



Trustees' Annual Report for the period

	Period start date				Period end date		
From	Day 01	Month Sep	Year 2024	To	Day 31	Month Aug	Year 2025

Section A Reference and administration details

Charity name **Friends of the Red and Green Practice**

Other names charity is known by

Registered charity number (if any) **1162980**

Charity's principal address
Waterside Health Centre
Beaulieu Road
Hythe
Southampton

Postcode **SO45 5WX**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr I Redmill	Chair		
2	J Carr	Secretary		
3	R Sykes			
4	Dr A Steadman	Treasurer		
5	Dr J Pickford			
6	K Mulley			
7	A Walking			
8				
9				
10				
11				
12				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Solicitor	Paris Smith LLP	Number 1 London Road, Southampton, SO15 2AE
Bankers	Natwest Bank PLC	Southampton Customer Service Centre, Brunswick Gate, 23 Brunswick Place, Southampton, SO15 2AQ

Name of chief executive or names of senior staff members (Optional information)

none

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by trustees from the doctors, patients and staff of the Red and Green Practice

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity is a Charitable Incorporated Organisation, incorporated on 4 August 2015. It is governed by its constitution, which was amended on 23/11/2015 and further amended on 4/2/2016 on the advice of the charity commission and our advisors.

The Trustees are formed of two patients, two staff and three doctors. Each of the three groups of trustees must be represented at meetings, and all groups are required to approve funding requests. This arrangement ensures the trustee body has independence from the practice, and can ensure that patient benefit is at the core of its actions.

The current Constitution requires that any retiring trustee must be replaced by another trustee from the same group to ensure the trustee body maintains its independence.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve sickness and preserve health for the public benefit among persons residing permanently or temporarily in Hythe and the Waterside and the surrounding area by the provision of medical and other equipment and supporting development of facilities in the surgeries of the Red And Green Practice including, but not exclusively, by providing assistance in the specialist training of doctors, nurses, ancillary and other medical staff at the Red And Green Practice not provided for by the Health Authority such training to be made available to personnel whether they be whole time or part time or engaged under a fixed term contract and to assist in the promotion of local initiatives in healthcare provision.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

In particular during the year we have provided a grant to convert a storage space into a meeting room to allow clinical and patient group meetings to take place on site, as well as providing a space for staff training. We also provided a grant to upgrade the entrance doors at the Waterside site to electric, allowing easier access for all patients, including those with mobility challenges or small children.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Grants are considered following a standardised application procedure, against our charitable objectives, and are granted following a meeting of trustees which usually occur quarterly.

Exceptionally grants are considered urgently for small or urgent items that cannot wait for a meeting.

Some of the business of the charity was necessarily moved online during the coronavirus pandemic and has been conducted by email and electronic means. This has been found to be an efficient way to communicate between trustees and so these practices have continued this year, with face to face meetings where required to consider grants.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The trustees would like to record their thanks to our anonymous beneficiary who provided a significant legacy, which allowed the foundation of the charity.

The trustees have made further grants this year to fulfil their charitable objectives. The trustees consider they are applying a robust approach to ensure they are not approving requests for expenditure which would normally be funded by the health authority or which do not have a clear patient benefit.

The trustees have also provided large items of equipment to the Practice in previous years to improve the facilities and services available to patients.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Trustees intend to maintain reserves at a minimum of £5,000 at all times to ensure the charity has sufficient funds to meet its obligations as they fall due.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Opening balances totalled £92160
During the year, bank interest of £939 was received.

£24490 was expended on charitable activities.

Total resources carried forward were £68606.

The trustees consider there are sufficient reserves to enable continuing operation of the charity for the next year.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.



Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

	
IAN RICHMOND	IAN RICHMOND
CHAIR	TREASURER.

02/12/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Friends of Red and Green Practice

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01-Sep-24

To

Period end date
31-Aug-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
bank interest	939	-	-	939	1,351
		-	-		
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	939	-	-	939	1,351
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	939	-	-	939	1,351
A3 Payments					
Grants to red and Green Practice	24,490	-	-	24,490	4,867
Grants to other organisations	-	-	-	-	-
Maintenance of fixed assets	-	-	-	-	-
Admin	3	-	-	3	4
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	24,493	-	-	24,493	4,871
A4 Asset and investment purchases, (see table)					
fixed asset purchase	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,493	-	-	24,493	4,871
Net of receipts/(payments)	23,554	-	-	23,554	3,520
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	92,160	-	-	92,160	95,680
Cash funds this year end	68,606	-	-	68,606	92,160

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		68,606	-	-
		-	-	-
		-	-	-
	Total cash funds	68,606	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


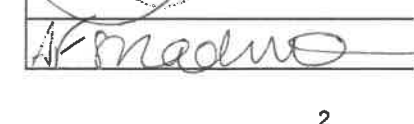
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	FIXED ASSETS	UNRESTRICTED		
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	IAIN REDMILL (CHAIR)	21/11/2025
	ANSON STEADMAN (Treasurer)	25/11/2025