

# FLASHY WINGS MINISTRY ANNUAL REPORT 2025



[www.flashywingsministry.com](http://www.flashywingsministry.com)



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1163246

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Charity Registration Number 1163246

# FLASHY WINGS MINISTRY ANNUAL REPORT 2025



# FLASHY WINGS ADMINISTRATIVE INFORMATION

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[www.flashywingsministry.com](http://www.flashywingsministry.com)

[flashywingsministry@gmail.com](mailto:flashywingsministry@gmail.com)

## MEMBERS OF TRUSTEE

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Chair: Queen Ekuerhare

Secretary: Phaedra Flash

Treasurer: Sophia Obang-Mireku Welfare Officer

Maryann Nwankwo





## Group therapy session

### Independent Examiner

Tax Solution Accountants Ltd 38A Southall Broadway UB11PY

[Info@tax-solution.uk](mailto:Info@tax-solution.uk)

### Charity Address

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Se5 8pp

### Bank

Santander Bank  
Camberwell  
London SE58RZ



# About Flashy Wings

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Flashy Wings Ministry is a UK-based BAME women and girls' grassroots charity serving women and girls in Southwark, London. For over ten years, we have supported women and girls from all walks of life across Southwark estates, helping them navigate social, economic, emotional, and personal challenges.

Our mission is to build a well-informed, connected community where women have the education, information, and support they need to overcome barriers—while promoting harmony within a richly diverse neighbourhood. We have four members of trustee and 20 volunteers.

## Our Impact & Recognition

Flashy Wings is proud to be a trusted, grassroots organisation with strong community roots. Our work has been recognised through multiple awards, including:

- ◆ Mayor of Southwark Civic Award
- ◆ Wise Women UK Award
- ◆ Southwark Star Award
- ◆ Southwark Volunteer Champion Awards
- ◆ London Faith and Belief Community Awards
- ◆ London Dangoor Awards

# Who We Are

Ninety-nine percent of the women and girls' supported through our projects are from Black ethnic minority backgrounds:

- ◆ 70% Black African origins
- ◆ 29% Caribbean origins
- ◆ 1% other communities

75% have experienced the twin challenges of domestic violence and mental health struggles.

Founded by women living on Southwark estates, Flashy Wings was created in response to lived realities—economic hardship, domestic abuse, gang and knife crime, substance misuse, and mental health challenges. The founders envisioned a safe haven where women and girls' could connect, share experiences, and access inspiration, education, and empowerment. For a decade, Flashy Wings has delivered exactly that, becoming a well-known Black women and girls' charity in Southwark through deep community involvement.



**Domestic Violence Workshop**





**Parliament week celebration**



# How We Work

We are a volunteer-led organisation. Our trustees, volunteers, and service users have first-hand experience of the social and economic challenges we address. This lived experience fuels our passion and ensures our services remain relevant, compassionate, and effective. Flashy Wings provides women and girls' with a platform to be heard, to build confidence, and to tackle community issues together in a spirit of unity.



**Black History Month Celebration**

# Aims and Objectives

- ◆ Promote a well-informed community where women and girls' access education and information to tackle challenges.
- ◆ Encourage harmonious living within a diverse community through networking and mutual support.
- ◆ Gradually support isolated women and girls' to socialise, improve wellbeing, and rebuild confidence.

## Who We Serve

- ◆ Women and girls isolated due to domestic abuse, cultural expectations, or language barriers
- ◆ Women and girls in shelters or temporary accommodation
- ◆ Refugees and undocumented women and girls'
- ◆ Senior citizens
- ◆ Women on low incomes



Seaside Outing



# Our Core Values

- ◆ Empowerment
- ◆ Love
- ◆ Respect
- ◆ Unity and Diversity
- ◆ Growth
- ◆ Constructive Approaches to Challenges
- ◆ Dedication and Commitment
- ◆ Excellence

At Flashy Wings, we believe every woman and girl deserves to flourish. With the right support, women and girls rebuild their lives, strengthen families, and uplift entire communities. Together, we are creating a future where no woman or girl in Southwark is left behind.



**End of the year Christmas Party**

# Flashy Wings Trustees' Report

## For the Year Ending 31 March 2025 Summary of Projects and Activities

The year 2025 has been a highly successful and impactful year for Flashy Wings, despite ongoing challenges. We remain deeply grateful, particularly as 2024 presented even greater difficulties. Throughout the year, the Flashy Wings team worked diligently to bring together Black, Asian and Minority Ethnic (BAME) women in Southwark, addressing the issues that affect them most.

Our community survey identified the energy crisis, domestic violence, and climate change as the top priority concerns. In response, the majority of our 2025 projects were designed specifically to support women and girls'.



**Energy Advice Breakfast meeting**



# Flashy Wings Ministry Breakfast Club

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We began the year with the Flashy Wings Ministry Breakfast Club, which provided a safe and welcoming space for BAME women to network, connect, share experiences, and discuss daily challenges. Topics included emotional wellbeing, trauma, healthy eating, confidence building, domestic abuse, and the cost-of-living crisis.

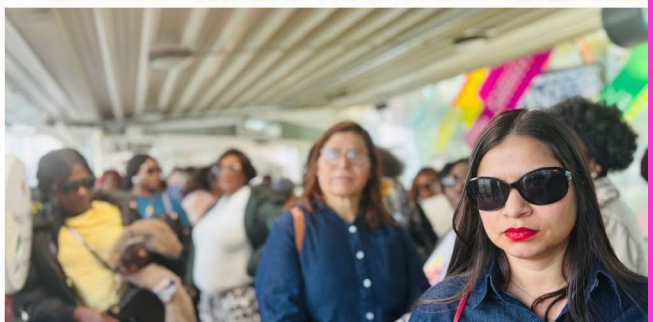
The project has been exceptionally well attended, with an average of 50 women at each session. Feedback from participants has been overwhelmingly positive.

## Project Golden Age

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The project has been exceptionally well attended, with an average of 50 women at each session. Feedback from participants has been overwhelmingly positive.



**Recreational Activity**



# Community Celebrations and Events

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Alongside our core projects, Flashy Wings hosted several major community events throughout the year, including:

- ◆ Parliament Week
- ◆ Windrush Celebration
- ◆ Summer Outdoor Events
- ◆ Black History Month
- ◆ Easter event
- ◆ International Women's Day
- ◆ Christmas Party

All events were very well attended and delivered positive social and emotional outcomes for participants.

# Domestic Violence Group Therapy Programme

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Flashy Wings delivered a six-month group therapy programme for victims and survivors of domestic violence. The programme focused on healing, recovery, and supporting women to rebuild their lives free from unresolved trauma.

Over 45 women benefited directly from this programme.

# Energy Crisis Support and Climate Change Action

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We delivered extensive community engagement around the energy crisis and climate change through coffee mornings, community outreach, one-to-one debt advice, and energy awareness activities. Our newest initiative included the launch of energy-saving awareness animated videos.

Through this work, we supported over 800 households across Southwark. Support provided included:

- ◆ Warm Home Discount information
- ◆ Access to energy efficiency measures
- ◆ Registration with the Priority Services Register
- ◆ Personalised energy advice
- ◆ Carbon monoxide safety awareness
- ◆ Energy debt advice and support



# Project Green Angels

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As part of our climate change action, we established Project Green Angels, training Black community members to educate and empower the BAME community on climate change issues. The project focuses on awareness, sustainability, and community-led environmental action.

# Women's Health and Wellbeing Programmes

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We launched a six-week women's health discussion programme focused on perimenopause and menopause. The programme aimed to break myths, challenge misinformation, and equip women with practical knowledge and coping strategies.

In response to declining cancer screening rates among BAME women in Southwark, we also hosted breast and cervical cancer screening education sessions. These sessions encouraged early screening and highlighted the importance of early intervention in saving lives.

# Love Box Food Distribution

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Our Love Box Food Distribution project continued to support families in need. Over 150 refugee families benefited regularly from this initiative. We aim to secure additional funding to ensure the continuation and expansion of this vital service.

# Flashy Wings Girls Club

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For eleven years, Flashy Wings has been a steady light for girls aged 14–19 navigating some of the most fragile ground in Southwark. Based on the borough’s most deprived estates, we support girls who are too often unseen and unheard. Ninety percent of our participants are from ethnic minority backgrounds—predominantly Black and Hispanic, alongside Iranian girls—and 40% are refugees or asylum seekers. They are growing up at the intersection of poverty, violence, displacement, and systemic neglect.

The girls we support face multiple, overlapping risks: domestic violence, crime and gang association, school exclusion, substance misuse, sexual exploitation, and teenage pregnancy. Many have experienced significant trauma. While each story is unique, the impact is shared.

In 2025, Flashy Wings successfully implemented several programmes aimed at supporting and empowering young girls. These included a 20-week trauma-informed workshop, three recreational activities, and a Teenage and Parents’ Forum.

Participation levels were strong, with an average attendance of 40–50 girls across the activities. Feedback and observations indicated that the participants were highly engaged and responded positively to all sessions.

Building on the success of these initiatives, Flashy Wings is committed to developing and delivering more innovative, engaging, and empowering programmes to further support the wellbeing and development of young girls.

# Partnerships and Collaboration

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Throughout the year, Flashy Wings worked in partnership with a wide range of organisations and public bodies, including Southwark Council. Key collaborations included:

- ◆ London School of Economics Faith Centre – exploring collaboration between faith communities and local government to address the climate crisis.
- ◆ Southwark Stand Together Celebration
- ◆ Southwark Borough of Sanctuary Celebration
- ◆ Community Foundation VAWG Panel – exploring systemic barriers affecting victims and survivors.
- ◆ DASA Commissioning – supporting grassroots charities addressing domestic violence.
- ◆ Metropolitan Police “Met Engage” Community Crime-Fighting project

## Conclusion

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All activities delivered in 2025 were phenomenally successful and informed directly by community feedback and surveys, enabling us to design targeted and impactful programmes.

Despite ongoing challenges, 2025 was a year of growth, learning, and meaningful impact. We look ahead with greater hope, resilience, and optimism as we continue to serve and empower our community.

# Staff Training

Throughout the year, our staff participated in a comprehensive programme of training and professional development. As an organisation, we recognise that to sustain our vision, remain relevant, and respond effectively to the changing needs of our communities, continuous learning and capacity-building are essential. These trainings have supported both individual growth and collective organisational development.



**Southwark Vision 2030 Conference**



## Trainings completed include:

- ◆ Safeguarding Training – Level 3
- ◆ Digital Skills Training
- ◆ Project Planning and Evaluation
- ◆ Energy Advice and Debt Training
- ◆ Trustee Training and Annual Reporting
- ◆ Food Safety and Hygiene
- ◆ Health and Safety
- ◆ Policies and Administration
- ◆ Carbon Monoxide Safety
- ◆ Leadership and Public Speaking
- ◆ Health and Wellbeing
- ◆ Fuel Poverty Awareness Training

These training opportunities have strengthened our team's knowledge base, enhanced practical skills, and increased confidence across all roles. As a result, staff are better equipped to carry out their responsibilities effectively, maintain high standards of service delivery, ensure compliance with regulations, and support the organisation's strategic objectives. Collectively, this investment in training has improved our resilience, professionalism, and ability to deliver meaningful impact within the organisation and the wider community.



**Southwark Neighbourhood Round Table Discussion**

# Our Challenges

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Flashy Wings Organisation, like many grassroots charities, faces operational challenges that affect the delivery of our programmes. A key challenge during the reporting period has been the timing of access to grant funding, which remains our primary source of income.

While many grant applications were successful, the release of funds often took three months or longer after approval. These delays led to project rescheduling, overlaps, and, in some cases, the postponement of activities. As a result, not all planned projects were completed within the year, and some have been carried forward into 2026

Furthermore, there were instances where funders experienced payment delays while still requiring projects to be delivered within the original agreed timeframe. This placed additional pressure on staff and volunteers, affecting workflow and project coordination. Despite these constraints, the team worked diligently to manage expectations, adjust timelines where possible, and continue delivering meaningful impact.

These challenges underscore the importance of timely fund disbursement, flexible funding structures, and diversified income streams to ensure sustainability. Flashy Wings Organisation remains committed to strengthening its financial resilience while continuing to serve our beneficiaries effectively.



# Flashy Wings Finances – Overall

At the end of 2025, Flashy Wings recorded a total annual income of £123,798.26 and total expenditure of £122,831.81 resulting in a net surplus of £966.45.

This positive balance reflects careful financial management throughout the year. Flashy Wings will continue to apply for grants and external funding to ensure the sustainability of its projects and the continuation of its activities.



**Summer Outdoor Activity**



# Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year that give a true and fair view of the financial position of the charity for that period.

In preparing these financial statements, the trustees are required to:

- ◆ Select suitable accounting policies and apply them consistently.
- ◆ Make judgements and estimates that are reasonable and prudent; and
- ◆ Prepare the financial statements in accordance with applicable accounting standards and legal requirements.

The trustees are also required to keep proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity. They are responsible for safeguarding the assets of the charity and for taking reasonable steps to prevent and detect fraud and other irregularities.



**Women's Conference**





**Flashy Wings Girls Club**



**Flashy Wings Girls Club**



**Girls Club**



# Our Funders

We would like to express our sincere gratitude to all our funders for believing in our vision and supporting our work. Your generosity and commitment make it possible for us to continue delivering meaningful impact within our community. Without your support, the work we do would not be possible.

We proudly acknowledge and thank the following funders:

- 1 SGN Safe and Warm Community Scheme
- 2 Sport England
- 3 Southwark Council Energy Fund
- 4 Southwark Council
- 5 United St Saviour's Charity
- 6 Wakefield Tetley Trust
- 7 The National Lottery Community Fund
- 8 Southwark Charities
- 9 London Community Foundation / VAWG Home Office



# Partnerships

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Flashy Wings has been privileged to work in partnership with a wide range of organisations within and beyond Southwark. These collaborations have been incredibly impactful, and we would like to take this opportunity to sincerely appreciate and acknowledge all our partners for their continued support and commitment.

## **Our valued partners include:**

- 1 Southwark Health Ambassadors
- 2 Community Southwark
- 3 SGTO
- 4 Active Communities Network
- 5 Southwark Refugee Community Forum
- 6 UK Parliament Week
- 7 Southwark Neighbourhood Police
- 8 Raven & Rain Ministry
- 9 Southwark multi-Faith Forum
- 10 London Fire Brigade
- 11 Women's Resource Centre
- 12 NHS Southeast London ICB – Southwark
- 13 London Faith & Belief Forum
- 14 Caribbean & African Health Network
- 15 The Hygiene Bank
- 16 Historic Royal Palaces



Our Trustees and team have worked extremely hard, and we are proud of what we achieved in 2023. We remain committed to continuing our work to support and build a strong community where unity, love, equality, and diversity thrive.

Approved by the Trustees on 5 January 2025.

Signed on behalf of the Trustees,

A handwritten signature in black ink, appearing to read 'Queen Ekuerhare', written over a horizontal line.

**Queen Ekuerhare**

**Position:** Chair

Date: 10 January 2025

# Independent Examiner's Report

## FLASHY WINGS MINISTRY

Year ended 31 March 2025

### Respective responsibilities of trustees and examiner

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The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### Basis of independent examiner's report

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My examination was carried out in accordance with the general Directions given by the Charity Commission and Companies Act 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

which gives me reasonable cause to believe that, in any material respect, the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and

to prepare accounts which accord with the accounting records, and to comply with the accounting requirements of the 2011 Act have not been met; or

to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.



Hammad Riaz AFA MIPA AAT  
Independent Examiner  
38A Southall Broadway  
UB11PY



# Flashy Wings Ministry

## INCOME AND EXPENDITURE ACCOUNT

For the year ended 31 March 2025

	Notes	2025 £	2024 £
<b>Income</b>			
Donations	2	123,798.26	59,502.12
<b>Total income</b>		<b>123,798.26</b>	<b>59,502.12</b>
<b>Operating expenditure</b>		<b>(122,831.81)</b>	<b>(66,370.62)</b>
<b>Operating surplus / (deficit)</b>		<b>5,082.94</b>	<b>3,286.46</b>
 Interest payable and similar charge		 0	 0
<b>Retained surplus/(deficit) for the financial year</b>		<b>5,082.94</b>	<b>3,286.46</b>
 <b>Other income</b>			
Interest receivable and similar income		0.00	0.00
<b>Retained surplus / (deficit) for the year</b>		<b>966.45</b>	<b>(6,868.50)</b>

# FLASHY WINGS MINISTRY

## BALANCE SHEET

As at 31 March 2025

	Notes	2025	2024
		£	£
<b>Current assets</b>			
Cash at bank and in hand		4,764.39	4,804.21
<b>Total current assets</b>		4,764.39	4,804.21
 <b>Creditors: amounts falling due within one year</b>	 6	 (750.00)	 (750.00)
Net current assets		4,014.39	4,054.21
<b>Net assets</b>		<b>4,014.39</b>	<b>4,054.21</b>
 <b>Funds</b>			
Unrestricted income funds		4,014.39	4,054.21
<b>Total funds</b>		<b>4,014.39</b>	<b>4,054.21</b>

# NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

## 1. Accounting policies

The principal accounting policies are summarised below. These accounting policies have been applied consistently throughout the year and the preceding year.

### 1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Charities Act 2011 and applicable accounting standards.

### 1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.



## 1.3 Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, including direct costs and support costs necessary to sustain them.

## 2. Voluntary income

	Notes	2025	2024
		Total £	Total £
Donations		123,798.26	59,502.12
Grants receivable		---	---
<b>Total voluntary income</b>		<b>123,798.26</b>	<b>59,502.12</b>

### 3. Other income

No other income was received during the year (2024: Nil).

### 4. Employees

	2025	2024
Number of employees	Nil	Nil

### 5. Taxation

The charity's activities fall within the exemptions provided by the Income and Corporation Taxes Act 1988. Accordingly, no taxation charge is payable.

### 6. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	750.00	750.00

### 7. Unrestricted funds

	At			At
	1 April 2024	Incoming	Outgoing	31 Mar 2025
	£	£	£	£
Unrestricted Fund	3,047.94	123,798.26	(122,831.81)	4,014.39

## STATEMENT OF ACTIVITIES (DETAILED EXPENDITURE)

Expenditure	2025	2024
	£	£
Project Management	6,716.00	2,796.33
Refugee Food Distribution	8,236.08	6,776.37
Admin (Insurance, storage office).	7,846.32	6,151.92
Volunteers and support worker expense	10,210.70	10,075.58
Sundries	2,154.32	1,286.09
Professional fees	19,129.15	5,382.93
Advertising	1,839.51	2,441.41
Venue Hire	23,121.66	9,256.39
Entertainment	3,053.77	1,884.10
Digital project	4,453.42	1,884.10
Project Expenses	31,724.80	26,692.92
Cash / Cash for Refugees	2,991.13	----
Cash – Others	560.00	----
Uncategorized Expense	44.95	----
<b>Total expenditure</b>	<b>122,081.81</b>	<b>66,370.62</b>



Governance costs	2025	2024
Accountancy fees	750.00	750.00
Bank Charges	0	--
<b>Total governance costs</b>	<b>750</b>	<b>750.00</b>

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**Net incoming / (outgoing) resources**

**Net surplus for the year ended 31 March 2025: £1,716.45**

**Net deficit for the year ended 31 March 2024: £(6,868.50)**



**Flashy Wings** is a change-driven organisation established to address common community issues that marginalise women and girls.

It is our joy to see women and girls discover and fulfil their full potential. We inspire them to dream boldly, do great things, and live lives beyond limitations.