

## **MENS SHEDS CARDIFF TRUSTEES REPORT 2020**

No Trustee received remuneration of any kind and no funds were received from any source.

The Covid 19 lockdown put an end to group activities in the rented workshop and largely curtailed community activities. The few exceptions served to highlight the significance of the contribution the group makes to everyday life in the community.

One of the main aims of the group focuses on reducing social isolation and loneliness. To this end during lockdown regular Zoom sessions were introduced with bulletins being issued plus telephone calls to ensure that members were kept in the loop. A number of members continued to provide help to some in the community by way of shopping and errands but other than that community support activities ceased. This suspension of activities amplified the help that the group contribute but also the need for local cohesion and resilience plans.

Whilst the majority of members coped well with the imposition of lockdown, a small number did struggle. To meet this new situation a walk and talk counselling support was introduced. More support was available to the group with the introduction of “chat and plant” sessions at the allotment.

The content of the Zoom sessions was developed to include craft competitions and quiz sessions plus other topics that helped maintain attendance numbers and provide much valued links between members.

The absence of access to the rented workshop where the group would normally hold their evening meeting, served to underline the need for the project to have its own meeting place. A well equipped workshop with day and evening access would allow for increased membership numbers, which in turn, would result in an increase in the contributions the group makes to other charities and the community.

It is becoming increasingly clear that there are other groups in the area that would benefit from having a suitable meeting place. A building with the capacity to provide a home for these groups could be the basis for an effective, multi use, Wellbeing Centre, ideally suited to Covid recovery.

## **MENS SHEDS CARDIFF FINANCIAL RETURN FOR 2020**

Mens Sheds Cardiff income was nil

Mens Sheds Cardiff expenditure was nil