

NORTH OF ENGLANDS / OZBOXING

England & Wales · Charity number 1162946

Details

Status Registered

Legal form CIO

Registered 2015-07-31

Register [View on the Charity Commission register](#)

Contact

Address Woodmans Cottage
Chesterfield Road
Oakerthorpe
Alfreton
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Phone 01773835855

Email OSBALDESTON163@BTINTERNET.COM

Website ozboxing.co.uk

Activities

Objects: TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE THROUGH: (A) THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE, IN PARTICULAR BUT NOT EXCLUSIVELY THROUGH BOXING;(B) PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS.

Activities: Fitness training for young persons in Derbyshire.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** Recreation, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Derbyshire
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£9,276	£15,009	-	-
2024-03-31	£8,300	£13,353	-	-
2023-03-31	£20,941	£26,740	-	-
2022-03-31	£17,413	£25,698	-	-
2021-01-14	£41,888	£24,306	-	-

Trustees

Name	Role	Appointed
BRIAN HINKLEY		2015-07-31
DARREN COMMINS		2017-02-21
DAVID JOHN BUNGAY		2017-02-21
STEVE OSBALDESTON		2015-07-31

Accounts

OzBox and the Police Clubs of Great Britain

Strengthening Prevention Strategies

“Not Just a Gym”

OzBox project and the newly developed programs are comprehensive and multifaceted, building on the assets and strengths of young people and assisting them to define goals, complete school, and plan their futures. Youth development seldom tackles isolated problems, such as sexual risk behaviours, but focuses instead on providing support and opportunities for young people. OzBox in conjunction with the PCGB (Police Clubs of Great Britain) is a strategy that attempts to meet the needs young people themselves identify, to have life skills, to be cared for and safe, to be valued and useful, and to be psychologically grounded, by building on their capabilities, assisting them to cultivate their own talents and to increase their feelings of self-worth, and easing their transition to adulthood.

OzBox is especially important for young people who have little or no support from their families, schools, and communities. These hard to reach and under-served youth, who frequently report high risk behaviour and often lack access to health services, include:

- Youth who live on the street Low-income young people
- Youth in foster care and group homes
- Young people in the juvenile justice system
- Youth addicted to alcohol or other drugs
- Obesity
- Youth in residential mental health treatment facilities
- Young people who have dropped out of school and are in ECU's, PRU's or are NEET.
- Pregnant and parenting youth
- Gay, lesbian, bisexual, and transgender young people
- Survivors of grooming, childhood sexual, physical, and/or emotional abuse
- Youth with mental or physical disabilities.

OzBox / PCGB programs are built upon six promises outlined here along with effective strategies and teen pregnancy / Sexual Health prevention program.

OzBox focuses on assets and strengths, not problems.

OzBox and PCGB programs provide services such as tutoring, mentoring, developing recreational opportunities, job training, social skills, and volunteering. By tailoring services to meet the needs and build on the assets of the individual, these programs motivate young people to work toward achieving successful futures. Academic competence is measured by grades and standardised test scores provided by the schools, Social or interpersonal competence is measured by communication skills or by participation in recreational and social activities. Creativity is measured by artistic efforts, such as performances. Vocational competence is measured by job skills or employment outcomes, Healthy diet and exercise is measured by exercise tests, Service to others is measured by hours of volunteering and / or participation in OzBox activities.

1.

1. Youth development programs address the real or human needs of young people.

OzBox and PCGB project planners focus on the needs that young people themselves identify and consider the multiple factors of young people's lives in developing an intervention. For example, young boys or girls who have sex with boys or girls most often identify two basic needs—societal acceptance and intimacy in a relationship. Research indicates that a sense of self-worth and community support are factors in lowering STD's or risk behaviours. Young girls / boys most often identify a need for intimacy as being connected to their sexual risk behaviours. A prevention program developed by the PCGB offers an insight to help them define what they would like in their intimate relationships. Then, increasing their interpersonal, communication, and assertiveness skills would assist them to create the healthy, intimate relationships they want. This strategy might help to promote these youth's academic, artistic, and career skills to nurture their self-esteem.

2. Young people should participate in designing the program and in its activities

OzBox / PCGB programs are designed to meet participants' needs. Participants will

determine whether programs are appropriate and relevant for them, and they can indicate such by representation to a coach or deliverer. To ensure relevancy to the target population, young people should participate in programs' design, implementation, evaluation, and modification. Youth can and should be among the leaders in programs, even when that means special training for them. Our programs publicly recognise young people's work and their participation. Finally, our programs involve youth as educators of other youth. Our programs fully engage young people and this has the desired outcome of keeping youth participating because "ownership" of our programs shifts to the young people themselves.

Sexual Health and Pregnancy prevention programs in the OzBox / PCGB program already foster such skills as:

1. Reviewing or illuminating risk behaviours
2. Understanding perceived norms
3. Knowing that one can reduce one's risk behaviours
4. Making decisions, negotiating, and refusing
5. Reviewing sexual health options, such as using condoms, and delaying sexual activity
6. Other important skills, such as the ability to sustain a healthy relationship, the ability to make and hold friendships, and the ability to find and hold a job, may increase the motivation of young people to avoid sexual risk behaviours.

3. Our Programs involve committed and knowledgeable adults

OzBox / PCGB Programs foster trust between adults and youth. In addition to education and professional expertise, our coaches are positive, have a non-judgmental attitude toward and respect for young people. Our Coaches also possess qualities such as willingness to work in collaboration with others, flexibility, commitment, experience working with young people, interest in youth, a trainer who is a mentor for the Prince's Trust, trained in safeguarding the young and vulnerable and the willingness to be role models.

4. Youth develop within, and are profoundly influenced by, their environment

The entire community, families, peers, schools, faith communities, businesses, government, and community organisations must participate in fostering the capabilities of the community's young people. Our successful programs consider the realities and developmental needs of the community's young people. Values, attitudes, and beliefs can vary significantly across cultural, socioeconomic, and ethnic groups, and our activities are age- appropriate as well as tailored to the cultural and racial/ethnic backgrounds of participants. Finally, we consider the characteristics of the community as a whole when designing programs.

5. Successful youth development requires community partnerships

Youth develop within the contexts of family, school, peers, and community. OzBox / PCGB coaches actively involve representatives of all these groups in planning, designing, implementing, and evaluating program activities. Our programs tap the resources of community members, including parents and families, religious and business leaders, local policy makers, educators, youth-serving professionals, and health care providers. This strategy provides extensive input and helps to ensure the community's commitment to the program.

Coaches assess young participants to determine the developmental opportunities and services that would benefit each person and ensure participants' access to those opportunities. Ensure access to mental health counselling (Talking Mental Health –Self Referrals) for teens that face issues such as depression, substance abuse, obesity [support offered by primary trust] and family or relationship problems which may affect their ability to thrive in our youth development program. Usually, to offer an array of services, youth development programs make collaborative arrangements with other community agencies. However, in collaboration with our partner agencies, effective HIV/STD, and teen pregnancy prevention programs links in with our existing youth development programs in order to meet all of the needs of participants and to refer them to services they need. Many effective programs have a strong commitment to youth and to preventing risk behaviours among youth, including sexual risk-taking, dropping out of school and using substances.

OzBox / PCGB is a good prevention strategy:

Communities should work together to meet the needs that young people

themselves identify. They should focus on the strengths and assets of young people rather than the "problem" behaviours they may demonstrate. Although few communities currently utilise youth development as a strategy to prevent negative health outcomes (Obesity) among young people, concerned adults, parents, professionals, community representatives, policy makers, and funding agencies will work with young people to develop young people's life options and ensure their healthy transition to productive adulthood.

Present

The future.

At this moment in time the scheme runs out of two premises within Derbyshire.

Those being: -

Allenton Boxing Academy, Derby

Peter Webster Centre, Chesterfield

We are currently using the mobile gym to produce sessions within the local community to provide exercise for local groups, such as young mothers, refugees, army cadets, young farmers, youth clubs, mining villages youth, housing associations youth; to name a few.

I can now report that three of our regulars have been DBS checked, Safeguard and First Aid trained and have attended an England Boxing Level One Coaching Course and all have successfully passed.

They are now producing sessions at our temporary gym and mobile gym.

I am now pleased to state that I have had numerous discussions with Acorn Education who have purchased and renovated the Peter Webster Centre. This centre is to open shortly (believed February 2026) and we will be allowed access on a permanent basis to use their gym three nights a week.

In order to abide by the rules of this school which caters for youngsters with varying problems and difficulties we have re-introduced the Ozbox consent form for all out attendees which includes any medical conditions and a new membership card which will add to the security of the school and its pupils.

We expect to leave our temporary accommodation at Brookfield School and start sessions at Bluebank School in February 2026.

Stephen Osbaldeston MBE.

OzBox and the Police Clubs of Great Britain

Strengthening Prevention Strategies

“Not Just a Gym”

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4. Youth develop within, and are profoundly influenced by, their environment

The entire community, families, peers, schools, faith communities, businesses, government, and community organisations must participate in fostering the capabilities of the community's young people. Our successful programs consider the realities and developmental needs of the community's young people. Values, attitudes, and beliefs can vary significantly across cultural, socioeconomic, and ethnic groups, and our activities are age- appropriate as well as tailored to the cultural and racial/ethnic backgrounds of participants. Finally, we consider the characteristics of the community as a whole when designing programs.

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We have given Langley Mill boxing club some of the equipment from the vacating of the Mandela centre and Normanton Park and retaining the rest for usage in the Peter Webster Centre, having applied to the board to allow us to use this equipment on more days of the week, than at present, to continue to produce free exercise sessions for the community.

We are looking towards training further volunteers either through a level one England Boxing course or a PCGB contender course.

On February 2nd 2024, we were informed by the owners of our Allenton gym that we had four weeks to leave due to the owner wishing to turn the gym into flats. We removed all of our equipment and vacated the premises within the time limit.

In August 2024 Derbyshire County Council put our Chesterfield based gym (Peter Webster Centre) up for sale and allowed to remain in the premises until new owners were found.

On the 10th January 2025 the new owners The Autistic Society met with me at Peter Webster Centre and confirmed were safe to continue delivering sessions for the foreseeable future.

At this present time we are undergoing the training through England Boxing of three of our regulars in order that they can complete outside sessions to the local community as well as assist in the running of the Peter Webster Centre.

This would enable us to provide a flexibility to support the mobile gym whilst sessions in the centres are also running.

At this moment in time we are awaiting an update from Sport England regarding a submitted bid in order to finance sessions in the community by the new trainers.

Stephen Osbaldeston MBE

EXPENDITURE							
TOTAL EXPENDITURE			£13,353.80				
Date	Cheque or Code	Amount	Payee/Source	Rent	PPS	Travel	Coaching
		13,353.80		1,944.00	-	1,981.05	8,985.00
15-Jan-24	S/O	36.00	DCC	36.00			
15-Jan-24	242	215.00	ROCKY DEC EXS				215.00
16-Jan-24	POS	32.13	EBAY			32.13	
22-Jan-24	DPC	89.00	S OSBALDESTON			89.00	
22-Jan-24	POS	7.99	MICROSOFT				
22-Jan-24	S/O	36.00	DCC	36.00			
23-Jan-24	DPC	113.90	EBAY			113.90	
24-Jan-24	POS	34.99	EBAY			34.99	
29-Jan-24	S/O	36.00	DCC	36.00			
01-Feb-24	250	120.00	D BUNGAY JAN EXS				120.00
02-Feb-24	251	140.00	OZ JAN EXS				140.00
05-Feb-24	S/O	36.00	DCC	36.00			
06-Feb-24	249	240.00	ROCKY JAN EXS				240.00
07-Feb-24	DPC	94.30	S OSBALDESTON			94.30	
09-Feb-24	DPC	80.00	VAN TOWED			80.00	
12-Feb-24	DPC	57.99	VAN BRAKE PARTS			57.99	
12-Feb-24	S/O	36.00	DCC	36.00			
12-Feb-24	248	155.00	DAZ JAN EXS				155.00
19-Feb-24	S/O	36.00	DCC	36.00			
22-Feb-24	POS	7.99	MICROSOFT				
26-Feb-24	DEP						
26-Feb-24	S/O	36.00	DCC	36.00			
01-Mar-24	DPC	1,900.00	S OSBALDESTON SES				1,900.00
04-Mar-24	DEP						
04-Mar-24	S/O	36.00	DCC	36.00			
04-Mar-24	255	305.00	OZ FEB EXS				305.00
06-Mar-24	253	180.00	DAZ FEB EXS				180.00
07-Mar-24	254	80.00	D BUNGAY FEB EXS				80.00
08-Mar-24	DPC	115.59	VAN DIESEL			115.59	
11-Apr-24	DPC	400.00	OZ CRESS SESSIONS				400.00

11-Mar-24	S/O	36.00	DCC	36.00			
18-Mar-24	S/O	36.00	DCC	36.00			
18-Mar-24	252	400.00	ROCKY FEB EXS				400.00
22-Mar-24	POS	7.99	MICROSOFT				
25-Mar-24	S/O	36.00	DCC	36.00			
27-Mar-24	DPC	17.00	OZ CRESS PRIZES				-
02-Apr-24	S/O	36.00	DCC	36.00			
02-Apr-24	258	100.00	OZ MAR EXS				100.00
04-Apr-24	259	420.00	ROCKY MAR EXS				420.00
08-Apr-24	S/O	36.00	DCC	36.00			
08-Apr-24	257	80.00	D BUNGAY MAR EXS				80.00
15-Apr-24	S/O	36.00	DCC	36.00			
16-Apr-24	DEP	DEP	w E AMIES & CO				
18-Apr-24	DPC	86.11	VAN DIESEL			86.11	
18-Apr-24	256	180.00	DAZ MAR EXS				180.00
22-Apr-24	DPC	50.00	VAN DIESEL			50.00	
22-Apr-24	POS	7.99	MICROSOFT				
22-Apr-24	S/O	36.00	DCC	36.00			
29-Apr-24	S/O	36.00	DCC	36.00			
02-May-24	261	60.00	D BUNGAY APR EXS				60.00
02-May-24	263	80.00	OZ APR EXS				80.00
07-May-24	S/O	36.00	DCC	36.00			
09-May-24	DPC	50.00	OZ MARATHON				50.00
10-May-24	262	285.00	ROCKY APR EXS				285.00
13-May-24	S/O	36.00	DCC	36.00			
17-May-24	DPC	6.57	JO CHALK TORCH				
20-May-24	S/O	36.00	DCC	36.00			
12-May-24	POS	7.99	MICROSOFT				
24-May-24	DPC	111.16	OZ VAN DIESEL			111.16	
28-May-24	S/O	36.00		36.00			
29-May-24	260	135.00	DAZ APR EXS				135.00
03-Jun-24	POS	24.00	ENGLAND BOXING				
03-Jun-24	S/O	36.00	DCC	36.00			
04-Jun-24	267	120.00	OZ MAY EXS				120.00
06-Jun-24	265	60.00	D BUNGAY MAY EXS				60.00
10-Jun-24	S/O	36.00	DCC	36.00			
10-Jun-24	266	280.00	ROCKEY MAY EXS				280.00
11-Jun-24	POS	53.07	FUEL			53.07	
17-Jun-24	DPC	80.00	VAN DIESEL			80.00	

17-Jun-24	S/O	36.00	DCC	36.00			
21-Jun-24	BAC	DEP					
21-Jun-24	DPC	60.00	FIRST AID COURSE				
24-Jun-24	POS	7.99	MICROSOFT				
24-Jun-24	POS	20.00	REGISTRATION EBA				
24-Jun-24	S/O	36.00	DCC	36.00			
24-Jun-24	264	75.00	DAZ EXS MAY				75.00
01-Jul-24	S/O	36.00	DCC	36.00			
04-Jul-24	DEP	BAC	ELMTON DONATION				
04-Jul-24	270	80.00	D BUNGAY EXS JUNE				80.00
05-Jul-24	271	255.00	ROCKY JUNE EXS				255.00
08-Jul-24	POS	335.00	VEHICLE TAX			335.00	
08-Jul-24	S/O	36.00	DCC	36.00			
08-Jul-24	272	120.00	OZ EXS JUNE				120.00
11-Jul-24	POS	62.35	VAN PARTS			62.35	
11-Jul-24	269	80.00	DAZ EXS JUNE				80.00
15-Jul-24	S/O	36.00	DCC	36.00			
22-Jul-24	DPC	150.00	VAN PARTS			150.00	
22-Jul-24	S/O	36.00	DCC	36.00			
29-Jul-24	DPC	123.60	KIT EQUIPMENT				
29-Jul-24	POS	7.99	MICROSOFT				
29-Jul-24	S/O	36.00	DCC	36.00			
30-Jul-24	DPC	12.95	VAN ABS WIRE			12.95	
02-Aug-24	274	155.00	ROCKY JUL EXS				155.00
02-Aug-24	275	40.00	D BUNGAY JUL EXS				40.00
05-Aug-24	DPC	50.00	GYM CLEANING				
05-Aug-24	DPC	15.00	EQUIPMENT				
05-Aug-24	S/O	36.00	DCC	36.00			
05-Aug-24	276	160.00	OZ JUL EXS				160.00
12-Aug-24	S/O	36.00	DCC	36.00			
19-Aug-24	S/O	36.00	DCC	36.00			
21-Aug-24	POS	7.99	MICROSOFT				
27-Aug-24	S/O	36.00	DCC	36.00			
02-Sep-24	C/R	DEP	HOLLINGWOOD DAY				
02-Sep-24	S/O	36.00	DCC	36.00			
03-Sep-24	279	160.00	OZ JUL EXS				160.00
05-Sep-24	273	100.00	DAZ JUL EXS				100.00
05-Sep-24	277	100.00	DAZ ARMED F DAY				100.00
05-Sep-24	278	240.00	ROCKEY JUL EXS				240.00

05-Sep-24	280	100.00	DAZ HOLL FUN DAY				100.00
09-Sep-24	S/O	36.00	DCC	36.00			
10-Sep-24	281	80.00	D BUNGAY JUL EXS				80.00
13-Sep-24	DPC	18.00	PWC KEYS				
16-Sep-24	S/O	36.00		36.00			
23-Sep-24	POS	7.99	MICROSOFT				
23-Sep-24	S/O	36.00	DCC	36.00			
30-Sep-24	S/O	36.00	DCC	36.00			
07-Oct-24	S/O	36.00	DCC	36.00			
07-Oct-24	283	80.00	ROCKY SEP EXS				80.00
10-Oct-24	284	60.00	D BUNGAY SEP EXS				60.00
10-Oct-02	285	50.00	OZ SEP EXS				50.00
14-Oct-24	S/O	36.00	DCC	36.00			
14-Oct-24	282	40.00	DAZ SEP EXS				40.00
21-Oct-24	POS	7.99	MICROSOFT				
21-Oct-24	S/O	36.00	DCC	36.00			
28-Oct-02	S/O	36.00	DCC	36.00			
04-Nov-24	S/O	36.00	DCC	36.00			
05-Nov-24	289	60.00	OZ OCT EXS				60.00
07-Nov-24	287	60.00	D BUNGAY OCT EXS				60.00
11-Nov-24	POS	323.62	VAN INSURANCE			323.62	
11-Nov-24	S/O	36.00	DCC	36.00			
11-Nov-24	289	40.00	DAZ OCT EXS				40.00
11-Nov-24	288	40.00	ROCKY OCT EXS				40.00
11-Nov-24	S/O	36.00	DCC	36.00			
11-Nov-24	286	40.00	DAZ EXS				40.00
18-Nov-24	S/O	36.00	DCC	36.00			
22-Nov-24	POS	7.99	DPC				
25-Nov-24	S/O	36.00	DCC	36.00			
26-Nov-24	ONLINE	50.01	OZ PETROL			50.01	
02-Dec-24	S/O	36.00	DCC	36.00			
01-Dec-24	DEP		HAR COMM				
04-Dec-24	294	70.00	OZ EXS				70.00
05-Dec-24	292	60.00	DB EXS				60.00
09-Dec-24	S/O	36.00	DCC	36.00			
09-Dec-24	291	40.00	DAZ EXS				40.00
11-Dec-24	OT	115.00	OZ ONLINE				115.00
11-Dec-24	293	100.00	ROCKY EXS				100.00
12-Dec-24	DCT	48.88	FUEL			48.88	

14-Dec-24	S/O	36.00	DCC	36.00			
23-Dec-24	POS	7.99	MICROSOFT				
23-Dec-24	S/O	36.00	DCC	36.00			
27-Dec-24	OT	150.00	OZ ROCKY EXS				150.00
30-Dec-24	S/O	36.00	DCC	36.00			
06-Jan-25	S/O	36.00	DCC	36.00			
06-Jan-25	296	30.00	DC EXS				30.00
06-Jan-25	298	100.00	OZ 10 SESSIONS				100.00
06-Jan-25	300	13.70	REFS				
09-Jan-25	297	110.00	ROCKY EXS				110.00
09-Jan-25	299	10.00	ROCKY EXS				10.00
13-Jan-25	S/O	36.00	DCC	36.00			

				INCOME		
CHECK	£13,353.80			TOTAL INCOME	£8,300.00	
Gas/Elec	Sundries + Equipment	TOTAL	SOURCE DESCRIPTION	OTHER INCOME	CHRIS SHEPLEY	
-	443.75	13,353.80		3,300.00	5,000.00	
		36.00				
		215.00				
		32.13	VAN GLO PLUGS			
		89.00	VAN BATTERY			
	7.99	7.99				
		36.00				
		113.90	VAN BRAKE SHOES			
		34.99	VAN SPARES			
		36.00				
		120.00				
		140.00				
		36.00				
		240.00				
		94.30				
		80.00	VAN TOWED			
		57.99	VAN BRAKE PARTS			
		36.00				
		155.00				
		36.00				
	7.99	7.99				
			BOLSOVER DC	1,900.00		
		36.00				
		1,900.00				
			BOLSOVER DC	400.00		
		36.00				
		305.00				
		180.00				
		80.00				
		115.59				
		400.00				

		36.00				
		36.00				
		400.00				
	7.99	7.99				
		36.00				
	17.00	17.00				
		36.00				
		100.00				
		420.00				
		36.00				
		80.00				
		36.00				
			CHRIS SHEPLEY		5,000.00	
		86.11				
		180.00				
		50.00				
	7.99	7.99				
		36.00				
		36.00				
		60.00				
		80.00				
		36.00				
		50.00	SPONSORSHIP			
		285.00				
		36.00				
	6.57	6.57				
		36.00				
	7.99	7.99				
		111.16				
		36.00				
		135.00				
	24.00	24.00	REGISTRATION			
		36.00				
		120.00				
		60.00				
		36.00				
		280.00				
		53.07				
		80.00				

		36.00				
			DONATION-CBC	200.00		
	60.00	60.00				
	7.99	7.99				
	20.00	20.00				
		36.00				
		75.00				
		36.00				
			ELMTON & CRESS	600.00		
		80.00				
		255.00				
		335.00				
		36.00				
		120.00				
		62.35				
		80.00				
		36.00				
		150.00				
		36.00				
	123.60	123.60				
	7.99	7.99				
		36.00				
		12.95				
		155.00				
		40.00				
	50.00	50.00				
	15.00	15.00				
		36.00				
		160.00				
		36.00				
		36.00				
	7.99	7.99				
		36.00				
				100.00		
		36.00				
		160.00				
		100.00				
		100.00				
		240.00				

		100.00				
		36.00				
		80.00				
	18.00	18.00				
		36.00				
	7.99	7.99				
		36.00				
		36.00				
		36.00				
		80.00				
		60.00				
		50.00				
		36.00				
		40.00				
	7.99	7.99				
		36.00				
		36.00				
		36.00				
		60.00				
		60.00				
		323.62				
		36.00				
		40.00				
		40.00				
		36.00				
		40.00				
		36.00				
	7.99	7.99				
		36.00				
		50.01				
		36.00				
			HART COMM	100.00		
		70.00				
		60.00				
		36.00				
		40.00				
		115.00				
		100.00				
		48.88				

		36.00				
	7.99	7.99				
		36.00				
		150.00				
		36.00				
		36.00				
		30.00				
		100.00				
	13.70	13.70				
		110.00				
		10.00				
		36.00				

Accounts

OzBox and the Police Clubs of Great Britain

Strengthening Prevention Strategies

“Not Just a Gym”

OzBox project and the newly developed programs are comprehensive and multifaceted, building on the assets and strengths of young people and assisting them to define goals, complete school, and plan their futures. Youth development seldom tackles isolated problems, such as sexual risk behaviours, but focuses instead on providing support and opportunities for young people. OzBox in conjunction with the PCGB (Police Clubs of Great Britain) is a strategy that attempts to meet the needs young people themselves identify, to have life skills, to be cared for and safe, to be valued and useful, and to be psychologically grounded, by building on their capabilities, assisting them to cultivate their own talents and to increase their feelings of self-worth, and easing their transition to adulthood.

OzBox is especially important for young people who have little or no support from their families, schools, and communities. These hard to reach and under-served youth, who frequently report high risk behaviour and often lack access to health services, include:

- Youth who live on the street Low-income young people
- Youth in foster care and group homes
- Young people in the juvenile justice system
- Youth addicted to alcohol or other drugs
- Obesity
- Youth in residential mental health treatment facilities
- Young people who have dropped out of school and are in ECU's, PRU's or are NEET.
- Pregnant and parenting youth
- Gay, lesbian, bisexual, and transgender young people
- Survivors of grooming, childhood sexual, physical, and/or emotional abuse
- Youth with mental or physical disabilities.

OzBox / PCGB programs are built upon six promises outlined here along with

effective strategies and teen pregnancy / Sexual Health prevention program.

OzBox focuses on assets and strengths, not problems.

OzBox and PCGB programs provide services such as tutoring, mentoring, developing recreational opportunities, job training, social skills, and volunteering. By tailoring services to meet the needs and build on the assets of the individual, these programs motivate young people to work toward achieving successful futures. Academic competence is measured by grades and standardised test scores provided by the schools, Social or interpersonal competence is measured by communication skills or by participation in recreational and social activities. Creativity is measured by artistic efforts, such as performances. Vocational competence is measured by job skills or employment outcomes, Healthy diet and exercise is measured by exercise tests, Service to others is measured by hours of volunteering and / or participation in OzBox activities.

1.

1. Youth development programs address the real or human needs of young people.

OzBox and PCGB project planners focus on the needs that young people themselves identify and consider the multiple factors of young people's lives in developing an intervention. For example, young boys or girls who have sex with boys or girls most often identify two basic needs—societal acceptance and intimacy in a relationship. Research indicates that a sense of self-worth and community support are factors in lowering STD's or risk behaviours. Young girls / boys most often identify a need for intimacy as being connected to their sexual risk behaviours. A prevention program developed by the PCGB offers an insight to help them define what they would like in their intimate relationships. Then, increasing their interpersonal, communication, and assertiveness skills would assist them to create the healthy, intimate relationships they want. This strategy might help to promote these youth's academic, artistic, and career skills to nurture their self-esteem.

2. Young people should participate in designing the program and in its

activities

OzBox / PCGB programs are designed to meet participants' needs. Participants will determine whether programs are appropriate and relevant for them, and they can indicate such by representation to a coach or deliverer. To ensure relevancy to the target population, young people should participate in programs' design, implementation, evaluation, and modification. Youth can and should be among the leaders in programs, even when that means special training for them. Our programs publicly recognise young people's work and their participation. Finally, our programs involve youth as educators of other youth. Our programs fully engage young people and this has the desired outcome of keeping youth participating because "ownership" of our programs shifts to the young people themselves.

Sexual Health and Pregnancy prevention programs in the OzBox / PCGB program already foster such skills as:

1. Reviewing or illuminating risk behaviours
2. Understanding perceived norms
3. Knowing that one can reduce one's risk behaviours
4. Making decisions, negotiating, and refusing
5. Reviewing sexual health options, such as using condoms, and delaying sexual activity
6. Other important skills, such as the ability to sustain a healthy relationship, the ability to make and hold friendships, and the ability to find and hold a job, may increase the motivation of young people to avoid sexual risk behaviours.

3. Our Programs involve committed and knowledgeable adults

OzBox / PCGB Programs foster trust between adults and youth. In addition to education and professional expertise, our coaches are positive, have a non-judgmental attitude toward and respect for young people. Our Coaches also possess qualities such as willingness to work in collaboration with others, flexibility, commitment, experience working with young people, interest in youth, a trainer who is a mentor for the Prince's Trust, trained in safeguarding the young

and vulnerable and the willingness to be role models.

4. Youth develop within, and are profoundly influenced by, their environment

The entire community, families, peers, schools, faith communities, businesses, government, and community organisations must participate in fostering the capabilities of the community's young people. Our successful programs consider the realities and developmental needs of the community's young people. Values, attitudes, and beliefs can vary significantly across cultural, socioeconomic, and ethnic groups, and our activities are age- appropriate as well as tailored to the cultural and racial/ethnic backgrounds of participants. Finally, we consider the characteristics of the community as a whole when designing programs.

5. Successful youth development requires community partnerships

Youth develop within the contexts of family, school, peers, and community. OzBox / PCGB coaches actively involve representatives of all these groups in planning, designing, implementing, and evaluating program activities. Our programs tap the resources of community members, including parents and families, religious and business leaders, local policy makers, educators, youth-serving professionals, and health care providers. This strategy provides extensive input and helps to ensure the community's commitment to the program.

Coaches assess young participants to determine the developmental opportunities and services that would benefit each person and ensure participants' access to those opportunities. Ensure access to mental health counselling (Talking Mental Health –Self Referrals) for teens that face issues such as depression, substance abuse, obesity [support offered by primary trust] and family or relationship problems which may affect their ability to thrive in our youth development program. Usually, to offer an array of services, youth development programs make collaborative arrangements with other community agencies. However, in collaboration with our partner agencies, effective HIV/STD, and teen pregnancy prevention programs links in with our existing youth development programs in order to meet all of the needs of participants and to refer them to services they need. Many effective programs have a strong commitment to youth and to

preventing risk behaviours among youth, including sexual risk-taking, dropping out of school and using substances.

OzBox / PCGB is a good prevention strategy:

Communities should work together to meet the needs that young people themselves identify. They should focus on the strengths and assets of young people rather than the "problem" behaviours they may demonstrate. Although few communities currently utilise youth development as a strategy to prevent negative health outcomes (Obesity) among young people, concerned adults, parents, professionals, community representatives, policy makers, and funding agencies will work with young people to develop young people's life options and ensure their healthy transition to productive adulthood.

Present

The future.

At this moment in time the scheme runs out of two premises within Derbyshire.

Those being: -

Allenton Boxing Academy, Derby

Peter Webster Centre, Chesterfield

We are currently using the mobile gym to produce sessions within the local community to provide exercise for local groups, such as young mothers, refugees, army cadets, young farmers, youth clubs, mining villages youth, housing associations youth; to name a few.

We have given Langley Mill boxing club some of the equipment from the vacating of the Mandela centre and Normanton Park and retaining the rest for usage in the Peter Webster Centre, having applied to the board to allow us to use this equipment on more days of the week, than at present, to continue to produce free exercise sessions for the community.

We are looking towards training further volunteers either through a level one England Boxing course or a PCGB contender course.

On February 24th, 2023, fourteen youngsters attended and passed the Police Clubs of Great Britain Boxing Leaders course.

These youngsters are expected to assist in both gyms.

This would enable us to provide a flexibility to support the mobile gym whilst sessions in the centres are also running.

A local authority grant which we are hoping to receive would enable us to provide twelve sessions throughout the next year at different venues within Derbyshire utilising the mobile gym, volunteers and our regular trainers over and above providing our regular sessions in our gyms along with the other committed visits by the mobile gym.

This grant has been received and the subsequent external daily sessions have taken place in hard to reach communities in Derbyshire.

Stephen Osbaldeston MBE

EXPENDITURE

TOTAL EXPENDITURE £26,739.98

Date	Cheque or Code	Amount	Payee/Source	Rent	PPS	Travel
		26,739.98		4,226.00	19.10	1,325.80
06-Apr-22	DPC	35.00	SPITAL INV 58	35.00		
06-Apr-22	147	760.00	DAZ EXS			
07-Apr-22	DEP		HARTINGTON YPH			
07-Apr-22	148	720.00	STEVE OZ 12 SESSIONS			
07-Apr-22	DPC	35.00	SPITAL INV 61	35.00		
08-Apr-22	DPC	35.00	SPITAL INV 60	35.00		
08-Apr-22	150	300.00	ROCKEY EXS			
14-Apr-22	151	70.00	RENT MICKLEY	70.00		
19-Apr-22	DPC	35.00	SPITAL INV 64	35.00		
20-Apr-20	149	40.00	D BUNGAY EXS			
21-Apr-22	POS	132.84	ESSO BIRDHOLME			132.84
22-Apr-22	POS	40.86	EBAY COMMERCE			
22-Apr-22	POS	59.43	BRITISH GAS			
29-Apr-22	DEP		DCCT			
06-May-22	152	300.00	ROCKEY EXS			
06-May-22	POS	21.99	EBAY COMMERCE			
09-May-22	156	675.00	STEVE OZ SESSIONS			
10-May-22	154	40.00	D BUNGAY EXS			
10-May-22	157	11.40	STAMPS		11.40	
11-May-22	155	296.00	DAZ EXS			
12-May-22	DPC	35.00	SPITAL INV 70	35.00		
16-May-22	DPC	247.20	OXBOX PENS			
16-May-22	POS	23.18	EBAY COMMERCE			
16-May-22	POS	13.95	EBAY COMMERCE			
17-May-22	POS	619.20	LINDLEY & SONS			
17-May-22	POS	40.26	BRITISH GAS			
20-May-22	POS	125.10	TESCO FUEL			125.10
26-May-22	DPC	35.00	SPITAL INV 72	35.00		
06-Jun-22	DPC	35.00	SPITAL INV 75	35.00		
06-Jun-22	162	675.00	STEVE OZ SESSIONS			
08-Jun-22	161	565.00	DAZ EXS			
09-Jun-22	159	306.80	ROCKEY EXS			
09-Jun-22	160	40.00	D BUNGAY EXS			
13-Jun-22	DPC	42.25	BRITHS GAS			
13-Jun-22	POS	16.75	EBAY COMMERCE			
14-Jun-22	POS	290.00	VAN TAX			290.00
22-Jun-22	POS	74.25	SAINSBURYS FUEL			74.25
24-Jun-22	POS	142.43	TESCO FUEL			142.43
29-Jun-22	166	415.00	DAZ EXS			
30-Jun-22	153	40.00	RENT MICKLEY	40.00		

30-Jun-22	158	30.00	RENT MICKLEY	30.00	
01-Jul-22	DPC	DEP	FROM ACCT 76476022		
04-Jul-22	POS		PAID IN ERROR		
04-Jul-22	167	525.00	STEVE OZ SESSIONS		
08-Jul-22	164	300.00	ROCKEY EXS		
11-Jul-22	DPC	41.70	BRITISH GAS		
12-Jul-22	POS	20.23	EBAY COMMERCE		
12-Jul-22	POS	7.99	MICROSOFT STORE		
18-Jul-22	POS	6.99	EBAY COMMERCE		
21-Jul-22	DPC	105.00	DANCE AND FITNESS	105.00	
21-Jul-22	POS	23.99	EBAY COMMERCE		
22-Jul-22	POS	7.99	MICROSOFT STORE		
25-Jul-22	DEP		BOLSOVER DC		
25-Jul-22	DPC	200.00	TR TO ACCT 33007705		
25-Jul-22	POS	5.99	EBAY COMMERCE		
25-Jul-22	POS	7.84	EBAY COMMERCE		
29-Jul-22	DPC	35.00	DANCE AND FITNESS	35.00	
29-Jul-22	DPC	35.00	DANCE AND FITNESS	35.00	
29-Jul-22	DPC	35.00	DANCE AND FITNESS	35.00	
29-Jul-22	POS	25.88	BROBOT FUEL		25.88
09-Aug-22	172	150.00	STEVE OZ SESSIONS		
09-Aug-22	173	5.70	STAMPS	5.70	
12-Aug-22	170	350.00	ROCKEY EXS		
17-Aug-22	171	590.00	DAZ 2 MONTHS EXS		
18-Aug-22	POS	23.33	EBAY COMMERCE		
19-Aug-22	DPC	48.83	BRITISH GAS		
22-Aug-22	POS	7.99	MICROSOFT STORE		
24-Aug-22	DPC	35.00	SPITAL LANE STUDIOS	35.00	
24-Aug-22	DPC	35.00	SPITAL LANE STUDIOS	35.00	
31-Aug-22	DPC	5,000.00	ALLENTON BOXING AC		
07-Sep-22	177	170.00	DAZ AUG EXS		
07-Sep-22	178	180.00	OZ SESSIONS		
08-Sep-22	175	90.00	DAVE B EXS 2 MONTHS		
09-Sep-22	176	300.00	ROCKY AUG EXS		
15-Sep-22	POS	45.36	BRITISH GAS		
16-Sep-22	POS	5.20	CHESTERFIELD BC		
20-Sep-22	POS	13.99	G & J DAUGHTER		
21-Sep-22	POS	7.99	MICROSOFT STORE		
27-Sep-22	DPC	40.00	SPITAL LANE STUDIOS	40.00	
27-Sep-22	DPC	40.00	SPITAL LANE STUDIOS	40.00	
06-Oct-22	168	40.00	MICKLEY RENT	40.00	
06-Oct-22	174	60.00	MICKLEY RENT	60.00	
10-Oct-22	POS	40.00	SPITAL LANE STUDIOS	40.00	
14-Oct-22	POS	45.00	FAST TRACK MOT		45.00
14-Oct-22	POS	2.00	NYA AIR SERV	2.00	
17-Oct-22	180	40.00	DAVE B SEPT EXS		
18-Oct-22	DPC	40.00	SPITAL LANE STUDIOS	40.00	
18-Oct-22	DPC	40.00	SPITAL LANE STUDIOS	40.00	
18-Oct-22	POS	45.80	BRITISH GAS		

19-Oct-22	165	40.00	DAVE JUNE EXS		
21-Oct-22	179	150.00	ROCKY SEPT EXS		
24-Oct-22	POS	7.99	MICROSOFT STORE		
31-Oct-22	BACS	DEP	DCCT		
02-Nov-22	169	50.00	DAVE B SESSIONS		
08-Nov-22	DPC	40.00	SPITAL LANE STUDIOS	40.00	
08-Nov-22	DPC	80.00	SPITAL LANE STUDIOS	80.00	
08-Nov-00	182	75.00	S OZ PWC SESSIONS		
10-Nov-22	183	45.00	DAVE OCT EXS		
11-Nov-22	POS	11.00	ALEX WESTON		
11-Nov-22	184	415.00	DAZ OCT EXS		
11-Nov-22	185	200.00	ROCKEY OCT EXS		
21-Nov-22	DPC	50.00	SPITAL LANE STUDIOS	50.00	
21-Nov-22	POS	7.99	MICROSOFT STORE		
23-Nov-22	POS	279.95	A PLAN EASTLEIGH		
24-Nov-22	DPC	40.00	SPITAL LANE STUDIOS	40.00	
24-Nov-22	POS	107.00	SAINSBURYS FUEL		107.00
28-Nov-22	POS	12.65	COSTA COFFEE		
28-Nov-22	POS	9.10	COSTA COFFEE		
06-Dec-22	C/R	DEP	C SHEPLEY		
07-Dec-22	BACS	1,000.00	BIDS SUPPORT		
07-Dec-22	BACS	DEP	DERBYSHIRE CCC		
08-Dec-22	BACS	500.00	BIDS SUPPORT		
09-Dec-22	DPC	200.00	JADE REIMBURSEMENT		
09-Dec-22	186	200.00	ROCKY NOV EXS		
12-Dec-22	POS	66.58	RIVERSIDE SERVICE		66.58
15-Dec-22	187	40.00	DAVE NOV EXS		
16-Jan-22	DPC	DEP	REFUND -D MOORE		
19-Dec-22	POS	165.48	MAREHAY GARAGE		
20-Dec-22	POS	6.50	COSTA COFFEE		
21-Dec-22	DPC	9.70	TO ACCT 33007705		
22-Dec-22	DPC	100.00	TO ACCT 33007706		
21-Dec-22	POS	7.99	MICROSOFT STORE		
29-Dec-22	POS	8.00	SUM UP PHONE		
19-Jan-23	189	198.85	J OZ		
19-Jan-23	190	40.00	D BUNGAY		
23-Jan-23	POS	94.10	TESCO PFS		94.10
23-Jan-23	POS	7.99	MICROSOFT		
23-Jan-23	192	140.00	ROCKY		
01-Feb-23	191	40.00	DAZ		
07-Feb-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
07-Feb-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
09-Feb-23	DEP				
09-Feb-23	194	140.00	DAZ		
10-Feb-23	193	40.00	D BUNGAY		
10-Feb-23	195	110.00	ROCKY		

13-Feb-23	POS	21.60			
15-Feb-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
16-Feb-23	196	200.00	S OZ (2 SESSIONS)		
21-Feb-23	POS	7.99	MICROSOFT		
23-Feb-23	POS	77.88	BOOKER		
24-Feb-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
27-Feb-23	POS	100.83	TESCO PFS		100.83
28-Feb-23	200	225.00	S OZ (4 SESSIONS)		
02-Mar-23	PDP	2,771.00	DLS HOMES	2,771.00	
03-Mar-23	POS	2.00	NYA AIR SERV		
03-Mar-23	POS	2.00	NYA AIR SERV		
03-Mar-23	POS	1.00	NYA AIR SERV		
03-Mar-23	POS	121.79	TESCO PFS		121.79
03-Mar-23	199	180.00	ROCKY		
07-Mar-23	POS	242.67	BRITISH GAS		
07-Mar-23	POS	75.39	EON NEXT COVENTRY		
08-Mar-23	201	190.00	MELISSA LEADERS CSE		
09-Mar-23	198	140.00	DAZ		
10-Mar-23	197	40.00	D BUNGAY		
15-Mar-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
15-Mar-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
20-Mar-23	POS	36.29	EBAY		
22-Mar-23	POS	7.99	MICROSOFT		
23-Mar-23	DPC	40.00	SPITAL LANE STUDIOS	40.00	
29-Mar-23	DEP				
29-Mar-23	DPC	947.00	ERGO SPORT INV-113		
30-Mar-23	203	40.00	D BUNGAY		

INCOME
TOTAL INCOME

Coaching	Gas/Elec	Sundries + Equipment	TOTAL	SOURCE DESCRIPTI	CHESF"D BC	C SHEPLEY	DCCT
10,327.80	691.69	12,161.12	26,739.98		100.00	5,000.00	375.00
			35.00				
760.00			760.00				
720.00			720.00				
			35.00				
			35.00				
300.00			300.00				
			70.00				
			35.00				
40.00			40.00				
			132.84				
		40.86	40.86				
	59.43		59.43				
				DCCT			195.00
300.00			300.00				
		2,199.00	21.99				
675.00			675.00				
40.00			40.00				
			11.40				
296.00			296.00				
			35.00				
		247.20	247.20				
		23.18	23.18				
		13.95	13.95				
		619.20	619.20				
	40.26		40.26				
			125.10				
			35.00				
			35.00				
675.00			675.00				
565.00			565.00				
306.80			306.80				
40.00			40.00				
	42.25		42.25				
		16.75	16.75				
			290.00				
			74.25				
			142.43				
415.00			415.00				
			40.00				

			30.00	
				15.50
525.00			525.00	
300.00			300.00	
	41.70		41.70	
		20.23	20.23	
		7.99	7.99	
		6.99	6.99	
			105.00	
		23.99	23.99	
		7.99	7.99	
		200.00	200.00	
		5.99	5.99	
		7.84	7.84	
			35.00	
			35.00	
			35.00	
			25.88	
150.00			150.00	
			5.70	
350.00			350.00	
590.00			590.00	
		23.33	23.33	
	48.83		48.83	
		7.99	7.99	
			35.00	
			35.00	
		5,000.00	5,000.00	TRANSFER FUNDS
170.00			170.00	
180.00			180.00	
90.00			90.00	
300.00			300.00	
	45.36		45.36	
		5.20	5.20	
		13.99	13.99	
		7.99	7.99	
			40.00	
			40.00	
			40.00	
			60.00	
			40.00	
			45.00	
			2.00	
40.00			40.00	
			40.00	
			40.00	
	45.80		45.80	

40.00		40.00			
150.00		150.00			
	7.99	7.99			
			DEPOSIT		180.00
50.00		50.00			
		40.00			
		80.00			
75.00		75.00			
45.00		45.00			
	11.00	11.00			
415.00		415.00			
200.00		200.00			
		50.00			
	7.99	7.99			
	279.95	279.95			
		40.00			
		107.00			
	12.65	12.65			
	9.10	9.10			
			DEPOSIT		£5,000.00
	1,000.00	1,000.00			
			DEPOSIT		
	500.00	500.00			
	200.00	200.00	2 MUSIC CENTRES		
200.00		200.00			
		66.58			
40.00		40.00			
			DEPOSIT		
			£165.48		
		165.48	PAID IN ERROR		
	6.50	6.50			
	9.70	9.70			
	100.00	100.00			
	7.99	7.99			
	8.00	8.00			
	198.85	198.85	ADMIN		
40.00		40.00			
		94.10			
	7.99	7.99			
140.00		140.00			
40.00		40.00			
		40.00			
		40.00			
			HARTINGTO		
140.00		140.00			
40.00		40.00			
110.00		110.00			

		21.60	21.60	REFRESH MENTS	
			40.00		
200.00			200.00	HART	
		7.99	7.99		
		77.88	77.88		
			40.00		
			100.83	HART + DALE ABBY	
225.00			225.00		
			2,771.00		
		2.00	2.00		
		2.00	2.00		
		1.00	1.00		
			121.79		
180.00			180.00		
	242.67		242.67		
	75.39		75.39		
		190.00	190.00		
140.00			140.00		
40.00			40.00		
			40.00		
			40.00		
		36.29	36.29		
		7.99	7.99		
			40.00		
				CHESTERFI ELD BC KIT	100.00
		947.00	947.00		
40.00			40.00		

£20,940.50

HARTINGTON YPH	DCC		
250.00	15,200.00	15.50	0.00
150.00			

15.50

200.00

15,000.00

100.00

Accounts

OzBox and the Police Clubs of Great Britain

Strengthening Prevention Strategies

“Not Just a Gym”

OzBox project and the newly developed programs are comprehensive and multifaceted, building on the assets and strengths of young people and assisting them to define goals, complete school, and plan their futures. Youth development seldom tackles isolated problems, such as sexual risk behaviours, but focuses instead on providing support and opportunities for young people. OzBox in conjunction with the PCGB (Police Clubs of Great Britain) is a strategy that attempts to meet the needs young people themselves identify, to have life skills, to be cared for and safe, to be valued and useful, and to be psychologically grounded, by building on their capabilities, assisting them to cultivate their own talents and to increase their feelings of self-worth, and easing their transition to adulthood.

OzBox is especially important for young people who have little or no support from

their families, schools, and communities. These hard to reach and under- served youth, who frequently report high risk behaviour and often lack access to health services, include:

- Youth who live on the street Low-income young people
- Youth in foster care and group homes
- Young people in the juvenile justice system
- Youth addicted to alcohol or other drugs
- Obesity
- Youth in residential mental health treatment facilities
- Young people who have dropped out of school and are in ECU's, PRU's or are NEET.
- Pregnant and parenting youth
- Gay, lesbian, bisexual, and transgender young people
- Survivors of grooming, childhood sexual, physical, and/or emotional abuse
- Youth with mental or physical disabilities.

OzBox / PCGB programs are built upon six promises outlined here along with effective strategies and teen pregnancy / Sexual Health prevention program.

OzBox focuses on assets and strengths, not problems.

OzBox and PCGB programs provide services such as tutoring, mentoring, developing recreational opportunities, job training, social skills, and volunteering. By tailoring services to meet the needs and build on the assets of the individual, these programs motivate young people to work toward achieving successful futures. Academic competence is measured by grades and standardised test scores provided by the schools, Social or interpersonal competence is measured by communication skills or by participation in recreational and social activities. Creativity is measured by artistic efforts, such as performances. Vocational competence is measured by job skills or employment outcomes, Healthy diet and exercise is measured by exercise tests, Service to others is measured by hours of volunteering and / or participation in OzBox activities.

1.

1. Youth development programs address the real or human needs of young people.

OzBox and PCGB project planners focus on the needs that young people themselves identify and consider the multiple factors of young people's lives in developing an intervention. For example, young boys or girls who have sex with boys or girls most often identify two basic needs—societal acceptance and intimacy in a relationship. Research indicates that a sense of self-worth and community support are factors in lowering STD's or risk behaviours. Young girls / boys most often identify a need for intimacy as being connected to their sexual risk behaviours. A prevention program developed by the PCGB offers an insight to

help them define what they would like in their intimate relationships. Then, increasing their interpersonal, communication, and assertiveness skills would assist them to create the healthy, intimate relationships they want. This strategy might help to promote these youth's academic, artistic, and career skills to nurture their self-esteem.

2. Young people should participate in designing the program and in its activities

OzBox / PCGB programs are designed to meet participants' needs. Participants will

determine whether programs are appropriate and relevant for them, and they can

indicate such by representation to a coach or deliverer. To ensure relevancy to the

target population, young people should participate in programs' design, implementation, evaluation, and modification. Youth can and should be among the leaders in programs, even when that means special training for them. Our programs publicly recognise young people's work and their participation. Finally, our programs involve youth as educators of other youth. Our programs fully engage young people and this has the desired outcome of keeping youth participating because "ownership" of our programs shifts to the young people themselves.

Sexual Health and Pregnancy prevention programs in the OzBox / PCGB program already foster such skills as:

1. Reviewing or illuminating risk behaviours
2. Understanding perceived norms
3. Knowing that one can reduce one's risk behaviours
4. Making decisions, negotiating, and refusing
5. Reviewing sexual health options, such as using condoms, and delaying sexual activity
6. Other important skills, such as the ability to sustain a healthy relationship, the ability to make and hold friendships, and the ability to find and hold a job, may increase the motivation of young people to avoid sexual risk behaviours.

3. Our Programs involve committed and knowledgeable adults

OzBox / PCGB Programs foster trust between adults and youth. In addition to education and professional expertise, our coaches are positive, have a non-judgmental attitude toward and respect for young people. Our Coaches also possess qualities such as willingness to work in collaboration with others, flexibility, commitment, experience working with young people, interest in youth, a trainer who is a mentor for the Prince's Trust, trained in safeguarding the young

and vulnerable and the willingness to be role models.

4. Youth develop within, and are profoundly influenced by, their environment

The entire community, families, peers, schools, faith communities, businesses, government, and community organisations must participate in fostering the capabilities of the community's young people. Our successful programs consider the realities and developmental needs of the community's young people. Values, attitudes, and beliefs can vary significantly across cultural, socioeconomic, and ethnic groups, and our activities are age- appropriate as well as tailored to the cultural and racial/ethnic backgrounds of participants. Finally, we consider the characteristics of the community as a whole when designing programs.

5. Successful youth development requires community partnerships

Youth develop within the contexts of family, school, peers, and community.
OzBox

/ PCGB coaches actively involve representatives of all these groups in planning, designing, implementing, and evaluating program activities. Our programs tap the

resources of community members, including parents and families, religious and business leaders, local policy makers, educators, youth-serving professionals, and

health care providers. This strategy provides extensive input and helps to ensure the community's commitment to the program.

Coaches assess young participants to determine the developmental opportunities

and services that would benefit each person and ensure participants' access to those opportunities. Ensure access to mental health counselling (Talking Mental Health -Self Referrals) for teens that face issues such as depression, substance abuse, obesity [support offered by primary trust] and family or relationship problems which may affect their ability to thrive in our youth development program. Usually, to offer an array of services, youth development programs make collaborative arrangements with other community agencies. However, in collaboration with our partner agencies, effective HIV/STD, and teen pregnancy prevention programs links in with our existing youth development programs in order to meet all of the needs of participants and to refer them to services they

need. Many effective programs have a strong commitment to youth and to preventing risk behaviours among youth, including sexual risk-taking, dropping out of school and using substances.

OzBox / PCGB is a good prevention strategy:

Communities should work together to meet the needs that young people themselves identify. They should focus on the strengths and assets of young people rather than the "problem" behaviours they may demonstrate. Although few communities currently utilise youth development as a strategy to prevent negative health outcomes (Obesity) among young people, concerned adults, parents, professionals, community representatives, policy makers, and funding agencies will work with young people to develop young people's life options and ensure their healthy transition to productive adulthood.

Present

The future.

At this moment in time the scheme runs out of two premises within Derbyshire.

Those being: -

Allenton Boxing Academy, Derby

Peter Webster Centre, Chesterfield

We are currently using the mobile gym to produce sessions within the local community to provide exercise for local groups, such as young mothers, refugees, army cadets, young farmers, youth clubs, mining villages youth, housing associations youth; to name a few.

We have given Langley Mill boxing club some of the equipment from the vacating of the Mandela centre and Normanton Park and retaining the rest for usage in the Peter Webster Centre, having applied to the board to allow us to use this equipment on more days of the week, than at present, to continue to produce free exercise sessions for the community.

We are looking towards training further volunteers either through a level one England Boxing course or a PCGB contender course.

This would enable us to provide a flexibility to support the mobile gym whilst sessions in the centres are also running.

A local authority grant which we are hoping to receive would enable us to provide twelve sessions throughout the next year at different venues within Derbyshire utilising the mobile gym, volunteers and our regular trainers over and above providing our regular sessions in our gyms along with the other committed visits by the mobile gym.

Stephen Osbaldeston MBE

EXPENDITURE

TOTAL EXPENDITURE		£40,264.35									
Date	Cheque or Code	Amount	Payee/Source	Rent	PPS	Travel	Coaching	Gas/Elec	Sundries + Equipment	TOTAL	SOURCE DESCRIPTION
		40,264.35		12,181.50	73.97	2,961.17	13,531.79	1,056.15	10,662.78	40,264.35	
22-Jan-21	DPC	22.49	ARGOS						22.49	22.49	P CARTRIDGE
22-Jan-21	DPC	34.99	ARGOS						34.99	34.99	WEBCAM
01-Feb-21	DPC	11.00	T POTROWSKI						11.00	11.00	MEMBERSHIP
05-Feb-21	POS	1.92	POST OFFICE		1.92					1.92	STAMPS
12-Feb-21	POS	24.42	VISTAPRINT						24.42	24.42	POSTERS
15-Feb-21	DPC	27.78	EON ENERGY					27.78		27.78	ELECTRICITY
15-Feb-21	POS	592.33	MH TRANSPORT			592.33				592.33	VAN REPAIRS
24-Feb-21	DPC	110.00	T POTROWSKI				110.00			110.00	
26-Feb-21	POS	33.64	VISTAPRINT						33.64	33.64	POSTERS
01-Mar-21	DPC	2,771.00	DLS HOMES	2,771.00						2,771.00	ALLENTON RENT
02-Mar-21	POS	69.74	CENTRAL COOP			69.74				69.74	DIESEL
04-Mar-21	POS	75.60	MINORFERN SPARES			75.60				75.60	NEW BATTERY

05-Mar-21	POS	30.58	ENERGIZEDCU		30.58		30.58	NEW VAN LIGHT
10-Mar-21	DPC	94.01	BRITISH GAS			94.01	94.01	ELECTRIC BILL
19-Mar-21	POS	7.68	WEIZH			7.68	7.68	ELECTRIC PLUG
22-Mar-21	POS	1.99	EBAY			1.99	1.99	MUSIC LEAD
22-Mar-21	POS	1.99	EBAY			1.99	1.99	MUSIC LEAD
22-Mar-21	POS	71.52	HEANOR SERVICE		71.52		71.52	DIESEL
25-Mar-21	POS	48.55	BROBOT STRETTON		48.55		48.55	DIESEL
29-Mar-21	POS	4.99	JEANA HODSON			4.99	4.99	MUSIC LEAD
29-Mar-21	POS	1.79	PAYPAL	1.79			1.79	STAMPS
30-Mar-21	DPC	3,854.80	ERGOSPORT			3,854.80	3,854.80	SPORTS CLOTHING
13-Apr-21	CL	20.00	BMACH			20.00	20.00	
20-Apr-21	POS	46.67	BRITISH GAS			46.67	46.67	ALLENTON GAS BILL
07-May-21	BACS	DEP	PCC DERBYSHIRE					PCC GRANT
10-May-21	DPC	410.00	B HINKLEY		410.00		410.00	
10-May-21	DPC	750.00	DONNA LOTTERY BID			750.00	750.00	LOTTERY BID EXS
11-May-21	BACS	DEP	B HINKLEY					PAID IN ERROR

11-May-21	103	22.11	EON GAS BILL			22.11	GAS BILL
12-May-21	104	49.00	BRITISH GAS			49.00	GAS BILL
17-May-21	POS	5.45	MCDONALDS			5.45	MEETING/MEALS
17-May-21	POS	6.85	MCDONALDS			6.85	MEETING/MEALS
04-Jun-21	105	40.00	D BUNGAY		40.00	40.00	
09-Jun-21	DPC	38.40	TRANS TO 33007705			38.40	PRINTER CARTRIDGE
11-Jun-21	106	200.00	A MELLOR MAY EXS		200.00	200.00	
14-Jun-21	DPC	2,771.00	DLS HOMES	2,771.00		2,771.00	
15-Jun-21	POS	38.16	BRITISH GAS			38.16	
17-Jun-21	POS	76.39	TESCO PFS		76.39	76.39	FUEL
25-Jun-21	POS	53.94	SAINSBURYS PETROL		53.94	53.94	FUEL
25-Jun-21	C/L	160.00	ROYAL BANK			160.00	BANNERS
06-Jul-21	POS	275.00	DVLA TAX		275.00	275.00	
09-Jul-21	108	200.00	A MELLOR JUNE EXS		200.00	200.00	
12-Jul-21	DPC	33.83	BRITISH GAS			33.83	
12-Jul-21	POS	4.40	EBAY			4.40	MUSIC CENTRE LEAD

13-Jul-20	109	150.00	D C JUNE EXS			150.00	
				150.00			
13-Jul-21	112	550.00	ST OZ - 11 SESSIONS			550.00	11 X £50
				550.00			
13-Jul-21	C/L	41.50	PRINTED POSTERS			41.50	POSTERS
					41.50		
19-Jul-21	POS	89.01	CENTRAL COOP			89.01	FUEL
				89.01			
19-Jul-21	C/L	60.00	FIRST AID COURSE			60.00	3 HRS X £20
20-Jul-21	DEP		C. SHEPLEY				5,000.00
23-Jul-21	111	40.00	D BUNGAY JUNE EXS			40.00	
				40.00			
04-Aug-21	C/L	50.00	ROYAL BANK			50.00	ROCKY BIRTHDAY
11-Aug-21	DPC	42.01	BRITISH GAS			42.01	
					42.01		
13-Aug-21	113	200.00	A MELLOR JULY EXS			200.00	
				200.00			
20-Aug-21	DEP		CHESTERFIELD BC				CBC
20-Aug-21	DEP		CHESTERFIELD BC				CBC
20-Aug-21	DEP		CHESTERFIELD BC				CBC
20-Aug-21	DEP		CHESTERFIELD BC				CBC
20-Aug-21	DEP		CHESTERFIELD BC				CBC
23-Aug-21	POS	99.94	MFG PEVERIL			99.94	FUEL
				99.94			
31-Aug-21	DEP		DCCT				DCCT

01-Sep-21	115	40.00	D BUNGAY EXS			40.00	
01-Sep-21	117	500.00	ST OZ - 10 SESSIONS			500.00	10 X £50
02-Sep-21	114	214.00	A MELLORS AUG EXS			214.00	
02-Sep-21	116	40.00	DC AUG EXS			40.00	
13-Sep-21	DPC	78.75	SPITAL LANE STUDIO	78.75		78.75	ROOM HIRE
17-Sep-21	18	100.00	D COMMINGS	100.00		100.00	RYKNELD HOMES
20-Sep-21	DPC	87.50	SPITAL LANE STUDIO	87.50		87.50	
22-Sep-21	DPC	43.75	SPITAL LANE STUDIO	43.75		43.75	
08-Oct-21	DPC	83.65	BRITISH GAS		83.65	83.65	
08-Oct-21	POS	45.00	MH TRANSPORT		45.00	45.00	VAN MOT
11-Oct-21	DPC	2,771.00	DLS HOMES	2,771.00		2,771.00	
15-Oct-21	DPC	87.50	SPITAL LANE STUDIO	87.50		87.50	
15-Oct-21	POS	16.40	STARBUCKS			16.40	REFRESHMENTS
15-Oct-21	119	125.00	A MELLORS EXS			125.00	
15-Oct-21	121	40.00	D B EXS			40.00	
18-Oct-21	120	40.00	D C EXS			40.00	

22-Oct-21	POS	7.90	TASTE BUDS DERBY				7.90	REFRESHMENTS
25-Oct-21	123	600.00	ST OZ 12 SESSIONS				600.00	12 X £50
26-Oct-21	122	600.00	DC 12 SESSIONS				600.00	12 X £50
05-Nov-21	DPC	35.00	SPITAL LANE STUDIO	35.00			35.00	
08-Nov-21	POS	105.98	TESCO PFS		105.98		105.98	FUEL
09-Nov-21	DPC	44.04	EON.NEXT VIA MOB			44.04	44.04	GAS ABA
12-Nov-21	125	40.00	DC OCT EXS				40.00	
12-Nov-21	126	100.00	A MELLORS OCT EXS				100.00	
16-Nov-21	POS	90.96	SHELL - BLACKBURN		90.96		90.96	FUEL
16-Nov-21	124	40.00	D B OCT EXS				40.00	
17-Nov-21	POS	50.66	SAINSBURYS PETROL		50.66		50.66	FUEL
19-Nov-21	DEP		RYKNELD HOMES					PAID IN ERROR
23-Nov-21	POS	141.40	BRITISH GAS			141.40	141.40	
25-Nov-21	POS	264.94	A PLAN EASTLEIGH				264.94	
29-Nov-21	POS	36.20	EBAY				36.20	
29-Nov-21	POS	99.00	TESCO FUEL		99.00		99.00	

30-Nov-21	128	250.00	J OSBALDESTON			250.00	250.00	ADMIN EXPENSES
02-Dec-21	DPC	35.00	SPITAL LANE STUDIO		35.00		35.00	
02-Dec-21	DPC	70.00	SPITAL LANE STUDIO		70.00		70.00	
02-Dec-21	DPC	35.00	SPITAL LANE STUDIO		35.00		35.00	
02-Dec-21	DPC	2,771.00	DLS HOMES	2,771.00			2,771.00	
08-Dec-21	130	40.00	DAZ EXS NOV		40.00		40.00	
09-Dec-21	127	200.00	TO DAZ + RYKNELD		200.00		200.00	
13-Dec-21	DPC	35.00	SPITAL LANE STUDIO		35.00		35.00	
13-Dec-21	POS	11.97	EBAY			11.97	11.97	PHONE LEADS
13-Dec-21	131	150.00	ROCKY EXS NOV		150.00		150.00	
14-Dec-21	129	65.00	D BUNGAY EXS NOV		65.00		65.00	
17-Dec-21	DEP		LOTTERY FUND					LOTTERY FUND
17-Dec-21	DPC	400.00	DONNA			400.00	400.00	GRANT EXS
20-Dec-21	DPC	58.86	POSTAGE EXS	58.86			58.86	
20-Dec-21	DPC	65.20				65.20	65.20	
22-Dec-21	132	540.00	DAZ EXS PCC FUND		540.00		540.00	

22-Dec-21	135	450.00	S OZ EXS PCC FUND		450.00		450.00	
24-Dec-21	133	40.00	D BUNGAY EXS DEC		40.00		40.00	
04-Jan-22	DPC	293.00	NATHAN GREAVES			293.00	293.00	OZ BOX COURSES
05-Jan-22	POS	3.95	EBAY			3.95	3.95	
06-Jan-22	134	200.00			200.00		200.00	
14-Jan-22	DEP		DCCT					
18-Jan-22	DPC	53.01	BRITISH GAS ABA		53.01		53.01	
24-Jan-22	POS	34.95	EBAY COMMERCE			34.95	34.95	
24-Jan-22	POS	2.79	EBAY COMMERCE			2.79	2.79	
24-Jan-22	POS	2.79	EBAY COMMERCE			2.79	2.79	
25-Jan-22	DPC	70.00	SPITAL INV 43	70.00			70.00	
27-Jan-22	POS	2.00	NYA AIR SERV			2.00	2.00	
31-Jan-22	POS	17.18	EBAY COMMERCE			17.18	17.18	
01-Feb-22	POS	39.91	HOME BARGAINS			39.91	39.91	
02-Feb-22	DEP		W E AMIES					W E AMIES
03-Feb-22	POS	2.00	NYA AIR SERV			2.00	2.00	

04-Feb-22	137	150.00	ROCKEY EXS			150.00	150.00	
10-Feb-22	DEP		POLICE CR COMM					
10-Feb-22	DPC	750.00	DONNA LOTTERY BID			750.00	750.00	
10-Feb-22	POS	99.08	SAINSBURYS FUEL		99.08		99.08	
10-Feb-22	136	40.00	D BUNGAY EXS			40.00	40.00	
11-Feb-22	DPC	70.00	SPITAL INV 48	70.00			70.00	
14-Feb-22	DPC	67.75	BRITSH GAS ABA			67.75	67.75	
14-Feb-22	140	211.99	STEVE OZ SESSIONS			211.99	211.99	
14-Feb-22	141	85.11	DIESEL		85.11		85.11	
15-Feb-22	139	340.00	DAZ EQUIPMENT			340.00	340.00	EQUIPMENT
22-Feb-22	138	110.00	TRAINING COSTS			110.00	110.00	TRAINING COSTS
28-Feb-22	DPC	70.00	SPITAL INV 49	70.00			70.00	HOODIES
28-Feb-22	DPC	956.20	ERGO SPORTS				956.20	
02-Mar-22	146	300.00	STEVE OZ SESSIONS			300.00	300.00	
03-Feb-22	142	40.00	D BUNGAY EXS			40.00	40.00	
04-Mar-22	DPC	35.00	SPITAL INV 54	35.00			35.00	

04-Mar-22	143	300.00	ROCKEY EXS			300.00		300.00	
07-Mar-22	145	393.00	DAZ EXS			393.00		393.00	
08-Mar-22	POS	108.98	MFG BRIMINGTON		108.98			108.98	VAN REPAIRS
10-Mar-22	POS	37.99	EBAY COMMERCE				37.99		
10-Mar-22	POS	17.18	PCS MOTOR FACTORS		17.18			17.18	VAN REPAIRS
14-Mar-22	DPC	63.89	BRITISH GAS ABA				63.89		
18-Mar-22	DEP		LOTTERY FUND						
18-Mar-22	DPC	35.00	SPITAL INV 57	35.00				35.00	
18-Mar-22	DPC	705.00	DONNA INV 117					705.00	
22-Mar-22	POS	12.00	HALFORDS		12.00			12.00	VAN ACCS
22-Mar-22	POS	36.65	BOOKER CHESTERFD				36.65		
06-Apr-22	DPC	35.00	SPITAL INV 58	35.00				35.00	
06-Apr-22	147	760.00	DAZ EXS			760.00		760.00	
07-Apr-22	DEP		HARTINGTON YPH						
07-Apr-22	148	720.00	STEVE OZ 12 SESSIONS			720.00		720.00	
07-Apr-22	DPC	35.00	SPITAL INV 61	35.00				35.00	

08-Apr-22	DPC	35.00	SPITAL INV 60	35.00				35.00
08-Apr-22	150	300.00	ROCKEY EXS			300.00		300.00
14-Apr-22	151	70.00	RENT MICKLEY	70.00				70.00
19-Apr-22	DPC	35.00	SPITAL INV 64	35.00				35.00
20-Apr-20	149	40.00	D BUNGAY EXS			40.00		40.00
21-Apr-22	POS	132.84	ESSO BIRDHOLME		132.84			132.84
22-Apr-22	POS	40.86	EBAY COMMERCE				40.86	40.86
22-Apr-22	POS	59.43	BRITISH GAS				59.43	59.43
29-Apr-22	DEP		DCCT					DCCY
06-May-22	152	300.00	ROCKEY EXS			300.00		300.00
06-May-22	POS	21.99	EBAY COMMERCE				2,199.00	21.99
09-May-22	156	675.00	STEVE OZ SESSIONS			675.00		675.00
10-May-22	154	40.00	D BUNGAY EXS			40.00		40.00
10-May-22	157	11.40	STAMPS	11.40				11.40
11-May-22	155	296.00	DAZ EXS			296.00		296.00
12-May-22	DPC	35.00	SPITAL INV 70	35.00				35.00

16-May-22	DPC	247.20	OXBOX PENS				247.20	247.20
16-May-22	POS	23.18	EBAY COMMERCE				23.18	23.18
16-May-22	POS	13.95	EBAY COMMERCE				13.95	13.95
17-May-22	POS	619.20	LINDLEY & SONS				619.20	619.20
17-May-22	POS	40.26	BRITISH GAS			40.26		40.26
20-May-22	POS	125.10	TESCO FUEL		125.10			125.10
26-May-22	DPC	35.00	SPITAL INV 72	35.00				35.00
06-Jun-22	DPC	35.00	SPITAL INV 75	35.00				35.00
06-Jun-22	162	675.00	STEVE OZ SESSIONS			675.00		675.00
08-Jun-22	161	565.00	DAZ EXS			565.00		565.00
09-Jun-22	159	306.80	ROCKEY EXS			306.80		306.80
09-Jun-22	160	40.00	D BUNGAY EXS			40.00		40.00
13-Jun-22	DPC	42.25	BRITHS GAS			42.25		42.25
13-Jun-22	POS	16.75	EBAY COMMERCE				16.75	16.75
14-Jun-22	POS	290.00	VAN TAX		290.00			290.00
22-Jun-22	POS	74.25	SAINSBURYS FUEL		74.25			74.25

24-Jun-22	POS	142.43	TESCO FUEL		142.43	
29-Jun-22	166	415.00	DAZ EXS			415.00
30-Jun-22	153	40.00	RENT MICKLEY	40.00		40.00
30-Jun-22	158	30.00	RENT MICKLEY	30.00		30.00
01-Jul-22	DPC	DEP	FROM ACCT 76476022			
04-Jul-22	POS		PAID IN ERROR			15.50
04-Jul-22	167	525.00	STEVE OZ SESSIONS		525.00	525.00
08-Jul-22	164	300.00	ROCKEY EXS		300.00	300.00
11-Jul-22	DPC	41.70	BRITISH GAS		41.70	41.70
12-Jul-22	POS	20.23	EBAY COMMERCE			20.23
12-Jul-22	POS	7.99	MICROSOFT STORE			7.99
18-Jul-22	POS	6.99	EBAY COMMERCE			6.99
21-Jul-22	DPC	105.00	DANCE AND FITNESS	105.00		105.00
21-Jul-22	POS	23.99	EBAY COMMERCE			23.99
22-Jul-22	POS	7.99	MICROSOFT STORE			7.99
25-Jul-22	DEP		BOLSOVER DC			
25-Jul-22	DPC	200.00	TR TO ACCT 33007705		200.00	200.00

25-Jul-22	POS	5.99	EBAY COMMERCE					5.99
25-Jul-22	POS	7.84	EBAY COMMERCE					7.84
29-Jul-22	DPC	35.00	DANCE AND FITNESS					35.00
29-Jul-22	DPC	35.00	DANCE AND FITNESS	35.00				35.00
29-Jul-22	DPC	35.00	DANCE AND FITNESS	35.00				35.00
29-Jul-22	POS	25.88	BROBOT FUEL					25.88
09-Aug-22	172	150.00	STEVE OZ SESSIONS					150.00
09-Aug-22	173	5.70	STAMPS					5.70
12-Aug-22	170	350.00	ROCKEY EXS					350.00

DONATIONS- INCOME

TOTAL INCOME £42,545.50

W E AMIES	C SHEPLEY	INCOME DCCT	OTHER INCOME	HMRC & GIFT AID	OTHER GRANTS	TRANS FROM OTHER ACCTS	PCC GRANT
10,000.00	£5,000.00	630.00	150.00	-	11,728.00	37.50	15,000.00

7,500.00

£5,000.00

35.00

70.00

400.00

70.00

158.00

240.00

3,945.00

195.00

10,000.00

22.00

7,500.00

7,050.00

150.00

195.00

15.50

200.00

Accounts

OzBox and the Police Clubs of Great Britain

Strengthening Prevention Strategies

“Not Just a Gym”

OzBox project and the newly developed programs are comprehensive and multifaceted, building on the assets and strengths of young people and assisting them to define goals, complete school, and plan their futures. Youth development seldom tackles isolated problems, such as sexual risk behaviours, but focuses instead on providing support and opportunities for young people. OzBox in conjunction with the PCGB (Police Clubs Of Great Britain) is a strategy that attempts to meet the needs young people themselves identify, to have life skills, to be cared for and safe, to be valued and useful, and to be psychologically grounded, by building on their capabilities, assisting them to cultivate their own talents and to increase their feelings of self-worth, and easing their transition to adulthood.

OzBox is especially important for young people who have little or no support from

their families, schools, and communities. These hard to reach and under-served youth, who frequently report high risk behaviour and often lack access to health services, include:

- Youth who live on the street Low-income young people
- Youth in foster care and group homes
- Young people in the juvenile justice system
- Youth addicted to alcohol or other drugs
- Obesity
- Youth in residential mental health treatment facilities
- Young people who have dropped out of school and are in ECU's, PRU's or are NEET.
- Pregnant and parenting youth
- Gay, lesbian, bisexual, and transgender young people
- Survivors of grooming, childhood sexual, physical, and/or emotional abuse
- Youth with mental or physical disabilities.

OzBox / PCGB programs are built upon six promises outlined here along with effective strategies and teen pregnancy / Sexual Health prevention program.

OzBox focuses on assets and strengths, not problems.

OzBox and PCGB programs provide services such as tutoring, mentoring, developing recreational opportunities, job training, social skills, and volunteering. By tailoring services to meet the needs and build on the assets of the individual, these programs motivate young people to work toward achieving successful futures. Academic competence is measured by grades and standardised test scores provided by the schools, Social or interpersonal competence is measured by communication skills or by participation in recreational and social activities. Creativity is measured by artistic efforts, such as performances. Vocational competence is measured by job skills or employment outcomes, Healthy diet and exercise is measured by exercise tests, Service to others is measured by hours of volunteering and / or participation in OzBox activities.

1.

1. Youth development programs address the real or human needs of young people.

OzBox and PCGB project planners focus on the needs that young people themselves identify and consider the multiple factors of young people's lives in developing an intervention. For example, young boys or girls who have sex with boys or girls most often identify two basic needs—societal acceptance and intimacy in a relationship. Research indicates that a sense of self-worth and community support are factors in lowering STD's or risk behaviours. Young girls / boys most often identify a need for intimacy as being connected to their sexual risk behaviours. A prevention program developed by the PCGB offers an insight to

help them define what they would like in their intimate relationships. Then, increasing their interpersonal, communication, and assertiveness skills would assist them to create the healthy, intimate relationships they want. This strategy might help to promote these youth's academic, artistic, and career skills to nurture their self-esteem.

2. Young people should participate in designing the program and in its activities

OzBox / PCGB programs are designed to meet participants' needs. Participants will

determine whether programs are appropriate and relevant for them, and they can

indicate such by representation to a coach or deliverer. To ensure relevancy to the

target population, young people should participate in programs' design, implementation, evaluation, and modification. Youth can and should be among the leaders in programs, even when that means special training for them. Our programs publicly recognise young people's work and their participation. Finally, our programs involve youth as educators of other youth. Our programs fully engage young people and this has the desired outcome of keeping youth participating because "ownership" of our programs shifts to the young people themselves.

Sexual Health and Pregnancy prevention programs in the OzBox / PCGB program already foster such skills as:

1. Reviewing or illuminating risk behaviours
2. Understanding perceived norms
3. Knowing that one can reduce one's risk behaviours
4. Making decisions, negotiating, and refusing
5. Reviewing sexual health options, such as using condoms, and delaying sexual activity
6. Other important skills, such as the ability to sustain a healthy relationship, the ability to make and hold friendships, and the ability to find and hold a job, may increase the motivation of young people to avoid sexual risk behaviours.

3. Our Programs involve committed and knowledgeable adults

OzBox / PCGB Programs foster trust between adults and youth. In addition to education and professional expertise, our coaches are positive, have a nonjudgmental attitude toward and respect for young people. Our Coaches also possess qualities such as willingness to work in collaboration with others, flexibility, commitment, experience working with young people, interest in youth, a trainer who is a mentor for the Prince's Trust, trained in safeguarding the young

and vulnerable and the willingness to be role models.

4. Youth develop within, and are profoundly influenced by, their environment

The entire community, families, peers, schools, faith communities, businesses, government, and community organisations must participate in fostering the capabilities of the community's young people. Our successful programs consider the realities and developmental needs of the community's young people. Values, attitudes, and beliefs can vary significantly across cultural, socioeconomic, and ethnic groups, and our activities are age- appropriate as well as tailored to the cultural and racial/ethnic backgrounds of participants. Finally, we consider the characteristics of the community as a whole when designing programs.

5. Successful youth development requires community partnerships

Youth develop within the contexts of family, school, peers, and community.
OzBox

/ PCGB coaches actively involve representatives of all these groups in planning, designing, implementing, and evaluating program activities. Our programs tap the

resources of community members, including parents and families, religious and business leaders, local policy makers, educators, youth-serving professionals, and

health care providers. This strategy provides extensive input and helps to ensure the community's commitment to the program.

Coaches assess young participants to determine the developmental opportunities

and services that would benefit each person and ensure participants' access to those opportunities. Ensure access to mental health counselling (Talking Mental Health –Self Referrals) for teens that face issues such as depression, substance abuse, obesity [support offered by primary trust] and family or relationship problems which may affect their ability to thrive in our youth development program. Usually, to offer an array of services, youth development programs make collaborative arrangements with other community agencies. However in collaboration with our partner agencies, effective HIV/STD and teen pregnancy prevention programs links in with our existing youth development programs in order to meet all of the needs of participants and to refer them to services they

need. Many effective programs have a strong commitment to youth and to preventing risk behaviours among youth, including sexual risk-taking, dropping out of school, and using substances.

OzBox / PCGB is a good prevention strategy:

Communities should work together to meet the needs that young people themselves identify. They should focus on the strengths and assets of young people rather than the "problem" behaviours they may demonstrate. Although few communities currently utilise youth development as a strategy to prevent negative health outcomes (Obesity) among young people, concerned adults, parents, professionals, community representatives, policy makers, and funding agencies will work with young people to develop young people's life options and ensure their healthy transition to productive adulthood.

Present

At this moment in time the scheme runs out of two premises within Derbyshire.

Those being: -

Allenton Boxing Academy, Derby

Peter Webster Centre, Chesterfield

With regards to the Mandela Centre and Normanton Park Centre, because of changes in management along with price increases to requested rents, these premises have now had to be emptied and left with new management to work from.

We are looking towards giving the equipment removed or selling it cheaply to Langley Mill Boxing Club in Derbyshire, another charity whose premises was destroyed by Arson.

These centres are run nightly by volunteer trained staff and are free of charge for our customers.

Future

We are looking towards securing a large self-contained building, disused leisure centre or similar in the Derby City area. If such a building can be found, then the objectives would be to house Allenton Boxing Academy there as an initial occupant. Then to grow the building to incorporate other community type groups from within the city.

Stephen Osbaldeston MBE

[illegible]

EXPENDITURE											
TOTAL EXPENDITURE			£24,306.39								
Date	Cheque or Code	Amount	Payee/Source	Rent	PPS	Travel	Coaching	Gas/Elec	Sundries + Equipment	TOTAL	SOURCE DESCRIPTION
		24,306.39		11,084.00	90.15	1,756.07	6,235.54	526.66	7,533.61	24,306.39	
18-Feb-20	80	40.00	DAZ				40.00			40.00	
24-Feb-20	DPC	2,771.00	DLS HOMES	2,771.00						2,771.00	
25-Feb-20	POS	92.11	TESCO PETROL			92.11				92.11	
02-Mar-20	POS	260.00	DVLA VEHICLE TAX			260.00				260.00	
03-Mar-20	81	37.94	EON GAS					37.94		37.94	
04-Mar-20	DPC	550.00	B HINCKLEY				550.00			550.00	
19-Mar-20	84	40.00	D BUNGAY				40.00			40.00	
19-Mar-20	85	100.00	ROCKY				100.00			100.00	
23-Mar-20	82	500.00	ERGO						500.00	500.00	
31-Mar-20	83	40.00	DAZ				40.00			40.00	
07-Apr-20	DPC	972.00	T PIOTROWSKI				972.00			972.00	
07-Apr-20	DPC	420.00	B HINCKLEY				420.00			420.00	
07-Apr-20	DPC	190.00	L GAZDA				190.00			190.00	
21-Apr-20	86	114.14	BRITISH GAS					114.14		114.14	
22-Apr-20	BACS		C HANCOCK GIFT AID								C HANCOCK GIFT AID
23-Apr-20	BACS		DERBY CITY COUNCIL								DERBY CC GRANT
21-May-20	87	27.75	EON GAS					27.75		27.75	
21-May-20	88	33.24	JO OZ						33.24	33.24	
29-May-20	BACS		LOTTERY GRANT								LOTTERY GRANT
01-Jun-20	DPC	650.00	DONNA - SPORT ENG						650.00	650.00	
01-Jun-20	DPC	700.00	B HINCKLEY						700.00	700.00	TRACK SUITS
02-Jun-20	DPC	2,771.00	DLS HOMES	2,771.00					2,771.00	2,771.00	
02-Jun-20	DPC	111.94	BANNERS						111.94	111.94	LARGE BANNERS
08-Jun-20	89	100.00	D BUNGAY				100.00			100.00	
08-Jun-20	91	100.00	DAZ CUMMINS				100.00			100.00	
09-Jun-20	POS	55.81	TESCO PETROL			55.81				55.81	
11-Jun-20	POS	9.87	G J & DAUGHTER						9.87	9.87	CLEANING EQUIP
15-Jun-20	90	100.00	A MELLOR				100.00			100.00	
22-Jun-20	POS	64.16	SAINSBURYS PETROL			64.16				64.16	
29-Jun-20	POS	37.50	SAINSBURYS PETROL			37.50				37.50	
20-Jul-20	POS	4.50	NISA LOCAL		4.50					4.50	
20-Jul-20	POS	21.49	CENTRAL COOP						21.49	21.49	CLEANING EQUIP
20-Jul-20	POS	11.74	BST RETAIL						11.74	11.74	CLEANING CLOTHS
21-Jul-20	92	114.33	BRITISH GAS					114.33	114.33	114.33	
23-Jul-20	93	100.00							100.00	100.00	CLEANING EQUIP
28-Jul-20	DPC	40.86	OZ						40.86	40.86	CLEANING EQUIP
30-Jul-20	94	100.00	BRIAN HINKLEY						100.00	100.00	
04-Aug-20	DPC	19.95	HUNT FOR SPARES			19.95				19.95	VAN SPARES
13-Aug-20	POS	84.50	POPULAR TRADING			84.50				84.50	READ DISC PADS
14-Aug-20	95	50.00	A MELLOR						50.00	50.00	CLEANING EQUIP
17-Aug-20	DPC	39.99	TO AC 33007705			39.99				39.99	FRONT DISC PADS
19-Aug-20	C/L	60.00	NOTEMACHINE			60.00				60.00	REPAIRS TO VAN
28-Aug-20	DPC	2,771.00	DLS HOMES	2,771.00						2,771.00	
27-Aug-20	C/L	51.99	BMACH						51.99	51.99	GYM EMPTY EQUIP
01-Sep-20	DPC	76.59	TO AC 33007705			76.59				76.59	DIESELVAN
03-Sep-20	96	100.00	A MELLOR				100.00			100.00	
07-Sep-20	DPC	388.00	B HINKLEY				388.00			388.00	
14-Sep-20	DPC	78.82	TO AC 33007705			78.82				78.82	DIESEL VAN
15-Sep-20	BACS		HMRC CHARITIES								HMRC CHARITIES
15-Sep-20	DPC	448.00	TO AC 33007705			448.00				448.00	VAN REPAIRS
21-Sep-20	DPC	70.83	TO AC 33007705			70.83				70.83	DIESEL VAN
21-Sep-20	DPC	14.04	TO AC 33007705						14.04	14.04	CLEANING EQUIP
23-Sep-20	DPC	10.00	TO AC 33007705						10.00	10.00	NEW LOCK FOR GYM
23-Sep-20	DPC	32.97	DANNELS PRINTERS		32.97					32.97	PROMO LEAFLETS
28-Sep-20	DPC	6.50	TO AC 33007705						6.50	6.50	CLEANING CLOTHS
28-Sep-20	DPC	14.99	TO AC 33007706			14.99				14.99	KEY SAFE FOR VAN
28-Sep-20	POS	22.68	PAYPAL *HOU			22.68				22.68	SLR LIGHTS FOR VAN
28-Sep-20	POS	10.15	PAYPAL						10.15	10.15	CLEANING LIQUIDS
30-Sep-20	BACS		DERBY COM TRUST								DCCT
01-Oct-20	POS	6.85	PAYPAL		6.85				6.85	6.85	STAMPS
02-Oct-20	POS	7.39	PAYPAL						7.39	7.39	LEAD FOR MUSIC CTR
06-Oct-20	DPC	191.07	B HINKLEY						191.07	191.07	Sanitizing Equipment
06-Oct-20	DPC	600.99	B HINKLEY				600.99			600.99	
08-Oct-20	POS	29.99			29.99					29.99	Printer cartridges
09-Oct-20	BACS		COVID 19 GRANT								COVID RESPONSE
09-Oct-20	DPC	910.00	DONNA - SPORT ENG						910.00	910.00	
09-Oct-20	97	212.60	A MELLOR				200.00			212.60	NEW KEY
13-Oct-20	POS	2.83	EBAY						2.83	2.83	ERROR
14-Oct-20	POS	3.48	PAYPAL						3.48	3.48	ERROR
15-Oct-20	POS	4.95	EBAY						4.95	4.95	ERROR
15-Oct-20	POS	106.10	BRITISH GAS					106.10		106.10	
26-Oct-20	DPC		FROM AC 33007705								DEP
27-Oct-20	DPC		FROM AC 33007706								DEP
28-Oct-20	DPC		FROM AC 33007707								DEP
04-Nov-20	99	180.00	D COMMINGS				140.00		40.00	180.00	
05-Nov-20	100	375.00	OZ				375.00			375.00	SESSIONS & FEES
06-Nov-20	DPC	14.37	B HINKLEY						14.37	14.37	CLEANING EQUIP
06-Nov-20	DPC	399.00	B HINKLEY				399.00			399.00	
06-Nov-20	101	140.00	D BUNGAY				140.00			140.00	
09-Nov-20	DPC	40.06	DIESEL			40.06			40.06	40.06	DIESEL VAN
09-Nov-20	DPC	67.14	TO A/C 33007705						67.14	67.14	MEALS
09-Nov-20	DPC	38.25	TO A/C 33007706						38.25	38.25	GYM EMPTY EQUIP
13-Nov-20	98	200.00	A MELLOR				100.00		100.00	200.00	COACHING + EXS
16-Nov-20	DPC	1,040.55	A PLAN EASTLEIGH				1,040.55			1,040.55	TO B HINKLEY
20-Nov-20	POS	246.15	VAN INSURANCE			246.15				246.15	VAN INSURANCE
25-Nov-20	DPC	2,771.00	DLS HOMES	2,771.00						2,771.00	Allenton Rent QTR
24-Nov-20	C/L	50.00	D BUNGAY						50.00	50.00	ELECTRICAL WORK
27-Nov-20	POS	8.00	WILCO RETAIL						8.00	8.00	PARTS
02-Dec-20	POS	43.93	CENTRAL COOP			43.93				43.93	DIESEL
07-Dec-20	DPC	77.30	BRITISH GAS					77.30		77.30	GAS BILL
08-Dec-20	POS	10.07	SUBWAY						10.07	10.07	MEALS
21-Dec-20	DPC	732.00	ERGO SPORT						732.00	732.00	EQUIPMENT
23-Dec-20	BACS		DCCT								DCCT
05-Jan-21	POS	15.84	WH SMITH		15.84					15.84	STAMPS
08-Jan-20	POS	49.10	BRITISH GAS					49.10		49.10	GAS BILL
08-Jan-21	102	100.00	ROCKY				100.00			100.00	