

LOWESTOFT THURSDAY CLUB

England & Wales · Charity number 1162491

Details

Status Registered

Legal form CIO

Registered 2015-07-01

Register [View on the Charity Commission register](#)

Contact

Address 109 Sussex Road
Lowestoft
NR32 4HG

Phone 07702570750

Email lowestoftthursdayclub@gmail.com

Website E-voice.org.uk/thursdayclub

Activities

Objects: THE OBJECT OF THE CIO IS FOR THE PUBLIC BENEFIT TO ASSIST AND SUPPORT ADULTS WITH LEARNING DIFFICULTIES IN EAST ANGLIA BY SUPPLYING AN ENVIRONMENT FOR THEIR DEVELOPING NEEDS WHICH PROVIDES AND PROMOTES THEIR HEALTH AND WELLBEING THROUGH ACTIVITIES PROVIDED AND ORGANISED BY THE CIO

Activities: Activities include crafts and entertainment

Classification

- **How:** Provides Buildings/facilities/open Space, Other Charitable Activities
- **What:** General Charitable Purposes, Disability
- **Who:** People With Disabilities

Geography

- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£6,885	£9,091	-	-
2024-03-31	£7,985	£9,191	-	-
2023-03-31	£8,454	£7,754	-	-
2022-03-31	£3,645	£4,171	-	-
2021-03-31	£1,759	£630	-	-

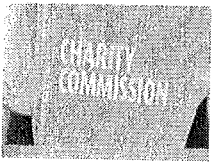
Trustees

Name	Role	Appointed
JOSEPH HARRISON	Chair	2015-07-01
JILL ROSEMARY APPLETON		2015-07-01
MARY ELIZABETH EDWARDS		2015-07-01
ROSEMARIE SARAH PAGE		2015-07-01
SOPHIE COOPER		2015-07-01

LOWESTOFT THURSDAY CLUB

England & Wales - Charity number 1162491

Accounts



Trustees' Annual Report for the period

Period start date		Period end date	
From	01 April 2024	To	31 March 2025

Section A Reference and administration details

Charity name:

Other names charity is known by:

Registered charity number (if any):

Charity's principal address:

109 Sussex Road	
Lowestoft	
Suffolk	
Postcode	NR32 4HG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joseph Luke Harrison	Chairman		
2	Jill Rosemary White	Secretary		
3	Mary Elizabeth Edwards	Treasurer		
4	Sophie Kelly Cooper			
5	Rosemarie Sarah Page			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by any members of the Charity or the Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We have several policies in place to protect the members of the Charity. These include a safeguarding policy, equal opportunities policy and DBS checks. We have this year introduced a complaints policy. We also undertake risk assessments on outings in order to highlight the risks and to make sure we keep all members in the safest environment possible.

We have introduced an anti-bully policy, a non-discrimination policy and have started selling merchandise in order to raise some more funds for the charity.

We are looking at starting gift aid this year and have regular meetings to discuss spending and ways in which to promote the club in the future with trustees risk assessing every new activity

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the Charity is for the public benefit to assist and support adults with learning disabilities in East Anglia by supplying an environment for their developing needs which provides and promotes their health and wellbeing through activities provided and organised by the Charity

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The activities that the club provides varies every week. These do include live performers, trips to the local transport museum, craft and raffle nights, karaoke and discos. We as Trustees have regard to the guidance issued by the Charity Commission on public benefit. All activities provided by the Charity are enjoyed by all members with varying disabilities, promoting their wellbeing and providing them with a safe enjoyable environment to develop all their needs.

Additional details of objectives and activities (Optional information)

We have since becoming a charity tried to spread greater awareness of the charity and within the community by allowing friends and families to come to special nights that are put on for the members. An example of this would be our Big Band Night whereby tickets were sold to friends and family in order to not only help raise money, but also to allow them to spread the word about the charity.

An objective within the charity this year has been to promote the charity more and gain new members and therefore we have spent funds on raising awareness of the charity to bring in more funding to enable more activities to take place. All our volunteers are DBS checked and sign volunteer declarations.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The main achievement this year was our Thursday Club has talent night as well as introducing a Summer and Winter Ball. This allows the members to dress up, showcase their skills and win medals and trophies.

We have attracted more members this year and have had more enquires from both volunteers and members who would like to join the charity and we hope to continue to grow the charity with the help of our Facebook page and website.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy on reserves has just been reviewed and we look at the two main aspects of the charity (hall hire and entertainment). This has remained the same for the last 3 years as there has been no increase in the monies needed for the basic running of the club. The reserves we set aside provide financial stability and the means for the development of our principle activity. We intend to maintain our reserves at a level of £9,000.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal source of funds is fundraising. We are one of the charities on the local Christmas Day Swim which we volunteer at and this has allowed us to spend the funds on new crafts for the members, host a fish and chip night which develops the needs of the members and means that we can provide entertainment to promote all members health and wellbeing.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

SOPHIE COOPER

Position (eg Secretary, Chair, etc)

TRUSTEE

Date

12/1/26

Income and Expenditure 2024/2025

	April	May	June	July	August	September	October	November	December	January	February	March	YTD
Income													
Membership Fees	£111.10	£186.00	£224.50	£185.50		£277.70	£297.10	£264.50	£200.50	£303.15	£354.50	£270.50	£2,675.05
Charitable Donations		£20.00	£10.00				£600.00		£200.00	£503.00		£865.00	£2,198.00
Fundraising Events			£166.35								£192.93		£359.28
Special Events Fee		£35.00								£150.00	£55.00	£20.00	£260.00
Refreshments	£29.20	£41.85	£59.30	£28.40		£71.35	£87.00	£70.30	£20.50	£62.17	£57.30	£49.08	£576.45
Tuck Shop Monies	£29.23	£31.13	£15.95	£15.66		£48.24	£27.33	£25.99	£4.91	£38.05	£20.89	£13.17	£270.55
Bank Interest	£30.79	£31.63	£29.80	£29.71	£29.86	£28.60	£28.12	£26.61	£28.08	£27.84		£25.65	£316.69
Merchandise			£60.60	£60.50		£36.50	£9.50	£16.00	£2.00	£6.50	£28.00	£9.00	£228.60
Grants													£0.00
Other													£0.00
Total Income	£200.32	£345.61	£566.50	£319.77	£29.86	£462.39	£1,049.05	£403.40	£455.99	£1,090.71	£708.62	£1,252.40	£6,884.62
Expenditure													
Hall Hire	£126.00	£84.00	£126.00	£168.00	£126.00		£168.00	£168.00	£168.00	£84.00	£252.00		£1,470.00
Advertisement and Promotion			£720.60				£120.00					£192.00	£1,032.60
Insurance	£316.94					£143.40						£358.04	£818.38
Entertainment/Craft Nights	£150.00	£140.00	£370.00	£250.00		£570.00	£250.00	£550.00	£150.00	£430.00	£150.00	£500.00	£3,510.00
Trophies/Presents	£1.75	£305.01	£118.39	£21.99		£327.18			£95.95	£10.50	£15.00		£895.77
Compliance Costs				£20.00									£20.00
Party Expenses		£35.96	£26.97	£320.73		£80.66			£177.50	£49.65	£56.88		£748.35
Bank Charges	£5.00	£5.00	£5.00	£5.00	£5.00	£5.40	£5.00	£5.00	£5.00	£5.80	£5.00	£5.00	£61.20
Food and Drink	£13.87	£43.40	£86.16	£20.49		£37.42	£41.37	£58.48	£2.90	£28.68	£38.84	£34.88	£406.49
Miscellaneous Costs				£22.72		£9.00				£28.50	£7.98		£68.20
Total Expenditure	£613.56	£613.37	£1,453.12	£828.93	£131.00	£1,173.06	£584.37	£781.48	£599.35	£637.13	£525.70	£1,089.92	£9,030.99
Profit/(Loss)	(£413.24)	(£267.76)	(£886.62)	(£509.16)	(£101.14)	(£710.67)	(£464.68)	(£378.08)	(£143.36)	(£453.58)	(£182.92)	(£162.48)	(£2,146.37)

LOWESTOFT THURSDAY CLUB

England & Wales - Charity number 1162491

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Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2023		31	March	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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Name	Dates acted if not for whole year
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Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

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Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We have several policies in place of which all we review to protect the members of the Charity. These include a safeguarding policy, equal opportunities policy, DBS checks and a complaints policy. We undertake risk assessments on outings in order to highlight the risks and to make sure we keep all members in the safest environment possible. The majority of our volunteers have now undertaken first aid training in order to make sure again our members are in the safest environment and we are prepared if there should be a first aid incident. As our name gets out there more due to increase in the marketing we are getting more interest with volunteers thus creating more awareness of the group and hopefully in the future this will provide further donations

We have expanded our marketing of the club this year and hope to continue this with us welcoming new members and volunteers. We now have our own merchandise which has been very popular. We have not held many trips away from the hall we meet at this year due to the rise in members and we have been able to put on lots of different acts at the hall and therefore no risk assessment or new procedures have been put in place.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the Charity is for the public benefit to assist and support adults with learning disabilities in East Anglia by supplying an environment for their developing needs which provides and promotes their health and wellbeing through activities provided and organised by the Charity

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The activities that the club provides varies every week. These do include live performers, craft and raffle nights, bingo and discos. We as Trustees have regard to the guidance issued by the Charity Commission on public benefit. All activities provided by the Charity are enjoyed by all members with varying disabilities, promoting their wellbeing and providing them with a safe enjoyable environment to develop all their needs.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We have since becoming a Charity tried to spread greater awareness of the Charity and within the community by allowing friends and families to come to special nights that are put on for the members. In addition we have also attended specific charity evenings in the local community to get the Charity's name out there. We have also have t-shirts and other clothing made with the Charity's name and logo and also pens and badges. These are worn by all volunteers whenever we are at any events.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The main achievement this year was our Summer Ball and Christmas Party, all members participated and had a great evening. We have also started an annual talent night in memory of one of our late volunteers where prizes are won and trophies/medals.

We have attracted more members this year and have had more enquires from both volunteers and members who would like to join the charity and we hope to continue to grow the charity with the help of our Facebook page and website.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy on reserves has just been reviewed and the two main aspects of the charity is entertainment and the hall hire. The reserves we set aside provide financial stability and the means for the development of our principle activity and would allow us to continue with the club if no donations or other financial support was provided. We intend to maintain our reserves at a level of £9,000.00.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principle source of funds is fundraising. We volunteer at local fetes and this has allowed us to spend the funds on new crafts for the members, host a Summer Ball which develops the needs of the members and means that we can provide entertainment to promote all members health and wellbeing.

Section F

Other optional information

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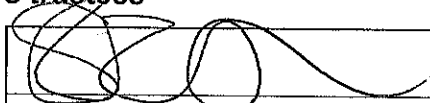
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

SOPHIE COOPER

Position (eg Secretary, Chair, etc)

Trustee

Date

27/1/25

Income and Expenditure 2023/2024

	April	May	June	July	August	September	October	November	December	January	February	March	YTD
Income													
Membership Fees	£165.00	£99.55	£218.30	£123.50		£232.20	£246.30	£262.90	£64.00	£118.00	£299.80	£238.95	£2,068.50
Charitable Donations		£1,000.00	£10.00	£4.70		£65.00	£2.00		£470.50	£367.75			£1,919.95
Fundraising Events		£5.60		£2,275.00		£131.10							£2,411.70
Special Events Fee	£26.00	£137.00					£30.00	£105.00	£18.00	£12.00	£21.00	£8.50	£357.50
Refreshments	£56.31	£20.90	£59.51	£34.20		£59.70	£68.75	£68.88	£15.70	£28.90	£82.40	£56.40	£551.65
Tuck Shop Monies	£14.90	£35.90	£53.59	£15.10		£39.36	£39.62	£19.70		£36.84	£41.65	£15.35	£312.01
Bank Interest	£20.68	£23.15	£23.59	£27.12	£34.03	£34.95	£36.24	£32.41	£33.18	£33.41	£31.35	£33.39	£363.50
Grants													£0.00
Other													£0.00
Total Income	£282.89	£1,322.10	£364.99	£2,479.62	£34.03	£562.31	£422.91	£488.89	£601.38	£596.90	£476.20	£352.59	£7,984.81
Expenditure													
Hall Hire	£10.00							£126.00	£210.00	£84.00	£84.00	£168.00	£682.00
Advertisement and Promotion	£35.00				£113.04		£110.00						£258.04
Insurance													£0.00
Entertainment/Craft Nights	£420.00	£150.00	£439.97	£254.00	£0.00	£353.49	£450.00	£530.00	£200.00	£60.00	£280.00	£1,230.00	£4,367.46
Trophies/Presents	£70.60					£103.93	£410.52	£189.00	£131.57		£48.27	£75.60	£1,029.49
Compliance Costs					£20.00								£20.00
Party Expenses		£281.90	£82.50	£926.31			£548.46		£67.66	£42.48	£26.00	£132.00	£2,107.31
Bank Charges	£5.80	£5.00	£5.00	£5.00	£14.50	£12.60	£5.00	£5.00	£5.00	£6.60	£5.80	£5.00	£80.30
Food and Drink	£20.77	£16.76	£209.54	£26.71		£42.16	£27.85	£52.75	£17.82	£14.94	£30.30	£25.79	£485.39
Miscellaneous Costs		£7.00				£51.66	£14.00	£72.96	£8.00		£7.28		£160.90
Total Expenditure	£562.17	£460.66	£737.01	£1,212.02	£147.54	£563.84	£1,565.83	£975.71	£640.05	£208.02	£481.65	£1,636.39	£9,190.89
Profit/(Loss)	(£279.28)	£861.44	(£372.02)	£1,267.60	(£113.51)	(£1.53)	(£1,142.92)	(£486.82)	(£38.67)	£388.88	(£5.45)	(£1,283.80)	(£1,206.08)

LOWESTOFT THURSDAY CLUB

England & Wales - Charity number 1162491

Accounts

Income and Expenditure 2022/2023

	April	May	June	July	August	September	October	November	December	January	February	March	YTD
<u>Income</u>													
Membership Fees	£116.50	£218.30	£266.50	£177.40		£281.05	£84.50	£150.00	£140.50		£42.00	£299.25	£1,776.00
Charitable Donations	£276.00	£1,210.00	£100.00	£60.00		£10.00	£1,323.23				£412.50	£200.00	£3,591.73
Fundraising Events			£1,669.65	£193.80		£8.00							£1,871.45
Special Events Fee	£140.00						£70.00				£18.00	£58.00	£286.00
Refreshments	£34.53	£55.40	£77.30	£44.01		£78.95	£14.70	£38.90	£13.30		£16.60	£85.53	£459.22
Tuck Shop Monies	£22.24	£37.46	£44.78			£39.90	£10.91	£14.21			£39.48	£50.83	£259.81
Bank Interest	£0.78	£0.80	£0.78	£1.43	£2.41	£4.73	£6.26	£8.57	£12.76	£15.17	£15.31	£20.09	£89.09
Grants													£0.00
Other									£121.10				£121.10
Total Income	£590.05	£1,521.96	£2,159.01	£476.64	£2.41	£422.63	£1,509.60	£211.68	£287.66	£15.17	£543.89	£713.70	£8,454.40
<u>Expenditure</u>													
Hall Hire				£819.00									£819.00
Advertisement and Promotion						£179.77							£179.77
Insurance												£341.82	£341.82
Entertainment/Craft Nights	£950.00	£390.00	£250.00	£200.00		£820.00	£110.00	£160.00	£230.00		£136.00	£330.00	£3,576.00
Trophies/Presents	£18.00		£136.15			£37.00			£2.00		£46.16	£1.10	£240.41
Compliance Costs					£20.00		£110.00						£130.00
Party Expenses		£5.55	£70.00	£488.25			£231.02	£133.90	£350.59		£15.20		£1,294.51
Bank Charges	£5.80	£7.40	£7.80	£5.00	£5.80	£5.40	£5.00	£6.60	£5.00	£5.00	£5.00	£5.00	£68.80
Food and Drink	£7.10	£87.10	£112.05	£5.20		£123.72	£4.75	£22.85	£43.07		£14.12	£42.98	£462.94
Miscellaneous Costs	£43.40	£28.98	£70.99	£6.00		£449.99			£39.98		£2.31		£641.65
Total Expenditure	£1,024.30	£519.03	£646.99	£1,523.45	£25.80	£1,615.88	£460.77	£323.35	£670.64	£5.00	£218.79	£720.90	£7,754.90
Profit/(Loss)	(£434.25)	£1,002.93	£1,512.02	(£1,046.81)	(£23.39)	(£1,193.25)	£1,048.83	(£111.67)	(£382.98)	£10.17	£325.10	(£7.20)	£699.50



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2022		31	March	2023

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

109 Sussex Road
Lowestoft
Suffolk
Postcode NR32 4HG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joseph Luke Harrison	Chairman		
2	Jill Rosemary White	Secretary		
3	Mary Elizabeth Edwards	Treasurer		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by any members of the Charity or the Trustees

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>We have several policies in place of which all we review to protect the members of the Charity. These include a safeguarding policy, equal opportunities policy, DBS checks and a complaints policy. We undertake risk assessments on outings in order to highlight the risks and to make sure we keep all members in the safest environment possible. The majority of our volunteers have now undertaken first aid training in order to make sure again our members are in the safest environment and we are prepared if there should be a first aid incident.</p> <p>We have expanded our marketing of the club this year and hope to continue this with us welcoming new members and volunteers. We are looking at carrying out more trips to different locations with the members and with new volunteers coming into the club now makes this possible.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the Charity is for the public benefit to assist and support adults with learning disabilities in East Anglia by supplying an environment for their developing needs which provides and promotes their health and wellbeing through activities provided and organised by the Charity

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The activities that the club provides varies every week. These do include live performers, trips to the zoo, aquariums, craft and raffle nights and discos. We as Trustees have regard to the guidance issued by the Charity Commission on public benefit. All activities provided by the Charity are enjoyed by all members with varying disabilities, promoting their wellbeing and providing them with a safe enjoyable environment to develop all their needs.

Additional details of objectives and activities (Optional information)

We have since becoming a Charity tried to spread greater awareness of the Charity and within the community by allowing friends and families to come to special nights that are put on for the members. In addition we have also attended specific charity evenings in the local community to get the Charity's name out there. We have also have t-shirts and other clothing made with the Charity's name and logo. These are worn by all volunteers whenever we are at any events. We annually raise money for Club at a local fete and all volunteers are able to wear club attire and spread the word.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The main achievement this year was our Summer Ball and Christmas Party, all members participated and had a great evening. They also got to meet the performers and gain new skills

We have attracted more members this year and have had more enquires from both volunteers and members who would like to join the charity and we hope to continue to grow the charity with the help of our Facebook page and website.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy on reserves has just been reviewed and the two main aspects of the charity is entertainment and the hall hire. The reserves we set aside provide financial stability and the means for the development of our principle activity and would allow us to continue with the club if no donations or other financial support was provided. We intend to maintain our reserves at a level of £8,000.00.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principle source of funds is fundraising. We volunteer at local fetes and this has allowed us to spend the funds on new crafts for the members, host a Summer Ball which develops the needs of the members and means that we can provide entertainment to promote all members health and wellbeing.

Section F

Other optional information

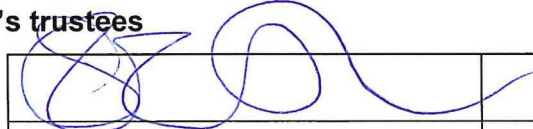
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

SOPHIE COOPER

Position (eg Secretary, Chair, etc)

TRUSTEE

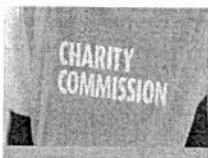
Date

5/1/23

LOWESTOFT THURSDAY CLUB

England & Wales - Charity number 1162491

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	April	2020	To	31	March	2021

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

109 Sussex Road
Lowestoft
Suffolk
Postcode NR32 4HG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joseph Luke Harrison	Chairman		
2	Jill Rosemary White	Secretary		
3	Mary Elizabeth Edwards	Treasurer		
4	Sophie Kelly Cooper			
5	Rosemarie Sarah Page			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by any members of the Charity or the Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We have several policies in place to protect the members of the Charity. These include a safeguarding policy, equal opportunities policy and DBS check, complaints policy and equal opportunities policies. We make it a priority to make sure all volunteers are first aid trained and moving forward to plan on continued training for all volunteers.

This year has been a very tough year, as of the 15th March 2020, we have not run Thursday Club as we are following the governments guidelines in order to protect members and volunteers. We are in the process of drafting risk assessments, covid policies and several others in keeping with the governments guidelines. We have also spoken to the Local Authority for guidance and other organisations like Lowestoft Thursday Club to make sure moving forward when we can re-open we are doing everything we can to keep all that attend safe.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the Charity is for the public benefit to assist and support adults with learning disabilities in East Anglia by supplying an environment for their developing needs which provides and promotes their health and wellbeing through activities provided and organised by the Charity

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The activities that the club provides varies every week. These do include live performers, trips to the zoo, aquariums, craft and raffle nights and discos. We as Trustees have regard to the guidance issued by the Charity Commission on public benefit. All activities provided by the Charity are enjoyed by all members with varying disabilities, promoting their wellbeing and providing them with a safe enjoyable environment to develop all their needs.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We have since becoming a charity tried to spread greater awareness of the charity and within the community by allowing friends and families to come to special nights that are put on for the members. An example of this would be our Abba Night whereby tickets were sold to friends and family in order to not only help raise money, but also to allow them to spread the word about the charity.

Moving forward with the charity in this very uncertain time. Our objective is to get back to Lowestoft Thursday Club as soon as the government allow us to as we have really seen in this pandemic how much a club like ours is needed. We have had endless messages from members telling us juts how much they rely on Lowestoft Thursday Club for their physical and mental wellbeing and therefore we as volunteers and trustees will be making sure we do everything we can within the government guidance to get back up and running as soon as we are legally allowed to. We have put in grants for PPE, we have moved location and we invested much time in making sure our policies and procedures are up to date and constantly reviewed to make sure we are adhering to the governments guidelines. We hope to open the doors of Lowestoft Thursday Club as soon as this is safe to do so as per the governments guidelines.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

As we have not been open this year there have not been many achievements made other than keeping in touch with our members through our social media accounts and reassuring them we will get back to Club as soon as we possibly can. We have secured a bigger venue in order to allow more social distancing when we return.

We have had lots of enquires from both volunteers and members who would like to join the charity and we hope to continue to grow the charity with the help of our Facebook page and website.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy on reserves has just been reviewed and we look at the two main aspects of the charity (transportation and entertainment). As we have chosen to lose the transportation this year we believe this will save us a lot of money in order for us to gain more entertainers for Club and deal with the rising cost of this. We have changed venue which will be an additional fee however this is minimal in the grand scheme. We have reached out to members to try and establish when we return if everyone will feel comfortable doing this in order to establish if the subs money will be enough and we have had a very positive response with actually more people wanting to join when we return. The reserves we set aside provide financial stability and the means for the development of our principle activity. We intend to maintain our reserves at a level of £6,500.00.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal source of funds is fundraising. Unfortunately, there has not been much of this we could have done recently however we are very grateful for the charitable donations of the local community. Luckily our outgoings when we are not open are very very minimal and therefore we will not be in a worse position financially because we have not been open. When we are allowed to return, we will look to resume fundraising in the local area.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

SOPHIE COOPER

Position (eg Secretary, Chair,
etc)

Trustee

Date

31/1/2022

	April	May	June	July	August	September	October
INCOME							
Membership Fees							
Bus Monies							
Charitable Donations		£12.00	£276.00	£10.00	£12.00	£106.00	£6.00
Fundraising Events							
Special Events Fee							
Refreshments							
Tuck Shop Monies							
Grants							
Other							
TOTAL	£0.00	£12.00	£276.00	£10.00	£12.00	£106.00	£6.00
TOTAL							
EXPENDITURE							
Bus Monies							
Advertisement and Promotion							
Insurance						£20.00	
Entertainment/ Craft Nights	£187.50						
Trophies/Presents							
Compliance Costs							
Party Expenses							
Food and Drink							
Miscellaneous Costs							
TOTAL	£187.50	£0.00	£0.00	£0.00	£0.00	£20.00	£0.00
TOTAL	-£187.50	-£175.00	£101.00	£110.00	£122.00	£208.00	£214.00

November December January February March

£285.00 £203.50 £6.00 £836.25 £6.00

£285.00 £203.50 £6.00 £836.25 £6.00 1758.75

£92.00

	£0.17	£0.17	£0.15	£0.17	
£92.00	£0.17	£0.17	£0.15	£0.17	300.16
£407.00	£610.33	£616.16	£1,452.26	£1,458.09	