



Keeping Our Girls Safe

Annual Report and Accounts Ending 2021

Chairs Summary

2020 has been a year of refocus for every organisation in both the public and private sector. The pandemic that swept the globe not only changed the way we interact with each other and how we worked but for the first time in history it forced us all to have a bigger online presence than ever.

Over the past 10 years KOGS had been encouraging young people not to spend so much time online, to exist beyond their online profile, minimise online encounters and instead live in the real life, the year of the pandemic turned this whole narrative upside down and instead KOGS along with many other institutions that interact with young people had no choice but to take things online.

The national lockdowns made it increasingly difficult to engage face to face with our service users, schools closed which inevitably closed the usual channel of referrals into the service. What is not surprising is the new places that KOGS began to receive referrals from and the different challenges that brought with it.

Like everyone up and down the country there came a point where KOGS could no longer deliver face to face group sessions safely but that did not stop us from finding ways to work with our most vulnerable clients and providing an effective and quality service.

A combination of lockdowns, online schooling, and the overall fear of the unknown of the pandemic deeply effected the population and in particular young people. What the pandemic did not stop is the risks that are online; predators taking advantage of young peoples vulnerabilities; the online standard of beauty effecting young peoples confidence. In fact some would argue that the pandemic magnified these issues and the mental wellness impact will be seen for many years to come.

Some of the ways in which KOGS managed to work with clients even during the pandemic are outlined below, albeit a brief list it is testament to the staff and volunteers in their resilience and a real passion for safeguarding young people which made all of the work possible.

Rio Ferdinand Foundation project – Digital Arts project aimed at 14-16 year old young people. Delivered via zoom RFF delivered spoken word sessions over the summer holidays to KOGS girls group. Facilitated by Mayameen Meftahi BME on behalf of KOGS, the girls worked hard to understand the expressive art of spoken word and how to use this medium to channel their voices. See case study for the moving piece created by one of the girls involved.

121 sessions with the most vulnerable – The team worked hard to ensure that those more vulnerable clients still received 121 sessions, these were a mixture of zoom/telephone and where the restrictions permitted face to face.

Parent project – as a result of taking referrals from social care and the MASH KOGS were included in many more meetings relating to the young person that was referred. This proved helpful in 2 ways, firstly to give a more tailored response and know the issues in a greater depth and secondly, to engage much more with parents and families. After seeing parents struggling with their own frustrations the KOGS parent offloading project was born. Over the course of 6 months KOGS worked with over 10 adults highlighting a definite need for this type of project.

Trainee L5 counsellor project – one of the major successes of the year has been offering 5 trainee counsellors placements. This has enabled KOGS to have access to a massive 500 counselling hours. The lack of funding opportunities due to the pandemic of 2020 meant that these voluntary hours were absolutely invaluable in keeping the service running.

Other success and highlights 2020

- Representation on various different boards, steering groups and partnerships including Oldham Domestic Violence Partnership; Complex Safeguarding; representing KOGS on Oldham PREVENT; Action Together VCFP forum; Voluntary Sector Influencing Group; Reducing Reoffending forum; Clinks

To give more depth to the achievements of the 2020-2021 below are a few real life case studies. To protect the identities of the children we have referred to them as girl A, B and C.

Girl A

Girl A was referred by social care due to her having an unhealthy relationship with a boy who had a history of harmful and controlling behaviour and a complex social care client himself. Girl A was 14 and pregnant when she first began working with KOGS. Throughout the lockdowns she had a mixture of face to face and telephone person centred counselling. Due to the complexity and pregnancy we left Girl A open and she accessed many more counselling sessions than KOGS would ordinarily offer – this was made possible by the L5 trainee placement hours. Girl A gave birth to a healthy baby, returned to school (which she was supported through the transition via KOGS) and through attending the CIN meetings we were able to get not only social worker feedback but also feedback from mum and school as to the success of the piece of work.

This case study highlights the importance of being part of the professionals meetings in order to give Girl A the best service tailored to her needs. We were able to feed into the overall plan for Girl A and ensure that parents were supported. The placement hours allowed this work to be long term as the cost burden was minimal.

Final words....

As always I would like to take this opportunity to thank the team, volunteers, peer mentors and supporters for their hard work and dedication to empowering young people and transforming the lives of some of the most vulnerable members of society.

Objectives and Achievements

The objectives are underpinned by our overarching aim to empower young people to make healthy relationship and life choices. The Charitable Objects provide a backdrop against which we operate and allow us to maintain vision and foresight. In our strategic plan the principal aim was to extend

the service in terms of delivery and to ensure sustainability beyond the life of the running projects. The objectives and results are as follows:

Object 1: To advance in life and help young people choose relationships free from exploitation and abuse through the provision of support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Delivery of bespoke 121 sessions with approx. 25 young people

Pilot online programmes and monitor engagement

Object 2: To improve public awareness of CSE and promote support

Representation on various boards, steering groups, forums and partnerships including:

- Oldham DV Partnership
- Action Together VCFP
- Oldham Police PREVENT
- Oldham Phoenix monthly
- Oldham CSE and MFH sub

Object 3: To promote health and wellbeing amongst young people through the provision of information, advice and counselling

Funding secured for 121 sessions and additional therapists taken on board to allow more options when choosing suitable allocations

Design a parent focused offloading service

Build relationship with Manchester College to have a regular intake of L5 trainees with placement hours.

Design a trainee programme for L5 trainees to widen that pool

Public Benefit

In setting the plans and priorities for the year the Trustees of Keeping Our Girls Safe have followed the guidance from the Charities Commission on the provision of public benefit.

The principle planned activities contribute to meeting the objects outlined in the constitution and we have demonstrated how we deliver the overarching aim to empower young people to make healthy relationship and life choices, in the objectives and achievements of 2019.

In delivery of the activities, we monitor and evaluate in order to ensure benefits are realised and lessons learned can help to further develop and shape the service.

We work with all sections of the community and welcome all regardless of faith, sexual orientation, race, disability or socio-economical circumstance.

Finance

Financial Reserves

KOGS maintains a level of financial reserves in order to meet any unforeseen expenditure that may arise from its charitable activities; the Trustees would at all times aim to maximize the resources used for charitable purposes and therefore ensures that the reserve fund is no higher than necessary.

The level of unrestricted funds at the end of 2021 was £ that is funding that was not allocated or aligned to a project.

We aim to hold no less than £200 in free reserves at year end.

Overall Financial health

Through 2020 KOGS successfully secured grants to maintain the delivery of the service. It has been acknowledged that the current climate has required us to think innovatively about finance and seek funding from different places.

The coming year will see some alternative funding options such as fundraising and commissioning being explored, as well as grant applications and funding bids.

Declaration

The Trustees declare that they have approved the report above

Signed on behalf of the charity Trustees

Signature

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Full Name		
Position		
Date		

Structure and Governance

Type of governing document	Constitution (revised) Mar 2014
How is the charity constituted	CIO
Trustee selection methods	Annually appointed / reappointed at AGM
Policies	Child protection Safe recruitment including DBS Equal Opps Volunteers Staff handbook Finance policy Confidentiality – including internet/social media Lone working Complaints and feedback Environmental
Objectives (as per constitution)	Object 1: To advance in life and help young people choose relationships free from exploitation and abuse through the provision of support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals Object 2: To improve public awareness of CSE and promote support Object 3: To promote health and wellbeing amongst young people through the provision of information, advice and counselling
Summary of main activities undertaken for the public benefit in relation to these objects	In setting the plans and priorities for the year the Trustees of KOGS have followed the guidance from the Charities Commission on the provision of public benefit. The principle planned activities contribute to

	meeting the objects outlined in the constitution and we have demonstrated how we deliver the overarching aim to empower young people to make healthy relationship and life choices, in the objectives and achievements. In delivery of the activities, we monitor and evaluate in order to ensure benefits are realised and lessons learned can help to further develop and shape the service. We work with all sections of the community and welcome all regardless of faith, sexual orientation, race, disability or socio-economical circumstance.
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Charity number: 116309

Keeping Our Girls Safe

**UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/03/2021**

Prepared By:
H Accountancy

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2021**

TRUSTEES

REGISTERED OFFICE

CHARITY NUMBER

116309

ACCOUNTANTS

H Accountancy

Trustees

Ms Anne Ryans

Miss Christine Cook

Ms Elaine Mc Lean

Ms Adele Thomson

**ACCOUNTS
FOR THE YEAR ENDED 31/03/2021**

CONTENTS

	Page
Report of the Trustees	3
Independent Examiner's Statement	4
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8 to 11
Detailed Statement of Financial Activities	10

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31/03/2021**

The trustees present their report and accounts for the year ended 31/03/2021

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was to advance in life and help young people choose relationships free from exploitation and abuse through the provision of support and activities which develop their skills, capabilities and to enable them to participate in society as mature and responsible individuals.

**INDEPENDENT EXAMINER'S STATEMENT
FOR THE YEAR ENDED 31/03/2021**

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KEEPING OUR GIRLS SAFE

I report on the accounts of the company for the year ended 31/03/2021.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**INDEPENDENT EXAMINER'S STATEMENT
FOR THE YEAR ENDED 31/03/2021**

INDEPENDENT EXAMINER'S STATEMENT

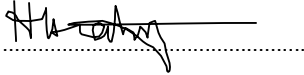
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



Date: 27/01/2021

H Accountancy

Keeping Our Girls Safe

**Statement of Financial Activities
for the year ended 31/03/2021**

	Unrestricted funds	Restricted funds	2021 Total
	£	£	£
Incoming resources			
Incoming resources from generated funds			
Voluntary income	1,595	21,860	23,455
Total incoming resources	1,595	21,860	23,455
Resources expended			
Costs of generating funds			
Charitable activities	-	14,061	14,061
Governance costs	-	10,595	10,595
Total resources expended	-	24,656	24,656
Net incoming resources before transfers	1,595	(2,796)	(1,201)
Net movement in funds:			
Net income for the year	1,595	(2,796)	(1,201)
Total funds brought forward	14,285	2,586	16,871
Net funds carried forward	15,880	(210)	15,670

Keeping Our Girls Safe

BALANCE SHEET AT 31/03/2021

	Notes	2021 £
CURRENT ASSETS		
Cash at bank and in hand		16,320
		<u>16,320</u>
Accruals and deferred income		<u>(650)</u>
NET CURRENT ASSETS		<u>15,670</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>15,670</u>
CAPITAL AND RESERVES		
Unrestricted funds	4	
General fund		15,670
		<u>15,670</u>

For the year ending 31/03/2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board of Trustees on and signed on their behalf by

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Trustee

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/03/2021**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charitable company and are recognized accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

2021

£650

3. LIMITED BY GUARANTEE

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £, to the company should it be wound up. At 31/03/2021 there were members.

4. UNRESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
General fund	16,871	23,455	(24,656)	-	15,670
	16,871	23,455	(24,656)	-	15,670

5. RESTRICTED FUNDS

Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
£	£	£	£	£

Keeping Our Girls Safe

Resources Expended
for the year ended 31/03/2021

2021

£

Resources expended

Costs of generating funds

Charitable Activities

Rent	6,597
Light and heat	567
Website	365
Repairs, postage, and stationery	333
Catering	-
Professional fees	650
Sundry	58
Resources	<u>2,025</u>
	<u>10,595</u>

Governance Costs

Salaries	<u>14,061</u>
	<u>14,061</u>
	<u>24,656</u>