

CANTERBURY CANTATA TRUST

England & Wales · Charity number 1163197

Details

Status Registered

Legal form Charitable company

Company number [08293466](#)

Registered 2015-08-19

Register [View on the Charity Commission register](#)

Contact

Address April Cottage
Cherville Lane
Bramling
Canterbury
KENT

Phone 07808905386

Email r.ahmad@canterburycantatastrust.co.uk

Website www.canterburycantatastrust.org.uk

Activities

Objects: To advance the education and training of amateur singers of all abilities by offering an opportunity for anyone to sing with others without an audition or former experience of choral singing, in particular but not exclusively for those with a disability to help relieve their condition. To advance the health and well-being of the public by participating in research and education in singing and musical activities, in particular but not exclusively for younger people and those with a disability or long-term illness. To promote, sustain and increase the personal development and skills of individual musicians and their performances of music and other cultural and educational activities in order to make music more accessible to the public. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving need amongst those who are socially excluded and assisting them to integrate into society. For the purposes of this article socially excluded means being excluded from society or parts of society, as a result of one or more of the following factors: youth or old age; physical or mental ill health; substance abuse or dependency including alcohol or drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship or family breakdown; poverty; homelessness.

Activities: Hosting singing opportunities for varied groups, some community choirs, one auditioned and some groups for People with Parkinson's

Classification

- **How:** Provides Services, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Recreation
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Kensington And Chelsea
- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£169,183	£87,627	-	-
2024-08-31	£52,256	£79,610	-	-
2023-08-31	£100,063	£80,608	-	-
2022-08-31	£84,779	£53,330	-	-
2021-08-31	£63,898	£37,293	-	-

Trustees

Name	Role	Appointed
ROSHNA AHMAD BA	Chair	2014-09-17
Dr Emily Sayers		2026-06-02
Dr Nazir Bashir		2022-08-30
LAURENCE GREEN BDS		2014-10-21
MISS JO HEATH		2014-09-17

CANTERBURY CANTATA TRUST

England & Wales - Charity number 1163197

Accounts

COMPANY REGISTRATION NUMBER: 08293466

CHARITY REGISTRATION NUMBER: 1163197

Canterbury Cantata Trust
Company Limited by Guarantee
Unaudited Financial Statements
31 August 2025

BURGESS HODGSON LIMITED

Chartered accountants
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Financial Statements
Year ended 31 August 2025

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	6
Statement of financial activities (including income and expenditure account)	7
Statement of financial position	8
Notes to the financial statements	9

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 August 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2025.

Reference and administrative details

Registered charity name Canterbury Cantata Trust
Charity registration number 1163197
Company registration number 08293466
Principal office and registered office April Cottage Cherville Lane
Bramling
Canterbury
Kent
CT3 1LZ

The trustees

R E Ahmad
L R D Green
J L Heath
N Bashir
T M Kidd

Independent examiner Thomas Saltmer
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2025

Structure, governance and management

a) Constitution

The charitable company is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 6 May 2015 and became a registered charity on 19 August 2015.

The reference and administration information is set out on page 1 of the financial statements.

b) Method of appointment or election of trustees

The management of the charitable company is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Charity's policy is to invite suitable local people to become Trustees of the Charity. Trustees are re-elected at the Annual General Meeting of the Charity.

c) Organisation structure and decision making

The charitable company has a Board of Trustees which meet regularly. Between board meetings, necessary decisions taken and actions are the responsibility of the Chair, and the individual Directors.

d) Risk assessment

The trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Public benefit

When considering the Canterbury Cantata Trust, the Trustees have complied with the Charities Act in order to have due regard to the Charity Commission's general guidance on public benefit.

Objectives and activities

The objects of the Charity are:

- (1) To promote, improve and develop singing activities and singing education in order to improve the health, well-being and social cohesion of communities.
- (2) To encourage younger people to engage in singing activities providing support for the public.
- (3) To benefit the personal development and skills of individual musicians and their performances of music and other cultural and educational activities in order to make music more accessible to the public at large; and to benefit any charity and to further any purposes which are charitable.
- (4) To advance the education and training of amateur singers of all abilities by offering an opportunity for anyone to sing with others without an audition or former experience of choral singing, in particular but not exclusively for those with a disability to help relieve their condition.

For the purpose of this article 4, socially excluded means being excluded from society or parts of society, as a result of one or more of the following factors: youth or old age; physical or mental ill health; substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender or re-assignment; poor educational or skills attainment; relationship or family breakdown.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2025

Achievements and performance

CANTERBURY CANTATA

Cantata is our auditioned chamber choir. We had our Autumn concert 2024 of Mozart's Missa Brevis and Haydn's Little Organ Mass at St. Paul's Church, Canterbury, accompanied by Leon Quartet. We welcomed two local students as soloists as we feel it is good to give young people the opportunity to perform as soloists.

Our Spring concert 2025 was at St. Peter's Methodist Church featuring Todd's Mass in Blue and Chilcott's Jazz Mass. We were accompanied by a fantastic jazz quartet and wonderful soprano soloist Anna Gregg.

Our Summer concert was a programme of Italian music - Puccini Messe de Gloria and Verdi arias with Canterbury Camerata accompanying at Colyer Fergusson Hall. We also collected for Parkinson's Centre for Integrated Therapies as our missions cross over.

We are fortunate to have a good audience following now and are still working on growing this through our mailing list, website and social media. We are always pleased to employ local professional musicians to accompany the choir and are especially lucky to have Helen Crayford as our rehearsal repetiteur.

AMICI CHORUS

Grenville Hancox reassumed facilitation of Amici from September 2024 and embarked upon a programme of rehearsals that presented the choir with targets to rebuild both the confidence of the choir, recruit new members and encourage the return of others. By December we were in a position to welcome friends to an informal performance of seasonal music and embark upon the rehearsal of Misa Criolla by Ramirez. This pattern continued throughout the spring term whilst also starting to rehearse choruses from The Creation by Haydn.

A very satisfying performance of the Ramirez was given in June 2025 followed by rehearsals to learn The Creation for a performance planned for November 2025.

SKYLARKS

Skylarks is our flagship singing group for people with Parkinson's. Its membership is growing again following a dip after Covid. There is a real buzz at sessions and the MS centre have been amazing at hosting us. Lucy Markes does a wonderful job as volunteer Chair. She works tirelessly to make sure everything runs smoothly. Some of our members are currently trialling Nicola Wydenbach's sing Parkinson's app. We still alternate our sessions weekly on zoom and face to face which works well for our members. The Langton boys' link is going from strength to strength and the arrangement works well. The boys are involved in both sessions, contributing with ideas, their voices, enthusiasm and fun! They are currently writing content for their methodology for singing with Parkinson's.

MONDAY MUSIC CANTERBURY

Monday Music Canterbury is CCT's popular 'music for wellbeing' group based, as its name suggests, in Canterbury. Facilitator Phil Self got us off to a great start in September 2024, with everyone enjoying lots of sea shanties, rounds, folk melodies and popular favourites from the Monday Music folder. With Phil moving on to pastures new, Lucy Gove took over in January 2025 and the group have been enjoying lots of songs from the folder as well as a few new numbers to keep things fresh. We've maintained good attendance and things run nice and smoothly thanks to the fabulous volunteers including Patricia, Jenny, Diane, Jonathan and Lois. Sadly, Margaret can no longer attend regularly and we miss her very much.

MONDAY MUSIC FOLKESTONE

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2025

Mirroring our Canterbury group, this group continues to thrive as a community singing group with constant positive feedback from its members about how significant they find it in their lives. It acts not only as a means of kick starting the week for all participants (many of whom contend with challenging health issues) but also as a mutual support group for each other. The pre session cup of tea/coffee provided by Holy Trinity Church presents an opportunity for a catch up with end of term specials marking the season. Our project with St Peter's School Folkestone continued with some members of Monday Music Folkestone singing at the school with the children in December 2024 and three year classes coming to Holy Trinity in July 2025 to sing together with all members of the group. As in the previous year, this was followed by a picnic in The Grand with the children returning to school on foot singing all the way!

Financial review

The Trustees are pleased to report that the financial position of the Charity is secure with reserves of £151,481 (of which £65,437 were unrestricted) as at 31 August 2025. The increase from total reserves last year (£69,925 as at 31 August 2024) is mainly due to the receipt of the grant from Oak Foundation.

Going concern

After making the appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2025

Plans for future periods

Under the artistic direction of Emily Renshaw-Kidd working with the volunteer Board of Trustees, CCT will move forward to consolidate its position as a recognised co-ordinator and provider of groups providing "Caring through Singing", extending further our reach with our programme of training and mentoring for facilitators. We will continue the firm association between Simon Langton Boys' School and the Skylarks group, engendering knowledge and appreciation of the link between singing and health benefits.

A schedule of public performances by Cantata and Amici Chorus will continue, showcasing the benefits of singing and the talents of local musicians to appreciative audiences. Canterbury Cantata will perform a programme of "Songs of Love" in October 2025 followed in early 2026 by the St Matthew Passion. Amici will join forces with some of Cantata choir to perform the much loved "Creation" under Grenville Hancox in his final performance with them in November 2025. Monday Music groups are also thriving in in Canterbury and Folkestone and a new one run in partnership with Derby Cathedral will commence in 2026.

Sing to Beat continues to grow with a new Dublin introductory course sponsored by Parkinson's Ireland for October 2025 and a new peer review/mentoring course planned in partnership with Music4Wellbeing. Participation in the World Parkinson's Congress in May 2026 in Phoenix Arizona is also planned with publicity for the " SingApp" and an invitation to contribute to a singing day on the day preceding the congress.

The generous patronage by our local foundation and Owen Hearing helps us continue to provide these vital services to the community. Our support for, and collaboration with the ground-breaking Parkinson's Centre for Integrated Therapies based at Kent University, Canterbury (PCIT), continues through joint fundraising concerts. We were able to donate to PCIT through our collection at the Canterbury Cantata Puccini concert in June 2025 and will maintain this connection for future concerts. We are beginning to make many exciting links with other music and health organisations, further spreading the word about the vital work of the Trust, with the benefits of singing being at the forefront of much press coverage at present.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on and signed on behalf of the board of trustees by:



R E Ahmad
Trustee

Canterbury Cantata Trust

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Canterbury Cantata Trust

Year ended 31 August 2025

I report to the trustees on my examination of the financial statements of Canterbury Cantata Trust ('the charity') for the year ended 31 August 2025.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Thomas Saltmer
Independent Examiner

Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 August 2025

		Unrestricted funds	2025 Restricted funds	Total funds	2024 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	16,763	115,839	132,602	18,326
Charitable activities	6	30,205	5,478	35,683	33,231
Other trading activities	7	221	–	221	115
Investment income	8	–	677	677	584
Total income		<u>47,189</u>	<u>121,994</u>	<u>169,183</u>	<u>52,256</u>
Expenditure					
Expenditure on charitable activities	9,10	34,518	53,109	87,627	79,610
Total expenditure		<u>34,518</u>	<u>53,109</u>	<u>87,627</u>	<u>79,610</u>
Net income/(expenditure) and net movement in funds					
		<u>12,671</u>	<u>68,885</u>	<u>81,556</u>	<u>(27,354)</u>
Reconciliation of funds					
Total funds brought forward		52,766	17,159	69,925	97,279
Total funds carried forward		<u>65,437</u>	<u>86,044</u>	<u>151,481</u>	<u>69,925</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 9 to 17 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Position
31 August 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	15	3,149	3,804
Current assets			
Debtors	16	–	918
Cash at bank and in hand		149,532	68,271
		<u>149,532</u>	<u>69,189</u>
Creditors: amounts falling due within one year	17	1,200	3,068
Net current assets		<u>148,332</u>	<u>66,121</u>
Total assets less current liabilities		<u>151,481</u>	<u>69,925</u>
Net assets		<u><u>151,481</u></u>	<u><u>69,925</u></u>
Funds of the charity			
Restricted funds		86,044	17,159
Unrestricted funds		<u>65,437</u>	<u>52,766</u>
Total charity funds	18	<u><u>151,481</u></u>	<u><u>69,925</u></u>

For the year ending 31 August 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:


R E Ahmad
Trustee

The notes on pages 9 to 17 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 August 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is April Cottage Cherville Lane, Bramling, Canterbury, Kent, CT3 1LZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

In accordance with section 1A of FRS 102, the Charity is taking advantage of the small company exemption from preparing a cash flow statement.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2025

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 10% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

4. Limited by guarantee

The company is limited by guarantee, having no share capital and in the terms of the Memorandum of Association every member of the company undertakes to contribute to the assets of the company in the event of it being wound up while he or she is a member or, within one year after he or she ceases to be a member, such amount as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations	10,496	1,100	11,596
Gift aid reclaim	6,267	–	6,267
Grants			
Grants receivable	–	114,739	114,739
	<u>16,763</u>	<u>115,839</u>	<u>132,602</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2025

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	6,532	2,000	8,532
Gift aid reclaim	3,794	–	3,794
Grants			
Grants receivable	6,000	–	6,000
	<u>16,326</u>	<u>2,000</u>	<u>18,326</u>

STB grant is received based on the percentage of previous grant used. Due to timing differences, there were two STB grants received during the year.

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Membership fees	22,210	4,268	26,478
Other income	2,649	1,210	3,859
Ticket sales	5,346	–	5,346
Concert income	–	–	–
	<u>30,205</u>	<u>5,478</u>	<u>35,683</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Membership fees	22,400	3,037	25,437
Other income	1,997	990	2,987
Ticket sales	4,669	–	4,669
Concert income	138	–	138
	<u>29,204</u>	<u>4,027</u>	<u>33,231</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Fund Generation - online shopping	15	15	–	–
Fund Generation - fund raising	206	206	115	115
	<u>221</u>	<u>221</u>	<u>115</u>	<u>115</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2025

8. Investment income

	Restricted Funds	Total Funds 2025	Restricted Funds	Total Funds 2024
	£	£	£	£
Bank interest receivable	677	677	584	584

9. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Charitable activities	29,597	34,589	64,186
Support costs	4,921	18,520	23,441
	<u>34,518</u>	<u>53,109</u>	<u>87,627</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Charitable activities	24,074	33,439	57,513
Support costs	9,247	12,850	22,097
	<u>33,321</u>	<u>46,289</u>	<u>79,610</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2025	Total fund 2024
	£	£	£	£
Charitable activities	64,186	21,427	85,613	77,431
Governance costs	–	2,014	2,014	2,179
	<u>64,186</u>	<u>23,441</u>	<u>87,627</u>	<u>79,610</u>

11. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets	655	645

12. Independent examination fees

	2025	2024
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	1,215	1,125

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements *(continued)*
Year ended 31 August 2025

13. Staff costs

The average number of employees during the period, excluding the trustees was nil (2024: nil).

14. Trustee remuneration and expenses

No Trustee (or any persons connected with them) received any remuneration in the year. A total of £692.84 (2024: £nil) was reimbursed to trustees in relation to expenses paid on the Charity's behalf and then reimbursed to them.

15. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 September 2024 and 31 August 2025	6,550
Depreciation	
At 1 September 2024	2,746
Charge for the year	655
At 31 August 2025	<u>3,401</u>
Carrying amount	
At 31 August 2025	<u>3,149</u>
At 31 August 2024	<u>3,804</u>

16. Debtors

	2025 £	2024 £
Prepayments and accrued income	—	<u>918</u>

17. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	<u>1,200</u>	<u>3,068</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2025

18. Analysis of charitable funds

Unrestricted funds

	At 1 September 2024	Income £	Expenditure £	At 31 August 20 25
General funds	52,766	47,189	(34,518)	65,437

	At 1 September 2023	Income £	Expenditure £	At 31 August 20 24
General funds	40,442	45,645	(33,321)	52,766

Within unrestricted funds were departments which had the following balances at the year end:

	2025 £
CCT (Charity core costs)	40,759
Amici	1,157
Cantata	3,211
Monday Music Canterbury	7,010
Skylarks	6,424
Monday Music Folkestone	6,876
	<u>65,437</u>

Restricted funds

	At 1 September 2024	Income £	Expenditure £	At 31 August 20 25
Sing to Beat Parkinsons - Oak Foundation	14,159	120,994	(51,109)	84,044
Atherton's Grassroots Fund	2,500	1,000	(2,000)	1,500
Kent Community Foundation	500	-	-	500
	<u>17,159</u>	<u>121,994</u>	<u>(53,109)</u>	<u>86,044</u>

	At 1 September 2023	Income £	Expenditure £	At 31 August 20 24
Sing to Beat Parkinsons - Oak Foundation	54,837	5,611	(46,289)	14,159
Atherton's Grassroots Fund	1,500	1,000	-	2,500
Kent Community Foundation	500	-	-	500
	<u>56,837</u>	<u>6,611</u>	<u>(46,289)</u>	<u>17,159</u>

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements *(continued)*
Year ended 31 August 2025

18. Analysis of charitable funds *(continued)*

SING TO BEAT PARKINSON'S

Sing to Beat Parkinson's (STBP) supports and operates a network of 40 singing groups for people with Parkinson's and other neurological conditions, across the UK and Ireland. Core funding is provided by Oak Foundation who have extended their support until 2030. Our flagship group, Canterbury Skylarks, continues to innovate under the guidance of the charity's Artistic Director, who integrates students from Simon Langton Boys School into the sessions as part of their broader education.

During the past year, a further 55 practitioners, speech and language therapists and apprentice facilitators have completed our international training programme. More than 400 people have now completed our introductory online and residential training courses. In 2025, we ran our first in-person training day in Dublin, Ireland, that was attended by 24 participants. This was run in partnership with Parkinson's Ireland.

STBP operate an ongoing mentoring programme in partnership with the charity Music4Wellbeing. This focuses on practitioner development in a live setting and has enabled us to grow a core base of skilled practitioners.

Abstracts on three aspects of our work were submitted to and accepted for presentation at the World Parkinson's Congress in Arizona in May 2026. This includes a systematic review of the literature relating to singing and Parkinson's, our training programme, and SingApp: Parkinson's, a mobile app designed for people to practise vocal exercises at home in between group sessions.

STBP also plan to host a one-day conference in Folkestone in 2026, bringing together people in the field of singing and Parkinson's across the UK.

ATHERTON'S GRASSROOTS FUND

Atherton's Grassroots Fund (administered by Kent Community Foundation) continues to kindly support Canterbury Cantata Trust with regular awards. A donation of £1K was received in November 2024. This will be ring-fenced against costs associated with a performance of St. Matthew Passion by Canterbury Cantata in March 2026. During FY 2024-5, £2K of Atherton's awards were used against costs associated with a Puccini concert performed by Cantata in June 2025. The current balance on Atherton's carried forward in the accounts is £1.5K.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2025

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	2,199	950	3,149
Current assets	64,438	85,094	149,532
Creditors less than 1 year	<u>(1,200)</u>	<u>–</u>	<u>(1,200)</u>
Net assets	<u>65,437</u>	<u>86,044</u>	<u>151,481</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	2,734	1,070	3,804
Current assets	51,230	17,959	69,189
Creditors less than 1 year	<u>(1,198)</u>	<u>(1,870)</u>	<u>(3,068)</u>
Net assets	<u>52,766</u>	<u>17,159</u>	<u>69,925</u>

CANTERBURY CANTATA TRUST

England & Wales - Charity number 1163197

Accounts

COMPANY REGISTRATION NUMBER: 08293466
CHARITY REGISTRATION NUMBER: 1163197

Canterbury Cantata Trust
Company Limited by Guarantee
Unaudited Financial Statements
31 August 2024

BURGESS HODGSON LLP

Chartered accountants
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Financial Statements
Year ended 31 August 2024

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	6
Statement of financial activities (including income and expenditure account)	7
Statement of financial position	8
Notes to the financial statements	9
The following pages do not form part of the financial statements	
Detailed statement of financial activities	19
Notes to the detailed statement of financial activities	21

Canterbury Cantata Trust
Company Limited by Guarantee
Trustees' Annual Report (Incorporating the Director's Report)
Year ended 31 August 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2024.

Reference and administrative details

Registered charity name Canterbury Cantata Trust
Charity registration number 1163197
Company registration number 08293466
Principal office and registered office April Cottage Cherville Lane
Bramling
Canterbury
Kent
CT3 1LZ

The trustees

R E Ahmad
L R D Green
J L Heath
J Jones (Resigned 9 July 2024)
N Bashir
T M Kidd

Independent examiner Thomas Saltmer
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2024

Structure, governance and management

a) Constitution

The charitable company is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 6 May 2015 and became a registered charity on 19 August 2015.

The reference and administration information is set out on page 1 of the financial statements.

b) Method of appointment or election of trustees

The management of the charitable company is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Charity's policy is to invite suitable local people to become Trustees of the Charity. Trustees are re-elected at the Annual General Meeting of the Charity.

c) Organisation structure and decision making

The charitable company has a Board of Trustees which meet regularly. Between board meetings, necessary decisions taken and actions are the responsibility of the Chair, and the individual Directors.

d) Risk assessment

The trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Public benefit

When considering the Canterbury Cantata Trust, the Trustees have complied with the Charities Act in order to have due regard to the Charity Commission's general guidance on public benefit.

Objectives and activities

The objects of the Charity are:

- (1) To promote, improve and develop singing activities and singing education in order to improve the health, well-being and social cohesion of communities.
- (2) To encourage younger people to engage in singing activities providing support for the public.
- (3) To benefit the personal development and skills of individual musicians and their performances of music and other cultural and educational activities in order to make music more accessible to the public at large; and to benefit any charity and to further any purposes which are charitable.
- (4) To advance the education and training of amateur singers of all abilities by offering an opportunity for anyone to sing with others without an audition or former experience of choral singing, in particular but not exclusively for those with a disability to help relieve their condition.

For the purpose of this article 4, socially excluded means being excluded from society or parts of society, as a result of one or more of the following factors: youth or old age; physical or mental ill health; substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender or re-assignment; poor educational or skills attainment; relationship or family breakdown.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2024

Achievements and performance

ABOUT CANTERBURY CANTATA TRUST

Singing is good for you and we believe that anyone who wishes to sing with other people should be able to do so, regardless of experience and without any financial barrier.

Building on over a decade of collaborative research with the Sidney de Haan Centre for Arts and Health, we act as an umbrella organisation to make opportunities for caring through singing.

Our Artistic Director, Emily Renshaw-Kidd, now directs Canterbury Cantata, Canterbury Skylarks and participates in the training programme for Sing to Beat Parkinson's facilitators with great energy, enthusiasm and dedication. Her direction of our Trust drives the agenda of "caring through Singing" and makes many connections throughout the musical and local community, extending our reach and influence in partnership with our wonderful facilitators and volunteers.

THE TRUST'S WORK

Put simply, we sing - for pleasure, for health, for friendship, and for the enjoyment of others. To be more specific, the Trust runs, supports and funds local singing groups, enabling people to sing regularly and enjoy the benefits. Each group is concerned with caring through singing, caring for each other and demonstrating care for others in the community through a range of activities and performances.

OUR CHOIRS AND SINGING GROUPS IN 2023-24

The Trust continues to lead up to 200 singers in sessions held in Canterbury and Folkestone each week with participation in these groups providing a boost to well-being and membership of an inclusive singing community. The board owe a great deal to all the tireless volunteers who help our groups run smoothly, enabling the Trust to continue offering their invaluable services to the community.

Monday Music is a popular 'all-comers' choir who meet to sing for pleasure and wellbeing. There are two venues; Canterbury and Folkestone, who meet, as their name suggests, on Mondays. Attendance is good and membership of both choirs is healthy and growing! The Canterbury group also holds sessions on occasion in the Beaney House of Art and Knowledge, Canterbury, as part of their engagement with the 'SOUNDS BEANEY' programme.

Canterbury Skylarks is our flagship singing group for people with Parkinson's. They have enjoyed a good year and Skylarks continue to successfully hold sessions using the wonderful Trust piano at the Canterbury MS Centre.

Canterbury Cantata has some new members and continues to thrive with Emily's inspiring leadership and the wonderful support of Helen Crayford as repetiteur.

Amici Chorus has had a change of conductor with Stefan Catto departing and Grenville Hancox returning to this role from summer 2024.

CONCERTS

Amici Chorus completed performances in 2024 of Dvorák Stabat Mater and Edward German's Merrie England. Canterbury Cantata Choir performed a programme of French choral classics in March 2024 and Howard Goodall's Eternal Light in Autumn 2023. In June 2024, Colyer Fergusson Canterbury was the venue for a showcase for all our singing groups, each performing their own set and bringing the whole Trust together as one ensemble to sing Zimbe! (an African Cantata), whilst also supporting the local, ground-breaking, Parkinson's Centre for Integrated Therapies.

KENT COMMUNITY FOUNDATION (KCF) GRANTS

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2024

The Trust was fortunate to be the recipient of a £6K grant awarded by KCF in July 2024, sponsored by the Lawson Endowment Fund. These funds will largely go to support the charity's core costs during the new financial year. Sincere thanks go to KCF for their ongoing support of Canterbury Cantata Trust.

OWEN HEARING

A generous monthly contribution to the Trust has helped create a partnership with local business Owen Hearing, demonstrating the wish to support local artistic endeavour and musical events by patronage. Recognition in programmes, advertisements and a discount in the shop for those mentioning CCT promote this relationship and CCT are extremely grateful for this vital support of our concerts.

Financial review

The Trustees are pleased to report that the financial position of the Charity is secure with reserves of £69,925 (of which £50,896 were unrestricted) as at 31 August 2024. The decrease from total reserves last year (£97,279 as at 31 August 2023) is mainly due to the delay in receipt of the grant from Oak Foundation.

Going concern

After making the appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Plans for future periods

Under the direction of Emily Renshaw-Kidd, the Trust will move forward to consolidate its position as a recognised co-ordinator and provider of groups providing "Caring through Singing", spreading our reach with our programme of training and mentoring for facilitators. We will continue the firm association between Simon Langton and the Skylarks group, engendering knowledge and appreciation of the link between singing and health benefits. A schedule of public performances by Cantata and Amici Chorus will continue. Canterbury Cantata will perform a Mozart and Haydn concert planned for Autumn 2024 and Jazzy choral works early in 2025, whilst Amici Chorus will be hosting a Christmas choral celebration, donating proceeds to a local charity. The generous patronage by our local foundation and businesses helps us continue to provide these vital services to the community.

Our support for, and collaboration with the ground-breaking Parkinson's Centre for Integrated Therapies based at Kent University, Canterbury (PCIT), continues through joint fundraising concerts. We were able to donate to PCIT through our collection at the whole trust concert in June 2024 and will maintain this connection for future concerts. We are beginning to make exciting links with other music and health organisations and recently featured in the renowned "Movers and Shakers" podcast.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2024

The trustees' annual report was approved on and signed on behalf of the board of trustees by:


Roshna Ahmad (Mar 18, 2025 19:32 GMT)

R E Ahmad
Trustee

Canterbury Cantata Trust

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Canterbury Cantata Trust

Year ended 31 August 2024

I report to the trustees on my examination of the financial statements of Canterbury Cantata Trust ('the charity') for the year ended 31 August 2024.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tom Saltmer

Tom Saltmer (Mar 19, 2025 07:14 GMT)

Thomas Saltmer
Independent Examiner

Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 August 2024

		2024	2024		2023
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	16,326	2,000	18,326	68,989
Charitable activities	6	29,204	4,027	33,231	30,649
Other trading activities	7	115	–	115	214
Investment income	8	–	584	584	211
Total income		<u>45,645</u>	<u>6,611</u>	<u>52,256</u>	<u>100,063</u>
Expenditure					
Expenditure on charitable activities	9,10	33,321	46,289	79,610	80,608
Total expenditure		<u>33,321</u>	<u>46,289</u>	<u>79,610</u>	<u>80,608</u>
Net (expenditure)/income and net movement in funds					
		<u>12,324</u>	<u>(39,678)</u>	<u>(27,354)</u>	<u>19,455</u>
Reconciliation of funds					
Total funds brought forward		40,442	56,837	97,279	77,824
Total funds carried forward		<u>52,766</u>	<u>17,159</u>	<u>69,925</u>	<u>97,279</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 9 to 17 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Position
31 August 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	15	3,804	4,217
Current assets			
Debtors	16	918	–
Cash at bank and in hand		68,271	94,142
		<u>69,189</u>	<u>94,142</u>
Creditors: amounts falling due within one year	17	3,068	1,080
Net current assets		<u>66,121</u>	<u>93,062</u>
Total assets less current liabilities		<u>69,925</u>	<u>97,279</u>
Net assets		<u><u>69,925</u></u>	<u><u>97,279</u></u>
Funds of the charity			
Restricted funds		17,159	56,837
Unrestricted funds		52,766	40,442
Total charity funds	18	<u><u>69,925</u></u>	<u><u>97,279</u></u>


For the year ending 31 August 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:


[Roshna Ahmad \(Mar 18, 2025 19:32 GMT\)](#)
R E Ahmad
Trustee

The notes on pages 9 to 17 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 August 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is April Cottage Cherville Lane, Bramling, Canterbury, Kent, CT3 1LZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

In accordance with section 1A of FRS 102, the Charity is taking advantage of the small company exemption from preparing a cash flow statement.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 10% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

4. Limited by guarantee

The company is limited by guarantee, having no share capital and in the terms of the Memorandum of Association every member of the company undertakes to contribute to the assets of the company in the event of it being wound up while he or she is a member or, within one year after he or she ceases to be a member, such amount as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	6,532	2,000	8,532
Gift aid reclaim	3,794	—	3,794
Grants			
Grants receivable	6,000	—	6,000
	<u>16,326</u>	<u>2,000</u>	<u>18,326</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	6,505	105	6,610
Gift aid reclaim	5,187	–	5,187
Grants			
Grants receivable	5,432	51,760	57,192
	<u>17,124</u>	<u>51,865</u>	<u>68,989</u>

STB grant is received based on the percentage of previous grant used. Therefore donations see a significant decrease due to this grant not being received within the year.

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Membership fees	22,400	3,037	25,437
Other income	1,997	990	2,987
Ticket sales	4,669	–	4,669
Concert income	138	–	138
	<u>29,204</u>	<u>4,027</u>	<u>33,231</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Membership fees	20,685	3,276	23,961
Other income	1,515	864	2,379
Ticket sales	4,309	–	4,309
Concert income	–	–	–
	<u>26,509</u>	<u>4,140</u>	<u>30,649</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Fund Generation - online shopping	–	–	31	31
Fund Generation - fund raising	115	115	183	183
	<u>115</u>	<u>115</u>	<u>214</u>	<u>214</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

8. Investment income

	Restricted Funds	Total Funds 2024	Restricted Funds	Total Funds 2023
	£	£	£	£
Bank interest receivable	584	584	211	211

9. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Charitable activities	24,074	33,439	57,513
Support costs	9,247	12,850	22,097
	<u>33,321</u>	<u>46,289</u>	<u>79,610</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Charitable activities	19,488	41,812	61,300
Support costs	12,059	7,249	19,308
	<u>31,547</u>	<u>49,061</u>	<u>80,608</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2024	Total fund 2023
	£	£	£	£
Charitable activities	57,513	19,918	77,431	78,796
Governance costs	–	2,179	2,179	1,812
	<u>57,513</u>	<u>22,097</u>	<u>79,610</u>	<u>80,608</u>

11. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation of tangible fixed assets	645	361

12. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	1,125	1,080

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements *(continued)*
Year ended 31 August 2024

13. Staff costs

The average number of employees during the period, excluding the trustees was nil (2023: nil).

14. Trustee remuneration and expenses

No Trustee (or any persons connected with them) received any remuneration in the year. A total of £nil (2023: £nil) was reimbursed to trustees in relation to expenses paid on the Charity's behalf and then reimbursed to them.

15. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 September 2023	6,318
Additions	232
At 31 August 2024	<u>6,550</u>
Depreciation	
At 1 September 2023	2,101
Charge for the year	645
At 31 August 2024	<u>2,746</u>
Carrying amount	
At 31 August 2024	<u>3,804</u>
At 31 August 2023	<u>4,217</u>

16. Debtors

	2024 £	2023 £
Prepayments and accrued income	918	—
	<u>918</u>	<u>—</u>

17. Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	3,068	1,080
	<u>3,068</u>	<u>1,080</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

18. Analysis of charitable funds

Unrestricted funds

	At 1 September 2023 £	Income £	Expenditure £	At 31 August 2024 £
General funds	40,442	45,645	(33,321)	52,766

	At 1 September 2022 £	Income £	Expenditure £	At 31 August 2023 £
General funds	28,142	43,847	(31,547)	40,442

Within unrestricted funds were departments which had the following balances at the year end:

	2024 £
CCT (Charity core costs)	38,074
Amici	(343)
Cantata	1,982
Monday Music Canterbury	4,245
Skylarks	4,318
Monday Music Folkestone	4,490
	<u>52,766</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

18. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 September 2023 £	Income £	Expenditure £	At 31 August 2 024 £
Restricted Fund 1 - desc in a/cs	–	–	(1,870)	(1,870)
Sing to Beat Parkinsons - Oak Foundation	54,837	5,611	(44,419)	16,029
Atherton's Grassroots Fund	1,500	1,000	–	2,500
Kent Community Foundation	500	–	–	500
Saga	–	–	–	–
	<u>56,837</u>	<u>6,611</u>	<u>(46,289)</u>	<u>17,159</u>

	At 1 September 2022 £	Income £	Expenditure £	At 31 August 20 23 £
Restricted Fund 1 - desc in a/cs	–	–	–	–
Sing to Beat Parkinsons - Oak Foundation	41,694	56,216	(43,073)	54,837
Atherton's Grassroots Fund	3,000	–	(1,500)	1,500
Kent Community Foundation	3,988	–	(3,488)	500
Saga	1,000	–	(1,000)	–
	<u>49,682</u>	<u>56,216</u>	<u>(49,061)</u>	<u>56,837</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

18. Analysis of charitable funds *(continued)*

SING TO BEAT PARKINSON'S

Sing to Beat Parkinson's supports a network of more than 35 singing groups (primarily for people with Parkinson's and other neurological conditions) across the UK and Ireland. Core funding is currently provided by Oak Foundation. Our flagship group, Canterbury Skylarks, continues to innovate under the stewardship of our Artistic Director, who integrates and educates students from Langton Boys School in Canterbury with the group.

Over the past year, we had another 60 practitioners, speech and language therapists, portfolio musicians and Singing for Health apprentice facilitators complete our internationally renowned training programme. Our introductory training course, that moved online in 2020, was completed by participants from New Zealand, Australia and the USA, in addition to a core cohort from the UK. More than 350 people have now completed our training courses.

We operate a complementary mentoring programme for people who have completed training. We have developed a special partnership with another Singing and Health charity, Music4 Wellbeing, that focuses on practitioner development and growing a core team of facilitators. Sing to Beat Parkinson's groups across the UK have been invited to take part in a groundbreaking new piece of research in collaboration with groups from Toronto and Alberta in Canada. This will be the first randomised controlled trial of its kind in the field. Dr Yoon Irons is leading the UK research and Sing to Beat Parkinson's will be the UK delivery partner.

We have partnered with and supported the development of a new singing app for people with Parkinson's. Called SingApp: Parkinson's, this has recently been nominated for a Digital Culture Award.

ATHERTON'S GRASSROOTS FUND

Thanks go to Atherton's Grassroots Fund following another £1,000 donation in February 2024. There is now a total of £2.5K in unspent Atherton's donations moving forward into the new financial year. These will be allocated to appropriate larger scale, and consequently, more costly, concerts following Board approval.

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	2,734	1,070	3,804
Current assets	51,230	17,959	69,189
Creditors less than 1 year	(1,198)	(1,870)	(3,068)
Net assets	<u>52,766</u>	<u>17,159</u>	<u>69,925</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	3,027	1,190	4,217
Current assets	38,495	55,647	94,142
Creditors less than 1 year	(1,080)	—	(1,080)
Net assets	<u>40,442</u>	<u>56,837</u>	<u>97,279</u>

CANTERBURY CANTATA TRUST

England & Wales - Charity number 1163197

Accounts

COMPANY REGISTRATION NUMBER: 08293466
CHARITY REGISTRATION NUMBER: 1163197

Canterbury Cantata Trust
Company Limited by Guarantee
Unaudited Financial Statements
31 August 2023

BURGESS HODGSON LLP

Chartered accountants
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Financial Statements
Year ended 31 August 2023

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	7
Statement of financial activities (including income and expenditure account)	8
Statement of financial position	9
Notes to the financial statements	10

Canterbury Cantata Trust
Company Limited by Guarantee
Trustees' Annual Report (Incorporating the Director's Report)
Year ended 31 August 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2023.

Reference and administrative details

Registered charity name	Canterbury Cantata Trust
Charity registration number	1163197
Company registration number	08293466
Principal office and registered office	April Cottage Cherville Lane Bramling Canterbury Kent CT3 1LZ

The trustees

R E Ahmad
L R D Green
J L Heath
J Jones
N Bashir
T M Kidd

Independent examiner	Thomas Saltmer Camburgh House 27 New Dover Road Canterbury Kent CT1 3DN
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Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2023

Structure, governance and management

a) Constitution

The charitable company is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 6 May 2015 and became a registered charity on 19 August 2015.

The reference and administration information is set out on page 1 of the financial statements.

b) Method of appointment or election of trustees

The management of the charitable company is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Charity's policy is to invite suitable local people to become Trustees of the Charity. Trustees are re-elected at the Annual General Meeting of the Charity.

c) Organisation structure and decision making

The charitable company has a Board of Trustees which meet regularly. Between board meetings, necessary decisions taken and actions are the responsibility of the Chair, and the individual Directors.

d) Risk assessment

The trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Public benefit

When considering the Canterbury Cantata Trust, the Trustees have complied with the Charities Act in order to have due regard to the Charity Commission's general guidance on public benefit.

Objectives and activities

The objects of the Charity are:

- (1) To promote, improve and develop singing activities and singing education in order to improve the health, well-being and social cohesion of communities.
- (2) To encourage younger people to engage in singing activities providing support for the public.
- (3) To benefit the personal development and skills of individual musicians and their performances of music and other cultural and educational activities in order to make music more accessible to the public at large; and to benefit any charity and to further any purposes which are charitable.
- (4) To advance the education and training of amateur singers of all abilities by offering an opportunity for anyone to sing with others without an audition or former experience of choral singing, in particular but not exclusively for those with a disability to help relieve their condition.

For the purpose of this article 4, socially excluded means being excluded from society or parts of society, as a result of one or more of the following factors: youth or old age; physical or mental ill health; substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender or re-assignment; poor educational or skills attainment; relationship or family breakdown.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2023

Achievements and performance

ABOUT CANTERBURY CANTATA TRUST

Singing is good for you, and we believe that anyone who wishes to sing with other people should be able to do so, regardless of experience, and without any financial barrier.

Building on over a decade of collaborative research with the Sidney de Haan Centre for Arts and Health, we act as an umbrella organisation to make opportunities for caring through singing.

The Trust's Founder and Artistic Director, Professor Grenville Hancox MBE, retired in June 2023. Enormous thanks go to him for his tireless work promoting caring through singing and advocating for the Trust's members and supporters for more than ten years.

We welcome Emily Renshaw-Kidd (BA Hons, MMus, PGCE) as our new Artistic Director. Emily is currently Director of Music at Simon Langton Grammar School for Boys, in Canterbury. Alongside her career as a teacher and professional singer, she also conducts a wide range of choral and orchestral ensembles. In 2021, she became one of the first female lay-clerks in the Canterbury Cathedral Choir and is proud to lead various community singing groups around Canterbury, focusing on music as a form of improving both physical and mental health, whilst caring for each other. Within the Trust, Emily has been the facilitator of Canterbury Skylarks (our flagship singing group for people with Parkinson's) and Director of Canterbury Cantata (our elite performing chamber choir) for several years now.

Thus, Emily is extremely well-qualified to step into this role and her own ethos around singing and wellbeing echoes the Trust's strapline of caring through singing. Her focus, experience and enthusiasm will help to realise new ideas and collaborations and ensure the future of the Trust is in safe hands going forward into 2024 and beyond.

THE TRUST'S WORK

Put simply, we sing - for pleasure, for health, for friendship, and for the enjoyment of others. To be more specific, the Trust runs, supports and funds local singing groups, enabling people to sing regularly and enjoy the benefits. Each group is concerned with caring through singing, caring for each other and demonstrating care for others in the community through a range of activities and performances.

OUR CHOIRS AND SINGING GROUPS IN 2022-3

2022-3 was the first year where the benefits from being entirely free of Covid restrictions were realised. Membership of all our choirs and singing groups slowly started to rise as confidence returned and public performances once again became possible. The Trust gives heartfelt thanks to all the hard work of a dedicated team of volunteers across our organisation, to whom we are indebted.

In December 2022 the whole Trust came together for a Christmas concert to say goodbye and thank you to our outgoing Artistic Director, Grenville Hancox. The programme included excerpts from Handel's Messiah, Vivaldi's Magnificat and Britten's A Ceremony of Carols. The event was a great success and well attended.

Amici

Amici (a non-auditioned choir which tackles traditional choral repertoire) have had a busy year. Membership (mainly retirees) is slowly rising again. In March 2023, they performed Stainer's The Crucifixion and Vaughan Williams' Five Mystical Songs. This was followed, in July 2023, by An Evening of Gilbert and Sullivan (including some reading of Gilbert's poems by choir members). Both concerts were a great success.

Cantata

Cantata is the Trust's elite chamber choir. They too have had a productive and successful year coming out of the Pandemic with three public performances: Elijah in February 2023; a concert at the

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2023

Grand, Folkestone in March (funded by Bayle Music) where the programme included Dixit Dominus by Handel and Jesu meine Freude by Bach and 'Folk and Fervour' in June 2023 - where the programme included Rutter's Sprig of Thyme. They are pleased to have secured a new rehearsal space at Langton Boys' School and are also extremely grateful to be working with renowned repetiteur and accompanist Helen Crayford.

Monday Music

Monday Music is a popular 'all-comers' choir who meet to sing for pleasure and wellbeing in a mutually supportive environment. There are two venues; Canterbury and Folkestone and they meet, as their name suggests, on Mondays. Attendance is good and membership of both choirs is healthy and growing!

Canterbury Skylarks

Canterbury Skylarks is our flagship singing group for people with Parkinson's. They have enjoyed a good year, and numbers are gradually rising to pre-Pandemic levels. Skylarks moved to new premises in April 2023 from Simon Langton Boys' Grammar School to the Canterbury MS Centre as part of an ongoing partnership with PCIT (Parkinson's Centre for Integrated Therapy).

The move has enabled excellent relationships to be established between likeminded charities and it has also given Skylarks the opportunity to share their mission within other contexts, e.g. Early Onset Parkinson's Conference and with other groups that use the MS Centre for therapies. Fortnightly face-to-face Skylarks' sessions at the MS Centre are alternated with fortnightly on Zoom. The combination is a positive one as it enables members from other Skylarks' groups from all over the country and even the world, to join us. Certain exercises and singing activities have been shown to work better on Zoom and some face-to-face so the sessions have been tailored to these strengths. We are keen to introduce other fun activities that will help to relieve the symptoms of Parkinson's, such as singing whilst manipulating tennis balls and singing with the kazoo.

The relationship with Langton Boys' is a very positive one. The school see their role as educating our 'Leaders of Tomorrow' to the benefits of music and singing on all physical and mental wellbeing. The students are currently planning their own methodology for singing with Parkinson's in the hope that they will publish this so it can be used by other facilitators.

Financial review

The Trustees are pleased to report that the financial position of the Charity is secure with reserves of £97,279 (of which £40,442 were unrestricted) as at 31 August 2023. The increase from total reserves last year (£77,824 as at 31 August 2022) is mainly due to the continuing receipt of the grant from Oak Foundation.

Going concern

After making the appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2023

Plans for future periods

Under the stewardship of the Trustees and our new Artistic Director, Emily Renshaw-Kidd, the Trust will move forward to consolidate its position following the Pandemic period. Thus, it will continue to grow the member base of all its flagship choirs and singing groups and foster confidence among its members and supporters.

A schedule of public performances will continue by Cantata and Amici. The former have a Howard Goodall concert planned for Autumn 2023 and a concert of French repertoire for Spring 2024 and the latter will perform Dvorak's Stabat Mater in Spring 2024 and a rarely heard concert version of Edward German's operetta, Merrie England in Summer 2024.

Cohesion and imbuing a sense of unity among the individual singing groups is important and, in that vein, a whole Trust collaborative concert is planned at Colyer Fergusson, Canterbury, for Summer 2024. This will showcase all our singing groups who will each perform their own set and also bring the whole Trust together as one ensemble to sing Zimbe! (an African Cantata).

Monday Music Folkestone, under Grenville Hancox's facilitation, have begun a cross-generational project with St. Peter's Primary School in Folkestone and they joined with the whole school in December 2023 for the first in a series of collaborative, community singing experiences.

The Trust are hoping to begin a collaboration with Singing Mamas - a singing group for young mothers and their children. The Trust's Chair and Artistic Director will be meeting with their Operations Director and Director of Singing Mamas to discuss this collaboration in more detail.

Sing To Beat

Sing to Beat was the exclusive singing and health partner for the testing of an exciting new online Arts and Health portal that has now officially launched with multiple organisations and individuals. This is run by Aesop, a nationally renowned champion of arts and health projects, and is intended to match arts and health provision with individuals or organisations (e.g. social prescribers) in the field. This can be found at: <https://prescribe-arts.org/>. Sing to Beat Programme Director, Matt Shipton, is now on the advisory board for this initiative.

Sing to Beat's training director received confirmation from Arts Council England to complete an App for Singing and Parkinson's that has been jointly supported and developed by Sing to Beat. The app offers participants the opportunity to have exercises, songs, warm-ups, both physical and mental on their devices at home, and will enable closer monitoring of the impact on the end user.

It is anticipated that Sing to Beat will be invited to renew their core funding grant from Oak Foundation in 2025.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 August 2023

The trustees' annual report was approved on and signed on behalf of the board of trustees by:



Roshna Ahmad (Mar 2, 2024 17:05 GMT)

R E Ahmad
Trustee

Canterbury Cantata Trust

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Canterbury Cantata Trust

Year ended 31 August 2023

I report to the trustees on my examination of the financial statements of Canterbury Cantata Trust ('the charity') for the year ended 31 August 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Thomas Saltmer

Thomas Saltmer (Mar 5, 2024 09:25 GMT)

Thomas Saltmer
Independent Examiner

Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 August 2023

		Unrestricted funds	2023 Restricted funds	Total funds	2022 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	17,124	51,865	68,989	64,228
Charitable activities	6	26,509	4,140	30,649	19,179
Other trading activities	7	214	–	214	1,362
Investment income	8	–	211	211	10
Total income		<u>43,847</u>	<u>56,216</u>	<u>100,063</u>	<u>84,779</u>
Expenditure					
Expenditure on charitable activities	9,10	31,547	49,061	80,608	53,330
Total expenditure		<u>31,547</u>	<u>49,061</u>	<u>80,608</u>	<u>53,330</u>
Net income and net movement in funds		<u>12,300</u>	<u>7,155</u>	<u>19,455</u>	<u>31,449</u>
Reconciliation of funds					
Total funds brought forward		28,142	49,682	77,824	46,375
Total funds carried forward		<u>40,442</u>	<u>56,837</u>	<u>97,279</u>	<u>77,824</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 19 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Position
31 August 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	15	4,217	1,159
Current assets			
Debtors	16	–	469
Cash at bank and in hand		94,142	77,216
		<u>94,142</u>	<u>77,685</u>
Creditors: amounts falling due within one year	17	1,080	1,020
Net current assets		<u>93,062</u>	<u>76,665</u>
Total assets less current liabilities		<u>97,279</u>	<u>77,824</u>
Net assets		<u><u>97,279</u></u>	<u><u>77,824</u></u>
Funds of the charity			
Restricted funds		56,837	49,682
Unrestricted funds		40,442	28,142
Total charity funds	18	<u><u>97,279</u></u>	<u><u>77,824</u></u>

For the year ending 31 August 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:



Roshna Ahmad (Mar 2, 2024 17:05 GMT)

R E Ahmad
Trustee

The notes on pages 10 to 19 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 August 2023

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is April Cottage Cherville Lane, Bramling, Canterbury, Kent, CT3 1LZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

In accordance with section 1A of FRS 102, the Charity is taking advantage of the small company exemption from preparing a cash flow statement.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 10% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

4. Limited by guarantee

The company is limited by guarantee, having no share capital and in the terms of the Memorandum of Association every member of the company undertakes to contribute to the assets of the company in the event of it being wound up while he or she is a member or, within one year after he or she ceases to be a member, such amount as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	6,505	105	6,610
Gift aid reclaim	5,187	–	5,187
Grants			
Grants receivable	5,432	51,760	57,192
	<u>17,124</u>	<u>51,865</u>	<u>68,989</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	4,313	1,500	5,813
Gift aid reclaim	2,121	–	2,121
Grants			
Grants receivable	–	56,294	56,294
	<u>6,434</u>	<u>57,794</u>	<u>64,228</u>

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Membership fees	20,685	3,276	23,961
Other income	1,515	864	2,379
Training courses	–	–	–
Ticket sales	4,309	–	4,309
Concert income	–	–	–
	<u>26,509</u>	<u>4,140</u>	<u>30,649</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Membership fees	15,131	–	15,131
Other income	44	–	44
Training courses	–	1,715	1,715
Ticket sales	2,219	–	2,219
Concert income	70	–	70
	<u>17,464</u>	<u>1,715</u>	<u>19,179</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Fund Generation - online shopping	31	31	27	27
Fund Generation - fund raising	183	183	1,335	1,335
	<u>214</u>	<u>214</u>	<u>1,362</u>	<u>1,362</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

8. Investment income

	Restricted Funds £	Total Funds 2023 £	Restricted Funds £	Total Funds 2022 £
Bank interest receivable	211	211	10	10

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Charitable activities	19,488	41,812	61,300
Support costs	12,059	7,249	19,308
	<u>31,547</u>	<u>49,061</u>	<u>80,608</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Charitable activities	15,458	26,245	41,703
Support costs	7,347	4,280	11,627
	<u>22,805</u>	<u>30,525</u>	<u>53,330</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2023 £	Total fund 2022 £
Charitable activities	61,300	17,496	78,796	51,852
Governance costs	—	1,812	1,812	1,478
	<u>61,300</u>	<u>19,308</u>	<u>80,608</u>	<u>53,330</u>

11. Net income

Net income is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	361	290

12. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for: Independent examination of the financial statements	1,080	1,030

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements *(continued)*
Year ended 31 August 2023

13. Staff costs

The average number of employees during the period, excluding the trustees was nil (2022: nil).

14. Trustee remuneration and expenses

No Trustee (or any persons connected with them) received any remuneration in the year. A total of £nil (2022: £nil) was reimbursed to trustees in relation to expenses paid on the Charity's behalf and then reimbursed to them.

15. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 September 2022	2,899
Additions	3,419
At 31 August 2023	<u>6,318</u>
Depreciation	
At 1 September 2022	1,740
Charge for the year	361
At 31 August 2023	<u>2,101</u>
Carrying amount	
At 31 August 2023	<u>4,217</u>
At 31 August 2022	<u>1,159</u>

16. Debtors

	2023 £	2022 £
Prepayments and accrued income	—	<u>469</u>

17. Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	<u>1,080</u>	<u>1,020</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

18. Analysis of charitable funds

Unrestricted funds

	At 1 September 2022 £	Income £	Expenditure £	Transfers £	At 31 August 2 023 £
General funds	<u>28,142</u>	<u>43,847</u>	<u>(31,547)</u>	<u>—</u>	<u>40,442</u>

	At 1 September 2021 £	Income £	Expenditure £	Transfers £	At 31 August 20 22 £
General funds	<u>26,687</u>	<u>25,260</u>	<u>(22,805)</u>	<u>(1,000)</u>	<u>28,142</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

18. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 September 2022 £	Income £	Expenditure £	Transfers £	At 31 August 2023 £
Sing to Beat Parkinsons - Oak Foundation	41,694	56,216	(43,073)	–	54,837
Atherton's Grassroots Fund	3,000	–	(1,500)	–	1,500
Kent Community Foundation	3,988	–	(3,488)	–	500
Saga	1,000	–	(1,000)	–	–
	<u>49,682</u>	<u>56,216</u>	<u>(49,061)</u>	<u>–</u>	<u>56,837</u>

	At 1 September 2021 £	Income £	Expenditure £	Transfers £	At 31 August 2022 £
Sing to Beat Parkinsons - Oak Foundation	18,688	53,019	(30,013)	–	41,694
Atherton's Grassroots Fund	1,000	1,000	–	1,000	3,000
Kent Community Foundation	–	4,500	(512)	–	3,988
Saga	–	1,000	–	–	1,000
	<u>19,688</u>	<u>59,519</u>	<u>(30,525)</u>	<u>1,000</u>	<u>49,682</u>

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements *(continued)*
Year ended 31 August 2023

18. Analysis of charitable funds *(continued)*

SING TO BEAT PARKINSON'S (STBP)

SING to BEAT runs a network of singing groups, primarily for people with Parkinson's and other neurological conditions. The network consists of 35 groups across the UK and Ireland. Core funding is currently provided by Oak Foundation, and Sing to Beat acts as a central resource for groups and practitioners at every stage of their development. A new scheme was launched in April 2023, in partnership with local (Kent) CIC, Music4Wellbeing, and further explored 'practice development and quality assurance' in facilitation.

We run both online introductory training and a criteria-based residential course every year, with over 300 practitioners who have participated and completed the training. Sing to Beat has also run a weekly Long Covid group online for the past 2 years.

Special mention and thanks goes to our core team of Nicola Wydenbach, Director of Training, Trish Vella-Burrows (Music4Wellbeing) and Yoon Irons (University of Derby).

KENT COMMUNITY FOUNDATION CORE COSTS FUND

The Trust was fortunate to be the recipient of several grants awarded by KCF, in July 2022 (£4,500 sponsored by Wards), September 2022 (£4,339 sponsored by Pargiter) and January 2023 (£500 Cost of Living Uplift grant). The first two have now been fully spent and the funds were allocated to support the Trust's core costs (such as administration, insurance, accountancy and computer costs, etc.). The Cost of Living Uplift grant remains unspent as of 31 August 2023. This will be allocated, following Board approval, to an appropriate project/venture. Thanks go to KCF for their ongoing support of Canterbury Cantata Trust.

ATHERTON'S GRASSROOTS FUND

Thanks go to Atherton's Grassroots Fund following another £1,000 donation in January 2023. There is currently a total of £1.5K in unspent Atherton's donations moving forward into the new financial year. These will be allocated to appropriate concerts following Board approval.

£2.5K of Atherton's donations were spent during the year, as follows: £1K to help fund the whole Trust Christmas concert in December 2022; another £1K was used to support Cantata's Elijah, in February 2023 and finally, £500 was used to help cover costs for Amici's concert in March 2023.

SAGA GRANT TO MONDAY MUSIC FOLKESTONE

Following an initiative by Monday Music Folkestone member Alan Hollyer, Saga Group awarded them a grant of £1,000 in August 2022. This has now been fully spent on acquiring a new set of chimes for the group.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2023

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	3,027	1,190	4,217
Current assets	38,495	55,647	94,142
Creditors less than 1 year	(1,080)	—	(1,080)
Net assets	<u>40,442</u>	<u>56,837</u>	<u>97,279</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	1,159	—	1,159
Current assets	28,003	49,682	77,685
Creditors less than 1 year	(1,020)	—	(1,020)
Net assets	<u>28,142</u>	<u>49,682</u>	<u>77,824</u>

CANTERBURY CANTATA TRUST

England & Wales - Charity number 1163197

Accounts

COMPANY REGISTRATION NUMBER: 08293466
CHARITY REGISTRATION NUMBER: 1163197

Canterbury Cantata Trust
Company Limited by Guarantee
Unaudited Financial Statements
31 August 2022

BURGESS HODGSON LLP

Chartered accountants
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Financial Statements
Year ended 31 August 2022

	Page
Trustees' annual report (incorporating the directors' report)	1
Independent examiner's report to the trustees	6
Statement of financial activities (including income and expenditure account)	7
Statement of financial position	8
Notes to the financial statements	9

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 August 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2022.

Reference and administrative details

Registered charity name	Canterbury Cantata Trust
Charity registration number	1163197
Company registration number	08293466
Principal office and registered office	April Cottage Cherville Lane Bramling Canterbury Kent CT3 1LZ

The trustees

R E Ahmad	
L R D Green	
A B Gulland	(Resigned 28 September 2021)
J L Heath	
J Jones	
W G Le-Las	(Resigned 29 March 2022)
S E Montgomery	(Resigned 26 June 2022)
N Bashir	(Appointed 30 August 2022)
T M Kidd	(Appointed 18 May 2022)

Independent examiner	Thomas Saltmer Camburgh House 27 New Dover Road Canterbury Kent CT1 3DN
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Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 August 2022

Structure, governance and management

a) Constitution

The charitable company is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 6 May 2015 and became a registered charity on 19 August 2015.

The reference and administration information is set out on page 1 of the financial statements.

b) Method of appointment or election of trustees

The management of the charitable company is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Charity's policy is to invite suitable local people to become Trustees of the Charity. Trustees are re-elected at the Annual General Meeting of the Charity.

c) Organisation structure and decision making

The charitable company has a Board of Trustees which meet regularly. Between board meetings, necessary decisions taken and actions are the responsibility of the Chair, and the individual Directors.

d) Risk assessment

The trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Public benefit

When considering the Canterbury Cantata Trust, the Trustees have complied with the Charities Act in order to have due regard to the Charity Commission's general guidance on public benefit.

Objectives and activities

The objects of the Charity are:

- (1) To promote, improve and develop singing activities and singing education in order to improve the health, well-being and social cohesion of communities.
- (2) To encourage younger people to engage in singing activities providing support for the public.
- (3) To benefit the personal development and skills of individual musicians and their performances of music and other cultural and educational activities in order to make music more accessible to the public at large; and to benefit any charity and to further any purposes which are charitable.
- (4) To advance the education and training of amateur singers of all abilities by offering an opportunity for anyone to sing with others without an audition or former experience of choral singing, in particular but not exclusively for those with a disability to help relieve their condition.

For the purpose of this article 4, socially excluded means being excluded from society or parts of society, as a result of one or more of the following factors: youth or old age; physical or mental ill health; substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender or re-assignment; poor educational or skills attainment; relationship or family breakdown.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 August 2022

Achievements and performance

About Canterbury Cantata Trust

Singing is good for you, and we believe that anyone who wishes to sing with other people should be able to do so, regardless of experience, and without any financial barrier.

Building on over a decade of collaborative research with the Sidney de Haan Centre for Arts and Health, we act as an umbrella organisation to make opportunities for caring through singing.

The Trust's Founder and Artistic Director is Professor Grenville Hancox MBE, well known for his work as an educationalist, performer and conductor. As Artistic Director, he continues to ensure the strap line of the Charity Caring through Singing, continues to inform all activities and to drive ground-breaking research into the beneficial effects of singing on health and well-being.

The Trust's work

Put simply, we sing - for pleasure, for health, for friendship, and for the enjoyment of others. To be more specific, the Trust runs, supports and funds local singing groups, enabling people to sing regularly and enjoy the benefits. Each group is concerned with caring through singing, caring for each other and demonstrating care for others in the community through a range of activities and performances.

Our singing groups

MONDAY MUSIC

Both Canterbury and Folkestone Monday Music began meeting face to face again in September 2021. Monday Music led by Phil Self in Canterbury, and by Grenville Hancox in Folkestone has continued to build membership, with both groups offering the opportunity to start each week with group singing, a cup of tea and a chat with friends. This important event for many members has also been recognised by social prescribing agencies who are beginning to sign post people to Monday Music. Thanks are due to administrators Patricia and Michelle who keep all members informed, in liaison with Phil and Grenville.

AMICI CHORUS

Face-to-face singing resumed in September 2021. As the term progressed numbers continued to grow. Members rehearsed the four-part version of Parry's 'Blest Pair of Sirens', Elgar's 'From the Bavarian Highlands' and a number of madrigals. In January, with greater numbers of singers returning, preparations began for an informal concert at the end of term. This was held in St Paul's Church where Amici performed Faure's 'Requiem', Seiber's 'Three Hungarian Folk Songs' and four madrigals by English composers. The singing was supported and enhanced by Amici's excellent accompanist Stefan Catto. Thanks are also due to Anthea Daniels and Sue Davies for all the preparations they make for the rehearsals and for the constant encouragement and enthusiasm.

SKYLARKS

Canterbury Skylarks resumed face-to-face sessions in September 2021 after an 18 month period of restrictions due to Covid. These take place at Simon Langton Boys' School and are led by the ever energetic, welcoming and musically-inspiring Emily Renshaw-Kidd, head of music at the school. Sixth form students of the school join the sessions which is a lovely collaboration.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 August 2022

Face-to-face sessions take place fortnightly on Tuesdays during termtime and are 'live streamed' on Zoom for those unable to attend in person. Zoom only sessions take place on alternate Tuesdays, led with his enduring enthusiasm and skill by Grenville Hancox. Numbers at the face-to-face sessions have remained a good deal lower than before lockdown started, and new membership is always encouraged.

Thanks go to Emily and Grenville for their commitment to Skylarks, and the passion and skill with which they run the sessions. Thanks also to the Skylarks committee members for their time and dedication, especially Lucy Markes who capably oversees the fortnightly Zoom sessions and Roger Clayton, one of the co-founders of Skylarks, who recently retired from the committee for health reasons.

CANTERBURY CANTATA

Cantata performed Mozart's Requiem and Rutter's Feel the Spirit in November 2021, with Simon Langton Boys choir and Canterbury Camerata at St. Peter's Methodist Church. On 2nd July 2022, they had a summer concert at St. Paul's church in Canterbury where they performed two Bach motets, Shearing, Harris and Mawby.

Following the sad loss of their accompanist, Lise Cribbin, Cantata were lucky enough to engage Rod Spencer to accompany them for their autumn-winter rehearsals in preparation for their November 2021 concert. Unfortunately, for health reasons, Rod could no longer accompany the choir. They managed to secure Helen Crayford and she accompanied the July concert 2022. Cantata were overjoyed that Helen agreed to continue accompanying them permanently. She attends one hour of each rehearsal and the choir sing unaccompanied for the remainder of the rehearsal.

Membership is the highest for several years with a particularly strong tenor and bass section for the first time in nearly a decade. The choir are singing to an extremely high standard and continue to tackle challenging repertoire. They are looking forward to performing Mendelssohn's Elijah in Wye on 4th February 2023 with Canterbury Camerata. Cantata are so grateful to Steve Barker and the vicar of St. Stephen's Canterbury for the kind use of the church for their rehearsals.

Plans for future periods

Sing to Beat are committed to responding to demand for online Sing to Beat Long Covid group support, and are mentoring more facilitators in order to build the capacity to deliver groups online.

Sing to Beat Parkinson's will continue to develop its national network, and engage in partnership working with Parkinson's Care and Support Charity (PCS) in particular, whose reach can assist us in managing consistency recruitment to groups. This in turn will inform our future training strategy, which includes the potential to offer and deliver accredited training programmes across multiple levels. We are currently in negotiation with PAQ (Participatory Arts Qualifications) to offer accreditation. In addition, we will partner with University of Kent and PCS to form a key component in the new Parkinson's Centre for Integrated Therapy (PCfIT).

We continue to invest in our Monday Music groups, and grow our local facilitator personnel, in Folkestone and Canterbury in particular, in order to ensure stability and sustainability in the medium to long term, and continue to nurture good relationships with our partner venues and other local organisations.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 August 2022

Financial review

The Trustees are pleased to report that the financial position of the Charity is secure with reserves of £77,824 (of which £28,142 were unrestricted) as at 31 August 2022. The increase from total reserves last year (£46,375 as at 31 August 2021) is mainly due to the continuing receipt of the grant from the Oak Foundation.

Going concern

After making the appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on and signed on behalf of the board of trustees by:



Roshna E Ahmad (Jan 24, 2023 19:38 GMT)

R E Ahmad
Trustee

Canterbury Cantata Trust
Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Canterbury Cantata Trust
Year ended 31 August 2022

I report to the trustees on my examination of the financial statements of Canterbury Cantata Trust ('the charity') for the year ended 31 August 2022.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Thomas Saltmer
Independent Examiner

Burgess Hodgson LLP
Burgess Hodgson LLP (Jan 25, 2023 19:14 GMT)

Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)
Year ended 31 August 2022

	Note	Year to 31 Aug 22			Period from
		Unrestricted funds	Restricted funds	Total funds	1 Dec 20 to 31 Aug 21
		£	£	£	£
Income and endowments					
Donations and legacies	5	6,434	57,794	64,228	61,111
Charitable activities	6	17,464	1,715	19,179	2,753
Other trading activities	7	1,362	–	1,362	32
Investment income	8	–	10	10	2
Total income		<u>25,260</u>	<u>59,519</u>	<u>84,779</u>	<u>63,898</u>
Expenditure					
Expenditure on charitable activities	9,10	<u>22,805</u>	<u>30,525</u>	<u>53,330</u>	<u>37,293</u>
Total expenditure		<u>22,805</u>	<u>30,525</u>	<u>53,330</u>	<u>37,293</u>
Net income and net movement in funds		<u>2,455</u>	<u>28,994</u>	<u>31,449</u>	<u>26,605</u>
Reconciliation of funds					
Total funds brought forward		<u>26,687</u>	<u>19,688</u>	<u>46,375</u>	<u>19,770</u>
Total funds carried forward		<u>29,142</u>	<u>48,682</u>	<u>77,824</u>	<u>46,375</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 9 to 17 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Position
31 August 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	15	1,159	1,449
Current assets			
Debtors	16	469	–
Cash at bank and in hand		77,216	49,736
		<u>77,685</u>	<u>49,736</u>
Creditors: amounts falling due within one year	17	1,020	4,810
Net current assets		<u>76,665</u>	<u>44,926</u>
Total assets less current liabilities		<u>77,824</u>	<u>46,375</u>
Net assets		<u>77,824</u>	<u>46,375</u>
Funds of the charity			
Restricted funds		49,682	19,688
Unrestricted funds		28,142	26,687
Total charity funds	18	<u>77,824</u>	<u>46,375</u>

For the year ending 31 August 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:

Roshna E Ahmad
Roshna E Ahmad (Jan 24, 2023 19:38 GMT)

R E Ahmad
Trustee

The notes on pages 9 to 17 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 August 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is April Cottage Cherville Lane, Bramling, Canterbury, Kent, CT3 1LZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

In accordance with section 1A of FRS 102, the Charity is taking advantage of the small company exemption from preparing a cash flow statement.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 10% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

4. Limited by guarantee

The company is limited by guarantee, having no share capital and in the terms of the Memorandum of Association every member of the company undertakes to contribute to the assets of the company in the event of it being wound up while he or she is a member or, within one year after he or she ceases to be a member, such amount as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	4,313	1,500	5,813
Gift aid reclaim	2,121	–	2,121
Grants			
Grants receivable	–	56,294	56,294
	<u>6,434</u>	<u>57,794</u>	<u>64,228</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	8,353	1,302	9,655
Gift aid reclaim	1,670	–	1,670
Grants			
Grants receivable	–	49,786	49,786
	<u>10,023</u>	<u>51,088</u>	<u>61,111</u>

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Membership fees	15,131	–	15,131
Other income	44	–	44
Training courses	–	1,715	1,715
Ticket sales	2,219	–	2,219
Concert income	70	–	70
	<u>17,464</u>	<u>1,715</u>	<u>19,179</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Membership fees	–	–	–
Other income	753	–	753
Training courses	–	2,000	2,000
Ticket sales	–	–	–
Concert income	–	–	–
	<u>753</u>	<u>2,000</u>	<u>2,753</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Fund Generation - online shopping	27	27	32	32
Fund Generation - fund raising	1,335	1,335	–	–
	<u>1,362</u>	<u>1,362</u>	<u>32</u>	<u>32</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

8. Investment income

	Restricted Funds	Total Funds 2022	Restricted Funds	Total Funds 2021
	£	£	£	£
Bank interest receivable	10	10	2	2

9. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Charitable activities	15,458	26,245	41,703
Support costs	7,347	4,280	11,627
	<u>22,805</u>	<u>30,525</u>	<u>53,330</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Charitable activities	4,160	20,462	24,622
Support costs	6,467	6,204	12,671
	<u>10,627</u>	<u>26,666</u>	<u>37,293</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2022	Total fund 2021
	£	£	£	£
Charitable activities	41,703	10,149	51,852	36,299
Governance costs	–	1,478	1,478	994
	<u>41,703</u>	<u>11,627</u>	<u>53,330</u>	<u>37,293</u>

11. Net income

Net income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	290	290

12. Independent examination fees

	Year to 31 Aug 22	Period from 1 Dec 20 to 31 Aug 21
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	1,030	960

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

13. Staff costs

The average number of employees during the period, excluding the trustees was nil (2021: nil).

14. Trustee remuneration and expenses

No Trustee (or any persons connected with them) received any remuneration in the period. A total of £nil (2021: £nil) was reimbursed to trustees in relation to expenses paid on the Charity's behalf and then reimbursed to them.

15. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 September 2021 and 31 August 2022	<u>2,899</u>
Depreciation	
At 1 September 2021	1,450
Charge for the year	<u>290</u>
At 31 August 2022	<u>1,740</u>
Carrying amount	
At 31 August 2022	<u>1,159</u>
At 31 August 2021	<u>1,449</u>

16. Debtors

	2022 £	2021 £
Prepayments and accrued income	<u>469</u>	<u>–</u>

17. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	<u>1,020</u>	<u>4,810</u>

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

18. Analysis of charitable funds

Unrestricted funds

	At 1 September 2021 £	Income £	Expenditure £	Transfers £	At 31 August 2022 £
General funds	<u>26,687</u>	<u>25,260</u>	<u>(22,805)</u>	<u>(1,000)</u>	<u>28,142</u>

	At 1 December 2020 £	Income £	Expenditure £	Transfers £	At 31 August 2021 £
General funds	<u>15,946</u>	<u>10,808</u>	<u>(10,627)</u>	<u>10,560</u>	<u>26,687</u>

Restricted funds

	At 1 September 2021 £	Income £	Expenditure £	Transfers £	At 31 August 2022 £
Sing to Beat Parkinsons - Subscriptions and donations	-	-	-	-	-
Sing to Beat Parkinsons - Oak Foundation	18,688	53,019	(30,013)	-	41,694
CCCU - Covid research	-	-	-	-	-
Atherton's Grassroots Fund	1,000	1,000	-	1,000	3,000
Kent Community Foundation	-	4,500	(512)	-	3,988
Saga	-	1,000	-	-	1,000
	<u>19,688</u>	<u>59,519</u>	<u>(30,525)</u>	<u>1,000</u>	<u>49,682</u>

	At 1 December 2020 £	Income £	Expenditure £	Transfers £	At 31 August 2021 £
Sing to Beat Parkinsons - Subscriptions and donations	-	2,303	-	(2,303)	-
Sing to Beat Parkinsons - Oak Foundation	2,324	49,787	(26,666)	(6,757)	18,688
CCCU - Covid research	1,500	-	-	(1,500)	-
Atherton's Grassroots Fund	-	1,000	-	-	1,000
Kent Community Foundation	-	-	-	-	-
Saga	-	-	-	-	-
	<u>3,824</u>	<u>53,090</u>	<u>(26,666)</u>	<u>(10,560)</u>	<u>19,688</u>

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

18. Analysis of charitable funds *(continued)*

SING TO BEAT PARKINSON'S (STBP)

Sing to Beat Parkinson's ® is a network of singing groups for people with Parkinson's. The network consists of more than 30 groups across the UK and Ireland. Sing to Beat Parkinson's ® has been registered as a trademark, and work continues to raise funds to expand the network. Oak Foundation are the main core funder, providing a grant of nearly £300,000 over a 5 year period, subject to a satisfactory independent examination of annual accounts.

STBP run both online and offline training programmes for apprentice and advanced singing and health practitioners, and began operating online singing groups for people experiencing symptoms of Long Covid in 2021, which continue to flourish in 2022. Working in partnership with University of Kent and Parkinson's Care and Support Charity, STBP will be providing a key therapeutic component to the new Parkinson's Centre for Integrated Therapy at the University in 2023.

KENT COMMUNITY FOUNDATION CORE COSTS FUND

CCT were fortunate to be awarded a very generous grant of £4,500 in July 2022 from Kent Community Foundation (KCF), sponsored by Wards Charitable Fund which will support the fixed costs of the Trust's work. These funds will be invaluable in ensuring that the inevitable core costs of the organisation (such as administration, accountancy and insurance, etc.) are covered.

Grateful thanks go to KCF for their consistent financial support over the past few years which plays an integral part in the continued expansion of the Trust.

ATHERTON'S GRASSROOTS FUND

Thanks go to Atherton's Grassroots Fund following another £1,000 donation in February 2022. This means, together with £1K from 2021 and £1K from 2020 (both of which are still unspent due to the Pandemic), there is a total of £3K unspent funds moving forward into the new financial year. These will be allocated to appropriate concerts following Board approval.

SAGA GRANT TO MONDAY MUSIC FOLKESTONE

Following an initiative by Monday Music Folkestone member Alan Hollyer, Saga Group awarded them a grant of £ 1,000 in August 2022 which has been ring-fenced in the accounts to support the group in the new financial year.

Canterbury Cantata Trust

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2022

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	1,159	–	1,159
Current assets	28,003	49,682	77,685
Creditors less than 1 year	(1,020)	–	(1,020)
Net assets	<u>28,142</u>	<u>49,682</u>	<u>77,824</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,449	–	1,449
Current assets	30,048	19,688	49,736
Creditors less than 1 year	(4,810)	–	(4,810)
Net assets	<u>26,687</u>	<u>19,688</u>	<u>46,375</u>

CANTERBURY CANTATA TRUST

England & Wales - Charity number 1163197

Accounts

COMPANY REGISTRATION NUMBER: 08293466
CHARITY REGISTRATION NUMBER: 1163197

Canterbury Cantata Trust
Company Limited by Guarantee
Unaudited Financial Statements
31 August 2021

BURGESS HODGSON LLP

Chartered accountants
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Financial Statements

Period from 1 December 2020 to 31 August 2021

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	7
Statement of financial activities (including income and expenditure account)	8
Statement of financial position	9
Notes to the financial statements	10

Canterbury Cantata Trust
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Period from 1 December 2020 to 31 August 2021

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the period ended 31 August 2021.

Reference and administrative details

Registered charity name	Canterbury Cantata Trust
Charity registration number	1163197
Company registration number	08293466
Principal office and registered office	April Cottage Cherville Lane Bramling Canterbury Kent CT3 1LZ

The trustees

R E Ahmad	
L R D Green	
A B Gulland	(Resigned 28 September 2021)
J L Heath	
J Jones	
W G Le-Las	(Resigned 29 March 2022)
S E Montgomery	

Independent examiner	Thomas Saltmer Camburgh House 27 New Dover Road Canterbury Kent CT1 3DN
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Canterbury Cantata Trust
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Period from 1 December 2020 to 31 August 2021

Structure, governance and management

a) Constitution

The charitable company is registered as a charitable company limited by guarantee and was set up by a Memorandum and Articles of Association on 6 May 2015 and became a registered charity on 19 August 2015.

The reference and administration information is set out on page 1 of the financial statements.

b) Method of appointment or election of trustees

The management of the charitable company is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Charity's policy is to invite suitable local people to become Trustees of the Charity. Trustees are re-elected at the Annual General Meeting of the Charity.

c) Organisation structure and decision making

The charitable company has a Board of Trustees which meet regularly. Between board meetings, necessary decisions taken and actions are the responsibility of the Chair, and the individual Directors.

d) Risk assessment

The trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Public benefit

When considering the Canterbury Cantata Trust, the Trustees have complied with the Charities Act in order to have due regard to the Charity Commission's general guidance on public benefit.

Objectives and activities

The objects of the Charity are:

- (1) To promote, improve and develop singing activities and singing education in order to improve the health, well-being and social cohesion of communities.
- (2) To encourage younger people to engage in singing activities providing support for the public.
- (3) To benefit the personal development and skills of individual musicians and their performances of music and other cultural and educational activities in order to make music more accessible to the public at large; and to benefit any charity and to further any purposes which are charitable.
- (4) To advance the education and training of amateur singers of all abilities by offering an opportunity for anyone to sing with others without an audition or former experience of choral singing, in particular but not exclusively for those with a disability to help relieve their condition.

For the purpose of this article 4, socially excluded means being excluded from society or parts of society, as a result of one or more of the following factors: youth or old age; physical or mental ill health; substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender or re-assignment; poor educational or skills attainment; relationship or family breakdown.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Period from 1 December 2020 to 31 August 2021

Achievements and performance

ABOUT CANTERBURY CANTATA TRUST

Singing is good for you, and we believe that anyone who wishes to sing with other people should be able to do so, regardless of experience, and without any financial barrier.

Building on over a decade of collaborative research with the Sidney de Haan Centre for Arts and Health, we act as an umbrella organisation to make opportunities for caring through singing.

The Trust's Founder and Artistic Director is Professor Grenville Hancox MBE, well known for his work as an educationalist, performer and conductor. As Artistic Director, he continues to ensure the strap line of the Charity Caring through Singing, continues to inform all activities and to drive ground-breaking research into the beneficial effects of singing on health and well-being.

THE TRUST'S WORK

Put simply, we sing - for pleasure, for health, for friendship, and for the enjoyment of others. To be more specific, the Trust runs, supports and funds local singing groups, enabling people to sing regularly and enjoy the benefits. Each group is concerned with caring through singing, caring for each other and demonstrating care for others in the community through a range of activities and performances.

OUR SINGING GROUPS

SING TO BEAT PARKINSON'S (STBP)

Sing to Beat Parkinson's ® is a network of singing groups for people with Parkinson's. The network consists of more than 30 groups across the UK and Ireland. Sing to Beat Parkinson's ® has been registered as a trademark, and work continues to raise funds to expand the network. Oak Foundation are the main core funder, providing a grant of £300,000 over a 5 year period, subject to satisfactory annual reporting and an annual audit.

STBP runs both online and offline training programmes for apprentice and advanced singing and health practitioners, and began operating online singing groups for people experiencing symptoms of Long Covid in 2021. Working in partnership with University of Kent and Parkinson's Care and Support Charity, STBP will be providing a key therapeutic component to the new Parkinson's Centre for Integrated Therapy at the University.

£302 DONATION VIA GIVE AS YOU LIVE

The £302 should remain as restricted funds. This is specifically set aside for a Sing to Beat Parkinson's Group in Ireland.

ATHERTON'S £1K DONATION (ADMINISTERED BY KENT COMMUNITY FOUNDATION)

A kind donation of £1K was received in April 2021 by Wendi Atherton (via KCF). This money will be used towards a performance of Handel's The Messiah, which will hopefully take place in March 2022.

In 2020-21 our groups were directed as follows:

Amici Chorus: Grenville Hancox
Canterbury Cantata: Emily Renshaw-Kidd
Monday Music Canterbury: Phil Self
Monday Music: Folkestone: Grenville Hancox

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Period from 1 December 2020 to 31 August 2021

Canterbury Skylarks: Grenville Hancox

Much of December 2020 to August 2021 was spent in lockdown in the UK due to the Coronavirus pandemic. Thus, the strap line, Caring through singing, had to be put on the back burner during this period of time and this applies to all the singing groups mentioned in this report.

MONDAY MUSIC

Both Monday Music groups from Canterbury and Folkestone came together virtually between December 2020 through to the end of July 2021. Phil Self and Grenville Hancox developed an approach that seemed both popular and successful. The feedback from participants was positive and allowed an almost uninterrupted link with the community of Monday Musicians, an important part of the week and a lifeline for some. Attendance remained good but a slight drop-off was noticed compared with the attendance figures during the first lockdown (April 2020 onwards). Both Canterbury and Folkestone plan to begin meeting face to face again in September 2021.

AMICI CHORUS

After nearly eighteen months of hard work learning the notes, the German language, and the emotional content of J.S.Bach's St John Passion (with a planned performance for Spring 2021), the curtailment of normal rehearsals from March was devastating for the Amici Chorus. Whilst Skylarks and Monday Music embraced Zoom sessions and thrived, the fundamental desire and need to sing in parts could not be met by the platform. Whilst 'Amichat' sessions over Zoom tried to plug the gap with Bach Chorales and folks songs from the British Isles, with members singing one of the harmony parts, it was impossible to do so in real time. Thus Amici stopped, only being contacted by email or phone until such time that we felt it safe to come back together. Amici hope to begin face-to-face rehearsals again in September 2021.

SKYLARKS

Skylarks Canterbury is CCT's flagship singing group for people with Parkinson's. During this period Skylarks sessions were held weekly online via zoom, led with enthusiasm and skill by Phil Self and Grenville Hancox. This meant that everyone was able to join in the sessions from the safety of their own homes, and we were also able to welcome singers from other Skylarks groups such as Medway and Pimlico as travel was no barrier! The sessions have provided a great opportunity for people to establish and maintain their links with each other and to carry on enjoying the benefits and fun of singing.

Towards the end of this period we began to prepare for returning to meeting in person at Simon Langton Boys' Grammar School. The challenges faced by many of our Skylarks members to attend face to face sessions has for many years been, for some, a controlling factor in participation. Thus, the success of a Zoom session whilst a necessity during this period, also suggested the option of developing a hybrid system of both face-to-face and virtual sessions following the end of the pandemic.

CANTERBURY CANTATA

From December 2020 to August 2021, Canterbury Cantata continued to rehearse on zoom, working towards our return to live performance in November 2021 with a performance of Rutter's *Feel the Spirit* and Mozart's *Requiem* in collaboration with Langton Boys and Canterbury Camerata. We had our first in person get together/rehearsal in a member's garden in June 2021 and resumed our normal St. Stephen's rehearsals from September 2021.

FRIENDS AND DONORS

We rely on the valued support of our friends and donors to put on concerts and events for our community. We have been fortunate enough to receive renewed additional funding from Oak Foundation and the Atherton Grassroots Fund and many individual donors who appreciated our programme of online singing sessions during the lockdown and look forward to a renewal of face-to-face rehearsals in Autumn 2021 to attract subscriptions.

Canterbury Cantata Trust
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Period from 1 December 2020 to 31 August 2021

Covid-19

As of the end of August 2021, donations through Give As You Live had reached £8,472, helping us continue our online sessions for Skylarks and Monday Music in Canterbury and Folkestone.

Plans for future periods

Sing to Beat are committed to responding to demand for online Sing to Beat Covid group support, and are preparing to train more facilitators in order to ensure capacity to deliver.

Sing to Beat Parkinson's will continue to develop its national network, and engage in partnership working with Parkinson's Care and Support Charity (PCS) in particular, whose reach can assist us in managing consistent recruitment to groups. This in turn will inform our future training strategy, which includes the potential to offer and deliver accredited training programmes across multiple levels. In addition, we will partner with University of Kent and PCS to form a key component in the new Parkinson's Centre for Integrated Therapy (PCFIT).

We will invest in our Monday Music groups, and grow our local facilitator personnel, in Folkestone and Canterbury in particular, in order to ensure stability and sustainability in the medium to long term, and continue to nurture good relationships with our partner venues and other local organisations."

A few of many testimonials:

"Thanks to Skylarks for wonderful singing with friends on Tuesdays. May you continue in your good work. Thanks for all CCT's great work!"

"Mum really did look forward to the joy of singing together with the group every week...the choir enabled her to be brave and sing out. She often said that she felt uplifted after the sessions, so she had no doubt Monday Music was of great benefit to her mental health."

Financial review

The Trustees are pleased to report that the financial position of the Charity is secure with reserves of £46,375 (of which £26,687 were unrestricted) as at 31 August 2021. The increase from total reserves last year (£19,770 as at 30 November 2020) is mainly due to the receipt of the Oak Foundation grant.

Going concern

After making the appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Canterbury Cantata Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Period from 1 December 2020 to 31 August 2021

The trustees' annual report was approved on and signed on behalf of the board of trustees by:

Roshna E Ahmad

Roshna E Ahmad (May 27, 2022 15:52 GMT+1)

R E Ahmad
Trustee

Canterbury Cantata Trust
Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Canterbury Cantata Trust
Period from 1 December 2020 to 31 August 2021

I report to the trustees on my examination of the financial statements of Canterbury Cantata Trust ('the charity') for the period ended 31 August 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

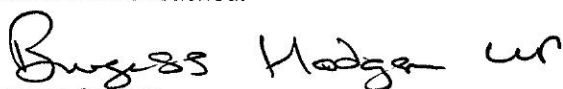
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Thomas Saltmer
Independent Examiner

Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Period from 1 December 2020 to 31 August 2021

	Note	Period from 1 Dec 20 to 31 Aug 21			Year to
		Unrestricted funds	Restricted funds	Total funds	30 Nov 20
		£	£	£	Total funds
					£
Income and endowments					
Donations and legacies	5	10,023	51,088	61,111	14,052
Charitable activities	6	753	2,000	2,753	14,398
Other trading activities	7	32	–	32	8,321
Investment income	8	–	2	2	12
Total income		<u>10,808</u>	<u>53,090</u>	<u>63,898</u>	<u>36,783</u>
Expenditure					
Expenditure on charitable activities	9,10	10,627	26,666	37,293	65,610
Total expenditure		<u>10,627</u>	<u>26,666</u>	<u>37,293</u>	<u>65,610</u>
Net income/(expenditure) and net movement in funds		<u>181</u>	<u>26,424</u>	<u>26,605</u>	<u>(28,827)</u>
Reconciliation of funds					
Total funds brought forward		15,946	3,824	19,770	48,597
Total funds carried forward		<u>16,127</u>	<u>30,248</u>	<u>46,375</u>	<u>19,770</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 18 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Statement of Financial Position
31 August 2021

	Note	31 Aug 21 £	30 Nov 20 £
Fixed assets			
Tangible fixed assets	16	1,449	1,739
Current assets			
Cash at bank and in hand		49,736	26,394
Creditors: amounts falling due within one year	17	4,810	8,363
Net current assets		<u>44,926</u>	<u>18,031</u>
Total assets less current liabilities		46,375	19,770
Net assets		<u>46,375</u>	<u>19,770</u>
Funds of the charity			
Restricted funds		19,688	3,824
Unrestricted funds		<u>26,687</u>	<u>15,946</u>
Total charity funds	18	<u>46,375</u>	<u>19,770</u>

For the period ending 31 August 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:

Roshina E Ahmad

Roshina E Ahmad (May 27, 2022 15:52 GMT+1)

R E Ahmad
Trustee

The notes on pages 10 to 18 form part of these financial statements.

Canterbury Cantata Trust
Company Limited by Guarantee
Notes to the Financial Statements

Period from 1 December 2020 to 31 August 2021

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is April Cottage Cherville Lane, Bramling, Canterbury, Kent, CT3 1LZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

In accordance with section 1A of FRS 102, the Charity is taking advantage of the small company exemption from preparing a cash flow statement.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 10% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

4. Limited by guarantee

The company is limited by guarantee, having no share capital and in the terms of the Memorandum of Association every member of the company undertakes to contribute to the assets of the company in the event of it being wound up while he or she is a member or, within one year after he or she ceases to be a member, such amount as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	8,353	1,302	9,655
Gift aid reclaim	1,670	-	1,670
Grants			
Grants receivable	-	49,786	49,786
	<u>10,023</u>	<u>51,088</u>	<u>61,111</u>

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements (continued)

Period from 1 December 2020 to 31 August 2021

5. Donations and legacies (continued)

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Donations			
Donations	8,055	370	8,425
Gift aid reclaim	627	–	627
Grants			
Grants receivable	–	5,000	5,000
	<u>8,682</u>	<u>5,370</u>	<u>14,052</u>

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Membership fees (including Skylarks)	–	–	–
Other income - Amici concert income	–	–	–
Other income	753	–	753
STBP Training courses	–	2,000	2,000
	<u>753</u>	<u>2,000</u>	<u>2,753</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Membership fees (including Skylarks)	6,952	6,446	13,398
Other income - Amici concert income	1,000	–	1,000
Other income	–	–	–
STBP Training courses	–	–	–
	<u>7,952</u>	<u>6,446</u>	<u>14,398</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Events income - Amici	–	–	3,351	3,351
Events income - Cantata	–	–	4,970	4,970
Fund Generation - online shopping	32	32	–	–
	<u>32</u>	<u>32</u>	<u>8,321</u>	<u>8,321</u>

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

8. Investment income

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Bank interest receivable	–	2	2
	<u> </u>	<u> </u>	<u> </u>
	£	£	£
	12	–	12
	<u> </u>	<u> </u>	<u> </u>

9. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Charitable activities	4,160	20,462	24,622
Support costs	6,467	6,204	12,671
	<u>10,627</u>	<u>26,666</u>	<u>37,293</u>
	£	£	£
	13,151	32,497	45,648
	11,893	8,069	19,962
	<u>25,044</u>	<u>40,566</u>	<u>65,610</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2021	Total fund 2020
	£	£	£	£
Charitable activities	24,622	11,677	36,299	61,206
Governance costs	–	994	994	4,404
	<u>24,622</u>	<u>12,671</u>	<u>37,293</u>	<u>65,610</u>

11. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	31 Aug 21	30 Nov 20
	£	£
Depreciation of tangible fixed assets	290	290
	<u> </u>	<u> </u>

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

12. Auditors remuneration

	Period from 1 Dec 20 to 31 Aug 21	Year to 30 Nov 20
	£	£
Fees payable for the audit of the financial statements	–	<u>3,360</u>

13. Independent examination fees

	Period from 1 Dec 20 to 31 Aug 21	Year to 30 Nov 20
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>960</u>	<u>–</u>

14. Staff costs

The average number of employees during the period, excluding the trustees was nil (2020: nil).

15. Trustee remuneration and expenses

No Trustee (or any persons connected with them) received any remuneration in the period. A total of £Nil (2020: £91.78) was reimbursed to trustees in relation to expenses paid on the Charity's behalf and then reimbursed to them.

16. Tangible fixed assets

	Fixtures and fittings
	£
Cost	
At 1 December 2020 and 31 August 2021	<u>2,899</u>
Depreciation	
At 1 December 2020	1,160
Charge for the period	<u>290</u>
At 31 August 2021	<u>1,450</u>
Carrying amount	
At 31 August 2021	<u>1,449</u>
At 30 November 2020	<u>1,739</u>

17. Creditors: amounts falling due within one year

	31 Aug 21	30 Nov 20
	£	£
Accruals and deferred income	<u>4,810</u>	<u>8,363</u>

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

18. Analysis of charitable funds

Unrestricted funds

	At 1 December 2020 £	Income £	Expenditure £	Transfers £	At 31 August 2021 £
General funds	<u>15,946</u>	<u>10,808</u>	<u>(10,627)</u>	<u>10,560</u>	<u>26,687</u>
	At 1 December 2019 £	Income £	Expenditure £	Transfers £	At 30 November 2020 £
General funds	<u>13,797</u>	<u>24,967</u>	<u>(25,044)</u>	<u>2,226</u>	<u>15,946</u>

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

18. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 December 2020 £	Income £	Expenditure £	Transfers £	At 31 August 2021 £
Skylarks - Kent Community Fdn	-	-	-	-	-
Singing COPD	-	-	-	-	-
Sing to Beat Parkinsons - Subscriptions and donations	-	2,303	-	(2,303)	-
Sing to Beat Parkinsons - Oak Foundation	2,324	49,787	(26,666)	(6,757)	18,688
Sing to Beat Parkinsons - Bernard Sunley Trust	-	-	-	-	-
Sing to Beat Parkinsons - Southend BC	-	-	-	-	-
CCCU - Covid research	1,500	-	-	(1,500)	-
Atherton's Trust	-	1,000	-	-	1,000
	<u>3,824</u>	<u>53,090</u>	<u>(26,666)</u>	<u>(10,560)</u>	<u>19,688</u>

	At 1 December 2019 £	Income £	Expenditure £	Transfers £	At 30 November 2020 £
Skylarks - Kent Community Fdn	2,540	1,149	(1,720)	(1,969)	-
Singing COPD	1,206	-	(949)	(257)	-
Sing to Beat Parkinsons - Subscriptions and donations	-	5,667	-	(5,667)	-
Sing to Beat Parkinsons - Oak Foundation	21,467	-	(34,397)	15,254	2,324
Sing to Beat Parkinsons - Bernard Sunley Trust	7,587	-	-	(7,587)	-
Sing to Beat Parkinsons - Southend BC	2,000	-	-	(2,000)	-
CCCU - Covid research	-	5,000	(3,500)	-	1,500
Atherton's Trust	-	-	-	-	-
	<u>34,800</u>	<u>11,816</u>	<u>(40,566)</u>	<u>(2,226)</u>	<u>3,824</u>

Kent Community Foundation

Due to the popularity of the Canterbury Skylarks group, an application to Kent Community Foundation was made to implement similar Skylarks groups in the Medway towns during 2017. The funds have supported the training and implementation of such groups from 2017 through to 2020 for more than 30 sessions.

Canterbury Cantata Trust
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Period from 1 December 2020 to 31 August 2021

18. Analysis of charitable funds *(continued)*

Singing COPD

These funds are restricted to collaborative work between STBP and Canterbury Christ Church University in 2019 and 2020, including consultancy, research support, travel to and from meetings, attendance at events and meetings and research data gathering. This also supported training development related to Singing for people with COPD.

Sing to beat Parkinson – subscriptions and donations

These funds restricted to subscriptions and donations relating to Sing to Beat Parkinson's work in supporting groups and training.

Oak Foundation

These funds are ring fenced to support all activities relating to Sing to Beat Parkinson's.

Bernard Sunley Trust

These funds are restricted to support the establishment of new groups across the UK in 2019 and 2020, and in particular, the cost of facilitation and associated venue costs to such groups.

Southend BC

These funds were restricted to support the establishment of a group in Southend that was also supported by the Bernard Sunley Trust. The restricted funds covered the cost of facilitation, venue and recruitment of participants to the group.

CCCU - Covid Research

These funds are restricted to collaborative work between CCT and CCCU relating to research into the impact of Covid on singing and health groups across the UK, including the preparation and distribution of questionnaires, case study interviews and analysis thereof.

Atherton's - (Administered by Kent Community Foundation)

These funds are restricted to go towards a performance of Handel's The Messiah, which will hopefully take place in March 2022.

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,449	–	1,449
Current assets	30,048	19,688	49,736
Creditors less than 1 year	<u>(4,810)</u>	<u>–</u>	<u>(4,810)</u>
Net assets	<u>26,687</u>	<u>19,688</u>	<u>46,375</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Tangible fixed assets	1,739	–	1,739
Current assets	22,570	3,824	26,394
Creditors less than 1 year	<u>(8,363)</u>	<u>–</u>	<u>(8,363)</u>
Net assets	<u>15,946</u>	<u>3,824</u>	<u>19,770</u>