

REGISTERED CHARITY NUMBER: 1163554 (England and Wales)
REGISTERED CHARITY NUMBER: SC050703 (Scotland)

**Report of the Trustees and
Audited Financial Statements
for the Year Ended 31 December 2022
for
SCIENCE OF THE SOUL BRITISH ISLES**

Jassal and Company
Chartered Accountants and Registered Auditors
Unit 2 Hatherton Court
21 Hatherton Street
Walsall
West Midlands
WS4 2LA

SCIENCE OF THE SOUL BRITISH ISLES

Contents of the Financial Statements for the Year Ended 31 December 2022

	Page
Report of the Trustees	1 to 8
Report of the Independent Auditors	9 to 11
Statement of Financial Activities	12
Balance Sheet	13
Cash Flow Statement	14
Notes to the Cash Flow Statement	15
Notes to the Financial Statements	16 to 24

**Report of the Trustees
for the Year Ended 31 December 2022**

The Trustees submit their annual report for the year ended 31 December 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Constitution, the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Statement of Recommended Practice Accounting and Reporting by Charities: SORP 2019 applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives and aims of the Charity are detailed in the Constitution and include the following;

1. For the public benefit, in the British Isles and member states of the European Union, to advance the knowledge and education to the general public of the tenets, beliefs and practices of Sant Mat by regular spiritual discourses and distributing religious and spiritual literature.
2. To educate the public in the importance of the common shared values of all religions regardless of their cultural, regional or national distinctions in order to promote mutual understanding and respect between all faiths and religions.
3. To promote knowledge, mutual understanding and respect between peoples of different faiths by a study of the core values and principles of their different faiths.
4. For the public benefit, in any part of the world, to provide for the relief of financial need and suffering among victims of natural or other forms of disaster by providing finance, medical aid, materials, human resources or by any other means deemed suitable.

These objectives and aims of the Charity are also recorded on the register held by the Office of the Scottish Charity Regulator (OSCR).

Significant activities

The Charity was able to hold meetings at all of its centres during the year. The Trustees continued with arrangements to maintain safe working practices while the threat of Covid-19 remains. Secretaries at all centres were advised to continue to apply Government guidance for wearing face coverings indoors, maintaining social distancing indoors and applying the Government rules to guide people who may test positive or who have come into contact with someone who has contracted the virus.

Activity at the Charity's headquarters at Haynes Park, Bedfordshire and at local centres increased allowing more volunteers to attend to carry out essential governance, financial and administrative tasks. However, the Trustees continued to monitor the number of volunteers attending to ensure they are kept at a safe and manageable level.

The published measures for the protection of volunteers continue to be displayed at all locations. Other measures have been reviewed and relaxed in line with the gradual easing of Government restrictions.

The administrative structure of each centre has been maintained, headed by a centre secretary appointed by the Trustees. The secretary is supported by a team of volunteers, including a treasurer and internal auditor as well as volunteers to assist with the administration and organisation of the weekly discourses.

The Board of Trustees continued to hold meetings every two months. Additional online meetings were held when important decisions needed to be taken. The Charity's Planning and Finance Committees also continued to hold more frequent meetings as needs arose. The many operational and financial aspects of the Charity's affairs were discussed and plans for the future agreed.

**Report of the Trustees
for the Year Ended 31 December 2022**

OBJECTIVES AND ACTIVITIES

Significant activities

The Trustees managed the implementation of a Compliance Database and a Compliance Policy to ensure the Charity met all Health and Safety Laws and Regulations.

The Trustees managed the implementation of a Risk Register which would record the main risks and mitigations identified so that the Charity could raise its awareness of risk.

The Trustees approved the upgrade of IT software licences to new versions to protect the hardware and software systems being used.

The Trustees reviewed the financial performance and position of the Charity at Board meetings and the building maintenance of centres.

The Trustees considered how to mitigate the increase in energy costs through competitive tendering of the Charity's energy contracts.

Public benefit

The Trustees are aware of the Charity Commission's guidance on public benefit reporting as set out in Section 17 of the Charities Act 2011 and Section 7 of the Charities and Trustees Investment (Scotland) Act 2005.

The Trustees believe that their objectives and activities of promoting the spiritual and moral advancement of humanity are for the general benefit of the public.

STRATEGIC REPORT

Achievement and performance

Charitable activities

Impact of the Covid 19 pandemic on Charitable activities.

The three-day event, which normally takes place in August each year at Haynes Park in Bedfordshire, was cancelled for 2022. This annual event is normally attended by the Patron and attracts many local and overseas attendees. The cancellation of the event has an impact on local hospitality businesses because visitors cannot attend. The Charity hopes and expects that it will be able resume holding this event in 2023.

The Charity was able to organise a series of question and answer meetings, with the Patron in attendance, over a period of three weekends so that the general public could benefit from discourses and discussions about the Radha Soami teachings. To keep the sessions to a manageable size, the regional centres were gathered into six separate groups. Each group was then invited to attend on one of six designated dates from late August to early September 2022.

Books, audio and visual materials and photographs about spirituality and the philosophy of Sant Mat were on sale at each of the regional centres.

The Charity does not engage in any formal advertising and depends entirely on unsolicited donations. Our related organisation in India responded to the lack of direct contact by broadcasting question and answer sessions and other spiritual messages through its official website available to the general public worldwide.

Report of the Trustees
for the Year Ended 31 December 2022

STRATEGIC REPORT

Achievement and performance

Environmental policy

The Trustees remain fully committed to a practical and cost-effective approach to the safeguarding of the environment. Priority is given to conserve and make efficient use of energy and the recycling of waste.

Health and safety policy

It is the Charity's policy to establish appropriate controls to manage the health and safety risks arising from its activities and including the continuing Covid 19 situation, to consult with all involved in health and safety matters, to provide information and appropriate training and to ensure that safe and healthy working conditions are maintained.

The Board of Trustees arranged for the health and safety officer to undertake a review of all centres health and safety procedures to ensure any risk were identified and recommendations for improvement were implemented. This is supported by a system of training and strict supervision to ensure that the Charity's procedures are followed and improved as and when necessary.

Fundraising activities

In line with its policy the Charity did not undertake any formal fundraising activities in the year. All funds received were voluntary donations given by the public at their own discretion.

Financial review

Principal funding sources

Donors continued to support the Charity with generous financial support that has enabled the Charity to achieve its charitable activities.

Income generated from voluntary donations was £2,365,082 (2021: £2,865,943) including tax refunded by HM Revenue and Customs under the Gift Aid scheme.

Income generated from Information and Education of £53,706 (2021: £65,545) represented contributions towards meeting costs.

Total expenses of £2,437,099 (2021: £2,844,163) were expended on charitable activities during the period.

The excess of income over expenditure was £54,650 (2021: £132,061).

The net assets included debtors of £639,987 (2021: £648,040) and the balance at bank of £265,942 (2021: £192,586).

Accumulated general funds were £907,233 (2021: £852,583) all of which were unrestricted in line with the Charity's reserves policy.

Reserves policy

The Charity's policy regarding reserves is to ensure, as far as is possible, that it retains a portion of income to transfer to reserves while ensuring that its charitable objectives are achieved. At the end of the year the Charity was able to retain all of its incoming resources as at 31 December 2022.

The Trustees consider this level of reserves sufficient to ensure that the Charity will remain self-sustaining into the foreseeable future and to meet any unforeseen eventualities. The Charity will continue to operate as far as possible within its own means and does not foresee any need to raise external funds over and above its voluntary donations in order to carry out its activities in pursuit of its charitable objectives.

The Charity's policy will continue to be to hold general reserves and not to restrict them in any way.

**Report of the Trustees
for the Year Ended 31 December 2022**

STRATEGIC REPORT

Financial review

Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The validity of this assumption is on the basis that the Charity will continue to be supported by its donors and the management of the Charity's reserves policy. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Future plans

The Charity has arranged for weekly discourses on the philosophy of Sant Mat to continue to be given at each of its regional centres situated in the United Kingdom and Ireland. The weekly discourses are open to the public, free of charge and held on a Sunday and additionally at some of the larger centres on a Wednesday.

The Trustees are planning to hold a three-day event at Haynes Park in August 2023. UK and Ireland residents will be welcome and invitations will be extended to overseas residents.

The new centre at Coventry was completed on 25 July 2023 and will allow the general public to attend weekly meetings locally rather than travel to Birmingham.

The Trustees prepared and distributed a quarterly newsletter containing a spiritual message and information about the Charity's activities to the public, without any charge.

The Trustees arranged for books, audio and visual materials and photographs about spirituality and the philosophy of Sant Mat to be made available to the public at cost.

The Trustees plan to hold six board meetings during next year to discuss the operational and financial aspects of the Charity's management.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is governed by its Constitution and was incorporated as a CIO foundation by the Charity Commission for England and Wales on 14 September 2015.

The Charity was incorporated under the name "Science of the Soul", which was changed to "Science of the Soul British Isles" on 10 September 2016.

The Charity was registered by the Scottish Charity Regulator (OSCR) on 20 January 2021.

Recruitment and appointment of new trustees

The Constitution sets out the establishment of the Board of Trustees consisting of a minimum of five Trustees. The two Spiritual Representatives of the Patron are ex-officio Trustees of the Board, the Chairperson is appointed for a term of three years renewable from time to time subject to resolution of the Board of Trustees.

Other Trustees hold office for a term of three years by resolution of the Board of Trustees. At the end of their first term Trustees may be reappointed for a further term of no more than three years by resolution of the Board of Trustees. Thereafter, Trustees, other than the Chairperson, who have served for two consecutive terms shall not be eligible for reappointment until the expiry of at least three years.

Trustees are appointed by the Board of Trustees. Candidates are proposed by members of the Board from among various office holders within the "sangar" (congregation) who have served the sangar for some time. Selection is then confirmed by the Trustees at a general meeting of the Board of Trustees normally during the third quarter of the year before vacancies occur.

**Report of the Trustees
for the Year Ended 31 December 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Board of Trustees meets every two months to deal with the operational and financial developments of the Charity. At the request of at least three Trustees, an additional meeting of the Board of Trustees can be held. All decisions are based on the majority of the Trustees attending and voting. The quorum for the Trustees is three or this can be reduced to two if the Chairman is present.

The Board of Trustees has established a Planning Committee (PC) which comprises six members. The Planning Committee is responsible for the planning, organising and administration of the national meetings, at Haynes Park at which discourses on the philosophy of Sant Mat are given. The PC is also responsible for proposing strategic initiatives such as simultaneous translation at these meetings and has the delegated authority for carrying out such proposals once they have been budgeted and approved by the Board of Trustees.

The Board of Trustees has established a Health and Safety department (H&S) reporting to the Board of Trustees via the Planning Committee. H&S is responsible for ensuring that all the requirements for a healthy and safe environment is maintained wherever the Charity carries out its activities.

The Board of Trustees has established a Financial Management Group (FMG) which comprises one Trustee supported by a team of volunteers with financial qualification and experience. The FMG reports to the Board of Trustees and is responsible for managing the financial affairs of the Charity, to ensure that expenditures are kept within budget and to ensure there is an effective system of internal control in place to prevent and detect fraud or any other irregularities if they were to occur. The FMG is responsible for keeping proper accounting records and prepares regular statements about the financial position of the Charity to the Board of Trustees and to statutory authorities whenever required.

The Board of Trustees has established an IT department, reporting to the PC, which is responsible for maintaining robust and effective information systems on behalf of the Charity.

All of the Charity's work and support is carried out by volunteers and no remuneration is paid.

Induction and training of new trustees

New Trustees undergo an orientation day to brief them on their legal obligations, the content of the Constitution, the decision-making process, the financial performance of the Charity, the recent developments and the future plans. During the orientation day the new Trustees receive the Trustees Resource Manual which contains information on the Charity's policies and procedures and meet other Trustees and key volunteers. Trustees are encouraged to attend external training events relevant to developing their skills and to gain experience relevant to their roles and responsibilities.

Related parties

The Trustees require all members of the Board of Trustees to declare any conflicts of interest particularly in respect of related parties and to disclose any transactions that they or any related party may be part of in respect of the Charity's activities. Related parties are disclosed in note 17 to the financial statements.

**Report of the Trustees
for the Year Ended 31 December 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Board of Trustees have given consideration to the major risks to which the Charity is exposed and satisfied themselves that systems or procedures are established in order to manage those risks.

The Board of Trustees acknowledge their responsibility to manage risk associated with the Charity's activities and during the year have considered the major risks that may have a probable or highly probable likelihood of occurring.

The areas of consideration included governance, operations, finances, environmental or external factors and the Charity's compliance with law and regulation.

The Board of Trustees identifies risk using various processes including risk assessments that have been used to conduct Health and Safety reviews. They have established appropriate internal controls such as the Internal Audit function that is used to identify financial and operational risk and conducting reviews of policies and procedures by specialist volunteers to identify compliance risk.

During the year the Board of Trustees considered the risk associated with contracts, acquisition and development of new premises, maintenance and refurbishment programmes, loan finance and changes in compliance reporting associated with FRS 102 which were identified as the principal risks and uncertainties facing the Charity. The Board of Trustees considered the impact of the risks associated in these areas on the financial performance and position of the Charity. All of the new and existing risks that have been identified and assessed using its processes have associated risk management plans that have been designed to minimise the occurrence of any impact. The Board of Trustees has implemented control systems to manage those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

1163554 (England and Wales)

Registered Charity number

SC050703 (Scotland)

Registered office

Haynes Park
Church End
Haynes
Bedford
Bedfordshire
MK45 3BL

Trustees

Mr R French OBE DL
Mr J Atwal (appointed 1.1.22)
Mrs D Wojewodzki (resigned 1.1.23)
Mr N Johal (resigned 1.1.23)
Mr D Cameron
Mr S Taggar (resigned 1.1.22)
Mr S Farar (appointed 1.1.23)
Mr W Harrison Trustee
Mrs S Ghoman Trustee

Secretary

Mrs B R Cuffolo

**Report of the Trustees
for the Year Ended 31 December 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Auditors

Jassal and Company
Chartered Accountants and Registered Auditors
Unit 2 Hatherton Court
21 Hatherton Street
Walsall
West Midlands
WS4 2LA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England, Wales and Scotland requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the Charity for that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 (England and Wales), Charities and Trustee Investment (Scotland) Act 2005, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Constitution. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the Charity and financial information available publicly. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Science of the Soul British Isles will undertake all the activities and commitments of the unincorporated Charity and the same Trustees will continue to be members of the boards of Trustees of both charities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the Charity's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Jassal and Company were appointed under s. 144 of the Charities Act 2011 during the year and a proposal for their re-appointment will be made at the forthcoming Annual General Meeting.

Report of the Trustees
for the Year Ended 31 December 2022

Report of the Trustees, incorporating a strategic report, approved by order of the Board of Trustees, on
27 September 2023 and signed on its behalf by:

Roger French

Mr R French OBE DL - Trustee

Opinion

We have audited the financial statements of Science of the Soul British Isles for the year ended 31 December 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and,
- have been prepared in accordance with the requirements of the Charities Act 2011 and the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Annual Report. We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 and the Charities and Charity Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in or opinion:

- adequate accounting records have not been kept or returns adequate for audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the Charity's policies and procedures relating to:
 - a. Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance.
 - b. Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud:
- We inspected the minutes of meetings of the Trustees charged with governance.
- We obtained an understanding of the legal and regulatory framework that the Charity operates in, focussing on those laws and regulations that have a material effect on the financial statements or that had a fundamental effect on the operations of the Charity from our professional and sector experience.

Capability of the audit in detecting irregularities (Cont.)

- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, reviewed the judgements that were made when making accounting estimates and assessed whether there could be a potential for management bias and we tested for transactions that may be considered unusual or outside the normal course of the Charity's activities.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the Charity's Trustees, as a body, in accordance with the Charities Act 2012 and under section 44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for our audit work, for this report, or for the opinions we have formed.



for and on behalf of Jassal and Company
Chartered Accountants and Registered Auditors
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Unit 2 Hatherton Court
21 Hatherton Street
Walsall
West Midlands
WS4 2LA

Date: 27 September 2023

SCIENCE OF THE SOUL BRITISH ISLES

Statement of Financial Activities for the Year Ended 31 December 2022

		2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	3	2,365,082	2,865,943
Investment income	4	72,961	44,736
Other income		<u>53,706</u>	<u>65,545</u>
Total		<u>2,491,749</u>	<u>2,976,224</u>
EXPENDITURE ON Charitable activities			
Information and education expenses	5	2,437,099	2,844,163
Total		<u>2,437,099</u>	<u>2,844,163</u>
NET INCOME		54,650	132,061
RECONCILIATION OF FUNDS			
Total funds brought forward		852,583	720,522
TOTAL FUNDS CARRIED FORWARD		<u>907,233</u>	<u>852,583</u>

The notes form part of these financial statements

SCIENCE OF THE SOUL BRITISH ISLES (REGISTERED NUMBER: 1163554)

Balance Sheet
31 December 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS			
Tangible assets	11	292,185	320,590
CURRENT ASSETS			
Debtors	12	639,987	648,040
Cash at bank and in hand		<u>265,942</u>	<u>192,586</u>
		905,929	840,626
CREDITORS			
Amounts falling due within one year	13	(290,881)	(264,115)
NET CURRENT ASSETS		<u>615,048</u>	<u>576,511</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		907,233	897,101
CREDITORS			
Amounts falling due after more than one year	14	-	(44,518)
NET ASSETS		<u>907,233</u>	<u>852,583</u>
FUNDS	16		
Unrestricted funds		<u>907,233</u>	<u>852,583</u>
TOTAL FUNDS		<u>907,233</u>	<u>852,583</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 27 September 2023 and were signed on its behalf by:

Roger French

Mr R French OBE DL - Trustee

The notes form part of these financial statements

SCIENCE OF THE SOUL BRITISH ISLES

Cash Flow Statement for the Year Ended 31 December 2022

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	145,676	66,784
Interest paid		<u>(5,066)</u>	<u>(729)</u>
Net cash provided by operating activities		<u>140,610</u>	<u>66,055</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(23,157)	(45,595)
Interest received		<u>421</u>	<u>20</u>
Net cash used in investing activities		<u>(22,736)</u>	<u>(45,575)</u>
Cash flows from financing activities			
Loan repayments in year		<u>(44,518)</u>	<u>(5,482)</u>
Net cash used in financing activities		<u>(44,518)</u>	<u>(5,482)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		73,356	14,998
Cash and cash equivalents at the beginning of the reporting period		<u>192,586</u>	<u>177,588</u>
Cash and cash equivalents at the end of the reporting period		<u>265,942</u>	<u>192,586</u>

The notes form part of these financial statements

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Cash Flow Statement for the Year Ended 31 December 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net income for the reporting period (as per the Statement of Financial Activities)	54,650	132,061
Adjustments for:		
Depreciation charges	51,562	56,575
Interest received	(421)	(20)
Interest paid	5,066	729
Decrease/(increase) in debtors	8,053	(279,379)
Increase in creditors	<u>26,766</u>	<u>156,818</u>
Net cash provided by operations	<u>145,676</u>	<u>66,784</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.1.22 £	Cash flow £	At 31.12.22 £
Net cash			
Cash at bank and in hand	<u>192,586</u>	<u>73,356</u>	<u>265,942</u>
	<u>192,586</u>	<u>73,356</u>	<u>265,942</u>
Debt			
Debts falling due after 1 year	<u>(44,518)</u>	<u>44,518</u>	-
	<u>(44,518)</u>	<u>44,518</u>	-
Total	<u>148,068</u>	<u>117,874</u>	<u>265,942</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the Charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011 (England and Wales) and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

These financial statements are prepared in Sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

Incoming resources

All income is recognised in the Statement of Financial Activities once the Charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations are accounted for in the period of receipt. No amounts are included in the financial statements for services donated by volunteers. No income is recognised when there is no financial cost borne by a third party. Donated assets/facilities are included at the value to the Charity where this can be quantified. All incoming resources are included in the financial statements when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Donations in cash are recognised when the donation is received. Donations under the Gift Aid schemes are recognised when the tax refund has been received. Investment income includes rental income and bank interest. Rental income and Bank interest is recognised when receivable.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Costs associated with the charitable activities have been incurred directly in support of the objectives of the Charity.

Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at the transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES - continued

Financial instruments

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Basic financial liabilities

Basic financial liabilities, including creditors, and loans, are initially recognised at the transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are initially recognised at transaction price and subsequently measured at amortised cost using the effective interest method.

Tangible fixed assets

Fixed assets are initially recognised at cost and subsequently at cost or valuation net of any depreciation and any impairment losses. Gains or losses on disposal are recognised in the statement of financial activities in the period in which disposal is made.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 15% reducing balance

At each reporting period end, the Charity reviews the carrying amount of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. Any impairment loss arising is charged to the statement of financial activities in the year to which it relates.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

General funds can be used in accordance with the charitable objectives at the discretion of the Trustees. General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. No such funds exist at the year end.

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES - continued

Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The validity of this assumption is on the basis that the Trustees will monitor risks faced by the Charity and that they consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The Trustees consider that there are no sources of estimation uncertainty at the reporting date that will have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Leases and hire purchase

The Charity has leases in place for buildings at which weekly meetings are held. The costs of the leases are included in the SOFA in the period in which the Charity is committed to pay the lease charges.

2. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates, and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision or future periods where the revision affects both current and future periods.

3. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	<u>2,365,082</u>	<u>2,865,943</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Rents received	72,540	44,716
Deposit account interest	<u>421</u>	<u>20</u>
	<u>72,961</u>	<u>44,736</u>

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Other resources expensed	170,298	57	170,355
Information and education	1,409,255	-	1,409,255
Management and administration	838,594	3,377	841,971
Education media cost	15,518	-	15,518
	<u>2,433,665</u>	<u>3,434</u>	<u>2,437,099</u>

6. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Other resources expensed	57	-	57
Management and administration	-	3,377	3,377
	<u>57</u>	<u>3,377</u>	<u>3,434</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Depreciation - owned assets	<u>51,562</u>	<u>56,575</u>

8. AUDITORS' REMUNERATION

	2022 £	2021 £
Fees payable to the charity's auditors and their associates for the audit of the charity's financial statements	<u>3,377</u>	<u>1,350</u>

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no Trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no Trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	2,865,943
Investment income	44,736
Other income	<u>65,545</u>
Total	<u>2,976,224</u>
EXPENDITURE ON	
Charitable activities	
Other resources expensed	1,348,401
Information and education	1,092,510
Management and administration	373,720
Education media cost	<u>29,532</u>
Total	<u>2,844,163</u>
NET INCOME	132,061
RECONCILIATION OF FUNDS	
Total funds brought forward	<u>720,522</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>852,583</u></u>

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2022	502,367
Additions	<u>23,157</u>
At 31 December 2022	<u>525,524</u>
DEPRECIATION	
At 1 January 2022	181,777
Charge for year	<u>51,562</u>
At 31 December 2022	<u>233,339</u>
NET BOOK VALUE	
At 31 December 2022	<u>292,185</u>
At 31 December 2021	<u>320,590</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	552,109	575,333
Prepayments and accrued income	<u>87,878</u>	<u>72,707</u>
	<u>639,987</u>	<u>648,040</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	142,625	163,131
Other creditors	76,724	72,702
Accrued expenses	<u>71,532</u>	<u>28,282</u>
	<u>290,881</u>	<u>264,115</u>

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022 £	2021 £
Bank loans (see note 15)	-	44,518

15. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	-	44,518

16. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	852,583	54,650	907,233
TOTAL FUNDS	<u>852,583</u>	<u>54,650</u>	<u>907,233</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,491,749	(2,437,099)	54,650
TOTAL FUNDS	<u>2,491,749</u>	<u>(2,437,099)</u>	<u>54,650</u>

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	720,522	132,061	852,583
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>720,522</u>	<u>132,061</u>	<u>852,583</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,976,224	(2,844,163)	132,061
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>2,976,224</u>	<u>(2,844,163)</u>	<u>132,061</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	720,522	186,711	907,233
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>720,522</u>	<u>186,711</u>	<u>907,233</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	5,467,973	(5,281,262)	186,711
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>5,467,973</u>	<u>(5,281,262)</u>	<u>186,711</u>

SCIENCE OF THE SOUL BRITISH ISLES

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

17. RELATED PARTY DISCLOSURES

The Charity is an independent organisation that provides services and support to other charitable organisations and members of the public in its area of operation. Science of the Soul - British Isles, the unincorporated Charity, is a charitable organisation that this Charity provides services to.

During the year, the Charity provided funds of £2,000 to the unincorporated Charity.

The Trustees noted on page 6 of the Report of the Trustees are considered to be related parties.

During the year there were no related party transactions to disclose.