



Trustees' Annual Report for the period

From

Period start date

06

04

2024

To

Period end date

05

04

2025

Section A

Reference and administration details

Charity name

SHARE Young People's Counselling Service

Other names charity is known by

Registered charity number (if any)

1162458

Charity's principal address

Oakley Community Resource Centre

Clyde Crescent

Cheltenham

Postcode

GL52 5QJ

Names of the charity trustees who manage the charity

Trustee name

Office (if any)

Dates acted if not for whole year

Name of person (or body) entitled to appoint trustee (if any)

1 David Furminger

SHARE YPCS

2 Tracey Harper

SHARE YPCS

3 Gordon Hart

SHARE YPCS

4 Ruth Rickman-Williams

SHARE YPCS

5 Claire King

SHARE YPCS

6 Christopher Bygrave

SHARE YPCS

7 Lisa Wolf

SHARE YPCS

8 Charlie Roberts

SHARE YPCS

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name

Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

CIO

Trustee selection methods
(eg. appointed by, elected by)

By appointment

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

We have put the following “Policies and Procedures” in place:
Induction Process, Handbook, Safeguarding Policy, Equal Opportunities Policy

Organisational Structure
We hold Quarterly meetings of Trustees and stakeholders.

Relationships
Health and Safety Policy under the umbrella of Oakley Community Resource Centre

Trustees’ Consideration
Risk assessments under the umbrella of Oakley Community Resource Centre

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve and prevent suffering caused by mental or physical ill health or by social or economic circumstances among young people up to the age of 25 years old living in Gloucestershire and the surrounding area, in particular but not exclusively by provision of a counselling service.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The provision of a self-referring, free counselling service for young people up to the age of 25 facilitated by volunteer counsellors, on-line and face-to-face depending on circumstances, at varying times. We provide counselling to up to 12 clients per week. All clients are assessed prior to appointments with their counsellor to establish the level of need and ensure that counsellors are working within their limits.

In so doing, the Trustees have acted entirely ethically and appropriately for the public benefit and within the guidelines of our Constitution as approved and agreed by the Charity Commission.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our entirely voluntary group consists of 5 trained counsellors, 3 trainee counsellors, 3 supervisors, 2 coordinators, 1 general assistant. As part of our provision of service we accept trainee counsellors at Diploma level who wish to continue their professional development and receive full training and clinical supervision.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have provided regular free counselling, on line and face-to-face for young people in Cheltenham and surrounding areas on 46 weeks of the year. 206 counselling and 60- supervision hours were offered. Client sessions are varied between 6-12 weeks for clients depending on the level of need. Our clients mainly present with the following problems: Emotional/Personal, School/work, Relationship Feedback from our clients collected through questionnaires at the end of their sessions informs us that 83% found our service to be “very helpful”, the remaining 17% considered it “fairly helpful” on a five-point scale. Written feedback when invited to provide extra comments about their experience included the following examples by our clients: “Helped me talk about things on my mind. I am happier.” “Reflection. A place where uncomfortable thoughts could come to the forefront safely.” “Counselling has been a safe haven, a good place for help”
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Brief statement of the charity's policy on reserves

Any reserves (which on 05/04/25 amount to £3,179.42) are held with the Co-op Bank.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity relies solely on donations from clients, the general public and corporate organisations. Key expenditures are the charity's website, mobile phone, which is used for all client contact as well as the printing of required paperwork and training needs.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Johanna Niehues

Full name(s) Johanna Niehues

Position (eg Secretary, Chair, etc) Coordinator (Trustee in 25/26)

Date 01/02/2026

