

Charity registration number 1162561

Company registration number 07307468 (England and Wales)

**DESIGN IN MENTAL HEALTH LIMITED**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 JULY 2022**

# DESIGN IN MENTAL HEALTH LIMITED

## LEGAL AND ADMINISTRATIVE INFORMATION

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### Trustees

Mr P P Ross  
Ms C A Lake  
Prof P Reavey  
Mr Jonathan Campbell  
Mrs T Beswick  
Mr P Barsby  
Ms Katherine Lazenby  
Mr Steven Brown  
Mrs Lianne Knotts

(Appointed 1 November  
2022)

### Charity number

1162561

### Company number

07307468

### Registered office

Incom House  
Waterside  
Trafford Park  
Manchester  
M17 1WD

### Accountants

Topping Partnership (Accountants) Limited  
Incom House  
Waterside  
Trafford Park  
Manchester  
M17 1WD

# DESIGN IN MENTAL HEALTH LIMITED

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# DESIGN IN MENTAL HEALTH LIMITED

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) *FOR THE YEAR ENDED 31 JULY 2022*

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The Trustees present their annual report and financial statements for the year ended 31 July 2022.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

### **Objectives and activities**

The objectives of the Charity are -

- for the advancement of education concerning design in mental healthcare settings by sharing good practice
- promoting reflective design practice,
- gathering and disseminating evidence based research and raising awareness of the influence of design on mental health wellbeing,
- the relief of those in need by reason of mental ill-health.

There have been no changes in these objectives in the year.

The charity holds an annual conference for the discussion of the importance of mental health implications on design. The trustees believe that this is necessary to fulfil its charitable objectives.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake. The Trustees also have due regard to the Charities Commission guidance on public benefit.

# DESIGN IN MENTAL HEALTH LIMITED

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 JULY 2022

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### Achievements and performance

2022 witnessed our first full conference and exhibition since Covid, not just returning to pre-pandemic levels, but setting new records for attendance. Our conference program has grown, delivering more case studies of best practice in mental health design and hearing from people with lived experience – and a great example of empathetic design considerations by Nick Smith who talked about his own experience of being in a Section 136 suite and how this encouraged him to think about the need for space where police can decompress afterwards.

We hosted our first round-table discussion, led by the Stakeholder Engagement team, discussing the design challenges of Seclusion, all part of our ongoing research into the use/need of seclusion and how design can play a role in reducing the need for such spaces.

We launched the latest in the Design with People in Mind (DWPIM) booklet series, exploring the international approaches to mental health care environments. Available from our website at: <https://dimhn.org/resources/>

One of our long-standing challenges as a charity is the limited time our volunteers have, all whom have busy day-jobs. With the growth in our revenue and a healthy cash position, the board signed off on recruiting our first employee – a CEO to lead the growth of the charity's reach and give full time capacity to increase our output. We'll be posting the role on specialist charity job boards and our social media platforms in the coming weeks. Alongside this, the board have approved part-funding for our first research lead, partnering with LSBU – something we'll use to look at the psychology safety of various aspects of design considerations within mental health hospitals.

### The Board

After creating our new volunteer role, we welcomed two new Associates – Karen Howell and Dan Vesty. Our Associates have been involved in several sub-committees and making a big impact with their collective experience in the design and construction of mental health environments.

You can see details of all our Directors and Associates here: <https://dimhn.org/board-and-associates/>

[We'll be inviting new Associates applications in the coming few weeks, so if you're interested in getting involved and have time and capacity, then get in touch.](#)

### Workstreams

The key workstreams this year were:

- **Conference and Exhibitions:** Jonathan Campbell
- **Marketing/Editorial:** Cath Lake
- **Research:** Paula Reavey
- **Community Engagement:** Trudi Beswick
- **Memberships / Partnerships:** Garry Charlton
- **Testing and Innovation:** Philip Ross
- **Lived Experience Advisory Panel (L.E.A.P):** Alex Caruso

### Financial review

The Trustees are pleased with the results for the year.

During the year there was a surplus of £74,223. At the year end reserves had increased from £110,224 to £184,447.

The main risk to the charity is the competing demand for funds.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# DESIGN IN MENTAL HEALTH LIMITED

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 JULY 2022

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Plans for the future

To continue to emphasise the importance of design in improving mental health.

### **Structure, governance and management**

The charity is a company limited by guarantee.

Design in Mental Health Ltd was incorporated on 7 July 2010, as a company limited by guarantee. It is governed by the Memorandum and Articles of Association. It became a charity (number 1162561) on 7 July 2015. The company works to promote design as a means of promoting good mental health.

The day to day running of Design in Mental Health Ltd is performed by the trustees.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr P P Ross

Ms J A Gill (Resigned 1 October 2022)

Ms C A Lake

Prof P Reavey

Mr A Crumpton (Resigned 1 October 2021)

Mr A Caruso (Resigned 1 October 2022)

Mr Jonathan Campbell

Mrs T Beswick

Mr P Barsby

Ms Katherine Lazenby

Mr Steven Brown

Mr Garry Charlton (Resigned 1 October 2022)

Mrs Lianne Knotts (Appointed 1 November 2022)

Trustees are appointed as per the rules in the memorandum and articles of association.

None of the Trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees report was approved by the Board of Trustees.

### **Mr P Barsby**

Trustee

Dated: 25 April 2023

# **DESIGN IN MENTAL HEALTH LIMITED**

## **STATEMENT OF TRUSTEES RESPONSIBILITIES**

***FOR THE YEAR ENDED 31 JULY 2022***

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The Trustees, who are also the directors of Design in Mental Health Limited for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# DESIGN IN MENTAL HEALTH LIMITED

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF DESIGN IN MENTAL HEALTH LIMITED

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I report to the Trustees on my examination of the financial statements of Design in Mental Health Limited (the charity) for the year ended 31 July 2022.

#### **Responsibilities and basis of report**

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mrs S Wilcock FCCA

Topping Partnership (Accountants) Limited

Incom House  
Waterside  
Trafford Park  
Manchester  
M17 1WD

Dated: 25 April 2023



# DESIGN IN MENTAL HEALTH LIMITED

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 JULY 2022**

	Notes	Unrestricted funds 2022 £	Unrestricted funds 2021 £
<b><u>Income from:</u></b>			
Charitable activities	3	102,807	22,840
<b><u>Expenditure on:</u></b>			
Charitable activities	4	28,584	39,545
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		74,223	(16,705)
Fund balances at 1 August 2021		110,224	126,929
<b>Fund balances at 31 July 2022</b>		184,447	110,224

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure for the current and previous year are unrestricted.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# DESIGN IN MENTAL HEALTH LIMITED

## BALANCE SHEET

AS AT 31 JULY 2022

	Notes	2022 £	£	2021 £	£
<b>Current assets</b>					
Debtors	8	66,533		-	
Cash at bank and in hand		118,564		114,334	
		<u>185,097</u>		<u>114,334</u>	
<b>Creditors: amounts falling due within one year</b>	9	(650)		(4,110)	
Net current assets			184,447		110,224
<b>Income funds</b>					
Unrestricted funds - general			184,447		110,224
			<u>184,447</u>		<u>110,224</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 July 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 25 April 2023

Mr P Barsby  
Trustee

Company registration number 07307468

# DESIGN IN MENTAL HEALTH LIMITED

## NOTES TO THE FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 31 JULY 2022**

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### **1 Accounting policies**

#### **Charity information**

Design in Mental Health Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Incom House, Waterside, Trafford Park, Manchester, M17 1WD.

#### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### **1.2 Going concern**

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

#### **1.4 Incoming resources**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business..

# DESIGN IN MENTAL HEALTH LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 JULY 2022

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### 1 Accounting policies

(Continued)

#### 1.5 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

# DESIGN IN MENTAL HEALTH LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2022

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Charitable activities

	2022 £	2021 £
Membership	18,178	17,020
Editorials (STEP Communications)	23,297	5,820
Conference (STEP Exhibitions)	61,332	-
	<u>102,807</u>	<u>22,840</u>

### 4 Charitable activities

	2022 £	2021 £
Advertisement	24,633	36,509
Travel and subsistence	855	-
Accountancy fees	627	601
Administration and general expenses	2,253	2,435
Charitable expenditure heading 7	216	-
	<u>28,584</u>	<u>39,545</u>
	<u>28,584</u>	<u>39,545</u>

### 5 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

# DESIGN IN MENTAL HEALTH LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2022

### 6 Employees

The average monthly number of employees during the year was:

2022 Number	2021 Number
10	11

There were no employees whose annual remuneration was more than £60,000.

### 7 Accountancy Services

During the year, the Charity paid £627 for the preparation of the accounts.  
In the previous year, the Charity paid £601 for the preparation of accounts.

### 8 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	66,533	-

### 9 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	650	4,110

### 10 Analysis of net assets between funds

	Unrestricted 2022 £	Unrestricted 2021 £
Fund balances at 31 July 2022 are represented by:		
Current assets/(liabilities)	184,447	110,224
	184,447	110,224

### 11 Company limited by guarantee

The company is limited by guarantee. In the event of the company being wound up, the trustees are obliged to pay £1 each.

### 12 Related party transactions

# DESIGN IN MENTAL HEALTH LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 JULY 2022

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### 12 Related party transactions

(Continued)

#### Transactions with related parties

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

Four trustees have had their expenses met by the charity during the year.

In total, £2777.41 (2021: £2,054.72) was claimed in the year. Of this £777.41 (2021:£nil) was reimbursed for travel costs, £Nil (2021: £54.72) for administrative services and £2,000 (2021: £2,000) for marketing costs.