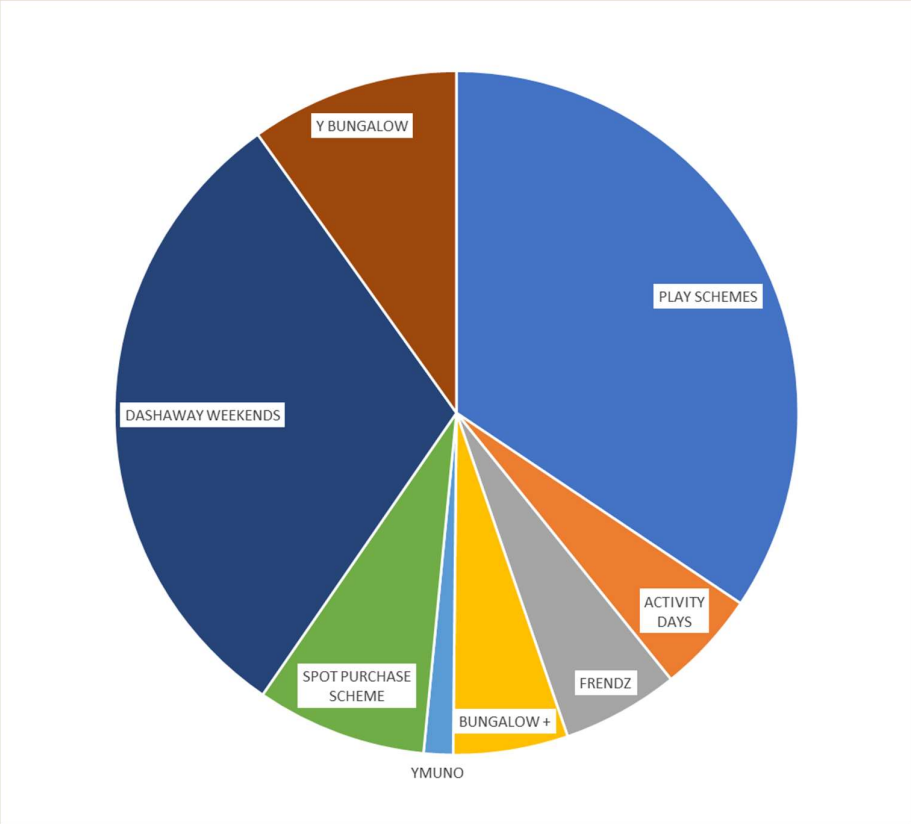


# FINANCIAL STATEMENTS

Source of Funding
2020 – 2021




Budgeted Application of funds
2020 - 2021



| SOURCE OF FUNDS | TOTAL | PLAY SCHEMES | ACTIVITY DAYS | FRENDZ | BUNGALOW + | YMUNO | SPOT PURCHASE SCHEME | DASHAWAY WEEKENDS | Y BUNGALOW | TOTAL EXPENDITURE | SURPLUS/DEFICIT |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **Social Services Dept.** | **94503** | 16904 | 3385 | 5080 | 0 | 0 | 14164 | 53763 | 0 | 93296 | **1207** |
| **Families First/Childcare Grant** | **46146** | 32000 | 5085 | 4585 | 0 | 2436 | 0 | 0 | 0 | 44105 | **2041** |
| Big Lottery | **48586** | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 17349 | 17349 | **31237** |
| Diverse/B+/Out of County | **8736** | 0 | 0 | 0 | 8736 | 0 | 0 | 0 | 0 | 8736 | **0** |
| BBC Children in NEED | **0** | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | **0** |
| Three Guineas Trust | **10000** | 10000 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 10000 | **0** |
| Contributions | **545** | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | **545** |
| Donations,Interest Fundraising | **8300** | 1625 | 3 | 42 | 805 | 0 | 0 | 0 | 0 | 2475 | **5825** |
| SUB TOTAL received | **216816** | 60528 | 8473 | 9707 | 9541 | 2436 | 14164 | 53763 | 17349 | 175961 | **40855** |
| Reserves b/f | | 94150 | | | | Reserves c/f | | | | **95816** | |
| Restricted reserves b/f | | 27429 | | | | Restricted reserves c/f | | | | **65663** | |

# SUPPORTERS

We would like to thank all our founders, funders, partners, staff and volunteers for all their hard work, commitment and energies. We rely on you all to assist us to support disabled children and their families living in Ceredigion.

Eryl Bray, Chair of Trustees

Derek Stephen Honorary Treasurer

Gill Harries, Fundraising lead

Barry Tattersall, Trustee

Debbie Salmi, Fundraising

Eryl Bray, Bungalow Chair

Kate Gwynfyd Sidford, Leisure Schemes Chair

Non Jenkins, DASHAWAY Weekends Chair

David Harries, Trustee

Gareth Jones, Trustee

**BANK**
CAF BANK LTD
25, Kings Hill Avenue
Kings Hill,
West Malling
KENT
ME19 4JQ

**ACCOUNTANTS**
HATFIELD AND JOHN LTD
1, North Road
Aberaeron
CEREDIGION
SA46 0JD

# Who's Who, What's What / Jargon Buster

DASH works with a lot of acronyms, organisations and makes reference to a variety of different settings. Here is a description of the most frequently used.

TPA – Tim Plant Anabl (Disabled Children's Team) – a multi-disciplinary (Social Care, Education and Health) team of staff supporting disabled children previously our most regular point of contact for referrals. Now a part of Porth Cynnal.

CTLD – Community Team for Learning Disabilities (Disabled Adults Team) – Social Care team supporting disabled Adults living within Ceredigion. Now a part of Porth Cynnal.

Porth Cynnal – Part of the new "Integrated Services" model of support developed by Ceredigion. Porth Cynnal provides "Specialist Through Age Services " More detail here: https://ceri.ceredigion.gov.uk/portal/porth-ceredigion/

SSP / Spot contracts – Contracts purchased by anyone who is able to at a cost covering rate in order to provide specific support for an small group or individual from DASH. Often used when the needs of the young person cannot be met through one of existing contracts.

DAW – DASHAWAY Weekends – 15 respite weekends a year, wholly funded by the Local Authority Porth Cynnal.

Ty Glyn Davis Trust – Charity owned bungalow at which DAW take place.

FF / Families First – Funding stream provided directly from the Welsh Government, managed by the Ceredigion Families First coordinator at a local level.

RAG Rating system (see appendix).

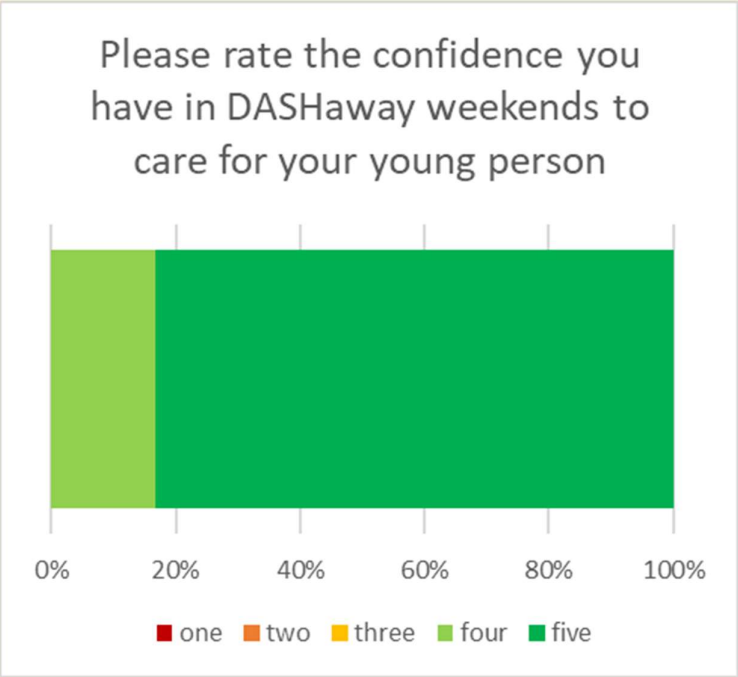
IS there anything missing from this list ? – please ask ! manager@dashceredigion.org.uk

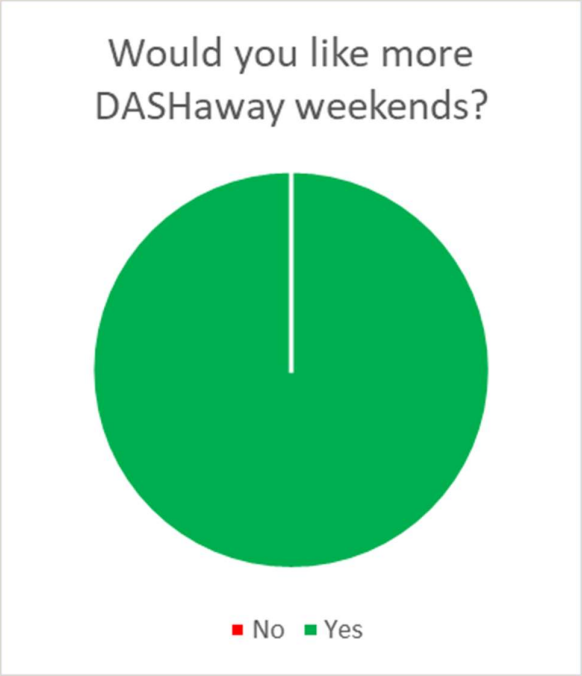
# Appendices

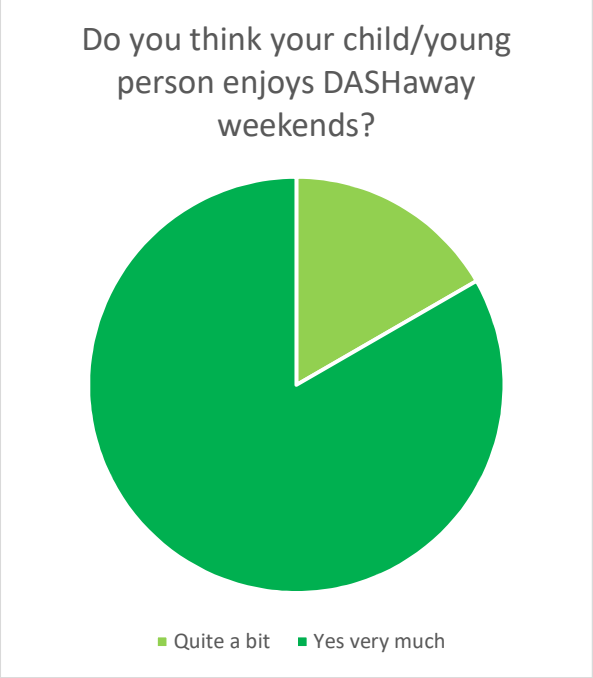
1.) DASHAway Feedback

2.) Local Authority definition of the RED AMBER GREEN (RAG) rating system.

## DASHAway Feedback

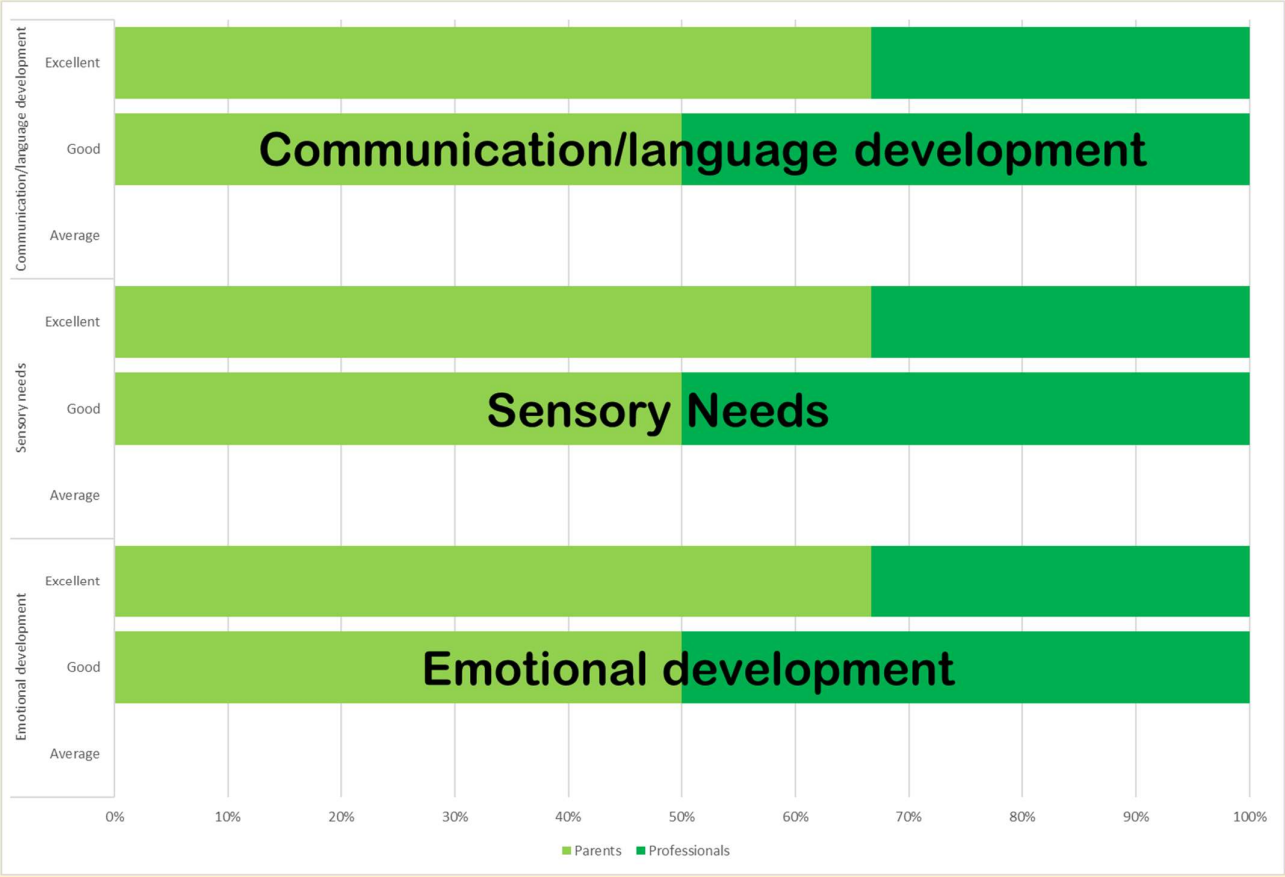


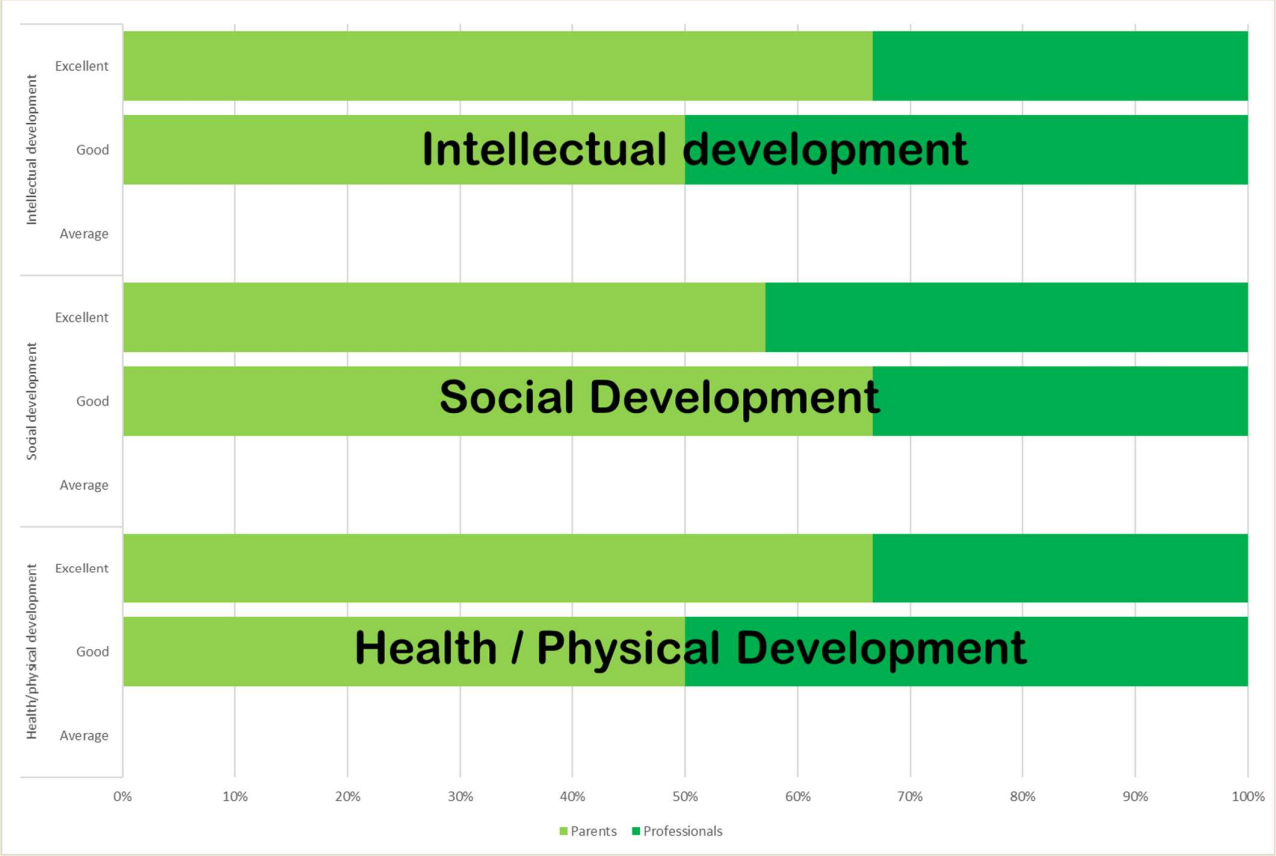
1.) DASHAway Feedback (cont.)

## Please rate the support provided for your child/young person's developmental needs



1.) DASHAway Feedback (cont.)

## Please rate the support provided for your child/young person's developmental needs



**Local Authority definition of the RED AMBER GREEN (RAG) rating system.**

Local Authority Red Amber Green (RAG) Rating system

Definition of RAG system provided by LA.

Social Workers in conjunction with their Managers have been asked to rag –rate their case loads in terms of level of concern;

Red = high vulnerability to abuse and neglect. This could include high risk of family breakdown/edge of care, not co-operating with agencies, chaotic lifestyle, risky behaviours, subject to PLO, complex support needs, no support network

Amber = medium vulnerability to abuse and neglect, low risk of family breakdown, some cooperation with agencies, some support needs but has some support network, placements with parents or family members

Green = low vulnerability to abuse and neglect, low risk of family breakdown, has care and support needs and is able to access support from community and family network

* Rag-rating needs to be regularly reviewed as the child and family's situation changes

REGISTERED CHARITY NUMBER: 1163672

# REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 FOR DASH (DISABILITIES AND SELF HELP)

Hatfield & John
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

**DASH (DISABILITIES AND SELF HELP)**

**CONTENTS OF THE FINANCIAL STATEMENTS**
**For The Year Ended 31 March 2021**


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|---|---|
| Report of the Trustees | 1 to 2 |
| Independent Examiner's Report | 3 |
| Statement of Financial Activities | 4 |
| Balance Sheet | 5 |
| Notes to the Financial Statements | 6 to 10 |
| Detailed Statement of Financial Activities | 11 |

**DASH (DISABILITIES AND SELF HELP)**

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**
1163672 (Wales)

**Registered Charity number**
1163672

**Registered office**
Min-y-Mor Bungalow
Wellington Gardens
Aberaeron
Ceredigion
SA46 0BQ

**Trustees**

| | |
|---|---|
| MRS N E JENKINS | |
| E BRAY | |
| K G SIDFORD | |
| G A W HARRIES | |
| B TATTERSALL | |
| A EDWARDS | |
| D Salmi | |
| G L James | |
| B L SHERRINGTON | - appointed 10.2.2021 |
| A MOORE | - appointed 8.9.2021 |
| A E CAMPBELL | - appointed 18.11.2020 |

**Independent examiner**
Hatfield & John
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**
The charity is a Charitable Incorporated Organisation registered with the Charities Commission.

**Risk management**
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**FINANCIAL REVIEW**

**Reserves policy**
The Reserves needed for the prudent financial management of the Charity will be subject to regular and ongoing review by the Board of Trustees as part of the Financial Management of DASH. The level of Reserves will be discussed at each and every Trustees Meeting. This will allow Reserves to be dynamically managed to benefit the aims and objectives of DASH rather than the building up of excess cash at bank.

Unrestricted Reserves for the year ended 31 March 2021 that are carried into the financial year 2021/22 are £96,000.

The release of Reserves is seen as a funding source of last resort and funds in excess of the Total Reserves Required, being regularly re-assessed, will only be released after all other sources of funds have been explored with the continuing aim of DASH being the winning of unrestricted funding through donations and fund raising initiatives.

**REPORT OF THE TRUSTEES**
**For The Year Ended 31 March 2021**

Approved by order of the board of trustees on 17 October 2021 and signed on its behalf by:

ERYL BRAY - Chair of Trustees

- Trustee

Eryl Bray 16/11/21

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DASH (DISABILITIES AND SELF HELP)

I report on the accounts of the company for the year ended 31 March 2021, which are set out on pages four to ten.

**Responsibilities and basis of report**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independant examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

Dale A Hatfield
The Institute of Chartered Accountants(ICAEW)
Hatfield & John
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

17 October 2021

**DASH (DISABILITIES AND SELF HELP)**

**STATEMENT OF FINANCIAL ACTIVITIES**
**For The Year Ended 31 March 2021**

| | Notes | Unrestricted funds £ | Restricted funds £ | 2021 Total funds £ | 2020 Total funds £ |
|---|---|---|---|---|---|
| **INCOMING RESOURCES** | | | | | |
| **Incoming resources from generated funds** | | | | | |
| Voluntary income | | 9,233 | 207,538 | 216,771 | 278,273 |
| Investment income | 2 | 43 | - | 43 | 152 |
| **Total incoming resources** | | 9,276 | 207,538 | 216,814 | 278,425 |
| **RESOURCES EXPENDED** | | | | | |
| **Charitable activities** | | | | | |
| DASH Charitable Activities | | 1,646 | 174,271 | 175,917 | 247,503 |
| **Governance costs** | | 960 | 37 | 997 | 1,456 |
| **Total resources expended** | | 2,606 | 174,308 | 176,914 | 248,959 |
| **NET INCOMING RESOURCES BEFORE TRANSFERS** | | 6,670 | 33,230 | 39,900 | 29,466 |
| **Gross transfers between funds** | 8 | (5,000) | 5,000 | - | - |
| **Net incoming/(outgoing) resources** | | 1,670 | 38,230 | 39,900 | 29,466 |
| **RECONCILIATION OF FUNDS** | | | | | |
| **Total funds brought forward** | | 94,150 | 27,429 | 121,579 | 92,113 |
| **TOTAL FUNDS CARRIED FORWARD** | | 95,820 | 65,659 | 161,479 | 121,579 |

The notes form part of these financial statements

**DASH (DISABILITIES AND SELF HELP)**

**BALANCE SHEET**
**At 31 March 2021**

| | Notes | Unrestricted funds £ | Restricted funds £ | 2021 Total funds £ | 2020 Total funds £ |
|---|---|---|---|---|---|
| **CURRENT ASSETS** | | | | | |
| Debtors | 6 | - | 20,750 | 20,750 | - |
| Cash at bank and in hand | | 99,599 | 55,375 | 154,974 | 128,757 |
| | | 99,599 | 76,125 | 175,724 | 128,757 |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | 7 | (3,783) | (10,462) | (14,245) | (7,178) |
| **NET CURRENT ASSETS** | | 95,816 | 65,663 | 161,479 | 121,579 |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | 95,816 | 65,663 | 161,479 | 121,579 |
| **NET ASSETS** | | 95,816 | 65,663 | 161,479 | 121,579 |
| **FUNDS** | 8 | | | | |
| Unrestricted funds | | | | 95,816 | 94,150 |
| Restricted funds | | | | 65,663 | 27,429 |
| **TOTAL FUNDS** | | | | 161,479 | 121,579 |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 17 October 2021 and were signed on its behalf by:

-Trustee ERYL BRAY - Chair of Trustees

Eryl Bray 16/11/21

The notes form part of these financial statements

## NOTES TO THE FINANCIAL STATEMENTS
## For The Year Ended 31 March 2021

### 1. ACCOUNTING POLICIES

**Accounting convention**
The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**
All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**
Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**
The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

### 2. INVESTMENT INCOME

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Deposit account interest | 43 | 152 |

### 3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Other operating leases | 3,506 | - |

### 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Trustees' expenses | 37 | 532 |

## 5. STAFF COSTS

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Wages and salaries | 115,734 | 136,066 |

The average monthly number of employees during the year was as follows:

| | 2021 | 2020 |
|---|---|---|
| Salaried Staff | 4 | 4 |
| Other Staff | 18 | 18 |
| | 22 | 22 |

No employees received emoluments in excess of £60,000.

## 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Other debtors | 20,750 | - |

## 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 | 2020 |
|---|---|---|
| | £ | £ |
| Bank loans and overdrafts | 10,706 | - |
| Other creditors | 3,539 | 7,178 |
| | 14,245 | 7,178 |

## 8. MOVEMENT IN FUNDS

| | At 1.4.20 | Net movement in funds | Transfers between funds | At 31.3.21 |
|---|---|---|---|---|
| | £ | £ | £ | £ |
| **Unrestricted funds** | | | | |
| General fund | 89,150 | 6,666 | - | 95,816 |
| Designated Fund for summer schemes | 5,000 | - | (5,000) | - |
| | 94,150 | 6,666 | (5,000) | 95,816 |
| **Restricted funds** | | | | |
| BBC Children in Need | 5,453 | - | - | 5,453 |
| Three Guineas Trust | - | (2) | - | (2) |
| Big Lottery Fund UNO Project | 11,479 | 30,965 | - | 42,444 |
| Ceredigion County Council Social Services | - | 5,464 | - | 5,464 |
| Ceredigion County Council DASH away Weekend | 4,432 | (473) | - | 3,959 |
| Ceredigion County Council Families First | 6,065 | (2,518) | - | 3,547 |
| Ceredigion County Council Other | - | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | - | (506) | - | (506) |
| Ceredigion County Council Byngalo Plus | - | (4,347) | 5,000 | 653 |
| Diverse Cymru Out of County | - | 3,446 | - | 3,446 |
| | 27,429 | 33,234 | 5,000 | 65,663 |
| **TOTAL FUNDS** | 121,579 | 39,900 | - | 161,479 |

## 8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|---|---|---|
| **Unrestricted funds** | | | |
| General fund | 9,276 | (2,610) | 6,666 |
| **Restricted funds** | | | |
| Three Guineas Trust | 9,999 | (10,001) | (2) |
| Big Lottery Fund UNO Project | 48,584 | (17,619) | 30,965 |
| Ceredigion County Council Social Services | 35,288 | (29,824) | 5,464 |
| Ceredigion County Council DASH away Weekend | 53,353 | (53,826) | (473) |
| Ceredigion County Council Families First | 37,211 | (39,729) | (2,518) |
| Ceredigion County Council Other | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | 13,594 | (14,100) | (506) |
| Ceredigion County Council Byngalo Plus | 4,858 | (9,205) | (4,347) |
| Diverse Cymru Out of County | 3,446 | - | 3,446 |
| | 207,538 | (174,304) | 33,234 |
| **TOTAL FUNDS** | 216,814 | (176,914) | 39,900 |

**Comparatives for movement in funds**

| | At 1.4.19 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.20 £ |
|---|---|---|---|---|
| **Unrestricted Funds** | | | | |
| General fund | 73,035 | 11,115 | 5,000 | 89,150 |
| Designated Fund for summer schemes | 10,000 | - | (5,000) | 5,000 |
| | 83,035 | 11,115 | - | 94,150 |
| **Restricted Funds** | | | | |
| BBC Children in Need | 3,432 | 2,021 | - | 5,453 |
| Big Lottery Fund UNO Project | 5,646 | 5,833 | - | 11,479 |
| Ceredigion County Council DASH away Weekend | - | 4,432 | - | 4,432 |
| Ceredigion County Council Families First | - | 6,065 | - | 6,065 |
| | 9,078 | 18,351 | - | 27,429 |
| **TOTAL FUNDS** | 92,113 | 29,466 | - | 121,579 |

## 8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|---|---|---|
| **Unrestricted funds** | | | |
| General fund | 35,681 | (24,566) | 11,115 |
| **Restricted funds** | | | |
| BBC Children in Need | 10,000 | (7,979) | 2,021 |
| Three Guineas Trust | 10,000 | (10,000) | - |
| Big Lottery Fund UNO Project | 47,712 | (41,879) | 5,833 |
| Ceredigion County Council Social Services | 26,352 | (26,352) | - |
| Ceredigion County Council Out of School | 13,400 | (13,400) | - |
| Ceredigion County Council DASH away Weekend | 54,067 | (49,635) | 4,432 |
| Ceredigion County Council Families First | 49,138 | (43,073) | 6,065 |
| Ceredigion County Council Spot Purchase | 23,677 | (23,677) | - |
| Ceredigion County Council Byngalo Plus | 8,398 | (8,398) | - |
| | 242,744 | (224,393) | 18,351 |
| **TOTAL FUNDS** | 278,425 | (248,959) | 29,466 |

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1.4.19 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.21 £ |
|---|---|---|---|---|
| **Unrestricted funds** | | | | |
| General fund | 73,035 | 17,781 | 5,000 | 95,816 |
| Designated Fund for summer schemes | 10,000 | - | (10,000) | - |
| **Restricted funds** | | | | |
| BBC Children in Need | 3,432 | 2,021 | - | 5,453 |
| Three Guineas Trust | - | (2) | - | (2) |
| Big Lottery Fund UNO Project | 5,646 | 36,798 | - | 42,444 |
| Ceredigion County Council Social Services | - | 5,464 | - | 5,464 |
| Ceredigion County Council DASH away Weekend | - | 3,959 | - | 3,959 |
| Ceredigion County Council Families First | - | 3,547 | - | 3,547 |
| Ceredigion County Council Other | - | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | - | (506) | - | (506) |
| Ceredigion County Council Byngalo Plus | - | (4,347) | 5,000 | 653 |
| Diverse Cymru Out of County | - | 3,446 | - | 3,446 |
| | 9,078 | 51,585 | 5,000 | 65,663 |
| **TOTAL FUNDS** | 92,113 | 69,366 | - | 161,479 |

## 8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|---|---|---|
| **Unrestricted funds** | | | |
| General fund | 44,957 | (27,176) | 17,781 |
| **Restricted funds** | | | |
| BBC Children in Need | 10,000 | (7,979) | 2,021 |
| Three Guineas Trust | 19,999 | (20,001) | (2) |
| Big Lottery Fund UNO Project | 96,296 | (59,498) | 36,798 |
| Ceredigion County Council Social Services | 61,640 | (56,176) | 5,464 |
| Ceredigion County Council Out of School | 13,400 | (13,400) | - |
| Ceredigion County Council DASH away Weekend | 107,420 | (103,461) | 3,959 |
| Ceredigion County Council Families First | 86,349 | (82,802) | 3,547 |
| Ceredigion County Council Other | 1,205 | - | 1,205 |
| Ceredigion County Council Spot Purchase | 37,271 | (37,777) | (506) |
| Ceredigion County Council Byngalo Plus | 13,256 | (17,603) | (4,347) |
| Diverse Cymru Out of County | 3,446 | - | 3,446 |
| | 450,282 | (398,697) | 51,585 |
| **TOTAL FUNDS** | 495,239 | (425,873) | 69,366 |

## DASH (DISABILITIES AND SELF HELP)

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES
## For The Year Ended 31 March 2021

| | 2021<br>£ | 2020<br>£ |
|---|---|---|
| **INCOMING RESOURCES** | | |
| **Voluntary income** | | |
| Ceredigion County Council | 145,506 | 175,033 |
| Donations | 9,233 | 9,439 |
| Grants | 62,032 | 81,745 |
| Contribution for activities | - | 12,056 |
| | 216,771 | 278,273 |
| **Investment income** | | |
| Deposit account interest | 43 | 152 |
| **Total incoming resources** | 216,814 | 278,425 |
| **RESOURCES EXPENDED** | | |
| **Charitable activities** | | |
| Wages | 115,734 | 136,066 |
| Other operating leases | 3,506 | - |
| Transport | 1,865 | 16,466 |
| Other direct costs | 2,985 | 57,694 |
| General overheads | 6,564 | 16,279 |
| Other staff costs | 2,191 | 14,542 |
| Venue hire | 14,420 | - |
| Consultants | 2,117 | - |
| Catering & Cleaning | 9,890 | - |
| IT costs | 1,669 | - |
| Office equipment | 549 | - |
| External providers | 3,010 | - |
| Play Equipment & storage | 6,391 | - |
| Training | 1,482 | - |
| Marketing and Communication | 559 | 6,396 |
| Staff travel | 2,914 | - |
| | 175,846 | 247,443 |
| **Governance costs** | | |
| Trustees' expenses | 37 | 532 |
| Accountancy | 960 | 924 |
| | 997 | 1,456 |
| **Support costs** | | |
| **Finance** | | |
| Bank charges | 71 | 60 |
| **Total resources expended** | 176,914 | 248,959 |
| **Net income** | 39,900 | 29,466 |