

HUNTS COMMUNITY CANCER NETWORK

England & Wales - Charity number 1163051

Details

Other names HCCN

Status Registered

Legal form CIO

Registered 2015-08-06

Register [View on the Charity Commission register](#)

Contact

Address Hunts Community Cancer Network HCCN
The Station House
Station Road
St Ives
Cambridgeshire
PE27 5BH

Phone 07510 570066

Email info@hccnthecharity.org

Website www.hccnthecharity.org

Activities

Objects: TO PRESERVE AND PROTECT THE HEALTH OF PATIENTS WITH A DIAGNOSIS OF CANCER WHO ARE SUPPORTED BY THE COMMUNITY CANCER NETWORK IN HUNTINGDONSHIRE BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES, SUPPORT SERVICES AND EQUIPMENT NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES. TO ADVANCE THE EDUCATION OF THE PUBLIC IN HEALTH CARE RELATED TO CANCER BY THE PROVISION OF LECTURES, FOR AND BY THE PUBLICATION OF NEWSLETTERS DEVOTED TO CANCER HEALTHCARE.

Activities: Supporting local people who have a diagnosis of cancer through the provision of support in the areas of nutrition emotional well being and exercise. Ensuring the nursing service is al so well equipped to provide the best quality of care to people being supported at home.

Classification

- **How:** Provides Other Finance, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Cambridgeshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£219,156	£189,772	-	-
2024-03-30	£106,397	£129,195	-	-
2023-04-30	£110,719	£114,183	-	-
2022-04-30	£111,224	£79,994	-	-
2021-04-30	£89,877	£37,386	-	-

Trustees

Name	Role	Appointed
JAN DAVIS	Chair	2016-05-01
Diane Smith		2025-03-14
Dominic Weaver		2024-07-12
Dr Gillian Sarah Monsell		2021-05-17
Kiran Kaur-Sohi		2026-05-01
Robert Philip Davis		2026-05-01
Virginia Lynn Melesi		2024-12-20

HUNTS COMMUNITY CANCER NETWORK

England & Wales - Charity number 1163051

Accounts

HCCN Trustees' Annual Report For the period April 2024 to March 2025

Aim and Purposes

Hunts Community Cancer Network (HCCN) comprises of the charity working alongside the Community Cancer Nursing team to provide community-based care for people across Huntingdonshire living with or recovering from cancer. Our purpose is to transform the quality of life of those living with a cancer diagnosis, in the Huntingdonshire area, by providing no cost, regular, evidence-based activities that promote healthy eating, physical exercise and mental well-being: a triad of highly recommended self-care strategies.

We do this by:

- Recruiting and developing the best team of caring, committed and skilled volunteers and contractors. Supporting them and providing them with the resources to do their best.
- Focusing on fundraising – building and maintaining relationships; producing compelling proposals; reporting on plans and progress.
- Collaborating with reputable partners for our mutual benefit and that of the people we support.
- Continuing to provide a caring, safe, supportive and respectful environment for the people we support whilst ensuring HCCN has secure tenure of premises from which to operate.

We also ensure the HCCN nursing service is well equipped to provide the best quality of care to people being supported in the community.

Achievements and Performance 2024/2025

Conferences

Our charitable objectives include advancing the education of the public in healthcare related to cancer by the provision of lectures, which we address through our conferences. Conference management is in the safe hands of Gill Monsell and we held two events during the period.

Our Autumn conference in November 2024 brought together attendees, speakers and supporters for a day full of expert guidance and heartfelt experiences. From CAR-T cell therapy and sarcoma support to aromatherapy and managing head and neck cancers, every session offered something meaningful. With a mix of personal stories, scientific insight and practical takeaways, it was a truly empowering day at Brampton Golf Club. 47 people attended across the day.

Our Spring 2025 Conference brought together HCCN supporters, volunteers, and attendees for a day of connection, learning and encouragement, again at Brampton Park Golf Club. With expert-led talks on fatigue, acupuncture, cancer imaging and more, the programme was filled with practical tools and heartfelt insights to support adults living with or beyond a cancer

diagnosis in Huntingdonshire. The atmosphere in the room was one of warmth, curiosity, and compassion. 55 people attended across the day.

Full reports on both events are available via the HCCN website
<https://www.hccnthecharity.org/conferences/>

Programmes and Activities

The charity funds and delivers a wide range of activities to help people as they seek to regain control of their lives and reduce the impact (physical and emotional) of their cancer. Everything we do is evidence-based with a desire to support people back to independence, whether recovering from or living with cancer.

Emotional wellbeing

We know that the emotional impact of cancer can be long lasting. Our regular drop-in groups provide the opportunity to share a safe place to talk and try new things.

Friday drop-in at Bradbury House - a full day of activities with the support of our team of volunteers. Yoga, Tai Chi, Pilates, and Balance & Strength classes all help the body to move, improving both wellbeing and fitness. Reflexology, Reiki, footcare, beauty and massage provide a range of complementary health benefits. Over the 2024-25 period, 2,633 people were recorded as having signed in at Bradbury House.

Women's Cancer Group - incorporating the *Hollywood or Bust* breast cancer support group, inherited from the Woodlands, Hinchingsbrooke Hospital, meets at Bradbury House every Wednesday evening. Over the 2024-25 period, 697 women were recorded as having signed in.

Men's Group - Although everything offered by HCCN is available to anyone affected by cancer, most activities attract fewer men than women. The men's support group was established in 2019 to provide men with a sociable place to connect with other men coping with cancer or supporting someone with cancer or bereaved through cancer. The men attending the Huntingdon Working Men's Club on Wednesday mornings create an environment welcoming to all men. Over the 2024-25 period, 809 men were recorded as having signed in.

In addition, to provide more locally based community groups, we have launched drop-in morning sessions in St Ives and Sawtry, with the support of the Local Neighbourhood Teams. We plan to extend into St Neots and Ramsey, subject to receiving grant funding, in 2025/26.

Buddy scheme

In November 2023 we won the Health Inequalities Challenge prize of £20,000, ringfenced to develop and launch a Buddy Scheme as a core service, meeting an important personal support gap. We are now able to offer confidential, one-on-one support through weekly phone calls for anyone newly diagnosed, in treatment, or adjusting to life beyond cancer. Our telephone Buddies are volunteers from the HCCN community who understand the challenges

of cancer, offering a listening ear, sharing experiences, and providing emotional support in complete confidence.

Counselling

Counselling remains one of our main and important areas of expenditure, for those requiring in-depth, one to one help and support. As a charity we are able to supply access to counselling very quickly, supporting individuals and their family members at the toughest of times. We continue to refer to a valued team of qualified counsellors for support to adults, couples and families. Over the 2024-25 period, 166 people who had requested counselling received this support free of charge through the charity.

Prehabilitation / Rehabilitation

The clinical evidence for being active before, during and after treatment is clear, compelling and well accepted, but is not implemented by the NHS as part of the care pathway or mandated by NICE. However, getting a person newly diagnosed with cancer, or who is in treatment and may be physically and emotionally at their lowest ebb, to re-engage in being active is a huge challenge.

Working with the team at One Leisure, Huntingdon, we offer exercise classes (*Circuits*) weekly on a Tuesday and Thursday to help prepare for treatment from diagnosis, and after treatment when it is as important to get fit, healthy and feel good in a very supportive atmosphere.

We also offer a range of regular *Yoga* classes across the region – seated, seated/standing and standing – via Zoom and in person. These classes can be used sequentially to rebuild strength or accessed according to capability.

Nutritional advice

Living Well with Cancer focuses on practical ways to rebalance the body for health. We share tried and tested approaches for a better relationship with food and eating, and how this can be supported by moving more and improving mood. By harmonising the way in which one eats, moves and maintains one's mental health, the intention is that the body can achieve the best possible state for coping with cancer treatment and recovery.

Occasional programmes

Patient to Person improves mental health through healthy thinking strategies, aimed at people ready to move on from their cancer treatment but who find themselves emotionally stuck.

Acupuncture

The charity continues to support the HCCN nurses with training and supplies acupuncture needles to provide this valued service to their patients to help with movement and the side effects of cancer treatment.

Financial Review

This year's accounts (April 2024 – March 2025) are shown compared to the prior accounting year which was an 11-month period (May 2023 – March 2024). This is because in the prior year HCCN trustees elected to change the financial year of the charity to align with the fiscal tax year.

Please note it is not possible to make a direct comparison year on year due to the disparity in financial reporting periods. However, the key themes - that income rose significantly and that costs also rose but at a lesser rate - are still apparent. The table below shows this on an average monthly basis to aid comparison:

	Average Monthly Income	TOTAL	Average Monthly Expenditure	TOTAL
2024-25 (12 months)	£18,263	£219,156	£15,814	£189,772
2023-24 (11 months)	£9,672	£106,397	£11,745	£129,195

On an average monthly basis, Income rose by 89%. Donations and fundraising income factored considerably in this increase, reflecting the efforts of the new professional management team.

Further, the charity applied for and was successful in being awarded two substantial grants – a £20,000 Restricted Grant from the National Lottery to fund accommodation rental costs and a £25,000 Unrestricted Grant from the Postcodes Lottery which the charity will use to continue to fund its physical activity sessions.

The increase in expenditure was 35% on an average monthly basis. The higher costs largely reflect greater spend on professional input towards fundraising and operations management, which the trustees feel has been more than repaid by related income growth and the charity's improved ability to expand services as we move into 2025-26.

During the period trustees have monitored the financial health of the charity on a monthly basis to ensure the level of service provided is sustainable. Reserve funds were maintained in line with the charity's policy. The charity is reporting a net surplus of receipts over payments of £29,384 – this is largely attributable to the Grants totalling £45,000 from the Postcodes and National Lottery being received towards the end of the financial year with the intention for them to be primarily spent over the coming year 2025-26. Last year a loss of £22,798 was reported.

Fundraising

An important part of running the charity is going out into the community to talk about HCCN, focusing on raising our profile across the Hunts area, to make sure that everyone who could benefit from the charity and nursing team know we exist, and that we can encourage more people to support us financially.

Our primary fundraising event of the year is the *HCCN Charity Ball*, held this period in September 2024. The evening is the result of everyone at HCCN who works so hard to organise the event over many months and the people joining in for the evening. Nurse Mel Scholes leads this effort, securing amazing support from the whole community, through company sponsorship of tables, casino tables at the event, an auction and raffle, and tickets sales to attend – raising £14,000

HCCN fundraising results 2024/25:

- Afternoon Tea Campaign – HCCN community hosting afternoon teas across Huntingdonshire raised £6,000
- Buckfest – a live music festival held every July in Buckden, St Neots continues to support HCCN as one of their permanent charity partners donated £3,000
- Westfest – a live music village festival held in Hail Weston in August is now an annual event supporting HCCN raising £3,000
- London Big Half Marathon - £2,200
- Delta Hotels Marriott partnership with HCCN Triathlon - £5,600
- Dance Mums Challenge - £2,500
- Cambridge Half Marathon - £12,058

Individual giving and sponsored activities ‘in aid of’ HCCN continue to be a very generous source of much needed funds. Sadly, funeral donations also make up a large percentage of our income.

Grants

A focus on grant applications resulted in receiving:

- Postcode Places Trust - £25k to enable participation in physical activity.
- The National Lottery Community Fund - £20k to fund one year’s rental of Bradbury House.

HCCN Small Grants

HCCN the charity makes one-off grants up to a maximum of £250 funding per quarter to individuals who can show that such a grant will make a significant difference to their lives. The purpose of the grant is to address a personal need that is generated by, or is as a direct consequence of, a cancer diagnosis. In this financial year we granted 4 small grants totalling £772.

Reserves Policy

During 2024-25 the trustees followed a reserves policy requiring that reserves are maintained at a level which ensures that a minimum of one calendar year of the charity’s core activities could continue during a period of unforeseen difficulty. This policy has recently been reviewed to capture in more detail the level and type of risks facing the charity – specifically income variability, unforeseen emergency, and cash flow management risk. Following this review, the charity currently seeks to ensure it has reserves within the range of £175k-£225k.

The calculation of the required level of reserves is reviewed on an ongoing basis as an integral part of the organisation's planning, budget and forecast cycle.

The charity held no designated reserves during 2024-25 but may decide to do so in future to ensure that any excess funds above minimum reserves are spent on delivering strategic objectives in a sustainable manner. A proportion of reserves is maintained in a readily realisable form with the remainder in interest bearing accounts.

Volunteers

HCCN relies on its volunteers: their 'gift of time' makes a significant contribution to the impact that the charity achieves. We are gradually growing our team of regular volunteers and received support from new volunteers both to help us fundraise and to become part of the lead volunteer team. We said goodbye to some volunteers as their own plans changed, though we remain very grateful for their support. We ended the year with 50 active volunteers, excluding the trustees and nurses.

All trustees give their time freely: no remuneration or expenses were paid in the year in relation to their work as trustees. We have a good mix of skills. The trustees take seriously their commitment to our people and their care, and take responsibility for establishing and implementing procedures in this area.

To ensure all our trustees, volunteers and contractors know and understand their responsibilities, HCCN provided access to mandatory training in Safeguarding Adults and GDPR.

Running the charity

The day-to-day running of the charity is delegated to an Operations Team to focus professional effort on service delivery, fundraising and marketing, supported by an administration manager.

Structure, Governance and Management

HCCN the charity operates as a fully constituted membership charity, registered with the Charities Commission, number 1163051.

HCCN's trustees are responsible for setting the strategy for achieving the objectives they have agreed. At trustee meetings the broad strategy and areas of activity for the charity are kept under review, including consideration of risk; policies, procedures and performance; safeguarding; training; diversity; financial decisions and reserves management.

The charity focuses effort on:

- Growing the support we offer to include 10% of the local residents diagnosed with cancer (620 of 10,000 as at end March 2025).

- Reaching a broader audience by delivering weekly community support groups and Get Active classes within the market towns of Huntingdonshire: in St Ives and Sawtry, and extending into St Neots and Ramsey.
- Achieving a sustainable level of fundraising to support an annual turnover in the region of £300k.
- Growing our family of volunteers in activity leader, administration and fundraising roles to 90 (from 25 at 2020).
- Achieve the “Good to Go” Good Governance Mark from the Hunts Forum recognising the charity’s sound management procedures.

2025 marks the 10th anniversary of the founding of the charity. An Impact Report has been produced to capture the stories of how the charity has impacted the lives of so many people affected by cancer.

HCCN Nursing Team

The nursing team has remained stable, with a few administrative changes. Gini Melesi's (founding lead nurse) daughter worked with the team briefly and additionally we now have Gilly supporting Sally in the admin role.

As ever the team looks for ways to improve our service. Fiona and Mel are now acupuncturists, and all trained acupuncturists have had update training on electroacupuncture. Harriett has taken on the management of the clinics and is trialling a few new times and approaches to benefit the nurses and patient care.

At Buckfest we enjoyed a successful day promoting skin cancer prevention, attempting to raise awareness in young men, and are currently in training for a charity triathlon after the 80s ball.

We have spent our money wisely on nonprescribed therapies for patients, and shoe covers to allow us to follow NHS guidelines when visiting patients for clinical treatments, whilst protecting our patients' lovely cream carpets.

As ever we are grateful to be supported by the charity.

Charity administrative information

HCCN’s trustees are:

Jan Davis – re-appointed 4 October 2024 as per the Constitution

Graham Heywood - appointed 14 April 2024

Angela Howells - appointed 13 May 2022

Gini Melesi – appointed 20 December 2024

Gill Monsell - appointed 17 May 2021

Diane Smith – appointed 14 March 2025

Dominic Weaver - appointed 4 October 2024

Sallie Crawley - appointed 31 October 2019; resigned 4 October 2024

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Jan Davis

**Janet Audrey Davis
Deputy Chair of Trustees
August 2025**



CHARITY COMMISSION
FOR ENGLAND AND WALES

Hunts Community Cancer Network 1163051

Receipts and payments accounts

CC16a

For the period from 01/04/2024 To 31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Legacies	83,439	-	-	83,439	44,340
Direct Fundraising	36,172	-	-	36,172	11,297
Fundraising via JustGiving and other platforms	44,612	-	-	44,612	15,423
Grants	25,000	20,000	-	45,000	26,599
E-bay and other web sales	396	-	-	396	2,170
Interest on Deposit Accounts	8,663	-	-	8,663	4,356
NWAFT Reimbursement	-	-	-	-	2,212
Other	874	-	-	874	-
Sub total (Gross income for AR)	199,156	20,000	-	219,156	106,397
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	199,156	20,000	-	219,156	106,397
A3 Payments					
Fundraising - Cost of People, Events, Prizes, Platform Fees	38,211	-	-	38,211	19,610
Conference Costs	1,126	-	-	1,126	817
Delivery of Programme, Groups, Exercise and Wellbeing	81,187	9,329	-	90,516	59,694
Programme Promotion Costs	10,253	1,565	-	11,818	7,133
Programme Rent and Room Hire	30,369	526	-	30,895	28,115
Nurses - Equipment and Training	1,840	-	-	1,840	832
Phones, Printing, Stationery, Software, Website	4,879	390	-	5,269	6,305
Insurance	568	-	-	568	494
Audit, Finance, Secretarial	8,757	-	-	8,757	5,445
Small Grants	772	-	-	772	750
	-	-	-	-	-
Sub total	177,962	11,810	-	189,772	129,195
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	177,962	11,810	-	189,772	129,195
Net of receipts/(payments)	21,194	8,190	-	29,384	- 22,798
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end*	272,290	22,339	-	294,629	317,427
Cash funds this year end	293,484	30,529	-	324,013	294,629

* See Note to Accounts

Hunts Community Cancer Network

Independent Examiner's Report to the trustees of the Hunts Community Cancer Network

I report on the accounts of the charity for the period ended 31 March 2025 which are set out on pages 1 to 2.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



15 Station Road
St Ives
Cambs
PE27 5BH
Date : 29 August 2025

HUNTS COMMUNITY CANCER NETWORK

England & Wales - Charity number 1163051

Accounts

HCCN Trustees' Annual Report For the period May 2023 to March 2024

Aim and Purposes

Hunts Community Cancer Network (HCCN) comprises of the charity working alongside the Community Cancer Nursing team to provide community-based care for people across Huntingdonshire living with or recovering from cancer. Our purpose is to transform the quality of life of those living with a cancer diagnosis, in the Huntingdonshire area, by providing no cost, regular, evidence-based activities that promote healthy eating, physical exercise and mental well-being: a triad of highly recommended self-care strategies.

We do this by:

- Recruiting and developing the best team of caring, committed and skilled volunteers and contractors. Supporting them and providing them with the resources to do their best.
- Focusing on fundraising – building and maintaining relationships; producing compelling proposals; reporting on plans and progress.
- Collaborating with reputable partners for our mutual benefit and that of the people we support.
- Continuing to provide a caring, safe, supportive and respectful environment for the people we support whilst ensuring HCCN has secure tenure of premises from which to operate.

We also ensure the HCCN nursing service is well equipped to provide the best quality of care to people being supported in the community.

Achievements and Performance 2023/2024

The trustees carried out a strategic review in November 2023, confirming the charity's vision as being to enhance the quality of life of adults living with cancer in Huntingdonshire by:

- Providing (no cost) regular, evidence-based activities to promote healthy eating, exercise, physical and mental wellbeing
- Actively supporting the HCCN nursing team
- Collaborating in partnership with other providers across the Hunts area
- Providing information and educational activities to promote living well with cancer

Conferences

Our charitable objectives include advancing the education of the public in healthcare related to cancer by the provision of lectures, which we address through our conferences.

Conference management is in the safe hands of Gill Monsell and we held two events during the period.

In April 2023 we held an open event at Bradbury House for people living with cancer when our contractors and volunteers showcased our range of 'feel good' activities. 10 of our activity leaders presented, covering Pilates, Beauty, Active Lifestyles, Men's Group, Yoga, Living Well, Tai Chi, Reflexology, Women's Group and Line Dancing. More than 50 people attended.

In November 2023 we resumed our usual conference approach. Speakers included:

- Paula Read, specialist nurse at Sue Ryder, St John's hospice, covering lymphoedema
- Zara Ball, NWAFT Lead Cancer Nurse, on Cancer Treatment and Management in Huntingdon and Peterborough hospitals
- Rosie Dean on the development of the Cambridge Cancer Research Hospital
- Cherry May Sanchez, Programme Lead for the CRUK CC NAHP Programme, on Immunotherapy

Around 70 people attended across the day. Full reports on both events are available on the HCCN website.

Programmes and Activities

The charity funds and delivers a wide range of activities that help people as they seek to regain control of their lives and reduce the impact (physical and emotional) of their cancer. Everything we do is underpinned by proven evidence and a desire to support people back to independence, whether recovering from or living with cancer.

Emotional wellbeing

We know that the emotional impact of cancer can be long lasting. Our three drop-in groups provide the opportunity to share a safe place to talk and try new things.

Friday drop-in at Bradbury House - a full day of activities with the support of our team of volunteers. Yoga classes, Tai Chi, Pilates and our new Balance & Strength class that started in March 2023, with funding from the Huntingdonshire District Council, all help the body to move, improving both wellbeing and fitness. Reflexology, Reiki, footcare, beauty and massage provide a range of complementary health benefits.

Women's Cancer Group - incorporating the *Hollywood or Bust* breast cancer support group, inherited from the Woodlands, Hinchingsbrooke Hospital, meets at Bradbury House every Wednesday evening.

Men's Group - Although everything offered by HCCN is available to anyone affected by cancer, most activities attract fewer men than women. The men's support group was established in 2019 to provide men with a sociable place to connect with other men coping with cancer or supporting someone with cancer or bereaved through cancer. The men attending the Huntingdon Working Men's Club on Wednesday mornings create an environment welcoming to all men.

Counselling

Counselling is one of our main and important out-goings, for those requiring in-depth, one to one help and support. As a charity we are able to supply access to counselling very quickly, supporting individuals and their family members at the toughest of times. We continue to refer to a valued team of qualified counsellors for support to adults, couples and children.

Prehabilitation / Rehabilitation

The clinical evidence for being active before, during and after treatment is clear, compelling and well accepted, but is not implemented by the NHS as part of the care pathway or mandated by NICE. However, getting a person newly diagnosed with cancer, or who is in treatment and may be physically and emotionally at their lowest ebb, to re-engage in being active is a huge challenge.

Working with the team at One Leisure, Huntingdon, we offer exercise classes (*Circuits*) weekly on a Tuesday and Thursday to help prepare for treatment from diagnosis, and after treatment when it is as important to get fit, healthy and feel good in a very supportive atmosphere.

We offer a range of regular *Yoga* classes across the region – seated, seated/standing and standing – via Zoom and in person. These classes can be used sequentially to rebuild strength or accessed according to capability.

Nutritional advice

Funding from the Cambridgeshire Community Foundation enabled us to develop our first healthy eating programme, to help the people we support to learn how to achieve a healthier lifestyle while coping with the side-effects of cancer and its treatment. The *Living Well With Cancer Drop-In* focuses on practical ways to rebalance the body for health. We share tried and tested approaches for a better relationship with food and eating, and how this can be supported by moving more and improving mood. By harmonising the way in which one eats, moves and maintains one's mental health, the intention is that the body can achieve the best possible state for coping with cancer treatment and recovery.

Occasional programmes

Patient to Person improves mental health through healthy thinking strategies, aimed at people ready to move on from their cancer treatment but who find themselves emotionally stuck.

Acupuncture

Supporting the HCCN Nurses with training and supplying acupuncture needles to provide this valued service to their patients to help with movement and the side effects of cancer treatment.

Financial Review

HCCN trustees elected to change the financial year of the charity to align with the fiscal tax year. To do this, HMRC was notified that the financial year would run from April 1 to March 31. Therefore, the accounting year reported here comprises 11 months only.

From next year (April 2024 – March 2025) a 12-month year will be reported. Please note it is impossible to make a direct comparison year on year due to the disparity in financial reporting periods.

The table below shows that average funds raised rose slightly whereas costs rose considerably during the year.

	Average Monthly Income	TOTAL	Average Monthly Expenditure	TOTAL
23-24 (11 months)	£9,672	£106,397	£11,745	£129,195
22-23 (12 months)	£9,227	£110,719	£9,515	£114,183

Trustees applied for and were successful in being awarded a number of grants for restricted use as well as winning the Health Inequalities Prize of £20,000.

During the period Trustees have monitored the financial health of the charity on a monthly basis to ensure the level of service provided is sustainable. Reserve funds were maintained in line with the charity's policy. The charity is reporting a loss of £22,798 for the period. Last year a loss of £3,464 was reported.

Fundraising

An important part of running the charity is going out into the community to talk about HCCN, focusing on raising our profile in the Hunts area, to make sure that everyone who could benefit from the charity and nursing team know we exist, and that we can encourage more people to support us financially.

Our primary fundraising event of the year is the *HCCN Charity Ball*, held once more in May 2023. The evening is the result of everyone at HCCN who works so hard to organise the evening over many months and the people joining in for the evening. Nurse Mel Scholes leads this effort, securing amazing support from the whole community, through company sponsorship of tables, casino tables at the event, an auction and raffle, and tickets sales to attend.

Buckfest – a live music festival held every July in Huntingdon – continues to support HCCN as one of their permanent charity partners.

Westfest – a live music village festival held in Hail Weston in August, is now an annual event supporting HCCN.

Individual giving and sponsored activities 'in aid of' HCCN continue to be a very generous source of much needed funds. Sadly, funeral donations also make up a large percentage of our income.

Grants

In June 2023 we were awarded a grant of £4,000 by the Cambridgeshire and Peterborough Integrated Care System "to conduct an inclusive and accessible consultation to explore

Personalised Care and access barriers within the community of people who have experienced a cancer diagnosis”.

The spirit and ethos of our project was embodied in the project title: “Living with Cancer - what matters to ME”. The project addressed the key principles of Personalised Care set out in the NHS Long Term Plan - a coordinated whole person approach with self-management at its core. At the Health Inequalities Challenge Prize Final Award Ceremony in November we heard that we had won the major prize of £20,000. HCCN is without doubt a huge asset to many for whom cancer has become part of life. However, we have a long way to go if we are to reach many people in our area with a cancer diagnosis and offer them access to our services. The prize money has been ringfenced to develop and launch a Buddy Scheme as a core service. This programme will meet an important personal support gap.

HCCN Small Grants

HCCN the charity makes one-off grants up to a maximum of £250 funding per quarter to individuals who can show that such a grant will make a significant difference to their lives. The purpose of the grant is to address a personal need that is generated by, or is as a direct consequence of, a cancer diagnosis. In this financial year we granted 3 small grants totalling £750.

Reserves Policy

The trustees have set a reserves policy which requires that reserves are maintained at a level which ensures that a minimum of one calendar year of the charity’s core activities could continue during a period of unforeseen difficulty. Consequently, the charity has reserves (unrestricted funds) of £85k, ie the maximum covered by the FSCS.

Reserves are held in interest bearing accounts. The charity holds no designated reserves. A proportion of reserves is maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle.

Volunteers

HCCN relies on our volunteers: their ‘gift of time’ makes a significant contribution to the impact that the charity achieves. We are gradually growing our team of regular volunteers and received support from new volunteers both to help us fundraise and to become part of the charity management team. We said goodbye to some volunteers as their own plans changed, though we remain very grateful for their support. We ended the year with 30 active volunteers, excluding the trustees and nurses.

All trustees give their time freely: no remuneration or expenses were paid in the year in relation to their work as trustees. We have a good mix of skills. The trustees take seriously our commitment to our people and their care, and take responsibility for establishing and implementing procedures in this area.

To ensure all our trustees, volunteers and contractors know and understand their responsibilities, HCCN provided access to mandatory training in Safeguarding Adults and GDPR.

Running the charity

Increasingly the day-to-day running of the charity is being delegated to an Operations Team to focus professional effort on Service Delivery – with a Fundraising & Marketing Manager starting in September 2023 and a Programme Manager in January 2024 to drive the charity forward. Both these roles are filled by self-employed contractors

Structure, Governance and Management

HCCN the charity operates as a fully constituted membership charity, registered with the Charities Commission, number 1163051.

HCCN's trustees are responsible for setting the strategy for achieving the objectives they have agreed. At trustee meetings the broad strategy and areas of activity for the charity are kept under review, including consideration of risk; policies, procedures and performance; safeguarding; training; diversity; financial decisions and reserves management.

The charity focuses effort on:

- Raising our profile across Huntingdonshire e.g. educating a wider audience.
- Creating sustainable fundraising processes e.g. securing a major donor(s).
- Developing our programme of activities, services and conferences in response to research e.g. practical nutrition and cooking advice.
- Growing our family of volunteers.

A General Meeting of Members was held in February 2024 to seek a decision on changing the name of Hunts Community Cancer Network, with the aim of making the charity more easily recognisable. The resolution was rejected by Members. However, a new logo and strapline were agreed by the trustees in March 2024.

A second resolution - to seek agreement to increase the maximum number of trustees from 5 to 8 – was carried.

HCCN Nursing Team

The nursing team has remained stable, with a few administrative changes. Gini Melesi's (founding lead nurse) daughter worked with the team briefly and additionally we now have Gilly supporting Sally in the admin role.

As ever the team looks for ways to improve our service. Fiona and Mel are now acupuncturists and all trained acupuncturists have had update training on electroacupuncture. Harriett has taken on the management of the clinics and is trialling a few new times and approaches to benefit the nurses and patient care.

At Buckfest we enjoyed a successful day promoting skin cancer prevention, attempting to raise awareness in young men, and are currently in training for a charity triathlon after the 80s ball.

We have spent our money wisely on nonprescribed therapies for patients, and shoe covers to allow us to follow NHS guidelines when visiting patients for clinical treatments, whilst protecting our patients' lovely cream carpets.

As ever we are grateful to be supported by the charity.

Charity administrative information

HCCN's trustees are:

Jan Davis - appointed 1 January 2016; Chair until 31 March 2024

Graham Heywood - appointed 14 April 2023; Chair from 1 April 2024

Sallie Crawley - appointed 31 October 2019

Gill Monsell - appointed 17 May 2021

Angela Howells - appointed 13 May 2022

Neil Silby - appointed 14 October 2022; resigned 17 March 2024

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Jan Davis

Janet Audrey Davis

Deputy Chair of Trustees

September 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Hunts Community Cancer Network

1163051

Receipts and payments accounts

CC16a

For the period from	Period start date 01/05/2023	To	Period end date 31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gift Aid	1,274	-	-	1,274	-
Donations	58,489	-	-	58,489	70,391
Ebay Shop	2,105	-	-	2,105	3,254
Interest	4,356	-	-	4,356	3,718
100 Club	2,992	-	-	2,992	3,086
Lottery Funding for Salary	-	-	-	-	10,000
NWAFI Reimbursement	2,212	-	-	2,212	4,420
Fundraising Events	8,305	-	-	8,305	15,850
Health Inequalities Prize	-	20,000	-	20,000	-
HDC Keeping Healthier	-	1,599	-	1,599	-
Grants	-	5,000	-	5,000	-
Web Sales	65	-	-	65	-
	-	-	-	-	-
Sub total (Gross income for AR)	79,798	26,599	-	106,397	110,719
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	79,798	26,599	-	106,397	110,719
A3 Payments					
Conference, Half Marathon, Ball	1,317	-	-	1,317	9,802
Exercise & Wellbeing	41,021	-	-	41,021	44,148
Nurse equipment-training	832	-	-	832	2,769
Running Costs	26,917	-	-	26,917	12,737
Fundraising Costs	17,475	-	-	17,475	10,542
Grants	750	-	-	750	1,000
100 Club Prizes	1,486	-	-	1,486	1,413
Room Bookings/Premises	28,115	-	-	28,115	27,559
Staff Cost	1,235	5,787	-	7,022	4,213
What Matters to Me Health Inequalities	-	4,260	-	4,260	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	119,148	10,047	-	129,195	114,183
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	119,148	10,047	-	129,195	114,183
Net of receipts/(payments)	- 39,350	16,552	-	- 22,798	- 3,464
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 39,350	16,552	-	- 22,798	- 3,464

CPH

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account Co-Operative	91,897	16,552	-
	Cambridge & Counties	74,023		-
	Monmouthshire Building Society	33,494		-
	Redwood Bank	72,523		-
	100 Club	6,008		-
	PayPal	6		-
	Other	138		-
		-		-
	Total cash funds	278,077	16,552	-

(agree balances with receipts and payments account(s))

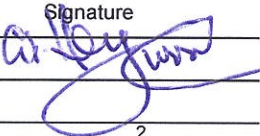
	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name GRAHAM HEYWOOD	Date of approval 28/8/24
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Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Hunts Community Cancer Network

On accounts for the year ended

31 March 2024

Charity no
(if any)

1163051

Set out on pages

1 - 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

7 August 2024

Name:

Peter Barlow

Relevant professional

ICAEW

qualification(s) or body
(if any):

--

Address:

15 Station Road

St Ives

PE27 5BH

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

--

HUNTS COMMUNITY CANCER NETWORK

England & Wales - Charity number 1163051

Accounts

HCCN Trustees' Annual Report For the period May 2022 to April 2023

Aim and Purposes

Hunts Community Cancer Network (HCCN) comprises of the charity working alongside the Community Cancer Nursing team to provide community-based care for people across Huntingdonshire living with or recovering from cancer. Our purpose is to transform the quality of life of those living with a cancer diagnosis, in the Huntingdonshire area, by providing no cost, regular, evidence-based activities that promote healthy eating, physical exercise and mental well-being: a triad of highly recommended self-care strategies.

We do this by:

- Recruiting and developing the best team of caring, committed and skilled volunteers and contractors. Supporting them and providing them with the resources to do their best.
- Focusing on fundraising – building and maintaining relationships; producing compelling proposals; reporting on plans and progress.
- Collaborating with reputable partners for our mutual benefit and that of the people we support.
- Continuing to provide a caring, safe, supportive and respectful environment for the people we support whilst ensuring HCCN has secure tenure of premises from which to operate.

We also ensure the HCCN nursing service is well equipped to provide the best quality of care to people being supported at home.

Achievements and Performance 2022/2023

The trustees continued to pursue the agreed 5-year strategic direction for the charity, based on our unique proposition, namely:

- Enabling people diagnosed with cancer to live well and feel in control.
- Powered by a unique clinical nursing team partnered with its charity that provides the things the NHS cannot.
- Ensuring patients receive a holistic care package to treat the effects of cancer
- Treating the whole person.
- Designing and delivering interventions proven through research to make a difference.

In 2022/2023 we delivered our first full year of activities and support following the restrictions brought about by the COVID pandemic.

Our new home - Bradbury House, the MS Therapy Centre in Huntingdon – provided a safe hub for our Friday drop-in, with ample space for our holistic self-care activities. We celebrated in August 2022 with a very successful Open Day at Bradbury House, providing an opportunity for members of the community to visit us, to see how we work and encourage as much support as possible. All the usual users of BH attended,

along with representatives of some local businesses, other charities concerned with cancer care, the Mayor of Huntingdon, David Landon Cole, and the Deputy Lord Lieutenant of Cambridgeshire, Daryl Brown.

Conferences

Our charitable objectives include advancing the education of the public in healthcare related to cancer by the provision of lectures, which we address through our conferences. Conference management is in the safe hands of Gill Monsell and we held two events during the year.

In November 2022 we ran our first conference at Bradbury House. The theme was nutrition and cancer. Our speakers were:

- **Professor Amanda Cross** from the Dept of Epidemiology & Biostatistics in the School of Public Health, Faculty of Medicine of Imperial College on “Developments in Diet and Cancer”.
- **Professor Robert Thomas MD** Patron of HCCN. NHS Consultant Oncologist, Bedford and Addenbrooke’s Cambridge University Trusts. Professor of Exercise and Nutritional Science, University of Bedfordshire on “Latest Research in Cancer and Nutrition”.

We also offered three breakout groups, repeated before and after lunch:

- **Lynn Reader**, HCCN’s volunteer reflexologist - Introduction to and history of Reflexology
- **Jackie Bland**, facilitator of HCCN’s Living Well with Cancer programme - Eating healthily
- **Michelle Chester**, nutritionist - Nutrition and Cancer

In April 2023 we held an open event at Bradbury House for people living with cancer when our contractors and volunteers showcased our range of ‘feel good’ activities.

Programmes and Activities

The charity funds and delivers a wide range of activities that help people as they seek to regain control of their lives and reduce the impact (physical and emotional) of their cancer. Everything we do is underpinned by a proven evidence base and a desire to support people back to independence, whether recovering from or living with cancer.

Throughout the period Sallie Crawley continued in a paid role as HCCN Programme Manager, working up to a maximum of 28 hours per month, providing essential management and development of our programmes and contractors.

Emotional wellbeing

We know that the emotional impact of cancer can be long lasting. Our three drop-in groups provide the opportunity to share a safe place to talk and try new things.

Friday drop-in at Bradbury House - a full day of activities with the support of our team of volunteers. Yoga, Tai Chi and Line Dancing all help the body to move, improving both wellbeing and fitness. Reflexology, Reiki, footcare, beauty and massage provide a range of complementary health benefits.

Women's Cancer Group - incorporating the *Hollywood or Bust* breast cancer support group, meets at Bradbury House every Wednesday evening.

Men's Group - Although everything offered by HCCN is available to anyone affected by cancer, most activities attract fewer men than women. The men's support group was established in 2019 to provide men with a sociable place to connect with other men coping with cancer or supporting someone with cancer or bereaved through cancer. The men attending the Huntingdon Working Men's Club on Wednesday mornings create an environment welcoming to all men.

For those requiring in-depth *Counselling*, we continued referrals to a team of qualified counsellors for adults, couples and children.

Prehabilitation / Rehabilitation

The clinical evidence for being active before, during and after treatment is clear, compelling and well accepted, but is not implemented by the NHS as part of the care pathway or mandated by NICE. However, getting a person newly diagnosed with cancer, or who is in treatment and may be physically and emotionally at their lowest ebb, to re-engage in being active is a huge challenge. This is one of the most significant contributions our volunteers make through emotional encouragement, motivation and mentoring.

Working with the team at One Leisure, we offer *Circuits* three times a week - a gym based 1-hour fun circuit training class delivered online where people of all ages and capabilities spend 1 minute at each 'station' to do what they can achieve. It is not competitive - rather it is a very supportive atmosphere.

We offer a range of regular *Yoga* classes across the region – seated, seated/standing and standing – via Zoom and in person. These classes can be used sequentially to rebuild strength or accessed according to capability.

Nutritional advice

Funding from the Cambridgeshire Community Foundation enabled us to develop our first healthy eating programme, to help the people we support to learn how to achieve a healthier lifestyle while coping with the side-effects of cancer and its treatment. The *Living Well With Cancer Drop-In* focuses on practical ways to rebalance the body for health. We share tried and tested approaches for a better relationship with food and eating, and how this can be supported by moving more and improving mood. By harmonising the way in which one eats, moves and maintains ones mental health, the intention is that the body can achieve the best possible state for coping with cancer treatment and recovery.

Occasional programmes

Patient to Person improves mental health through healthy thinking strategies, aimed at people ready to move on from their cancer treatment but who find themselves emotionally stuck.

Sleep Easy Workshop changes and improves sleep patterns. Aimed at developing realistic sleep goals to reduce anxiety and have more energy.

Financial Review

During the year May 2022 to April 2023, HCCN activities have increased at Bradbury House. This, inevitably, has increased the costs to the charity. Strict financial controls continue with reporting by Trudi Pearce on a monthly basis at trustee meetings to ensure continuity of service provision.

Fund raising continued apace, albeit at a slightly lower rate than last financial year (£97k, vs £111k in 21/22) a 12.6% reduction for the year. A lottery grant of £10k was secured to fund staff costs – this is excluded from the fundraising total. Total income for the year was £111k.

A hugely successful fundraising contribution was made by the organisers of the HCCN Charity Ball, raising a net surplus of £9.7k. This is coupled with the ongoing fundraising efforts of volunteers and HCCN 'friends', together with funeral and other donations and the 100 Club.

With the steady rise of bank base rates, the charity has benefitted with interest earned on reserve funds held on deposit.

A claim for reimbursement was made to North West Anglia Foundation Trust (NWAFT) for funds held on behalf of the ladies group, Hollywood or Bust. A successful claim of £4.4k was made in March 2023 to recover costs incurred for the financial year. Claims will continue on a quarterly basis to cover the ladies group costs until the balance held by NWAFT is exhausted.

Costs (excluding staff) as mentioned above, increased from £80k (21/22) to £114k (22/23) an increase of 36%. Exercise and wellbeing services, largely delivered at Bradbury House, increased from £25k to £41k.

At year end, the charity posted a small loss of £3.4k. Reserve funds were maintained in line with the charity's policy.

Fundraising

An important part of running the charity is going out into the community to talk about HCCN, focusing on raising our profile in the Hunts area, to make sure that everyone who could benefit from the charity and nursing team know we exist, and that we can encourage more people to support us financially.

Our primary fundraising event of the year is the *HCCN Charity Ball*, held once more in May 2023. The evening is the result of everyone at HCCN who works so hard on

organising the evening over many few months and the people joining in for the evening. Nurse Mel Scholes leads this effort, securing amazing support from the whole community, through of table, casino and individual sponsors; auction and raffle prize donators; and all the people buying tickets to attend.

Buckfest – a live music festival held every July in Huntingdon – continues to support HCCN as one of their permanent charity partners.

The Malcolm Whales Foundation - a Peterborough based fundraising cancer charity – also supports us financially on a regular basis.

Recognising one of the keys to the growth of HCCN will be fund raising for increased programme activity, the trustees started in March 2023 a search for a paid professional to lead the Fund Raising group. Candidates are being evaluated.

Individual giving and sponsored activities ‘in aid of’ HCCN continued to be a very generous source of much needed funds. Sadly, funeral donations also make up a large percentage of our income.

Grants

We received a grant of £10,000 from The National Lottery Community Fund in February 2023, to enable the charity to fund the Fundraising Manager post.

HCCN Small Grants

HCCN the charity makes one-off grants up to a maximum of £250 funding per quarter to individuals who can show that such a grant will make a significant difference to their lives. The purpose of the grant is to address a personal need that is generated by, or is as a direct consequence of, a cancer diagnosis. In this financial year we granted 4 small grants totalling £1,000.

Reserves Policy

The trustees have set a reserves policy which requires that reserves are maintained at a level which ensures that a minimum of one calendar year of the charity’s core activities could continue during a period of unforeseen difficulty. Consequently, the charity has reserves (unrestricted funds) of £85k, ie the maximum covered by the FSCS.

Reserves are held in interest bearing accounts. The charity holds no designated reserves.

A proportion of reserves is maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle.

Volunteers

HCCN is run entirely by volunteers. Their ‘gift of time’ makes a significant contribution to the impact that the charity achieves. We are gradually growing our team of regular volunteers and received support from new volunteers both to help us fundraise and to

become part of the charity management team. We said goodbye to some volunteers as their own plans changed, though we remain very grateful for their support. We ended the year with 30 active volunteers, excluding the trustees and nurses.

All trustees give their time freely: no remuneration or expenses were paid in the year in relation to their work as trustees. We have a good mix of skills. We take seriously our commitments to our people and their care, and reserve to the trustees responsibility for establishing and implementing procedures in this area.

Structure, Governance and Management

HCCN the charity operates as a fully constituted membership charity, registered with the Charities Commission, number 1163051.

HCCN's trustees are responsible for setting the strategy for achieving the objectives they have agreed. At the monthly trustees' meetings we agree the broad strategy and areas of activity for the charity, including consideration of risk; policies, procedures and performance; safeguarding; training; diversity; financial decisions and reserves management.

The charity focuses effort on:

- Raising our profile across Huntingdonshire e.g. educating a wider audience.
- Creating sustainable fundraising processes e.g. securing a major donor(s).
- Developing our programme of activities, services and conferences in response to research e.g. practical nutrition and cooking advice.
- Monitoring developments in cancer care which might be incorporated into our portfolio of offerings.
- Growing our family of volunteers.
- Researching and costing our own accommodation/premises.
- Using all available technologies to make our support available to all users.

Our goal is to encourage a more objective view of cancer and to help people understand the trajectory of cancer is ever changing. Increasingly cancer can be lived with in the same way as other long-term health conditions, particularly when individuals are actively involved in managing their health.

HCCN Nursing Team

There were some changes within the nursing team. While Karen Moseley had been on a sabbatical, the team has been led by Andrea Cliff. They have recruited a new admin liaison, Sally Smart, and 2 new nurses, Amanda McLaughlin and Silvia Caires.

Many of the additional clinical roles undertaken for COVID have been made permanent, and further clinical skills in the community are planned to be added to the nursing team in the coming year. This saves additional visits to the hospital and is a more comfortable experience for patients. Five of the nurses are also now trained as acupuncturists, providing cancer related symptom control.

NWAngliaFT has a new lead cancer nurse, Zara Ball, who is keen to increase collaboration between the Woodlands chemotherapy unit and HCCN, to benefit all cancer patients at Hinchingsbrooke.

Administrative information

HCCN's trustees are:

Jan Davis, Chair - appointed 1 January 2016

Sallie Crawley - appointed 31 October 2019

Gill Monsell - appointed 17 May 2021

Angela Howells - appointed 13 May 2022

Neil Silby - co-opted 14 October 2022: seeking formal appointment at the 2023 AGM

Graham Heywood - co-opted 14 April 2023: seeking formal appointment at the 2023 AGM

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Jan Davis

Janet Audrey Davis

Chair of Trustees

September 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Hunts Community Cancer Network F100991

Receipts and payments accounts

CC16a

For the period from 01/05/2022 To 30/04/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Eat Well	-	-	-	-	5,000
Gift Aid	-	-	-	-	1,467
Donations	70,391	-	-	70,391	94,104
Ebay Shop	3,254	-	-	3,254	6,350
Interest	3,718	-	-	3,718	1,501
100 Club	3,086	-	-	3,086	2,802
Lottery Funding for Salary	-	10,000	-	10,000	-
NWAFT Reimbursement	4,420	-	-	4,420	-
Fundraising Events	15,850	-	-	15,850	-
Sub total (Gross income for AR)	100,719	10,000	-	110,719	111,224
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	100,719	10,000	-	110,719	111,224
A3 Payments					
Conference, Half Marathon, Ball	9,802	-	-	9,802	13,225
Exercise & Wellbeing	44,148	-	-	44,148	25,228
Nurse equipment-training	2,769	-	-	2,769	868
Running Costs	12,737	-	-	12,737	10,415
Fundraising Costs	10,542	-	-	10,542	11,359
Grants	1,000	-	-	1,000	250
100 Club Prizes	1,413	-	-	1,413	1,335
Room Bookings/Premises	27,559	-	-	27,559	15,016
Website Rebrand	-	-	-	-	2,298
Staff Cost	-	4,213	-	4,213	-
	-	-	-	-	-
Sub total	109,970	4,213	-	114,183	79,994
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	109,970	4,213	-	114,183	79,994
Net of receipts/(payments)	- 9,251	5,787	-	- 3,464	31,230
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 9,251	5,787	-	- 3,464	31,230

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account Co-Operative	44,863	5,787	-
	Cambridge & Counties	89,023		
	Monmouthshire Building Society	87,060		
	Redwood Bank	85,602		
	100 Club	4,602		
	PayPal	140		
	Barclays Reserve Acc	171		
	Other	180	-	-
	Total cash funds	311,641	5,787	-

(agree balances with receipts and payments account(s))

OK

OK

OK

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	HMRC PAYE/NIC	819	01 May 2023
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees
CCXX R2 accounts (SS)

Signature

Print Name

Date of approval
18/07/2023

I have examined the foregoing accounts with the books and records of Huntingdon Community Cancer Network and, in my opinion, based on the information provided they correctly show the state of affairs for the year ending 30/4/23

Signed: *M Adams*
ACCOUNT EXAMINER

Dated: 18/7/23



Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: HUNTINGDON COMMUNITY CANCER NETWORK

On accounts for the year ended

30/4/23 Charity no (if any) 1163051

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
• the accounts did not accord with the accounting records; or
• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

18/7/23

Name:

GRAHAM ADAMS

Relevant professional qualification(s) or body

CIPFA

(if any):

Address: REJERRAH, RECTORY LANE, WYTON, HUNTINGDON
CAMBS PE28 2AQ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Empty disclosure box with faint handwritten text at the bottom: "2018/19"]

HUNTS COMMUNITY CANCER NETWORK

England & Wales - Charity number 1163051

Accounts

HCCN Trustees' Annual Report For the period May 2021 to April 2022

Aim and Purposes

Hunts Community Cancer Network (HCCN) comprises of the charity working alongside the Community Cancer Nursing team to provide community-based care for people across Huntingdonshire living with or recovering from cancer.

Our purpose is to preserve and protect the health of patients by providing, and assisting in the provision of, facilities, support services and equipment not normally provided by the statutory authorities.

Also, to advance the education of the public in healthcare related to cancer by the provision of lectures, for and by the publication of newsletters devoted to cancer healthcare.

Objectives and Activities

HCCN the Charity provides support to local people with a diagnosis of cancer through the provision of support in the areas of nutrition, emotional wellbeing and exercise, and educational activities. All our offerings are free of charge to cancer patients and their partners.

We also ensure the HCCN nursing service is well equipped to provide the best quality of care to people being supported at home.

Achievements and Performance 2021/2022

The trustees continued to pursue the agreed 5-year strategic direction for the charity, based on our unique proposition, namely:

- Enabling people diagnosed with cancer to live well and feel in control
- Powered by a unique clinical nursing team partnered with its charity that provides the things the NHS cannot
- Ensuring patients receive a holistic care package to treat the effects of cancer
- Treating the whole person
- Designing and delivering interventions proven through research to make a difference.

Performance in 2021/2022 continued to be overshadowed by the impact of COVID. Face to face activities could not take place until year end, meaning that we suffered from lower income through reduced fundraising events and face-to-face collection methods. However, our contractors continued to support our groups, using innovative and virtual contact methods, running classes online via Zoom, and using WhatsApp, Instagram and closed Facebook groups to stay connected.

We knew our users were ready for social contact but we needed to tread with caution due to their vulnerability. We followed the Government's roadmap for the relaxation of social distancing and developed plans to re-open in a limited fashion, beginning with a carefully managed pilot for our Men's Group. Gradually other groups restarted - though some preferred to continue online.

In line with our vision for our own building, we identified the MS Therapy Centre in Huntingdon as a suitable drop-in location. Known as Bradbury House, and following due diligence checks, we finalised arrangements to rent the whole of the building for our sole use one day a week, for the year commencing January 2022. This decision has enabled us to form a hub that tests our ability to run our own premises.

Conferences

We held one conference during the year: conference management is in the safe hands of Gill Monsell. We sadly cancelled the Autumn 2021 conference due to low numbers and deferred the speakers to the Spring of 2022.

On 5 April 2022 we ran our first in person conference since 2019. Our speakers were:

- Jane Coulson of the Cambridgeshire & Peterborough CCG introduced the Integrated Care System (ICS) for Cambridgeshire & Peterborough
- Tricia Glaves, Chair, Cancer Patient Partnership Group (CPPG) spoke about the CPPG
- Rebwar Hussein explained the role of Healthwatch, Cambridgeshire & Peterborough
- Dr Jean Penman addressed sexual relationships and cancer
- Darren Lander from One Leisure ran an interactive session on exercising

We closed out with music and a cheque presentation by the Huntingdon Ukulele Group.

We held our first HCCN Memorial Celebration on Sunday 15 May 2022 to remember all those we have lost through COVID, including our founder Susan Moore, and to celebrate the work of the HCCN nurses. This had been postponed from September 2021.

Programmes and Activities

The charity funds and delivers a wide range of activities that help people as they seek to regain control of their lives and reduce the impact (physically and emotionally) of their cancer. Everything we do is underpinned by a proven evidence base and a desire to support people back to independence, whether recovering from or living with cancer.

Prehabilitation / Rehabilitation

The clinical evidence for being active before, during and after treatment is clear, compelling and well accepted, but is not implemented by the NHS as part of the care pathway or mandated by NICE. However, getting a person newly diagnosed with cancer, or who is in treatment and may be physically and emotionally at their lowest ebb, to re-engage in being active is a huge challenge. This is one of the most significant contributions our volunteers make through emotional encouragement, motivation and mentoring.

Throughout the period Sallie Crawley, HCCN trustee, has continued in a paid role as HCCN Programme Manager, working up to a maximum of 28 hours per month, providing essential management and development of our programmes, contractors and volunteer management.

Circuits is a gym based 1-hour fun circuit training class delivered online where people of all ages and capabilities spend 1 minute at each 'station' to do what they can achieve. It is not competitive - rather it is a very supportive atmosphere. Our ex-nurse Personal Trainer reminds everyone to stay within their capabilities.

We offer six regular *Yoga* classes – seated, seated/standing and standing – via Zoom and in person. These classes can be used sequentially to rebuild strength or accessed according to capability.

Tai Chi did not prove popular over Zoom and we restarted in person classes at Bradbury House.

We also introduced *line dancing* which is proving popular.

Emotional Wellbeing

We know that the emotional impact of cancer can be long lasting. Our three drop-in groups provide the opportunity to share a safe place to talk and try new things.

For those requiring in-depth *Counselling*, we continued referrals to a team of qualified counsellors for adults, couples and children.

New services such as *Reflexology* are launching on a regular basis.

Our *Patient to Person* programme was put on hold throughout lockdown so we were pleased to launch once more in 2022.

Groups

These reopened from June. There is always a warm welcome, a drink and piece of cake for anyone who wants to take part.

Holistic Wellbeing Centre at Ellington – Friday drop-in

After lockdown eased, we recommenced at Ellington Village Hall but problems with the fabric of the building led to us find another venue – Bradbury House in Huntingdon. We now provide a full day of activities with the support of our team of volunteers.

Men's Group

Although everything offered by HCCN is available to anyone affected by cancer, most activities attract fewer men than women. The men's support group was established in 2019 to provide men with a sociable place to connect with other men coping with cancer or supporting someone with cancer or bereaved through cancer. The men attending the Huntingdon Working Men's Club on Wednesday mornings create an environment welcoming to all men.

Women's Cancer Group

Efforts to incorporate the *Hollywood or Bust* breast cancer support group as the HCCN Women's Cancer group are progressing well. The women now meet at Bradbury House on Wednesday evenings, and have moved to weekly rather than monthly meetings.

Financial Review

Observing COVID regulations and precautions continued to have an impact on the 'in person' activities of the charity for the first half of the financial year. However, fund raising events delayed from the previous year took place when restrictions were eased. Costs of these events were taken in the previous year. Notable amongst these was the Firewalk in September which raised c £14,000, and the HCCN Ball in April which raised c £8,000.

Income for the year increased to £111,000, compared to £90,000 (2020/21); an increase of over 23%. Funds were raised from 'in aid of' events, funeral donations and the individual endeavours of HCCN friends. A grant of £5,000 was received from Cambridgeshire Community Foundation (CCF) to fund a healthy eating initiative. During the financial year the balance of the CCF grant carried over from 2020/2021 (£16,680) for rehabilitation/exercise was fully spent.

In January 2022, HCCN secured exclusive use of accommodation at Bradbury House in Huntingdon at a purpose-built facility for the local Multiple Sclerosis Society. The rental of this space has significantly increased costs to HCCN. Additionally, due to the multiple rooms at Bradbury House, activities undertaken by paid contractors has also increased. The cost of providing the services, including rental of accommodation, was £80,000 compared to £37,000 in 2020/21, an increase of 116%.

Despite the increase in costs, the charity reports a year end surplus of £31,000. Last year a surplus of £52,000 was reported (a 40% reduction).

Strict financial controls continued with reporting by Trudi Pearce on a monthly basis at Trustee meetings to ensure continuity of service provision.

Fundraising

An important part of running the charity is going out into the community to talk about HCCN, focusing on raising our profile in the Hunts area, to make sure that everyone who could benefit from the charity and nursing team know we exist, and that we can encourage more people to support us financially. In person fundraising activities ceased during 2021 due to COVID and lockdown.

Fundraising 'on behalf of' HCCN, where we are in control, recommenced towards the end of the year. The Firewalk finally took place in September which we judged safe to do as it took place outside, and everyone could easily socially distance. The HCCN Charity Ball was held on 23 April 2022, having been postponed from November 2021.

Individual giving and sponsored activities 'in aid of' HCCN continued to be a very generous source of much needed funds. Sadly, funeral donations made up a large percentage of our income.

Buckfest – a live music festival held every July in Huntingdon – has selected HCCN as one of their permanent charity partners. They kindly sponsored the full cost of our Spring conference.

Grants

The restricted £18k grant we received in January 2021 for Prehabilitation Exercise Classes from the NHS Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) proved a challenge to deliver on as we struggled to reach people at the point of diagnosis. We continue to work hard on making connections to ensure we reach our target group.

In November we were successful in our bid for funding of £5k through the Cambridgeshire Community Foundation to develop a healthy eating programme. This enables us to develop and run a workshop-based programme for our service users to learn how to achieve a healthier lifestyle while coping with the side-effects of cancer and its treatment.

In February 2022 we secured a £4k donation from the Whales Foundation to fund a Touch of Sparkle run by Melanie Hersey, one of our volunteers. The care packs she delivers to cancer patients receiving treatment at Hinchingsbrooke are very well received.

HCCN Small Grants

HCCN the charity has decided to make one-off grants up to a maximum of £250 funding per quarter to individuals who can show that such a grant will make a significant difference to their lives. The purpose of the grant is to address a personal need that is generated by, or is as a direct consequence of, a cancer diagnosis. Our second award of £250 was granted in March 2022.

Reserves Policy

The trustees have set a reserves policy which requires that reserves are maintained at a level which ensures that a minimum of one calendar year of the charity's core activities could continue during a period of unforeseen difficulty. Consequently, the charity has reserves (unrestricted funds) of £85k, ie the maximum FSCS cover.

Reserves are held in interest bearing accounts. The charity holds no designated reserves.

A proportion of reserves is maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle.

Volunteers

HCCN is run entirely by volunteers. Their 'gift of time' makes a significant contribution to the impact that the charity achieves. We are gradually growing our team of regular volunteers and received support from new volunteers both to help us fundraise and to become part of the charity management team. We said goodbye to some volunteers as their own plans changed, though we remain very grateful for their support. We ended the year with 25 active volunteers, excluding the trustees and nurses.

All trustees give their time freely: no remuneration or expenses were paid in the year in relation to their work as trustees. We have a good mix of skills. We take seriously our commitments to our people and their care, and reserve to the trustees responsibility for establishing and implementing procedures in this area.

Structure, Governance and Management

HCCN the charity operates as a fully constituted membership charity, registered with the Charities Commission, number 1163051.

HCCN's trustees are responsible for setting the strategy for achieving the objectives they have agreed. At the monthly trustees' meetings we agree the broad strategy and areas of activity for the charity, including consideration of risk; policies, procedures and performance; safeguarding; training; diversity; financial decisions and reserves management.

The charity focuses effort on:

- Raising our profile across Huntingdonshire eg educating a wider audience,
- Creating sustainable fundraising processes eg securing a major donor(s)
- Developing our programme of activities, services and conferences in response to research eg practical nutrition and cooking advice
- Monitoring developments in cancer care which might be incorporated into our portfolio of offerings
- Growing our family of volunteers
- Researching and costing our own accommodation/premises
- Using all available technologies to make our support available to all users.

Our goal is to encourage a more objective view of cancer and to help people understand the trajectory of cancer is ever changing. Increasingly cancer can be lived with in the same way as other long-term health conditions, particularly when individuals are actively involved in managing their health.

HCCN Nursing Team

Karen Moseley continued to develop the capabilities of the team of NHS funded community cancer nurses. As a team of full and part time nurses, they have been able to take on administering additional medications in the community, including infusions and injections at home. This saves additional visits to the hospital and is a more comfortable experience for patients.

Following leadership changes at the North West Anglia Foundation Trust (NWAFT) the charity has not been called upon to provide funding for nurse training and equipment. Due to COVID measures, the nurses were not able to resume the acupuncture clinics.

In May 2021, following a review of interests by NWAFT, Karen was asked to stand down as a trustee with immediate effect. Karen remains a close adviser of the charity as the Trust wishes to maintain the HCCN partnership.

Administrative information

HCCN's trustees are:

Jan Davis, Chair - appointed 1 January 2016

Sallie Crawley - appointed 31 October 2019

Gill Monsell - appointed 17 May 2021

Angela Howells - co-opted 13 May 2022: seeking formal appointment at the 2022 AGM

Karen Moseley - resigned 17 May 2021

Amanda Orchard - resigned 31 December 2021

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Jan Davis

**Janet Audrey Davis
Chair of Trustees
8 July 2022**



Receipts and payments accounts

CC16a

For the period
from

Period start date
01/05/2021

To

Period end date
30/04/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Eat Well	-	5,000	-	5,000	18,000
Gift Aid	1,467	-	-	1,467	1,314
Donations	94,104	-	-	94,104	47,482
Ebay Shop	6,350	-	-	6,350	19,343
Interest	1,501	-	-	1,501	1,332
100 Club	2,802	-	-	2,802	2,406
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	106,224	5,000	-	111,224	89,877
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	106,224	5,000	-	111,224	89,877
A3 Payments					
Conference, Half Marathon, Ball	13,225	-	-	13,225	-
Exercise & Wellbeing	25,228	-	-	25,228	19,450
Nurse equipment-training	868	-	-	868	1,523
Running Costs	10,415	-	-	10,415	6,119
Fundraising Costs	11,359	-	-	11,359	8,977
Grants	250	-	-	250	250
100 Club Prizes	1,335	-	-	1,335	1,068
Room Bookings/Premises	15,016	-	-	15,016	-
Website Rebrand	2,298	-	-	2,298	-
Sub total	79,994	-	-	79,994	37,387
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	79,994	-	-	79,994	37,387
Net of receipts/(payments)	26,230	5,000	-	31,230	52,490
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	26,230	5,000	-	31,230	52,490

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account Co-Operative	53,696	5,000	-
	Cambridge & Counties	87,023		
	Monmouthshire Building Society	85,945		
	Redwood Bank	85,000		
	100 Club	2,966		

PayPal	878		
Barclays Reserve Acc	171		
Other	213	-	-
	-	-	-
Total cash funds	315,892	5,000	-

(agree balances with receipts and payments account(s))

OK

Unrestricted funds

to nearest £

OK

Restricted funds

to nearest £

OK

Endowment funds

to nearest £

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name: HUNTINGDON COMMUNITY CANCER NETWORK

On accounts for the year ended

30/4/22 Charity no (if any) 1163051

Set out on pages

Remember to include the page numbers of additional sheets.

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

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As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

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Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

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the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 18/7/22

Name: GRAHAM ADAMS

Relevant professional qualification(s) or body

CIPFA.

(if any):

Address:

REJERRAH, RECTORY LANE, WYTON
CAMBS PE28 2AQ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

HUNTS COMMUNITY CANCER NETWORK

England & Wales - Charity number 1163051

Accounts

HCCN Trustees' Annual Report For the period May 2020 to April 2021

Aim and Purposes

The Hunts Community Cancer Network (HCCN) comprises of a charity working in partnership with a Community Cancer Nursing team to provide community-based care for people across Huntingdonshire living with or recovering from cancer.

Our purpose is to preserve and protect the health of patients by providing, and assisting in the provision of, facilities, support services and equipment not normally provided by the statutory authorities.

Also, to advance the education of the public in healthcare related to cancer by the provision of lectures, for and by the publication of newsletters devoted to cancer healthcare.

Objectives and Activities

HCCN the Charity provides support to local people with a diagnosis of cancer through the provision of support in the areas of nutrition, emotional wellbeing and exercise, and educational activities. All our offerings are free of charge to cancer patients and their partners.

We also ensure the HCCN nursing service is well equipped to provide the best quality of care to people being supported at home.

Achievements and Performance 2020/2020

The trustees continued to pursue the agreed 5-year strategic direction for the charity, based on our unique proposition, namely:

- Enabling people diagnosed with cancer to live well and feel in control
- Powered by a unique clinical nursing team partnered with its charity that provides the things the NHS cannot
- Ensuring patients receive an holistic care package to treat the effects of cancer
- Treating the whole person
- Designing and delivering interventions proven through research to make a difference.

Performance in 2020/2021 has been overshadowed by the impact of COVID. All HCCN face to face activities stopped from March 2020. Lockdown meant that we suffered from lower income through reduced fundraising events and face-to-face collection methods. However, we continued to pay our contractors as normal whilst they continued to support our groups, using innovative and virtual contact methods, running classes online via Zoom, and using WhatsApp, Instagram and closed Facebook groups to stay connected.

Conferences

We held two conferences during the year: conference management is in the safe hands of Gill Monsell.

We held our Autumn conference via the Zoom platform on 3 November 2020. Our speakers were **Henry Goodfellow**, GP and researcher and lecturer at University College London, speaking on “Digital Tools to help people with cancer”; **Jenny Wilson**, a GP from Bedford, on “A Story of Hope” which told us about how her recovery from breast cancer had been greatly aided by exercise; and **Gini Melesi**, former lead nurse and joint founder of HCCN. Gini now works for the Cancer Alliance in the East of England and she explained how the Alliances work.

The choice of breakout groups included **Lymphoedema** led by Andrea Cliff (HCCN nurse) and Alex Brooks (Advanced Occupational Therapist and Lymphoedema treatment specialist); **Physiotherapy** led by Kate Abrahams, a Physiotherapist and Director of a private practice in Bedfordshire; and **Yoga** led by Jill Wiles, HCCN yoga teacher.

We continued online for our Spring conference held on 20 April 2021. Our first talk was on “Early Diagnosis of Cancer” with **Professor Paul Pharoah**, Professor of Cancer Epidemiology, University of Cambridge and the second speaker was our Patron, **Professor Robert Thomas** who addressed the subject of “Gut Health, Cancer and COVID”. We then heard from **Dominic Weaver**, coach of the St Ives Rangers girls football team, about how the team had been keeping up their motivation and fitness during lockdown, and their fantastic fundraising for HCCN.

The choice of breakout groups included an introduction to **Tai Chi** from Dimitry Sokolik who has provided Tai Chi classes for HCCN for many years; **Reflexology** led by Lynn Reader, a volunteer with HCCN at the Ellington Drop-in; and Alix Malone, a Trainer & Discharge Buddy Service Manager at Cambridgeshire, Peterborough and South Lincolnshire MIND, on the **stressors causing anxiety** and potential mental health issues experienced through lockdown.

We also heard from Eileen Murphy, Macmillan Transformation Manager Northwest Anglia NHS Foundation Trust at Hinchingbrooke Hospital about the new Cancer Patient Partnership Group (CPPG) being setting up.

Programmes and Activities

The charity funds and delivers a wide range of activities that help people as they seek to regain control of their lives and reduce the impact (physically and emotionally) of their cancer. Everything we do is underpinned by a proven evidence base and a desire to support people back to independence, whether recovering from or living with cancer.

Exercise

The clinical evidence for being active before, during and after treatment is clear, compelling and well accepted, but is not implemented by the NHS as part of the care pathway or mandated by NICE. However, getting a person newly diagnosed with cancer, or who is in treatment and may be physically and emotionally at their lowest ebb, to re-engage in being active is a huge challenge. This is one of the most significant contributions our volunteers make through emotional encouragement, motivation and mentoring.

Circuits is a gym based 1-hour fun circuit training class delivered online where people of all ages and capabilities spend 1 minute at each 'station' to do what they can achieve. It is not competitive - rather it is a very supportive atmosphere. Our ex-nurse Personal Trainer reminds everyone to stay within their capabilities.

We offer three regular seated *Yoga* classes – seated, seated/standing and standing – all via Zoom. These classes can be used sequentially to rebuild strength or accessed according to capability.

Efforts to maintain our *Tai Chi* did not prove popular over Zoom and have been suspended until in person activities can restart.

Emotional Wellbeing

We know that the emotional impact of cancer can be long lasting. In response to the impact of isolation caused through COVID lockdown, we launched a '*Fancy A Chat*' buddy scheme in April 2020 (now *Keeping in Touch*), putting people together to enjoy a chat with someone who understands the journey.

For those requiring in-depth *Counselling*, we maintained the level of one-to-one referral to a team of qualified counsellors for adults, couples and children.

In April 2021, we ran 2 online workshops for patient buddy volunteers, their managers and activity leaders to provide skills building in remote working and role boundary management.

Groups

Holistic Wellbeing Centre at Ellington

Volunteers Annie Thantrey and Mary Warren took the Ellington group online, providing a safe place to talk and try new things. Except for yoga, the various classes and activities could not continue online, and Annie brought together an interesting range of guest speakers. There is always a warm welcome, a drink and piece of cake for anyone who wants to take part.

Men's Group

Although everything offered by HCCN is available to anyone affected by cancer, most activities attract fewer men than women. The men's support group was established in 2019 to provide men with a sociable place to connect with other men coping with cancer or supporting someone with cancer or bereaved through cancer. Managed by volunteer Bill Asling and HCCN nurse Andrea Lines, the men attending create an environment welcoming to all men. Sadly, the standard offer of activities such as darts, carpet bowls, snooker, table tennis were halted by lockdown, while Zoom and WhatsApp offered a chance to chat and keep connected.

Women's Cancer Group

Efforts to incorporate the *Hollywood or Bust* breast cancer support group as the HCCN Women's Cancer group were thwarted by COVID as the women chose not to meet up virtually.

In January 2021, Sallie Crawley, HCCN trustee, commenced a 3-month paid role as HCCN Programme Manager, working up to a maximum of 20 hours per month.

Financial Review

Despite the impact of COVID, the charity has maintained its financial stability to fund current objectives, with a healthy balance sheet and strong reserves. HCCN is increasing its offering to users while managing to control expenditure.

The COVID pandemic significantly impacted the activities of the charity and, as a direct result, HCCN income decreased year on year from £117k (in 2019/2020) to £90K (in 2020/2021), a reduction of 23%. Previously organised fundraising activities could not take place and have been deferred to a later date. Funds have been raised, 'in aid of' HCCN, from funeral donations and the initiatives of individuals who have donated via online platforms such as Just Giving. The HCCN eBay shop also contributed with gross receipts of £19k. Included in the figure for 2020/2021 is a restricted grant from the NHS Cambridge and Peterborough CCG of £18k specifically for the provision of a bespoke exercise programme for cancer patients.

Due to the charity's inability to operate on an 'in person' basis, room hire has not been required; this is largely responsible for the reduction in expenditure: £37k (2020/2021) down from £73k (2019/2020), a reduction of 49%. Exercise, wellbeing drop-ins and Men's Group activities, where possible, have continued via Zoom.

Financial controls were implemented during COVID restrictions to ensure that cash management was reviewed monthly at trustees' meetings to safeguard the continued delivery of services to vulnerable users during the period.

At year end, HCCN reported a £52k surplus for 2020/2021 vs £44k in 2019/2020, a 19% increase.

A copy of our independently reviewed accounts is appended at Appendix 1.

Fundraising

An important part of running the charity is going out into the community to talk about the HCCN nursing service and the charity, focusing on raising our profile in the Hunts area, to make sure that everyone who could benefit from the charity and nursing team know we exist, and that we can encourage more people to support us financially. All fundraising 'on behalf of' HCCN ceased due to COVID and lockdown.

Individual giving and sponsored activities 'in aid of' HCCN continued to be a very generous source of much needed funds. Sadly, funeral donations made up a large percentage of our income – and one gift in particular, in memory of Peter Branch, has been ring fenced in support of the Men's Group.

Grants

In January 2021, we received a restricted £18k grant for Prehabilitation Exercise Classes from the NHS Cambridgeshire and Peterborough Clinical Commissioning Group (CCG). This was part of Innovation Funding received from the Cancer Alliance.

HCCN Small Grants

HCCN the charity has decided to make one-off grants up to a maximum of £250 funding per quarter to individuals who can show that such a grant will make a significant difference to their lives. The purpose of the grant is to address a personal need that is generated by, or is as a direct consequence of, a cancer diagnosis. Our first award of £250 was granted in September 2020.

Reserves Policy

The trustees have set a reserves policy which requires that reserves are maintained at a level which ensures that a minimum of one calendar year of the charity's core activities could continue during a period of unforeseen difficulty. Consequently, the charity has reserves (unrestricted funds) of £85k, ie the maximum FSCS cover.

Reserves are held in interest bearing accounts. The charity holds no designated reserves.

A proportion of reserves is maintained in a readily realisable form. The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle.

Volunteers

HCCN is run entirely by volunteers. Their 'gift of time' makes a significant contribution to the impact that the charity achieves. We are gradually growing our team of regular volunteers and received support from new volunteers both to help us fundraise and to

become part of the charity management team. We said goodbye to some volunteers as their own plans changed, though we remain very grateful for their support. We ended the year with 29 volunteers, excluding the trustees and nurses. We also received temporary support from three young women volunteering for HCCN as part of their Duke of Edinburgh award.

All trustees give their time freely: no remuneration or expenses were paid in the year in relation to their work as trustees. We have a good mix of skills. We take seriously our commitments to our people and their care, and reserve to the trustees responsibility for establishing and implementing procedures in this area.

Structure, Governance and Management

HCCN the charity operates as a fully constituted membership charity, registered with the Charities Commission, number 1163051.

HCCN's trustees are responsible for setting the strategy for achieving the objectives they have agreed. At the monthly trustees' meetings we agree the broad strategy and areas of activity for the charity, including consideration of risk; policies, procedures and performance; safeguarding; training; diversity; financial decisions and reserves management.

The charity focuses effort on:

- Raising our profile across Huntingdonshire eg educating a wider audience,
- Creating sustainable fundraising processes eg securing a major donor(s)
- Developing our programme of activities, services and conferences in response to research eg practical nutrition and cooking advice
- Monitoring developments in cancer care which might be incorporated into our portfolio of offerings
- Growing our family of volunteers
- Researching and costing our own accommodation/premises
- Using all available technologies to make our support available to all users.

Our goal is to encourage a more objective view of cancer and to help people understand the trajectory of cancer is ever changing. Increasingly cancer can be lived with in the same way as other long-term health conditions, particularly when individuals are actively involved in managing their health.

HCCN Nursing Team

Karen Moseley continues to develop the capabilities of the team of NHS funded community cancer nurses. As a team of full and part time nurses, they have been able to take on administering additional medications in the community, including infusions and injections at home. This saves additional visits to the hospital and is a more comfortable experience for patients. To assist, the charity equipped each nurse with a telescopic drip stand.

At the peak of COVID the nurses moved back into their nurses' uniforms – as community nurses they were a were a non-uniform team, well received by patients and families. They continue to wear PPE and observe full infection control measures. The charity purchased the team HCCN blue fleeces for the Summer and HCCN waterproof coats for the Winter.

The charity continued to support nurse development through the nurse prescribing course, an online survivorship summit lecture, acupuncture and cancer care acupuncture, etc. The nurses have been able to resume the acupuncture clinics.

Administrative information

HCCN's trustees are:

Jan Davis, Chair - appointed 1 January 2016

Amanda Orchard - appointed 28 July 2017

Sallie Crawley - appointed 31 October 2019

Gill Monsell - co-opted 17 May 2021: seeking formal appointment at the 2021 AGM

Susan Moore - deceased 12 September 2021

Karen Moseley - resigned 17 May 2021

In September 2020 we sadly lost trustee Susan Moore to cancer. Susan was the founder and driving force behind HCCN the charity. Based on her own experience and needs, Susan had the vision to create a cancer charity providing an holistic approach to managing a diagnosis of cancer. Susan worked tirelessly to improve the wellbeing of cancer patients across Huntingdonshire. She wanted people to take control for themselves - she was passionate about giving people the information and tools to remain in control of their diagnosis and not be dictated to. Despite her own health issues, Susan lived her life to the full, always maintaining a positive outlook and a realistic view of her own mortality.

In May 2021, following a review of interests by NWAFT, Karen was asked to stand down as a trustee with immediate effect. Karen remains a close adviser of the charity as the Trust wishes to maintain the HCCN partnership.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Jan Davis

Janet Audrey Davis
Chair of Trustees
2 July 2021



Receipts and payments accounts

CC16a

For the period
from

01/05/2020

To

30/04/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Cambridgeshire & Peterborough CCG	-	18,000	-	18,000	-
Gift Aid	1,314	-	-	1,314	3,327
Donations	47,482	-	-	47,482	86,092
Ebay and clothing Sales	19,343	-	-	19,343	24,040
Interest	1,332	-	-	1,332	954
100 Club	2,406	-	-	2,406	2,284
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	71,877	18,000	-	89,877	116,697
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	71,877	18,000	-	89,877	116,697
A3 Payments					
Conference & Event	-	-	-	-	5,014
Exercise & Wellbeing	18,130	1,320	-	19,450	28,993
Nurse equipment-training	1,523	-	-	1,523	7,402
Running Costs	6,119	-	-	6,119	9,121
Fundraising Costs	8,977	-	-	8,977	20,943
Grants	250	-	-	250	-
100 Club Prizes	1,068	-	-	1,068	1,279
Room Bookings	-	-	-	-	144
	-	-	-	-	-
Sub total	36,066	1,320	-	37,386	72,896
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	36,066	1,320	-	37,386	72,896
Net of receipts/(payments)	35,811	16,680	-	52,491	43,801
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	237,260	-	-	237,260	193,459
Cash funds this year end	273,071	16,680	-	289,751	237,260

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Current Account Barclays	102,321	16,680	-
	Reserve Acc Barclays	170		
	Paypal Account	13,921		
	Monmouthshire Building Society	85,306		
	100 Club	1,496	-	

Cambridge & Counties Building Society	86,161		
Other	376		
		-	-
Total cash funds	289,751	16,680	-

(agree balances with receipts and payments account(s))

OK

Unrestricted funds

to nearest £

OK

Restricted funds

to nearest £

OK

Endowment funds

to nearest £

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Contractors	Exercise & Wellbeing	1,230	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Jan Davis</i>	Janet Audrey Davis	15-Jun-21



Section A Independent Examiner's Report

Report to the trustees/ members of

HUNTINGDON COMMUNITY CANCER NETWORK

On accounts for the year ended

30 APRIL 2021

Charity no (if any)

Set out on pages

insert number to include the page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

25/6/21

Name:

GRAMAM JOHN ADAMS

Relevant professional qualification(s) or body

CIPFA.

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.