



LANCASHIRE
YOUTH
CHALLENGE

ANNUAL REPORT 2024

Registered Charity: 1163469

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INTRODUCTION

I am delighted to introduce to you the Lancashire Youth Challenge annual report. 2024 marks nine years for Lancashire Youth Challenge, a significant milestone for a charity born out of passion for arts, culture, and young people.

During this time the charity has continued to develop from strength-to-strength, providing innovative and holistic programmes centred around fitness, creative arts, sports, and outdoor adventures, with thousands of young people benefitting. This report outlines the work of the charity throughout the 2024 period which I am sure you will agree is fantastic.

2024 proved to be another year of growth and success for Lancashire Youth Challenge. The team continued to expand with the appointment of the charity's first ever Operations Manager in Rachel Parsons. Rachel brings with her over ten years of industry experience that will undoubtedly help Lancashire Youth Challenge achieve its ambitious plans.

During 2024, the Board ratified a new ambitious and forward-thinking strategic plan for the 2024-2027 period. This plan will provide financial stability for the charity whilst also continuing to work with more young people in addressing some of society's ever-changing needs.

I would like to place on record the Board's gratitude to the charity's Chief Executive Officer, Guy Christiansen, and the wider Lancashire Youth Challenge staff team who have worked tirelessly to continue to develop and grow the charity to help meet the needs of the young people across the areas of operation.

Furthermore, I would like to thank exiting Board member Vicky Fletcher, who after three years on the Board has taken the difficult decision to step down. Similarly, I would like to thank Phil Longbottom, who served the charity as a Trustee since 2020 and brought his significant expertise in outdoor adventures to bear. I am delighted to welcome Craig Brown, Joe Sumsion and Sylvie Maxwell who join the Board respectively with an abundance of experience that will undoubtedly support the charity in achieving its ambitious plans.

Finally, thank you to all our funders and stakeholders, without whom, our work would be untenable.

In closing, I hope you take great pleasure in reading about the success of the Charity during the 2024 period and we look forward to a prosperous 2025.

Tom Drake, Chair of Trustees



VISION, MISSION, VALUES & APPROACH

VISION

Lancashire Youth Challenge envisions a future where every young person in our community possesses the resilience, robustness, and confidence needed to navigate the complexities of life and shape their own destinies.

MISSION

Lancashire Youth Challenge, nurtures, supports, and empowers young people in Lancashire to discover their potential, cultivate resilience, and build a foundation for lifelong success.

VALUES

Empowerment

Empowering young people to overcome challenges and craft the lives they wish to lead

Inclusivity

Ensuring all young individuals, regardless of background, have access to transformative experiences.

Achieving

Empowering young people to identify their personal goals, develop their confidence, self-efficacy and achieve their full potential.

Equality & Equity

Ensuring our programmes of activity are 'fit for purpose' and meet the needs of each participant.

Innovation

Continuously adapting and developing activities to meet the evolving needs of young people in the 21st century.

Collaboration

Embedding collaborative practices into the work of Lancashire Youth Challenge; to ensure high quality delivery of our purpose with young people, communities, and stakeholders.

APPROACH

Lancashire Youth Challenge believes in a strength and asset-based approach to our work with young people. We encourage the celebration of achievement, youth empowerment, collaborative working, and youth-led practices.

Our focus as a charity is to enable young people to overcome their personal obstacles, build resilience and to be celebrated and recognised for their achievements. To this end, when discussing or promoting our work, we adopt asset-based language and focus on achievements and successes. We ensure young people are intrinsically involved in shaping our strategic vision and informing our operational practices, in the following ways:

Peer Mentoring Programme

Conduit for information sharing and programme evaluation.

Young Trustees & Young Associates

Informing strategic development, policy, and practice.

Project Evaluations

Creative conversations, capturing feedback and review.

THEORY OF CHANGE

DELIVERY OUTPUTS

RESTORE

Emotional wellbeing workshops
Creative art projects
Outdoor challenge events

Time to Breathe

Life skills workshops
Outdoor learning events
Bushcraft
Green exercises and workshops

Rise to the Challenge

Cycle challenges
Residential challenges
Summer expedition
Mindful hill walking challenges

MECHANISMS OF CHANGE

- Safe & supportive spaces
- Platforms to express and be heard
- High quality provision by experienced practitioners
- Diverse participation opportunities
- Understanding our common humanity and celebrating diversity
- Encouraging young people to engage in their learning journey
- Asset & strength-based approaches
- Platforms for young people to comment on the world

INTERMEDIATE OUTCOMES

- Better able to manage their physical, emotional, and mental wellbeing
- Increased sense of self-esteem and confidence
- Motivation and commitment to personal development
- Care and compassion for themselves and others
- Improved communication and social interactions skills
- Personal resilience, responsibility, and maturity

LONG TERM OUTCOMES

- Improvements in physical/emotional/mental health and wellbeing
- Significant increase in self belief and self efficacy
- The confidence to 'dare to dream'
- Eagerness to explore other cultures and places
- Competency and resilience to deal with life's challenges
- Making meaningful change in themselves and the world
- Personal aspiration to craft the life they wish to lead

CORE PRINCIPLES

Following consultation with the staff team and inspired by the wellbeing principles used by our colleagues at Empire Fighting Challenge, we devised and adopted six core principles which provide a meaningful reference and anchor for our delivery programmes.

These six principles provide a framework for guiding the activities and operations of our three strands of delivery. They serve as a set of guidelines that help to ensure that we stay focused on the desired outcomes of each programme. Providing a tangible reference point for our team of practitioners when delivering programmes across Lancashire with multiple partners and varied groups of participants.

The Six Core Principles are:

KNOW YOURSELF

It is important to know who we are - what we value, what we stand for, our motivations, where we want to be and who we want to become.

BE PRESENT

By tuning in to ourselves and the world around us we start to understand the power of being fully present in the moment, in our environment, in our bodies and minds. Learning about our capacity, capabilities and strengths while immersing ourselves in nature - exploring and understanding the world around us, its impact on us and our impact on it.

GO WITH THE FLOW

As in nature, our body and mind are subject to constant change and flow. Learning to go with the flow and not fight against it improves our mental and physical state. By further understanding the things we perceive to get in the way of flow, we can overcome and harness the changes to view them as part of life and part of the process of growth.

NAVIGATE THE WORLD

By learning about the complex and challenging world we live in, we can increase our understanding of the issues at play around us and how they impact our lives. Developing key skills and building personal resilience will support us as we face and navigate our way through life's challenges.

FEEL THE FEAR

Challenges, setbacks, negative and adverse experiences are part of life. By learning to accept and manage uncertainty we increase our capacity to cope and build personal strength and resilience. By facing difficult challenges and feeling the complex emotions that comes with them - in the safety of a group and with support of the team - we learn about our ability to cope with life's challenges and celebrate our achievements and capabilities.

BE THE LEADER

Being a leader can be many things - supporting others, guiding a team to success, or making positive change in your world. Developing leadership skills support our personal development and empower us to thrive in life.

RESTORE

A programme designed to support young individuals on their journey toward personal development. Through a variety of physical and emotional wellbeing activities, creative practice, and outdoor challenge activities, we aim to empower participants to build emotional resilience, self-efficacy, and self-awareness.



RESTORE WITH EMPIRE FIGHTING CHANCE

Building on our exciting partnership with Empire Fighting Chance and Active Lancashire, we facilitated a total of 9 RESTORE with EFC projects at schools and community spaces in Lancaster, Morecambe and Preston. The programmes were financed by investment from the Opening School Facilities Fund and Break the Mould.

Using non-contact boxing methodologies paired with psychologically informed mentoring practice, young people learn evidence-based personal development principles that help them understand the nature of the mind and normalise feelings they may be experiencing. This equips them with the skills to manage emotions, behaviours, and situations.

- 100%** of young people demonstrated a commitment to engage and participate in activities provided.
- 90%** of young people stated that they felt more confident and felt better about themselves.
- 90%** of young people stated that the programme had supported their emotional wellbeing and physical fitness.
- 40%** of attendees have accessed other LYC programmes, following the completion of this project.

(figures taken from RESTORE @ Bayfit programme)

"Because I go to a special school, people judge me, but I can be myself here, I don't have to act or put on a front, people take time to listen and care about what I say and that feels Okay!"

"Thanks to the EFC project I think now before I act, which helps me a lot, as it stops me getting into trouble."

“

'I have saved the EFC principles on my phone, and I look at them most days to help me feel balanced and not act negatively.'

"My child is a different person on EFC days, he is full of enthusiasm for the sessions."

"Our students loved the last couple of programmes we have done with LYC so they are very excited to have been given another opportunity to take part in one. They benefited from them massively and could really see a change in their attitudes after completing them."

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POWERED BY

**EMPIRE
FIGHTING
CHANCE**



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RESTORE TRANSITIONS

The RESTORE-Transitions Programme launched as a 12-week intervention, targeted Year 6 students who faced difficulties due to mental health issues, family-related challenges, or adverse childhood experiences. Its main goal was to prepare the pupils to transition from primary to secondary school by enhancing their emotional, social, and physical resilience through themed sessions led by fitness trainers, mental health practitioners, and creative professionals. The programme was piloted with pupils from four primary schools in the Lancaster District, aiming to support and enhance their self-confidence, resilience, social skills, and emotional awareness.

The programme was commissioned by Lancashire County Council's Team Around the School & Setting Inclusion Hub and engaged over 50 pupils in weekly activity. The programme was an overall success with teachers stating:

"The RESTORE programme definitely prepared the young people for their transition to secondary school. In fact, one of our parents contacted school to say that their child has settled in really well and she said that the restore project was a big part of that giving them the confidence they needed."

"It was very clear that every session was focussed on getting the children ready for high school this was clear and made a positive impact. Children were allowed to express themselves without being judged."

"I do believe for most of the group, this project helped them to transition to high school. The children seemed to be a lot more confident and resilient by the end of the project."

Each set of pupils produced their own bespoke wellbeing journal, which was full of tools, activities and advice they could use to assist them with their transition and remind them of what they had learned during the 12-week programme. To view the journals please click [here](#).



RESTORE CREATIVE

We facilitated two RESTORE Creative programmes with Resettled Refugees from Sudan and Ukraine in Preston.

Our cohort of young men from Sudan have produced a thought provoking spoken word piece, that celebrates their identity and ambitions for the future, which can be viewed [here](#). While our group from Ukraine produced a powerful and emotional song about their experiences of escaping the war and relocating to the UK, which can be seen [here](#).

Both films were presented at Home Fest, an international celebration event delivered at Preston College as part of Refugee week in June. The films are now being shown at secondary schools across Lancashire as part of the 'Escape to Safety' programmes delivered by our colleagues at Global Link.

During our evaluation process the young people offered the following feedback:

"The project has helped me to grow confidence, as before this project I would be afraid of singing in public, but now I feel more comfortable with this."

"This project has helped me to tell my story and share my feelings."

"I'm so proud and happy, because not everyone can make their own song and film, it is special."

"I now feel more like I belong here."

RESTORE @ PRESTON BUS STATION

This project is a collaboration between several partners, including Foxton Youth & Community Centre, Lancashire Youth Challenge, Preston Bus Station, and Preston Youth Zone. Together we are facilitating a twelve-month programme of bus station staff training and youth engagement initiatives. The programme is designed to help reduce anti-social behaviour on site and in Preston City Centre, while engendering a culture of open and positive communication between young people, bus station staff & security personnel.





TIME TO BREATHE

This programme offers young people the chance to pause and reflect. By encouraging mindfulness and self-care, we help individuals develop essential life skills for managing stress and achieving emotional balance.



TIME TO BREATHE

We have delivered 3 Time to Breathe programmes this year, working with our amazing partners at Gathering Fields Wellbeing Centre and Bee Adventures, Gregson Community & Arts Centre, and the Friends of Miss Whalley's Field.

Throughout the three programmes we delivered: Growing, planting and harvesting workshops, ecology awareness workshops, wild cooking and camping residentials, mindful hiking events in Cumbria, forest bathing and meditative walks, farm experience days, mental health first aid workshops, emotional wellbeing activities and outdoor craft workshops.

"My son is more confident now and feels better. He attends school and his school attendance has improved. He has friends and no one bothers him and, most importantly, he can cope better in difficult situations, which he learned during the Lancashire Youth Challenge sessions."

"Coming here has given her increased confidence and self-esteem, new friends, and a better sense of who she is and what she likes. Previously she was self-harming weekly and dreading going to school. Now her school attendance is 100% and she has self-harmed just once in the time she has been attending. The difference in her is incredible and I can't thank the team enough."

"As a parent of a child that suffers with mental health it's hard to get them to engage in social activities, however these sessions have been a life saver and because they are aimed at his age group and not just a chore that he has to go to like therapy sessions, they are fun and engaging, as well as being beneficial for young people that maybe don't like the more formal sessions."

60% of participants felt more confident

70% felt better able to share their thoughts and ideas

70% felt an increased sense of pride and self-worth

75% had a stronger understanding and control of their emotions

60% felt they had developed new skills to manage their emotional health

(Figures taken from the Time to Breathe Step into Nature project)





RISE TO THE CHALLENGE

EXPEDITION PROGRAMME

The Rise to the Challenge programme encourages young people to step outside their physical and emotional comfort zones, enabling personal growth, and a profound sense of achievement through the completion of ambitious challenges and adventures. This programme fosters resilience and confidence, equipping participants with the skills they need to face and overcome life's obstacles.



RISE TO THE CHALLENGE

During 2024, we facilitated 3 Rise to the Challenge Programmes. This year's challenges were:

- A cycling expedition from Morecambe to the Forest of Bowland with students from Bay Leadership Academy.
- A six day, 100KM canoeing expedition along the Great Glen Way in the Highlands of Scotland with young people from Lancaster and Preston in partnership with our colleagues at Big Adventure.
- A second cycling and wild camping residential with young people from Stanleys Youth & Community Centre, delivered in partnership with our colleagues at Go Velo.

"What I've learnt is that I can actually push myself to do things, even when it's really difficult and sometimes feels a bit awkward (like trying to get up a hill in the wrong gear!). I pushed through and, with patience, overcame those moments and learnt from them so the next time I was faced with them it wasn't so difficult."

"When I was going down the hills on the cycles I felt free as a bird, care free. Something I'm going to do differently going forward is to not make rash decisions and to think about things before I act. I didn't at times on this project and it got me in difficult situations, so definitely thinking more before I act and listening is something I'm going to work on."

“

"Before I started this project I was worried about my weight and didn't think I would be able to do it. I felt a bit self-conscious. But when I was doing the cycling challenge today I didn't even think about it. I've learnt about perseverance and not giving up. I didn't think I was a very resilient, but this project has shown me how I can be. I will believe in myself more going forward."

"I'm proud of actually pushing myself to do things and setting my mind on something that I never thought I could do. Especially like camping, that was a massive thing for me!"





STATISTICS & QUOTES

Between January and November 2024:

205

young people engaged in weekly activity

234

workshops and sessions delivered

1771

participation opportunities provided

“

“I’ve really enjoyed being out in nature, I don’t get chance to get out in this way much. A takeaway from this experience is going to be to get outdoors more and get on my bike more often to be more active. I didn’t think I could cycle this far.”

“

“This project has given the confidence in myself to know that no matter where I am or what I’m doing I do have the ability to speak to new people and make friends. This has been massive for me. This has changed my mind set about these situations going forward and I feel more confident to try new things on my own.”

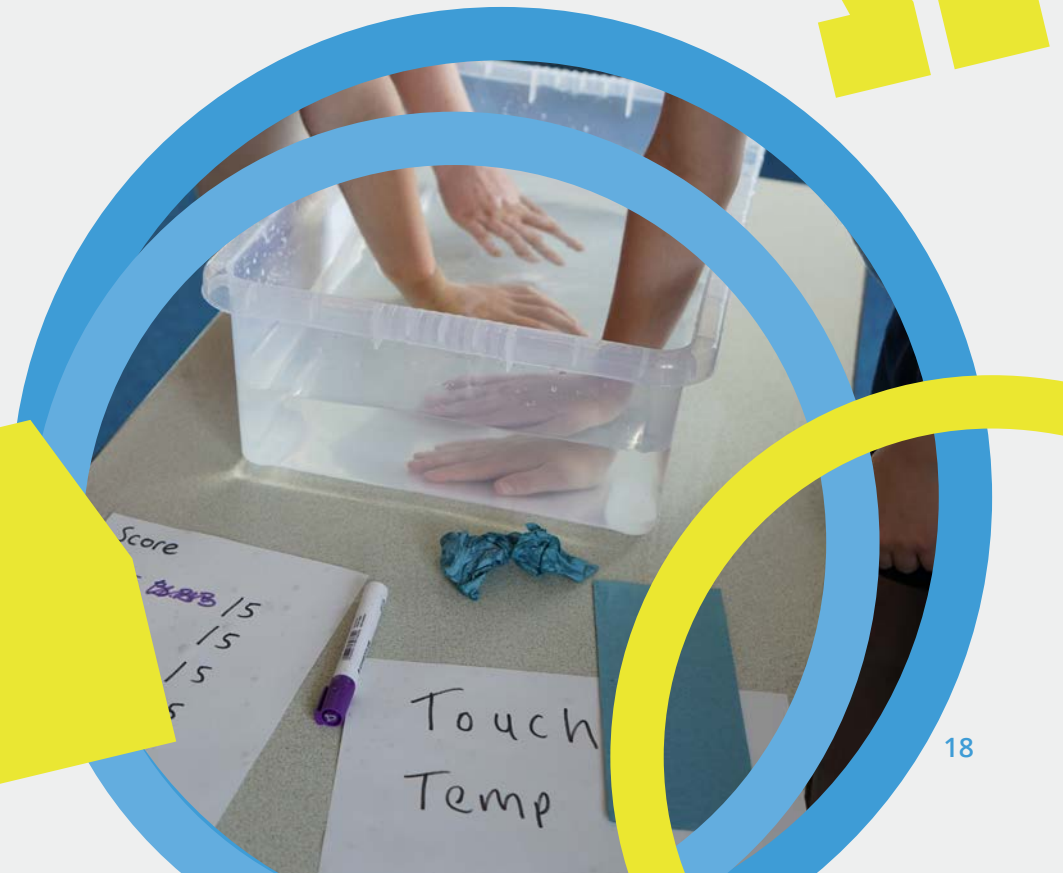
“This project has helped me to develop my confidence to be able to speak to new people more. I couldn’t do that when I started.”

“I never miss a session because the skills you teach me stay focused and manage my emotions in school, and now I don’t get sent to detention anymore.”

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MARKETING, PUBLICITY & COMMUNICATIONS

Thanks to investment from the Clothworkers Foundation we commissioned Lancaster based web design company, Moonloft to design and build our brand-new website, which you can view [here](#).

Forward CIC did an amazing job at crafting an informative and engaging 2023-24 Impact Report, which you can download [here](#).

Our work has been promoted and celebrated via local and regional media platforms including Lancaster Guardian, Lancashire Evening Post and Beyond Radio, such as:

[Lancashire Post: Manager Takes on New Youth Challenge](#)

[Beyond Radio: Lancaster Musician Takes New Role](#)

[Lancaster Guardian: Youth Charity Faces Big Challenges](#)

We are thrilled and honoured that our ambitious RESTORE programme was shortlisted for the Children and Young People Now 2024 Youth Work Awards, which helped us to promote our work across the sector.

Children & Young People Now
Awards 2024

Finalist



FUNDRAISING & DONATIONS

This year has included several fundraising and sponsorship events, and we thank everyone who donated and supported our work.

Our Trustee & Secretary, Joshua Lightbown completed the epic Yorkshire 3 Peaks challenge in July.

Our colleagues Aaron and Harry from Empire Fighting Chance secured donations and sponsorship by paddling the Great Glen way with our Rise to the Challenge team in August.

Amanda Nwadukwe, one of Trustees courageously stepped into the boxing ring to compete in an Ultra White Collar Boxing Match, raising funds for LYC.

We would like to thank our Silver Sponsors for their monthly commitments and our Gold Sponsor, Stoneswood Homes for their generous and continued support. We would also like to thank Swift Electrical Solutions for their donation and the 1-2-1 Business Networking group.

To discover more about our Sponsorship, Donors and Patrons scheme click [here](#).



STAFFING & VOLUNTEERS

This year has seen a significant change in terms of staffing, as we have welcomed new team members and waved goodbye to familiar faces.

Emer Jay-Van Gills resigned from her post as Youth Support worker in May, to spend more time with her family and after five years of working with Lancashire Youth Challenge, in various roles, Sam Duckles left the charity in August to focus on his new role as a foster parent. We thank him for his hard work and commitment to the charity and wish him well with his future endeavours.

We were delighted to welcome Rachel Parsons to the team as our new full time Operations Manager in October. Rachel is an experienced practitioner and JNC qualified Youth worker with over 20 years' experience working with young people in community arts settings.

Thanks to investment from Active Lancashire, we have employed Sam Harding on a nine-month freelance contract to co-facilitate RESTORE with EFC projects in Lancaster and Preston based schools. Sam will also be mentoring and supporting other charities and schools to embed the RESTORE with EFC principles and approach in their organisations.

We have increased our freelancer team which includes Edward Maxwell, Callum Morris and Marcus Devaney, all of whom are supporting the RESTORE programme in Lancaster and Preston.

Our Board has also experienced a period of change, as Phil Longbottom and Vicky Fletcher both left the charity after supporting our work for nearly three years, and we welcomed new Trustee, Craig Brown to the team who is leading on donor and sponsorship development.



THANKS

We would like to say a huge thanks to the youth workers, fitness and sports practitioners, wellbeing experts, creative practitioners, volunteers, trustees, and partners who supported the delivery of our 2024 programme.

We would also like to express our gratitude and thanks to our wonderful funders and donors who make our work possible:

Active Lancashire
 Areti Charitable Trust
 Banks Lyon Memorial Trust
 Bay ICC
 Duchy of Lancaster
 Forrester Family Trust
 Francis Scott Trust
 Francis Scott Trust - Break the Mould
 Garfield Weston Foundation
 Lancashire County Council - Homes for Ukraine Grant Fund
 Lancashire County Council – TASS Inclusion Hub
 Lancaster District CVS – Health Champions
 Masonic Charitable Foundation
 Moto Foundation
 National Lottery Community Fund
 Opening Schools Facilities Fund (Department of Education)
 Primrose Trust
 Preston City Council
 Sport England
 Stoneswood Homes
 Swift Electrical Solutions
 Walney Extension Community Fund
 Westminster Foundation via Lancaster District CVS



Ministry of
JUSTICE



Francis Scott
Trust



COMMUNITY
FUND



Garfield Weston
FOUNDATION



Department
for Education



Westminster
Foundation



Walney Extension
Community Fund

THE ARETI
CHARITABLE TRUST



Active
Lancashire

The Banks Lyon Memorial Trust



Masonic
Charitable Foundation



STONESWOOD
HOMES



DUCHY of LANCASTER



**LANCASHIRE YOUTH CHALLENGE
ACCOUNTS FOR THE YEAR ENDED
31ST MARCH 2024**



Lancashire Youth Challenge

A Charitable Incorporated Organisation

Unaudited Financial Report

for the year to 31 March 2024

Registered Charity Number 1163469

Accounts Matters Limited
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA1 4XQ

**Lancashire Youth Challenge
Financial Statements
Year Ended 31 March 2024**

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**Lancashire Youth Challenge
Financial Statements
Year Ended 31 March 2024**

Reference and Administrative Details

Registered Charity Number	1163469
Principal Address	Cornerstone Building Sulyard Street Lancaster LA1 1PX
Accountants	Accounts Matters Ltd 3-2-1 Storey House White Cross Lancaster LA1 4XQ
Trustees	Thomas Drake Stephen Thomas Craig Brown (appointed 17/07/2024) Amanda Obiajulu Nwadukwe Joshua Lightbown Donna Coleman Phil Longbottom (resigned) Vicky Fletcher (resigned)
Chief Operating Officer	Guy Christiansen

Trustees Annual Report

Objects and Activities

To advance the education of young people in need by reason of financial hardship or other disadvantage for the public benefit in Lancashire to develop their personal, social, creative and physical abilities by providing a programme of substantially challenging physical and creative events.

The main activities undertaken to further the charity's purposes, for the Public Benefit, are the programmes detailed in the accompanying Annual Report – RESTORE, Time to Breathe and Rise to the Challenge. The trustees confirm they have had regard to the Charity Commission's guidance on Public Benefit.

Achievements and Performance

A detailed breakdown of the Charity's achievements and performance is shown in the Charity's Annual Report which accompanies this document.

Financial Review

The charity's major source of income is grant funding. The Charity had income of £158,647 and expenditure of £156,695, giving a surplus for the period of £1,952 (2023 - £13,421).

Transition to FRS102

The figures this year have been presented under the accounting standard FRS102 for the first time and a detailed reconciliation of the differences between the previously presented reserves figures and the revised figures for 2023 is shown on page 19.

Reserves policy

The charity has a reserves policy which is to strive to maintain balances at a level equivalent to approximately three months' expenditure (set at £36,453 for 24/25). The reserves policy is reviewed by the board at 12-month intervals, and at any time when a significant change occurs in the organisation e.g., recruitment of members of staff, changes in programme delivery and other liabilities including contractual obligations, salary, and redundancy payments.

Free reserves at the year-end were £39,406 (2023: £25,958)

Free reserves are calculated as follows:

	2024	2023
Unrestricted reserves per the balance sheet	£41,557	£30,034
Less fixed assets	(£2,151)	(£4,076)
Free reserves	£39,406	£25,958

Structure, Governance and Management

Governing Document

Lancashire Youth Challenge is a charitable incorporated organisation and can be found under Charity number 1163469 with the Charity Commission. The CIO was registered on 8th September 2015.

Recruitment and appointment of new trustees

Every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. A charity trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

Approved by order of the board of trustees on 4/12/ 2024 and signed on its behalf by:



Thomas Drake, Trustee

Lancashire Youth Challenge

Independent Examiner's Report to the Trustees of Lancashire Youth Challenge

Year Ended 31 March 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 7-19.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Christine Harwood ACMA
Chartered Institute of Management Accountants

Accounts Matters Ltd
3-2-1 Storey House
White Cross
South Road
Lancaster
LA1 4XQ

Statement of Financial Activities

Lancashire Youth Challenge

For the year ended 31 March 2024

						<i>As restated</i>
	Note	Unrestricted	Designated Funds	Restricted	Total 2024	Total 2023
		£	£	£	£	£
Income and endowments						
Total income and endowments	2	74,724		83,923	158,647	198,984
Expenditure on:						
Charitable Activities	3	63,201	25,000	68,494	156,695	185,563
Net surplus/deficit		11,523 -	25,000	15,429	1,952	13,421
Transfers between funds						
Net movement in funds		11,523 -	25,000	15,429	1,952	13,421
Total Funds brought forward		30,034	25,000	20,769	75,803	62,382
Total Funds carried forward		41,557	-	36,198	77,755	75,803


Balance Sheet

Lancashire Youth Challenge

As at 31 March 2024

	Note	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2024	As restated Total 2023
		£	£	£	£	£
Fixed Assets						
Tangible Assets						
Office Equipment		2,151	-	-	2,151	4,076
Total Office Equipment		2,151	-	-	2,151	4,076
Total Fixed Assets		2,151	-	-	2,151	4,076
Current Assets						
Cash at bank and in hand						
Cal Cash		381	-	-	381	165
Community Account		40,225	-	36,198	76,423	72,947
Total Cash at bank and in hand		40,606	-	36,198	76,804	73,112
Total Current Assets		40,606	-	36,198	76,804	73,112
Creditors: amounts falling due within one year						
Total Creditors: amounts falling due within one year	9	1,200	-	-	1,200	1,385
Net Current Assets (Liabilities)		39,406	-	36,198	75,604	71,727
Total Assets less Current Liabilities		41,557	-	36,198	77,755	75,803
Net Assets		41,557	-	36,198	77,755	75,803
Capital and Reserves						
	10					
Current Year Surplus/deficit		11,523	-	25,000	1,952	13,421
Funds brought forward		30,034	25,000	20,769	75,803	62,382
Total Funds	11	41,557	-	36,198	77,755	75,803

The financial statements were approved and authorised for issue by the Board

 (signed)

04/12/2024 (dated)

Thomas Drake on behalf of the trustees

The notes on pages 12 to 19 form part of these financial statements.

Detailed Statement of Financial Activities

Lancashire Youth Challenge

For the year ended 31 March 2024

	Unrestricted including Designated	Restricted	As restated Total Funds Total	2023
Income and Endowments				
Active Lancashire				2,895
Arieti Charitable Trust	-	8,188	8,188	10,040
Banks Lyon support for work	-	5,000	5,000	7,814
Bay ICC				2,464
BLA - OSF	-	10,260	10,260	-
Break the Mould	-	4,740	4,740	-
Champion - CVS	-	-	-	3,000
Commission & Services	2,400	192	2,592	19,939
Curious Minds + Lancaster University	-	-	-	1,000
Donations	2,695	-	2,695	686
Duchy of Lancaster	-	-	-	1,000
Earned Income	534	-	534	720
Empire Fighting Chance	-	2,000	2,000	-
Forrester Family	-	-	-	5,000
Francis C Scott	15,000	-	15,000	15,000
Fundraising	-	-	-	2,149
Garfield Weston Foundation	-	-	-	20,000
Grants	-	365	365	-
Homes for Ukraine	-	-	-	8,959
Interest Income	1	-	1	1
Kicksart Placement + Bike to Work	-	-	-	1,085
Lancashire County Council - TASS		4,000	4,000	-
LDCVS - Health Champions Fund	-	7,666	7,666	4,400
LDCVS (Youth Partnerships)	9,986	-	9,986	11,333
Masonic		5,000	5,000	-
Medals	-	-	-	481
Miscellaneous Income	-	-	-	9,607
National Lottery Community Fund	39,108	-	39,108	42,960
Primrose Trust	-	-	-	2,000
Preston City Council - Refugees		9,949	9,949	-
Restore (income)	-	8,977	8,977	-
Speedomick Foundation	-	-	-	720
Sponsorship	5,000	-	5,000	5,500
Sport England	-	11,670	11,670	10,000
Stanleys	-	-	-	600
Street Games - MOJ	-	-	-	19,349
Venus & Cupid Trust	-	-	-	2,000
Vera Wolsencroft	-	-	-	5,703
Walney Extension Community Fund	-	5,916	5,916	1,792
	74,724	83,923	158,647	198,984
Total Income and Endowments	74,724	83,923	158,647	198,984

Detailed Statement of Financial Activities - Continued

Lancashire Youth Challenge

For the year ended 31 March 2024

Charitable Activities

Access to Work	-	86	86	2,340
Acorns - Restore	-	-	-	4,713
Advertising & Marketing	270	-	270	678
Audit & Accountancy fees	2,644	-	2,644	350
Bank Fees	219	-	219	232
Coaching & Mentoring	-	-	-	557
Community Impact Programme	-	3,900	3,900	9,208
Creative Producer	-	-	-	11,820
Culture Co-Op	-	-	-	11,315
Depreciation	1,925	-	1,925	1,933
DIVERT - Street Games	-	8	8	14,057
Employers National Insurance	2,999	-	2,999	3,914
Entertainment-100% business	164	-	164	-
Evaluation	1,250	-	1,250	-
Find Your Purpose	-	-	-	4,017
Freelance Professionals	5,753	330	6,083	6,180
Fundraising Expenses	482	-	482	1,050
General Expenses	732	-	732	71
Governance	350	-	350	359
Insurance	958	-	958	1,592
Kickstart Wages	-	-	-	2,603
LDCVS (Youth Partnerships)	-	-	-	4,233
Memberships/Subscriptions	244	-	244	316
Morecambe Bay Triathlon	-	-	-	11,840
Office Expenses	3,388	-	3,387	3,528
Payroll	-	-	-	285
Pensions Costs	3,829	-	3,829	2,939
Physical Programme	-	-	-	2,595
Pop and WF	-	-	-	1,596
Rent	3,394	-	3,394	2,750
RESTORE - Schools & Community	4,186	18,094	22,280	4,395
Rise to the Challenge	2,389	14,859	17,248	17,141
Room Hire	-	-	-	258
Salaries	44,787	24,955	69,742	48,957
Staff Training	2,083	-	2,083	1,892
Telephone & Internet	750	-	750	530
Time to Breathe	750	6,085	6,815	-
Travel - National	4,348	197	4,545	5,126
Website	308	-	308	336
Total Charitable Activities	88,201	68,494	156,694	185,563
Surplus/(Deficit) for year	-	13,477	15,429	1,952
Transfers between funds	-	-	-	-
Net movement in funds	-	13,477	15,429	1,952
Total funds brought forward	30,034	20,769	75,803	62,382
Total funds carried forward	41,557	36,198	77,755	75,803

Funds Reconciliation

Lancashire Youth Challenge

For the year ended 31 March 2024

	Unrestricted funds	Designated funds	Restrict ed funds	Total 2024	As restated 2023
Funds Brought Forward					
General Unrestricted funds	30,034		-	30,034	23,325
Designated funds					
Garfield Weston	-	20,000	-	20,000	
Forrester Family	-	5,000	-	5,000	
Restricted funds					
Arieti	-	-	8,915	8,915	6,900
Homes for Ukraine	-	-	8,959	8,959	
Active Lancashire	-	-	2,895	2,895	18,875
Stanleys Community Centre	-	-	-	-	3,282
Curious Minds/Lancaster University	-	-	-	-	10,000
Funds Brought Forward	30,034	25,000	20,789	75,803	62,382
Surplus/Deficit for year	11,523	- 25,000	15,429	1,952	13,421
Total Funds Carried Forward	41,557	-	36,198	77,755	75,803
Funds Carried Forward					
General	41,557			41,557	30,034
Designated Funds					
Garfield Weston					20,000
Forrester Family					5,000
Restricted					
Homes for Ukraine					8,959
Active Lancashire					2,895
Arieti			6,488	6,488	8,915
Banks Lyon			4,900	4,900	
Break the Mould			4,740	4,740	
LCC Refugee			2,000	2,000	
Masonic			5,000	5,000	
Preston CC Refugee			1,100	1,100	
Sport England			5,970	5,970	
LCC TASS			3,800	3,800	
LDCVS			2,200	2,200	
Total Funds Carried Forward	41,557	-	36,198	77,755	75,803

1 Summary of significant accounting policies

(a) General information and basis of preparation

Lancashire Youth Challenge is a charitable incorporated organisation in registered England. The address of the registered office is given in the charity information on page 3 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Investment income is interest only.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(f) Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Notes to the Financial Statements

Year Ended 31 March 2024

(g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(h) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(i) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Obligations under such agreements are included in creditors. The difference between the capitalised cost and the total obligation under the lease represents the finance charges. Finance charges are written-off to the SOFA over the period of the lease so as to produce a constant periodic rate of charge.

(j) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from donations

	2024 £	2023 £
Donations from individuals	1,797	686
From local organisations	898	
	<u>2,695</u>	<u>686</u>

Income from donations was all attributable to unrestricted funds.

3 Analysis of expenditure on charitable activities

See detailed SOFA on page 8.

Lancashire Youth Challenge

Notes to the Financial Statements

Year Ended 31 March 2024

4 Governance costs

	2024 £	2023 £
Independent examiners remuneration (including expenses and benefits in kind)	2,644	350
	<u>2,644</u>	<u>350</u>

5 Net income / (expenditure) for the year

Net income / (expenditure) is stated after charging / (crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	1,925	1,933

6 Independent examiners remuneration

The independent examiners remuneration amounts to an independent examination fee of £462 (2023 - £350).

Lancashire Youth Challenge

Notes to the Financial Statements

Year Ended 31 March 2024

7 Staff costs and employee benefits

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2024 Number	2024 FTE	2023 Number	2023 FTE
Charitable activities	3	2.5	5	3

The total staff costs and employee benefits were as follows:

	2024 £	2023 £
Wages and salaries and employer taxes	69,742	48,957
	<u>69,742</u>	<u>48,957</u>

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

The trustees did not have any expenses reimbursed during the year (2023 - £nil) and were not paid any wages or other benefits for the current or preceding year.

8 Tangible fixed assets

	Computer Equipment £	Total £
Cost or valuation:		
At 1 April 2023	6,009	6,009
At 31 March 2024	6,009	6,009
Depreciation:		
At 1 April 2023	1,933	1,933
Charge for the year	1,925	1,925
At 31 March 2024	3,858	3,858
Net book value:		
At 30 March 2024	2,151	2,151
At 30 March 2023	4,076	4,076

Lancashire Youth Challenge

Notes to the Financial Statements

Year Ended 31 March 2024

9 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals	1,200	1,385
	<u>1,200</u>	<u>1,385</u>

10 Fund reconciliation

Unrestricted funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Gains / (losses) £	Balance at 31 March 2024 £
General reserve	30,034	74,724	(63,201)	-	-	41,557
Designated funds	25,000		(25,000)	-	-	-
	<u>55,034</u>	<u>74,724</u>	<u>(88,201)</u>		<u>-</u>	<u>41,557</u>

Restricted funds

Arieti	8,915	8,188	(10,615)			6,488
Homes for Ukraine	8,959		(6,959)			2,000
Active Lancashire Banks Lyon	2,895	192	(3,087)			
BLA		5,000	(100)			4,900
Break the Mould		10,260	(10,260)			
Empire Fighting Chance		4,740				4,740
Masonic		2,000	(2,000)			
Preston CC		5,000				5,100
Refugee Rank		9,949	(8,849)			1,100
Restore		365	(365)			
Sport England		8,977	(8,977)			
LCC TASS		11,670	(5,700)			5,970
LDCVS		4,000	(200)			3,800
Walney ECF		7,666	(5,466)			2,200
	<u>20,769</u>	<u>83,923</u>	<u>(68,494)</u>			<u>36,198</u>

Lancashire Youth Challenge

Notes to the Financial Statements

Year Ended 31 March 2024

11 Analysis of net assets between funds

	Unrestricted funds	Designated funds	Restricted funds	Total
	2024	2024	2024	2024
	£	£	£	£
Fixed assets	2,151	-		2,151
Cash and current investments	40,606	-	36,198	76,804
Other current assets / liabilities	(1,200)			(1,200)
Total	41,557	-	36,198	77,755

	Unrestricted funds	Designated funds	Restricted funds	Total
	2023	2023	2023	2023
	£	£	£	£
Fixed assets	4,076	-		4,076
Cash and current investments	27,343	25,000	20,769	73,112
Other current assets / liabilities	(1,385)	-	-	(1,385)
Total	30,034	25,000	20,769	75,803

12 Related party transactions

The Charity had no disclosable related party transactions in this or the previous year.

Lancashire Youth Challenge

Notes to the Financial Statements

Year Ended 31 March 2024

13. Reconciliation with previous accounts

Reconciliation of funds per previous accounts to funds determined under FRS 102:

	01/04/2022	31/03/2023
	£	£
Unrestricted and designated fund balances as previously stated	16,613	26,281
Adjustments:		
Assets reclassified		3,753
Transfer from deferred income (Garfield Weston and Forrester Family designated funds)	6,712	25,000
Fund balance as restated	<u>23,325</u>	<u>55,034</u>
	01/04/2022	31/03/2023
	£	£
Restricted fund balances as previously stated	-	-
Adjustments:		
Transfer from deferred income	39,057	20,769
Fund balance as restated	<u>39,057</u>	<u>20,769</u>

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period 31/03/2023 £
Net income/(expenditure) as previously stated	9,667
Adjustments:	
Reallocate assets	3,753
Previous period net income/(expenditure) as restated	<u>13,421</u>



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