



Charity registration number: 1162546

Annual Report and Financial Statements

For the Year Ended 31 March 2022

Re-Live

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Re-Live

Reference and Administrative Details

Charity Name: Re-Live

Charity Registration: 1162546

Number Principal Address: Chapter, Market Road, Cardiff CF5 1QE

Board of Trustees:

Nick Andrews

Sarah Belson

Valerie Hill

Mark Jones (Chair)

Ruba Sivagnanam

Independent Examiner:

Michael J Sullivan FFA FFTA FIPA Financial Accountants

24 Kingsway West

Penwortham

Preston

Lancashire

PR1 0JA

Re-Live

Trustees' Report

The trustees are pleased to present their report along with the financial statements for the charity for the year ended 31 March 2022, and confirm they comply with the Charities Act 2011 and the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document:

Re-Live is constituted as a Charitable Incorporated Organisation registered with The Charity Commission on 6 July 2015. Its governing document is its constitution.

Organisational Structure:

The charity trustees are responsible for managing the affairs of the charity. The trustees give their time freely and do not receive any remuneration or financial benefit. The trustees meet on a quarterly basis. The day to day running of Re-Live is managed by Karin Diamond (Re-Live Artistic Director) with support of the Trustees. Quarterly reports are shared with the Trustees.

Recruitment and Appointment of Trustees:

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Potential trustees are invited to attend trustees' meetings as observers and given more information about the charity's aims and activities and, if all agree, they are then proposed as new trustees at the subsequent meeting.

OBJECTIVES AND ACTIVITIES

Re-Live's Charitable Objectives

1. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of arts activities.
2. To advance the education of the public in arts, in particular but not exclusively in the art of theatre.

Re-Live

Trustees' Report

For the purpose of the above 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship, youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment, relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards); crime (either as a victim of crime or as an offender rehabilitating into society).

In shaping our objectives and planning our activities for the year, the trustees have considered The Charity Commission's guidance on public benefit and have endeavoured to keep the activities we provide as low cost as possible, and free of charge for all participatory projects. This policy reflects our central charitable objective; to prevent and relieve social exclusion through the provision of arts activities.

RE-LIVE MISSION

Re-Live create spaces (in-person and online) for people to explore and express their Life Stories through the arts. We co-create Life Story Theatre and arts projects in traditional arts venues like theatres, but also community centres, care homes, and online.

We work alongside hidden and under-represented communities in Wales, including older people, people affected by dementia, veterans and their families, and people at the end of life.

Our Life Story work can have a positive impact on health and wellbeing - reducing isolation and loneliness, building confidence, social connections, and new peer support networks.

Our creative process takes people on a transformative journey that ripples out into the community and influences the direction of policy and practice in Wales.

Our performances and projects can demystify and destigmatise subjects such as dementia, veterans' mental health, and death and dying, building compassion and insight, societal change and reminding us of our shared humanity.

Over the next five years, Re-Live will continue to create challenging and pioneering work at the intersection between arts, health and wellbeing; supporting the voices of underrepresented people in our society to tell their story, embracing new arts forms and technologies, deepening collaborations and enabling audiences (local and international) to witness the ordinary and extraordinary lived experiences of the people of Wales.

Re-Live

Trustees' Report

RE-LIVE MISSION (cont)

There is a strong public demand for our work, with performances at our regular base, Chapter Arts Centre, and online to international audiences. Audience feedback continues to be exciting and encouraging, as does the range of audience members. We regularly have an audience with an age range of 10 - 85. Our strong partnerships with health and social care organisations enable us to bring in new audience members who may not in the past have seen theatre as being for them.

STRATEGIES

During the year ended 31 March 2022 we have met our objectives through the following activities:

- the delivery of a programme of online and in-person Life Story theatre, Life Story group work, choirs and comics work, targeting those at risk of social exclusion including people affected by dementia, military veterans and families living with post-traumatic stress, isolated older people and people affected by addiction and poor mental health.
- the production and programming of professional theatre work of the highest quality which reflects the lived experiences of older people living in Wales.
- working with a range of partner organisations across the health and social care sector to ensure that we are reaching the people who are at risk of social exclusion and creating real opportunities for engaging with the arts.
- the delivery of high-quality training across the arts, health and social care sector raising awareness of the needs of people at risk of social exclusion, in particular, those affected by mental health challenges and dementia.

ACHIEVEMENTS AND PERFORMANCES – YEAR ENDING MARCH 2022

COMING HOME TO THE ARTS PROGRAMME FOR VETERANS, VETERAN FAMILIES AND COMMUNITY MEMBERS

Re-Live deliver a range of creative arts engagement projects within the military veteran community in Wales, under the banner of 'Coming Home to the Arts'. The project aims to reconnect veterans and families with their local communities through arts engagement. This project is demonstrating how the arts can support mental health and wellbeing, reduce isolation and loneliness, build confidence and expression, and positively impact the way veterans see and engage with the arts.

Re-Live

Trustees' Report

In April 2021, we secured an Armed Forces Covenant grant (£35,000) to support a new choir for veterans and families in West Wales. This is in addition to the choir at the VC Hub in Shotton, North Wales and the choir at Chapter Arts Centre in Cardiff, South Wales.

Coming Home Choir West Wales was initially established at Woody's Lodge, Penlan Farm, and then relocated to the VC Gallery, Haverfordwest to ensure more people could access the choir sessions.

We are grateful to Steve Owen at Woody's Lodge and Barry John, Founder of the VC Gallery and his team who helped us connect to local veterans and community members and provided additional social support to veterans where needed.

FORCES FESTIVAL WALES: JUNE 2022

Our three veteran choirs in North, South and West Wales are working towards a public performance in June 2022. Re-Live will produce the inaugural **Forces Festival Wales** – a pan-Wales celebration of veteran arts and creativity. The festival will take place in Llandrindod Wells with an audience of friends, family, veteran support services and veteran charities from across Wales.

We would like to thank Adferiad Cymru for providing additional support for the upcoming festival.

Re-Live delivered 92 choir sessions from April 2021 – March 2022 in North, South and West Wales, supported by 6 Re-Live practitioners and 1 Veteran Coordinator.

COMING HOME COMIC

Coming Home is a new anthology comic sharing true stories of UK military veterans' mental health. The stories have been devised working online with a group of veterans living with complex mental health issues, such as PTSD, Moral Injury, Military Sexual Trauma (MST) and depression.

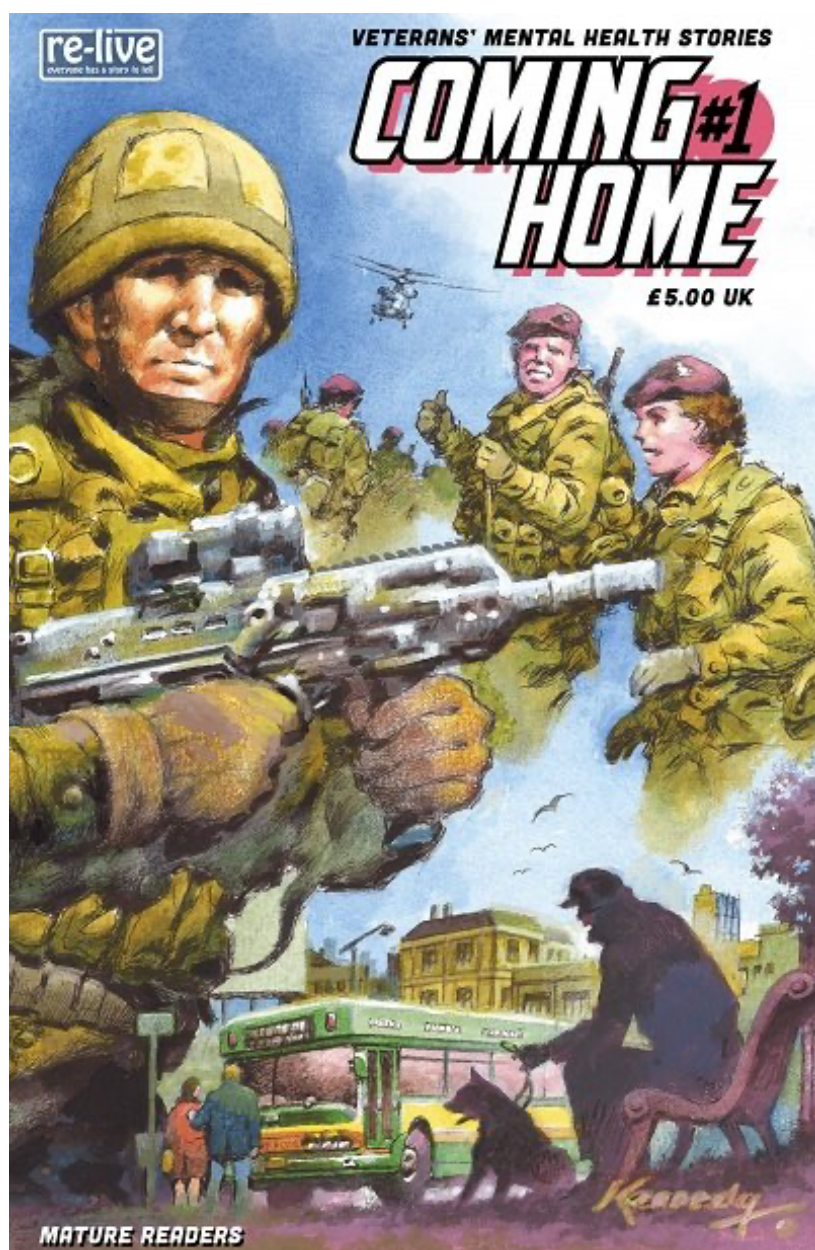
The process of adapting often traumatic stories into comics has been a therapeutic process for our veterans group over the last year. The work invited each veteran to develop their own narrative, and work with a professional cartoonist to realise it as a finished story.

We are delighted that the comic has been selected for The Lakes International Comic Art Festival (Bowness-On-Windermere, 15th/16th October 2022) and Thought Bubble Comic Art Festival (Harrogate, 12th/13th November 2022) which will help raise awareness of the work and challenge perceptions of the Armed Forces within the wider civilian population in Wales, the UK and internationally.

Re-Live

Trustees' Report

The comic will be printed, published and available in comic shops in November 2022.



COMPANY OF ELDERS/CWMNI HYNAFGWYR

At Re-Live, we have been committed to creative engagement with older people since we opened our doors in 2006. We believe that discovering and developing a creative practice as we age has an enormous impact on participants' health and wellbeing.

Re-Live

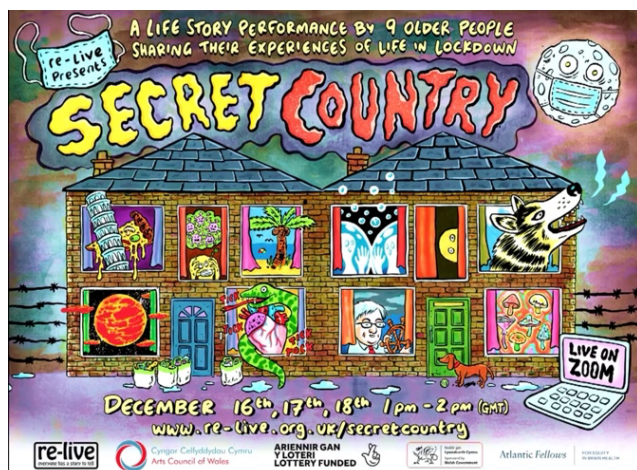
Trustees' Report

We offer challenging, fun and dynamic projects and opportunities where older people can explore and express their lived experiences, forge friendships and social connections and where their contributions are visible and valued.

With support from Welsh Government and the Arts Council of Wales, Re-Live has established a Company of Elders, a group of creative older people, based across Wales, who meet on Zoom and devise Life Story performances.

The shows are broadcast live online to national and international audiences, health and social care professionals, and policymakers.

The Company of Elders were profiled by The Guardian in 2020 for their first production, Secret Country. The show was the group's creative response to the pandemic and its impact on the lives of older people in Wales.



This year, we devised a Life Story performance about the aging body called **Sensations**. The show was performed live on Zoom from 15-17 July 2021.



Re-Live

Trustees' Report

SENSATIONS (CONT) Audience members tuned in from England, Scotland, Ireland, Lithuania, France, Germany Switzerland, Ethiopia, USA (including Minnesota, Fresno & San Francisco), and right across Wales from Kidwelly to Builth Wells to Llandudno.

By performing on Zoom, it allows audiences from around the world to witness inspirational older people share their stories, their imaginations, their humour and their honesty.

You can watch a performance of Sensations here:

<http://www.re-live.org.uk/sensations>

CONSTELLATIONS/CYTSEAU

We are delighted to have been awarded a strategic grant from The Arts Council of Wales and Welsh Government (£30,000) to co-create a new Life Story performance with our Company of Elders, exploring loneliness and isolation in a hyper-connected world.

Constellations/Cytserau will premiere in June 2022.



3 Re-Live Practitioners delivered 35 sessions in Life Story work, drama, singing, and dance with 10 participants from April 2021 – March 2022.

Re-Live Trustees' Report

MEMORIA GROUP

Re-Live continue our Arts in Health work with people living with dementia and family members online and in-person.

Our work continues to be responsive to the needs of the group.

This year we have developed new exercises connecting imagination and movement to music and song. The combination of elements gives the group an accessible and powerful route to self-expression, agency and connection.

A response from a family care giver to an in-person session:

"I just wanted to thank you for the truly wonderful session you organised today at Chapter. You can see for yourselves how important these sessions are for my husband. I could see his real character coming to the fore again. For those moments I felt that he had almost come back again. There is no medication appropriate for my husband's dementia and I'm quite convinced that these sessions you all provide at Memoria play a huge role in keeping his dementia at bay"

Response from a family member to the Memoria group online via Zoom:

"My mum is thoroughly enjoying the Memoria group. Lost in the moment of it all. I also find it quite relaxing, whilst sitting on the settee in earshot with the dog"

A response from a woman living with dementia to the online work:

"It brings company into my home. I feel much happier. It's teared me up!"

A response from a man living with advanced dementia to the online session:

"It's really great. It's there. Let's have something good and this is it. It's there and very nice and very...a beautiful place to push on."

3 Re-Live Practitioners delivered 24 online sessions to a group of 12 people living with dementia and family members between April 2021 – March 2022.

SPARK (Social, Participatory, Arts, Research and Knowledge) Project

SPARK is an online Arts in Health and wellbeing project for people over 55 who are isolated due to emotional or physical reasons or both. It invites groups of up to 8 people to engage in creative Life Story work for 10 sessions over Zoom.

Re-Live

Trustees' Report

SPARK (CONT)

Re-Live were awarded £43,625 from Nesta, Y Lab and The Arts Council of Wales to support this research project.

Although SPARK invites group members to reflect on their lives, it also invites the participants to explore current challenges and imagine future possibilities.

Providing a non-judgmental space, to share difficulties and celebrate strengths encourages participants to see themselves as sources of valuable knowledge. This in turn builds confidence, agency and new wellbeing strategies for life outside of the SPARK group.

With support from The Arts Council of Wales and NESTA, and in partnership with the University of South Wales, we have created a research opportunity for an MRes student, Sarah Way, to conduct a realist review of SPARK. The research will be published in March 2023.

Initial research data suggests SPARK is an effective intervention for older people experiencing social isolation, helping people to form stronger connections to themselves, others, their environment. and in doing so, foster a growing sense of self-acceptance, belonging, agency and optimism about the future.

It may be particularly beneficial to older people who have difficulty leaving the house and engaging in face-to-face community groups.

One participant with learning disabilities, who rarely left the house and was living with chronic depression, felt they had nothing to contribute at the start of the SPARK process. After 10 sessions she had shared her love of Elvis and through the encouragement and support of Re-Live practitioners and group members, she was planning a trip to the Elvis convention in Porthcawl with her support worker.

In our hyper-connected world, we know digital exclusion can have a hugely negative impact, especially for older people. Re-Live welcome and support the Older People's Commissioner for Wales' urgent call to increase digital inclusion and literacy for older people.

4 Re-Live practitioners delivered 30 online sessions between April 2021 – March 2022.

TRAINING

Re-Live delivered 27 training sessions in Experiencing Dementia, Compassionate Communication and Life Story Work to 472 health and social care workers from Caerphilly Council, Powys Council, Blaenau Gwent Council, Mencap Cymru, Shared Lives and Cardiff and Vale UHB.

Re-Live

Trustees' Report

TRAINING (CONT)

Training sessions continue to be well received, with trainees reporting increased awareness, compassion, and competency in dementia care and Life Story Work.

A selection of trainee responses:

"I just wanted to thank you for the training session today. The things we experienced and which you guided us through have stayed with me all day long, it's been so valuable. It was so heartening to meet so many younger people in the group who were already committed. Older people can only gain by having younger people who care and empathise and can unlock experiences. So thank you very much, it was actually the most successful training I've ever done" Sue, Care Worker

"Excellent training, and so personal. Jo and I both agreed that we feel much more informed going forward" Lisa, Care Home Manager

"The session really highlighted some of the positive things I've been doing and areas I can improve on to continue to support those I will work with as a social worker" Kelly, Social Worker

"Brilliant training – so much to put into practice" Evi, Support worker

We are proud to receive feedback from a past trainee:

"You may not remember me, but I was on one of your zoom training sessions in the middle of last year. I've just found your email address in my note book, so I decided to drop you a line to say that the 2 sessions I did with you was a game changer with regards me feeling I could translate what I do naturally in a room with people into a meaningful online experience. I've done quite a few different types of training during this pandemic and yours was by far the most relatable. You made some really insightful comments about me during the session and that flicked a switch in my head and made me feel this online malarky was a possibility for me. This led me to go on and accept online group work, I would have otherwise run away from! Thank you once again" Jude Wood (From sunny North Wales)

GLOBAL BRAIN HEALTH FELLOWSHIP

The Global Brain Health Institute (GBHI) is a leader in the global community dedicated to protecting the world's aging populations from threats to brain health. GBHI works to reduce the scale and impact of dementia in three ways: by training and connecting the next generation of leaders in brain health through the Atlantic Fellows for Equity in Brain Health program; by collaborating in expanding preventions and interventions; by sharing knowledge and engaging in advocacy.

Re-Live

Trustees' Report

GLOBAL BRAIN HEALTH FELLOWSHIP (CONT)

The fellowship brought together a powerful mix of disciplines, professions, backgrounds, skill sets, perspectives, and approaches to develop new brain health solutions, focusing on working compassionately with people in vulnerable populations to improve health inequities and promote dignity for all people.

Artistic Director, Karin Diamond, co-delivered 8 online Life Story Group Sessions for the new cohort of GBHI fellows (2021) alongside her colleague Ieva Petkutė, Arts Researcher from Lithuania.

Diolch/Thank you

We want to take this opportunity to thank all Re-Live practitioners for their continued excellence in the field of Arts in Health and also to our grant funders and individual donors, for whom none of this work would be possible - The Arts Council of Wales, The Armed Forces Covenant Fund Trust, The National Lottery and The Atlantic Fellows Institute.

Re-Live
Trustees' Report

FINANCIAL REVIEW

Reserves Policy - The trustees have reviewed the reserves of the charity. In line with best practice, we are endeavouring to build and maintain the reserves of the charity to enable the work of the charity to continue for 3 months should funding unexpectedly cease.

Principal Funding Sources

The charity's main source of income is through grants from the Arts Council of Wales and other charitable funds such as the Armed Forces Covenant Fund Trust. The charity also generates income through ticket sales for in-person and online productions and the provision of arts-based training which seeks to prevent and/or relieve social exclusion.

Plans for future periods

While Re-Live is currently project funded, we ensure that if activity does not achieve initial funding aims the project is scaled down to fit the budget but always without compromising the quality and integrity of the work. The charity is committed to achieving sustainability and recognises that in these challenging times we need to be resourceful, enterprising and resilient whilst keeping the charity's objectives at the heart of all we do. Re-Live aims to develop its reach (online and in person) and expand its team of associate practitioners over the coming year.

Trustees' Meetings

The ongoing financial situation is discussed at every quarterly Trustees meeting, with conversations taking place between meetings in response to any unexpected changes occurring. The Trustees are committed to ensuring prudent finances which underpins the delivery of all the work.

The above report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities.

The annual report was approved by the trustees on **18 January 2023** and signed on its behalf by:



.....
Sarah Belson, Trustee

Statement of Trustees' Responsibilities

Re-Live

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the incoming resources and application of resources, including the income and expenditure, of the charity for that period and for safeguarding its assets. In preparing those financial statements the trustees are required to: -

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charity SORP.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statement comply with the Charities Act 2011, the applicable Charities (Accounts and Report) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on **18 January 2023** and signed on its behalf by:



.....
Sarah Belson, Trustee

Independent Examiner's Report to the Trustees of Re-Live

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022.

Respective responsibilities of trustees and examiner

As the charity's trustees of Re-Live you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

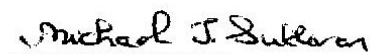
I report in respect of my examination of the Re-Live's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Re-Live as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael J Sullivan FFA FTA FIPA
Financial Accountants
24 Kingsway West
Penwortham
Preston
PR1 0JA

2 December 2022

RE-LIVE
CHARITY NUMBER
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022
(Registered charity number 1162546)

Statement of Financial Activities

<i>Notes</i>	Unrestricted fund	Restricted funds	Total Funds 31 Mar 2022	Total Funds 31 Mar 2021
	£	£	£	£
Incoming and Endowments				
Donations & Legacies	490	0	490	3,670
Charitable Activities 5	0	92,218	92,218	102,184
General Trading Activities	<u>9,504</u>	<u> </u>	<u>9,504</u>	<u>16,139</u>
<u>Total Income</u>	<u>9,994</u>	<u>92,218</u>	<u>102,212</u>	<u>121,993</u>
Resources Expended on :				
Charitable Activities 5	0	119,616	119,616	66,227
General Trading Activities 6	<u>11,647</u>	<u> 0</u>	<u>11,647</u>	<u>13,336</u>
Total Resources Expended	<u>11,647</u>	<u>119,616</u>	<u>131,263</u>	<u>79,563</u>
Net Outgoing Expenditure for the year	1,653	27,398	29,051	
Net Incoming Resources				42,607
Total Funds Brought Forward	<u>8,788</u>	<u>57,039</u>	<u>65,827</u>	<u>23,220</u>
Balances carried forward at 31 March 2022	<u>7,135</u>	<u>29,641</u>	<u>36,776</u>	<u>65,827</u>

RE-LIVE
CHARITY NUMBER
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022
(Registered charity number 1162546)

Balance sheet			
	<i>Notes</i>	2022 £	2021 £
Fixed Assets			
Tangible Fixed Assets		<u>3,275</u>	<u>2,509</u>
Current Assets			
Cash at Bank and in Hand		<u>34,151</u>	<u>63,968</u>
		34,151	63,968
Creditors falling due within 1 year	6	<u>650</u>	<u>650</u>
Net Current Assets		<u>33,501</u>	<u>63,318</u>
Total Assets less Current Liabilities		<u>36,776</u>	<u>65,827</u>
Funds of the Charity			
Restricted Funds		29,641	57,039
Unrestricted Funds		7,135	8,788
		<u> </u>	<u> </u>
Total Funds		<u>36,776</u>	<u>65,827</u>

Declaration

I approve the above accounts and sign on behalf of the Trustees.



.....
Sarah Belson, Trust

RE-LIVE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) w (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Re-live meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is a registered charity and is therefore exempt from taxation.

Tangible fixed assets

Individual fixed assets costing £100.00 or more are initially recorded at cost, less depreciation based on 20% pa.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes the use of which is restricted to that area or purpose.

RE-LIVE
(Registered charity number 1162546)

Notes to the Financial Statements
for the Period Ended 31 March 2022

1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with Accounting Standards, Accounting and Reporting by Charities – Statement of Recommended practice (Sorp 2015 FRSSEE) and the Charities Act 2011.

There has been no change to the accounting policies since last year.

2 Independent Examiners Fees £650

3 There were no employees.

4 Tangible fixed assets

	£
Cost to 31.3.2021	4,537
Additions	<u>1,585</u>
Cost to 31.3.22	<u>6,122</u>
Depreciation to 31.3.21	2,028
Charge this year	<u>819</u>
Depreciation to 31.3.22	<u>2,847</u>

5 Charitable Activities

	Income	Expenditure	Balance at 31.3.22
	£	£	£
Unallocated Balance at 31.3.21			401
Memoria		4,589	0
Coming Home	36,250	63,901	24,232
Spark	26,175	26,075	100
Elders	29,793	24,885	<u>4,908</u>
Total at 31.3.22			<u>29,641</u>

6 Unrestricted General Trading Activities Expenditure

Stationery and software	1,737
Refreshment	126
Motor and Travelling	1,596
Practitioner Fees	5,700
Web Site	381
Training and Research	284
Supervision	50
Depreciation of Fixed Assets	819
Gift Vouchers	171
Props	133
Accountancy	<u>650</u>
	<u>11,647</u>