

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date

1	9	0	9	2	3
---	---	---	---	---	---

 Period end date

1	8	0	9	2	4
---	---	---	---	---	---

Charity name

I	HAVE	A	GIFT
---	------	---	------

Charity No
(if any)

1	1	6	2	4	2	0
---	---	---	---	---	---	---

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	TO ACT AS A RESOURCE FOR YOUNG PEOPLE LIVING IN LONDON BY PROVIDING ADVICE & ASSISTANCE & ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL & OTHER ACTIVITIES
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our programs combined sports-based activities and therapeutic interventions to provide children and families with a common language to discuss, explore, and address difficult emotions and feelings. We used principles from family therapy, psychoeducation, solution-focused approaches, alongside community outreach, parenting and football/sports coaching.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Using football as a metaphor to talk about the challenges posed by transitions, we have created a new way for families to think about mental health.</p> <p>We explored the following issues: - Anxiety - Fears/phobias - Relationship difficulties - Difficulties adjusting to new situations - Emotional dysregulation</p> <p>We targeted families from low-income communities as research shows large inequalities in regards to access to mental health services. (DoH,2020).</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position is contained in the accompanying annual accounts.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not have a reserves policy.
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	Charity has no use or reasons for holding any reserves.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by existing trustees

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	I HAVE A GIFT
Other name the charity uses	
Registered charity number	1162420
Charity's principal address	11 KEIR HARDIE ESTATE SPRINGFIELD ROAD LONDON E5 9AT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Adam Adeshola Oyedele			
2	Anne Folake Ande			
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
---	--

Full name(s)

Adam Adeshola Oyedele	
-----------------------	--

Position (eg Secretary,
Chair, etc)

Chair	
-------	--

Date

18/07/2025



Charity name

Charity number (if any)

For the period from (start date)

to (end date)

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
LB Waltham Forest	7,116			7,116	13,370
Willowfield School	6,250			6,250	11,830
Refund	1,041			1,041	
<i>Sub total</i>	14,407			14,407	25,200.08
A2 Asset and investment sales, etc					
<i>Total receipts</i>	14,407			14,407	25,200.08
A3 Payments					
Coaching & sessional staff	8,905			8,905	26,830.65
Venue hire	2,000			2,000	4,500
Suppliers	2,292			2,292	4,620
Software	38			38	36.01
Bank Admin	1,041			1,041	
<i>Sub total</i>	14,276			14,276	36,124.74
A4 Asset and investment purchases, etc					
<i>Total payments</i>	14,276			14,276	36,124.74
<i>Net of receipts/(payments)</i>	131			131	
A5 Transfers between funds					
A6 Cash funds last year end	1,041			1,041	
<i>Cash funds this year end</i>	1,172			1,172	1,041

Section B

Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash funds	Cash At Bank	1,172		
	<i>Total cash funds</i> (agree balances with receipts and payments account(s))	1,172		

	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B2 Other monetary assets				

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				


	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Signed by one or two trustees on behalf
of all the trustees

Signature

Print name

Date of approval



Adam Oyedele

18/07/2025