



Trustees' Annual Report for the period

From

Period start date

06

04

2020

To

Period end date

05

04

2021

Charity name

SHARE Young People's Counselling Service

Other names charity is known by**Registered charity number (if any)**

1162458

Charity's principal address

Oakley Community Resource Centre

Clyde Crescent

Cheltenham

Postcode

GL52 5QJ

Names of the charity trustees who manage the charity

Trustee name**Office (if any)****Dates acted if not for whole year****Name of person (or body) entitled to appoint trustee (if any)**

1 Ella Soakell_Haines

SHARE YPCS

2 David Furminger

SHARE YPCS

3 Kate Smith

SHARE YPCS

4 Tracey Harper

SHARE YPCS

5 Gordon Hart

SHARE YPCS

6 Ruth

SHARE YPCS

Rickman-Williams

7 Christopher Bygrave

SHARE YPCS

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name**Dates acted if not for whole year**

Names and addresses of advisers (Optional information)

Type of adviser**Name****Address**

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	By appointment

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We have put the following "Policies and Procedures" in place:
Induction Process, Handbook, Safeguarding Policy, Equal Opportunities Policy

Organisational Structure
We hold Quarterly meetings of Trustees and stakeholders.

Relationships
Health and Safety Policy under the umbrella of Oakley Community Resource Centre

Trustees' Consideration
Risk assessments under the umbrella of Oakley Community Resource Centre

Summary of the objects of the charity set out in its governing document

To relieve and prevent suffering caused by mental or physical ill health or by social or economic circumstances among young people up to the age of 25 years old living in Gloucestershire and the surrounding area, in particular but not exclusively by provision of a counselling service.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The provision of a self-referring, free counselling service for young people up to the age of 25 facilitated by volunteer counsellors, on-line, at varying times, during the Covid-19 pandemic. We provide counselling to up to 12 clients per week. All clients are assessed prior to appointments with their counsellor to establish the level of need and ensure that counsellors are working within their limits.

In so doing, the Trustees have acted entirely ethically and appropriately for the public benefit and within the guidelines of our Constitution as approved and agreed by the Charity Commission.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our entirely voluntary group consist of 6 trained counsellors, 4 trainee counsellors, 2 supervisors, 1 coordinator and 1 general assistant, and 1 treasurer. As part of our provision of service we accept trainee counsellors at Diploma level who wish to continue their professional development and receive full training and clinical supervision.

Summary of the main achievements of the charity during the year

We have provided regular free counselling, on line for young people in Cheltenham and surrounding areas on 48 weeks of the year (Oakley Community Centre was completely closed during the pandemic). 280 counselling and 70- supervision hours were offered. Client sessions are varied between 6-12 weeks for clients depending on the level of need. Our clients mainly present with the following problems: Emotional/Personal, School/work, Relationship

Feedback from our clients collected through questionnaires at the end of their sessions informs us that 83% found our service to be “very helpful”, the remaining 17% considered it “fairly helpful” on a five-point scale.

Written feedback when invited to provide extra comments about their experience included the following examples by our clients:

“Helped me talk about things on my mind. I am happier.”

“Reflection. A place where uncomfortable thoughts could come to the forefront safely.”

“Counselling has been a safe haven, a good place for help”

As in 2019/20 we continued support for the trainees taken on between 2017/18 and 2019/20

We are currently fundraising to secure training for an additional supervisor.

Brief statement of the charity's policy on reserves

Any reserves (which to date amount to £1800) are held with the Co-op Bank.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity relies solely on donations from clients, the general public and corporate organisations (Primarily Amazon Prime). Key expenditures are the charity's mobile phone, which is used for all client contact as well as the printing of required paperwork.

Section F

Other optional information

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) David Furminger

Full name(s) David Nicholas Furminger

Position (eg Secretary, Chair, etc) Trustee

Date 06/03/2022

Date: 5th April 2021

SHARE YPCS

shareypcs@yahoo.com

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