

TALITHA ARTS

England & Wales · Charity number 1162475

Details

Other names	TALITHA
Status	Registered
Legal form	Charitable company
Company number	07474726
Registered	2015-06-30
Register	View on the Charity Commission register

Contact

Address	4 Victoria Gardens 147 Turners Hill Cheshunt Waltham Cross Hertfordshire EN8 9BH
Phone	07984 638360
Email	hello@talitha.org.uk
Website	www.talitha.org.uk

Activities

Objects: 1 THE PREVENTION AND RELIEF OF POVERTY, SUFFERING AND DISTRESS AND TO ADVANCE HEALTH (PARTICULARLY MENTAL HEALTH) BY USING THE CREATIVE AND PERFORMING ARTS TO RESTORE HOPE AND DIGNITY; AND2 TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE CREATIVE AND PERFORMING ARTS.

Activities: Talitha Arts uses creative arts to provide therapeutic arts workshops that benefit people's mental health and wellbeing, particularly survivors of trauma (including young people who are disadvantaged, women survivors of trafficking and domestic abuse, refugees, and people living with dementia), enabling people to reach their full potential.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£120,932	£111,460	-	-
2023-12-31	£101,959	£98,293	-	-
2022-12-31	£63,498	£76,577	-	-
2021-12-31	£53,652	£58,596	-	-
2020-12-31	£71,644	£61,248	-	-

Trustees

Name	Role	Appointed
Anne Louise Hall		2025-06-03
DAPHNE SHEILA CLIFTON		2023-09-12
Hayley Argles-Grant		2021-01-18
RICHARD ROWLAND SYMMONDS LEAF		2017-06-30
Sandra Elizabeth Dawson		2024-12-17

TALITHA ARTS

England & Wales - Charity number 1162475

Accounts



Talitha Arts

Trustees Annual Report and Unaudited Financial Statements Year ended 31 December 2024

Charity registration - 1162475

Company number - 07474726



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Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Talitha Arts for the year ended 31 December 2024.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Objectives and activities

Objects

The objects of the Charity, as set out in its Memorandum of Association, are:

- the prevention and relief of poverty, suffering and distress and to advance health (particularly mental health) by using the creative and performing arts to restore hope and dignity; and,
- to advance the education of the public in the creative and performing arts.

Public benefit

Throughout the process of determining these activities outlined below, the Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

Achievements and performance for 2024

2024 has truly been a landmark year for Talitha Arts, marking our most significant period of growth and impact to date. Building on the strong foundations laid in 2023, where we successfully surpassed our 2020-2023 strategic objective of "steadily and surely planting roots to ensure stable and healthy growth" across partners, programmes, fundraising, practitioners, team, and outreach, we entered 2024 with a clear and ambitious new three-year strategic objective:

"To make a social impact on mental health and well-being through our therapeutic arts programmes with full backing and collaborative support of our partners, practitioners, and stakeholders."

Throughout 2024, Talitha Arts has steadfastly pursued this mission. We have nurtured existing relationships, forged vital new partnerships, and delivered transformative programmes to those most in need. Our commitment to extending programme reach and securing sustainable funding from partners has yielded remarkable results, allowing us to exceed previous records across key areas:

Expanding Our Reach and Impact

- **Partnerships Flourish:** In 2024, our network expanded significantly. We collaborated with **21 partners**



(compared to 13 in 2023), representing an impressive **62% increase**. This included 11 new collaborations alongside 10 returning partners, showcasing both our growing appeal and the enduring value of our work.

• **Workshops Soar:** The number of therapeutic arts workshops we delivered surged to **118** in 2024, a **90.3% increase** from the 62 workshops held in 2023. This expansion allowed us to touch more lives than ever before.

• **Individual Engagements Multiply:** Reflecting our broader reach, we recorded **994 individual engagements** in 2024, a **79% increase** from 556 in 2023. Each engagement represents an opportunity for healing, connection, and personal growth.

Transformative Programmes: Stories of Impact

Our workshops are designed to foster well-being, connection, and self-expression across diverse communities. Here's a breakdown of our 2024 programme delivery and the profound impact witnessed:

Care Home Settings (30% of workshops): Our programmes brought joy and creativity to residents, significantly enhancing their well-being.



"It warms my heart to think of all the fun, joyful, meaningful activities you have given our lovely residents. You have all had such an incredibly positive impact on our resident's well-being. There's been so much laughter every week. You have all given the residents opportunities to be creative, celebrate their individuality and their achievements. I am so grateful for your kindness and for all the hard work that has been poured into creating such wonderful sessions for the residents. I always say it about Talitha and I'll say it again: Talitha sessions are like bringing the sunshine in! Thank you SO much!"

— Sarah Whitey, Activities Coordinator.

Women in Crisis (Domestic Abuse and Trafficking) (14% of workshops): Our sessions provided a safe space for relaxation, self-esteem building, and connection, helping participants navigate challenging circumstances.

"Participants have said that the sessions made them feel more relaxed and helped with their self-esteem. The Talitha Arts team were a pleasure to work with and delivered thoughtful and impactful sessions to the residents here. Thank you so much for your contribution. The sessions were really enjoyable and had a positive impact on residents."

— Medaille East Service Manager

The data from these programmes powerfully illustrates the direct benefits:

- 100% of participants strongly agreed they felt more connected to others around them.
- 100% of participants strongly agreed their sense of overall well-being had improved from the sessions.
- 100% of participants agreed (75% "strongly agreed" and 25% "agreed") that their mental health had improved.

Participants shared their personal breakthroughs:

"I'm not sure I can say what was the most beneficial as it was all incredibly beneficial. Becky, Jenna, and Holly created a space in which I felt safe enough to feel and find that creative little girl inside me. Something I will forever be grateful for."

— Solace Women's Aid Programme Participant

“Meeting people in the same situation and feeling more connected to them and not alone. Being able to express myself in a creative way - a healthy outlet. The size was a good number too.”
— Programme Participant

“Sense of connectedness, with self and others. Playfulness! Finding my long lost inner child. Feeling the supportiveness of feeling heard and seen.”
— Programme Participant

Mental Health Hubs (Including Recovery) (14% of workshops): Our programmes supported individuals on their recovery journeys, fostering confidence and a sense of community. 100% of participants “agreed” or “strongly agreed” to finding their:

- Confidence grew
- A sense of community formed
- Mental health improved
- Self-qualities and strengths were discovered
- Feeling more positive about the future
- Recovery feeling supported (Change Grow Live (Recovery Group) 12-week programme)



“You don’t realise at first how much it’s helping, it’s subtle but it really works. I feel more confident. Art can help you change perspective. I have felt that and my mind has been changed, thank you for that.”
— Carl* (CGL participant)

Young People at a Socio-Economic Disadvantage (22% of workshops): Through creative engagement, we empowered young people to develop crucial skills and confidence.

“Through the different activities our girls also develop different skills like reading, writing, speaking, creating, teamwork, among many others. And they develop all these skills by playing, doing crafts and having fun which is something very unique from these workshops. The way a girl can benefit from this club is huge as it involves improving academic and well-being skills within the same activity.”
— Valeria Bonilla (Youth Programmes Manager)

“Lily used to be very shy and didn’t talk much. After attending the Creativity through Arts sessions she is now speaking more to people, she smiles more, and she likes to go on trips and events with big groups. We all can see a huge improvement and we would love all our girls to benefit from more workshops like this.”*

Young Refugees and Asylum Seekers (20% of workshops): Our workshops provided a welcoming and supportive environment, helping young people build confidence and form connections.

“We observed that Talitha workshops were hugely beneficial for those young people who arrived and presented with slightly less confidence and some social anxiety. There were a few regular attendees who we directly observed grow and develop in confidence. We would like to say as an organisation and as individuals we really enjoyed working with Talitha and we thought that all the facilitators were extremely professional and kind. We also thoroughly enjoyed watching the group build relationships during the workshops.”
— Young Roots APOW (Croydon)

“Thank you so much for coming. I hope you come back with the same incredible energy which you came with, I had a lot (a lot) of fun. They made my life more fun every Tuesday. I will miss you. An incredible team!”

— Young Roots Kings Cross Programme Participant

“I feel sky-high.”

— Young Roots King’s Cross Programme Participant

Programme Structure and Financial Sustainability

Of the 14 programmes we ran in 2024, **79% were 6 weeks or longer**, with **50% extending between 8-12 weeks**, demonstrating our commitment to sustained, deeper engagement.

Growing Our Dedicated Team

To support our expanding operations and deepen our impact, we significantly strengthened our team:

- In 2024, we increased our practitioner base by **65%**.
- We now have two experienced practitioners (in addition to Becky and Jenna) in Coordinator positions, enhancing our leadership and delivery capacity.



Fundraising & Finance

In 2024, our total income reached £120,932, representing a 18.6% increase from 2023. This financial growth is crucial, enabling us to continue expanding our vital work and reaching even more individuals in need.

Financial Review

In 2024, Talitha Arts achieved its strongest financial performance since inception, with total income rising to £120,932 (2023: £101,959), an 18.6% increase on the prior year. This growth was underpinned by a significant uplift in grant funding, which reached £72,319 (2023: £39,571), marking the charity’s highest ever grant income. Notably, restricted funding of £25,400 was secured to support the Young Roots project and therapeutic arts courses for dementia patients.

Individual donations and regular giving also grew modestly to £18,495 (2023: £17,311), reflecting the continued commitment of our supporters. While income from fundraising events decreased to £12,844 (2023: £20,071) and organisational giving reduced to £1,150 (2023: £7,752), programme partner contributions rose substantially to £11,247 (2023: £2,749), demonstrating the value placed on our services by delivery partners.

Total expenditure increased to £111,460 (2023: £98,293), driven by our record level of programme delivery. Despite this increase, the charity generated a net surplus of £9,472 (2023: £3,666), strengthening our financial position. At year end, reserves stood at £49,773, of which £36,237 were unrestricted funds which includes £26,237 of general reserves. The general reserve comfortably exceeds our policy requirement of three months’ expenditure (£21,160), providing a stable foundation for future growth.

The Trustees are encouraged by these results, which reflect both the resilience of the organisation and the generosity of funders and supporters during a time of continued economic uncertainty. Looking ahead, the priority will be to sustain and diversify income streams while ensuring that expenditure continues to drive maximum social impact.

Looking ahead, the priority will be to sustain and diversify our income streams while ensuring that expenditure continues to drive maximum social impact. Despite the positive results of 2024, the current funding environment has become more challenging, making it crucial to build upon the generosity of our supporters. The need for our therapeutic arts programmes remains high, especially for the women survivors of trauma and refugees and asylum seekers we serve. We are committed to continuing this vital work and are actively seeking new partnerships to ensure these communities continue to receive the support they need.

Reserves Policy

The Trustees have a policy that the Charity maintains a general reserve of at least three months of expenditure, equivalent to £21,160 at the end of December 2024. The general reserve is defined as those unrestricted assets that are deemed to be easily realisable – the net current assets, i.e. it excludes the fixed assets as they are deemed to be illiquid.

The general reserve at December 31st, 2024 of £26,237 (2023: £29,380) exceeds this requirement but is not deemed to be excessive, especially considering the current fundraising environment.

Structure, Governance and Management

Governing Document

Talitha Arts is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Talitha Arts is a registered charitable company constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1162475 (England and Wales) and the company registration number is 07474726 (England and Wales).

Recruitment and Appointment of Trustees

The Trustees are also the directors of Talitha Arts for the purpose of company law. Talitha Arts Articles of Association require a minimum of three trustees. There is no maximum number of trustees.

Directors are invited to serve up to two three-year terms, but they may be reappointed subject to re-election at the Annual General Meeting. Only the current directors can appoint new directors.

During the year Rebecca Mondadori and Sandra Dawson were appointed as Trustees in March and December 2024 respectively. Anne Hall was appointed after the year end in June 2025. Rev'd Ian Dyble stepped down in February 2024, Rebecca Mondadori stepped down in January 2025 with Simon Lee, Amelia Sommers and Alastair McIver all stepping down in June 2025. There were no other changes to the Trustees during the year.

Organisational structure

The Trustees are responsible for the overall financial control, direction and work of the Charity. They meet approximately four times a year. Day-to-day responsibilities are delegated to the principal staff within a framework of approved policies and operational plans, who manage the other staff employed by the Charity.

Reference and administrative details

Registered office

4 Victoria Gardens
147 Turners Hill
Cheshunt
Hertfordshire
EN8 9BH

Trustees

Simon Lee	Treasurer (resigned as Trustee 12 June 2025)
Sandie Dawson	Treasurer (appointed as Trustee 17 December 2024)
Hayley Argles-Grant	
Rev'd Ian Dyble	(resigned 13 February 2024)
Richard Leaf	
Amelia Sommers	(resigned 3 June 2025)
Alastair McIver	(resigned 3 June 2025)
Daphne Clifton	
Rebecca Mondadori	(appointed 18 March 2024 and resigned 28 January 2025)
Anne Hall	(appointed 3 June 2025)

Independent examiners

Enaid Accountancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA



Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 3 to 10 of this document, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 8 September 2025 and signed on its behalf by:

Sandie Dawson

SANDIE DAWSON

TREASURER

Independent examiner's report

I report to the Trustees on my examination of the accounts of Talitha Arts (charity number 1162475, company number 07474726) for the year ended 31 December 2024 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'APNa', with a stylized flourish at the end.

ANDREW PHILIP NASH FCA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 19 SEPTEMBER 2025

Enaid Accountancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities**Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses**

For the year ended 31 December 2024

		Unrestricted funds	Restricted funds	Total funds	Total funds
		Year ended 31-Dec-24	Year ended 31-Dec-24	Year ended 31-Dec-24	Year ended 31-Dec-23
	Notes	£	£	£	£
Income from:					
Donations & legacies	3	84,194	25,400	109,594	99,137
Charitable activities	4	11,247	-	11,247	2,749
Other income		91	-	91	73
Total income		95,532	25,400	120,932	101,959
Expenditure on:					
Raising funds	5 & 6	29,986	-	29,986	37,703
Charitable activities	5 & 7	68,689	12,785	81,474	60,590
Total expenditure		98,675	12,785	111,460	98,293
Net income/(expenditure)		(3,143)	12,615	9,472	3,666
Reconciliation of funds					
Total funds brought forward	12 & 13	39,380	921	40,301	36,635
Total funds carried forward	12 & 13	36,237	13,536	49,773	40,301

The notes on pages 15 to 24 form part of the financial statements.

Balance sheet

As at 31 December 2024

	Notes	Total funds 31-Dec-24 £	Total funds 31-Dec-23 £
Fixed assets:			
Tangible assets	9	10,000	10,000
Current assets:			
Debtors & prepayments	10	1,177	7,373
Cash at bank and in hand		45,062	28,923
Total current assets		46,239	36,296
Creditors:			
amount falling due within one year	11	(6,466)	(5,995)
Net current assets		49,773	40,301
Net assets		49,773	40,301
The funds of the charity:			
Restricted funds	12 & 13	13,536	921
Unrestricted funds	12 & 13	36,237	39,380
Total charity funds		49,773	40,301

The notes on pages 15 to 24 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 December 2024, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2024 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 8 September 2025 and signed on their behalf by:

Sandie Dawson

SANDIE DAWSON

TREASURER

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 December 2024, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 December 2024 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the wider economic environment has had no material impact on this assessment.

Legal status

Talitha Arts is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member. The registered address is 4 Victoria Gardens, 147 Turners Hill, Cheshunt, Hertfordshire, EN8 9BH.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

1. Accounting policies (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred, except for tickets sales and bar revenue which are recognised on a cash basis.

Donated goods and services are recognised where the benefit to the Charity is quantifiable and measurable and is measured at the market value of the goods and services donated.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

Tangible fixed assets comprise fixtures, fittings, and equipment. All items over £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

Sculpture	Non-depreciable asset due to indeterminable useful life
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Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in

applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Comparative statement of financial activities

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-23	Year ended 31-Dec-23	Year ended 31-Dec-23
	£	£	£
Income from:			
Donations & legacies	97,137	2,000	99,137
Charitable activities	2,749	-	2,749
Other income	73	-	73
Total income	99,959	2,000	101,959
Expenditure on:			
Raising funds	37,703	-	37,703
Charitable activities	53,182	7,408	60,590
Total expenditure	90,885	7,408	98,293
Net income/(expenditure)	9,074	(5,408)	3,666
Reconciliation of funds			
Total funds brought forward	30,306	6,329	36,635
Total funds carried forward	39,380	921	40,301

3. Income from donations and legacies

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-24	Year ended 31-Dec-24	Year ended 31-Dec-24
	£	£	£
Donations	37,275	-	37,275
Grants	46,919	25,400	72,319
	84,194	25,400	109,594
	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-23	Year ended 31-Dec-23	Year ended 31-Dec-23
	£	£	£
Donations	59,566	-	59,566
Grants	37,571	2,000	39,571
	97,137	2,000	99,137

4. Income from charitable activities

	Unrestricted funds 31-Dec-24 £	Restricted funds 31-Dec-24 £	Total funds 31-Dec-24 £
Training & workshops	11,247	-	11,247
	11,247	-	11,247
	Unrestricted funds 31-Dec-23 £	Restricted funds 31-Dec-23 £	Total funds 31-Dec-23 £
Training & workshops	2,749	-	2,749
	2,749	-	2,749

5. Total expenditure

	Direct staff costs Year ended 31-Dec-24 £	Direct other costs Year ended 31-Dec-24 £	Support costs Year ended 31-Dec-24 £	Total funds Year ended 31-Dec-24 £
Raising funds	17,579	4,929	7,478	29,986
Charitable activities	48,179	12,976	20,319	81,474
	65,758	17,905	27,797	111,460
	Direct staff costs Year ended 31-Dec-23 £	Direct other costs Year ended 31-Dec-23 £	Support costs Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-23 £
Raising funds	14,495	13,363	9,845	37,703
Charitable activities	39,178	5,590	15,822	60,590
	53,673	18,953	25,667	98,293

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 8.

A breakdown of expenditure on raising funds between restricted and unrestricted funds can be found in note 6.

A breakdown of charitable expenditure between restricted and unrestricted funds can be found in note 7.

5. Total expenditure (continued from previous page)

Indirect costs includes:

	Total funds	Total funds
	Year ended	Year ended
	31-Dec-24	31-Dec-23
	£	£
Support staff	19,982	17,481
Other staff costs	2,231	1,799
Professional services	3,179	3,393
Administration	110	1,233
Governance	2,295	1,761
	27,797	25,667

Governance costs includes:

	Total funds	Total funds
	Year ended	Year ended
	31-Dec-24	31-Dec-23
	£	£
Independent examination	1,119	1,050
Insurance	441	444
Bank charges	60	60
Other expenses	675	207
	2,295	1,761

6. Expenditure on raising funds

	Unrestricted funds Year ended 31-Dec-24 £	Restricted funds Year ended 31-Dec-24 £	Total funds Year ended 31-Dec-24 £
Direct staff costs	17,579	-	17,579
Direct other costs	4,929	-	4,929
Support costs	7,478	-	7,478
	29,986	-	29,986

	Unrestricted funds Year ended 31-Dec-23 £	Restricted funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-23 £
Direct staff costs	14,495	-	14,495
Direct other costs	13,363	-	13,363
Support costs	9,845	-	9,845
	37,703	-	37,703

7. Expenditure on charitable activities

	Unrestricted funds Year ended 31-Dec-24 £	Restricted funds Year ended 31-Dec-24 £	Total funds Year ended 31-Dec-24 £
Direct staff costs	42,440	5,739	48,179
Direct other costs	5,936	7,040	12,976
Support costs	20,313	6	20,319
	68,689	12,785	81,474

	Unrestricted funds Year ended 31-Dec-23 £	Restricted funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-23 £
Direct staff costs	35,539	3,639	39,178
Direct other costs	2,871	2,719	5,590
Support costs	14,772	1,050	15,822
	53,182	7,408	60,590

8. Staff costs

	Total funds Year ended 31-Dec-24 £	Total funds Year ended 31-Dec-23 £
Gross salaries	79,114	66,538
Employer's national insurance	1,474	-
Employer's pension	5,152	4,616
	85,740	71,154

The average headcount during the period was 3 persons (2023: 3 persons).

No employee received employee benefits of more than £60,000 (2023: Nil).

The total employee benefits paid to key management personnel during the year was £41,217 (2023: £38,176).

9. Tangible fixed assets

	Sculpture £	Total £
Cost		
As at 1 January 2024	10,000	10,000
As at 31 December 2024	10,000	10,000
Net book value		
As at 1 January 2024	10,000	10,000
As at 31 December 2024	10,000	10,000

10. Debtors and prepayments

	Total funds 31-Dec-24 £	Total funds 31-Dec-23 £
Accrued income	-	1,600
Prepayments	1,177	4,500
HMRC gift aid receivable	-	1,273
	1,177	7,373

11. Creditors: amounts falling due within one year

	Total funds 31-Dec-24 £	Total funds 31-Dec-23 £
Accounts payable	270	896
Accruals and deferred income	1,106	2,530
HMRC payable	4,311	1,983
Pension payable	779	586
	6,466	5,995

Deferred income consists of income received in 2024 for the next financial period.

12. Analysis of charity funds

	Balance brought forward Year ended 31-Dec-24 £	Income for the year Year ended 31-Dec-24 £	Expenditure in the year Year ended 31-Dec-24 £	Transfers between funds Year ended 31-Dec-24 £	Balance carried forward Year ended 31-Dec-24 £
Restricted funds					
Young Roots	921	-	(913)	-	8
Open Hand	-	11,400	(1,791)	-	9,609
City Bridge	-	14,000	(10,081)	-	3,919
Restricted funds	921	25,400	(12,785)	-	13,536
Unrestricted funds	39,380	95,532	(98,675)	-	36,237
Total funds	40,301	120,932	(111,460)	-	49,773

Young Roots

These were funds received to support a workshops for young refugees.

Open Hand

These were funds received to support a workshops for young refugees.

City Bridge

These were funds received to support therapeutic arts courses for dementia patients.

12. Analysis of charity funds (continued from previous page)

	Balance brought forward Year ended 31-Dec-23 £	Income for the year Year ended 31-Dec-23 £	Expenditure in the year Year ended 31-Dec-23 £	Transfers between funds Year ended 31-Dec-23 £	Balance carried forward Year ended 31-Dec-23 £
Restricted funds					
Tangley Trust Fund	4,298	-	(4,298)	-	-
Jubilee Community Fund	2,031	-	(2,031)	-	-
Young Roots	-	2,000	(1,079)	-	921
Restricted funds	6,329	2,000	(7,408)	-	921
Unrestricted funds	30,306	99,959	(90,885)	-	39,380
Total funds	36,635	101,959	(98,293)	-	40,301

Tangley Trust Fund

These were funds received to support a project with Gaia Women's Refuge.

Jubilee Community Fund

These were funds received to support a jubilee themed programme at Dalemead Care Home.

13. Analysis of net assets

	Unrestricted funds 31-Dec-24 £	Restricted funds 31-Dec-24 £	Total funds 31-Dec-24 £
Fixed assets	10,000	-	10,000
Current assets	32,703	13,536	46,239
Current liabilities	(6,466)	-	(6,466)
	36,237	13,536	49,773
	Unrestricted funds 31-Dec-23 £	Restricted funds 31-Dec-23 £	Total funds 31-Dec-23 £
Fixed assets	10,000	-	10000
Current assets	35,375	921	36,296
Current liabilities	(5,995)	-	(5,995)
	39,380	921	40,301

14. Trustee remuneration

During the year, no Trustee received any remuneration (2023: £Nil). During the year two members of the Board of Trustees received reimbursement of expenses related to attendance at trustee meetings totaling £509 (2023: one member totalling £157 for expenses to attend trustee meetings).

15. Related party transactions

There were no related party transactions in the current year (2023: £Nil).

16. Donated goods and services

During the prior year, Talitha Arts partook in the Chelsea Flower Show and the garden that was produced as part of this now belongs to the charity as part of the funding arrangements with Project Giving Back. We have therefore, in the prior period, recorded income of £10,000 under donations and legacies (see note 3) and an equivalent amount under tangible fixed assets (see note 9) to reflect the value of the unique artwork that forms part of the overall installation.



TALITHA ARTS

England & Wales - Charity number 1162475

Accounts



Talitha Arts

Trustees Annual Report and Unaudited Financial Statements Year ended 31 December 2023

Charity registration - 1162475

Company number - 07474726



Chelsea Flower Show, Photos taken by Alister Thorpe

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Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Talitha Arts for the year ended 31 December 2023.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Objectives and activities

Objects

The objects of the Charity, as set out in its Memorandum of Association, are:

- the prevention and relief of poverty, suffering and distress and to advance health (particularly mental health) by using the creative and performing arts to restore hope and dignity; and,
- to advance the education of the public in the creative and performing arts.

Public benefit

Throughout the process of determining these activities outlined below, the Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

Achievements and performance for 2023

In 2020, Talitha's strategic 3 year objective was to "steadily and securely plant roots to ensure stable and healthy growth" in 5 key areas. As we came to the end of this strategic plan, we are pleased to reveal the following key findings from 2023:

Partners & Programmes

We delivered **62** workshops with **13** partners, and **556** individual engagements with people with disabilities and long-term mental health issues - **our highest number to date**.



Mental Wellbeing
Strongly
Improved



**Felt more
Connected**
and part of a
Community



Able to recognise
new **qualities** and
strengths



**Feel more
hopeful**
about the **future**



Confidence
grew
significantly

New partners this year include:

- The Baytree Centre (social inclusion charity working with young girls);
- Young Roots (unaccompanied minor asylum seekers and refugees);
- Medaille Coastal (refuge for survivors of domestic violence and abuse);
- Medaille London East;
- The Methodist Church (workshops for annual youth conference);
- St. Margaret's House (intergenerational workshops);
- Orchards (refuge for survivors of trafficking); and
- Sophie Hayes (survivors of trafficking).

Returning partners include:

- Ella's (survivors of trafficking);
- Hestia (women in crisis);
- The Maya Centre (women's mental health);
- Gaia (survivors of domestic violence and abuse); and
- Dalemead Care Home (dementia).

A breakdown of our work this year by partner type:

- Women in Refuge (domestic violence, abuse and trafficking): **54%**
- Dementia Care: **8%**
- Young People and Young Refugees: **23%**
- Mental Health and Wellbeing Hubs: **16%**

Practitioner Base

We shadowed and inducted new practitioners, and due to a more stringent recruitment process, have increased the available practitioner base by **65%**, as well as a Therapeutic Consultant that helps to ensure we are rooted in therapeutic intent.

Fundraising & Finance

In 2023, we gained a **61%** increase in income, **our highest amount to date**. We have monthly management accounts meetings, and budgets linked to our strategic goals. Grant funding for salaries related to our direct work, and for programmes working with women survivors of trafficking and domestic violence was low, and these are areas where we will seek more funding moving forward.

Outreach & Networks

Notably, in 2023, Talitha Arts had a garden in the 2023 Chelsea Flower Show, bringing unprecedented national and international media attention, and increasing online engagement by 2050%. The **Talitha Arts Garden** won **Best in Show** for the All About Plants Category, and a gold medal. The garden was relocated to Talitha Arts's partner, St.Margaret's House, where it is enjoyed by the public and used by Talitha for events and workshops.

Newsletter signs-up have increased by **80%**

We made significant progress with our Social Media metrics during the year:

- Facebook reach increased by **43.8%**
- Instagram reach increased by **25.2%**
- Instagram **97.5%** increase in followers

Talitha Team

The Talitha team has shifted and changed, in the past all of Talitha's staff have been part time, but we now find ourselves in the fortunate position of starting 2024 with two full time staff and the recruitment of a Fundraiser at 22.5hrs per week.



Financial Review

During the year the charity's income was £101,959 (2022: £63,498), expenditure was £98,293 (2022: £76,577) and the surplus was therefore £3,666 (2022: deficit of £13,079). The staff and trustees were delighted with this performance, achieving its highest income in the 13 years since the organisation was founded, and against a backdrop of economic uncertainty, high inflation, and a cost of living crisis.

Overall grant income of £39,571 was 13.3% up on the prior year (£34,915), and our largest grant income ever achieved. This included £2,000 which was restricted income for our Young Roots project.

Donations from individuals and regular donors were up this year at £17,311 (2022: £14,124).

The Talitha Arts garden from the Chelsea Flower Show now belongs to the charity as part of the funding arrangements with Project Giving Back. We have therefore recorded income of £10,000 under donations and legacies to reflect the value of the unique artwork that forms part of the overall installation.

Fundraising event income of £20,071 and organisational giving of £7,752 were heavily influenced by opportunities opened up to us through our presence at the Chelsea Flower Show, and included matched funding opportunities from the Big Give.

£2,749 (2022: £3,980) of income was also received from programme partners who were able to contribute towards the cost of the workshops we ran for them.

Our overall expenditure was up on last year due to increased programme activity (our largest year ever), increased staffing costs (increases to rates of pay as well as pension contributions) and costs associated with our presence at the Chelsea Flower Show.



Reserves Policy

The Trustees have a policy that the Charity maintains a general reserve of at least three months of expenditure, equivalent to £21,160 at the end of December 2023. The general reserve is defined as those unrestricted assets that are deemed to be easily realisable – the net current assets, i.e. it excludes the fixed assets as they are deemed to be illiquid.

The general reserve at December 31st, 2023 of £29,380 (2022: £30,306) exceeds this requirement but is not deemed to be excessive, especially considering the current fundraising environment.

Structure, Governance and Management

Governing Document

Talitha Arts is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Talitha Arts is a registered charitable company constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1162475 (England and Wales) and the company registration number is 07474726 (England and Wales).

Recruitment and Appointment of Trustees

The Trustees are also the directors of Talitha Arts for the purpose of company law. Talitha Arts Articles of Association require a minimum of three trustees. There is no maximum number of trustees.

Directors are invited to serve up to two three-year terms, but they may be reappointed subject to re-election at the Annual General Meeting. Only the current directors can appoint new directors.

During the year Alastair McIver and Daphne Clifton were appointed as Trustees in June and September 2023 respectively. Rebecca Cardinali was appointed after the year end in March 2024 as Rev'd Ian Dyble stepped down in February 2024. There were no other changes to the Trustees during the year.

Organisational structure

The Trustees are responsible for the overall financial control, direction and work of the Charity. They meet approximately four times a year. Day-to-day responsibilities are delegated to the principal staff within a framework of approved policies and operational plans, who manage the other staff employed by the Charity.

Reference and administrative details

Registered office

4 Victoria Gardens
147 Turners Hill
Cheshunt
Hertfordshire
EN8 9BH

Trustees

Simon Lee	Treasurer
Hayley Argles-Grant	
Rev'd Ian Dyble	(resigned 13 February 2024)
Richard Leaf	
Amelia Sommers	
Alastair McIver	(appointed 9 June 2023)
Daphne Clifton	(appointed 12 September 2023)
Rebecca Mondadori	(appointed 18 March 2024)

Independent examiners

Andy Nash Accounting & Consultancy
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 3 to 10 of this document, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to

make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 18 June 2024 and signed on its behalf by:

Simon Lee

Simon Lee (Jun 25, 2024 14:24 GMT+1)

SIMON LEE

TREASURER





Independent examiner's report

I report to the Trustees on my examination of the accounts of Talitha Arts (charity number 1162475, company number 07474726) for the year ended 31 December 2023 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ANDREW PHILIP NASH FCA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 25 JUNE 2024

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities**Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses**

For the year ended 31 December 2023

		Unrestricted funds	Restricted funds	Total funds	Total funds
		Year ended 31-Dec-23	Year ended 31-Dec-23	Year ended 31-Dec-23	Year ended 31-Dec-22
	Notes	£	£	£	£
Income from:					
Donations & legacies	3	97,137	2,000	99,137	59,475
Charitable activities	4	2,749	-	2,749	3,980
Other income		73	-	73	43
Total income		99,959	2,000	101,959	63,498
Expenditure on:					
Raising funds	5 & 6	37,703	-	37,703	19,531
Charitable activities	5 & 7	53,182	7,408	60,590	57,046
Total expenditure		90,885	7,408	98,293	76,577
Net income/(expenditure)		9,074	(5,408)	3,666	(13,079)
Reconciliation of funds					
Total funds brought forward	12 & 13	30,306	6,329	36,635	49,714
Total funds carried forward	12 & 13	39,380	921	40,301	36,635

The notes on pages 15 to 24 form part of the financial statements.

Balance sheet

As at 31 December 2023

	Notes	Total funds 31-Dec-23 £	Total funds 31-Dec-22 £
Fixed assets:			
Tangible assets	9	10,000	-
Current assets:			
Debtors & prepayments	10	7,373	481
Cash at bank and in hand		28,923	37,951
Total current assets		36,296	38,432
Creditors:			
amount falling due within one year	11	(5,995)	(1,797)
Net current assets		40,301	36,635
Net assets		40,301	36,635
The funds of the charity:			
Restricted funds	12 & 13	921	6,329
Unrestricted funds	12 & 13	39,380	30,306
Total charity funds		40,301	36,635

The notes on pages 15 to 24 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 December 2023, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2023 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 18 June 2024 and signed on their behalf by:

Simon Lee

Simon Lee (Jun 25, 2024 14:24 GMT+1)

SIMON LEE

TREASURER

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 December 2023, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 December 2023 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

Legal status

Talitha Arts is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member. The registered address is 4 Victoria Gardens, 147 Turners Hill, Cheshunt, Hertfordshire, EN8 9BH.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

1. Accounting policies (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred, except for tickets sales and bar revenue which are recognised on a cash basis.

Donated goods and services are recognised where the benefit to the Charity is quantifiable and measurable and is measured at the market value of the goods and services donated.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

Tangible fixed assets comprise fixtures, fittings, and equipment. All items over £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

Sculpture	Non-depreciable asset due to indeterminable useful life
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Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in

applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Comparative statement of financial activities

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-22	Year ended 31-Dec-22	Year ended 31-Dec-22
	£	£	£
Income from:			
Donations & legacies	40,461	19,014	59,475
Charitable activities	3,980	-	3,980
Other income	43	-	43
Total income	44,484	19,014	63,498
Expenditure on:			
Raising funds	19,531	-	19,531
Charitable activities	37,943	19,103	57,046
Total expenditure	57,474	19,103	76,577
Net income/(expenditure)	(12,990)	(89)	(13,079)
Reconciliation of funds			
Total funds brought forward	43,296	6,418	49,714
Total funds carried forward	30,306	6,329	36,635

3. Income from donations and legacies

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-23	Year ended 31-Dec-23	Year ended 31-Dec-23
	£	£	£
Donations (see note 16)	59,566	-	59,566
Grants	37,571	2,000	39,571
	97,137	2,000	99,137
	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-22	Year ended 31-Dec-22	Year ended 31-Dec-22
	£	£	£
Donations	24,560	-	24,560
Grants	15,901	19,014	34,915
	40,461	19,014	59,475

4. Income from charitable activities

	Unrestricted funds 31-Dec-23 £	Restricted funds 31-Dec-23 £	Total funds 31-Dec-23 £
Training & workshops	2,749	-	2,749
	2,749	-	2,749
	Unrestricted funds 31-Dec-22 £	Restricted funds 31-Dec-22 £	Total funds 31-Dec-22 £
Training & workshops	3,980	-	3,980
	3,980	-	3,980

5. Total expenditure

	Direct staff costs Year ended 31-Dec-23 £	Direct other costs Year ended 31-Dec-23 £	Support costs Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-23 £
Raising funds	14,495	13,363	9,845	37,703
Charitable activities	39,178	5,590	15,822	60,590
	53,673	18,953	25,667	98,293
	Direct staff costs Year ended 31-Dec-22 £	Direct other costs Year ended 31-Dec-22 £	Support costs Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Raising funds	10,383	1,574	7,574	19,531
Charitable activities	31,181	3,742	22,123	57,046
	41,564	5,316	29,697	76,577

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 8.

A breakdown of expenditure on raising funds between restricted and unrestricted funds can be found in note 6.

A breakdown of charitable expenditure between restricted and unrestricted funds can be found in note 7.

5. Total expenditure (continued from previous page)

Indirect costs includes:

	Total funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-22 £
Support staff	17,481	14,249
Other staff costs	1,799	1,364
Professional services	3,393	9,303
Administration	1,233	2,302
Governance	1,761	2,479
	25,667	29,697

Governance costs includes:

	Total funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-22 £
Independent examination	1,050	1,013
HR advice	-	667
Insurance	444	429
Bank charges	60	81
Other expenses	207	289
	1,761	2,479

6. Expenditure on raising funds

	Unrestricted funds Year ended 31-Dec-23 £	Restricted funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-23 £
Direct staff costs	14,495	-	14,495
Direct other costs	13,363	-	13,363
Support costs	9,845	-	9,845
	37,703	-	37,703

	Unrestricted funds Year ended 31-Dec-22 £	Restricted funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Direct staff costs	10,383	-	10,383
Direct other costs	1,574	-	1,574
Support costs	7,574	-	7,574
	19,531	-	19,531

7. Expenditure on charitable activities

	Unrestricted funds Year ended 31-Dec-23 £	Restricted funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-23 £
Direct staff costs	35,539	3,639	39,178
Direct other costs	2,871	2,719	5,590
Support costs	14,772	1,050	15,822
	53,182	7,408	60,590

	Unrestricted funds Year ended 31-Dec-22 £	Restricted funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Direct staff costs	13,685	17,496	31,181
Direct other costs	2,569	1,173	3,742
Support costs	21,689	434	22,123
	37,943	19,103	57,046

8. Staff costs

	Total funds Year ended 31-Dec-23 £	Total funds Year ended 31-Dec-22 £
Gross salaries	66,538	54,457
Employer's pension	4,616	1,356
	71,154	55,813

The average headcount during the period was 3 persons (2022: 4 persons).

No employee received employee benefits of more than £60,000 (2022: Nil).

The total employee benefits paid to key management personnel during the year was £38,176 (2022: £23,334).

9. Tangible fixed assets

	Sculpture £	Total £
Cost		
As at 1 January 2023	-	-
Additions (see note 16)	10,000	10,000
As at 31 December 2023	10,000	10,000
Net book value		
As at 1 January 2023	-	-
As at 31 December 2023	10,000	10,000

10. Debtors and prepayments

	Total funds 31-Dec-23 £	Total funds 31-Dec-22 £
Accrued income	1,600	-
Prepayments	4,500	481
HMRC gift aid receivable	1,273	-
	7,373	481

11. Creditors: amounts falling due within one year

	Total funds 31-Dec-23 £	Total funds 31-Dec-22 £
Accounts payable	896	-
Accruals and deferred income	2,530	1,000
HMRC payable	1,983	489
Pension payable	586	308
	5,995	1,797

Deferred income consists of income received in 2023 for the next financial period.

12. Analysis of charity funds

	Balance brought forward Year ended 31-Dec-23 £	Income for the year Year ended 31-Dec-23 £	Expenditure in the year Year ended 31-Dec-23 £	Transfers between funds Year ended 31-Dec-23 £	Balance carried forward Year ended 31-Dec-23 £
Restricted funds					
Tangley Trust Fund	4,298	-	(4,298)	-	-
Jubilee Community Fund	2,031	-	(2,031)	-	-
Young Roots	-	2,000	(1,079)	-	921
Restricted funds	6,329	2,000	(7,408)	-	921
Unrestricted funds	30,306	99,959	(90,885)	-	39,380
Total funds	36,635	101,959	(98,293)	-	40,301

Tangley Trust Fund

These were funds received to support a project with Gaia Women's Refuge.

Jubilee Community Fund

These were funds received to support a jubilee themed programme at Dalemead Care Home.

Young Roots

These were funds received to support a workshops for young refugees.

12. Analysis of charity funds (continued from previous page)

	Balance brought forward Year ended 31-Dec-22 £	Income for the year Year ended 31-Dec-22 £	Expenditure in the year Year ended 31-Dec-22 £	Transfers between funds Year ended 31-Dec-22 £	Balance carried forward Year ended 31-Dec-22 £
Restricted funds					
Tangley Trust Fund	4,298	-	-	-	4,298
Phylroy Trust	2,120	13,000	(15,120)	-	-
Jubilee Community Fund	-	6,014	(3,983)	-	2,031
Restricted funds	6,418	19,014	(19,103)	-	6,329
Unrestricted funds	43,296	44,484	(57,474)	-	30,306
Total funds	49,714	63,498	(76,577)	-	36,635

Phylroy Fund

These were funds received to support the employment of a Head of Therapeutic Development.

13. Analysis of net assets

	Unrestricted funds 31-Dec-23 £	Restricted funds 31-Dec-23 £	Total funds 31-Dec-23 £
Fixed assets	10,000	-	10,000
Current assets	35,375	921	36,296
Current liabilities	(5,995)	-	(5,995)
	39,380	921	40,301

	Unrestricted funds 31-Dec-22 £	Restricted funds 31-Dec-22 £	Total funds 31-Dec-22 £
Current assets	32,103	6,329	38,432
Current liabilities	(1,797)	-	(1,797)
	30,306	6,329	36,635

14. Trustee remuneration

During the year, no Trustee received any remuneration (2022: £Nil). During the year one member of the Board of Trustees received reimbursement of expenses related to attendance at trustee meetings totaling £157 (2022: no members totalling £Nil).

15. Related party transactions

There were no related party transactions in the current year (2022: £Nil) other than unrestricted donations from trustees totalling £Nil (2022: £Nil).

16. Donated goods and services

During the year, Talitha Arts partook in the Chelsea Flower Show and the garden that was produced as part of this now belongs to the charity as part of the funding arrangements with Project Giving Back. We have therefore recorded income of £10,000 under donations and legacies (see note 3) and an equivalent amount under tangible fixed assets (see note 9) to reflect the value of the unique artwork that forms part of the overall installation.



TALITHA ARTS

England & Wales - Charity number 1162475

Accounts



Talitha Arts

Trustees Annual Report and Unaudited Financial Statements Year ended 31 December 2022

Charity registration - 1162475

Company number - 07474726



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Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Talitha Arts for the year ended 31 December 2022.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Objectives and activities

Objects

The objects of the Charity, as set out in its Memorandum of Association, are:

- the prevention and relief of poverty, suffering and distress and to advance health (particularly mental health) by using the creative and performing arts to restore hope and dignity; and,
- to advance the education of the public in the creative and performing arts.

Public benefit

Throughout the process of determining these activities outlined below, the Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

Achievements and performance for 2022

2022 was a hugely positive year for Talitha Arts - with many changes, new partnerships and programmes. Most significantly, emerging from the Covid-19 pandemic and lockdowns meant that we were able to begin delivering our in-person programmes to vulnerable communities whose mental health and wellbeing had been greatly impacted by the pandemic.

We began January 2022 with three new staff and one new consultant. We hired a Programmes and Project Manager, a Therapeutic Arts Director, a Creative Fundraising Director and a Therapeutic Consultant.

This meant that at the beginning of the year, together with our Head of Administration, Communications Manager, and Artistic & Executive Director, we had a staff team of 6, plus a therapeutic consultant added to our team. We began the year by setting out our strategic objectives for the 2022/23 - to build solid, strong foundations that enable sustainable growth. We aimed to grow our programmes, partnerships and our practitioner base in order to support more vulnerable individuals through the therapeutic arts - and are grateful to report that in 2022 we were able to achieve all of these goals.

In 2022, we also developed the discussion started in October 2021 with Joe and Laura Carey of Carey Design Studios - the garden design duo partnered with us to apply to Project Giving Back and The Royal Horticultural Society to design a Talitha Arts Garden for the Chelsea Flower Show. Throughout the year we spent time planning with them, and we are very pleased to announce that in August 2022 we were officially accepted by the RHS and will have a garden at the 2023 Chelsea Show. This will be a huge opportunity to broaden Talitha Arts platform, raise our profile and share more widely about our work - we look forward to sharing all about the experience in our 2023 annual report.

January - March

We were thrilled to deliver a six-week programme for our existing partners, Medaille Refuge - a refuge for women who have experienced domestic violence and abuse. Following years of being unable to work in this space due to the Covid-19 pandemic, it was wonderful to have the opportunity to return. We worked with 11 women - throughout the creative process of the programme they gained confidence-building skills, learned new ways to express themselves in a positive and creative way, found a sense of group cohesion and community and focused on their positive qualities and unique strengths. Florence Beaney, a Modern Slavery Caseworker at Medaille Refuge, said:

“One service user said that the Talitha Arts workshops had filled an empty space that she’d carried with her from childhood and brought something to her that she had lost. She enjoyed the workshops and never felt judged during them. She explained that she previously felt resigned to the idea that she would never be able to fill the “hole in my heart”. She was never able to play as a little girl and the workshops met those needs that were not met for her as a child. She enjoyed painting and being creative whilst expressing her feelings.”

Another participant said:

“These workshops were hugely helpful to me, gave me hope and confidence. Every council in the country should use Talitha Arts to deliver workshops for people like me.”

We also ran a pilot session for Ella’s - an organisation that works with survivors of trafficking and sexual exploitation. The successful pilot session then led to a five-week programme in July and August.

At the beginning of 2022, we ran a Poetry Evening fundraiser, entitled “A Time to Mourn and (now) a Time to Dance”, organised by Talitha Trustee Rick Leaf, which proved very successful - tickets were sold out completely, with over 180 people in attendance. Well-known actors such as Tamsin Greig, Ben Miles, Janis Kelly, Ron Cook, Paterson Joseph and Talitha patron Tim McInnerny were in attendance. There were two parts to the evening - firstly, poems inspired by mourning, and in the second half - poems inspired by dancing and joy. The event raised a significant amount of funds for Talitha, as well as securing some new supporters.

April - June

In April, we ran a pilot session for our new partner South Hill Centre, working with jobseekers based in and around Hemel Hempstead. The session was attended by 14 participants, was well-received and led to a six-session monthly workshop programme, running until November, 2022:

- 93% of the participants felt “extremely” comfortable and safe in all of the Talitha workshops
- 83% of participants said their well-being “greatly” improved over the six Talitha sessions
- 86% of the participants felt their sense of confidence had “strongly” grown over the six Talitha sessions
- 90% of participants felt their ability to creatively engage in a group “strongly” benefitted through attending the workshops



“This is a fantastic programme and would really benefit so many people like me. It is truly healing and needed.”

“Attending Talitha Arts was a bit hard to start but Becky and Jenna (Talitha practitioners) are both amazing and helped me to feel more comfortable as the workshops went on! I loved every second”

“Absolutely amazing workshops, I really enjoyed being creative and making different things. It really helped my personal well-being. Thank you so much”

In May, we ran training for eight new Talitha practitioners. The training included: trauma informed approaches, working with Dementia, The Talitha Approach, Safeguarding and creating safe spaces. The training was a combination of experiential learning by experiencing and devising Talitha workshops and lecture-style learning.

Over the year, we were fortunate to have created a partnership with St. Margaret’s House - a centre for arts, mental health and wellbeing in Bethnal Green, and we used their space for the training. Their Hall and Chapel were ideal spaces for the training experience, and we look forward to our continuing partnership in the future.

Trainee practitioners signed up for a six-week shadowing programme - which enabled them to fully complete their training and become full Talitha practitioners. We trained a fantastic group of practitioners and are looking forward to their involvement with Talitha’s work moving forward.

In June we delivered two pilot sessions for the Specialist Resource Provision at Darell Primary School in Richmond; one for the Key Stage 1 class and one for the Key Stage 2 class. Each session was designed for the age and ability of the group with the focus being to spark their imaginations, creativity and expressive selves. The workshops incorporated movement, dance, singing, team games and working with clay to create beautiful pieces for the children to take home.

July - September

In July and August, as we continued our monthly South Hill Centre sessions, we ran a five - week programme for two new partners: Ella’s (working with survivors of trafficking and sexual exploitation) and Hestia (working with survivors of domestic violence) for a group of seven women, led by two Talitha staff practitioners and two shadowing practitioners. Through the programme we witnessed a shift in participants’ confidence, self-worth and sense of belonging.



In August we delivered workshops with long standing partners, Pret A Manger Rising Stars (for people experiencing homelessness, jobless and refugees). We ran a four-week programme with eight participants, predominantly men.

The journey and progression of the programme was profound. This was demonstrated in feedback we received and also in the shift in comfortability, openness and sense of ease that the participants showed. From a giggly and held back first session to our last session in which the participants were really taking the work seriously and the time for themselves to express themselves physically, as part of a team and individually. By the end



of the programme every participant reflected on their work and verbally shared with the group showing a great development in trust and confidence in speaking and being open.

From August through to October we delivered 7 Jubilee-themed workshops at Dalemead Care Home, celebrating the Queen's Jubilee. The Care home caters for residents living with dementia at varying stages of their diagnosis. The programme was titled 'Making Memories' and was fully funded by the National Lottery Community Fund. The programme took its inspiration from the recent Jubilee and the late Queen. We used this notion to help inform our themes and journey throughout the programme.

Over the six sessions we had together with the participants from Dalemead, we saw a shift in their recognition of activities and team members, their engagement levels both physically and verbally and also their sense of ease and playfulness in the space with us. Our feedback from the Dalemead activities organiser expressed the notable improvement to their mental well-being after each session, noting that the sessions had something for and involved each individual, meaning that every participant benefited:

"At Dalemead we have 46 residents who are all living with some form of Dementia to some extent. Talitha gives a wonderful opportunity for all of those residents to enjoy themselves and feel like they belong. Every session is jam packed full of laughter, joy and opportunities to be engaged in creative activities. The Talitha practitioners have created such a huge sense of community within our residency at Dalemead, whether we are doing activities for movement, singing, reminiscence, or craft, everybody feels fully involved. After every Talitha session it is clear to me how much the residents' well-being has benefited from being part of the afternoon. I would thoroughly recommend Talitha Arts to any care home or day centre that are offered this wonderful opportunity, the workshops have impacted our residents at Dalemead Care-Home in such a hugely positive way."

October - December

In October, we ran a pilot session for new partners, The Maya Centre, a community-based charity in Islington providing free, culturally sensitive counselling, group work and complementary therapies. The feedback was overwhelmingly positive, and in December, we returned for a festive-themed workshop, and have booked in a programme of six bi-weekly workshops in 2023 from Jan-March.

From October onward, we spent a lot of time preparing for the upcoming Chelsea Flower Show - this involved project planning, communications, PR, liaising with the RHS and sponsors Project Giving Back, and recruitment for a Project Manager. The Chelsea Flower Show will be a large undertaking for our small team, however we believe that this is an exceptional opportunity to continue to grow Talitha Arts and move us forward to the "next level".

We are thrilled that in 2022 we reached our goals of growing our practitioner base (eight new practitioners), partners and programmes (four new partners, 430 engagements) and in 2023, with the help of the Chelsea Flower Show, we aim to:

- increase our income by 82%;
- increase our wider Talitha network through social media and newsletters;
- increase our practitioner base by another 8 practitioners;
- continue to build on and grow our partnerships;
- secure use of space for workshops, meetings and events at St. Margaret's House;
- have a permanent Talitha Arts Garden in East London; and
- grow our platform through Chelsea Flower Show PR and media.

Financial Review

During the year the charity's income was £63,498 (2021: £53,652), expenditure was £76,577 (2021: £58,596) and the deficit was therefore £13,079 (2021: £4,944).

Once again we were generously supported by grants from a number of Trusts and Foundations, although overall grant income of £34,915 was down 3.6% on the prior year (£36,215). Grant income included £13,000 which was restricted income to fund our Head of Therapeutic Development, and £10,000 unrestricted but designated for our Fundraising Director role.

Donations from individuals and regular donors were up this year at £14,124 (2021: £4,486). Fundraising event income of £7,738 was achieved from two very successful events; a poetry evening and a marathon walk undertaken by trustees and supporters.

£3,980 of income was also received from programme partners who were able to contribute towards the cost of the workshops we ran for them.

Our overall expenditure was up on last year due to increased programme activity as a result of emerging from the restrictions imposed on us by COVID-19 in 2021. Additionally, staff rates of pay were increased to compensate for the cost of living crisis brought about by the war in Ukraine and increased energy costs.

Reserves Policy

The Trustees have a policy that the Charity maintains an unrestricted reserve equivalent to at least three months of expenditure. At the point of signing this report this equates to £25,000.

The current unrestricted reserves of £30,306 (2021: £43,296) exceed this requirement.

Structure, Governance and Management

Governing Document

Talitha Arts is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Talitha Arts is a registered charitable company constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1162475 (England and Wales) and the company registration number is 07474726 (England and Wales).

Recruitment and Appointment of Trustees

The Trustees are also the directors of Talitha Arts for the purpose of company law. Talitha Arts Articles of Association require a minimum of three trustees. There is no maximum number of trustees.

Directors are invited to serve up to two three-year terms, but they may be reappointed subject to re-election at the Annual General Meeting. Only the current directors can appoint new directors.

Amelia Sommers was appointed as Trustee in September 2022 as Kay Lawrence stepped down. Alastair McIver was appointed after the year end in June 2023. There were no other changes to the Trustees during the year.

Organisational structure

The Trustees are responsible for the overall financial control, direction and work of the Charity. They meet approximately four times a year. Day-to-day responsibilities are delegated to the principal staff within a framework of approved policies and operational plans, who manage the other staff employed by the Charity.

Reference and administrative details

Registered office

4 Victoria Gardens
Cheshunt
Hertfordshire
EN8 9BH

Trustees

Simon Lee	Treasurer
Hayley Argles-Grant	
Rev'd Ian Dyble	
Kay Lawrence	(resigned 12 September 2022)
Richard Leaf	
Amelia Sommers	(appointed 12 September 2022)
Alastair McIver	(appointed 9 June 2023)

Independent examiners

Andy Nash Accounting & Consultancy
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Bankers

CAF Bank Ltd
25 Kings Mill Avenue
Kings Mill
West Malling
Kent
ME19 4JQ

Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 3 to 10 of this document, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 12 September 2023 and signed on its behalf by:


Simon Lee (Sep 18, 2023 09:10 GMT+1)

SIMON LEE

TREASURER



Independent examiner's report

I report to the Trustees on my examination of the accounts of Talitha Arts (charity number 1162475, company number 07474726) for the year ended 31 December 2022 which are set out on pages 14 to 24.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'APNash', followed by a long horizontal line extending to the right.

ANDREW PHILIP NASH ACA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 18 SEPTEMBER 2023

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities

Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 December 2022

		Unrestricted funds	Restricted funds	Total funds	Total funds
		Year ended 31-Dec-22	Year ended 31-Dec-22	Year ended 31-Dec-22	Year ended 31-Dec-21
	Notes	£	£	£	£
Income from:					
Donations & legacies	3	40,461	19,014	59,475	45,507
Charitable activities	4	3,980	-	3,980	-
Other income		43	-	43	8,145
Total income		44,484	19,014	63,498	53,652
Expenditure on:					
Raising funds	5 & 6	19,531	-	19,531	22,629
Charitable activities	5 & 7	37,943	19,103	57,046	35,967
Total expenditure		57,474	19,103	76,577	58,596
Net movement in funds		(12,990)	(89)	(13,079)	(4,944)
Reconciliation of funds					
Total funds brought forward	11 & 12	43,296	6,418	49,714	54,658
Total funds carried forward	11 & 12	30,306	6,329	36,635	49,714

The notes on pages 16 to 24 form part of the financial statements.

Balance sheet

As at 31 December 2022

	Notes	Total funds 31-Dec-22 £	Total funds 31-Dec-21 £
Current assets:			
Debtors & prepayments	9	481	975
Cash at bank and in hand		<u>37,951</u>	<u>51,431</u>
Total current assets		38,432	52,406
Creditors:			
amount falling due within one year	10	<u>(1,797)</u>	<u>(2,692)</u>
Net current assets		36,635	49,714
Net assets		36,635	49,714
The funds of the charity:			
Restricted funds	11 & 12	6,329	6,418
Unrestricted funds	11 & 12	<u>30,306</u>	<u>43,296</u>
Total charity funds		36,635	49,714

The notes on pages 16 to 24 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 December 2022, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2022 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 12 September 2023 and signed on their behalf by:


Simon Lee (Sep 18, 2023 09:10 GMT+1)

SIMON LEE**TREASURER**

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 December 2022, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 December 2022 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

Legal status

Talitha Arts is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member. The registered address is 4 Victoria Gardens, Cheshunt, Hertfordshire, EN8 9BH.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 11 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

1. Accounting policies (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred, except for tickets sales and bar revenue which are recognised on a cash basis.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

Tangible fixed assets comprise fixtures, fittings, and equipment. All items over £500 are capitalised – no items currently exceed this limit.

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Comparative statement of financial activities

	Unrestricted funds Year ended 31-Dec-21 £	Restricted funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Income from:			
Donations & legacies	32,507	13,000	45,507
Other income	8,145	-	8,145
Total income	40,652	13,000	53,652
Expenditure on:			
Raising funds	22,629	-	22,629
Charitable activities	25,087	10,880	35,967
Total expenditure	47,716	10,880	58,596
Net income/(expenditure)	(7,064)	2,120	(4,944)
Reconciliation of funds			
Total funds brought forward	50,360	4,298	54,658
Total funds carried forward	43,296	6,418	49,714

3. Income from donations and legacies

	Unrestricted funds Year ended 31-Dec-22 £	Restricted funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Donations	24,560	-	24,560
Grants	15,901	19,014	34,915
	40,461	19,014	59,475

	Unrestricted funds Year ended 31-Dec-21 £	Restricted funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Donations	9,292	-	9,292
Grants	23,215	13,000	36,215
	32,507	13,000	45,507

4. Income from charitable activities

	Unrestricted funds 31-Dec-22 £	Restricted funds 31-Dec-22 £	Total funds 31-Dec-22 £
Training & workshops	3,980	-	3,980
	3,980	-	3,980
	Unrestricted funds 31-Dec-21 £	Restricted funds 31-Dec-21 £	Total funds 31-Dec-21 £
Training & workshops	-	-	-
	-	-	-

5. Total expenditure

	Direct staff costs Year ended 31-Dec-22 £	Direct other costs Year ended 31-Dec-22 £	Support costs Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Raising funds	10,383	1,574	7,574	19,531
Charitable activities	31,181	3,742	22,123	57,046
	41,564	5,316	29,697	76,577
	Direct staff costs Year ended 31-Dec-21 £	Direct other costs Year ended 31-Dec-21 £	Support costs Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Raising funds	7,030	275	15,324	22,629
Charitable activities	10,740	871	24,356	35,967
	17,770	1,146	39,680	58,596

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 7.

A breakdown of expenditure on raising funds between restricted and unrestricted funds can be found in note 5.

A breakdown of charitable expenditure between restricted and unrestricted funds can be found in note 6.

5. Total expenditure (continued from previous page)

Indirect costs includes:

	Total funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-21 £
Support staff	14,249	26,405
Other staff costs	1,364	573
Professional services	9,303	8,292
Administration	2,302	2,072
Governance	2,479	2,338
	29,697	39,680

Governance costs includes:

	Total funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-21 £
Independent examination	1,013	900
HR advice	667	354
Insurance	429	527
Bank charges	81	97
Other expenses	289	460
	2,479	2,338

6. Expenditure on raising funds

	Unrestricted funds Year ended 31-Dec-22 £	Restricted funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Direct staff costs	10,383	-	10,383
Direct other costs	1,574	-	1,574
Support costs	7,574	-	7,574
	19,531	-	19,531

	Unrestricted funds Year ended 31-Dec-21 £	Restricted funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Direct staff costs	7,030	-	7,030
Direct other costs	275	-	275
Support costs	15,324	-	15,324
	22,629	-	22,629

7. Expenditure on charitable activities

	Unrestricted funds Year ended 31-Dec-22 £	Restricted funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-22 £
Direct staff costs	13,685	17,496	31,181
Direct other costs	2,569	1,173	3,742
Support costs	21,689	434	22,123
	37,943	19,103	57,046

	Unrestricted funds Year ended 31-Dec-21 £	Restricted funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Direct staff costs	-	10,740	10,740
Direct other costs	871	-	871
Support costs	24,216	140	24,356
	25,087	10,880	35,967

8. Staff costs

	Total funds Year ended 31-Dec-22 £	Total funds Year ended 31-Dec-21 £
Gross salaries	54,457	43,638
Employer's pension	1,356	537
	55,813	44,175

The average headcount during the period was 4 persons (2021: 4 persons).

No employee received employee benefits of more than £60,000 (2021: NIL).

The total employee benefits paid to key management personnel during the year was £23,334 (2021: £17,587).

9. Debtors and prepayments

	Total funds 31-Dec-22 £	Total funds 31-Dec-21 £
Prepayments	481	772
HMRC gift aid receivable	-	203
	481	975

10. Creditors: amounts falling due within one year

	Total funds 31-Dec-22 £	Total funds 31-Dec-21 £
Accounts payable	-	892
Accruals	1,000	920
HMRC payable	489	782
Pension payable	308	98
	1,797	2,692

11. Analysis of charity funds (continued from previous page)

	Balance brought forward Year ended 31-Dec-22 £	Income for the year Year ended 31-Dec-22 £	Expenditure in the year Year ended 31-Dec-22 £	Transfers between funds Year ended 31-Dec-22 £	Balance carried forward Year ended 31-Dec-22 £
Restricted funds					
Tangley Trust Fund	4,298	-	-	-	4,298
Phylroy Trust	2,120	13,000	(15,120)	-	-
Jubilee Community Fund	-	6,014	(3,983)	-	2,031
Restricted funds	6,418	19,014	(19,103)	-	6,329
Unrestricted funds	43,296	44,484	(57,474)	-	30,306
Total funds	49,714	63,498	(76,577)	-	36,635

Tangley Trust Fund

These are funds received to support a project with Gaia Women's Refuge.

Phylroy Fund

These were funds received to support the employment of a Head of Therapeutic Development.

Jubilee Community Fund

These were funds received to support a jubilee themed programme at Dalemead Care Home.

	Balance brought forward Year ended 31-Dec-21 £	Income for the year Year ended 31-Dec-21 £	Expenditure in the year Year ended 31-Dec-21 £	Transfers between funds Year ended 31-Dec-21 £	Balance carried forward Year ended 31-Dec-21 £
Restricted funds					
Tangley Trust Fund	4,298	-	-	-	4,298
Phylroy Trust	-	13,000	(10,880)	-	2,120
Restricted funds	4,298	13,000	(10,880)	-	6,418
Unrestricted funds	50,360	40,652	(47,716)	-	43,296
Total funds	54,658	53,652	(58,596)	-	49,714

12. Analysis of net assets

	Unrestricted funds 31-Dec-22 £	Restricted funds 31-Dec-22 £	Total funds 31-Dec-22 £
Current assets	32,103	6,329	38,432
Current liabilities	(1,797)	-	(1,797)
	30,306	6,329	36,635

	Unrestricted funds 31-Dec-21 £	Restricted funds 31-Dec-21 £	Total funds 31-Dec-21 £
Current assets	45,988	6,418	52,406
Current liabilities	(2,692)	-	(2,692)
	43,296	6,418	49,714

13. Trustee remuneration

During the year, no Trustee received any remuneration (2021: £NIL). No members of the Board of Trustees received reimbursement of expenses related to attendance at trustee meetings (2021: no members totalling £NIL).

14. Related party transactions

There were no related party transactions in the current year (2021: £Nil) other than unrestricted donations from trustees totalling £Nil (2021: £Nil).



TALITHA ARTS

England & Wales - Charity number 1162475

Accounts



Talitha Arts

Trustees Annual Report and Unaudited Financial Statements Year ended 31 December 2021

Charity registration - 1162475

Company number - 07474726



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Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Talitha Arts for the year ended 31 December 2021.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Objectives and activities

Objects

The objects of the Charity, as set out in its Memorandum of Association, are:

- the prevention and relief of poverty, suffering and distress and to advance health (particularly mental health) by using the creative and performing arts to restore hope and dignity; and,
- to advance the education of the public in the creative and performing arts.

Public benefit

Throughout the process of determining these activities outlined below, the Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

Achievements and performance for 2021

In 2021, the Artistic Director and Talitha team set forth the following objective for the years 21/22:

'To steadily and surely plant roots to ensure stable and healthy growth.'

The aim was to take the year to establish future growth in these 5 Key Areas:

- Outreach and Networks
- Partners & Programmes
- Practitioner Base
- Fundraising & Finance
- Talitha Team

Outreach and Network

We achieved our Outreach and Network goal for 2021, which was to hire a communications consultant at 5 hrs per week who could develop and implement a communications strategy that involved increasing our online engagement by:

- Writing and sending regular monthly high quality newsletters, and increasing the reach of the mailing

list

- Regularly posting on social media and increasing users and use engagement
- Growing the reach of the Talitha mailing list
- Regularly updating the website, improving search engine optimisation and regularly posting blogs
- Designing publicity materials and widely publicising Talitha events
- Building strong relationships together with the Fundraising role.

Our Communications Consultant, Ruby Stollard-Taylor, started in February 21, achieving these goals over the year and her hours were increased to 10 hrs per week in September.

Partners and Programmes

In 2021, due to lockdowns, changing government restrictions, staff furlough and our partners' Covid-19 policies, securing in-person regular programming proved difficult. Programmes with current partners such as Gaia and Medaille were scheduled but then been pushed to 2022 due to changing restrictions.

The lack of programming gave us an opportunity to realise our growth goal by training new practitioners, offering continual learning & development for current practitioners, as well as offering more Talitha Talks and online events. It also enabled us to begin devising and planning programming for new areas of work with young people and schools.

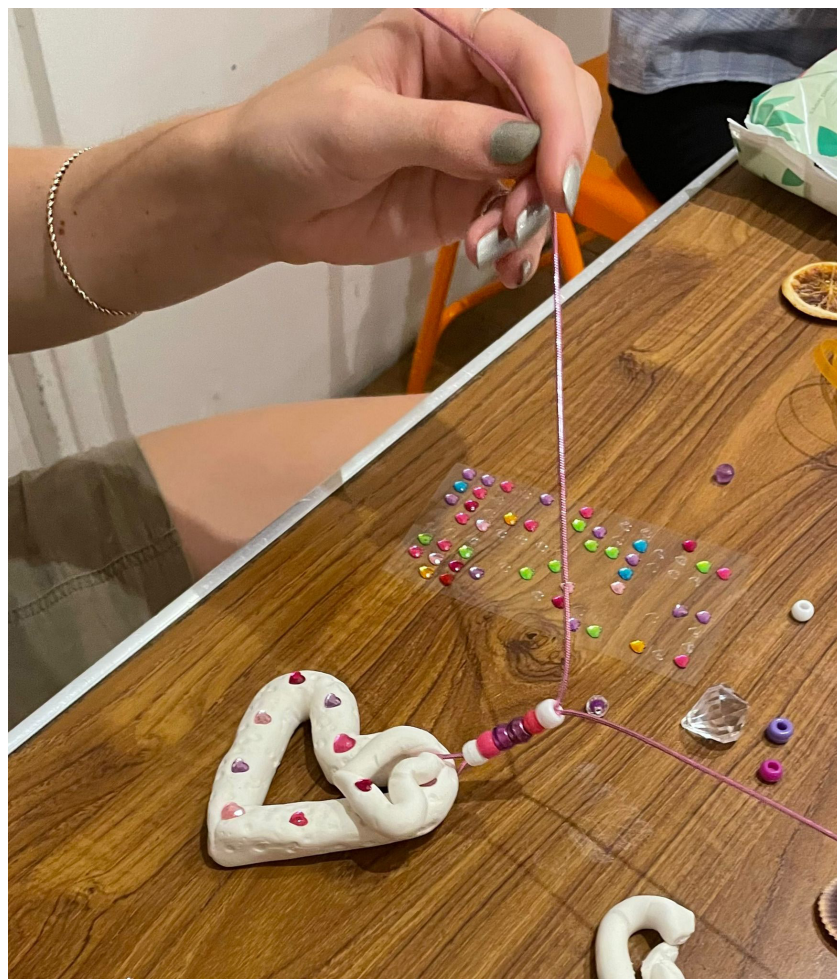
In 2022, we have programmes scheduled with Medaille, Gaia, Dalemead, and a new partner, Ella's (a charity who offer safety, care and support for survivors of trafficking).

In September 2021, Kate Snowden, Talitha's long standing Therapeutic Director, stepped down from the role. Talitha is tremendously grateful for her skills, wisdom, experience and contributions to building the Talitha Approach over the years, and we wish her all the best in the future.

Kate's departure led to a review and restructuring of the Therapeutic Director role. To plant roots for future growth, it was felt that a separate role dedicated to project managing programmes, building on new and existing partner relationships, and liaising with practitioners would prove beneficial. The Therapeutic Director role has now been split into two new, separate roles - Programmes & Partnerships Manager (PPM) and Therapeutic Arts Director (TAD) and has led to recruiting two new members of staff.

In Dec 2021, Heather Whatley was hired as PPM. Heather's responsibility is to manage all of Talitha's creative activities and programmes; including building on existing partner relationships, seeking and developing new partner relationships, overseeing the gathering and coordination of teams for all programmes, overseeing project management of programmes, and ensuring the planning and evaluation of all programmes.

The PPM will also be trained as a Talitha



practitioner, meaning that the number of staff able to facilitate workshops will grow from two (Artistic Director (AD) and Therapeutic Director) to three (AD, TAD and PPM). This will enable Talitha to create more practitioner teams so that multiple programmes can run consecutively.

We anticipate an increased demand for our workshops in 2022. Three staff members who can deliver workshops, along with a new cohort of incoming practitioners means that we will be able to sustainably meet these demands.

The TAD will be responsible for the overall casting and implementation of Talitha Art's therapeutic arts vision, leading and developing Talitha's therapeutic arts workshops, developing, devising and leading practitioner training, and building therapeutic community amongst practitioners.

We look forward to our new PPM and TAD working together to implement Talitha's vision and strategy for 2022.



Practitioner Base

Our practitioner base grew in 2021 as our incoming cohort of practitioners completed their training.

In 2022, we will train another 7 to 10 practitioners to enable us to run multiple programmes simultaneously delivered by different teams of Talitha practitioners and staff.

Fundraising & Finance

2021 was not a strong year for Talitha in terms of fundraising. Total income was £53,652, down by £21,364 against budget. However, with expenditure also significantly down on budget due to the reduced programme of activity, we ended the year with a net deficit of £4,944 against a budgeted deficit of £678.

One fundraising success for 2022 was the London marathon, run for Talitha by Mark Ridealgh - we were fortunate to exceed our fundraising target of £3,000 and raise almost £4,500.

2021 gave us the opportunity to review our fundraising team and plan, meeting on a monthly basis to discuss communications and fundraising, and build a more robust strategy moving forward - including targeted grant proposals, events that reflect our mission and values, and prioritising large and small regular donors. In 2022, we will be hiring a "Creative Fundraising Director", who will help to ensure that creativity is central to all that we do, including fundraising. We will also be holding a Talitha poetry evening in Jan 2022, hosted by trustee, Rick Leaf, including several special guests, and anticipate that it will raise funds and aid in boosting Talitha's profile.

Talitha Team

As staff have moved off of furlough in the last quarter of 2021, we have spent a considerable amount of time and effort hiring three new posts: a Programmes & Partnerships Manager, Therapeutic Arts Director and Creative Fundraising Director.

There have been several rounds of interviews and we are confident in the experience, talent and skills that the exceptional candidates have put forward.

Outlook

In 2022, Talitha will have a team of 6 covering the areas of leadership & management, programming, therapeutic arts development, project management, communications, fundraising and administration, and 50% of the team will be trained and equipped to deliver programming. This will position us to respond and

say “yes” to requests for workshops and also create new partnerships and opportunities for workshops.

2021 has been about steadily and surely planting roots for stable growth. Although Covid-19 has meant that we were not able to implement all of our plans for 2021, it did mean that we were able to strategise and put necessary systems in place to “hit the ground running” in 2022, when we anticipate Covid-19 restrictions no longer being a barrier to delivering our programmes. We see an ever-increasing need for our therapeutic arts workshops as we are aware of the mental health implications Covid-19 has had on all of those we work with. We look forward to our new Talitha team being organised around the delivery of our workshops, and getting back to experiential in-person workshops that promote freedom and self-expression and restore dignity, hope and worth to those who have experienced trauma.

Financial Review

During the year the charity’s income was £53,652 (2020: £71,644), expenditure was £58,596 (2020: £61,248) and the deficit was therefore £4,944 (2020: surplus of £10,396).

Once again we were generously supported by grants from a number of Trusts and Foundations, although overall grant income of £36,215 was down 16.4% on the prior year (£43,317). Grant income included £13,000 which was restricted income to fund our Head of Therapeutic Development, and £10,000 unrestricted but used to support our Head of Fundraising role.

Donations from individuals and regular donors were down this year at £4,486 (2020: £15,820).

For the second consecutive year our expenditure was lower than planned due to the impact of COVID-19 restrictions on our planned programme of activities and events. Furlough income of £8,145 was received during the year for two of our staff who were furloughed for part of the year, and this helped to reduce our total costs of employment.

Reserves Policy

The Trustees have a policy that the Charity maintains an unrestricted reserve equivalent to at least three months of expenditure. At the point of signing this report this equates to £19,500.

The current unrestricted reserves of £43,296 (2020: £50,360) exceed this requirement.

Structure, Governance and Management

Governing Document

Talitha Arts is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Talitha Arts is a registered charitable company constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1162475 (England and Wales) and the company registration number is 07474726 (England and Wales).

Recruitment and Appointment of Trustees

The Trustees are also the directors of Talitha Arts for the purpose of company law. Talitha Arts Articles of Association require a minimum of three trustees. There is no maximum number of trustees.

A third of the directors are subject to re-election at the Annual General Meeting, with no maximum length of service. Only the current directors can appoint new directors.

Hayley Argles-Grant was appointed as Trustee in January 2021 and Amanda Root, our founder, stepped down as Trustee in December 2021. There were no other changes to the Trustees during the year.

Organisational structure

The Trustees are responsible for the overall financial control, direction and work of the Charity. They meet approximately six times a year with the principal staff outlined on page 5, who have no voting rights. Day-to-day responsibilities are delegated to the principal staff within a framework of approved policies and operational plans, who manage the other staff employed by the Charity.

Reference and administrative details

Registered office

4 Victoria Gardens
Cheshunt
Hertfordshire
EN8 9BH

Trustees

Amanda Root	Chair/Artistic Director (resigned 1 December 2021)
Simon Lee	Treasurer
Hayley Argles-Grant	(appointed 18 January 2021)
Rev'd Ian Dyble	
Kay Lawrence	
Richard Leaf	

Independent examiners

Andy Nash Accounting & Consultancy
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Bankers

CAF Bank Ltd
25 Kings Mill Avenue
Kings Mill
West Malling
Kent
ME19 4JQ

Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;

- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 3 to 9 of this document, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 12 September 2022 and signed on its behalf by:



Simon Lee (Sep 22, 2022 13:09 GMT+1)

SIMON LEE

TREASURER



Independent examiner's report

I report to the Trustees on my examination of the accounts of Talitha Arts (charity number 1162475, company number 07474726) for the year ended 31 December 2021 which are set out on pages 12 to 23.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ANDREW PHILIP NASH ACA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 12 SEPTEMBER 2022

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities

Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 December 2021

		Unrestricted funds	Restricted funds	Total funds	Total funds
		Year ended 31-Dec-21	Year ended 31-Dec-21	Year ended 31-Dec-21	Year ended 31-Dec-20
	Notes	£	£	£	£
Income from:					
Donations & legacies	3	32,507	13,000	45,507	67,034
Other income		8,145	-	8,145	4,610
Total income		40,652	13,000	53,652	71,644
Expenditure on:					
Raising funds	4 & 5	22,629	-	22,629	24,577
Charitable activities	4 & 6	25,087	10,880	35,967	36,671
Total expenditure		47,716	10,880	58,596	61,248
Net income/(expenditure)		(7,064)	2,120	(4,944)	10,396
Reconciliation of funds					
Total funds brought forward	10 & 11	50,360	4,298	54,658	44,262
Total funds carried forward	10 & 11	43,296	6,418	49,714	54,658

The notes on pages 14 to 23 form part of the financial statements.

Balance sheet

As at 31 December 2021

	Notes	Total funds 31-Dec-21 £	Total funds 31-Dec-20 £
Current assets:			
Debtors & prepayments	8	975	931
Cash at bank and in hand		51,431	56,738
Total current assets		52,406	57,669
Creditors:			
amounts falling due within one year	9	(2,692)	(3,011)
Net current assets		49,714	54,658
Net assets		49,714	54,658
The funds of the charity:			
Restricted funds	10 & 11	6,418	4,298
Unrestricted funds	10 & 11	43,296	50,360
Total charity funds		49,714	54,658

The notes on pages 14 to 23 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 December 2021, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2021 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 12 September 2022 and signed on their behalf by:

Simon Lee

Simon Lee (Sep 22, 2022 13:09 GMT+1)

SIMON LEE

TREASURER

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 December 2021, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 December 2021 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

Legal status

Talitha Arts is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member. The registered address is 4 Victoria Gardens, Cheshunt, Hertfordshire, EN8 9BH.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 11 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

1. Accounting policies (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred, except for tickets sales and bar revenue which are recognised on a cash basis.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

Tangible fixed assets comprise fixtures, fittings, and equipment. All items over £500 are capitalised – no items currently exceed this limit.

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Comparative statement of financial activities

	Unrestricted funds Year ended 31-Dec-20 £	Restricted funds Year ended 31-Dec-20 £	Total funds Year ended 31-Dec-20 £
Income from:			
Donations & legacies	54,084	12,950	67,034
Other income	4,610	-	4,610
Total income	58,694	12,950	71,644
Expenditure on:			
Raising funds	24,577	-	24,577
Charitable activities	23,721	12,950	36,671
Total expenditure	48,298	12,950	61,248
Net income/(expenditure)	10,396	-	10,396
Reconciliation of funds			
Total funds brought forward	39,964	4,298	44,262
Total funds carried forward	50,360	4,298	54,658

3. Income from donations and legacies

	Unrestricted funds Year ended 31-Dec-21 £	Restricted funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Donations	9,292	-	9,292
Grants	23,215	13,000	36,215
	32,507	13,000	45,507

	Unrestricted funds Year ended 31-Dec-20 £	Restricted funds Year ended 31-Dec-20 £	Total funds Year ended 31-Dec-20 £
Donations	23,717	-	23,717
Grants	30,367	12,950	43,317
	54,084	12,950	67,034

4. Total expenditure

	Direct staff costs	Direct other costs	Support costs	Total funds
	Year ended 31-Dec-21	Year ended 31-Dec-21	Year ended 31-Dec-21	Year ended 31-Dec-21
	£	£	£	£
Raising funds	7,030	275	15,324	22,629
Charitable activities	10,740	871	24,356	35,967
	17,770	1,146	39,680	58,596

	Direct staff costs	Direct other costs	Support costs	Total funds
	Year ended 31-Dec-20	Year ended 31-Dec-20	Year ended 31-Dec-20	Year ended 31-Dec-20
	£	£	£	£
Raising funds	7,728	2,344	14,505	24,577
Charitable activities	13,063	1,965	21,643	36,671
	20,791	4,309	36,148	61,248

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 7.

A breakdown of expenditure on raising funds between restricted and unrestricted funds can be found in note 5.

A breakdown of charitable expenditure between restricted and unrestricted funds can be found in note 6.

Indirect costs includes:

	Total funds	Total funds
	Year ended 31-Dec-21	Year ended 31-Dec-20
	£	£
Support staff	26,405	19,568
Other staff costs	573	708
Professional services	8,292	8,352
Administration	2,072	3,303
Governance	2,338	4,217
	39,680	36,148

4. Total expenditure (continued from previous page)

Governance costs includes:

	Total funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-20 £
Independent examination	900	900
HR advice	354	2,496
Insurance	527	754
Bank charges	97	67
Other expenses	460	-
	2,338	4,217

5. Expenditure on raising funds

	Unrestricted funds Year ended 31-Dec-21 £	Restricted funds Year ended 31-Dec-21 £	Total funds Year ended 31-Dec-21 £
Direct staff costs	7,030	-	7,030
Direct other costs	275	-	275
Support costs	15,324	-	15,324
	22,629	-	22,629

	Unrestricted funds Year ended 31-Dec-20 £	Restricted funds Year ended 31-Dec-20 £	Total funds Year ended 31-Dec-20 £
Direct staff costs	7,728	-	7,728
Direct other costs	2,344	-	2,344
Support costs	14,505	-	14,505
	24,577	-	24,577

6. Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-21	Year ended 31-Dec-21	Year ended 31-Dec-21
	£	£	£
Direct staff costs	-	10,740	10,740
Direct other costs	871	-	871
Support costs	24,216	140	24,356
	25,087	10,880	35,967

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31-Dec-20	Year ended 31-Dec-20	Year ended 31-Dec-20
	£	£	£
Direct staff costs	113	12,950	13,063
Direct other costs	1,965	-	1,965
Support costs	21,643	-	21,643
	23,721	12,950	36,671

7. Staff costs

	Total funds	Total funds
	Year ended 31-Dec-21	Year ended 31-Dec-20
	£	£
Gross salaries	43,638	40,023
Employer's pension	537	336
	44,175	40,359

The average headcount during the period was 4 persons (2020: 3 persons).

No employee received employee benefits of more than £60,000 (2020: NIL).

The total employee benefits paid to key management personnel during the year was £17,587 (2020: £10,890).

8. Debtors and prepayments

	Total funds 31-Dec-21 £	Total funds 31-Dec-20 £
Prepayments	772	276
Accrued CJRS income	-	585
HMRC gift aid receivable	203	70
	975	931

9. Creditors: amounts falling due within one year

	Total funds 31-Dec-21 £	Total funds 31-Dec-20 £
Accounts payable	892	1,552
Accruals	920	900
HMRC payable	782	468
Pension payable	98	91
	2,692	3,011

10. Analysis of charity funds

	Balance brought forward Year ended 31-Dec-21 £	Income for the year Year ended 31-Dec-21 £	Expenditure in the year Year ended 31-Dec-21 £	Transfers between funds Year ended 31-Dec-21 £	Balance carried forward Year ended 31-Dec-21 £
Restricted funds					
Tangley Trust Fund	4,298	-	-	-	4,298
Phylroy Trust	-	13,000	(10,880)	-	2,120
Restricted funds	4,298	13,000	(10,880)	-	6,418
Unrestricted funds	50,360	40,652	(47,716)	-	43,296
Total funds	54,658	53,652	(58,596)	-	49,714

Tangley Trust Fund

These are funds received to support a project with Gaia Women's Refuge.

Phylroy Fund

These were funds received to support the employment of a Head of Therapeutic Development.

10. Analysis of charity funds (continued from previous page)

	Balance brought forward Year ended 31-Dec-20 £	Income for the year Year ended 31-Dec-20 £	Expenditure in the year Year ended 31-Dec-20 £	Transfers between funds Year ended 31-Dec-20 £	Balance carried forward Year ended 31-Dec-20 £
Restricted funds					
Tangley Trust Fund	4,298	-	-	-	4,298
Phylroy Trust	-	12,950	(12,950)	-	-
Restricted funds	4,298	12,950	(12,950)	-	4,298
Unrestricted funds	39,964	58,694	(48,298)	-	50,360
Total funds	44,262	71,644	(61,248)	-	54,658

11. Analysis of net assets

	Unrestricted funds 31-Dec-21 £	Restricted funds 31-Dec-21 £	Total funds 31-Dec-21 £
Current assets	45,988	6,418	52,406
Current liabilities	(2,692)	-	(2,692)
	43,296	6,418	49,714

	Unrestricted funds 31-Dec-20 £	Restricted funds 31-Dec-20 £	Total funds 31-Dec-20 £
Current assets	53,371	4,298	57,669
Current liabilities	(3,011)	-	(3,011)
	50,360	4,298	54,658

12. Trustee remuneration

During the year, no Trustee received any remuneration (2020: £NIL). No members of the Board of Trustees received reimbursement of expenses related to attendance at trustee meetings (2020: no members totalling £NIL).

13. Related party transactions

There were no related party transactions in the current year (2020: £Nil) other than unrestricted donations from trustees totalling £Nil (2020: £Nil).



TALITHA ARTS

England & Wales - Charity number 1162475

Accounts



Talitha Arts

Trustees Annual Report and Unaudited Financial Statements Year ended 31 December 2020

Charity registration - 1162475

Company number - 07474726

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Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Talitha Arts for the year ended 31 December 2020.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Objectives and activities

Objects

The objects of the Charity, as set out in its Memorandum of Association, are:

- the prevention and relief of poverty, suffering and distress and to advance health (particularly mental health) by using the creative and performing arts to restore hope and dignity; and,
- to advance the education of the public in the creative and performing arts.

Public benefit

Throughout the process of determining these activities outlined below, the Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

Achievements and performance for 2020

Overview

2020 has been a year of growth and change for Talitha Arts - the Covid-19 pandemic had a considerable effect on us as a charity, meaning that we had to cancel our programmes from March onward - but it also afforded us the opportunity to create new initiatives and spend time establishing our roots for future growth.

First Quarter – Pre pandemic

In January, Talitha Arts was looking forward to plans for the year ahead - programmes were scheduled for the year with partners Medaille Trust and Gaia (women's refuges) and Dalemead Care Home. Following a 6 week programme at Dalemead in Dec 2019, in Feb 2020 Talitha began to work on a play for dementia patients by screenwriter and playwright, Nick Warburton - the play was rehearsed and workshopped with Talitha practitioners and first performed as part of a Talitha workshop at Dalemead Care Home in the first week of March.

Talitha Arts expanded the team by hiring an Associate Artistic Director, Jenna Thorne. Jenna already had practitioner experience, and joined with a particular focus on training, communications and with programme implementation.

Prior to the outbreak of the Covid-19 pandemic, Talitha was also in the process of planning an overseas trip to Nepal with charity Chora Chori, to devise workshops for young vulnerable women (who have been trafficked or come from poverty) to develop their employment skills.

The COVID-19 Pandemic

In mid-March 2020, the UK entered its first lockdown - and the restrictions meant that we had to halt all programming and future plans for travel. Although our employees were already working from home, we ceased meeting in person in London for two hours every two weeks, and changed our staff meetings to one hour every week over Zoom.

Although we were limited in our capacity to do experiential workshops, we developed a strategy for continuing to promote the therapeutic arts, support our network and develop our outreach as a charity.

We began to focus on what we could offer digitally - we created a WhatsApp community, an online creative forum and began to review our online offerings. We began offering online 'Talitha Talks' over Zoom - where experts from various disciplines that are connected to Talitha's work shared with our wider network. These talks became regular and continued into 2021 - open to all.

In May, Talitha Arts worked with Roots HR to ensure that all policies were up to date. The board also held several meetings to look at our goals, mission and vision as a charity and the Talitha staff team met several times with an independent "coach" who helped the team to clarify their goals, mission, vision and strategy.

This ensured the charity was in good standing in July when Talitha's founder, Amanda Root, stepped down as the charity's Artistic Director after ten years in the post. Jenna Thorne was promoted to the role of Artistic Director, and Amanda continues to remain involved as Chair of the Trustees, a role she agreed to take on at the beginning of 2019 until June 2021.

During the year we took the opportunity to review our branding, website and monthly communications. Inspired by an activity we led with the young girls in India who had been trafficked - emerging from a cocoon as a butterfly - and the freedom of self-expression we saw them achieve over our time with them - we developed a new brand that reflects the expressive, colourful and free nature of Talitha, which features a butterfly logo. We also built a brand new website with our new branding that was more modern, accessible, a reflection of who we are and simple to navigate; and developed a strategy for improving our monthly communications through Mailchimp to our wider networks. Since doing this, we have watched our web traffic and online engagement grow by 800%.

Whilst from May our Therapeutic Director, Kate Snowden, was on furlough, in September she returned on flexible furlough, and aided in implementing online training for 9 new incoming practitioners. From September, practitioners were trained bi-weekly on topics such as: Working with Trauma, Safeguarding Vulnerable Adults, Working with Dementia and Older People, Experiential Workshops and Workshop planning. All practitioners are experienced in the arts and therapeutic fields and show great promise - in 2021 they will shadow programmes in order to become full practitioners.

By September, plans were put in place with Gaia, Dalemead and Medaille and a new partner, Ella's House was developed. All plans were contingent on Covid-19 restrictions, and programmes have been pushed back to 2021, but Talitha continues to regularly touch base with these partners and looks forward to working with them. We also began developing children's and post-Covid restoration workshops which we aim to pilot in Spring 2021.

We spent time strengthening and developing our Safeguarding policy, a Board, Lead and Deputy Safeguarding representative were appointed and we became full members of SafeCIC, the Safeguarding organisation recommended by NCVO. We ensured that all Trustees, employees and trainees successfully completed their training; and that all Disclosure and Barring Service (DBS checks) were completed and up to date.

Fundraising

Covid-19 has meant that we have lost three events; two school events (postponed to 2021 and possibly cancelled) and the Virgin London Marathon (postponed from April to October, and now to October 2021), meaning that we lost a potential of £9000. However, we were grateful to have received several grants to enable the work of Talitha, and held an online art auction in October that brought in £6000 and meant that the work of Talitha Arts was spread widely through celebrity participants such as Hugh Bonneville, Kenneth Branagh and Tamsin Grieg. We also announced a new Talitha patron, actor Tim McInnerny. We are grateful to have ended a particularly difficult year with a surplus and therefore with increased reserves - which will be positive as we move forward into 2021 and our programmes and therefore costs resume. At the end of the year our Head of Fundraising, Alastair McIver, stepped down from the role and we are in the process of hiring a new Head of Fundraising and a Communications consultant in early 2021.

Outlook

As 2021 approaches, we look forward to our goal of steadily and surely planting roots for stable growth in the areas of Partners & Programming, Practitioners, Outreach & Network and the Talitha Team. We anticipate having the opportunity to run our programmes with our current partners Medaille, Gaia and Dalemead and for new partners like Ella's House. We are exploring and devising childrens' workshops and Covid restoration workshops for schools and churches, and we look forward to working with our 9 new incoming practitioners, who will begin meeting in person in 2021 and shadowing our programmes. We see an ever-increasing need for our therapeutic arts workshops as we are aware of the mental health implications Covid-19 has had on all of those we work with, and we look forward to getting back to experiential in-person workshops that promote freedom, self-expression and restore dignity, hope and worth to those who have experienced trauma.

Financial Review

During the year the charity's income was £71,644 (2019: £68,866), expenditure was £61,248 (2019: £53,601) and the surplus was therefore £10,396 (2019: £15,265).

Once again we were generously supported by grants from a number of Trusts and Foundations, with overall grant income up 3.8% on the prior year. Grant income included £12,950 which was restricted income to fund our Head of Therapeutic Development, and £8,000 unrestricted but used to support our Head of Fundraising role.

We received £10,360 in donations from one of our supporters and receive regular giving from individual supporters known as Friends of Talitha.

We implemented a new online payment system which provides an improved interface via our website for regular and one-off donations and which we believe will lead to growth in our donations once we are able to resume our planned events and activities in the future.

Our expenditure was lower than planned due to the impact of Covid-19 restrictions on our planned programme of activities and events. Two of our staff were furloughed for part of the year, which helped to reduce our total costs of employment. From July 1st our overall employment costs have risen as we now have a salaried Artistic Director whereas our previous Artistic Director was unpaid. There will be a full year impact to these changes from 2021 going forward as we see twelve months of the additional salary costs rather than six months of the additional costs in 2020.

Reserves Policy

The Trustees have a policy that the Charity maintains an unrestricted reserve equivalent to at least three months of expenditure. At the year-end this equated to £19,000.

The current unrestricted reserves of £50,360 (2019: £39,964) exceed this requirement.

Structure, Governance and Management

Governing Document

Talitha Arts is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Talitha Arts is a registered charitable company constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1162475 (England and Wales) and the company registration number is 07474726 (England and Wales).

Recruitment and Appointment of Trustees

The Trustees are also the directors of Talitha Arts for the purpose of company law. Talitha Arts Articles of Association require a minimum of three trustees. There is no maximum number of trustees.

A third of the directors are subject to re-election at the Annual General Meeting, with no maximum length of service. Only the current directors can appoint new directors.

There were no changes to the Trustees during the year.

Organisational structure

The Trustees are responsible for the overall financial control, direction and work of the Charity. They meet approximately six times a year with the principal staff outlined on page 5, who have no voting rights. Day-to-day responsibilities are delegated to the principal staff within a framework of approved policies and operational plans, who manage the other staff employed by the Charity.

Reference and administrative details

Registered office

13 Wolseley Avenue
London
SW19 8BG

Trustees

Amanda Root	Chair/Artistic Director
Simon Lee	Treasurer
Hayley Argles-Grant	(appointed 18 January 2021)
Rev'd Ian Dyble	
Kay Lawrence	
Richard Leaf	

Independent examiners

Andy Nash Accounting & Consultancy
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Bankers

CAF Bank Ltd
25 Kings Mill Avenue
Kings Mill
West Malling
Kent
ME19 4JQ

Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 3 to 9 of this document, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 22 September 2021 and signed on its behalf by:

Simon Lee

SIMON LEE

TREASURER

Independent examiner's report

I report to the Trustees on my examination of the accounts of Talitha Arts (charity number 1162475, company number 07474726) for the year ended 31 December 2020 which are set out on pages 12 to 23.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ANDREW PHILIP NASH ACA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 24 September 2021

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities

Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 December 2020

		Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
	Notes				
Income from:					
Donations & legacies	3	54,084	12,950	67,034	67,716
Charitable activities	4	-	-	-	1,150
Other income		4,610	-	4,610	-
Total income		58,694	12,950	71,644	68,866
Expenditure on:					
Raising funds	5 & 6	24,577	-	24,577	17,068
Charitable activities	5 & 7	23,721	12,950	36,671	36,533
Total expenditure		48,298	12,950	61,248	53,601
Net income/(expenditure)		10,396	-	10,396	15,265
Reconciliation of funds					
Total funds brought forward	11 & 12	39,964	4,298	44,262	28,997
Total funds carried forward	11 & 12	50,360	4,298	54,658	44,262

The notes on pages 14 to 23 form part of the financial statements.

Balance sheet

As at 31 December 2020

	Notes	Total funds 2020 £	Total funds 2019 £
Current assets:			
Debtors & prepayments	9	931	1,384
Cash at bank and in hand		<u>56,738</u>	<u>45,330</u>
Total current assets		57,669	46,714
Creditors:			
amount falling due within one year	10	<u>(3,011)</u>	<u>(2,452)</u>
Net current assets		54,658	44,262
Net assets		54,658	44,262
The funds of the charity:			
Restricted funds	11 & 12	4,298	4,298
Unrestricted funds	11 & 12	<u>50,360</u>	<u>39,964</u>
Total charity funds		54,658	44,262

The notes on pages 14 to 23 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 December 2020, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2020 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 22 September 2021 and signed on their behalf by:

Simon Lee

SIMON LEE

TREASURER

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 December 2020, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 December 2020 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

Legal status

Talitha Arts is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member. The registered address is 13 Wolseley Avenue, London, SW19 8BG.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 11 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

1. Accounting policies (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred, except for tickets sales and bar revenue which are recognised on a cash basis.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

Tangible fixed assets comprise fixtures, fittings, and equipment. All items over £500 are capitalised – no items currently exceed this limit.

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Comparative statement of financial activities

	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Income from:			
Donations & legacies	54,766	12,950	67,716
Charitable activities	1,150	-	1,150
Total income	55,916	12,950	68,866
Expenditure on:			
Raising funds	17,068	-	17,068
Charitable activities	22,776	13,757	36,533
Total expenditure	39,844	13,757	53,601
Net income/(expenditure)	16,072	(807)	15,265
Reconciliation of funds			
Total funds brought forward	23,892	5,105	28,997
Total funds carried forward	39,964	4,298	44,262

3. Income from donations and legacies

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations	23,717	-	23,717
Grants	30,367	12,950	43,317
	54,084	12,950	67,034
	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Donations	26,005	-	26,005
Grants	28,761	12,950	41,711
	54,766	12,950	67,716

4. Income from charitable activities

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Training & workshops	-	-	-
	-	-	-
	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Training & workshops	1,150	-	1,150
	1,150	-	1,150

5. Total expenditure

	Direct staff costs	Direct other costs	Support costs	Total funds
	2020	2020	2020	2020
	£	£	£	£
Raising funds	7,728	2,344	14,505	24,577
Charitable activities	13,063	1,965	21,643	36,671
	20,791	4,309	36,148	61,248

	Direct staff costs	Direct other costs	Support costs	Total funds
	2019	2019	2019	2019
	£	£	£	£
Raising funds	7,571	241	9,256	17,068
Charitable activities	12,949	8,009	15,575	36,533
	20,520	8,250	24,831	53,601

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 8.

A breakdown of expenditure on raising funds between restricted and unrestricted funds can be found in note 6.

A breakdown of charitable expenditure between restricted and unrestricted funds can be found in note 7.

Indirect costs includes:

	Total funds 2020 £	Total funds 2019 £
Support staff	19,568	13,568
Other staff costs	708	2,582
Professional services	8,352	3,615
Administration	3,303	2,691
Governance	4,217	2,375
	36,148	24,831

5. Total expenditure (continued from previous page)

Governance costs includes:

	Total funds 2020 £	Total funds 2019 £
Independent examination	900	900
HR advice	2,496	551
Insurance	754	768
Bank charges	67	108
Other expenses	-	48
	4,217	2,375

6. Expenditure on raising funds

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Direct staff costs	7,728	-	7,728
Direct other costs	2,344	-	2,344
Support costs	14,505	-	14,505
	24,577	-	24,577

	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Direct staff costs	7,571	-	7,571
Direct other costs	241	-	241
Support costs	9,256	-	9,256
	17,068	-	17,068

7. Expenditure on charitable activities

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Direct staff costs	113	12,950	13,063
Direct other costs	1,965	-	1,965
Support costs	21,643	-	21,643
	23,721	12,950	36,671

	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Direct staff costs	-	12,949	12,949
Direct other costs	7,206	803	8,009
Support costs	15,570	5	15,575
	22,776	13,757	36,533

8. Staff costs

	Total funds 2020 £	Total funds 2019 £
Gross salaries	40,023	33,986
Employer's pension	336	102
	40,359	34,088

The average headcount during the period was 3 persons (2019: 3 persons).

No employee received employee benefits of more than £60,000 (2019: NIL).

The total employee benefits paid to key management personnel during the year was £10,890 (2019: £3,882).

9. Debtors and prepayments

	Total funds 2020 £	Total funds 2019 £
Prepayments	276	-
Accrued CJRS income	585	-
HMRC gift aid receivable	70	1,384
	931	1,384

10. Creditors: amounts falling due within one year

	Total funds 2020 £	Total funds 2019 £
Accounts payable	1,552	1,363
Accruals	900	900
HMRC payable	468	149
Pension payable	91	40
	3,011	2,452

11. Analysis of charity funds

	Balance brought forward 2020 £	Income for the year 2020 £	Expenditure in the year 2020 £	Transfers between funds 2020 £	Balance carried forward 2020 £
Restricted funds					
Tangley Trust Fund	4,298	-	-	-	4,298
Phylroy Trust	-	12,950	(12,950)	-	-
Restricted funds	4,298	12,950	(12,950)	-	4,298
Unrestricted funds	39,964	58,694	(48,298)	-	50,360
Total funds	44,262	71,644	(61,248)	-	54,658

Tangley Trust Fund

These are funds received to support a project with Gaia Women's Refuge.

Phylroy Fund

These were funds received to support the employment of a Head of Therapeutic Development.

11. Analysis of charity funds (continued from previous page)

	Balance brought forward 2019 £	Income for the year 2019 £	Expenditure in the year 2019 £	Transfers between funds 2019 £	Balance carried forward 2019 £
Restricted funds					
Tangley Trust Fund	4,865	-	(567)	-	4,298
Dalemead Care Home Fund	240	-	(240)	-	-
Phylroy Trust	-	12,950	(12,950)	-	-
Restricted funds	5,105	12,950	(13,757)	-	4,298
Unrestricted funds	23,892	55,916	(39,844)	-	39,964
Total funds	28,997	68,866	(53,601)	-	44,262

Dalemead Care Home Fund

These are funds received to support the Dalemead Care Home.

12. Analysis of net assets

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Current assets	53,371	4,298	57,669
Current liabilities	(3,011)	-	(3,011)
	50,360	4,298	54,658

	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Current assets	42,416	4,298	46,714
Current liabilities	(2,452)	-	(2,452)
	39,964	4,298	44,262

13. Trustee remuneration

During the year, no Trustee received any remuneration (2019: £NIL). No members of the Board of Trustees received reimbursement of expenses related to attendance at trustee meetings (2019: no members totalling £NIL).

14. Related party transactions

There were no related party transactions in the current year (2019: £Nil) other than unrestricted donations from trustees totalling £Nil (2019: £120).

