



ARUKAH NETWORK

ANNUAL REPORT 2021-22

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CHARITY OVERVIEW

Charity Name: Arukah Network

Registered Charity Number: 1162564

Registered address: Arukah Network,
169a Pinner Road,
Harrow,
HA1 4EX,
UK

The objects of Arukah Network, as stated in our governing document, are:

“The relief of sickness and the preservation and promotion of physical and mental health among vulnerable communities in low and middle-income countries in Africa, Asia and South America.”



TRUSTEES

The charity trustees are:

Mrs Kerryann Cope (Chair)

Dr Nick Henwood

Prof Andrew Tomkins

Mrs Margaret Bee

Mrs Jane Hellings

Elizabeth Lloyd

Mr Dan Ronoh

Appointment of trustees:

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Information for new charity trustees:

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- A copy of the current version of our constitution; and
- A copy of the CIO's latest Trustees' Annual Report and statement of accounts.

SUPPORT TEAM

Our Support Team all work for Arukah Network in a part time capacity to help connect and support our members.

Tom Davenport - Operations Manager

Elizabeth Lloyd - Network Coach

Ted Lankester - Strategic Advisor

Brian Wainaina - Communications Coordinator

Robins Ochieng - Cluster Support Lead for Africa

Teresa Echevarria - Finance Administrator

Jake Lloyd - Podcast Presenter



REVIEWING FOR GROWTH

For a number of years we have wanted to invest in our Monitoring and Evaluation capabilities in order to be able to show the true impact of our work as a Network. Thanks to a grant from the Vitol Foundation we have been able to make huge strides forward in this during this year.

During this year we undertook a major survey of our membership to provide some baseline data on our members, who are our primary beneficiaries, and how they engage with and perceive Arukah Network. Evaluating this data, with the help of a consultant, gave us incredible insight and helped us create a vision for the future of the Network.

In light of this data and a vision for a growing global network which sees the health and wellbeing of communities around the world continually improving, we put together a new Theory of Change. As we move into 22-23 we are seeing this Theory of Change impact all levels of our work.



MEMBERS SURVEY RESULTS

96% OF MEMBERS ARE IN A CLUSTER

85% OF MEMBERS ARE LEARNING WITH OTHER CLUSTERS

CLUSTER FOCUS IS DIVERSE

- Community Development
- Supporting vulnerable groups
- Disability and inclusion
- Capacity building
- Savings groups
- Advocacy
- Supporting teen mothers
- Migrant livelihood
- Preventative healthcare
- Relief work
- Empowering young people

SAME PASSION NEW THEORY OF CHANGE

We believe every community has the gifts and skills it needs to improve the health and wellbeing of all its members. We know local leaders care about their communities and want to improve health and wellbeing.

However, local leaders in vulnerable communities are often working in isolation and have minimal resources. Also, in a world of fake news, the best evidence based ways of working often don't reach the community level. Together these factors make it very hard to create sustainable change in health and wellbeing at a community level.

**IMPROVING THE
HEALTH OF
COMMUNITIES
TOGETHER**

OUR VISION

is to see health and wellbeing in communities around the world continually improving.

OUR MISSION

is to be a global network which **CONNECTS** and **SUPPORTS** local leaders who are working to improve the health and wellbeing of their own communities

We are a global network

formed of individual members and organisations

Clusters connect local leaders together

united either by a geographical location or a shared theme

Webinars, coaching and a range of online resources

provide global connection, opportunities for development and more tailored support

SALT visits to other members

are encouraged and facilitated in order to increase connection and support.

SALT stands for Support, Appreciate, Learn, Transfer

HOW WE WORK

ARUKAH CONNECTIONS THIS YEAR IN NUMBERS



9 CLUSTERS
IN **5** COUNTRIES



577
WEBINAR
ATTENDANCE
AND VIEWS



255 MEMBERS
IN 10 CLUSTER
WHATSAPP GROUPS



3,458
PODCAST
PLAYS



3,894
WEBSITE PAGE VIEWS
BY 1,253 DIFFERENT USERS



7,309 FACEBOOK PAGE REACH

23,011 TWITTER IMPRESSIONS

STORIES OF SUPPORT

As a Network, a huge part of our work is supporting our Clusters to impact their communities. This year we have continued to support our Clusters and their members. We have also begun to develop relationships with possible new Clusters. Here are two small but significant examples of our work this year.

GROWING GOVERNANCE

While we don't place any restriction on the kind of organisational structure our Clusters take, we recommend that they have certain structures in place. We recommend, for example, that they have a leadership group (which includes a chair, a secretary and a treasurer), a bank account and a constitution.



Our Support Team have been working closely with our Clusters in Zambia to put governance structures in place which can help them impact their community. Without a constitution or a bank account it is almost impossible to apply for any funding, wherever in the world you are. Our Chabbs Cluster now has a bank account and a constitution, and are in the process of becoming registered with the Zambian Government. As a result, they should soon be receiving funding to start a goat farming project to support vulnerable families in their community.

SEED FUNDING FOR TEEN MOTHERS

Our Seed Fund provided the opportunity for our Clusters to access small grants to kick start a project which could have a major impact on their community. Our Rwanda Cluster received a small grant to purchase pigs and build an area to rear them in. Teen mothers are being trained to rear these pigs and are being given piglets to rear for themselves. This project is giving the young women new skills and an opportunity for a sustainable income source for their families. The Cluster hope that this project will in time provide skills and income for 100 teen mothers in the country.



FINANCIAL REVIEW



The bulk of our charitable expenditure is spent on the cost of facilitation, training and supporting our Clusters.

Last year's budget showed an underspend due to the impact of the pandemic on our planned work, particularly in the area of Cluster Support Travel and Monitoring and Evaluation, supported by a significant grant from the Vitol Foundation.

With permission from the Vitol Foundation, we carried the remaining grant into this financial year. This means that we are showing an accounting loss for our accounts ending July 2022, shown on the next page, but in reality we have been spending cash carried over from the previous year.

We are extremely grateful for the support we receive from a number of trusts, including the Golden Stable Charitable Trust, the Ogle Trust, the Vitol Foundation and the Marshgate Trust.

We are also extremely grateful to the individuals who give both regularly and one off donations towards the work of our Network.



Having reviewed the current financial situation and our reserves, the trustees believe that Arukah Network will continue for the foreseeable future as a going concern. We do not hold any debts and maintain reserves for at least 3 months of normal operations.

Ted Lankester (Co-Leader)

Elizabeth Lloyd (Trustee)

Kerryann Cope (Chair)

ANNUAL ACCOUNTS

Statement of Financial Activities for the year ended 31st July 2002

	Unrestricted Funds				2022	2021
	General Funds	Designated Funds	Restricted Funds	Endowment Funds	Total Funds	Total Funds
INCOMING RESOURCES						
Total Voluntary Income	21,599	0	150		21,749	22,235
Grants	17,000		0		17,000	70,275
Other Incomes	808		0		808	2,289
Total Incoming resources	39,407	0	150	0	39,557	94,799
RESOURCES EXPENDED						
Costs of generating funds	3,920		0		3,920	4,221
Charitable activities	48,168		0		48,168	50,339
Finance and Administration	6,487				6,487	6,312
Total Resources expended	58,575	0	0	0	58,575	60,872
Net Income(Expenditure) for the year and net movement in funds	-19,168		150		-19,018	33,927
Fund Balance brought forward at 31 July 2021					64,429	30,502
Fund balances carried forward at 31 July 2021	-19,168	0	150		45,411	64,429
FUNDS						
General Fund					36,787	55,955
Restricted funds					8,624	8,474
Total funds					45,411	64,429
Cash held at CAF Bank as at 31 July 2022					45,085	63,635
Less/Cash held in Post-box Account						
Cash held in PayPal account						
Other Debtors					1,951	2,202
					47,036	65,837
Payment due to HMRC and Nest for July 2022					0	0
Other Creditors					-1,625	-1,408
Reconciled cash in hand					45,411	64,429

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ANNUAL ACCOUNTS

Statement of Financial Activities for the year ended 31st July 2002
continued from page 9

	Unrestricted Funds				2022	2021
	General Funds	Designated Funds	Restricted Funds	Endowment Funds	Total Funds	Total Funds
1 Voluntary Income						
1.1 Gift-Aided Donation	7,685		120		7,805	10,108
1.2 Tax Recovered	1,921		30		1,951	2,202
1.3 Other	11,993				11,993	10,701
1.4 Events/Training	800				800	1,500
1.5 Income from Investments	8				8	13
Total Voluntary Income	22,407	0	150	0	22,557	24,524
2 Other incoming resources						
2.1 Grants	17,000				17,000	70,275
Total Incoming resources	39,407	0	150	0	39,557	94,799
RESOURCES EXPENDED						
3 Costs of generating funds						
3.1 Fundraising	3,920				3,920	4,221
Total Resources expended	3,920	0	0	0	3,920	4,221
4 Charitable activities						
4.1 Cluster costs	30,461				30,461	30,685
4.2 International Forums	0				0	3,386
4.3 Networking	4,438				4,438	3,662
4.4 Management and strategy	13,269				13,269	11,830
4.5 Other expenses	0	0	0		0	776
	48,168	0	0	0	48,168	50,339
5 Finance and Administration						
5.1 Insurance	312				312	312
5.2 Administration	6,175				6,175	6,000
	6,487	0	0	0	6,487	6,312
Total resources expended	58,575	0	0	0	58,575	60,872

Notes 1.1. Donations given as one-off and by regular payment
1.2 Tax reclaimed up to 31 July 2022
2.1 Grant received from Golden Stable, Marshgate Trust and Ogle Charitable Trust.

Report to the Trustees/Members of	Arukah Network		
On account for the year	01/08/2021 to 31/07/2022	Charity No.	1162564
Set out pages	11 pages		

Respective The Charity's Trustees are responsible for the preparation of the responsibilities of account. The Charity's trustees consider that an audit is not trustees and examiner required for this year under section 144 of the Charities Act 2011 (The Charities Act) and that an independent examination is needed.

It is my responsibility to:

examine the accounts under section 145 of the Charities Act
Follow the procedures laid down in the general Directions given by the Charity Commission (Under section 145(5)9b) of the Charities Act; and
state whiter particular matters have come to my attention.


Basic of independent My examination was carried out in accordance with general examiner's statement Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedure undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's In connection with my examination, no matter has come to my statement attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act.

have not been met

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Signed  Date 25 MAY 2023

Name Timothy Mark Dauncey

Relevant professional qualification(s) or body (if any) FCCA

Address 4 Kentish Gardens, Tunbridge Wells, Kent, TN2 5XU