SOUTHEND FOODBANK

England & Wales · Charity number 1163160

Details

Status	Registered
Legal form	CIO
Registered	2015-08-17
Register	View on the Charity Commission register

Contact

Address	Friendship House 484 Southchurch Road Southend-On-Sea SS1 2QA
Phone	07926530327
Email	info@southend.foodbank.org.uk
Website	http://southend.foodbank.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO PROVIDE RELIEF OF FINANCIAL HARDSHIP AMONG PERSONS RESIDING WITHIN THE BOROUGH OF SOUTHEND-ON-SEA, ROCHFORD DISTRICT AND THE SURROUNDING AREA OR IN OTHER PARTS OF THE UNITED KINGDOM IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:A) PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES, AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED AND/OR FOR DISTRIBUTION BY CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTYB) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICESAND TO PROVIDE SUCH SERVICES WITH A CHRISTIAN ETHOS, SUPPORTED BY CHURCHES WITHIN THE BOROUGH OF SOUTHEND-ON-SEA, ROCHFORD DISTRICT AND THE SURROUNDING AREA OR IN OTHER PARTS OF THE UNITED KINGDOM.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008]

Activities: The provision of food parcels and other items to those referred to us by local professional agencies/groups and who have been identified as in a emergency or crisis situation.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** The General Public/mankind

Geography

- Southend-on-sea

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£264,805	£365,561	-	-
2024-04-30	£488,377	£352,926	-	-
2023-04-30	£245,800	£191,497	-	-
2022-04-30	£103,698	£113,195	-	-
2021-04-30	£142,803	£74,979	-	-

Trustees

Name	Role	Appointed
Kimberley Wright	Chair	2022-04-27
Dr Christina Harter		2025-04-23
Helen Lesley Wall		2022-02-02
Matthew Belcher		2022-05-01
Melanie Venables		2022-07-27
RICHARD NORMAN SAPSTED		2015-08-07

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SOUTHEND FOODBANK

England & Wales - Charity number 1163160

Accounts

Southend Foodbank
Together with Trussell

Annual report

1 May 2024 - 30 April 2025

https://southend.foodbank.org.uk

Southend Foodbank is a registered charity in England & Wales (1163160). Registered address: Friendship House, 484 Southchurch Road, Southend-on-sea, SS1 2QA

Charity Details

- **Name of Charity: Southend Foodbank**
- **Registered Charity Number: 1163160**
- **Address: Friendship House, 484 Southchurch Road, Southend-on-sea, SS1 2QA**
- **Reporting Period:** 1 May 2024 – 30 April 2025

Structure, Governance and Management

Southend Foodbank is governed by a group of trustees from each of the churches that host the foodbank and from founding churches.

Tom Vernon stepped down as chair of trustees in August 2024 and Kim Wright was elected as chair.

Trustees:

1. Kim Wright, chair of trustees
2. Matt Belcher, treasurer
3. Richard Sapsted
4. Helen Wall
5. Christine Harter
6. Melanie Venables

Message from our chair of trustees:

As a charity deeply rooted in the life and teachings of Jesus, our vision remains clear and unwavering: Working towards a hunger-free future.

For those of us involved with the Foodbank who share a Christian faith, we recognise God's Kingdom at work in all we do. Our mission continues to reflect our commitment to serving those in need:

Help for now : Providing urgent food support to those facing crisis.

Change for tomorrow: Offering practical help through signposting and financial inclusion initiatives.

Hope for the future: Equipping and empowering our community through organisation, advocacy, and mobilisation.

Motivated by Jesus' call to love our neighbour, we strive to serve with excellence and compassion. We are equally grateful for every staff member and volunteer—whatever their background or beliefs—whose dedication makes this mission possible.

Following a 64.6% increase in access the previous year, we experienced a slight decrease in numbers this year.

Thanks to the generosity of our supporters, the hard work of volunteers and staff, and key grants, we've managed to keep pace with rising need. We've continued to provide three days' worth of emergency food across eight distribution centres, and expanded our services in meaningful ways.

This includes:

- Strengthened partnerships with Citizens Advice, offering in-person support at six of our busiest centres.
- Ongoing signposting to additional resources to help clients address the root causes of their crisis.
- Strategic outreach led by our Communication Coordinator, raising awareness of food poverty through print, radio, and social media.

I am truly thankful for the remarkable commitment shown by our staff, volunteers, and trustees. Your faithfulness and passion are what sustain Southend Foodbank's mission and allow us to stand alongside people in need with practical help and hope.

As we look ahead, it's clear that challenges remain. While donations from churches have fallen from 19,742kg to 18,513kg; but in the last financial year, we gave out 162450kg of food. This disparity highlights the importance of continued prayer, support, and action.

Despite the obstacles, we remain grounded in hope. We trust that through God's grace—and the ongoing generosity of our community—we will continue to be a light in dark places. Thank you for standing with us.

Together, we are making a difference. Together, we are helping local people in crisis.

Kim Wright
Chair of Trustees

Objectives and Activities

The charity's aims and objectives are to provide relief of financial hardship among people living in Southend and Rochford. We do this by providing 3 days of emergency food to people in crisis.

In this financial year, we fulfilled 7679 vouchers. We distributed a total of 18753 parcels of food, enough to feed 11590 adults and 7163 children.

Our financial inclusion project, funded by Trussell, means that we have a Citizens Advice advisor at 6 of our 8 distribution centres, ready to meet with guests to look into the root causes of their need for a food parcel.

We have also had a signposting co-ordinator, also funded by a grant, to increase the signposting capabilities of our volunteers so that signposting to further help can be given at every distribution centre. This is a direct benefit to the public in the form of the guests who we provide food for.

Achievements and Performance

- Key accomplishments during the reporting period: Providing enough food to feed 11590 adults and 7163 children.
- From April 2024 to March 2025, the Citizens Advice advisors at our centres made financial gains for guests of just under £400,000. This was through helping guests with benefits claims, charitable support, helping with bills and other income maximisation initiatives.
- Our partnership with Fuelbank Foundation that enables us to provide a fuel bank voucher to people on pre-payment metres so that they can heat their homes and heat the food that we provide them.
- Our partnership with Cadent which provides guests with information and extra support.
- Our partnership with Tesco Mobile that provides free calls, texts and data, so that people can be connected with their loved ones, be able to access online help, use data to connect with organisations like the Job Centre and the NHS, and society in general, where being online is a non-negotiable.

Impact on beneficiaries or the community

Quotes from our guests:

"People here are good. They know we aren't asking for much and they do what they can to give us what we need like the food. There should be more help for them. Yeah, people should be doing more to help everyone but this is really good."

"I didn't know all this help was here to be honest. I was right at rock bottom and thought there wouldn't be anything to keep us [her family] together. The boys were saying it would be better to go off to care so they could have the heating on. It broke my heart. But then a friend told me this was here and she comes. It took a lot for her to admit it, but she's a good friend and she could see I was really hitting rock bottom. We came here together the first time I came here. Now I know it's here I come when I really need it. [and how are the kids coping?] The heating still isn't on too much and the flat is always cold but it's easier when we've got some food in and the other help [indicating the advisors and extras] that helps too. I could say to them 'wait, it's going to get better' or 'don't worry it won't always be like this'. We've still got problems but it's helped, you know, the food yeah but the other help and just knowing someone wants to help you."

Challenges

- Lower donations of food – food donations dropped by 6%, so we received around 5 tonnes less food in the financial year than we received last year.
- We bought 12% more of the food that we gave out in this financial year.
- The percentage of food that we bought to give out vs the amount that was donated was steady at 53%. But in previous years, donations have outstripped purchased. This is a worrying trend.
- We have been fortunate to receive funding to purchase food but without that, we wouldn't have been able to meet the need.
- As part of our sustainability plan, we have recruited a community fundraiser, so that we can be less reliant on grant funding.

Plans for the Future

- Strategic goals for the next year: our strategy for the next year is to increase our sustainability through increased monthly giving from supporters. We will continue providing financial inclusion at our centres.
- We will continue to upskill volunteers so that they can signpost guests to further help within our powers eg Fuelbank foundation vouchers and free SIM cards to access further help online.
- We will continue working on a partnership model to offer further help at our centres and empower guests to access the help that is available in the rest of the community.

Travel heal
advice.
Pick up yo
prescriptio
12 Crates of Christmas
Southend
Foodbank
Together with Trussell

Long Life Milk
Canned Foods
foodbank

c2c

Kellogg's
BIG PACK
Cheerios
Weetabix
WIN

foodbank
gave out enough food
parcels to feed
people

CUSTARD

Today we need:
Southend
Foodbank
Together with Trussell

the trussell trust
Stop UK Hunger
DONATE
HERE

BIG
HELP
OUT

A Community of God
It's time to
GUARANTEE
OUR ESSENTIALS
It's time to
GUARANTEE
OUR ESSENTIALS

Southend
Foodbank
Together with Trussell

Southend Foodbank
Together with Trussell
Working Towards a Hunger Free Future

Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Financial accounts

for the year

1st May 2024

—

30th April 2025

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025
£s

EXECUTIVE SUMMARY

Income

Income was significantly lower than the previous year – at £265k vs. £488k last year. General donations made up 35% of total income, amounting to £94k. This represents a reduction on last year of 25k as the charity saw a continuation of the trend of lower donations. In addition, grant income was substantially lower than the previous year – at £164k vs. £368k. It should be noted that last year the Foodbank received a number of very large grants contributing to the £368k; comparison with two years ago shows £164k this year vs. £50k in the 2022-23 financial year.
The grants received this year included: £61k Financial Inclusion grant covering costs of Citizens' Advice advisors; £31k Sustainability Grant to fund a Fundraising Co-ordinator; £20k from the National Lottery Community Fund for food purchases; £11k from the Essex Community Fund to fund the Campaigns & Communications Co-ordinator plus additional for staff training; and £6k from Southend Emergency Fund for food costs.

Expenditure

Expenditure was at a similar level to last year – at £366k vs. £353k in 2023-24. Food purchases remained the largest expense – at £148k, which was 41% of overall spend. This expenditure on food was fairly flat vs. last year (£158k) as the charity continues to be required to supplement direct food donations with bulk purchases; around 50% of food given to guests is purchased by the Foodbank itself. Salaries and wages were up on the previous year at £116k (vs. £85k); this was as a result of hiring a Fundraising Co-ordinator following the award of a dedicated grant. Spend on fabric and equipment was down (£7k vs. £41k); the purchase of a van and costs to refit the warehouse in the previous financial year was the main driver of this.

Salaries and Wages accounted for 32% of overall expenditure; Rent and Utility payments for 8%; Food purchases for 41%; costs of Citizens' Advice advisors for 13%

Funds

Many of the grants received in the previous financial year (and in earlier periods) were restricted to a specific purpose; below is a summary of how these funds have been used over the past year:

Restricted Funds

Fund names	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	Fund balances carried forward £
Augustine Courtaud	650	750	(1,400)	-		-
Essex Community Fund	-	11,000	(1,069)	-		9,931
Financial Inclusion	45,200	61,438	(46,208)	(200)		60,230
National Lottery Community Fund	-	20,000	(13,775)	-		6,225
Organising & Local Mobilisation	18,455	-	(15,925)	-		2,530
Postcode Places	907	-	(907)	-		-
Rosca	28	-	(28)	-		-
Southend Emergency Fund	2,000	6,000	(3,000)	(2,000)		3,000
Sustainability Grant	111,732	30,556	(122,952)	(762)		18,574
Strategic Resources	8,612	-	(8,612)	-		-
WBC	200	-	-	(200)		-
Total Funds	**187,785**	**129,744**	**(213,876)**	**(3,162)**	**-**	**100,490**

Of note in the movements listed above are the following transfers between funds:

From Fund (Name)	To Fund (Name)	Reason	Amount
Financial inclusion	General	Charged £200 less than expected by Citizens Advice so releasing funds	200
Southend Emergency Fund	General	Removal of fuel fund as outdated	2,000
WBC	General	Removal of fuel fund as outdated	200
Sustainability Grant	General	Laptop spend from previous financial year that had not been assigned to this grant	762

Unrestricted funds	*2025*	*2024*
General fund	49,013	107,475
Reserves	70,000	25,000

Within a designated fund an amount of £70,000 is held in reserve, in accordance with the Reserve Policy. These reserves ensure that the Foodbank can continue operating (covering payroll, rent, utilities etc.) for a period of 6 months in the event income falls sharply. The level of reserves held has been increased substantially by the Trustees over this financial year to reflect the increased payroll and rent/storage costs borne by the charity. In total £49,013 was held in a General fund at the close of the financial year; £70,000 was held in reserve and £100,490 was held in restricted funds.

Matthew Belcher, FIA
Treasurer

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025

CHARITY COMMISSION	**Southend Foodbank**			Charity No	**1163160**	**CC39a**
	Annual accounts for the period					
	Period start date	**01/05/2024**	**To**	Period end date	**30/04/2025**	

Section A Statement of financial activities

Descriptions by natural category	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Grants		34,038	129,744	-	163,781	368,463
Donations		94,471	-	-	94,471	119,914
Supermarket top-up		6,552	-	-	6,552	-
Gift Aid		-	-	-	-	-
Other income		-	-	-	-	-
Total incoming resources	S01	135,061	129,744	-	264,805	488,378
Resources expended (Notes 4-7)						
Salaries & Wages		69,738	45,762	-	115,500	84,468
Project delivery		-	46,208	-	46,208	-
Fabric & Equipment		4,579	2,193	-	6,772	41,456
Food		30,425	118,037	-	148,463	157,853
Mobile Phones		783	431	-	1,214	968
Stationery		721	-	-	721	1,441
Administration & Fees		1,339	-	-	1,339	13,516
Insurance		3,089	-	-	3,089	4,733
Rent & Utility Payments		28,963	-	-	28,963	28,628
Training		673	-	-	673	1,213
Publicity & Fundraising		1,946	1,078	-	3,024	3,125
Misc Other		9,428	166	-	9,594	15,525
					-	-
					-	-
					-	-
Total resources expended	S02	151,685	213,876	-	365,561	352,926
Net incoming/(outgoing) resources before transfers	S03	(16,624)	(84,132)	-	(100,756)	135,452
Gross transfers between funds	S04	3,162	(3,162)	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	(13,462)	(87,294)	-	(100,756)	135,452
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	(13,462)	(87,294)	-	(100,756)	135,452
Total funds brought forward	S09	132,475	187,785	-	320,260	184,808
Total funds carried forward	S10	119,013	100,490	-	219,504	320,260

£s

Section B Balance sheet

	Note	Total this year	Total last year
		£	£
Fixed assets		F01	F02
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	219,526	320,341
Total current assets	B09	219,526	320,341
Creditors: amounts falling due within one year (Note 11)	B10	23	81
Net current assets/(liabilities)	B11	219,504	320,260
Total assets less current liabilities	B12	219,504	320,260
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	219,504	320,260
Funds of the Charity			
Unrestricted funds	B16	49,013	107,475
Designated funds	B17	70,000	25,000
Total unrestricted funds		119,013	132,475
Restricted income funds (Note 12)	B18	100,490	187,785
Endowment funds (Note 12)	B19	-	-
Total funds	B20	219,504	320,260

NOTES TO THE ACCOUNTS

Section C	Notes to the accounts	(cont)

Note 5 Details of certain items of expenditure

5.1 Trustee expenses

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

	This year	Last year
Number of trustees who were paid expenses	None	None
Nature of the expenses	None	None
Total amount paid	None	None

5.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

	This year	Last year
	£	£
Independent examiner's or auditors' fees for reporting on the accounts	None	None
Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor	None	None

Section C	Notes to the accounts	(cont)

Note 6 Paid employees

Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year	Last year
	£	£
Gross wages, salaries and benefits in kind	109,899	81,967
Employer's National Insurance costs	2,073	-
Pension costs	3,428	2,500
Honoraria	100	-
Total staff costs	115,500	84,468

6.2 Average number of full-time equivalent employees in the year

		This year	Last year
		Number	Number
The parts of the charity in which the employees work	Project Manager	0.7	0.7
	Warehouse	1.3	1.3
	Campaigns and Communications	0.8	0.8
	Signposting	0.3	0.3
	Administration	0.3	0.3
	Fundraising Co-ordinator	0.8	-
	Total	4.2	3.4

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	23	81	-	-
Total	23	81	-	-

Note 12 Endowment and restricted income funds

Please complete this section if the charity has any endowment or restricted income funds.

12.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- **permanent endowment funds (PE);**
- **expendable endowment funds (EE); and**
- **restricted income funds, including special trusts, of the charity (R).**
- **other funds .**

Fund Name	Type PE, EE , R or other	Purpose and restrictions
Augustine Courtaud	R	Employee salaries
Essex Community Fund	R	Staff training, salary for Campaigns and Communications Co-ordinator
Financial Inclusion	R	Costs for Citizens Advice advisor plus their exxpenses
National Lottery Community Fund	R	Food
Organising & Local Mobilisation	R	Salary for Campaigns and Communications Coordinator plus fundraising allowa
Postcode Places	R	Employee salaries
Rosca	R	Employee laptops
Southend Emergency Fund	R	Food
Sustainability Grant	R	Salary for Community Fundraising Coordinator and additonal hours for Signpos
Strategic Resources	R	Salary for Signposting Coordinator
WBC	R	Fuel vouchers

12.2 Movements of major funds

Please give details of the movements of the major funds summarised in the restricted and endowment columns of the Statement of Financial Activities.

Fund names	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	Fund balances carried forward £
Augustine Courtaud	650	750	(1,400)	-		-
Essex Community Fund	-	11,000	(1,069)	-		9,931
Financial Inclusion	45,200	61,438	(46,208)	(200)		60,230
National Lottery Community Fund	-	20,000	(13,775)	-		6,225
Organising & Local Mobilisation	18,455	-	(15,925)	-		2,530
Postcode Places	907	-	(907)	-		-
Rosca	28	-	(28)	-		-
Southend Emergency Fund	2,000	6,000	(3,000)	(2,000)		3,000
Sustainability Grant	111,732	30,556	(122,952)	(762)		18,574
Strategic Resources	8,612	-	(8,612)	-		-
WBC	200	-	-	(200)		-
Total Funds	**187,785**	**129,744**	**(213,876)**	**(3,162)**	**-**	**100,490**

12.3 Transfers between funds

Please give details of any transfers between funds.

From Fund (Name)	To Fund (Name)	Reason	Amount
Financial inclusion	General	Charged £200 less than expected by Citizens Advice so releasing funds	200
Southend Emergency Fund	General	Removal of fuel fund as outdated	2,000
WBC	General	Removal of fuel fund as outdated	200
Sustainability Grant	General	Laptop spend from previous financial year that had not been assigned to this grant	762

12.4 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Endowed funds £	Total £
Fixed assets	-	-	-	-
Investments	-	-	-	-
Net current assets	119,013	100,490	-	219,504
Creditors due in more than one year and provisions				
Total net assets	119,013	100,490	-	219,504

Note 14 Additional Disclosures

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

The charity's primary activity is to provide food parcels to those in need. Food for these parcels is sourced roughly 50% through cash donations/grants recorded in these accounts and 50% through donations of food directly - though this flucuates signifcantly over the course of the year. These direct food donations come from many different sources. With the limited number of staff/volunteers available to the Foodbank, it has not been possible to ascribe a value to this donated food - therefore, no value is recorded in these accounts. Note that the food donated is never sold by the charity.

Basis of accounts: these accounts have been prepared on an 'accruals' basis and accord with Sections 132-166, Charities Act (CA 2011) for an E&W CIO, as well as the Charities SORP FRS102 (2019a).

1. **Approval of accounts**: these accounts meet the threshold at which an independent examination is required in addition to approval by the Trustees.

2. **Guarantees and disclosures**: the trustees confirm, in accordance with Charitable Incorporated Organisation (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

3. The Trustees have prepared the financial statements on a going concern basis, which the Trustees believe to be appropriate. Following a review of the CIO's financial position – including a review of the cash flow forecasts and available funding for a period of at least 12 months from the date of approval of these accounts, the Trustees are satisfied that the charity has sufficient resources to meet its liabilities as they fall due.

4. There are no related party transactions to disclose for the accounting period 1st May 2024-30th April 2025. No trustees, key personnel or connected parties received payments or benefits from the charity requiring disclosure under the Charities SORP (FRS 102).

The financial statement relating to the year ending 30 April 2025 are as approved by the Trustees.

Date: 19/02/2026 **Signed:** Kim Wright **(Chair)**

Date: 18/02/2026 **Signed:** **(Treasurer)**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of (Charity Name): SOUTHEND FOODBANK C10

On accounts for the year ended: 30 APRIL 2025 | **Charity no (if any)**: 1163160

Set out on pages: 2 - 10 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ~~[insert name of applicable listed body]]. *Delete [ ] if not applicable.*~~ CHARTERED INSTITUTE OF MANAGEMENT ACCOUNTANTS

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination ~~(other than that disclosed below *)~~ which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: MPool **Date**: 20/2/2026

Name: MELVIN RAYMOND POOL

Relevant professional qualification(s) or body: ACMA, CGMA

(if any):	
Address:	107 LONSDALE ROAD SOUTHEND-ON-SEA ESSEX SS2 4LP

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of (Charity Name): SOUTHEND FOODBANK C10

On accounts for the year ended: 30 APRIL 2025 | **Charity no (if any)**: 1163160

Set out on pages: 2 - 10 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ~~[insert name of applicable listed body]]. *Delete [ ] if not applicable.*~~ CHARTERED INSTITUTE OF MANAGEMENT ACCOUNTANTS

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination ~~(other than that disclosed below *)~~ which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: MPool **Date**: 20/2/2026

Name: MELVIN RAYMOND POOL

Relevant professional qualification(s) or body: ACMA, CGMA

(if any):	
Address:	107 LONSDALE ROAD SOUTHEND-ON-SEA ESSEX SS2 4LP

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

SOUTHEND FOODBANK

England & Wales - Charity number 1163160

Accounts

Charitable Incorporated Organisation

Registered Charity in England & Wales (no. 1163160)

Annual report

for the year

1st May 2023

—

30th April 2024

Trustee report 1 May 2023 – 30 April 2024

Contents:

1. Introduction
2. Message from Chair of Trustees
3. Our vision and mission
4. Our trustees
5. Our volunteers
6. Highlights
7. The year in pictures

1. Introduction

This Annual Report provides an overview of the period from 1st May 2023 to 30th April 2024, highlighting achievements, performance, and impact, as well as financial performance and position. This information demonstrates the trustees' stewardship and management of charitable funds.

The trustees and staff of Southend Foodbank would like to express their sincere appreciation to the volunteers, staff, and donors, as their contributions have made our achievements possible. The trustees are confident that, through careful stewardship and management of charitable funds, Southend Foodbank continues to meet the public benefit requirements set forth by the Charity Commission.

Summary of the purposes of the charity as set out in the governing document:

To provide relief of financial hardship among persons residing within the Borough of Southend-on-Sea, Rochford District and the surrounding area or in other parts of the United Kingdom in such ways as the trustees from time-to-time think fit, in particular, but not exclusively by:

a) providing emergency food, essential toiletries, and household items to individuals and families in need and/or for distribution by charities or other organisations working to prevent or relieve poverty

b) such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services

and to provide such services with a Christian ethos, supported by churches within the Borough of Southend-on-Sea, Rochford District and the surrounding area or in other parts of the United Kingdom.

2. Message from the chair of trustees

As a charity, we are deeply rooted in the teachings and life of Jesus. Our vision is clear:
Working towards a hunger-free future.

For those among us who are part of the Foodbank and share a Christian faith, we see God's Kingdom at work in our efforts. Our mission reflects our commitment to serving those in need:

- Help for now -- Providing immediate assistance, such as food parcels when needed.
- Change for tomorrow -- Offering support through signposting and financial inclusion projects.
- Hope for the future -- Empowering local communities through organization and mobilisation.

We strive to serve those who are hungry and in need with excellence and love, inspired by Jesus' command to love our neighbours as ourselves.

We are profoundly grateful for the dedication of our staff and volunteers, regardless of their faith. Their commitment and hard work make it possible to achieve our vision and mission as we work to Help Local People in Crisis.

Over the past year, we have been serving people in our community who are struggling, particularly under the weight of rising fuel and household bills. Thanks to the diligence of our staff and volunteers, the generosity of our community, and the grants we have secured, we have just managed to keep pace with the sharp increase in demand.

In one year alone, access to Southend Foodbank has surged by 30%. This follows a 64.6% increase the previous year—a jump that already felt immense at the time. The continued rise in need highlights the critical importance of our work and the resilience of those who make it possible.

We have continued to provide three days of emergency food across eight locations, offering vital support to those in need. Alongside this, we have enhanced our services by providing signposting to additional resources and securing funding for a dedicated Citizens Advice member to assist at six of our busiest distribution centres.

Our Campaigns Coordinator has been instrumental in raising awareness of food poverty within the wider community through printed news, radio features, and social media outreach.

I am deeply grateful to everyone who contributes to our mission—volunteers, employees, and trustees alike. The dedication, passion, and faithfulness within our team to support Southend Foodbank and its vision are truly inspiring. It is a privilege to be part of this incredible work.

As we step into a new year, financial forecasts indicate that the demand for our services may persist, with more people continuing to rely on us in times of need. This comes at a challenging time, as donations from churches have decreased by 50%, while the need for the parcels we distribute has increased by 30%.

Yet, despite these obstacles, we remain steadfast in our mission. We trust that, through all we do, we will continue to shine as a light in our community—a beacon of hope for those in crisis.

Kim Wright
Chair of Trustees

3. Our vision and mission

Our vision is to reduce hunger and alleviate financial hardship among people living in Southend and Rochford.

We do this by providing emergency food, essential toiletries and household items to individuals and families in need. We will also provide signposting to relevant information and other advisory services. We will provide these services with a Christian ethos, supported by churches within Southend and Rochford.

The food that we distribute is collected from our community donations – people donate food at supermarkets, churches, schools and group collections. Increasingly, we are buying food to supplement what the community can give us. This is made possible due to monetary donations, fundraising and grants that we apply for.

We also want to reduce the need for foodbanks. We work with referral agencies who work directly with the community. As part of the work they do, they issue vouchers to help people in crisis. Our guests then bring the vouchers to one of our centres where we fulfil them. Our aim is for them to work with agencies such as Citizens Advice, Christians Against Poverty and other agencies that can help their circumstances.

As part of the Trussell Trust network of foodbanks, all this data is collated and goes to making real changes in policy that will help people.

The role of signposting co-ordinator was made possible through Trussell Trust funding and will spearhead the inclusion of signposting in our distribution centres.

4. Our trustees

Our trustees have diverse skills and wisdom that they bring to leading the foodbank. As well as the skills they bring to our board, they also represent the churches we hold our centres at.
Kim Wright, Eastwood Baptist, Chair of Trustees
Richard Sapsted, Hawkwell Baptist
Melanie Venables, Shoebury and Thorpe Bay Baptist Church
Helen Wall, St Saviours, Westcliff
Matt Belcher, Belle Vue Baptist, Treasurer

5. Our volunteers

We have over 150 volunteers who give their time, energy and compassion. We have teams volunteering in our warehouse four times a week, teams run by our amazing co-ordinators in each of our eight distribution centres, a team of drivers for each of those centres that deliver the parcels from the warehouse to the centre, and drivers who pick up from churches, schools and supermarkets to bring to our warehouse. We also have ad hoc volunteers who volunteer at our supermarket collections. We also have a team behind the scenes who volunteer by staffing our info inbox, organise drivers, co-ordinate our referral agencies and vouchers, oversee recruitment, fundraising co-ordinator and supermarket co-ordinator. Without these volunteers, we would have to close. We are so grateful for everyone who gives their time.

6. Highlights

- Collections at Southend United Football club, multiple supermarket collection days at Waitrose, Asda and Tesco.
- A collection day for the Big Help Out.
- A successful Big Give campaign raising just shy of £10000.
- Two collections at the Cliff's pavilion: one at the Squeeze concert and the other at the Diversity show.
- St Pauli on sea charity match
- An afternoon tea for potential campaigners.
- A ten-year anniversary event with invited MPs, Southend and Rochford councillors.
- A ten-year thank you event for our volunteers.
- A family event for foodbank guests to mark our ten-year anniversary.
- A service of reflection looking back at 10 years of the foodbank.
- Continuing our partnership with Citizens Advice Southend to have advisors at four of our busiest centres. This allows our guests to access expert advice on matters like debt, benefit advice or housing.
- Countless cups of tea, conversations with our guests, tins of food marked, sorted and given, stories listened to, crates moved, boxes loaded and unloaded, shopping lists created and given out, smiles, tears and everything inbetween!

7. The year in pictures

Southend
foodbank

Canned Foods
foodbank

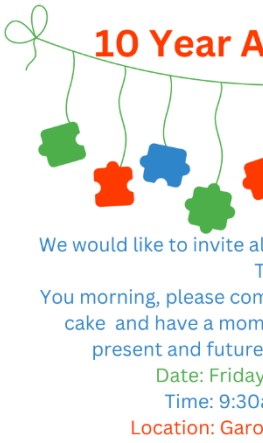
HEINZ
TOMATO SOUP

Southend
foodbank
SUPPORTING LOCAL PEOPLE IN CRISIS
foodbank

Kellogg's

foodbank

Ten year anniversary events



Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Financial accounts

for the year

1st May 2023
—
30th April 2024

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024
£s

EXECUTIVE SUMMARY

Receipts

Income increased significantly (by £242,576) on the previous year — at £488,378. General donations made up 25% of total income, amounting to £119,814. This represents a reduction on last year of £72k as that period included several large one-off donations. However, grant income was up substantially on the year prior – by £318k to £368k. These grants included: £112k Sustainability grant covering salary costs of a Community Fundraising Co-ordinator and a Signposting Co-ordinator; £72k National Lottery Community Fund grant to cover the running costs and the cost of food purchases; £58k Financial Inclusion grant covering costs of a Citizens' Advice advisor; and £17k Organising & Local Mobilisation grant covering salary costs of a Campaigns & Communications Co-ordinator.

Payments

Expenditure also increased significantly against the previous year — by £161,429 to £352,926. Food purchases increased by £96k as additional demand for food parcels necessitated additional expenditure. Salaries & wages were up £26k on the previous year – albeit (as highlighted above) this was primarily due to an expanded payroll, funded by generous grants. Expenditure on fabric & equipment increased £23k, mostly as a result of the purchase of a van to service the warehouse and distribution centres.

Salaries and Wages accounted for 24% of overall expenditure; Rent and Utility payments for 8%; Food purchases for 45%.

Funds

Many of the grants received in the previous financial year (and in earlier periods) were restricted to a specific purpose; below is a summary of how these funds have been used over the past year:

Restricted Funds

Fund names	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	Fund balances carried forward £
Augustine Courtaud	-	2,000	(1,350)	-		**650**
Awards for All	-	8,400	-	(8,400)		**-**
Building	34,751	-	-	(34,751)		**-**
Charles S French	-	2,500	(2,500)	-		**-**
Essex Community Fund	-	10,000	(10,000)			
Financial Inclusion	112	57,658	(12,570)	-		**45,200**
Kitchenette	610	-	-	(610)		**-**
National Lottery Community Fund	-	72,400	(72,400)	-		**-**
Organising & Local Mobilisation	12,929	17,171	(11,317)	(327)		**18,455**
Postcode Places	-	9,967	(9,060)	-		**907**
Rosca	-	3,000	(2,972)	-		**28**
Southend Emergency Fund	2,000	7,000	(7,000)	-		**2,000**
Sustainability Grant	-	112,278	(546)	-		**111,732**
Strategic Resources	(780)	18,720	(9,328)	-		**8,612**
Van	-	14,680	(14,680)	-		**-**
WBC	200	-	-	-		**200**
Total Funds	**49,822**	**335,774**	**(153,723)**	**(44,088)**	**-**	**187,785**

Of note in the movements listed above are the following transfers between funds:

From Fund (Name)	To Fund (Name)	Reason	Amount
Awards for All	General	Payment for which fund restricted made at the end of previous financial year (before reception of grant)	8,400
Building	General	Plans to relocate/upgrade warehouse cancelled due to changing food stock situation	34,751
Kitchenette	Building	Merged Kitchenette and Building funds	610
Organising & Local Mobilisation	Building	Small amounts of grant spent but not properly tracked in prevous reporting period	327

Unrestricted funds	*2023*	*2023*
General fund	107,475	109,986
Reserves	25,000	25,000

Within a designated fund an amount of £25,000 is held in reserve, in accordance with the Reserve Policy. These reserves ensure that the Foodbank can continue operating (purchasing food, paying staff etc.) for a period in the event income falls sharply. In total £107,475 was held in a General fund at the close of the financial year; £25,000 was held in reserve and £187,785 was held in restricted funds.

Matthew Belcher, FIA
Treasurer

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024
£s

	Southend Foodbank		Charity No	**1163160**	**CC39a**
	Annual accounts for the period				
	Period start date	**01/05/2023**	**To**	Period end date	**30/04/2024**

Section A Statement of financial activities

Descriptions by natural category	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Grants		34,690	333,774	-	368,463	50,346
Donations		117,914	2,000	-	119,914	192,040
Supermarket top-up		-	-	-	-	3,414
Gift Aid		-	-	-	-	-
Other income		-	-	-	-	-
Total incoming resources	S01	152,604	335,774	-	488,378	245,800
Resources expended (Notes 4-7)						
Salaries & Wages		48,907	35,561	-	84,468	58,179
Fabric & Equipment		23,781	17,675	-	41,456	18,901
Food		81,729	76,124	-	157,853	61,032
Mobile Phones		470	498	-	968	742
Stationery		1,423	18	-	1,441	561
Administration & Fees		1,058	12,458	-	13,516	13,843
Insurance		1,032	3,701	-	4,733	1,579
Rent & Utility Payments		23,107	5,521	-	28,628	22,959
Training		1,213	-	-	1,213	1,179
Publicity & Fundraising		2,635	490	-	3,125	1,700
Misc Other		13,847	1,678	-	15,525	10,823
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total resources expended	S02	199,203	153,723	-	352,926	191,497
Net incoming/(outgoing) resources before transfers	S03	- 46,599	182,051	-	135,452	54,303
Gross transfers between funds	S04	44,088	- 44,088	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	- 2,511	137,963	-	135,452	54,303
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	- 2,511	137,963	-	135,452	54,303
Total funds brought forward	S09	134,986	49,822	-	184,808	130,505
Total funds carried forward	S10	132,475	187,785	-	320,260	184,808

Section B Balance sheet

	Note	Total this year	Total last year
		£	£
Fixed assets		F01	F02
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	320,260	184,808
Total current assets	B09	320,260	184,808
Creditors: amounts falling due within one year (Note 11)	B10	81	-
Net current assets/(liabilities)	B11	320,179	184,808
Total assets less current liabilities	B12	320,179	184,808
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	320,179	184,808
Funds of the Charity			
Unrestricted funds	B16	107,475	134,986
Designated funds	B17	25,000	-
Total unrestricted funds		132,475	134,986
Restricted income funds (Note 12)	B18	187,785	49,822
Endowment funds (Note 12)	B19	-	-
Total funds	B20	320,260	184,808

NOTES TO THE ACCOUNTS

Basis of accounts: these accounts have been prepared on an 'accruals' basis and accord with Sections 132-166, Charities Act (CA 2011) for an E&W CIO

1. **Approval of accounts**: these accounts meet the threshold at which an independent examination is required in addition to approval by the Trustees.

2. **Guarantees and disclosures**: the trustees confirm, in accordance with Charitable Incorporated Organisation (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statement relating to the year ending 30 April 2024 are as approved by the Trustees.

Date: 04/04/25 **Signed:** Kim Wright **(Chair)**

Date: 12/03/2025 **Signed:** **(Treasurer)**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees (Charity Name): SOUTHEND FOODBANK CIO

On accounts for the year ended: 30 APRIL 2024 | **Charity no (if any)**: 1163160

Set out on pages: 2-5 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2024

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ~~[insert name of applicable listed body]]. Delete [ ] if not applicable.~~ CHARTERED INSTITUTE OF MANAGEMENT ACCOUNTANTS

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination ~~(other than that disclosed below *)~~ which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: MPool **Date**: 4/4/2025

Name: MELVIN RAYMOND POOL

Relevant professional qualification(s) or body: ACMA, CGMA

(if any):	
Address:	107 LONSDALE ROAD
	SOUTHEND-ON-SEA
	ESSEX SS2 4LP

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

SOUTHEND FOODBANK

England & Wales - Charity number 1163160

Accounts

Charitable Incorporated Organisation

Registered Charity in England & Wales (no. 1163160)

ANNUAL REPORT

FOR THE YEAR

1ST MAY 2022

–

30TH APRIL 2023

TRUSTEE REPORT 1 MAY 2022 – 30 APRIL 2023

CONTENTS:

1. Introduction
2. Message from Chair of Trustees
3. Message from the project manager
4. Our vision and mission
5. Our trustees
6. Our volunteers
7. Highlights
8. The year in pictures
9. Infograph of the year in review

1. INTRODUCTION

This Annual Report presents a review of year 1st May 2022 to 30th April 2023, reporting on achievements, performance and impact, including financial performance and financial position to demonstrate the trustees' stewardship and management of charitable funds.

The trustees and staff of Southend Foodbank wish to express their deep appreciation of the contribution made by volunteers, staff and donors, without which, no achievements would have been possible. The trustees are confident that, by their stewardship and management of charitable funds, Southend Foodbank continues to meet the requirements around public benefit as defined by the Charity Commission.

2. MESSAGE FROM THE CHAIR OF TRUSTEES

As a charity we continue to be rooted and established upon the teaching and life of Jesus. Our four values of Compassion, Justice, Community and Dignity are built upon Jesus' own way of life. For those who are part of the Foodbank and who are Christians, we see God's Kingdom at work in what we do. We seek to serve those who are hungry, and those who are in need to the best of our ability. We seek to love our neighbour as we love ourselves. We are so grateful for all our staff and volunteers, whether they have faith in Jesus or not. They make it possible to fulfil our goal, to Help Local People in Crisis.

In this past year we have been serving people who are struggling with the national cost of living crisis, and increased fuel bills. Because of the diligence of our staff and volunteers, and the generosity of our community, and the grants that we have been able to secure, we have just been able to keep up with the sharp increase in demand that we have seen. In one year, we have seen access to Southend Foodbank jump 64.6%. The previous year had seen a step of 43% - and that felt massive at the time.

We have continued to provide 3 days of emergency food across 8 locations, and have provided signposting to additional services, and enabled a member of the Citizens Advice team to be available at 4 of our busiest distribution centres. Our campaigns coordinator has been raising awareness of food poverty in the wider community through news reports, both printed and on radio, as well as through social media. We have successfully appointed new staff in key roles, to enable us to do our best for our local community in and around Southend. I am so grateful to all those who help, from volunteers, to employees, to trustees. There is so much faithful and passionate dedication to Southend Foodbank, and so much hunger to help within our team; it is a privilege to be part of it.

As we move into a new year, the financial indications show that this coming year may see even greater need and greater access to our services. Yet we trust that in all this, we would be a light that shines in our community, a light that brings hope to those who are in crisis.

Tom Vernon
Chair of Trustees

3. MESSAGE FROM PROJECT MANAGER

Meeting the sharp increase in the number of foodbank parcels requires Herculean efforts from the warehouse staff and volunteers, distribution centre volunteers and their co-ordinators, increased demand on drivers and staff. If we had to look at the increase at the beginning of the year and see how much we would have to do by the end of it, it would be daunting and feel impossible, but the team meets the demand. I'm so grateful for the group of people who make all this possible.

The increase in the number of parcels couldn't be realised without the support of the community, the tireless work of the volunteers and staff and the funding from grants and donors. Thank you for providing food for those who need it.

I also want to thank God for His provision and grace that He provides.

Natasha Copus,
Project manager

4. OUR VISION AND MISSION

Our vision is to reduce hunger and alleviate financial hardship among people living in Southend and Rochford.

We do this by providing emergency food, essential toiletries and household items to individuals and families in need. We will also provide signposting to relevant information and other advisory services. We will provide these services with a Christian ethos, supported by churches within Southend and Rochford.

The food that we distribute is collected from our community donations – people donate food at supermarkets, churches, schools and group collections. Increasingly, we are buying food to supplement what the community can give us. This is made possible due to monetary donations, fundraising and grants that we apply for.

We also want to reduce the need for foodbanks. We work with referral agencies who work directly with the community. As part of the work they do, they issue vouchers to help people in crisis. Our guests then bring the vouchers to one of our centres where we fulfil them. Our aim is for them to work with agencies such as Citizens Advice, Christians Against Poverty and other agencies that can help their circumstances.

As part of the Trussell Trust network of foodbanks, all this data is collated and goes to making real changes in policy that will help people.

The role of signposting co-ordinator was made possible through Trussell Trust funding and will spearhead the inclusion of signposting in our distribution centres.

5. OUR TRUSTEES

Our trustees have diverse skills and wisdom that they bring to leading the foodbank. As well as the skills they bring to our board, they also represent the churches we hold our centres at.
Tom Vernon, Earls Hall Baptist, Chair of Trustees
Richard Sapsted, Hawkwell Baptist
Melanie Venables, Shoebury and Thorpe Bay Baptist Church
Kim Wright, Eastwood Baptist
Helen Wall, St Saviours, Westcliff
Matt Belcher, Belle Vue Baptist, Treasurer

6. OUR VOLUNTEERS

We have over 150 volunteers who give their time, energy and compassion. We have teams volunteering in our warehouse three times a week (four in peak times like Harvest and Christmas), teams run by our amazing co-ordinators in each of our eight distribution centres, a team of drivers for each of those centres that deliver the parcels from the warehouse to the centre, and drivers who pick up from churches, schools and supermarkets to bring to our warehouse. We also have ad hoc volunteers who volunteer at our supermarket collections. We also have a team behind the scenes who volunteer by staffing our info inbox, organise drivers, co-ordinate our referral agencies and vouchers, oversee recruitment, fundraising co-ordinator and supermarket co-ordinator. Without these volunteers, we would have to close. We are so grateful for everyone who gives their time.

7. HIGHLIGHTS

- BBC filming at our Earls Hall Distribution centre in May 2022
- Collections at Southend United Football club, multiple supermarket collection days at Waitrose, Asda and Tesco.
- A collection day for the Jubilee.
- A successful Big Give campaign raising just shy of £10000.
- Collection at the Cliff's pavilion at the Squeeze concert.
- St Pauli on sea charity match
- A coffee morning to speak to potential campaigners
- A move for Hawkwell Distirbution centre to a more accessible location
- Countless cups of tea, conversations with our guests, tins of food marked, sorted and given, stories listened to, crates moved, boxes loaded and unloaded, shopping lists created and given out, smiles, tears and everything inbetween!

8. THE YEAR IN PICTURES

Southend
foodbank
ADLENT
COLLECT AS MANY ITEMS AS YOU CAN!
PLEASE MAKE SURE THAT EVERYTHING IS IN DATE AND LONG-LIFE OR TINNED
tinned mandarins
ready-made custard
rice pudding
tinned spaghetti
UHT milk
long life fruit juice
jam
tinned peaches
biscuits
tinned kidney beans
tinned mac 'n cheese
toilet roll
tinned curry
tinned meatballs
pasta sauce
cooking sauce
tinned tomatoes
tinned carrots
tinned sweetcorn
tinned chilli
Collect up to 20 items throughout Lent, then drop to us the week commencing 3rd April
Scan the QR code for the app and priority donation requests throughout the year
BanktheFood

TIME TO
CELEBRATE

A CAN FOR THE
CORONATION!
Southend
foodbank

Collecting
food and
drink today
foodbank

£5.85
£5.85

Collecting
food and
drink today
foodbank

FOODBANK
OPEN
Emergency food and support for local people in crisis

Our year in numbers
Southend Foodbank

We look back at the stats that made up our year: 1 May 2022 - 30 April 2023

Number of people fed

We fulfilled 5867 vouchers which fed 8983 adults and 6732 children in Southend and Rochford. A total of 15715 people were helped with a three day supply of food. This was 65% more than last year.

We supplied 131,126,73kg of food to our distribution centres to give to guests.

Donations received
We give because we receive...

The number of vouchers fulfilled has shown a sharp increase

Referral agencies

Referral agencies are our partners in the community. They include GPs, schools, Citizens Advice, social workers and housing associations. When working with their clients, they identify their need for food and issue a voucher to help them in their crisis. We signpost guests to agencies for further help.

Our volunteers...

kept the warehouse and our distribution centres open, giving over 8500 hours across the year.

Matthew 25 v 35

35 For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, **36** I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.'

Southend foodbank

Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Financial accounts

for the year

1st May 2022

—

30th April 2023

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2023
£s

EXECUTIVE SUMMARY

Receipts

Income increased significantly (by £142,102) on the previous year — at £245,800. General donations made up c.75% of total income, amounting to £192k. This represents an increase on last year; other income (mainly grants) was flat year-on-year. Within the general donations, the Foodbank received several large one-off gifts – including: £41k from Chubb, £15k from Southend Christian Fellowship and £5,300 from The Big Give. Additionally, several grant applications were made this year for designated funding — including: a financial inclusion grant (£12k) to continue funding Citizens' Advice support at the distribution centres; a bursary (£9.5k) for continued work in Organising and Local Mobilisation; and several grants to cover food costs.

Payments

Expenditure also increased significantly against the previous year — by £78,302 to £191,497. There were three principle areas of increase: salaries & wages as staff hours were increased to match the need for food parcels; fabric & equipment, for which a sizeable investment in new shelving and food crates was made; and food as the rise in need for parcels meant the Foodbank was unable to make enough from food donations (as had historically been the case) and instead increasingly needed to supplement these with cash purchases of groceries.

Salaries and Wages accounted for 30% of overall expenditure; Rent and Utility payments for 12%; Food purchases for 32%.

Funds

Many of the grants received in the previous financial year (and in earlier periods) were restricted to a specific purpose; below is a summary of how these funds have been used over the past year:

Restricted / designated funds	*2023*	*2022*
Building fund	34,751	35,411
Kitchenette fund	610	610
Clothing fund	0	57
Financial Inclusion-2021	112	1,440
Financial Inclusion-2023 (£12,084 rec. 18/01)	0	0
OLM-2022	2,649	10,697
OLM-2023 (£11,210 rec. 13/04)	10,280	0
SEF 1	1,000	1,000
SEF 2	1,000	1,000
Signposting co-ordinator (£9,360 rec. 22/05/23*)	(780)	0
Westcliff Baptist Church Fuel Bank (£200 rec. 03/02)	200	0
Southend Association food grant (£8,000 rec. 14/07)	0	0
JJH Rausing food/energy grant (£6,880 rec. 06/02)	0	0
Simon Harris McDonald's grant (£420 rec. 28/03)	0	0

Unrestricted funds	*2023*	*2022*
General fund	109,986	55,291
Reserves	25,000	25,000

Within the unrestricted fund, an amount of £25,000 is held in reserve, in accordance with the Reserve Policy. These reserves ensure that the Foodbank can continue operating (purchasing food, paying staff etc.) for a period in the event income falls sharply. In total £134,986 was held in unrestricted funds at the close of the financial year; £49,822 was held in restricted funds.

*Note that the Signposting co-ordinator fund is negative as at the end of the financial year; this relates to a grant received just after the end of the financial period (22nd May 2023) to pay for a FTC role which started before the end of the financial year. The fund was therefore set up in this financial period in anticipation of the forthcoming grant.

Matthew Belcher, FIA
Treasurer

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2023
£s

CHARITY COMMISSION FOR ENGLAND AND WALES

Southend Foodbank	Charity number 1163160

CC16a

Receipts and payments accounts

For the period from	Period start date 01/05/2022	To	Period end date 30/04/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts				
Grants	11,752	38,594	50,346	54,088
Donations	191,840	200	192,040	49,028
Supermarket top-up	3,414	-	3,414	583
Gift Aid	-	-	-	-
Other income	-	-	-	-
***Sub total** (Gross income for AR)*	207,006	38,794	245,800	103,698
Total receipts	207,006	38,794	245,800	103,698
A3 Payments				
Salaries & Wages	49,541	8,637	58,179	42,854
Fabric & Equipment	17,584	1,317	18,901	12,934
Food	45,732	15,300	61,032	14,136
Mobile Phones	290	452	742	433
Stationery	561	-	561	108
Administration & Fees	1,759	12,084	13,843	13,404
Insurance	1,579	-	1,579	-
Rent & Utility Payments	22,616	343	22,959	22,853
Training	1,179	-	1,179	1,283
Publicity & Fundraising	1,700	-	1,700	1,207
Misc Other	9,770	1,053	10,823	3,983
Sub total	152,311	39,186	191,497	113,195
Total payments	152,311	39,186	191,497	113,195
Net of receipts/(payments)	54,695	- 392	54,303	- 9,497
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	80,291	50,215	130,505	140,002
Cash funds this year end	134,986	49,822	184,808	130,505

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Total funds to nearest £
B1 Cash funds	Lloyds Treasurer's Account	116,196	50,479	166,675
	Paypal	18,530	- 657	17,873
	Cash in hand	260	-	260
	Total cash funds	134,986	49,822	184,808
	(agree balances with receipts and payments account(s))	OK	OK	

Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities Current		-
Long-term loans		-

NOTES TO THE ACCOUNTS

Basis of accounts: these accounts have been prepared on a 'receipts and payments' basis and accord with Sections 132-166, Charities Act (CA 2011) for an E&W CIO

1. **Approval of accounts**: these accounts meet the threshold at which an independent examination is required in addition to approval by the Trustees.

2. **Guarantees and disclosures**: the trustees confirm, in accordance with Charitable Incorporated Organisation (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statement relating to the year ending 30 April 2023 are as approved by the Trustees.

Date: 28/02/24 **Signed:** Tom Vu **(Chair)**

Date: 17/02/2024 **Signed:** **(Treasurer)**

SOUTHEND FOODBANK CIO – Independent Examination – 2022/23

FILE NOTE

I have completed my independent examination of the Southend Foodbank CIO accounts for the year ended 30th April 2023.

No material matters have come to my attention and I am satisfied that they represent a 'true and fair' view of the accounting period under examination.

Inspection of Accounting Records and Analytical Review

I conducted a visual inspection of the accounting records held on the Xero Accounting Software to ensure that the values shown on the financial statement of the accounts matched the electronic register.
I performed trend analysis which highlighted some major variable movements in Donations, both month-on-month and compared to prior year. There were also significant movements, compared to prior year, for Food and Salaries. Following a more detailed review of the underlying transactions, I am comfortable that they have been recorded accurately and categorised appropriately.

Sample Testing of Transactions

I sample tested a selection of transactions detailed below and was satisfied that the entries matched back to the source documentation.

Treasurer's Account

24/05/2022	£2450.27	Morrisons
13/06/2022	£117.80	Amazon
24/06/2022	£59.99	Amazon
24/08/2022	£4230.79	Stewardship
07/09/2022	£38.60	Peter Gladstone
07/09/2022	£40.84	Peter Gladstone
12/10/2022	£1460.88	Mol*Topregal UK Ltd
13/10/2022	£210.00	Myles Hire
20/10/2022	£210.00	Myles Hire
27/10/2022	£210.00	Myles Hire
08/11/2022	£61.92	N Copus
15/11/2022	£40.35	Cassandra Camp
17/11/2022	£41064.14	Chubb USA
05/12/2022	£35.47	Amazon
05/12/2022	£35.47	Amazon
05/12/2022	£35.47	Amazon
05/12/2022	£35.47	Amazon

11/01/2023	£1063.95	HMRC Charities
18/01/2023	£14500.80	Trussell Trust
06/02/2023	£881.25	HMRC Charities
28/02/2023	£755.15	ASDA
20/03/2023	£12084.00	Southend On Sea GU
13/04/2023	£13095.00	Trussell Trust
13/04/2023	£870.40	Baptist Insurance
19/04/2023	£15000.00	SCF
25/04/2023	£9048.07	Morrisons

PayPal

20/09/2022	£1108.80	Bigdug Ltd
20/10/2022	£997.92	Bigdug Ltd
03/02/2023	£847.00	Currys Group Ltd
20/04/2023	£11860.26	ToteBox

Observations and Recommendations

Bank Account - The balance on the Treasurer's Account is consistently over £100k each month.
It is worth considering transferring some funds into a deposit account, such as a 7-day notice account, which can pay c.2.5% interest per annum.

HMRC - There were two receipts from HMRC Charities in Jan/Feb 2023.
I have never come across HMRC 'donating' money before, so suggest contacting them to ascertain if the receipts were for Gift Aid or something else.

Mileage Claims - There is inconsistency with the rates paid for mileage claims which I believe should be addressed. P Gladstone is being paid 40p per mile whereas N Copus is being paid 45p per mile. There may be others but these are the sample transactions that I tested.
The CIO can agree whatever rate it sees fit but the maximum is 45p per mile to avoid a taxable benefit arising on the claimant.
Furthermore, I notice that whilst the claim form used by P Gladstone is in Excel , all the inputs are in text format so the calculations are done manually which could lead to errors when calculating the total to claim. I recommend updating the Excel to a standard format with automatic calculations which all volunteers/workers can use.

Salaries & Wages – I am aware that Stewardship run your payroll and was able to match up their confirmation letters to amounts posted in the ledger. However, it is common to have records somewhere, albeit not necessarily directly recorded in the main ledger, of the individual salary payments so they can be inspected as part of the independent examination.
I would recommend that this is put in place for future accounting periods.

Melvin R Pool, ACMA, CGMA

SOUTHEND FOODBANK

England & Wales - Charity number 1163160

Accounts

Charitable Incorporated Organisation

Registered Charity in England & Wales (no. 1163160)

ANNUAL REPORT

FOR THE YEAR

1ST MAY 2021

–

30TH APRIL 2022

TRUSTEE REPORT 1 MAY 2021 – 30 APRIL 2022

CONTENTS:

1. Introduction
2. Message from trustee
3. Message from project manager
4. Vision and mission
5. Our trustees
6. Our volunteers
7. Infograph of the year in review

1. INTRODUCTION

This Annual Report presents a review of year 1st May 2021 to 30th April 2022, reporting on achievements, performance and impact, including financial performance and financial position to demonstrate the Trustees' stewardship and management of charitable funds.

The trustees and staff of Southend Foodbank wish to express their deep appreciation of the contribution made by volunteers, staff and donors, without which no achievements would have been possible. The trustees are confident that, by their stewardship and management of charitable funds, Southend Foodbank continues to meet the requirements around public benefit as defined by the Charity Commission.

2. MESSAGE FROM OUR TRUSTEE

As a charity rooted and established upon the teaching and life of Jesus, for those who are part of the Foodbank and who are Christians, we see God's Kingdom at work in what we do. We seek to serve those who are hungry, and those who are in need to the best of our ability. We seek to love our neighbour as we love ourselves. And whilst we have volunteers and staff who do not have a Christian faith, it is clear that love, care and compassion are shown by all.

In this past year we have been dealing with the, thankfully fading, effects of the global pandemic, whilst also facing a cost of living crisis. Because of the diligence of our staff and volunteers and the generosity of our community we have been able to fulfil our goal of helping local people in crisis. We have done this through the provision of 3 days of emergency food in multiple locations, through signposting to additional services, and also through a new campaigns coordinator raising awareness of food poverty in the wider community. We have also sadly become a stop gap service rather than a last port of call due to the significant financial struggles that an increasingly struggling working population face.

Nonetheless, due to the generosity of individuals, churches, schools, charities, businesses and also local supermarkets we have been able to cope with a 43% increase in access to our distribution centres in the past year compared to the year before, which in itself was significantly up on the previous year. We have successfully appointed new staff in key roles, to enable us to do our best for our local community in and around Southend.

I am so grateful to all those who help, from volunteers, to employees, to trustees. There is so much faithful and passionate dedication to Southend Foodbank, and so much hunger to help from our team; it is a privilege to be part of it. The rhythm of food collection, sorting, labelling, storing and distribution is increasingly complex due to the greater demand that we face. But it is handled by all involved with grace and patience, even when the car park is too full.

As we move into a new year, the financial indications show that this coming year may see even greater need and greater access to our services. Yet we trust that in all this, we would be a light that shines in our community, a light that brings hope to those who are in crisis.

Tom Vernon
Trustee

3. MESSAGE FROM PROJECT MANAGER

Our refreshed vision was launched in October 2021. We shared with our volunteers our new structure, which included a campaigning role. We want to actively work to end the need for foodbanks, and the trustees put together a new strategy to work towards this.

In January 2022, Emma Holloway, joined as our new administrator, replacing Cass Francis, one of the founding members of the foodbank, who moved to the Campaigning role. Sarah Treacher joined in 2021 as Deputy Warehouse Co-ordinator, supporting Simon Carter. Sarah runs the Earls Hall warehouse where we store the overflow of food. She also supports Simon at Friendship House.

One of the main objectives was to improve the facilities at Friendship House to make it more fit for purpose.

The increase in the number of parcels couldn't be realised without the support of the community, the tireless work of the volunteers and staff and the funding from grants and donors. Thank you for providing food for those who need it.

Thank you!
Natasha Copus,
Project manager

4. OUR VISION AND MISSION

Our vision is to reduce hunger and alleviate financial hardship among people living in Southend and Rochford.

We do this by providing emergency food, essential toiletries and household items to individuals and families in need. We will also provide signposting to relevant information and other advisory services. We will provide these services with a Christian ethos, supported by churches within Southend and Rochford.

The food that we distribute is collected from our community donations – people donate food at supermarkets, churches and during Covid; parking lots and on their doorsteps. Increasingly, we are buying food to supplement what the community can give us. This is made possible due to monetary donations, fundraising and grants that we apply for.

We also want to reduce the need for foodbanks. We work with referral agencies who work directly with the community. As part of the work they do, they issue vouchers to help people in crisis. Our guests then bring the vouchers to one of our centres where we fulfil them. Our aim is for them to work with agencies such as Citizens Advice, Christians Against Poverty and other agencies that can help their circumstances.

As part of the Trussell Trust network of foodbanks, all this data is collated and goes to making real changes in policy that will help people.

One of the outcomes of looking at our vision and mission was that we added a new role of Communications and Campaign Co-ordinator, which our existing Administrator, Cass Francis, filled. This role will enable us to campaign to make local changes.

5. OUR TRUSTEES

Our trustees have diverse skills and wisdom that they bring to leading the foodbank. As well as the skills they bring to our board, they also represent the churches we hold our centres at.
Andy Goodliff, Belle Vue Baptist Church, Chair of Trustees
Tom Vernon, Earls Hall Baptist
Richard Sapsted, Hawkwell Baptist
Melanie Venables, Shoebury and Thorpe Bay Baptist Church
John Honeyands, Catholic Parish of Sacred Heart, Southend-on-Sea and St. John Fisher,Prittlewell
Helen Wall, St Saviours
Sharon Watkins, Eastwood Baptist

Matt Belcher, Treasurer

6. OUR VOLUNTEERS

We have over 150 volunteers who give their time, energy and compassion. We have teams volunteering in our warehouse three times a week (four in peak times like Harvest and Christmas), teams run by our amazing co-ordinators in each of our eight distribution centres, a team of drivers for each of those centres that deliver the parcels from the warehouse to the centre, and drivers who pick up from churches, schools and supermarkets to bring to our warehouse. We also have ad hoc volunteers who volunteer at our supermarket collections. We also have a team behind the scenes who volunteer by staffing our info inbox, organise drivers, co-ordinate our referral agencies and vouchers, oversee recruitment, our fundraising co-ordinator who supports the foodbank in so many ways. Without these volunteers, we would have to close. We are so grateful for everyone who gives their time.

In February 2022, we undertook a survey of our volunteers using Peakon. These were some of the comments:

Quotes from our volunteers:

A man who shared a little of his situation and was so appreciative of our help. Although very sad, made me realise even more that what I am doing does make a difference.

I am passionate about providing people with appropriate signposting to help them resolve issues, as well as providing much needed food.

It means I can make a small difference to someone in need.

The mission to serve those in need is vital but knowing the aim in ending poverty so that foodbanks can be a thing of the past inspires me.

My faith is important to me. The charity's values are grounded in the love and compassion of Jesus so I can actively share in living this out.

It's something one can do for those who are struggling to feed themselves and their families.

It is rewarding to know you can make a difference by helping in this way.

It's a privilege to be able to help in such a well-run charity meeting the needs of our community

THE YEAR IN PICTURES

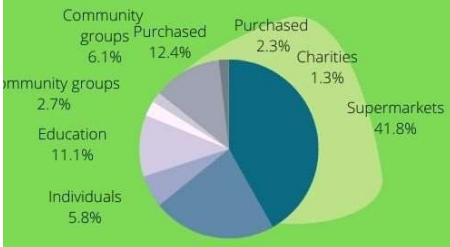
Our year in numbers
Southend Foodbank

We look back at the stats that made up our year: 1 May 2021 - 30 April 2022

Number of people fed

We fulfilled 3410 vouchers which fed 5202 adults and 4339 children in Southend and Rochford. A total of 9541 people were helped with a three day supply of food. This was 43% more than last year.

We supplied 80,329kg of food to our distribution centres to give to guests.



Donations received
We give because we receive...

Numbers of vouchers fulfilled

The number of vouchers fulfilled was stable during 2021/22 compared with 2020/21, increase by 41%

Referral agencies

Referral agencies are our partners in the community. They include GPs, schools, Citizens Advice, social workers and housing associations. When working with their clients, they identify their need for food and issue a voucher to help them in their crisis. We signpost guests to agencies for further help.

Our volunteers...

kept the warehouse and our distribution centres open, giving over 8500 hours across the year.

Matthew 25 v 35

35 For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, **36** I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.'

Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Financial accounts

for the year

1st May 2021

—

30th April 2022

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022
£s

EXECUTIVE SUMMARY

Receipts

Income was down £39,105 on the previous year — at £103,698. Grants made up c.50% of total income, amounting to £49k. This represents a significant increase on last year (when most income was received in the form of large donations). Several grant applications were made this year for designated funding — including: a financial inclusion grant (£14.5k) to fund Citizens' Advice support at the distribution centres; a bursary (£12k) for Organising and Local Mobilisation; and two grants (£8k) from Southend Emergency Fund.

Payments

Expenditure increased against the previous year — by £38,216 to £113,195. The main areas of increase were directly related to the grants received: Salaries & Wages, where the OLM bursary was used for the salary of a Campaigns and Communications Co-ordinator; Administration and Fees, which included payments to fund a Citizens' Advice support from the FI grant; and Food, where increased levels of food insecurity meant cash purchases of stock was necessary at several points during the year to supplement grocery donations from the community. Additionally, payroll was expanded to meet increased demand.

Salaries and Wages accounted for 38% of overall expenditure; Rent and Utility payments for 20%.

Funds

Many of the grants received in the previous financial year were restricted to a specific purpose; below is a summary of how these funds have been used over the past year:

Restricted / designated funds	*2022*	*2021*
Building fund	35,411	0
Kitchenette fund	610	610
Clothing fund	57	57
Shed fund	0	1,140
Food fund	0	1,125
Financial Inclusion (£12,240 rec. 19/01)	1,440	0
OLM (£16,296 rec. 08/02, o/w £14,466 restr.)	10,697	0
SEF 1 (£3,000 rec. 27/09)	1,000	0
SEF 2 (£5,000 rec. 10/03)	1,000	0

Unrestricted funds	*2022*	*2021*
General fund	55,291	112,070
Reserves	25,000	25,000

Within the unrestricted fund, an amount of £25,000 is held in reserve, in accordance with the Reserve Policy. These reserves ensure that the Foodbank is able to continue operating (purchasing food, paying staff etc.) for an extended period in the event income falls sharply. In total £80,291 was held in unrestricted funds at the close of the financial year; £50,215 was held in restricted funds.

Note that the outstanding balance in the Shed Fund was transferred to the Building Fund when that fund was set up in anticipation of significant works to the existing warehouse/a potential new warehouse.

Matthew Belcher, FIA
Treasurer

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022
£s

CHARITY COMMISSION FOR ENGLAND AND WALES

Southend Foodbank	Charity number 1163160

Receipts and payments accounts

CC16a

For the period from	Period start date 01/05/2021	To	Period end date 30/04/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts				
Grants	49,028	-	49,028	18,834
Donations	19,382	34,706	54,088	121,967
Supermarket top-up	583	-	583	1,993
Gift Aid	-	-	-	-
Other income	-	-	-	8
***Sub total** (Gross income for AR)*	68,992	34,706	103,698	142,803
Total receipts	68,992	34,706	103,698	142,803
A3 Payments				
Salaries & Wages	39,274	3,580	42,854	25,875
Fabric & Equipment	7,105	5,829	12,934	9,995
Food	7,011	7,125	14,136	7,018
Mobile Phones	433	-	433	291
Stationery	108	-	108	305
Administration & Fees	2,604	10,800	13,404	777
Insurance	-	-	-	2,220
Rent & Utility Payments	22,764	89	22,853	23,880
Training	1,283	-	1,283	222
Publicity & Fundraising	1,207	-	1,207	603
Misc Other	3,983	-	3,983	3,794
Sub total	85,772	27,423	113,195	74,979
Total payments	85,772	27,423	113,195	74,979
Net of receipts/(payments)	- 16,780	7,283	- 9,497	67,823
A5 Transfers between funds	- 40,000	40,000	-	-
A6 Cash funds last year end	137,070	2,932	140,002	72,179
Cash funds this year end	80,291	50,215	130,505	140,002

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Total funds to nearest £
B1 Cash funds	Lloyds Treasurer's Account	67,140	50,215	117,354
	Paypal	12,461	-	12,461
	Cash in hand	690	-	690
	Total cash funds	80,291	50,215	130,505
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	Current		-
	Long-term loans		-

NOTES TO THE ACCOUNTS

Basis of accounts: these accounts have been prepared on a 'receipts and payments' basis and accord with Sections 132-166, Charities Act (CA 2011) for an E&W CIO

1. **Approval of accounts**: these accounts meet the threshold at which an independent examination is required in addition to approval by the Trustees.

2. **Guarantees and disclosures**: the trustees confirm, in accordance with Charitable Incorporated Organisation (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statement relating to the year ending 30 April 2022 are as approved by the Trustees.

Date: 27th Feb 2023 **Signed:** **(Chair)**

Date: 27th Feb 2023 **Signed:** **(Treasurer)**

CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name: SOUTHEND FOODBANK CIO		
On accounts for the year ended	30 APRIL 2022	Charity no (if any)	1163160
Set out on pages	2-4 (remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended .

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention ~~(other than that disclosed below *)~~ in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:	MPool	Date:	26/2/2023
Name:	MELVIN RAYMOND POOL		
Relevant professional qualification(s) or body (if any):	ACMA, CGMA		
Address:	107 LONSDALE ROAD SOUTHEND-ON-SEA SS2 4LP		

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name: SOUTHEND FOODBANK CIO		
On accounts for the year ended	30 APRIL 2022	Charity no (if any)	1163160
Set out on pages	2-4 (remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended .

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention ~~(other than that disclosed below *)~~ in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:	MPool	Date:	26/2/2023
Name:	MELVIN RAYMOND POOL		
Relevant professional qualification(s) or body (if any):	ACMA, CGMA		
Address:	107 LONSDALE ROAD SOUTHEND-ON-SEA SS2 4LP		

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

SOUTHEND FOODBANK

England & Wales - Charity number 1163160

Accounts

1. MESSAGE FROM OUR CHAIR OF TRUSTEES

Over the 12 months in question, faced with an unprecedented pandemic, as a Foodbank, we wondered whether we could stay open, whether donations would dry up, whether we have to offer reduced amounts of food. The reality was none of that happened. Our staff and volunteers worked fantastically hard to ensure that we could continue to provide food and help to those who needed it. We found new sources of food, especially the generosity of Tescos, we found new sources of income - in terms of grants - we found new volunteers who wanted to use their time to help, and we did not have to close any distribution centre or reduce any size of food parcel.

At every level of our operation, we have a wonderful group of people who are committed to our vision of being a source of help to those in need and making sure no one in our community goes hungry. The Foodbank is its volunteers, whether serving in the warehouse, or one of our distribution centres, or picking up food from a collection point. The Foodbank is also the result of the generosity of our local community who donate food to share with others in the community.

The Foodbank is an expression of solidarity with one another, a recognition that everyone should have the basics in life. For those of us with a Christian faith in the Foodbank, we understand this as an expression of the Kingdom of God, in which we are called to love our neighbour as ourselves.

As the year ended, we have begun to ask new questions about how we continue to do what we do, but also to take steps to develop the service we offer in new ways.

Andy Goodliff,
Chair of Trustees

2. MESSAGE FROM PROJECT MANAGER

To say that the last year has been challenging, would be an understatement. In January 2020, we were still recovering from our busiest period that we've had so far. From Harvest to Christmas, is a manic time for Southend Foodbank. Donations and guest numbers always rise. The pressure of increasing heating bills, the pressure on people to spend on other things for Christmas also weighs heavily on those who are just about making ends meet.

In January 2020, we were planning on how to increase our fundraising and ramp up our community involvement. We wanted to give people different opportunities to volunteer and show them how they can make a meaningful contribution to ending the need for foodbanks. With that in mind, we had our first Action Day in March 2020. By the end of March, we were in lockdown.

As with the rest of the country, we were presented with new challenges.
During this period, we were blessed with donations from our community, volunteers who stepped in for those who were shielding, monetary donations from church trusts, grant

foundations and corporate donations from supermarkets. In the midst of so much uncertainty, the community of Southend and Rochford gathered together to help those less fortunate.

Eastwood Distribution Centre became our 8th centre in January 2021. Based at Eastwood Baptist Church, they helped widen the circle of support in Southend and Rochford reaching more people in need.

As well as being a time of upheaval, it was also a time when generosity and community spirit outweighed lesser impulses.

Our volunteers put others before themselves in serving and helped us to remain open. Foodbanks are often called the fourth emergency service and it was evident during this time.

To all those who gave money and time and organisational help, those who drove for us, and packed boxes, our staff who worked many more hours organising and leading and taking 'phone calls from desperate people, thank you! Reaching out to those in need would not have been possible without every hour that you gave!

Thank you!
Natasha Copus,
Project manager

3. OUR VISION AND MISSION

Our vision is to reduce hunger and alleviate poverty in Southend and Rochford. We do this through distributing food at our eight centres in Southend and Rochford. The food that we distribute is collected from community donations – people donate food at supermarkets, churches and during Covid; parking lots and on their doorsteps.

We also want to reduce the need for foodbanks. We work with referral agencies who work directly with the community. As part of the work they do, they issue vouchers to help people in crisis. Our guests then bring the vouchers to one of our centres where we fulfil them. Our aim is for them to work with agencies such as Citizens Advice, Christians Against Poverty and other agencies that can help their circumstances.

As part of the Trussell Trust network of foodbanks, all this data is collated and goes to making real changes in policy that will help people.

4. OUR TRUSTEES

Our trustees have diverse skills and wisdom that they bring to leading the foodbank. As well as the skills they bring to our board, they also represent the churches we hold our centres at.
Andy Goodliff, our chair of trustees
Richard Sapsted, Hawkwell Baptist
Tom Vernon, Earls Hall Baptist
Steve Dalley, Ferndale Baptist

Melanie Venables, Shoebury and Thorpe Bay Baptist Church (STBBC)
Sharon Watkins, Eastwood Baptist
John Honeyands, Sacred Heart and St John Fisher

6. OUR VOLUNTEERS

We have over 100 volunteers who give their time, energy and compassion. We have teams volunteering in our warehouse three times a week (four in peak times like Harvest and Christmas), teams run by our amazing co-ordinators in each of our eight distribution centres, a team of drivers for each of those centres that deliver the parcels from the warehouse to the centre, and drivers who pick up from churches, schools and supermarkets to bring to our warehouse. We also have ad hoc volunteers who volunteer at our supermarket collections. We also have a team behind the scenes who volunteer by staffing our info inbox, organise drivers, co-ordinate our referral agencies and vouchers, oversee recruitment and our fundraising co-ordinator who supports the foodbank in so many ways. Without these volunteers, we would have to close. We are so grateful for everyone who gives of their time.

In February 2021, we undertook a survey of our volunteers using Peakon. These were some of the comments:

Quotes from our volunteers:

“It feels good when we have a busy morning packing food boxes, as I know they are going to directly to support some struggling with food poverty.”
“Changes people's lives by supporting then with food, but listening and signposting are just as important. When appropriate we also pray for people.”
“Great being part of a team who are giving back to the community, worthwhile, challenging great team and leadership.”

“Working in the Foodbank is very rewarding. Well supported, friendly and well organised.”
“It's very rewarding, the people you work alongside are great too!”
“I love the fact that I am giving hungry people food, directly.”

On asked if they felt like they were making a difference, one volunteer said this: “Food signposting listening prayer loving our guests.”

Some of the comments were challenging, but these are also useful and we see it as an opportunity to make changes and improvements. A lot of the comments were about not knowing the overall vision of the foodbank apart from the day-to-day activities. This led, amongst other things, to the trustees, staff and volunteers sharing their vision for the foodbank, which led to us renewing our vision later in 2021 and being able to share that with volunteers.

7. WAREHOUSE REPORT

During the period of this Report the Warehouse avoided any outbreak of Covid cases and was able to stay fully open and functional throughout. Early strict Covid protocol procedures were introduced and steps were taken to reduce the number of day teams and volunteers

in the warehouse at any one time. The downside of this was that it put increased pressure on the Warehouse Coordinator who was present throughout.

As part of our volunteer care, a WhatsApp Group was established to keep all volunteers, active and shielding, informed of developments but also for the Warehouse Coordinator to maintain a dialogue to help any volunteer struggling during lockdown. It also meant when restrictions were lifted we were able to welcome back some volunteers into safe roles

As noted elsewhere the need for food support rose considerably during this period. However early mitigation work was put into place to asses stock levels, identify emerging product shortages and revise the pick lists in the event of a complete fall-off in donations. Thankfully this was not needed but remains as a fall back position should circumstances change.

The generosity of donors and national campaigns lead by Tescos and Morrisons resulted in a significant increase in donations that eventually lead to the Warehouse having to take possession of 3 lock-up facilities at SafeStore leading to temporary stock management issues and the need for the long-term hire of a van to cope with frequent stock rotation placing further strain on the Warehouse teams.

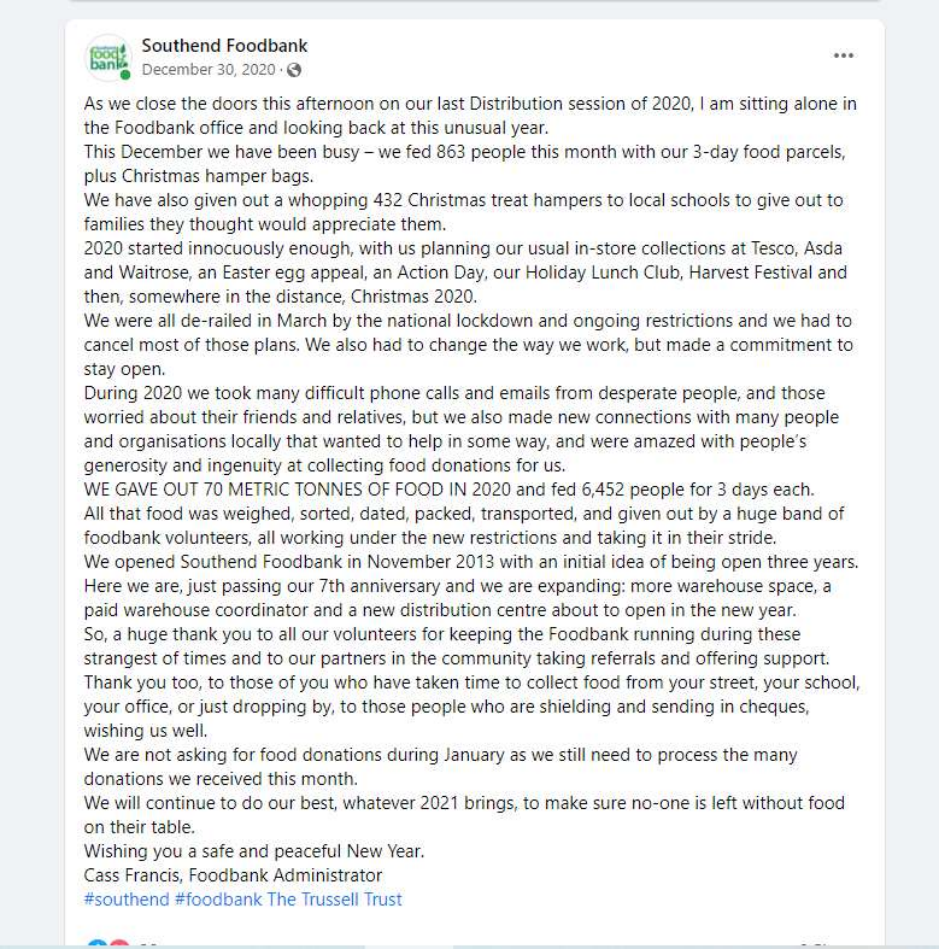
Simon Carter
Warehouse Co-ordinator

8. SPECIAL PROJECTS

CHRISTMAS 2020

We usually add a bag of Christmas extras to our usual emergency food parcel, due to the amount of food we received, we decided to reach out to our school referral agencies so that they could give a bag of basics and extras to their families who are struggling.

Video showing the parcels:
https://www.facebook.com/southendfoodbank/videos/868383457305891



Southend Foodbank
December 30, 2020 ·

As we close the doors this afternoon on our last Distribution session of 2020, I am sitting alone in the Foodbank office and looking back at this unusual year.
This December we have been busy – we fed 863 people this month with our 3-day food parcels, plus Christmas hamper bags.
We have also given out a whopping 432 Christmas treat hampers to local schools to give out to families they thought would appreciate them.
2020 started innocuously enough, with us planning our usual in-store collections at Tesco, Asda and Waitrose, an Easter egg appeal, an Action Day, our Holiday Lunch Club, Harvest Festival and then, somewhere in the distance, Christmas 2020.
We were all de-railed in March by the national lockdown and ongoing restrictions and we had to cancel most of those plans. We also had to change the way we work, but made a commitment to stay open.
During 2020 we took many difficult phone calls and emails from desperate people, and those worried about their friends and relatives, but we also made new connections with many people and organisations locally that wanted to help in some way, and were amazed with people's generosity and ingenuity at collecting food donations for us.
WE GAVE OUT 70 METRIC TONNES OF FOOD IN 2020 and fed 6,452 people for 3 days each.
All that food was weighed, sorted, dated, packed, transported, and given out by a huge band of foodbank volunteers, all working under the new restrictions and taking it in their stride.
We opened Southend Foodbank in November 2013 with an initial idea of being open three years. Here we are, just passing our 7th anniversary and we are expanding: more warehouse space, a paid warehouse coordinator and a new distribution centre about to open in the new year.
So, a huge thank you to all our volunteers for keeping the Foodbank running during these strangest of times and to our partners in the community taking referrals and offering support.
Thank you too, to those of you who have taken time to collect food from your street, your school, your office, or just dropping by, to those people who are shielding and sending in cheques, wishing us well.
We are not asking for food donations during January as we still need to process the many donations we received this month.
We will continue to do our best, whatever 2021 brings, to make sure no-one is left without food on their table.
Wishing you a safe and peaceful New Year.
Cass Francis, Foodbank Administrator
#southend #foodbank The Trussell Trust

Quote:

The school delivered a parcel for a family that was isolating. We received a text from the recipient.

good evening hope I'm messaging the right place .. a food parcel was delivered to my home today (we are isolating as my daughter has Corona) and I'd just like to say thank you so much we are super grateful totally unexpected but so lovely merry Christmas to you all and thank you again xx

EASTER 2021

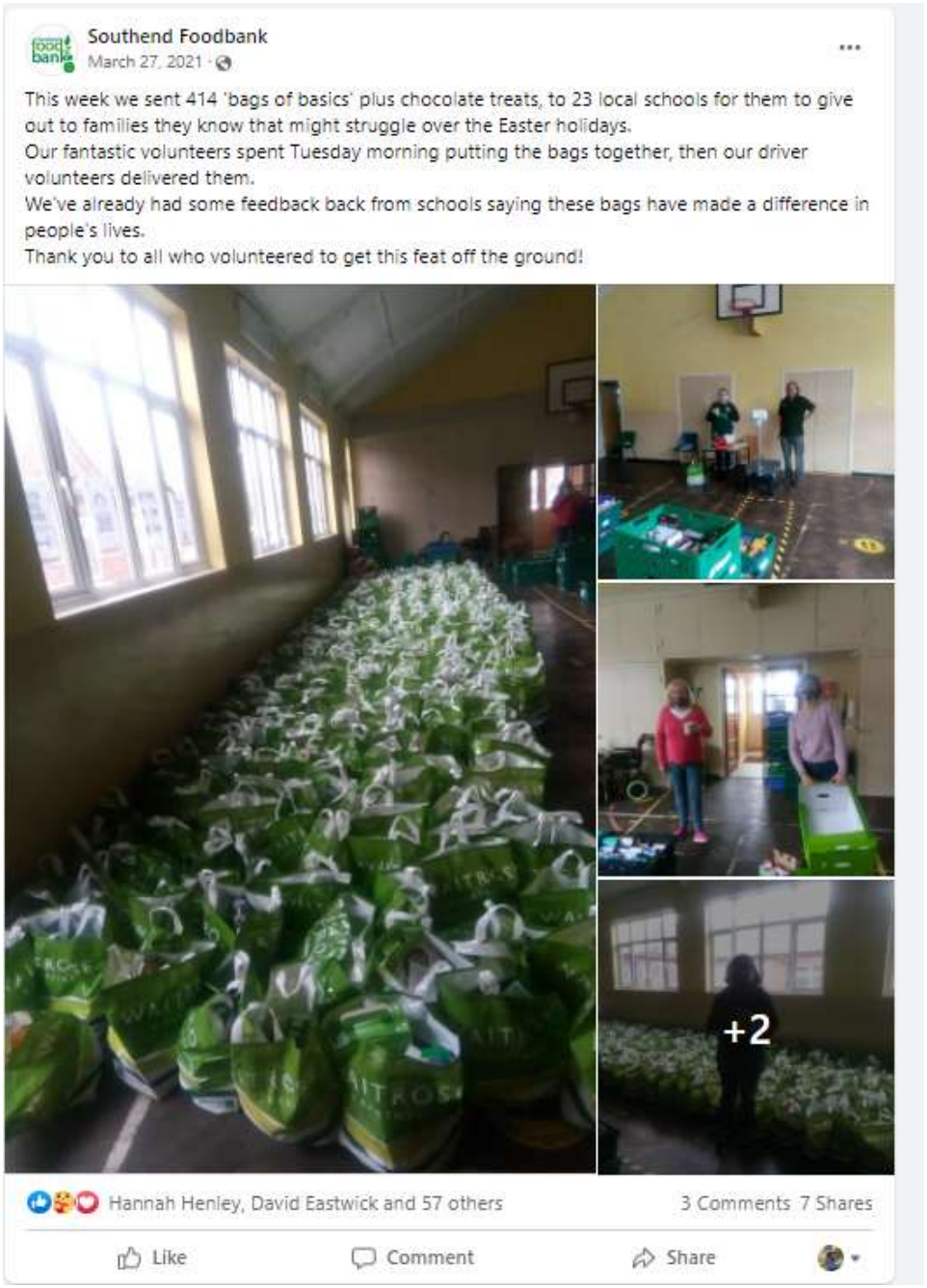
We knew that families were still facing huge difficulties feeding their children during the school holidays. We reached out to schools again and we had a huge response. We supplied 414 bags of basics to 23 schools in Southend and Rochford, including Easter eggs!

Feedback from one of our schools who received Easter bags.

'They were amazing and such a help for our families.
We continue to offer FoodBank parcels to our families so this is not something that has gone away.

During that even more difficult time for our families I know these parcels made such a difference.
If you are able to offer this again, please count us in.
Best wishes,
Sam

Sam Nash
Home School Liaison/Deputy Safeguarding Lead
St. Nicholas School
Southend-on-Sea
Essex
SS2 4RL



9. COVID RESPONSE

In March 2020, our team got together to make contingency plans. We looked at options if we didn't get any further donations as certain items were becoming scarce. Other decisions included making sure that our more vulnerable volunteers were shielding, volunteers were working in bubbles so that Covid would not spread among all our volunteers. This took place at our warehouse and the distribution centres.

We temporarily closed one of our quieter distribution centres so that volunteers could be deployed at the busier ones. Belle Vue Distribution Centre opened once a week for a longer session instead of twice a week. Our Ferndale distribution centre was closed and Steve Dalley, the minister and co-ordinator from Ferndale moved back to Belle Vue DC to run the operation there.

We changed the way we operated to a 'take-away' service. As more agencies had moved onto issuing e-vouchers, this became a more standard way of operating. Guests could give the volunteers their unique number and this was exchanged for food parcels.

Volunteers and guests adapted to the changes.

Special thanks go to Chalkwell Junior School who produced face shields for volunteers.

We also trialled the use of Banquet during this time. Banquet is an online donation platform where supporters could donate to them and they arrange wholesale purchases of the food we needed. Our community was as generous as ever, but as we were now receiving a large amount of food from Tesco directly, we decided to stop our subscription with them.

Our community responded in such a generous and selfless way. Leigh Tin Team was one such community response who donated food to us.

'Leigh Tin Team was the inspiration of a local teenager who, in April 2020, asked his mum (a teacher):

"What is the point of everyone standing on their doorstep clapping? Maybe we should ask them to put a tin of food on their wall and we could go along the road and collect them for the Foodbank once everyone has gone back inside."
Before long the idea had spread with collectors in over 50 roads - north and south of the London Rd. and from Hadleigh borders to Chalkwell.

Collectors sign up through the LTT website and receive a briefing 'blurb' and leaflets for their neighbours. Once they do their collection (weekly during the first lockdown in Spring/Summer 2020, now monthly) they decide which local foodbank to donate to; unfortunately there is a need for an ever-increasing amount of donations. Something that started as an emergency response to an international pandemic has become a sad fact of everyday life for too many in our local Southend community. Thankfully, people who are able to across Leigh (and in Thorpe Bay and Shoebury Tin Teams too) are supporting those experiencing food poverty/insecurity in our city.'

STBBC, one of our distribution centre venues, also saw the need and responded.
When the pandemic struck and the lockdown began we heard from lots of people in our community keen to donate to the foodbank and support our community. We'd met some of

Charitable Incorporated Organisation
Registered Charity in England & Wales (no. 1163160)

Financial accounts

for the year

1st May 2020

—

30th April 2021

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2021
£s

EXECUTIVE SUMMARY

Receipts

Income was £55,959 higher than the previous year — at £142,803. Grants made up c.13% of total income, amounting to £18,834. This represents a significant decrease on last year (when grants made up almost half of income). However, several large donations were made to the Foodbank over the course of the year: many donations of £1,000 or more were received and the use of the Paypal and Facebook giving funds contributed over £23,000 to income. 40% of income was driven by donations under £1,000.

Payments

Expenditure also increased against the previous year — by £40,252 to £74,979. The main areas of increase were in Rent (up £19,080 from leasing a larger space to accommodate an increased size of operations, including the lease of several containers at an off-site storage facility), salaries (up £6,747 — most due to the employment of a warehouse co-ordinator), Fabric and Equipment (up £5,010 – from fitting-out this larger space with shelving etc.) and Food (up £5,355). Increases to expenditure in these four areas accounted for c.90% of the overall increase in payments. Salaries and Wages accounted for 33% of overall expenditure; Rent and Utility payments for 31%.

Funds

Many of the grants received in the previous financial year were restricted to a specific purpose; below is a summary of how these funds have been used over the past year:

Restricted funds	*2021*	*2020*
Project manager salary fund	0	10,555
Kitchenette fund	610	610
Clothing fund	57	277
Shed fund	1,140	5,500
Food fund	1,125	0

Additionally, three restricted funds were set-up and depleted fully within the current financial year (Warehouse co-ordinator fund: £3,868.80; Storage fund: £3,840.62).

Unrestricted funds	*2021*	*2020*
Reserves	25,000	25,000
General fund	112,070	30,237

Within the unrestricted fund, an amount of £25,000 is held in reserve, in accordance with the Reserve Policy. In total £137,070 was held in unrestricted funds at the close of the financial year; £2,932 was held in restricted funds.

Matthew Belcher, FIA
Treasurer

SOUTHEND FOODBANK CIO
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2021
£s

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts				
Grants	10,000	8,834	18,834	39,686
Donations	121,967	-	121,967	39,831
Supermarket top-up	1,993	-	1,993	7,224
Gift Aid	-	-	-	-
Other income	8	-	8	104
***Sub total** (Gross income for AR)*	133,968	8,834	142,803	86,844
Total receipts	133,968	8,834	142,803	86,844
A3 Payments				
Salaries & Wages	11,451	14,424	25,875	19,127
Fabric & Equipment	5,414	4,580	9,995	4,984
Food	7,018	-	7,018	1,663
Mobile Phones	291	-	291	360
Stationery	305	-	305	392
Administration & Fees	777	-	777	1,006
Insurance	2,220	-	2,220	638
Rent & Utility Payments	20,040	3,841	23,880	4,800
Training	222	-	222	-
Publicity & Fundraising	603	-	603	997
Misc Other	3,794	-	3,794	761
Sub total	52,135	22,845	74,979	34,727
Total payments	52,135	22,845	74,979	34,727
Net of receipts/(payments)	81,834	- 14,010	67,823	52,117
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	55,237	16,942	72,179	20,062
Cash funds this year end	137,070	2,932	140,002	72,179

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Total funds to nearest £
B1 Cash funds	Lloyds Treasurer's Account	118,639	2,974	121,613
	Paypal	17,742	- 42	17,700
	Cash in hand	690	-	690
	Total cash funds	137,070	2,932	140,002
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	Current		-
	Long-term loans		-

NOTES TO THE ACCOUNTS

1. **Basis of accounts**: these accounts have been prepared on a 'receipts and payments' basis and accord with Sections 132-166, Charities Act (CA 2011) for an E&W CIO

2. **Approval of accounts**: these accounts meet the threshold at which an independent examination is required in addition to approval by the Trustees.

3. **Guarantees and disclosures**: the trustees confirm, in accordance with Charitable Incorporated Organisation (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statement relating to the year ending 30 April 2021 are as approved by the Trustees.

Date: 24/2/22 **Signed:** **(Chair)** ANDREW GOODLIFF

Date: 24/02/2022 **Signed:** **(Treasurer)** MATTHEW BELCHER

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: SOUTHEND FOODBANK CIO

On accounts for the year ended 30 APRIL 2021

Charity no (if any) 1163160

Set out on pages 2-4 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable.*~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination ~~(other than that disclosed below *)~~ which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: MRPool **Date:** 24/02/2022

Name: MELVIN POOL

Relevant professional qualification(s) or body ACMA, CGMA

(if any):	
Address:	107 LONSDALE ROAD
	SOUTHEND-ON-SEA
	ESSEX SS2 4LP

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.