

HOPE THREE 16 LTD

England & Wales · Charity number 1162789

Details

Other names HOPE THREE 16

Status Registered

Legal form Charitable company

Company number [09104333](#)

Registered 2015-07-23

Register [View on the Charity Commission register](#)

Contact

Address C/O Wellspring Church
134 Hamlet Court Road
Westcliff-On-Sea
Essex
SS0 7LN

Phone 01702668074

Website <https://www.hopethree16.org.uk>

Activities

Objects: THE RELIEF OF POVERTY, HARDSHIP AND DISTRESS OF THOSE WHO ARE IN CONDITIONS OF NEED, HOMELESS OR AT RISK OF BEING HOMELESS, HARDSHIP, SOCIAL EXCLUSION, SICKNESS OR SUBSTANCE ABUSE AND TO RELIEVE THE DISTRESS CAUSED BY THESE CONDITION WHILE PROMOTING AND FACILITATING INTEGRATION INTO SOCIETY IN SOUTHEND-ON-SEA, ESSEX AND SURROUNDING AREAS AS THE DIRECTORS MAY FROM TIME TO TIME SEE FIT.

Activities: Hope three16 bring relief to those in need and poverty by reducing homelessness helping to address some of the underlying causes of poverty distress and social exclusion reducing these through a combination of accommodation and support services that facilitate and motivate individuals towards an independent lifestyle and to make a positive contribution to the community they live in.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** Education/training, The Prevention Or Relief Of Poverty, Accommodation/housing
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Essex
- Southend-on-sea

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£364,720	£356,298	-	-
2024-06-30	£344,554	£339,645	-	-
2023-06-30	£308,267	£297,819	-	-
2022-06-30	£250,541	£238,505	-	-
2021-06-30	£216,945	£214,223	-	-

Trustees

Name	Role	Appointed
Barry Goddard	Chair	2014-05-28
DAVID ANTHONY WEBSTER		2014-05-28
JOHN MARTIN HAILES		2015-07-23

HOPE THREE 16 LTD

England & Wales - Charity number 1162789

Accounts



Hope three16 Ltd
(A company limited by guarantee)

Report and Financial Statements
Year Ended 30 June 2025

Charity number 1162789
Company number 9104333

Hope three16 Ltd

A company limited by guarantee

Report and Financial Statements

Year Ended 30 June 2025

Charity number 1162789

Company number 9104333

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Hope three 16 Ltd
Trustees Report for the year ended 30 June 2025

The Trustees presents its report and financial statements for the year ended 30 June 2025.

Reference and Administrative Details

Charity Name: Hope three 16 Ltd
Charity registration number: 1162789
Company registration number: 9104333

Registered Office: c/o Wellspring Church
134 Hamlet Court Road
Westcliff-on-Sea
SS0 7LN

Operational addresses: Pleasant Road (x 2) Burdett Avenue
Southend-on-Sea Westcliff-on-Sea
Essex, SS1 Essex, SS0

Hartington Road Preston Road
Southend-on-Sea Westcliff-on-Sea
Essex SS1 Essex SS0

Princes Court
Prince Avenue
Southend-on-Sea
SS2 6RN

Directors / Trustees: Mr B Goddard (Chair)
Mr J Hailes
Mr D Webster
Mr P Norton

Accountant: Estuary Accountancy Services, 42 North Street, Great Wakering, Southend-on-Sea, Essex SS3 0EL

Bank: Metro Bank, G19-21 Victoria Business Centre, London Road, Southend-on-Sea, SS1 2NG

Structure Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 26/06/2014 and registered as a charity on 23/07/2015. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and Memorandum of Association.

There are four Directors and in the event of the company being wound up Directors are required to contribute an amount not exceeding £10. Trustees are appointed by existing Directors / Trustees. The Directors of the company are also the Trustees of the charity and between themselves discharge the day-to-day operational responsibilities.

All Directors / Trustees, employees and volunteers are required to hold a current (ideally within 3 years) Enhanced DBS certificate. We are a member of thirtyone:eight (formerly CCPAS) and use their Disclosure Service for DBS checks, we have adopted their model safeguarding policy and their Job/Volunteer application and disclosure forms and use the thirtyone:eight safeguarding vulnerable adults training for induction and training of employees and volunteers along with other training providers.

HR, Employment and Health & Safety services are provided by Peninsular Group Ltd which provide a comprehensive suite of services including 24/7 Advice Line, Contracts & Documentation services, Online Management Software, Online and face to face Training and an Employee Assistance Programme (EAP).

Objectives and activities

The charities objectives as set out in the companies Memorandum of Association are: The relief of poverty, hardship and distress of those who are in conditions of need, homeless or who are at risk of being homeless, hardship, social exclusion, sickness or substance abuse, and to relieve the distress caused by these conditions while promoting and facilitating integration into society in Southend-on-Sea, Essex and surrounding areas as the directors may from time to time see fit.

The charity provides a good standard of safe, secure, alcohol and drug free accommodation, in the form of a shared house to male adults who are homeless or at risk of becoming homeless, unable to find their own accommodation and who require everyday help and support to cope with the normal expectations of everyday life.

We provide targeted support to each individual, including development of basic life skills, assistance with employability skills and job seeking activities. The aim is to facilitate & motivate them over time to achieve their desired lifestyle changes and for them to become employable, manage their own finances, housing and other needs and to move on to live independent lives in their own social or private sector housing.

Benefits are specifically to members of the general public who are vulnerable adults with dysfunctional lifestyles due to substance misuse and/or other factors such as mental health issues and/or prolonged use of prescription medicines. These factors affect their employability and their ability to perform everyday tasks which can lead to poverty, homelessness or risk of becoming homeless, social exclusion and inability to be a contributory part of the local community.

The wider public benefit indirectly through reduced homelessness in the local community.

We review our aims and objectives with the view to ensuring that current activities and future plans continue to support these. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Homelessness in Southend-on-Sea continues to be a situation where demand for services exceeds supply. Our resources are focussed on adult males in need of accommodation and additional support services to meet the needs of everyday life, employability, and re-integration into society.

Referrals are made from various homeless charities and projects within the local area and from other organisations such as DWP Job Centre Plus and Probation Services together with charities that work with and provide services for the homeless community in Southend-on-Sea and surrounding areas.

Following referral, a comprehensive application form is completed by the applicant followed up with an interview to confirm the individual's status as homeless or at risk of becoming homeless and in need of additional support due to substance misuse, mental health or other factors that lead to social exclusion, and suitability for living in a shared house with others.

Achievements and Performance

Hope three16 Ltd began as a charitable company in October 2014 by renting one two storey house and using it for shared accommodation for four (4) adult males who were either street homeless and/or needing additional support and unable to continue with their existing accommodation arrangements. Hope three16 registered as a charity on 23/07/2015.

Between March 2015 and May 2022, we expanded our services to four rented houses, each configured as a House of Multiple Occupancy (HMO) that meets the appropriate standards and regulations. Each house provides a shared kitchen, shared bathroom / shower facilities on each floor, a shared area in which to eat and/or a shared lounge style area for relaxing and watching TV together with Internet access and computer facilities for help with job searching, improving IT skills and general computer/internet use. The additional support for the individuals we house is required due to prolonged alcohol or substance misuse, prolonged use/abuse of prescription medicines or a combination of these together with mental health issues.

This expansion of our services in 2021-24 through the rental of three self-contained, move-on Studio Apartments brought the total number of people we support to Twenty-Three (23).

All the people accommodated were referred to Hope three16 either by DWP Job Centre Plus, Essex Probation Services, City Baptist Church (57 West), or other agencies and charities within the area, all of which work to alleviate homelessness and its resulting issues in Southend-on-Sea.

In January 2022 a new Director/Trustee was appointed as agreed by the existing Trustees/Directors at the AGM meeting held on 6th October 2021, and Hope three16 moved its registered office address in May 2024.

A restructuring was undertaken between March & May 2024 with assistance from Peninsular Group to better position the charity for future growth, make better use of its resources, to strengthen the team and improve our Health & Safety practices, procedures and documentation. This resulted in one part time staff member leaving the charity, three part time contractors becoming members of staff on payroll and one new full-time employee joining in June 2024. This resulted in some extra costs during this period.

Southend City Council introduced Licencing for all HMOs in 2024/25 which affected Hope three16 by increasing our housing costs and reducing the capacity of one of our houses to 4 residents which resulted in a reduced income as well as reducing the overall number of people supported to Twenty-Two (22).

Grant fund bidding activities have continued to be a good source of funding towards the ongoing services provided by Hope three16 in Southend-on-Sea and we aim to continue this in the future.

During this reporting period Hope three16 has focussed its work on accommodating and supporting a total of 30 individuals, all with a variety of alcohol, drug, mental health issues with some having previously experienced prison.

During this period eight (8) people moved on from Hope three16 accommodation.

There is currently no minimum or maximum length of stay for residents of Hope three16 as everyone's background and circumstances are different and consequently the time taken to motivate and facilitate change in attitudes and behaviours are also different.

For some a relatively short stay is required to enable them to gain the space and distance from unhelpful influences and access the support to reduce or stop using alcohol or drugs for a period enabling them to re-engage with family members, restart their employment and reintegrate back into their family and society in general.

A small number find the process of change too difficult at the time and return to other accommodation, rehab facilities, family members or unfortunately end back in homelessness.

Taking into account the above the resulting room occupancy rate has been maintained at above 95% across the full year, above the target in the business proposal and at the level used for annual budgeting purposes.

The ages of the adult males supported during this period range from 22 to 76 years, the average being 46 years of age.

The individual support provided to the residents includes provision of Individual Counselling using an accredited counsellor, obtaining replacement ID, help with benefit claims and budgeting skills, ensuring each resident is registered with local Medical & Dental surgeries and assistance with appointments at Job Centre (DWP), GP, Dentists, Hospital, and engagement with Drug & Alcohol agencies (STARS) as required together with support and help for setting and achieving personal goals for each individual.

We also facilitate and help with attendance at Adult Education College as appropriate for the individual's need. This has been particularly helpful for our residents who have difficulty with reading and writing or where English is their second language, to assist in social inclusion and engagement with agencies such as DWP and Local Council.

During this period one of the Trustees has indicated their intention to resign and this took place at the end of June 2025.

There have been 14 volunteers across this period who have helped with the furniture re-use and Community Supermarket site in Laindon.

Our support has provided increased personal stability for each resident and for several of them this has enabled them to reconnect with family members including their own children who they had been out of contact with for many years. It has also provided a degree of personal development that has increased their hopes for future employment opportunities.

The support we provide has the goals of empowering positive lifestyle choices, increasing self-esteem, sense of personal identity and value and helping to rebuild positive relationships which provide day to day encouragements towards change.

We provide residents with opportunities for personal responsibility, such as cleanliness & tidiness of their own room, and collective responsibility for the common areas of the house and the outside areas.

There have been no serious incidents during the reporting period.

Hope three16 does not make grants and has not made any investments.

Financial Review

The financial landscape continues to be challenging with increased day to day running costs together with the increasing fuel costs which affect our day to day and furniture re-use project costs.

In this period, we have realised a small operational surplus of just over £8,000 due mainly to successful grant fund bidding activities and gifts plus a small amount of interest gained across the accounts.

With careful cost management and by entering this period in a strong financial position we have, at the end of this period, finished with a healthy end of year balance. This gives the charity a positive financial position to start the coming year, continue with providing support to our residents and to implement some of our future plans.

The charity's primary income is from Southend Borough Council through Housing Benefit payments for the individuals accommodated and supported by us these were increased for the first time in October 2021 and then again in November 2023 and March 2025 taking into account increased costs and inflationary pressures. It is anticipated that this will become an annual event.

An online account provided by "Stewardship" was set up through which private individuals can make voluntary donations/gifts to Hope three16 and include gift aid with the donation, administered by Stewardship, if HMRC conditions are met.

The majority of all expenditure is directed at supporting our objectives with the Company / Charity running costs including insurances, professional services and registered office costs increased slightly to around 7% of total expenditure.

Pay costs are for the three House Managers responsibilities include ensuring the houses are a safe and secure environment, encourage individuals to play their part in keeping the houses clean and tidy, provide day to day support and to help with benefit claims. A part time Finance Manager is employed to manage the day-to-day financial activities of the charity, and a part time Fund Bidding Manager is employed to raise additional funds to meet rising operational costs. A Maintenance, Electrician and IT person is also employed alongside the House Managers to assist and maintain everything in working order.

One Director / Trustee is remunerated in accordance with the Governing document. Additional members of staff assist with general running and upkeep of the houses and co-ordination of support activities. The other three Directors / Trustees provide their time and expertise in a voluntary capacity.

Apart from the goal of retaining a practical amount in reserves each year the majority of the charity's funds are spent on day to day running costs so there are no funds at present for long term investment.

Hope three16 has based its Reserves policy and target level of reserves on:

- Forecast levels of income considering the reliability of that income stream (expressed in % occupancy rates)
- Forecast monthly expenditure for current and future planned activity.
- An assessment of risk that reserves will be required to make up a shortfall of income or to be used to bridge a shortfall during higher-than-normal expenditure, such as when expanding services and/or to open an additional house.

Two types of reserves have been considered as follows:

1. Running Reserves – monies set aside for ongoing running costs.
2. Project Reserves – monies set aside for specific projects and/or emergencies.

For 2024/25 our Running Reserves policy target is 25% of annual income which will cover 3 full months running costs (with reduced payroll) in the event of a significant fall in income, this is reviewed and revised every year.

For 2024/25 the Project Reserves policy is set to £6000.00

Our reserves for 2024/25 did not meet the target in this year.

Our strategy is to build reserves through planned operational surpluses however with increasing costs it is not expected that we will reach our target within the next two to three years and we have considered what expenditure could be reduced or stopped, together with what additional income sources could be found should such circumstances arise.

We are grateful for the gifts and grants provided by a number of organisations during this period including the following organisations:

SAVS, Essex Community Foundation, Billericay Lions, Michael Barnard, Albert Hunt, Southend Christian Fellowship and Community Investment Board.

Plans for Future Periods

Future plans include the filling of any vacant rooms and maintaining occupancy rates at target levels.

Continue to work with and build relationships with other providers in the area.

Review our rent charge per person per week with Southend City Council to consider the last years increasing rents, employment costs and other inflationary costs.

We are also looking at opportunities for increasing our additional income streams from external Grant Fund bidding with a view to consolidate and improve our services.

We will be focusing our resources on core services with our residents, reducing project activities to reduce costs and looking to increase the number of supported move-on studio apartments available with a corresponding increase in staff and/or volunteers to support the extra residents as financial resources allow.

We are looking to increase the number of House Managers employed to assist and support the residents with their tenancies and recovery given sufficient funding availability

We are looking to increase the number of volunteers together with increasing the number of Directors/Trustees to spread the workload across the team.

Consideration will be given to the option of becoming a CIO

Consideration will be given to determine if purchase/owning properties we use is a viable option.

We will review the Electrical Services activities.

Statement of Trustees/Directors Responsibilities

The trustees (who are also the directors of Hope three16 Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue its operations.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees submit their report and financial statements for the period which comply with current statutory requirements and the governing documents of the charity.

The trustees are also responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation on the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 31 March 2025 and signed on its behalf.



Barry Goddard
Director/Trustee



**Independent Examiners Report
for the year ended 30 June 2025**

I report on the accounts of Hope Three16 Limited for the year ended 30 June 2025, which are attached.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: STEPHEN JAMES FARROW

Relevant professional qualification or body: FMAAT

Address: Estuary Accountancy Services Ltd
42 North Street, Great Wakering, Essex, SS3 OEL

Date: 30 March 2026

Statement of Financial activities

	Notes	2025 Unrestricted funds £	2024 Total funds £
Charitable activities	2	363,456	342,860
Investment income	3	1,264	1,694
Total incoming resources		364,720	344,554
RESOURCES EXPENDED			
Resources expended on charitable activities	4	330,419	318,615
Support costs	5	24,917	20,142
Governance costs	6	962	888
Total resources expended		356,298	339,645
NET INCOMING/(OUTGOING) RESOURCES	7	8,422	4,909
RECONCILIATION OF FUNDS			
Total funds brought forward	13	93,902	88,993
TOTAL FUNDS CARRIED FORWARD		102,324	93,902

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Balance Sheet

	Notes	2025		2024	
		Unrestricted funds		Total funds	
		£	£	£	£
Fixed assets					
Tangible assets	10		12,318		15,669
Current assets					
Debtors	11	4,425		3,775	
Cash at bank and in hand		86,380		76,338	
		<u>90,805</u>		<u>80,113</u>	
Creditors: amounts falling due within one year	12	(799)		(1,880)	
Net current assets			<u>90,006</u>		<u>78,233</u>
NET ASSETS			<u>102,324</u>		<u>93,902</u>
Funds					
Unrestricted funds	13		102,324		93,902
TOTAL FUNDS			<u>102,324</u>		<u>93,902</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its financial statements in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and the Financial Reporting Standard for Smaller Entities (effective January 2015).



Barry Goddard

Director/Trustee

Approved by the board and signed on their behalf on 30 March 2026

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Charities SORP (FRSSE) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the client is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The irrecoverable element of VAT is included with the item of expense to which it relates.

Resources expended on charitable activities comprise those costs related directly to the charitable activities.

Support costs comprise the office and administration costs for the charity.

Governance costs comprise those incurred in the governance of the charity and are primarily associated with constitutional and statutory requirements.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office equipment	15% reducing balance
House equipment, fixtures and fittings	15% reducing balance
Workshop equipment	15% reducing balance
Motor vehicles	20% reducing balance

Taxation

The company is a registered charity and is therefore entitled to the exemptions from corporation tax afforded by Section 505 of the Income and Corporation Taxes Act 1988. Accordingly, there is no corporation tax charge in these financial statements.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustee directors. All funds are unrestricted.

2 INCOME FROM CHARITABLE ACTIVITIES	2025	2024
Housing benefit received	323,336	281,433
Project income	1,431	6,339
Grants	23,499	9,000
Gifts	15,190	46,088
	<u>363,456</u>	<u>342,860</u>

3 INVESTMENT INCOME	2025	2024
	£	£
Bank interest received	1,264	1,694
	<u>1,264</u>	<u>1,694</u>
4 RESOURCES EXPENDED ON CHARITABLE ACTIVITIES	2025	2024
	£	£
Consumables	-	103
Counselling and other programme costs	10,274	8,308
Rent	104,285	91,275
Rates and water	10,176	9,520
Light and heat	13,835	12,610
Telephone and internet	1,806	1,616
TV Licences	697	640
Food and supplies for houses	-	46
Repairs and renewals of houses and equipment	25,066	23,014
Stationery - houses	-	-
Depreciation - house equipment	395	371
<i>Project costs:</i>		
Electrical services rent	3,213	-
Electrical services subscriptions	1,140	-
Electrical services materials	755	-
Electrical services tools	599	-
Project rent	-	6,520
Project light and heat	-	-
Project equipment and repairs	4,254	13,607
Project travel & subsistence	908	2,401
Project food	564	8,226
Project subscriptions	113	-
Depreciation - Workshop/project equipment	50	59
<i>Staff costs:</i>		
Director's salary	26,104	29,455
Wages and gifts to volunteers	120,125	106,322
Pensions	1,947	1,364
Travel and subsistence costs	1,957	3,104
Clothing	219	46
Training and subscriptions	1,937	8
	<u>330,419</u>	<u>318,615</u>

5	SUPPORT COSTS	2025	2024
		£	£
	Office rent	1,600	1,100
	Meeting costs	7,846	1,138
	Repairs and renewals of office equipment	268	549
	Stationery and printing	480	224
	Subscriptions	5,581	1,609
	Telephones	996	904
	Insurance	2,456	2,538
	Website	30	453
	Motor expenses	4,281	8,980
	Sundry expenses	-	60
	Asset disposals	(72)	-
	Depreciation - motor vehicles	146	1,129
	Depreciation - office equipment	1,305	1,458
		<u>24,917</u>	<u>20,142</u>
6	GOVERNANCE COSTS	2025	2024
		£	£
	Bank charges	28	14
	Accountancy and independent examination fees	900	840
	Companies House filing fee	34	34
		<u>962</u>	<u>888</u>
7	NET INCOMING/(OUTGOING) RESOURCES	2025	2024
		£	£
	Net resources are stated after charging:		
	Depreciation of owned fixed assets	1,750	1,888
	Directors' remuneration	26,104	29,455
	Accountant's remuneration	900	840
		<u>900</u>	<u>840</u>
8	TRUSTEES' REMUNERATION	2025	2024
		£	£
	Directors' remuneration	26,104	29,455
		<u>26,104</u>	<u>29,455</u>

The trustee directors were reimbursed for travel and mileage expenses incurred while performing their work on behalf of the charity for the year ended 30 June 2025.

9 NON-TRUSTEE STAFF COSTS

	2025	2024
	£	£
Wages and gifts to volunteers	120,125	106,322
	<u>120,125</u>	<u>106,322</u>

10 TANGIBLE FIXED ASSETS

	Motor Vehicles £	House equipment and fittings £	Office equipment £	Workshop equipment £	Total £
Cost					
At 1 July 2024	11,200	5,365	12,848	993	30,406
Additions	-	1,375	1,787	-	3,162
Disposals	(10,000)	(275)	(1,551)	-	(11,826)
At 30 June 2025	<u>1,200</u>	<u>6,465</u>	<u>13,084</u>	<u>993</u>	<u>21,742</u>
Depreciation					
At 1 July 2024	6,681	3,117	4,277	662	14,737
Charge for the year	146	395	1,304	50	1,895
On disposals	(6,211)	(238)	(759)	-	(7,208)
At 30 June 2025	<u>616</u>	<u>3,274</u>	<u>4,822</u>	<u>712</u>	<u>9,424</u>
Net book value					
At 30 June 2025	<u>584</u>	<u>3,191</u>	<u>8,262</u>	<u>281</u>	<u>12,318</u>
At 30 June 2024	<u>4,519</u>	<u>2,248</u>	<u>8,571</u>	<u>331</u>	<u>15,669</u>

11 DEBTORS

	2025	2024
	£	£
Loans	2,975	2,325
Rent deposits held	1,450	1,450
	<u>4,425</u>	<u>3,775</u>

CREDITORS: AMOUNTS FALLING DUE WITHIN ONE

12 YEAR

	2025	2024
	£	£
Other taxes and social security costs	-	1,141
Accruals	799	739
	<u>799</u>	<u>1,880</u>

13 MOVEMENTS IN FUNDS

	Brought forward £	Net movement in funds £	30/06/2025 £
Unrestricted funds			
General fund	93,902	8,422	102,324
	<u>93,902</u>	<u>8,422</u>	<u>102,324</u>

Net movement in funds, included in the above, are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	364,720	356,298	8,422
	<u>364,720</u>	<u>356,298</u>	<u>8,422</u>

Detailed Statement of Financial Activities

	2025	2024
	£	£
INCOMING RESOURCES		
Charitable activities		
Housing benefit received	323,336	281,433
Project income	1,431	6,339
Grants	23,499	9,000
Gifts	15,190	46,088
	<u>363,456</u>	<u>342,860</u>
Investment income		
Interest receivable	1,264	1,694
	<u>364,720</u>	<u>344,554</u>
RESOURCES EXPENDED		
Charitable activities		
<i>Counselling and support programme:</i>		
Consumables	-	103
Counselling and other programme costs	10,274	8,308
Rent	104,285	91,275
Rates and water	10,176	9,520
Light and heat	13,835	12,610
Telephone and internet	1,806	1,616
TV Licences	697	640
Food and supplies for houses	-	46
Repairs and renewals of houses and equipment	25,066	23,014
Depreciation - house equipment	395	371
<i>Project costs:</i>		
Electrical services rent	3,213	-
Electrical services subscriptions	1,140	-
Electrical services materials	755	-
Electrical services tools	599	-
Project rent	-	6,520
Project equipment and repairs	4,254	13,607
Project travel & subsistence	908	2,401
Project food	564	8,226
Project subscriptions	113	-
Depreciation - Workshop/project equipment	50	59

Staff costs:

Director's salary	26,104	29,455
Wages and gifts to volunteers	120,125	106,322
Pensions	1,947	1,364
Travel and subsistence costs	1,957	3,104
Clothing	219	46
Training and subscriptions	1,937	8
	<u>330,419</u>	<u>318,615</u>

Support costs

Office rent	1,600	1,100
Meeting costs	7,846	1,138
Repairs and renewals of office equipment	268	549
Stationery and printing	480	224
Subscriptions	5,581	1,609
Telephones	996	904
Insurance	2,456	2,538
Website	30	453
Motor expenses	4,281	8,980
Sundry expenses	-	60
Asset disposals	(72)	-
Depreciation - motor vehicle	146	1,129
Depreciation - office equipment	1,305	1,458
	<u>24,917</u>	<u>20,142</u>

Governance costs

Bank charges	28	14
Accountancy and independent examination fees	900	840
Companies House filing fee	34	34
	<u>962</u>	<u>888</u>

Total resources expended	<u>356,298</u>	<u>339,645</u>
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Net income/(expenditure)	<u>8,422</u>	<u>4,909</u>
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HOPE THREE 16 LTD

England & Wales - Charity number 1162789

Accounts



Hope three16 Ltd
(A company limited by guarantee)

Report and Financial Statements
Year Ended 30 June 2024

Charity number 1162789
Company number 9104333

Hope three16 Ltd

A company limited by guarantee

Report and Financial Statements

Year Ended 30 June 2024

Charity number 1162789

Company number 9104333

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Hope three 16 Ltd
Trustees Report for the year ended 30 June 2024

The Trustees presents its report and financial statements for the year ended 30 June 2024.

Reference and Administrative Details

Charity Name: Hope three 16 Ltd
Charity registration number: 1162789
Company registration number: 9104333

Registered Office: c/o Wellspring Church
134 Hamlet Court Road
Westcliff-on-Sea
SS0 7LN

Operational addresses: Pleasant Road (x 2)
Southend-on-Sea
Essex, SS1

Burdett Avenue
Westcliff-on-Sea
Essex, SS0

Hartington Road
Southend-on-Sea
Essex SS1

Preston Road
Westcliff-on-Sea
Essex SS0

Directors / Trustees: Mr B Goddard (Chair)
Mr J Hailes
Mr D Webster
Mr P Norton

Accountant: Estuary Accountancy Services, 42 North Street, Great Wakering, Southend-on-Sea, Essex SS3 0EL

Bank: Metro Bank, G19-21 Victoria Business Centre, London Road, Southend-on-Sea, SS1 2NG

Structure Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 26/06/2014 and registered as a charity on 23/07/2015. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and Memorandum of Association.

There are four Directors and in the event of the company being wound up Directors are required to contribute an amount not exceeding £10. Trustees are appointed by existing Directors / Trustees. The Directors of the company are also the Trustees of the charity and between themselves discharge the day-to-day operational responsibilities.

All Directors / Trustees, employees and volunteers are required to hold a current (ideally within 3 years) Enhanced DBS certificate. We are a member of thirtyone:eight (formerly CCPAS) and use their Disclosure Service for DBS checks, we have adopted their model safeguarding policy and their Job/Volunteer application and disclosure forms and use the thirtyone:eight safeguarding vulnerable adults training for induction and training of employees and volunteers along with other training providers.

HR, Employment and Health & Safety services are provided by Peninsular Group Ltd which provide a comprehensive suite of services including 24/7 Advice Line, Contracts & Documentation services, Online Management Software, Online and face to face Training and an Employee Assistance Programme (EAP).

Objectives and activities

The charities objectives as set out in the companies Memorandum of Association are: The relief of poverty, hardship and distress of those who are in conditions of need, homeless or who are at risk of being homeless, hardship, social exclusion, sickness or substance abuse, and to relieve the distress caused by these conditions while promoting and facilitating integration into society in Southend-on-Sea, Essex and surrounding areas as the directors may from time to time see fit.

The charity provides a good standard of safe, secure, alcohol and drug free accommodation, in the form of a shared house to male adults who are homeless or at risk of becoming homeless, unable to find their own accommodation and who require everyday help and support to cope with the normal expectations of everyday life.

We provide targeted support to each individual, including development of basic life skills, assistance with employability skills and job seeking activities. The aim is to facilitate & motivate them over time to achieve their desired lifestyle changes and for them to become employable, manage their own finances, housing and other needs and to move on to live independent lives in their own social or private sector housing.

Benefits are specifically to members of the general public who are vulnerable adults with dysfunctional lifestyles due to substance misuse and/or other factors such as mental health issues and/or prolonged use of prescription medicines. These factors affect their employability and their ability to perform everyday tasks which can lead to poverty, homelessness or risk of becoming homeless, social exclusion and inability to be a contributory part of the local community.

The wider public benefit indirectly through reduced homelessness in the local community.

We review our aims and objectives with the view to ensuring that current activities and future plans continue to support these. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Homelessness in Southend-on-Sea continues to be a situation where demand for services exceeds supply. Our resources are focussed on adult males in need of accommodation and additional support services to meet the needs of everyday life, employability, and re-integration into society.

Referrals are made from various homeless charities and projects within the local area and from other organisations such as DWP Job Centre Plus and Probation Services together with charities that work with and provide services for the homeless community in Southend-on-Sea and surrounding areas.

Following referral, a comprehensive application form is completed by the applicant followed up with an interview to confirm the individual's status as homeless or at risk of becoming homeless and in need of additional support due to substance misuse, mental health or other factors that lead to social exclusion, and suitability for living in a shared house with others.

Achievements and Performance

Hope three16 Ltd began as a charitable company in October 2014 by renting one two storey house and using it for shared accommodation for four (4) adult males who were either street homeless and/or needing additional support and unable to continue with their existing accommodation arrangements. Hope three16 registered as a charity on 23/07/2015.

Between March 2015 and May 2022, we expanded our services to four rented houses, each configured as a House of Multiple Occupancy (HMO) that meets the appropriate standards and regulations. Each house provides a shared kitchen, shared bathroom / shower facilities on each floor, a shared area in which to eat and/or a shared lounge style area for relaxing and watching TV together with Internet access and computer facilities for help with job searching, improving IT skills and general computer/internet use. The additional support for the individuals we house is required due to prolonged alcohol or substance misuse, prolonged use/abuse of prescription medicines or a combination of these together with mental health issues.

This expansion of our services together with the rental of a self-contained, move-on Studio Apartment brought the total number of people we support to Twenty-One (21). All the people accommodated were referred to Hope three16 either by DWP Job Centre Plus, Essex Probation Services, 57 West, or other agencies and charities within the area, all of which work to alleviate homelessness and its resulting issues in Southend-on-Sea.

In January 2022 a new Director/Trustee was appointed as agreed by the existing Trustees/Directors at the AGM meeting held on 6th October 2021, and Hope three16 moved its registered office address in May 2024.

A restructuring was undertaken between March & May 2024 with assistance from Peninsular Group to better position the charity for future growth, make better use of its resources, to strengthen the team and improve our Health & Safety practices, procedures and documentation. This resulted in one part time staff member leaving the charity, three part time contractors becoming members of staff on payroll and one new full-time employee joining in June 2024. This resulted in some extra costs during this period.

Grant fund bidding activities have proved to be a good source of funding towards the ongoing services provided by Hope three16 in Southend-on-Sea and we aim to continue this in the future.

A fire at the Billericay site during the moving out period of the food distribution and furniture reuse project resulted in some uninsured losses and clean-up costs which have impacted this period's financial performance.

During this reporting period Hope three16 has focussed its work on accommodating and supporting a total of 28 individuals, all with a variety of alcohol, drug, mental health issues with some having previously experienced prison.

During this period eight (8) people moved on from Hope three16 accommodation.

There is currently no minimum or maximum length of stay for residents of Hope three16 as everyone's background and circumstances are different and consequently the time taken to motivate and facilitate change in attitudes and behaviours are also different.

For some a relatively short stay is required to enable them to gain the space and distance from unhelpful influences and access the support to reduce or stop using alcohol or drugs for a period enabling them to re-engage with family members, restart their employment and reintegrate back into their family and society in general.

A small number find the process of change too difficult at the time and return to other accommodation, rehab facilities, family members or unfortunately end back in homelessness.

Taking into account the above the resulting room occupancy rate has been maintained at 90% across the full year, above the target in the business proposal but just below the ideal level of 95% used for annual budgeting purposes.

The ages of the adult males supported during this period range from 21 to 75 years, the average being 45 years of age.

The individual support provided to the residents includes provision of Individual Counselling using an accredited counsellor, obtaining replacement ID, help with benefit claims and budgeting skills, ensuring each resident is registered with local Medical & Dental surgeries and assistance with appointments at Job Centre (DWP), GP, Dentists, Hospital, and engagement with Drug & Alcohol agencies (STARS) as required together with support and help for setting and achieving personal goals for each individual.

We also facilitate and help with attendance at Adult Education College as appropriate for the individual's need. This has been particularly helpful for our residents who have difficulty with reading and writing or where English is their second language, to assist in social inclusion and engagement with agencies such as DWP and Local Council.

During this period the ambient food collected & distributed by Hope three16 to our own houses/residents has stopped and been replaced with a Community Supermarket located in Laindon Essex, a separate legal entity started with initial funding from Essex County Council. This is run by a Trustee of Hope three16, who provide support to the Community Supermarket through providing volunteers and use of a van.

There have been 6 volunteers helping with the furniture re-use and Community Supermarket site in Laindon during this period.

Our support has provided increased personal stability for each resident and for several of them this has enabled them to reconnect with family members including their own children who they had been out of contact with for many years. It has also provided a degree of personal development that has increased their hopes for future employment opportunities.

The support we provide has the goals of empowering positive lifestyle choices, increasing self-esteem, sense of personal identity and value and helping to rebuild positive relationships which provide day to day encouragements towards change.

We provide residents with opportunities for personal responsibility, such as cleanliness & tidiness of their own room, and collective responsibility for the common areas of the house and the outside areas.

There have been no serious incidents during the reporting period.

Hope three16 does not make grants and has not made any investments.

Financial Review

The financial landscape continues to be challenging with increased day to day running costs together with the increasing fuel costs which affect our day to day and furniture re-use project costs.

In this period, we have realised a small operational surplus of just under £5000 due mainly to successful grant fund bidding activities and gifts plus a small amount of interest gained across the accounts.

With careful cost management and by entering this period in a strong financial position we have, at the end of this period, finished with a healthy end of year balance. This gives the charity a positive financial position to start the coming year, continue with providing support to our residents and to implement some of our future plans.

The charity's primary income is from Southend Borough Council through Housing Benefit payments for the individuals accommodated and supported by us these were increased for the first time in October 2021 and then again in November 2023 taking into account increased costs and inflationary pressures.

An online account provided by "Stewardship" was set up through which private individuals can make voluntary donations/gifts to Hope three16 and include gift aid with the donation, administered by Stewardship, if HMRC conditions are met.

The majority of all expenditure is directed at supporting our objectives with the Company / Charity running costs including insurances, professional services and registered office costs of around 6% of total expenditure.

Pay costs are for the three House Managers responsibilities include ensuring the houses are a safe and secure environment, encourage individuals to play their part in keeping the houses clean and tidy, provide day to day support and to help with benefit claims. A part time Finance Manager is employed to manage the day-to-day financial activities of the charity and a part time Fund Bidding Manager is employed to raise additional funds to meet rising operational costs. A Maintenance, Electrician and IT person is also employed alongside to assist the House Managers maintain everything in working order.

One Director / Trustee is remunerated in accordance with the Governing document. Additional members of staff assist with general running and upkeep of the houses and co-ordination of support activities. The other three Directors / Trustees provide their time and expertise in a voluntary capacity.

Apart from the goal of retaining a practical amount in reserves each year the majority of the charity's funds are spent on day to day running costs so there are no funds at present for long term investment.

Hope three16 has based its Reserves policy and target level of reserves on:

- Forecast levels of income considering the reliability of that income stream (expressed in % occupancy rates)
- Forecast monthly expenditure for current and future planned activity.
- An assessment of risk that reserves will be required to make up a shortfall of income or to be used to bridge a shortfall during higher-than-normal expenditure, such as when expanding services and/or to open an additional house.

Two types of reserves have been considered as follows:

1. Running Reserves – monies set aside for ongoing running costs.
2. Project Reserves – monies set aside for specific projects and/or emergencies.

For 2023/24 our Running Reserves policy target is 24% of annual income which will cover 3 full months running costs (with reduced payroll) in the event of a significant fall in income, this is reviewed and revised every year.

For 2023/24 the Project Reserves policy is set to £6000.00

Our reserves for 2023/24 did not meet the target in this year.

Our strategy is to build reserves through planned operational surpluses however with increasing costs it is not expected that we will reach our target within the next two to three years and we have considered what expenditure could be reduced or stopped, together with what additional income sources could be found should such circumstances arise.

Plans for Future Periods

Future plans include the filling of any vacant rooms and maintaining occupancy rates at target levels.

Continue to work with and build relationships with other providers in the area.

We will seek to rent an additional move-on Studio Apartment for one of our residents who is ready for moving on to more independent living increasing total number of people supported to 22.

Reviewing rent charge per person per week with Southend City Council to consider the last two years inflationary costs.

We are also looking at opportunities for increasing our additional income streams from external Grant Fund bidding with a view to consolidate and improve our services.

We will be focusing our resources on our core services with our residents resulting in the move of other projects and associated resources (and costs) to the Hope Is (CIC) Community Supermarket.

We will review the Electrical Services activities.

We are looking to increase the number of volunteers together with increasing the number of Directors/Trustees to spread the workload across the team.

Consideration will be given to the option of becoming a CIO

Consideration will be given to determine if purchase/owning properties we use is a viable option.

Consideration of the possible expansion into providing services in adjoining Boroughs in Essex where there is limited or no provision of the type that Hope three16 provide.

Statement of Trustees/Directors Responsibilities

The trustees (who are also the directors of Hope three16 Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue its operations.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees submit their report and financial statements for the period which comply with current statutory requirements and the governing documents of the charity.

The trustees are also responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation on the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 31 March 2025 and signed on its behalf.

Barry Goddard
Director/Trustee

Independent Examiners Report for the year ended 30 June 2024

I report on the accounts of Hope Three16 Limited for the year ended 30 June 2024, which are attached.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: _____

Name: STEPHEN JAMES FARROW

Relevant professional qualification or body: FMAAT

Address: Estuary Accountancy Services Ltd
42 North Street, Great Wakering, Essex, SS3 0EL

Date: 31 March 2025

Statement of Financial activities

	Notes	2024 Unrestricted funds £	2023 Total funds £
Charitable activities	2	342,860	308,030
Investment income	3	1,694	237
Total incoming resources		344,554	308,267
RESOURCES EXPENDED			
Resources expended on charitable activities	4	318,615	277,157
Support costs	5	20,142	19,959
Governance costs	6	888	703
Total resources expended		339,645	297,819
NET INCOMING/(OUTGOING) RESOURCES	7	4,909	10,448
RECONCILIATION OF FUNDS			
Total funds brought forward	13	88,993	78,545
TOTAL FUNDS CARRIED FORWARD		93,902	88,993

Balance Sheet

	Notes	2024		2023	
		Unrestricted funds		Total funds	
		£	£	£	£
Fixed assets					
Tangible assets	10		15,669		17,976
Current assets					
Debtors	11	3,775		3,975	
Cash at bank and in hand		76,338		67,850	
		80,113		71,825	
Creditors: amounts falling due within one year					
	12	(1,880)		(808)	
Net current assets			78,233		71,017
NET ASSETS			93,902		88,993
Funds					
Unrestricted funds	13		93,902		88,993
TOTAL FUNDS			93,902		88,993

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its financial statements in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and the Financial Reporting Standard for Smaller Entities (effective January 2015).

Barry Goddard

Director/Trustee

Approved by the board and signed on their behalf on 31 March 2025

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Charities SORP (FRSSE) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the client is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The irrecoverable element of VAT is included with the item of expense to which it relates.

Resources expended on charitable activities comprise those costs related directly to the charitable activities.

Support costs comprise the office and administration costs for the charity.

Governance costs comprise those incurred in the governance of the charity and are primarily associated with constitutional and statutory requirements.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office equipment	15% reducing balance
House equipment, fixtures and fittings	15% reducing balance
Workshop equipment	15% reducing balance
Motor vehicles	20% reducing balance

Taxation

The company is a registered charity and is therefore entitled to the exemptions from corporation tax afforded by Section 505 of the Income and Corporation Taxes Act 1988. Accordingly, there is no corporation tax charge in these financial statements.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustee directors. All funds are unrestricted.

2 INCOME FROM CHARITABLE ACTIVITIES	2024	2023
Housing benefit received	281,433	258,069
Project income	6,339	-
Grants	9,000	38,366
Gifts	46,088	11,595
	<u>342,860</u>	<u>308,030</u>

Notes to the Financial Statements

3 INVESTMENT INCOME	2024	2023
	£	£
Bank interest received	1,694	237
	<u>1,694</u>	<u>237</u>
4 RESOURCES EXPENDED ON CHARITABLE ACTIVITIES	2024	2023
	£	£
Consumables	103	-
Counselling and other programme costs	8,308	7,002
Rent	91,275	89,310
Rates and water	9,520	9,350
Light and heat	12,610	10,818
Telephone and internet	1,616	1,463
TV Licences	640	635
Food and supplies for houses	46	419
Repairs and renewals of houses and equipment	23,014	11,141
Depreciation - house equipment	371	302
<i>Project costs:</i>		
Project rent	6,520	7,900
Project equipment and repairs	13,607	74
Project travel & subsistence	2,401	3,039
Project food	8,226	2,965
Depreciation - Workshop/project equipment	59	68
<i>Staff costs:</i>		
Director's salary	29,455	35,000
Wages and gifts to volunteers	106,322	90,234
Pensions	1,364	1,438
Travel and subsistence costs	3,104	4,539
Clothing	46	1,324
Training and subscriptions	8	136
	<u>318,615</u>	<u>277,157</u>

Notes to the Financial Statements

5	SUPPORT COSTS	2024	2023
		£	£
	Office rent	1,100	1,200
	Meeting costs	1,138	2,269
	Repairs and renewals of office equipment	549	294
	Stationery and printing	224	344
	Subscriptions	1,609	800
	Telephones	904	751
	Insurance	2,538	2,379
	Website	453	302
	Motor expenses	8,980	8,264
	Sundry expenses	60	-
	Asset disposals	-	598
	Depreciation - motor vehicles	1,129	1,412
	Depreciation - office equipment	1,458	1,346
		<u>20,142</u>	<u>19,959</u>
6	GOVERNANCE COSTS	2024	2023
		£	£
	Bank charges	14	15
	Accountancy and independent examination fees	840	675
	Companies House filing fee	34	13
		<u>888</u>	<u>703</u>
7	NET INCOMING/(OUTGOING) RESOURCES	2024	2023
		£	£
	Net resources are stated after charging:		
	Depreciation of owned fixed assets	1,888	1,716
	Directors' remuneration	29,455	35,000
	Accountant's remuneration	840	675
		<u>840</u>	<u>675</u>
8	TRUSTEES' REMUNERATION	2024	2023
		£	£
	Directors' remuneration	29,455	35,000
		<u>29,455</u>	<u>35,000</u>

The trustee directors were reimbursed for travel and mileage expenses incurred while performing their work on behalf of the charity for the year ended 30 June 2024.

Notes to the Financial Statements

9 NON-TRUSTEE STAFF COSTS			2024	2023	
			£	£	
Wages and gifts to volunteers			106,322	90,234	
			<u>106,322</u>	<u>90,234</u>	
10 TANGIBLE FIXED ASSETS					
		House equipment and fittings			
	Motor Vehicles	£	Office equipment	Workshop equipment	Total
		£	£	£	£
Cost					
At 1 July 2023	11,200	5,034	12,469	993	29,696
Additions	-	331	379	-	710
At 30 June 2024	<u>11,200</u>	<u>5,365</u>	<u>12,848</u>	<u>993</u>	<u>30,406</u>
					-
Depreciation					
At 1 July 2023	5,552	2,746	2,819	603	11,720
Charge for the year	1,129	371	1,458	59	3,017
At 30 June 2024	<u>6,681</u>	<u>3,117</u>	<u>4,277</u>	<u>662</u>	<u>14,737</u>
					-
Net book value					
At 30 June 2024	<u>4,519</u>	<u>2,248</u>	<u>8,571</u>	<u>331</u>	<u>15,669</u>
At 30 June 2023	<u>5,648</u>	<u>2,288</u>	<u>9,650</u>	<u>390</u>	<u>17,976</u>
11 DEBTORS			2024	2023	
			£	£	
Loans			2,325	2,525	
Rent deposits held			1,450	1,450	
			<u>3,775</u>	<u>3,975</u>	
12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			2024	2023	
			£	£	
Trade creditors			-	120	
Other taxes and social security costs			1,141	-	
Accruals			739	688	
			<u>1,880</u>	<u>808</u>	

Notes to the Financial Statements

13 MOVEMENTS IN FUNDS

	Brought forward	Net movement in funds	30/06/2024
	£	£	£
Unrestricted funds			
General fund	88,993	4,909	93,902
	<u>88,993</u>	<u>4,909</u>	<u>93,902</u>

Net movement in funds, included in the above, are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	344,554	339,645	4,909
	<u>344,554</u>	<u>339,645</u>	<u>4,909</u>

Detailed Statement of Financial Activities

	2024	2023
	£	£
INCOMING RESOURCES		
Charitable activities		
Housing benefit received	281,433	258,069
Project income	6,339	-
Grants	9,000	38,366
Gifts	46,088	11,595
	<u>342,860</u>	<u>308,030</u>
Investment income		
Interest receivable	1,694	237
	<u>344,554</u>	<u>308,267</u>
RESOURCES EXPENDED		
Charitable activities		
<i>Counselling and support programme:</i>		
Consumables	103	-
Counselling and other programme costs	8,308	7,002
Rent	91,275	89,310
Rates and water	9,520	9,350
Light and heat	12,610	10,818
Telephone and internet	1,616	1,463
TV Licences	640	635
Food and supplies for houses	46	419
Repairs and renewals of houses and equipment	23,014	11,141
Depreciation - house equipment	371	302
<i>Project costs:</i>		
Project rent	6,520	7,900
Project equipment and repairs	13,607	74
Project travel & subsistence	2,401	3,039
Project food	8,226	2,965
Depreciation - Workshop/project equipment	59	68
<i>Staff costs:</i>		
Director's salary	29,455	35,000
Wages and gifts to volunteers	106,322	90,234
Pensions	1,364	1,438
Travel and subsistence costs	3,104	4,539
Clothing	46	1,324
Training and subscriptions	8	136
	<u>318,615</u>	<u>277,157</u>

Detailed Statement of Financial Activities (cont'd)

Support costs

Office rent	1,100	1,200
Meeting costs	1,138	2,269
Repairs and renewals of office equipment	549	294
Stationery and printing	224	344
Subscriptions	1,609	800
Telephones	904	751
Insurance	2,538	2,379
Website	453	302
Motor expenses	8,980	8,264
Sundry expenses	60	-
Asset disposals	-	598
Depreciation - motor vehicle	1,129	1,412
Depreciation - office equipment	1,458	1,346
	<u>20,142</u>	<u>19,959</u>

Governance costs

Bank charges	14	15
Accountancy and independent examination fees	840	675
Companies House filing fee	34	13
	<u>888</u>	<u>703</u>

Total resources expended	<u>339,645</u>	<u>297,819</u>
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Net income/(expenditure)	<u><u>4,909</u></u>	<u><u>10,448</u></u>
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HOPE THREE 16 LTD

England & Wales - Charity number 1162789

Accounts



Hope three16 Ltd
(A company limited by guarantee)

Report and Financial Statements
Year Ended 30 June 2023

Charity number 1162789
Company number 9104333

Hope three16 Ltd

A company limited by guarantee

Report and Financial Statements

Year Ended 30 June 2023

Charity number 1162789

Company number 9104333

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Hope three 16 Ltd
Trustees Report for the year ended 30 June 2023

The Trustees presents its report and financial statements for the year ended 30 June 2023.

Reference and Administrative Details

Charity Name: Hope three 16 Ltd
Charity registration number: 1162789
Company registration number: 9104333

Registered Office: Office 11 Jindal House
35 Progress Road
Leigh-on-Sea
Essex
SS9 5PR

Operational addresses: Pleasant Road (x 2)
Southend-on-Sea
Essex, SS1

Burdett Avenue
Wescliff-on-Sea
Essex, SS0

Hartington Road
Southend-on-Sea
Essex SS1

Distribution unit
High Street
Billericay
CM12

Directors / Trustees: Mr B Goddard (Chair)
Mr J Hailes
Mr D Webster
Mr P Norton

Accountant: Estuary Accountancy Services, 42 North Street, Great Wakering, Southend-on-Sea, Essex SS3 0EL

Bank: Metro Bank, G19-21 Victoria Business Centre, London Road, Southend-on-sea, SS1 2NG

Structure Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 26/06/2014 and registered as a charity on 23/07/2015. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and Memorandum of Association.

There are four Directors and in the event of the company being wound up Directors are required to contribute an amount not exceeding £10. Trustees are appointed by existing Directors / Trustees. The Directors of the company are also the Trustees of the charity and between themselves discharge the day-to-day operational responsibilities.

All Directors / Trustees, employees and volunteers are required to hold a current (ideally within 3 years) Enhanced DBS certificate. We are a member of thirtyone:eight (formerly CCPAS) and use their Disclosure Service for DBS checks, we have adopted their model safeguarding policy and their Job/Volunteer application and disclosure forms and use the thirtyone:eight (formerly CCPAS) safeguarding vulnerable adults training for induction and training of employees and volunteers along with other training providers.

Objectives and activities

The charities objectives as set out in the companies Memorandum of Association are: The relief of poverty, hardship and distress of those who are in conditions of need, homeless or who are at risk of being homeless, hardship, social exclusion, sickness or substance abuse, and to relieve the distress caused by these conditions while promoting and facilitating integration into society in Southend-on-Sea, Essex and surrounding areas as the directors may from time to time see fit.

The charity provides high standard, safe, secure, alcohol and drug free accommodation, in the form of a shared house to male adults who are homeless or at risk of becoming homeless, unable to find their own accommodation and who require everyday help and support to cope with the normal expectations of everyday life.

We provide targeted support to each individual, including development of basic life skills, assistance with employability skills and job seeking activities. The aim is to facilitate & motivate them over time to achieve their desired lifestyle changes and for them to become employable, manage their own finances, housing and other needs and to move on to live independent lives in their own social or private sector housing.

Benefits are specifically to members of the general public who are vulnerable adults with dysfunctional lifestyles due to substance misuse and/or other factors such as mental health issues and/or prolonged use of prescription medicines. These factors affect their employability and their ability to perform everyday tasks which can lead to poverty, homelessness or risk of becoming homeless, social exclusion and inability to be a contributory part of the local community.

The wider public benefit indirectly through reduced homelessness in the local community.

We review our aims and objectives with the view to ensuring that current activities and future plans continue to support these. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Homelessness in Southend-on-Sea continues to be a situation where demand for services exceeds supply. Our resources are focussed on adult males in need of accommodation and additional support services to meet the needs of everyday life, employability, and re-integration into society.

Referrals are made from various homeless charities and projects within the local area and from other organisations such as DWP Job Centre Plus and Probation Services together with charities that work with and provide services for the homeless community in Southend-on-Sea and surrounding areas.

Following referral, a comprehensive application form is completed by the applicant followed up with an interview to confirm the individual's status as homeless or at risk of becoming homeless and in need of

additional support due to substance misuse, mental health or other factors that lead to social exclusion, and suitability for living in a shared house with others.

Achievements and Performance

Hope three16 Ltd began as a charitable company in October 2014 by renting one two storey house and using it for shared accommodation for four (4) adult males who were either street homeless and/or needing additional support and unable to continue with their existing accommodation arrangements.

In March 2015 we expanded our services by adding a second rented two storey house which enabled us to accommodate a further four (4) adult males, again all who were street homeless, needing accommodation and additional help due to various difficulties.

Each rented house is configured as a House of Multiple Occupancy (HMO) and meets the appropriate standards and regulations. Each house provides a shared kitchen, shared bathroom / shower facilities on each floor, a shared area in which to eat and a shared lounge style area for relaxing and watching TV together with Internet access and computer facilities for help with job searching, improving IT skills and general computer/internet use. The additional support for the individuals we house is required due to prolonged alcohol or substance misuse, prolonged use/abuse of prescription medicines or a combination of these together with mental health issues. This expansion of our services brought the total number of people we were supporting to eight (8). Hope three16 registered as a charity on 23/07/2015.

In April 2016 the second house was reconfigured to enable a total of nine (9) adult males to be accommodated while maintaining all the shared areas including those for relaxation and computer use. In October 2016 we further expanded our services by adding a third rented two storey semi-detached house which enabled us to accommodate a further four (4) adult males who were at the time street homeless and this brought our total number of people we were supporting to thirteen (13)

All of the people accommodated were referred to Hope three16 either by DWP Job Centre Plus, Essex Probation Services Southend Storehouse or other agencies and charities within the area all of which work to alleviate homelessness and its resulting issues in Southend-on-sea.

During May 2017 a decision was made to expand our services by reconfiguration of the first house which increased the total number of rooms available to a maximum of fourteen (14). This was followed in October 2017 with a further expansion of our services by the addition of a 4th rented house (HMO) bringing the total number of people supported to eighteen (18).

During September 2017 a workshop unit was rented in Southend-on-Sea to provide volunteering opportunities for the residents and was subsequently moved to a new larger premises in Billericay from where we provide food distribution to various charities in the South Essex area.

In November 2017 due to building sale the registered office for Hope three16 was moved to Office 11, Jindal House, 35 Progress Road, Leigh-on-Sea, SS9 5PR and all relevant parties were notified of the new address.

A review of our Housing costs was submitted to SBC Benefit Team increasing the weekly rate received for each resident which was accepted and the new rates were paid from 18th October 2021 to offset increased running costs and is the first increase in charges for our services to SBC since we began in 2014

In January 2022 a new Director/Trustee was appointed as previously agreed by the existing Trustees/Directors at the AGM meeting held on 6th October 2021

In May 2022, due to the sale of one of our rented premises we moved all the residents to a newly rented property in Hartington Road, closer to our other two locations in Southend.

During this reporting period Hope three16 has focussed its work on accommodating and supporting a total of 23 individuals, all with a variety of alcohol, drug, mental health issues with some having previously experienced prison.

There is currently no minimum or maximum length of stay for residents of Hope three16 as everyone's background and circumstances are different and consequently the time taken to motivate and facilitate change in attitudes and behaviours are also different.

During this period three (3) people moved on from Hope three16 accommodation. Sadly, during this period two (2) residents have died, one following cancer treatment and the other of natural causes..

For some a relatively short stay is required to enable them to gain the space and distance from unhelpful influences and access the support to reduce or stop using alcohol or drugs for a period enabling them to re-engage with family members, restart their employment and reintegrate back into their family and society in general.

A small number find the process of change too difficult at the time and return to other accommodation, rehab facilities, family members or unfortunately end back in homelessness.

Taking into account the above the resulting room occupancy rate has been maintained at 92% across the full year, above the 80% target used in the original business proposal.

The ages of the adult males supported during this period range from 23 to 65 years, the average being 44 years of age.

The individual support provided to the residents includes provision of Individual Counselling using an accredited counsellor, obtaining replacement ID, help with benefit claims and budgeting skills, ensuring each resident is registered with local Medical & Dental surgeries and assistance with appointments at Job Centre (DWP), GP, Dentists, Hospital, and engagement with Drug & Alcohol agencies (STARS) as required together with support and help for setting and achieving personal goals for each individual.

We also facilitate and help with attendance at Adult Education College as appropriate for the individual's need. This has been particularly helpful for our residents who have difficulty with reading and writing or where English is their second language, to assist in social inclusion and engagement with agencies such as DWP and Local Council.

During this period the ambient food collected & distributed by Hope three16 to our own houses/residents has continued but also to a growing number of other local charities working with the homeless (8 charities) or supporting other vulnerable people (5 charities) and the growing number of local food banks (5). The number of organisations in the South Essex area continues to increase and collectively have benefited from this activity through the distribution of over 5000 boxes of food items throughout the year.

During this period, we have taken on one person as a part time contractor to apply for Grant Funding to support the work of Hope three16 and we have partnered with Billericay & Basildon Street Pastors charity to open and run a Community Supermarket in Laindon Essex with initial funding from Essex County Council There have been 6 volunteers helping with the food collection & distribution project at the Billericay site during this period.

Our support has provided increased personal stability for each resident and for several of them this has enabled them to reconnect with family members including their own children who they had been out of contact with for many years. It has also provided a degree of personal development that has increased their hopes for future employment opportunities.

The support we provide has the goals of empowering positive lifestyle choices, increasing self-esteem, sense of personal identity and value and helping to rebuild positive relationships which provide day to day encouragements towards change.

We provide residents with opportunities for personal responsibility, such as cleanliness & tidiness of their own room, and collective responsibility for the common areas of the house and the outside areas.

There have been no serious incidents during the reporting period.

Hope three16 does not make grants and has not made any investments.

Financial Review

The financial landscape continues to be challenging with increased day to day running costs together with the increasing fuel costs which affect our day to day and food collection & delivery project costs. In this period we have incurred a small operational loss of just over £2000, covered by our reserves and a small income from our first enterprise.

With careful cost management and by entering this period in a strong financial position we have, at the end of this period, finished with a healthy end of year balance. This gives the charity a positive financial position to start the coming year, continue with providing support to our residents and to implement our future plans.

The charity's primary income is from Southend Borough Council through Housing Benefit payments for the individuals accommodated and supported by us these were increased for the first time in October 2021.

An online account provided by "Stewardship" was set up through which private individuals can make voluntary donations/gifts to Hope three16 and include gift aid with the donation, administered by Stewardship, if HMRC conditions are met.

The majority of all expenditure is directed at supporting our objectives with the Company / Charity running costs including insurances, professional services and registered office costs of around 5% of total expenditure.

Pay costs are for the three House Managers responsibilities include ensuring the houses are a safe and secure environment, encourage individuals to play their part in keeping the houses clean and tidy, provide day to day support and to help with benefit claims. A part time Finance Manager was employed to manage the day-to-day financial activities of the charity taking over from one of the trustees. A Maintenance, Electrician and IT person is also employed alongside to assist the House Managers maintain everything in working order.

One Director / Trustee is remunerated in accordance with the Governing document. Additional members of staff assist with general running and upkeep of the houses and co-ordination of support activities. The other three Directors / Trustees provide their time and expertise in a voluntary capacity.

Apart from the goal of retaining a practical amount in reserves each year the majority of the charity's funds are spent on day to day running costs so there are no funds at present for long term investment.

Hope three16 has based its Reserves policy and target level of reserves on:

- Forecast levels of income considering the reliability of that income stream (expressed in % occupancy rates)
- Forecast monthly expenditure for current and future planned activity.
- An assessment of risk that reserves will be required to make up a shortfall of income or to be used to bridge a shortfall during higher-than-normal expenditure, such as when expanding services and/or to open an additional house.

Two types of reserves have been considered as follows:

1. Running Reserves – monies set aside for ongoing running costs.
2. Project Reserves – monies set aside for specific projects and/or emergencies.

For 2022/23 our Running Reserves policy target is 10% of annual income which will cover 1 full month running costs in the event of a significant fall in income which is reviewed and revised every year.

For 2022/23 the Project Reserves policy is set to £6000.00

Our reserves for 2022/23 did not meet the target in this year.

Our strategy is to build reserves through planned operational surpluses however with increasing costs it is not expected that we will reach our target within the next two to three years and we have considered what expenditure could be reduced or stopped, together with what additional income sources could be found should such circumstances arise.

Plans for Future Periods

Future plans include the filling of any vacant rooms and maintaining occupancy rates.

We are also looking at opportunities for increasing our additional income streams from external Grant Fund bidding with a view to consolidate our services and increase the size of the team working with Hope three16.

We are planning to reconfigure one of the houses and increase the number of rooms available to a total of 20 across all 4 houses and also look at other opportunities to increase this provision by working with other trusted partners in Southend-on-Sea.

We are looking to increase the number of volunteers together with increasing the number of Directors/Trustees to spread the workload across the team.

Consideration will be given to the option of becoming a CIO

Consideration of the possible expansion into providing services in adjoining Boroughs in Essex where there is limited or no provision of the type that Hope three16 provide.

The food collection and distribution activities will stop. Consideration is being given to expanding our enterprises to include the sale of donated furniture, provision of emergency food parcels to those referred to us and providing electrical services through our registered electrician.

Statement of Trustees/Directors Responsibilities

STATEMENT OF TRUSTEES'/DIRECTORS' RESPONSIBILITIES

The trustees (who are also the directors of Hope three16 Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue its operations.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees submit their report and financial statements for the period which comply with current statutory requirements and the governing documents of the charity.

The trustees are also responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation on the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 27 March 2024 and signed on its behalf.

Barry Goddard
Director/Trustee

Independent Examiners Report for the year ended 30 June 2023

I report on the accounts of Hope Three16 Limited for the year ended 30 June 2021, which are attached.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  _____

Name: STEPHEN JAMES FARROW

Relevant professional qualification or body: FMAAT

Address: Estuary Accountancy Services Ltd

42 North Street, Great Wakering, Essex, SS3 0EL

Date: 27 March 2024

Statement of Financial activities

	Notes	2023 Unrestricted funds £	2022 Total funds £
Charitable activities	2	308,030	250,534
Investment income	3	237	7
Total incoming resources		<u>308,267</u>	<u>250,541</u>
RESOURCES EXPENDED			
Resources expended on charitable activities	4	277,157	216,392
Support costs	5	19,959	21,260
Governance costs	6	703	853
Total resources expended		<u>297,819</u>	<u>238,505</u>
NET INCOMING/(OUTGOING) RESOURCES	7	<u>10,448</u>	<u>12,036</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	13	78,545	66,509
TOTAL FUNDS CARRIED FORWARD		<u>88,993</u>	<u>78,545</u>

Balance Sheet

	Notes	2023		2022	
		Unrestricted funds		Total funds	
		£	£	£	£
Fixed assets					
Tangible assets	10		17,976		17,941
Current assets					
Debtors	11	3,975		5,925	
Cash at bank and in hand		67,850		56,243	
		<u>71,825</u>		<u>62,168</u>	
Creditors: amounts falling due within one year					
	12	(808)		(1,564)	
Net current assets			<u>71,017</u>		<u>60,604</u>
NET ASSETS			<u>88,993</u>		<u>78,545</u>
Funds					
Unrestricted funds	13		88,993		78,545
TOTAL FUNDS			<u>88,993</u>		<u>78,545</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its financial statements in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and the Financial Reporting Standard for Smaller Entities (effective January 2015).

Barry Goddard
Director/Trustee

Approved by the board and signed on their behalf on 27 March 2024

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Charities SORP (FRSSE) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the client is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The irrecoverable element of VAT is included with the item of expense to which it relates.

Resources expended on charitable activities comprise those costs related directly to the charitable activities.

Support costs comprise the office and administration costs for the charity.

Governance costs comprise those incurred in the governance of the charity and are primarily associated with constitutional and statutory requirements.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office equipment	15% reducing balance
House equipment, fixtures and fittings	15% reducing balance
Workshop equipment	15% reducing balance
Motor vehicles	20% reducing balance

Taxation

The company is a registered charity and is therefore entitled to the exemptions from corporation tax afforded by Section 505 of the Income and Corporation Taxes Act 1988. Accordingly, there is no corporation tax charge in these financial statements.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustee directors. All funds are unrestricted.

2 INCOME FROM CHARITABLE ACTIVITIES	2023	2022
Housing benefit received	258,069	248,913
Grants	38,366	-
Gifts	11,595	1,621
	308,030	250,534

Notes to the Financial Statements

3 INVESTMENT INCOME	2023	2022
	£	£
Bank interest received	237	7
	<u>237</u>	<u>7</u>
4 RESOURCES EXPENDED ON CHARITABLE ACTIVITIES	2023	2022
	£	£
Consumables	-	1,015
Counselling and other programme costs	7,002	190
Rent	89,310	81,230
Rates and water	9,350	8,604
Light and heat	10,818	10,271
Telephone and internet	1,463	1,630
TV Licences	635	636
Food and supplies for houses	419	254
Repairs and renewals of houses and equipment	11,141	15,144
Stationery - houses	-	116
Depreciation - house equipment	302	569
<i>Project costs:</i>		
Project rent	7,900	6,500
Project light and heat	-	1,571
Project equipment and repairs	74	504
Project travel & subsistence	3,039	1,198
Project food	2,965	561
Depreciation - Workshop/project equipment	68	115
<i>Staff costs:</i>		
Director's salary	35,000	32,800
Wages and gifts to volunteers	90,234	47,192
Pensions	1,438	1,234
Travel and subsistence costs	4,539	3,594
Clothing	1,324	518
Staff welfare	-	-
Training and subscriptions	136	946
	<u>277,157</u>	<u>216,392</u>

Notes to the Financial Statements

5	SUPPORT COSTS	2023	2022
		£	£
	Office rent	1,200	1,200
	Meeting costs	2,269	2,140
	Repairs and renewals of office equipment	294	127
	Stationery and printing	344	152
	Subscriptions	800	1,280
	Telephones	751	753
	Insurance	2,379	2,438
	Website	302	53
	Motor expenses	8,264	9,469
	Asset disposals	598	1,450
	Depreciation - motor vehicles	1,412	1,540
	Depreciation - office equipment	1,346	658
		<u>19,959</u>	<u>21,260</u>
6	GOVERNANCE COSTS	2023	2022
		£	£
	Bank charges	15	-
	Accountancy and independent examination fees	675	740
	Companies House filing fee	13	113
		<u>703</u>	<u>853</u>
7	NET INCOMING/(OUTGOING) RESOURCES	2023	2022
		£	£
	Net resources are stated after charging:		
	Depreciation of owned fixed assets	1,716	1,342
	Directors' remuneration	35,000	32,800
	Accountant's remuneration	675	740
		<u>37,391</u>	<u>34,882</u>
8	TRUSTEES' REMUNERATION	2023	2022
		£	£
	Directors' remuneration	35,000	32,800
		<u>35,000</u>	<u>32,800</u>

The trustee directors were reimbursed for travel and mileage expenses incurred while performing their work on behalf of the charity for the year ended 30 June 2023.

Notes to the Financial Statements

9 NON-TRUSTEE STAFF COSTS	2023	2022
	£	£
Wages and gifts to volunteers	90,234	47,192
	<u>90,234</u>	<u>47,192</u>

10 TANGIBLE FIXED ASSETS

	Motor Vehicles	House equipment and fittings	Office equipment	Workshop equipment	Total
	£	£	£	£	£
Cost					
At 1 July 2022	11,200	6,147	9,742	993	28,082
Additions	-	877	2,957	-	3,834
Disposals	-	(1,990)	(230)	-	(2,220)
At 30 June 2023	<u>11,200</u>	<u>5,034</u>	<u>12,469</u>	<u>993</u>	<u>29,696</u>
					-
Depreciation					
At 1 July 2022	4,140	3,880	1,586	535	10,141
Charge for the year	1,412	302	1,346	68	3,128
On disposals	-	(1,436)	(113)	-	(1,549)
At 30 June 2023	<u>5,552</u>	<u>2,746</u>	<u>2,819</u>	<u>603</u>	<u>11,720</u>
					-
Net book value					
At 30 June 2023	<u>5,648</u>	<u>2,288</u>	<u>9,650</u>	<u>390</u>	<u>17,976</u>
At 30 June 2022	<u>7,060</u>	<u>2,267</u>	<u>8,156</u>	<u>458</u>	<u>17,941</u>

11 DEBTORS	2023	2022
	£	£
Loans	2,525	3,425
Rent deposits held	1,450	2,500
	<u>3,975</u>	<u>5,925</u>

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2023	2022
	£	£
Trade creditors	120	-
Other taxes and social security costs	-	810
Accruals	688	753
Other creditors	-	1
	<u>808</u>	<u>1,564</u>

Notes to the Financial Statements

13 MOVEMENTS IN FUNDS

	Brought forward	Net movement in funds	30/06/2023
	£	£	£
Unrestricted funds			
General fund	78,545	10,448	88,993
	<u>78,545</u>	<u>10,448</u>	<u>88,993</u>

Net movement in funds, included in the above, are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	308,267	297,819	10,448
	<u>308,267</u>	<u>297,819</u>	<u>10,448</u>

Detailed Statement of Financial Activities

	2023	2022
	£	£
INCOMING RESOURCES		
Charitable activities		
Housing benefit received	258,069	248,913
Grants	38,366	-
Gifts	11,595	1,621
	<u>308,030</u>	<u>250,534</u>
Investment income		
Interest receivable	237	7
	<u>308,267</u>	<u>250,541</u>
RESOURCES EXPENDED		
Charitable activities		
<i>Counselling and support programme:</i>		
Consumables	-	1,015
Counselling and other programme costs	7,002	190
Rent	89,310	81,230
Rates and water	9,350	8,604
Light and heat	10,818	10,271
Telephone and internet	1,463	1,630
TV Licences	635	636
Food and supplies for houses	419	254
Repairs and renewals of houses and equipment	11,141	15,144
Stationery - houses	-	116
Depreciation - house equipment	302	569
<i>Project costs:</i>		
Project rent	7,900	6,500
Project light and heat	-	1,571
Project equipment and repairs	74	504
Project travel & subsistence	3,039	1,198
Project food	2,965	561
Depreciation - Workshop/project equipment	68	115
<i>Staff costs:</i>		
Director's salary	35,000	32,800
Wages and gifts to volunteers	90,234	47,192
Pensions	1,438	1,234
Travel and subsistence costs	4,539	3,594
Clothing	1,324	518
Training and subscriptions	136	946
	<u>277,157</u>	<u>216,392</u>

Detailed Statement of Financial Activities (cont'd)

Support costs

Office rent	1,200	1,200
Meeting costs	2,269	2,140
Repairs and renewals of office equipment	294	127
Stationery and printing	344	152
Subscriptions	800	1,280
Telephones	751	753
Insurance	2,379	2,438
Website	302	53
Motor expenses	8,264	9,469
Asset disposals	598	1,450
Depreciation - motor vehicle	1,412	1,540
Depreciation - office equipment	1,346	658
	<u>19,959</u>	<u>21,260</u>

Governance costs

Bank charges	15	-
Accountancy and independent examination fees	675	740
Companies House filing fee	13	113
	<u>703</u>	<u>853</u>

Total resources expended

<u>297,819</u>	<u>238,505</u>
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Net income/(expenditure)

<u>10,448</u>	<u>12,036</u>
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HOPE THREE 16 LTD

England & Wales - Charity number 1162789

Accounts



Hope three16 Ltd

(A company limited by guarantee)

**Report and Financial Statements
Year Ended 30 June 2022**

**Charity number 1162789
Company number 9104333**

Hope three16 Ltd

A company limited by guarantee

Report and Financial Statements

Year Ended 30 June 2022

Charity number 1162789

Company number 9104333

Contents:

- Reference and Administrative Details
- Structure, Governance and Management
- Objectives and activities
- Achievements and Performance
- COVID-19
- Financial Review
- Plans for Future Periods
- Statement of Trustees/Directors Responsibilities
- Independent Examiners report
- Statement of Financial activities
- Balance Sheet
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- Detailed Statement of Financial Activities

Hope three 16 Ltd

Trustees Report for the year ended 30 June 2022

The Trustees presents its report and financial statements for the year ended 30 June 2022.

Reference and Administrative Details

Charity Name: Hope three 16 Ltd
Charity registration number: 1162789
Company registration number: 9104333

Registered Office: Office 11 Jindal House
35 Progress Road
Leigh-on-Sea
Essex
SS9 5PR

Operational addresses: Pleasant Road (x 2)
Southend-on-Sea
Essex, SS1

Honiton Road (part year)
Southend-on-Sea
Essex, SS1

Burdett Avenue
Wescliff-on-Sea
Essex, SS0

Hartington Road (part year)
Southend-on-Sea
Essex SS1

Distribution unit
High Street
Billericay
CM12

Directors / Trustees: Mr B Goddard (Chair)
Mr J Hailes
Mr D Webster
Mr P Norton

Accountant: Estuary Accountancy Services, 42 North Street, Great Wakering, Southend-on-Sea, Essex SS3 0EL

Bank: Metro Bank, G19-21 Victoria Business Centre, London Road, Southend-on-sea, SS1 2NG

Structure Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 26/06/2014 and registered as a charity on 23/07/2015.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and Memorandum of Association.

There are four Directors and in the event of the company being wound up Directors are required to contribute an amount not exceeding £10.

Trustees are appointed by existing Directors / Trustees.

The Directors of the company are also the Trustees of the charity and between themselves discharge the day-to-day operational responsibilities.

All Directors / Trustees, employees and volunteers are required to hold a current (ideally within 3 years) Enhanced DBS certificate.

We are a member of thirtyone:eight (formerly CCPAS) and use their Disclosure Service for DBS checks, we have adopted their model safeguarding policy and their Job/Volunteer application and disclosure forms and use the thirtyone:eight (formerly CCPAS) safeguarding vulnerable adults training for induction and training of employees and volunteers along with other training providers.

Objectives and activities

The charities objectives as set out in the companies Memorandum of Association are: The relief of poverty, hardship and distress of those who are in conditions of need, homeless or who are at risk of being homeless, hardship, social exclusion, sickness or substance abuse, and to relieve the distress caused by these conditions while promoting and facilitating integration into society in Southend-on-Sea, Essex and surrounding areas as the directors may from time to time see fit.

The charity provides high standard, safe, secure, alcohol and drug free accommodation, in the form of a shared house to male adults who are homeless or at risk of becoming homeless, unable to find their own accommodation and who require everyday help and support to cope with the normal expectations of everyday life.

We provide targeted support to each individual, including development of basic life skills, assistance with employability skills and job seeking activities, that facilitates & motivates them over time to achieve their desired lifestyle changes with the goal for them to be able to become employable, manage their own finances, housing and other needs and to move on to live independent lives in their own social or private sector housing.

Benefits are specifically to members of the general public who are vulnerable adults with dysfunctional lifestyles due to substance misuse and/or other factors such as mental health issues and/or prolonged use of prescription medicines. These factors affect their employability and their ability to perform everyday tasks which can lead to poverty, homelessness or risk of becoming homeless, social exclusion and inability to be a contributory part of the local community.

The wider public benefit indirectly through reduced homelessness in the local community.

We review our aims and objectives with the view to ensuring that current activities and future plans continue to support these. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Homelessness in Southend-on-Sea and adjoining boroughs continues to be a situation where demand for services exceeds supply. Our resources are focussed towards adult males in need of accommodation and

additional support services to meet the needs of everyday life, employability and re-integration into society.

Referrals are made from various homeless charities and projects within the local area, such as the Homeless Access Point chaired by SBC, members of the Southend Homeless Access Network (SHAN) and HARP, the local organisation that operates the emergency night shelter, hostel and other facilities.

We also receive referrals from other organisations such as DWP Job Centre Plus and Probation Services together with charities that work with and provide services for the homeless community in the area such as Southend Storehouse, Southend YMCA, all of which we have good working relationships with.

Following referral, a comprehensive application form is completed by the applicant followed by an interview to confirm the individual status as homeless or at risk of becoming homeless and in need of additional support due to substance misuse, mental health or other factors that lead to social exclusion, and suitability for living in a shared house with others.

Achievements and Performance

Hope three16 Ltd began as a charitable company in October 2014 by renting one two storey house and using it for shared accommodation for four (4) adult males who were either street homeless and/or needing additional support and unable to continue with their existing accommodation arrangements.

In March 2015 we expanded our services to the homeless community in Southend-on-Sea by adding a second rented two storey house which enabled us to accommodate a further four (4) adult males, again all who were street homeless, needing accommodation and additional help due to various difficulties.

The additional support for the individuals we house is required due to prolonged alcohol or substance misuse, prolonged use/abuse of prescription medicines or a combination of these together with mental health issues. This expansion of our services brought the total number of people we were supporting to eight (8). Hope three16 registered as a charity on 23/07/2015.

Each rented house is configured as a House of Multiple Occupancy (HMO) and meets the appropriate standards and regulations. Each house provides a shared kitchen, shared bathroom / shower facilities on each floor, a shared area in which to eat and a shared lounge style area for relaxing and watching TV together with Internet access and computer facilities for help with job searching, improving IT skills and general computer/internet use.

In April 2016 the second house was reconfigured to enable a total of nine (9) adult males to be accommodated while maintaining all the shared areas including those for relaxation and computer use.

In October 2016 we further expanded our services by adding a third rented two storey semi-detached house which enabled us to accommodate a further four (4) adult males who were at the time street homeless and this brought our total number of people we were supporting to thirteen (13)

All of the people accommodated were referred to Hope three16 either by DWP Job Centre Plus, Essex Probation Services Southend Storehouse or other agencies and charities within the area all of which work to alleviate homelessness and its resulting issues in Southend-on-sea.

During May 2017 a decision was made to expand our services by reconfiguration of the first house which increased the total number of rooms available to a maximum of fourteen (14).

This was followed in October 2017 with a further expansion of our services by the addition of a 4th rented house (HMO) bringing the total number of people supported to eighteen (18).

During September 2017 a workshop unit was rented with the aim of having space for projects where residents could engage with staff and volunteers, have a place to go to and to provide some activity that is beneficial to themselves and/or others. This workshop was closed and moved to a new premises located in High Street, Billericay from where we provide food distribution to various charities in the South Essex area.

In November 2017 due to building sale the registered office for Hope three16 was moved to Office 11, Jindal House, 35 Progress Road, Leigh-on-Sea, SS9 5PR and all relevant parties were notified of the new address.

A review of our Housing costs was submitted to SBC Benefit Team increasing the weekly rate received for each resident. This was accepted and the new rates were paid from 18th October 2021. This increase will offset the increased costs of running each house together with increased staff costs. This is the first increase in charges for our services to SBC since we began in 2014

In January 2022 a new Director/Trustee was appointed as previously agreed by the existing Trustees/Directors at the AGM meeting held on 6th October 2021

In May 2022, due to the sale of the premises rented in Honiton Road we moved all the residents to a newly rented property in Hartington Road, closer to our other two locations in Southend.

During this reporting period Hope three16 has focussed its work on accommodating and supporting a total of 22 individuals, all with a variety of alcohol, drug, mental health issues with some having previously experienced prison.

There is currently no minimum or maximum length of stay for residents of Hope three16 as everyone's background and circumstances are different and consequently the time taken to motivate and facilitate change in attitudes and behaviours are also different.

During this period three (3) people moved on from Hope three16 accommodation. Their time with us ranged from a few months to a couple of years prior to them moving on to either their own independent living accommodation or to alternative housing options. Sadly, during this time one resident died. One resident is receiving ongoing cancer treatment.

For some a relatively short stay is required to enable them to gain the space and distance from unhelpful influences and access the support to reduce or stop using alcohol or drugs for a period enabling them to re-engage with family members, restart their employment and reintegrate back into their family and society in general.

A small number find the process of change too difficult at the time and return to other accommodation, rehab facilities, family members or unfortunately end back in homelessness.

Taking into account the above the resulting room occupancy rate has been maintained at 89% across the full year, above the 80% target used in the original business proposal.

The ages of the adult males supported during this period range from 27 to 64 years, the average being 44 years of age.

The individual support we have provided to the residents during this time has included the provision of Individual Counselling using an accredited external counsellor, obtaining replacement ID documentation for residents who had lost them during homelessness, help with benefit claims and budgeting skills for residents who have difficulty handling money, ensuring each resident is registered with local Medical & Dental surgeries and assistance with appointments at Job Centre (DWP), GP, Dentists, Hospital, and engagement with Drug & Alcohol agencies (STARS) as required by their individual circumstances together with support and help for setting and achieving personal goals for each individual.

We also facilitate and help with attendance at Adult Education College as appropriate for the individual's need. This has been particularly helpful for our residents who have difficulty with reading and writing and where English is their second language, to assist in social inclusion and engagement with agencies such as DWP and Local Council.

During this period the increasing amount of ambient food collected & distributed by Hope three16 has led to us moving to a larger facility in Billericay. Distribution is to our own houses/residents but also to a growing number of other local charities working with the homeless (8 charities) or supporting other vulnerable people (5 charities) and the growing number of local food banks (5). The number of organisations in the South Essex area continues to increase and collectively have benefited from this activity through the distribution of over 5000 boxes of food items throughout the year. This looks likely to

continue to grow in scale over time as the need for this, other food bank type services and the general cost of living continues to increase.

There have been 5 volunteers during this period. One of these assists with Support Work and the others with the food collection & distribution project based in Billericay.

Our support has provided increased personal stability for each resident and for several of them this has enabled them to reconnect with family members including their own children who they had been out of contact with for many years. It has also provided a degree of personal development that has increased their hopes for future employment opportunities.

The support we provide has the goals of empowering positive lifestyle choices, increasing self-esteem, sense of personal identity and value and helping to rebuild positive relationships which provide day to day encouragements towards change.

We provide residents with opportunities for personal responsibility, such as cleanliness & tidiness of their own room, and collective responsibility for the common areas of the house and the outside areas

There have been no serious incidents during the reporting period.

Hope three16 does not make grants and has not made any investments.

COVID-19

During this reporting period the remaining COVID-19 control measures were lifted which has enabled us to resume and increase our support and interaction with the residents together with referrals to 3rd party agencies which we hope will continue without further interruption.

There has been a noticeable negative impact on some of the residents Mental Health by the COVID-19 restrictions which were put in place mainly due to the limited social interaction. This has shown itself in more reclusive, withdrawn behaviour and with those who were already having difficulty with their mental health an increase in their general anxiety and depressed mood. We are expecting that with the full lifting of control measures and interaction with Hope three16 staff and other agencies that this can be reversed over time.

Financial Review

The financial landscape continues to be challenging with increased day to day running costs together with increasing fuel costs which also affects our food collection & delivery project costs.

In this reporting period we have realised a small operational surplus of just over £600.

With careful cost management and by starting off in a strong financial position we have, at the end of this period, finished with a healthy end of year account balance. This gives the charity a positive financial position to start the coming year, continue with providing support to our residents and to implement our future plans to expand the Team and the growing food collection & delivery project.

The charity's primary income is from Southend Borough Council through Housing Benefit payments for the individuals accommodated and supported by us these were increased for the first time in October 2021.

An online account provided by "Stewardship" was set up through which private individuals can make voluntary donations/gifts to Hope three16 and include gift aid with the donation, administered by Stewardship, if HMRC conditions are met.

The majority of all expenditure is directed at supporting our objectives. The Company / Charity running costs including insurances, professional services and registered office costs of around 6% of total expenditure.

Pay costs for the three House Managers responsibilities include ensuring the houses are a safe and secure environment, encourage individuals to play their part in keeping the houses clean and tidy, provide day to day support and to help with benefit claims. A part time Finance Manager was employed to manage the day-to-day financial activities of the charity taking over from one of the trustees. A Maintenance, Electrician and IT person is also employed alongside the House Managers to maintain everything in working order.

One Director / Trustee is remunerated in accordance with the Governing document. Additional members of staff assist with general running and upkeep of the houses and co-ordination of support activities.

The other three Directors / Trustees provide their time and expertise in a voluntary capacity.

Apart from the goal of retaining a practical amount in reserves each year the majority of the charity's funds are spent on day to day running costs so there are no funds at present for long term investment.

Hope three16 has based its Reserves policy and target level of reserves on:

- Forecast levels of income taking into account the reliability of that income stream (expressed in % occupancy rates)
- Forecast monthly expenditure for current and future planned activity
- An assessment of risk that reserves will be required to make up a shortfall of income or to be used to bridge a shortfall during higher-than-normal expenditure, such as when expanding services and/or to open an additional house.

Two types of reserves have been considered as follows:

1. Running Reserves – monies set aside for ongoing running costs.
2. Project Reserves – monies set aside for specific projects and/or emergencies

For 2021/22 the Running Reserves policy is a target of 10% of annual income which will cover 1 full month running costs in the event of a significant fall in income.

For 2021/22 the Project Reserves policy is set to £6000.00

Our reserves for 2021/22 met the target in this year. The reserves policy is reviewed and updated regularly. Our strategy is to build reserves through planned operational surpluses however it with increasing costs it is not expected that we will reach our target within the next two to three years and we have considered what expenditure could be reduced or stopped, together with what additional income sources could be found should such circumstances arise.

Plans for Future Periods

Future plans include the filling of any vacant rooms and maintaining occupancy rates.

We are also looking at opportunities for additional income streams including external funding, possibly through the use of external Grant fund bidding to increase income with a view to consolidate our services and increase the size of the team working with Hope three16.

We are looking to increase the number of volunteers together with increasing the number of Directors/Trustees to spread the workload across the team.

Consideration will be given to the option of becoming a CIO

Consideration of the possible expansion into providing services in adjoining Boroughs in Essex where there is limited or no provision of the type that Hope three16 provide.

Statement of Trustees/Directors Responsibilities

The trustees (who are also the directors of Hope three16 Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue its operations.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees submit their report and financial statements for the period which comply with current statutory requirements and the governing documents of the charity.

The trustees are also responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation on the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 30 March 2023 and signed on its behalf.



Barry Goddard
Director/Trustee

Independent Examiners Report for the year ended 30 June 2022

I report on the accounts of Hope Three16 Limited for the year ended 30 June 2022, which are attached.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: _____

Name: STEPHEN JAMES FARROW

Relevant professional qualification or body: FMAAT

Address: Estuary Accountancy Services Ltd

42 North Street, Great Wakering, Essex, SS3 OEL

Date: 30 March 2023

Statement of Financial activities

	Notes	2022 Unrestricted funds £	2021 Total funds £
Charitable activities	2	250,534	216,930
Investment income	3	7	15
Total incoming resources		250,541	216,945
RESOURCES EXPENDED			
Resources expended on charitable activities	4	216,392	200,167
Support costs	5	21,260	13,308
Governance costs	6	853	748
Total resources expended		238,505	214,223
NET INCOMING/(OUTGOING) RESOURCES	7	12,036	2,722
Taxation		-	-
		12,036	2,722
RECONCILIATION OF FUNDS			
Total funds brought forward	13	66,509	63,787
TOTAL FUNDS CARRIED FORWARD		78,545	66,509

Balance Sheet

	Notes	2022		2021	
		Unrestricted funds		Total funds	
		£	£	£	£
Fixed assets					
Tangible assets	10		17,941		12,880
Current assets					
Debtors	11	5,925		7,888	
Cash at bank and in hand		56,243		47,656	
		<u>62,168</u>		<u>55,544</u>	
Creditors: amounts falling due within one year	12	(1,564)		(1,915)	
Net current assets			<u>60,604</u>		<u>53,629</u>
NET ASSETS			<u>78,545</u>		<u>66,509</u>
Funds					
Unrestricted funds	13		78,545		66,509
TOTAL FUNDS			<u>78,545</u>		<u>66,509</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its financial statements in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and

b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and the Financial Reporting Standard for Smaller Entities (effective January 2015).



Barry Goddard
 Director/Trustee

Approved by the board and signed on their behalf on 30 March 2023

Notes to the Financial Statements

1 ACCOUNTING POLICIES

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Charities SORP (FRSSE) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the client is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The irrecoverable element of VAT is included with the item of expense to which it relates.

Resources expended on charitable activities comprise those costs related directly to the charitable activities.

Support costs comprise the office and administration costs for the charity.

Governance costs comprise those incurred in the governance of the charity and are primarily associated with constitutional and statutory requirements.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office equipment	15% reducing balance
House equipment, fixtures and fittings	15% reducing balance
Workshop equipment	15% reducing balance
Motor vehicles	20% reducing balance

Taxation

The company is a registered charity and is therefore entitled to the exemptions from corporation tax afforded by Section 505 of the Income and Corporation Taxes Act 1988. Accordingly, there is no corporation tax charge in these financial statements.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustee directors. All funds are unrestricted.

2 INCOME FROM CHARITABLE ACTIVITIES	2022	2021
Housing benefit received	248,913	206,871
Gifts	1,621	10,059
	<u>250,534</u>	<u>216,930</u>

Notes to the Financial Statements

3 INVESTMENT INCOME	2022	2021
	£	£
Bank interest received	7	15
	<u>7</u>	<u>15</u>
4 RESOURCES EXPENDED ON CHARITABLE ACTIVITIES	2022	2021
	£	£
Consumables	1,015	20
Counselling and other programme costs	190	5,540
Rent	81,230	71,950
Rates and water	8,604	9,534
Light and heat	10,271	9,439
Telephone and internet	1,630	1,512
TV Licences	636	633
Food and supplies for houses	254	868
Repairs and renewals of houses and equipment	15,144	10,934
Stationery - houses	116	181
Depreciation - house equipment	569	660
<i>Workshop/project costs:</i>		
Workshop/project rent	6,500	6,000
Workshop/project ins	-	307
Workshop/project rates	-	215
Workshop/project light and heat	1,571	70
Workshop/project equipment, repairs and consumables	504	5,057
Workshop stationery	-	47
Workshop/project travel & subsistence	1,198	1,217
Workshop/project food	561	179
Depreciation - Workshop/project equipment	115	144
<i>Staff costs:</i>		
Director's salary	32,800	33,000
Wages and gifts to volunteers	47,192	35,145
Pensions	1,234	1,246
Travel and subsistence costs	3,594	3,730
Clothing	518	51
Staff welfare	-	214
Training and subscriptions	946	2,274
	<u>216,392</u>	<u>200,167</u>

Notes to the Financial Statements

5 SUPPORT COSTS	2022	2021
	£	£
Office rent	1,200	1,200
Meeting costs	2,140	828
Repairs and renewals of office equipment	127	151
Stationery and printing	152	5
Subscriptions	1,280	327
Telephones	753	519
Insurance	2,438	2,280
Website	53	-
Motor expenses	9,469	5,787
Asset disposals	1,450	-
Depreciation - motor vehicles	1,540	1,950
Depreciation - office equipment	658	261
	<u>21,260</u>	<u>13,308</u>
6 GOVERNANCE COSTS	2022	2021
	£	£
Bank charges	-	5
Accountancy and independent examination fees	740	730
Companies House filing fee	113	13
	<u>853</u>	<u>748</u>
7 NET INCOMING/(OUTGOING) RESOURCES	2022	2021
	£	£
Net resources are stated after charging:		
Depreciation of owned fixed assets	1,342	1,065
Directors' remuneration	32,800	33,000
Accountant's remuneration	740	730
	<u>740</u>	<u>730</u>
8 TRUSTEES' REMUNERATION	2022	2021
	£	£
Directors' remuneration	32,800	33,000
	<u>32,800</u>	<u>33,000</u>

The trustee directors were reimbursed for travel and mileage expenses incurred while performing their work on behalf of the charity for the year ended 30 June 2022.

Notes to the Financial Statements

9 NON-TRUSTEE STAFF COSTS

	2022	2021
	£	£
Wages and gifts to volunteers	47,192	35,145
	<u>47,192</u>	<u>35,145</u>

10 TANGIBLE FIXED ASSETS

	Motor Vehicles £	House equipment and fittings £	Office equipment £	Workshop equipment £	Total £
Cost					
At 1 July 2021	10,800	6,147	2,298	993	20,238
Additions	1,950	-	7,444	-	9,394
Disposals	-	(1,550)	-	-	(1,550)
At 30 June 2022	<u>12,750</u>	<u>4,597</u>	<u>9,742</u>	<u>993</u>	<u>28,082</u>
					-
Depreciation					
At 1 July 2021	2,700	3,311	927	420	7,358
Charge for the year	1,540	569	659	115	2,883
On disposals	-	(100)	-	-	(100)
At 30 June 2022	<u>4,240</u>	<u>3,780</u>	<u>1,586</u>	<u>535</u>	<u>10,141</u>
					-
Net book value					
At 30 June 2022	<u>8,510</u>	<u>817</u>	<u>8,156</u>	<u>458</u>	<u>17,941</u>
At 30 June 2021	<u>8,100</u>	<u>2,836</u>	<u>1,371</u>	<u>573</u>	<u>12,880</u>

11 DEBTORS

	2022	2021
	£	£
Loans	3,425	5,388
Rent deposits held	2,500	2,500
	<u>5,925</u>	<u>7,888</u>

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	-	390
Other taxes and social security costs	810	782
Accruals	753	743
Other creditors	1	-
	<u>1,564</u>	<u>1,915</u>

Notes to the Financial Statements

13 MOVEMENTS IN FUNDS

	Brought forward £	Net movement in funds £	30/06/2022 £
Unrestricted funds			
General fund	66,509	12,036	78,545
	<u>66,509</u>	<u>12,036</u>	<u>78,545</u>

Net movement in funds, included in the above, are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	250,541	238,505	12,036
	<u>250,541</u>	<u>238,505</u>	<u>12,036</u>

Detailed Statement of Financial Activities

	2022 £	2021 £
INCOMING RESOURCES		
Charitable activities		
Housing benefit received	248,913	206,871
Gifts	1,621	10,059
	<u>250,534</u>	<u>216,930</u>
Investment income		
Interest receivable	7	15
	<u>250,541</u>	<u>216,945</u>
RESOURCES EXPENDED		
Charitable activities		
<i>Counselling and support programme:</i>		
Consumables	1,015	20
Counselling and other programme costs	190	5,540
<i>Houses:</i>		
Rent	81,230	71,950
Rates and water	8,604	9,534
Light and heat	10,271	9,439
Telephone and internet	1,630	1,512
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<i>Staff costs:</i>		
Director's salary	32,800	33,000
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Pensions	1,234	1,246
Travel and subsistence costs	3,594	3,730
Clothing	518	51
Staff welfare	-	214
Training and subscriptions	946	2,274
	<u>216,392</u>	<u>200,167</u>

Detailed Statement of Financial Activities (cont'd)

	2022	2021
	£	£
Support costs		
Office rent	1,200	1,200
Meeting costs	2,140	828
Repairs and renewals of office equipment	127	151
Stationery and printing	152	5
Subscriptions	1,280	327
Telephones	753	519
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Motor expenses	9,469	5,787
Asset disposals	1,450	-
Depreciation - motor vehicle	1,540	1,950
Depreciation - office equipment	658	261
	<u>21,260</u>	<u>13,308</u>
Governance costs		
Bank charges	-	5
Accountancy and independent examination fees	740	730
Companies House filing fee	113	13
	<u>853</u>	<u>748</u>
Total resources expended	<u>238,505</u>	<u>214,223</u>
Net income/(expenditure)	<u>12,036</u>	<u>2,722</u>

HOPE THREE 16 LTD

England & Wales - Charity number 1162789

Accounts



Hope three16 Ltd
(A company limited by guarantee)

Report and Financial Statements
Year Ended 30 June 2021

Charity number 1162789
Company number 9104333

Hope three16 Ltd

A company limited by guarantee

Report and Financial Statements

Year Ended 30 June 2021

Charity number 1162789

Company number 9104333

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- Structure, Governance and Management
- Objectives and activities
- Achievements and Performance
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- Plans for Future Periods
- Statement of Trustees/Directors Responsibilities
- Independent Examiners report
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- Balance Sheet
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Hope three 16 Ltd

Trustees Report for the year ended 30 June 2021

The Trustees presents its report and financial statements for the year ended 30 June 2021.

Reference and Administrative Details

Charity Name: Hope three 16 Ltd
Charity registration number: 1162789
Company registration number: 9104333

Registered Office: Office 11 Jindal House
35 Progress Road
Leigh-on-Sea
Essex
SS9 5PR

Operational addresses: Pleasant Road (x 2)
Southend-on-Sea
Essex, SS1

Honiton Road
Southend-on-Sea
Essex, SS1

Burdett Avenue
Wescliff-on-Sea
Essex, SS0

Workshop, Rear of Christchurch Road
Southend-on-Sea
Essex SS2

Directors / Trustees: Mr B Goddard (Chair)
Mr J Hailes
Mr D Webster

Accountant: Estuary Accountancy Services, 42 North Street, Great Wakering, Southend-on-Sea, Essex SS3 0EL

Bank: Metro Bank, G19-21 Victoria Business Centre, London Road, Southend-on-sea, SS1 2NG

Structure Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 26/06/2014 and registered as a charity on 23/07/2015.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and Memorandum of Association.

There are three Directors and in the event of the company being wound up Directors are required to contribute an amount not exceeding £10.

Trustees are appointed by existing Directors / Trustees.

The Directors of the company are also the Trustees of the charity and between themselves discharge the day to day operational responsibilities.

All Directors / Trustees, employees and volunteers are required to hold a current (within 3 years) Enhanced DBS certificate.

We are a member of thirtyone:eight (formerly CCPAS) and use their Disclosure Service for DBS checks, we have adopted their model safeguarding policy and their Job/Volunteer application and disclosure forms and use the thirtyone:eight (formerly CCPAS) safeguarding vulnerable adults training for induction and training of employees and volunteers.

Objectives and activities

The charities objectives as set out in the companies Memorandum of Association are: The relief of poverty, hardship and distress of those who are in conditions of need, homeless or who are at risk of being homeless, hardship, social exclusion, sickness or substance abuse, and to relieve the distress caused by these conditions while promoting and facilitating integration into society in Southend-on-Sea, Essex and surrounding areas as the directors may from time to time see fit.

The charity provides high standard, safe, secure, alcohol and drug free accommodation, in the form of a shared house to male adults who are homeless or at risk of becoming homeless, unable to find their own accommodation and who require everyday help and support to cope with the normal expectations of everyday life.

We provide targeted support to each individual, including development of basic life skills, assistance with employability skills and job seeking activities, that facilitates & motivates them over time to achieve their desired lifestyle changes with the goal for them to be able to become employable, manage their own finances, housing and other needs and to move on to live independent lives in their own social or private sector housing.

Benefits are specifically to members of the general public who are vulnerable adults with dysfunctional lifestyles due to substance misuse and/or other factors such as mental health issues and/or prolonged use of prescription medicines. These factors affect their employability and their ability to perform everyday tasks which can lead to poverty, homelessness or risk of becoming homeless, social exclusion and unable to be a contributory part of the local community.

The wider public benefit indirectly through reduced homelessness in the local community.

We review our aims and objectives with the view to ensuring that current activities and future plans continue to support these. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Homelessness in Southend-on-Sea continues to be a situation where demand for services exceeds supply. Our resources are focussed towards adult males in need of accommodation and additional support services to meet the needs of everyday life, employability and re-integration into society.

Referrals are made from various homeless charities and projects within the local area, such as the Homeless Access Point chaired by SBC, members of the Southend Homeless Access Network (SHAN) and HARP, the local organisation that operates the emergency night shelter, hostel and other facilities.

We also receive referrals from other organisations such as DWP Job Centre Plus and Essex Probation Services together with charities that work with and provide services for the homeless community in the area such as Southend Storehouse and 57 West, all of which we have good working relationships with.

Following referral a comprehensive application form is completed by the applicant followed by an interview to confirm the individual status as homeless or at risk of becoming homeless and in need of additional support due to substance misuse, mental health or other factors that lead to social exclusion, and suitability for living in a shared house with others.

Achievements and Performance

Hope three16 Ltd began as a charitable company in October 2014 by renting one two storey house and using it for shared accommodation for four (4) adult males who were either street homeless and/or needing additional support and unable to continue with their existing accommodation arrangements.

In March 2015 we expanded our services to the homeless community in Southend-on-Sea by adding a second rented two storey house which enabled us to accommodate a further four (4) adult males, again all who were street homeless, needing accommodation and additional help due to various difficulties.

The additional support for the individuals we house is required due to prolonged alcohol or substance misuse, prolonged use/abuse of prescription medicines or a combination of these together with mental health issues. This expansion of our services brought the total number of people we were supporting to eight (8). Hope three16 registered as a charity on 23/07/2015.

Each rented house is configured as a House of Multiple Occupancy (HMO) and meets the appropriate standards and regulations. Each house provides a shared kitchen, shared bathroom / shower facilities on each floor, a shared area in which to eat and a shared lounge style area for relaxing and watching TV together with Internet access and computer facilities for help with job searching, improving IT skills and general computer/internet use.

In April 2016 the second house was reconfigured to enable a total of nine (9) adult males to be accommodated while maintaining all the shared areas including those for relaxation and computer use.

In October 2016 we further expanded our services by adding a third rented two storey semi-detached house which enabled us to accommodate a further four (4) adult males who were at the time street homeless and this brought our total number of people we were supporting to thirteen (13)

All of the people accommodated were referred to Hope three16 either by DWP Job Centre Plus, Essex CRC Southend Storehouse or other agencies and charities within the area all of which work to alleviate homelessness and its resulting issues in Southend-on-sea.

During May 2017 a decision was made to expand our services by reconfiguration of the first house which increased the total number of rooms available to a maximum of fourteen (14).

This was followed in October 2017 with a further expansion of our services by the addition of a 4th rented house (HMO) bringing the total number of people supported to eighteen (18).

During September 2017 a workshop unit was rented with the aim of having space for projects where residents could engage with staff and volunteers, have a place to go to and to provide some activity that is beneficial to themselves and/or others.

In November 2017 due to building sale the registered office for Hope three16 was moved to Office 11, Jindal House, 35 Progress Road, Leigh-on-Sea, SS9 5PR and all relevant parties were notified of the new address.

During this reporting period Hope three16 has focussed its work on accommodating and supporting a total of 23 individuals, all with a variety of alcohol, drug, mental health issues and some who having experienced prison and are now engaging with local Probation Services.

There is currently no minimum or maximum length of stay for residents of Hope three16 as each individual's background and circumstances are different and consequently the time taken to motivate and facilitate change in attitudes and behaviours are also different.

During this period three (3) people moved on from Hope three16 accommodation; their time with us ranged from 3 months to 27 months with the average stay around 10 months prior to them moving on to either their own independent living accommodation or to alternative housing options.

For some a relatively short stay was required to enable them to gain the space and distance from unhelpful influences and access the support to reduce or stop using alcohol or drugs for a period enabling them to re-engage with family members, restart their employment and reintegrate back into their family and society in general.

A number of individuals moved out to live in their own private rented accommodation or with friends or relatives,

A small number have found the process of change too difficult at the time and returned to other accommodation, rehab facilities, family members or unfortunately have ended back in homelessness.

Taking into account the above the resulting room occupancy rate has been maintained at over 90% across the full year, above the 80% target used in the original business proposal.

The ages of the adult males supported during this period range from 21 to 64 years, the average being 46 years of age.

The individual support we have provided to the residents during this time has included the provision of Individual Counselling using an accredited external counsellor, obtaining replacement ID documentation for a number of residents who had lost them during homelessness, help with benefit claims and budgeting skills for residents who have difficulty handling money, ensuring each resident is registered with local Medical & Dental surgeries and assistance with appointments at Job Centre (DWP), GP, Dentists, Hospital, and engagement with Drug & Alcohol agencies (STARS) as required by their individual circumstances together with support and help for setting and achieving personal goals for each individual.

We also facilitate and help with attendance at Adult Education College as appropriate for the individual's need. This has been particularly helpful for our residents where English is their second language, to assist in social inclusion and engagement with agencies such as DWP and Local Council.

During this period we started to close our supported employment project as the number of interested residents and volunteers had fallen below the level for it to be viable.

During this period the space has instead been used for the increasing amount of ambient food collected & distributed by Hope three16. Distribution is to our own houses/residents but also to a growing number other local charities working with the homeless (8 charities) or supporting other vulnerable people (5 charities) and the growing number of local food banks (5). A total of 18 organisations in the South Essex area has benefited from this activity with the distribution of over 5000 boxes of food items. This looks likely to continue to grow in scale over time as the need for this and other food bank type services continues to increase

There have been 3 volunteers during this period. One of these assist with house maintenance and the supported employment project and the other two with the food collection & distribution project.

Our support has provided increased personal stability for each resident and for a number of them this has enabled them to reconnect with family members including their own children who they had been out of contact with for many years. It has also provided a degree of personal development that has increased their hopes for future employment opportunities.

The support we provide has the goals of empowering positive lifestyle choices, increasing self esteem, sense of personal identity and value and helping to rebuild positive relationships which provide day to day encouragements towards change.

We provide residents with opportunities for personal responsibility, such as cleanliness & tidiness of their own room, and collective responsibility for the common areas of the house and garden. In the garden we grow some vegetables and using these we also provide help and assistance with cooking and nutrition which helps with their engagement and involvement in learning to live in community.

We would normally take the residents on a working week at a Conference Centre in Torquay twice each year which has a variety of work and volunteering opportunities that assist in the development of their practical employability and social skills, together with a much needed break from their normal routine, environment and peer pressures as well as introducing them to a much wider circle of people from different backgrounds and cultures who either work at the centre or who volunteer for the week. Particularly during summer months they provide a type of holiday environment due to the centre's location. The residents who attend these weeks find them very stimulating and helpful and invariably wish that their stay could be for longer.

However due to various circumstances earlier in the year at the venue and then the COVID-19 restrictions this has not been possible in this reporting period. We hope that something of this nature may be resumed in future years.

During this period we have been notified of the sale of one of the houses we rent and are now actively looking for an alternative rented house to move our current residents into and so avoid a period of homelessness.

There have been no serious incidents during the reporting period.
Hope three16 does not make grants and has not made any investments.

COVID-19

On 23rd March 2020, the UK Government in response to the growing infection, hospitalisation and death rate from the global COVID-19 pandemic introduced wide ranging nationwide Lockdown restrictions on individuals, places of work and the movement and mixing of people. These restrictions had an immediate impact on our ability to provide the continued support to the residents of Hope three16.

During this reporting period various COVID-19 control measures were introduced and lifted with the primary impacts of these being the reduced day to day interaction and support provided to the residents, the reduced support from 3rd party agencies to assist those recovering from Drug or Alcohol misuse and a severe limitation of the ability to take in new residents to vacant rooms.

The number of vacant rooms we were unable to fill during this reporting period has had a negative financial impact on Hope three16 where expenditure exceeded income by over £2485 and our reserves policy was invoked to ensure financial viability. This is anticipated to be a temporary situation which will change when restrictions are lifted.

During this period there were no instances of a Hope three16 resident or staff member testing positive for COVID-19 or of serious illness which would have added increased risk to residents requiring a hospital visit.

There is a noticeable impact on some of the residents Mental Health being negatively affected by the COVID-19 restrictions mainly due to the limited social interaction. One resident with Autistic tendencies continues to find the changing rules difficult to process. This has shown itself in more reclusive, withdrawn behaviour and with those who were already having difficulty with their mental health an increase in their general anxiety and depressed mood.

Should the COVID-19 infection rates and subsequent control measures continue throughout the next reporting period and these restrict our residents movement, social interaction and our ability to support them then this is likely to result in further deterioration of their mental health and increased levels of anxiety and depression. Our inability to access 3rd party support for drug and alcohol misuse will impact on our residents with an increased risk of extending their recovery period or their misuse becoming worse over time with corresponding effects on their health.

Financial Review

The financial landscape continues to be challenging with increased day to day running costs together with the ongoing supported employment and food collection & delivery project costs. This has been made worse by COVID-19 control measures which limited us from filling vacant rooms, reducing our occupancy rate and income while costs continued to increase. In this period we have realised an operational loss of £2485 which has resulted in the partial use of our Reserves.

With careful cost management and by entering this period in a strong financial position we have, at the end of this period, finished with a healthy end of year balance. This gives the charity a positive financial position to start the coming year, albeit with additional challenges due to the ongoing COVID-19 pandemic, continue with providing support to our residents and to implement our future plans to expand the growing food collection & delivery project.

The charity's primary income is from Southend Borough Council through Housing Benefit payments for the individuals accommodated and supported by us.

An online account provided by "Stewardship" was set up through which private individuals can make voluntary donations/gifts to Hope three16 and include gift aid with the donation, administered by Stewardship, if HMRC conditions are met.

The majority of all expenditure is directed at supporting our objectives with the Company / Charity running costs including insurances, professional services and registered office costs of around 6% of total expenditure.

Pay costs are for the three House Managers (two full time, one part time) responsible for ensuring the houses are a safe and secure environment, maintain everything in working order, encourage individuals' to play their part in keeping the houses clean and tidy and to provide assistance with benefit claims.

One Director / Trustee is remunerated in accordance with the Governing document and the additional members of staff assists with general running and upkeep of the houses and co-ordination of support activities.

The other two Directors / Trustees provide their time and expertise in a voluntary capacity.

Apart from the goal of retaining a practical amount in reserves each year the majority of the charity's funds are spent on day to day running costs so there are no funds at present for long term investment.

Hope three16 has based its Reserves policy and target level of reserves on:

- Forecast levels of income taking into account the reliability of that income stream (expressed in % occupancy rates)
- Forecast monthly expenditure for current and future planned activity
- An assessment of risk that reserves will be required to make up a shortfall of income or to be used to bridge a shortfall during higher than normal expenditure, such as when expanding services and/or to open an additional house.

Two types of reserves have been considered as follows:

1. Running Reserves – monies set aside for ongoing running costs.
2. Project Reserves – monies set aside for specific projects and/or emergencies

For 2020/21 the Running Reserves policy is a target of 8% of annual income which will cover 1 full month running costs in the event of a significant fall in income.

For 2020/21 the Project Reserves policy is set to £6000.00

Our reserves for 2020/21 meet the target in this year.

This enables us to maintain our strategy to build reserves through planned operational surpluses however it with increasing costs it is not expected that we will reach our target within the next two to three years and we have considered what expenditure could be reduced or stopped, together with what additional income sources could be found should such circumstances arise.

Plans for Future Periods

Future plans include the filling of vacant rooms and maintaining occupancy rates.

In addition to this we are planning to negotiate an increase to the per resident payment received from Southend Borough Council for our Supported Housing services to cover our increased costs which haven't been changed from those established in 2014 when we first started.

Due to the expansion of the food collection & delivery project, a move to new premises which is more suited to this kind of activity, has better storage and vehicle access is also being planned for the coming year.

This will enable the growth to be managed and a more effective & efficient distribution of this donated food to other local charities working with both homelessness and victims of domestic violence across the South Essex area. We are currently looking at alternative premises in a partnership with other local charities to meet these needs, while minimising costs and assigning additional project reserves if required together with considering opportunities for external funding.

We are looking to increase the number of volunteers together with Directors/Trustees to spread the workload across the team.

Statement of Trustees/Directors Responsibilities

The trustees (who are also the directors of Hope three16 Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue its operations.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees submit their report and financial statements for the period which comply with current statutory requirements and the governing documents of the charity.

The trustees are also responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation on the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 25 March 2022 and signed on its behalf.

Barry Goddard
Director/Trustee

Independent Examiners Report for the year ended 30 June 2021

I report on the accounts of Hope Three16 Limited for the year ended 30 June 2021, which are attached.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: _____

Name: STEPHEN JAMES FARROW

Relevant professional qualification or body: FMAAT

Address: Estuary Accountancy Services Ltd

42 North Street, Great Wakering, Essex, SS3 0EL

Date: 25 March 2022

**Statement of Financial activities
for the year ended 30 June 2021**

	Notes	2021 Unrestricted funds £	2020 Total funds £
Charitable activities	2	216,930	222,178
Investment income	3	15	41
Total incoming resources		216,945	222,219
RESOURCES EXPENDED			
Resources expended on charitable activities	4	200,167	193,201
Support costs	5	13,308	7,661
Governance costs	6	748	745
Total resources expended		214,223	201,607
NET INCOMING/(OUTGOING) RESOURCES	7	2,722	20,612
Taxation		-	-
		2,722	20,612
RECONCILIATION OF FUNDS			
Total funds brought forward	13	63,787	43,175
TOTAL FUNDS CARRIED FORWARD		66,509	63,787

Balance Sheet

as at 30 June 2021

	Notes	2021		2020	
		Unrestricted funds		Total funds	
		£	£	£	£
Fixed assets					
Tangible assets	10		12,880		14,304
Current assets					
Debtors	11	7,888		6,850	
Cash at bank and in hand		47,656		44,400	
		<u>55,544</u>		<u>51,250</u>	
Creditors: amounts falling due within one year	12	(1,915)		(1,767)	
Net current assets			<u>53,629</u>		<u>49,483</u>
NET ASSETS			<u>66,509</u>		<u>63,787</u>
Funds					
Unrestricted funds	13		66,509		63,787
TOTAL FUNDS			<u>66,509</u>		<u>63,787</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its financial statements in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and the Financial Reporting Standard for Smaller Entities (effective January 2015).

Barry Goddard

Director/Trustee

Approved by the board and signed on their behalf on 25 March 2022

Notes to the Financial Statements

for the year ended 30 June 2021

1 ACCOUNTING POLICIES

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Charities SORP (FRSSE) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the client is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The irrecoverable element of VAT is included with the item of expense to which it relates.

Resources expended on charitable activities comprise those costs related directly to the charitable activities.

Support costs comprise the office and administration costs for the charity.

Governance costs comprise those incurred in the governance of the charity and are primarily associated with constitutional and statutory requirements.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office equipment	15% reducing balance
House equipment, fixtures and fittings	15% reducing balance
Workshop equipment	15% reducing balance
Motor vehicles	20% reducing balance

Taxation

The company is a registered charity and is therefore entitled to the exemptions from corporation tax afforded by Section 505 of the Income and Corporation Taxes Act 1988. Accordingly, there is no corporation tax charge in these financial statements.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustee directors. All funds are unrestricted.

2 INCOME FROM CHARITABLE ACTIVITIES	2021	2020
Housing benefit received	206,871	212,408
Gifts	10,059	9,770
	<u>216,930</u>	<u>222,178</u>
3 INVESTMENT INCOME	2021	2020
	£	£
Bank interest received	15	41
	<u>15</u>	<u>41</u>
4 RESOURCES EXPENDED ON CHARITABLE ACTIVITIES	2021	2020
	£	£
Consumables	20	159
Travel and subsistence	1	227
Repairs, renewals and small equipment	-	17
Counselling and other programme costs	5,540	351
Rent	71,950	72,110
Rates and water	9,534	8,708
Light and heat	9,439	9,822
Telephone and internet	1,512	1,441
TV Licences	633	623
Food and supplies for houses	868	248
Repairs and renewals of houses and equipment	10,934	6,830
Stationery - houses	181	52
Depreciation - house equipment	660	777
<i>Workshop costs:</i>	-	-
Workshop rent	6,000	6,000
Workshop ins	307	-
Workshop rates	215	176
Workshop light and heat	70	155
Workshop equipment, repairs and consumables	5,057	534
Workshop stationery	47	3
Workshop travel & subsistence	1,217	-
Workshop food	179	129
Depreciation - workshop equipment	144	140
<i>Staff costs:</i>		
Director's salary	33,000	33,000
Wages and gifts to volunteers	35,145	39,788
Pensions	1,246	1,142
Travel and subsistence costs	3,729	10,421
Clothing	51	-
Staff welfare	214	300
Training and subscriptions	2,274	48
	<u>200,167</u>	<u>193,201</u>

5 SUPPORT COSTS	2021	2020
	£	£
Office rent	1,200	1,200
Meeting costs	828	1,540
Repairs and renewals of office equipment	151	163
Stationery and printing	5	11
Subscriptions	327	288
Telephones	519	877
Insurance	2,280	2,526
Motor expenses	5,787	-
Depreciation - motor vehicles	1,950	750
Depreciation - office equipment	261	306
	<u>13,308</u>	<u>7,661</u>
6 GOVERNANCE COSTS	2021	2020
	£	£
Bank charges	5	7
Accountancy and independent examination fees	730	725
Companies House filing fee	13	13
	<u>748</u>	<u>745</u>
7 NET INCOMING/(OUTGOING) RESOURCES	2021	2020
	£	£
Net resources are stated after charging:		
Depreciation of owned fixed assets	1,065	1,223
Directors' remuneration	33,000	33,000
Accountant's remuneration	730	725
	<u>730</u>	<u>725</u>
8 TRUSTEES' REMUNERATION	2021	2020
	£	£
Directors' remuneration	33,000	33,000
	<u>33,000</u>	<u>33,000</u>
The trustee directors were reimbursed for travel and mileage expenses incurred while performing their work on behalf of the charity for the year ended 30 June 2018.		
9 NON-TRUSTEE STAFF COSTS	2021	2020
	£	£
Wages and gifts to volunteers	35,145	39,788
	<u>35,145</u>	<u>39,788</u>

10 TANGIBLE FIXED ASSETS

	Motor Vehicles £	House equipment and fittings £	Office equipment £	Workshop equipment £	Total £
Cost					
At 1 July 2020	10,000	5,765	1,889	993	18,647
Additions	800	382	409	-	1,591
At 30 June 2021	<u>10,800</u>	<u>6,147</u>	<u>2,298</u>	<u>993</u>	<u>20,238</u>
					-
Depreciation					
At 1 July 2020	750	2,651	666	276	4,343
Charge for the year	1,950	660	261	144	3,015
At 30 June 2021	<u>2,700</u>	<u>3,311</u>	<u>927</u>	<u>420</u>	<u>7,358</u>
					-
Net book value					
At 30 June 2021	<u>8,100</u>	<u>2,836</u>	<u>1,371</u>	<u>573</u>	<u>12,880</u>
At 30 June 2020	<u>9,250</u>	<u>3,114</u>	<u>1,223</u>	<u>717</u>	<u>14,304</u>

11 DEBTORS

	2021 £	2020 £
Loans	5,388	4,350
Rent deposits held	2,500	2,500
	<u>7,888</u>	<u>6,850</u>

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	390	375
Other taxes and social security costs	782	654
Accruals	743	738
	<u>1,915</u>	<u>1,767</u>

13 MOVEMENTS IN FUNDS

	Brought forward	Net movement in funds	30/06/2021
	£	£	£
Unrestricted funds			
General fund	63,787	2,722	66,509
	<u>63,787</u>	<u>2,722</u>	<u>66,509</u>

Net movement in funds, included in the above, are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	216,945	214,223	2,722
	<u>216,945</u>	<u>214,223</u>	<u>2,722</u>

Detailed Statement of Financial Activities

for the year ended 30 June 2021

	2021	2020
	£	£
INCOMING RESOURCES		
Charitable activities		
Housing benefit received	206,871	212,408
Gifts	10,059	9,770
	<u>216,930</u>	<u>222,178</u>
Investment income		
Interest receivable	15	41
	<u>216,945</u>	<u>222,219</u>
 RESOURCES EXPENDED		
Charitable activities		
<i>Counselling and support programme:</i>		
Consumables	20	159
Travel and subsistence	1	227
Repairs, renewals and small equipment	-	17
Counselling and other programme costs	5,540	351
Rent	71,950	72,110
Rates and water	9,534	8,708
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Staff costs:

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Clothing	51	-
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Training and subscriptions	2,274	48
	<u>200,167</u>	<u>193,201</u>

Support costs

Office rent	1,200	1,200
Meeting costs	828	1,540
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Motor expenses	5,787	-
Depreciation - motor vehicle	1,950	750
Depreciation - office equipment	261	306
	<u>13,308</u>	<u>7,661</u>

Governance costs

Bank charges	5	7
Accountancy and independent examination fees	730	725
Companies House filing fee	13	13
	<u>748</u>	<u>745</u>

Total resources expended

	<u>214,223</u>	<u>201,607</u>
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