LANCASHIRE YOUTH CHALLENGE

England & Wales · Charity number 1163469

Details

Status	Registered
Legal form	CIO
Registered	2015-09-08
Register	View on the Charity Commission register

Contact

Address	The Cornerstone Sulyard Street Lancaster LA1 1PX
Phone	01524555900
Email	guy.christiansen@lancashireyouthchallenge.co.uk
Website	www.lancashireyouthchallenge.co.uk

Activities

Objects: TO ADVANCE THE EDUCATION OF YOUNG PEOPLE IN NEED BY REASON OF FINANCIAL HARDSHIP OR OTHER DISADVANTAGE FOR THE PUBLIC BENEFIT IN LANCASHIRE TO DEVELOP THEIR PERSONAL, SOCIAL, CREATIVE AND PHYSICAL ABILITIES BY PROVIDING A PROGRAMME OF SUBSTANTIALLY CHALLENGING PHYSICAL AND CREATIVE EVENTS.

Activities: We work with vulnerable young people in Lancashire who are experiencing mental and physical ill health, housing poverty/homelessness, socio/economic deprivation and lack of opportunity. We provide opportunities for personal development & growth through weekly fitness and sports training, one to one pastoral support sessions, creative participatory activities and cultural learning opportunities.

Classification

- **How:** Provides Services
- **What:** Education/training
- **Who:** Children/young People

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Geography

- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£200,449	£180,690	-	-
2024-03-31	£158,647	£156,694	-	-
2023-03-31	£198,984	£189,316	-	-
2022-03-31	£158,543	£156,092	-	-
2021-03-31	£110,644	£108,254	-	-

Trustees

Name	Role	Appointed
Adrian Watts		2026-03-25
Amanda Obiajulu Nwadukwe		2022-03-02
Craig Peter Brown		2024-07-17
Emma Rucastle		2025-07-16
James Alexander Charles MacInnes		2025-07-16
Javaris Maharaj		2026-03-25
Julie Brown		2024-12-04
Mark Limmer		2025-07-16
Michael Sumsion		2024-12-04
Sylvie Maxwell		2024-12-04

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LANCASHIRE YOUTH CHALLENGE

England & Wales - Charity number 1163469

Accounts

LANCASHIRE YOUTH CHALLENGE

ANNUAL REPORT, ACCOUNTS & INDEPENDENT IMPACT REPORT 2024-2025

Registered Charity: 1163469







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CHAIR'S INTRODUCTION

I am delighted to introduce Lancashire Youth Challenge's ninth annual report.

Reflecting on the work of the charity is both inspiring and humbling. The brilliant LYC staff team worked with hundreds of young people in need of opportunity and support – listening, encouraging, challenging and backing them to fulfil their potential. The independently commissioned Impact Report includes powerful case studies of personal growth and change.

LYC's core principles were like a golden thread running through the work: Know Yourself, Be Present, Go With the Flow, Navigate the World, Feel the Fear, Be the Leader. They acted as inspiration and guidance for LYC participants, staff, volunteers and trustees in everything we did.

Encouraging leadership was a particular theme this year with the development of the Youth Voice programme, a new initiative making space for young people to influence policy and processes. And our staff team grew as we welcomed Rachel Parsons into the new role of Operations Manager, providing much needed management support for an increasing number of projects and programmes.

Young people were at the heart of all our activity and increasingly our work inspired others too. The impact report celebrates LYC's effect *"rippling outwards - into families who find new ways of connecting, into schools that see students more engaged and motivated, and into communities that benefit from the energy, creativity, and potential of young people who feel supported and empowered."*

LYC relies on the support of charitable trusts, commissioning organisations, funding partners and individual donors. I want to take this opportunity to thank all the contributors who made our work possible.

Thank you for your interest in LYC and enjoy reading about the brilliant work of the charity.

Michael (Joe) Sumsion,
Interim Chair of Trustees



MISSION, VISION, VALUES & APPROACH

MISSION

Lancashire Youth Challenge nurtures, supports, and empowers young people in Lancashire to discover their potential, cultivate resilience, and build a foundation for lifelong success.

VISION

Lancashire Youth Challenge envisions a future where every young person in our community possesses the resilience, robustness, and confidence needed to navigate the complexities of life and shape their own destinies.

VALUES

Empowerment	Empowering young people to overcome challenges and craft the lives they wish to lead
Inclusivity	Ensuring all young individuals, regardless of background, have access to transformative experiences.
Achieving	Empowering young people to identify their personal goals, develop their confidence, self- efficacy and achieve their full potential.
Equality & Equity	Ensuring our programmes of activity our 'fit for purpose' and meet the needs of each participant.
Innovation	Continuously adapting and developing activities to meet the evolving needs of young people in the 21st century.
Collaboration	Embedding collaborative practices into the work of Lancashire Youth Challenge; to ensure high quality delivery of our purpose with young people, communities, and stakeholders.

APPROACH

Lancashire Youth Challenge believes in a strength and asset-based approach to our work with young people. We encourage the celebration of achievement, youth empowerment, collaborative working, and youth-led practices.

Our focus as a charity is to enable young people to overcome their personal obstacles, build resilience and to be celebrated and recognised for their achievements. To this end, when discussing or promoting our work, we adopt asset-based language and focus on achievements and successes. We ensure young people are intrinsically involved in shaping our strategic vision and informing our operational practices, in the following ways:

Peer Mentoring Programme	Conduit for information sharing and programme evaluation.
Young Trustees & Youth Council	Informing strategic development, policy, and practice.
Project Evaluations	Creative conversations, capturing feedback and review.

THEORY OF CHANGE

DELIVERY OUTPUTS

RESTORE

- Emotional wellbeing workshops
- Creative art projects
- Outdoor challenge events
- Empire Fighting Chance

Time to Breathe

- Life skills workshops
- Outdoor learning events
- Bushcraft
- Green exercises and workshops

Rise to the Challenge

- Cycle challenges
- Residential challenges
- Summer expedition
- Mindful hill walking challenges

MECHANISMS OF CHANGE

- Safe & supportive spaces
- Platforms to express and be heard
- High quality provision by experienced practitioners
- Diverse participation opportunities
- Understanding our common humanity and celebrating diversity
- Encouraging young people to engage in their learning journey
- Asset & strength-based approaches
- Platforms for young people to comment on the world

INTERMEDIATE OUTCOMES

- Better able to manage their physical, emotional, & mental wellbeing
- Increased sense of self-esteem and confidence
- Motivation and commitment to personal development
- Care and compassion for themselves and others
- Improved communication and social interactions skills
- Personal resilience, responsibility, and maturity

LONG TERM OUTCOMES

- Improvements in physical/emotional/mental health & wellbeing
- Significant increase in self-belief and self-efficacy
- The confidence to ‘dare to dream’
- Eagerness to explore other cultures and places
- Competency and resilience to deal with life’s challenges
- Making meaningful change in themselves and the world
- Personal aspiration to craft the life they wish to lead

OUR APPROACH
MECHANISMS OF CHANGE



Asset and **strength-based approaches** to delivery.



High quality provision by experienced practitioners.



Encouraging young people to **engage** in their **learning journey**.

OUR APPROACH
MECHANISMS OF CHANGE



Platforms to express and **be heard** by those with influence.



Safe & supportive spaces where young people can **thrive**.



Understanding our **common humanity** & celebrating **diversity**.

OUR APPROACH
MECHANISMS OF CHANGE



Diverse **participation opportunities** & **experiences.**



Platforms for young people to **comment on the world.**

CORE PRINCIPLES

These six principles provide a framework for guiding the activities and operations of our three strands of delivery. They serve as a set of guidelines that help to ensure that we stay focused on the desired outcomes of each programme. Providing a tangible reference point for our team of practitioners when delivering programmes across Lancashire with multiple partners and varied groups of participants.

The Six Core Principles are:



KNOW YOURSELF

It is important to know who we are - what we value, what we stand for, our motivations, where we want to be and who we want to become.



BE PRESENT

By tuning in to ourselves and the world around us, we start to understand the power of being fully present in the moment, in our environment, in our bodies and minds. Learning about our capacity, capabilities and strengths while immersing ourselves in nature - exploring and understanding the world around us, its impact on us and our impact on it.



GO WITH THE FLOW

As in nature, our body and mind are subject to constant change and flow., Learning to go with the flow and not fight against it improves our mental and physical state. By further understanding the things we perceive to get in the way of flow, we can overcome and harness the changes to view them as part of life and part of the process of growth



NAVIGATE THE WORLD

By learning about the complex and challenging world we live in, we can increase our understanding of the issues at play around us and how they impact our lives. Developing key skills and building personal resilience will support us as we face and navigate our way through life's challenges.



FEEL THE FEAR

Challenges, setbacks, negative and adverse experiences are part of life. By learning to accept and manage uncertainty we increase our capacity to cope and build personal strength and resilience. By facing difficult challenges and feeling the complex emotions that comes with them - in the safety of a group and with support of the team - we learn about our ability to cope with life's challenges and celebrate our achievements and capabilities.



BE THE LEADER

Being a leader can be many things - supporting others, guiding a team to success, or making positive change in your world. Developing leadership skills support our personal development and empower us to thrive in life.

DELIVERY PROGRAMME

RESTORE

RESTORE provides young people with the tools, skills, and resources needed to rediscover their purpose, build resilience, and develop a greater sense of self-awareness.

At the heart of RESTORE is the RESTORE with Empire Fighting Chance programme, which combines psychologically informed wellbeing principles with a non-contact boxing methodology. This distinctive approach empowers young people to better understand their minds, manage emotions, and build resilience in a safe and structured environment. By blending physical activity with reflective practice, young people are encouraged to regulate their emotions, develop self-discipline, and gain confidence in themselves and their abilities.

This programme represents the continuation and growth of our valued partnership with colleagues at Empire Fighting Chance in Bristol and Active Lancashire. Over the past year, we have delivered RESTORE with EFC across secondary schools in Lancaster District and Preston, as well as in community spaces such as Bay Fit Gym, Lancaster and Foxton, Preston. Feedback from both schools and community partners highlights how effective the combination of sport and psychology can be in supporting young people to overcome challenges, reduce anxiety, and develop healthier coping mechanisms.

Alongside this, our RESTORE: Creative programme continued to explore how creative practice can be used as a wellbeing tool. Working in partnership with King Street Studios in Lancaster, young people engaged in a series of workshops where they used creative arts to explore identity, expression, and resilience. The culmination of this work was an art exhibition curated and produced by the participants themselves — a powerful demonstration of their talent, confidence, and capacity to share their experiences with the wider community.

Another standout success has been the RESTORE: Youth Station project, based at Preston Bus Station. This year-long initiative was established to address antisocial behaviour (ASB) in and around the station, while also reframing the space as a safe and positive community hub for young people. By providing consistent, positive engagement on site, the programme has both reduced instances of ASB and created stronger working relationships between young people, bus station personnel, and security staff. Feedback from bus station management and local police recognises the positive difference RESTORE has made, noting a visible reduction in ASB during delivery times.

Between April 2024 and March 2025, we managed and facilitated 15 bespoke RESTORE projects, delivered across 137 sessions at schools and community settings in Lancaster District and Preston.



DELIVERY PROGRAMME

TIME TO BREATHE

Time to Breathe provides an environment that allows young people to reflect, review, and rebuild while immersing themselves in the natural world and experiencing the manifold benefits of being in nature.

Thanks to the generous financial support of the Ernest Cook Trust, we were able to appoint Helen Leece as our Outdoor Learning Officer. Helen has played a central role in developing and delivering the Time to Breathe programme, drawing on her expertise and lived experience of working on her own farm and wellbeing centre in the Forest of Bowland. Sessions have taken place both there and at key community sites such as Miss Whalley's Field and the Cornerstone Building, giving young people access to varied natural and local environments.

The programme follows the rhythm of the seasons, connecting young people's emotional journeys to the cycles of the natural world. Across the year, participants have sown, planted, tended, and harvested food, building both practical skills and a deeper sense of connection to the environment. Alongside this, they have taken part in a wide range of wellbeing activities, including mindful hiking, creative craft projects, sound bathing, and mindfulness sessions. Time to Breathe has also included residentials and wild camping experiences, enabling young people to step away from their everyday routines and immerse themselves more fully in the restorative power of nature.

As the programme has grown, young people have not only learned how to cultivate and harvest food but also how to share it as a community. Later in 2025 the programme will culminate in a series of Youth Cafés, where the produce they have grown will be prepared and shared alongside live performances from participants, giving them a platform to express their experiences of wellbeing, nature, and personal growth.

Between April 2024 and March 2025, we managed and facilitated 3 bespoke Time to Breathe projects, delivered across 52 sessions at Cornerstone Building, Lancaster, Miss Whalley's Field, Lancaster and Gathering Fields Wellbeing Centre, Forest of Bowland.





DELIVERY PROGRAMME

RISE TO THE CHALLENGE

Rise to the Challenge provides young people with the opportunity to realise transformative change through challenging and adventurous expeditions.





This year we successfully delivered two RTTC expeditions, each designed to push young people beyond their comfort zones, while fostering resilience, confidence, teamwork, and a deeper sense of self-belief.

Our Rise to the Challenge programme provided adventurous, goal-driven experiences for young people, helping them to push personal boundaries and build resilience. This year, we ran two major projects. The first was a cycling challenge, with young people from Morecambe, designed to promote physical health, teamwork, and achievement. The second was a six-day summer expedition across the Scottish Highlands, during which participants paddled - in Canadian canoes - 100km along the Great Glen Way, an incredible journey of endurance and cooperation that had a lasting impact on confidence and self-esteem.

Between April 2024 and March 2025, we managed and facilitated 2 bespoke Rise to the Challenge projects, delivered across 53 sessions including a cycle and camping programme and six-day Caledonian Canal Expedition.

DELIVERY PROGRAMME
YOUTH VOICE & ADVOCACY

Our new Operations Manager, Rachel Parsons, brings significant expertise in facilitating and managing youth voice projects, and has led the development of several initiatives that place young people at the heart of decision-making.

Under her leadership, we have established our own Youth Voice Programme, made up of a dedicated team of young people who meet regularly to review our programmes of work and contribute directly to the shaping of our operational plans. This ensures that our activities remain relevant, responsive, and grounded in the lived experiences of those we serve.

In addition, LYC has been commissioned to facilitate a Youth Voice Board for Lancashire County Council's Resettlement Integration Team. This board provides an essential platform for resettled young people, enabling them to share their views and actively shape the services and opportunities available to refugees in Lancashire. The project has already begun to influence policy and provision, ensuring that refugee young people are seen, heard, and represented.

Our commitment to youth voice also extends into wider strategic work. Our CEO has played an active role in helping to shape the new Preston Youth Strategy, which has been developed with and by young people themselves. The strategy represents a commitment to giving Preston's young people an authentic platform to express their ideas, needs, and aspirations.

Furthermore, LYC has been heavily involved in the instigation and development of the Lancaster District Young People's Foundation, which operates as an infrastructure organisation dedicated to supporting the creation of youth programmes across the Lancaster District. The Foundation is delivered in partnership with a Youth Board, ensuring that young people's voices and perspectives remain central to its vision, priorities, and activities.





DELIVERY PROGRAMME

COMMUNICATION & PROMOTION

This year has been another successful one for sharing our work and impact through the local press, helping us to highlight the achievements of our programmes and celebrate the journeys of the young people we work with.

A few selected features include coverage of our £300k National Lottery investment Lancaster Guardian.

The launch of our Time to Breathe programme Young people grow their own food to be cooked and served at new youth cafe in Lancaster.

We were shortlisted for the coveted 'Children and Young People Now - Youth Work Awards' - Lancaster youth charity shortlisted for national award for work with refugee teenagers.

The appointment of our new Operations Manager Lancaster youth charity's new manager is off to a fighting start.

These stories have been invaluable in raising awareness of our mission and connecting our work to the wider community.

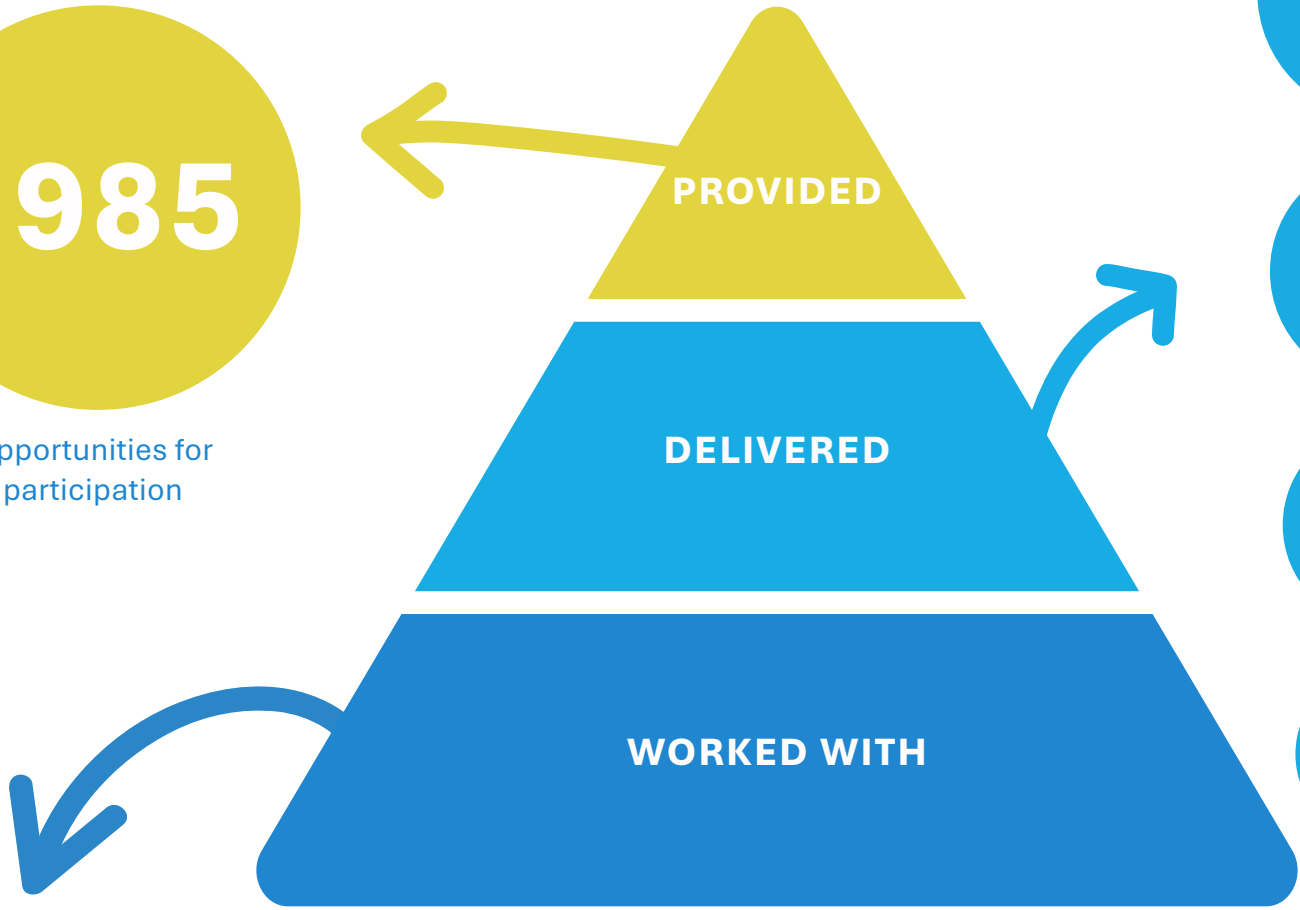






DELIVERY PROGRAMME

WHAT WE ACHIEVED



1985

Opportunities for participation

257

One-three hour sessions

15

RESTORE projects in schools and community settings

4

Time to Breathe programmes

2

Rise to the Challenge Expeditions

373

Children & young people

(112 increase on last year)

216

Male

155

Female

2

Non-binary

100

6-11 year old

258

12-18 year old

15

19 years plus

28

Partner organisations

FURTHER INFORMATION

LINKS

For further information you can find a series of links to our social media pages, films and reports below (just click).

RESTORE with Empire Fighting Chance - Active Movement/Non-Contact Boxing and Psychology informed Principles

RESTORE – Bittersweet- Spoken Word film project with Ukrainian young people in Preston.

RESTORE – I am Sudanese – Spoken Word music video produced by young men from Sudan

Time to Breathe 2025 - Emotional Wellbeing programme delivered through immersion in the natural world -

RESTORE: Transitions – Emotional Wellbeing Tool Kit to support young people as they navigate change and transition

THANKS

Once again, a huge thanks to the freelances, creative practitioners, youth workers, volunteers, trustees, and partners who have contributed to make such a positive and meaningful impact in the lives of the young people we support.

FUNDERS

Areti Charitable Trust
National Lottery Reaching Communities Fund
National Lottery Awards for All
Francis Scott Trust
LCC Lancashire Refugee Integration Team – Homes for Ukraine
Active Lancashire
Banks Lyon Memorial Trust (Step Up Fund)
Opening Schools Facilities Fund
LDCVS Break the Mould
The Masonic Charitable Foundation
Preston City Council Refugee Programme
Sport England
LCC Inclusion Hub
LDCVS Health Champions
Trusthouse Charitable Foundation (Forte Charitable Foundation)
Ernest Cook Trust
Clothworkers Foundation
Closing Loops – Pots of Possibility Fund
The Finnis Scott Foundation
West Lancashire Borough Council – Ukraine Community Grant
Westminster Foundation
D'Oyly Carte Charitable Trust
Rank (Pebbles Grant Fund)
Walney Extension Community Fund
Stoneswood Homes

LANCASHIRE YOUTH CHALLENGE
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

Accounts Matters Limited
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA1 4XQ

Lancashire Youth Challenge
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The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives
To advance the education of young people in need by reason of financial hardship or other disadvantage for the public benefit in Lancashire to develop their personal, social, creative and physical abilities by providing a programme of substantially challenging physical and creative events.

The main activities undertaken to further the charity's purposes, for the Public Benefit, are the programmes detailed in the accompanying Annual Report – RESTORE, Time to Breathe and Rise to the Challenge. The trustees confirm they have had regard to the Charity Commission's guidance on Public Benefit.

Public Benefit
The main activities undertaken to further the charity's purposes, for the Public Benefit, are the programmes detailed in the accompanying Annual Report – RESTORE, Time to Breathe and Rise to the Challenge.
The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements
A detailed breakdown of the Charity's achievements and performance is shown in the Charity's Annual Report which accompanies this document.

Financial Review

Financial Position
The charity's major source of income is grant funding. The Charity had income of £200,449 and expenditure of £180,690, giving a surplus for the period of £19,759 (2024 - £1,952).

Reserves Policy
The charity has a reserves policy which is to strive to maintain balances at a level equivalent to approximately three months' expenditure (set at £36,453 for 24/25). The reserves policy is reviewed by the board at 12-month intervals, and at any time when a significant change occurs in the organisation e.g., recruitment of members of staff, changes in programme delivery and other liabilities including contractual obligations, salary, and redundancy payments.

Free reserves at the year-end were £34,058 (2024: £39,406)

Free reserves are calculated as follows:

2025
Unrestricted reserves per the balance sheet £39,210
Less fixed assets (£5,152)
Free reserves £34,058

2024
Unrestricted reserves per the balance sheet £41,557
Less fixed assets (£2,151)
Free reserves £39,406

Structure, Governance and Management

Governing Document
Lancashire Youth Challenge is a charitable incorporated organisation and can be found under Charity number 1163469 with the Charity Commission. The CIO was registered on 8th September 2015.

Trustee Selection Methods
Every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. A charity trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

Reference and Administrative Details

Trustees
Mr Stephen Thomas (resigned 04/12/2024)
Mr Michael Sumsion – Interim Chair (appointed 04/12/2024)
Ms Sylvie Maxwell (appointed 04/12/2024)
Ms Julie Brown - Treasurer (appointed 04/12/2024)
Mr Craig Brown (appointed 17/07/2024)
Ms Amanda Nwadukwe
Mr Joshua Lightbown
Mr Thomas Drake (resigned 16/07/2025)
Ms Donna Coleman (resigned 04/12/2024)
Mr Mark Limmer (appointed 16/07/2025)
Mr James MacInnes (appointed 16/07/2025)
Ms Emma Rucastle (appointed 16/07/2025)

Other Personnel
Guy Christiansen - Chief Executive Officer

Charity Number
1163469

Principal Address
Cornerstone Building
Sulyard Street
Lancaster
LA1 1PX

Independent Examiner
Christine Harwood ACMA
Accounts Matters Limited
3-2-1 Storey House
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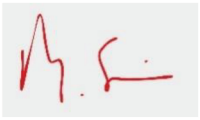
Statement of Trustees' Responsibilities
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.
The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.
The trustees' report was approved by the board of trustees and signed on its behalf by:

Mr Michael Sumsion
Interim Chair of Trustees



15.10. 2025

Lancashire Youth Challenge
Independent Examiner's Report to the Trustees of Lancashire Youth Challenge
For The Year Ended 31 March 2025

I report to the trustees on my examination of the accounts of Lancashire Youth Challenge (the Trust) for the year ended 31 March 2025.

Responsibilities and Basis of Report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christine Harwood ACMA

27 October 2025

3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA1 4XQ

Lancashire Youth Challenge
Statement of Financial Activities
For The Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	4	93,023	86,037	179,060	155,520
Charitable activities:					
Commissions		-	13,800	13,800	-
Other trading activities	5	1,231	-	1,231	-
Investments	6	1	-	1	1
Other	7	6,357	-	6,357	3,126
		100,612	99,837	200,449	158,647
EXPENDITURE ON:					
Charitable activities:	9				
Charitable Activities		(102,959)	(77,731)	(180,690)	(156,695)
NET INCOME		(2,347)	22,106	19,759	1,952
NET MOVEMENT IN FUNDS		(2,347)	22,106	19,759	1,952
RECONCILIATION OF FUNDS:					
Total funds brought forward		41,557	36,198	77,755	75,803
TOTAL FUNDS CARRIED FORWARD	19	39,210	58,304	97,514	77,755

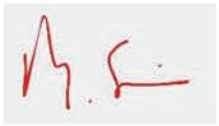
The notes on pages 7 to 13 form part of these financial statements.

Lancashire Youth Challenge
Statement of Financial Position
As At 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Intangible Assets	14	3,324	-	3,324	-
Tangible Assets	15	1,828	-	1,828	2,151
		5,152	-	5,152	2,151
CURRENT ASSETS					
Debtors	16	2,750	-	2,750	-
Cash at bank and in hand		32,508	58,304	90,812	76,804
		35,258	58,304	93,562	76,804
Creditors: Amounts Falling Due Within One Year	17	**(1,200)**	**-**	**(1,200)**	**(1,200)**
NET CURRENT ASSETS (LIABILITIES)		**34,058**	**58,304**	**92,362**	**75,604**
TOTAL ASSETS LESS CURRENT LIABILITIES		**39,210**	**58,304**	**97,514**	**77,755**
NET ASSETS		**39,210**	**58,304**	**97,514**	**77,755**
FUNDS OF THE CHARITY					
Restricted Funds				58,304	36,198
Unrestricted Funds				39,210	41,557
TOTAL FUNDS	19			97,514	77,755

On behalf of the board

Mr Michael Sumsion
Interim Chair of Trustees



15.10. 2025

The notes on pages 7 to 13 form part of these financial statements.

1. General Information

Lancashire Youth Challenge is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1163469. The principal address is Cornerstone Building, Sulyard Street, Lancaster, LA1 1PX.

2. Statement of Compliance

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

3. Accounting Policies

3.1. Basis of Preparation of Financial Statements

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The charity is a Public Benefit Entity as defined by FRS 102.

3.2. Financial Reporting Standard 102 - Reduced Disclosure Exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland":

- the requirements of Section 7 Statement of Cash Flows and Section 3 Financial Statement Presentation paragraph 3.17 (d).

3.3. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charity's ability to continue as a going concern.

3.4. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3.5. Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

...CONTINUED

3.5. Incoming Resources - continued

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred

Investment income is interest only.

3.6. Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

3.7. Intangible Fixed Assets and Amortisation - Other Intangible

Other intangible assets comprises of the website. It is amortised to income and expenditure account over its estimated economic life of 4 years.

3.8. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	15% reducing balance basis

3.9. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3.10. Taxation

The charity is exempt from tax as all its income is charitable and applied for charitable purposes.

3.11. Pensions

The charity operates a defined pension contribution scheme. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

4. Income from Donations and Legacies

	Unrestricted funds £	Restricted funds £	2025 Total funds £
Donations and gifts	1,217	-	1,217
Member subscriptions and sponsorships	5,725	-	5,725
Grants	86,081	86,037	172,118
	93,023	86,037	179,060

	Unrestricted funds £	Restricted funds £	2024 Total funds £
Donations and gifts	2,695	-	2,695
Member subscriptions and sponsorships	5,000	-	5,000
Grants	64,094	83,731	147,825
	71,789	83,731	155,520

5. Income from Other Trading Activities

	2025 Unrestricted funds £	2024 Unrestricted funds £
Fundraising events	1,231	-

6. Investment Income

	2025 Unrestricted funds £	2024 Unrestricted funds £
Bank interest receivable	1	1

7. Other Income

	Unrestricted funds £	Restricted funds £	2025 Total funds £
Commission	6,357	-	6,357

	Unrestricted funds £	Restricted funds £	2024 Total funds £
Commission	2,934	192	3,126

8. Net Income/(Expenditure)
The net income is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets - owned	323	1,925
Amortisation of intangible fixed assets	1,108	-

9. Analysis of Expenditure

	Activities undertaken directly	Support costs (see note 10)	2025 Total
	£	£	£
Charitable Activities	154,298	26,392	180,690

	Activities undertaken directly	Support costs (see note 10)	2024 Total
	£	£	£
Charitable Activities	133,886	22,809	156,695

10. Support Costs

	2025 Charitable Activities
	£
Employee costs	7,373
Premises expenses	4,056
General administration	12,529
Depreciation	1,431
Governance costs	1,003
	26,392

	2024 Charitable Activities
	£
Employee costs	8,166
Premises expenses	3,394
General administration	8,974
Depreciation	1,925
Governance costs	350
	22,809

11. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	2,023	2,644

12. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	79,086	69,742
Social security costs	10,687	2,999
Other pension costs	4,543	3,829
	94,316	76,570

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

13. Average Number of Employees

Average number of employees during the year was: 3 (2024: 3)

14. Intangible Assets

	Other
	£
Cost	
As at 1 April 2024	-
Additions	4,432
As at 31 March 2025	4,432
Amortisation	
As at 1 April 2024	-
Provided during the period	1,108
As at 31 March 2025	1,108
Net Book Value	
As at 31 March 2025	3,324
As at 1 April 2024	-

15. Tangible Assets

	Plant & Machinery
	£
Cost	
As at 1 April 2024	6,009
As at 31 March 2025	6,009
Depreciation	
As at 1 April 2024	3,858
Provided during the period	323
As at 31 March 2025	4,181
Net Book Value	
As at 31 March 2025	1,828
As at 1 April 2024	2,151

16. Debtors

	2025	2024
	£	£
Due within one year		
Other debtors	2,750	-

17. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Accruals and deferred income	1,200	1,200

18. Pension Commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.
During the year the charge to the statement of financial activities in respect of defined contribution schemes was £4,543 (2024: £3,829).
At the statement of financial position date contributions of £NIL were due to the fund and are included in creditors.

19. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	41,557	34,548	(36,895)	39,210
National Lottery Reaching Communities Fund	-	35,264	(35,264)	-
Francis Scott Trust	-	15,000	(15,000)	-
National Lottery Awards for All	-	15,800	(15,800)	-
Total unrestricted funds	**41,557**	**100,612**	**(102,959)**	**39,210**
Restricted funds				
Areti Charitable Trust	6,488	7,891	(9,879)	4,500
LCC Lancashire Refugee Integration Team - Homes for Ukraine	2,000	4,978	(6,978)	-
Active Lancashire	-	8,000	(6,000)	2,000
Banks Lyon Memorial Trust (Step Up Fund)	4,900	-	(1,674)	3,226
Opening Schools Facilities Fund	-	11,000	(11,000)	-
LDCVS Break the Mould	4,740	-	(4,740)	-
The Masonic Charitable Foundation	5,000	5,000	(5,000)	5,000
Preston City Council Refugee Programme	1,100	-	(1,100)	-
Sport England	5,970	-	(5,970)	-
LCC Inclusion Hub	3,800	3,800	(7,600)	-
LDCVS Health Champions	2,200	-	(2,200)	-
Trusthouse Charitable Foundation	-	8,726	-	8,726
Ernest Cook Trust	-	20,000	-	20,000
Clothworkers Foundation	-	4,300	(4,300)	-
Closing Loops - Pots of Possibility Fund	-	3,990	(3,990)	-
The Finnis Scott Foundation	-	1,000	(1,000)	-
West Lancashire Borough Council Ukraine Community Grant	-	8,052	-	8,052
Westminster Foundation	-	9,600	(4,800)	4,800
D'Oyly Carte Charitable Trust	-	3,500	(1,500)	2,000
Total restricted funds	36,198	99,837	(77,731)	58,304
Total funds	77,755	200,449	(180,690)	97,514

	As at 1 April 2023	Income	Expenditure	As at 31 March 2024
	£	£	£	£
Unrestricted funds				
General:				
General:				
General unrestricted fund	55,034	20,616	(34,093)	41,557
National Lottery Reaching Communities Fund	-	39,108	(39,108)	-
Francis Scott Trust	-	15,000	(15,000)	-
Total unrestricted funds	**55,034**	**74,724**	**(88,201)**	**41,557**
Restricted funds				
Areti Charitable Trust	8,915	8,188	(10,615)	6,488
LCC Lancashire Refugee Integration Team - Homes for Ukraine	8,959	-	(6,959)	2,000
Active Lancashire	2,895	9,169	(12,064)	-
Banks Lyon Memorial Trust (Step Up Fund)	-	5,000	(100)	4,900
Opening Schools Facilities Fund	-	10,260	(10,260)	-
LDCVS Break the Mould	-	4,740	-	4,740
Empire Fighting Chance	-	2,000	(2,000)	-
The Masonic Charitable Foundation	-	5,000	-	5,000
Preston City Council Refugee Programme	-	9,949	(8,849)	1,100
Rank (Pebbles Grant Fund)	-	365	(365)	-
Sport England	-	11,670	(5,700)	5,970
LCC Inclusion Hub	-	4,000	(200)	3,800
LDCVS Youth Partnership Fund	-	7,666	(5,466)	2,200
Walney Extension Community Fund	-	5,916	(5,916)	-
Total restricted funds	20,769	83,923	(68,494)	36,198
Total funds	75,803	158,647	(156,695)	77,755

20. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.
No trustee expenses have been incurred.

21. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

INDEPENDENT IMPACT REPORT

Produced by Think Forward CIC

IMPACT REPORT INTRODUCTION

It is a real privilege to have once again been invited by Guy Christiansen, CEO of Lancashire Youth Challenge (LYC), to help produce their annual Impact Report. This is now the third year I have had the opportunity to step inside the world of LYC, and each time I am struck by the same thing: the incredible resilience, creativity, and courage of the young people involved.

Measuring the impact of youth work is complex. The most meaningful changes — improved confidence, resilience, and self-belief — are often deeply personal, long-term, and difficult to capture through statistics alone. Outcomes rarely follow a straight line, and progress can look different for every young person. We know that data provides valuable evidence, but it cannot fully reflect the relationships, trust, and life-changing moments that underpin effective youth work. The challenge lies in balancing numbers with stories, ensuring that the human experiences behind the figures remain at the heart of impact measurement.

This is why we have continued with the tried and tested format of celebrating how much LYC deliver, how many young people show a demonstrable change from participating and most importantly capturing the stories that statistics cannot possibly tell. It includes moving case-studies and testimonies from parents, alongside insights from Bay Leadership Academy, one of LYC's valued school partners. Together, their voices demonstrate how the impact of LYC reaches far beyond the young people themselves, rippling out to families, schools, and the wider community.

I am also delighted that this year we can introduce the voice of Rachel Parsons, LYC's new Operations Manager. Rachel joined the team in October 2024, bringing more than twenty years of experience as a youth worker, most recently leading programmes at More Music in Morecambe. Moving from a music-based background into LYC's physical, outdoor-focused offer has been both refreshing and inspiring for her. As Rachel reflects:

"The simplicity of what we do — taking young people out for a hike, growing produce, or spending time in nature — is transformational. I've seen young people change in front of my eyes. And I've found myself changing too. My family and I are now camping, exploring nature, and broadening our horizons in ways we'd never thought of before. It's all about feeling the fear and doing it anyway."

Rachel's words beautifully capture what this report is all about: the courage to step into new experiences, the confidence that grows as a result, and the ripples of change that spread into every area of life.

I am confident that as you read this Impact Report, you will see not only the numbers, outcomes, and data, but also the heart and vision that drive Lancashire Youth Challenge forward. Above all, you will see the incredible young people who have risen to their challenges, breathed deeply, and restored hope for themselves and those around them.



Sharon Phillips
Director, Think Forward CIC

think forward

CASE STUDY 1

FROM WITHDRAWN TO UNSTOPPABLE

After Michael began expressing distress at school, his mum Astrid sought medical support and received an emergency referral to CAMHS. Unfortunately, a missed call due to a challenging situation with Michael's older brother, meant the opportunity was lost, and she was left to seek alternative ways of helping her son. She contacted school, speech therapy services, and crucially, Lancashire Youth Challenge (LYC). Both mum and dad felt that LYC offered a lifeline at the right moment.



Reflecting over the last two years, mum now remembers just how fragile and withdrawn her autistic son Michael had become. At only 14, he had faced more than many of his peers; major family trauma resulting in ongoing conflict, leading to the separation and attempted reconciliation of his parent's marriage. Eventual confirmation that divorce was inevitable left him devastated.

"Michael took the news much hard than his brother" Mum explained, *"he became very upset at school. We were desperate to put support around him. Thank God for LYC – this has worked better for him than a session at CAMHS. Sometimes exploring all those difficult things can detract from your confidence, but here he's been given the chance to achieve."*

Michael embraced the programme despite initial doubts about what it would achieve. While not interested in boxing (The Restore Programme), he was drawn to the other opportunities such as the Time to Breathe project and activities at Gathering Fields farm, where he enjoyed planting, digging, and camping - suddenly he found himself enjoying new experiences.

Dad has noticed a huge difference too. *"When I look at Michael and the things he does at LYC, like he goes kayaking, cycling, abseiling, camping, fitness sessions at the gym – all physical stuff – and he really seems to enjoy that .... It's like he's found a way to cope!"*

CASE STUDY 1

FROM WITHDRAWN TO UNSTOPPABLE

Both talk about a recent situation where Michael had been worried about attending a cycling skills session, as he didn't feel confident riding a bicycle. Despite his Dad having bought him a cycle for his birthday, Michael didn't want to ride it, as his auditory processing disorder meant that roads were a frightening environment for him to learn this skill, in the same way that others do. But, with the right support and encouragement from the LYC team, and being in a different environment with his peers, he agreed to give it a go.

The personal impact for Michael has been striking. He has grown into a more confident and communicative young person. His father reflects:
"He's gone from being very withdrawn to this very outgoing, outspoken lad – hardly any filter now!!! He's really blossomed."

Even Michael's school has recognised his progress, suggesting he could be considered for Head Boy due to his *"bright, engaging personality."* His existing speech impediment remains but although he's still stuttering, his conversational skills have grown remarkably. Mum noted: *"Before, when he couldn't get his words out, he would look away. Now he holds your gaze, takes a breath, and holds it all together."* Michael now has a new speech therapist who is confident she can help him.

The impact has spread throughout the family. Michael's younger brother Steven now attends LYC too, and both parents feel their own sense of pride and self-worth has grown. *"Without LYC, Michael would have kept spiralling," says his dad. "Now he's got role models, connections, and a sense of belonging. It's given our whole family stability."*

For Astrid, the transformation is nothing short of remarkable. *"Over the course of this last year, he has gone from talking about hurting himself, to becoming, Mr. Unstoppable."*

So, would they recommend LYC? Absolutely. Astrid sums it up:
"It's transformative. If your child is already doing okay, it will take them to the next level. But if they're really struggling, like Michael was, the shift will be incredible. With time, the growth can be astronomical."

Michael's dad agrees: *"LYC is a breath of fresh air. It gives kids a place to belong, something to work towards, and adults who genuinely care. These people are unshakable – they'll listen, they'll support, and they'll show kindness to families. They don't judge and they support young people to believe they can achieve."*

And for Michael? The boy who once doubted himself now stands taller, stronger, and more resilient. He's eating healthier, training harder, and looking forward to the future with a confidence no one could have imagined just a year ago.

As Astrid puts it: *"We've got our son back."*



LYC OUTPUT
TIME TO BREATHE

The Time to Breathe programme provides young people with space and support to better understand and regulate their emotions through immersion in the natural world and nature-based wellbeing activities.

Grounded in seasonal rhythms and natural cycles, the programme uses the outdoors as a setting for self-discovery and personal growth.

"Time to breathe has helped me to become more mindful and self-reflective."

"It's made me more self-aware, so I think about my emotions and how my actions affect other people."

"Time to Breathe has grounded me and reminded me what's actually important in life."

"The sessions are a safe space to open up."

"It's the only time she wants to leave the house... she comes home so happy, with stories about the friends she's made." - **Parent**

3 bespoke projects at Gathering Fields, Miss Whalley's Field and Cornerstone Building

52 sessions across the year

4 Mindful Hiking Days in Lancashire & Cumbria

1 weekend camping residential





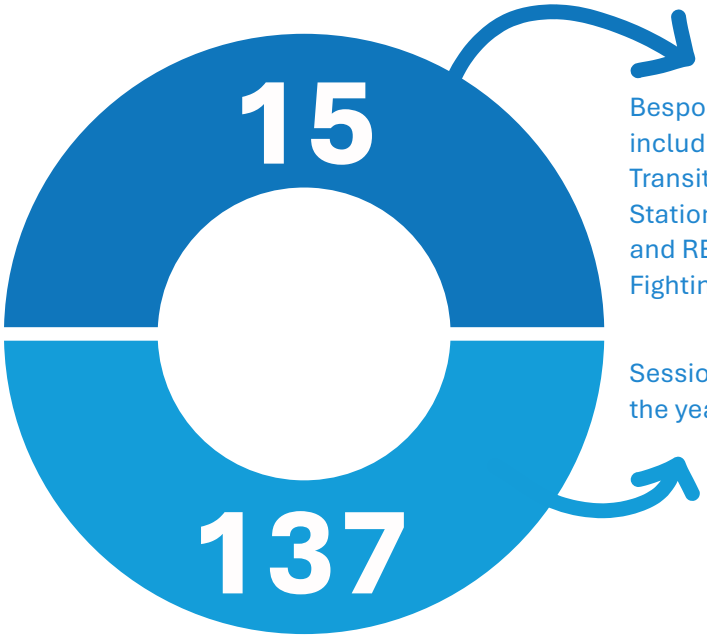




LYC OUTPUT
RESTORE

The RESTORE Programme supports young people to rebuild confidence, self-efficacy, and resilience through a structured series of active movement, creative arts, and outdoor challenge activities.

Designed to promote personal growth and wellbeing, the programme provides a safe, supportive environment where participants can reconnect with themselves, others, and their wider community.



Bespoke RESTORE Projects including RESTORE Transitions, RESTORE Youth Station, RESTORE Creative and RESTORE: Empire Fighting Chance

Sessions delivered across the year

* Figures collected through questionnaires from 39 participants

"We saw a major shift in J—he stepped into a mentoring role, supported others, and grew both as a team player and a leader."
Facilitator

"Taking part has been a boost in confidence."
Participant

"I've learned that when you do something wrong, don't give up—try again."
Participant

"Taking part has given me more time to think about my emotions."
Participant

"Setting mini goals helps me succeed."
Participant



76% felt more confident expressing thoughts and emotions.



64% developed new tools for emotional wellbeing.



72% better understood how to manage their physical health.



76% felt confident trying new things and meeting people.



39 young people completed the programme.


CERTIFICATE OF
ACHIEVEMENT
RESTORE




PRO-BOX

LYC OUTPUT

RISE TO THE CHALLENGE

The Rise to the Challenge programme offered adventurous, goal-driven experiences that encouraged young people to push personal boundaries and build resilience.

This year featured two major projects: a cycling and camping residential for young people from Morecambe, focused on health, teamwork, and achievement; and a six-day expedition across the Scottish Highlands, during which participants paddled 100km along the Great Glen Way. This remarkable journey of endurance and cooperation left a lasting impact on their confidence and self-esteem.



2 bespoke projects with young people from Lancaster and Morecambe.



53 sessions delivered across the year.



1 weekend residential.



1 (6 day) expedition.

WHAT THEY LEARNED

"It's helped me to accept challenges in life and not be afraid of them."

"I can push myself further than I thought."

"I can do anything with a lot of help and teamwork."

"Not giving up when things in life are hard."

HOW THEY FELT

"I felt so proud when I completed the challenge."

"I wanted to give up but I didn't."

"It was like a second family-everyone was so nice and supportive."

APPLICATION OF LEARNING

"Improved language skills - English and Ukrainian"

"More confidence to open up with people"

"Motivation to be productive... even cleaning my room!"







CASE STUDY 2

BUILDING RESILIENCE & CONFIDENCE

When parents Michael and Kate first heard about Lancashire Youth Challenge (LYC) through pastoral staff at Morecambe Road School, they were unsure what to expect. Their eldest son, Benjamin, was struggling with social interaction, confidence and daily routines. Their younger son, Zachary, was full of energy but easily led and in need of firm guidance and structure.

Benjamin's Journey: From Isolation to Engagement

For Benjamin, life before LYC was challenging. Diagnosed with Autism, ADHD and Auditory Processing Disorder. He often withdrew to his room, spending long hours on his computer. He struggled with communication, found it hard to read social cues, and could be volatile at home and in wider settings.

Mum, recalls: *"He was very self-conscious, not getting out of his room, not engaging, and often very negative about trying anything new. We wanted him to learn how to communicate appropriately, to get out and meet people."*

Benjamin was initially reluctant to join activities, needing a lot of encouragement. But once engaged, the change was clear. Through LYC he has taken part in art workshops, nature-based activities and ambitious outdoor challenges that have tested both his physical stamina and his resilience. Last year, he completed the Caledonian Canal expedition, canoeing the full length of the canal and Loch Ness. This year, he is preparing for an even greater feat, The Rise to the Challenge: Caledonian Triathlon: cycling 60 miles, canoeing miles, and then climbing Ben Nevis in just eight days,

"He's nervous, especially without his regular friend there," Dad explains, "but he's looking forward to it too. It's out of his comfort zone, but he's building resilience."

The impact has been felt at home too. Once resistant to family activities, Benjamin now initiates them. *"He'll ask, 'Can we take the dogs for a walk?" Dad shares, "which is such a change from before. The summer holidays used to be the hardest time, but this year he's been busier, more positive, and more willing to join in."*

Zachary's Journey: Structure, Adventure and Self-Regulation

Unlike his older brother, Zachary has always been noticeably outgoing, but his boundless energy and tendency to be easily led often landed him in difficulties. *"Zachary needs to be kept busy," Mum explains. "He struggles with unstructured time – at home, at school, everywhere. What works with LYC is that he knows exactly what he's doing: the challenge, the location, the activity. That guidance and direction make all the difference."*

Zachary has thrived in LYC's structured environment. He has taken part in the *"Time to Breathe" programme, outdoor adventures including canoeing and ghyll scrambling, and a residential trip to Coniston. On one occasion, faced with abseiling, he was too nervous to take the plunge. Instead of being forced, he was gently encouraged just to lean back over the edge and look down. "That was enough," says mum "LYC celebrate what the children have done, not what they haven't. That's such an important approach."*

The change at home has been equally noticeable. Zachary, once prone to hyperactive outbursts, is learning to self-regulate. *"He still needs help," she reflects, "but now he's calmer, and more able to bring himself down. For us, that's been a huge relief."*

CASE STUDY 2

BUILDING RESILIENCE & CONFIDENCE

Impact on the Whole Family

For Michael and Kate, the positive impact extends beyond their sons. With three children who have additional needs, having Benjamin and Zachary positively engaged through LYC has given them space to focus on all their children, while reducing tension at home.

"When Ben is out doing things in a positive environment, it impacts everyone. It calms everything down at home. For us as parents, it's a sigh of relief."

Michael has even become more directly involved, volunteering as a minibus driver for LYC. This has allowed him to see first-hand the skills, confidence and resilience the young people are developing. *"Something as simple as jam-making after fruit-picking becomes a chance to build life skills. You can see how these experiences will help them later, even in things like running a café project."*

What Makes LYC Different?

For Mum and Dad the key is LYC's respectful and supportive approach. *"It's the calm approach," mum explains. "They don't force kids to do what they don't want to do, but they do encourage them to try. They really get to know the children, respect them, and respond to their individual needs."*

This ethos of respect, combined with a structured but flexible programme, has helped both boys to flourish. For Benjamin, it has meant building the confidence to face daunting challenges and preparing for the next stage of his life at college. For Zachary, it has meant learning self-control, resilience, and the thrill of new experiences.

As Benjamin heads to Myerscough College and Zachary looks forward to taking on bigger challenges as he gets older, both boys will carry the lessons, friendships and resilience gained through LYC with them.

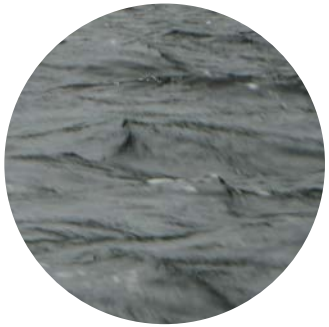
There is no doubt about the value of the programme. *"It has helped," Kate says simply, "and I wish it could go on and on and on."*

Their advice to other parents is clear: *"Try it. You don't know until you try. LYC gives children opportunities they might never otherwise have – in a safe, supportive environment. The positive effect is huge."*

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CASE STUDY 3

LYC & BAY LEADERSHIP ACADEMY

A Partnership Built on Trust and Shared Vision

"LYC create opportunities for success – whether through creative media, hiking a fell or completing a cycle challenge. For our pupils, these successes are life changing."

Emma Spooner, Assistant Principal-Inclusion at Bay Leadership Academy (BLA), spoke about the lasting impact for pupils participating in the RESTORE programme delivered by the staff team from Lancashire Youth Challenge (LYC).

LYC has worked in close partnership with BLA delivering the RESTORE programme in various forms since early 2023. While the name "RESTORE" wasn't formally confirmed until mid-2023, the programme itself has remained consistent in terms of its content and delivery. The approach blends physical fitness & sports provision, outdoor challenge activity, and creative arts practice with self-reflection, and emotional regulation in ways that align strongly with the needs of pupils in the school's Inspiration Centre, where tailored support is offered to those with Social Emotional and Mental Health (SEMH) needs.

From the outset, BLA staff recognised that pupils struggling with self-regulation often find new experiences demanding, yet LYC's facilitators consistently found ways to encourage engagement without applying pressure or fostering disengagement. Early successes highlighted the value of LYC's distinctive delivery style.

"Our pupils can find self-regulation very difficult," says Emma "But LYC never push or overwhelm them".

She continues, *"They prioritise patience, adaptability, and empathy" and the way they "listen carefully to pupils' anxieties and aspirations, adjusting delivery in the moment to make sure each young person feels supported."*

This approach has since become the foundation of a strong and trusted partnership between LYA and BLA and has resulted in pupils who might otherwise shut down or refuse to take part; instead, remaining engaged and often surprising themselves with their achievements. Between April 2024 and March 2025, pupils participated in a wide range of RESTORE activities. These included:

- Creative media projects delivered in school, which provided new outlets for self-expression and sparked curiosity.
- Outdoor adventures such as canoeing in Coniston and a cycle challenge from Morecambe to Blackpool, giving young people the chance to experience success through physical endurance and teamwork.
- Bespoke Inspiration Centre projects tailored for pupils with SEMH needs, including a cycle and camp experience near Galgate, a hike up Loughrigg Fell, and an active challenge culminating in a gym visit.

Each activity was carefully designed to balance therapeutic reflection with physical challenge, ensuring that young people not only tested their resilience but also developed self-awareness and confidence along the way.

"The 'big end challenges' give pupils a tangible sense of pride – something to look back on with real accomplishment." Emma says as she describes a unique programme that is not simply about the activities.

"Everything is carefully structured to help pupils to experience success in diverse ways" and through being more physically active "pupils have discovered constructive outlets for their energy within the school environment".

CASE STUDY 3

LYC & BAY LEADERSHIP ACADEMY

A Partnership Built on Trust and Shared Vision

By combining challenge, reflection and fun, RESTORE has enabled young people to engage on their own terms, building self-esteem and resilience in the process. Emma believes that for pupils who often find mainstream education difficult to access, this flexible yet consistent approach has been crucial.

- From the school's perspective, the outcomes of the RESTORE partnership have been significant. Pupils have:
- Developed greater self-awareness, particularly in recognising and managing emotions.
- Become more physically active, discovering positive and constructive outlets for their energy.
- Experienced new environments and challenges, building resilience and encouraging safe risk-taking.
- Improved their engagement with education, including attendance and persistence with academic tasks.

Importantly, many of these young people would not otherwise have had the chance to take part in such experiences. Mentioning the vital role in levelling access that RESTORE has played Emma talks about how, *"The exposure to new activities has broadened their horizons, encouraging exploration, resilience, and positive risk-taking in a safe and structured setting"*.

Why LYC Matters

According to Emma, *"What distinguishes LYC is their unwavering commitment to creating meaningful opportunities for our most vulnerable pupils"*. By adapting flexibly to individual needs and working in close collaboration with school staff, LYC has ensured that the programmes deliver maximum benefit for each participant.
For these reasons, BLA have re-commissioned LYC to continue working with them into the future, with the RESTORE programme now embedded as an additional element of the curriculum within the Inclusion Hub.

The school also strongly recommends LYC to other partners, emphasising the holistic value of the work. For young people facing SEMH challenges, *"RESTORE has not only supported improved wellbeing but also had a measurable impact on academic engagement and progress"*.





PARTNER TESTIMONIALS

"Through engaging on the LYC RESTORE with Empire Fighting Chance Programme, we have seen an increase in the children's understanding of their own moods and responses. We have noticed that they are more willing to speak about their feelings and how to manage them."

Archbishop Temple High School, Preston

"One of our parents contacted school to say that their child has settled in really well (to High School) and she said that the RESTORE: Transitions project was a big part of that giving them the confidence they needed."

Lancaster Road Primary School

"Since the introduction of the RESTORE: Youth Station project, youth ASB around the city centre—and particularly the bus station—has decreased on Friday evenings. Historically, our ASB reports for a Friday would mirror those for our peak days, Saturday and Sunday. A review of recent reports shows Friday to now have significantly lower ASB figures than the rest of the weekend. With the summer months fast approaching, this project will be vital in continuing to divert young people from engaging in behaviours which cause distress and disruption in the city centre."

Inspector Dave Byrne, Preston Geographic Inspector, South Division

"It was a truly inspiring sight to see Will Johnson from Lancaster Boxing Club and Callum Morris from Lancashire Youth Challenge return to their roots at Morecambe Bay Academy. Their presence brought a wave of positivity, as they generously dedicated their time to work with selected students, sharing invaluable skills and life lessons through the RESTORE programme...Both Will and Callum, shining examples of local success, are undoubtedly igniting a spark of ambition and discipline within the next generation, proving that dedication and hard work can lead to remarkable achievements."

Mr Campbell, Morecambe Bay Academy

"The knowledge, passion and experience shared by Lancashire Youth Challenge has been instrumental in the development of Preston's Youth Strategy. From strategic input through to practical project work they have been a key partner of Preston's Youth Forum, and we look forward to their continued and indeed increased presence in the city."

Michelle Pilling, Community Engagement Manager, Preston City Council

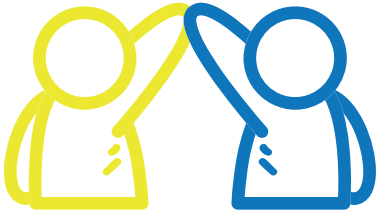
SHARED OUTCOMES
ACROSS ALL PROGRAMMES



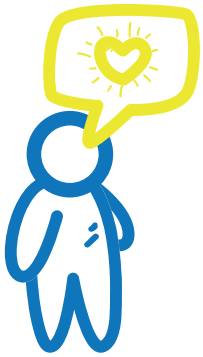
100% increased confidence
(Time to Breathe)



76% better at expressing feelings
(RESTORE)



Developed real-world tools for
wellbeing & motivation



Improved communication &
language skills
(RTTC)



Greater connection to nature,
self, and others

QUESTION

Do you feel better prepared to face life's challenges?

"Of course! Transferable life skills - dedication, willpower, motivation, confidence - can be applied to all areas of life."

RTTC Participant


Sunflower
Pioneer DJ

CONCLUSION

As this report shows, Lancashire Youth Challenge (LYC) continues to provide life-changing opportunities for young people across the county. Through Restore, Time to Breathe, and Rise to the Challenge, participants are not only developing vital life skills and confidence but also discovering their own resilience and capacity to thrive.

The case studies from parents, young people, and partners highlight what the data alone cannot fully capture: the sense of pride when a young person overcomes a personal challenge, the relief of a parent who sees their child grow in confidence, and the admiration of schools and community partners who witness these transformations first-hand.

What stands out most is that LYC's impact doesn't end with individual participants. It ripples outwards - into families who find new ways of connecting, into schools that see students more engaged and motivated, and into communities that benefit from the energy, creativity, and potential of young people who feel supported and empowered.

This year has also marked a new chapter with the appointment of Operations Manager, Rachel Parsons, whose insights reflect not only the simplicity but also the power of LYC's approach. As Rachel so clearly expressed, the principles of *"feeling the fear and doing it anyway"* are not confined to young people - they inspire staff, families, and partners too.

Lancashire Youth Challenge is more than a youth organisation; it is a movement that demonstrates what is possible when young people are given opportunities, encouragement, and challenges that stretch them beyond what they imagined. The dedication of the staff team, trustees, volunteers, and partners ensures that this vision continues to grow and evolve.

To every young person who has taken part in an LYC programme this year - your courage, determination, and openness to new experiences are the true heart of this report. You remind us all of what is possible when challenges are embraced and horizons are expanded.

As we look ahead, one thing is certain: Lancashire Youth Challenge will continue to walk alongside young people, helping them to restore confidence, breathe deeply, and rise to their next challenge.

Sharon Phillips
Director, Think Forward CIC





LANCASHIRE YOUTH CHALLENGE

England & Wales - Charity number 1163469

Accounts



LANCASHIRE YOUTH CHALLENGE

ANNUAL REPORT 2024

Registered Charity: 1163469

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INTRODUCTION

I am delighted to introduce to you the Lancashire Youth Challenge annual report. 2024 marks nine years for Lancashire Youth Challenge, a significant milestone for a charity born out of passion for arts, culture, and young people.

During this time the charity has continued to develop from strength-to-strength, providing innovative and holistic programmes centred around fitness, creative arts, sports, and outdoor adventures, with thousands of young people benefitting. This report outlines the work of the charity throughout the 2024 period which I am sure you will agree is fantastic.

2024 proved to be another year of growth and success for Lancashire Youth Challenge. The team continued to expand with the appointment of the charity's first ever Operations Manager in Rachel Parsons. Rachel brings with her over ten years of industry experience that will undoubtedly help Lancashire Youth Challenge achieve its ambitious plans.

During 2024, the Board ratified a new ambitious and forward-thinking strategic plan for the 2024-2027 period. This plan will provide financial stability for the charity whilst also continuing to work with more young people in addressing some of society's ever-changing needs.

I would like to place on record the Board's gratitude to the charity's Chief Executive Officer, Guy Christiansen, and the wider Lancashire Youth Challenge staff team who have worked tirelessly to continue to develop and grow the charity to help meet the needs of the young people across the areas of operation.

Furthermore, I would like to thank exiting Board member Vicky Fletcher, who after three years on the Board has taken the difficult decision to step down. Similarly, I would like to thank Phil Longbottom, who served the charity as a Trustee since 2020 and brought his significant expertise in outdoor adventures to bear. I am delighted to welcome Craig Brown, Joe Sumsion and Sylvie Maxwell who join the Board respectively with an abundance of experience that will undoubtedly support the charity in achieving its ambitious plans.

Finally, thank you to all our funders and stakeholders, without whom, our work would be untenable.

In closing, I hope you take great pleasure in reading about the success of the Charity during the 2024 period and we look forward to a prosperous 2025.

Tom Drake, Chair of Trustees



VISION, MISSION, VALUES & APPROACH

VISION

Lancashire Youth Challenge envisions a future where every young person in our community possesses the resilience, robustness, and confidence needed to navigate the complexities of life and shape their own destinies.

MISSION

Lancashire Youth Challenge, nurtures, supports, and empowers young people in Lancashire to discover their potential, cultivate resilience, and build a foundation for lifelong success.

VALUES

Empowerment	Empowering young people to overcome challenges and craft the lives they wish to lead
Inclusivity	Ensuring all young individuals, regardless of background, have access to transformative experiences.
Achieving	Empowering young people to identify their personal goals, develop their confidence, self- efficacy and achieve their full potential.
Equality & Equity	Ensuring our programmes of activity our 'fit for purpose' and meet the needs of each participant.
Innovation	Continuously adapting and developing activities to meet the evolving needs of young people in the 21st century.
Collaboration	Embedding collaborative practices into the work of Lancashire Youth Challenge; to ensure high quality delivery of our purpose with young people, communities, and stakeholders.

APPROACH

Lancashire Youth Challenge believes in a strength and asset-based approach to our work with young people. We encourage the celebration of achievement, youth empowerment, collaborative working, and youth-led practices.

Our focus as a charity is to enable young people to overcome their personal obstacles, build resilience and to be celebrated and recognised for their achievements. To this end, when discussing or promoting our work, we adopt asset-based language and focus on achievements and successes. We ensure young people are intrinsically involved in shaping our strategic vision and informing our operational practices, in the following ways:

Peer Mentoring Programme	Conduit for information sharing and programme evaluation.
Young Trustees & Young Associates	Informing strategic development, policy, and practice.
Project Evaluations	Creative conversations, capturing feedback and review.

THEORY OF CHANGE

DELIVERY OUTPUTS

RESTORE

Emotional wellbeing workshops
Creative art projects
Outdoor challenge events

Time to Breathe

Life skills workshops
Outdoor learning events
Bushcraft
Green exercises and workshops

Rise to the Challenge

Cycle challenges
Residential challenges
Summer expedition
Mindful hill walking challenges

MECHANISMS OF CHANGE

- Safe & supportive spaces
- Platforms to express and be heard
- High quality provision by experienced practitioners
- Diverse participation opportunities
- Understanding our common humanity and celebrating diversity
- Encouraging young people to engage in their learning journey
- Asset & strength-based approaches
- Platforms for young people to comment on the world

INTERMEDIATE OUTCOMES

- Better able to manage their physical, emotional, and mental wellbeing
- Increased sense of self-esteem and confidence
- Motivation and commitment to personal development
- Care and compassion for themselves and others
- Improved communication and social interactions skills
- Personal resilience, responsibility, and maturity

LONG TERM OUTCOMES

- Improvements in physical/ emotional/mental health and wellbeing
- Significant increase in self belief and self efficacy
- The confidence to ‘dare to dream’
- Eagerness to explore other cultures and places
- Competency and resilience to deal with life’s challenges
- Making meaningful change in themselves and the world
- Personal aspiration to craft the life they wish to lead



CORE PRINCIPLES

Following consultation with the staff team and inspired by the wellbeing principles used by our colleagues at Empire Fighting Challenge, we devised and adopted six core principles which provide a meaningful reference and anchor for our delivery programmes.

These six principles provide a framework for guiding the activities and operations of our three strands of delivery. They serve as a set of guidelines that help to ensure that we stay focused on the desired outcomes of each programme. Providing a tangible reference point for our team of practitioners when delivering programmes across Lancashire with multiple partners and varied groups of participants.

The Six Core Principles are:

KNOW YOURSELF

It is important to know who we are - what we value, what we stand for, our motivations, where we want to be and who we want to become.

BE PRESENT

By tuning in to ourselves and the world around us we start to understand the power of being fully present in the moment, in our environment, in our bodies and minds. Learning about our capacity, capabilities and strengths while immersing ourselves in nature - exploring and understanding the world around us, its impact on us and our impact on it.

GO WITH THE FLOW

As in nature, our body and mind are subject to constant change and flow. Learning to go with the flow and not fight against it improves our mental and physical state. By further understanding the things we perceive to get in the way of flow, we can overcome and harness the changes to view them as part of life and part of the process of growth.

NAVIGATE THE WORLD

By learning about the complex and challenging world we live in, we can increase our understanding of the issues at play around us and how they impact our lives. Developing key skills and building personal resilience will support us as we face and navigate our way through life's challenges.

FEEL THE FEAR

Challenges, setbacks, negative and adverse experiences are part of life. By learning to accept and manage uncertainty we increase our capacity to cope and build personal strength and resilience. By facing difficult challenges and feeling the complex emotions that comes with them - in the safety of a group and with support of the team - we learn about our ability to cope with life's challenges and celebrate our achievements and capabilities.

BE THE LEADER

Being a leader can be many things - supporting others, guiding a team to success, or making positive change in your world. Developing leadership skills support our personal development and empower us to thrive in life.

RESTORE

A programme designed to support young individuals on their journey toward personal development. Through a variety of physical and emotional wellbeing activities, creative practice, and outdoor challenge activities, we aim to empower participants to build emotional resilience, self-efficacy, and self-awareness.



RESTORE
WITH EMPIRE FIGHTING CHANCE

Building on our exciting partnership with Empire Fighting Chance and Active Lancashire, we facilitated a total of 9 RESTORE with EFC projects at schools and community spaces in Lancaster, Morecambe and Preston. The programmes were financed by investment from the Opening School Facilities Fund and Break the Mould.

Using non-contact boxing methodologies paired with psychologically informed mentoring practice, young people learn evidence-based personal development principles that help them understand the nature of the mind and normalise feelings they may be experiencing. This equips them with the skills to manage emotions, behaviours, and situations.

100% of young people demonstrated a commitment to engage and participate in activities provided.

90% of young people stated that they felt more confident and felt better about themselves.

90% of young people stated that the programme had supported their emotional wellbeing and physical fitness.

40% of attendees have accessed other LYC programmes, following the completion of this project.

(figures taken from RESTORE @ Bayfit programme)

"Because I go to a special school, people judge me, but I can be myself here, I don't have to act or put on a front, people take time to listen and care about what I say and that feels Okay!"

"Thanks to the EFC project I think now before I act, which helps me a lot, as it stops me getting into trouble."

'I have saved the EFC principles on my phone, and I look at them most days to help me feel balanced and not act negatively."

"My child is a different person on EFC days, he is full of enthusiasm for the sessions."

"Our students loved the last couple of programmes we have done with LYC so they are very excited to have been given another opportunity to take part in one. They benefited from them massively and could really see a change in their attitudes after completing them."

POWERED BY
EMPIRE FIGHTING CHANCE




EXCEL
IS
HA

RESTORE TRANSITIONS

The RESTORE-Transitions Programme launched as a 12-week intervention, targeted Year 6 students who faced difficulties due to mental health issues, family-related challenges, or adverse childhood experiences. Its main goal was to prepare the pupils to transition from primary to secondary school by enhancing their emotional, social, and physical resilience through themed sessions led by fitness trainers, mental health practitioners, and creative professionals. The programme was piloted with pupils from four primary schools in the Lancaster District, aiming to support and enhance their self-confidence, resilience, social skills, and emotional awareness.

The programme was commissioned by Lancashire County Council's Team Around the School & Setting Inclusion Hub and engaged over 50 pupils in weekly activity. The programme was an overall success with teachers stating:

"The RESTORE programme definitely prepared the young people for their transition to secondary school. In fact, one of our parents contacted school to say that their child has settled in really well and she said that the restore project was a big part of that giving them the confidence they needed."

"It was very clear that every session was focussed on getting the children ready for high school this was clear and made a positive impact. Children were allowed to express themselves without being judged."

"I do believe for most of the group, this project helped them to transition to high school. The children seemed to be a lot more confident and resilient by the end of the project."

Each set of pupils produced their own bespoke wellbeing journal, which was full of tools, activities and advice they could use to assist them with their transition and remind them of what they had learned during the 12-week programme. To view the journals please click **here**.



RESTORE CREATIVE

We facilitated two RESTORE Creative programmes with Resettled Refugees from Sudan and Ukraine in Preston.

Our cohort of young men from Sudan have produced a thought provoking spoken word piece, that celebrates their identity and ambitions for the future, which can be viewed **here**. While our group from Ukraine produced a powerful and emotional song about their experiences of escaping the war and relocating to the UK, which can be seen **here**.

Both films were presented at Home Fest, an international celebration event delivered at Preston College as part of Refugee week in June. The films are now being shown at secondary schools across Lancashire as part of the 'Escape to Safety' programmes delivered by our colleagues at Global Link.

During our evaluation process the young people offered the following feedback:

"The project has helped me to grow confidence, as before this project I would be afraid of singing in public, but now I feel more comfortable with this."

"This project has helped me to tell my story and share my feelings."

"I'm so proud and happy, because not everyone can make their own song and film, it is special."

"I now feel more like I belong here."

RESTORE @ PRESTON BUS STATION

This project is a collaboration between several partners, including Foxton Youth & Community Centre, Lancashire Youth Challenge, Preston Bus Station, and Preston Youth Zone. Together we are facilitating a twelve-month programme of bus station staff training and youth engagement initiatives. The programme is designed to help reduce anti-social behaviour on site and in Preston City Centre, while engendering a culture of open and positive communication between young people, bus station staff & security personnel.




THE NORTH FACE




HOODRICH.

TIME TO BREATHE

This programme offers young people the chance to pause and reflect. By encouraging mindfulness and self-care, we help individuals develop essential life skills for managing stress and achieving emotional balance.



TIME TO BREATHE

We have delivered 3 Time to Breathe programmes this year, working with our amazing partners at Gathering Fields Wellbeing Centre and Bee Adventures, Gregson Community & Arts Centre, and the Friends of Miss Whalley's Field.

Throughout the three programmes we delivered: Growing, planting and harvesting workshops, ecology awareness workshops, wild cooking and camping residentials, mindful hiking events in Cumbria, forest bathing and meditative walks, farm experience days, mental health first aid workshops, emotional wellbeing activities and outdoor craft workshops.

"My son is more confident now and feels better. He attends school and his school attendance has improved. He has friends and no one bothers him and, most importantly, he can cope better in difficult situations, which he learned during the Lancashire Youth Challenge sessions."

"Coming here has given her increased confidence and self-esteem, new friends, and a better sense of who she is and what she likes. Previously she was self-harming weekly and dreading going to school. Now her school attendance is 100% and she has self-harmed just once in the time she has been attending. The difference in her is incredible and I can't thank the team enough."

"As a parent of a child that suffers with mental health it's hard to get them to engage in social activities, however these sessions have been a life saver and because they are aimed at his age group and not just a chore that he has to go to like therapy sessions, they are fun and engaging, as well as being beneficial for young people that maybe don't like the more formal sessions."

60% of participants felt more confident

70% felt better able to share their thoughts and ideas

70% felt an increased sense of pride and self-worth

75% had a stronger understanding and control of their emotions

60% felt they had developed new skills to manage their emotional health

(Figures taken from the Time to Breathe Step into Nature project)









RISE TO THE CHALLENGE

EXPEDITION PROGRAMME

The Rise to the Challenge programme encourages young people to step outside their physical and emotional comfort zones, enabling personal growth, and a profound sense of achievement through the completion of ambitious challenges and adventures. This programme fosters resilience and confidence, equipping participants with the skills they need to face and overcome life's obstacles.



RISE TO THE CHALLENGE

During 2024, we facilitated 3 Rise to the Challenge Programmes. This year's challenges were:

- A cycling expedition from Morecambe to the Forest of Bowland with students from Bay Leadership Academy.
- A six day, 100KM canoeing expedition along the Great Glen Way in the Highlands of Scotland with young people from Lancaster and Preston in partnership with our colleagues at Big Adventure.
- A second cycling and wild camping residential with young people from Stanleys Youth & Community Centre, delivered in partnership with our colleagues at Go Velo.

"What I've learnt is that I can actually push myself to do things, even when it's really difficult and sometimes feels a bit awkward (like trying to get up a hill in the wrong gear!). I pushed through and, with patience, overcame those moments and learnt from them so the next time I was faced with them it wasn't so difficult."

"When I was going down the hills on the cycles I felt free as a bird, care free. Something I'm going to do differently going forward is to not make rash decisions and to think about things before I act. I didn't at times on this project and it got me in difficult situations, so definitely thinking more before I act and listening is something I'm going to work on."

"Before I started this project I was worried about my weight and didn't think I would be able to do it. I felt a bit self-conscious. But when I was doing the cycling challenge today I didn't even think about it. I've learnt about perseverance and not giving up. I didn't think I was a very resilient, but this project as shown me how I can be. I will believe in myself more going forward."

"I'm proud of actually pushing myself to do things and setting my mind on something that I never thought I could do. Especially like camping, that was a massive thing for me!"








SCOTTISH
MOUNTAIN

STATISTICS & QUOTES

Between January and November 2024:

205 young people engaged in weekly activity

234 workshops and sessions delivered

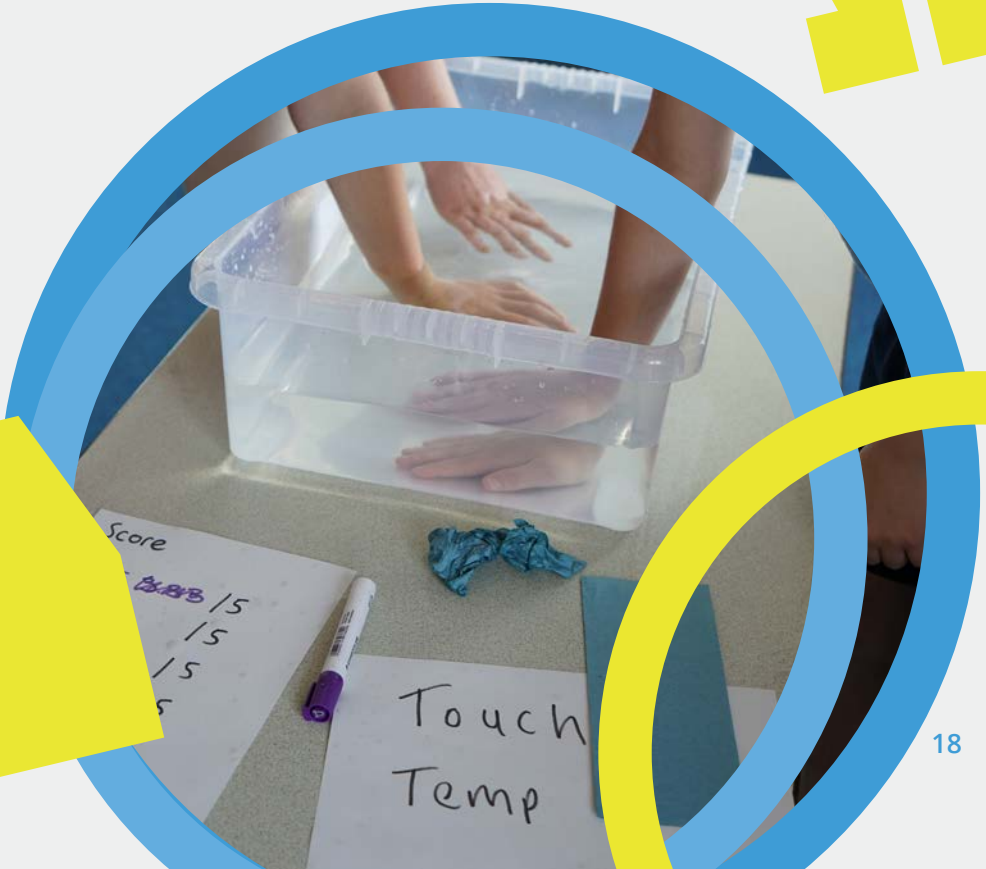
1771 participation opportunities provided

"I've really enjoyed being out in nature, I don't get chance to get out in this way much. A takeaway from this experience is going to be to get outdoors more and get on my bike more often to be more active. I didn't think I could cycle this far."

"This project has given the confidence in myself to know that no matter where I am or what I'm doing I do have the ability to speak to new people and make friends. This has been massive for me. This has changed my mind set about these situations going forward and I feel more confident to try new things on my own."

"This project has helped me to develop my confidence to be able to speak to new people more. I couldn't do that when I started."

"I never miss a session because the skills you teach me stay focused and manage my emotions in school, and now I don't get sent to detention anymore."



MARKETING, PUBLICITY & COMMUNICATIONS

Thanks to investment from the Clothworkers Foundation we commissioned Lancaster based web design company, Moonloft to design and build our brand-new website, which you can view **here**.

Forward CIC did an amazing job at crafting an informative and engaging 2023-24 Impact Report, which you can download **here.**

Our work has been promoted and celebrate via local and regional media platforms including Lancaster Guardian, Lancashire Evening Post and Beyond Radio, such as:

Lancashire Post: Manager Takes on New Youth Challenge

Beyond Radio: Lancaster Musician Takes New Role

Lancaster Guardian: Youth Charity Faces Big Challenges

We are thrilled and honoured that our ambitious RESTORE programme was shortlisted for the Children and Young People Now 2024 Youth Work Awards, which helped us to promote our work across the sector.

Children & Young People Now Awards 2024 Finalist



FUNDRAISING & DONATIONS

This year has included several fundraising and sponsorship events, and we thank everyone who donated and supported our work.

Our Trustee & Secretary, Joshua Lightbown completed the epic Yorkshire 3 Peaks challenge in July.

Our colleagues Aaron and Harry from Empire Fighting Chance secured donations and sponsorship by paddling the Great Glen way with our Rise to the Challenge team in August.

Amanda Nwadukwe, one of Trustees courageously stepped into the boxing ring to compete in an Ultra White Collar Boxing Match, raising funds for LYC.

We would like to thank our Silver Sponsors for their monthly commitments and our Gold Sponsor, Stoneswood Homes for their generous and continued support. We would also like to thank Swift Electrical Solutions for their donation and the 1-2-1 Business Networking group.

To discover more about our Sponsorship, Donors and Patrons scheme click **here**.





STAFFING & VOLUNTEERS

This year has seen a significant change in terms of staffing, as we have welcomed new team members and waved goodbye to familiar faces.

Emer Jay-Van Gills resigned from her post as Youth Support worker in May, to spend more time with her family and after five years of working with Lancashire Youth Challenge, in various roles, Sam Duckles left the charity in August to focus on his new role as a foster parent. We thank him for his hard work and commitment to the charity and wish him well with his future endeavours.

We were delighted to welcome Rachel Parsons to the team as our new full time Operations Manager in October. Rachel is an experienced practitioner and JNC qualified Youth worker with over 20 years' experience working with young people in community arts settings.

Thanks to investment from Active Lancashire, we have employed Sam Harding on a nine-month freelance contract to co-facilitate RESTORE with EFC projects in Lancaster and Preston based schools. Sam will also be mentoring and supporting other charities and schools to embed the RESTORE with EFC principles and approach in their organisations.

We have increased our freelancer team which includes Edward Maxwell, Callum Morris and Marcus Devaney, all of whom are supporting the RESTORE programme in Lancaster and Preston.

Our Board has also experienced a period of change, as Phil Longbottom and Vicky Fletcher both left the charity after supporting our work for nearly three years, and we welcomed new Trustee, Craig Brown to the team who is leading on donor and sponsorship development.



THANKS

We would like to say a huge thanks to the youth workers, fitness and sports practitioners, wellbeing experts, creative practitioners, volunteers, trustees, and partners who supported the delivery of our 2024 programme.

We would also like to express our gratitude and thanks to our wonderful funders and donors who make our work possible:

Active Lancashire
Areti Charitable Trust
Banks Lyon Memorial Trust
Bay ICC
Duchy of Lancaster
Forrester Family Trust
Francis Scott Trust
Francis Scott Trust - Break the Mould
Garfield Weston Foundation
Lancashire County Council - Homes for Ukraine Grant Fund
Lancashire County Council – TASS Inclusion Hub
Lancaster District CVS – Health Champions
Masonic Charitable Foundation
Moto Foundation
National Lottery Community Fund
Opening Schools Facilities Fund (Department of Education)
Primrose Trust
Preston City Council
Sport England
Stoneswood Homes
Swift Electrical Solutions
Walney Extension Community Fund
Westminster Foundation via Lancaster District CVS

LANCASHIRE YOUTH CHALLENGE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2024



LANCASHIRE
YOUTH
CHALLENGE

Lancashire Youth Challenge

A Charitable Incorporated Organisation

Unaudited Financial Report

for the year to 31 March 2024

Registered Charity Number 1163469

Accounts Matters Limited
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA1 4XQ

Lancashire Youth Challenge
Financial Statements
Year Ended 31 March 2024

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Lancashire Youth Challenge
Financial Statements
Year Ended 31 March 2024

Reference and Administrative Details

Registered Charity Number	1163469
Principal Address	Cornerstone Building Sulyard Street Lancaster LA1 1PX
Accountants	Accounts Matters Ltd 3-2-1 Storey House White Cross Lancaster LA1 4XQ
Trustees	Thomas Drake Stephen Thomas Craig Brown (appointed 17/07/2024) Amanda Obiajulu Nwadukwe Joshua Lightbown Donna Coleman Phil Longbottom (resigned) Vicky Fletcher (resigned)
Chief Operating Officer	Guy Christiansen

Lancashire Youth Challenge
Financial Statements
Year Ended 31 March 2024

Trustees Annual Report

Objects and Activities

To advance the education of young people in need by reason of financial hardship or other disadvantage for the public benefit in Lancashire to develop their personal, social, creative and physical abilities by providing a programme of substantially challenging physical and creative events.

The main activities undertaken to further the charity's purposes, for the Public Benefit, are the programmes detailed in the accompanying Annual Report – RESTORE, Time to Breathe and Rise to the Challenge. The trustees confirm they have had regard to the Charity Commission's guidance on Public Benefit.

Achievements and Performance

A detailed breakdown of the Charity's achievements and performance is shown in the Charity's Annual Report which accompanies this document.

Financial Review

The charity's major source of income is grant funding. The Charity had income of £158,647 and expenditure of £156,695, giving a surplus for the period of £1,952 (2023 - £13,421).

Transition to FRS102

The figures this year have been presented under the accounting standard FRS102 for the first time and a detailed reconciliation of the differences between the previously presented reserves figures and the revised figures for 2023 is shown on page 19.

Reserves policy

The charity has a reserves policy which is to strive to maintain balances at a level equivalent to approximately three months' expenditure (set at £36,453 for 24/25). The reserves policy is reviewed by the board at 12-month intervals, and at any time when a significant change occurs in the organisation e.g., recruitment of members of staff, changes in programme delivery and other liabilities including contractual obligations, salary, and redundancy payments.

Free reserves at the year-end were £39,406 (2023: £25,958)

Free reserves are calculated as follows:

	2024	2023
Unrestricted reserves per the balance sheet	£41,557	£30,034
Less fixed assets	(£2,151)	(£4,076)
Free reserves	**£39,406**	**£25,958**

Structure, Governance and Management

Governing Document
Lancashire Youth Challenge is a charitable incorporated organisation and can be found under Charity number 1163469 with the Charity Commission. The CIO was registered on 8th September 2015.

Recruitment and appointment of new trustees

Every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. A charity trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

Approved by order of the board of trustees on 4/12/2024 and signed on its behalf by:

Thomas Drake, Trustee

Lancashire Youth Challenge

Independent Examiner's Report to the Trustees of Lancashire Youth Challenge

Year Ended 31 March 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 7-19.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Christine Harwood ACMA
Chartered Institute of Management Accountants

Accounts Matters Ltd
3-2-1 Storey House
White Cross
South Road
Lancaster
LA1 4XQ

Statement of Financial Activities

Lancashire Youth Challenge

For the year ended 31 March 2024

	Note	Unrestricted	Designated Funds	Restricted	Total 2024	*As restated Total 2023*
		£	£	£	£	£
Income and endowments						
Total income and endowments	2	74,724		83,923	158,647	*198,984*
Expenditure on:						
Charitable Activities	3	63,201	25,000	68,494	156,695	*185,563*
Net surplus/deficit		11,523	- 25,000	15,429	1,952	*13,421*
Transfers between funds						
Net movement in funds		11,523	- 25,000	15,429	1,952	*13,421*
Total Funds brought forward		30,034	25,000	20,769	75,803	*62,382*
Total Funds carried forward		41,557	-	36,198	77,755	*75,803*

Balance Sheet

Lancashire Youth Challenge

As at 31 March 2024

	Note	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2024	*As restated Total 2023*
		£	£	£	£	£
Fixed Assets						
Tangible Assets						
Office Equipment		2,151	-	-	2,151	*4,076*
Total Office Equipment		2,151	-	-	2,151	*4,076*
Total Fixed Assets		2,151	-	-	2,151	*4,076*
Current Assets						
Cash at bank and in hand						
CafCash		381	-	-	381	*165*
Community Account		40,225	-	36,198	76,423	*72,947*
Total Cash at bank and in hand		40,606	-	36,198	76,804	*73,112*
Total Current Assets		40,606	-	36,198	76,804	*73,112*
Creditors: amounts falling due within one year						
Total Creditors: amounts falling due within one ye	9	1,200	-	-	1,200	*1,385*
Net Current Assets (Liabilities)		39,406	-	36,198	75,604	*71,727*
Total Assets less Current Liabilities		41,557	-	36,198	77,755	*75,803*
Net Assets		41,557	-	36,198	77,755	*75,803*
Capital and Reserves	10					
Current Year Surplus/deficit		11,523	- 25,000	15,429	1,952	*13,421*
Funds brought forward		30,034	25,000	20,769	75,803	*62,382*
Total Funds	11	41,557	-	36,198	77,755	*75,803*

The financial statements were approved and authorised for issue by the Board

T. [signature] (signed) 04/12/2024 (dated)

Thomas Drake on behalf of the trustees

The notes on pages 12 to 19 form part of these financial statements.

Detailed Statement of Financial Activities

Lancashire Youth Challenge

For the year ended 31 March 2024

	Unrestricted including Designated	Restricted	Total	*As restated Total Funds 2023*
Income and Endowments				
Active Lancashire				*2,895*
Arieti Charitable Trust	-	8,188	8,188	*10,040*
Banks Lyon support for work	-	5,000	5,000	*7,814*
Bay ICC				*2,464*
BLA - OSF	-	10,260	10,260	-
Break the Mould	-	4,740	4,740	-
Champion - CVS	-	-	-	*3,000*
Commission & Services	2,400	192	2,592	*19,939*
Curious Minds + Lancaster University	-	-	-	*1,000*
Donations	2,695	-	2,695	*686*
Duchy of Lancaster	-	-	-	*1,000*
Earned Income	534	-	534	*720*
Empire Fighting Chance	-	2,000	2,000	-
Forrester Family	-	-	-	*5,000*
Francis C Scott	15,000	-	15,000	*15,000*
Fundraising	-	-	-	*2,149*
Garfield Weston Foundation	-	-	-	*20,000*
Grants	-	365	365	-
Homes for Ukraine	-	-	-	*8,959*
Interest Income	1	-	1	*1*
Kicksart Placement + Bike to Work	-	-	-	*1,085*
Lancashire County Council - TASS		4,000	4,000	-
LDCVS - Health Champions Fund	-	7,666	7,666	*4,400*
LDCVS (Youth Partnerships)	9,986	-	9,986	*11,333*
Masonic		5,000	5,000	-
Medals	-	-	-	*481*
Miscellaneous Income	-	-	-	- *9,607*
National Lottery Community Fund	39,108	-	39,108	*42,960*
Primrose Trust	-	-	-	*2,000*
Preston City Council - Refugees		9,949	9,949	-
Restore (income)	-	8,977	8,977	-
Speedomick Foundation	-	-	-	*720*
Sponsorship	5,000	-	5,000	*5,500*
Sport England	-	11,670	11,670	*10,000*
Stanleys	-	-	-	*600*
Street Games - MOJ	-	-	-	*19,349*
Venus & Cupid Trust	-	-	-	*2,000*
Vera Wolsencroft	-	-	-	*5,703*
Welney Extension Community Fund	-	5,916	5,916	*1,792*
	74,724	**83,923**	**158,647**	*198,984*
Total Income and Endowments	**74,724**	**83,923**	**158,647**	*198,984*

Detailed Statement of Financial Activities - Continued

Lancashire Youth Challenge

For the year ended 31 March 2024

Charitable Activities				
Access to Work	-	86	86	2,340
Acorns - Restore	-	-	-	4,713
Advertising & Marketing	270	-	270	678
Audit & Accountancy fees	2,644	-	2,644	350
Bank Fees	219	-	219	232
Coaching & Mentoring	-	-	-	557
Community Impact Programme	-	3,900	3,900	9,208
Creative Producer	-	-	-	11,820
Culture Co-Op	-	-	-	11,315
Depreciation	1,925	-	1,925	1,933
DIVERT - Street Games	-	8	8	14,057
Employers National Insurance	2,999	-	2,999	3,914
Entertainment-100% business	164	-	164	-
Evaluation	1,250	-	1,250	-
Find Your Purpose	-	-	-	4,017
Freelance Professionals	5,753	330	6,083	6,180
Fundraising Expenses	482	-	482	1,050
General Expenses	732	-	732	- 71
Governance	350	-	350	359
Insurance	958	-	958	1,592
Kickstart Wages	-	-	-	2,603
LDCVS (Youth Partnerships)	-	-	-	4,233
Memberships/Subscriptions	244	-	244	316
Morecambe Bay Triathlon	-	-	-	11,840
Office Expenses	3,388	-	3,387	3,528
Payroll	-	-	-	285
Pensions Costs	3,829	-	3,829	2,939
Physical Programme	-	-	-	2,595
Pop and WF	-	-	-	1,596
Rent	3,394	-	3,394	2,750
RESTORE - Schools & Community	4,186	18,094	22,280	4,395
Rise to the Challenge	2,389	14,859	17,248	17,141
Room Hire	-	-	-	258
Salaries	44,787	24,955	69,742	48,957
Staff Training	2,083	-	2,083	1,892
Telephone & Internet	750	-	750	530
Time to Breathe	750	6,065	6,815	-
Travel - National	4,348	197	4,545	5,126
Website	308	-	308	336
Total Charitable Activities	**88,201**	**68,494**	**156,694**	**185,563**
Surplus/(Deficit) for year	**- 13,477**	**15,429**	**1,952**	**13,421**
Transfers between funds	-	-	-	-
Net movement in funds	**- 13,477**	**15,429**	**1,952**	**13,421**
Total funds brought forward	30,034	20,769	75,803	62,382
Total funds carried forward	**41,557**	**36,198**	**77,755**	**75,803**

Funds Reconciliation

Lancashire Youth Challenge

For the year ended 31 March 2024

	Unrestricted funds	Designated funds	Restricted funds	Total 2024	As restated 2023
Funds Brought Forward					
General Unrestricted funds	30,034		-	**30,034**	*23,325*
Designated funds					
Garfield Weston	-	20,000	-	**20,000**	
Forrester Family	-	5,000	-	**5,000**	
Restricted funds					
Arieti	-	-	8,915	**8,915**	*6,900*
Homes for Ukraine	-	-	8,959	**8,959**	
Active Lancashire	-	-	2,895	**2,895**	*18,875*
Stanleys Community Centre	-	-	-	**-**	*3,282*
Curious Minds/Lancaster University	-	-	-	**-**	*10,000*
Funds Brought Forward	**30,034**	**25,000**	**20,769**	**75,803**	*62,382*
Surplus/Deficit for year	**11,523**	**- 25,000**	**15,429**	**1,952**	**13,421**
Total Funds Carried Forward	**41,557**	**-**	**36,198**	**77,755**	**75,803**
Funds Carried Forward					
General	41,557			**41,557**	*30,034*
Designated Funds					
Garfield Weston					*20,000*
Forrester Family					*5,000*
Restricted					
Homes for Ukraine					*8,959*
Active Lancashire					*2,895*
Arieti			6,488	**6,488**	*8,915*
Banks Lyon			4,900	**4,900**	
Break the Mould			4,740	**4,740**	
LCC Refugee			2,000	**2,000**	
Masonic			5,000	**5,000**	
Preston CC Refugee			1,100	**1,100**	
Sport England			5,970	**5,970**	
LCC TASS			3,800	**3,800**	
LDCVS			2,200	**2,200**	
Total Funds Carried Forward	**41,557**	**-**	**36,198**	**77,755**	*75,803*

1 Summary of significant accounting policies

(a) General information and basis of preparation

Lancashire Youth Challenge is a charitable incorporated organisation in registered England. The address of the registered office is given in the charity information on page 3 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':
• the requirements of Section 7 Statement of Cash Flows.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred

Investment income is interest only.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(f) Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

(g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(h) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(i) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Obligations under such agreements are included in creditors. The difference between the capitalised cost and the total obligation under the lease represents the finance charges. Finance charges are written-off to the SOFA over the period of the lease so as to produce a constant periodic rate of charge.

(j) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from donations

	2024 £	2023 £
Donations from individuals	1,797	686
From local organisations	898	
	2,695	686

Income from donations was all attributable to unrestricted funds.

3 Analysis of expenditure on charitable activities

See detailed SOFA on page 8.

4 Governance costs

	2024 £	2023 £
Independent examiners remuneration (including expenses and benefits in kind)	2,644	350
	2,644	350

5 Net income / (expenditure) for the year

Net income / (expenditure) is stated after charging / (crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	1,925	1,933

6 Independent examiners remuneration

The independent examiners remuneration amounts to an independent examination fee of £462 (2023 - £350).

7 Staff costs and employee benefits

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2024 Number	2024 FTE	2023 Number	2023 FTE
Charitable activities	3	2.5	5	3

The total staff costs and employee benefits were as follows:

	2024 £	2023 £
Wages and salaries and employer taxes	69,742	48,957
	69,742	48,957

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

The trustees did not have any expenses reimbursed during the year (2023 - £nil) and were not paid any wages or other benefits for the current or preceding year.

8 Tangible fixed assets

	Computer Equipment £	Total £
Cost or valuation:		
At 1 April 2023	6,009	6,009
At 31 March 2024	6,009	6,009
Depreciation:		
At 1 April 2023	1,933	1,933
Charge for the year	1,925	1,925
At 31 March 2024	3,858	3,858
Net book value:		
At 30 March 2024	2,151	2,151
At 30 March 2023	4,076	4,076

9 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals	1,200	1,385
	1,200	1,385

10 Fund reconciliation

Unrestricted funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Gains / (losses) £	Balance at 31 March 2024 £
General reserve	30,034	74,724	(63,201)	-	-	41,557
Designated funds	25,000		(25,000)	-	-	-
	55,034	74,724	(88,201)		-	41,557

Restricted funds

Arieti	8,915	8,188	(10,615)			6,488
Homes for Ukraine	8,959		(6,959)			2,000
Active Lancashire	2,895	192	(3,087)			
Banks Lyon		5,000	(100)			4,900
BLA		10,260	(10,260)			
Break the Mould		4,740				4,740
Empire Fighting Chance		2,000	(2,000)			
Masonic		5,000				5,100
Preston CC		9,949	(8,849)			1,100
Refugee Rank		365	(365)			
Restore		8,977	(8,977)			
Sport England		11,670	(5,700)			5,970
LCC TASS		4,000	(200)			3,800
LDCVS		7,666	(5,466)			2,200
Walney ECF		5,916	(5,916)			
	20,769	83,923	(68,494)			36,198

11 Analysis of net assets between funds

	Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fixed assets	2,151	-		2,151
Cash and current investments	40,606	-	36,198	76,804
Other current assets / liabilities	(1,200)			(1,200)
Total	41,557	-	36,198	77,755

	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fixed assets	4,076	-		4,076
Cash and current investments	27,343	25,000	20,769	73,112
Other current assets / liabilities	(1,385)	-	-	(1,385)
Total	30,034	25,000	20,769	75,803

12 Related party transactions

The Charity had no disclosable related party transactions in this or the previous year.

13. Reconciliation with previous accounts

Reconciliation of funds per previous accounts to funds determined under FRS 102:

	01/04/2022	31/03/2023
	£	£
Unrestricted and designated fund balances as previously stated	16,613	26,281
Adjustments:		
Assets reclassified		3,753
Transfer from deferred income (Garfield Weston and Forrester Family designated funds)	6,712	25,000
Fund balance as restated	**23,325**	**55,034**

	01/04/2022	31/03/2023
	£	£
Restricted fund balances as previously stated	-	-
Adjustments:		
Transfer from deferred income	39,057	20,769
Fund balance as restated	**39,057**	**20,769**

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period 31/03/2023 £
Net income/(expenditure) as previously stated	9,667
Adjustments:	
Reallocate assets	3,753
Previous period net income/(expenditure) as restated	**13,421**

A DYNAMIC CHARITY THAT PRODUCES LIFE ENHANCING AND AT TIMES LIFE CHANGING OPPORTUNITIES FOR YOUNG PEOPLE.

Cornerstone Building, Sulyard Street, Lancaster, LA1 1PX

Office **01524 956046** / Participation Phone **07885974782**

lancashireyouthchallenge.co.uk

@LancashireYouth

LancashireYouthChallenge

Registered Charity: 1163469

LANCASHIRE YOUTH CHALLENGE

England & Wales - Charity number 1163469

Accounts



Lancashire Youth Challenge

ANNUAL REPORT 2023

Registered Charity: 1163469

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INTRODUCTION

It gives me great pleasure to welcome you to the Lancashire Youth Challenge 2023 Annual Report, as the new Chair of this wonderful, innovative, and impactful charity. 2023 has been another year of growth and success for the charity, as we have increased our turnover, grown our staff team and expanded our reach.

As you are aware George Harris has stepped down as Chair of Trustees as of August 2023; along with Julie Brown (Treasurer) and Rae Holden (Governance Lead).

I am delighted that both George and Julie will continue to support the charity as Associate Members and I would like to take the opportunity to thank all three of them for the wonderful contribution they have made over the years. Lancashire Youth Challenge (LYC) would not be the charity it is now without their support. The charity has recruited three new Trustees during the year: Stephen Thomas (Chair), Tom Drake (Vice Chair) and Alaric Best who bring significant expertise and experience from both the business and charitable sectors.

I also would like to thank Guy Christiansen and his superb team for their commitment and the support they have provided to all young people engaged in our various programmes.

I commend you to the 'Impact Report 22-23' which highlights all the achievements of the charity over the year and the progress made on our Theory of Change model. LYC have a clear delivery strategy encompassing our 'Restore', 'Time to Breathe 'and 'Rise to the Challenge' programmes.

We have during the year strengthened our financial governance by commissioning external accountancy support and implementing several new policies.
The major challenge for the Board is to continue to strengthen the financial structure at LYC despite the strong cost of living headwind. Despite this we have managed to improve the financial resilience of LYC.

With the clear future strategy, I have every confidence that Lancashire Youth Challenge will continue to grow and support more young people across Lancashire in the coming years.

Stephen Thomas (Chair of Trustees)



VISION, MISSION, VALUES & APPROACH

VISION

To be recognised as a regional leader in providing life enhancing and positive life changing experiences for young people.

MISSION

To nurture, support, and challenge young people to become more resilient and to achieve personal success.

VALUES

Unique	Recognising individual uniqueness and cultural identity whilst celebrating our collective, common humanity. Providing each young person with bespoke support to enable them to identify their place in the world and make positive and meaningful change in their lives and the wider community.
Collaborative	Embedding collaborative practices into the work of Lancashire Youth Challenge; to ensure high quality delivery of our purpose with young people, communities, and stakeholders.
Achieving	Empowering young people to identify their personal goals, develop their confidence, self- efficacy and achieve their full potential.
Equitable	Equal and equitable provision defined to meet the needs of the young people we serve.

APPROACH

Lancashire Youth Challenge believes in a strength and asset-based approach to our work with young people. We encourage the celebration of achievement, youth empowerment, collaborative working, and youth-led practices.

Our focus as a charity is to enable young people to overcome their personal obstacles, build resilience and to be celebrated and recognised for their achievements.

To this end, when discussing or promoting our work, we adopt asset-based language and focus on achievements and successes.

We ensure young people are intrinsically involved in shaping our strategic vision and informing our operational practices, in the following ways:

Youth Advisory Sessions	Co-designing projects and the annual delivery programme.
Peer Mentoring Programme	Conduit for information sharing and programme evaluation.
Young Trustees & Young Associates	Informing strategic development, policy, and practice.
Project Evaluations	Creative conversations capturing feedback and review.

THEORY OF CHANGE

DELIVERY OUTPUTS

RESTORE

Physical wellbeing workshops
Emotional wellbeing workshops
Creative art projects
Outdoor challenge events

Time to Breathe

Life skills workshops
Outdoor learning events
Bushcraft
Green exercises and workshops

Rise to the Challenge

Cycle challenges
Residential challenges
Summer expedition
Mindful hill walking challenges

MECHANISMS OF CHANGE

Safe & supportive spaces

Platforms to express, be heard and make comment on the world

High quality provision by experienced practitioners

Diverse participation opportunities

Understanding our common humanity and celebrating diversity

Encouraging young people to engage in their learning journey

Asset & strength-based approaches

INTERMEDIATE OUTCOMES

Better able to manage their physical, emotional, and mental wellbeing

Increased sense of self-esteem and confidence

Motivation and commitment to personal development

Care and compassion for themselves and others

Improved communication and social interactions skills

Personal resilience, responsibility, and maturity

LONG TERM OUTCOMES

Improvements in physical/ emotional/mental health and wellbeing

Significant increase in self belief and self efficacy

The confidence to ‘dare to dream’

Eagerness to explore other cultures and places

Competency and resilience to deal with life’s challenges

Making meaningful change in themselves and the world

Personal aspiration to craft the life they wish to lead

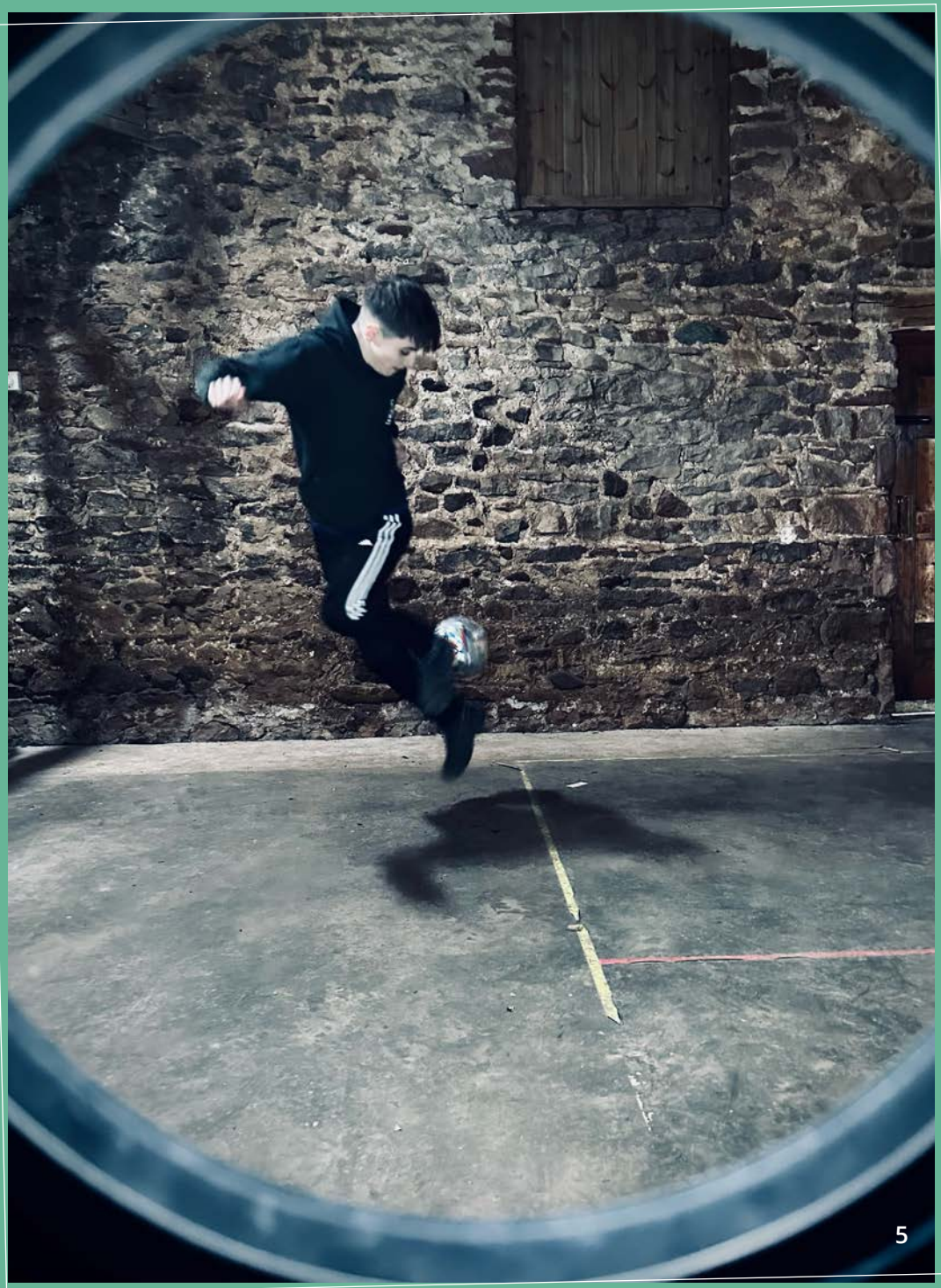
RESTORE [COMMUNITY]

Thanks to financial support from StreetGames and the Ministry of Justice we facilitated a three-month pilot of the RESTORE/DIVERT programme with young people in Morecambe, through our partnership with Stanleys Community Centre. The programme consisted of weekly fitness and self-defence workshops, emotional wellbeing and mental health awareness workshops and culminated in a wellbeing residential at Ormside Mill, Cumbria. The programme was a great success with the following, significant outcomes:

- 80% demonstrated an enhanced ability to manage their emotions and behaviours.
- 70% demonstrated an increase in their confidence and ability to interact socially with others.
- 80% demonstrated feelings of achievement and personal success by completing mini goals.
- 75% demonstrated an increased ability and confidence in expressing their thoughts, ideas, and feelings in a mature manner.

Building on our experience and expertise at supporting resettled refugees, we delivered a three month RESTORE programme with twelve Ukrainian young people in Preston. The young people engaged in a range of personal development activities and produced a powerful and moving film, which you can watch here.

Thanks to ongoing support from our colleagues at Active Lancashire, we are now a licensed provider of the Empire Fighting Chance (EFC) programme. EFC is a non-contact boxing and psychology informed mentoring practice, that we are now attaching to our RESTORE programme. In November, we launched our first RESTORE programme – inclusive of EFC practice - at Lancaster's BayFit gym and we will be delivering a programme with the Foxton Centre in Preston in 2024.









RESTORE [SCHOOLS]

Since April 2023, we have been delivering a series of ten-week RESTORE programmes with Year 8 & 9 students at Bay Leadership Academy in Morecambe.

Our first programme (April-June) explored themes of identity, confidence building, and personal aspirations. Watch the highlights film **here**.

Between September and November, the students explored themes of personal responsibility, teamwork, and communication by competing an epic road-based cycle challenge, starting from their school in Morecambe and finishing at Blackpool Tower! Watch the highlights film **here**.

We are excited to launch a new RESTORE programme with primary schools in the Lancaster District, focused on empowering Year 6 pupils to develop the personal resilience required to transition to secondary school. In November, we launched the first of three programmes with our colleagues at Ryelands Primary School, Lancaster.









TIME TO BREATHE

We have continued to deliver our Time to Breathe programme every Monday evening and during school holidays and at weekends. Thanks to support from Gathering Fields Retreat & Apothecary, we have accessed sessions about planting, growing, and harvesting, plus bushcraft and survival skills workshops. In late summer, the young people also spent an evening wild camping – which many of them have identified as a highlight of their experience.

Working with the Mandala Yoga & Wellbeing Centre, our young people have engaged in sound bathing, yoga, positive mindfulness, and yogic drumming workshops all hosted in the serenity and beauty of the Forest of Bowland countryside.

By working with the team at SafeNet, our team have attended a host of life skills workshops, exploring anger management and conflict resolution, online safety, healthy relationship advice and sexual health education. Given the impact and success of this programme, we are eager to deliver the Time to Breathe programme with youth and community partners across Lancashire.

“Time to Breathe has given me the opportunity to work with young people I wouldn’t normally work with, learn valuable well-being and life skills such as first aid, mindfulness, and coping strategies for helping myself and others with their mental well-being.”









RISE TO THE CHALLENGE [SUMMER EXPEDITION]

During August, we encouraged our team of young people to reconnect, reflect and realign with the natural world, through a weeklong creative and community impact expedition in Cumbria.

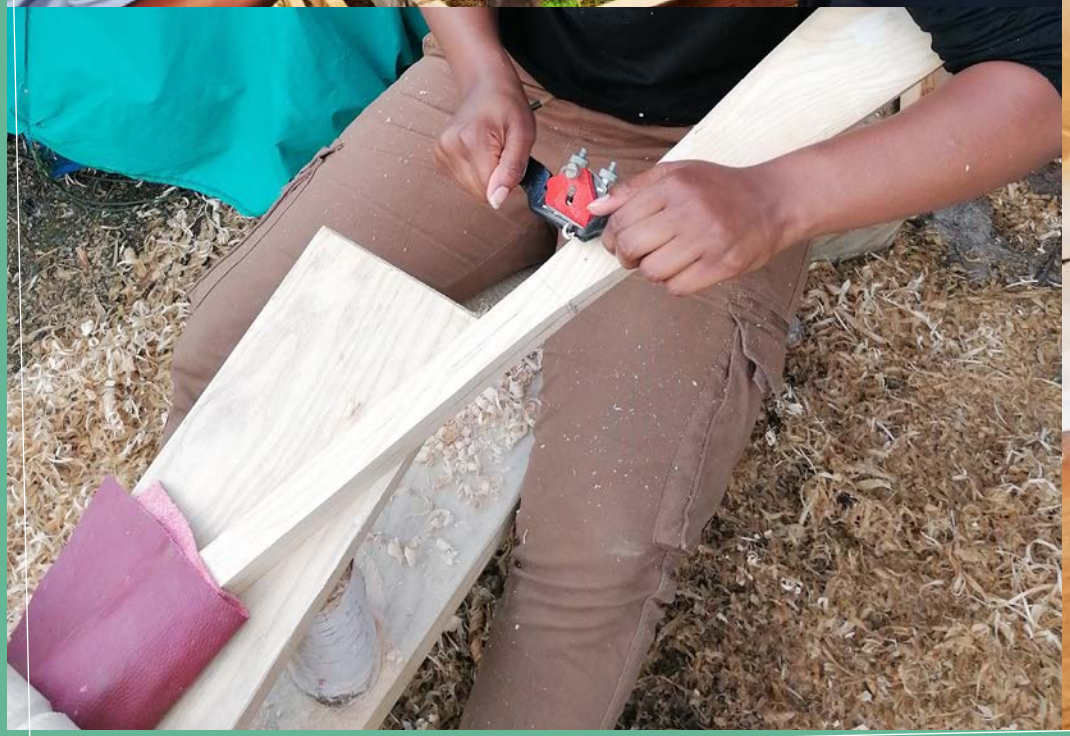
The team visited a local 750-acre managed woodland and learned about responsible land management while crafting their own bespoke canoe paddles from freshly felled Ash trees. They then assisted volunteers from the National Trust to build biodegradable tree enclosures for new saplings and engaged in educational workshops about the flora and fauna of Cumbria and the Lake District.

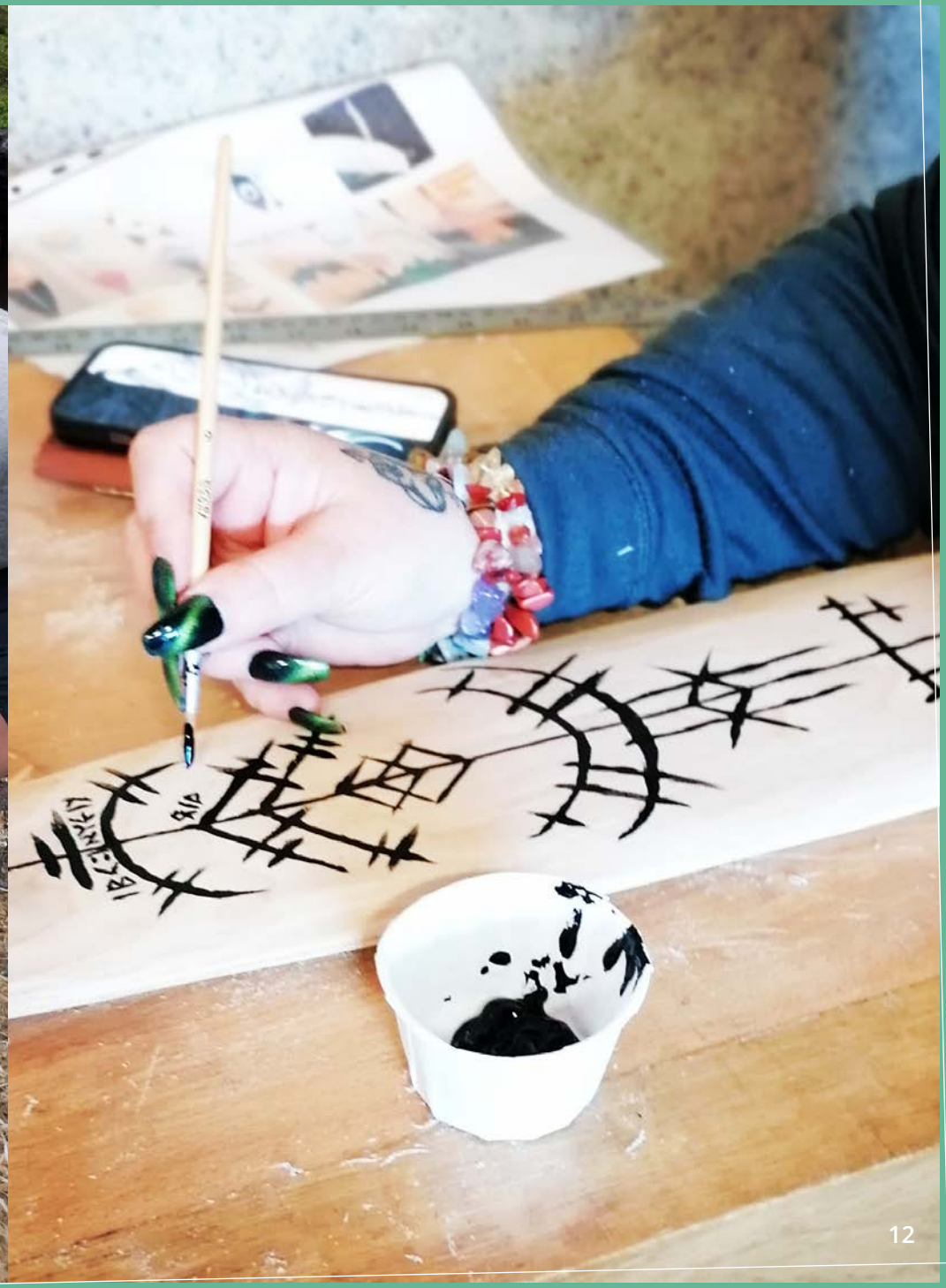
This element of the challenge allowed for discussion and reflection about our collective responsibility to care for the natural world, especially during this time of unparalleled climate change. Watch the expedition documentary film **here**.

"I really struggled with new people when I started. I'd recently dropped out of school and LYC gave me something to do during the days and a focus towards the big challenge. I felt really under confident when I first started, but I continued with it and I've now met loads of people. I feel a lot more confident now and I've learnt how important it is to connect with peers."









STATISTICS & QUOTES

Between January and November 2023:

158 young people engaged in weekly activity

378 workshops and sessions delivered

2178 participation opportunities provided

"My ability to approach challenges has changed since I started LYC. I didn't do much before and I couldn't be mentally bothered to do stuff, but with this ace team I've been able to push myself in ways I never thought. Having these opportunities has helped me not to be afraid of challenges and shown me that I am able to persevere in difficult situations."

- Participant

"My son has been through a very transitional year, which could have been a far less positive experience had it not been for Lancashire Youth Challenge. We have had my son in numerous programmes and schemes designed to help and support young adults with learning difficulties, and none have been successful in the way that LYC has. He has either been unable to cope academically or practically or emotionally in these environments, but at LYC he has flourished, and his confidence has grown immeasurably, enabling him to cope with difficulties in his own life. I can't say enough positive things about Lancashire Youth Challenge and their team of amazing staff. I honestly don't know where my son would be at this point without them."

– Parent



STATISTICS & QUOTES

100% of participants stated that the programme had increased their understanding of emotional wellbeing and felt better equipped to understand and manage their emotions by an average of 33%

81% of young people agreed that the programme had helped them to develop their self-efficacy and enabled them to feel better able to communicate their thoughts and needs

100% of young people felt more confident and had a heighted sense of self-esteem after completing a programme at LYC; stating that on average their confidence had increased by 46%

88% of young people commented on how the programme had supported their physical development, increasing their physical strength and fitness by an average of 36%

94% of young people felt an increased sense of personal and social responsibility and commented on how they felt more mature thanks to engaging in the programme

100% of young people stated that they had learned more about themselves and the wider world thanks to participating on our programme

"I cannot thank Lancashire Youth Challenge enough for all the opportunities they have given my son. From the peer support, activities, challenges and the residentials to the one-to-one support from the team to help build up his confidence and to help him believe in himself. Thank you again for everything!"

- Parent

"Being involved in the programme at LYC has impacted my life. For example, I never used to put my hand up in class before, I always felt too shy. Since I've pushed myself to do things, like abseiling (which I was terrified of!), It's made me think - If I can do that, I can do this. Challenges come in many forms and now when I'm faced with one, I think okay I'll give it a go, as before I might not have tried it at all."

– Participant



FUNDRAISING, DONATIONS & SPONSORSHIP

For a second year running, Sam, Guy, Josh, Bill, and Alaric completed an epic cycle challenge, traversing England via the Way of the Roses (Morecambe to Bridlington), raising a respectable £1,427 for our charity.

We were thrilled to receive a generous donation of £500 from Caddick Construction towards our core programme.

We would like to thank our Silver Sponsors for their monthly commitments and our Gold Sponsor, Stoneswood Homes for their generous and continued support.

To discover more about our Sponsorship programme or to register as a Sponsor please visit our website here.





TRUSTEES

This year has been one of significant change for our Board of Trustees, as several of our long-standing Trustees stepped down, in line with LYC's constitution, having completed two full terms of three years. In August, we offered our sincerest thanks to Rae Holden and Julie Brown who had both worked tirelessly as Governance Lead and Treasurer respectively, and to our phenomenal Chair, George Harris who played a significant role at LYC since our inception in 2015.

In December 2022, Sam Harding stepped down as Trustee to take up post as a freelance wellbeing practitioner and we recruited Tom Drake, Stephen Thomas and Alaric Best to the Board. We are thrilled to welcome Stephen as our new Chair and Tom as Vice Chair.





THANKS

We would like to say a huge thanks to the youth workers, fitness and sports practitioners, wellbeing experts, creative practitioners, volunteers, trustees, and partners who supported the delivery of our 2023 programme.

We would also like to express our gratitude and thanks to our wonderful funders and donors who make our work possible:

The National Lottery Community Fund

Francis Scott Trust

Garfield Weston Foundation

Areti Charitable Foundation

Banks Lyon Memorial Trust

Westminster Foundation via Lancaster District CVS

Opening School Facilities Fund (Deptartment for Education)

Lancashire County Council (Education Improvement) & (Homes for Ukraine)

Preston City Council

Active Lancashire

Sport England

Walney Extension Community Fund

Forrester Family Trust

Stoneswood Homes

Lancaster Health Champions Fund via Lancaster District CVS

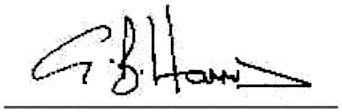
LANCASHIRE YOUTH CHALLENGE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

Approval of Financial Information

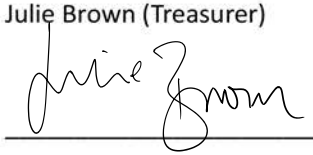
We hereby approve the financial statements for the year ended 31 March 2023 and acknowledge our responsibility for them, particularly for the appropriateness of the accounting basis and for providing all information and explanations necessary to the accounts for their compilation.

The Management Committee:

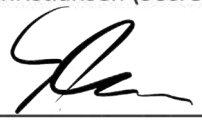
George Harris (Chair)



Julie Brown (Treasurer)



Guy Christiansen (Secretary)



Trustees:

James Henry Wooldridge (resigned May 2022)

Samantha Emma Harding (resigned December 2022)

Rachael Holden

Donna Coleman

Phil Longbottom

Victoria Louise Fletcher

Joshua Lightbown

Amanda Obiajulu Nwadukwe

Thomas Drake (appointed December 2022)

Kenneth Alaric Best (appointed December 2022)

Stephen Thomas (appointed December 2022)

Date : /12/2023

Lancashire Youth Challenge

Profit & Loss Account

For the year ended 31 March 2023

Income	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
		2023			2022	
	£	£	£	£	£	£
Donations	0.00	686.41	686.41	0.00	3,928.39	3,928.39
Fundraising	0.00	2,148.77	2,148.77	0.00	0.00	0.00
Grants	169,988.35	0.00	169,988.35	148,667.75	0.00	148,667.75
Bank Interest	0.00	1.15	1.15	0.00	0.00	0.00
Commission & Services	0.00	19,939.00	19,939.00	0.00	5,946.84	5,946.84
Sponsorship	0.00	5,500.00	5,500.00	0.00	0.00	0.00
Earned Income	0.00	720.00	720.00	0.00	0.00	0.00
Total Income	169,988.35	28,995.33	198,983.68	148,667.75	9,875.23	158,542.98

	Current Year Restricted Income	£
1	Areti Charitable Trust	10040.00
2	Curious Minds & Lancaster University	1000.00
3	Sport England	10000.00
4	Francis C Scott Charitable Trust	15000.00
5	National Lottery Community Fund	42960.00
6	Lancashire County Council - Medals	481.00
7	Westminster Foundation	11332.66
8	Duchy of Lancaster	1000.00
9	Banks Lyon Memorial Trust	7814.00
10	Venus & Cupid Trust	2000.00
11	Walney Extension Community Fund	1792.00
12	Community Health Champion - LDCVS	3000.00
13	Vera Wolstencroft	5703.48
14	Primrose Trust	2000.00
15	Westminister Foundation LDCVS - (Food)	4400.00
16	Bay ICC	2464.00
17	Street Games - Ministry of Justice	19349.00
18	Stanleys Community Centre	600.00
19	Speedomick Foundation	720.00
20	Kickstart Placement	1085.21
21	Garfield Weston Foundation	20000.00
22	Forrester Family	5000.00
23	Homes for Ukraine Fund	8959.00
	Total	176700.35
Add :	**Prepayment from 21-22**	39057.00
Less :	**Accrual for 23-24**	-45769.00
	Total Income	**169988.35**

	Current Year Unrestricted Income	£
1	Donations online	686.41
2	Fundraising events	2148.77
3	Sponsorship	5500.00
4	Earned Income	720.00
	Total	**9055.18**

Commission & Services

1	South Ribble Borough Council	14490.00
2	Active Lancashire (School Project)	5449.00
	Total Commission & Service	**19939.00**

Expenses	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
		2023			2022	
Governance	0.00	-359.24	-359.24	0.00	-518.67	-518.67
Office Expenses	0.00	-3,528.09	-3,528.09	0.00	-2,207.41	-2,207.41
Fundraising Expenses	0.00	-1,050.02	-1,050.02	0.00	-1,018.00	-1,018.00
Marketing & Advertising	0.00	-677.54	-677.54	0.00	-1,217.00	-1,217.00
Membership / Subscription	0.00	-316.00	-316.00	0.00	-298.00	-298.00
Travel & Project Travel Cost	0.00	-5,125.62	-5,125.62	0.00	-3,481.43	-3,481.43
Room Hire	0.00	-257.75	-257.75	0.00	-741.50	-741.50
Staff Training	0.00	-1,892.00	-1,892.00	0.00	-749.50	-749.50
Salaries	-48,956.58	0.00	-48,956.58	0.00	-39,340.04	-39,340.04
Kick Start Wages	0.00	0.00	0.00	-5,278.21	0.00	-5,278.21
NIC Contribution	-3,914.10	0.00	-3,914.10	0.00	-8,322.16	-8,322.16
Pension Contribution	-2,939.03	0.00	-2,939.03	0.00	-2,739.53	-2,739.53
Freelance Professionals	-6,179.50	0.00	-6,179.50	-2,467.75	0.00	-2,467.75
Insurances	-1,592.16	0.00	-1,592.16	0.00	-551.68	-551.68
IT / Equipment purchase	0.00	-5,629.30	-5,629.30	-513.00	0.00	-513.00
Depreciation	0.00	-56.99	-56.99	0.00	-580.50	-580.50
Bank Charges	-232.13	0.00	-232.13	0.00	-109.65	-109.65
Morecambe Bay Triathlon	-11,839.78	0.00	-11,839.78	-11,649.42	0.00	-11,649.42
ACORNS - Restore	-4,712.67	0.00	-4,712.67	0.00	0.00	0.00
Annual Expedition Programme	-17,141.30	0.00	-17,141.30	0.00	0.00	0.00
Coaching & Mentoring & Portfolio	-556.68	0.00	-556.68	0.00	0.00	0.00
Creative Producer	-11,820.00	0.00	-11,820.00	0.00	0.00	0.00
Culture COOp	-11,315.09	0.00	-11,315.09	0.00	0.00	0.00
Find your purpose	-4,017.43	0.00	-4,017.43	0.00	0.00	0.00
Kickstart	-2,603.47	0.00	-2,603.47	0.00	0.00	0.00
Physical Wellbeing Challenge	-2,594.87	0.00	-2,594.87	0.00	0.00	0.00
South Ribble Council - Restore	-4,394.63	0.00	-4,394.63	0.00	0.00	0.00
Street Games - MOJ	-14,057.19	0.00	-14,057.19	0.00	0.00	0.00
Website	-336.00	0.00	-336.00	0.00	0.00	0.00
Westminister Foundation	-4,233.03	0.00	-4,233.03	0.00	0.00	0.00
Pop and WF	-1,596.02	0.00	-1,596.02	0.00	0.00	0.00
Arts Award Programme	0.00	0.00	0.00	-7,767.05	0.00	-7,767.05
Work Preparation	0.00	0.00	0.00	-7,732.12	0.00	-7,732.12
Past Journeys Programme	0.00	0.00	0.00	-5,531.98	0.00	-5,531.98
Community Impact Programme	-9,208.01	0.00	-9,208.01	-2,988.79	0.00	-2,988.79
Emotional Wellbeing Programme	-2,339.83	0.00	-2,339.83	-1,573.18	0.00	-1,573.18
Project Costs - Physical Programme	0.00	0.00	0.00	-1,360.00	0.00	-1,360.00
Payroll Charges	-285.00	0.00	-285.00	0.00	-340.00	-340.00
Accountancy Charges	-350.00	0.00	-350.00	0.00	-1,082.64	-1,082.64
Rent	-2,750.00	0.00	-2,750.00	0.00	-1,800.00	-1,800.00
Telecommunication & IT	-529.99	0.00	-529.99	0.00	-1,095.98	-1,095.98
One to One Personal Development	0.00	0.00	0.00	-200.00	0.00	-200.00
Uniform	0.00	0.00	0.00	-104.98	0.00	-104.98
Misc items	0.00	71.00	71.00	-24.57	0.00	-24.57
Printing + Postage	0.00	0.00	0.00	0.00	-917.82	-917.82
Evaluation	0.00	0.00	0.00	-700.00	0.00	-700.00
DBS	0.00	0.00	0.00	0.00	-356.00	-356.00
Creative & Cultural Education Partnership	0.00	0.00	0.00	-23,931.56	0.00	-23,931.56
Project Costs - Outdoor Expedition	0.00	0.00	0.00	-16,801.72	0.00	-16,801.72
	-170,494.49	-18,821.55	-189,316.04	-88,624.33	-67,467.51	-156,091.84
Net Surplus	-506.14	10,173.78	9,667.64	60,043.42	-57,592.28	2,451.14

Lancashire Youth Challenge

Balance Sheet

For the year ended 31 March 2023

	2023			2022		
	£	£	£	£	£	£
Fixed Assets						
Tangible assets			322.96			379.95
Current Assets						
National Westminister Account	72,946.91			55,374.60		
CAF Bank Account	164.69			1,382.42		
Cash Account	-			-		
Total	-	73,111.60		-	56,757.02	
Current Liabilities						
Deferred Income	-45,769.00			-39,057.00		
Accruals	-350.00			-350.00		
PAYE	-1,034.83	-47,153.83		-1,116.85	-40,523.85	
Net Current Assets			25,957.77			16,233.17
Net Current Free reserves			**26,281**			**16,613**
Financed by :				**Financed by :**		
Capital accounts				**Capital accounts**		
Balance as at 1 April 2022		16,613.07		Balance as at 1 April 2021		14,161.93
Surplus for the Year		9,667.64		Surplus for the Year		2,451.14
		26,281				**16,613**

Independent examiner's report to the trustees of

Lancashire Youth Challenge

Charity No. 1163469

I report on the accounts for the year 1st April 2022 – 31st March 2023

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Shweta Pankhadiwala

C/o Lancaster District CVS, The Cornerstone Sulyard Street Lancaster LA1 1PX
16th Novemmber 2023

Accounting Policies

Basis of accounting
The final statements of the charity have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Companies Act 2006, and in accordance with the Financial Reporting Standard applicable in the UK (Charities SORP(FRS 102)).

Incoming Resources
Grants Receivable
Grants, including grants for the purchase of fixed assets are recognised in full in the Statement of Financial Activities in the period in which they are receivable, except for those grants which are for a future specific period, in which case the relevant amount is deferred to that period.

Other Income
Other income is recognised in full in the Statement of Financial Activities in the year in which it is receivable.

Resources expended
Expenditure is recognised on an accrual basis as a liability when it is incurred.
Expenditure includes any relevant VAT.

Allocation of Costs
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Some costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Employee benefits
The costs of employee benefits are recognised as a liability and an expense. Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to provide termination benefits.

Operating Leases
Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged to the SOFA in the year in which they accrue.

Fund Accounting
Unrestricted funds comprise those funds which the Trustees are free to use in accordance with charitable objects.
Restricted funds are funds which have been given for particular purposes and projects.

Depreciation of tangible fixed assets
Depreciation is provided on all tangible fixed assets at a rate calculated to write off the full cost of the asset over its estimated useful life.
Equipment, fixtures and fittings 15% reducing balance.
Computer equipment is fully written off in the year of purchase.

Lancashire Youth **Challenge**

A DYNAMIC CHARITY THAT PRODUCES LIFE ENHANCING AND AT TIMES LIFE CHANGING OPPORTUNITIES FOR YOUNG PEOPLE.

Cornerstone Building, Sulyard Street, Lancaster, LA1 1PX

Office **01524 956046** / Participation Phone **07885974782**

lancashireyouthchallenge.co.uk

@LancashireYouth

LancashireYouthChallenge

Registered Charity: 1163469

LANCASHIRE YOUTH CHALLENGE

England & Wales - Charity number 1163469

Accounts



Lancashire Youth Challenge

ANNUAL REPORT 2022

Registered Charity: 1163469

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INTRODUCTION

As I come towards the end of my term as a Trustee and Chair of this wonderful charity, it would be only too easy and cosy to reflect on the outstanding achievements of this remarkable charity.

Over the past 6 years of my tenure with LYC, so many young lives have been changed in a positive and joyous way. Team LYC and our quite brilliant and dynamic CEO, Guy, have not simply led our charity – they have been inspired and inspiring in equal degrees. And the progress and development was, of course, recognised by the charity winning the prestigious Queen's Award for Voluntary Service 2021.

It was with understandable pride, then, that the LYC Board enjoyed seeing Guy, accompanied by Josh Lightbown, Trustee, Peer Mentor and Volunteer, celebrating the award in May this year at Buckingham Palace for a spring garden party, which was held in honour of volunteers from across the UK.

In fact, pride is an ever-present state for the LYC trustees as we are constantly struck by the drive, energy, commitment, and achievements of our young people too. How could we not be? Just look at what they have accomplished this year - 470 of them engaged in the Our Place in the World Creative & Cultural Education Programme, 30 local young people were supported to complete three significant physical challenges, including a two day 70 mile cycle from Walney Island to Morecambe Promenade, a Cross Bay Hike and an epic 8 mile swim, and another group completed our annual challenge by mountain climbing & hiking, abseiling, canoeing and paddleboarding to success in Anglesey.

So far, so cosy then? Indeed, but there are very real dangers in basking in the good feelings and warm glow associated with such achievements. It is the task of the Board, though, to look forward and attempt to plot a steady course for what are sure to be choppy waters ahead. No one needs reminding that the future is going to be a major challenge financially. We see it in our own circumstances and the lives of our families, friends, and community. As a parting note in my role as Chair, I would urge all of us to consider how best we are going to plan ahead to ensure that LYC is as successful in the future as it is today.

Maybe the answer is simply to follow the rationale of our charity itself: To focus on overcoming obstacles, building resilience and continuing to celebrate our achievements. After all, our intrepid team of Guy, Sam and Josh set the tone in August by completing an epic 260-mile sponsored cycle ride in aid of the charity. The team cycled from Chepstow to Anglesey over five days and raised over £1600 for LYC. Let's all get on our bikes to make the future for LYC rather than letting it happen to us.

George Harris (Chair of Trustees)

PURPOSE, VALUES & APPROACH

PURPOSE

To nurture, support, challenge and empower young people to achieve personal success.

VALUES

Unique	Recognising individual uniqueness and cultural identity whilst celebrating our collective, common humanity. Providing each young person with bespoke support to enable them to identify their place in the world and make positive and meaningful change in their lives and the wider community.
Collaborative	Embedding collaborative practices into the work of Lancashire Youth Challenge; to ensure high quality delivery of our purpose with young people, communities, and stakeholders.
Achieving	Empowering young people to identify their personal goals, develop their confidence, self- efficacy and achieve their full potential.
Equitable	Equal and equitable provision defined to meet the needs of the young people we serve.

APPROACH

Lancashire Youth Challenge believes in a strength and asset-based approach to our work with young people and we encourage the celebration of achievement, youth empowerment, collaborative working and youth led practices.

Our focus as a charity is to enable young people to overcome their personal obstacles, build resilience and to be celebrated and recognised for their achievements.

To this end, when discussing or promoting our work, we adopt asset-based language and focus on achievements and successes.

We ensure that young people are intrinsically involved in shaping our strategic vision and informing our operational decision making. We do this via the following mediums:

Youth Advisory Sessions - Co-designing projects and the annual delivery programme
Peer Mentoring Programme - Conduit for information sharing and programme evaluation
Young Trustees & Young Associates - Informing strategic development, policy, and practice
Project Evaluations - Creative conversations capturing feedback and review
Personal Development Programme - Monthly communication with our Youth Support Workers & Project Coordinator

OUR PLACE IN THE WORLD PROGRAMME

The Our Place in the World Programme provides a platform for young people to develop their personal confidence, self-esteem, and self-efficacy though participation in physical and emotional wellbeing activities, life skills workshops, bespoke outdoor activities, and expeditions. The programme also encourages young people to explore their place in the world and make meaningful, positive changes in their lives and the wider community via 1-1 personal development workshops, creative learning activities and community impact projects.

Our annual programme is delivered in partnership with professional wellbeing practitioners, sports and fitness instructors, outdoor activity leaders, artists, creative educationalists and youth and community practitioners; enabling LYC to provide an accessible and quality offer to our young people.

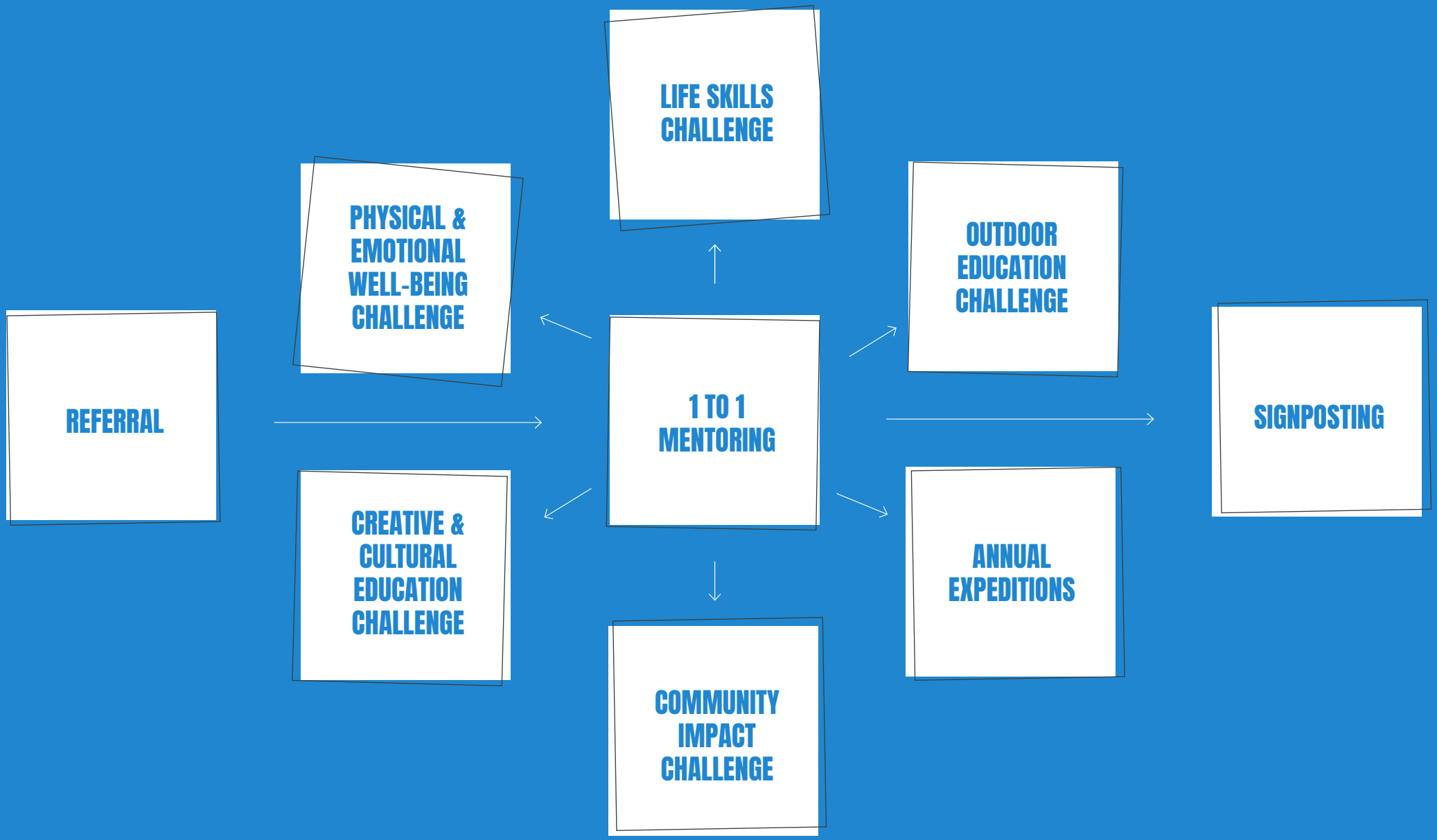
As a targeted youth provision, young people are referred to our programme by local statutory and voluntary organisations including Lancaster & Morecambe Children and Adolescent Mental Health Services (CAMHS), A.C.E Counselling Services, Lancashire Constabulary, ADHD support services, schools, and colleges. We also receive referrals directly from parents and guardians.

Once a young person is referred to LYC, they can access a 12-month programme of activity, after which they graduate our programme and are signposted to other relevant services were required. Some young people complete a second year with LYC if they feel the programme has been particularly beneficial for them and we also encourage a small number of young people to train as Peer Mentors, who remain with the programme for a maximum of three years.

The Our Place in the World programme provides a targeted, youth provision of at least **365** participatory sessions per year which is **FREE** for young people to access.



PROGRAMME MATRIX



THEORY OF CHANGE

OUTPUTS

- Fitness & Well-being Challenges
- **Life Skills Challenges**
- Community Impact Challenges
- **OPITW Cultural & Creative Education Challenges**
- Outdoor Challenges & Annual Expedition
- **Work Preparation Programme**
- 1 to 1 Mentoring
- **Peer Mentoring**

MECHANISMS OF CHANGE

- **Young people are equipped with the skills to manage their physical and mental well-being**
- Young people feel safe and supported
- **Young people feel listened to and respected**
- Young people feel they are positively contributing to their community
- **Young people feel confident to express themselves**
- Young people develop confidence to try new things
- **Young people feel a sense of purpose and achievement, and contribute to society**

INTERMEDIATE OUTCOMES

- Increased respect for themselves and others
- **Increased empathy and compassion**
- A greater commitment to equality and diversity
- **Increased motivation**
- Increased aspirations and a clear plan to achieve personal ambitions
- **Improved social interaction and communication skills**
- Increased independence
- **A greater sense of personal responsibility and maturity**

LONG TERM OUTCOMES

- **Young people will have a greater understanding of their place in the world and how they can enable and facilitate positive, meaningful change in their lives and the wider community.**
- Long term improvements to physical and mental health and well-being
- **Positive long-term relationships with peers and others**
- A developed sense of self efficacy
- **Educational attainment**
- Enhanced life skills

2022 DELIVERY PROGRAMME

PHYSICAL WELL-BEING CHALLENGES

Working in partnership with the amazing team at **BayFit PT Gym** we provided weekly core strength training, cardio workouts and sports activities designed to enable young people to increase confidence, support mental and physical wellbeing, reduce stress, and develop their teamwork and communication skills.

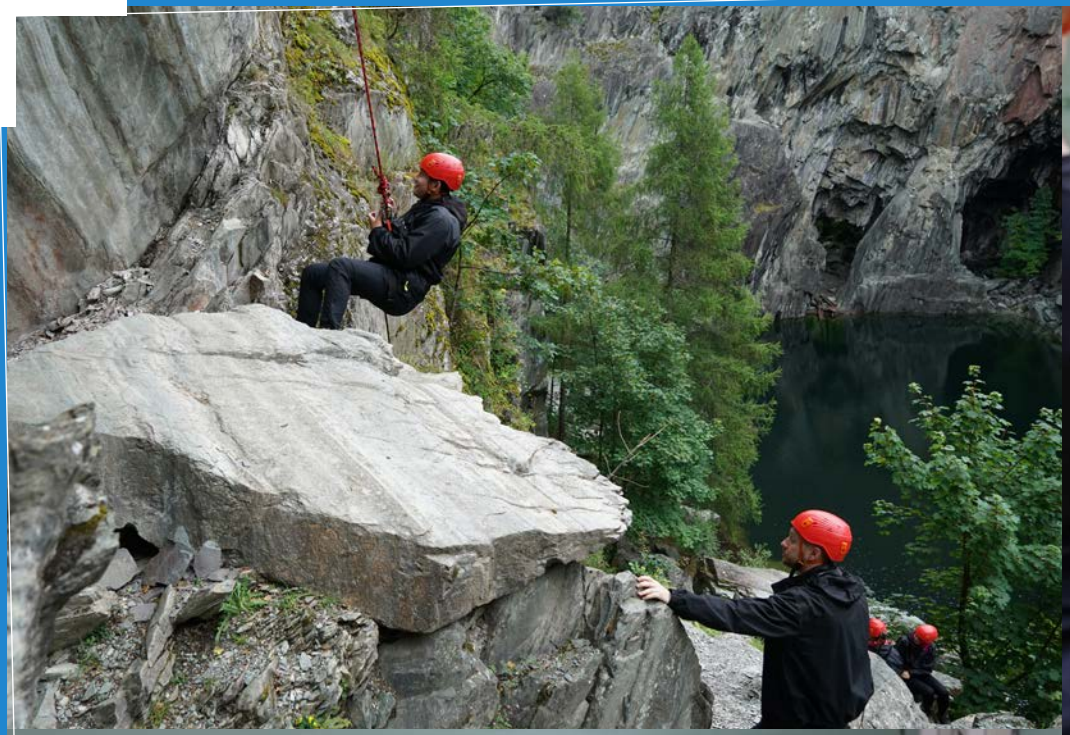
Thanks to support from our partners at **Lancaster University**, we delivered a three-month indoor climbing project, equipping the team with the skills to safely climb, abseil, and belay. These skills were then tested in the natural world on several outdoor rock-climbing trips.

Following requests about the possibility of delivery a martial arts project, we partnered with **Krav Maga and Kapap Heysham** to deliver a twelve-week defence-based programme of Krav Maga. The instructors equipped young people with the skills, knowledge and techniques needed to defend themselves from attacks and to de-escalate possible confrontations, safely and efficiently.










Welcome to
Bay
Leadership
Academy


new balance

EMOTIONAL WELL-BEING & LIFE SKILLS CHALLENGES

Devised and delivered in partnership with the **Marsh Community Centre**, the Reflections project was a bi-weekly workshop led by professional mental health workers, wellbeing practitioners, outdoor activity facilitators and youth workers. The project equipped the young people with the tools and techniques they need be better manage their emotional health and wellbeing, whilst also providing them with tangible and transferable life skills.

Earlier this year we launched the **RESTORE** programme at two secondary schools in Leyland, South Ribble, providing a platform for their students to restore their confidence, curiosity, resilience, and emotional wellbeing.

Thanks to investment from the National Lottery Reaching Communities Fund and the Areti Charitable Trust we delivered the **Time to Breathe** project which included outdoor wellbeing activities, workshops, trips and two emotional wellbeing residentials.

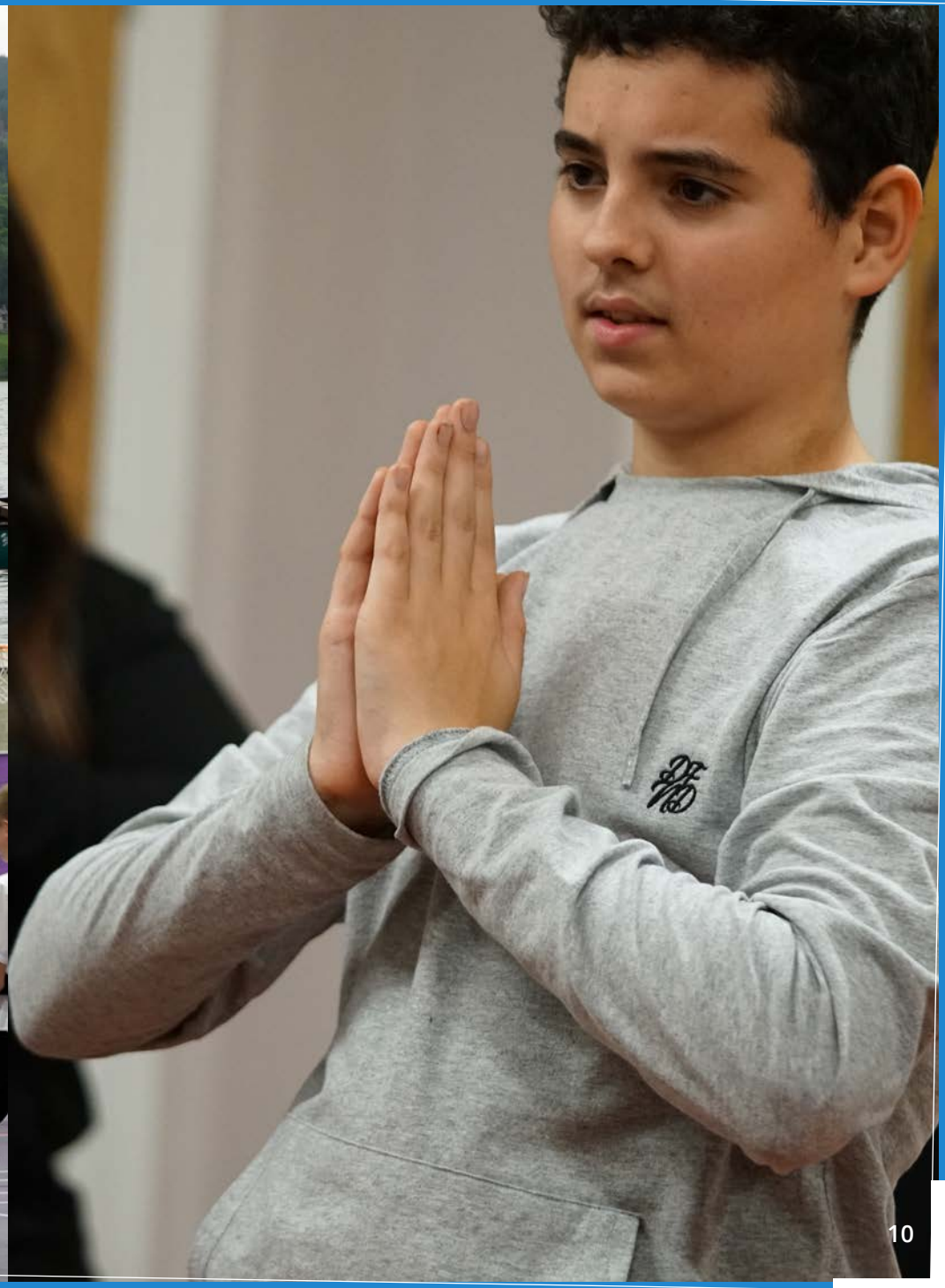
To find out more about the **Time to Breathe** project click **here**.











CREATIVE & CULTURAL EDUCATION CHALLENGES

In June we concluded the OPITW Creative and Cultural Education Programme, funded by **Curious Minds** and **Lancaster University**. Over the two-year life of the programme, we commissioned **7** professional projects and supported over **700** local young people to produce **100** pieces of visual art, poetry, theatre, spoken word and film that explored the concepts of identity, place and citizenship, whilst also empowering young people to use art and creative practice as a tool for social change.

To learn more about the OPITW Cultural and Creative Education Programme, click here.

Working in partnership with **Omar Khan** and his team at **Preston United Youth Development Forum**, we supported a team of young Muslim men from Preston to engage in an intergenerational heritage project.

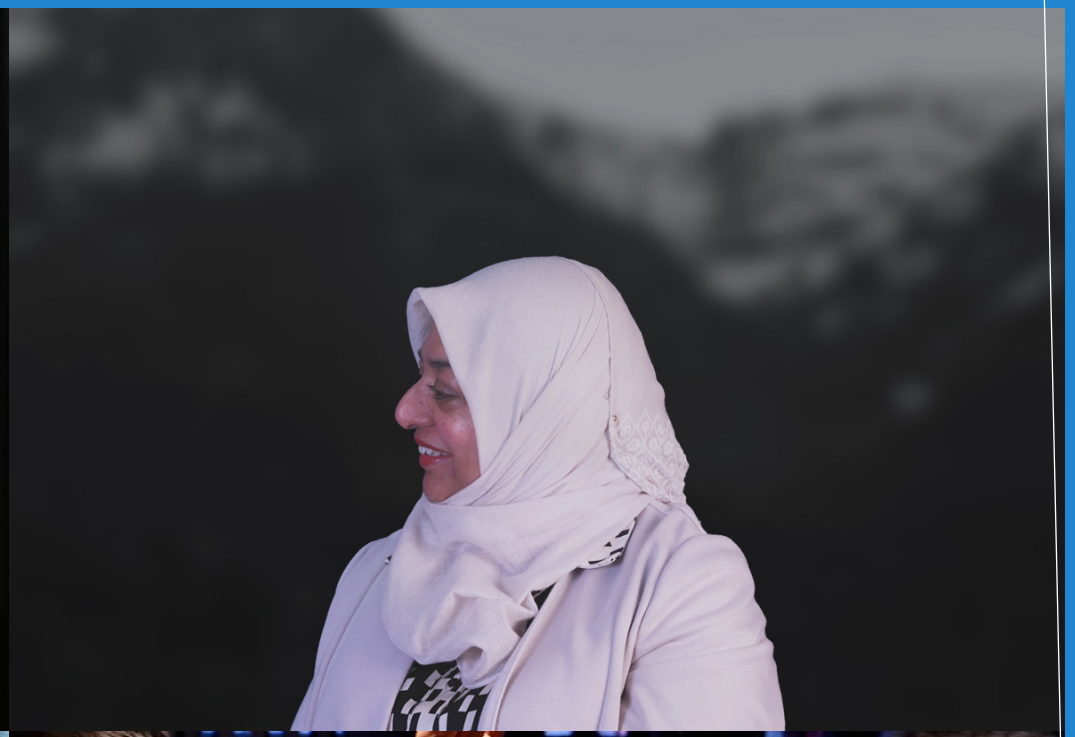
Omar wanted to develop this work to educate and inform young Muslim men about the history of their ancestral homeland and the migration of people from the Indian sub-continent to the UK, following the partition of India and Pakistan in 1947.

This was a perfect project for the Our Place in the World programme, as it encouraged the young people to explore their individual journeys and the collective history of their community. We assisted the lads in producing a short, filmed interview with Yasmin, a community leader who had migrated to the UK in the early 1960s. Watch the film **here**.

We will continue to work with Omar and his team in 2023, enabling and supporting the young men to produce their own short films and interviews with their community members. The completed films will then be disseminated to community groups and shared with Lancashire Archives.










adidas

COMMUNITY IMPACT CHALLENGES

Thanks to investment from **Active Lancashire**, we have been sharing our learning and expertise with four youth and community charities across Lancashire to support them in planning and realising their own Community Impact projects.

We are working with **Strive2Thrive** in **Preston**, to re-wild and refurbish a community allotment and growing space in Ribbleton and supporting **Community Network and Outreach Service in Leyland** to build a community Garden in Moss Side.

OUTDOOR CHALLENGES & EXHIBITIONS

Outdoor challenges and expeditions have been the foundation of our work since our inception in 2015, and in 2022 we delivered two very ambitious projects.

Between March and August, we worked in partnership with **Stanleys Community Centre** and **Bay Leadership Academy** to facilitate the first ever Morecambe Bay Youth Triathlon. Together we supported 30 local young people to complete three significant physical challenges, including a two-day, 70 mile cycle from Walney Island to Morecambe Promenade, a Cross Bay Hike and an epic 8 mile swim.

For more information about the Morecambe Bay Youth Triathlon, click **here**.

Just weeks after the Triathlon, our team travelled to the island of Anglesey to complete the **Island Challenge**, a week-long expedition designed by our young people and peer mentors. The team traversed across and around the island, by Coasteering, Mountain Climbing & Hiking, Abseiling, Canoeing and Paddle boarding. Watch the Islands Challenge documentary film **here**.








LLWYBR
PYG
TRACK

FEEDBACK & STATISTICS

66
young People engaged in the weekly OPITW programme

381
participatory workshops, residentials and events

1453
participation opportunities offered via the Our Place in the World weekly programme

470
young People engaged in the Our Place in the World Creative & Cultural Education Programme

'LYC is a highly effective and successful provision both in terms of supporting young people to achieve positive outcomes and delivering long lasting impact for the participants, families, and communities whilst empowering young people to develop self-efficacy and increase their skills and knowledge to take advantage of opportunities available to them.'

– Referral Partner

"To have the trust and responsibility that LYC put into us is an amazing feeling. Feeling proud and people looking up to you as a role model is a bit mad and a new thing for me. I think showing other young people that they can go through what I have and be a success is something to be proud of and I just want to help them to feel good"

- Peer Mentor

'Taking part in this intervention has given our students an opportunity to find their voice and express themselves in ways they wouldn't believe they were capable of. They have been pushed out of their comfort zones but felt confident throughout due to the patience and kindness of all the staff involved. It has been great to have a variety of activities tackling both physical and emotional challenges. The outdoor adventure day was fantastic and provided a unique experience for our pupils that they will never forget.'

- Kate Green, Worden Academy

'Honestly, LYC has been amazing in making me think about jobs, work, and my future. Like most of my friends I didn't really know much about working, I feel like because of doing LYC most of all the pressure has been taken away when I'm thinking about it all.'

– Young Person

STAFF & VOLUNTEERS

This year we were thrilled to welcome three new members of staff to the charity, Ian Scholefield, and Emer-Jay Van-Gills, in the role of Youth Support Workers, and Anthony Briggs as Creative Producer. Ian and Emer-Jay attend our weekly programme and provide guidance, pastoral support, and encouragement to our young people. Anthony produces our creative learning programme and manages our external communications.

LYC would not exist without our team of hard-working and dynamic volunteers and the charity was honoured to receive the prestigious Queen's Award for Voluntary Service in 2021 which recognised and celebrated the commitment and dedication of our volunteers, trustees, and peer mentors.

In May 2022, our Chief Executive, Guy accompanied Josh Lightbown, Trustee, Peer Mentor and Volunteer to Buckingham Palace for a garden party, which was held in honour of volunteers from across the UK.





FUNDRAISING

Thanks to support from two of our amazing Trustees, Sam Harding, and Phil Longbottom we delivered our first corporate fundraising event. The Windermere Canoe Challenge was a great success and raised over £1000 for the charity. We plan to facilitate at least one canoe challenge per year, with the next one booked for Saturday 4th March 2023. For more information visit our website **here**.

In August, Sam, Guy, Josh, and their friend Bill completed an epic 260-mile sponsored cycle ride in aid of the charity. The team cycled from Chepstow to Anglesey over five days and raised over £1600 for LYC!





THANKS

We would like to say a huge thank you to the freelances, creative practitioners, youth workers, volunteers, trustees, and partners who supported the delivery of our 2022 programme.

We would also like to express our gratitude and thanks to our wonderful funders and donors who make our work possible:

The National Lottery Community Fund
Francis C Scott Charitable Trust
The Areti Charitable Foundation
Arts Council England
The Banks Lyon Memorial Trust
The COOP Local Community Fund
Lancaster University
Curious Minds
Lancaster Community Fund
Lancashire County Council
Active Lancashire
Newby Trust
Lancaster District Community Wellbeing Fund
Sport England
Children in Need (DCMS) Youth Investment Fund
Westminster Foundation via Lancaster District CVS
South Ribble Borough Council
Duchy of Lancaster
Walney Extension Community Fund
The Vera Wolstencroft Children and Animal Charitable Trust
Stoneswood Homes
Intricate Plumbing
The Magdalen Hospital Trust
Hedley Foundation
Primrose Trust



LANCASHIRE YOUTH CHALLENGE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

Lancashire Youth Challenge

Approval of Financial Information

We hereby approve the financial statements for the year ended 31 March 2022and acknowledge our responsibility for them, particularly for the appropriateness of the accounting basis and for providing all information and explanations necessary to the accounts for their compilation.

The Management Committee :



George Harris – Chairman



Julie Brown – Treasurer



Guy Christiansen – Secretary

Trustees

Samantha Emma Harding

Rachael Holden

Donna Coleman

Phil Longbottom

James Henry Wooldridge

Joshua Lightbown

Victoria Louise Fletcher

Yak Patel (Resigned December 2021)

Date : 07 /12/2022

Lancashire Youth Challenge

Profit & Loss Account

For the year ended 31 March 2022

Income	**Restricted Funds**	**Unrestricted Funds**	**Total Funds**	**Restricted Funds**	**Unrestricted Funds**	**Total Funds**
		2022			**2021**	
	£	£	£	£	£	£
Donations	-	3,928.39	3,928.39	-	80.58	80.58
Fundraising	-	-	0.00	-	64.79	64.79
Grants	148,667.75	-	148,667.75	109,858.95	-	109,858.95
Misc	-	-	0.00	-	639.90	639.90
Commission & Services		5,946.84	5,946.84	-	-	-
Total Income	148,667.75	9,875.23	158,542.98	109,858.95	785.27	110,644.22

	Current Year Restricted Income	£
1	National Lottery Community Fund	40000.00
2	Lancaster Community Fund	800.00
3	Hedley Foundation	450.00
4	Kickstart Placement	6553.75
5	BBC CiN Youth Investment Fund	11650.00
6	Magdalen Hospital Trust	1500.00
7	Arts Council England	1400.00
8	Coop Community Fund	1626.00
9	Active Lancashire	19875.00
10	Areti Charitable Trust 2022	8100.00
11	Banks Lyon Memorial Trust	7578.00
12	Curious Minds & Lancaster University	32200.00
13	Fire pit Investment (Active Lancashire)	1125.00
		132857.75
Add :	**Accrual for 20-21**	54867.00
Less :	**Accrual for 21-22**	-39057.00
		148667.75

Expenses	Restricted Funds	Unrestricted Funds 2022	Total Funds	Restricted Funds	Unrestricted Funds 2021	Total Funds
Wages	-	39,340.04	39,340.04	49,365.04	-	49,365.04
Kick Start Wages	5,278.21	-	5,278.21	-	-	0.00
NIC Contribution	-	8,322.16	8,322.16	457.81	-	457.81
Pension Contribution	-	2,739.53	2,739.53	1,106.55	-	1,106.55
Freelance Professionals	2,467.75	-	2,467.75	-	-	0.00
Office Expenses	-	2,207.41	2,207.41	726.93	-	726.93
Fundraising Expenses	-	1,018.00	1,018.00	-	-	0.00
Marketing & Advertising	-	1,217.00	1,217.00	1,118.72	-	1,118.72
Printing + Postage	-	917.82	917.82	476.40	-	476.40
Evaluation	700.00	-	700.00	-	-	0.00
Membership / Subscription	-	298.00	298.00	76.00	180.00	256.00
Insurances	-	551.68	551.68	505.10	-	505.10
Laptop	513.00	-	513.00	-	-	0.00
Governance	-	518.67	518.67	-	-	0.00
Depreciation	-	580.50	580.50	-	-	0.00
DBS	-	356.00	356.00	593.36	-	593.36
Bank Charges	-	109.65	109.65	69.00	-	69.00
Creative & Caltural Education Partnership	23,931.56	-	23,931.56	-	-	0.00
Project Costs - Outdoor Expedition	16,801.72	-	16,801.72	-	-	0.00
Morecambe Bay Triathlon	11,649.42	-	11,649.42	-	-	0.00
Arts Award Programme	7,767.05	-	7,767.05	-	-	0.00
Work Preparation	7,732.12	-	7,732.12	-	-	0.00
Past Journeys Programme	5,531.98	-	5,531.98	-	-	0.00
Community Impact Programme	2,988.79	-	2,988.79	-	-	0.00
Emotional Wellbeing Programme	1,573.18	-	1,573.18	-	-	0.00
Project Costs - Physical Programme	1,360.00	-	1,360.00	9,219.96	490.07	9,710.03
Project Costs - Creative Programme	-	-	0.00	33,085.41	200.00	33,285.41
Project Costs - Other	-	-	0.00	1,827.03	-	1,827.03
Payroll Charges	-	340.00	340.00	-	-	0.00
Accountancy Charges	-	1,082.64	1,082.64	1,440.00	-	1,440.00
Payroll Bureau	-	-	0.00	400.56	-	400.56
Travel & Project Travel Cost	-	3,481.43	3,481.43	658.57	-	658.57
Rent	-	1,800.00	1,800.00	1,800.00	-	1,800.00
Telecommunication & IT	-	1,095.98	1,095.98	1,514.52	-	1,514.52
Room Hire	-	741.50	741.50	-	-	0.00
Staff Training	-	749.50	749.50	66.23	-	66.23
One to One Personal Development	200.00	-	200.00	-	-	0.00
Uniform	104.98	-	104.98	-	-	0.00
Misc items	24.57	-	24.57	-	-	0.00
Consultancy	-	-	0.00	436.50	708.75	1,145.25
Legal Expenses	-	-	0.00	29.99	-	29.99
Volunteer, Staff and Trustee Expenses	-	-	0.00	1,671.79	30.00	1,701.79
	-88,624.33	-67,467.51	-156,091.84	-104,943.69	-870.07	-108,254.29
Net Surplus	60,043.42	-57,592.28	2,451.14	4,915.26	-84.80	2,389.93

Lancashire Youth Challenge

Balance Sheet

For the year ended 31 March 2022

	2022			2021		
	£	£	£	£	£	£
Fixed Assets						
Tangible assets			379.95			447.00
Current Assets						
National Westminister Account	55,374.60			68,973.00		
CAF Bank Account	1,382.42			38.00		
Cash Account	-			-		
Total	-	56,757.02		-	69,011.00	
Current Liabilities						
Deferred Income	-39,057.00			-54,867.00		
Accruals	-350.00			-420.00		
PAYE	-1,116.85	-40,523.85		-11.00	-55,298.00	
Net Current Assets			16,233.17			13,713.00
Net Current Free reserves			**16,613**			**14,161.00**
Financed by :						
Capital accounts						
Balance as at 1 April 2021		14,161.93				11,771.00
Surplus for the Year		2,451.14				2,389.93
		16,613				**14,161**

Accounting Policies

Basis of accounting
The final statements of the charity have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Companies Act 2006, and in accordance with the Financial Reporting Standard applicable in the UK (Charities SORP(FRS 102)).

Incoming Resources
Grants Receivable
Grants, including grants for the purchase of fixed assets are recognised in full in the Statement of Financial Activities in the period in which they are receivable, except for those grants which are for a future specific period, in which case the relevant amount is deferred to that period.

Other Income
Other income is recognised in full in the Statement of Financial Activities in the year in which it is receivable.

Resources expended
Expenditure is recognised on an accrual basis as a liability when it is incurred.
Expenditure includes any relevant VAT.

Allocation of Costs
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Some costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Employee benefits
The costs of employee benefits are recognised as a liability and an expense. Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to provide termination benefits.

Operating Leases
Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged to the SOFA in the year in which they accrue.

Fund Accounting
Unrestricted funds comprise those funds which the Trustees are free to use in accordance with charitable objects.
Restricted funds are funds which have been given for particular purposes and projects.

Depreciation of tangible fixed assets
Depreciation is provided on all tangible fixed assets at a rate calculated to write off the full cost of the asset over its estimated useful life.
Equipment, fixtures and fittings 15% reducing balance.

Independent examiner's report to the trustees of

Lancashire Youth Challenge

Charity No. 1163469

I report on the accounts for the year 1st April 2021 – 31st March 2022

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

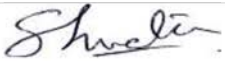
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Shweta Pankhadiwala

C/o Lancaster District CVS, The Cornerstone Sulyard Street Lancaster LA1 1PX

1st Nov 2022

Lancashire Youth Challenge

A DYNAMIC CHARITY THAT PRODUCES LIFE ENHANCING AND AT TIMES LIFE CHANGING OPPORTUNITIES FOR YOUNG PEOPLE.

Cornerstone Building, Sulyard Street, Lancaster, LA1 1PX

Office **01524 956046** / Participation Phone **07885974782**

lancashireyouthchallenge.co.uk

@LancashireYouth

LancashireYouthChallenge

Registered Charity: 1163469

LANCASHIRE YOUTH CHALLENGE

England & Wales - Charity number 1163469

Accounts



Lancashire Youth **Challenge**

ANNUAL REPORT 2021

Registered Charity: 1163469



INTRODUCTION

Lancashire Youth Challenge (LYC) sets out to improve the life chances for young people by giving them a wide and exciting range of opportunities and experiences to help build their confidence and resilience. Sometimes, though, just being there is the most important thing.

This has never been more the case than during the last 12 months when young people have had to endure social and personal restrictions that have closed in their lives to a degree unique in modern times. The pandemic and the dreaded manifestations of lockdown could and did shut down many charities. LYC, led by the truly remarkable Guy and Sam, recognised the damage that could have been wreaked by also shutting down young lives at a critical time.

By dint of careful planning, effective strategies for coping with Covid regulations and a blank refusal to cut its young people adrift, LYC was always there for them. Remarkably, too, the impressive scale of opportunities - personal development challenges, well-being programmes, creative arts activities, community impact projects and outdoor expeditions – were restructured safely and undiminished.

All this is laid out in this report, but the detailing fails to reveal the passion, inspiration, drive, energy, commitment, and resourcefulness of the outstanding individuals who led the way and the team of volunteers that helped make things happen when they were most needed.

It seems fitting, then, that this never-say-die spirit of the charity was rewarded this year with the MBE for voluntary groups, the Queen's Award for Voluntary Service. And, looking ahead, LYC is now set fair for 'exporting' the proven LYC model to other localities in Lancashire. The groundwork for this has been laid over the past months. Even more young people will, in future, benefit from the charity just 'being there' and able to respond to whatever challenges are faced. Full speed ahead!

George Harris *(Chair of Trustees)*

OUR PURPOSE, VALUES & APPROACH

PURPOSE

To nurture, support, challenge and empower young people to achieve personal success.

VALUES

Unique

Recognising individual uniqueness and cultural identity whilst celebrating our collective, common humanity.

Providing each young person with bespoke support to enable them to identify their place in the world and make positive and meaningful change in their lives.

Collaborative

Embedding collaborative practices into the work of Lancashire Youth Challenge; to ensure high quality delivery of our purpose with young people, communities, and stakeholders.

Achieving

Empowering young people to identify their personal goals, develop their confidence and achieve their full potential.

Equitable

Equal and equitable provision defined to meet the needs of the young people we serve.

APPROACH

Lancashire Youth Challenge believes in a strength and asset-based approach to our work with young people and we encourage the celebration of achievement, youth empowerment, collaborative working and youth led practices. Our focus as a charity is to enable young people to overcome their personal obstacles, build resilience and to be celebrated and recognised for their achievements.

To this end, when discussing or promoting our work, we adopt asset-based language and focus on achievements and successes. We ensure that young people are intrinsically involved in shaping our strategic vision and informing our operational decision making. We do this via the following mediums.

Youth Advisory Sessions - Co-designing projects and the annual delivery programme.
Peer Mentoring Programme - Conduit for information sharing and programme evaluation.
Young Trustees & Young Associates - Informing strategic development, policy, and practice.
Project Evaluations - Creative conversations capturing feedback and review.
Personal Development Programme- Monthly communication with our Youth Support Worker.

OUR PLACE IN THE WORLD (2019-22)

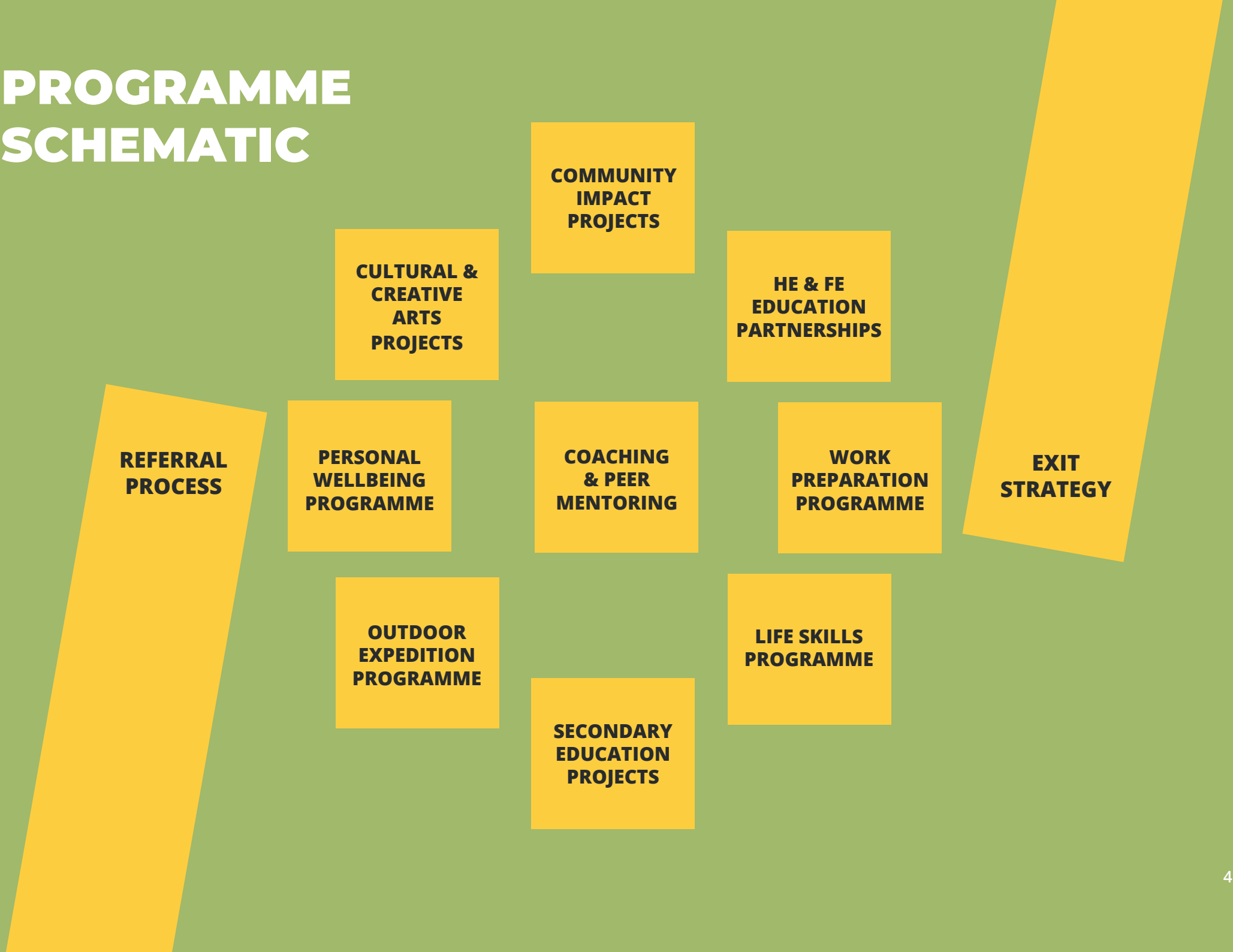
Launched in 2019, Our Place in the World is an innovative three-year programme designed to enable young people to investigate and define their place in society via participation in high quality personal wellbeing projects, cultural and creative arts-based activities, community impact projects, bespoke 1-1 personal development sessions, educational events and trips, and the annual outdoor expedition programme.

As a targeted youth provision, young people are referred to the programme via local statutory, health, education, youth & community partners, and parents/guardians.

Our annual programme is delivered in partnership with industry experts and provides a voice to young people who feel underrepresented, enabling them to make positive changes in their own lives and the wider community.



PROGRAMME SCHEMATIC



THEORY OF CHANGE

OUTPUTS	Fitness & Wellbeing Challenges	Life Skills Challenges	Community Impact Challenges	OPITW Cultural & Creative Education Challenges	Outdoor Challenges & Annual Expedition	Work Preparation Programme	1 to 1 Mentoring	Peer Mentoring
MECHANISMS OF CHANGE	Young people are equipped with the skills to manage their physical and mental wellbeing	Young people feel safe and supported	Young people feel listened to and respected	Young people feel they are positively contributing to their community	Young people feel confident to express themselves	Young people develop confidence to try new things	Young people feel a sense of purpose, achievement, and contribution to society	
INTERMEDIATE OUTCOMES	Increased respect for themselves and others	Increased empathy and compassion	A greater commitment to equality and diversity	Increased motivation	Increased aspirations and clear plan to achieve personal ambitions	Improved social interaction and communication skills	Increased independence	A greater sense of personal responsibility and maturity
LONG TERM OUTCOMES	Young people will have a greater understanding of their place in the world and how they can enable and facilitate positive, meaningful change in their lives and the wider community.	Long term improvements to physical and mental health and wellbeing	Positive long-term relationships with peers and others	A developed sense of self efficacy	Educational attainment	Enhanced life skills		

2021 DELIVERY PROGRAMME

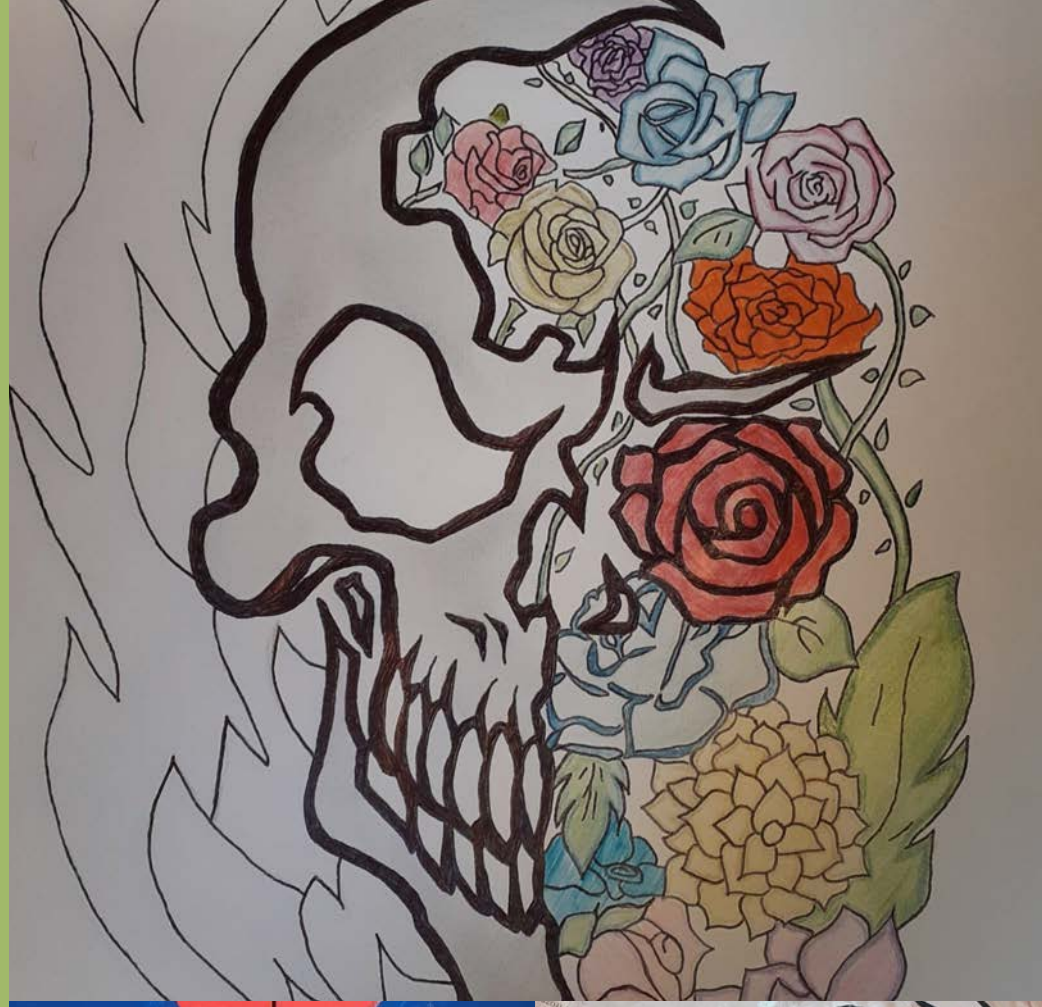
CULTURAL & CREATIVE EDUCATION PROGRAMME

Visual Arts Project *(Life in Lockdown)*

As 2021 began, we entered the third national lockdown, meaning our programme was, yet again, moved online and our face-to-face activity was halted. However, our energy and spirit were not dampened, and in late January, we commissioned Hannah Whitlow, to deliver a ten-week visual arts project.

Young people from LYC and Stanley's Youth and Community Centre worked together with Hannah online to create bespoke pieces of visual art which reflected their lived experiences of life in lockdown.

Eight new pieces of art were created and exhibited online at King Street Studios, as part of their Unlocked Experiences Exhibition.







CULTURAL & CREATIVE EDUCATION PROGRAMME

Bronze Arts Award Festival

In February, we launched the Bronze Arts Award Festival in partnership with More Music and the Prop Up Project.

We recruited 40 young people to the project, many of whom had never engaged in arts activity and self-identified as being from marginalised communities including resettled refugees, young carers, looked after young people and those from the LGBTQ+ community.

We initially commissioned six culturally diverse artists to deliver a series of 'creative experimentation workshops' where the young people produced a number of pieces of art, including a short film about life in lockdown, which you can view ***here***.

Over the following few weeks, we supported 10 young people to complete their Bronze Arts Award. As arts venues were closed, we commissioned GRAFT - a local arts organisation - to restage their 'Voices: Sparking Creative Conversations in Art' exhibition, which we presented on the external walls at More Music. The exhibition was live for three weeks and was seen by hundreds of community members in Morecambe.

To conclude the festival, we commissioned a filmmaker to support the team to produce a film exploring the themes of Hope & Resilience, which we premiered at More Music in late spring.



VISION OF A FUTURE

A GROUP MANIFESTO FOR LIFE POST COVID


TOGETHERNESS. LIVE LIFE TO THE FULL. HOLD ONTO A SENSE OF COMMUNITY. PRACTISE GRATITUDE. HAVE PATIENCE.
APPRECIATION FOR FRIENDS & FAMILY. TRUTHFUL VIEW OF
EDUCATE EACH OTHER. SHARE LEARNING.
PEOPLE SUFFERING BEREAVEMENT. BE KIND TO ONE ANOTHER. EQUAL EMPLOYMENT OPPORTUNITIES.
CONTINUE SUPPORTING THE NHS. MORE SUPPORT FOR YOUNG PEOPLE RESPECT DIFFERENT CULTURES.
PEOPLE ARE UNDER. EMBRACE. EQUALITY.
RECOGNISE & CELEBRATE EVERYONE IN OUR COMMUNITIES.
GLOBAL UNDERSTANDING & RECOGNITION OF DIFFERENCES. MORE LOVE & PEACE. DO WHAT YOU DREAM OF.
A WORLD WITHOUT HATE & INEQUALITIES. JUSTICE. NO PREJUDICES. WORK TOGETHER AS ONE.
CREATER EDUCATION OF THE PRESSURES
THE WORLD, GLOBAL UNDERSTANDING & RECOGNITION OF DIFFERENCES. MORE LOVE & PEACE. DO WHAT YOU DREAM OF. NO PREJUDICES. WORK TOGETHER AS ONE. EDUCATE EACH OTHER. SHARE LEARNING. TRUTHFUL VIEW OF PEOPLE SUFFERING BEREAVEMENT. BE KIND TO ONE ANOTHER. EQUAL EMPLOYMENT OPPORTUNITIES. JUSTICE

CULTURAL & CREATIVE EDUCATION PROGRAMME

Past Journeys, Future Dreams

Working in partnership with Andrew Pratt (the Deputy Police Commissioner for Lancashire) and Amina Atiq (award winning poet and activist) we launched the Past Journeys, Future Dreams project which engaged a team of brilliantly talented resettled refugees in Preston in a spoken word, poetry and film making project.

Initially delivered online, this five-month project inspired and empowered the team of young people to produce a series of poetic narratives which recounted their individual lived experiences of migration and their aspirations and ambitions as adopted Lancastrians This was documented in a short film, produced by Handstand Productions.

The film was selected to appear in the 2021 International Global Health Film Festival and has been added to the Lancashire Archives Collections in perpetuity; allowing future generations to learn about the lives of our amazing young people. Watch the film ***here***.

Chameleon: The New Age

Between September - December a team of young people from across the region met to co-design and produce a fundraising event to raise awareness of how participation in high quality creative arts practice can support positive mental health. The event featured live music, dance, film and spoken word, all performed by young people from the Lancaster district.





HEALTH & WELLBEING

Personal Wellbeing Programme

Throughout lockdown, we continued to deliver weekly online wellbeing workshops, games nights, 1-1 coaching, and creative arts workshops to ensure our team had access to positive, life enhancing activities. In total, between 4th January and 31st March we facilitated 132 online workshops and coaching meetings, which equates to roughly 10 sessions per week.

As lockdown ended, we relaunched our weekly fitness sessions at BayFit gym, life skills workshops and emotional wellbeing sessions, providing on average three workshops per week.

These weekly sessions enabled young people to improve their mental and physical wellbeing, through core fitness activities, cardio training, and boxercise and enhance their emotional wellbeing via yoga & meditation sessions, nature walks, mental health first aid workshops and bushcraft sessions.



COMMUNITY IMPACT PROJECTS

Construction Challenge @ Fork to Fork

At the heart of our work is the commitment to support, inspire and enable young people to make meaningful positive changes in their lives and the wider community. This year, our team of young people have gifted their time and energy to enhance and develop a forest garden at Fork to Fork.

This amazing food-growing organisation is staffed by a team of volunteers with learning disabilities and is visited by hundreds of local community members who use the space for wellbeing activities, horticulture projects, outdoor education workshops and as a place to connect with nature.

In May and June, working in partnership with a local professional carpenter, our team built a new equipment store for the volunteers, built a pond, planted several trees, and built habitat homes for birds and insects.

In October, the team returned to the site and built a fire pit and seating area. The seating area included nine tree stumps, which were inset with mosaics the young people had designed and constructed using glass and ceramic tiles.





COMMUNITY IMPACT PROJECTS

Street Speak!

In July, we partnered with Ridge Community Centre, Active Lancashire, Central Lancaster High School, Claver Hill Growing Community, and the Gregson Institute to facilitate a ten-week detached youth work project in the Bulk Ward of the city.

The project commissioned four youth workers to deliver weekly detached youth interventions across the summer engaging twenty-five local young people in positive meaningful activity.

Young people attended workshops at the Ridge Community Centre, Quad Biking sessions at Forrest Hills, Go Karting in Warrington, and several trips to local restaurants in Lancaster. Following this initial pilot, it is our aim to facilitate similar school holiday provision in 2022.



ANNUAL EXPEDITIONS

Highest, Longest, Deepest, Darkest & Wildest Challenge

Over six days in August, a team of twelve young people, recruited from our Preston and Lancaster programmes joined forces to complete this epic challenge, together they:

- hiked the **highest** mountain in England,
- canoed the **longest** lake in England,
- abseiled into one of the **deepest** quarries in Cumbria,
- traversed the **darkest** caves at Yordas and;
- experienced the **wildest** night of wild camping atop of the fells.

By participating in these outdoor expeditions young people can fully engage in the beauty and wonder of the natural world, enhance their physical health, overcome personal obstacles, and work together towards a common goal. They develop manifold life skills and coping mechanisms which enable them to better manage their mental health, and realise positive, life changing outcomes. Click ***here*** to watch the documentary film.

Quotes from young people, parents, and guardians:
"It was really fun, and it taught me that if I keep fighting, I can achieve anything I want to."

"This challenge really built up my son's confidence. He came back with a positive attitude and was proud of everything he had achieved as he initially thought he couldn't do it. Lastly, the challenge was great for his mental health, and he also made new friends. Thank you so much, he now has amazing memories too."









ANNUAL EXPEDITIONS

Winter Challenge

In late November, a team of nine young people completed the Winter Challenge, a three-day outdoor adventure in Cumbria. Battling the snow, high winds and zero degree temperatures they hiked across Orton Fell, overcame their fears on the Tree Top Challenge, and developed their teamwork skills as they paddled across Ullswater lake.





COACHING AND PEER MENTORING

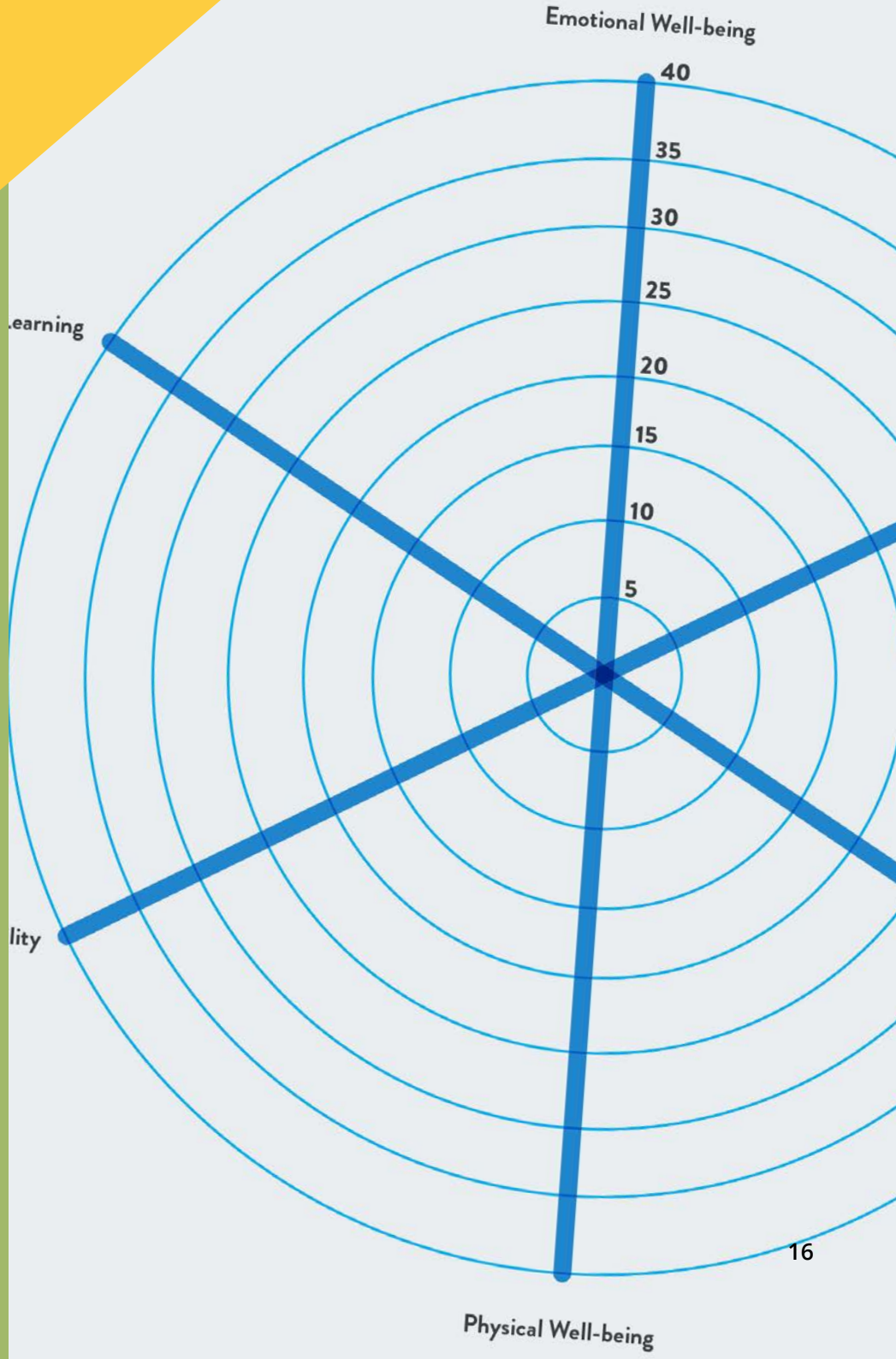
1-1 Coaching and Personal Support

In spring 2021 we launched the LYC Personal Development Portfolio, which is completed by each young person during monthly 1-1 coaching sessions with our youth support worker. Initially, the young person completes a 50-question personal development survey, identifying their strengths, behaviours and skills they wish to develop. At their monthly coaching sessions, the young people review their learning and upload video and photographic evidence of their progress.

Peer Mentors

Our fantastic peer mentor and board member, Josh, has been active in supporting young people at monthly group sessions, on the *2021 Construction Challenge* and during the *Highest, Longest, Deepest, Darkest and Wildest Challenge*.

Two of our long-standing participants, Niyah and Ross are currently training to become peer mentors and are completing their NICAS climbing qualification at Lancaster University, which will enable them to support the staff team in facilitating regular indoor climbing sessions, as part of our fitness and wellbeing programme.



SECONDARY SCHOOLS, FURTHER & HIGHER EDUCATION PARTNERSHIPS

Our Place in the World Cultural & Creative Education Programme

In July 2020, we launched the *Our Place in the World Cultural and Creative Education programme* in partnership with Lancaster University and Curious Minds. This exciting two-year strategic programme engages 150+ local young people each year, in high quality creative learning projects, workshops, careers events and online sessions.

The programme offers continuous professional development opportunities for artists, educators, and youth workers, and enables opportunities for shared learning and collaborative practice amongst creative learning practitioners, educational institutions and youth and community practitioners.

In 2021, we facilitated several projects including:

Re: Create Challenge - A creative learning pack consisting of twelve arts and craft ideas to support and enhance young people's emotional and mental wellbeing. Two hundred packs were disseminated to students at Carnforth High School, Central Lancaster High School, Bay Leadership Academy, Lancaster & Morecambe College and Chadwick High School. Download a digital version of the pack, here.

Change in a Box - An arts and social activism project, empowering young people to make creative commentary on their place in the world and participate in individual or group activism initiatives which encourage and enable positive social change, produced by Theatre in the Rough. We have supported Theatre in the Rough to restage their exceptionally successful project, which was initially commissioned in 2020 and has now had three further iterations. We disseminated 150 boxes to students across the district, and thanks to investment from Arts Council England, we are now able to provide every single Year 9 student in the Lancaster District with their own Change in a Box empowering them to make comment on their place in the world through the medium of arts activism.

Brain Hacks - a mobile phone photography project facilitated by local photographer, Ginny Koppenhol. This project encourages young people to explore ways in which creative practice can assist and support positive mental health and emotional wellbeing.

Now You See It - a site-specific three-dimensional art project, exploring unseen spaces in Morecambe and transforming them with the use of large inflatable artworks, delivered by Internationally acclaimed environmental artist, Steve Messam. This project encourages audiences to see their local spaces in a new way, encouraging debate and discussion on the spaces we inhabit.

Kickstart Placement - In October, we welcomed Zia Khan to the team, as an Assistant Arts Producer on a six-month Kickstart Placement. Zia will be leading the development of New Radicals, a youth advisory collective that will help to inform the development of Culture Co-op and realise inclusive, creative change in our community.

For more information about the partnership please visit ***here***.

SECONDARY SCHOOLS, FURTHER & HIGHER EDUCATION PARTNERSHIPS

Peace in Schools

Peace in schools is a pilot project delivered in partnership with the Zen Peace Centre and Central Lancaster High School, supporting young people to develop personal resilience and confidence to better manage stress and anxiety in school.

The project began in September and engaged eight, Year 10 students in twelve, weekly workshops. The workshops taught the students a variety of skills including guided meditation, breathing & calming techniques, and sleep management. They explored their motivations, values, and decision-making processes, whilst learning anger management techniques and self-reflection; helping them to better manage their emotions and find peace in their daily lives.

Find your Purpose, Realise your Ambition

The employment market is highly competitive, especially at this time, and we recognise that young people need support and guidance to navigate the job market and to develop the skills, attributes and behaviours needed to successfully secure employment.

Therefore, in July we launched a pilot Career and Work Preparation programme, in partnership with Lancaster based charity the Adullam Programme. This programme was financially supported by the Banks Lyon Memorial Trust.

The nine-month project has supported 8 young adults (16-23) to define their values, strengths and behaviours, and skills sets through a series of workshops with a professional work coach and through the completion of the Harrison Assessment (an online psychometric and analytical assessment tool).

The team attended a work preparation course, exploring all areas of recruitment including application writing, CV development, interview technique, communication skills, online promotion, job market analysis and employment rights.

Between January and March 2022, the young people will attend entrepreneurial thinking workshops with Lancaster University, receive coaching from local ‘business buddies’ and undertake real world work experiences.


Let us know if this was helpful!
Sharing Learning
TELL US
HAT YOU
RNT TODAY!


HARRISON


Travel
Entertainment
Influencing Others
Enforcing Rules
Thinking about new ways to do things

VOLUNTEERS

We were thrilled and honoured to be a recipient of the prestigious Queen's Award for Voluntary Service (the MBE for Voluntary and Charitable Organisations).

We are one of only three organisations in Lancaster, and one of seven in Lancashire, to have received this amazing honour, which recognises the hard work, commitment and dedication of our Volunteers, Trustees, and Peer Mentors.

The Lord Lieutenant of Lancashire, Lord Shuttleworth presented the award to a small team of staff and volunteers at a celebration event at County Hall, Preston. In May 2022, two volunteers will attend a garden party at Buckingham Palace.





STATISTICS

64 Young people attended our weekly participatory programme.

206 Online workshops and 1-1 coaching sessions.

296 Face to face workshops, group events, trips, and expedition sessions.

1385 Participation opportunities offered via the Our Place in the World weekly programme.

265 Young people engaged in the Our Place in the World Cultural & Creative Education programme.

1100 Participation opportunities offered via the Our Place in the World Cultural & Creative education Programme.

35 Young people engaged via the Street Speak! Bulk Ward Detached Youth Work Partnership.

260 Hours of detached youth work delivered during the 2021 summer holidays.

THANKS

We would like to say a huge thank you to the freelances, creative practitioners, youth workers, volunteers, trustees, and partners who supported the delivery of our 2021 programme.

We would also like to express our gratitude to our wonderful funders who make our work possible:

The National Lottery Community Fund
Francis C Scott Charitable Trust
The Areti Charitable Foundation
Arts Council England
Garfield Weston Foundation
The Foyle Foundation
The Banks Lyon Memorial Trust
The COOP Local Community Fund
Home Office COVID-19 Support for vulnerable children's charities
Lancashire COVID-19 Community Support Fund
Tesco Bags of Help
Lancaster University
Curious Minds
Lancaster Community Fund
Lancashire County Council
Active Lancashire
Newby Trust
The National Lottery Awards for All
Lancaster District Community Wellbeing Fund

Lancashire Youth Challenge, Cornerstone Building, Sulyard Street, Lancaster, LA1 1PX. Registered Charity: 1163469

Lancashire Youth Challenge

Accounts For The Year Ended

31st March 2021

Lancashire Youth Challenge

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Lancashire Youth Challenge

Officers and advisers

Management Committee	Rachael Holden -Trustee Yakub Patel - Secretary George Harris - Chairman Julie Brown - Treasurer Samantha Emma Harding - Trustee Donna Coleman Phil Longbottom James Henry Wooldridge
Accountants	GMR Accountants Ltd 1st Floor 8 - 12 London Street Southport Merseyside PR9 0UE
Registered Charity	Charity Number 1163469

Lancashire Youth Challenge

Approval of Financial Information

We hereby approve the financial statements for the year ended 31 March 2021 and acknowledge our responsibility for them, particularly for the appropriateness of the accounting basis and for providing all information and explanations necessary to the accountants for their compilation.

The Management Committee:

Yakub Patel - Secretary

.....

George Harris - Chairman

.....

Julie Brown - Treasurer

.....

Samantha Emma Harding - Trustee

.....

Rachael Holden - Trustee

.....

Donna Coleman

.....

Phil Longbottom

.....

James Henry Wooldridge

.....

Dated . 5th November 2021

Lancashire Youth Challenge

Profit & Loss Account

For the year ended 31 March 2021

	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
	2021 £	2021 £	2021 £	2020 £	2020 £	2020 £
Income						
Donations		80.58	80.58		383.03	383.03
Fundraising		64.79	64.79		203.45	203.45
Grant	109,858.95	-	109,858.95	72,923.40	228.15	73,151.55
Misc		639.90	639.90			
	109,858.95	785.27	110,644.22	72,923.40	814.63	73,738.03
Expenses						
Wages	49,365.04		49,365.04		37,721.99	37,721.99
Er's Pension Contribution	1,106.55		1,106.55		815.91	815.91
E'ers National Insurance Contribution	457.81		457.81			
Rent	1,800.00		1,800.00	1,745.00		1,745.00
Membership/Subscriptions	76.00	180.00	256.00	85.00		85.00
Project Costs - Creative Programme	33,085.41	200.00	33,285.41	4,622.55	14.32	4,636.87
Project Costs - Physical Programme	9,219.96	490.07	9,710.03	12,618.82	284.90	12,903.72
Project Costs - Other	1,827.03		1,827.03	262.40		262.40
Staff Training	66.23		66.23	1,175.00		1,175.00
Insurance	505.10		505.10	520.61		520.61
Marketing & Advertising	1,118.72		1,118.72	1,834.72	18.00	1,852.72
Telecommunications and IT	1,514.52		1,514.52	554.44	171.01	725.45
Volunteer, Staff and Trustee Expenses	1,671.79	30.00	1,701.79	1,278.02	210.00	1,488.02
Travel and Project Travel Costs	658.57		658.57	1,287.63	69.68	1,287.63
Consultancy	436.50	708.75	1,145.25	1,166.00		1,166.00
Payroll Bureau	400.56		400.56	224.64		224.64
Accountancy Charges	1,440.00		1,440.00	1,440.00		
Depreciation	593.36		593.36	430.80		430.80
Bank Charges	69.00		69.00	65.00		65.00
Office Expenses	726.93		726.93	315.94		315.94
Printing + Postage	476.40		476.40	313.00		313.00
Legal Expenses	29.99		29.99			
	(106,645.47)	(1,608.82)	(108,254.29)	(29,939.57)	(39,305.81)	(67,735.70)
Net Surplus	3,213.48	(823.55)	2,389.93	42,983.83	(38,491.18)	6,002.33

Lancashire Youth Challenge

Balance Sheet

As at 31 March 2020

	2021			2020		
	£	£	£	£	£	£
Fixed assets						
Tangible assets			447			527
Current assets						
National Westminster Account	68,973			45,559		
CAF Bank Account	38			1,083		
Cash Account	-			-		
OTSS						
		69,011			46,642	
Current liabilities						
Deferred income	(54,867)			(33,572)		
Accruals	(420)			(900)		
PAYE	(11)			(926)		
		(55,298)			(35,398)	
Net current assets			13,713			11,244
Net current free reserves		£	14,161		£	11,771
Financed by:						
Capital accounts						
Balance as at 1 April 2020			11,771			7,209
Surplus for year			2,390			4,562
		£	14,161		£	11,771