

FLASHY WINGS MINISTRY ANNUAL REPORT 2021/2022



www.flashywingsministry.com



flashywingsministry@gmail.com



1163246



In loving memory of
Her Majesty
Queen Elizabeth II
1926-2022

CONTENT

Administrative Information_____	03
About Flashy Wings_____	05
Aims and objectives_____	06
Trustees Report for the year ending March 2022_____	08
Our Challenges and Achievements & Awards_____	16
Flashy Wings Finances overall_____	17
Funders Appreciation _____	18
External Examiner Report_____	20
Flashy Wings Expenditure & Balance Sheet _____	21
Notes _____	23



Charity number: 1163246

**Report of the Trustee
and Examined Financial
Statements For the Year
end 31/03/2022 For
FLASHY WINGS MINISTRY**



Flashy Wings Administrative Information

Charity Registration Number-1163246

www.flashywingsministry.com

flashywingsministry@gmail.com

Members of Trustee

Chair: Queen Ekuerhare

Secretary: Phaedra Flash

Treasurer: Sophia Obang-Mireku

Welfare Officer- Catherine Dohou



Flashy Wings workshop with Ukrainian Refugees

Independent Examiner

Tax Solution Accountants Ltd 38A
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Accountant

Basit Ali
Basit852X@gmail.com

Charity Address

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Camberwell
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Se5 8pp

Bank

Santander Bank
Camberwell
London SE58RZ

About Flashy Wings

Flashy Wings Ministry is a UK BAME women's charity based in South-East London. For the past nine years, we have served women from all walks of life in the Southwark estate by helping them deal with social, economic, and personal issues.

We engage women on diverse platforms: Workshops, classes, conferences, coffee mornings, and recreational activities. So far, our successes are evident by the outcomes of several community projects for women.

Flashy Wings Charity organization is developed with the goal of empowering women and helping them overcome unpalatable life situations. Our organization engages the female gender (young and old) with activities and resources ranging from domestic violence, wellbeing, health, and immigration. Technology to finances.

Additionally, we partner with the UK Parliament yearly, hosting Parliament week, and we work with Southwark Council, Southwark neighbourhood police, and various community women's groups.

One of the premises that set to make our project a success is our creative approach to women's engagement, our efforts to encourage and engage women with their community through interactive events and dialogue, another is social community building.

99% of women supported by our projects are of black ethnic minority origins. 70% are Black African Origins, 29% are Caribbean Origins, and 1% are Asian.

We have reached over 300 women with our face-to-face activities and thousands on our digital platform.

Aims and objectives

Our aims are:

- To promote a well-informed community where women have education and information to tackle their challenges.
- To promote the harmonious functioning of a diverse community and encourage networking.
- To gradually support isolated women by helping them to socialize and improve their wellbeing

Flashy wings have drawn a repertoire of ranks and reaching! Which includes winning the Mayor of Southwark civic award, Southwark star award, Wise women award, and London faith and belief community awards.



Flashy Wings group therapy class

CORE VALUES

Flashy Wings will uphold values such as:

- ◆ Women Empowerment
- ◆ Love
- ◆ Respect
- ◆ Unity and diversity
- ◆ Growth
- ◆ A constructive approach to issues
- ◆ Dedication and commitment
- ◆ Excellence

Trustees Report for the year ending 31st March 2022



Flashy Wings Safe guiding training

Summary of projects

It has been an amazing year, Flashy wings team has worked tirelessly, to connect BAME women in Southwark together to address issues that have affected us the most. From our survey, the top issues that were priority were domestic violence and mental health, that is why most of our projects in 2022 were created to support and address these issues.

We are also grateful to be recognised and awarded by various organisations. Which makes it worthwhile. We also want to use this opportunity to acknowledge the passing away of beloved Queen Elizabeth II she was indeed a mother to the nation. We are privileged to witness her reign and grateful for her 70 years of service and devotion.

We are also honoured to witness the succession of King Charles III long live our noble king.



We started the year with our digital workshop on mental health awareness program, since the outbreak of covid-19 many of our service users have attested to suffering from anxiety and depression. We had to tackle the situation by hosting some series of digital workshops to bring about awareness and empowerment. The event was very engaging and impactful. The overall feedback was very positive, and we aim to have more mental health awareness activities as Flashy Wings Ministry has been hosting monthly women's breakfast club in Southwark. It will be an opportunity to network, connect, share, and speak about the challenges of post- pandemic issues. Thereby, dealing with matters of the heart like obesity, trauma, healthy eating, confidence building, abuse, bereavement, and wellbeing.

The project has been very well attended, so far, an average of 70 women attends the breakfast meetings.



Flashy wings have been hosting a monthly wellbeing group therapy class, to deal with issues of domestic violence and mental health. In the BAME community, a lot of women have challenges in these areas. We have enlisted the help of a trauma-informed coach, psychotherapist, and counsellors to support the women by aiding them with the right knowledge and tools to be empowered to make the right decisions. We have over 55 women attending the group therapy classes.

Apart from the group therapy, we also organise one on one counselling for some of the women that have more traumatic histories, the counselling is to help women who have suffered gang rape, genital mutilation, incest, trafficked, etc, to find healing. Over presently on this project.

From our surveys older women were feeling left out, they wanted an activity designed for them, so we came out with lunchtime, where women from 60 onwards can come together to share life's journey, connect, and have fun, it has been a huge success over 45 SNR citizens attend the event.



Every year we host some recreational activities, especially during the summer, this year we hosted a boat cruise conference, summer barbecue, trip to tower of London, etc.

Flashy wings set up a breakfast club once a month to address Mental Health issues, the breakfast meetings were well and attended, we invite professionals to give practical tips on caring for one's wellbeing.

Flashy wings hosted a couple of digital Facebook-Live streams to address mental health impacts on women because of the pandemic.

They have been an uprise in domestic violence in Southwark, some of the users of our services are victims of domestic violence, as a result, we hosted a five-week Facebook-Live stream on domestic violence we had over 60,000 viewers. It was a very successful project.

Flashy wings hosted a mental health dinner, we wanted to address the taboos of mental health in the BAME community, it was well attended, a very educative and relaxing time.

We also hosted a five-week group therapy workshop, for women that had anxiety and trauma issues, they were given professional tips on how to manage their stress levels.

We also provided counselling 1-1 support to women with no recourse to public funds but disparately need to talk to someone.

In the summer we enjoyed two recreational activities, we took over 40 women to the imperial wall museum, a trip down memory lane and we also enjoyed an outdoor picnic it was a fun and relaxing time.

Flashy wings had a grand Black history month event, it was a wonderful event celebrating black women's achievements, taking lessons from history, enjoying African music, and everyone being treated to African cuisine.

We have been distributing food and essentials, to refugees and women on low income in the group, recently there have been anxieties around the increase in the price of food and gas. A lot of women in the group are feeling the heat.

Southwark introduced a Cost of Living Fund £100 voucher for Southwark household struggling with paying their energy bill, Flashy wings were one of the charities that were appointed to refer families, and we referred over 80 families that were supported.



We end the year on a high with a Christmas dinner outing, it was a joyful celebration. A time of learning, laughter, and love.

In all we had a very eventful year amidst all our challenges, we are looking into 2023 with greater hope and optimism.



Flashy Wings summer Bbq



Flashy Wings summer Bbq



Leadership Management training



Leadership Management training

Staff Training

We have series of staff training this year, things are changing as a group for us to sustain our vision and remain relevant, we must upgrade through training and courses. Here are some of the training we attended.

- ◇ Safeguarding training level 3
- ◇ Digital training
- ◇ Project planning and evaluation training
- ◇ Financial management training
- ◇ Trustee training and annual reporting
- ◇ Food and hygiene
- ◇ Health & safety
- ◇ Polices and administration
- ◇ Graphic design training
- ◇ Leadership & Public speaking
- ◇ Health & Wellbeing training
- ◇ Communication skills training

So far, the training has been very empowering for the staffs, making them feel more confident and able to support the organisation.



Food hygiene training

Our Challenges

Flashy wings organisation is not without challenges although we are good at surmounting any mountain of problems around us. One of our big challenges is the timing of accessing successful grants, we are a small grass-root charity, so our main source of grant is through funding. In most cases, it can take three or more months to access a successful grant, which leads to lots of delays, project pile over, and project spill over. For instance, this year we have not completed all our projects due to some funder payment delay, we are to carry some of the projects over to 2023. In some cases, some funders do delay but want the project to end within the duration given, this can be very stressful for the team, although in every situation we always try our best.



Flashy Wings group therapy class

Flashy Wings Finances overall

Flashy Wings Finances Overall At the end of 2022, our income for the year amounted to

£88,269.66 our expenditure was £84,983.20 our net is £2,536.46 part of this money is for spill over projects from 2022. Flashy Wings will continue to apply for grants it needs to carry on our projects and activities.

Trustees' responsibilities

The charity Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the trust for that period. In preparing those financial statements the trustees are required to:

- ◆ Select suitable accounting policies and apply them consistently
- ◆ Make judgements and estimates that are reasonable and prudent
- ◆ Prepare financial statements: They are also required to keep proper accounting records that disclose with reasonable accuracy at any time, the financial position of the charity. They are also responsible for accuracy at any time, the financial position of the trust, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Funders

We want to appreciate all our funders, for believing in us and making our dreams come true, without our funders it is impossible to do what we do.

Our Funders:

1. Impact on Urban Health
2. United St Saviour's Charity Southwark
3. Mopac VAWG (mayor's office for policing & crime)
4. Peabody
5. Southwark Council
6. Southwark neighbourhood fund
7. Community Southwark
8. Southwark Charities
9. United St Saviour's Charity Southwark
10. Southeast London Cancer Alliance NHS
11. Southwark Healthwatch Southwark

Impact
on **Urban**
Health

 **Community
Southwark**

 **SOUTHWARK
CHARITIES**
UNITED TO SERVE

 **Peabody**

 **NHS**
South East London
Cancer Alliance

 **healthwatch**
Southwark

 **United**
St Saviour's Charity
Southwark

 **MOPAC** | MAYOR'S OFFICE FOR
POLICING & CRIME

 **healthwatch**
Southwark

 **Southwark**
Council

Our trustees and team have worked very hard, we are proud of what we have achieved in 2022 and we are to continue to support and build a strong community where unity, love, equality, and diversity will reign.

Approved by the Trustees on the 19th of January 2023 Signed on their behalf by Queen Ekuerhare

Position: Chair

Signature: 

Date 26/01/2023



Independent Examiner's Report to the Trustees of FLASHY WINGS MINISTRY

Year ended 31st March 2022

I report on the accounts of the company for the year ended 30th April 2022 which are set out on pages ... to ...

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission and Companies Act 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

1. In connection with my examination, no matter has come to my attention:
 - which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, and to comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.



Hammad Riaz AFA MIPA AAT
Independent Examiner
38A Southall Broadway
UB11PY
Date 26/01/2023

Flashy Wings Ministry

Income and expenditure account For the year ended 31 March 2022

	Notes	2022	2021
		£	£
Income		88,269.66	68,486
perating expenditure		(84,983.20)	(37316.28)
Operating surplus/(deficit)		3,286.46	5,592
Other income			
Interest receivable and similar income		0	0
		3,286.46	5,592
Interest payable and similar charge		0	0
Retained surplus/(deficit) for the financial year		3,286.46	5,592

Flashy Wings Ministry

Balance sheet as at 31 March 2022

	Notes	2021	2020
		£	£
Current assets			
Cash at bank and in hand		3,292.88	10,101.99
		<hr/> 3,292.88	<hr/> 10,101.99
Creditors: amounts falling due within one year		(750.00)	(600.00)
Net current assets		2,542.88	9,501.99
Net assets		<hr/> 2,542.88	<hr/> 9,501.99
Funds			
Unrestricted income funds		2,542.88	9,501.99
Total funds		<hr/> 2,542.88	<hr/> 9,501.99

Flashy Wings Ministry

Notes

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included. Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

2. Voluntary income

	Notes	2022	2021
		Total £	Total £
Donations		88,269.66	68,486
Grants receivable		---	---
		88,269.66	68,486

3. Donations and gifts

---	---
88,269.66	68,486

4. Employees

Employment cost	2022	2021
Number of employees	Nil	Nil

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full-time equivalents, was as follows:

2022	2021
Number	Number
0	0

5. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

6. Creditors: amounts falling due within one-year

	2022	2021
	£	£
Accruals and deferred income	750.00	600.00

7. Unrestricted funds

	At		At
	01 April	Incoming Outgoing	31 Mar
	2021	resources resources	2022
	£	£ £	£
Unrestricted Fund	6.42	88,269.66 (84,983.20)	3,292.88

Incoming resources

Incoming resources from generating funds:	2022	2021
<i>Voluntary income</i>		
Donations	88,269.66	68,486
Grants receivable	----	----
	<hr/>	
	88,269.66	68,486
<i>Investment income</i>		
Other interest receivable	-----	-----
Total incoming resources from generating funds	88,269.66	68,486
	<hr/>	
Total incoming resources	88,269.66	68,486

Fundraising trading: cost of goods sold and other costs

Support Cost	2022	2021
	£	£
Project Management	4,000.00	9,206.00
Travel, fuel, Transport	-----	3,692.00
Refugee food distribution and essential.	7,500.00	7,806.00
Admin (Insurance, storage office.	10,000.00	3,414.00
Volunteers and support worker expense	15,000.00	8,962.00
Equipment hire	-----	6,629.00
Sundries	1,583.20	1,783.00
Professional fees	7,700.00	13,720.00
Advertising	-----	316.00
Venue Hire	8,800.00	2,253.00
Entertainment	-----	4,507.00
Digital project	4,400.00	-----
Project Expenses	26,000.00	-----
Total costs	84,983.20	2,294.00

Governance costs	2022	2021
<i>Support costs</i>		
Support - Professional - Accountancy fees	750.00	600.00
Bank Charges	0	--
Total governance costs	750	600.00
Net incoming/(outgoing) resources for the year	2,536.46	5,592.00



Flashy Wings is a change-driven organization established to address the common community issues that marginalize women.

It our joy to see women fulfil their potentials. Be inspired to do great things. And live a life beyond limitations.

Thank you