

LIFESTUFF

England & Wales · Charity number 1162620

Details

Status Registered

Legal form CIO

Registered 2015-07-10

Register [View on the Charity Commission register](#)

Contact

Address 9 All Saints Road
Newmarket
CB8 8ES

Phone 01638664497

Email admin@lifestuff.co.uk

Website www.lifestuff.co.uk

Activities

Objects: - TO PROMOTE AND IMPROVE HEALTH AND PREVENT DISTRESS OF PERSONS RESIDENT IN NEWMARKET AND THE SURROUNDING AREAS BY THE PROVISION OF LOW COST COUNSELLING, PSYCHOTHERAPY AND RELATED HELP AND SUPPORT TO THOSE EXPERIENCING EMOTIONAL DIFFICULTIES.- THE RELIEF OF THE MENTAL AND PHYSICAL SICKNESS OF THOSE IN NEED, IN PARTICULAR BUT NOT EXCLUSIVELY YOUNG PEOPLE, THE ELDERLY AND FINANCIALLY DISADVANTAGED PERSONS THROUGH COUNSELLING AND SUPPORT.- THE ADVANCEMENT OF HEALTH OF PERSONS IN NEWMARKET AND THE SURROUNDING AREAS THROUGH THE PROVISION OF THERAPEUTIC GROUPS AND WORKSHOPS DESIGNED TO PROMOTE MENTAL AND PHYSICAL WELLBEING- THE ADVANCEMENT OF HEALTH OF PERSONS WITH SPECIFIC PSYCHOLOGICAL NEEDS, IN PARTICULAR, BUT NOT EXCLUSIVELY MEN, PERSONS OF ANY AGE SUFFERING FROM OBESITY, YOUNG PEOPLE AT RISK OF SOCIAL AND EDUCATIONAL EXCLUSION, LONG TERM UNEMPLOYED, THROUGH COUNSELLING AND SUPPORT

Activities: To promote and improve health and prevent distress of persons resident in Newmarket and the surrounding areas by the provision of low cost counselling, psychotherapy and related help and support to those experiencing emotional difficulties.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Cambridgeshire
- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	-	-	-	-
2023-11-30	-	-	-	-
2022-11-30	-	-	-	-
2021-11-30	-	-	-	-
2020-11-30	-	-	-	-
2017-11-30	£0	£0	-	-
2016-11-30	£0	£0	-	-

Trustees

Name	Role	Appointed
Dr TONIA SCHOFIELD	Chair	2014-11-21
ANN MARGARET ROWLEY		2014-11-21
JEAN ALINE MILLER		2015-07-10
SARAH TUNNICLIFFE		2014-11-21