

## OzBox and the Police Clubs of Great Britain

### Strengthening Prevention Strategies

#### “Not Just a Gym”

OzBox project and the newly developed programs are comprehensive and multifaceted, building on the assets and strengths of young people and assisting them to define goals, complete school, and plan their futures. Youth development seldom tackles isolated problems, such as sexual risk behaviours, but focuses instead on providing support and opportunities for young people. OzBox in conjunction with the PCGB (Police Clubs of Great Britain) is a strategy that attempts to meet the needs young people themselves identify, to have life skills, to be cared for and safe, to be valued and useful, and to be psychologically grounded, by building on their capabilities, assisting them to cultivate their own talents and to increase their feelings of self-worth, and easing their transition to adulthood.

OzBox is especially important for young people who have little or no support from

their families, schools, and communities. These hard to reach and under- served youth, who frequently report high risk behaviour and often lack access to health services, include:

- Youth who live on the street Low-income young people
- Youth in foster care and group homes
- Young people in the juvenile justice system
- Youth addicted to alcohol or other drugs
- Obesity
- Youth in residential mental health treatment facilities
- Young people who have dropped out of school and are in ECU's, PRU's or are NEET.
- Pregnant and parenting youth
- Gay, lesbian, bisexual, and transgender young people
- Survivors of grooming, childhood sexual, physical, and/or emotional abuse
- Youth with mental or physical disabilities.

OzBox / PCGB programs are built upon six promises outlined here along with effective strategies and teen pregnancy / Sexual Health prevention program.

OzBox focuses on assets and strengths, not problems.

OzBox and PCGB programs provide services such as tutoring, mentoring, developing recreational opportunities, job training, social skills, and volunteering. By tailoring services to meet the needs and build on the assets of the individual, these programs motivate young people to work toward achieving successful futures. Academic competence is measured by grades and standardised test scores provided by the schools, Social or interpersonal competence is measured by communication skills or by participation in recreational and social activities. Creativity is measured by artistic efforts, such as performances. Vocational competence is measured by job skills or employment outcomes, Healthy diet and exercise is measured by exercise tests, Service to others is measured by hours of volunteering and / or participation in OzBox activities.

1.

1. Youth development programs address the real or human needs of young people.

OzBox and PCGB project planners focus on the needs that young people themselves identify and consider the multiple factors of young people's lives in developing an intervention. For example, young boys or girls who have sex with boys or girls most often identify two basic needs—societal acceptance and intimacy in a relationship. Research indicates that a sense of self-worth and community support are factors in lowering STD's or risk behaviours. Young girls / boys most often identify a need for intimacy as being connected to their sexual risk behaviours. A prevention program developed by the PCGB offers an insight to

help them define what they would like in their intimate relationships. Then, increasing their interpersonal, communication, and assertiveness skills would assist them to create the healthy, intimate relationships they want. This strategy might help to promote these youth's academic, artistic, and career skills to nurture their self-esteem.

2. Young people should participate in designing the program and in its activities

OzBox / PCGB programs are designed to meet participants' needs. Participants will

determine whether programs are appropriate and relevant for them, and they can

indicate such by representation to a coach or deliverer. To ensure relevancy to the

target population, young people should participate in programs' design, implementation, evaluation, and modification. Youth can and should be among the leaders in programs, even when that means special training for them. Our programs publicly recognise young people's work and their participation. Finally, our programs involve youth as educators of other youth. Our programs fully engage young people and this has the desired outcome of keeping youth participating because "ownership" of our programs shifts to the young people themselves.

Sexual Health and Pregnancy prevention programs in the OzBox / PCGB program already foster such skills as:

1. Reviewing or illuminating risk behaviours
2. Understanding perceived norms
3. Knowing that one can reduce one's risk behaviours
4. Making decisions, negotiating, and refusing
5. Reviewing sexual health options, such as using condoms, and delaying sexual activity
6. Other important skills, such as the ability to sustain a healthy relationship, the ability to make and hold friendships, and the ability to find and hold a job, may increase the motivation of young people to avoid sexual risk behaviours.

3. Our Programs involve committed and knowledgeable adults

OzBox / PCGB Programs foster trust between adults and youth. In addition to education and professional expertise, our coaches are positive, have a non-judgmental attitude toward and respect for young people. Our Coaches also possess qualities such as willingness to work in collaboration with others, flexibility, commitment, experience working with young people, interest in youth, a trainer who is a mentor for the Prince's Trust, trained in safeguarding the young

and vulnerable and the willingness to be role models.

#### 4. Youth develop within, and are profoundly influenced by, their environment

The entire community, families, peers, schools, faith communities, businesses, government, and community organisations must participate in fostering the capabilities of the community's young people. Our successful programs consider the realities and developmental needs of the community's young people. Values, attitudes, and beliefs can vary significantly across cultural, socioeconomic, and ethnic groups, and our activities are age- appropriate as well as tailored to the cultural and racial/ethnic backgrounds of participants. Finally, we consider the characteristics of the community as a whole when designing programs.

#### 5. Successful youth development requires community partnerships

Youth develop within the contexts of family, school, peers, and community.  
OzBox

/ PCGB coaches actively involve representatives of all these groups in planning, designing, implementing, and evaluating program activities. Our programs tap the

resources of community members, including parents and families, religious and business leaders, local policy makers, educators, youth-serving professionals, and

health care providers. This strategy provides extensive input and helps to ensure the community's commitment to the program.

Coaches assess young participants to determine the developmental opportunities

and services that would benefit each person and ensure participants' access to those opportunities. Ensure access to mental health counselling (Talking Mental Health -Self Referrals) for teens that face issues such as depression, substance abuse, obesity [support offered by primary trust] and family or relationship problems which may affect their ability to thrive in our youth development program. Usually, to offer an array of services, youth development programs make collaborative arrangements with other community agencies. However, in collaboration with our partner agencies, effective HIV/STD, and teen pregnancy prevention programs links in with our existing youth development programs in order to meet all of the needs of participants and to refer them to services they

need. Many effective programs have a strong commitment to youth and to preventing risk behaviours among youth, including sexual risk-taking, dropping out of school and using substances.

OzBox / PCGB is a good prevention strategy:

Communities should work together to meet the needs that young people themselves identify. They should focus on the strengths and assets of young people rather than the "problem" behaviours they may demonstrate. Although few communities currently utilise youth development as a strategy to prevent negative health outcomes (Obesity) among young people, concerned adults, parents, professionals, community representatives, policy makers, and funding agencies will work with young people to develop young people's life options and ensure their healthy transition to productive adulthood.

Present

The future.

At this moment in time the scheme runs out of two premises within Derbyshire.

Those being: -

Allenton Boxing Academy, Derby

Peter Webster Centre, Chesterfield

We are currently using the mobile gym to produce sessions within the local community to provide exercise for local groups, such as young mothers, refugees, army cadets, young farmers, youth clubs, mining villages youth, housing associations youth; to name a few.

We have given Langley Mill boxing club some of the equipment from the vacating of the Mandela centre and Normanton Park and retaining the rest for usage in the Peter Webster Centre, having applied to the board to allow us to use this equipment on more days of the week, than at present, to continue to produce free exercise sessions for the community.

We are looking towards training further volunteers either through a level one England Boxing course or a PCGB contender course.

This would enable us to provide a flexibility to support the mobile gym whilst sessions in the centres are also running.

A local authority grant which we are hoping to receive would enable us to provide twelve sessions throughout the next year at different venues within Derbyshire utilising the mobile gym, volunteers and our regular trainers over and above providing our regular sessions in our gyms along with the other committed visits by the mobile gym.

Stephen Osbaldeston MBE

EXPENDITURE

| TOTAL EXPENDITURE |                | £40,264.35 |                  |           |       |          |           |          |                      |           |                    |
|-------------------|----------------|------------|------------------|-----------|-------|----------|-----------|----------|----------------------|-----------|--------------------|
| Date              | Cheque or Code | Amount     | Payee/Source     | Rent      | PPS   | Travel   | Coaching  | Gas/Elec | Sundries + Equipment | TOTAL     | SOURCE DESCRIPTION |
|                   |                | 40,264.35  |                  | 12,181.50 | 73.97 | 2,961.17 | 13,531.79 | 1,056.15 | 10,662.78            | 40,264.35 |                    |
| 22-Jan-21         | DPC            | 22.49      | ARGOS            |           |       |          |           |          | 22.49                | 22.49     | P CARTRIDGE        |
| 22-Jan-21         | DPC            | 34.99      | ARGOS            |           |       |          |           |          | 34.99                | 34.99     | WEBCAM             |
| 01-Feb-21         | DPC            | 11.00      | T POTROWSKI      |           |       |          |           |          | 11.00                | 11.00     | MEMBERSHIP         |
| 05-Feb-21         | POS            | 1.92       | POST OFFICE      |           | 1.92  |          |           |          |                      | 1.92      | STAMPS             |
| 12-Feb-21         | POS            | 24.42      | VISTAPRINT       |           |       |          |           |          | 24.42                | 24.42     | POSTERS            |
| 15-Feb-21         | DPC            | 27.78      | EON ENERGY       |           |       |          |           | 27.78    |                      | 27.78     | ELECTRICITY        |
| 15-Feb-21         | POS            | 592.33     | MH TRANSPORT     |           |       | 592.33   |           |          |                      | 592.33    | VAN REPAIRS        |
| 24-Feb-21         | DPC            | 110.00     | T POTROWSKI      |           |       |          | 110.00    |          |                      | 110.00    |                    |
| 26-Feb-21         | POS            | 33.64      | VISTAPRINT       |           |       |          |           |          | 33.64                | 33.64     | POSTERS            |
| 01-Mar-21         | DPC            | 2,771.00   | DLS HOMES        | 2,771.00  |       |          |           |          |                      | 2,771.00  | ALLENTON RENT      |
| 02-Mar-21         | POS            | 69.74      | CENTRAL COOP     |           |       | 69.74    |           |          |                      | 69.74     | DIESEL             |
| 04-Mar-21         | POS            | 75.60      | MINORFERN SPARES |           |       | 75.60    |           |          |                      | 75.60     | NEW BATTERY        |

|           |      |          |                   |      |        |          |          |                   |
|-----------|------|----------|-------------------|------|--------|----------|----------|-------------------|
| 05-Mar-21 | POS  | 30.58    | ENERGIZEDCU       |      | 30.58  |          | 30.58    | NEW VAN LIGHT     |
| 10-Mar-21 | DPC  | 94.01    | BRITISH GAS       |      |        | 94.01    | 94.01    | ELECTRIC BILL     |
| 19-Mar-21 | POS  | 7.68     | WEIZH             |      |        | 7.68     | 7.68     | ELECTRIC PLUG     |
| 22-Mar-21 | POS  | 1.99     | EBAY              |      |        | 1.99     | 1.99     | MUSIC LEAD        |
| 22-Mar-21 | POS  | 1.99     | EBAY              |      |        | 1.99     | 1.99     | MUSIC LEAD        |
| 22-Mar-21 | POS  | 71.52    | HEANOR SERVICE    |      | 71.52  |          | 71.52    | DIESEL            |
| 25-Mar-21 | POS  | 48.55    | BROBOT STRETTON   |      | 48.55  |          | 48.55    | DIESEL            |
| 29-Mar-21 | POS  | 4.99     | JEANA HODSON      |      |        | 4.99     | 4.99     | MUSIC LEAD        |
| 29-Mar-21 | POS  | 1.79     | PAYPAL            | 1.79 |        |          | 1.79     | STAMPS            |
| 30-Mar-21 | DPC  | 3,854.80 | ERGOSPORT         |      |        | 3,854.80 | 3,854.80 | SPORTS CLOTHING   |
| 13-Apr-21 | CL   | 20.00    | BMACH             |      |        | 20.00    | 20.00    |                   |
| 20-Apr-21 | POS  | 46.67    | BRITISH GAS       |      |        | 46.67    | 46.67    | ALLENTON GAS BILL |
| 07-May-21 | BACS | DEP      | PCC DERBYSHIRE    |      |        |          |          | PCC GRANT         |
| 10-May-21 | DPC  | 410.00   | B HINKLEY         |      | 410.00 |          | 410.00   |                   |
| 10-May-21 | DPC  | 750.00   | DONNA LOTTERY BID |      |        | 750.00   | 750.00   | LOTTERY BID EXS   |
| 11-May-21 | BACS | DEP      | B HINKLEY         |      |        |          |          | PAID IN ERROR     |



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|-----------|-----|----------|-------------------|----------|--------|----------|-------------------|
| 11-May-21 | 103 | 22.11    | EON GAS BILL      |          |        | 22.11    | GAS BILL          |
| 12-May-21 | 104 | 49.00    | BRITISH GAS       |          |        | 49.00    | GAS BILL          |
| 17-May-21 | POS | 5.45     | MCDONALDS         |          |        | 5.45     | MEETING/MEALS     |
| 17-May-21 | POS | 6.85     | MCDONALDS         |          |        | 6.85     | MEETING/MEALS     |
| 04-Jun-21 | 105 | 40.00    | D BUNGAY          |          | 40.00  | 40.00    |                   |
| 09-Jun-21 | DPC | 38.40    | TRANS TO 33007705 |          |        | 38.40    | PRINTER CARTRIDGE |
| 11-Jun-21 | 106 | 200.00   | A MELLOR MAY EXS  |          | 200.00 | 200.00   |                   |
| 14-Jun-21 | DPC | 2,771.00 | DLS HOMES         | 2,771.00 |        | 2,771.00 |                   |
| 15-Jun-21 | POS | 38.16    | BRITISH GAS       |          |        | 38.16    |                   |
| 17-Jun-21 | POS | 76.39    | TESCO PFS         |          | 76.39  | 76.39    | FUEL              |
| 25-Jun-21 | POS | 53.94    | SAINSBURYS PETROL |          | 53.94  | 53.94    | FUEL              |
| 25-Jun-21 | C/L | 160.00   | ROYAL BANK        |          |        | 160.00   | BANNERS           |
| 06-Jul-21 | POS | 275.00   | DVLA TAX          |          | 275.00 | 275.00   |                   |
| 09-Jul-21 | 108 | 200.00   | A MELLOR JUNE EXS |          | 200.00 | 200.00   |                   |
| 12-Jul-21 | DPC | 33.83    | BRITISH GAS       |          |        | 33.83    |                   |
| 12-Jul-21 | POS | 4.40     | EBAY              |          |        | 4.40     | MUSIC CENTRE LEAD |

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| 13-Jul-20 | 109 | 150.00 | D C JUNE EXS        |        |       | 150.00 |                |
|           |     |        |                     | 150.00 |       |        |                |
| 13-Jul-21 | 112 | 550.00 | ST OZ - 11 SESSIONS |        |       | 550.00 | 11 X £50       |
|           |     |        |                     | 550.00 |       |        |                |
| 13-Jul-21 | C/L | 41.50  | PRINTED POSTERS     |        |       | 41.50  | POSTERS        |
|           |     |        |                     |        | 41.50 |        |                |
| 19-Jul-21 | POS | 89.01  | CENTRAL COOP        |        |       | 89.01  | FUEL           |
|           |     |        |                     | 89.01  |       |        |                |
| 19-Jul-21 | C/L | 60.00  | FIRST AID COURSE    |        |       | 60.00  | 3 HRS X £20    |
| 20-Jul-21 | DEP |        | C. SHEPLEY          |        |       |        | 5,000.00       |
| 23-Jul-21 | 111 | 40.00  | D BUNGAY JUNE EXS   |        |       | 40.00  |                |
|           |     |        |                     | 40.00  |       |        |                |
| 04-Aug-21 | C/L | 50.00  | ROYAL BANK          |        |       | 50.00  | ROCKY BIRTHDAY |
| 11-Aug-21 | DPC | 42.01  | BRITISH GAS         |        |       | 42.01  |                |
|           |     |        |                     |        | 42.01 |        |                |
| 13-Aug-21 | 113 | 200.00 | A MELLOR JULY EXS   |        |       | 200.00 |                |
|           |     |        |                     | 200.00 |       |        |                |
| 20-Aug-21 | DEP |        | CHESTERFIELD BC     |        |       |        | CBC            |
| 20-Aug-21 | DEP |        | CHESTERFIELD BC     |        |       |        | CBC            |
| 20-Aug-21 | DEP |        | CHESTERFIELD BC     |        |       |        | CBC            |
| 20-Aug-21 | DEP |        | CHESTERFIELD BC     |        |       |        | CBC            |
| 20-Aug-21 | DEP |        | CHESTERFIELD BC     |        |       |        | CBC            |
| 23-Aug-21 | POS | 99.94  | MFG PEVERIL         |        |       | 99.94  | FUEL           |
|           |     |        |                     | 99.94  |       |        |                |
| 31-Aug-21 | DEP |        | DCCT                |        |       |        | DCCT           |

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| 01-Sep-21 | 115 | 40.00    | D BUNGAY EXS        |          | 40.00  | 40.00    |               |
| 01-Sep-21 | 117 | 500.00   | ST OZ - 10 SESSIONS |          | 500.00 | 500.00   | 10 X £50      |
| 02-Sep-21 | 114 | 214.00   | A MELLORS AUG EXS   |          | 214.00 | 214.00   |               |
| 02-Sep-21 | 116 | 40.00    | DC AUG EXS          |          | 40.00  | 40.00    |               |
| 13-Sep-21 | DPC | 78.75    | SPITAL LANE STUDIO  | 78.75    |        | 78.75    | ROOM HIRE     |
| 17-Sep-21 | 18  | 100.00   | D COMMINGS          | 100.00   |        | 100.00   | RYKNELD HOMES |
| 20-Sep-21 | DPC | 87.50    | SPITAL LANE STUDIO  | 87.50    |        | 87.50    |               |
| 22-Sep-21 | DPC | 43.75    | SPITAL LANE STUDIO  | 43.75    |        | 43.75    |               |
| 08-Oct-21 | DPC | 83.65    | BRITISH GAS         |          | 83.65  | 83.65    |               |
| 08-Oct-21 | POS | 45.00    | MH TRANSPORT        |          | 45.00  | 45.00    | VAN MOT       |
| 11-Oct-21 | DPC | 2,771.00 | DLS HOMES           | 2,771.00 |        | 2,771.00 |               |
| 15-Oct-21 | DPC | 87.50    | SPITAL LANE STUDIO  | 87.50    |        | 87.50    |               |
| 15-Oct-21 | POS | 16.40    | STARBUCKS           |          |        | 16.40    | REFRESHMENTS  |
| 15-Oct-21 | 119 | 125.00   | A MELLORS EXS       |          | 125.00 | 125.00   |               |
| 15-Oct-21 | 121 | 40.00    | D B EXS             |          | 40.00  | 40.00    |               |
| 18-Oct-21 | 120 | 40.00    | D C EXS             |          | 40.00  | 40.00    |               |

|           |     |        |                    |       |        |        |        |               |
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| 22-Oct-21 | POS | 7.90   | TASTE BUDS DERBY   |       |        |        | 7.90   | REFRESHMENTS  |
| 25-Oct-21 | 123 | 600.00 | ST OZ 12 SESSIONS  |       |        |        |        | 12 X £50      |
| 26-Oct-21 | 122 | 600.00 | DC 12 SESSIONS     |       | 600.00 |        | 600.00 | 12 X £50      |
| 05-Nov-21 | DPC | 35.00  | SPITAL LANE STUDIO | 35.00 |        |        | 35.00  |               |
| 08-Nov-21 | POS | 105.98 | TESCO PFS          |       | 105.98 |        | 105.98 | FUEL          |
| 09-Nov-21 | DPC | 44.04  | EON.NEXT VIA MOB   |       |        | 44.04  | 44.04  | GAS ABA       |
| 12-Nov-21 | 125 | 40.00  | DC OCT EXS         |       | 40.00  |        | 40.00  |               |
| 12-Nov-21 | 126 | 100.00 | A MELLORS OCT EXS  |       | 100.00 |        | 100.00 |               |
| 16-Nov-21 | POS | 90.96  | SHELL - BLACKBURN  |       | 90.96  |        | 90.96  | FUEL          |
| 16-Nov-21 | 124 | 40.00  | D B OCT EXS        |       | 40.00  |        | 40.00  |               |
| 17-Nov-21 | POS | 50.66  | SAINSBURYS PETROL  |       | 50.66  |        | 50.66  | FUEL          |
| 19-Nov-21 | DEP |        | RYKNELD HOMES      |       |        |        |        | PAID IN ERROR |
| 23-Nov-21 | POS | 141.40 | BRITISH GAS        |       |        | 141.40 | 141.40 |               |
| 25-Nov-21 | POS | 264.94 | A PLAN EASTLEIGH   |       |        | 264.94 | 264.94 |               |
| 29-Nov-21 | POS | 36.20  | EBAY               |       |        | 36.20  | 36.20  |               |
| 29-Nov-21 | POS | 99.00  | TESCO FUEL         |       | 99.00  |        | 99.00  |               |

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|-----------|-----|----------|--------------------|----------|--------|--------|----------|----------------|
| 30-Nov-21 | 128 | 250.00   | J OSBALDESTON      |          |        | 250.00 | 250.00   | ADMIN EXPENSES |
| 02-Dec-21 | DPC | 35.00    | SPITAL LANE STUDIO |          | 35.00  |        | 35.00    |                |
| 02-Dec-21 | DPC | 70.00    | SPITAL LANE STUDIO |          | 70.00  |        | 70.00    |                |
| 02-Dec-21 | DPC | 35.00    | SPITAL LANE STUDIO |          | 35.00  |        | 35.00    |                |
| 02-Dec-21 | DPC | 2,771.00 | DLS HOMES          | 2,771.00 |        |        | 2,771.00 |                |
| 08-Dec-21 | 130 | 40.00    | DAZ EXS NOV        |          | 40.00  |        | 40.00    |                |
| 09-Dec-21 | 127 | 200.00   | TO DAZ + RYKNELD   |          | 200.00 |        | 200.00   |                |
| 13-Dec-21 | DPC | 35.00    | SPITAL LANE STUDIO |          | 35.00  |        | 35.00    |                |
| 13-Dec-21 | POS | 11.97    | EBAY               |          |        | 11.97  | 11.97    | PHONE LEADS    |
| 13-Dec-21 | 131 | 150.00   | ROCKY EXS NOV      |          | 150.00 |        | 150.00   |                |
| 14-Dec-21 | 129 | 65.00    | D BUNGAY EXS NOV   |          | 65.00  |        | 65.00    |                |
| 17-Dec-21 | DEP |          | LOTTERY FUND       |          |        |        |          | LOTTERY FUND   |
| 17-Dec-21 | DPC | 400.00   | DONNA              |          |        | 400.00 | 400.00   | GRANT EXS      |
| 20-Dec-21 | DPC | 58.86    | POSTAGE EXS        | 58.86    |        |        | 58.86    |                |
| 20-Dec-21 | DPC | 65.20    |                    |          |        | 65.20  | 65.20    |                |
| 22-Dec-21 | 132 | 540.00   | DAZ EXS PCC FUND   |          | 540.00 |        | 540.00   |                |

|           |     |        |                   |       |        |        |        |                |
|-----------|-----|--------|-------------------|-------|--------|--------|--------|----------------|
| 22-Dec-21 | 135 | 450.00 | S OZ EXS PCC FUND |       | 450.00 |        | 450.00 |                |
| 24-Dec-21 | 133 | 40.00  | D BUNGAY EXS DEC  |       | 40.00  |        | 40.00  |                |
| 04-Jan-22 | DPC | 293.00 | NATHAN GREAVES    |       |        | 293.00 | 293.00 | OZ BOX COURSES |
| 05-Jan-22 | POS | 3.95   | EBAY              |       |        | 3.95   | 3.95   |                |
| 06-Jan-22 | 134 | 200.00 |                   |       | 200.00 |        | 200.00 |                |
| 14-Jan-22 | DEP |        | DCCT              |       |        |        |        |                |
| 18-Jan-22 | DPC | 53.01  | BRITISH GAS ABA   |       | 53.01  |        | 53.01  |                |
| 24-Jan-22 | POS | 34.95  | EBAY COMMERCE     |       |        | 34.95  | 34.95  |                |
| 24-Jan-22 | POS | 2.79   | EBAY COMMERCE     |       |        | 2.79   | 2.79   |                |
| 24-Jan-22 | POS | 2.79   | EBAY COMMERCE     |       |        | 2.79   | 2.79   |                |
| 25-Jan-22 | DPC | 70.00  | SPITAL INV 43     | 70.00 |        |        | 70.00  |                |
| 27-Jan-22 | POS | 2.00   | NYA AIR SERV      |       |        | 2.00   | 2.00   |                |
| 31-Jan-22 | POS | 17.18  | EBAY COMMERCE     |       |        | 17.18  | 17.18  |                |
| 01-Feb-22 | POS | 39.91  | HOME BARGAINS     |       |        | 39.91  | 39.91  |                |
| 02-Feb-22 | DEP |        | W E AMIES         |       |        |        |        | W E AMIES      |
| 03-Feb-22 | POS | 2.00   | NYA AIR SERV      |       |        | 2.00   | 2.00   |                |

|           |     |        |                   |       |       |        |        |                |
|-----------|-----|--------|-------------------|-------|-------|--------|--------|----------------|
| 04-Feb-22 | 137 | 150.00 | ROCKEY EXS        |       |       | 150.00 | 150.00 |                |
| 10-Feb-22 | DEP |        | POLICE CR COMM    |       |       |        |        |                |
| 10-Feb-22 | DPC | 750.00 | DONNA LOTTERY BID |       |       | 750.00 | 750.00 |                |
| 10-Feb-22 | POS | 99.08  | SAINSBURYS FUEL   |       | 99.08 |        | 99.08  |                |
| 10-Feb-22 | 136 | 40.00  | D BUNGAY EXS      |       |       | 40.00  | 40.00  |                |
| 11-Feb-22 | DPC | 70.00  | SPITAL INV 48     | 70.00 |       |        | 70.00  |                |
| 14-Feb-22 | DPC | 67.75  | BRITSH GAS ABA    |       |       | 67.75  | 67.75  |                |
| 14-Feb-22 | 140 | 211.99 | STEVE OZ SESSIONS |       |       | 211.99 | 211.99 |                |
| 14-Feb-22 | 141 | 85.11  | DIESEL            |       | 85.11 |        | 85.11  |                |
| 15-Feb-22 | 139 | 340.00 | DAZ EQUIPMENT     |       |       | 340.00 | 340.00 | EQUIPMENT      |
| 22-Feb-22 | 138 | 110.00 | TRAINING COSTS    |       |       | 110.00 | 110.00 | TRAINING COSTS |
| 28-Feb-22 | DPC | 70.00  | SPITAL INV 49     | 70.00 |       |        | 70.00  | HOODIES        |
| 28-Feb-22 | DPC | 956.20 | ERGO SPORTS       |       |       |        | 956.20 |                |
| 02-Mar-22 | 146 | 300.00 | STEVE OZ SESSIONS |       |       | 300.00 | 300.00 |                |
| 03-Feb-22 | 142 | 40.00  | D BUNGAY EXS      |       |       | 40.00  | 40.00  |                |
| 04-Mar-22 | DPC | 35.00  | SPITAL INV 54     | 35.00 |       |        | 35.00  |                |

|           |     |        |                      |       |        |        |       |        |             |
|-----------|-----|--------|----------------------|-------|--------|--------|-------|--------|-------------|
| 04-Mar-22 | 143 | 300.00 | ROCKEY EXS           |       |        | 300.00 |       | 300.00 |             |
| 07-Mar-22 | 145 | 393.00 | DAZ EXS              |       |        | 393.00 |       | 393.00 |             |
| 08-Mar-22 | POS | 108.98 | MFG BRIMINGTON       |       | 108.98 |        |       | 108.98 | VAN REPAIRS |
| 10-Mar-22 | POS | 37.99  | EBAY COMMERCE        |       |        |        | 37.99 |        |             |
| 10-Mar-22 | POS | 17.18  | PCS MOTOR FACTORS    |       | 17.18  |        |       | 17.18  | VAN REPAIRS |
| 14-Mar-22 | DPC | 63.89  | BRITISH GAS ABA      |       |        |        | 63.89 |        |             |
| 18-Mar-22 | DEP |        | LOTTERY FUND         |       |        |        |       |        |             |
| 18-Mar-22 | DPC | 35.00  | SPITAL INV 57        | 35.00 |        |        |       | 35.00  |             |
| 18-Mar-22 | DPC | 705.00 | DONNA INV 117        |       |        |        |       | 705.00 |             |
| 22-Mar-22 | POS | 12.00  | HALFORDS             |       | 12.00  |        |       | 12.00  | VAN ACCS    |
| 22-Mar-22 | POS | 36.65  | BOOKER CHESTERFD     |       |        |        | 36.65 |        |             |
| 06-Apr-22 | DPC | 35.00  | SPITAL INV 58        | 35.00 |        |        |       | 35.00  |             |
| 06-Apr-22 | 147 | 760.00 | DAZ EXS              |       |        | 760.00 |       | 760.00 |             |
| 07-Apr-22 | DEP |        | HARTINGTON YPH       |       |        |        |       |        |             |
| 07-Apr-22 | 148 | 720.00 | STEVE OZ 12 SESSIONS |       |        | 720.00 |       | 720.00 |             |
| 07-Apr-22 | DPC | 35.00  | SPITAL INV 61        | 35.00 |        |        |       | 35.00  |             |



|           |     |        |                   |       |        |        |          |        |
|-----------|-----|--------|-------------------|-------|--------|--------|----------|--------|
| 08-Apr-22 | DPC | 35.00  | SPITAL INV 60     | 35.00 |        |        |          | 35.00  |
| 08-Apr-22 | 150 | 300.00 | ROCKEY EXS        |       |        | 300.00 |          | 300.00 |
| 14-Apr-22 | 151 | 70.00  | RENT MICKLEY      | 70.00 |        |        |          | 70.00  |
| 19-Apr-22 | DPC | 35.00  | SPITAL INV 64     | 35.00 |        |        |          | 35.00  |
| 20-Apr-20 | 149 | 40.00  | D BUNGAY EXS      |       |        | 40.00  |          | 40.00  |
| 21-Apr-22 | POS | 132.84 | ESSO BIRDHOLME    |       | 132.84 |        |          | 132.84 |
| 22-Apr-22 | POS | 40.86  | EBAY COMMERCE     |       |        |        | 40.86    | 40.86  |
| 22-Apr-22 | POS | 59.43  | BRITISH GAS       |       |        |        | 59.43    | 59.43  |
| 29-Apr-22 | DEP |        | DCCT              |       |        |        |          | DCCY   |
| 06-May-22 | 152 | 300.00 | ROCKEY EXS        |       |        | 300.00 |          | 300.00 |
| 06-May-22 | POS | 21.99  | EBAY COMMERCE     |       |        |        | 2,199.00 | 21.99  |
| 09-May-22 | 156 | 675.00 | STEVE OZ SESSIONS |       |        | 675.00 |          | 675.00 |
| 10-May-22 | 154 | 40.00  | D BUNGAY EXS      |       |        | 40.00  |          | 40.00  |
| 10-May-22 | 157 | 11.40  | STAMPS            | 11.40 |        |        |          | 11.40  |
| 11-May-22 | 155 | 296.00 | DAZ EXS           |       |        | 296.00 |          | 296.00 |
| 12-May-22 | DPC | 35.00  | SPITAL INV 70     | 35.00 |        |        |          | 35.00  |

|           |     |        |                   |       |        |        |        |        |
|-----------|-----|--------|-------------------|-------|--------|--------|--------|--------|
| 16-May-22 | DPC | 247.20 | OXBOX PENS        |       |        |        | 247.20 | 247.20 |
| 16-May-22 | POS | 23.18  | EBAY COMMERCE     |       |        |        | 23.18  | 23.18  |
| 16-May-22 | POS | 13.95  | EBAY COMMERCE     |       |        |        | 13.95  | 13.95  |
| 17-May-22 | POS | 619.20 | LINDLEY & SONS    |       |        |        | 619.20 | 619.20 |
| 17-May-22 | POS | 40.26  | BRITISH GAS       |       |        | 40.26  |        | 40.26  |
| 20-May-22 | POS | 125.10 | TESCO FUEL        |       | 125.10 |        |        | 125.10 |
| 26-May-22 | DPC | 35.00  | SPITAL INV 72     | 35.00 |        |        |        | 35.00  |
| 06-Jun-22 | DPC | 35.00  | SPITAL INV 75     | 35.00 |        |        |        | 35.00  |
| 06-Jun-22 | 162 | 675.00 | STEVE OZ SESSIONS |       |        | 675.00 |        | 675.00 |
| 08-Jun-22 | 161 | 565.00 | DAZ EXS           |       |        | 565.00 |        | 565.00 |
| 09-Jun-22 | 159 | 306.80 | ROCKEY EXS        |       |        | 306.80 |        | 306.80 |
| 09-Jun-22 | 160 | 40.00  | D BUNGAY EXS      |       |        | 40.00  |        | 40.00  |
| 13-Jun-22 | DPC | 42.25  | BRITHS GAS        |       |        | 42.25  |        | 42.25  |
| 13-Jun-22 | POS | 16.75  | EBAY COMMERCE     |       |        |        | 16.75  | 16.75  |
| 14-Jun-22 | POS | 290.00 | VAN TAX           |       | 290.00 |        |        | 290.00 |
| 22-Jun-22 | POS | 74.25  | SAINSBURYS FUEL   |       | 74.25  |        |        | 74.25  |

|           |     |        |                     |        |        |        |
|-----------|-----|--------|---------------------|--------|--------|--------|
| 24-Jun-22 | POS | 142.43 | TESCO FUEL          |        | 142.43 |        |
| 29-Jun-22 | 166 | 415.00 | DAZ EXS             |        |        | 415.00 |
| 30-Jun-22 | 153 | 40.00  | RENT MICKLEY        | 40.00  |        | 40.00  |
| 30-Jun-22 | 158 | 30.00  | RENT MICKLEY        | 30.00  |        | 30.00  |
| 01-Jul-22 | DPC | DEP    | FROM ACCT 76476022  |        |        |        |
| 04-Jul-22 | POS |        | PAID IN ERROR       |        |        | 15.50  |
| 04-Jul-22 | 167 | 525.00 | STEVE OZ SESSIONS   |        | 525.00 | 525.00 |
| 08-Jul-22 | 164 | 300.00 | ROCKEY EXS          |        | 300.00 | 300.00 |
| 11-Jul-22 | DPC | 41.70  | BRITISH GAS         |        | 41.70  | 41.70  |
| 12-Jul-22 | POS | 20.23  | EBAY COMMERCE       |        |        | 20.23  |
| 12-Jul-22 | POS | 7.99   | MICROSOFT STORE     |        |        | 7.99   |
| 18-Jul-22 | POS | 6.99   | EBAY COMMERCE       |        |        | 6.99   |
| 21-Jul-22 | DPC | 105.00 | DANCE AND FITNESS   | 105.00 |        | 105.00 |
| 21-Jul-22 | POS | 23.99  | EBAY COMMERCE       |        |        | 23.99  |
| 22-Jul-22 | POS | 7.99   | MICROSOFT STORE     |        |        | 7.99   |
| 25-Jul-22 | DEP |        | BOLSOVER DC         |        |        |        |
| 25-Jul-22 | DPC | 200.00 | TR TO ACCT 33007705 |        | 200.00 | 200.00 |

|           |     |        |                   |       |      |       |        |        |
|-----------|-----|--------|-------------------|-------|------|-------|--------|--------|
| 25-Jul-22 | POS | 5.99   | EBAY COMMERCE     |       |      |       |        | 5.99   |
|           |     |        |                   |       |      |       | 5.99   |        |
| 25-Jul-22 | POS | 7.84   | EBAY COMMERCE     |       |      |       |        | 7.84   |
|           |     |        |                   |       |      |       | 7.84   |        |
| 29-Jul-22 | DPC | 35.00  | DANCE AND FITNESS |       |      |       |        | 35.00  |
|           |     |        |                   | 35.00 |      |       |        |        |
| 29-Jul-22 | DPC | 35.00  | DANCE AND FITNESS |       |      |       |        | 35.00  |
|           |     |        |                   | 35.00 |      |       |        |        |
| 29-Jul-22 | DPC | 35.00  | DANCE AND FITNESS |       |      |       |        | 35.00  |
|           |     |        |                   | 35.00 |      |       |        |        |
| 29-Jul-22 | POS | 25.88  | BROBOT FUEL       |       |      |       |        | 25.88  |
|           |     |        |                   |       |      | 25.88 |        |        |
| 09-Aug-22 | 172 | 150.00 | STEVE OZ SESSIONS |       |      |       | 150.00 | 150.00 |
| 09-Aug-22 | 173 | 5.70   | STAMPS            |       |      |       |        | 5.70   |
|           |     |        |                   |       | 5.70 |       |        |        |
| 12-Aug-22 | 170 | 350.00 | ROCKEY EXS        |       |      |       | 350.00 | 350.00 |
|           |     |        |                   |       |      |       |        |        |

DONATIONS- INCOME

TOTAL INCOME £42,545.50

| W E AMIES | C SHEPLEY | INCOME DCCT | OTHER INCOME | HMRC & GIFT AID | OTHER GRANTS | TRANS FROM OTHER ACCTS | PCC GRANT |
|-----------|-----------|-------------|--------------|-----------------|--------------|------------------------|-----------|
| 10,000.00 | £5,000.00 | 630.00      | 150.00       | -               | 11,728.00    | 37.50                  | 15,000.00 |

7,500.00

£5,000.00

35.00

70.00

400.00

70.00

158.00

240.00

3,945.00



195.00

10,000.00

22.00

7,500.00

7,050.00

150.00

195.00

15.50

200.00