



**Charity registration number: 1162546**

**Annual Report and Financial Statements**

**For the Year Ended 31 March 2024**

## **Re-Live**

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## **Re-Live**

### **Reference and Administrative Details**

**Charity Name:** Re-Live

**Charity Registration:** 1162546

**Number Principal Address:** Chapter, Market Road, Cardiff CF5 1QE

#### **Board of Trustees:**

Nick Andrews

Sarah Belson (Chair)

Valerie Hill

Mark Jones

Ruba Sivagnanam

#### **Independent Examiner:**

Michael J Sullivan FFA FFTA FIPA  
Financial Accountants  
24 Kingsway West  
Penwortham  
Preston  
Lancashire  
PR1 0JA

## **Re-Live**

### **Trustees' Report**

The trustees are pleased to present their report along with the financial statements for the charity for the year ended **31 March 2024**, and confirm they comply with the Charities Act 2011 and the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005).

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document:**

Re-Live is constituted as a Charitable Incorporated Organisation registered with The Charity Commission on 6 July 2015. Its governing document is its constitution.

### **Organisational Structure:**

The charity trustees are responsible for managing the affairs of the charity. The trustees give their time freely and do not receive any remuneration or financial benefit. The trustees meet on a quarterly basis. The day to day running of Re-Live is managed by Karin Diamond (Re-Live Artistic Director) with support of the Trustees. Quarterly reports are shared with the Trustees.

### **Recruitment and Appointment of Trustees:**

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Potential trustees are invited to attend trustees' meetings as observers and given more information about the charity's aims and activities and, if all agree, they are then proposed as new trustees at the subsequent meeting.

## **OBJECTIVES AND ACTIVITIES**

### **Re-Live's Charitable Objectives**

1. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of arts activities.
2. To advance the education of the public in arts; in particular, but not exclusively, in the art of theatre.

## **Re-Live**

### **Trustees' Report**

For the purpose of the above 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship, youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment, relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards); crime (either as a victim of crime or as an offender rehabilitating into society).

In shaping our objectives and planning our activities for the year, the trustees have considered The Charity Commission's guidance on public benefit and have endeavoured to keep the activities we provide as low cost as possible, and free of charge for all participatory projects. This policy reflects our central charitable objective; to prevent and relieve social exclusion through the provision of arts activities.

### **RE-LIVE MISSION**

Re-Live is an award-winning charity that uses the power of theatre and allied art forms to co-create pioneering Life Story Arts projects with underrepresented communities.

We are the main recipients of the Calouste Gulbenkian Foundation's Award for Civic Arts Organisations 2023.

As part of the wider field of Arts in Health, our work supports the health and wellbeing of participants, reaches wide and diverse audiences, provides innovative experiential training for professionals, and informs world leading research into the transformational benefits of the arts.

Over the last 18 years, we have developed a unique Life Story methodology in which participants learn new creative skills in drama, movement, comics making, singing and music.

Our unique process invites participants to express their lived experiences within a group setting and explore the stories they want to share with audiences.

Our work demonstrates how the arts can have a positive transformation on participants' health, mental health and wellbeing.

Life Story Arts can help process trauma-related experiences, reduce isolation and loneliness, build social connections, and help us shape new stories about ourselves and the world around us.

## Re-Live Trustees' Report

The communities we work alongside include:

- Older people
- Veterans and families living with complex mental health
- People living with dementia and families
- People at the end of life
- Perinatal women
- Health and social care professionals

Re-Live is committed to widening engagement with audiences. Every performance invites local and international audiences to debate the themes of the performance post-show with our communities to inspire social change and influence policy and practice.

There is a strong public demand for our work, with performances at our regular base, Chapter Arts Centre, and online to international audiences. Audience feedback continues to be exciting and encouraging, as does the range of audience members. We regularly have an audience with an age range of 10 – 85. Our strong partnerships with health and social care organisations enable us to bring in new audience members who, in the past, may not have seen theatre as being for them.

Our audiences include:

- Policymakers
- Politicians
- Third sector organisations
- Health and care professionals
- Students
- The general public

Re-Live creates memorable and moving theatre, comics and performances that raise awareness, builds compassion and reduces the stigma of some of the greatest health and social care challenges of our time.

Since 2012, Re-Live has designed and delivered experiential training programmes in dementia care to over 5,000 health and social care professionals throughout Wales, England, Ireland and the USA.

*“As a physician caring for patients with dementia for more than two decades, I strongly recommend Re-Live’s training for anyone working with or trying to better understand the impact of dementia. It was an incredible experience”* Michael D. Geschwind, Professor, Neurology, Institute for Neurosciences, University of California, San Francisco (2020).

## Re-Live Trustees' Report

Re-Live has an extensive track record partnering with a range of local, national and international funding organisations such as The Arts Council of Wales, The Armed Forces Covenant Fund Trust, and most recently, the Calouste Gulbenkian Foundation.



## Re-Live Trustees' Report

### Strategic Goals 2023 – 2024

During the year ended 31 March 2024, we have met our objectives through the following activities:

- The delivery of a programme of online and in-person Life Story theatre, comics, group work, and choirs. Re-Live worked with those at risk of social exclusion including people affected by dementia, military veterans and families living with post-traumatic stress, isolated older people and people affected by addiction and poor mental health.
- Working with a range of partner organisations across the health and social care sector to ensure that we are reaching the people who are at risk of social exclusion and creating real opportunities for engaging with the arts.
- The delivery of high-quality training across the arts, health and social care sector raising awareness of the needs of people at risk of social exclusion, and particularly those affected by mental health challenges and dementia.

### Summary

Life Story Arts celebrates both the uniqueness and the oneness of our experiences. With every project, we hope to plant a seed for participants, audience members, and everyone involved, a seed of recognition for our shared humanity. One of our first participants in 2006 said, *"Performing my story made me less alone."* Our work has shown that when we share our experiences through the arts, we are seen, heard, and less alone. It is a potent medicine.

In the past decade, the arts have played an increasing role in supporting health and wellbeing, with growing recognition of the value of lived experience in shaping health, social care, and education policy. The vision of a society where everyone has the opportunity to have their life story witnessed with compassion and bring about positive change continues to inspire us.

By creating opportunities for people from all walks of life to share their experiences, we can challenge injustice and discrimination, influence decision-makers, and spark meaningful change. We remain committed to being a force for social transformation, reducing inequity, and fostering deeper compassion within our local, national, and international communities.



## Re-Live Trustees' Report

### ACHIEVEMENTS AND PERFORMANCES – YEAR ENDING MARCH 2024

#### Arts Council of Wales Multi-Year Funding Success

We are delighted to announce a £78,000 multi-year grant from the Arts Council of Wales, providing core funding for the first time from April 2024.

This funding will:

- Support the appointment of an Executive Director to strengthen governance, enhance administrative processes, and guide key strategic decisions.
- Enable ambitious national and international Life Story Arts projects, both online and in person.
- Advance our mission to place the arts at the heart of community life.

Dafydd Rhys, Chief Executive of the Arts Council of Wales, shared:

*"We are delighted to support Re-Live, alongside 80 other organisations across Wales, during a highly competitive funding round"*



Coming Home comic exhibition, St Fagans National Museum of History, 9<sup>th</sup> October 2023

## **Creative Minds / Meddyliau Creadigol Project**

In partnership with health and social care organisations and with support from the Arts Council of Wales, Re-Live developed *Creative Minds*, a life story arts project to address mental health challenges faced by underrepresented groups in Wales. Delivered online throughout 2023–2024, the project offered participants a creative space to explore and express their lived experiences through the arts, with a focus on improving mental health and wellbeing.

The project consists of three distinct strands:

### **Time for Me (Creative Minds)**

Delivered in partnership with Blaenau Gwent and Caerphilly Social Care Workforce Development Service, *Time for Me* addressed critical post-pandemic mental health challenges faced by social care professionals. Over eight months, the project supported the mental health and wellbeing of 28 social care workers in Wales through 24 online creative life story sessions. These sessions used creative exercises to provide emotional relief, strengthen peer support, and enhance self-care practices.

One social care professional who joined the first group felt overwhelmed by the demands of her role since the pandemic and struggled to prioritise her own wellbeing. The *Time for Me* sessions created a supportive space for reflection and connection, enabling her to see the value of self-care not only for herself but also for her team.

She shared: *“I surprised myself when I brought the topic of self-care to the top of the meeting agenda.”*

With growing confidence, she addressed the negativity within her team, saying: *“For the first time, I had the confidence to look beyond the cynicism of my team. I could see everyone was struggling.”*

Through the project, this social care professional transformed into a proactive advocate, championing wellbeing for both herself and her team.

Re-Live is now collaborating with Social Care Wales and Swansea University to develop a Storytelling Framework, providing ongoing support for social care professionals.

### **Shine Project (Creative Minds)**

Between September and December 2023, the *Shine* project supported the mental health and wellbeing of perinatal women in North Wales through a 12-week online programme of creative life story sessions in partnership with the Perinatal Mental Health Team at Betsi Cadwaladr UHB. Facilitated by two Re-Live practitioners, the sessions provided a supportive space for participants to share and reflect on their experiences during the perinatal period. Wrap around support for the women was provided by the Perinatal Mental Health team.

## Re-Live Trustees' Report

Participants explored themes of identity, isolation, belonging and emerging creativity. Participants have shared how much their mental health has improved during the project.

One participant shared:

*"This group has been a lifeline for me. I've found a bit of myself again."*

The first part of the project concluded with an online life story sharing where the women shared their experiences to an invited group of perinatal mental health teams from across Wales.

An Advanced Specialist Perinatal Occupational Therapist commented:

*"This life story project not only showcases to our perinatal and management teams how important it is to listen to the women we support but also how important it is for us to stay relevant to improve our service delivery."*

A new *Shine* group will run in spring 2024, with evaluations using the Most Significant Change (MSC) methodology to capture outcomes and impact.

### **Female Veterans Life Story Project (Creative Minds)**

This project supports the mental health and wellbeing of female veterans across Wales through creative life story sessions. It provides a safe, supportive space for participants to explore and express their lived experiences, addressing the unique challenges faced by this often-overlooked community.

The project engaged 18 participants across 22 online sessions. Creative methods such as life story poetry and comics-making offer therapeutic ways to process emotions and reflect on experiences. Themes of identity, resilience, and emotional wellbeing were explored, fostering a sense of community and connection.

One participant shared

*"Joining these sessions made me feel like I belong to something again."*



Coming Home Comic – Issue 2

## Re-Live Trustees' Report

### Coming Home to the Arts

Re-Live received a £100,000 grant from the Armed Forces Covenant Fund Trust for a two-year project supporting veterans and their families across Wales. This funding is enabling two key projects:

### Life Story Songwriting Project

Taking place across three locations - VC Gallery in Pembroke Dock, Queensferry Memorial Hall, Shotton and Chapter Arts Centre in Cardiff - weekly songwriting groups are engaging 10–12 veterans per session. Participants are collaboratively creating original songs, contributing to a music album set for release in spring/summer 2025.

One female veteran shared:

*"It's nice to be part of something bigger than yourself. I use the songwriting sessions as a kind of therapy. Music is back in my life."*

### Second Edition of Coming Home Comic

Work is ongoing on the second edition of the *Coming Home* comic, focusing on women and LGBTQ+ veterans. Developed in collaboration with Fighting with Pride, a UK-based charity that supports LGBTQ+ veterans, service personnel, and their families. This edition will amplify diverse voices and raises awareness of mental health and wellbeing. The comic is set for release in autumn 2024.

Re-Live have delivered 78 sessions across the Coming Home project and supported 7 Re-Live practitioners across Wales.

### Memoria Group

Thanks to support from the Calouste Gulbenkian Award, our *Memoria* group for people living with dementia and their families continued online this year with three new members. The group continued to explore imagination and life story exercises incorporating movement, music, and song, providing accessible routes to self-expression and connection.

A participant noted:

*"It's the ease of access for me. Once I got organised with Zoom, it's just tap and go, and there you are among friends. I might not speak to anyone else during the day. I love all the things we do. It feels so freeing to let your imagination take you wherever it wants to go."*

The *Memoria* group is featured in the documentary *Keys, Bags, Names, Words* by Cynthia Stone, supported by the Global Brain Health Institute. The film continues to be shown internationally and will premiere in Wales in 2025.



## Re-Live Trustees' Report

### Training

Re-Live delivered 11 training sessions in *Experiencing Dementia* and *Life Story Work* to 198 health and social care workers, enhancing their awareness, compassion, and competency in dementia care and Life Story Work.

### International Work



Artistic Director, Karin Diamond and Co-founder of Re-Live, Alison O'Connor were invited to take part in the event '*Arts in Health Practice for Personal and Professional Growth*' at Trinity College Dublin from April 24-27, 2023. This initiative fostered innovation in education and training through international collaboration and experience exchange. The event brought together partners including the Universities of Agder (Norway), Turku University of Applied Science (Finland), University of West Attica (Greece), The Royal College of Music (Sweden), King's College (London), Trinity College Dublin (Global Brain Health Institute), and Re-Live.

## Re-Live Trustees' Report

Re-Live delivered two half-day workshops as part of the program.

Workshop 1: *Experiencing Dementia*, offered participants experiential exercises to gain unique insights into the lived experience of dementia.

Feedback from attendees was very positive.

*"I've never experienced anything like that before. For the first time in my career, I could feel the chaos my patients with dementia experience. Very powerful work."* - Alison Canty, Neuroscientist, Australia.

Workshop 2: *Life Story Work for Wellbeing* invited a group of participants to explore their lived experiences in a creative and supportive space to enhance wellbeing.

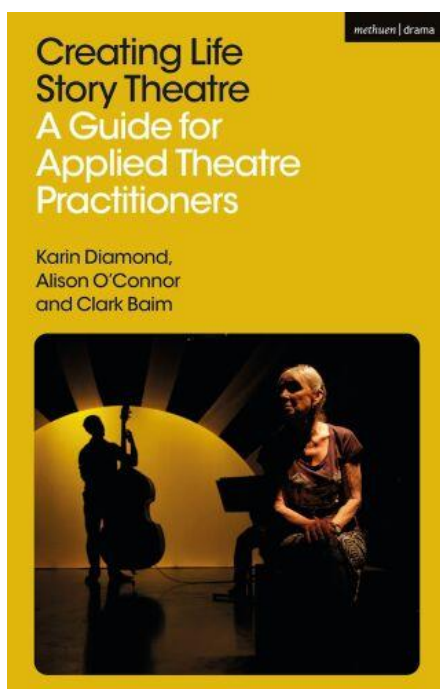
Feedback:

*"I have been feeling very isolated since the pandemic. This session has made me feel part of something again. I loved every second!"* – Kim, Health Economist, Vietnam.

*"I can't believe we found out so much from each other in a short space of time."* – Trinity College Student, China.

The event highlighted the richness of international collaboration, sparking new ideas and connections for future work in arts, health, and wellbeing.

### Life Story Theatre Handbook



## **Re-Live Trustees' Report**

Re-Live has been commissioned to write a book for Bloomsbury Publishing as part of their prestigious Methuen Drama series. Titled "*Co-Creating Life Story Theatre: A Handbook for Practitioners*," the book will offer valuable insights and practical guidance for arts practitioners working in the field of life story theatre.

The book is co-authored by Re-Live's co-founders, Karin Diamond (Artistic Director) and Alison O'Connor, along with Clark Baim, a leading expert in therapeutic and applied arts.

Scheduled for publication in February 2025, the book will be distributed internationally, contributing to the global discourse on the transformative power of arts in health and wellbeing practice.

Thanks to the the Calouste Gulbenkian Award, Karin and Alison were able to dedicate 40 days to writing the book, completing the first draft on 1st March 2024. This support provided them with the essential time and space to focus on developing this important resource, and we are deeply grateful for the opportunity it has created.

### **Thank you**

We want to take this opportunity to thank all Re-Live practitioners for their continued excellence in the field of Arts in Health and wellbeing and to our grant funders and individual donors, for whom none of this work would be possible - The Arts Council of Wales, The Armed Forces Covenant Fund Trust, The Veterans Foundation, Global Brain Health Institute and The Atlantic Fellows Institute.

## Re-Live

### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the incoming resources and application of resources, including the income and expenditure, of the charity for that period and for safeguarding its assets. In preparing those financial statements the trustees are required to: -

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charity SORP.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statement comply with the Charities Act 2011, the applicable Charities (Accounts and Report) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on **16 January 2025** and signed on its behalf by:



.....  
**Sarah Belson, Trustee**



## Independent Examiner's Report to the Trustees of Re-Live

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024.

### **Respective responsibilities of trustees and examiner**

As the charity's trustees of Re-Live you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Re-Live's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Re-Live as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Michael J Sullivan*

.....

Michael J Sullivan FFA FTA FIPA  
Financial Accountants  
24 Kingsway West  
Penwortham  
Preston  
PR1 0JA

13 January 2025

## Statement of Trustees' Responsibilities

### FINANCIAL REVIEW

**Reserves Policy** - The trustees have reviewed the reserves of the charity. In line with best practice, we are endeavouring to build and maintain the reserves of the charity to enable the work of the charity to continue for 3 months should funding unexpectedly cease.

### Principal Funding Sources

The charity's main source of income is through grants from the Arts Council of Wales and other charitable funds such as the Armed Forces Covenant Fund Trust. The charity also generates income through ticket sales for in-person and online productions and the provision of arts-based training which seeks to prevent and/or relieve social exclusion.

### Plans for future periods

While Re-Live is currently project funded, we ensure that if activity does not achieve initial funding aims the project is scaled down to fit the budget but always without compromising the quality and integrity of the work. The charity is committed to achieving sustainability and recognises that in these challenging times we need to be resourceful, enterprising and resilient whilst keeping the charity's objectives at the heart of all we do. Re-Live aims to develop its reach (online and in person) and expand its team of associate practitioners over the coming year.

### Trustees' Meetings

The ongoing financial situation is discussed at every quarterly Trustees meeting, with conversations taking place between meetings in response to any unexpected changes occurring. The Trustees are committed to ensuring prudent finances which underpins the delivery of all the work.

The above report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities.

The annual report was approved by the trustees on **16 January 2025** and signed on its behalf by:



.....  
**Sarah Belson, Trustee**

**RE-LIVE**  
**CHARITY NUMBER**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
*(Registered charity number 1162546)*

**Section G**

**Statement of Financial Activities**

<i>Notes</i>		Unrestricted	Restricted	Total Funds 31 Mar 2024	Total Funds 31 Mar 2023
		£	£	£	£
<b>Incoming and Endowments</b>					
Charitable Activities	<b>5/7</b>	100,000	36,000	136,000	151,544
General Trading Activities		<u>9,375</u>	<u>          </u>	<u>9,375</u>	<u>23,203</u>
<b><u>Total Income</u></b>		<u>109,375</u>	<u>36,000</u>	<u>145,375</u>	<u>174,747</u>
<b>Resources Expended on :</b>					
Charitable Activities	<b>5</b>		130,939	130,939	130,331
General Trading Activities	<b>6</b>	<u>29,770</u>	<u>          </u>	<u>29,770</u>	<u>21,374</u>
<b>Total Resources Expended</b>		<u>29,770</u>	<u>130,939</u>	<u>160,709</u>	<u>151,705</u>
<b>Net Incoming Resources</b>		79,605		35,954	24,063
<b>Transfers</b>		-43,651	+43,651		
Net Outgoing Expenditure			-94,939	-51,188	-1,021
<b>Total Funds Brought Forward</b>		<u>6,114</u>	<u>53,704</u>	<u>59,818</u>	<u>36,776</u>
<b>Balances carried forward at 31 March 2024</b>		<u><b>42,068</b></u>	<u><b>2,416</b></u>	<u><b>44,484</b></u>	<u><b>59,818</b></u>

**RE-LIVE  
CHARITY NUMBER  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024  
(Registered charity number 1162546)**

Section H		Balance sheet		
		Notes	2024 £	2023 £
<b>Fixed Assets</b>				
Tangible Fixed Assets			<u>1,627</u>	<u>2,456</u>
<b>Current Assets</b>				
Debtors ; grants receivable				30,000
Cash at Bank and in Hand				<u>44,397</u>
<u>29,012</u>				
<b>Creditors falling due within 1 year</b>	6		44,397 <u>1,550</u>	59,012 <u>1,650</u>
<b>Net Current Assets</b>			<u>42,847</u>	<u>57,362</u>
<b>Total Assets less Current Liabilities</b>			<u>44,474</u>	<u>30,818</u>
<i>Funds of the Charity</i>				
Restricted Funds			2,416	53,704
Unrestricted Funds			42,068	6,114
<b>Total Funds</b>			<u>44,484</u>	<u>59,818</u>

**Declaration**

The financial statements were approved by the trustees, and authorised for issue on **16 January 2025**, and signed on their behalf by:



..... **Sarah Belson, Trustee**

## RE-LIVE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

#### 1 Accounting policies

##### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) w (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### Basis of preparation

Re-live meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### Taxation

The charity is a registered charity and is therefore exempt from taxation.

##### Tangible fixed assets

Individual fixed assets costing £100.00 or more are initially recorded at cost, less depreciation based on 20% pa.

##### Fund structure

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes the use of which is restricted to that area or purpose.

**RE-LIVE**  
(Registered charity number 1162546)

**Notes to the Financial Statements**  
**for the Period Ended 31 March 2024**

**1 Basis of accounting**

These accounts have been prepared on the basis of historic cost in accordance with Accounting Standards, Accounting and Reporting by Charities – Statement of Recommended practice (Sorp 2015 FRSSEE) and the Charities Act 2011.

There has been no change to the accounting policies since last year.

**2 Independent Examiners Fees £650**

**3** There were no employees.

**4 Tangible fixed assets**

£

.	Cost to 31.3.24	<b><u>6,122</u></b>	
	Depreciation to 31.3.23		4,485
	Charge this year		<u>819</u>
	Depreciation to 31.3.24		<b><u>5,304</u></b>

**5 Charitable Activities - Restricted**

	<b>Balance 31.3.23</b>	<b>Income</b>	<b>Transfers</b>	<b>Expenditure</b>	<b>Balance 31.3.24</b>
Coming Home	2,587	36,000	+9,000	47,573	14
Spark	10,100		-10,100		0
Elders	936		+27,390	27,390	936
Creative Minds	40,081		+12,000	50,615	1,466
Memoria	0		+5,361	5,361	0
<b>Total</b>	<b>£53,704</b>	<b>£36,000</b>	<b>+£43,651</b>	<b>£130,939</b>	<b>£2,416</b>

**6 Unrestricted General Trading Activities Expenditure**

Stationery & Software	608
Refreshment/Subsistence	545
Travelling	2,817
Motor Expenses	2,686
Practitioner Fees	8,809
Web Site	254
Research	116
Depreciation of Fixed Assets	819
Volunteers	195
Bank Charges	15
Cash Sundries	380
Prof Devel. and Theraputic Consultancy	1,076
Administrator	10,800
Independant Scrutineer	<u>650</u>
	<b><u>£29,770</u></b>

**7 Unrestricted Grant – Charitable Activities**

Calouste Gulbenkian Foundation	<b><u>£100,000</u></b>
--------------------------------	------------------------