



Trustees' Annual Report for the period						
		Period start date			Period end date	
From		01	09	2024	To	31 08 2025

02

Section A Reference and administration details

Charity name	CREATE HOPE
Other names charity is known by	
Registered charity number (if any)	1162501
Charity's principal address	The Court House, Broadway
	Bracknell
	Berkshire
Postcode	RG12 1AE

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Mark Sayers			
2 Sarah Walker			
3 Anne Douglas		Resigned 3 rd June 2025	
4 Rachel Tully		Joined 29 th May 2025	
5 Alison Hudell		Joined 24 th July 2025	
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Catherine Hockley

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- Policies and procedures adopted for the induction and training of trustees;
- The charity's organisational structure and any wider network with which the charity works;
- Relationship with any related parties;
- Trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document	The relief of suffering and distress amongst children by the provision of a creative therapeutic service and the provision of training in creative therapeutic play. The relief of need by reason of ill-health, disability, financial or other disadvantage of adults and/or families by providing counselling and support services.
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Play therapy and therapeutic play sessions for children in schools referred due to environmental issues such as domestic abuse, family separation, bereavement, looked after children and drug and alcohol addiction.

Family support offered alongside therapeutic work to children, to support parents emotionally with environmental issues as listed above.

Systemic therapeutic sessions for families. These sessions are for the whole family, or groups within the family targeting specific issues. The aim of these is to help families find restoration and deeper understanding of each other's needs.

Therapeutic groups for children and adults focused around specific themes such as building confidence and self-esteem, managing emotional responses.

Emotional education programs for parents, supporting parent-child relationships, anxiety, self-awareness and attachment based-parenting

Accredited training in Integrative play and creative therapy, CPD for professionals, schools, churches and parent/carers.

Trustee declaration includes working with vulnerable groups and protecting your beneficiaries with safeguards.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We supported 162 number of families through our therapeutic services in Bracknell and x in Wiltshire. Whilst this is a decrease from previous years, we have noticed that we are supporting individuals for longer and so from September have increased our minimum offer of sessions from 12 – 16 to reflect this change in need.

We have increased our delivery of services in Wiltshire since 2023, and saw 26 families, which is an increase of 10 families. We plan to grow this further with new volunteers joining the team from this area.

Our training services have also grown, delivery a level 3 in Jersey which has helped to fund our therapeutic service delivery. We have also developed our diplomas to enable people to train to work with adults as well as children and young people and will be starting our first full diploma in September. Our training is recognised by the British association of counsellors and Psychotherapists, Association of Christian counsellors and accredited by the national council of integrative psychotherapist. We hope this will enable us to reach a more diverse community and use this to equip lives for good and bring funds in for us to deliver our therapeutic services to those most in need.

Section E Financial review

Brief statement of the charity's policy on reserves

Sufficient reserves to enable normal operating activities to continue over a period of 3 months should a shortfall in income occur.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- The charity's principal sources of funds (including any fundraising);
- How expenditure has supported the key objectives of the charity;
- Investment policy and objectives including any ethical investment policy adopted.

We submitted more grant applications (36 during the year) and were awarded 7 small grants to enable us to offer our services directly to families.

We also raised nearly £8k through sponsorship of activities completed by our by our staff, families, friends and supporters.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

S Walker

Full name(s)

SARAH WALKER

Position (eg Secretary, Chair, etc)

Date

18-11-2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

CREATE HOPE

1162501

Receipts and payments accounts

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For the period
from

01/09/2024

To

31/08/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Play Therapy	106,006	5	-	106,011	101,355
NVR Therapy	1,310	-	-	1,310	1,942
Donations received	133	7,150	-	7,283	6,143
Fundraising	294	7,475	-	7,769	423
Grants	-	27,481	-	27,481	50,975
Interest	-	-	-	-	-
Training	38,200	-	-	38,200	14,825
Gift aid	-	-	-	-	-
Subsidised income	(5)	(22,762)	-	(22,767)	14,840
Sub total (Gross income for AR)	145,938	19,349	-	165,287	160,823
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	145,938	19,349	-	165,287	160,823
A3 Payments					
Salaries	117,203	23,553	-	140,756	120,122
Pension contributions	5,061	-	-	5,061	3,663
Counselling consultants	-	-	-	-	-
Clinical supervision costs	645	1,730	-	2,375	900
Resources for sessions	456	333	-	789	971
Room Hire	2,790	7,234	-	10,024	8,261
Traveling costs-mainly mileage	1,220	158	-	1,378	337
Training costs (CPDI)	659	30	-	689	288
Resources for training	290	573	-	863	813
Membership fees	2,838	953	-	3,791	4,240
Professional liability insurance	151	889	-	1,040	1,054
Stationery & office costs	925	576	-	1,501	1,091
Telephone Costs +zoom	1,371	-	-	1,371	1,637
DBS disclosures	10	-	-	10	336
Fundraising costs	27	24	-	51	121
Publicity	243	182	-	425	2,771
Sundry	499	-	-	499	1,608
Bad debts	2,943	(948)	-	1,995	82
Legal & professional	532	24	-	556	1,562
Sub total	137,863	35,311	-	173,174	149,857
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Software	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	137,863	35,311	-	173,174	149,857
Net of receipts/(payments)	8,075	- 15,962	-	7,887	10,966
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	36,871	43,262	-	80,133	69,167
Cash funds this year end	44,946	27,300	-	72,246	80,133

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	44,934	27,300	-
	Petty cash	12	-	-
		-	-	-
	Total cash funds	44,946	27,300	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Debtors	5,728	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Software	unrestricted	8,996	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	PAYE / pension liabilities	unrestricted	2,016	
	Deferred income		13,035	
	Supplier accounts		133	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			SARAH WALKER	18/11/2025