

CYSTIC FIBROSIS CARE

England & Wales · Charity number 1162445

Details

Status Registered

Legal form CIO

Company number [09518316](#)

Registered 2015-06-29

Register [View on the Charity Commission register](#)

Contact

Address Westgarth
Snape
Bedale
DL8 2TJ

Phone 07857 508900

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Website www.cysticfibrosiscare.org.uk

Activities

Objects: FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH OF SUFFERERS OF CYSTIC FIBROSIS AND THEIR FAMILIES BY PROVIDING:- FACE-TO-FACE, CONFIDENTIAL SERVICES THAT INCLUDE:- EMOTIONAL SUPPORT AND COUNSELLING AT TIMES OF ACUTE STRESS OR DISTRESS;- PRACTICAL HELP THAT INCLUDES ASSISTANCE WITH OFFICIAL FORMS AND HELP TO NEGOTIATE SOMETIMES COMPLEX PROCESSES AND OFFICIAL SYSTEMS;- ADVOCACY AND REPRESENTATION IN RELATION TO HOUSING, EDUCATION, EMPLOYMENT AND AT DISABILITY APPEALS TRIBUNALS;- FINANCIAL ASSISTANCE FOR ESSENTIAL ITEMS THAT ENABLE OPTIMUM HOME SUPPORT OR RESPIRE BREAKS;- TRANSPORT TO HOSPITAL APPOINTMENTS;- BEFRIENDING AND MENTORING FOR YOUNG PEOPLE WITH CYSTIC FIBROSIS;- AND MASSAGE THERAPY IN HOSPITAL FOR ADULTS WITH CYSTIC FIBROSIS.

Activities: We exist to improve the quality of life for those with Cystic Fibrosis through nationwide fundraising. We provide grants to enable: Emotional Support. Provide food and energy vouchers. Fund hospital travel costs. Provide vital medical and exercise equipment. Fund education and vocational fees for CF adults. Training fees for CF nurses. See us @cf_care and www.cysticfibrosiscare.org.uk

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£230,043	£202,635	-	-
2023-11-30	£177,420	£144,226	-	-
2022-11-30	£121,436	£78,227	-	-
2021-11-30	£164,923	£50,436	-	-
2020-11-30	£69,915	£64,125	-	-

Trustees

Name	Role	Appointed
Christy York	Chair	2015-11-13
CATHERINE JEAN SUNLEY		2015-04-28
MARTYN ROSE		2015-11-13
Sasha York		2015-11-13

CYSTIC FIBROSIS CARE

England & Wales - Charity number 1162445

Accounts

CYSTIC FIBROSIS CARE
REPORT AND FINANCIAL STATEMENTS
FOR THE 12 MONTHS ENDED 30 NOVEMBER 2024
CHARITY NUMBER 1162445

CYSTIC FIBROSIS CARE

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CYSTIC FIBROSIS CARE

REFERENCE AND ADMINISTRATION DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS for the 12 months ended 30 November 2024

Charity Registration Number: 1162445

Trustees:	Mr C York (Chairman) Mrs S York Mr M Rose Mrs C J Sunley
Principal Address:	Westgarth House Snape Bedale North Yorkshire DL8 2TJ
Bankers:	HSBC 189 High Street Northallerton DL7 8LG
Independent Examiner:	Suzanne Bolton, FCA Streamline Accountants Unit 5 Battalion Court Catterick Catterick Garrison DL9 4QN

CYSTIC FIBROSIS CARE

TRUSTEES' ANNUAL REPORT

for the 12 months ended 30 November 2024

The Trustees present their annual report and the financial statements of the charity for the year ended 30 November 2024. The financial statements have been prepared in accordance with the accounting policies set out on pages 11 and 12 and comply with the Charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), as updated by Update Bulletin 1.

Structure, Governance and Management

Governing Document

Cystic Fibrosis Care is a Charitable Incorporated Organisation (CIO) which was registered with the Charity Commission on 29 June 2015. The Charity is governed by its constitution, dated 23 March 2015.

Recruitment and Appointment of Trustees

It is the policy of the Charity to recruit persons who have the skills, knowledge and experience which will assist in the management and promotion of the Charity.

The Trustees delegate the day to day running and responsibility of the Charity to the executive director Patricia Kilpatrick.

Objectives and Activities

The Cystic Fibrosis Care Charity is a registered charity, which was established in 2015. The Charity's objects are to improve the quality of life for those living with Cystic Fibrosis by providing emotional support and counselling as well as vital medical items and exercise equipment to individuals and Specialist CF Units, and by providing grants for welfare and hospital expenses. Training for both practitioner nurses to become Specialist CF nurses and adults CF patients over 21 are offered education and vocation grants to fund fees and student living costs.

The Trustees confirm that in exercising their duties they have had due regard to the guidance on public benefit, published by the Charity Commission.

The Charity has a small team of volunteers who sign a volunteer agreement. They help at events with collections, registration, marshallng and helping with refreshments and give their time freely. They are covered under the Charity's insurance policy in the event of an accident.

CYSTIC FIBROSIS CARE

Our Mission

The vision of the Charity is to create a world where those with Cystic Fibrosis can access the care that they need to improve the quality of their life and minimise their daily struggle.

Breathing is something we take for granted, but for those with Cystic Fibrosis the reality is very different. Cystic Fibrosis (CF) is a life-shortening, life limiting, inherited disease affecting over 11,200 people in the UK. One person in 25 carries the faulty CF gene, usually without being aware. This equates to over two million people in the UK. If two carriers have a baby, there is a one in four chance of their child having Cystic Fibrosis. CF affects the internal organs, especially the lungs and digestive system, clogging them with thick sticky mucus making it hard to breathe and digest food.

Many people with CF have to work very hard to keep their lungs healthy. They must eat 50% more calories every day, they need daily physiotherapy, and require invasive medical treatment, spending a great deal of time in hospital. A transplant for those with severe lung disease is often the only option, if indeed it is available. Treatments to control the symptoms are improving, however the average life expectancy is still in the late 40's and there is no cure.

The nature and treatment of the disease interferes with day-to-day life and the demands of coping with the symptoms and treatments can cause massive financial issues for many patients and families. A shortened life span and frequent hospitalisation is a constant concern, and it is our mission to support those in their lifelong battle with CF.

Achievements and Performance

The cost of living has continued to impact those with CF and their families especially those on low incomes. Those living with CF incur, on average, additional costs of more than £6,500 a year, due to extra spending on heating, dietary needs, attending medical appointments, home medical equipment and loss of income for adult patients and parents.

During the year we saw an increase in requests for our grants, especially our welfare grant, with referrals from CF Teams around the country for CF families finding themselves in difficulty unable to provide the basic necessities for their families. The increase in living costs with food prices rising approximately 4% and energy costs rising an average 10%, left many families destitute, requiring the extra support CF Care provided, validating the aims of our charity.

A total of individual grants awarded in the year were 112 (Food – 67, Energy – 16, Welfare – 31) amounting to £22,752.

During the year we were delighted with the news from NHS England that the drug Kaftrio has received regulatory approval for children aged 2 to 5 which will have a major impact on CF patients and their families, limiting lung damage and improving daily life.

A new drug Alyftrek has also been approved which is a one pill a day designed to help the CFRT protein, work better, and is much less onerous on the patient's body than many current medications.

CYSTIC FIBROSIS CARE

During the year the Charity was proud to donate £80,000 to St James Hospital CF Ward, Leeds, for the purchase of a Liver Fibroscanner which monitors the liver and indicates the severity of related liver diseases. We also funded the replacement of patient chairs in the ward (£4,598).

The Charity provided vital Pari E-Flows to Great Ormond Street, Hereford, RVI and Birmingham CF Wards (£12,107) and remote monitoring equipment at the RVI in Newcastle for adult patients which will allow them to track patients' health remotely using digital equipment enabling timely and proactive care and reducing the need for hospital visits, saving time and the risk of cross infection (£6,536).

Great Ormond Street Children's Transplant Unit received a grant of £7,950 for a Lung Care Book explaining in simplistic terms the process of such a major life saving operation in a picture book style for children to easily understand.

We funded a nurse training course grant towards the Management of CF in Adults and Children Course fees to improve the knowledge and confidence in the care of those with CF.

Our 2024 Hospital Survey sent to over 200 hospital contacts surveyed the number of staff and patients at each unit asking how many patients were using Kaftrio and how could we help their patients and nursing teams improve their patient services. The result of this Survey will direct the future decisions of the Charity.

The Charity is forever grateful for the volunteers who either attend the various events organised by the Charity or gather funds through events of their own. This source of income is invaluable as it not only provides funds but demonstrates the understanding and compassion for the CF community.

Financial Review

Income rose in the year to £230,044 (2023 £177,420) primarily due to £49,700 received from the Yorkshire Clay Day Event (2023 £nil). This allowed for an increase in grants to hospitals and individuals which totalled £133,092 (2023: £58,028) and included a grant to St James Hospital, Leeds, for £80,000 towards a new Fibroscanner. Other expenditure continued to be tightly controlled leaving unrestricted funds held at the end of the year of £426,078 (2023: £398,669)

Reserves Policy

The Charity retains the unrestricted reserve to provide sufficient resources to enable the Charity to fund its activities. The level of reserves is monitored and regularly reviewed by the Trustees.

Risk Management

The Trustees consider and review the major risks to which the Charity is exposed on a regular basis. They establish systems and procedures to manage these risks to an acceptable level. In particular, they scrutinise financial risks relating to its reliance on legacies, donations and gifts to cover the costs of the services it provides.

CYSTIC FIBROSIS CARE

Plans for Future Periods

We continue to live in challenging times, with high rates of inflation affecting the most vulnerable and it is vital that we continue to support these families with individual grants towards their living costs.

We will continue to work with the medical and social welfare teams to forge good relationships with each hospital so we can work together to provide the most effective support to benefit their patients. Internally our priority is to develop the organisation to be more efficient, resilient, and responsible so that we can continue to support the CF community and be able to provide vital medical equipment for the Specialist CF Units.

We look forward to making progress in 2025 and beyond to keep on supporting the most vulnerable when there is no other help available.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Principles). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of that charity for that year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- observe the methods and principles in the Charities SORP (FRS 102).
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

Approved by the Trustees and signed on their behalf on

2025 by:

Mr C York
Chairman

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CYSTIC FIBROSIS CARE

for the 12 months ended 30 November 2024

I report on the accounts of the Charity for the period ended 30 November 2024, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Suzanne Bolton FCA
Streamline Accountants
5 Battalion Court
Colburn Business Park
DL9 4QN

2025

STATEMENT of FINANCIAL ACTIVITIES

for the 12 months ended 30 November 2024

	Notes	2024 Unrestricted £	2023 Restricted £	2024 Unrestricted £	2023 Restricted £
INCOMING RESOURCES					
Income and endowments from:					
Donations and legacies	2	57,586	-	71,472	-
Other trading activities	3	154,752	-	102,130	-
Gain on Investments		11,275	-	861	-
Interest		6,431	-	2,957	-
Total Income		230,044	-	177,420	-
		=====	=====	=====	=====
RESOURCES EXPENDED					
Expenditure on:					
Raising funds	4	23,597	-	28,751	-
Charitable activities	5	120,321	12,770	38,028	20,000
Other	6	58,717	-	57,447	-
Total Expenditure		202,635	12,770	124,226	20,000
		=====	=====	=====	=====
Net Income / movement in funds		27,409	(12,770)	53,194	(20,000)
Total Funds brought forward		398,669	12,770	345,475	32,770
Total Funds carried forward		426,078	-	398,669	12,770
		=====	=====	=====	=====

CYSTIC FIBROSIS CARE
BALANCE SHEET as at 30 November 2024

	Notes	2024 £	2023 £
Fixed Assets	8	308	616
Investments		356,453	265,154
		-----	-----
		356,761	265,770
		=====	=====
Current Assets			
Prepayments & accrued income	9	-	1,000
Cash at bank & in hand		104,143	154,055
		-----	-----
Total Current Assets		104,143	155,055
Creditors: amounts due within one year		(34,826)	(9,386)
		-----	-----
Net Current Assets		69,317	145,669
		=====	=====
Total Net Assets		426,078	411,439
		=====	=====
FUNDS OF THE CHARITY			
Unrestricted Funds		426,078	398,669
Restricted Funds		-	12,770
		-----	-----
Total Funds		426,078	411,439
		=====	=====

The financial statements were approved by the Board of Trustees on
2025 and signed on its behalf by:

Mr C York
Chairman

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2024

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to the accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, as updated by Update Bulletin 1, and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The financial statements have been prepared to give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of the net income or expenditure of the Charity for the financial period, and the accounting policies adopted are those outlined below.

Cystic Fibrosis Care constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that income will be received, and the amount can be measured reliably.

The Charity ensures that restricted funds are applied in accordance with the wishes of the Donor.

Offsetting

There has been no offsetting of assets and liabilities or income and expenditure, unless required or permitted by the FRS 102 SORP or FRS 102.

Depreciation

Fixed assets are depreciated over their useful lives, less any residual value, on a straight-line basis. The depreciation rates are:

Computer – software	100%
Computer – hardware	25%

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2024 (continued)

Expenditure

Expenditure is recognised once there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes irrecoverable VAT.

Creditors

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

2 DONATIONS AND LEGACIES

	2024 £	2023 £
Donations and gifts – unrestricted	57,586	71,472
Donations and gifts - restricted	-	-
	-----	-----
	57,586	71,472
	=====	=====

3 INCOME FROM OTHER TRADING ACTIVITIES

	2024 £	2023 £
Income from events	154,752	102,130
	=====	=====

4 OTHER FUNDRAISING COSTS

	2024 £	2023 £
Cost of events	23,597	28,751
	=====	=====

5 EXPENDITURE ON CHARITABLE ACTIVITIES

	2024 £	2023 £
Grants paid – unrestricted	119,654	37,853
Grants paid – restricted	12,770	20,000
Activity Packs – unrestricted	667	175
	-----	-----
	133,091	58,028
	=====	=====

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2024 (continued)

6 OTHER COSTS

	2024 £	2023 £
Wages and salaries	53,641	50,300
Advertising	240	1,669
Printing, postage, and office expenses	2,400	3,077
Travel and subsistence	1,478	1,184
Insurance	571	830
Independent examiner's fee	150	150
Accountancy Fees	237	237
	-----	-----
	58,717	57,447
	=====	=====

7 STAFF COSTS

	2024 £	2023 £
Wages and salaries	53,641	50,300
	=====	=====

The average number of employees during the period was 3 (2021: 2). No employee had emoluments in excess of £60,000.

8 FIXED ASSETS

	2024 £	2023 £
Computers NBV b/f	616	924
Additions	-	-
Depreciation	(308)	(308)
	-----	-----
Computers NBV c/f	308	616
Investments	356,453	265,154
	-----	-----
	356,761	265,770
	=====	=====

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2024 (continued)

9	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2024	2023
		£	£
	Prepayments and accrued income	-	1,000
		=====	=====

10	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2024	2023
		£	£
	Trade creditors	-	-
	Taxation and social security	266	1,380
	Accruals and deferred income	34,560	8,006
		-----	-----
		34,826	8,270
		=====	=====

11 TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

The Trustees received no remuneration for their services to the Charity during the year (2023: nil).

CYSTIC FIBROSIS CARE

England & Wales - Charity number 1162445

Accounts

CYSTIC FIBROSIS CARE
REPORT AND FINANCIAL STATEMENTS
FOR THE 12 MONTHS ENDED 30 NOVEMBER 2023
CHARITY NUMBER 1162445

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CYSTIC FIBROSIS CARE

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Charity Registration Number: 1162445

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Bankers:	HSBC 189 High Street Northallerton DL7 8LG
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TRUSTEES' ANNUAL REPORT

for the 12 months ended 30 November 2023

The Trustees present their annual report and the financial statements of the charity for the year ended 30 November 2023. The financial statements have been prepared in accordance with the accounting policies set out on pages 11 and 12 and comply with the Charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), as updated by Update Bulletin 1.

Structure, Governance and Management

Governing Document

Cystic Fibrosis Care is a Charitable Incorporated Organisation (CIO) which was registered with the Charity Commission on 29 June 2015. The Charity is governed by its constitution, dated 23 March 2015.

Recruitment and Appointment of Trustees

It is the policy of the Charity to recruit persons who have the skills, knowledge and experience which will assist in the management and promotion of the Charity.

The Trustees delegate the day to day running and responsibility of the Charity to the executive director Patricia Kilpatrick.

Objectives and Activities

The Cystic Fibrosis Care Charity is a registered charity, which was established in 2015. The Charity's objects are to improve the quality of life for those living with Cystic Fibrosis by providing emotional support and counselling as well as vital medical items and exercise equipment to individuals and Specialist CF Units, and by providing grants for welfare and hospital expenses. Training for both practitioner nurses to become Specialist CF nurses and adults CF patients over 21 are offered education and vocation grants to fund fees and student living costs.

The Trustees confirm that in exercising their duties they have had due regard to the guidance on public benefit, published by the Charity Commission.

The Charity has a small team of volunteers who sign a volunteer agreement. They help at events with collections, registration, marshalling and helping with refreshments and give their time freely. They are covered under the Charity's insurance policy in the event of an accident.

CYSTIC FIBROSIS CARE

Our Mission

The vision of the Charity is to create a world where those with Cystic Fibrosis can access the care that they need to improve the quality of their life and minimise their daily struggle.

Breathing is something we take for granted, but for those with Cystic Fibrosis the reality is very different. Cystic Fibrosis (CF) is a life-shortening, life limiting, inherited disease affecting over 10,800 people in the UK. One person in 25 carries the faulty CF gene, usually without being aware. This equates to over two million people in the UK. If two carriers have a baby, there is a one in four chance of their child having Cystic Fibrosis. CF affects the internal organs, especially the lungs and digestive system, clogging them with thick sticky mucus making it hard to breathe and digest food.

Many people with CF have to work very hard to keep their lungs healthy. They have to eat 50% more calories every day, they need daily physiotherapy, and require invasive medical treatment, spending a great deal of time in hospital. A transplant for those with severe lung disease is often the only option, if indeed it is available. Treatments to control the symptoms are improving, however the average life expectancy is still in the late 40's and there is no cure.

The nature and treatment of the disease interferes with day-to-day life and the demands of coping with the symptoms and treatments can cause massive financial issues for many patients and families. A shortened life span and frequent hospitalisation is a constant concern, and it is our mission to support those in their lifelong battle with CF.

Achievements and Performance

The cost-of-living crisis continues to cause anxiety and stress for CF patients and families living on low incomes. New research at Bristol University reported this year that those living with CF incur additional costs of more than £6,500 a year on average, due to extra spending on heating, dietary needs, attending medical appointments, home medical equipment, and loss of income for adult patients and parents.

During the year, the Charity experienced a sharp increase in grant requests from CF Teams and Units around the country for their patients on low income who are finding themselves almost destitute and require extra support for food vouchers, energy costs, household white goods and requiring funding for emotional support which validates the aims of our charity. A total of 154 individual grants were awarded amounting to £29,172: Food – 81, Energy – 23, Welfare – 47, Travel – 3.

Many people living with CF have seen their lives significantly transformed due to the introduction of the new drug Kaftrio, which has helped to stabilise the health for those over the age of 6 years. The Charity supported one such patient with a grant of £600 towards Open University allowing them to complete their degree in accountancy in Belfast.

The Charity also supported Sheffield Hospital with a Simeox Machine costing £6,000 and Pari E-Flow nebulisers costing £1,280.

St James's Hospital in Leeds utilised part of the balance of their capital fund to improve the ward kitchen and provide gym equipment for their isolation Cepacia patients on Ward JO6.

CYSTIC FIBROSIS CARE

At the end of last year, due to the increased levels of requests, the Charity appointed a Trusts and Foundations Fundraiser on a part-time basis, and a part-time administrator. This extra resource has more than paid for itself with an increase in income from Trusts alone of £62,716, providing much needed funds for the Charity's objectives.

The Charity is forever grateful for the volunteers who either attend the various events organised by the Charity or gather funds through events of their own. This source of income is invaluable as it not only provides funds but demonstrates the understanding and compassion for the CF community.

Financial Review

Income rose in the year to £177,420 (2022 £119,067) primarily due to the increase in donations from Trusts of £65,716 (2022 £3,000). This allowed for an increase in grants to hospitals and individuals which totalled £38,028 (2022 £12,677). Other expenditure continued to be tightly controlled leaving unrestricted funds held at the end of the year of £398,669 (2021: £345,475)

£20,000 was paid to St James Hospital for ward improvements, leaving a balance at the end of the year in restricted reserves of £12,770.

Reserves Policy

The Charity retains the unrestricted reserve to provide sufficient resources to enable the Charity to fund its activities. The level of reserves is monitored and regularly reviewed by the Trustees.

Risk Management

The Trustees consider and review the major risks to which the Charity is exposed on a regular basis. They establish systems and procedures to manage these risks to an acceptable level. In particular they scrutinise financial risks relating to its reliance on legacies, donations and gifts to cover the costs of the services it provides.

Plans for Future Periods

We continue to live in challenging times, the continuing high cost of inflation is affecting the most vulnerable living on low pay with poor health. During the past year welfare grant requests have increased month on and month therefore it is vital we are ready and prepared to be able to fulfil the needs of CF patients and their families as they experience difficulties.

We will work with the medical and social welfare teams to forge good relationships with each hospital so we can work together to provide the most effective support to benefit their patients. Internally our priority is to develop the organisation to be more efficient, resilient, and responsible so that we can continue to support the CF community and be able to provide vital medical equipment for the Specialist CF Units.

The new website created in this financial year will attract more interest and direct more supporters to our services and provide a one stop shop for information and resources. We can now accept donations, boost fundraising and this has built trust with supporters which is crucial for the future success of the charity.

We look forward to making progress in 2024 and beyond to keep on supporting the most vulnerable when there is no other help available.

CYSTIC FIBROSIS CARE

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Principles). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of that charity for that year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charities SORP (FRS 102);
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

Approved by the Trustees and signed on their behalf on

2024 by:

Mr C York
Chairman

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CYSTIC FIBROSIS CARE

for the 12 months ended 30 November 2023

I report on the accounts of the Charity for the period ended 30 November 2023, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Suzanne Bolton FCA
Streamline Accountants
5 Battalion Court
Colburn Business Park
DL9 4QN

2023

STATEMENT of FINANCIAL ACTIVITIES

for the 12 months ended 30 November 2022

	Notes	2023 Unrestricted £	2023 Restricted £	2022 Unrestricted £	2022 Restricted £
INCOMING RESOURCES					
Income and endowments from:					
Donations and legacies	2	71,472	-	14,635	-
Other trading activities	3	102,130	-	104,056	-
Gain on Investments		861	-	(2,369)	-
Interest		2,957	-	2,744	-
Total Income		----- 177,420 =====	----- - =====	----- 119,067 =====	----- - =====
RESOURCES EXPENDED					
Expenditure on:					
Raising funds		28,751	-	27,978	-
Charitable activities		38,028	20,000	12,677	42,230
Other		57,447	-	37,572	-
Total Expenditure		----- 124,226 =====	----- 20,000 =====	----- 78,227 =====	----- 42,230 =====
Net Income / movement in funds		53,194	(20,000)	40,840	(42,230)
Total Funds brought forward		345,475	32,770	304,635	75,000
Total Funds carried forward		----- 398,669 =====	----- 12,770 =====	----- 345,475 =====	----- 32,770 =====

CYSTIC FIBROSIS CARE

BALANCE SHEET as at 30 November 2023

	Notes	2023 £	2022 £
Fixed Assets	8	616	924
Investments		265,154	189,293
		-----	-----
		265,770	190,217
		=====	=====
Current Assets			
Prepayments & accrued income	9	1,000	-
Cash at bank & in hand		154,055	196,298
		-----	-----
Total Current Assets		155,055	196,298
Creditors: amounts due within one year		(9,386)	(8,270)
		-----	-----
Net Current Assets		145,669	188,028
		=====	=====
Total Net Assets		411,439	378,245
		=====	=====
FUNDS OF THE CHARITY			
Unrestricted Funds		398,668	345,475
Restricted Funds		12,770	32,770
		-----	-----
Total Funds		411,439	378,245
		=====	=====

The financial statements were approved by the Board of Trustees on 2024 and signed on its behalf by:

Mr C York
Chairman

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2023

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to the accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, as updated by Update Bulletin 1, and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The financial statements have been prepared to give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of the net income or expenditure of the Charity for the financial period, and the accounting policies adopted are those outlined below.

Cystic Fibrosis Care constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that income will be received and the amount can be measured reliably.

The Charity ensures that restricted funds are applied in accordance with the wishes of the Donor.

Offsetting

There has been no offsetting of assets and liabilities or income and expenditure, unless required or permitted by the FRS 102 SORP or FRS 102.

Depreciation

Fixed assets are depreciated over their useful lives, less any residual value, on a straight line basis. The depreciation rates are:

Computer – software	100%
Computer – hardware	25%

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2023 (continued)

Expenditure

Expenditure is recognised once there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes irrecoverable VAT.

Creditors

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

2 DONATIONS AND LEGACIES

	2023 £	2022 £
Donations and gifts – unrestricted	71,472	14,635
Donations and gifts - restricted	-	-
	-----	-----
	71,472	14,635
	=====	=====

3 INCOME FROM OTHER TRADING ACTIVITIES

	2023 £	2022 £
Income from events	102,130	104,056
	=====	=====

4 OTHER FUNDRAISING COSTS

	2023 £	2022 £
Cost of events	28,751	27,978
	=====	=====

5 EXPENDITURE ON CHARITABLE ACTIVITIES

	2023 £	2022 £
Grants paid – unrestricted	37,853	12,643
Grants paid – restricted	20,000	42,230
Activity Packs – unrestricted	175	34
	-----	-----
	58,028	54,907
	=====	=====

CYSTIC FIBROSIS CARE**NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2023 (continued)****6 OTHER COSTS**

	2023	2022
	£	£
Wages and salaries	50,300	31,979
Advertising	1,669	1,446
Printing, postage, and office expenses	3,077	1,732
Travel and subsistence	1,184	1,333
Insurance	830	695
Independent examiner's fee	150	150
Accountancy Fees	237	237
	-----	-----
	57,447	37,572
	=====	=====

7 STAFF COSTS

	2023	2022
	£	£
Wages and salaries	50,300	31,979
	=====	=====

The average number of employees during the period was 3 (2021: 2). No employee had emoluments in excess of £60,000.

8 FIXED ASSETS

	2023	2022
	£	£
Computers NBV b/f	924	-
Additions	-	924
Depreciation	(308)	-
	-----	-----
Computers NBV c/f	616	924
Investments	265,154	189,293
	-----	-----
	265,770	190,217
	=====	=====

CYSTIC FIBROSIS CARE**NOTES TO THE FINANCIAL STATEMENTS for the 12 months
ended 30 November 2023 (continued)****9 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Prepayments and accrued income	1,000	-
	=====	=====

10 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	-	-
Taxation and social security	1,380	1,323
Accruals and deferred income	8,006	6,947
	-----	-----
	9,386	8,270
	=====	=====

11 TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

The Trustees received no remuneration for their services to the Charity during the year (2022: nil).

CYSTIC FIBROSIS CARE

England & Wales - Charity number 1162445

Accounts

CYSTIC FIBROSIS CARE
REPORT AND FINANCIAL STATEMENTS
FOR THE 12 MONTHS ENDED 30 NOVEMBER
2022
CHARITY NUMBER 1162445

CONTENTS OF THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2022

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REFERENCE AND ADMINISTRATION DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS for the 12 months ended 30 November 2022

Charity Registration Number: 1162445

Trustees: Mr C York (Chairman)
Mrs S York
Mr M Rose
Mrs C J Sunley

Principal Address: Westgarth House
Snape
Bedale
North Yorkshire
DL8 2TJ

Bankers: HSBC
189 High Street
Northallerton
DL7 8LG

Independent Examiner: Suzanne Bolton, FCA
Streamline Accountants
5 Battalion Court
Colburn Business Park
Catterick Garrison
DL9 4QN

CYSTIC FIBROSIS CARE

TRUSTEES' ANNUAL REPORT

for the 12 months ended 30 November 2022

The Trustees present their annual report and the financial statements of the charity for the year ended 30 November 2022. The financial statements have been prepared in accordance with the accounting policies set out on pages 12 and 13 and comply with the Charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), as updated by Update Bulletin 1.

Structure, Governance and Management

Governing Document

Cystic Fibrosis Care is a Charitable Incorporated Organisation (CIO) which was registered with the Charity Commission on 29 June 2015. The Charity is governed by its constitution, dated 23 March 2015.

Recruitment and Appointment of Trustees

It is the policy of the Charity to recruit persons who have the skills, knowledge and experience which will assist in the management and promotion of the Charity.

The Trustees delegate the day to day running and responsibility of the charity to the executive director Patricia Kilpatrick.

Objectives and Activities

The Cystic Fibrosis Care charity is a registered charity, which was established in 2015. The Charity's objects are to improve the quality of life for those living with cystic fibrosis by providing emotional support and counselling as well as vital medical items and exercise equipment to individuals and Specialist CF Units, and by providing grants for welfare and hospital expenses.

The Trustees confirm that in exercising their duties they have had due regard to the guidance on public benefit, published by the Charity Commission.

The Charity has a small team of volunteers who sign a volunteer agreement. They help at events with collections, registration, marshalling and helping with refreshments and give their time freely. They are covered under the Charity's insurance policy in the event of an accident.

CYSTIC FIBROSIS CARE

Our Mission

The vision of the Charity is to create a world where those with Cystic Fibrosis can access the care that they need to improve the quality of their life and minimise their daily struggle.

Breathing is something we take for granted, but for those with Cystic Fibrosis the reality is very different. Cystic Fibrosis (CF) is a life-shortening, life limiting, inherited disease affecting over 10,400 people in the UK. One person in 25 carries the faulty CF gene, usually without being aware. This equates to over two million people in the UK. If two carriers have a baby, there is a one in four chance of their child having Cystic Fibrosis. CF affects the internal organs, especially the lungs and digestive system, clogging them with thick sticky mucus making it hard to breathe and digest food.

Those with CF have to work very hard to keep their lungs healthy. They have to eat 50% more calories every day, they need daily physiotherapy, and require invasive medical treatment, spending a great deal of time in hospital. A transplant for those with severe lung disease is often the only option, if indeed it is available. Treatments to control the symptoms are improving, however the average life expectancy is still in the early 40's and there is no cure.

The nature and treatment of the disease interferes with day-to-day life and the demands of coping with the symptoms and treatments can cause massive financial issues for many patients and families. A shortened life span and frequent hospitalisation is a constant concern, and it is our mission to support those in their lifelong battle with CF.

Achievements and Performance

Many people living with CF have seen their lives significantly transformed due to the introduction of the new drug Kaftrio, which has helped to stabilise the health for those over the age of 6 years. People with CF are living longer, and as such the levels of support, both financial and emotional, has increased. The past year has seen continued changes in clinical care for outpatients with video call appointments, alternating with face-to-face appointments.

The rising energy and food costs in the year has hit most households and the Charity experienced a significant increase in requests for financial support. Acknowledging the inflationary impact on families, we took the decision to increase the value of our grants and we awarded 44 individual Food Grants as well as a further 34 Support Grants which paid for essential items such as washing machines or simply to pay for transport to and from hospital.

In addition, we provided two Training Grants for nurses - one at the James Cook Unit and the other at Kings Hospital in London.

We continue to offer specially designed face masks to CF adults and teenagers through our social media, some CF Units asking for more for their patients to hand out when they attend hospital.

CYSTIC FIBROSIS CARE

We have continued to build relationships with CF Units around the country to help create awareness about our grants. We continue to offer the following grants requested by the CF Unit Team or the social worker:

- food vouchers
- household energy vouchers
- hardship grant for household items
- emotional support grants
- hospital costs grants, for travel and food
- antibacterial masks
- training grants for nurses
- education, vocational and retraining grants for CF patients over 21
- a help chatline
- second-hand Smart phones to assist Diabetes patients
- exercise grants
- activity packs for children and adults staying in hospital

The increased levels of requests and the need to seek out new sources of income to allow us to continue to support the CF community, highlighted the need for further assistance and two new part-time appointments were made - a fundraiser and an administrator.

Financial Review

The relaxing of the pandemic restrictions allowed for a cautious return of the various events and sponsorship activities. As a result, income from such sources increased dramatically over the previous year. Conversely, donations fell behind as individuals dealt with the increased cost of living, and the investments saw a small fall in value. Overall, unrestricted income rose to £119,067, compared to £89,923 in 2021.

Expenditure continued to be tightly controlled. In order to seek out new sources of income, the Charity appointed a Trusts and Foundations Fundraiser on a part-time basis. In addition, a part time assistant for the office was appointed to help deal with the ever-increasing demand from requests and support from the CF community.

In the previous year, a restricted donation of £75,000 was received from the Yorkshire Charity Clay Shoot. During the year, £37,500 of these funds was paid out to the Leeds Seacroft Hospital Outpatients Clinic and £4,730 was paid to York Hospital for a Simeox Airway Clearance Device.

At end of the year the unrestricted funds held were £378,245 (2021: £304,635) and the restricted funds were £32,770 (2021: £75,000).

Reserves Policy

The Charity retains the unrestricted reserve to provide sufficient resources to enable the Charity to fund its activities. The level of reserves is monitored and reviewed by the Trustees throughout the period.

Risk Management

The Trustees consider and review the major risks to which the Charity is exposed on a regular basis. They establish systems and procedures to manage these risks to an acceptable level. In particular they scrutinise financial risks relating to its reliance on legacies, donations and gifts to cover the costs of the services it provides.

Plans for Future Periods

The charity will continue to serve the CF community providing vital support to patients who experience difficulty with small individual grants for their day to day needs and through larger capital sums to Hospitals which have CF Specialised Units.

CF is a life long condition and our charity needs to ensure we have sufficient funds to support those in most need in these unpredictable times. Our fundraising strategy and reserves policy will help us ensure that it holds sufficient reserves and allow it to continue to provide t vital service to fulfil our aims and mission.

We will strive to rely on the good will and support of the general public, with guidance from our Trustees and help from our fantastic volunteers.

CYSTIC FIBROSIS CARE

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Principles). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of that charity for that year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charities SORP (FRS 102);
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

Approved by the Trustees and signed on their behalf on

2023 by:

Mr C York
Chairman

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CYSTIC FIBROSIS CARE

for the 12 months ended 30 November 2022

I report on the accounts of the Charity for the period ended 30 November 2022, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Suzanne Bolton FCA
Streamline Accountants
5 Battalion Court
Colburn Business Park
DL9 4QN

2023

CYSTIC FIBROSIS CARE

STATEMENT of FINANCIAL ACTIVITIES

for the 12 months ended 30 November 2022

		Notes	2022		2022
2021	2021		Unrestricted	Restricted	
Unrestricted	Restricted		£	£	£
INCOMING RESOURCES					
Income and endowments from:					
Donations and legacies 75,000		2	14,635	-	35,106
Other trading activities -		3	104,056	-	36,055
Gain on Investments 16,662	-		(2,369)	-	
Interest -			2,744	-	2,100
Total Income 75,000			119,067	-	89,923
			=====	=====	

Resources Expended

Expenditure on:

Raising funds -		4	27,978	-	7,130
Charitable activities 17,122	-	5	12,677		42,230
Other -		6	37,572	-	26,184

Total Expenditure		-----	-----	-----	-----
-		78,227		42,230	50,436
		=====		=====	
	=====				
	=====				
Net income and net movement in funds			40,840	(42,230)	
39,487	75,000				
Total funds brought forward		304,635		75,000	
265,148	-				
		-----	-----	-----	

Total funds carried forward		345,475		32,770	
304,635	75,000				
		=====		=====	
	=====				
	=====				

CYSTIC FIBROSIS CARE

BALANCE SHEET as at 30 November 2022

	Notes	2022 £	2021 £
Fixed Assets	8	924	-
=====		=====	
Current Assets			
Prepayments & Accrued Income	9	-	647
Cash at bank and in hand		196,298	
191,188			
Investments		189,293	
191,662			
		-----	-----
Total Current Assets		385,591	
383,497			
Creditors: Amounts due within one year		(8,270)	
(3,861)			
		-----	-----
Net Current Assets		377,321	
379,636			
		=====	=====
Total Net Assets		378,245	
379,636			
		=====	=====
FUNDS OF THE CHARITY			
Unrestricted Funds		345,475	
304,636			
Restricted Funds		32,770	75,000
		-----	-----
Total Funds		378,245	
379,636			
		=====	
=====			

The financial statements were approved by the Board of Trustees on
signed on its behalf by:

2023 and

Mr C York
Chairman

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2022

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to the accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, as updated by Update Bulletin 1, and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The financial statements have been prepared to give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of the net income or expenditure of the Charity for the financial period, and the accounting policies adopted are those outlined below.

Cystic Fibrosis Care constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that income will be received and the amount can be measured reliably.

The Charity ensures that restricted funds are applied in accordance with the wishes of the Donor.

Offsetting

There has been no offsetting of assets and liabilities or income and expenditure, unless required or permitted by the FRS 102 SORP or FRS 102.

Depreciation

Fixed assets are depreciated over their useful lives, less any residual value, on a straight line basis. The depreciation rates are:

Computer – software	100%
Computer – hardware	25%

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2021 (continued)

Expenditure

Expenditure is recognised once there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes irrecoverable VAT.

Creditors

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

2 DONATIONS AND LEGACIES

	2022 £	2021 £
Donations and gifts - unrestricted	14,635	35,106
Donations and gifts - restricted	-	75,000
	-----	-----
	14,635	106,106
	=====	=====

3 INCOME FROM OTHER TRADING ACTIVITIES

	2022 £	2021 £
Income from events	104,056	36,547
	=====	=====

4 OTHER FUNDRAISING COSTS

	2022 £	2021 £
Cost of events	27,978	7,130
	=====	=====

CYSTIC FIBROSIS CARE
NOTES TO THE FINANCIAL STATEMENTS for
the 12 months ended 30 November 2022
(continued)

5 EXPENDITURE ON CHARITABLE ACTIVITIES

	2022	2021
	£	£
Grants paid – unrestricted	12,643	16,625
Grants paid – restricted	42,230	-
Activity Packs – unrestricted	34	498
	<u>54,907</u>	<u>17,122</u>
	=====	=====

6 OTHER COSTS

	2022	2021
	£	£
Wages and salaries	31,979	20,514
Advertising	1,446	1,632
Printing, postage and office expenses	1,732	2,291
Travel and subsistence	1,333	588
Insurance	695	772
Independent examiner's fee	150	150
Accountancy fees	237	237
	<u>37,572</u>	<u>26,184</u>
	=====	=====

7 STAFF COSTS

	2022	2021
	£	£
Wages and salaries	31,979	20,514
	=====	=====

The average number of employees during the period was 2 (2021: 1). No employee had emoluments in excess of £60,000.

CYSTIC FIBROSIS CARE
NOTES TO THE FINANCIAL STATEMENTS for the 12 months
ended 30 November 2022 (continued)

8 FIXED ASSETS

	2022	2021
	£	£
Cost and NBV b/f	-	-
Additions	924	-
Depreciation	-	-
Net Book Value c/f		-
924		- =====
	=====	

9 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Prepayments and accrued income		647
-		
	=====	=====

10 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	-	-
Taxation and social security		602
1,323		
Accruals and deferred income	6,947	3,259
8,270		3,861 =====
	=====	

11 TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

The Trustees received no remuneration for their services to the Charity during the year (2021 : nil)

CYSTIC FIBROSIS CARE

England & Wales - Charity number 1162445

Accounts

CYSTIC FIBROSIS CARE
REPORT AND FINANCIAL STATEMENTS
FOR THE 12 MONTHS ENDED 30 NOVEMBER
2021

CHARITY NUMBER 1162445

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REFERENCE AND ADMINISTRATION DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS for the 12 months ended 30 November 2021

Charity Registration Number: 1162445

Trustees: Mr C York (Chairman)
Mrs S York
Mr M Rose
Mrs C J Sunley
Mr N Wilson – retired
24th May 2021

Principal Address: Westgarth House
Snape
Bedale
North Yorkshire
DL8 2TJ

Bankers: HSBC
189 High Street
Northallerton
DL7 8LG

Independent Examiner: Suzanne Bolton, FCA
Streamline Accountants
Barclays Bank Chambers
18 North End
Bedale
DL8 1AB

TRUSTEES' ANNUAL REPORT

for the 12 months ended 30 November 2021

The Trustees present their annual report and the financial statements of the charity for the year ended 30 November 2021. The financial statements have been prepared in accordance with the accounting policies set out on pages 12 and 13 and comply with the Charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), as updated by Update Bulletin 1.

Structure, Governance and Management

Governing Document

Cystic Fibrosis Care is a Charitable Incorporated Organisation (CIO) which was registered with the Charity Commission on 29 June 2015. The Charity is governed by its constitution, dated 23 March 2015.

Recruitment and Appointment of Trustees

It is the policy of the Charity to recruit persons who have the skills, knowledge and experience which will assist in the management and promotion of the Charity.

The Trustees delegate the day to day running and responsibility of the charity to the executive director Patricia Kilpatrick.

Objectives and Activities

The Cystic Fibrosis Care charity is a registered charity, which was established in 2015. The Charity's objects are to improve the quality of life for those living with cystic fibrosis by providing emotional support and counselling as well as vital medical items and exercise equipment to individuals and Specialist CF Units, and by providing grants for welfare and hospital expenses.

The Trustees confirm that in exercising their duties they have had due regard to the guidance on public benefit, published by the Charity Commission.

The Charity has a small team of volunteers who sign a volunteer agreement. They help at events with collections, registration, marshalling and helping with refreshments and give their time freely. They are covered under the Charity's insurance policy in the event of an accident.

CYSTIC FIBROSIS CARE

Our Mission

The vision of the Charity is to create a world where those with Cystic Fibrosis can access the care that they need to improve the quality of their life and minimise their daily struggle.

Breathing is something we take for granted, but for those with Cystic Fibrosis the reality is very different. Cystic Fibrosis (CF) is a life-shortening, life limiting, inherited disease affecting over 10,400 people in the UK. One person in 25 carries the faulty CF gene, usually without being aware. This equates to over two million people in the UK. If two carriers have a baby, there is a one in four chance of their child having Cystic Fibrosis. CF affects the internal organs, especially the lungs and digestive system, clogging them with thick sticky mucus making it hard to breathe and digest food.

Those with CF have to work very hard to keep their lungs healthy. They have to eat 50% more calories every day, they need daily physiotherapy, and require invasive medical treatment, spending a great deal of time in hospital. A transplant for those with severe lung disease is often the only option, if indeed it is available. Treatments to control the symptoms are improving, however the average life expectancy is still in the early 40's and there is no cure.

The nature and treatment of the disease interferes with day-to-day life and the demands of coping with the symptoms and treatments can cause massive financial issues for many patients and families. A shortened life span and frequent hospitalisation is a constant concern, and it is our mission to support those in their lifelong battle with CF.

Achievements and Performance

During the past financial year to 30th November 2021, we saw our income increase by 136% on the previous year. Two events held during the year were extremely successful, raising far more than expected, a very entertaining virtual wine tasting and the most memorable day of sport at the Yorkshire Charity Clay Shoot held at Duncombe Park. We saw repeated support from Trusts and Foundations. However, many events were cancelled due to Covid restrictions, but eventually towards the end of the year we had supporters taking part in the 40th Great North Run and London Marathon, with repeat events at Christmas.

We have continued to provide hardship grants, food vouchers, hospital travel costs, enable emotional support and provided vital medical equipment. We provided an education grant to a Northern Irish student and continue to provide telephone support to CF patients and parents asking for guidance about benefits, emotional support or their financial predicaments. Our policy is to re-direct them back to their CF Unit and social worker for extra support as well as offering a sympathetic ear.

CF patients and their families have been adjusting to Kaftrio, the new treatment which became available in August 2020. The triple therapy drug treatment is available for

almost 90% of patients over 12 years old and is highly effective, improving lung function and general health. Many patients have said Kaftrio is life changing, a 'miracle drug' giving them hope for the future, but there are still patients who are unable to tolerate the side effects, or their particular genetic variants are not eligible for the drug. We expect to have more requests for our education and retraining grants because of improved health.

CYSTIC FIBROSIS CARE

We supported two main CF Centres with Pari E-flow nebulisers as the NHS continue to refuse to fund these devices at Birmingham Children's Hospital, James Cook in Middlesbrough and many other units.

We continue to supply specially designed face masks to over 3,500 CF adults and teenagers around the country, requested via the CF Units and directly to patients with requests through social media and we are grateful to Jess Spoor for her contribution.

We continue to fund grants requested by the CF Unit Teams and wherever possible we will offer advice to find other options if we cannot fulfil the request ourselves.

Financial Review

The pandemic continued to have an adverse impact on income with many of the planned events and activities remaining on hold. Again, various virtual events were organised, including a very successful wine tasting evening which raised £21,570. Income was further boosted with £15,000 from the Swire Charitable Trust.

A successful application to the Yorkshire Charity Clay Shoot held at Duncombe Park resulted in a donation of £75,000. These monies are to be used in support of the York Hospital CF outpatients' clinic and the refurbishment of the Seacroft Hospital outpatients clinic at Seacroft in Leeds. Both of these projects have been delayed but it is anticipated that these monies will be handed over in 2022.

Details of the income and expenditure are shown in the profit and loss account. The donation from the Yorkshire Charity Clay Shoot is restricted. The total net income for the year was £114,487 (2020: £5,790) of which £39,487 (2020: £5,790) was unrestricted and £75,000 (2020: £nil) was restricted.

At end of the year the unrestricted funds held were £304,635 (2020: £265,148) and the restricted funds were £75,000 (2020: £nil).

Reserves Policy

The Charity retains the unrestricted reserve to provide sufficient resources to enable the Charity to fund its activities. The level of reserves is monitored and reviewed by the Trustees throughout the period.

Risk Management

The Trustees consider and review the major risks to which the Charity is exposed on a regular basis. They establish systems and procedures to manage these risks to an acceptable level. In particular they scrutinise financial risks relating to its reliance on legacies, donations and gifts to cover the costs of the services it provides.

CYSTIC FIBROSIS CARE

Plans for Future Periods

We will continue to fund emergency grants for those impacted by Covid-19 while the spread of the disease may be decreasing, the long-term impact will continue to be felt by the CF community. We will also continue to offer CF training for nurses online with the EducateCF course. We will carry on supplying AB face masks to CF adults and CF Units. We hope to finalise our discussions with the clinicians regarding supporting the new York Hospital CF outpatients' clinic and the refurbishment of the Seacroft Hospital outpatients clinic at Seacroft in Leeds, both of which had been suspended until 2022.

We identified a funding gap in education for CF adults as there is currently only one other charity offering this help for college age students aged 18 to 24. We offer an education grant to provide CF adult patients aged 21+ with a grant towards further education and retraining for employment as health and life expectancy of patients improves due to new drug treatments now available.

We continue to seek out new sources of income so that we can continue to support the CF community.

CYSTIC FIBROSIS CARE

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Principles). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of that charity for that year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charities SORP (FRS 102);
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

Approved by the Trustees and signed on their behalf on

2022 by:

Mr C York (Chairman) Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CYSTIC FIBROSIS CARE

for the 12 months ended 30 November 2021

I report on the accounts of the Charity for the period ended 30 November 2021, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Suzanne Bolton FCA
Streamline Accountants
5 Battalion Court
Colburn Business Park
DL9 4QN

2022

CYSTIC FIBROSIS CARE

STATEMENT of FINANCIAL ACTIVITIES

for the 12 months ended 30 November 2021

		2021	2021	
		Unrestricted	Restricted	
		£	£	
			Unrestricted	
			£	
Notes				
INCOMING RESOURCES				
Income and endowments from:				
Donations and legacies	2	35,106	75,000	
			31,268	
Other trading activities	3	36,055	-	
			36,547	
Gain on Investments		16,662	-	-
Interest		2,100	-	
			2,100	
Total Income		89,923	75,000	
			69,915	
		=====	=====	
			=====	

RESOURCES EXPENDED

Expenditure on:

Raising funds	4	7,130	-	
Charitable activities	5	17,122	-	
		35,194		
Other	6	26,184	-	
		28,931		
Total expenditure		50,436	-	
		64,125		

Net income and Net movement in funds	39,487	75,000	
Total funds brought forward	265,148	-	2
Total funds carried forward	304,635	75,000	265
	=====		==
	=====		

CYSTIC FIBROSIS CARE

BALANCE SHEET as at 30 November 2021

	2021 £	2020 Notes £
CURRENT ASSETS		
Prepayments & Accrued Income 8	647 3,367	
Cash at bank and in hand	191,188 190,881	
Investments	191,662 75,000	
Total Current Assets	383,497 269,248	
Creditors: Amounts falling due within one year 9	(3,861) 4,100)	(
Net Current Assets	379,635 265,148	
Total Net Assets	379,635 265,148	

FUNDS OF THE CHARITY

Unrestricted Funds	304,635	
	265,148	
Restricted Funds	75,000	
	-	

Total Funds	379,635	
	265,148	
		=====
		=====

The financial statements were approved by the Board of Trustees on 2022 and signed on its behalf by:

Mr C York (Chairman) Trustee

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2021

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to the accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, as updated by Update Bulletin 1, and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The financial statements have been prepared to give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of the net income or expenditure of the Charity for the financial period, and the accounting policies adopted are those outlined below.

Cystic Fibrosis Care constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that income will be received and the amount can be measured reliably.

The Charity ensures that restricted funds are applied in accordance with the wishes of the Donor.

Offsetting

There has been no offsetting of assets and liabilities or income and expenditure, unless required or permitted by the FRS 102 SORP or FRS 102.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes irrecoverable VAT.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2021 (continued)

Creditors

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

2 DONATIONS AND LEGACIES

	2021 £	2020 £
Donations and gifts - unrestricted	35,106	31,268
Donations and gifts - restricted	75,000	-

	106,106	
	=====	=====

3 INCOME FROM OTHER TRADING ACTIVITIES

	2021 £	2020 £
Cycling events	2,608	23,550
Running events	3,946	10,040

Wine Tasting Evening	21,570	-
Christmas Events	4,205	-
Other	3,726	2,957
	<u>36,055</u>	<u>36,547</u>
	=====	=====

4 OTHER FUNDRAISING COSTS

	2020	2020
	£	£
Wine Tasting Evening	4,953	-
Other	2,177	-
	<u>7,130</u>	<u>-</u>
	=====	=====

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2021 (continued)

5 EXPENDITURE ON CHARITABLE ACTIVITIES

	2021	2020
	£	£
Grants paid	16,625	35,051
Activity Packs	498	143
	<u>17,122</u>	<u>35,194</u>
	=====	=====

6 OTHER COSTS

	2021	2020
	£	£
Wages and salaries	20,514	21,472
Advertising	1,632	2,111
Printing, postage and office expenses	2,291	3,882
Travel and subsistence	588	538
Insurance	772	541
Independent examiner's fee	150	150
Accountancy fees	237	237
	<u> </u>	<u> </u>

26,184	28,931
=====	=====

7 STAFF COSTS

	2021	2020
	£	£
Wages and salaries	20,514	21,472
	=====	=====

The average number of employees during the period was 1 (2020: 1). No employee had emoluments in excess of £60,000.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2021 (continued)

8 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Prepayments and accrued income		3,367
647	=====	=====

9 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	-	-
Taxation and social security	602	856
Accruals and deferred income	3,259	3,244
	<u>3,861</u>	<u>4,100</u>
	=====	=====

10 TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

The trustees received no remuneration for their services to the Charity during the year (2020 : nil)

CYSTIC FIBROSIS CARE

England & Wales - Charity number 1162445

Accounts

CYSTIC FIBROSIS CARE
REPORT AND FINANCIAL STATEMENTS
FOR THE 12 MONTHS ENDED 30 NOVEMBER 2020
CHARITY NUMBER 1162445

CYSTIC FIBROSIS CARE

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CYSTIC FIBROSIS CARE

REFERENCE AND ADMINISTRATION DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS for the 12 months ended 30 November 2020

Charity Registration Number: 1162445

Trustees:	Mr C York (Chairman) Mrs S York Mr M Rose Mrs G Tomkins – resigned 2.12.19 Mrs C J Sunley Mr N Wilson - appointed 26.6.20
Principal Address:	Westgarth House Snape Bedale North Yorkshire DL8 2TJ
Bankers:	HSBC 189 High Street Northallerton DL7 8LG
Independent Examiner:	Suzanne Bolton, FCA Streamline Accountants Barclays Bank Chambers 18 North End Bedale DL8 1AB

CYSTIC FIBROSIS CARE

TRUSTEES' ANNUAL REPORT

for the 12 months ended 30 November 2020

The Trustees present their annual report and the financial statements of the charity for the year ended 30 November 2020. The financial statements have been prepared in accordance with the accounting policies set out on pages 12 and 13 and comply with the Charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), as updated by Update Bulletin 1.

Structure, Governance and Management

Governing Document

Cystic Fibrosis Care is a Charitable Incorporated Organisation (CIO) which was registered with the Charity Commission on 29 June 2015. The Charity is governed by its constitution, dated 23 March 2015.

Recruitment and Appointment of Trustees

It is the policy of the Charity to recruit persons who have the skills, knowledge and experience which will assist in the management and promotion of the Charity.

The Trustees delegate the day to day running and responsibility of the charity to the executive director Patricia Kilpatrick.

Objectives and Activities

The Cystic Fibrosis Care charity is a registered charity, which was established in 2015. The Charity's objects are to improve the quality of life for those living with cystic fibrosis by providing emotional support and counselling as well as vital medical items and exercise equipment to individuals and Specialist CF Units, and by providing grants for welfare and hospital expenses.

The Trustees confirm that in exercising their duties they have had due regard to the guidance on public benefit, published by the Charity Commission.

CYSTIC FIBROSIS CARE

The Charity has a small team of volunteers who sign a volunteer agreement. They help at events with collections, registration, marshalling and helping with refreshments and give their time freely. They are covered under the Charity's insurance policy in the event of an accident.

Our Mission

Our charity, Cystic Fibrosis Care, began in June 2015. Our vision is to create a world where those with Cystic Fibrosis can access the care that they need to improve the quality of their life and minimise their daily struggle.

Breathing is something we take for granted, but for those with Cystic Fibrosis the reality is very different. Cystic Fibrosis (CF) is a life-shortening, life limiting, inherited disease affecting over 10,400 people in the UK. One person in 25 carries the faulty CF gene, usually without being aware. This equates to over two million people in the UK. If two carriers have a baby, there is a one in four chance of their child having Cystic Fibrosis. CF affects the internal organs, especially the lungs and digestive system, clogging them with thick sticky mucus making it hard to breathe and digest food.

Those with CF have to work very hard to keep their lungs healthy. They have to eat 50% more calories every day, they need daily physiotherapy, and require invasive medical treatment, spending a great deal of time in hospital. A transplant for those with severe lung disease is often the only option, if indeed it is available. Treatments to control the symptoms are improving, and during the past year a new drug, Kaftrio, has become available to patients from the age of 12 years old which is having a huge impact of health, although the average life expectancy is still in the early 40's and there is no cure.

The nature and treatment of the disease interferes with day-to-day life and the demands of coping with the symptoms and treatments can cause massive financial issues for many patients and families. A shortened life span and frequent hospitalisation is a constant concern, and it is our mission to support those in their lifelong battle with CF.

Achievements and Performance

The pandemic has had a severe impact on patients and families with real emergency situations needing immediate response. We developed a Covid-19 Emergency Grant to deal with some of the very difficult situations patients were facing and paused all exercise grants and equipment grants to allow us to concentrate on these. Throughout the crisis we have funded grants to:

- help plug the gap in the delay of benefit payment
- provide food vouchers
- offer psychological support
- pay travel costs to hospital
- provide anti-bacterial face masks

This past year has been like no other in our collective memory! Having some of our major fundraising events postponed until 2021 has had a real impact on the Charity and yet there have been more requests for support than ever before. We established virtual events driven by social media as early as April 2020 to give

CYSTIC FIBROSIS CARE

our volunteers and those with Cystic Fibrosis a focus and a reason to exercise both indoors and outdoors as part of their daily routine, giving many optimism and hope throughout the year.

We held successful virtual challenges through the summer months and Christmas events which we hope to repeat during the coming year.

We started work on a long-term strategy plan to assess our core values, detail our objectives for the near and long-term future and planning where our funding will come from (virtual/online and offline events, social media, grants). We continue to review our strengths, weakness, opportunities and gaps as a charity so that we can be ready for the post Corona virus world. A brief review of the year includes:

- We provided Covid19 emergency grants for patients offering direct support with food vouchers for both individuals and for families as they struggle with loss of jobs and higher living costs.
- We distributed over 3000 quality, specially-designed AB Face Masks to CF adults and children over the age of 13 years and to CF Units. We have continued to offer Activity Packs to CF Centres for both in-patients and out-patient clinics to occupy patients who have to spend many hours waiting in hospital.
- As we were unable to arrange parent group meetings, we instead turned to zoom call support groups and social media to provide a link for younger adults.
- We have updated our grant procedure and processes with the Trustee Grant Team to help provide direct grants to patients and CF Units. Our policies and procedures comply with the Charity Commission and the General Data Protection Regulation which provides greater protection around personal data. The Investment Policy, the Financial Policy and the Conflicts of Interest Policy were also reviewed and updated. The Charity continues to carry out its purpose for public benefit.

Financial Review

The pandemic has had a huge impact on the ability of the Charity to generate funds as the planned events and activities had to be put on hold. To counteract this fall in income, a number of 'virtual' events were organised and advertised using social media.

Total incoming resources for the period amount to £ 69,915 (2019: £122,329), comprising £ 31,268 (2019: £5,675) from donations, £ 36,547 (2019: £116,654) from fundraising events and £ 2,100 from interest.

Resources expended amount to £64,125 (2019: £90,906) comprising £35,194 (2019: £30,546) on charitable activities, £nil (2019: £30,859) on fundraising activities and £28,931 (2019: £29,501) on general expenditure.

At end of the year the unrestricted funds held were £265,148 (2019: £259,358). All funds at present in the hands of the Charity are available for the general provision of the Charity's objects.

CYSTIC FIBROSIS CARE

Reserves Policy

The Charity retains the unrestricted reserve to provide sufficient resources to enable the Charity to fund its activities. The level of reserves is monitored and reviewed by the Trustees throughout the period.

Risk Management

The Trustees consider and review the major risks to which the Charity is exposed on a regular basis. They establish systems and procedures to manage these risks to an acceptable level. In particular they scrutinise financial risks relating to its reliance on legacies, donations and gifts to cover the costs of the services it provides.

Plans for Future Periods

We will continue to fund emergency grants for those impacted by Covid-19 while the spread of the disease may be decreasing, the long-term impact will continue to be felt by the CF community. We will also continue to offer CF training for nurses online with the EducateCF course. We will carry on supplying AB face masks to CF adults and CF Units. We are in discussions with the clinicians to offer funding towards the new York Hospital CF outpatients clinic and the refurbishment of the Seacroft Hospital outpatients clinic in Leeds, which is currently suspended until 2021.

We identified a funding gap in education for CF adults as there is currently only one other charity offering this help for college age students aged 18 to 24. We will offer an education grant in the future to provide CF adult patients aged 21+ with a grant towards further education and retraining for employment as health and life expectancy of patients improves due to new drug treatments now available.



CYSTIC FIBROSIS CARE

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Principles). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of that charity for that year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charities SORP (FRS 102);
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

Approved by the Trustees and signed on their behalf on

2021 by:

Mr C York (Chairman) Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CYSTIC FIBROSIS CARE

for the 12 months ended 30 November 2020

I report on the accounts of the Charity for the period ended 30 November 2018, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Suzanne Bolton FCA
Streamline Accountants
Barclays Bank Chambers
18 North End
Bedale DL8 1AB

2021

CYSTIC FIBROSIS CARE

STATEMENT OF FINANCIAL ACTIVITIES

for the 12 months ended 30 November 2020

		Unrestricted Funds	
		2020	2019
	Notes	£	£
INCOMING RESOURCES			
Income and endowments from:			
Donations and legacies	2	31,268	5,675
Other trading activities	3	36,547	116,654
Interest		2,100	0
Total income		69,915	122,329
 RESOURCES EXPENDED			
Expenditure on:			
Raising funds	4	-	30,859
Charitable activities	5	35,194	30,546
Other	6	28,931	29,501
Total expenditure		64,125	90,906
Net income and Net movement in funds		5,790	31,423
Total funds brought forward		259,358	227,935
Total funds carried forward		265,148	259,358
		=====	=====

CYSTIC FIBROSIS CARE

BALANCE SHEET As at 30 November 2020

	Notes	2020 £	2019 £
CURRENT ASSETS			
Prepayments & Accrued Income	8	3,367	4,698
Cash at bank and in hand		190,881	258,701
Investments	75,000		
		_____	_____
Total current assets		269,248	263,399
Creditors: Amounts falling due within one year	9	(4,100)	(4,041)
		_____	_____
Net current assets		265,148	259,358
		_____	_____
Total net assets		265,148	259,358
		_____	_____
FUNDS OF THE CHARITY			
Unrestricted funds		265,148	259,358
		_____	_____
Total funds		265,148	259,358
		=====	=====

The financial statements were approved by the Board of Trustees on

2021 and signed on its behalf by:

Mr C York (Chairman) Trustee

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2020

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to the accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, as updated by Update Bulletin 1, and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The financial statements have been prepared to give a true and fair view of the state of affairs of the Charity as at the end of the financial period and of the net income or expenditure of the Charity for the financial period, and the accounting policies adopted are those outlined below.

Cystic Fibrosis Care constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that income will be received and the amount can be measured reliably.

All funds administered by the Charity are unrestricted funds and are available to be applied for the general purposes of the charity.

Offsetting

There has been no offsetting of assets and liabilities or income and expenditure, unless required or permitted by the FRS 102 SORP or FRS 102.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes irrecoverable VAT.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS for the 12 months ended 30 November 2020
(continued)

Creditors

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

2 DONATIONS AND LEGACIES

	2020	2019
	£	£
Donations and gifts	31,268	5,675
	=====	=====

3 INCOME FROM OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Cycling events	21,224	10,864
Running events	10,040	-
Coast to Coast Cycle	2,326	-
Lake Geneva Swim	-	5,682
York Race Day	-	64,502
D Gurney Darts	-	17,440
North Yorkshire tennis tournament	-	3,220
Other	2,957	14,946
	=====	=====
	36,547	116,654
	=====	=====

4 OTHER FUNDRAISING COSTS

	2020	2019
	£	£
York race day	0	29,152
Other	0	1,707
	=====	=====
	0	30,859
	=====	=====

CYSTIC FIBROSIS CARE**NOTES TO THE FINANCIAL STATEMENTS – continued for the 12 months ended 30 November 2020****5 EXPENDITURE ON CHARITABLE ACTIVITIES**

	2020	2019
	£	£
Grants paid	35,051	30,347
Activity Packs	143	199
	35,194	30,546
	=====	=====

6 OTHER COSTS

	2020	2019
	£	£
Wages and salaries	21,472	21,046
Advertising	2,111	1,391
Printing, postage and office expenses	3,882	2,926
Travel and subsistence	538	3,169
Insurance	541	618
Independent examiner's fee	150	150
Accountancy fees	237	201
Legal and professional fees	-	-
Sundry expenses	-	-
	28,931	29,501
	=====	=====

7 STAFF COSTS

	2020	2019
	£	£
Wages and salaries	21,472	21,046
	=====	=====

The average number of employees during the period was 1 (2019: 1). No employee had emoluments in excess of £60,000.

CYSTIC FIBROSIS CARE

NOTES TO THE FINANCIAL STATEMENTS – continued for the 12 months ended 30 November 2020

8 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Prepayments and accrued income	3,367 =====	4,698 =====

9 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Trade creditors	-	-
Taxation and social security	856	850
Accruals and deferred income	3,244	3,191
	4,100 =====	4,041 =====

10 TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

The trustees received no remuneration for their services to the Charity during the year. One Trustee received £99 for reimbursed expenses.