



Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	09	2023		31	08

02

Section A Reference and administration details

Charity name	CREATE HOPE
Other names charity is known by	
Registered charity number (if any)	1162501
Charity's principal address	The Court House, Broadway
	Bracknell
	Berkshire
	Postcode RG12 1AE

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Mark Sayers			
2 Sarah Walker			
3 Anne Douglas			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Catherine Hockley

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- Policies and procedures adopted for the induction and training of trustees;
- The charity's organisational structure and any wider network with which the charity works;
- Relationship with any related parties;
- Trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of suffering and distress amongst children by the provision of a creative therapeutic service and the provision of training in creative therapeutic play.

The relief of need by reason of ill-health, disability, financial or other disadvantage of adults and/or families by providing counselling and support services.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Play therapy and therapeutic play sessions for children in schools referred due to environmental issues such as domestic abuse, family separation, bereavement, looked after children and drug and alcohol addiction.

Family support offered alongside therapeutic work to children, to support parents emotionally with environmental issues as listed above.

Systemic therapeutic sessions for families. These sessions are for the whole family, or groups within the family targeting specific issues. The aim of these is to help families find restoration and deeper understanding of each other's needs.

Therapeutic groups for children and adults focused around specific themes such as building confidence and self-esteem, managing emotional responses.

Emotional education programs for parents, supporting parent-child relationships, anxiety, self-awareness and attachment based-parenting

Accredited training in Integrative play and creative therapy, CPD for professionals, schools, churches and parent/carers.

Trustee declaration includes working with vulnerable groups and protecting your beneficiaries with safeguards.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Last year we supported x number of families through our therapeutic services.

In October 2023 we expanded our services into Wiltshire and started supporting children and families in this area. Supporting a total of 16 families. These services were delivered at a centre where we hire rooms and through one local school.

We also started our first 2-year accredited course in Integrative play and creative therapy. This runs once a week, and is to qualify 5 volunteers, who are also completing their placement hours through the charity which has increased our capacity for delivery of sessions,

We also started a one-year course in integrative play and creative therapy in May for 5 people, with one person completing placement hours through our charity.

2023 also saw some changes in our operations team, with the recruitment of a part time bookkeeper and a part time operations manager. These roles are key to our growth across the charity in order that we can continue to serve more families.

Section E Financial review

Brief statement of the charity's policy on reserves

Sufficient reserves to enable normal operating activities to continue over a period of 3 months should a shortfall in income occur.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- The charity's principal sources of funds (including any fundraising);
- How expenditure has supported the key objectives of the charity;
- Investment policy and objectives including any ethical investment policy adopted.

We have submitted more grant applications and been awarded a number of small grants to enable us to offer our services directly to families.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date



CHARITY COMMISSION
FOR ENGLAND AND WALES

CREATE HOPE

1162501

Receipts and payments accounts

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For the period
from

01/09/2023

To

31/08/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Play Therapy	101,285	70	-	101,355	87,299
NVR Therapy	1,942	-	-	1,942	3,430
Donations received	51	6,092	-	6,143	17,734
Fundraising	-	423	-	423	4,809
Grants	-	50,975	-	50,975	49,500
Interest	-	-	-	-	-
Training	14,825	-	-	14,825	8,445
Gift aid	-	-	-	-	-
Subsidised income	(40)	(14,800)	-	(14,840)	12,876
Sub total (Gross income for AR)	118,063	42,760	-	160,823	158,341
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	118,063	42,760	-	160,823	158,341
A3 Payments					
Salaries	82,181	37,941	-	120,122	119,757
Pension contributions	3,663	-	-	3,663	2,842
Counselling consultants	-	-	-	-	-
Clinical supervision costs	825	75	-	900	960
Resources for sessions	230	741	-	971	1,389
Room Hire	362	7,899	-	8,261	7,125
Travelling costs-mainly mileage	97	240	-	337	333
Training costs (CPDI)	94	194	-	288	947
Resources for training	385	428	-	813	362
Membership fees	3,015	1,225	-	4,240	3,210
Professional liability insurance	179	875	-	1,054	989
Stationery & office costs	301	790	-	1,091	2,541
Telephone Costs +zoom	1,410	227	-	1,637	1,283
DBS disclosures	144	192	-	336	193
Fundraising costs	111	10	-	121	755
Publicity	1,521	1,250	-	2,771	491
Sundry	1,584	24	-	1,608	507
Bad debts	370	(288)	-	82	1,053
Legal & professional	550	1,012	-	1,562	480
Sub total	97,022	52,835	-	149,857	145,217
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Software	-	-	-	-	8,996
Sub total	-	-	-	-	8,996
Total payments	97,022	52,835	-	149,857	154,213
Net of receipts/(payments)	21,041	- 10,075	-	10,966	4,128
A5 Transfers between funds	(17)	17	-	-	-
A6 Cash funds last year end	15,847	53,320	-	69,167	65,039
Cash funds this year end	36,871	43,262	-	80,133	69,167

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	36,791	43,262	-
	Petty cash	80	-	-
		-	-	-
	Total cash funds	36,871	43,262	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

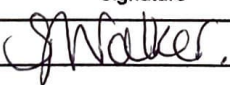
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Debtors	7,719	-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Software	unrestricted	8,996	4,746
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Creditors-ref payroll	unrestricted	# 1,705	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	SARAH WALKER	30/4/25



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
CREATE HOPE

**On accounts for the year
ended**

31st August 2024

**Charity no
(if any)**

1162501

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

TJ Kingcott

Date:

24/2/25

Name:

TIMOTHY KINGCOTT

**Relevant professional
qualification(s) or body
(if any):**

ACMA ATT

Address: 19 Brockenhurst Road, Martins Heron, Bracknell,
Berkshire, RG12 9FJ

Section B

Disclosure

Nothing to disclose

Give here brief details of
any items that the
examiner wishes to
disclose.