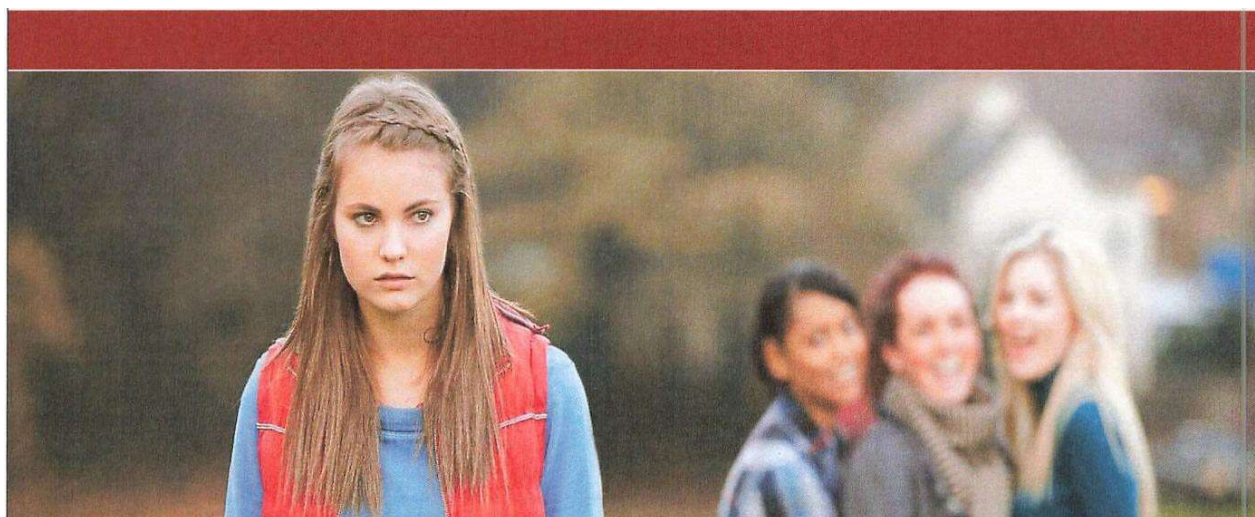


Registered Charity Number: 1163288



Trustees Annual Report & Accounts

Financial Year Ending 31st March 2025



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allow our vital work to continue**



Hampshire
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**Basingstoke
and Deane**



North Hampshire
Clinical Commissioning Group



**NATIONAL
LOTTERY FUNDED**



Introduction from the Chair of Trustees

On behalf of the Trustee/Directors, I am pleased to present the Annual Report for Young People's Independent (YPI) Counselling. We are dedicated to supporting young people within the Basingstoke community by providing professional counselling services, and this report outlines both our achievements and the challenges we have faced over the past year.

The wider social and economic environment continues to present significant pressures for young people. Rising concerns around mental health—driven by the long-term impact of the pandemic, financial insecurity, educational stress, and the influence of social media—are increasingly evident in the lives of those we serve. Rates of anxiety, depression, and related difficulties remain high, and the demand for accessible and effective mental health support is substantial. Against this backdrop, our services are not only relevant but essential.

This year we have worked to strengthen our counselling provision, ensuring that young people can access high-quality, confidential support at a critical stage in their lives in as timely a manner as possible. We are proud that our counsellors have maintained the highest standards of professionalism and care, creating safe environments in which young people can explore their experiences and develop positive coping strategies. Their contribution to our mission cannot be overstated.

Fundraising has continued to be a demanding area of our work. The economic climate has affected charitable giving nationwide, and our organisation has not been immune to these pressures. Nevertheless, through the efforts of our fundraising team, the generosity of donors, and the support of community partners, we have secured the resources required to sustain our services. Each contribution represents an important investment in the wellbeing of our community's young people, and we remain deeply appreciative of this support.

We also wish to place on record our thanks to the councillors, staff, and volunteers who enable the delivery of our services. Their commitment, expertise, and ongoing engagement are central to our impact. It is through their dedication that the charity continues to meet its objectives and provide meaningful outcomes for young people.

I am delighted to share that Tamara Smith has joined our board of Trustee/Directors. At Basingstoke College of Technology she is the Student Voice/Events co-ordinator and has already provided some useful insights and support for our work. A warm welcome on board.

As this Annual Report demonstrates, the challenges facing young people in Basingstoke are considerable, but with the continued support of our partners, staff, and community, our charity remains well placed to respond. We look forward to building upon this year's progress and to further strengthening our role in promoting the mental health and wellbeing of young people in the years ahead.

Colin Craig
Chair, YPI

CHIEF EXECUTIVE'S REPORT

I feel very privileged to be the CEO of YPI Counselling, and I am incredibly proud of the staff and the enthusiasm, commitment and expertise we have in the team. The financial year 2024-2025 has come with its challenges. As some grant funding pots are being cut, we have been exploring different funding streams to increase our robustness and sustainability. In 2024-25 we expanded our counselling service in local GPs, and we are looking to expand further in the coming year in offering a counsellor and well-being practitioner in local GP clusters. We have taken on more placement counsellors in order to nurture the placements, with the potential to offer them paid roles when they finish their courses. The financial year 2024-25 saw a shift from remote to face to face counselling. By the end of 2024, we were offering only face to face counselling, unless the circumstances were extenuating. In this year, we also started to receive some voluntary donations for the counselling and mentoring sessions.

YPIs main focuses are:

- **Dedication to young people:** we are the only non-statutory provider of youth counselling and mental health support in Basingstoke that has been specifically established for this purpose. For us, supporting young people isn't an 'add-on' or 'nice to have' service but is instead at the heart of who we are, with the full weight of our resources, skills and expertise dedicated to offering a first-class service.
- **Championing community:** unlike larger charities who may set up satellite or sub-offices within the area to deliver specific services/contracts, YPI takes pride in being a local charity for local people. As a result of this we hold an unparalleled position at the heart of local youth provision, adapting and developing to meet the needs of our community as they arise.

As always, I would like to thank all staff for their commitment and support over the last year, all staff, both employed and volunteers, have gone above and beyond expectations and it has meant that YPI has been able to offer the best service possible.

Sam Hussey

21-Jan-2026

Samantha Hussey Chief Executive

VISION, MISSION, PRIORITIES AND VALUES

Our Vision, Mission and Values

Shaping Our Future

The views of young people and their parents or guardians are at the heart of shaping our strategy. The clients are asked to fill in a feedback form at the end of their sessions, and they are asked questions at the beginning and the end of their talking therapies to ascertain how effective the counselling and mentoring has been for them, and we track their improvement.

Our Vision

Young people are able to access more opportunities, and they have the confidence to manage their mental health positively.

Our Mission

To deliver a first-class mental health service offering responsive and tailored support through counselling, mentoring, community support and building awareness so we improve the lives of young people.

Our Values

- **Empathy:** We listen to our clients and team members
- **Excellence:** We deliver a first-class service, and we care about quality
- **Ethical:** We do the right thing and respect integrity
- **Bespoke:** We provide solutions that are flexible and proportionate
- **Community:** We engage with the community and create meaningful partnerships
- **Maximising Potential:** We nurture the growth of our clients, team members and the charity

Our Priorities

- To provide evidenced based counselling and mentoring to young people aged 11-25 to improve their self-awareness and skills in maintaining positive mental health
- To provide early intervention through our growing mentoring team, offering a holistic approach to mental health
- To increase awareness and skills within relevant services (such as education and GP surgeries) to support youth mental health and improve early intervention strategies

STRATEGIC REPORT

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

YPI's constitutional aims are:

- To preserve and protect the health and welfare of young people by establishing, developing and maintaining a youth support, information, advice and counselling service for young people in the age range of 11 to 25 years of age in the Basingstoke area.
- To carry out such activities that promote the health and welfare of young people in the area of benefit, not covered above, as deemed necessary by the charity trustees.

These aims are underpinned by YPI's Vision, Mission and Values and are achieved through YPI's strategic objectives:

1. To maintain and improve our core counselling service,
2. To enhance our services by increasing early intervention strategy through growing the mentoring team
3. To become a more sustainable organisation, by building a portfolio of income generation streams and improving the way we demonstrate impact. In February 2025 we placed a counsellor in another GP surgery.

Throughout 2024/25 YPI continued to deliver the charity's core activities of providing free 1- 2-1 Counselling Services for young people aged 11 - 25 in Basingstoke and Deane. At YPI, we are constantly meeting the needs of the clients, and in 2024/25 we moved completely to face to face counselling, only offering remote counselling/mentoring in extenuating circumstances. The demand for remote counselling/mentoring had dropped significantly, and it is more beneficial to experience face to face counselling.

In addition to the paid staff team, YPI's activities are supported by a team of dedicated volunteers who undertake a number of roles ranging from Trustees and Counsellors. At the end of March 2025, we interviewed and took on 7 new placement counsellors, to nurture and support them on their counselling journey at YPI.

YPI continues to improve our website and use of social media to enhance the YPI profile and make it easier for young people to access information about our services.

In the year ending March 2025 the activities and performance delivered by YPI included:

Youth Counselling

Objectives and Activities: YPI provides free counselling to 11-25 year olds offering a confidential and safe space for young people to talk to a professional counsellor about their worries, concerns and difficulties. The initial number of sessions is 8, which can then be extended up to a maximum of 12, if agreed by the Head of Clinical Services.

<i>Performance:</i>	
Total sessions delivered:	1,365
Total clients engaged	634
Clients who have received counselling	249
Clients improvement for those who have been counselled.	125

Youth Mentoring

Objectives and Activities: YPI provides up to twelve free sessions of mentoring for 11-25 year olds. Mentoring offers a friendly ear from a professional friend, to strengthen their confidence, find their voice and realise their own self-worth.

<i>Performance:</i>	
Total sessions delivered:	200
Total clients seen:	32
Clients reporting measurable improvement:	25

External/Outreach Services

Objectives and Activities; Community presence i.e. in GP surgeries and schools

<i>Performance:</i>		
	GP Surgeries	Schools*
Total sessions delivered:	643	56
Total clients seen:	545	8
Clients reporting measurable improvement:	N/A	N/A

Summary Performance Statistics:

Total clients worked with across all services: 1,219

Total sessions delivered across all services: 2,264

HOW WE MEASURE PERFORMANCE

To assess the impact of YPI's work we use measurement tools at every stage of our service lifecycle, these measures include:

- **Clinical Outcomes in Routine Evaluation (CORE) tool:** all clients are asked to complete this internationally standardised clinical questionnaire comprising 10 questions at the beginning of every session/interaction with us. We monitor this score as counselling progresses to evidence any changes in well-being/distress and to monitor risk.
- **End of counselling feedback questionnaire:** given to all service users at the end of their interaction with our services, this questionnaire captures feedback ratings on all areas of the service.
- **Life Areas Impact Rating Tool:** this measure was rolled out across our counselling services for the first time in 2018. The measure comprises a pre-and-post intervention measure that seeks to capture client's feelings about key areas of their lives such as family relationships, school/work and self-esteem.

Service user involvement

To ensure that our services continually reflect the needs and feedback of the young people, parents and families we serve, we continue to enhance our service user involvement strategy. Our existing provision includes the use of an annual stakeholder survey, end of service feedback forms and suggestion boxes/slips to provide regular feedback placed within all delivery venues.

Statement on Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit and our main activities are described above. The activities by YPI are undertaken to further our charitable purposes for the public benefit in accordance with our aim to promote the health and welfare of young people aged 11 to 25 years of age, in the area of Basingstoke and Deane.

PLANS FOR FUTURE PERIODS

Plans and objectives for 2025/26

During the forthcoming year we will continue to implement strategies and objectives as outlined in our 3 year strategic plan 2024/27.

We have three strategic aims. These are:

1. To maintain and improve our counselling services by piloting parent, and or family counselling.
2. To enhance our services by offering increased early intervention strategy through mentoring.
3. To become a more sustainable organisation, by building a portfolio of income generation streams and improving the way we demonstrate our impact.

To ensure sustainability please see below:

- **Funding streams** - We are seeking further funding streams within the community, such as GP surgeries and secondary schools.
- **Internal services additional funding streams based on demand** - We have recognised the need for parent counselling and this is due to rolled out in 2025/26, this will be a paid for service at £35/hour. We have also identified the need for some clients to receive longer term counselling. Currently, we are funded for clients to receive 8 free sessions of counselling and mentoring. For some high level clients who need longer term counselling, we are offering 20 sessions with 8 free of charge and an additional 12 sessions at £35/session.
- **Longer term grant applications** - There is an emphasis on grant application to go to YPIs core funding. We will look at longer term, larger strategic grants to fund our core services.
- **Donations and contributions** will be asked for at the point of counselling or mentoring.
- **Corporate fundraising** will be explored.

The Challenges Ahead

- The Covid-19 pandemic has had an unprecedented impact on young people. YPI is now primarily back to face to face counselling. We have kept a limited amount of remote counselling/mentoring for lower level clients and school refusers. The effects of the pandemic will be felt for years to come and mental health services are under an increasing strain.
- We will need to be mindful of the cost of living increase when assessing the amount to charge for in-house paid services.
- We will need to ensure that our existing projects and services remain financially viable and supported through appropriate grant and funding streams. We will need to review our 'return on investment' approach to resourcing when launching short term/new projects.

- In order to increase service provision and enhance our core offering we will need to secure all costs, both set up and operational. This includes potentially securing additional office space both for administrative and counselling activities, and gaining additional cybersecurity as Microsoft regulations change.
- We will need to have the right balance of volunteer and trainee counsellors versus employed and experienced counsellors in order to meet higher levels of demand and to be able to support high risk young people whose mental health needs are often complex.
- We will need to delegate responsibilities and duties across the organisation, to ensure that new services and staff remain fully supported.

Structure

YPI is a registered charity (a Charitable Incorporated Organisation) in England and governed by a constitution. YPI's objectives are to achieve public benefit as set out in our constitution, and delivered through our strategic objectives and operating plan, as previously detailed.

Governance and Management

Non-Executive Directors / Trustees

YPI's governance is overseen by a board of six voluntary and independent Trustees (Non- executive Directors), each of whom are appointed by the charity's board. Each Director assumes a specific portfolio upon appointment to ensure that all areas of YPI's governance receive due care and attention and is aligned with the specialist expertise of the Director appointed. Through 2024/2025 the Directors were:

Colin Craig (became Chair in Jan 2024)

Daniel Holloway - Vice Chair

Edward Butler (resigned Jan 2024)

Edward Pironti

Patrick Holt

Tamara Smith (appointed May 2024)

Vicky Morley

Chief Executive

Responsibility for the strategic and operational management of the charity is delegated by the Board of Directors to YPI's Chief Executive. The role of the Chief Executive is to provide overall leadership and direction to the organisation and its staff, including managing stakeholder relations, monitoring performance and developing the service as a whole in conjunction with the senior management team.

Clinical Services Manager

Responsibility for the clinical management of YPI's core counselling team. The role is to ensure that all young people, parent's and families who are accessing YPI's services receive a first-class service from a team of highly skilled and well supported clinical staff.

Volunteers

The Chief Executive or Clinical Services Manager, as applicable, is responsible for managing the appointment of placement volunteers and ensuring all volunteers receive a comprehensive induction along with ongoing supervision, training and support.

Induction and Training of Trustees, Staff and Volunteers

YPI recruits new Trustees through local adverts and interviews potential new Trustees with reference to a job description and person specification. During the year Trustees have the opportunity to attend relevant insight and development and governance meetings. All of our placement volunteers receive a comprehensive induction along with ongoing, training opportunities and all Counsellors receive supervision support and ongoing training.

Organisational Structure and Decision Making

The Trustees consider governance issues at their regular Board meetings. There are monthly committee meetings with the Trustees to ensure all governance issues are regularly addressed. The Trustees delegate responsibility to the CEO for ensuring that service provision is carried out within the overall charity's strategy; for overseeing the charity's progress in meeting its objectives; and ensuring that the charity meets its legal and financial obligations.

Key Management Remuneration

The CEO and the Clinical Services Manager comprise the key management personnel of the charity in charge of directing and controlling the charity and running and operating the charity on a day to day basis.

RISK MANAGEMENT

YPI has in place adequate governance arrangements that enable the identification, escalation, monitoring and reporting of risks. The YPI Board is ultimately responsible for reviewing, challenging and approving the charity's overall strategy and the direction of the business.

We currently adopt five risk types which form the basis of YPI's risk register and Board reporting:

- **Strategic:** refers to the risk that YPI suffers a substantial, negative impact in its funding or capital as a direct result of poor management of its business objectives, strategic aims and core services
- **Financial:** refers to the risk that YPI is unable to self-fund, primarily due to a lack of financial donors whether new or existing and unforeseen operational losses, leading to a disruption to the charity's cash flows and balance sheet
- **Operational:** refers to the risk of operational losses due to inadequate or weak processes and systems, including the charity's IT infrastructure. The risk also includes direct and indirect losses due to poor or ineffective oversight of internal controls and external influence
- **People:** refers to the risk that YPI's key services are not delivered adequately due to a lack of people's capability, skills and availability
- **Reputational:** refers to the risk of YPI suffering a material loss or reputational damage, most likely in the form of simultaneous withdrawals of funding, caused by a negative perception of its image and working practices

A risk register is reviewed and updated regularly and discussed at Board meetings. These are risks to the charity with the potential to damage its reputation and existing stakeholder relationships, preventing the business from running successfully thus ultimately impacting on YPI's ability to undertake its compliance monitoring activities effectively.

REVIEW OF FINANCIAL STATEMENTS

Financial Summary

A summary of YPI's income and expenditure for the year are presented on page 16. The income for 2024/25 was £196,224, and the expenditure £195,720. There was a surplus of £504 following a surplus of £59,870 in the prior year.

Notes on Reserves Policy

The general reserve level held on 31st March 2025 stands at £157,831, which represents approximately 10 months' worth of total expenditure.

Going Concern

The Trustees remain satisfied that it is appropriate for the financial statements to be prepared on a going concern basis and there are no material uncertainties that may cast doubt on this assumption for at least 12 months from the approval of the accounts.

14-Jan-2026

The Trustees' report was approved by the Board of Trustees on.....

Colin Craig

Colin Craig Chair

REFERENCE AND ADMINISTRATIVE DETAILS

YPI Counselling

(A Charitable Incorporated Organisation). Also known as YPI.

Registered Office and Principal Address

The Orchard

White Hart Lane Basingstoke

Hampshire RG21 4AF

Charity Number: 1163288

Telephone: 01256 423878 Website:

www.ypicounselling.co.uk

Trustee Board

Colin Craig (became Chair in Jan 2024)

Daniel Holloway - Vice Chair

Edward Butler (resigned Jan 2024)

Edward Pironti

Patrick Holt

Tamara Smith (appointed May 2024)

Vicky Morley

Chief Executive

Samantha Hussey

Clinical Services Manager

Clare Webber

Independent Examiners

Knight Goodhead Limited - 7 Bournemouth Road, Chandler's Ford, Eastleigh, Hampshire SO53 3DA

Bankers

The Co-Operative Bank PLC - Business Banking, PO Box 250, Skelmersdale WN8 6WT

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YPI COUNSELLING

I report to the trustees on my examination of the accounts of YPI Counselling for the year ended 31 March 2025.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



CJ GOODHEAD FCA
Knight Goodhead Limited
Chartered Accountants

14-Jan-2026

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire SO53 3DA

YPI COUNSELLING

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
INCOME					
Donations and legacies	3	6,854	-	6,854	57,245
Charitable activities	4	116,748	72,622	189,370	199,013
					-
TOTAL INCOME		123,602	72,622	196,224	256,258
EXPENDITURE					
Charitable activities	6	123,098	72,622	195,720	196,388
TOTAL EXPENDITURE		123,098	72,622	195,720	196,388
NET INCOME FOR THE YEAR BEFORE TRANSFERS		504	-	504	59,870
TRANSFERS	10, 11	-	-	-	-
NET INCOME / (EXPENDITURE) FOR THE YEAR		504	-	504	59,870
TOTAL FUND BALANCES BROUGHT FORWARD		157,327	1,700	159,027	99,157
TOTAL FUND BALANCES CARRIED FORWARD		157,831	1,700	159,531	159,027

YPI COUNSELLING

BALANCE SHEET AT 31 MARCH 2025

	Notes	£	2025 £	2024 £
FIXED ASSETS				
Tangible assets	7		317	769
CURRENT ASSETS				
Debtors	8	20,087	20,791	
Cash at bank and in hand		<u>169,912</u>	<u>173,528</u>	
		189,999	194,319	
CREDITORS: amounts falling due within less than one year	9	<u>(30,785)</u>	<u>(36,061)</u>	
NET CURRENT ASSETS			159,214	158,258
NET ASSETS			<u>159,531</u>	<u>159,027</u>
FUNDS				
General funds	10	157,831	157,327	
Restricted funds	11	1,700	1,700	
TOTAL FUNDS	12	<u>159,531</u>	<u>159,027</u>	

Approved by the Trustees on 14-Jan-2026
and signed on their behalf by

Colin Craig

Colin Craig

Chair

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)).

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

(b) Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the trustees for specific purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Income

All income is included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Donations and legacies are received by way of donations, legacies, gifts and grants and are included in full in the Statement of Financial Activities when receivable.

Investment income is included when receivable.

Income is deferred when, at the end of an accounting period, they have been received but the charity has yet to become unconditionally entitled to them.

(d) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred.

Costs are apportioned in line with the income received from that source during the period.

Charitable activities expenditure comprises of those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

1 ACCOUNTING POLICIES (continued)

(e) Fixed assets

Fixed assets are capitalised for ongoing use within the charity, where the individual cost of the asset exceeds £100.

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Office equipment	20% - 33% Straight line
------------------	-------------------------

(g) Pensions costs

Contributions in respect of the company's defined contribution scheme are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either accruals or prepayments at the year end.

2 LEGAL STATUS

The charity is a Charitable Incorporated Organisation (CIO) and was registered on 25 August 2015 with the Charity Commission in England and Wales.

The registered office of the charity is YPI Counselling, The Orchard, White Hart Lane, Basingstoke, Hampshire, RG21 4AF.

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

3 INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Donations	1,457	-	1,457	886
Fundraising	5,397	-	5,397	56,359
	6,854	-	6,854	57,245

4 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Grants including capital grants:				
Government grants	89,567	-	89,567	89,769
National Lottery grants	-	72,622	72,622	70,774
Other grants	4,896	-	4,896	15,000
GP Counselling	8,400	-	8,400	5,705
GP Mentoring	10,875	-	10,875	10,625
Schools counselling	3,010	-	3,010	7,140
	116,748	72,622	189,370	199,013

5 STAFF COSTS

	2025 £	2024 £
Wages and salaries	156,810	158,738
Social security costs	3,573	2,907
Pension costs	2,129	1,796
	162,512	163,441

The average number of staff employed during the year was 14 (2024: 16). No employee received emoluments of £60,000 or more during this or the prior year.

No remuneration was paid to trustees during this or the prior year. During the year the charity paid remuneration, including pension contributions, totalling £42,196 (2024: £36,462) to key management personnel.

At the balance sheet date there were outstanding pension contributions payable of £177 (2024: £166). Total pension contributions of £2,129 (2024: £1,796) were paid by the charity and are included in the SOFA.

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024 (continued)

6 EXPENDITURE

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
DIRECT EXPENDITURE				
Counsellors and management	99,315	63,197	162,512	163,441
Payroll charges	1,073	-	1,073	1,163
Supervision costs	1,185	2,145	3,330	3,270
	<u>101,573</u>	<u>65,342</u>	<u>166,915</u>	<u>167,874</u>
SUPPORT COSTS				
Rental and improvements	6,015	5,388	11,403	12,050
Office costs	578	-	578	702
Printing, postage and stationery	95	-	95	33
Computer expenses	8,372	-	8,372	7,528
Telephone charges	662	-	662	914
Recruitment fees	1,426	-	1,426	794
Insurance	113	1,892	2,005	1,862
Training	-	-	-	78
Professional fees	509	-	509	457
Advertising	-	-	-	250
Accountancy fees	1,870	-	1,870	1,810
Depreciation	452	-	452	549
Fundraising costs	-	-	-	15
HR services contract fee	1,363	-	1,363	1,363
Meeting room hire	-	-	-	40
Travel and accommodation	-	-	-	69
Entertaining	58	-	58	-
Bank charges	8	-	8	-
Interest on overdue taxation	4	-	4	-
	<u>21,525</u>	<u>7,280</u>	<u>28,805</u>	<u>28,514</u>
TOTAL EXPENDITURE	<u>123,098</u>	<u>72,622</u>	<u>195,720</u>	<u>196,388</u>

Included within accountancy fees above are amounts due to the independent examiners in relation to independent examination of £1,870 (2024: £1,810).

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

7 TANGIBLE ASSETS

	Furniture & Equipment £
COST	
At 1 April 2024 and 31 March 2025	<u>4,399</u>
DEPRECIATION	
At 1 April 2024	3,630
Charge for the year	<u>452</u>
At 31 March 2025	<u>4,082</u>
NET BOOK VALUE	
At 31 March 2024	<u>769</u>
At 31 March 2025	<u>317</u>

8 DEBTORS

	2025 £	2024 £
Trade debtors	11,270	12,020
Prepayments and accrued income	<u>8,817</u>	<u>8,771</u>
	<u>20,087</u>	<u>20,791</u>

9 CREDITORS: amounts falling due within one year

	2025 £	2024 £
Trade creditors	442	5,804
Accruals and deferred income	27,923	27,818
Other creditors	<u>2,420</u>	<u>2,439</u>
	<u>30,785</u>	<u>36,061</u>

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

10 UNRESTRICTED FUNDS

	Funds brought forward £	Income £	Expenditure £	Transfers £	Funds carried forward £
General funds	157,327	123,602	(123,098)	-	157,831
	<u>157,327</u>	<u>123,602</u>	<u>(123,098)</u>	<u>-</u>	<u>157,831</u>

11 RESTRICTED FUNDS

	Funds brought forward £	Income £	Expenditure £	Transfers £	Funds carried forward £
Screwfix Foundation	1,700	-	-	-	1,700
National Lottery	-	72,622	(72,622)	-	-
	<u>1,700</u>	<u>72,622</u>	<u>(72,622)</u>	<u>-</u>	<u>1,700</u>

Screwfix Foundation: This grant is towards office refurbishment.

National Lottery: This grant is for supporting mental health for young people.

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

12 ANALYSIS OF NET ASSETS BETWEEN FUNDS

For the year ended 31 March 2025

	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	317	-	317
Debtors	20,087	-	20,087
Bank and cash	168,212	1,700	169,912
Creditors	(30,785)	-	(30,785)
	<u>157,830</u>	<u>1,700</u>	<u>159,530</u>

For the year ended 31 March 2024

	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	769	-	769
Debtors	20,791	-	20,791
Bank and cash	171,828	1,700	173,528
Creditors	(36,061)	-	(36,061)
	<u>157,327</u>	<u>1,700</u>	<u>159,027</u>

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

13 COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Unrestricted funds £	Restricted funds £	Total funds 2024 £
INCOME			
Donations and legacies	57,245	-	57,245
Charitable activities	128,239	70,774	199,013
TOTAL INCOME	185,484	70,774	256,258
EXPENDITURE			
Charitable activities	124,979	71,409	196,388
TOTAL EXPENDITURE	124,979	71,409	196,388
NET (EXPENDITURE)/INCOME FOR THE YEAR BEFORE TRANSFERS	60,505	(635)	59,870
TRANSFERS	10,721	(10,721)	-
NET (EXPENDITURE)/INCOME FOR THE YEAR	71,226	(11,356)	59,870
TOTAL FUND BALANCES BROUGHT FORWARD	86,101	13,056	99,157
TOTAL FUND BALANCES CARRIED FORWARD	157,327	1,700	159,027

YPI COUNSELLING

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025 (continued)

14 COMPARATIVE UNRESTRICTED FUNDS MOVEMENTS FOR THE YEAR ENDED 31 MARCH 2024

	Funds brought forward £	Income £	Expenditure £	Transfers £	Funds carried forward £
General funds	86,101	185,484	(124,979)	10,721	157,327
	86,101	185,484	(124,979)	10,721	157,327

15 COMPARATIVE RESTRICTED FUNDS MOVEMENTS FOR THE YEAR ENDED 31 MARCH 2024

	Funds brought forward £	Income £	Expenditure £	Transfers £	Funds carried forward £
Mentoring Project	2,992	-	-	(2,992)	-
Supporting Troubled Families	7,729	-	-	(7,729)	-
Screwfix Foundation	2,335	-	(635)	-	1,700
National Lottery	-	70,774	(70,774)	-	-
	13,056	70,774	(71,409)	(10,721)	1,700

Screwfix Foundation: This grant is towards office refurbishment.

National Lottery: This grant is for supporting mental health for young people.

Mentoring Project: This grant provides a contribution to the costs of one years' salary and on costs of mentoring sessions to young people over a 12 month period. On completion of the project, the donor agreed that the remaining funds can be used to develop the core services.

Supporting Troubled Families: This grant provides a contribution to the costs of providing counselling sessions to young people and parents under the 'Supporting Troubled Families' programme in Hampshire. On completion of the project, any surplus of unused funds, can be transferred to our core services with this being used to subsidise a parent counselling pilot and the development of family counselling.

Our mission is to offer a first-class mental health service that includes responsive and tailored support through counselling, community awareness and education to improve the lives of young people and their families.



If you would like to find out more about the work of YPi or how you can support us, please contact:

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Visit: www.ypicounselling.co.uk

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