

# ORWELL PANTHERS ATHLETICS CLUB

England & Wales · Charity number 1163145

## Details

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Other names	ORWELL PANTHERS AC
Status	Registered
Legal form	CIO
Registered	2015-08-14
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Northgate Sports Centre Sidegate Lane West Ipswich IP4 3DJ
Phone	01473272941
Email	<a href="mailto:orwellpanthersac@gmail.com">orwellpanthersac@gmail.com</a>
Website	<a href="http://www.orwellpanthers.co.uk">http://www.orwellpanthers.co.uk</a>

## Activities

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**Objects:** THE OBJECT OF THE ORWELL PANTHERS ATHLETIC CLUB IS TO IMPROVE THE QUALITY OF LIFE OF PEOPLE WITH PHYSICAL, VISUAL, AURAL AND LEARNING DISABILITIES IN IPSWICH AND SUFFOLK THROUGH THE MEDIUM OF RECREATIONAL AND COMPETITIVE SPORT BY ENCOURAGING AND FACILITATING THEIR PARTICIPATION IN ATHLETICS AND ASSISTING IN THE PROVISION OF TRAINING FACILITIES AND EQUIPMENT FOR THIS PURPOSE.

**Activities:** Fully inclusive disability athletics club. Clubmark registered & affiliated to the UKA, the club offers training twice a week in Ipswich for track, field & wheelchair athletes who compete at county, regional & national level. Many athletes are part of the Special Olympics program. For 8 yrs & up .Includes young people & adults with learning disabilities, physical and sensory disabilities.

## Classification

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- **How:** Provides Services
- **What:** Disability, Amateur Sport
- **Who:** People With Disabilities

## Geography

- Suffolk

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£3,012	£9,111	-	-
2023-09-30	£10,950	£3,494	-	-
2022-09-30	£7,256	£7,256	-	-
2021-09-30	£10,275	£2,514	-	-
2020-09-30	£6,950	£5,056	-	-

## Trustees

Name	Role	Appointed
MITZI CECILIA READ	Chair	2018-11-07
ANITA CAROLYN ABBOTT		2018-11-07
Andrew Hunt		2019-11-06
COLIN ARTHUR HINDLE		2018-11-07
Emily Robinson		2022-11-02
Ian Ling		2018-11-07
JENNIFER LAU		2018-11-07
Jane Hunt		2018-11-07
Laura Crawford		2021-10-20
MARGARET NICHOLLS		2018-11-07
PAUL RICHARD DAVIS		2018-11-07
Samantha Brown		2023-11-01

**ORWELL PANTHERS ATHLETICS CLUB**

England & Wales - Charity number 1163145

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# Accounts

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## Orwell Panthers Finance 2023/2024

30th September 2024

Income	2023/24	2022/23	Expenditure	2023/24	2022/23
Donations	154.05	8243.99	Track/hall hire	2511.50	2286.83
Grants	0.00	0.00	Clothing	0.00	0.00
Subscriptions	1409.10	1652.00	Administration	335.88	233.88
Membership	1102.00	948.00	Coaching/CRB	0.00	0.00
Travel	55.00	0.00	Insurance	0.00	0.00
Clothing	0.00	0.00	Prizes	180.00	100.00
Interest	207.61	91.30	Travel	0.00	420.00
Fund raising	0.00	15.07	Advertising	0.00	178.00
Event Fees	85.00	0.00	Assets Under Construction	5382.00	0.00
Coaching & CRB checks	0.00	0.00	Donation	0.00	0.00
Other (Awards)	0.00	0.00	Affiliation and entry Fees	595.00	170.00
Wheelchair Fund	0.00	0.00	Wheelchair Purchase	0.00	0.00
Panther Challenge	0.00	0.00	Panther Challenge	0.00	0.00
Bank Charges	0.00	0.00	Bank Charges	78.31	81.42
DSE	0.00	0.00	DSE	28.55	0.00
Excess Expenditure	6098.48	0.00	Membership refunds	0.00	24.20
Totals	<u>9111.24</u>	<u>10950.36</u>	Excess Income	0.00	7456.03
				<u>9111.24</u>	<u>10950.36</u>
Opening Bank Balance			Cash in Bank	35911.32	
Liabilities	42212.00		O/s cheques (expenditure)	155.88	
Cash at start	358.09		O/s cheques (income)	0.00	
	0.00		sub total	35755.44	
Excess Income/Expenditure	-6098.48		Cash in hand	0.00	
Transferred to Asset Under construction			Asset under construction	5382.00	
Closing balance	<u>41137.43</u>			<u>41137.44</u>	

ORWELL PANTHERS AC

BALANCE SHEET  
30th September 2024

ASSETS

	2022/23
Assets Under Construction - Club Shed	5382.00
Balances at Bank	35911.32
Cash in hand	0.00
Total	41293.32
Less liabilities	155.88
Totals	<u>41137.44</u>

ACCUMULATED FUNDS


General Funds	
Balance as at 1st October 2022	34397.89
Surplus/Deficit for Year	7456.03
	<u>41137.44</u>

The above assets are represented by a General Fund of  
Friends of Orwell Panther Fund  
Special Olympics Fund  
and a contingency fund of  
Total

27719.25
3570.01
4290.18
5558.00
<u>41137.44</u>

Signed on behalf of management committee

Treasurer  .....

 .....

13-11-24

**ORWELL PANTHERS ATHLETICS CLUB**

England & Wales - Charity number 1163145

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# Accounts

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Orwell Panthers Athletics Club  
CHAIR AGM REPORT 2023

Welcome everyone to this year's Orwell Panthers Athletics Club Annual General Meeting.

I cannot believe it was twenty years ago that Orwell Panthers Athletics Club was formed and what a long way our club has come from just one athlete. Our membership has grown and continues to grow and the club is going from strength to strength.

Although there have only been two competitions this year, Bury St. Edmunds, which we hosted and I would like to thank everyone who helped to make the day fantastic and all the other teams who attended all want to come again next year, plus Norwich which was hosted by Norfolk Special Olympics. At both these events everyone who attended came away with medals and personal bests. With the SOGB National games planned to be held in 2026, hopefully there will be more competitions for our athletes to attend.

A lot has been going on behind the scenes and we hope next year to launch our new logo, chosen by the members, and a new range of kit with the club's new logo on. I would like to thank Jenny for sorting out the logo and Ann sourcing our new kit.

This time last year we were all very unsure where we would be training next year, thankfully Northgate has remained open so training on the track could continue. Margaret has managed to obtain the large hall for our winter training; this will enable coaches to plan an indoor programme with more variation.

I would like to give a big thankyou to all our coaches, athletes, parents, carers and volunteers who have helped and the club would not be where it is today without all of you.

Finally, Michael and Paul will be launching our new web site at the end of the meeting, please everyone do have a look. Thank you to you both for producing the new web site after our original web site was accidentally erased by our web host, so you had to start from scratch.

Mitzi Read  
Chair

**ORWELL PANTHERS AC**

**BALANCE SHEET**

**30th September 2023**

**ASSETS**

2021/22

Balances at Bank	42212.01	34397.89
Cash in hand	0.00	0.00
Total	42212.01	34397.89
Less liabilities	358.09	0.00
Totals	<u>41853.92</u>	<u>34397.89</u>

**ACCUMULATED FUNDS**

General Funds		
Balance as at 1st October 2022	34397.89	33968.01
Surplus/Deficit for Year	7456.03	429.88
	<u>41853.92</u>	<u>34397.89</u>

The above assets are represented by a General Fund of	26362.43
Friends of Orwell Panther Fund	3570.01
Special Olympics Fund	4290.18
and a contingency fund of	7631.30
Total	<u>41853.92</u>

Signed on behalf of management committee

Treasurer

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## Orwell Panthers Finance 2022/2023

30th September 2023

Income	2022/23	2021/22	Expenditure	2022/23	2021/22
Donations	8243.99	3020.07	Track/hall hire	2286.83	3091.00
Grants	0.00	2021	Clothing	0.00	0.00
Subscriptions	1652.00	712.1	Administration	233.88	0.00
Membership	948.00	1498	Coaching/CRB	0.00	198.00
Travel	0.00	0	Insurance	0.00	0.00
Clothing	0.00	0	Prizes	100.00	0.00
Interest	91.30	4.88	Travel	420.00	0.00
Fund raising	15.07	0	Advertising	178.00	0.00
Event Fees	0.00	0	Equipment	0.00	3461.75
Coaching & CRB checks	0.00	0	Donation	0.00	0.00
Other (Awards)	0.00	0	Affiliation and entry Fees	170.00	20.00
Wheelchair Fund	0.00	0	Wheelchair Purchase	0.00	0.00
Panther Challenge	0.00	0	Panther Challenge	0.00	0.00
Bank Charges	0.00	0	Bank Charges	81.42	55.42
DSE	0.00	0	DSE	0.00	0.00
			Membership refunds	24.20	0.00
Excess Expenditure	0.00	0	Excess Income	7456.03	429.88
Totals	<u>10950.36</u>	<u>7256.05</u>		<u>10950.36</u>	<u>7256.05</u>
Opening Bank Balance	34397.89		Cash in Bank	42212.01	
Liabilities	0.00		O/s cheques (expenditure)	358.09	
Cash at start	0.00		O/s cheques (income)	0.00	
			sub total	41853.92	
Excess Income/Expenditure	7456.03		Cash in hand	0.00	
Closing balance	<u>41853.92</u>			<u>41853.92</u>	

**ORWELL PANTHERS ATHLETICS CLUB**

England & Wales - Charity number 1163145

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# Accounts

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## ORWELL PANTHERS ATHLETIC CLUB 2022 AGM CHAIR REPORT

Welcome everyone to this year's Orwell Panthers Annual General Meeting.

It was a year ago that we were able to re-open up our club to new members and since then the membership has continued to grow. It is a big thankyou to all our athletes, coaches, parents and carers that we, as a club, are flourishing in these still uncertain times.

We have not had many competitions for our athletes to compete in, but all those we attended, everyone came away with personal bests. Hopefully next year, there will be more competitions for us to attend.

Again, we find ourselves not sure what the future will hold, this is due to the Northgate track and facilities, on the 31<sup>st</sup> March 2023, being taken over by Suffolk County Council and Northgate School.

On a positive note, we as a group, have always pulled together and whether training will continue at Northgate or we have to relocate to another location, we will continue as a club to grow.

I am personally looking forward to next year when we will be celebrating our 20<sup>th</sup> anniversary.

## COACHING REPORT 2021- 2022

What makes a club?

People – leaders, participants, supporters: teamwork, commitment, enthusiasm.

Well, I think we have it all!!!

Our **leaders** – coaches. Thanks to them all for supporting over the last year:

Mitzi, Ian, Jean, Bill, Yvonne, Isaac, Paul, Matt, Hughie, Chris and Ash.

It has been hard to keep everything going with illness, injuries and weather, but I have enormous respect for you all. Thank you.

Our **participants** – athletes. Thank you for turning up and putting lots of effort into each session. Many of you have come even though getting over injury or illness – showing amazing commitment. Thank you.

Our **supporters** – parents and carers. Thank you for bringing your youngsters (well, they are all young to me!!!) and being supportive of what we try to do.

Please continue to offer help in any way you can – we really do appreciate it.

Margaret Nicholls

ORWELL PANTHERS AC

BALANCE SHEET  
30th September 2022

ASSETS

	2020/21
Balances at Bank	34397.89
Cash in hand	0.00
Total	34397.89
Less liabilities	0.00
Totals	<u><u>34397.89</u></u>
	<u><u>33968.01</u></u>

ACCUMULATED FUNDS

General Funds	
Balance as at 1st October 2021	33968.01
Surplus/Deficit for Year	429.88
	<u><u>34397.89</u></u>
	<u><u>33968.01</u></u>

The above assets are represented by a General Fund of  
and a contingency fund of  
Total

Signed on behalf of management committee



Treasurer



ORWELL PANTHERS AC

BALANCE SHEET

30th September 2022

ASSETS

	2020/21
Balances at Bank	34397.89
Cash in hand	0.00
Total	34397.89
Less liabilities	0.00
Totals	<u>34397.89</u>
	<u>33968.01</u>

ACCUMULATED FUNDS

General Funds	
Balance as at 1st October 2021	33968.01
Surplus/Deficit for Year	429.88
	<u>34397.89</u>
	<u>33968.01</u>

The above assets are represented by a General Fund of  
and a contingency fund of  
Total

Signed on behalf of management committee

  
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Treasurer

  
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## Orwell Panthers Finance 2021/2022

30th September 2022

Income	2021/22	2020/21	Expenditure	2021/22	2020/21
Donations	3020.07	8779.81	Track/hall hire	3091.00	1192.00
Grants	2021.00	0	Clothing	0.00	0.00
Subscriptions	712.10	590	Administration	0.00	0.00
Membership	1498.00	865	Coaching/CRB	198.00	540.00
Travel	0.00	0	Insurance	0.00	150.00
Clothing	0.00	0	Prizes	0.00	0.00
Interest	4.88	0.76	Travel	0.00	0.00
Fund raising	0.00	40	Advertising	0.00	178.00
Event Fees	0.00	0	Equipment	3461.75	434.35
Coaching & CRB checks	0.00	0	Donation	0.00	0.00
Other (Awards)	0.00	0	Affiliation and entry Fees	20.00	20.00
Wheelchair Fund	0.00	0	Wheelchair Purchase	0.00	0.00
Panther Challenge	0.00	0	Panther Challenge	0.00	0.00
Bank Charges	0.00	0	Bank Charges	55.42	0.00
DSE	0.00	0	DSE	0.00	0.00
Excess Expenditure	0.00	0	Membership refunds	0.00	0.00
Totals	<u>7256.05</u>	<u>10275.57</u>	Excess Income	429.88	7761.22
				<u>7256.05</u>	<u>10275.57</u>
Opening Bank Balance	33968.01		Cash in Bank	34397.89	
Liabilities	0.00		O/s cheques (expenditure)	0.00	
Cash at start	0.00		O/s cheques (income)	0.00	
Excess Income/Expenditure	429.88		sub total	34397.89	
Closing balance	<u>34397.89</u>		Cash in hand	0.00	
				<u>34397.89</u>	

## Orwell Panthers Finance 2021/2022

30th September 2022

Income	2021/22	2020/21	Expenditure	2021/22	2020/21
Donations	3020.07	8779.81	Track/hall hire	3091.00	1192.00
Grants	2021.00	0	Clothing	0.00	0.00
Subscriptions	712.10	590	Administration	0.00	0.00
Membership	1498.00	865	Coaching/CRB	198.00	540.00
Travel	0.00	0	Insurance	0.00	150.00
Clothing	0.00	0	Prizes	0.00	0.00
Interest	4.88	0.76	Travel	0.00	0.00
Fund raising	0.00	40	Advertising	0.00	178.00
Event Fees	0.00	0	Equipment	3461.75	434.35
Coaching & CRB checks	0.00	0	Donation	0.00	0.00
Other (Awards)	0.00	0	Affiliation and entry Fees	20.00	20.00
Wheelchair Fund	0.00	0	Wheelchair Purchase	0.00	0.00
Panther Challenge	0.00	0	Panther Challenge	0.00	0.00
Bank Charges	0.00	0	Bank Charges	55.42	0.00
DSE	0.00	0	DSE	0.00	0.00
Excess Expenditure	0.00	0	Membership refunds	0.00	0.00
Totals	<u>7256.05</u>	<u>10275.57</u>	Excess Income	429.88	7761.22
Opening Bank Balance	33968.01			<u>7256.05</u>	<u>10275.57</u>
Liabilities	0.00		Cash in Bank	34397.89	
Cash at start	0.00		O/s cheques (expenditure)	0.00	
Excess Income/Expenditure	429.88		O/s cheques (income)	0.00	
Closing balance	<u>34397.89</u>		sub total	34397.89	
			Cash in hand	0.00	
				<u>34397.89</u>	

**ORWELL PANTHERS ATHLETICS CLUB**

England & Wales - Charity number 1163145

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# Accounts

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## **ORWELL PANTHERS ATHLETIC CLUB 2019 - 2021 AGM CHAIR REPORT**

Well what can I say; we have not had the most usual time since we held our last AGM on the 6<sup>th</sup> of November 2019.

It all started well, training going from strength to strength, looking forward to competitions, then lockdown came and everything stopped on the 24<sup>th</sup> March 2020.

As a group we kept in contact via WhatsApp, Zoom and Facebook; I must thank Colin, all the coaches, parents and athletes for their individual contributions. Also a big thankyou to Yvonne and Isaac who presented an online exercise programme, which I have heard everyone enjoyed. We did start training again for a few weeks between lockdowns, which started initially at Whitton then moved to Northgate, but unfortunately this did not last.

Training started again on the 31<sup>st</sup> of March 2021, with of course several restrictions, but as a club we have weathered through these restrictions and our athletes are again back training regularly, their fitness and technique improving every week and most important of all the coaches, athletes, parents and carers are all enjoying being back.

I am pleased to report that in September this year, we opened up the club to new members for the first time since March 2019. We have already had several new members join us and the club continues to grow and is going from strength to strength.

On a positive note we are looking forward to the remainder of 2021 and on into 2022, where we hope some competitions will be held for our athletes to attend. We have heard that SOGB (Special Olympics Great Britain) are hoping to hold a scaled down National Games next year (2022), where several of our athletes are hoping to be able to attend. Usually there are qualifying events beforehand, so there is a lot for us to look forward to. We also hope to hold an event on the Cornhill in the Spring of 2022, to showcase our club.

Once again a big thankyou to everyone, coaches, athletes, carers, parents and volunteers who have helped the club through this and the club would not be where it is today without you all.



## COACHING REPORT 2020 – 2021

Can I start by thanking all the coaches who have rallied around over this year with stops and starts, changing groups depending on Covid rules and attendance. Also a big thankyou from myself whilst having my knee replacement.

Can I next thank the parents for continuing to support us when things don't go how we want it to with the weather and stoppages.

Can I lastly thank the important people, the athletes, who have turned up and worked with determination, enthusiasm and fun.

I was amazed with the improvement that I saw after my 4 months isolation and recovery – the discipline you all showed when listening to instructions, the safety you adhere to in the stadium and the development in your skills.

We have booked the inside hall from 6.00pm to 7.00pm as well as the track area from 6.30 to 7.30 for the winter to accommodate those needing more skill based and those who are strongest and needing the track and throws work – but also so we will not have to cancel if the weather is bad.

Please continue to look on facebook or website for dates of the term or for cancellation due to Northgate closing centre.

**We will NOT be training on December 22<sup>nd</sup> or 29<sup>th</sup>.**

We are now open to new athletes – but please ask any to send on the website so that we have a chance to know their circumstances or let Mitzi or I know.

We must remember we are an athletics club and need parents/carers to be around to help with equipment, subs, letters etc.

Again, many thanks for those parents who do not have chance to refuse our requests – always willing to help!!!

Please remember none of us here are paid – so it is a joint effort.

Margaret Nicholls





# ORWELL PANTHERS A C

Affiliated to UKA, England Athletics, SCAA

[www.orwellpanthers.co.uk](http://www.orwellpanthers.co.uk)

Charity No: 1163145

## ORWELL PANTHERS ANNUAL GENERAL MEETING Wednesday 6 November 2019 at Northgate Sports Centre

The meeting opened at 6.20pm

**Present:** Clare Allison, Cathy Brooks, Andrew Brooks, Ann Brown, Ben Brown, Sean Brown, Sam Brown, Tony Cheatham, Hamish Crawford, James Crawford, Laura Crawford, Paul Davis, Luke Di Benga, Allison Ford, Rhys Ford, Matt Foulger, Nicole Foulger, Colin Hindle, Jane Hunt, Sandy Hunt, Issac Holmes, Yvonne Holmes, Jenny Lau, Jenny Leslie, Montel Leslie, David Lewin, Ian Ling, Chris Lynch, Lynn Lynch, Jenny Lynch, Ollie Minns, Paul Mitchell, Doreen Mitchell, Ann Negus, Margaret Nicholls, Hugh Raffety, Mitzi Read,

1. **Apologies for Absence** – Anita Abbott, Paul Carlton, Nicky Carlton, Ollie Carlton, Bill Cox, Jean Cox, Gavin Hamilton, Mike Oakley, Katherine Tremayne, Justin Read, Andrew Squirrel, Holly Waters, Rachel Waters.

2. **Adopt Minutes of AGM 2018** – The minutes of the 2018 Annual General Meeting were adopted and signed (proposed by Cathy Brooks, seconded Mathew Foulger).

**Adopt Minutes of EGM 2018** - The minutes of the 2018 EGM were adopted and signed (proposed by Doreen Mitchell, seconded Rhys Ford).

3. **Receive and adopt Chairman's Report** - (attached) was read and adopted (proposed by Ian Ling, seconded Alfie Glanville).

4. **Receive and adopt Coaching Secretary's Report** – (attached) was read and adopted (proposed by Ann Negus, seconded James Crawford).

4. **Receive and adopt a financial statement and independently examined accounts** – (attached) was read and adopted (proposed by Rhys Ford, seconded Ben Brown).

6. **Vote on 2019 level of subscription** – it was proposed that the level of subscriptions be increased as follows:

	2019	2020
Annual Full Membership	55.00	56.00
Associate Membership	7.00	8.00
1 <sup>st</sup> child	55.00	56.00
2 <sup>nd</sup> child	50.00	51.00
3 <sup>rd</sup> or subsequent	45.00	46.00
2 <sup>nd</sup> claim membership	7.00	8.00
Weekly Subscription	2.00	3.00

The changes were agreed unanimously by all present.

### **7. Election of Officers and Committee members for the forthcoming year**

President (ex-officio)	<b>Ann Negus</b>
Vice Presidents	<b>Mike Oakley, Tony Cheatham</b>
Chairperson	<b>Mitzi Read</b>
Vice Chairperson	<b>Sam Brown</b>
Honorary Secretary	<b>Anita Abbott</b>
Honorary Treasurer	<b>Andrew Hunt</b>
Membership Secretary	<b>Ann Negus</b>
Coaching Secretary	<b>Margaret Nicholls</b>
Publicity Officer	<b>Paul Davis</b>
Minutes Secretary (ex-officio)	<b>Anita Abbott</b>
Child Protection Officer (male)	James Crawford
Child Protection Officer (female)	Sam Doubledee

### **Committee Members**

Colin Hindle  
Yvonne Holmes  
Ann Brown  
Jenny Lau  
Ian Ling  
Jane Hunt

The Committee and Trustees were appointed on mass - proposed by Doreen Mitchell and seconded by Lynn Lynch)

Meeting closed 6:45pm



M. READ

CHAIR

# Orwell Panthers Finance 2020/2021

30th September 2021

	2020/21	2019/20	Expenditure	2020/21	2019/20
Income					
Donations	8779.81	460	Track/hall hire	1192.00	416
Grants	0.00	2765	Clothing	0.00	0
Subscriptions	590.00	1105.5	Administration	0.00	598
Membership	865.00	1539	Coaching/CRB	540.00	470
Travel	0.00	0	Insurance	150.00	0
Clothing	0.00	60	Prizes	0.00	64
Interest	0.76	10.28	Travel	0.00	0
Fund raising	40.00	1011.07	Advertising	178.00	0
Event Fees	0.00	0	Equipment	434.35	346
Coaching & CRB checks	0.00	0	Donation	0.00	0
Other (Awards)	0.00	0	Affiliation and entry Fees	20.00	0
Wheelchair Fund	0.00	0	Wheelchair Purchase	0.00	0
Panther Challenge	0.00	0	Panther Challenge	0.00	0
DSE	0.00	0	DSE	0.00	0
			Membership refunds	0.00	0
Excess Expenditure	0.00	0	Excess Income	7761.22	5056.51
Totals	<u>10275.57</u>	<u>6950.85</u>		<u>10275.57</u>	<u>6950.85</u>
Opening Bank Balance	26206.79		Cash in Bank	33968.01	
Liabilities	0.00		O/s cheques (expenditure)	0.00	
Cash at start	0.00		O/s cheques (income)	0.00	
			sub total	33968.01	
Excess Income/Expenditure	7761.22		Cash in hand	0.00	
Closing balance	<u>33968.01</u>			<u>33968.01</u>	0.00

ORWELL PANTHERS AC

BALANCE SHEET

29th September 2021

ASSETS

	2019/2020
Balances at Bank	33968.01
Cash in hand	0.00
Total	33968.01
Less liabilities	0.00
Totals	<u><u>26206.79</u></u>

ACCUMULATED FUNDS

General Funds	
Balance as at 1st October 2019	21150.28
Surplus/Deficit for Year	5056.51
Totals	<u><u>26206.79</u></u>

The above assets are represented by a General Fund of  
and a contingency fund of  
Total

26336.71
7631.30
<u><u>33968.01</u></u>

Signed on behalf of management committee

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CHAIR

Treasurer

  
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**ORWELL PANTHERS ATHLETICS CLUB**

England & Wales - Charity number 1163145

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# Accounts

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## **ORWELL PANTHERS ATHLETIC CLUB 2019 - 2021 AGM CHAIR REPORT**

Well what can I say; we have not had the most usual time since we held our last AGM on the 6<sup>th</sup> of November 2019.

It all started well, training going from strength to strength, looking forward to competitions, then lockdown came and everything stopped on the 24<sup>th</sup> March 2020.

As a group we kept in contact via WhatsApp, Zoom and Facebook; I must thank Colin, all the coaches, parents and athletes for their individual contributions. Also a big thankyou to Yvonne and Isaac who presented an online exercise programme, which I have heard everyone enjoyed. We did start training again for a few weeks between lockdowns, which started initially at Whitton then moved to Northgate, but unfortunately this did not last.

Training started again on the 31<sup>st</sup> of March 2021, with of course several restrictions, but as a club we have weathered through these restrictions and our athletes are again back training regularly, their fitness and technique improving every week and most important of all the coaches, athletes, parents and carers are all enjoying being back.

I am pleased to report that in September this year, we opened up the club to new members for the first time since March 2019. We have already had several new members join us and the club continues to grow and is going from strength to strength.

On a positive note we are looking forward to the remainder of 2021 and on into 2022, where we hope some competitions will be held for our athletes to attend. We have heard that SOGB (Special Olympics Great Britain) are hoping to hold a scaled down National Games next year (2022), where several of our athletes are hoping to be able to attend. Usually there are qualifying events beforehand, so there is a lot for us to look forward to. We also hope to hold an event on the Cornhill in the Spring of 2022, to showcase our club.

Once again a big thankyou to everyone, coaches, athletes, carers, parents and volunteers who have helped the club through this and the club would not be where it is today without you all.



## COACHING REPORT 2020 – 2021

Can I start by thanking all the coaches who have rallied around over this year with stops and starts, changing groups depending on Covid rules and attendance. Also a big thankyou from myself whilst having my knee replacement.

Can I next thank the parents for continuing to support us when things don't go how we want it to with the weather and stoppages.

Can I lastly thank the important people, the athletes, who have turned up and worked with determination, enthusiasm and fun.

I was amazed with the improvement that I saw after my 4 months isolation and recovery – the discipline you all showed when listening to instructions, the safety you adhere to in the stadium and the development in your skills.

We have booked the inside hall from 6.00pm to 7.00pm as well as the track area from 6.30 to 7.30 for the winter to accommodate those needing more skill based and those who are strongest and needing the track and throws work – but also so we will not have to cancel if the weather is bad.

Please continue to look on facebook or website for dates of the term or for cancellation due to Northgate closing centre.

**We will NOT be training on December 22<sup>nd</sup> or 29<sup>th</sup>.**

We are now open to new athletes – but please ask any to send on the website so that we have a chance to know their circumstances or let Mitzi or I know.

We must remember we are an athletics club and need parents/carers to be around to help with equipment, subs, letters etc.

Again, many thanks for those parents who do not have chance to refuse our requests – always willing to help!!!

Please remember none of us here are paid – so it is a joint effort.

Margaret Nicholls





# ORWELL PANTHERS A C

Affiliated to UKA, England Athletics, SCAA

[www.orwellpanthers.co.uk](http://www.orwellpanthers.co.uk)

Charity No: 1163145

## ORWELL PANTHERS ANNUAL GENERAL MEETING Wednesday 6 November 2019 at Northgate Sports Centre

The meeting opened at 6.20pm

**Present:** Clare Allison, Cathy Brooks, Andrew Brooks, Ann Brown, Ben Brown, Sean Brown, Sam Brown, Tony Cheatham, Hamish Crawford, James Crawford, Laura Crawford, Paul Davis, Luke Di Benga, Allison Ford, Rhys Ford, Matt Foulger, Nicole Foulger, Colin Hindle, Jane Hunt, Sandy Hunt, Issac Holmes, Yvonne Holmes, Jenny Lau, Jenny Leslie, Montel Leslie, David Lewin, Ian Ling, Chris Lynch, Lynn Lynch, Jenny Lynch, Ollie Minns, Paul Mitchell, Doreen Mitchell, Ann Negus, Margaret Nicholls, Hugh Raffety, Mitzi Read,

1. **Apologies for Absence** – Anita Abbott, Paul Carlton, Nicky Carlton, Ollie Carlton, Bill Cox, Jean Cox, Gavin Hamilton, Mike Oakley, Katherine Tremayne, Justin Read, Andrew Squirrel, Holly Waters, Rachel Waters.

2. **Adopt Minutes of AGM 2018** – The minutes of the 2018 Annual General Meeting were adopted and signed (proposed by Cathy Brooks, seconded Mathew Foulger).

**Adopt Minutes of EGM 2018** - The minutes of the 2018 EGM were adopted and signed (proposed by Doreen Mitchell, seconded Rhys Ford).

3. **Receive and adopt Chairman's Report** - (attached) was read and adopted (proposed by Ian Ling, seconded Alfie Glanville).

4. **Receive and adopt Coaching Secretary's Report** – (attached) was read and adopted (proposed by Ann Negus, seconded James Crawford).

4. **Receive and adopt a financial statement and independently examined accounts** – (attached) was read and adopted (proposed by Rhys Ford, seconded Ben Brown).

6. **Vote on 2019 level of subscription** – it was proposed that the level of subscriptions be increased as follows:

	2019	2020
Annual Full Membership	55.00	56.00
Associate Membership	7.00	8.00
1 <sup>st</sup> child	55.00	56.00
2 <sup>nd</sup> child	50.00	51.00
3 <sup>rd</sup> or subsequent	45.00	46.00
2 <sup>nd</sup> claim membership	7.00	8.00
Weekly Subscription	2.00	3.00

The changes were agreed unanimously by all present.

### **7. Election of Officers and Committee members for the forthcoming year**

President (ex-officio)	<b>Ann Negus</b>
Vice Presidents	<b>Mike Oakley, Tony Cheatham</b>
Chairperson	<b>Mitzi Read</b>
Vice Chairperson	<b>Sam Brown</b>
Honorary Secretary	<b>Anita Abbott</b>
Honorary Treasurer	<b>Andrew Hunt</b>
Membership Secretary	<b>Ann Negus</b>
Coaching Secretary	<b>Margaret Nicholls</b>
Publicity Officer	<b>Paul Davis</b>
Minutes Secretary (ex-officio)	<b>Anita Abbott</b>
Child Protection Officer (male)	James Crawford
Child Protection Officer (female)	Sam Doubledee

### **Committee Members**

Colin Hindle  
Yvonne Holmes  
Ann Brown  
Jenny Lau  
Ian Ling  
Jane Hunt

The Committee and Trustees were appointed on mass - proposed by Doreen Mitchell and seconded by Lynn Lynch)

Meeting closed 6:45pm



M. READ

CHAIR

## Orwell Panthers Finance 2019/2020

Income	2019/20	2018/19	Expenditure	2019/20	2018/19
Donations	460.00	3706.29	Track/hall hire	416.00	1978.00
Grants	2765.00	103	Clothing	0.00	0.00
Subscriptions	1105.50	1158	Administration	597.66	1880.80
Membership	1539.00	1424	Coaching/CRB	470.00	0.00
Travel	0.00	0	Insurance	0.00	0.00
Clothing	60.00	270	Prizes	64.43	0.00
Interest	10.28	14.98	Travel	0.00	450.24
Fund raising	1011.07	0	Advertising	0.00	0.00
Event Fees	0.00	0	Equipment	346.25	1189.92
Coaching & CRB checks	0.00	0	Donation	0.00	0.00
Other (Awards)	0.00	0	Affiliation and entry Fees	0.00	585.00
Wheelchair Fund	0.00	0	Wheelchair Purchase	0.00	0.00
Panther Challenge	0.00	0	Panther Challenge	0.00	0.00
DSE	0.00	396	DSE	0.00	0.00
			Membership refunds	0.00	0.00
Excess Expenditure	0.00	0	Excess Income	5056.51	988.31
<b>Totals</b>	<u>6950.85</u>	<u>7072.27</u>		<u>6950.85</u>	<u>7072.27</u>
Opening Bank Balance	22125.55		Cash in Bank	26206.79	
Liabilities	1126.36		O/s cheques (expenditure)	0.00	
Cash at start	151.09		O/s cheques (income)	0.00	
			sub total	26206.79	
Excess Income/Expenditure	5056.51		Cash in hand	0.00	
<b>Closing balance</b>	<u>26206.79</u>			<u>26206.79</u>	

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BALANCE SHEET  
AS AT 30TH SEPTEMBER 2020

	2019/2020	2018 2019
<u>ASSETS</u>		
Balaces at Bank	26206.79	22125.55
Cash in hand	0.00	151.09
Total	26206.79	22276.64
Less liabilities	0.00	1126.36
Totals	<u>26206.79</u>	<u>21150.28</u>

ACCUMULATED FUNDS

General Funds	
Balance as at 1st October 2019	20161.97
Surplus/Deficit for Year	988.31
	<u>21150.28</u>

The above assets are represented by a General Fund of  
and a contingency fund of  
Total

18575.49  
7631.30  
26206.79

Signed on behalf of management committee

  
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CHAIR

Treasurer

  
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