

COMPANY REGISTRATION NUMBER: 09544512  
CHARITY REGISTRATION NUMBER: 1163539

**The Elmhurst Foundation**  
**Company Limited by Guarantee**  
**Financial Statements**  
**31 March 2024**

**HARPER SHELDON LIMITED**

Chartered accountants & statutory auditor  
Midway House  
Staverton Technology Park  
Herrick Way, Staverton  
Cheltenham, Glos.  
GL51 6TQ

**The Elmhurst Foundation**  
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**Financial Statements**  
**Year ended 31 March 2024**

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# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Directors' Report)**

#### **Year ended 31 March 2024**

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The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2024.

#### **Reference and administrative details**

**Registered charity name**            The Elmhurst Foundation

**Charity registration number**    1163539

**Company registration number** 09544512

**Principal office and registered office**    Combe Grove  
Brassknocker Hill  
Monkton Combe, Bath  
BA2 7HS

#### **The trustees**

Mr D Cox  
Mr S Waterfield  
Miss H Aylward-Smith

#### **Auditor**

Harper Sheldon Limited  
Chartered accountants & statutory auditor  
Midway House  
Staverton Technology Park  
Herrick Way, Staverton  
Cheltenham, Glos.  
GL51 6TQ

#### **Structure, governance and management**

The Charity's governing document is 'Memorandum and Articles' which was incorporated on 15th April 2015. The charity maintains accounting records and reconciles the bank for the Incorporated Charitable Company. The Charity Commission self-assessment checklist is used on an annual basis to evaluate the charity's performance. The charity also assesses its purpose, mission and values against the Charity Commission's 'hallmarks' of a good charity. Helen Aylward-Smith oversees the day-to-day management of the charity, no decisions are delegated to non-trustees, but some administration is.

The charity adopts a policy in respect of reasonable expenses in relation to duties carried out by the Trustees and others in respect of Trust affairs. To date no Trustee expenses have been claimed or paid. The trustees meet on a regular basis, with minutes taken of the meetings to record matters discussed and decisions made. An annual financial review meeting is held, where the accounts, annual return and annual report are discussed. The charity also reassesses its purpose and achievements each year at that meeting.

# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Directors' Report) *(continued)***

**Year ended 31 March 2024**

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#### **Objectives and activities**

The Charity's governing document Memorandum and Articles, incorporated 15th April 2015 sets the objects as being "to further such charity or charities or such charitable purposes as the trustees shall from time to time in their absolute discretion determine." The Trustees determine to align the objects of the ICC with the Elmhurst Foundation Charitable Trust charity no 1126479. In March 2017 the Trustees of the Elmhurst Foundation ICC received funds by way of a grant from the Elmhurst Foundation Charitable Trust, to purchase the assets and business known as Combe Grove Manor Hotel in Bath, England. This property will enable both charities to fulfil the aims of the Charitable Trust which are stated:

To provide a range of apprenticeships for the local community, in a choice of disciplines including business subjects, hospitality subjects and estate and grounds management subjects. Creating these apprenticeships determines the need to draw on the local community to engage and recruit mentors with extensive experience in their chosen field, to mentor apprentices in their subjects.

To share its capacity and learning for public benefit with its community locally; specifically neighbouring charities with similar purposes, to whom this would be helpful.

#### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

#### **Achievements and performance**

The Elmhurst Foundation was set up by Helen Aylward-Smith in 2008 with the charitable objectives of advancing knowledge and education of public health and wellbeing, sharing this knowledge and its benefits with the local community and creating a range of high-quality apprenticeships for local people.

In March 2017, The Elmhurst Foundation became the guardian of The Combe Grove Estate in Bath, allowing it to begin to realise its ambitions and objectives.

#### **Promoting and expanding knowledge in public health and wellbeing**

Since launching The Residential Metabolic Health Programmes in February 2023 Combe Grove have welcomed over 200 clients to the estate to reset their metabolic health. The first cohorts have now completed their one year supported programme with initial results showing medically meaningful changes in The 10 Markers of Metabolic Health. Clients are able to be members of The Combe Grove Community for Life with a number of individuals choosing to return to stay with us multiple times throughout the year as as their support partner in continuing to optimise and maintain their Metabolic Health.

Two new specialist Metabolic Health Programmes, Conquering Food Addiction and Insulin Optimisation for Type 1 Diabetes have been introduced with radical health and wellbeing benefits experienced by participants.

# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Directors' Report) *(continued)***

**Year ended 31 March 2024**

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#### **Achievements and performance *(continued)***

##### **Supporting the local community**

Combe Grove has established a highly successful Metabolic Health Webinar series which supports the community and outreach objectives of The Elmhurst Foundation. These educational sessions enable us to broaden our reach and increase awareness of metabolic health and related fields.

Local residents, members and patients of The Sulis Hospital have been attending regular public health education events held at Combe Grove in collaboration with Sulis. Consultant specialists have shared their expertise across a range of subjects from cardiovascular disease to menopause alongside speakers from The Combe Grove Practice Team to expand knowledge in these important public health areas.

##### **Apprenticeships**

The apprenticeship academy is developing to support 90 perpetual apprenticeships in three years time. We offer enriched apprenticeships across the breadth of the work we do at Combe Grove with qualifications from Level 2 to Level 7.

During their time at Combe Grove the apprentices' benefit from an added three-month period of further learning and have opportunities for work experience within different settings and organisations to broaden and deepen learning opportunities. The Elmhurst Foundation has started to form partnerships with local charities and privately-owned businesses who are thoughtful of their contribution to the community and impact on the environment, to help us develop this purpose.

By supporting the Elmhurst Foundation, residential and local members, neighbours, friends and volunteers all provide the infrastructure and financial means to ensure the charitable objectives continue to be met.

##### **Combe Grove - The UK's First Metabolic Health Centre**

Combe Grove offers a range of comprehensive Metabolic Health Programmes tailored for local residents, virtual participants and clients who stay at Combe Grove as part of their journey to Reset and Restore their Metabolic Health.

Developed by leading medical, nutritional and movement specialists, each programme is grounded in The 5 Roots of Metabolic Health™, Nutrition, Movement, Sleep, Environment and Mindset.

The journey for each client begins with a thorough Metabolic Health Check assessing 10 Markers of Metabolic Health to gain an insight into how well their body is functioning. This crucial data informs a personalised consultation with a dedicated Metabolic Health Coach. Together, the client and coach create a tailored 5 Roots Plan, setting achievable goals for sustained improvement across all ten metabolic markers.

# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Directors' Report) *(continued)***

**Year ended 31 March 2024**

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#### **Achievements and performance *(continued)***

##### **The Combe Grove Estate**

The Estate's remarkable setting in Bath is central to its mission with 70 acres of wild woodland and meadow overlooking the Limpley Stoke Valley. This setting enables clients to benefit from programmes which integrate the restorative power of nature alongside the latest medical research.

Our hub for movement sits within the Coach House. As part of the Combe Grove 5 Roots, movement, at every capability and age, is cared for by a team of highly qualified coaches and professional trainers covering an extensive list of classes and courses, with equipment chosen for its quality and British credentials.

Our movement specialists support each client to optimise their movement root, guiding them in their personalised plan to increase movement utilising all our facilities across the estate. This includes our ancient woodland, tennis courts, swimming pools, gym, sauna, steam room and 70 classes a week.

##### **Financial review**

These accounts include a full year's activity at Combe Grove, with a deficit of £13,027 (2023: £589,194 surplus) after all trading activities and donations received. The charity had assets of £10,455,643 (2023: £10,336,196) and liabilities of £5,141,362 (2023: £5,008,888) at the balance sheet date.

##### **Trustees' responsibilities statement**

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## The Elmhurst Foundation

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 March 2024

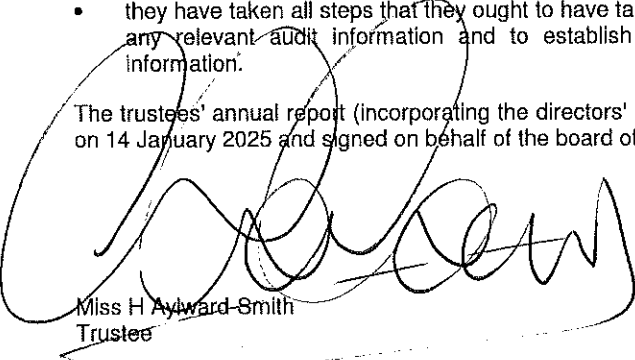
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### Auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The trustees' annual report (incorporating the directors' report) and the strategic report were approved on 14 January 2025 and signed on behalf of the board of trustees by:



Miss H Aylward-Smith  
Trustee

# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Independent Auditor's Report to the Members of The Elmhurst Foundation**

**Year ended 31 March 2024**

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#### **Opinion**

We have audited the financial statements of The Elmhurst Foundation (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.



# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Independent Auditor's Report to the Members of The Elmhurst Foundation** *(continued)*

**Year ended 31 March 2024**

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#### **Other information**

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

#### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

# **The Elmhurst Foundation**

## **Company Limited by Guarantee**

### **Independent Auditor's Report to the Members of The Elmhurst Foundation**

*(continued)*

**Year ended 31 March 2024**

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#### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach was as follows:

We obtained an understanding of the legal and regulatory requirements applicable to the charity and considered the most significant are the Companies Act 2006 and UK Financial reporting Standards.

We obtained an understanding of how the company complies with these regulations by discussions with management.

We assessed the risk of material misstatement of the financial statements, including the risk of material misstatement due to fraud and how it might occur, by holding discussions with management.

We inquired of management as to any known instances of non-compliance or suspected non-compliance with laws and regulations.

Based on this understanding, we designed specific audit procedures to identify instances of non-compliance with laws and regulations. This included making enquiries of management and obtaining corroborative evidence as required.

## **The Elmhurst Foundation**

### **Company Limited by Guarantee**

#### **Independent Auditor's Report to the Members of The Elmhurst Foundation**

*(continued)*

#### **Year ended 31 March 2024**

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As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

## **The Elmhurst Foundation**

### **Company Limited by Guarantee**

### **Independent Auditor's Report to the Members of The Elmhurst Foundation** *(continued)*

#### **Year ended 31 March 2024**

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We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### **Use of our report**

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

James Harper (Senior Statutory Auditor)

For and on behalf of  
Harper Sheldon Limited  
Chartered accountants & statutory auditor  
Midway House  
Staverton Technology Park  
Herrick Way, Staverton  
Cheltenham, Glos.  
GL51 6TQ

# The Elmhurst Foundation

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2024

		2024		2023
	Note	Unrestricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>				
Donations and legacies	5	2,100,000	2,100,000	2,391,277
Other trading activities	6	1,402,240	1,402,240	913,909
Other income	7	—	—	1,750
<b>Total income</b>		<u>3,502,240</u>	<u>3,502,240</u>	<u>3,306,936</u>
<b>Expenditure</b>				
Expenditure on raising funds:				
Costs of other trading activities	8	<u>3,515,267</u>	<u>3,515,267</u>	<u>2,717,742</u>
<b>Total expenditure</b>		<u>3,515,267</u>	<u>3,515,267</u>	<u>2,717,742</u>
<b>Net (expenditure)/income and net movement in funds</b>		<u>(13,027)</u>	<u>(13,027)</u>	<u>589,194</u>
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>5,327,308</u>	<u>5,327,308</u>	<u>4,738,114</u>
<b>Total funds carried forward</b>		<u>5,314,281</u>	<u>5,314,281</u>	<u>5,327,308</u>

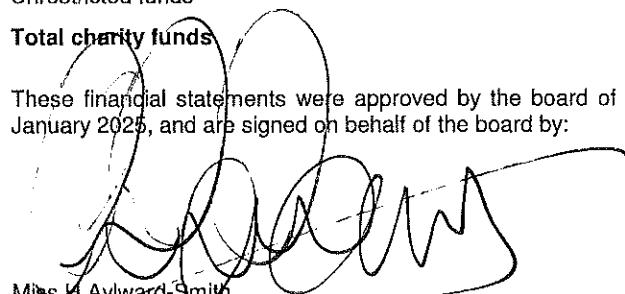
The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 14 to 22 form part of these financial statements.

**The Elmhurst Foundation**  
**Company Limited by Guarantee**  
**Statement of Financial Position**  
**31 March 2024**

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible fixed assets	12	10,152,182	10,029,524
<b>Current assets</b>			
Stocks	13	18,207	9,975
Debtors	14	103,042	105,826
Cash at bank and in hand		182,212	190,871
		<u>303,461</u>	<u>306,672</u>
<b>Creditors: amounts falling due within one year</b>	15	3,341,245	3,070,798
<b>Net current liabilities</b>		<u>3,037,784</u>	<u>2,764,126</u>
<b>Total assets less current liabilities</b>		<u>7,114,398</u>	<u>7,265,398</u>
<b>Creditors: amounts falling due after more than one year</b>	16	1,800,117	1,938,090
<b>Net assets</b>		<u>5,314,281</u>	<u>5,327,308</u>
<b>Funds of the charity</b>			
Unrestricted funds		5,314,281	5,327,308
<b>Total charity funds</b>	18	<u>5,314,281</u>	<u>5,327,308</u>

These financial statements were approved by the board of trustees and authorised for issue on 14 January 2025, and are signed on behalf of the board by:

  
Miss M Aylward-Smith  
Trustee

The notes on pages 14 to 22 form part of these financial statements.

**The Elmhurst Foundation**  
**Company Limited by Guarantee**  
**Statement of Cash Flows**  
**Year ended 31 March 2024**

	2024 £	2023 £
<b>Cash flows from operating activities</b>		
Net (expenditure)/income	(13,027)	589,194
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	327,754	282,788
Accrued expenses	73,128	53,257
<i>Changes in:</i>		
Stocks	(8,232)	3,583
Trade and other debtors	2,784	(8,040)
Trade and other creditors	117,338	105,987
Cash generated from operations	499,745	1,026,769
Net cash from operating activities	<u>499,745</u>	<u>1,026,769</u>
<b>Cash flows from investing activities</b>		
Purchase of tangible assets	(450,412)	(772,076)
Net cash used in investing activities	<u>(450,412)</u>	<u>(772,076)</u>
<b>Cash flows from financing activities</b>		
Proceeds from borrowings	(30,024)	(131,472)
Payments of finance lease liabilities	(27,968)	12,502
Net cash used in financing activities	<u>(57,992)</u>	<u>(118,970)</u>
<b>Net (decrease)/increase in cash and cash equivalents</b>	(8,659)	135,723
<b>Cash and cash equivalents at beginning of year</b>	<u>190,871</u>	<u>55,148</u>
<b>Cash and cash equivalents at end of year</b>	<u>182,212</u>	<u>190,871</u>

The notes on pages 14 to 22 form part of these financial statements.

**The Elmhurst Foundation**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements**  
**Year ended 31 March 2024**

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**1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 37 St. Georges Road, Cheltenham, Gloucestershire, GL50 3DU.

**2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Going concern**

The charity continues to rely on the donations received from Ms H Aylward Smith. Ms H Aylward Smith has indicated her willingness to continue to support the charity for the foreseeable future, that being a period of not less than 12 months from the date of signing the financial statements.

**Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.



# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

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#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

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#### 3. Accounting policies *(continued)*

##### Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Freehold property	-	2% straight line
Motor vehicles	-	25% straight line
Fixtures, fittings and equipment	-	10% - 25% straight line

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### Stocks

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost includes all costs of purchase, costs of conversion and other costs incurred in bringing the stock to its present location and condition.

##### Finance leases and hire purchase contracts

Assets held under finance leases and hire purchase contracts are recognised in the statement of financial position as assets and liabilities at the lower of the fair value of the assets and the present value of the minimum lease payments, which is determined at the inception of the lease term. Any initial direct costs of the lease are added to the amount recognised as an asset.

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

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#### 3. Accounting policies *(continued)*

##### Finance leases and hire purchase contracts *(continued)*

Lease payments are apportioned between the finance charges and reduction of the outstanding lease liability using the effective interest method. Finance charges are allocated to each period so as to produce a constant rate of interest on the remaining balance of the liability.

##### Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

#### 4. Limited by guarantee

Every member has guaranteed the contributions of an amount, not exceeding £1 per member, to the company's assets in the event that the company should be wound up.

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

#### 5. Donations and legacies

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
<b>Donations</b>				
Donations	<u>2,100,000</u>	<u>2,100,000</u>	<u>2,391,277</u>	<u>2,391,277</u>

#### 6. Other trading activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Other income from other trading activities	<u>1,402,240</u>	<u>1,402,240</u>	<u>913,909</u>	<u>913,909</u>

#### 7. Other income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Grants received	<u>—</u>	<u>—</u>	<u>1,750</u>	<u>1,750</u>

#### 8. Costs of other trading activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Costs of other trading activities - Operating trading company	<u>3,515,267</u>	<u>3,515,267</u>	<u>2,717,742</u>	<u>2,717,742</u>

#### 9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	<u>327,754</u>	<u>282,788</u>

#### 10. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024 £	2023 £
Wages and salaries	1,547,181	1,188,324
Other employee benefits	<u>47,677</u>	<u>21,840</u>
	<u>1,594,858</u>	<u>1,210,164</u>

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

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#### 10. Staff costs *(continued)*

The average head count of employees during the year was 57 (2023: 51). The average number of full-time equivalent employees during the year is analysed as follows:

	2024 No.	2023 No.
Number of staff - client facing	37	31
Number of staff - administration	10	9
Number of staff - management	10	11
	<u>57</u>	<u>51</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

#### 11. Trustee remuneration and expenses

No trustee received any remuneration or any other benefits from employment with the charity or a related entity.

#### 12. Tangible fixed assets

	Freehold property £	Motor vehicles £	Equipment £	Total £
<b>Cost</b>				
At 1 April 2023	10,007,392	41,835	1,099,967	11,149,194
Additions	389,260	12,221	48,931	450,412
<b>At 31 March 2024</b>	<u>10,396,652</u>	<u>54,056</u>	<u>1,148,898</u>	<u>11,599,606</u>
<b>Depreciation</b>				
At 1 April 2023	410,144	8,264	701,262	1,119,670
Charge for the year	192,411	11,805	123,538	327,754
<b>At 31 March 2024</b>	<u>602,555</u>	<u>20,069</u>	<u>824,800</u>	<u>1,447,424</u>
<b>Carrying amount</b>				
<b>At 31 March 2024</b>	<u>9,794,097</u>	<u>33,987</u>	<u>324,098</u>	<u>10,152,182</u>
At 31 March 2023	<u>9,597,248</u>	<u>33,571</u>	<u>398,705</u>	<u>10,029,524</u>

#### 13. Stocks

	2024 £	2023 £
Finished goods and goods for resale	<u>18,207</u>	<u>9,975</u>

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

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#### 14. Debtors

	2024	2023
	£	£
Trade debtors	-	3,445
Prepayments and accrued income	93,235	79,727
Other debtors	9,807	22,654
	<u>103,042</u>	<u>105,826</u>

#### 15. Creditors: amounts falling due within one year

	2024	2023
	£	£
Bank loans and overdrafts	274,928	321,500
Trade creditors	208,380	240,144
Amounts owed to undertakings in which the charity has a participating interest	2,344,000	2,204,000
Accruals and deferred income	215,971	142,843
Social security and other taxes	87,552	36,687
Obligations under finance leases and hire purchase contracts	10,193	23,640
Other creditors	88,553	25,015
Other creditors	111,668	76,969
	<u>3,341,245</u>	<u>3,070,798</u>

The bank loans are secured on the assets of the Charity, known as Combe Grove, Brassknocker Hill, Monkton Combe, Bath, BA2 7HS.

#### 16. Creditors: amounts falling due after more than one year

	2024	2023
	£	£
Bank loans and overdrafts	1,786,453	1,909,905
Obligations under finance leases and hire purchase contracts	13,664	28,185
	<u>1,800,117</u>	<u>1,938,090</u>

The bank loans are secured on the assets of the Charity, known as Combe Grove, Brassknocker Hill, Monkton Combe, Bath, BA2 7HS.

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2024

#### 17. Finance leases and hire purchase contracts

The total future minimum lease payments under finance leases and hire purchase contracts are as follows:

	2024	2023
	£	£
Not later than 1 year	10,193	23,640
Later than 1 year and not later than 5 years	13,664	28,185
	<u>23,857</u>	<u>51,825</u>

#### 18. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2023	Income	Expenditure	At 31 March 2024
	£	£	£	£
General funds	<u>5,327,308</u>	<u>3,502,240</u>	<u>(3,515,267)</u>	<u>5,314,281</u>

	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
General funds	<u>4,738,114</u>	<u>3,306,936</u>	<u>(2,717,742)</u>	<u>5,327,308</u>

#### 19. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2024
	£	£
Tangible fixed assets	10,152,182	10,152,182
Current assets	303,461	303,461
Creditors less than 1 year	(3,341,245)	(3,341,245)
Creditors greater than 1 year	(1,800,117)	(1,800,117)
<b>Net assets</b>	<u>5,314,281</u>	<u>5,314,281</u>

	Unrestricted Funds	Total Funds 2023
	£	£
Tangible fixed assets	10,029,524	10,029,524
Current assets	306,672	306,672
Creditors less than 1 year	(3,070,798)	(3,070,798)
Creditors greater than 1 year	(1,938,090)	(1,938,090)
<b>Net assets</b>	<u>5,327,308</u>	<u>5,327,308</u>

# The Elmhurst Foundation

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

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#### 20. Financial instruments

The carrying amount for each category of financial instrument is as follows:

	2024	2023
	£	£
<b>Loan commitments measured at cost less impairment</b>		
Loan commitments measured at cost less impairment	<u>2,085,238</u>	<u>2,283,229</u>

#### 21. Analysis of changes in net debt

	At 1 Apr 2023	Cash flows	At 31 Mar 2024
	£	£	£
Cash at bank and in hand	190,871	(8,659)	182,212
Debt due within one year	(2,549,140)	(79,981)	(2,629,121)
Debt due after one year	<u>(1,938,090)</u>	<u>137,973</u>	<u>(1,800,117)</u>
	<u>(4,296,359)</u>	<u>49,333</u>	<u>(4,247,026)</u>