



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	09	2022		31	08	2023

02

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mark Sayers			
2	Sarah Walker			
3	Jo Dawson			
4	Sarah Walker		22/11/2022 started as a Trustee	
5	Anne Douglas			
6	Sue Stevenson			
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Catherine Hockley

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- Policies and procedures adopted for the induction and training of trustees;
- The charity's organisational structure and any wider network with which the charity works;
- Relationship with any related parties;
- Trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of suffering and distress amongst children by the provision of a creative therapeutic service and the provision of training in creative therapeutic play.

The relief of need by reason of ill-health, disability, financial or other disadvantage of adults and/or families by providing counselling and support services.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Play therapy and therapeutic play sessions for children in schools referred due to environmental issues such as domestic abuse, family separation, bereavement, looked after children and drug and alcohol addiction.

Systemic therapeutic sessions for families. These sessions are for the whole family, or groups within the family targeting specific issues. The aim of these is to help families find restoration and deeper understanding of each other's needs.

Therapeutic groups for adults focused around specific themes such as building confidence and self-esteem, managing emotional responses.

Emotional education programmes for parents, supporting parent-child relationships, anxiety, self-awareness and attachment based-parenting

Training for Integrative play and creative therapy psychotherapists – accredited through National Council of Integrative Psychotherapists. Training for schools, parents, churches and professionals in working therapeutically with families and children.

Trustee declaration includes working with vulnerable groups and protecting your beneficiaries with safeguards.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Over the past year we focused on investing in our staff and volunteers offering them opportunity to complete their diploma level 5 in integrative play and creative therapy.

We also focused on the accreditation of all our training through 'Project Jabez' equipping lives for good. We now have a diploma 5 and 6 accredited through the National Council of Integrative psychotherapy, 4 CPD courses for counsellors accredited and other CPD workshops for Churches, Parents and schools accredited through CPDT standards UK. We delivered some training in schools and also focused on offering workshops on anxiety and self-harm to parents.

St the end of last financial Year the Bracknell Town Major chose us as his charity, and has continued to support us for most of this financial year. Running several fundraising events including a walk, and a meal and music evening. This helped us to raise much needed funds for our bursary fund to support children and young people through therapeutic services.

Over the past year we have consistently been in some primary schools in Bracknell Forest, with schools continuing to buy our services in for the academic year. We have also seen new schools join our services and an increase in referrals direct from families who attend services at our centre in Bracknell Town. In all we reach just under 150 families through all our services.

We have continued to make lots of grant applications and although this has felt harder this year with more applications made for fewer reward. This has supported our income and helped us continue to grow.

Our staff team include a part time administrator, Part time finance manager, Part time development worker, Full time CEP, and three Play and creative therapists term time only (1 full time and 2 part time). We also have two volunteer therapists, 5 trustees and a volunteer web and IT support.

We will be recruiting new volunteers on our next training course in September 2023.

Section E

Financial review

Brief statement of the charity's policy on reserves

Sufficient reserves to enable normal operating activities to continue over a period of 3 months should a shortfall in income occur.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- The charity's principal sources of funds (including any fundraising);
- How expenditure has supported the key objectives of the charity;
- Investment policy and objectives including any ethical investment policy adopted.

We have submitted more grant applications and been awarded a number of small grants to enable us to offer our services directly to families.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date



Receipts and payments accounts

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For the period from	01/09/2022	To	31/08/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Play Therapy	85,384	1,915	-	87,299	70,543
NVR Therapy	3,430			3,430	150
Donations received	12,838	4,896	-	17,734	4,282
Fundraising	166	4,643	-	4,809	326
Grants	-	49,500	-	49,500	62,700
Interest	-	-	-	-	-
Training	8,445	-	-	8,445	-
Gift aid	-	-	-	-	466
Subsidised income	67	(12,943)	-	(12,876)	10,224
Sub total (Gross income for AR)	110,330	48,011	-	158,341	128,243
A2 Asset and investment sales, (see table).					
			-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	110,330	48,011	-	158,341	128,243
A3 Payments					
Salaries	83,338	36,419	-	119,757	98,275
Pension contributions	2,842	-	-	2,842	2,795
Counselling consultants	-	-	-	-	-
Clinical supervision costs	575	385	-	960	2,168
Resources for sessions	625	764	-	1,389	347
Room Hire	3,125	4,000	-	7,125	5,000
Travelling costs-mainly mileage	333	-	-	333	838
Training costs (external)	(267)	1,214	-	947	5,771
Resources for training	12	350	-	362	215
Membership fees	2,861	349	-	3,210	2,063
Professional liability insurance	789	200	-	989	723
Stationery & office costs	2,186	355	-	2,541	916
Telephone Costs +zoom	1,181	102	-	1,283	1,023
DBS disclosures	87	106	-	193	60
Fundraising costs	755	-	-	755	-
Publicity	371	120	-	491	403
Sundry	505	2	-	507	816
Bad debts	1,507	(454)	-	1,053	-
Accounts examination fees	480	-	-	480	488
Sub total	101,305	43,912	-	145,217	121,901
A4 Asset and investment purchases, (see table)					
		-	-	-	-
Software	8,996	-	-	8,996	-
Sub total	8,996	-	-	8,996	-
Total payments	110,301	43,912	-	154,213	121,901
Net of receipts/(payments)	29	4,099	-	4,128	6,342
A5 Transfers between funds	(12,620)	12,620	-	-	-
A6 Cash funds last year end	28,438	36,601	-	65,039	58,697
Cash funds this year end	15,847	53,320	-	69,167	65,039

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	15,664	53,320	-
	Petty cash	183	-	-
		-	-	-
	Total cash funds	15,847	53,320	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Debtors	7,719	-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Software	unrestricted	8,996	4,746
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
	Creditors-ref payroll	unrestricted	# 1,705	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
CREATE HOPE

**On accounts for the year
ended**

31st August 2023

**Charity no
(if any)**

1162501

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

Name:

TIMOTHY KINGCOTT

**Relevant professional
qualification(s) or body
(if any):**

ACMA ATT

Address:	19 Brockenhurst Road, Martins Heron, Bracknell,
	Berkshire, RG12 9FJ

Section B

Disclosure

Nothing to disclose

Give here brief details of any items that the examiner wishes to disclose.