



Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Annual report

for the year

1st May 2023

—

30th April 2024

Trustee report 1 May 2023 – 30 April 2024

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1. Introduction

This Annual Report provides an overview of the period from 1st May 2023 to 30th April 2024, highlighting achievements, performance, and impact, as well as financial performance and position. This information demonstrates the trustees' stewardship and management of charitable funds.

The trustees and staff of Southend Foodbank would like to express their sincere appreciation to the volunteers, staff, and donors, as their contributions have made our achievements possible. The trustees are confident that, through careful stewardship and management of charitable funds, Southend Foodbank continues to meet the public benefit requirements set forth by the Charity Commission.

Summary of the purposes of the charity as set out in the governing document:

To provide relief of financial hardship among persons residing within the Borough of Southend-on-Sea, Rochford District and the surrounding area or in other parts of the United Kingdom in such ways as the trustees from time-to-time think fit, in particular, but not exclusively by:

- a) providing emergency food, essential toiletries, and household items to individuals and families in need and/or for distribution by charities or other organisations working to prevent or relieve poverty
- b) such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services

and to provide such services with a Christian ethos, supported by churches within the Borough of Southend-on-Sea, Rochford District and the surrounding area or in other parts of the United Kingdom.

2. Message from the chair of trustees

As a charity, we are deeply rooted in the teachings and life of Jesus. Our vision is clear:

Working towards a hunger-free future.

For those among us who are part of the Foodbank and share a Christian faith, we see God's Kingdom at work in our efforts. Our mission reflects our commitment to serving those in need:

- Help for now -- Providing immediate assistance, such as food parcels when needed.
- Change for tomorrow -- Offering support through signposting and financial inclusion projects.
- Hope for the future -- Empowering local communities through organization and mobilisation.

We strive to serve those who are hungry and in need with excellence and love, inspired by Jesus' command to love our neighbours as ourselves.

We are profoundly grateful for the dedication of our staff and volunteers, regardless of their faith. Their commitment and hard work make it possible to achieve our vision and mission as we work to Help Local People in Crisis.

Over the past year, we have been serving people in our community who are struggling, particularly under the weight of rising fuel and household bills. Thanks to the diligence of our staff and volunteers, the generosity of our community, and the grants we have secured, we have just managed to keep pace with the sharp increase in demand.

In one year alone, access to Southend Foodbank has surged by 30%. This follows a 64.6% increase the previous year—a jump that already felt immense at the time. The continued rise in need highlights the critical importance of our work and the resilience of those who make it possible.

We have continued to provide three days of emergency food across eight locations, offering vital support to those in need. Alongside this, we have enhanced our services by providing signposting to additional resources and securing funding for a dedicated Citizens Advice member to assist at six of our busiest distribution centres.

Our Campaigns Coordinator has been instrumental in raising awareness of food poverty within the wider community through printed news, radio features, and social media outreach.

I am deeply grateful to everyone who contributes to our mission—volunteers, employees, and trustees alike. The dedication, passion, and faithfulness within our team to support Southend Foodbank and its vision are truly inspiring. It is a privilege to be part of this incredible work.

As we step into a new year, financial forecasts indicate that the demand for our services may persist, with more people continuing to rely on us in times of need. This comes at a challenging time, as donations from churches have decreased by 50%, while the need for the parcels we distribute has increased by 30%.

Yet, despite these obstacles, we remain steadfast in our mission. We trust that, through all we do, we will continue to shine as a light in our community—a beacon of hope for those in crisis.

Kim Wright
Chair of Trustees

3. Our vision and mission

Our vision is to reduce hunger and alleviate financial hardship among people living in Southend and Rochford.

We do this by providing emergency food, essential toiletries and household items to individuals and families in need. We will also provide signposting to relevant information and other advisory services. We will provide these services with a Christian ethos, supported by churches within Southend and Rochford.

The food that we distribute is collected from our community donations – people donate food at supermarkets, churches, schools and group collections. Increasingly, we are buying food to supplement what the community can give us. This is made possible due to monetary donations, fundraising and grants that we apply for.

We also want to reduce the need for foodbanks. We work with referral agencies who work directly with the community. As part of the work they do, they issue vouchers to help people in crisis. Our guests then bring the vouchers to one of our centres where we fulfil them. Our aim is for them to work with agencies such as Citizens Advice, Christians Against Poverty and other agencies that can help their circumstances.

As part of the Trussell Trust network of foodbanks, all this data is collated and goes to making real changes in policy that will help people.

The role of signposting co-ordinator was made possible through Trussell Trust funding and will spearhead the inclusion of signposting in our distribution centres.

4. Our trustees

Our trustees have diverse skills and wisdom that they bring to leading the foodbank. As well as the skills they bring to our board, they also represent the churches we hold our centres at.

Kim Wright, Eastwood Baptist, Chair of Trustees

Richard Sapsted, Hawkwell Baptist

Melanie Venables, Shoebury and Thorpe Bay Baptist Church

Helen Wall, St Saviours, Westcliff

Matt Belcher, Belle Vue Baptist, Treasurer

5. Our volunteers

We have over 150 volunteers who give their time, energy and compassion. We have teams volunteering in our warehouse four times a week, teams run by our amazing co-ordinators in each of our eight distribution centres, a team of drivers for each of those centres that deliver the parcels from the warehouse to the centre, and drivers who pick up from churches, schools and supermarkets to bring to our warehouse. We also have ad hoc volunteers who volunteer at our supermarket collections. We also have a team behind the scenes who volunteer by staffing our info inbox, organise drivers, co-ordinate our referral agencies and vouchers, oversee recruitment, fundraising co-ordinator and supermarket co-ordinator. Without these volunteers, we would have to close. We are so grateful for everyone who gives their time.

6. Highlights

- Collections at Southend United Football club, multiple supermarket collection days at Waitrose, Asda and Tesco.
- A collection day for the Big Help Out.
- A successful Big Give campaign raising just shy of £10000.
- Two collections at the Cliff's pavilion: one at the Squeeze concert and the other at the Diversity show.
- St Pauli on sea charity match
- An afternoon tea for potential campaigners.
- A ten-year anniversary event with invited MPs, Southend and Rochford councillors.
- A ten-year thank you event for our volunteers.
- A family event for foodbank guests to mark our ten-year anniversary.
- A service of reflection looking back at 10 years of the foodbank.
- Continuing our partnership with Citizens Advice Southend to have advisors at four of our busiest centres. This allows our guests to access expert advice on matters like debt, benefit advice or housing.
- Countless cups of tea, conversations with our guests, tins of food marked, sorted and given, stories listened to, crates moved, boxes loaded and unloaded, shopping lists created and given out, smiles, tears and everything inbetween!

7. The year in pictures



12 Crates of Christmas

How many can you tick off the list? ✓

Day 1 - Litre of UHT Milk

Day 2 - can of Peas

Day 3 - Mince Pies

Day 4 - tin of Ham

Day 5 - tin of Beans!

of Tuna

Christmas Pudding

Fruits

Sauce

ned Potatoes

ned Custard

g of Pasta





Ten year anniversary events



We would like to invite all
T
You morning, please com
cake and have a mom
present and future
Date: Friday
Time: 9:30
Location: Garo

12 Crates of Christmas

How many can you tick off the list? ✓



- Day 1 - Litre of UHT Milk
- Day 2 - can of Peas
- Day 3 - Mince Pies
- Day 4 - tin of Ham
- Day 5 - tin of Beans!
- Day 6 - can of Tuna
- Day 7 - Christmas Pudding
- Day 8 - Biscuits
- Day 9 - Pasta Sauce
- Day 10 - tinned Potatoes
- Day 11 - tinned Custard
- Day 12 - bag of Pasta

Help for today, Change for tomorrow, Hope for the future.

Generous God
you fed your people in the
wilderness
and you fed 5,000 on a hillside,
we thank you for Southend
Foodbank
which continues to feed people
today.
We recognise all you provide,
and we pray give all today their
daily bread.
We see too many without
adequate income,
and so we pray for a more just
solution
that would see no one go hungry.

Help us end the need for foodbanks!

Wondrous God,
who does more that we can
imagine,
we praise you for ten years of
Southend Foodbank,
from its small beginnings to
presence across the city and
surrounding area.
We pray that every day that the
Foodbank is needed
it will be there
but we pray also for a day when
your kingdom
comes to earth as it is in heaven,
and no person fears or knows
hunger.
Amen.




FAMILY FUN DAY

You're invited to
mark our fun day!
There will be:
Bouncy castles
Crafty fun
Lunch

Southend
SCF

Friday 27th October
The Plaza
600 Southchurch Road,
SS1 2PT
11am - 3pm
RSVP by 20th October

Southend
foodbank
give
£10 for 10 years



Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Financial accounts

for the year

1st May 2023

—

30th April 2024

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024
£s

EXECUTIVE SUMMARY

Receipts

Income increased significantly (by £242,576) on the previous year — at £488,378. General donations made up 25% of total income, amounting to £119,814. This represents a reduction on last year of £72k as that period included several large one-off donations. However, grant income was up substantially on the year prior – by £318k to £368k. These grants included: £112k Sustainability grant covering salary costs of a Community Fundraising Co-ordinator and a Signposting Co-ordinator; £72k National Lottery Community Fund grant to cover the running costs and the cost of food purchases; £58k Financial Inclusion grant covering costs of a Citizens' Advice advisor; and £17k Organising & Local Mobilisation grant covering salary costs of a Campaigns & Communications Co-ordinator.

Payments

Expenditure also increased significantly against the previous year — by £161,429 to £352,926. Food purchases increased by £96k as additional demand for food parcels necessitated additional expenditure. Salaries & wages were up £26k on the previous year – albeit (as highlighted above) this was primarily due to an expanded payroll, funded by generous grants. Expenditure on fabric & equipment increased £23k, mostly as a result of the purchase of a van to service the warehouse and distribution centres.

Salaries and Wages accounted for 24% of overall expenditure; Rent and Utility payments for 8%; Food purchases for 45%.

Funds

Many of the grants received in the previous financial year (and in earlier periods) were restricted to a specific purpose; below is a summary of how these funds have been used over the past year:

Restricted Funds

Fund names	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	Fund balances carried forward £
Augustine Courtaud	-	2,000	(1,350)	-		650
Awards for All	-	8,400	-	(8,400)		-
Building	34,751	-	-	(34,751)		-
Charles S French	-	2,500	(2,500)	-		-
Essex Community Fund	-	10,000	(10,000)			
Financial Inclusion	112	57,658	(12,570)	-		45,200
Kitchenette	610	-	-	(610)		-
National Lottery Community Fund	-	72,400	(72,400)	-		-
Organising & Local Mobilisation	12,929	17,171	(11,317)	(327)		18,455
Postcode Places	-	9,967	(9,060)	-		907
Rosca	-	3,000	(2,972)	-		28
Southend Emergency Fund	2,000	7,000	(7,000)	-		2,000
Sustainability Grant	-	112,278	(546)	-		111,732
Strategic Resources	(780)	18,720	(9,328)	-		8,612
Van	-	14,680	(14,680)	-		-
WBC	200	-	-	-		200
Total Funds	49,822	335,774	(153,723)	(44,088)	-	187,785

Of note in the movements listed above are the following transfers between funds:


From Fund (Name)	To Fund (Name)	Reason	Amount
Awards for All	General	Payment for which fund restricted made at the end of previous financial year (before reception of grant)	8,400
Building	General	Plans to relocate/upgrade warehouse cancelled due to changing food stock situation	34,751
Kitchenette	Building	Merged Kitchenette and Building funds	610
Organising & Local Mobilisation	Building	Small amounts of grant spent but not properly tracked in previous reporting period	327

<i>Unrestricted funds</i>	<i>2023</i>	<i>2023</i>
General fund	107,475	109,986
Reserves	25,000	25,000

Within a designated fund an amount of £25,000 is held in reserve, in accordance with the Reserve Policy. These reserves ensure that the Foodbank can continue operating (purchasing food, paying staff etc.) for a period in the event income falls sharply. In total £107,475 was held in a General fund at the close of the financial year; £25,000 was held in reserve and £187,785 was held in restricted funds.

Matthew Belcher, FIA
Treasurer

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024
£s



Southend Foodbank

Charity No1163160

Annual accounts for the period

Period start date01/05/2023

To

Period end date30/04/2024

CC39a

Section A

Statement of financial activities

Descriptions by natural category	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Grants		34,690	333,774	-	368,463	50,346
Donations		117,914	2,000	-	119,914	192,040
Supermarket top-up		-	-	-	-	3,414
Gift Aid		-	-	-	-	-
Other income		-	-	-	-	-
Total incoming resources	S01	152,604	335,774	-	488,378	245,800
Resources expended (Notes 4-7)						
Salaries & Wages		48,907	35,561	-	84,468	58,179
Fabric & Equipment		23,781	17,675	-	41,456	18,901
Food		81,729	76,124	-	157,853	61,032
Mobile Phones		470	498	-	968	742
Stationery		1,423	18	-	1,441	561
Administration & Fees		1,058	12,458	-	13,516	13,843
Insurance		1,032	3,701	-	4,733	1,579
Rent & Utility Payments		23,107	5,521	-	28,628	22,959
Training		1,213	-	-	1,213	1,179
Publicity & Fundraising		2,635	490	-	3,125	1,700
Misc Other		13,847	1,678	-	15,525	10,823
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total resources expended	S02	199,203	153,723	-	352,926	191,497
Net incoming/(outgoing) resources before transfers	S03	- 46,599	182,051	-	135,452	54,303
Gross transfers between funds	S04	44,088	- 44,088	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	- 2,511	137,963	-	135,452	54,303
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	- 2,511	137,963	-	135,452	54,303
Total funds brought forward	S09	134,986	49,822	-	184,808	130,505
Total funds carried forward	S10	132,475	187,785	-	320,260	184,808

Section B Balance sheet

	Note	Total this year	Total last year
		£	£
Fixed assets		F01	F02
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	320,260	184,808
Total current assets	B09	320,260	184,808
Creditors: amounts falling due within one year (Note 11)	B10	81	-
Net current assets/(liabilities)	B11	320,179	184,808
Total assets less current liabilities	B12	320,179	184,808
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	320,179	184,808
Funds of the Charity			
Unrestricted funds	B16	107,475	134,986
Designated funds	B17	25,000	-
Total unrestricted funds		132,475	134,986
Restricted income funds (Note 12)	B18	187,785	49,822
Endowment funds (Note 12)	B19	-	-
Total funds	B20	320,260	184,808

NOTES TO THE ACCOUNTS

Basis of accounts: these accounts have been prepared on an 'accruals' basis and accord with Sections 132-166, Charities Act (CA 2011) for an E&W CIO

1. **Approval of accounts:** these accounts meet the threshold at which an independent examination is required in addition to approval by the Trustees.
2. **Guarantees and disclosures:** the trustees confirm, in accordance with Charitable Incorporated Organisation (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statement relating to the year ending 30 April 2024 are as approved by the Trustees.

Date: 04/04/25

Signed:

(Chair)

Kim Wright

Date: 12/03/2025

Signed:

(Treasurer)





CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name

SOUTHEND FOODBANK CIO

On accounts for the year
ended

30 APRIL 2024

Charity no
(if any)

1163160

Set out on pages

2-5

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2024

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ~~[insert name of applicable listed body]]~~. ~~Delete [] if not applicable.~~

~~EWATERED INSTITUTE OF MANAGEMENT ACCOUNTANTS~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

4/4/2025

Name:

MELVIN RAYMOND POOL

Relevant professional
qualification(s) or body

ACMA , CGMA

(if any):

Address:

107 LONSDALE ROAD
SARTHERO - ON - SEA
ESSEX SS2 4LP

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A