



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	06	04	2023		05	04	2024

Section A Reference and administration details

Charity name	SHARE Young People's Counselling Service		
Other names charity is known by			
Registered charity number (if any)	1162458		
Charity's principal address	Oakley Community Resource Centre		
	Clyde Crescent		
	Cheltenham		
	Postcode	GL52 5QJ	

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 David Furminger			SHARE YPCS
2 Tracey Harper			SHARE YPCS
3 Gordon Hart			SHARE YPCS
4 Ruth Rickman-Williams			SHARE YPCS
5 Claire King			SHARE YPCS
6 Christopher Bygrave			SHARE YPCS
7 Lisa Wolf			SHARE YPCS
8 Charlie Roberts			SHARE YPCS
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	By appointment

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about: • policies and procedures adopted for the induction and training of trustees; • the charity’s organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees’ consideration of major risks and the system and procedures to manage them.	We have put the following “Policies and Procedures” in place: Induction Process, Handbook, Safeguarding Policy, Equal Opportunities Policy Organisational Structure We hold Quarterly meetings of Trustees and stakeholders. Relationships Health and Safety Policy under the umbrella of Oakley Community Resource Centre Trustees’ Consideration Risk assessments under the umbrella of Oakley Community Resource Centre
---	--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document	To relieve and prevent suffering caused by mental or physical ill health or by social or economic circumstances among young people up to the age of 25 years old living in Gloucestershire and the surrounding area, in particular but not exclusively by provision of a counselling service.
---	--

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The provision of a self-referring, free counselling service for young people up to the age of 25 facilitated by volunteer counsellors, on-line and face-to-face depending on circumstances, at varying times. We provide counselling to up to 12 clients per week. All clients are assessed prior to appointments with their counsellor to establish the level of need and ensure that counsellors are working within their limits.

In so doing, the Trustees have acted entirely ethically and appropriately for the public benefit and within the guidelines of our Constitution as approved and agreed by the Charity Commission.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our entirely voluntary group consists of 5 trained counsellors, 2 trainee counsellors, 3 supervisors, 2 coordinators, 1 general assistant, and 1 treasurer. As part of our provision of service we accept trainee counsellors at Diploma level who wish to continue their professional development and receive full training and clinical supervision.

Summary of the main achievements of the charity during the year

We have provided regular free counselling, on line and face-to-face for young people in Cheltenham and surrounding areas on 48 weeks of the year. 270 counselling and 88- supervision hours were offered. Client sessions are varied between 6-12 weeks for clients depending on the level of need. Our clients mainly present with the following problems: Emotional/Personal, School/work, Relationship

Feedback from our clients collected through questionnaires at the end of their sessions informs us that 83% found our service to be "very helpful", the remaining 17% considered it "fairly helpful" on a five-point scale.

Written feedback when invited to provide extra comments about their experience included the following examples by our clients:

"Helped me talk about things on my mind. I am happier."

"Reflection. A place where uncomfortable thoughts could come to the forefront safely."

"Counselling has been a safe haven, a good place for help"

Section E Financial review

Brief statement of the charity's policy on reserves

Any reserves (which to date amount to £3,098) are held with the Co-op Bank.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity relies solely on donations from clients, the general public and corporate organisations. Key expenditures are the charity's mobile phone, which is used for all client contact as well as the printing of required paperwork and training needs.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) David Furminger

Full name(s) David Nicholas Furminger

Position (eg Secretary, Chair, etc) Trustee

Date 23/01/2025

Date: 5th April 2024

SHARE YPCS

shareypcs@yahoo.com

[illegible]