

UK MEN'S SHEDS ASSOCIATION

England & Wales · Charity number 1162409

Details

Other names UKMSA

Status Registered

Legal form CIO

Company number [CE004887](#)

Registered 2015-06-25

Register [View on the Charity Commission register](#)

Contact

Address UK Men's Sheds Association
49 Station Road
Polegate
East Sussex
BN26 6EA

Phone 03007729626

Email admin@ukmsa.org.uk

Website www.menssheds.org.uk

Activities

Objects: THE OBJECTS OF THE CHARITY ARE FOR THE PUBLIC BENEFIT TO: PROMOTE THE EFFICIENCY AND EFFECTIVENESS OF CHARITIES OR THE EFFECTIVE USE OF RESOURCES FOR CHARITABLE PURPOSES TO LOCAL MEN'S SHEDS, AND FURTHER ENABLE INFORMATION SHARING, COMMUNICATION AND CO-OPERATION BETWEEN THEM AND SO ACT AS A SUPPORT BODY FOR MEN'S SHEDS AND NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Activities: Raising awareness and supporting Men's Sheds to enable access to a Shed for every man that would benefit.

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Other Charities Or Voluntary Bodies

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£926,103	£586,039	£534,552	12
2024-03-31	£234,671	£344,646	-	-
2023-03-31	£255,665	£232,579	-	-
2022-03-31	£149,673	£214,590	-	-
2021-03-31	£311,747	£172,462	-	-

Trustees

Name	Role	Appointed
Robert Michael LLOYD	Chair	2022-06-25
Andrew Kenneth Johnston		2023-07-13
Ivor Christopher Ambrose Griffiths		2023-07-13
Jo Phillips		2024-07-11
John Clifford Jarvis		2024-07-11
John Frederick Latchford		2024-07-11
Katherine Rose Martin		2023-07-13
Mark Anthony O'Neill		2023-07-13

UK MEN'S SHEDS ASSOCIATION

England & Wales - Charity number 1162409

Accounts

UK Men's Sheds Association

**Trustees' Annual Report and Financial
Statements for the Year Ended 31 March 2025**

Who we are

The UK Men's Sheds Association (UKMSA) is a national charity providing support and guidance to individuals and groups across the UK in starting, managing, and maintaining Men's Sheds. We champion and raise awareness of the social and health benefits of Men's Sheds in reducing loneliness, improving wellbeing, and transforming and saving lives, while supporting local communities.

We support the growth of Men's Sheds by:

- **Building awareness** of Men's Sheds so everyone knows what they are and how to find one.
- **Connecting communities** with their nearest Men's Sheds through our online map of UK Sheds, social and print media, and by providing a central contact point, enabling enquiries to reach local Sheds and regional networks.
- **Providing guidance** on starting up and running a Shed. Where there isn't an existing Shed, we enable anyone to learn how to start one. We enable the development and sustainability of Sheds through our practical information guides, sample documents, and toolkits on associated topics (e.g. registering as a charity, funding, sourcing equipment, and volunteer recruitment). In addition to online guidance, we provide telephone, email and in-person support.
- **Volunteer Ambassadors** trained by us and with experience of starting their own Sheds who offer guidance and mentoring across the UK.
- **Using Shed Advocates** to widen and strengthen awareness of Men's Sheds.
- **Holding and supporting networking events** to connect Sheds across the UK at local and regional level to share experience, knowledge and skills, and make connections.
- **Developing active partnerships** with other organisations and charities. Some of our partners provide practical skills support (e.g. first aid training at reduced rates or suicide awareness packages), some use their platform to promote UKMSA and Men's Sheds, and others provide products and services for free or at reduced rates. All of this directly benefits Sheds and their members, including financially.

We raise wider awareness of Men's Sheds and their many benefits by:

- **Promoting the social and health benefits** of Sheds in reducing isolation and empowering local communities. We do this via a wide range of communication channels, including public events, online, and in social and other forms of news media.
- **Representing our members** and the Men's Shed movement at local, national and international level. We do this by working with organisations, government, companies, other national Shed associations, and related charities. We develop partnerships, help inform policy, generate funding opportunities, and negotiate sponsorship deals to deliver real value to our member Sheds.
- **Providing evidence and insight** into the benefits of Men's Sheds through empirical data and social research. We can show that Sheds play an active part in reducing isolation and loneliness, build communities and connections, and reduce anxiety and depression. Our most recent Health and Wellbeing Survey (2023) suggests that 39% of Sheds believe that they have, or may have, saved lives that otherwise might have been lost to suicide.
- **Leveraging platforms and audiences** of partner organisations to give us greater reach.
- **Celebrating** by telling the stories of how Men's Sheds transform, enhance, and save lives.

"There is something about coming here, mainly the support and friendship of people which has helped me through difficult times, especially when I lost my wife. It puts a smile on my face. I still have bad days but being here lifts a weight from my shoulders."

Terry, Bexley Shed



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Chair's Statement

This has been another year of growth, change and success for UKMSA as well as for the Men's Shed movement in this country.

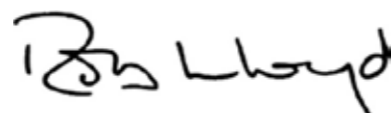
Shed numbers continue to grow, as does the demand on existing Sheds, many of which are at capacity (with waiting lists). Some Sheds have opened satellite Sheds or other 'branches' to meet rising demand, while others have been successful in obtaining larger premises (although finding premises remains one of the biggest obstacles facing most new or growing Sheds). Highlighting what Sheds need as well as what Sheds offer remains one of the key ways in which we can use our UKMSA voice to help the grassroots movement.

UKMSA has grown and changed significantly. As well as some churn, including the departure of our CEO, Charlie Bethel, who had been with the charity for five years, we added staff posts and brought in two contractors: at year end we had 13 employees. (Since May that has been 15, with the arrival of our new CEO, Caroline Ellis, who brings an exciting skill set and a depth of experience in supporting men's wellbeing, and an Armed Forces Lead, Stuart Gray. Four new posts added during the year were Shed Development Officers, our first step down this path but one which is proving successful, and which therefore may bear repeating in other geographic areas where Shed growth has not happened organically as it has in many parts of the UK. The Trustees also decided to create a new three-strong Senior Leadership Team under the CEO to replace the previous flat management structure. Two new posts have been created (one filled on promotion and one via external recruitment), with the existing Trusts & Foundations post added in. While we are cautious about too much further growth in the short term, it is likely that there will be at least two more posts created and filled in the coming year, including one for which we already have funding (communications lead). On the subject of funding, we continue to be grateful to those that have supported us financially over the year, especially those providing vital unrestricted funds that have enabled us to deliver our core operations.

Other internal changes have also been quite significant. They are detailed elsewhere in this report and are a positive sign of UKMSA meeting the concurrent challenge of growth while ensuring continued good governance and management. While this change has created an additional pressure for staff and volunteers alike, it is a key part of our transformation journey, the plan for which is detailed in our new five-year strategy and manifesto, which will be launched following our AGM in July. The four pillars of the strategy are outlined in this Annual Report, and an Income and Investment Plan will support the achievement of our aims and UKMSA's long-term sustainability.

The successes of the Sheds and of UKMSA are too numerous to cover comprehensively in this Annual Report, but a flavour of them is conveyed throughout, with some specific examples given in more detail. They showcase the work of the CIO but also the Sheds and the Shed movement we support. The report also shows not only the hard work of our incredible staff, but also that of the range of volunteers, our UKMSA Ambassadors and Trustees, and all those who give their time to run Sheds and Shed networks, without whom the Shed movement, and all the benefits it brings, would not exist. On a personal note, I would like to pay particular tribute to two of those volunteers, David Webber (our Treasurer for over four years) and Victoria Coker, who have stepped down as Trustees but who have made significant contributions to the Board and the running of UKMSA.

When I took over as Chair of UKMSA two years ago I decided to prioritise visiting member Sheds in all four home nations. Having achieved that goal, and in the process experienced many Sheds, across the UK, I observe that while every Shed is unique, I am more struck by the commonality. The accents, the locations, the craft interests, and the buildings may all be different, but the stories, the sense of purpose, the values, and that palpable sense of companionship, that essence of shoulder to shoulder, are absolutely the same. As a funder, a partner, employee, or volunteer, this is what you support, this incredible, life-changing, life-enhancing, and often life-saving movement. To all of you, on behalf of UKMSA, I give my heartfelt thanks.



Rob Lloyd

Chair of Trustees, UKMSA
24 June 2025



Legal and Administrative Information

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO), registered on 25 June 2015.

Registered charity number - 1162409

Principal address - 49 Station Road, Polegate, East Sussex, BN26 6EA.

Hon. Life President

Mike Jenn

Patron

Lord Kyte Hardwick, Christopher Warwick-Fisher RPT

Trustees

Rob Lloyd, Chair (re-elected July 2024)

John Rushforth, Vice Chair

David Webber, Treasurer (resigned June 2025)

Andrew Johnston

Joanne Phillips (re-elected July 2024)

John Jarvis (re-elected July 2024)

Kate Martin, Interim Treasurer (from June 2025)

John Latchford (re-elected July 2024)

Victoria Coker (resigned June 2025)

Chris Griffiths

Mark O'Neill

Staff up to 31 March 2025

Senior Leadership Team

Charlie Bethel (resigned October 2024)

Chief Executive Officer

Alison Hands

Head of Trusts & Foundations

Rachel Meadows

Head of Development

Amy Robinson

Head of Operations

Other Staff

Karen Coates

Finance Manager

Laura Winkley

Shed Development Support Manager

Bernadette McElhatton

Shed Development Support Officer

Allan Ogle

Partnerships & Community Development Manager

Robert Visintainer

Regional Development Manager (Wales)

Simon Poole

Shed Development Officer (Wales)

Ruth Gibbsmith

Shed Development Officer (East Midlands)

Anne Whelan

Shed Development Officer (North of England)

Keira Summerhayes

Shed Development Officer (Universities)

Ian Francis

Shed Development Officer (Greater London)

Leo Pswarayi (resigned March 2025)

Digital Communications Manager

Bankers

The Co-operative Bank plc
P.O. Box 101
1 Balloon Street
Manchester
M60 4EP

Redwood Bank Limited
The Nexus Building
Broadway
Letchworth Garden City
SG6 3TA

Hampshire Trust Bank plc
55 Bishopsgate
London
EC2N 3AS

Monmouthshire Building Society
Monmouthshire House
John Frost Square
Newport
NP20 1PX

Reliance Bank Limited
Faith House
23-24 Lovat Lane
London
EC3R 8EB

Independent Examiner

Paul Colcomb FCCA - Wright Vigar Limited, Statutory Auditors and Business Advisors, 15 Newland, Lincoln, LN1 1XG.

UKMSA Trustees' Annual Report 2024–2025

The staff and volunteers of UKMSA have achieved a great deal during the year to meet the objectives of the charity and to support Sheds and Shedders in the UK. The following is a summary of that activity between April 2024 and March 2025. Some activities are referenced in more detail in the rest of this annual report, as particular illustrations of the work of UKMSA.

Events

ShedConnect Regional Events: East Midlands, North East and North West

Staff and volunteers delivered events focussed on Shed management and health and wellbeing. The target audience was new and existing Sheds, and each event was fully attended, confirming demand for this sort of UKMSA support. Our key aims were to encourage connection, peer support, and to develop a foundation on which to build new regional Shed networks. This model will be replicated in other areas, including Wales and London, in the coming year.

ShedFest 2024

2024 saw the highest turnout of Shedders at ShedFest to date. The event was supported by staff and volunteers, and featured practical demonstrations alongside workshops on IT and cybersecurity, the DBS service, the role of trustees in Sheds, suicide awareness, and dealing with grief and loss. This is one of our two flagship events, drawing in Shedders from across the UK.

Shed of the Year Awards 2024

In 2022 we took the decision to separate our Awards event from ShedFest, to allow us to seek prestigious settings. This year, our Awards were held in the formal apartments of the Speaker of the House of Commons. The Awards bring together representatives of shortlisted Sheds, as well as volunteers, partners, funders, MPs and other dignitaries to celebrate and recognise the incredible contributions made by Sheds over the past year. Details of the winners and a feature on the Shed Volunteer of the Year feature in this report.

Muslim Council of Britain Conference 2024

Following conversations and a visit by then Secretary General Zara Mohammed to our Shed in Parliament (March 2024), UKMSA were invited to the Muslim Council of Britain's leadership conference in June. A mix of staff and volunteers attended the event, meeting and hearing from change makers, leaders and thinkers from across the Muslim community, and engaging in discussions about the benefits of Men's Sheds, especially around mental health and wellbeing.

Woodworking Shows

Outreach at large, regional woodworking events continues to be a proactive way of engaging with both existing and potential new Shedders, as well as other partners. We had a presence at both the North England Woodworking Show and the Midlands Woodworking Show, promoting the benefits of Men's Sheds. In Harrogate, we hosted a Shedder get-together which attracted members of 30 different Sheds, alongside staff and volunteers. We partnered with local Sheds to give members of the public an opportunity to see the sorts of

crafts and activities in which Sheds engage, and to hear firsthand from Shedders about the benefits of the movement.

Increased Staff Support

Shed Development Officers

Suicide prevention funding from the Department of Health and Social Care (our only government funding to date) allowed us to recruit two full time staff to focus on Shed development in two geographic areas where there are few Sheds and growth has not happened organically, as it has in many other regions. These regions were identified as having high levels of inequality and include communities which are often overlooked and underserved. This targeted approach has enabled us to support the development of 52 new Sheds over the ten months since the new staff were recruited. And the early success of the approach led us to secure funding for a similar Shed Development Officer in the Greater London area (urban areas generally having a low number of Sheds proportionate to population and likely need). This post was filled in January 2025.

University Sheds

This pilot was founded on the understanding that the student experience in tertiary education has changed dramatically in recent years. With the aim of tackling increased loneliness and isolation, and consequently heightened risk of suicide, among students and academic staff, we obtained funding for a year-long study (with a research element) focussed on supporting the development of Sheds in ten universities. We hope that the pilot will also introduce a younger demographic to the benefits of the Shedding Movement, which they may carry forward in their lives.

Armed Forces Lead

As a recognition of the number of men from the Armed Forces community in Sheds, the benefit Sheds can bring to them (as well as the value they add in return), and as part of our partnership with the Royal British Legion, we won funding to bring in a full-time staff member as our Armed Forces Lead. The role was developed in year and filled in May 2025. The Armed Forces Lead will work across the UK in a targeted approach, showcasing how Sheds can make a real difference to veterans, serving personnel, and dependants alike. We will also encourage existing Sheds to become 'Armed Forces Friendly' with a new accreditation scheme.

Recruitment of New CEO

Among several other staff recruitment campaigns, we ran a national campaign for a new, full time CEO. This was managed in-house and attracted more than 270 applicants from across the UK.

New Systems

Reflecting the increased size and complexity of the CIO, during the year we introduced a new HR management system, and moved our IT support to a professionally managed service contract. We also introduced a range of additional training and safety measures for our staff, acknowledging the greater degree of travelling many are doing (and with all our employees working remotely). The trustees also approved a significant upgrade to our accounting software.

Directly Supporting & Connecting with our Members

Shed Visits

Staff and volunteers are frequent Shed visitors. Ambassadors make visits as part of their volunteer role, helping new Sheds establish and continue to remain viable. For staff and trustees (especially those who are not also Shed Leaders) visits are integral to remaining connected to the Shed Movement, hearing from Shedders about issues, learning about best practice and seeing how best UKMSA can best support Sheds. The geographic dispersion of our staff and trustees, and the addition this year of regional development staff, has meant that a far greater proportion of UK Sheds have received a visit from an Ambassador, staff member or Trustee than in any previous year.

Blue Plaque Presentations

To celebrate those Sheds in the UK which were already in existence when UKMSA was founded in 2013, we commissioned commemorative 'blue plaques', which were made by our partner, Carveco. Due to illness, the roll out of the plaques was delayed, but have now been presented to the relevant Sheds by staff, Trustees or Ambassadors.

Recruitment of new Ambassadors

Ambassadors are a key volunteer function for UKMSA. During the year we recruited and trained five more, covering Suffolk, Wales, Lincolnshire and Hampshire. All have a wide range of skills and experience to share, both in the Shed movement and beyond.

Online sessions – suicide prevention

Using some of the Department of Health and Social Care funding awarded, we delivered online suicide prevention sessions to our members, working jointly with our long-standing partners, Zero Suicide Alliance. The content was developed with input from members of the UKMSA Health and Wellbeing Advisory Group and Bootle Tool Shed, including Shed-based scenarios based on real life experiences. The live sessions were well attended, and the content is now available as an open resource for Shedders.

Health and Wellbeing videos

We worked with The Light Fund to produce three new health and wellbeing videos aimed at demonstrating the impact Sheds can have for people living with arthritis, prostate cancer and mental health challenges. These videos were filmed in Sheds, with Shedders sharing their experiences, and supported by professionals working in each field. The videos are intended not only as a resource for our members, but also to inform those in the health and social care sector about the part Sheds can play in enabling people to live well with these common health issues.

Men on a Mission campaign

The UKMSA Partnership with Diageo (and their responsible drinking platform, DrinkiQ) saw the launch of Men on a Mission, a drink awareness campaign fronted by former boxing champion Tony Bellew. The moving videos featured Shedders talking about their experiences with alcohol and how they have found their Sheds to be places of support. Diageo are currently working with us to develop further alcohol moderation resources for release later this year.

IT information sessions for Sheds delivered online

In addition to IT sessions delivered at ShedFest, online sessions were delivered in May and June 2024 by a UKMSA volunteer with support from staff. The sessions were aimed specifically at the needs of Sheds and Shed Leaders, with information on how IT and technology could be harnessed to help them protect data, manage membership, and more generally run Sheds to best effect. The popularity of these sessions led to the creation of a small group to support Shedders via email with technology queries.

'Men's Sheds Save Lives' banners

Our Department of Health and Social Care funding also enabled us to launch a visual campaign based on 200 large banners advertising the concept of Sheds. The banners were developed jointly with UKMSA Ambassadors and featured impactful quotes as well as a QR code linking to information about Men's Sheds. The banners were distributed to Sheds and partners across the UK, for use at Shed gatherings, craft fairs and other events, to encourage more people to find out about Sheds. Examples can be seen in this Annual Report.

The Board of Trustees

Skills Audit of Board

The skills audit provided a detailed picture of the particular skills each Trustee brings, and an understanding of the trustees' collective experience, set against the generally accepted set of skills for a charity Board. The detailed scoring exercise was followed up with a face to face 'Board awayday' to examine the results in detail and also to look at other ways in which we might make the Board even more effective, including confirming our resilience against the loss of individual Trustees in key posts, and consolidating our position of aiming to have at least one Trustee based in each of the four UK home nations, as well as a proportion of trustees who have experience as Shed leaders.

People Committee

After the creation of the Audit & Risk Committee last year, it was agreed that the size and complexity of the CIO now merited a formal sub-committee of the Board to oversee issues to do with people, especially around staff and volunteers, but also some oversight of how the charity manages its connection with members. This sub-committee, called 'The People Committee' comprises three Trustees, one of whom will always be the Trustee Safeguarding Lead, and it works in close partnership with the UKMSA Executive team.

UKMSA Trustees' Annual Report 2024–2025

The Trustees of UKMSA present their annual report and financial statements for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the CIO's governing document, the Charities Act 2011, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 1 January 2019.

Structure, Governance & Management

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO) with voting members other than its charity Trustees. The CIO is governed by a constitution, with charity Trustees being elected by members at the Annual General Meeting. The Trustees are allowed to appoint additional Trustees during the year. All new Trustees are provided with a pack which includes copies of the CIO's Constitution, the most recent UKMSA Annual Report, and relevant Charity Commission publications. The UKMSA Trustees are responsible for the strategic leadership of the CIO and, through the Chair, direct and manage the Chief Executive Officer to deliver the strategy of the organisation. The Trustees meet at least every quarter in person, and additionally online when necessary, to oversee the governance requirements. All Trustees are volunteers and undertake activities to further the objects of the UKMSA as required with no remuneration or financial benefit received for their time.

At the end of March, UKMSA had 13 employees delivering the organisation's objectives. At the time of writing, this number has risen to 15 following the arrival of the new CEO and the appointment of our Armed Forces Lead. During the period UKMSA was without a CEO, it was led by the

Senior Leadership Team, working under the direction of the Chair. Our work is supported by 40 volunteers who act as Ambassadors within the Shed community.

Arrangements for setting staff pay

The charity pays its staff market rate salaries, which are determined by benchmarking across the sector and taking into consideration any specialist skills. This process applies to all staff, including key management personnel. Salary levels are approved by the Trustees (with recommendations from the CEO and the Board's People Committee) as part of the annual budget setting process.

Objectives & Activities

As set out in UKMSA's Constitution and with the Charity Commission, the Objects of the CIO are for the public benefit to promote the efficiency and effectiveness of charities or the effective use of resources for charitable purposes to local Men's Sheds, and further enable information sharing, communication, and co-operation between them and so act as a support body for Men's Sheds. In deciding our annual objectives and

voted in favour of a proposal to reduce the Board quorum from two-thirds to one-half because the existing higher requirement was proving an inhibitor. There were key changes in both the organisational structure and the staff during the year. The CEO departed during the Autumn. Following an exhaustive process, a new CEO was appointed and started in May 2025. The hiatus accelerated the Board's existing plans to move away from the previous flat management structure to create a new, broader senior leadership team, reflecting the changed needs of the CIO. In addition to the existing Head of Trusts & Foundations post, we created a Head of Development and a Head of Operations. The former was filled on internal promotion and the latter by external application. As well as increased senior leadership capacity created by the new roles, the CEO and all three SLT appointments are full time.

The contractor who provided our Finance Manager function also left during the year and was replaced by our previous Finance Manager, who rejoins us as a member of staff. Funding was secured for four other new staff posts which we filled during the year, bringing in Shed Development Officers

in planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a Charity (PB2)'.

Connection

Reflecting the grassroots origins of the movement, most Men's Sheds are independent entities. However, regional connections through local networks are flourishing, and we believe these are an essential part of community connection and Shed sustainability, promoting mutual support and strengthening ways in which innovation and best practice can flourish. UKMSA is not directly responsible for the delivery of these Shed networks (which are run either by the Sheds or by a third party, often another charity) but we believe it is important for us to support the growth and sustainability of local networks, including through our Shed Development Officers and our volunteers playing a facilitation and enabling role. Our new strategy highlights an ambition to be even more proactive in this area, and we plan to take our successful ShedConnect event format to other parts of the UK in the coming year. We remain especially grateful to those other charities that fund and enable regional networks.

Our staff and volunteer numbers have grown over the last few years, and we have an ambitious programme of visits, but the rapid growth in Shed numbers and their geographic spread means that most of our contact with Sheddors is online and digital. Our monthly publication, *Shoulder to Shoulder*, has grown in circulation and we are about to begin an audit of our social media and comms presence to better reach our members, new or non-member Sheds, and our partners, as well as other interested parties. At the same time, we are embarking on a project to further refine online access to material and tools on our website.

for three geographic regions and for a pilot study at ten UK universities. This recruitment of dedicated Shed Development staff is a new step for UKMSA but one we may extend if it continues to show the success we have seen so far. (Details of the two regional posts made possible by our first ever grant of government funding, and of the university pilot appear elsewhere in this report.) We also secured funding from the Armed Forces Covenant Fund to create a new post of Armed Forces Lead, reflecting our desire to engage more with men who serve or have served in the Armed Forces and to make them more aware of Sheds. This post was filled in May 2025. Other changes are likely: we already have funding to appoint a Communications Officer; and we are likely to require additional support to drive our work to develop a new income strategy, diversifying our income streams and making them more sustainable, addressing one of our key risks and goals.

Other important changes made this year, reflecting the increase in size and complexity of the CIO, have included: the shift to an IT support contract (we had been reliant on the excellent but increasingly under pressure services of a volunteer); Trustee agreement for a significant upgrade to our accounting software; the introduction of a HR management system; and a switch to a different information management system. We have also introduced additional safety measures for our staff, all of whom work remotely and several of whom travel extensively.

A great deal of our material has been refreshed, and we have increased the number of webinars and wellbeing talks we offer online, including recent sessions on suicide.

Our ongoing detailed analysis of open-source data continues and remains a key source of information about new Sheds or Shed-like entities in the UK which appear to have no link to other Sheds nor affiliation with any regional network or national Shed association. The data search and analysis allow us to be confident about the Shed figures we present across the UK. We aim to contact Sheds discovered through our data work in the hope that they might engage with regional or local networks, to the benefit of all.

ShedFest remains our key annual event to connect Sheds from across the UK (ShedFest 2024 is covered later in this report).

ShedConnect Event – Newark, February 2024



UKMSA Patron, Chris Fisher RPT, Speaking at ShedConnect in Newark

Future Plans

Following our AGM in July, we will formally launch our new UKMSA strategy for the next five years. The strategy is already approved as a working document by the Trustees and is in the final stages of working through with staff to develop the action plans and confirm the targets. The strategy outlines four main areas of activity, which are all inter-related but provide the framework:

- **Enabling Shed vitality, creativity and sustainability;**
- **Increasing Shed reach and impact;**
- **Amplifying the voice of Sheddors, Sheds and the Shedding movement; and**
- **Building a creative and self-sustaining organisation, to effectively support the Shedding movement, across the UK and beyond**

Although this Annual Report is reflective of the past financial year, and the strategy is to be launched in the current one, the definition of the four areas of activity does clearly follow from the work UKMSA has been doing, and the connections and the path to the strategy development are visibly implicit throughout this document.

“It is an awkward truth that men find it more difficult to speak about their health... that's why we set up the Nest a few years ago – we knew that if we pooled our skills, we could make something bigger and better than we had as individuals, whilst offering a chance for guys to get out and meet and talk.” Alan, Squirrel's Nest Shed

Trustees Respond to Change – Detailed Insight 1

First Government Funding – Department of Health & Social Care (DHSC)

In May 2024, UKMSA received an allocation through the DHSC's Suicide Prevention Fund (SPF). We used the money for a range of initiatives, in particular facilitating the development of new Sheds across specific areas of need, and highlighting the Men's Shed Movement as a key intervention for combatting the underlying factors that increase risk of suicide.

Shed Development. Until now, UKMSA has generally supported the grassroots development of Men's Sheds in the UK through our online material and our network of volunteer Ambassadors. However, in a strategic shift, we used the SPF grant to recruit two regional Shed Development Officers: Anne Whelan and Ruth Gibbsmith. We wanted to drive and support Shed development across two geographic areas which historically have not seen much grassroots growth: the North and the East Midlands. Our aim was to have 48 – 60 new Sheds 'in development' (a benchmarked stage where a Shed may lack premises, but the membership is already meeting) by the end of March 2025. Like others across the country, it was intended that these new Sheds would reduce isolation and loneliness, increase social contact and community connection, and help to prevent suicide. Anne and Ruth have only been in post for nine months, but there are already 51 new Sheds open or in development across the two regions, and a further 43 are in the early planning or 'pre-development' stages.



Shed Sustainability & Connection. As Anne and Ruth established themselves in their respective regions, existing Sheds asked for increased contact, support and the facilitation of connection. We responded by running three 'ShedConnect' events during February and March, for existing and newly developing Sheds. Each day-long event offered panel and group discussions, drawing on the skills and input of experienced Sheddors, UKMSA staff, and external partners, with additional emphasis on networking. Each event split the formal discussions between health and wellbeing, and practical Shed management. In all, 185 Sheddors from 94 existing Sheds and Sheds in development attended the three events.



Anne & Ruth – Our two new Shed Development Officers funded by the Suicide Prevention Grant

Suicide Prevention. In partnership with Zero Suicide Alliance, we hosted three suicide prevention sessions tailored to a Shedder audience, created with input from our Health and Wellbeing Advisory Group and a small number of Shed Leaders. These sessions delivered information about appropriate language, suicide myths, how to engage in conversations around suicide, safety planning, signposting and a scenario based on real life experiences. Delivered online, the sessions reached over 600 viewers and remain available on our website. Additionally, the SPF allowed us to produce 200 banners, each with a powerful message about Men's Sheds. Through partners and Sheddors, these banners have been distributed across the UK and will be used at events where Men's Sheds are represented.

The SPF allowed us to make some material differences to communities in the North and East Midlands of England, but the success has equally importantly enabled the Trustees to take the Shed Development Officer model forward, including recruitment of one for London and another for universities (see the following profile).

Our town has one of the highest suicide rates among men, and we know the Men's Shed has saved lives. There was one man who was walking down to the sea to end his life, but someone stopped him and told him about the Men's Shed. He turned back, gave it a try and he's still here.

Redcar Men's Shed, England

Trustees Respond to Change – Detailed Insight 2

New Post – University Shed Development Officer

Keira Summerhayes

"In 2024, UKMSA secured funding from the David Riddell Memorial CIO to create a new post running a pilot project setting up Sheds at ten UK universities and undertaking research about Shed benefits on university campuses. When I first heard of this new project, I knew it would be a perfect position for me as I was very drawn to the charity sector, especially around men's mental health. My own university experience is quite recent, which helps in how I approach the project, and the jobs I have done since leaving education have also helped shape what I can bring to the new role.

My background is in social sciences. After graduation, I worked at John Moores Students' Union, firstly in Student Voice, and then a more generalised role boosting engagement as a whole, at a time when the Union was struggling to re-engage students post COVID. One project I ran led to a record number of students signing up to represent their courses at decision-making levels within the university and I am already using this experience in shaping both the research and Shed development aspects of my role.

At the end of my contract with the Students Union, I spent a year working in prison education in HMP Liverpool. Perhaps like many people, I had preconceived notions about what it would be like to work in a men's prison, but most of these proved completely wrong. What I least expected was the intense vulnerability the men were willing to show once some trust had been built. You'd be sat there with a big burly bloke who everyone else on the landing was afraid of, and they'd just turn to you and start a conversation about their mental health. There are clear similarities between the way my classroom operated and how a Shed operates. Once the nine or so men in my class had a chance to get to know each other a little bit, they had some of the most honest conversations about mental health that I've ever heard.

Especially since Covid, there has been increasing pressure on universities to improve their mental health provisions, including from students themselves. Students today are far less likely to choose a university based on its academic excellence in their chosen subject, they're looking for the best overall experience, of which student support is a key part.

I've only been in the role for two months, so we are still in the early stages, reaching out to a range of people at our chosen universities, including wellbeing coordinators, Student Union officers, and staff, with targeted approaches to raise awareness and garner interest. Students will be key in deciding the direction the university Sheds go because it's always the people that make the Shed, not the other way round. But it's difficult to predict quite what that direction is, as these things always have a certain level of unpredictability – like students!"



Sheds Open Around the UK

There are now more than 1000 open Sheds across the UK (compared to 150 just ten years ago). When we include 'Sheds in Development' (a category we use for Sheds with no premises but a group that is meeting regularly and fulfilling many of the functions of a Shed) that figure rises to over 1200. The UK now has the second highest number of Men's Sheds of any country after Australia, where the movement was born.

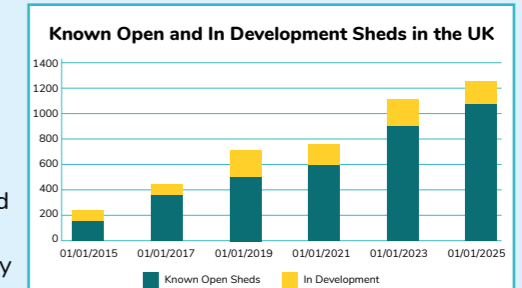
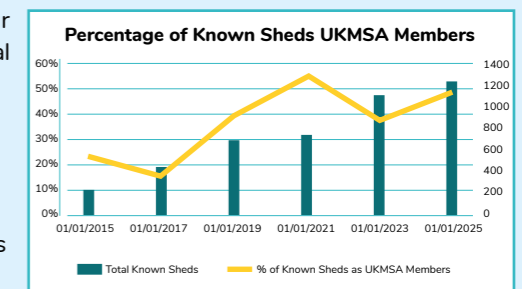
Alongside the increase in numbers, we have seen a growing diversity, ranging from the governing structures, to type and size of premises, membership numbers, more Sheds including women (and the growth of 'She Sheds'), and a wider range of craft activities.

Of the open Sheds, 37% (461) are self-run as charities, and a further 23% (289) are run by a variety of other third-party organisations (usually, but not always, other charities or faith groups). Of the remainder, most are likely to be run as unincorporated organisations.

After a decline in numbers during and immediately after the COVID Pandemic, 49% of known Sheds in the UK (open and in development) are now members of UKMSA (a successful upward trend from 23% ten years ago). Our membership offer continues to be excellent value for money (we have kept the subscription rate the same for several years, despite inflation, in order to ensure our member benefits are accessible to all Sheds, regardless of size and income, while in 2024 we decided to permanently enshrine our offer of 12 months free membership for any Shed which had not previously been a member or which was establishing independence from previous control by a third party organisation.) Members now have access to more resources, and to more benefits offered through partnerships, and further development of the membership offer is a key part of our strategy for the next five years.

Of course, our organisational heartbeat is about supporting the development of new Sheds and helping existing Sheds

continue to thrive, so while some of our resources and partnership offers are only available to members, UKMSA continues to provide support and advice to any Shed, regardless of membership status. This can be directly from our staff, through the network of UKMSA Volunteer Ambassadors or Shed Advocates, through Shed Networks or through our events (both online and in person).



Working with our Volunteers

Both UKMSA and the Shed Movement more generally are heavily dependent on volunteers. Approximately 75% of UK Sheds are self-running and so rely on unpaid support to enable the Shed to keep functioning. For UKMSA, we not only need to support these Shed volunteers but to recruit, train and support other volunteers who are essential to what we do at a national level, including our Ambassadors, our Shed Advocates and our Trustees.

UKMSA Ambassadors are recruited from among those with personal knowledge of establishing and running Sheds. They are a vital part of the fabric of UKMSA, bringing their experience to bear in both supporting the growth of new Sheds and assisting existing Sheds in becoming sustainable for the longer term. Thanks to funding support, we have a proactive recruitment and training programme and have Ambassadors in all the four home nations, but unsurprisingly our greatest success in recruiting new Ambassadors comes in those geographic areas where Shed density is already high, and not in the areas where the need is arguably greatest. This was part of the reason for our strategic shift to trial the employment of Shed Development Officers in some areas. These officers have a remit not only to encourage and assist the development of new Sheds but to improve UKMSA's regional infrastructure, including through the recruitment of new Ambassadors who can assist developing and established Sheds alike.

While most people do not join a Shed specifically for health and wellbeing reasons, improvement in this area is a clear and key outcome of Shed membership. Likewise, UKMSA does not describe itself as a health charity, but supporting good health outcomes is a significant part of what we do. To this end, our volunteer-run Health and Wellbeing Advisory Group (HAWAG) has been a central and important component of UKMSA, developing key resources, helping shape UKMSA policy, and informing staff and Trustee thinking about ways to improve our support to our members and to UK Sheds more broadly. HAWAG has also added direct value to Sheds, with advice on matters from Social Prescribing to prostate cancer checks. And while much of our online health and wellbeing resources relate to issues that are either gender neutral or specifically linked to men's health, in acknowledging the growing number of Sheds opening their doors to women (alongside a growth in Women's Sheds), HAWAG has this year added to our website links to other sites with advice on aspects of women's health. The volunteers have also worked with an external contractor to create bespoke literature for Shedders who are going through the loss of a job or a partner. Drawing on the personal experiences of Shedders with direct experience, these leaflets offering practical and emotional support will be distributed at ShedFest 2025.

Because of the central importance of volunteers to UKMSA, we are currently engaged on a project to review both the HAWAG specifically and advisory bodies more generally. The recommendations are being refined and will come to the UKMSA Board later in 2025.

Ambassador Profile

Rob Thomas

"Following the passing of my wife of 38 years, I felt lost, broken and confused. I hated being in my home. It didn't feel like my home anymore now that my wife wasn't there, but when I left, I needed to return quickly. I didn't know where I belonged.

My brother-in-law, a member of the Squirrel's Nest Men's Shed, suggested I should attend a session. At first, I rejected the idea - I had lost my confidence, and the thought of meeting new people terrified me. But after weeks of his persuasion, I went to the summer open day in 2019. I remember there was lots of laughter and fun, something that had been missing in my life for a long time, and as I drove home from the Shed, I felt as though a weight had been lifted off my shoulders.

Of course, things didn't change overnight - my grief was still overwhelming, I wasn't coping well, and I felt that I couldn't continue living every day with the pain I was experiencing. But that Shed experience stayed with me, so I went back. I started attending one day a week, then two and then three. Along the way I began to realise that grieving is not just associated with losing someone dear to you through death, but can manifest itself in different ways for different people - like losing daily contact with colleagues when you retire or experience redundancy, or grief for a relationship lost to divorce, grief for your health when experiencing a long term illness, or grief when you lose a much-loved pet. All these life changing events can have a major impact on one's physical and mental

health resulting in loneliness, isolation, and even in many cases leading to depression and sometimes suicide. Many of my fellow Shedders had experienced similar life changing events and were now supporting me in the way they had also been supported.

When UKMSA staff member Robert Visintainer suggested that I should become an Ambassador, I jumped at the chance. I loved the idea of promoting the advantages of Men's Sheds and showing what a difference they can make to people's lives. I've now been an Ambassador for 18 months, during which time I represented UKMSA at the Tackle Prostate Cancer national conference, helped at ShedFest 2024, and shared my story to explain the power of Men's Sheds to audiences including Clarion housing association.

It was also a joy to be selected as one of the four judges for the 2024 Shed of the Year awards. I am a people person, so it was a great honour and privilege to read some of the most uplifting stories I have ever encountered. The hard work and dedication of the people who manage Sheds and who make a difference to so many people's lives is truly remarkable. It makes it clear why sheds are so important in our society. From everything I read and from my own experiences, I can confidently say that the slogan on the UKMSA banners is true - Men's Sheds Save Lives.

Sometimes things happen in life that we have no control over. However, since first stepping into a Shed, I have come



a long way on my road to recovery, and I have made many new friends. I also never thought that I would one day be an Ambassador for UKMSA, something which my family and I are very proud of.

There is no better feeling than helping people who are less fortunate than yourself. Although my dear wife is no longer here, one of her sayings lives on with me - 'the most precious gift that you can give someone is your time.' Helping run my local Shed and being a UKMSA Ambassador is now a central part of my life, allowing me to help and support others through such a wonderful organisation."

Trustee Profile

John Rushforth

From the age of 19 until he retired nine years ago, John worked in care services. He spent 20 years at the "coal face", working with what some would consider difficult adolescents, but absolutely loved it, before moving into inspection of care services for the remainder of his professional career.

Shortly after John retired, a friend mentioned Men's Sheds, something he knew nothing about at the time. "My friend had attended a local meeting where a speaker introduced the idea of Men's Sheds and from there a small group started meeting. He invited me along; little did I know what I was getting into!"

"I am perhaps the world's most impractical male, I hate tools, and my idea of hell would be a week in Wickes! However, I liked the idea of meeting people, chatting, and sharing hobbies.

I was part of the formation of Nairn Shed and we were fortunate to secure premises at Nairn Station - the first community group in the UK to obtain premises at a working railway station."



Like several Shedders across the UK, despite not being interested in the craft activities offered, John was quickly actively engaged in the running of the Shed. "I enjoyed securing funding, filling out application forms (I know, I'm a bit odd), and helping to create a welcoming place for people, no matter their skills, even if all they could do was make a

cuppa!" When the original Shed chairman had to step down due to illness, John assumed the role, realising how key these leadership positions are to Shed sustainability. This led, in turn, to a growing interest in the wider Men's Shed movement and, because Nairn Shed is a member of UKMSA, in 2019 John decided to apply to be a trustee at the national association.

"As a member of the UKMSA Board, I believe I bring the perspective of an ordinary Shed member to the table, as well as contributing insight based on all my years working in care services. Plus, I am currently the only UKMSA trustee based in Scotland (we do also have trustees based in Northern Ireland and Wales as well as England). I thoroughly enjoy being a trustee - the board meetings are fantastic, discussing the bigger picture of Men's Sheds, and there is a huge range of skills and experience represented by all the Board members, all harnessed to a common and worthy purpose. Over the past six years, I have watched UKMSA grow massively, growing its support for existing and new Sheds and being an influential force at both local and national government levels. People often ask about the commitment, but I always make clear just how much I get out of it."

In March, Welsh Secretary Jo Stevens announced £3.27 million to fund mental health support services in Neath Port Talbot for those affected by Tata Steel's transition to greener steelmaking. The funding will in part expand availability of community and peer support, with particular reference to Men's Sheds.

Working with our Members

UKMSA's founding objective, and still the core of what we do, is about supporting the development, growth and continued success of Sheds across the UK. To this end, we work with Sheds regardless of whether they are members of our association. Many of our resources are available to non-members, including overseas, which can be especially helpful to new Sheds in the early developmental stages when they are not only working out how to move forward but also may not yet have any funding. This can include access to our Ambassadors and advice from our staff.

But we also recognise that a defined membership offer is important: we are a membership charity. Our growing membership gives UKMSA increasing authority and ability to influence and speak on Sheds and Shedders behalf to potential service providers and to local and national government, and to play a key part helping inform policy. We have therefore not raised our membership fee, despite inflation over the last few years, in order that membership of UKMSA, with all that provides, remains accessible to any UK Shed, regardless of means. We have additionally agreed to maintain our offer of free first year membership to any Shed which has not previously been a member (within the past three years) and for any Shed which is transitioning from being run by a third-party organisation. Our membership offer remains excellent value, both for the additional access to resources and the access to deals from UKMSA partners (the free paint offer from Ronseal alone represents greater value than the annual fee, while judicious use of other discounts can also represent a net gain for many). As part of our strategy to make our income streams more sustainable and diverse, we will also be looking at how we can further improve the partnership benefits for our members.

Staying connected to our members and hearing what they want most from UKMSA is being drawn out in our forthcoming new strategy, and in the coming year we will be looking to conduct another Shed survey which will also help inform our understanding of the UK's Shed community, including the variations in how they are set up and run. This data will help inform our business planning against our strategic objectives over the next five years. For example, under Shed development we know that a key issue is finding suitable and affordable premises. And under Shed sustainability, we know that we must do even more to provide resources for Shed leaders about running Sheds, securing funding, and filling key volunteer positions.

Showcasing, connecting, and celebrating Men's Sheds is an important part of UKMSA's role to support our members, and in the following pages of this report ('Celebrating Men's Sheds') we detail our two 'flagship' annual events, ShedFest and the Shed of the Year Awards. Alongside these, we run several online and some in person regional events for the benefit of our members. We also support and run an active social media presence, especially our UK Men's Sheds Facebook group (open to UKMSA members and non-members alike) where ideas and best practice can be shared, and successes celebrated. And our monthly electronic publication, Shoulder to Shoulder, another source of both information and celebration of all things Shed is available to anyone by signing up to the mailing list.



Filming for The Light Fund Videos, The Octopus Shed, Kent.

We recognise that for many, joining a Shed is fundamentally about making and creating, and finding new friends and connection. For others, it can also be about supporting their communities and for some it has the effect of transforming or even saving their lives. These latter areas are, of course, of most interest to local and national government, as well as funders, when deciding whether to support projects like Sheds, so a key part of UKMSA's role is to work with our members to gather and present the relevant data, including passing it back to members to use in their own applications and publicity.

As an example of how we work with our members to mutual benefit, several UKMSA member Sheds have collaborated with us on video projects this year. For example, some contributed to the resources created from our partnership with Diageo (detailed in the Working with Partners section of this report) and three others participated in a video project showing how Sheds support their members supported by The Light Fund.

For the latter, we created a series of short videos on mental health, prostate cancer and arthritis. The videos also show some typical Shed activities, capturing members working and socialising. The participants are mostly Shed members, talking about their experiences living with and managing the conditions, and about the commonalities of people living with a variety of different health concerns. The videos also feature professionals from Arthritis Action and Tackle Prostate Cancer, who highlight the informal support Shedders give to and get from each other. The video topics were decided by the UKMSA Health and Wellbeing Advisory Group, based on feedback by Shed Leaders in the 2023 UKMSA Health and Wellbeing Survey.

"I come to the Shed and I can forget about being lonely. I've found another reason to exist".

Bill, Desborough Men's Shed, England

Celebrating Men's Sheds

Shed of the Year Awards

By kind permission of the Speaker of the House of Commons, the Rt Hon Sir Lindsay Hoyle MP, our annual award ceremony in 2024 took place on International Men's Day (19 November) in his State Rooms in Westminster Palace. Opening the event, Sir Lindsay spoke of the "incredible stories about the difference Men's Sheds have made to the mental health and wellbeing of men – and the prevention of suicide" and also referred to UKMSA's 'Parliament Shed' (which resided in Portcullis House for a week during March 2024), describing it as one of the most popular exhibitions to take place there during his tenure. Kim Leadbeater MP and Sarah Green MP also spoke about their support for Men's Sheds at the event, which was attended by the finalists in each category of award as well as several members of both Houses of Parliament, and a range of our funders, sponsors and partners.

The number and quality of nominations continued the upwards trajectory of previous years, showcasing the incredible work being done by Sheds across the UK, making a positive difference to individuals, families, groups, and communities. The popularity of the event is such that we are considering whether there should be additional award categories beyond the five we have now. The Shed of the Year Awards was again sponsored overall by Tite-Fix (a statement by Richard Rhodes, the Managing Director of Tite-Fix, outlining why supporting UKMSA is so important to him and the company, features later in this report). The awards were provided by Carveco, and each award was sponsored by an individual organisation, to all of whom we are most grateful for their continued support.

Although only open for three years, the Shrewsbury Men's Shed has established a successful local community space, including extending friendship to people with dementia, men with cancer, woodturners and a horticulture group. They have undertaken some huge projects, such as restoring the greenhouse of legendary celebrity gardener Percy Thrower, and building and running a ferry service, providing a much-needed connection between the town and the showground. Shed members are keeping alive the heritage craft of coracle making (and passing on those skills to others), and they have forged links with the local Afghan community to share crafts and cookery.



Shed of the Year
Shrewsbury Men's Shed

Shed Volunteer of the Year
Mark Mantle, Ludlow Men's Shed

Impact in Health & Wellbeing
Caerau Men's Shed

Partnerships
Pontypridd Men's Shed

Community Project of the Year
Rhyl Men's Shed

The winner of our only award category for an individual, Mark Mantle, was described in the submission by his fellow Shedders as 'the linchpin and public face' of Ludlow Men's Shed. Mark's story of overcoming social anxiety (he had rarely left his home for 20 years before joining the Shed) is remarkable, yet at the same time his story so resonant in the Shed world that we have featured a piece by him in the following pages of this report.

"If I didn't come here twice a week I'd be sitting in front of the TV drinking. This place is like a second home."

Billy, Keighley Men's Shed, England



Celebrating Men's Sheds



Celebrating Men's Sheds – Shedder Profile

Mark Mantle - Winner of UKMSA Shed Volunteer of the Year 2024

When local charity, Hands Together Ludlow (HTL), decided to establish a Men's Shed after the Pandemic, the first volunteer was Mark. With a long history of social anxiety, depression and self-harm, Mark had barely left his home for twenty years so, as he says, joining the nascent Shed was a huge step.

Mark is an excellent self-taught woodworker but had kept these skills largely to himself due to a lack confidence in the presence of others. However, the value and level of his skills was quickly apparent to his fellow Shedders, so Mark led the fitting out of the new workshop and renovated the donated tools. As larger premises followed in 2022, Mark became more and more centrally involved, to the mutual benefit of both him and the 40 other members. From a place of huge social anxiety, Mark is today the face of Ludlow Men's Shed. As woodwork supervisor, he is responsible for machine maintenance, ensuring procedures are followed, providing expert guidance, and the registration of new members. His own skill in the workshop has also significantly increased income for the Shed through sale of items he has made. And in response to specific requests, Mark now also leads a weekly class for women to learn woodworking skills. He has proven to be an excellent teacher, blending patience, expertise and good humour in a manner greatly appreciated by all. As one participant fed back "I have learnt more in two weeks than in a six-week college course".

Mark believes that just two years ago he would never have thought any of this to be possible. But joining the Shed, with the support he found there (and in turn has given to others), has been pivotal. "The Men's Shed has changed my life, and I hope that along the way I have improved the life of others." The judges were unanimous in declaring Mark the UKMSA Shed Volunteer of the Year, citing not only his remarkable personal journey but his extraordinary willingness to help others and especially to be an inspiration to people who may also have faced a difficult past.

ShedFest

Our annual gathering of Sheds from across the UK – which also coincides with our AGM – was our largest yet, with over 500 Shedders making the journey to the University of Worcester in July to network, share ideas, watch demonstrations, and attend workshop sessions on a range of topics from Digital Design and CNC, to managing grief, and fraud prevention. The keynote speaker this year was Geoff Norcott, the author and comedian, who got the day off to a thoughtful but also humorous start. An array of partners and funders helped to make the day an outstanding success, from the exhibitors to the volunteer speakers at the workshops, and those who contributed this year's takeaway goody bag.



"Sheds are full of mates you never knew you had."

Colwyn Bay Men's Sheds

Working with Partners

This year has again seen an expansion of our already broad range of partnerships, many of whom provide important practical support, ranging from the provision of premises for Trustee meetings, sponsoring ShedFest and providing Shed of the Year prizes, to providing free or discounted goods and services to our member Sheds. Other partnerships are of a newer sort, and we focus here on three of those.

Royal British Legion – RBL and UKMSA launched a partnership in March 2024, using the backdrop of the Shed in Parliament. Part of the partnership agreement was to establish Sheds in several RBL care homes across the UK, and in August 2024 the first of them was opened in the grounds of Galanos House. The Shed is open to residents of the care home and members of the local community. The project was overseen by Jo-Anne Wilson, Manager of Galanos House, with input by UKMSA volunteer Ambassador (and Chair of our Health & Wellbeing Advisory Group) Paul Egerton. The new Shed has attracted a lot of interest in the local area, with people donating tools and equipment, and volunteering to get involved. Other RBL homes are actively planning the establishment of a Shed, with support from other local Shedders and UKMSA Ambassadors.

Hobsons Brewery – This partnership, a first where UKMSA benefits from a percentage of the sales, centres on a very low alcohol beer, called 'Shed', marketed with the tagline "Don't bottle it up", with information on Men's Sheds and a QR code linking to the UKMSA website.

Working with Others

As can be seen from the financial statements in this report, we have again benefited hugely from the generous support of a range of organisations; particularly trusts and foundations, whose trustees, in a very competitive funding environment, have chosen to support UKMSA.

Particular mention should be made of the Worwin UK Foundation, who not only made funding available to support four staff posts, and other UKMSA programmes over this and the next two years, but also made a significant additional three-year grant to support the strategic sustainability of UKMSA. One element in particular is the development of a diversified and sustainable income stream, which is one of the key goals of the Trustees and senior staff.

The Moondance Foundation and the Waterloo Foundation, alongside other generous funders, continue to provide crucial core funding to sustain our operations in Wales.

We also want to recognise here the role of those funders that chose to support us with vital unrestricted funds. Like many other charities, unrestricted funding is essential to the viability of UKMSA. We are especially grateful to all of our funders that choose to support us in this way and would make special mention of the continued support of the Pears Foundation that has once again chosen to provide unrestricted funds, alongside other meaningful benefits, such as meeting space, that are so important to the continuing viability of our core operations.

Diageo - Our biggest corporate partnership to date: UKMSA and Diageo came together to deliver an 18-month pilot partnership to support men's wellbeing. It is intended to allow UKMSA to further scale its presence, ultimately enabling more people across the UK to access Sheds and so help address loneliness and social isolation. Diageo's responsible drinking platform, DRINKIQ, worked with UKMSA and several Sheds to co-develop a programme of activity and equip Shed leaders with resources to lead informed conversations about the causes and consequences of harmful drinking.



Nuno Teles of Diageo with UKMSA founder, Mike Jenn at Camden Town Shed.

"Being able to 'go to my shed' has helped me, and I KNOW it has saved my life".

Chris Morgan

Until this year, UKMSA had not received any government funding, but as detailed earlier in this report, an allocation from the Suicide Prevention Fund, through the Department of Health and Social Care, has made a key difference to our support for Shed development in two geographic areas.

We have long maintained collaborative and supportive relationships with several other charities operating around issues to do with men and men's health, and particularly the Men & Boys Coalition. We were delighted to be one of the group of charities and others who were invited to Secretary of State Wes Streeting's announcement of a first Men's Health Strategy in November 2024, and we are actively engaged in a new Men's Health Network of charities, academics and other bodies brought together by Movember following that launch, partly in order to collaborate and co-operate in supporting the evidence gathering for that new strategy. We continue to believe that these sorts of partnerships and collaborations work to the benefit of all and we see UKMSA having both a role and responsibilities in the men's health sector.

What our Funders, Sponsors and Partners Say

"The UK Men's Shed Association plays a vital role in the growing Men's Sheds movement, supporting both new and established sheds as powerful solutions to combat loneliness and improve the well-being of older men. Worwin UK Foundation is pleased to partner with UKMSA in its mission to expand its reach and deepen its impact to create a positive, lasting effect on both individuals and communities."

Liz Hayes, Worwin UK Foundation

WORWIN UK
FOUNDATION

"We see Men's Sheds as a simple yet powerful concept, creating meaningful connections between people through shared activities. We support the UK Men's Sheds Association to provide vital infrastructure support for the growing number of local Sheds. Our grant to UKMSA is unrestricted, as we believe they are best placed to decide their own spending priorities. UKMSA also benefits from our support-beyond-funding offer, from our in-house professional development programme to the Pears Hub, our open plan office space and meeting rooms in West Hampstead. The Hub is open to all Pears' grantees, but we find it is particularly popular with grantees based outside London and those who, like the UKMSA, operate a virtual office."

Sir Trevor Pears CMG, Executive Chair, Pears Foundation



"Having been invited to attend an event at the Palace of Westminster some years ago, I stumbled upon the amazing work of the UKMSA and their members (or as they are more affectionately known, Shedders). Just listening to stories of how these incredible places had literally saved lives, given people a place of security and belonging and all whilst giving back to their community, we were immediately hooked. Our return visit was as title sponsor for their Shed of the Year Awards!

Tite-Fix is so proud and privileged to partner with and support the brilliant efforts of UKMSA and their Shedders in combatting loneliness and improving mental wellbeing."

Richard Rhodes, Managing Director, Tite-Fix Ltd



"The Shed has been very good at making me feel part of the team and gives me tasks that I never have thought I was capable of. I have had a sense of being useful restored to me."

Rolf, Dalbeattie Men's Shed, Scotland

Amplifying our Voice

As we have said elsewhere in this report, UKMSA's core function is to support the growth and sustainability of Sheds in the UK. But as a membership CIO we also have a responsibility to speak on behalf of our members, not only in furtherance of those core goals but also on issues directly relevant to the Shedding population and especially to reach into places where currently there is little or limited awareness of what Sheds can offer. We have achieved further success with all of that this year, and using and amplifying our voice continues to be part of our strategic plan.

Most men and women who join a Shed do so primarily in pursuit of their craft or hobby and to make new friends. The Shed is, primarily, a source of enjoyment derived from making or fixing things, chatting with friends, and perhaps doing some good in the community. However, while most may not define it in this way, we know from our own research and that of others that Shed attendance can, for many, help address wellbeing issues such as social isolation, mental ill-health, and prevent people from following through on suicidal intent. To this end, and in line with a greater interest shown in the issues by Shedders, government, and health bodies, we have increasingly engaged with organisations, institutions and groups where the focus is primarily health and wellbeing, especially for men.

During 2024, we were invited to be part of then Mental Health Minister Maria Caulfield's Task & Finish Group for a Men's Health Strategy. Following the General Election, we were delighted that the first official visit of Baroness Gillian Merron, whose ministerial portfolio covers mental health in

the new Government, was to a Shed (Sunnyside Men's Shed, Tower Hamlets). Across the UK, many Sheds are reporting engagement with their local MP: some of those relationships are longstanding, and others have been prompted by our activity, such as the UKMSA Parliament Shed. UKMSA and Men's Sheds have also been referenced during proceedings in the House of Commons. Sam Rushworth MP opened the Backbench Debate marking International Men's Day and spoke about the value of Men's Sheds, referencing meeting our Chair and another Trustee at the Shed of the Year Awards. Three further speakers in the opening stages of the debate also referenced Men's Sheds and the powerful impact they have on both individual lives and communities.

Like many others, UKMSA has been a supporter of a government strategy for men's health, and we included a request to this effect in evidence we submitted to the Health & Social Care Committee in September 2023. We were therefore delighted to be present when in November 2024 the Secretary of State for Health and Social Care announced the government's commitment to the UK's first ever Men's Health Strategy. The strategy will focus on the biggest health issues affecting men of all ages and will hope to reduce the life expectancy gap between men and women.

Providing evidence to the Department of Health and Social Care in the next phase of developing a Men's Health Strategy is a priority for UKMSA, not only in terms of the evidence we give as an organisation based on our data and experience, but also in supporting Sheds and Shedders to contribute so that the exercise is truly far reaching, representative and inclusive.



Trustees' Annual Report For The Year Ended 31 March 2025

Investment Policy

Short term surplus cash funds are invested in interest bearing UK bank deposit accounts. The Trustees have resolved that deposits should only be made with UK registered and regulated banks and that deposits with any one provider should not exceed the £85,000 guaranteed under the Financial Services Compensation Scheme.

Principle Risks & Uncertainties Facing UKMSA

The charity Trustees have given consideration to the major risks to which the charity is exposed and satisfied themselves that systems or procedures are established in order to manage those risks.

In its first year of operating, our Audit & Risk Committee has played a key role in reshaping the way we record and approach risk at UKMSA, in keeping with the Board's wishes to have something better suited to the governance requirements of what is now a larger and more complex charity.

Although we have been successful with a range of generous grants from trusts and foundations, the prevailing economic climate is a hard one for charities, with a growing demand for services (especially given the scale of Shed growth) exacerbated by a tougher fundraising and income environment. We are therefore focussed on the need to create diversified and sustainable income streams such that we not only match our current levels of activities going forward but are also able to extend our ability to promote the growth and continuing success of Sheds and Shed networks across the UK. The development of our new income and investment strategy (and associated measures), aligned with our over-arching strategy represents good mitigation to what otherwise is one of the key risks facing the CIO.

Staff changes always represent a challenge, but we successfully navigated an eight-month period without a CEO. In that time, we also built a new Senior Leadership Team (SLT), which represents a significant increase in management oversight and organisational resilience. Staff retention remains a key risk, partly shaped by the economic climate, but in addition to the creation of the SLT we have other good mitigations in place, including for the third year running an inflation-matching pay award, though this of course raises our staff costs, as have the new National Insurance changes. Alongside staff retention in considering the operational effectiveness of UKMSA is the retention of key volunteers and the need to recruit new Ambassadors and Shed Advocates to meet increasing demand. A further part of mitigation in this area, as well as strengthening governance of the CIO, is the creation of a People Committee, the remit of which covers volunteers as well as staff. The People Committee is structured to advise and make recommendations to (and sometimes act on behalf of) the Board, but also to be a resource and source of support and sometimes guidance for the CEO and SLT.

Financial Review

Financial performance during the financial year was as planned for UKMSA, full details of which are given in the Statement of Financial Activities, Balance Sheet and accompanying notes. During the year the CIO received further multi-year funding for the promotion and support of Men's Sheds. Income for the year was £926,103 (2024: £234,671) of which £220,495 (2024: £148,318) was unrestricted and £705,608 (2024: £86,353) was restricted. Expenditure on promoting Men's Sheds was £210,221 (2024: £52,153) and expenditure on supporting Men's Sheds was £301,614 (2024: £232,332). For the year employee remuneration represented 69% (2024: 67%) of overheads. Overall, the financial outcome for the year was a surplus of £340,064 (2024: deficit of £109,975), of which £168,578 was made up of unrestricted funds (2024: £84,358) and £171,486 of restricted funds (2024: deficit of £194,333).

Reserves Policy

The charity holds reserves to ensure that work can continue if income is lower than expected, and to ensure that the charity has working capital to meet upfront expenditure during the year before income is received. Taking into consideration the organisation's forward plans and risks, the Trustees have decided that it's appropriate to hold 4 to 6 months of operating costs which corresponds to a range of £331,827 to £497,622.

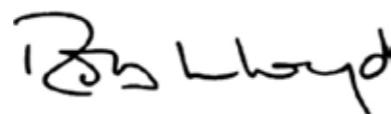
At the 31 March 2025, unrestricted reserves stood at £307,910, which was slightly below the target range. This is the result of investing in our leadership capacity, in part in relation to income generation, to ensure the charity's future financial sustainability.

The organisation has a sustainable forward financial plan and the Board and Executive are working together closely to deliver this alongside the organisational strategy.

Financial Position

The Trustees report that total reserves at the end of the year were £534,552 (2024: £194,488) of which £307,910 (2024: £139,033) were unrestricted and £226,642 (2024: £55,455) were restricted. The restricted reserves represent funds, either accounted for or paid to us, that have been provided for future activities. The Trustees take great care to ensure that funds are spent in line with any restrictions applied. This is managed by the preparation and monitoring of budgets which are reviewed quarterly by the board.

Approved by the Trustees 24 June 2025 and signed on their behalf by:



Rob Lloyd

Chair of Trustees, UKMSA
24 June 2025

Independent Examiner's Report to the Trustees of UK Men's Sheds Association

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

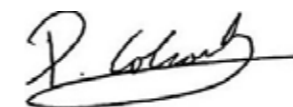
Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Paul Colcomb FCCA

Wright Vigar Limited

Statutory Auditors and Business Advisors
15 Newland
Lincoln LN1 1XG

24 June 2025

Statement of Financial Activities (including income and expenditure account)

Year Ended 31 March 2025

Income and endowments from:	Note 3a, c	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Donations and legacies					
Donations	4	36,033	–	36,033	41,413
Grants	5	164,583	705,608	870,191	167,303
Charitable activities					
Membership subscriptions		10,188	–	10,188	10,305
Other trading activities		6,450	–	6,450	12,644
Investment income					
Bank interest		3,241	–	3,241	3,006
Total income		220,495	705,608	926,103	234,671

Expenditure on:	Note 3a, c	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Raising funds	7	5,489	68,715	74,204	60,161
Charitable activities					
Promoting Men's Sheds	7	6,031	204,190	210,221	52,153
Supporting Men's Sheds	7	40,397	261,217	301,614	232,332
Total expenditure		51,917	534,122	586,039	344,646

	Note 3a, c	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Net movement in funds	17	168,578	171,486	340,064	(109,975)
Reconciliation of funds					
Total funds brought forward	17	139,033	55,455	194,488	304,463
Transfer between funds	17	299	(299)	–	–
Total funds carried forward		307,910	226,642	534,552	194,488

The notes on pages 25 to 35 form part of these financial statements.

Balance Sheet

31 March 2025

	Note 3b, d	Unrestricted £	Restricted £	2025 £	2024 £
Fixed assets					
Tangible assets	12	487	–	487	1,920
Investments	13	3	–	3	3
		490	–	490	1,923
Current assets					
Debtors	14	320	99,148	99,468	11,858
Cash at bank and in hand		318,308	230,721	549,029	207,864
		318,628	329,869	648,497	219,722
Liabilities:					
Creditors: amounts falling due within one year	15	(11,208)	(103,227)	(114,435)	(27,157)
Net current assets:		307,420	226,642	534,062	192,565
Total net assets		307,910	226,642	534,552	194,488
Funds of the Charity					
Restricted income funds	17	–	226,642	226,642	55,455
Unrestricted funds	17	307,910	–	307,910	139,033
Total funds		307,910	226,642	534,552	194,488

The Trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statements on pages 22 to 35 were approved by the Board of Trustees on 24 June 2025 and signed on their behalf by:



Katherine Martin CA

Interim Treasurer, UKMSA

24 June 2025

Cashflow Statement

Year Ended 31 March 2025

	2025 £	2024 £
Cash provided by (used in) operating activities (Note A)	337,924	(85,985)
Cash flows from investing activities		
Dividends, interest and rents from investment	3,241	3,006
Purchase of property, plant and equipment	–	–
Cash provided by (used in) investing activities	3,241	3,006
Change in cash and cash equivalents in the reporting period	341,165	(82,979)
Cash and cash equivalents at the beginning of the year	207,864	290,843
Cash and cash equivalents at the end of the year	549,029	207,864

Note A

Net movement in funds per the financial statements	340,064	(109,975)
Dividends, interest and rents from investment	(3,241)	(3,006)
(Increase)/Decrease in debtors	(87,610)	26,520
Increase in creditors	87,278	1,401
Fixed asset additions/(disposals)	-	(2,080)
Profit/(loss) on disposal of fixed assets	1,126	–
Depreciation	307	1,155
Cash provided by (used in) operating activities	337,924	(85,985)

	2025 £	Cash flow movement £	2024 £
Analysis of changes in net debt			
Cash and cash equivalents	549,029	341,165	207,864
Total	549,029	341,165	207,864

Notes to the Financial Statements – 31 March 2025

1 Charity status

The charity is a Charitable Incorporated Organisation incorporated with the Charity Commission for England and Wales and constitutes a public benefit entity as defined by FRS 102. Our registered address is 49 Station Road, Polegate, East Sussex, BN26 6EA.

2 Accounting policies

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Statement of compliance

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Going concern

The Trustees consider that there are no material uncertainties about the UKMSA's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts or carrying value of the assets held by the CIO.

(b) Fund accounting

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity. The Trustees maintain a single unrestricted fund for day to day expenses.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the Trustees maintained records for 5 (2024: 4) restricted funds as shown in notes 16, 17 and 18.

(c) Incoming resources

All incoming resources are recognised when the charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the amount of the income can be measured with sufficient reliability. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is recognised when the CIO is notified of the amount and settlement date. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the CIO becomes entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Membership subscriptions which give member Sheds the right to services and other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

The value of any voluntary help received is not included in the accounts.

Government grants

We recognise statutory income in line with delivery of the related activity. In the current year this has resulted in the recognition of £125,796 from the Government's Suicide Prevention Fund, with the balance to be recognised in future periods.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

(d) Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Apportionment of costs

The employment costs and associated expenses of each member of staff have been apportioned over fundraising costs and charitable activities on an average time basis.

Allocation of support costs

Support costs, including leadership and management time, insurance, administration and governance costs have been apportioned between fundraising costs and charitable activities as follows:

Employee management costs are matched to the employees being managed and then apportioned to key activities using the same average time basis used to allocate the employees costs.

Strategic development costs are apportioned equally between the cost of generating funds, membership support and Shed development activities.

Insurance, administration and governance costs have been split 50:50 between the cost of generating funds and charitable activities. The total for these two is then

apportioned to reflect the perceived benefit each activity receives from these costs.

(e) Employee benefits: Pension commitments

UKMSA employees are automatically enrolled into the National Employment Savings Trust (NEST) workplace pension scheme unless they choose to opt out. The scheme is a defined contribution scheme and the CIO has no liability under the scheme other than for the payment of contributions. At the year end this liability was £nil (2024: £nil). The pension cost charge represents contributions payable by UKMSA to the fund and these amounted to £17,827 (2024: £9,772).

(f) Taxation

HMRC have confirmed recognition of UKMSA as a charity for tax purposes in line with Paragraph 1 of Schedule 6 Finance Act 2010 and that for tax purposes UKMSA is a CIO. Accordingly the CIO is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to charitable purposes.

(g) Fixed asset investments

Fixed asset investments represent shareholdings in subsidiary companies which are initially shown in the financial statements at cost and subsequently measured at their fair (market) value. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals.

(h) Tangible fixed assets and depreciation

Tangible fixed assets costing over £250, previously £50, are capitalised, except for laptops computers that are written off in the month of acquisition. Fixed assets are disclosed at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful economic life, as follows:

IT equipment	3 years, Straight Line
Other equipment	3 years, Straight Line

(i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, held in 35 to 90 day notice interest bearing savings accounts.

(k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

There's a welcome and a drink for everyone at a Men's Shed!



3 Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides, on pages 27 to 35, prior period comparatives for the Statement of Financial Activities and the Balance Sheet for unrestricted and restricted funds.

3a Unrestricted funds: Statement of Financial Activity

Income and endowments from:	2025 £	2024 £
Donations and legacies		
Donations individual	22,233	26,528
Donations corporate	13,800	14,885
Grants	164,583	82,500
Charitable activities		
Memberships subscriptions	10,188	10,305
Other trading activities	6,450	11,094
Investment income		
Bank interest	3,241	3,006
Total income	220,495	148,318
Expenditure:	2025 £	2024 £
Raising funds	5,489	34,593
Charitable activities		
Promoting Men's Sheds	6,031	13,084
Supporting Men's Sheds		
Membership and support	31,444	4,833
Shed development	579	10,288
Events	8,374	1,162
Total expenditure	51,917	63,960
Net movement in funds	168,578	84,358
Reconciliation of funds		
Total funds brought forward	139,033	199,747
Transfer between funds	299	(145,072)
Total funds carried forward	307,910	139,033

3b Unrestricted funds: Balance Sheet

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	12	487	1,920
Investments	13	3	3
		490	1,923
Current assets			
Debtors	14	320	11,858
Cash at bank and in hand		318,308	132,475
		318,628	144,333
Liabilities			
Creditors: amounts falling due within one year	15	(11,208)	(7,223)
Net current assets		307,420	137,110
Total net assets for unrestricted funds		307,910	139,033
Total unrestricted funds	17	307,910	139,033

3c Restricted funds: Statement of Financial Activity

Income and endowments from:	2025 £	2024 £
Donations and legacies		
Donations	–	–
Grants	705,608	84,803
Charitable activities		
Membership subscriptions	–	–
Other trading activities	–	1,550
Investment income		
Bank interest	–	–
Total income	705,608	86,353
Expenditure:	2025 £	2024 £
Raising funds	68,715	25,568
Charitable activities		
Promoting Men's Sheds	204,190	39,069
Supporting Men's Sheds		
Membership and support	127,969	67,986
Shed development	133,248	148,065
Total expenditure	534,122	280,686
Net movement in funds	171,486	(194,333)
Reconciliation of funds		
Total funds brought forward	55,455	104,716
Transfer between funds	(299)	145,072
Total funds carried forward	226,642	55,455

3d Restricted funds: Balance Sheet

	Note	2025 £	2024 £
Fixed assets			
Tangible assets		–	–
Investments		–	–
		–	–
Current assets			
Debtors	14	99,148	–
Cash at bank and in hand		230,721	75,389
		329,869	75,389
Liabilities			
Creditors: amounts falling due within one year	15	(103,227)	(19,934)
Net current assets		226,642	55,455
Total net assets for restricted funds		226,642	55,455
Total restricted funds	17	226,642	55,455

4 Donations

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Individual donations	22,233	–	22,233	26,528
Various Corporate donors	13,800	–	13,800	14,885
Total donations	36,033	–	36,033	41,413

5 Grants

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Blurred (for Diageo)	120,000	–	120,000	–
City Bridge Foundation	–	7,515	7,515	–
Garfield Weston Foundation	–	–	–	20,000
Edward Gostling	–	–	–	–
David Riddell Memorial CIO	–	25,000	25,000	–
Moondance Foundation	–	–	–	37,803
Optigene Foundation	15,000	–	15,000	–
Pears Foundation	25,000	–	25,000	–
Roger Raymond Trust	–	25,000	25,000	–
Simon Gibson Trust	–	10,000	10,000	–
DHSC Suicide Prevention Fund	–	125,796	125,796	–
Swire Charitable Trust	–	–	–	15,000
Tudor Trust	–	–	–	42,000
Various benefactors	4,583	7,297	11,880	27,500
Waterloo Foundation	–	70,000	70,000	25,000
Worwin Foundation	–	435,000	435,000	–
Total grants	164,583	705,608	870,191	167,303

6 Volunteers

A team of volunteer Ambassadors assist the Head of Development to deliver support and advice to new groups wishing to start a Men's Shed and to established Men's Sheds needing help or experiencing difficulty. These Ambassadors have been recruited from other successful Sheds across the UK and given appropriate training.

They make a valuable and significant contribution to UKMSA and the Men's Shed movement in the UK. However due to the absence of any reliable measurement basis, and in accordance with the SORP, the financial contribution of these volunteers cannot be recognised in these accounts.

7 Expenditure

	Direct costs £	Support costs £	Total 2025 £	Total 2024 £
Raising funds				
Grant management	71,888	2,316	74,204	60,160
Charitable activities				
Promoting Men's Sheds				
Digital communication	112,785	–	112,785	47,497
Networking and events	94,541	2,895	97,436	4,656
Supporting Men's Sheds				
Membership and support	127,969	31,444	159,413	72,818
Shed development	139,305	2,896	142,201	159,515
Total expenditure	546,488	39,551	586,039	344,646

Comparative Expenditure 2023/24

	Direct costs £	Support costs £	Total 2024 £
Raising funds			
Grant management	50,847	9,313	60,160
Charitable activities			
Promoting Men's Sheds			
Digital communication	46,333	1,164	47,497
Networking and events	–	4,656	4,656
Supporting Men's Sheds			
Membership and support	68,160	4,658	72,818
Shed development	156,024	3,491	159,515
Total expenditure	321,364	23,282	344,646

8 Support Costs

	Governance costs £	Management costs £	Finance costs £	Total 2025 £
Raising funds	355	1,961	–	2,316
Charitable activities	5,715	31,521	–	37,235
Total	6,070	33,482	–	39,551

Comparative Support Costs 2023/24

	Governance costs £	Management costs £	Finance costs £	Total 2024 £
Raising funds	2,838	6,475	–	9,313
Charitable activities	4,259	9,710	–	13,969
Total	7,097	16,185	–	23,282

9 Related Party Transactions: Trustee expenses

No remuneration or benefits were paid to any Trustee or connected persons during the year (2024: £Nil).

Trustee expenses of £5,970 for eight Trustees (2024: £3,796, eight Trustees) were either reimbursed or paid directly during the year. These expenses were mostly travel and accommodation costs with some small claims for postage and telephone calls.

During the year eight current Trustees claimed expenses and/or had their expenses met directly by the CIO. All Trustee expenses were properly incurred in the performance of the Trustees' duties on behalf of the CIO. There were no other related party transactions during the year (2024: £nil).

10 Employees

The average number of employees during the year was 12 (2024: 8). No employee received emoluments of more than £60,000 (2024: no employee).

Staff costs	Total 2025 £	Total 2024 £
Salaries	356,438	206,397
Social security costs	28,724	13,423
Pension contributions	17,827	9,772
Total	402,989	229,592

Remuneration of key management personnel	Total 2025 £	Total 2024 £
The cost of the Chief Executive Officer's remuneration and benefits were:		
Salary	24,243	32,244
Social security costs	2,402	2,176
Pension contributions	1,212	1,637
Total	27,857	36,057

11 Independent Examiner's fee

The independent Examiner's fee of £3,000 (2024: £2,400) relates solely to the independent examination of the CIO's financial statements with no other services being provided.

12 Tangible fixed assets

	IT equipment £	Other equipment £	Total £
Cost			
At 1 April 2024	9,656	456	10,112
Disposal	(1,158)	–	(1,158)
At 31 March 2025	8,498	456	8,954
Depreciation			
At 1 April 2024	7,736	456	8,192
Charge for year	307	–	307
Eliminated on disposal	(32)	–	(32)
At 31 March 2025	8,011	456	8,467
Net book value			
At 31 March 2025	487	–	487
At 31 March 2024	1,920	–	1,920

13 Investments

	Total 2025 £	Total 2024 £		Date of incorporation	Company Number
Unlisted investments			Men's Sheds Limited	13 March 2019	11879439
At 1 April 2024	3	3	UK Men's Sheds Limited	18 March 2019	11889240
Additions at cost	–	–	ShedFest Limited	10 December 2020	13074874
At 31 March 2025	3	3			

The investments represent 100% of the ordinary share capital in the above dormant subsidiary companies all registered in England.

14 Debtors

	Total 2025 £	Total 2024 £
Grants & sponsorship	94,730	350
Prepayments and accrued income	1,857	238
Other debtors	2,881	11,270
Total	99,468	11,858

15 Creditors

	Total 2025 £	Total 2024 £
Trade creditors	9,184	838
Other taxation and social security (PAYE liabilities)	11,441	4,689
Accruals and deferred income	87,289	17,455
Other creditors	6,521	4,175
Total	114,435	27,157

During the period, grant amounts totalling £76,084 (2024: £nil) were included in deferred income. This was deferred on the basis that the amounts are specified by the grant funder to be spent in specific future periods.

16 Restricted Funds

The CIO has 5 material restricted funds (2024: 4) and will be committing to additional funds both designated and restricted in the coming financial year as shown in note 17 the movement of funds pertains to the expenditure of unrestricted funds toward the activities of the CIO. These include Shed Development, Management, The Welsh Development Programme and Strategic Development of the organisation.

Suicide Prevention Fund

Funding received from the Department of Health and Social Care we used the money for a range of initiatives, in particular facilitating the development of new Sheds across specific areas of need, and highlighting the Men's Shed Movement as a key intervention for combatting the underlying factors that increase risk of suicide.

Worwin Development Fund

This fund is to support the increased operational demands of Shed development, communications and diversification of income.

Strategic Development Fund

This fund is to strengthen the position of UKMSA financially to support the sustainability of the organisation and allow for greater long-term planning and delivery to support Sheds.

Other restricted funds

A number of organisations have identified particular programmes of work and provided funding for specific programmes in relation to Shed Development and Shedder support.

Welsh Sheds

This fund is restricted to development specific to Wales in the development of Sheds and programmes in Wales. This fund allows funders to donate, invest and support specific projects to build communities and support Men's Sheds in Wales.

17 Movement in funds

	At 01/04/2024 £	Net movement in funds £	Transfer between funds £	At 31/03/2025 £
Unrestricted funds	139,033	168,578	299	307,910
Restricted funds				
Suicide Prevention Fund	–	299	(299)	–
Worwin Development Fund	–	71,084	–	71,084
Strategic Sustainability Fund	–	30,094	–	30,094
Other restricted	9,523	33,992	–	43,515
Welsh Sheds	45,932	36,017	–	81,949
Total restricted funds	55,455	171,486	(299)	226,642
Total funds	194,488	340,064	–	534,552

Comparative movement in funds

	At 01/04/2023 £	Net movement in funds £	Transfer between funds £	At 31/03/2024 £
Unrestricted funds	199,747	84,358	(145,072)	139,033
Restricted funds				
Leadership and management	10,127	(41,512)	31,385	–
Shed development	94,589	(181,370)	96,304	9,523
Welsh Sheds	–	28,549	17,383	45,932
Total restricted funds	104,716	(194,333)	145,072	55,455
Total funds	304,463	(109,975)	–	194,488

18 Net movement in funds 2024/25

	Incoming resources £	Outgoing resources £	Movement in funds £
Unrestricted funds	220,495	(51,917)	168,578
Restricted funds			
Suicide Prevention Fund	125,796	(125,497)	299
Worwin Development Fund	204,906	(133,822)	71,084
Strategic Development Fund	230,094	(200,000)	30,094
Other restricted	55,812	(21,820)	33,992
Welsh Sheds	89,000	(52,983)	36,017
Total restricted funds	705,608	(534,122)	171,486
Total funds	926,103	(586,039)	340,064

Comparative net movement in funds 2023/24

	Incoming resources £	Outgoing resources £	Movement in funds £
Unrestricted funds	148,318	(63,960)	84,358
Restricted funds			
Leadership and management	–	(41,512)	(41,512)
Shed development	23,550	(204,920)	(181,370)
Welsh Sheds	62,803	(34,254)	28,549
Total restricted funds	86,353	(280,686)	(194,333)
Total funds	234,671	(344,646)	(109,975)



The UK Men's Sheds Association would like to thank all of our supporters, partners, sponsors, donors and grant-making bodies for their continued support.

Through your support Men's Sheds are enhancing, transforming, and saving lives.

UK Men's Sheds Association

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LinkedIn [/uk-men's-sheds-association/](https://www.linkedin.com/company/uk-men-s-sheds-association/)

YouTube [@ukmensshedsassociation](https://www.youtube.com/@ukmensshedsassociation)

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UK MEN'S SHEDS ASSOCIATION

England & Wales - Charity number 1162409

Accounts



**Trustees' Annual Report
and Financial Statements
for the Year Ended
31 March 2024**

What we do:

The UK Men's Sheds Association (UKMSA) is a national charity providing support and guidance to individuals and groups across the UK in starting, managing, and maintaining Men's Sheds. We champion and raise awareness of the social and health benefits of Men's Sheds in reducing loneliness, improving wellbeing, and transforming and saving lives, whilst supporting local communities.

We support the growth of Men's Sheds by:

- **Building awareness** such that Men's Sheds become a household name in the UK, so everyone knows what they are and how to find one. Where there isn't an existing Men's Shed, we enable anyone to learn how to create one in their community.
- **Promoting Men's Sheds** to connect communities with their nearest Men's Sheds. We do this by maintaining an up-to-date map of UK Sheds on our website, through social and print media, and by forwarding enquiries to the relevant local Shed groups and attracting support for member Sheds.
- **Providing guidance** on starting up and running a Shed to help grow the number of UK Men's Sheds. We do this by offering practical, best practice information guides, example documents and toolkits on topics such as registering as a charity, insurance, funding, sourcing equipment and venues, and volunteer recruitment. We provide telephone, email and in-person support to individuals and groups wanting to start a Men's Shed. We equip them with the knowledge to develop and sustain a thriving Men's Shed in their community for years to come.
- **Training volunteer Ambassadors** with experience of starting their own Men's Sheds to mentor and guide like-minded individuals and groups in starting and managing Men's Sheds across the UK.
- **Training Shed Advocates** and enabling **Shed Connector Sessions** to widen and strengthen the Men's Shed network.
- **Holding and supporting networking events** to connect men from different Men's Sheds across the UK. Here they can share experiences, knowledge and skills, and make contact with others who share interests and a common purpose.
- **Developing active partnerships with other organisations and charities.** Some of our partners provide practical skills support (e.g. first aid training at reduced rates or suicide awareness packages), some use their platform to promote UKMSA and Men's Sheds (for example, Wickes has UKMSA publicity in all its stores), and others provide products and services for free or at reduced rates. All of this directly benefits Sheds and their members, including financially.

We raise wider awareness of Men's Sheds and their many benefits by:

- **Promoting the social and health benefits** of Men's Sheds in reducing isolation and empowering local communities. We do this through various communication channels, including public events, online and in the media.
- **Representing our members** and the UK Men's Shed movement at local, national and international level. We do this by working with organisations, government authorities, companies, other Men's Shed associations, and related charities. We help develop partnerships, generate funding opportunities, and negotiate sponsorship deals to deliver real value to our member Sheds.
- **Providing insight** into the impact of Men's Sheds, which is increasingly supported by hard data as well as strong anecdotal input. We can show that Men's Sheds play an active part in reducing isolation and loneliness, as well as building communities and connections, and reducing anxiety, and depression. We know they can and do save lives: our Health and Wellbeing Survey (2023) suggests that 39% of Sheds believe that they have, or may have, saved lives.
- **Leveraging the platforms** and audiences of partner organisations to give us greater reach.
- **Celebrating** by telling the stories of how Men's Sheds transform and save lives.

Trustees' Annual Report For The Year Ended 31 March 2024

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Men's Sheds Work
88% felt more connected to the community.
UKMSA Wellbeing Survey 2023

Trustees' Annual Report For The Year Ended 31 March 2024

Chair's Statement

By any measure this has been a successful year for the UK Men's Sheds Association and for the wider Men's Sheds movement in the UK, where there are now over 1100 open Sheds, passing a major milestone, and offering symmetry with the publication this year of our 1000 Faces of Sheds project, a valuable piece of social research which helps evidence the immense good that Sheds do.

We began the financial year with a continuation of the celebrations for UKMSA's 10th anniversary and saw our biggest ever ShedFest (the second face-to-face one since the pandemic) in July. For the first time, we separated the Shed of the Year Awards from ShedFest, having held the former earlier in 2023 at the House of Lords in a combined anniversary celebration hosted by Baroness Grey-Thompson and attended by parliamentarians including the Rt Hon Maria Caulfield, MP, the Minister for Mental Health, who made some of the award presentations. The surroundings and success of the event have convinced us to do the same again, and this year's venue will be the State Apartments of the Speaker of the House of Commons.

Financially, we are in a strong position, with solid reserves, as the 2023/24 end of year accounts demonstrate. Our decision to recruit a Trusts and Foundations Manager has more than justified itself, with great work being done by Hannah Warner and her successor, Alison Hands. Additional grant funding enabled us to continue the work of Rob Visintainer and Simon Poole in Wales with our acquisition of the Men's Shed Cymru brand after the original project sponsors, Stori, approached us to see if we would take on the role of providing support for Sheds in Wales. With Allan Ogle replacing David Meli as our Partnerships Manager, we ended the financial year with 10 (6 full-time equivalent) paid staff and contractors. However, we have for some time recognised that this is not sufficient to run a charity of the size and complexity UKMSA has already reached, let alone address our strategic ambitions, so we have secured funding to recruit additional staff members, which will also result in a change to the leadership structure, providing greater resilience and responsiveness.



Thanks to our first-ever government funding, from the Suicide Prevention Grant Fund, we have recruited two full time Shed Development Officers to drive the establishment of Men's Sheds in the North and East Midlands of England. This will be UKMSA's first use of paid professionals in England to establish Men's Sheds and builds on the Men's Sheds Cymru approach in Wales. If it is successful we will consider replicating the model in other parts of the UK where Sheds are under-represented and need support.

Our new strategy is scheduled for publication in the 2024/25 Financial Year. However we have already established a desire and need to be more engaged with central government on the sorts of issues that impact members of Men's Sheds, and to show the extent to which Sheds are already part of the solution to a range of issues and can offer even more in the future. During the last year, as well as applying for the Suicide Prevention Grant Fund, our CEO, Charlie Bethel, and one of our most experienced volunteers, Patrick Abrahams, were part of a range of discussions hosted by parliamentarians, including providing evidence to the Health and Social Care Select Committee on Men's Health and being invited to form part of the Minister for Mental Health's Task and Finish Group for a Men's Health Strategy. This kind of central government representative function is new to UKMSA, and we feel it is an essential part of our role, especially around men's health and health issues particularly affecting Shed members. Our association with Parliament reached something of a crescendo in March when we erected a Men's Shed on the Parliamentary Estate for a week. The literal shed (provided by Wickes and adapted by members of Black Park Shed) was set up

Our town has one of the highest suicide rates among men, and we know the Men's Shed has saved lives. There was one man who was walking down to the sea to end his life, but someone stopped him and told him about the Men's Shed. He turned back, gave it a try and he's still here.

Redcar Men's Shed, England

Trustees' Annual Report For The Year Ended 31 March 2024

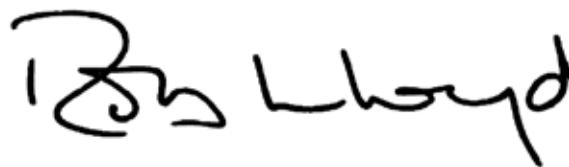
Chair's Statement continued

in the central atrium of Portcullis House, in direct line of most MPs heading to and from their Westminster offices. There is a separate feature on the Parliament Shed elsewhere in this report. The event was a huge success, allowing us to engage directly with a significant number of Ministers, MPs and their staff. The Parliament Shed was made possible by a range of people, and especially by the efforts of UKMSA staff and volunteers. We would not have got anywhere without the permission and encouragement of the Speaker of the House of Commons, Sir Lindsay Hoyle MP, to whom we are very grateful.

As with everything we do as a national association working to grow, sustain and promote Men's Sheds in the UK, we rely heavily on volunteers alongside our paid employees and contractors. This is always evident at events like ShedFest and the Parliament Shed, but the work of our volunteers takes place every single day and is a critical part of the Men's Shed movement. During the year we have expanded the Ambassador network and as part of our strategic development we will be considering an expansion of support for regional networks.

On the Board of Trustees, we were joined by Chris Griffiths, a Shed leader from Wales, meaning that for the first time UKMSA has at least one Trustee based in each of the four home nations.

The next few years will see even more changes to UKMSA and how we support both Sheds and Shedders in the UK. It's going to be a period of growth and of trying to tackle some of the perennial issues, especially access to suitable premises and Shed development in areas where Sheds are under-represented. To everyone who has played a part in the journey so far, including all the UKMSA volunteers, especially our Ambassadors, Shed network co-ordinators, our Trustees and other Board members, our wonderful staff, and everyone who gives their time to run Men's Sheds across the UK, I offer a heartfelt thank you. You are the heartbeat of this incredible, life-changing, and often life-saving movement and it simply would not exist without you. I hope that all of you feel very proud of the role you play, and I trust that we will continue to make even more of a difference to lives over the coming year.



Rob Lloyd

Chair of Trustees, UKMSA

20th June 2023

“Being able to ‘go to my shed’ has helped me, and I KNOW it has saved my life”.

Chris Morgan

Trustees' Annual Report For The Year Ended 31 March 2024

Legal and Administrative Information

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO), registered on 25 June 2015.

Registered charity number - 1162409

Principal address 49 Station Road Polegate, East Sussex BN26 6EA

Hon. Life President

Mike Jenn

Patron

Chris Fisher RPT

Trustees

Rob Lloyd, Chair

John Rushforth, Vice Chair (re-elected July 2023)

John Jarvis

David Webber, Treasurer (re-elected July 2023)

Joanne Phillips

John Latchford

Andrew Johnston

Victoria Coker

Kate Martin

Mark O'Neill

Chris Griffiths (elected July 2023)

Staff on 31 March 2024

Charlie Bethel

Chief Executive Officer

Dirk George

Finance Manager

Leo Pswarayi

Digital Communications Manager

Rachel Meadows

Volunteer and Community Development Manager

Allan Ogle

Partnerships and Community Development Manager

Laura Winkley

Shed Development Support Manager

Bernadette McElhatton

Shed Development Support Officer

Alison Hands

Trusts and Foundations Manager

Robert Visintainer

Welsh Development Manager

Simon Poole

Welsh Shed Development Officer

Bankers

The Co-operative Bank plc

P.O. Box 101

1 Balloon Street

Manchester

M60 4EP

Redwood Bank Limited

The Nexus Building

Broadway

Letchworth Garden City

SG6 3TA

Hampshire Trust Bank plc

55 Bishopsgate

London

EC2N 3AS

Monmouthshire Building Society

Monmouthshire House

John Frost Square

Newport

NP20 1PX

Reliance Bank Limited

Faith House

23-24 Lovat Lane

London

EC3R 8EB

Independent Examiner

Paul Colcomb FCCA - Wright Vigar Limited, Statutory Auditors and Business Advisors

15 Newland, Lincoln, LN1 1XG

Trustees' Annual Report For The Year Ended 31 March 2024

The Trustees of UKMSA present their annual report and financial statements for the year ended 31 March 2024. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the CIO's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 1 January 2019.

Structure, governance and management

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO) with voting members other than its charity Trustees.

The CIO is governed by a constitution, with charity Trustees being elected by members at the Annual General Meeting. Any vacant seats may be filled by a verification process, nomination, and co-option by the existing Trustees during the year.

On appointment, new Trustees are provided with a pack which includes copies of the CIO's Constitution, most recent Trustees' annual report and accounts, and relevant Charity Commission publications. The UKMSA Trustees are responsible for the strategic leadership of the CIO and, through the Chair, direct and manage the Chief Executive Officer to deliver the strategy of the organisation.

The Trustees have met every quarter in person and additionally by virtual conferencing, when necessary, in order to oversee the governance requirements, and have recently agreed to increase the frequency of meetings in line with the growing organisation.

All Trustees are volunteers and undertake activities to further the objects of the UKMSA as required with no remuneration or financial benefit received for their time.

UKMSA had 10 employees at the end of March (rising to 12 in May) who work under the direction of the Chief Executive Officer to deliver the organisation's objectives. Our work is supported by over 40 volunteers who act as Ambassadors within the Shed community. The UKMSA aims to develop relationships with other national Men's Sheds associations in the UK, to share best practice and further our common objectives.

Objective & Activities

As set out in UKMSA's Constitution and with the Charity Commission, the Objects of the CIO are for the public benefit to: promote the efficiency and effectiveness of charities or the effective use of resources for charitable purposes to local Men's Sheds, and further enable information sharing, communication, and co-operation between them and so act as a support body for Men's Sheds. In deciding our annual objectives and in planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance "Public benefit: running a charity (PB2)".

Connection

This being a grassroots movement, almost every Men's Shed is an independent entity. However, in many parts of the UK regional connections through local networks are flourishing and demonstrating the immense value that these in-person connections can add to Shedd's activities and lives. The number of Shed networks exceeds 20, with more in development. Although UKMSA is not directly responsible for the delivery of regional or local Shed networks, we believe they are an essential part of community connection, promoting mutual support and strengthening ways in which innovation and best practice can flourish. We therefore support local networks, especially by encouraging our Ambassadors to play a facilitation and enabling role looking at how we can increase our support. UKMSA will continue to help regional network creation and development, and we have an ambition to be even more proactive in this area. We are also grateful to those other charities that fund regional network meetings, including most recently the Royal British Legion's sponsorship of the Isle of Wight ShedFest.

"The Shed has been very good at making me feel part of the team and gives me tasks that I never have thought I was capable of. I have had a sense of being useful restored to me."
Rolf, Dalbeattie Men's Shed, Scotland

Trustees' Annual Report For The Year Ended 31 March 2024

Connection continued

While we have a strong set of staff and volunteers, the ever-increasing number of Sheds and their geographic spread means that the majority of our contact has to be online and digitally. As well as our monthly publication, *Shoulder to Shoulder*, our new website has improved access for our members to all of the material we curate on their behalf, albeit that we experienced some teething issues with the implementation. Alongside these we have further increased our active social media presence, which is the primary vehicle for sharing much of our online material, including webinars, wellbeing talks and important updates, and we have secured funding to recruit a Communications and Campaigns Officer in the coming months.

Our digital resources, created internally by the Digital Communications Manager and with partners, have enabled us to communicate effectively to differing audiences including Shedders and health care professionals. Feedback suggests this is making a real difference.

Our insight and ongoing analysis of open-source data continues and has raised our awareness of Sheds or Shed-like entities in the UK which appear to have no regional or national association to other Sheds. Whilst they may not wish to join UKMSA (or another national association) we hope that they might engage with regional or local networks, to the benefit of all.

To meet increasing demand from both Sheds and the general public, we have taken steps to increase capacity within UKMSA around membership support and Shed development. We anticipate, however, that this demand, and our requirement to meet it, will grow even further in coming years due to the success of the Men's Shed movement.



“I believe that Men’s Sheds not only play a very important role in men’s mental health, but in their overall general health. Men will discuss health issues while working or while gathered around drinking coffee. We have also had informative talks from health professionals which have been very useful”.

Stephen, Saintfield Men’s Shed, Northern Ireland

Trustees' Annual Report For The Year Ended 31 March 2024

Trustees respond to change

The Board itself has experienced a year of stability. One new Trustee – Chris Griffiths – was elected at the 2023 AGM, and all four of those co-opted by the Board in January 2023 were also elected at the AGM. No Trustee has indicated their indication to step down permanently and the one-third of Trustees who will step down in July in accordance with the Constitution all intend to stand for re-election.

However, the Board has recognised a need for change in a number of areas.

In relation to the Board's governance role, we have agreed that a cycle of quarterly meetings (with the option for ad hoc online sessions) is no longer suitable for a now medium-sized charity with increased volume and complexity of work and more significant financial responsibilities. We will begin a new rhythm of formal meetings every second month. We have also established that the current quoracy requirement for Trustee meetings is an inhibitor: currently we need two-thirds of Trustees to be present, but this has proved challenging with Trustees living across the breadth of the UK. We have resolved to take to the AGM a proposal to change the quoracy requirement for the Trustee Board to one-half. The Board also agreed during the year to formally constitute an Audit & Risk Committee, under the chairship of one of our Trustees, Andrew Johnston, independent of the Board Chair and Treasurer, in line with good practice and Charity Commission guidelines. This is another step towards acknowledging the additional levels of governance and oversight needed in a more complex CIO.

In relation to the working of UKMSA, it has become clear that the far greater volume and complexity of our business requires both additional staff and a new staffing structure. Our current flat management structure will be replaced by one which includes a full-time operational lead (who will also deputise for the CEO), for which we already have funding, and a stronger structure to support development. This new senior leadership team will allow us greater flexibility, resilience, and control over our current workload, even more so as we begin some of our other workstreams. Additionally, the Board recognised that we need communications support, so we agreed the CEO's request to seek funding from a Trust for such a post and we anticipate further development in this area in the coming months. Finally, recognising the particular challenge of getting Sheds started in some areas of the UK, we supported the CEO's (successful) initiative to apply to the Suicide Prevention Grant Fund for funding for two Shed Development Officers, one each in the North and East Midlands of England. This is a major shift in strategy for UKMSA – we have never before employed people to proactively go into communities to 'grow' Sheds (though we have seen the success of this in Wales under Men's Sheds Cymru). We will likely seek to do more of this if the model proves successful and additional funding is available.

Looking ahead, the Board and CEO are aware that with likely further growth (in staff, volunteers, Sheds, fraud and broader cyber risk, and business complexity) we must begin to develop our IT strategy. Thanks in the most part to the work of one particular volunteer, Tony Smith-Crallan, our existing systems deliver almost all of what we need now, but we are continually seeking how to improve the reliability and efficiency of our work.



“I come to the Shed and I can forget about being lonely. I've found another reason to exist”.

Bill, Desborough Men's Shed, England

Trustees' Annual Report For The Year Ended 31 March 2024

Sheds open around the UK

As ever, we are deeply appreciative of every Shed Leader and Shedder, and their incredible hard work in developing and running Sheds across the UK, in their many guises, spaces and common aims of creating, connecting, and providing safe spaces to talk. The impact of Sheds is incredible. The model of Sheds is a vibrant one and the opportunities for more Sheds across the UK is simultaneously both a challenge and an inspiration.

Known Sheds	Open	In Development	Total	UKMSA Members	%
31/03/2015	150	75	225	51	23%
31/03/2016	300	95	395	68	17%
31/03/2017	360	85	445	67	15%
31/03/2018	440	155	595	195	33%
31/03/2019	500	210	710	275	39%
31/03/2020	580	143	723	408	56%
31/03/2021	603	145	748	421	56%
31/03/2022	805	230	1,035	453	44%
31/03/2023	905	210	1,115	429	38%
31/03/2024	996	184	1,180	511	43%

There are over 1,100 Sheds now, each in their own way making a positive impact on the lives of their members and their communities. Within the movement, it is often said 'when you've seen one Shed, you've seen one Shed'. Each Shed, like each Shedder, is unique. We will continue to offer support to our members as well as to those Sheds that choose not to be members (albeit at different levels). That support, including championing the movement externally, engaging with local and national government on topics related to Shedder's interests, assisting Sheds to be what they each aspire to be, and celebrating success, will always be at the centre of what we do and driven by the needs of the Sheds we exist to support.



Men's Sheds Work: 96% felt less lonely.
UKMSA Wellbeing Survey 2023

Trustees' Annual Report For The Year Ended 31 March 2024

Sheds in Wales – Men's Sheds Cymru

Unlike UKMSA and the other two national Shed associations operating in the UK – Scottish MSA and Irish MSA, Men's Shed Cymru (MSC) was never a formally constituted body, instead being a project run by Stori (previously known as Hafan Cymru), a housing association. UKMSA and MSC enjoyed a particularly close association in recent years, collaborating on several opportunities, but in 2023 Stori decided to draw the MSC project to a close. Stori considered a variety of options for the continuation of Men's Sheds Cymru, and following consultation with many of the Sheds in Wales and partners, Stori approached UKMSA with the offer for us to take over the MSC brand and to play a lead role in supporting Welsh Sheds. We have been delighted to incorporate the MSC brand into UKMSA. We already had a number of UKMSA member Sheds in Wales, but as part of the new arrangements under the brand transfer, we offered a year's free membership to any Shed in Wales (and the rest of the UK) that had not been a member of UKMSA within the previous three years. Eighty-three Sheds have taken up that offer.

UKMSA communications now includes bespoke Men's Sheds Cymru messaging to maintain the existing sense of identity and to foster the regional networks which UKMSA feels are important to Sheds across the UK. In March, Pontypridd Shed hosted a regional gathering of South Wales Sheds which was very well attended, including by the local MP and Senedd member. The event was also attended by the Older People's Commissioner for Wales, a position that shows Wales's positive strides in recognising the needs of a growing part of their population. UKMSA's Chair spoke at the event and used his trip to visit a number of South Wales Sheds. As health is a devolved issue in the UK, we are also engaged in the development of guidance for the national framework for social prescribing in Wales.

In partnership with Swansea City Opera, 'Men's Sheds The Opera' enjoyed a second successful run this year. It is one of many initiatives unique to Wales as we try to engage new audiences and communities on the power of the Shed movement.



The Parliament Shed

Late last year, encouraged by increasing involvement and offers of support from MPs of all parties, we conceived the idea of erecting a physical shed in Parliament to generate awareness. With generous support from the Speaker of the House of Commons, we were granted a 'pitch' in the atrium of Portcullis House from 18-22 March.

The shed was provided by Wickes and PowerShed, roofed by Onduline, and transported and equipped by Axminster Tools, all longstanding partners of UKMSA. All of the adaptation of the shed was done by volunteers at Black Park Shed. There were also generous contributions from TiteFix, Carveco, Ronseal and other partner organisations including the Zero Suicide Alliance, Men's Health Forum, the Centre for Ageing Better and the Royal British Legion.

Throughout the week, a team of staff and volunteers were present to talk to MPs, Peers, and their staffers, and to showcase wood carving skills. The level of engagement – our primary goal – far exceeded our expectation, with direct contact and substantive conversation with 166 MP's, over 30 of whom had no Shed in their constituency and were keen to know more about how they might play a part in addressing this. Many of the visiting MPs were aware of Men's Sheds and some were already active supporters; others had not heard of Men's Sheds before but were interested to hear of Sheds in their constituency and undertook to make visits. So far, we have had over 160 follow ups by phone or email.

Other visitors to the Parliament Shed included representatives of many of our partners, and some of our Ambassadors as well as a number of Shedders who had either played a role in establishing the Parliament Shed or had been invited by their MP specifically to celebrate the presence of the Parliament Shed.

Whilst there are strict rules governing the use of cameras within Portcullis House, we did receive national and local coverage on Radio 4's 'This Week in Parliament'. In addition there was extensive coverage on social media, not least from many of the MPs who attended and wanted to share what they had learned about Men's Sheds.

This event was probably a unique opportunity, and we approached it with that in mind. We invested significant resources into the project and we feel we have had an excellent return on that investment already, while the true value and impact will likely be felt for some time to come, including opening the door to some exciting potential new partnerships.



Charlie Bethel presents Sir Lindsay Hoyle a bowl created in Camden Town Shed

Trustees' Annual Report For The Year Ended 31 March 2024

Working with our volunteers

We have touched elsewhere on the extent to which both UKMSA and the wider Men's Shed movement is dependent on volunteers. This ranges from reliance on volunteers for some key skills and deliverables at a national level to the smooth running of most individual Sheds.

On the latter, we have become aware of a few Sheds that were developed and funded by other charities that have ceased operating after the associated charity withdrew its support. From these examples and from membership feedback, we have come to understand that there is more we can and should be doing from UKMSA to assist the vitality and smooth running of Sheds, so this will be incorporated into our new strategy. This approach will build on the resources and sessions we already deliver to member Sheds, and we will be looking actively at campaigns to connect those Sheds that need support with people who can help. We hope that a good portion of this will be developed and added to by active Sheddors within our social media groups and reinforced by the 'sharing' aspect of regional networks.

From our more experienced volunteers, those with personal knowledge of establishing and running Sheds, we recruit our UKMSA Ambassadors. These volunteers are a vital part of the fabric of UKMSA, bringing their experience to bear in both supporting the growth of new Sheds and assisting existing Sheds in becoming sustainable for the longer term. Through proactive recruitment and a training programme, we continue to see some fantastic work and welcome applications for more people across the UK. However, almost by definition our greatest success in recruiting new Ambassadors is in those areas of the UK where we have most Sheds. This is one of the reasons we applied for funding for two professional Shed Development Officers in two regions where Shed coverage is especially sparse. This does not change our need for, and reliance on, Ambassadors in the future, so we will continue to look at other ways we can use to recruit Ambassadors in geographic areas and communities with few or no existing Sheds.

Another vital volunteer-led resource available to UKMSA is the Health and Wellbeing Advisory Group (HAWAG), which continues to shape UKMSA policy and develop key resources for us. Their work informs the thinking of the Trustees and staff team to consider ways of improving and increasing our offers to our members and to UK Sheds more broadly. The positive impact is also felt directly by Sheds. HAWAG has added real value to many Sheds on matters from Social Prescribing to supporting people to get tested for prostate cancer, and we plan to expand the role further given the significant success of the group.

Outside the specific Shed network, we also continue to develop other volunteer roles. In particular, we are targeting local government and charities with the aim to recruit Shed Advocates and Shed Connectors, primarily from organisations in the community, local government, health providers, and the third sector. The Shed Advocate is empowered to influence their own organisations to support existing Sheds and assist in the creation of new Sheds. These Shed Advocates and Shed Connectors will enable greater reach to people who can benefit from Sheds in their communities, and we are actively engaged with the National Academy for Social Prescribing in this initiative.

"I have been an Ambassador for five years and as time progresses I am watching the benefits to Sheddors increase and deepen. It has the same effect on me, .. It's just a good feeling giving something back, you are always on a learning curve and of course you meet some amazing people."

Graham Gowman, Ambassador for Hampshire

Trustees' Annual Report For The Year Ended 31 March 2024

Ambassador Profile

Ambassador Tim Tempest founded Sherwood Men's Shed in 2015 and holds the position of Chair today. The Shed is situated in Tunbridge Wells, an area known for its affluence. However, Sherwood Men's Shed is located on the edge of the Sherwood estate, which is known for being an area of higher deprivation and socioeconomic challenges. The Shed provides much needed support and social interaction for men and women in the area, offering sessions twice a week. Tim has a background in business development working with pubs across London and is now the Kent Advisor for the 'Pub is the Hub'. This charity offers independent advice to pubs on rural services diversification for those that are looking to add social value to their area or provide viable community services.

Tim had been involved in the support and set up of two other local Sheds when he reached out to enquire about the Ambassador role at the beginning of 2023. Since becoming an Ambassador Tim has done talks for West Kent Radio, Adult Learning Wales and Alternative Futures (a health and social care charity). Tim has continued to support new and existing Sheds in the Kent area, working alongside Jon Whitfield, and has recently been involved in supporting Hospice in the Weald to begin the process of starting a Shed in their grounds for patients and their families, attending several meetings onsite, sharing knowledge and signposting to information. Tim volunteered to support at ShedFest last year and also attended the media training session in August 2023.

Tim was chosen to support our Parliament Shed event as he is friendly and approachable, has experience speaking to a range of different people, and is more than capable of giving talks and interviews competently. Tim was interviewed by Sean Curran from the BBC Radio 4 programme 'Today in Parliament' while he was at the event. Tim also demonstrated and taught carving to visitors to the Parliament Shed, and spoke confidently with MPs and other visitors about the Shed Movement.

“In terms of my Ambassador role I get great satisfaction being able to help new sheds start up and develop. Having started our own shed I am able to pass on the knowledge gained with a high degree of confidence knowing what works and what doesn't and also recommend best practice in terms of organisation, regulatory compliance and the like.

Working with our local hospice, Hospice in The Weald I am really looking forward to help and guide the development of a Shed within the hospice for patients and their families alike.”



“Sheds are full of mates you never knew you had.”

Colwyn Bay Men's Sheds

Trustees' Annual Report For The Year Ended 31 March 2024

Working With Our Members

UKMSA plays a key role in supporting the development, growth, and continued success of Sheds across the UK alongside championing and celebrating their work. Many of our resources are also available to non-members, which is especially useful for new Sheds in development.

We also play an important role in broadening awareness in order to reach the greatest possible number of potential Shed members. And while every Shed is autonomous, and every user experience unique, we play a part in helping to enhance that experience. For nascent and established Sheds alike, UKMSA provides practical information about getting and keeping going.

Through our development programme led by our Volunteer and Community Development Manager we provide written resources, presentations, workshops and, of course, the direct input of our Ambassadors and staff. This support comes with varying degrees of complexity related to the specific stage on the 'Shed journey'.

This year we have been taking the opportunity of our new website to refresh information we provide online and enhance the user experience. We continue to build on the insight we gain from Sheds the breadth and depth of the UK and are indebted by everyone's commitment to sharing what works, particularly when we conduct or support research. We continue to engage with internal research and supporting external organisations and universities in research pertaining to men's health and Sheds. Amongst this work was the release of the Health and Wellbeing Survey developed by HAWAG that provided real insight into the impact of Sheds on their members. We are also indebted to The Rayne Foundation for their support of the 1,000 Faces of Sheds project, a collection of insights from Sheddors, part two of which we hope to publish shortly.

Insight and data are crucial when we are telling the story of Men's Sheds, especially to those outside the movement who want to know more but may require something evidenced. For many, joining a Shed is all about making and creating, and that is clearly integral to what Sheds are. For others, it can also be about supporting their communities and for some it has the effect of transforming or even saving their lives. It is these latter areas that are, of course, of most interest to local, central, and regional government, as well as funders, when deciding whether to support projects like Sheds, so a key part of UKMSA's role is to gather and present the relevant data so that not only we can use it but that it is available to individual Sheds too.

The power of the data is to reveal the extraordinary – such as showing that 39% of Sheds that completed our 2023 Health & Wellbeing Survey knew (25%) or believed (14%) that their Shed had saved at least one member's life. Demonstrating the impact of Sheds requires hard data like this, but it works even more powerfully in tandem with the statements and quotes from Sheddors on how being part of a Shed has transformed their lives. Such insight was a key part of our successful application to the Suicide Prevention Grant Fund, our first ever funding from central government. And for our own operational management it is vital that we keep abreast of Shed numbers in the UK, including those who are not affiliated to any national association. These quite different but vital sets of data are mostly acquired due to the energy, skill, and dedication of individual volunteers. We are extremely grateful to them and to all those who put time and effort into conducting and supporting research in these areas.

Our annual conference, ShedFest 2023, proved to be our best attended yet. Many of our partners played key roles, as exhibitors, demonstrators and sponsors. Our Patron, Chris Fisher RPT ('The Blind Woodturner') delivered a highly moving keynote address.

The other sessions in the breakout rooms were based on topics requested by the membership – talks on fundraising and being a Shed leader were both well attended and underscored the appetite for us to provide additional support for the members in areas like this, which we are addressing in our strategy and plans for the coming years. The practical demonstrations were as popular as ever, so even more are being planned for ShedFest 2024.

"I ended up without any men friends, so of course coming to our Men's Shed changed all of that. I've got 30 friends, who turn up regularly at our meetings."

Terry, Pontypridd Men's Shed, Wales

Trustees' Annual Report For The Year Ended 31 March 2024

Celebrating Men's Sheds

Shed of the Year 2023

Our Annual Awards, Shed of the Year, took place at the Palace of Westminster in May 2023 as part of our 10th Anniversary celebrations. The event, which was made possible by the kind support of Baroness Tanni Grey-Thompson and the generosity of TiteFix, who sponsored the Awards. This event enabled us to pay a public tribute to UKMSA founder, Mike Jenn, and to present a blue anniversary plaque to Camden Town Shed, which Mike set up. In the next few months we hope to present similar plaques to all the Sheds in the UK, regardless of membership, that were open when UKMSA was established in 2013 as the first national Men's Shed organisation in the UK. Our sincere thanks to Carveco for the production of these plaques.

The number of entries for the Shed of the Year 2023 awards was the largest yet. All nominations demonstrated the significant contributions that they make to their communities and the wider Men's Shed

movement. Winners of the categories were: Lancaster Men's Sheds (Health and Wellbeing); Cotswold Community Shed (Partnerships); Long Sutton Men's Shed (Community Impact); and Gareth Lloyd from Kessingland, (Volunteer of the Year). The overall Shed of the Year 2023 award went to Bootle Tool Shed for their truly inspirational work across their community.

Chairman's commendations went to Chris Griffiths of Lisvane Men's Shed, Patrick Abrahams and Tony Smith-Crallan, who both serve as Ambassadors, amongst other roles with UKMSA.

Our thanks go to TiteFix, who again sponsored the Shed of the Year Awards, together with Carveco who produced the Awards and the companies who provided prizes for the Sheds including Axminster Tools, Ronseal, MetalCraft, and Yorkshire Fixings Solutions all of whom helped us create such a memorable occasion.



(Left to right, Charlie Bethel CEO, Rob Lloyd, Chair, Eddie Flynn, Chair of Bootle Tool Shed, Richard Rhodes, Tite-Fix, Baroness Grey-Thompson.

Trustees' Annual Report For The Year Ended 31 March 2024

Partnerships

2023 saw a furthering of our already broad range of partnerships. Notable among the new partnerships was our agreement with the Royal British Legion (RBL) and a collaboration with Hobson's Brewery. The former will see the establishment of Men's Sheds in the RBL's dementia care homes and increased collaboration around veterans, as well as other initiatives. We were proud to announce this new partnership jointly with RBL representatives at the Parliament Shed event in March. The Hobson's Brewery partnership is a new type of partnership for us. They have produced a no-alcohol beer, called 'Shed', with the tagline "Don't bottle it up", with information on Men's Sheds and a QR code linking to the UKMSA website. A percentage of all sales will go to UKMSA.

Many of our partners provide important practical support, ranging from the provision of premises for Trustee meetings, sponsoring ShedFest and providing Shed of the Year prizes, to providing free or discounted goods and services to our member Sheds. And as mentioned in the report of the Parliament Shed, several partners came together to make our ambition a reality by furnishing tools, material, a shed, and transport.

The Partnerships and Community Development Manager, taken over this year by Allan Ogle, underpins this work and seeks direct association and partnerships with brands and organisations that add value to the movement. The range and span of this is exciting – for example, we were supported by Studio Canal in the promotion of Ken Loache's film 'The Old Oak', and we have attended and spoken at events hosted by a variety of companies and organisations including Wickes, Department of Health and Social Care and CBRE, global leaders in commercial property and facilities management with extensive connections, especially in metropolitan areas where Sheds tend to find it hard to establish. All of this interest points to growing success in raising awareness of Men's Sheds and will hopefully develop into further opportunities.

Throughout the year we worked in close co-operation with Men's Sheds Canada, representatives of which spent three days visiting UK Sheds and attending ShedFest 2023. We continue to hold regular online meetings with our Canadian colleagues, to mutual benefit. More recently our CEO met with Japan Community Sheds, and it is hoped that we can both strengthen links more generally but also look at specific research collaboration in coming months.

Some of our partnerships provide direct support to Sheds. These range from Onduline, who provide expertise and support projects with roofing materials, to St John Ambulance, St Andrew Ambulance and St John Cymru Ambulance. Axminster, Titefix and Carveco are amongst our partners offering discounts to Sheds. One project that has expanded this year is support from Ronseal. During this period over 400 requests for support have been processed with a total value to Sheds in excess of £100,000. The partnership with Ronseal is far greater than simply product for Sheds as they also support the development of new projects and digital materials to promote the movement.

As UKMSA also amplifies its voice on issues relevant to Sheddors, other partners in this space have been incredibly helpful, including the Men and Boys Coalition, the Royal Voluntary Service, Men's Health Forum, the Campaign to End Loneliness and Cruse Bereavement Care.

"If I didn't come here twice a week I'd be sitting in front of the TV drinking. This place is like a second home."
Billy, Keighley Men's Shed, England

Trustees' Annual Report For The Year Ended 31 March 2024

Working with others

Funding

Thanks to the generosity of our funders, we have been able to not only continue our existing projects but to grow further and faster, including being able to employ two new staff based in Wales. Over the last year particular thanks should be noted to, Barratt Homes Ltd, Developing Youth Practice, The Edith Murphy Foundation, The Edward Gostling Foundation, The Garfield Weston Foundation, The Helen Hamlyn Trust, The Haremead Trust, The David and Ruth Lewis Charitable Trust, The Light Fund, The Moondance Foundation, The OptiGene Foundation, Pears Foundation, The Penchant Foundation, The Rayne Foundation, The Roger Raymond Charitable Trust, The Shanly Foundation, The Swire Charitable Trust, The Tudor Trust and The Waterloo Foundation.

A restricted fund has been established subsequent to 31 March based on funding in principle from a charitable trust to both support the Ambassador programme and two development staff as detailed in the notes (section 15). In addition a further fund has been created to undertake activity to support the strategic sustainability of UKMSA and to allow greater long-term planning. This support is restricted and additional designated funds will be created (section 15).

And, as referenced elsewhere in this report, during the year we applied for the first time for central government funding through the Department of Health and Social Care's Suicide Prevention Grant Fund. The application was successful and will cover two Shed Development Officers for a fixed period, one each in the East Midlands and North of England alongside other projects to support Sheds and ultimately save lives.

We are also grateful to Ellandi for their support at their DIY Week for their tremendous fundraising activities for Men's Sheds. Other supporters that have provided financial contributions to UKMSA have included Axminster Tools, Carveco, Ronseal, TiteFix and Onduline. Their support has enabled us to achieve much more.

Finally, thank you to all those individuals from within and outside our communities who raised funds or made donations, whether in remembrance of a loved one or because they recognise the positive impact of Sheds and our work.

The Trustees are focussed on building and sustaining a broad range of income streams to avoid over-reliance on any one source. It was part of our financial strategy to create a new staff post for a Trusts and Foundations Manager last year and such has been the success of that decision that we have extended the contract to full time. The success is evidenced in the Statement of Financial Activities.

Amplifying our voice

The UKMSA exists primarily to support the development and growth of Sheds, and to celebrate the success of the Shed movement, regardless of UKMSA membership status. To do this ever more effectively, we recognise the need to be a voice for Sheds, and especially to reach into places where currently there is little or limited awareness of what Sheds can offer. Most men (and women) who join a Shed do so primarily in pursuit of their craft or hobby and to make new friends. The Shed is, primarily, a source of enjoyment derived from making or fixing things, chatting with friends, and perhaps doing some good in the community. However, while most may not define it in this way, we know from our own research and that of others that Shed attendance can, for many, help address wellbeing issues such as social isolation, mental ill-health, and prevent people from following through on suicidal intent. To this end, and in line with a greater interest shown in the issues by Shedders, government, and health bodies, we have increasingly engaged with organisations, institutions and groups where the focus is primarily health and wellbeing, especially for men.

Last year we began a partnership with the National Association for Social Prescribing. This year we have reached more into Parliament, giving evidence to the Health and Social Care Select Committees' enquiry into Men's Health, and we were invited to be part of Mental Health Minister Maria Caulfield's Task & Finish Group for a Men's Health Strategy. We believe that there should be a Shed in the UK for everyone who wants access to one, so having celebrated the milestone of over 1,000 Sheds in the UK, our new goal is to reach 2,400 over the next eight years. As ambitious as that might sound, it is worth reflecting that there were only 40 Sheds a decade ago.

Men's Sheds work: 96% felt less lonely.
UKMSA Wellbeing Survey 2023

Trustees' Annual Report For The Year Ended 31 March 2024

Reserves Policy

The Trustees aim to hold four to six months of operational costs to cover all planned activities in unrestricted reserves as a buffer against any financial setbacks. Activities and events are planned on a self-financing basis to avoid putting pressure on the unrestricted reserves. When unrestricted reserves exceed required levels, the Trustees will consider how best to use any surplus funds to further the objects of the charity.

The restricted reserves in section 3a represent both received and promised funds where an agreement is in place. The unrestricted reserves account for 25% of the operational costs for the next financial year, which demonstrates considerable growth and ambition. This in part is met by in-principal support from a Trust from whom a substantial donation has been received subsequent to 31 March 2024. Please see notes in section 15.

Investment Policy

Short term surplus cash funds are invested in interest bearing UK bank deposit accounts. The Trustees have resolved that deposits should only be made with UK registered and regulated banks and that deposits with any one provider should not exceed the £85,000 guaranteed under the Financial Services Compensation Scheme.

Principle Risks & Uncertainties Facing UKMSA

As indicated elsewhere in this report, during the year the Trustees agreed the formation of an Audit & Risk Committee. This has resulted in changes in the format of UKMSA's risk register, in accordance with the Board's wishes to have something better suited to the governance requirements of a larger and more complex charity, especially given a significant uplift in funding over the next three years.

Perhaps unsurprisingly, staff retention remains one of our key risks, but we have in place appropriate mitigations, including increasing the number of staff over the coming year and changing the senior management structure to increase resilience. Alongside this is retention of our key volunteers and the need to increase our recruitment of new volunteers. Again, this risk is significant in terms of impact, but we have mitigations to reduce the likelihood.

The economic situation in the UK continues to offer uncertainty in the work of UKMSA - there is direct impact on our Members (increased energy costs, for example). And whilst as an organisation UKMSA is shielded from many cost of living increases because we have no physical premises, our salary bill has again increased because of our decision that we wanted and needed to raise staff salaries in line with inflation for the second year in succession.

Elsewhere in this report we have drawn out a number of opportunities we hope to bring to fruition over the coming years. A key one of these, made possible by the generous support of one funder, is to meet the challenge of acquiring sustainable and more diversified funding. The staff team and Board alike relish this opportunity, but we recognise the scale of the challenge given how many other charities are looking for financial support to fulfil a growing demand for services that shows no sign of easing since the pandemic and due to spiralling costs.



Men's Sheds Work: 89% were not as depressed.

UKMSA Wellbeing Survey 2023

Trustees' Annual Report For The Year Ended 31 March 2024

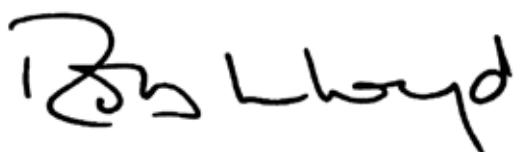
Financial review

Financial performance during the financial year was as planned for UKMSA, full details of which are given in the Statement of Financial Activities, Balance Sheet and accompanying notes. During the year the CIO received further multi-year funding for the promotion and support of Men's Sheds. Income for the year was £234,671 (2023: £255,665) of which £148,318 (2023: £121,698) was unrestricted and £86,353 (2023: £133,967) was restricted. Expenditure on promoting Men's Sheds was £52,153 (2023: £44,939) and expenditure on supporting Men's Sheds was £215,074 (2023: £136,484). For the year employee remuneration represented 67% (2023: 74%) of overheads. The financial outcome for the year was a surplus of £84,358 (2023: £92,529 surplus) of unrestricted funds and a deficit of £194,333 (2023: £69,443) of restricted funds. This financial outcome reflects the Trustees following the reserves policy while spending restricted funds in accordance with the terms of various grants.

Financial position

The Trustees are pleased to report the total reserves at the end of the year were £194,488 (2023: £304,463) of which £139,033 (2023: £199,747) were unrestricted and £55,455 (2023: £104,716) were restricted. The unrestricted reserves represent the saving of prior year surpluses being accumulated to provide a financial buffer in accordance with our reserves policy. The restricted reserves however represent funds, either accounted for or paid to us, that have been provided for future activities. The Trustees take great care to ensure that grant spending is spread evenly over the period for which the funds have been provided. This is managed by the preparation and monitoring of budgets which are reviewed quarterly by the board.

Approved by the Trustees 20th June 2024 and signed on their behalf by:



Rob Lloyd
Chair of Board of Trustees,
20th June, 2024

Independent Examiner's Report to the Trustees of UK Men's Sheds Association

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Colcomb FCCA

Wright Vigar LimitedW

Statutory Auditors and Business Advisors

15 Newland

Lincoln

LN1 1XG

Date: 19th June, 2024

Statement of Financial Activities

(including income and expenditure account)

Year Ended 31 March 2024

	Notes	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	3a,c	£	£	£	£
Income and endowments from:					
Donations and legacies					
Donations	4	41,413	0	41,413	46,337
Grants	5	82,500	84,803	167,303	189,842
Charitable activities					
Membership subscriptions		10,305	0	10,305	10,506
Other trading activities		11,094	1,550	12,644	7,135
Investment income					
Bank interest		3,006	0	3,006	1,845
Total income		148,318	86,353	234,671	255,665
Expenditure on:					
Raising funds	7	37,097	40,322	77,419	51,156
Charitable activities:					
Promoting Men's Sheds	7	13,084	39,069	52,153	44,939
Supporting Men's Sheds	7	13,779	201,295	215,074	136,484
Total expenditure		63,960	280,686	344,646	232,579
Net movement in funds	16	84,358	(194,333)	(109,975)	23,086
Reconciliation of funds:					
Total funds brought forward	16	199,747	104,716	304,463	281,377
Transfer between funds		(145,072)	145,072	0	0
Total funds carried forward		139,033	55,455	194,488	304,463

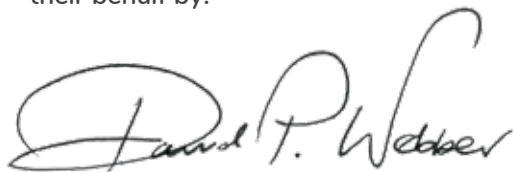
The notes on pages 22 to 38 form part of these financial statements.

Balance Sheet – 31 March 2024

	Note	Unrestricted	Restricted	2024	2023
		£	£	£	£
Fixed assets:					
Tangible assets	11	1,920	0	1,920	995
Investments	12	3	0	3	3
		1,923	0	1,923	998
Current assets:					
Debtors	13	11,858	0	11,858	38,378
Cash at bank and in hand		132,475	75,389	207,864	290,843
		144,333	75,389	219,722	329,221
Liabilities:					
Creditors: amounts falling due within one year	14	(7,223)	(19,934)	(27,157)	(25,756)
Net current assets		137,110	55,455	192,565	303,465
Total net assets		139,033	55,455	194,488	304,463
Funds of the Charity					
Restricted income funds	16	-	55,455	55,455	104,716
Unrestricted funds	16	139,033	-	139,033	199,747
Total funds		139,033	55,455	194,488	304,463

The Trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statements on pages 22 to 38 were approved by the Board of Trustees on 20th June, 2024 and signed on their behalf by:



David P Webber ACA

Treasurer

Notes to the Financial Statements – 31 March 2024

1 Charity status

The charity is a Charitable Incorporated Organisation incorporated with the Charity Commission for England and Wales and constitutes a public benefit entity as defined by FRS 102.

2 Accounting policies

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Statement of compliance

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Going concern

The Trustees consider that there are no material uncertainties about the UKMSA's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts or carrying value of the assets held by the CIO.

Cash flow statement

The charity has taken advantage of the following exception in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirement of Section 7 Statement of Cash Flows.

(b) Fund accounting

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity. The Trustees maintain a single unrestricted fund for day to day expenses.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the Trustees maintained records for 4 (2023: 4) restricted funds as shown in notes 15, 16 and 17.

Notes to the Financial Statements – 31 March 2024

(c) Incoming resources

All incoming resources are recognised when the charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the amount of the income can be measured with sufficient reliability. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is recognised when the CIO is notified of the amount and settlement date. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the CIO becomes entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Membership subscriptions which give member Sheds the right to services and other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

The value of any voluntary help received is not included in the accounts.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

(d) Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Apportionment of costs

The employment costs and associated expenses of each member of staff have been apportioned over fundraising costs and charitable activities on an average time basis.

Allocation of support costs

Support costs, including leadership and management time, insurance, administration and governance costs have been apportioned between fundraising costs and charitable activities as follows:

Employee management costs are matched to the employees being managed and then apportioned to key activities using the same average time basis used to allocate the employees costs.

Strategic development costs are apportioned equally between the cost of generating funds, membership support and Shed development activities.

Insurance, administration and governance costs have been split 50:50 between the cost of generating funds and charitable activities. The total for these two is then apportioned to reflect the perceived benefit each activity receives from these costs.

Notes to the Financial Statements – 31 March 2024

(e) Employee benefits: Pension commitments

UKMSA employees are automatically enrolled into the National Employment Savings Trust (NEST) workplace pension scheme unless they choose to opt out. The scheme is a defined contribution scheme and the CIO has no liability under the scheme other than for the payment of contributions. At the year end this liability was £nil (2023, £nil). The pension cost charge represents contributions payable by UKMSA to the fund and these amounted to £9,772 (2023, £7,752).

(f) Taxation

HMRC have confirmed recognition of UKMSA as a charity for tax purposes in line with Paragraph 1 of Schedule 6 Finance Act 2010 and that for tax purposes UKMSA is a CIO. Accordingly the CIO is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to charitable purposes.

(g) Fixed asset investments

Fixed asset investments represent shareholdings in subsidiary companies which are initially shown in the financial statements at cost and subsequently measured at their fair (market) value. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals.

(h) Tangible fixed assets and depreciation

Tangible fixed assets costing over £250, previously £50, are capitalised. Fixed assets are disclosed at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful economic life, as follows:

IT equipment	3 years, Straight Line
Other equipment	3 years, Straight Line

(i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, held in 35 to 90 day notice interest bearing savings accounts.

(k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.



**Men's Sheds Work:
75% had decreased anxiety.**
UKMSA Wellbeing Survey 2023

Notes to the Financial Statements – 31 March 2024

3 Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides, on pages 25 to 28, prior period comparatives for the Statement of Financial Activities and the Balance Sheet for unrestricted and restricted funds.

3a Unrestricted funds: Statement of Financial Activity

	2024	2023
	£	£
Income and endowments from:		
Donations and legacies		
Donations individual	26,528	19,424
Donations corporate	14,885	20,513
Grants	82,500	68,000
Charitable activities		
Memberships subscriptions	10,305	10,506
Other trading activities	11,094	1,410
Investment income		
Bank interest	3,006	1,845
	<hr/>	<hr/>
Total income	148,318	121,698
	<hr/>	<hr/>
Expenditure:		
Raising funds	37,097	18,247
Charitable activities:		
Promoting Men's Sheds	13,084	5,463
Supporting Men's Sheds		
Membership and support	2,329	2,184
Shed development	10,288	2,184
Events	1,162	1,091
	<hr/>	<hr/>
Total expenditure	63,960	29,169
	<hr/>	<hr/>
Net movement in funds	84,358	92,529
Reconciliation of funds:		
Total funds brought forward	199,747	107,218
Transfer between funds	(145,072)	-
	<hr/>	<hr/>
Total funds carried forward	139,033	199,747
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements – 31 March 2024

3b Unrestricted funds: Balance Sheet

	Note	2024	2023
		£	£
Fixed assets			
Tangible assets	11	1,920	995
Investments	12	3	3
		<u>1,923</u>	<u>998</u>
Current assets			
Debtors	13	11,858	25,878
Cash at bank and in hand		132,475	184,122
		<u>144,333</u>	<u>210,000</u>
Liabilities:			
Creditors: amounts falling due within one year	14	(7,223)	(11,251)
		<u>137,110</u>	<u>198,749</u>
Net current assets			
		<u>139,033</u>	<u>199,747</u>
Total net assets for unrestricted funds			
		<u>139,033</u>	<u>199,747</u>
Total unrestricted funds			
	16	<u>139,033</u>	<u>199,747</u>

Notes to the Financial Statements – 31 March 2024

3c Restricted funds: Statement of Financial Activity

	2024	2023
	£	£
Income and endowments from:		
Donations and legacies		
Donations	0	6,400
Grants	84,803	121,842
Charitable activities		
Memberships subscriptions	-	-
Other trading activities	1,550	5,725
Investment income		
Bank interest	-	-
	86,353	133,967
Expenditure:		
Raising funds	40,322	32,909
Charitable activities:		
Promoting Men's Sheds	39,069	39,476
Supporting Men's Sheds		
Membership and support	53,231	29,428
Shed development	148,065	101,597
	280,686	203,410
Net movement in funds	(194,333)	(69,443)
Reconciliation of funds:		
Total funds brought forward	104,716	174,159
Transfer between funds	145,072	
Total funds carried forward	55,455	104,716

Notes to the Financial Statements – 31 March 2024

3d Restricted funds: Balance Sheet

	Note	2024	2023
		£	£
Fixed assets			
Tangible assets		-	-
Investments		-	-
		-	-
Current assets			
Debtors	13	0	12,500
Cash at bank and in hand		75,389	106,721
		75,389	119,221
Liabilities:			
Creditors: amounts falling due within one year	14	(19,934)	(14,505)
Net current assets			
		55,455	104,716
Total net assets for restricted funds			
		55,455	104,716
Total restricted funds			
	16	55,455	104,716

Notes to the Financial Statements – 31 March 2024

4 Donations

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Individual donations	26,528	0	26,528	19,424
Various Corporate donors	14,885	0	14,885	26,913
	41,413	0	41,413	46,337

5 Grants

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Anonymous benefactor 1	0	0	0	101,842
Anonymous benefactor 2	0	0	0	5,000
Garfield Weston Foundation	20,000	0	20,000	0
Edward Gostling	0	0	0	10,000
David & Ruth Lewis Trust	0	0	0	15,000
Moondance Foundation	0	37,803	37,803	0
Optigene Foundation	0	0	0	5,000
Pears Foundation	0	0	0	50,000
Swire Charitable Trust	15,000	0	15,000	0
Tudor Trust	35,000	7,000	42,000	0
Various benefactors	12,500	15,000	27,500	3,000
Waterloo Foundation	0	25,000	25,000	3,000
	82,500	84,803	167,303	189,842

6 Volunteers

A team of volunteer Ambassadors assist the Volunteer and Community Development Manager to deliver support and advice to new groups wishing to start a Men's Shed and to established Men's Sheds needing help or experiencing difficulty. These Ambassadors have been recruited from other successful Sheds across the UK and given appropriate training.

They make a valuable and significant contribution to UKMSA and the Men's Shed movement in the UK. However due to the absence of any reliable measurement basis, and in accordance with the SORP, the financial contribution of these volunteers cannot be recognised in these accounts.

Notes to the Financial Statements – 31 March 2024

7 Expenditure

	Direct costs	Support costs	Total 2024	Total 2023
	£	£	£	£
Raising funds:				
Grant management	50,847	9,313	60,160	34,952
Membership administration	14,930	2,329	17,259	16,204
Charitable activities:				
Promoting Men's Sheds				
Digital communication	46,333	1,164	47,497	40,569
Networking and events	0	4,656	4,656	4,370
Supporting Men's Sheds				
Membership and support	53,230	2,329	55,559	31,612
Shed development	156,024	3,491	159,515	104,872
Total expenditure	321,364	23,282	344,646	232,579

Comparative Expenditure

	Direct costs	Support costs	Total 2023
	£	£	£
Raising funds:			
Grant management	26,214	8,738	34,952
Membership administration	14,020	2,184	16,204
Charitable activities:			
Promoting Men's Sheds			
Digital communication	39,476	1,093	40,569
Networking and events	0	4,370	4,370
Supporting Men's Sheds			
Membership and support	29,428	2,184	31,612
Shed development	101,597	3,275	104,872
Total expenditure	210,735	21,844	232,579

Notes to the Financial Statements – 31 March 2024

8 Related Party Transactions: Trustee expenses

No remuneration or benefits were paid to any Trustee or connected persons during the year (2023, £Nil). Trustee expenses of £3,796 (2023, £2,954) were either reimbursed or paid directly during the year. These expenses were mostly travel and accommodation costs with some small claims for postage and telephone calls. During the year all current Trustees claimed expenses and/or had their expenses met directly by the CIO. All Trustee expenses were properly incurred in the performance of the Trustees' duties on behalf of the CIO. There were no other related party transactions during the year (2023, none).

9 Employees

The average number of employees during the year was 8 (2023, 6). No employee receives emoluments of more than £60,000 (2023, no employee).

Staff costs	Total 2024	Total 2023
	£	£
Salaries	206,397	155,169
Social security costs	13,423	8,956
Pension contributions	9,772	7,752
	229,582	171,877

Remuneration of key management personnel

The cost of the Chief Executive Officer's remuneration and benefits were:

Salary	32,244	29,768
Social security costs	2,176	1,884
Pension contributions	1,637	1,488
	36,057	33,140

10 Independent Examiner's fee

The independent Examiner's fee of £2,400 (2023, £2,100) relates solely to the independent examination of the CIO's financial statements with no other services being provided.

Notes to the Financial Statements – 31 March 2024

11 Tangible fixed assets

	IT equipment	Other equipment	Total
	£	£	£
Cost			
At 1 April 2023	7,636	456	8,092
Additions	2,080	0	2,080
At 31 March 2024	9,716	456	10,172
Depreciation			
At 1 April 2023	6,641	456	7,097
Charge for year	1,155	0	1,155
At 31 March 2024	7,796	456	8,252
Net book value			
At 31 March 2024	<u>1,920</u>	<u>-</u>	<u>1,920</u>
At 31 March 2023	<u>995</u>	<u>-</u>	<u>995</u>

12 Investments

	Total 2024	Total 2023
	£	£
Unlisted investments		
At 1 April 2023	3	3
Additions at cost	0	0
At 31 March 2024	<u>3</u>	<u>3</u>

The investments represent 100% of the ordinary share capital in the following dormant subsidiary companies all registered in England.

	Date of incorporation	Company Number
Men's Sheds Limited	13 March 2019	11879439
UK Men's Sheds Limited	18 March 2019	11889240
ShedFest Limited	10 December 2020	13074874

Notes to the Financial Statements – 31 March 2024

13 Debtors

	Total 2024	Total 2023
	£	£
Grants & sponsorship	350	37,500
Prepayments and accrued income	238	827
Other debtors	11,270	51
	11,858	38,378

14 Creditors

	Total 2024	Total 2023
	£	£
Trade creditors	838	633
Other taxation and social security (PAYE liabilities)	4,689	3,560
Accruals and deferred income	17,455	19,770
Other creditors	4,175	1,793
	27,157	25,756

Notes to the Financial Statements – 31 March 2024

15 Restricted Funds

The CIO has 4 restricted funds (2023, 4) and will be committing to additional funds both designated and restricted in the coming financial year as shown in note 16 the movement of funds pertains to the expenditure of unrestricted funds toward the activities of the CIO. These include Shed Development, Management, The Welsh Development Programme and Leadership.

Welsh Sheds development fund

As presented in the Trustee report, this fund is restricted to development specific to Wales in the development of Sheds and programmes in Wales. This fund allows funders to donate, invest and support specific projects to build communities and support Men's Sheds in Wales.

Shed development fund

This fund is for the salary costs of the Volunteer and Community Development Manager and the Partnerships and Community Development Manager with the associated costs of running a Shed Ambassador and Development programme. The CIO has received in principal agreement of funding for 2024/5 and subsequent to the 31 March 2024 a donation has been received.

Strategic Sustainability fund

This is a new fund which the CIO has received commitment for the next financial year and again subsequent to the 31 March 2024 a donation has been received. This fund is to strengthen the position of UKMSA financially to support the sustainability of the organisation and allow for greater long term planning and delivery to support Sheds.

Suicide Prevention fund

This is a new fund which the CIO has received commitment for from the Department of Health and Social Care and the Trustees expect a final agreement to be in place after 31 March 2024.



“I wouldn’t answer the door or the phone. I was on medication and felt suicidal. It’s changed my life completely. I’ve realised I can do things...that person was there all along, it just needed an opportunity like this to bring him out.”

Christopher, Caerau Shed, Wales

Notes to the Financial Statements – 31 March 2024

16 Movement in funds

	At 01/04/2023	Net movement in funds	Transfer between funds	At 31/03/2024
	£	£	£	£
Unrestricted funds	199,747	84,358	(145,072)	139,033
Restricted funds				
Leadership and management	10,127	(41,512)	31,385	0
Shed development	94,589	(181,370)	96,304	9,523
Welsh Sheds	0	28,549	17,383	45,932
Total restricted funds	104,716	(194,333)	145,072	55,455
Total funds	304,463	(109,975)	-	194,488

Comparative movement in funds

	At 01/04/2022	Net movement in funds	Transfer between funds	At 31/03/2023
	£	£	£	£
Unrestricted funds	107,218	92,529	0	199,747
Restricted funds				
Leadership and management	40,271	(30,144)	-	10,127
Communication	22,542	(22,542)	-	0
Shed development	110,025	(16,757)	1,321	94,589
Membership and support	1,321	0	(1,321)	0
Total restricted funds	174,159	(69,443)	0	104,716
Total funds	281,377	23,086	0	304,463

Notes to the Financial Statements – 31 March 2024

17 Net movement in funds 2023/24

	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	148,318	(63,960)	84,358
Restricted funds			
Leadership and management	0	(41,512)	(41,512)
Shed development	23,550	(204,920)	(181,370)
Welsh Sheds	62,803	(34,254)	28,549
Total restricted funds	86,353	(280,686)	(194,333)
Total funds	234,671	(344,646)	(109,975)
Comparative net movement in funds 2022/23			
	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	121,698	(29,169)	92,529
Restricted funds			
Leadership and management	-	(30,144)	(30,144)
Communication	-	(22,542)	(22,542)
Shed development	118,967	(135,724)	(16,757)
Membership and support	15,000	(15,000)	0
Total restricted funds	133,967	(203,410)	(69,443)
Total funds	255,665	(232,579)	23,086

Notes:

Notes:

Notes:

Thank you

The United Kingdom Men's Sheds Association would like to thank all of our supporters, partners, sponsors, donors and grant-making bodies for their continued support.

Through your support Men's Sheds are transforming lives, adding years to life and quality of life to years.



“I believe that Men's Sheds not only play a very important role in men's mental health, but in their overall general health. Men will discuss health issues while working or while gathered around drinking coffee.”

Stephen, Saintfield Men's Shed, Northern Ireland



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Registered Charity No. 1162409

UK MEN'S SHEDS ASSOCIATION

England & Wales - Charity number 1162409

Accounts

UK



**MEN'S SHEDS
ASSOCIATION**

**Trustees' Annual Report
and Financial Statements
for the Year Ended
31 March 2023**

UK MEN'S SHEDS ASSOCIATION
A Charitable Incorporated Organisation

CHARITY No. 1162409
www.menssheds.org.uk

What we do:

The UK Men's Sheds Association provides support and guidance to individuals and groups across the UK in starting and managing Men's Sheds. We raise awareness of the social and health benefits of Men's Sheds in reducing loneliness, improving wellbeing, transforming and saving lives, whilst empowering local communities.

We support the growth of Men's Sheds by:

- **Building awareness** such that Men's Sheds becomes a household name in the UK so every man knows what they are and how to find one. Where there isn't an existing Men's Shed, we enable anyone to learn how to create one in their community.
- **Promoting Men's Sheds** to connect communities with their nearest Men's Sheds. We do this by maintaining an up-to-date map of UK Sheds on our website, through social and print media and by forwarding enquiries to the relevant local Shed groups and attracting support for member Sheds.
- **Providing guidance** on starting up and running a Shed to help grow the number of UK Men's Sheds. We do this by offering practical, best practice information guides, example documents and toolkits on topics such as registering as a charity, insurance, funding, sourcing equipment and venues, and volunteer recruitment. We provide telephone, email and in-person support to individuals and groups wanting to start a Men's Shed. We equip them with the knowledge to develop and sustain a thriving Men's Shed in their community for years to come.
- **Training volunteer Ambassadors** with experience of starting their own Men's Sheds to mentor and guide like-minded individuals and groups in starting and managing Men's Sheds across the UK.
- **Training Shed Advocates** and enabling Shed Connector Sessions to widen and strengthen the Men's Shed network.
- **Holding networking events** to connect men from different Men's Sheds across the UK. Here they can share experiences, knowledge and skills, and make friends for life with others who share interests and a common purpose.
- **Developing active partnerships** with other organisations and charities. Some of our partners provide practical skills support (e.g. first aid training at reduced rates or suicide awareness packages), some use their platform to promote UKMSA and Men's Sheds (e.g. Wickes has UKMSA publicity in all of its stores), and yet others provide products and services for free or at reduced rates. All of this directly benefits Sheds and their members, including financially.

We raise wider awareness of Men's Sheds and their many benefits by:

- Promoting the social and health benefits of Men's Sheds in reducing isolation and empowering local communities. We do this through various communication channels, including public events, online and in the media.
- Representing our members and the UK Men's Shed movement at local, national and international level. We do this by working with organisations, government authorities, companies, other Men's Shed associations and related charities, to help develop partnerships, generate funding opportunities and negotiate sponsorship deals to deliver real value to our member Sheds.
- Providing insight into the impact of Men's Sheds, which is increasingly supported by hard data as well as strong anecdotal input. We can show that Men's Sheds play an active part in reducing isolation and loneliness, as well as building communities and connections, and reducing anxiety, and depression. We know they can and do save lives: our detailed Health and Wellbeing Survey (2023) suggests that 39% of Sheds believe that they have or may have saved lives.
- Leveraging the platforms and audiences of partner organisations to give us greater reach.
- Simply put.... We tell and celebrate the stories of how Men's Sheds transform and save lives.

Trustees' Annual Report For The Year Ended 31 March 2023

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39% of Men's Sheds report that they have or believe they have directly saved lives

UKMSA Wellbeing Survey 2023

Trustees' Annual Report For The Year Ended 31 March 2023

Chair's Statement

This year sees the 10th Anniversary of the UK Men's Sheds Association, and a celebration of the journey we have been on since the founders brought us into being in 2013. Since that time, the handful of Sheds in the UK has grown to over 1000 that are open or in active development, all of which continue to make a very real difference to the lives of the men and women they support, and often more widely in their local communities. We were delighted to mark this important anniversary in May with an event kindly hosted by Baroness Tanni Grey-Thompson at the Palace of Westminster, where we paid tribute to the vision and hard work of those who first launched UKMSA, as well as to all the partners, funders, sponsors, staff and volunteers who have enabled us to reach the position we enjoy today.

The Annual Report for 2022-23 highlights an impressive year of delivery. With lockdowns behind us and the pandemic apparently receding, the last 12 months has seen most Sheds return to a pre-Covid normal level of activity, and many new Sheds established (and some, sadly, closed). In addition to the benefits a resurgence in activity brings to Shedders, the community impact across the UK is also significant, as showcased in the many entries to our Shed of the Year competition. Crucially, our Ambassadors and our staff have once again been able to travel and engage in the face-to-face meetings that

can be so essential to the development of new Sheds and the support of existing ones. The regional networks are meeting again and in July we held our first 'in person' ShedFest and AGM since 2019, at the University of Worcester.

UKMSA itself has grown in the last 12 months. In October, the Trustees agreed to create a new staff post, dealing specifically with fundraising, and subsequently we welcomed Hannah Warner, who has already had a significant impact on income. The additional funds generated have already covered the cost of the post. This appointment brings the UKMSA staff team to eight (seven employees and one contractor - a total full-time equivalent of five).

At the same time, we decided to expand the UKMSA Board by a net addition (following Rob Hardy and Chris Lee stepping down) of two new Trustees, with the appointment of Andrew Johnston, Victoria Coker, Kate Martin and Mark O'Neill. This growth has allowed us to build in succession planning for any Trustees who may leave in the next 12 months, as well as enhancing the depth and breadth of skills available around the Board table. I am also delighted that Chris Lee, while no longer a Trustee, accepted an invitation to become a Board Advisor, thus preserving our access to his experience for the time being.

As can be seen in the body of the Annual Report, we continue to rely heavily on our volunteers to help grow Sheds and the Shed network in the UK. Active recruitment means that the number of Ambassadors now stands at over 40. Ambassadors remain central to supporting and delivering key aspects of UKMSA's mission and strategic plan, and we are only likely to try to reinforce this programme over the next few years. Likewise, our newer cadre of Shed Leaders and Shed Connectors are beginning to make important steps in supporting local networks. Then there are the volunteers who make up the Health and Wellbeing Advisory Group (HAWAG) and the Technical Committee. The essential role all these individuals play in the success of UK Sheds is woven through everything that appears in this report.



“Feeling alone for the longest time in his life, he has found a new purpose in life. Dad truly is my hero. I'd like to thank Men's Sheds for giving me my Dad back”

Trustees' Annual Report For The Year Ended 31 March 2023

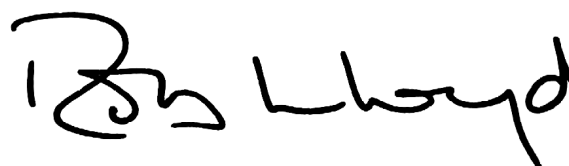
Chair's Statement continued

Of course, none of the activities we undertake would be possible without the funding we receive and the sponsors and others who partner with us in so many different ways. In the section of the Annual Report entitled 'Working with Others' we have set out examples of the essential role played by these Trusts, corporate bodies, and other organisations (as well, of course, as the individual donors). Many of the partnerships offer free or discounted goods and services to our members, from products of use in the workshop to First Aid training and defibrillators. Other organisations support our membership less directly, by funding our activities or promoting UKMSA and awareness of Men's Sheds. Increasingly, we are also connecting with charities, local and national bodies, and other organisations that are in some way dealing with issues that Men's Sheds support, recognising shared aims and the leverage they can provide to increase our reach into harder to reach communities. To all of these partners and sponsors and donors, on behalf of us all, I say a very grateful thank you.

During the year, I took over from John Latchford as Chair of Trustees. We owe John our thanks for having stepped into the role at short notice and for having steered the organisation through the worst of Covid and its aftermath, and I am particularly grateful for his support to me.

While there are a small number of pressing tactical issues to navigate in these early months of my tenure, I am very much looking forward to the challenge of helping UKMSA define its strategy for its second decade. This work will commence shortly, and I look forward to working with our Trustees, volunteers, and members to define our objectives for helping UKMSA (and through it, the Men's Shed movement) expand its reach, its exposure and its impact throughout the UK.

Finally, I should like to offer my heartfelt thanks to all our volunteers, to the staff team, my fellow Trustees, and to all of those who lead and support Men's Sheds across the UK. This incredible, life-changing, often life-saving movement of which we are all a part would not exist without their time, energy, effort, and input. All of them make a difference in our society and should be rightly proud of the part they play.



Rob Lloyd
Chair of Board of Trustees
June, 2023

“There was one man who was walking down to the sea to end his life, but someone stopped him and told him about the Men's Shed. He turned back, gave it a try, and he's still here.”

Trustees' Annual Report For The Year Ended 31 March 2023

Legal and Administrative Information

Status

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO), registered on 25 June 2015.

Registered charity number - 1162409

Principal address

49 Station Road
Polegate, East Sussex
BN26 6EA

Hon. Life President
Patron

Mike Jenn
Chris Fisher RPT

Trustees

Rob Lloyd, Chair
David Webber, Treasurer
Joanne Phillips

Andrew Johnston	Appointed
Katherine Martin	Appointed
Chris Lee	Resigned

January 2023
January 2023
February 2023

John Rushforth, Vice Chair

John Jarvis
John Latchford
Victoria Coker
Mark O'Neill
Robert Hardy

Appointed	January 2023
Appointed	January 2023
Resigned	December 2023

Staff on 31st March 2023

Charlie Bethel
Karen Coates
Leo Pswarayi
Rachel Meadows
David Meli
Laura Winkley
Bernadette McElhatton
Hannah Warner

Chief Officer
Finance Manager
Digital Communications Manager
Volunteer and Community Development Manager
Partnerships and Community Development Manager
Shed Development Support Manager
Shed Development Support Officer
Trusts and Foundations Manager

Bankers

The Co-operative Bank plc
P.O. Box 101
1 Balloon Street
Manchester
M60 4EP

Redwood Bank Limited
The Nexus Building
Broadway
Letchworth Garden City
SG6 3TA

Hampshire Trust Bank plc
55 Bishopsgate
London
EC2N 3AS

Monmouthshire Building Society
Monmouthshire House
John Frost Square
Newport
NP20 1PX

Reliance Bank Limited
Faith House
23-24 Lovat Lane
London
EC3R 8EB

Independent Examiner

Paul Colcomb FCCA - Wright Vigar Limited, Statutory Auditors and Business Advisors
15 Newland, Lincoln, LN1 1XG

Trustees' Annual Report For The Year Ended 31 March 2023

The Trustees of UKMSA present their annual report and financial statements for the year ended 31 March 2023. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the CIO's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 1 January 2019.

Structure, governance and management

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO) with voting members other than its charity Trustees.

The CIO is governed by a constitution, with charity Trustees being elected by members at the Annual General Meeting. Any vacant seats may be filled by a verification process, nomination and co-option by the existing Trustees during the year.

On appointment, new Trustees are provided with a pack which includes copies of the CIO's Constitution, most recent Trustees' annual report and accounts, and relevant Charity Commission publications to support them.

The UKMSA Trustees are responsible for the strategic leadership of the CIO and, through the Chair, direct and manage the Chief Officer to deliver the strategy of the organisation. The Trustees meet every quarter in person and additionally by video call when necessary in order to oversee the governance requirements.

All Trustees are volunteers and undertake activities to further the objects of the UKMSA as required with no remuneration or financial benefit received for their time.

UKMSA has eight employees who work under the direction of the Chief Officer to deliver the organisations' goals. Our work is also supported by over 40 volunteers who act as Ambassadors within the Shed community.

The UKMSA aims to develop relationships with other national Men's Sheds associations in the UK, to share best practice and further our common objectives. For example, this year has seen an ongoing process of shared work with Men's Sheds Cymru that will continue to develop moving forward. In Northern Ireland, we have recruited our first Ambassador and are developing a relationship with Groundwork, a community-building and enhancing charity that already supports many Men's Sheds.

“Fixing making and re-using materials... improved my mental state and gave me hope.”

Trustees' Annual Report For The Year Ended 31 March 2023

Objective and activities

The objects of the CIO are for the public benefit to promote the efficiency and effectiveness of charities or the effective use of resources for charitable purposes to local Men's Sheds, and further enable information sharing, communication and co-operation between them and so act as a support body for Men's Sheds. In deciding our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance "Public benefit: running a charity (PB2)."

Connection

Connections are a key attribute of Men's Sheds. While the impact of Covid, both in terms of illness and the restrictions put in place, had a significant impact on Sheds, it would seem that in-person connection through local networks is now recovering well, and the number of Shed networks has now grown to over 20, with more in development. While UKMSA is not directly responsible for regional or local Shed networks, some of which include Sheds that are not UKMSA members, we believe they are an essential part of community connection, promoting mutual support strengthening ways in which innovation and best practice can flourish. We therefore support local networks, especially by encouraging our Ambassadors to play a facilitation and enabling role, and sometimes by provision of small funding. We will and do help their creation and development where possible.

While our network of Ambassadors is expanding, and our staff team is once again free to meet Sheddors in person, the ever-growing number of Sheds means that much of our contact is done online and digitally. As well as our monthly publication, *Shoulder to Shoulder*, we have also delivered a new website, improving access for our members to all of the material we curate on their behalf. This sits alongside an active social media presence, which is the primary vehicle for sharing much of our online material, including webinars, wellbeing talks and important updates.

As the profile of UKMSA and of the Shed movement has increased in the UK, so too has our awareness of some existing groups that fit the profile of a Men's Shed, even if they have not chosen to identify as such. Likewise, we are becoming more aware of other charities and community groups that have established individual or small local networks of what are either explicitly or implicitly identifiable as Men's Sheds. With the appointment last year of a Partnership and Community Development Manager, alongside an existing role which also manages Community Development, we are beginning to identify and reach out to these Sheds and the groups or charities that support them.



"I have found the Men's shed to be a life saver... the comradeship at a friendly well-run shed really lifts my spirits."

Trustees' Annual Report For The Year Ended 31 March 2023

Trustees respond to change

In marking the 10th Anniversary of UKMSA and celebrating how far the CIO and movement has come, the Trustees also want to look ahead and set the strategic ambition for the next decade, charting the course for how we further grow and strengthen Sheds in the UK towards our goal of Shed access for everyone who wants it.

With John Latchford announcing his decision to step down as Chair and the projected resignation of at least three Trustees over the period to March 2024, we took the decision to launch a recruitment campaign with the aim of deepening and strengthening the mix of skills and experience around the Board table. It was also an opportunity to improve the diversity of our Board (in all respects, not simply around protected characteristics).

Following a competitive process, the Board invited Rob Lloyd, an existing Trustee, to become Chair, and invited Andrew Johnston, Victoria Coker, Kate Martin and Mark O'Neill to join as Trustees. The new Trustees significantly enhance the skills available to us as a Board: together we are in a good place to set the trajectory and ambition of UKMSA well into the future. During the year, both Robert Hardy and Chris Lee stepped down as Trustees (although the Board invited Chris to continue to attend our meetings in an advisory capacity so that we retain access to his considerable experience).

The Trustees continue to meet face to face on a quarterly basis, but the volume of business dictates the requirement for other Board meetings in between these sessions, albeit on a less regular basis. This arrangement brings greater flexibility around decision making and for keeping Trustees apprised of key issues.

Last year we conducted a review of staff resilience in the organisation. On the back of this, and with an informed decision that we needed to improve our access to funding streams, we took the decision to create an additional staff role - the Trusts and Foundation Manager. Following a competitive process, the Chief Officer appointed Hannah Warner, who has quickly established herself in the role.



“It gives me a reason to get up in the morning and for two days a week, I feel I’m gainfully employed.”

Trustees' Annual Report For The Year Ended 31 March 2023

Sheds open around the UK

While a few Sheds in the UK closed during the last year (some due to Covid-related issues, parent charities and others for unrelated reasons that meant they were unsustainable), the overall number of Sheds in the UK that are active or actively in development is well over 1100. With the first UK Sheds only established around 2009, this is a remarkable testament to the power of the Shed Movement. Pro-active data gathering and data checking has ensured confidence about these figures as well as revealing individual and small groups of Sheds of which we were previously unaware. At the same time, improved data confidence underlines those areas and communities where there are few or no Sheds. This latter piece will be addressed specifically in our new organisational strategy.

We are aware that that the overall percentage of UK Sheds that currently are members of UKMSA has reduced. Our insight suggests a number of factors, from a change in how we manage the payment of membership fees to a need to re-assess how we manage lapsed membership, the rapid growth of new Sheds (many of whom use our resources in development) and the pro-active data searches which have discovered many more unaffiliated Sheds. Historically there has also been poor promotion surrounding UKMSA's membership 'offer' to Sheds. All of this is a key focus for UKMSA in the coming year.

Known Sheds Open In development Total UKMSA Members %

Known Sheds	Open	In development	Total	UKMSA Members	%
31/03/2015	150	75	225	51	23%
31/03/2016	300	95	395	68	17%
31/03/201	360	85	445	67	15%
31/03/2018	440	155	595	195	33%
31/03/2019	500	210	710	275	39%
31/03/2020	580	143	723	408	56%
31/03/2021	603	145	748	421	56%
31/03/2022	805	230	1,035	453	44%
31/03/2023	905	210	1,115	429	38%

A clear display of Sheds being open and reengaging has been the quality and depth of nominations for the Shed of the Year Awards in both 2022 and 2023. From working with refugees to supporting school projects, Men's Sheds have an incredible impact on our communities as well as other charities, doctors surgeries, hospitals, wildlife groups, churches and, most important of all, people.

Our thanks go to everyone who nominated people in their own or other Sheds. Reading all of the incredible nominations, shortlisted or not, is humbling and an incredible motivation to everyone who works at the UK Men's Sheds Association.

*From 2015 to 2023 there has been a
fivefold increase in the number
of open Men's Sheds.*

Trustees' Annual Report For The Year Ended 31 March 2023

Working with our volunteers

As with many charities, UKMSA relies heavily on volunteers for some key skills and deliverables. The smooth running of most individual Sheds also relies on volunteers - as leaders, trustees, community liaison and myriad other roles. From those more experienced volunteers, with personal knowledge of establishing and running Sheds, we recruit our UKMSA Ambassadors. These volunteers are a vital part of the fabric of UKMSA, bringing their experience to bear in both supporting the growth of new Sheds and assisting existing Sheds in becoming sustainable for the longer term.

Through proactive recruitment and a training programme, we continue to see a net increase in Ambassadors, with over 40 across the UK. However, almost by definition our greatest success in recruiting new Ambassadors is in those areas of the UK where we have most Sheds. Over the next year and more, we will be looking at what other ways we can use to recruit Ambassadors in geographic areas and communities with few or no existing Sheds.

Two other vital volunteer-led resources available to UKMSA are the Health and Wellbeing Advisory Group (HAWAG) and the Technical Sub-committee. Both groups have helped shape UKMSA policy and developed key resources for us. Their work informs the thinking of the Trustees and helps the staff team to consider ways of improving and increasing our offers to our members and to UK Sheds more broadly. The positive impact is also felt directly by Sheds. Without hesitation we can say that these groups have added real value to many Sheds on matters from Social Prescribing to Health and Safety in the workshop.

Outside the specific Shed network, we also continue to develop other volunteer roles. In particular, we are targeting local government and charities with the aim to recruit Shed Advocates, primarily from organisations in the community, local government, health providers and charity sector. The Shed Advocate is empowered to influence their own organisations to support existing Sheds and assist in the creation of new Sheds. These champions are complimented with a new programme of 'Shed Connectors' who will enable greater reach to people who can benefit from Sheds in their communities. This initiative will see us working more closely with, for example the National Academy for Social Prescribing, and myriad local and regional groups, from GP surgeries to specific clinics and social services, working to connect potential Shed members to local Sheds.

In addition to the expert advice and mentoring role played by the Ambassadors, we continue to develop resources and online sessions to expand our volunteer cadre by supporting Shed members as local Shed Leaders and Shed Advocates. A key strength of the Men's Shed movement is the peer support that develops between Sheds in a particular area, and it remains a key aim of UKMSA to establish and grow a more self-sustaining network of Sheds. To this end, the support of our Ambassadors and local Shed Leaders is available to any Shed, regardless of whether they are a member of UKMSA. We are always guided by Sheds so that we can understand what more we can do to make a difference.

“I have been an Ambassador for five years and as time progresses I am watching the benefits to Sheddors increase and deepen. It has the same effect on me, .. It's just a good feeling giving something back, you are always on a learning curve and of course you meet some amazing people.”

– Graham Gowman, Ambassador for Hampshire

Trustees' Annual Report For The Year Ended 31 March 2023

Meet Colin Fleet, UKMSA Ambassador

Originally from Cambridgeshire, Colin has lived in Northern Ireland for forty years and is a member of Saintfield Shed.

“After a stroke when I was 44, I had to retire from my job. This was quite a shock and it took me a couple of years to accept this.”

I have always had an interest in woodwork and anything practical so I built my own workshop and started doing woodturning and small wood projects. I also built my grandson an electric vehicle, which was hours of fun for both us! My largest and most ambitious project was to carve a rocking horse which has been a big hit with family and friends and also to our foster children.”

“I had never heard of Men’s Sheds but was approached one evening and asked if I would be interested in helping to start a Men’s Shed in our town of Saintfield. I wasn’t sure what I was taking on but I was happy to accept. I personally have found our Men’s Shed to be a place where friendships are made and new skills are learnt. It is a great place with respect to men’s mental health. Sometimes men don’t openly talk about health or personal problems if asked, but when sat around the tea table with others that are there for the same reasons it’s easier to talk about things.”

“The reason I wanted to become a UK Men’s Sheds Association Ambassador is because I am very passionate about Men’s Sheds and the way they can help people, both mentally, and as a recreational activity. If I can help other Men’s Sheds with what they already have or what they would like to achieve then it makes it all worthwhile.”

“Since becoming an Ambassador I have met new people both on Zoom and in person and I am attempting to contact each Men’s Shed in Northern Ireland to introduce myself. I have also taken part in a podcast sharing my story, and have been supporting UKMSA staff to track down the first Men’s Sheds in Northern Ireland. The role is what you want it to be and you’re under no pressure to get things done. When you reach a certain age there is only one speed!”



“Fixing making and re-using materials,... improved my mental state and gave me hope.”

Trustees' Annual Report For The Year Ended 31 March 2023

Working with our members

UKMSA plays a key role in supporting the development, growth and continued success of Sheds across the UK, including making resources and knowledge available, even to Sheds that are not members of UKMSA. We also play an important role in broadening awareness in order to reach the greatest possible number of potential Shed members. And while every Shed is autonomous, and every user experience unique, we play a part in helping to enhance that experience.

For nascent and established Sheds alike, UKMSA provides practical information about getting and keeping going. We provide written resources, presentations, workshops and, of course, the direct input of our Ambassadors and Staff. This support comes with varying degrees of complexity related to the specific stage on the 'Shed journey'.

In 2023 we have significantly updated our guidance to setting up a Shed, and we are taking the opportunity of the new website to refresh other information we provide online and enhance the user experience.

We continue to build on the insight we gain from Sheds the breadth and depth of the UK and are indebted by everyone's commitment to sharing what works, particularly when we conduct or support research.

Last year saw the conclusion of research with the University of East Anglia, which will be published in the coming months following a peer review, and our 1,000 Faces of Shed project. Our particular thanks are due to Stark Consulting and all the Sheddors who shared their experiences of joining a Shed and the intrinsic value the Shed has provided. From this work we have over 100 new case studies and associated data to demonstrate the life-transforming power of Men's Sheds.

Insight and data is crucial when we are telling the story of Men's Sheds. 170 Sheds completed the Health and Wellbeing Survey this year, and it was both remarkable and humbling to see how open members were prepared to be about their experiences. For many, joining a Shed is all about making and creating, and about supporting their communities. For some it has the effect of transforming or even saving their lives

39% of Sheds that completed the recent survey knew or believed the Shed had saved at least one member's life, with some speaking from personal experience. The research clearly demonstrates the value Sheds bring to their members and to society more broadly in terms of wellbeing, and we at UKMSA are immensely grateful to all those who devote energy, time and skill to conduct and support research in these areas.

ShedFest 2022 (our annual conference) once again delivered an opportunity for Sheddors from across the UK to engage with each other, sharing skills, knowledge and stories. It was our first face to face ShedFest since 2019 and although impacted by residual Covid issues and a nationwide rail strike, it proved a great success. A mix of partners played key roles, as exhibitors, demonstrators and sponsors.

There were excellent presentations by keynote speaker Professor Sir David Spiegelhalter, who talked movingly about the men's group of which he has been a part since the 1980s, and our UKMSA Patron, Chris Fisher RPT ('The Blind Woodturner'). And alongside live practical craft skills demonstrations, there were also teaching sessions to provide insight to other sorts of skills as requested by UKMSA members, including leadership in a Shed context and how to manage interpersonal differences.



Trustees' Annual Report For The Year Ended 31 March 2022

Celebrating Men's Sheds

Shed of the Year 2022

In parallel with ShedFest 2022, we ran our Annual General Meeting and held a dinner to showcase the winners of our annual Shed of the Year competition. This competition invites nominations from any Shed, UKMSA member or not, in a range of categories from highlighting the work of individual Shed members, to community partnerships, contributions to health and wellbeing, volunteering and an overall 'Shed of the Year'. Some of the examples of Sheds and individuals shortlisted for the prizes are captured later in this report as examples of what Sheds and Shed members do for their local communities. Once again, such an event is made possible by the generosity of partners.

Our congratulations to Brunel Shed in Corsham, who picked up both the Health and Wellbeing Award and the Community Award, Church Crookham and Fleet Men's Shed for the Partnership of the Year Award, Geoff Allison from Dalbeattie Men's Shed for Volunteer of the Year, and Broadstairs Town Shed who won the overall Shed of the Year Award.

Additional Chairman Awards were made to Westbury Shed, Long Sutton Men's Shed and Jane Trout of the Forest of Dean and Wye Valley Men's Shed for some outstanding contributions to the movement.

Shed of the Year 2023 and Anniversary Celebration

Shed of the Year 2023 also features in this Annual Report because it formed part of our 10th Anniversary celebration, which took place at the Palace of Westminster in May. The event, which was made possible by the kind offices of Baroness Tanni Grey-Thompson, enabled us to engage with politicians across the political spectrum, with many of our partners, and with a good number of Sheddors.

The anniversary event allowed us to pay a public tribute to UKMSA founder, Mike Jenn, and to present a blue anniversary plaque to Camden Men's Shed, which Mike also set up. We intend to present similar plaques to all the Sheds in the UK, regardless of membership, that were open when UKMSA was established in 2013 as the first national Men's Shed organisation in the UK.

The number of entries for the 2023 competition was the most significant yet.

The winners all made significant contributions to their communities and the Men's Shed movement.

Lancaster Men's Sheds won Health and Wellbeing, category, Cotswold Community Shed was recognised for the scope and breadth of their partnerships, Long Sutton Men's Shed were recognised for their impact on their local community. Kessingland's Gareth Lloyd was named Volunteer of the Year, while the overall Shed of the Year 2023 went to Bootle Tool Shed for their truly inspirational work across their community.

Chairman's commendations went to Chris Griffiths of Lisvane Men's Shed, Patrick Abrahams and Tony Smith-Crallan, who both serve as Ambassadors, amongst other roles with UKMSA.

Our thanks go to TiteFix, who sponsored the Shed of the Year Awards, together with Carveco who produced the Awards and the companies who provided prizes for the Sheds including Axminster Tools, Ronseal, MetalCraft, and Yorkshire Fixings Solutions.

Staying in touch

The new format introduced last year for our monthly bulletin, Shoulder to Shoulder, has enhanced our ability to judge and meet the needs of our members, and part of this success is reflected in the increased engagement of Sheddors in articles for publication.

But we are aware that we still have far from the scale of reach we would like - Shoulder to Shoulder goes to all Shed Leaders but we still hear of individual Sheddors who are unaware of its existence. Other than Shed Leaders, individuals can sign up for an e-copy, but this of course relies on their awareness of it, so we are considering ways to broaden our reach.

We have and continue to broadcast online sessions to stimulate discussion and inform Sheddors and our wider partners about the movement, supporting Sheds and, very importantly, men's health matters, such as Professor Mark Emberton's excellent talk on prostate cancer. We are very grateful to everyone who contributed to our annual programme of talks.

As we look forward, we intend to expand our Supporters programme to engage more people in the Men's Shed movement.

Trustees' Annual Report For The Year Ended 31 March 2023

Growth and sustainability

The power of Men's Sheds as a grassroots movement is readily apparent from the rapid and significant explosion in Sheds, from the beginning of the movement in Australia to the place we are today. Either as people hear about the movement or relocate to new areas, they drive the foundation of new Sheds. UKMSA plays a key role by furnishing them with the necessary knowledge and (non-financial) support to first establish a Shed and then for that Shed to become self-sustaining.

It remains our fundamental belief that every community in the UK will benefit from having a Men's Shed if it does not already. We are in a strong position with over 1,000 Men's Sheds in the UK, but we must now begin to focus on our longer-term aspiration of 2,400 Men's Sheds across the United Kingdom.

This is a challenging target, and one for which we will need some new elements in our strategy. While we can anticipate that the grassroots power of Men's Sheds will continue to promote growth, we will also need to do more, and perhaps differently, in order to facilitate the establishment of Sheds in areas and communities where currently there is little or no Shed development. We have long promoted the idea of access to a Shed for every person who wants it: we perhaps need now to add the suffix "even if they don't yet know it".

Infrastructure development

We are constantly enhancing our ability to collect data, and the launch of our new website in the coming months is a step change in our ability to support the general public, Sheds, and existing and potential partners. This coherent and effective portal allows for more efficient management of enquiries and support for everyone wishing to access the information we create and curate for the benefit of the Shed community at large. Alongside a change in some of our corporate systems, and following changes last year to our Customer Relationship Management System and our virtual office partner, our infrastructure is stronger than ever. As we migrate data to the new website, we are taking the opportunity to review and refresh, ensuring that what we use and what we offer is as accurate and current as possible.

In the coming year, we aim to increase resilience in our IT support, where currently much of the burden falls too much on a small number of people.



“makes you realise you're not on your own..”

Trustees' Annual Report For The Year Ended 31 March 2023

Insight

We have already referenced elsewhere in this report the extent to which we have been able to improve and add to sources of data. In terms of new data, there have been two recent and especially noteworthy pieces of work: the 1000 Faces of Sheds; and the Health and Wellbeing Survey.

1000 Faces of Sheds is an extraordinary piece of work, detailing 107 stories that individually and together paint a compelling portrait of what Men's Sheds are and what they can do to transform and even save lives. This sort of evidenced story telling is a key part of helping potential Shed members, sponsors, partners and the wider community understand the power of what Sheds can offer. The project will continue as we expand the number of Sheddors in the coming years to 1000.

The Health and Wellbeing Survey conducted by HAWAG received an excellent response from Sheds and we are grateful to all those who took the time to contribute. While conducted outside academia, many of the questions were formulated according to academic guidelines.

The full survey results have yet to be published but they

are available to the Trustees and to the UKMSA team, and we express our appreciation to HAWAG, especially Patrick Abrahams, for this exceptional piece of work. Our understanding of the role Sheds play in the health and wellbeing of their members has not only increased significantly, but we now have data to support what previously we had thought based on anecdotal evidence.

One important aspect of this data is not just the story it tells, but the openness of Sheddors that contributed. For example, one response recorded that the Survey had led to two full days of discussion around the themes behind the questions, while others remarked on how Sheddors were opening up for the first time about challenges they've experienced.



“I am the living proof that the concept works. From my very dark days up until the present being able to ‘go to my shed’ has helped me, and I KNOW it has saved my life.”

Trustees' Annual Report For The Year Ended 31 March 2023

Working With Others

Funding

We remain extremely grateful to all our funders who have provided stability and growth in our programmes over the past twelve months. Particular thanks should be noted to the Tudor Trust, Rayne Foundation, Pears Foundation, David and Ruth Lewis Charitable Trust, The Dulverton Trust, Edward Gostling Foundation, Francis Whinham Foundation, OptiGene Foundation, and the Swire Charitable Trust. One charitable trust prefers to remain anonymous but has made significant funding available over the last three years, and without their particular generosity the significant expansion of our work, especially the Ambassador programme, would not have been possible.

Thanks also to Ellandi for their support and companies DIY Week for their tremendous fundraising activities for Men's Sheds. Supporters that have provided financial contributions to UKMSA have also included Axminster Tools, Carveco, Ronseal, TiteFix and Onduline. Their support has enabled us to achieve much more.

And finally, thank you to all the individuals for their donations, whether in remembrance of a loved one or because they recognise the positive impact of Sheds and our work.

The Trustees remain focussed on building and sustaining a broad range of income streams in order to avoid over-reliance on any once source, and it was part of our financial strategy that we created a new staff post for a Trusts and Foundations Manager. This is already having an impact, as may be seen in the Statement of Financial Activities.

Partnerships

We are blessed with a broad range of partnerships, many of whom provide important practical support, ranging from the provision of premises for Trustee meetings, sponsoring ShedFest and providing Shed of the Year prizes, to providing free or discounted goods and services to our member Sheds.

The Partnerships and Community Development Manager underpins this work and seeks direct association and partnerships with brands and organisations that add value to the movement. For example, we have worked with the production team who recently released the 'The Extraordinary Journey of Harold Fry', a film which focusses on many of issues that draw men to Sheds in the first place. Another prominent example is our new partnership with Wickes, the DIY chain. This is not a traditional 'discounted goods' partnership but one instead where they are displaying UKMSA promotional material in stores across Great Britain, and one that will see their staff more knowledgeable about Sheds and issues within health. While we are not in anyway prescriptive about who can be a Shed member, Wickes stores are likely to have a high percentage of customers who fall into the biggest demographic of Shed users.

Some of our partnerships provide direct support to Sheds and these range from Onduline who provide expertise and support projects with roofing materials, to St John, St Andrew and St John Cymru. Portable Space are a new partner who are working with Sheds in finding solutions to their property challenges, and Axminster, Titefix and Carveco are amongst our partners offering discounts to Sheds.

One project that has grown quite rapidly this year is support from Ronseal. During this period over 250 requests for support have been processed with a total value to Sheds in excess of £50,000. The partnership with Ronseal is far greater than simply product for Sheds as they also support the development of new projects and digital materials to promote the movement.

UKMSA receives a lot of requests to assist in research on social and wellbeing issues. While we cannot support the majority, especially those that come from students, we have increased our partnerships with academics as a way of benefitting from pertinent research and validating our own data sets. Following the success of the work led last year by Dr Bryony Porter (in the UK) and Dr Aisling McGrath (in Ireland), on social prescribing, we are now working directly with the National Association for Social Prescribing. Many Sheds already have positive experiences of social prescribing, with an increasing number of Shedders joining by this means. However, there has also been localised confusion about what Sheds are and what they are there to do, so we hope that our partnership with the national body will help forge an appropriate and consistent pathway for people to reach the Shed network.

Thanks also goes to the Men and Boys Coalition, Royal Voluntary Service, Men's Sheds Cymru, Men's Health Forum, and Cruse, all of whom are amongst our most valued partners.

Trustees' Annual Report For The Year Ended 31 March 2023

Working With Others

Amplifying our voice

Our CIO exists primarily to support the growth of Sheds and to celebrate the success of the Shed movement, regardless of UKMSA membership status. To do this ever and even more effectively, we need to be a voice for Sheds, and especially to reach into places where currently there is little or limited awareness of what Sheds can offer.

Most men (and women) who join a Shed do so primarily in pursuit of their craft or hobby and to make new friends. The Shed is, primarily, a source of enjoyment derived from making or fixing things, chatting with friends, and perhaps doing some good in the community. However, while most may not define it in this way, we know from our own research and that of others that Shed attendance can for many help address wellbeing issues such as social isolation, mental ill-health and prevent people from following through on suicidal intent.

To this end, and in line with a greater interest shown in the issues by Sheddors, government and health bodies, we are increasingly engaging with organisations, institutions and groups where the focus is primarily health and wellbeing, especially for men. We have mentioned our partnership with the National Association for Social Prescribing; we are also now engaging with All-Party Parliamentary Groups and increasing our reach to national politicians as a way of showcasing what Sheds can and do offer. Similarly, our advocacy programme has been delivered in Suffolk and the Black Country to showcase Sheds to an audience of local government officials, health workers, social workers, medical staff and emergency services.

As we work on our strategy for the coming decade, and shift our sights to the next target of 2,400 UK Shed Communities, we are also beginning to explore what other charities and organisations have reach into areas and communities where currently there are few or no Sheds.

New partnerships on a local as well as national level with organisations, such as the Royal British Legion, could have a positive impact on growing the number of UK Sheds and providing Shed benefits to a much broader section of the UK community.

We are also in discussions with Lancashire Cricket and Rugby League to identify approaches that could increase the number of Sheds and make further connections for existing Sheds in their communities.

Working with and within communities

The Shed community is a very broad church, from some very small undertakings with membership limited by space, to 'mega-Sheds' that are home to over 100 members and have the space for an array of different types of workshop or hobby area. Many Sheds focus on woodwork but plenty of others focus on metal work, computing, or other interests.

Similarly, Sheds choose the extent to which they engage in their local community, but most play an active role, at least to some extent. Much of the community impact of Sheds goes under the radar, noticed only by those who benefit directly. This tremendous value that Sheds add to the community is something that we intend to capture more fully in the coming year in order to better demonstrate the social impact of Men's Sheds. Drawing just on the winners of the Shed of the Year Awards in 2023 provides examples of the range of projects undertaken by Sheds, which include:

- Creating hundreds of wildlife boxes, providing shelter for many protected or endangered animals, from hedgehogs to many varieties of owls and bats.
- Building Santa's Sleighs complete with Santa-disguised Sheddors spread cheer in their communities.
- Building xylophones for Schools, along with mud-kitchens, planters and community gardens, and providing free bike MOTs to the community, and refurbished football boots and bikes to children from low-income families.

And alongside these sit projects such as the Dementia Shed, supporting people with dementia in their local communities, and Sheds support for refugees and foodbanks, and many individual impacts, like the person whose sight was returned following timely interventions by his fellow Sheddors, or the smiles on the faces of people as they enter the safe environment of the Shed and divest their troubles over a cup of tea with friends.

Trustees' Annual Report For The Year Ended 31 March 2023

Reserves Policy

The Trustees will aim to hold four to six months of operational costs to cover all planned activities in unrestricted reserves as a buffer against any financial setbacks.

Activities and events will be planned on a self-financing basis to avoid putting pressure on the unrestricted reserves whenever this objective is not satisfied. When unrestricted reserves exceed required levels the Trustees will consider how best to use any surplus funds to further the objects of the charity.

The restricted reserves represent both received and promised funds which together show that UKMSA has funding for its operations beyond the end of the next financial year.

Investment Policy

Short term surplus cash funds are invested in interest bearing UK bank deposit accounts. The Trustees have resolved that deposits should only be made with UK registered and regulated banks and that any deposits should not exceed the £85,000 guaranteed under the Financial Services Compensation Scheme.

Principal risks and uncertainties facing the charity

The economic situation in the UK continues to offer uncertainty in the work of UKMSA - there is direct impact on our Members (increased energy costs, for example). And whilst as an organisation UKMSA is shielded from many cost of living increases because we have no physical premises, our pay bill has increased because of an important decision we took to raise staff salaries in line with inflation.

Staff retention is a key risk for UKMSA. Likewise, our ability to recruit volunteers to grow the cadre of Ambassadors and others. The loss of staff and volunteers would have significant impact on our ability to deliver.

Acquiring sustainable funding remains a key challenge for UKMSA, and this challenge has only grown with many more charities looking for financial support in order to fulfil a demand for services that has risen since the pandemic and because of spiralling costs.

*“I feel a sense of worth and love
the way all the men work together.”*

Trustees' Annual Report For The Year Ended 31 March 2023

Financial review

Financial performance during the financial year was as planned for UKMSA full details of which are given in the Statement of Financial Activities, Balance Sheet and accompanying notes.

During the year the CIO received further multi-year funding for the promotion and support of Men's Sheds.

Income for the year was £255,665 (2022: £149,673) of which £121,698 (2021: £26,363) was unrestricted and £133,967 (2022: £123,310) was restricted. Expenditure on promoting Men's Sheds was £44,939 (2022: £37,406) and expenditure on supporting Men's Sheds was £136,484 (2022: £138,345).

For the year employee remuneration represented 74% (2022: 69%) of overheads.

The financial outcome for the year was a surplus of £92,529 (2022: £7,713 surplus) of unrestricted funds and a deficit of £69,443 (2022: £72,630 deficit) of restricted funds. This financial outcome reflects the Trustees following the reserves policy while spending restricted funds in accordance with the terms of various grants.

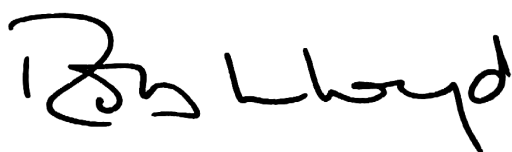
Financial position

The Trustees are pleased to report the total reserves at the end of the year were £304,463 (2022: £281,377) of which £199,747 (2022: £107,218) were unrestricted and £104,716 (2022, £174,159) were restricted.

The unrestricted reserves represent the saving of prior year surpluses being accumulated to provide a financial buffer in accordance with our reserves policy. The restricted reserves however represent funds, either accounted for or paid to us, that have been provided for future activities.

The Trustees take great care to ensure that grant spending is spread evenly over the period for which the funds have been provided. This is managed by the preparation and monitoring of budgets which are reviewed quarterly by the board.

Approved by the Trustees 20th June 2023 and signed on their behalf by:



Rob Lloyd
Chair of Board of Trustees,
June, 2023

Independent Examiner's Report to the Trustees of UK Men's Sheds Association

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Colcomb FCCA

Wright Vigar Limited

Statutory Auditors and Business Advisors

15 Newland

Lincoln

LN1 1XG

Date: 20 June, 2023

Statement of Financial Activities

(including income and expenditure account)

Year Ended 31 March 2023

	Notes	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	3a,c	£	£	£	£
Income and endowments from:					
Donations and legacies					
Donations	4	39,937	6,400	46,337	13,370
Grants	5	68,000	121,842	189,842	123,310
Charitable activities					
Membership subscriptions		10,506	-	10,506	10,522
Other trading activities		1,410	5,725	7,135	1,373
Investment income					
Bank interest		1,845	-	1,845	1,098
Total income		121,698	133,967	255,665	149,673
Expenditure on:					
Raising funds	7	18,247	32,909	51,156	38,840
Charitable activities:					
Promoting Men's Sheds	7	5,463	39,476	44,939	37,406
Supporting Men's Sheds	7	5,459	131,025	136,484	138,345
Total expenditure		29,169	203,410	232,579	214,590
Net movement in funds	16	92,529	(69,443)	23,086	(64,917)
Reconciliation of funds:					
Total funds brought forward	16	107,218	174,159	281,377	346,294
Transfer between funds					
Total funds carried forward		199,747	104,716	304,463	281,377

The notes on pages 24 to 38 form part of these financial statements.

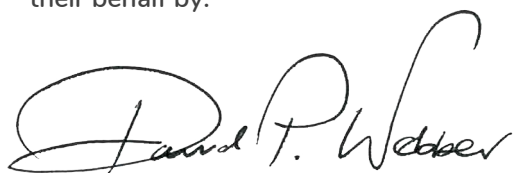
Balance Sheet – 31 March 2023

Balance Sheet 31 March 2023

	Note	Unrestricted	Restricted	2023	2022
	3b,d	£	£	£	£
Fixed assets:					
Tangible assets	11	995	-	995	1,415
Investments	12	3	-	3	3
		998	-	998	1,418
Current assets:					
Debtors	13	25,878	12,500	38,378	30,338
Cash at bank and in hand		184,122	106,721	290,843	288,330
		210,000	119,221	329,221	318,668
Liabilities:					
Creditors: amounts falling due within one year	14	(11,251)	(14,505)	(25,756)	(38,709)
Net current assets		198,749	104,716	303,465	279,959
Total net assets		199,747	104,716	304,463	281,377
Funds of the Charity					
Restricted income funds	16	-	104,716	104,716	174,159
Unrestricted funds	16	199,747	-	199,747	107,218
Total funds		199,747	104,716	304,463	281,377

The Trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statements on pages 20 to 36 were approved by the Board of Trustees on 20th June, 2023 and signed on their behalf by:



David P Webber ACA

Treasurer

Notes to the Financial Statements – 31 March 2023

1 Charity status

The charity is a Charitable Incorporated Organisation incorporated with the Charity Commission for England and Wales and constitutes a public benefit entity as defined by FRS 102.

2 Accounting policies

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Statement of compliance

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going concern

The Trustees consider that there are no material uncertainties about the UKMSA's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts or carrying value of the assets held by the CIO.

Cash flow statement

The charity has taken advantage of the following exception in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirement of Section 7 Statement of Cash Flows.

(b) Fund accounting

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity. The Trustees maintain a single unrestricted fund for day to day expenses.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the Trustees maintained records for 4 (2022: 4) restricted funds as shown in notes 15, 16 and 17.

Notes to the Financial Statements – 31 March 2023

(c) Incoming resources

All incoming resources are recognised when the charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the amount of the income can be measured with sufficient reliability. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is recognised when the CIO is notified of the amount and settlement date. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the CIO becomes entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Membership subscriptions which give member Sheds the right to services and other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

The value of any voluntary help received is not included in the accounts.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

(d) Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Apportionment of costs

The employment costs and associated expenses of each member of staff have been apportioned over fundraising costs and charitable activities on an average time basis.

Allocation of support costs

Support costs, including leadership and management time, insurance, administration and governance costs have been apportioned between fundraising costs and charitable activities as follows:

Employee management costs are matched to the employees being managed and then apportioned to key activities using the same average time basis used to allocate the employees costs.

Strategic development costs are apportioned equally between the cost of generating funds, membership support and Shed development activities.

Insurance, administration and governance costs have been split 50:50 between the cost of generating funds and charitable activities. The total for these two is then apportioned to reflect the perceived benefit each activity receives from these costs.

Notes to the Financial Statements – 31 March 2023

(e) Employee benefits: Pension commitments

UKMSA employees are automatically enrolled into the National Employment Savings Trust (NEST) workplace pension scheme unless they choose to opt out. The scheme is a defined contribution scheme and the CIO has no liability under the scheme other than for the payment of contributions. At the year end this liability was £nil (2022, £nil). The pension cost charge represents contributions payable by UKMSA to the fund and these amounted to £7,752 (2022, £6,903).

(f) Taxation

HMRC have confirmed recognition of UKMSA as a charity for tax purposes in line with Paragraph 1 of Schedule 6 Finance Act 2010 and that for tax purposes UKMSA is a CIO. Accordingly the CIO is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to charitable purposes.

(g) Fixed asset investments

Fixed asset investments represent shareholdings in subsidiary companies which are initially shown in the financial statements at cost and subsequently measured at their fair (market) value. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals.

(h) Tangible fixed assets and depreciation

Tangible fixed assets costing over £250, previously £50, are capitalised. Fixed assets are disclosed at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful economic life, as follows:

IT equipment	3 years, Straight Line
Other equipment	3 years, Straight Line

(i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, held in 35 to 90 day notice interest bearing savings accounts.

(k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

“Men don’t talk face to face, they talk shoulder to shoulder.”

Notes to the Financial Statements – 31 March 2023

3 Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides, on pages 25 to 28, prior period comparatives for the Statement of Financial Activities and the Balance Sheet for unrestricted and restricted funds.

3a Unrestricted funds: Statement of Financial Activity

	2023	2022
	£	£
Income and endowments from:		
Donations and legacies		
Donations individual	19,424	10,047
Donations corporate	20,513	3,323
Grants	68,000	-
Charitable activities		
Memberships subscriptions	10,506	10,522
Other trading activities	1,410	1,373
Investment income		
Bank interest	1,845	1,098
	<hr/>	<hr/>
Total income	121,698	26,363
	<hr/>	<hr/>
Expenditure:		
Raising funds	18,247	9,588
Charitable activities:		
Promoting Men's Sheds	5,463	4,534
Supporting Men's Sheds		
Membership and support	2,184	1,809
Shed development	2,184	1,812
Events	1,091	907
	<hr/>	<hr/>
Total expenditure	29,169	18,650
	<hr/>	<hr/>
Net movement in funds	92,529	7,713
	<hr/>	<hr/>
Reconciliation of funds:		
Total funds brought forward	107,218	99,505
Transfer between funds	-	-
	<hr/>	<hr/>
Total funds carried forward	199,747	107,218
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements – 31 March 2023

3b Unrestricted funds: Balance Sheet

	Note	2023	2022
		£	£
Fixed assets			
Tangible assets	11	995	1,415
Investments	12	3	3
		<u>998</u>	<u>1,418</u>
Current assets			
Debtors	13	25,878	338
Cash at bank and in hand		184,122	113,873
		<u>210,000</u>	<u>114,211</u>
Liabilities:			
Creditors: amounts falling due within one year	14	(11,251)	(8,411)
		<u>198,749</u>	<u>105,800</u>
Net current assets			
		<u>199,747</u>	<u>107,218</u>
Total net assets for unrestricted funds			
		<u>199,747</u>	<u>107,218</u>
Total unrestricted funds	16	<u>199,747</u>	<u>107,218</u>

Notes to the Financial Statements – 31 March 2023

3c Restricted funds: Statement of Financial Activity

	2023	2022
	£	£
Income and endowments from:		
Donations and legacies		
Donations	6,400	-
Grants	121,842	123,310
Charitable activities		
Memberships subscriptions	-	-
Other trading activities	5,725	-
Investment income		
Bank interest	-	-
	133,967	123,310
Expenditure:		
Raising funds	32,909	29,252
Charitable activities:		
Promoting Men's Sheds	39,476	32,872
Supporting Men's Sheds		
Membership and support	29,428	26,453
Shed development	101,597	80,764
Faces of Sheds		26,600
	203,410	195,940
Net movement in funds	(69,443)	(72,630)
Reconciliation of funds:		
Total funds brought forward	174,159	246,789
Transfer between funds		
Total funds carried forward	104,716	174,159

Notes to the Financial Statements – 31 March 2023

3d Restricted funds: Balance Sheet

	Note	2023	2022
		£	£
Fixed assets			
Tangible assets		-	-
Investments		-	-
		-	-
Current assets			
Debtors	13	12,500	30,000
Cash at bank and in hand		106,721	174,457
		119,221	204,457
Liabilities:			
Creditors: amounts falling due within one year	14	(14,505)	(30,298)
		104,716	174,159
Net current assets			
		104,716	174,519
Total net assets for restricted funds			
		104,716	174,519
Total restricted funds			
	16	104,716	174,519

Notes to the Financial Statements – 31 March 2023

4 Donations

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Individual donations	19,424	-	19,424	10,047
Various Corporate donors	20,513	6,400	26,913	3,323
	39,937	6,400	46,337	13,370

5 Grants

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
David & Ruth Lewis Trust	-	15,000	15,000	-
The Rayne Foundation	-	-	-	26,600
Pears Foundation	50,000	-	50,000	-
Edward Gosling	10,000	-	10,000	-
Optigene Foundation	5,000	-	5,000	-
Anonymous benefactor 1	-	101,842	101,842	96,710
Anonymous benefactor 2	-	5,000	5,000	-
Various benefactors	3,000	-	3,000	-
	68,000	121,842	189,842	123,310

6 Volunteers

A team of volunteer Ambassadors assist the Volunteer and Community Development Manager to deliver support and advice to new groups wishing to start a Men's Shed and to established Men's Sheds needing help or experiencing difficulty. These Ambassadors have been recruited from other successful Sheds across the UK and given appropriate training.

They make a valuable and significant contribution to UKMSA and the Men's Shed movement in the UK. However due to the absence of any reliable measurement basis, and in accordance with the SORP, the financial contribution of these volunteers cannot be recognised in these accounts.

Notes to the Financial Statements – 31 March 2023

7 Expenditure

	Direct costs	Support costs	Total 2023	Total 2022
	£	£	£	£
Raising funds:				
Grant management	26,214	8,738	34,952	24,129
Membership administration	14,020	2,184	16,204	14,711
Charitable activities:				
Promoting Men's Sheds				
Digital communication	39,476	1,093	40,569	33,779
Networking and events	-	4,370	4,370	3,627
Supporting Men's Sheds				
Membership and support	29,428	2,184	31,612	28,262
Shed development	101,597	3,275	104,872	83,483
Faces of Sheds	-	-	-	26,600
Total expenditure	210,735	21,844	232,579	214,590

Comparative Expenditure

	Direct costs	Support costs	Total 2022
	£	£	£
Raising funds:			
Grant management	16,878	7,251	24,129
Membership administration	12,898	1,813	14,711
Charitable activities:			
Promoting Men's Sheds			
Digital communication	32,872	907	33,779
Networking and events	-	3,627	3,627
Supporting Men's Sheds			
Membership and support	26,453	1,809	28,262
Shed development	80,763	2,720	84,483
Faces of Sheds	26,600	-	26,600
Provision of PPE			
Total expenditure	196,463	18,127	214,590

Notes to the Financial Statements – 31 March 2023

8 Related Party Transactions: Trustee expenses

No remuneration or benefits were paid to any Trustee or connected persons during the year (2022, £Nil).

Trustee expenses of £2,954 (2022, £2,471) were either reimbursed or paid directly during the year. These expenses were mostly travel and accommodation costs with some small claims for postage and telephone calls.

During the year all current Trustees (2022, 7 Trustees) claimed expenses and/or had their expenses met directly by the CIO. All Trustee expenses were properly incurred in the performance of the Trustees' duties on behalf of the CIO.

There were no other related party transactions during the year (2022, none).

9 Employees

The average number of employees during the year was 6 (2022, 6). No employee receives emoluments of more than £60,000 (2022, no employee).

Staff costs	2023	2022
	£	£
Salaries	155,169	134,429
Social security costs	8,956	7,410
Pension contributions	7,752	6,903
	171,877	148,742

Remuneration of key management personnel

The cost of the Chief Officer's remuneration and benefits were:

Salary	29,768	28,688
Social security costs	1,884	1,663
Pension contributions	1,488	1,434
	33,140	31,785

10 Independent Examiner's Fee

The independent Examiner's fee of £2,250 (2022, £2,650) relates solely to the independent examination of the CIO's financial statements with no other services being provided.

Notes to the Financial Statements – 31 March 2023

11 Tangible fixed assets

	IT equipment	Other equipment	Total
	£	£	£
Cost			
At 1 April 2022	7,107	456	7,563
Additions	529	-	529
At 31 March 2023	7,636	456	8,092
Depreciation			
At 1 April 2022	5,692	456	6,148
Charge for year	949	-	949
At 31 March 2023	6,641	456	7,097
Net book value			
At 31 March 2023	995	-	995
At 31 March 2022	1,415	-	1,415

12 Investments

	Total 2023	Total 2022
	£	£
Unlisted investments		
At 1 April 2022	3	3
Additions at cost	-	-
At 31 March 2023	3	3

The investments represent 100% of the ordinary share capital in the following dormant subsidiary companies all registered in England.

	Date of Incorporation	Company Number
Men's Sheds Limited	13 March 2019	11879439
UK Men's Sheds Limited	18 March 2019	11889240
ShedFest Limited	10 December 2020	13074874

Notes to the Financial Statements – 31 March 2023

13 Debtors

	Total 2023	Total 2022
	£	£
Gift aid	-	10
Grants	37,500	30,000
Prepayments and accrued income	827	328
Other debtors	51	-
	38,378	30,338

14 Creditors

	Total 2023	Total 2022
	£	£
Trade creditors	633	551
Other taxation and social security (PAYE liabilities)	3,560	3,470
Accruals and deferred income	19,770	33,788
Other creditors	1,793	900
	25,756	38,709

Included in accruals and deferred income are membership subscriptions of £6,587 (2022, £4,438) which have accrued benefits past the year end.

Notes to the Financial Statements – 31 March 2023

15 Restricted Funds

The CIO has 2 restricted funds (2022, 4).

Leadership and management fund

This fund is for the salary costs of the Chief Officer of the CIO.

It is currently funded by the Tudor Trust who in October 2020 granted a further £60,000. Of this fund £10,127 is carried forward to meet costs in the next financial year.

Shed development fund

This fund is for the salary costs of the Volunteer and Community Development Manager and the Partnerships and Community Development Manager with the associated costs of running a Shed Ambassador and Development programme.

In March 2023 an anonymous donor granted the CIO £101,842 being the third installment of a three-year funding program. Of this fund £94,589 is carried forward to meet costs in the next financial year.

“It’s improved my feeling of well-being and worth, especially the projects we take on for charities or other organisations.”

Notes to the Financial Statements – 31 March 2023

16 Movement in funds

	At 01/04/2022	Net movement in funds	Transfer between funds	At 31/03/2023
	£	£	£	£
Unrestricted funds	107,218	92,529	-	199,747
Restricted funds				
Leadership and management	40,271	(30,144)	-	10,127
Communication	22,542	(22,542)	-	-
Shed development	110,025	(16,757)	1,321	94,589
Membership and support	1,321	-	(1,321)	-
Total restricted funds	174,159	(69,443)	-	104,716
Total funds	281,377	23,086	-	304,463

Comparative movement in funds

	At 01/04/2021	Net movement in funds	Transfer between funds	At 31/03/2022
	£	£	£	£
Unrestricted funds	99,505	7,713	-	107,218
Restricted funds				
Leadership and management	67,001	(26,730)	-	40,271
Communication	50,948	(28,406)	-	22,542
Shed development	106,342	21,079	(17,396)	110,025
Membership and support	22,498	(38,573)	17,396	1,321
Total restricted funds	246,789	(72,630)	-	174,159
Total funds	346,294	(64,917)	-	281,377

Notes to the Financial Statements – 31 March 2023

17 Net movement in funds 2022/23

	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	121,698	(29,169)	92,529
Restricted funds			
Leadership and management	-	(30,144)	(30,144)
Communication	-	(22,542)	(22,542)
Shed development	118,967	(135,724)	(16,757)
Membership and support	15,000	(15,000)	-
Total restricted funds	133,967	(203,410)	(69,443)
Total funds	255,665	(232,579)	23,086
Comparative net movement in funds 2021/22			
	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	26,363	(18,650)	7,713
Restricted funds			
Leadership and management	-	(26,730)	(26,730)
Communication	-	(28,406)	(28,406)
Shed development	123,310	(102,231)	21,079
Membership and support	-	(38,573)	(38,573)
Total restricted funds	123,310	(195,940)	(72,630)
Total funds	149,673	(214,590)	(64,917)

Notes:

Notes:

Notes:

Thank you

The United Kingdom Men's Sheds Association would like to thank all of our supporters, partners, sponsors, donors and grant-making bodies for their continued support.

Through your support Men's Sheds are transforming lives, adding years to life and quality of life to years.



“We support each other in times of personal stress, and actively seek to provide an environment where individuals can talk about their problems without judgment.”



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Email: admin@ukmsa.org.uk

Registered Charity No. 1162409

UK MEN'S SHEDS ASSOCIATION

England & Wales - Charity number 1162409

Accounts

UK



**MEN'S SHEDS
ASSOCIATION**

**Trustees' Annual Report
and Financial Statements
for the Year Ended
31 March 2022**

UK MEN'S SHEDS ASSOCIATION
A Charitable Incorporated Organisation

CHARITY No. 1162409
www.menssheds.org.uk

What we do

We provide support and guidance to individuals and groups across the UK in starting and managing Men's Sheds. We raise awareness of the social and health benefits of Men's Sheds in reducing isolation, loneliness and in empowering local communities.

We support the growth of Men's Sheds by:

- Promoting the Men's Shed movement so as many people as possible know about them. We want Men's Sheds to be a household name so that every man knows what they are and how to find one.
- Promoting individual Men's Sheds to help put interested members of the community in touch with their nearest Men's Shed. We do this by maintaining an up-to-date map of UK Sheds on our website, through social and print media and by forwarding enquiries to the relevant local Shed groups and attracting support for member Sheds.
- Providing advice and guidance on starting up and running a Shed to help grow the number of UK Men's Sheds. We do this by providing practical information guides, example documents and toolkits on topics such as registering as a charity, insurance, funding, sourcing equipment and venues, and volunteer recruitment. We provide telephone, email and in-person support to individuals and groups wanting to start a Men's Shed. We equip them with the knowledge to develop and sustain a thriving Men's Shed in their community for years to come.
- Training volunteer Ambassadors with experience of starting their own Men's Sheds to mentor and guide like-minded individuals and groups in starting and managing Men's Sheds across the UK.
- Holding networking events to connect men from different Men's Sheds across the UK. Here they can share experiences, knowledge and skills, and make friends for life with others who share interests and a common purpose.

We raise awareness of Men's Sheds and their many benefits by:

Talking about the social and health benefits of Men's Sheds in reducing isolation and empowering local communities. We do this through various communication channels, including public events, online and in the media.

Representing our members and the UK Men's Shed movement at a local, national and international level. We do this by liaising with organisations, government authorities, companies, other Men's Shed associations and related charities, to help develop partnerships, generate funding opportunities and negotiate sponsorship deals to deliver real value to our member Sheds.



Trustees' Annual Report For The Year Ended 31 March 2022

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**“Men's Sheds work! In our survey:
96% felt less lonely
89% were not as depressed”**

Trustees' Annual Report For The Year Ended 31 March 2022

Chairman's Statement

April 2021 ushered in a new financial year for UK Men's Sheds Association (UKMSA) and a new hope for many with reductions in lockdown restrictions across the four nations of the United Kingdom.

Prudence continued to be the right approach for many Men's Sheds and we continued our approach of online events and presentations to provide socially-distanced support to Men's Sheds.

Sheds, UKMSA staff and volunteers have continued to lead initiatives to keep people connected and reduce the impact of the compounded pandemics of loneliness, mental health and Covid.

Many Sheds opened when and where possible during the intervals between lockdowns and some with the agreement of local authorities as they provided support to the most vulnerable in their communities; above all Sheds tried to find a way. The return has not been instantaneous though, many struggled with anxiety and returning to social groups. In some cases people had lost friends. We

are now in a time of adjustment, traversing the new normals, and each of us is taking these steps in our own way.

We are coming back stronger as a movement, and we are here to help Sheds where they have concerns and challenges that might not have been there in 2019.

It has been a hard struggle for all of us over the past two years. There has been considerable loss and we face new challenges, but I am confident that the Men's Shed movement will overcome these and continue to support their communities and the whole of society.

The second ShedFest online gathering was delivered in July with guests and participants from across the globe. It was particularly warming to see a number of practical sessions delivered that included contributions by Chicken Bone John with his cigar box guitars, Peter Sefton, Colwin Way, and both Milton Keynes Men's Shed and The Lions Den Men's Shed who took part in the live Pallet Challenge.

The work of the UKMSA continued to be supported by a number of funders; we thank the Dulverton Trust, Rayne Foundation, National Lottery, Mercers Company, Tudor Trust, Toolstream, DPD, Axminster Tools, Ronseal and many other donors. These funds allow UKMSA to support Men's Sheds, while keeping the cost to Shedders low.

As reported previously we have also been exceptionally fortunate to receive a commitment from an anonymous donor of in excess of £240,000 over three years to support the growth and engagement of Sheds across the UK. This funding began in March 2021.



“Feeling alone for the longest time in his life, he has found a new purpose in life. Dad truly is my hero. I'd like to thank Men's Sheds for giving me my Dad back”

Trustees' Annual Report For The Year Ended 31 March 2022

Chairman's Statement continued

We have also brought onboard a number of new partners over the pandemic including TiteFix, Metal Craft and Smart Water and this number continues to grow with St John, St Andrew and St John Cymru Ambulance as new supporters this year. These join other partners including Axminster Tools, E&G Insurance, Zero Suicide Alliance, Men and Boys Coalition and LumberJack. In many cases it is Men's Sheds, such as Church Crookham, that introduce partners to UKMSA for the benefit of many more Sheds; we are greatly thankful for their support of the wider Shed family.

As part of World Mental Health Day 2021, UKMSA supported our Patron Chris Fisher RPT and Google in their creation of a video promoting positive mental health; my thanks to Swanwick Men's Shed and everyone who made that possible, and once again raised the profile of our great movement.

July saw the departure of Elise Cook and Brian Cooke as Trustees, who following an extensive recruitment process were replaced with the appointment of Rob Lloyd and Rob Hardy. Both bring an external perspective and mindset that will help UKMSA and the Men's Shed movement grow in its reach, its exposure and impact.

At the end of 2021 the country held its breath as reports of a new variant of Covid began to emerge, but luckily it did not materialise in to the magnitude of threat we saw at the beginning of 2020; Sheds stayed strong and the country opened up more, providing more confidence for Sheddors and Shed Leaders.

March 2022 saw the launch of the Charter for Wellbeing in Craft and DIY in the Palace of Westminster. The launch was thanks to the generosity of Baroness Tanni Grey Thompson as host and the family and friends of Darron Love who raised funding for UKMSA in his memory. The

Charter challenges the Craft and DIY sectors to work with the third sector and Men's Sheds to promote positive wellbeing, and support colleagues, employees and customers; the result of which will be healthy and happy men and women, lives transformed and ultimately lives saved.

I encourage everyone to sign the Charter to demonstrate their commitment to supporting their fellow man and woman. Together we can achieve so much more.

To conclude, a huge thank you to the Trustees, staff team, our team of volunteer Ambassadors, and the leaders of Men's Sheds across the country. In challenging times you have kept the Men's Shed movement moving forward, you have kept people's hope alive, and both transformed and saved lives.



John Latchford
Chairman, Board of Trustees
June, 2022

“I have found over the years, that talking honestly about mental illness allows me to live with it. The sharing of skills in Men's Sheds is also an empowering way of building self-confidence and self esteem.”

Trustees' Annual Report For The Year Ended 31 March 2022

Legal and Administrative Information

Status The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO), registered on 25 June 2015.

Registered number Registered charity number - 1162409

Principal address 49 Station Road
Polegate
East Sussex
BN26 6EA

Hon. Life President Mike Jenn

Patron Chris Fisher RPT

Trustees

John Latchford, Chairman

David Webber, Treasurer

Robert Lloyd

Robert Hardy

Laura Elise Cook

Appointed February 2022

Appointed February 2022

Resigned July 2021

John Rushforth, Vice Chairman

John Jarvis

Joanne Phillips

John Christopher Lee

Brian Cooke

Resigned July 2021

Staff on 31st March 2022

Charlie Bethel

Karen Coates

Leo Pswarayi

Rachel Meadows

David Meli

Laura Winkley

Bernadette McElhatton

Chief Officer

Finance Manager

Digital Communications Manager

Volunteer and Community Development Manager

Partnerships and Community Development Manager

Membership and Support Manager

Membership and Support Officer

Bankers

The Co-operative Bank plc

P.O. Box 101

1 Balloon Street

Manchester

M60 4EP

Redwood Bank Limited

The Nexus Building

Broadway

Letchworth Garden City

SG6 3TA

Hampshire Trust Bank plc

55 Bishopsgate

London

EC2N 3AS

Monmouthshire Building Society

Monmouthshire House

John Frost Square

Newport

South Wales

NP20 1PX

Reliance Bank Limited

Faith House

23-24 Lovat Lane

London

EC3R 8EB

Independent Examiner

Paul Colcomb FCCA - Wright Vigar Limited, Statutory Auditors and Business Advisors

15 Newland, Lincoln, LN1 1XG

Trustees' Annual Report For The Year Ended 31 March 2022

Legal and Administrative Information continued

The Trustees present their annual report and financial statements for the year ended 31 March 2022. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 1 January 2019.

Structure, governance and management

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO) with voting members other than its charity Trustees.

The CIO is governed by a constitution, with charity Trustees being elected by members at the Annual General Meeting after being verified following a reference and background checking procedure. Any vacant seats may be filled by a verification process, nomination and co-option by the existing Trustees during the year.

On appointment, new Trustees are provided with a new Trustee pack which includes copies of the CIO's Constitution, most recent Trustees' annual report and accounts and relevant Charity Commission publications such as The Essential Trustee.

The charity Trustees are responsible for the strategic leadership of the CIO, and through the Chair, direct and manage the Chief Officer to deliver the strategy of the organisation.

UKMSA's agreement with the Royal Voluntary Service (RVS) to work together for the development of Men's Sheds has now elapsed. However both organisations will continue to work together for the benefit of Sheds where appropriate.

The UKMSA aims to develop relationships with other national Men's Sheds associations in Scotland, Wales and Northern Ireland (with the Irish Men's Sheds Association) to share best practice and further our common objectives.

The Trustees meet on a regular basis either in person or by video calls to oversee the governance requirements.

All Trustees are volunteers and undertake activities to further the objects of the UKMSA as required with no remuneration or financial benefit received for their time.

**“I come to my Shed and I can forget about being lonely.
I've found another reason to exist”.**

Trustees' Annual Report For The Year Ended 31 March 2022

Objectives and activities

The objects of the CIO are for the public benefit to promote the efficiency and effectiveness of charities or the effective use of resources for charitable purposes to local Men's Sheds, and further enable information sharing, communication and co-operation between them and so act as a support body for Men's Sheds. In deciding our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance "Public benefit: running a charity (PB2)."

Connection

Connections are a key aspect of Men's Sheds and whilst Covid is and was still very much a part of daily life, Shedders began their journey to reconnect physically and at the same time Sheds began to reconnect physically through their local Shed networks. Supporting the development of Shed networks is a vital piece of work for UKMSA as it supports connections and innovation. The number of Shed networks has now grown to twelve across the UK with many more in development.

UKMSA now delivers a hybrid approach to connect with the Shed community, utilising digital literacy and availability of technology that has come about as a result of restrictions.

Reconnecting

The easing of restrictions also provided UKMSA staff with the opportunity to connect in person, and for many this was the first time after ten months of being appointed. Staff have also been able to visit Sheds and develop relationships, the previous absence of which hindered growth in programmes such as our Ambassador initiative. Human connection is such an essential part of what we do, and as we move forward we will continue to seek new opportunities to engage.

We welcomed David Meli to the team this year as the Partnership and Community Development Manager. David has been working to develop many of the new partnerships that are supporting both UKMSA and Sheds directly; again it was many months after David's appointment that he was able to meet colleagues in person.

Trustees respond to change

This year has seen the Trustees meet through a combination of hybrid, online and physical meetings; this flexibility has enabled the Trustees to meet more frequently at short notice where necessary and reduce costs.

Board membership has also seen changes throughout the year and we have tried to manage these to minimise the disruption to the operation of the charity. Both Robert Lloyd and Robert Hardy bring new skills to the group of Trustees in governance and organisational and cultural growth. The Chairman, John Latchford, has also indicated his intention to step down as Chairman following a recruitment process being undertaken by the Trustees. John does intend to remain as a Trustee and to continue to utilise his skills to support the growth of the Shed movement.



Trustees' Annual Report For The Year Ended 31 March 2022

Sheds open around the UK

A tiered approach by Governments across the UK saw Sheds opening this year at a steady pace, with many being open during the second lockdown where there was agreement locally that their services were considered essential to the communities they serve.

Stories of Shedders supporting each other continued whilst their Sheds were closed and new partnerships have been developed with health providers, along with volunteering at vaccination centres across the country.

Shedders have continued to look out for each other and it is encouraging that some of the weekly video conferencing has continued to support Shedders unable to attend their Sheds. Facebook, Whatsapp and YouTube have continued to be popular with Sheds in order to keep people connected and share knowledge and resources.

Another great demonstration of people helping others and helping themselves in the process.

Working with volunteers to support sheds

A key strength of the UK Men's Sheds movement is the peer support that develops between Sheds. The aim of the UKMSA to grow a more self-sustaining network is reflected in the investment in a programme to extend volunteer roles – to complement Ambassadors by training and supporting other Shed members as local Shed Leaders and Advocates for the movement more widely.

We continued to grow the number of Shed Ambassadors in order to offer Sheds support in their early stages of development and sharing experiences as they grow. Ambassadors are a vital part of the fabric of Men's Sheds and recruitment channels are always open.

With the investment in front line services that has come about in recent months to support people impacted by Covid, we are also targeting local government and charities with the aim to recruit Advocates and Champions for Men's Sheds. This will enable greater reach with people who can benefit from Sheds in their communities.

Two huge resources UKMSA has are the Health and Wellbeing Advisory Group (HAWAG) and the Technical Subcommittee. Both groups have worked hard in the development of resources and policy for the Trustees to consider and both groups have identified areas for UKMSA to grow in our offer of support to Sheds and insight from Sheds in to what is possible. From this work new partnerships have developed and relationships are being developed all the time.

**“It saved my sanity, my life
and my marriage”**

Trustees' Annual Report For The Year Ended 31 March 2022

Meet an Ambassador

Patrick Abrahams is one of our most established Shed Ambassadors, covering the area of Somerset (but also has supported into Cornwall). As well as the everyday support Patrick provides for Sheds in his area (and many times further afield), he is also extremely passionate when it comes to Shed-related Health and Wellbeing.

Patrick is a member of the Health and Wellbeing Advisory Group (HAWAG) and he delivered the 'Shed Happens' Men's Shed radio programme regularly over lockdown ensuring Shedders were still connected, entertained and informed.

Patrick has developed a new Information Management System for Ambassadors and staff. Patrick is always available to support Sheds or other Ambassadors in need, and to champion the importance of Wellbeing in Sheds.

Patrick, like all our Ambassadors makes a real difference and is a strong advocate of working in partnership to achieve shared outcomes and improving the community.

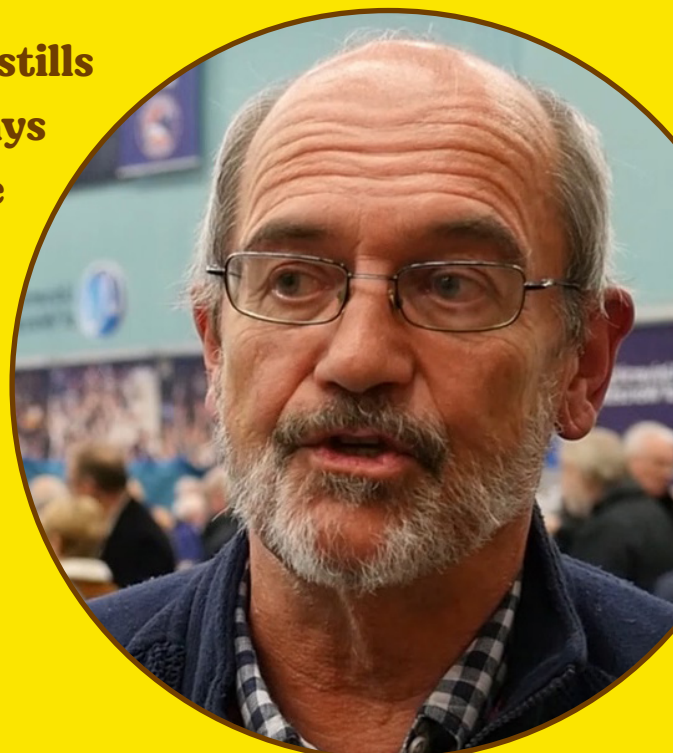
“Patrick Abrahams is our local Ambassador and he’s been a huge help to me! I am working with a small group of men in Bruton, Somerset, and Patrick has been in the background all the time with very helpful information, advice and support.

We held an initial open meeting in the town and Patrick was there to talk and answer questions. When I applied for some initial funding he checked over the application and provided useful statistics and information for me to add. Then he has also provided further information for another funding bid I was making.

Patrick is very steady and calm and instills confidence in me as I know he will always be there in the background pointing me towards helpful resources and so on. His offer is always there to join our group for meetings too when needed.”

Sue Crisfield, Social Prescribing Coordinator

SPARK Somerset.



Trustees' Annual Report For The Year Ended 31 March 2022

Promotion and support

Alongside the development and growth of new Sheds, UKMSA has a role to support the opportunities for people to both attend Sheds and for them to have a fantastic experience.

For Shed members and would-be Sheddors, UKMSA provides practical information about starting and sustaining one. We provide information with written resources, presentations, workshops and through our Ambassadors. This support comes with varying degrees of complexity related to the specific stage on that journey. For professionals with an interest in men's health and wellbeing, including active aging, the language may be different. For health professionals, talk of 'overcoming loneliness and isolation' is of particular interest to them, while the same conversation with older men would refer to 'making things and helping the community'.

Much work has been undertaken around Social Prescribing this year and working with Dr Bryony Porter and her colleagues at the University of East Anglia, UKMSA were actively engaged in a 'Report on Current Views and Experiences of Social Prescribing in Men's Sheds' which will be published this year. This research supports UKMSA's insight-led approach to the development of resources and approaches.

UKMSA have also embarked on a long term insight project called 'One Thousand Faces of Sheds'. This piece of research brings together case studies from Sheddors, their families and those involved with Sheds, with imagery which might include video or audio recordings. These case studies will be complemented with a collection of metrics and research data. The outcome of this work will be to better understand the intrinsic value of the Men's Shed, to provide quantitative

and qualitative insight and as such a resource for academics, students and Men's Sheds to tell our collective story. This research has been made possible thanks to the Rayne Foundation and Stark Consultancy.

ShedFest, a gathering of Sheddors delivered annually, once again delivered an opportunity for Sheddors to engage with each other, learn new skills and approaches, and to share. Delivered over three days, it built on the success of the first online gathering and this time engaged more external groups with a view to promote the movement. We were incredibly grateful for the support of partners in the delivery of sessions and the Sheddors who attended the event.

Throughout the year, our monthly bulletin Shoulder to Shoulder was promoted to an ever-growing subscription list with a new format allowing easier reading and a more sophisticated measurement of reader interest in the different published items. We have been encouraged by the engagement of Sheddors in the newsletter and all platforms we use, but will continue to push barriers.

Externally UKMSA are focussing on local and regional promotion to engage communities. We have however managed national and international exposure with articles in the national press, BBC television and the aforementioned Google video. The impact of national exposure varies, however the legacy of projects with Ronseal and Channel 4 with the programme 'The Shed' still opens doors and opportunities for UKMSA and the movement.



Trustees' Annual Report For The Year Ended 31 March 2022

Looking ahead – growth and sustainability

Growth and sustainability

The Trustees believe that every community will benefit, if it does not already, from having a Men's Shed. Our approach is for sustainable growth, recognising that Men's Sheds are not the bricks and mortar but the people that come together and this has been exemplified during lockdowns, particularly where virtual Sheds developed.

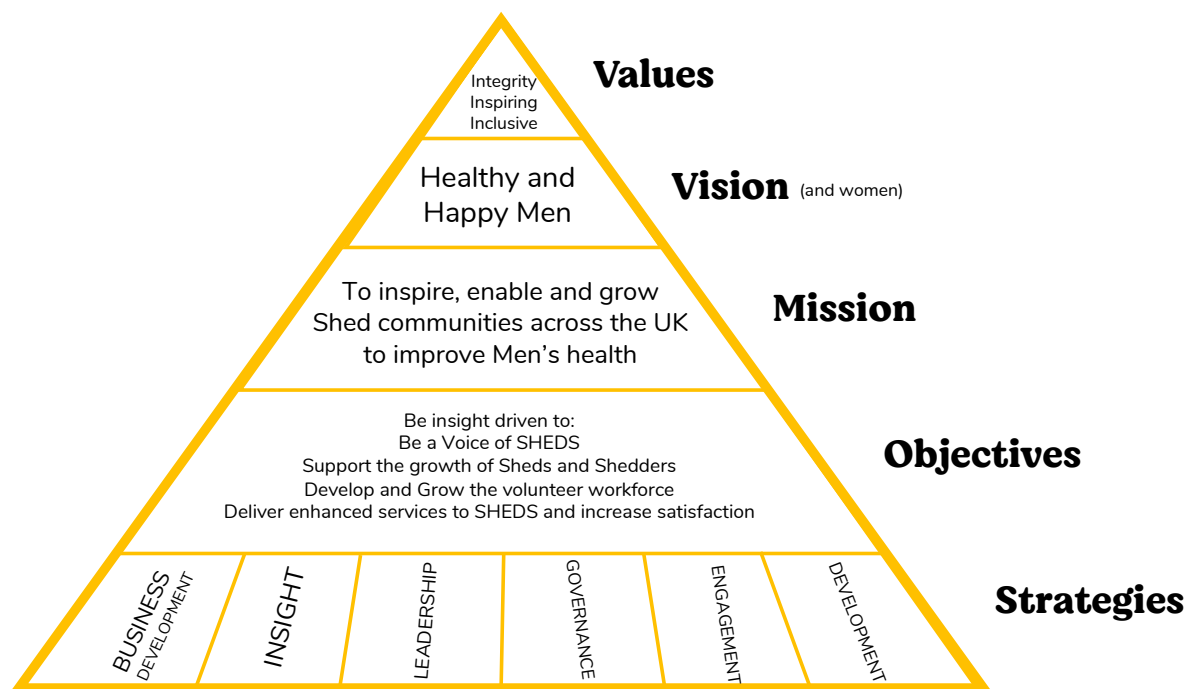
We are in a strong position to realise our three-year aspiration of 1,000 Sheds in the UK by 2024. Communities across the UK are working very hard to grow the impact and coverage of Sheds. Longer term we aspire to circa 2,400 Men's Sheds serving communities the breadth and width of the United Kingdom.

In order to achieve our aspiration, UKMSA must continue to develop systems and resources to both facilitate growth and sustain the Shed movement and the demands that come from a growing population. This is an ambitious target, but with the support of Men's Sheds across the UK we believe it is possible to provide the coverage where every man and woman has the opportunity to access a Shed.

Infrastructure development

Investment in a Customer Relationship Management System in 2019 thanks to the support of the Worshipful Company of Mercers has allowed UKMSA to manage membership data in a secure and much more efficient manner. In the next few months we will be investing in the development of the UKMSA website to effectively support the general public, Sheds and existing and potential partners. In turn it is hoped that a coherent and effective portal will allow for more efficient management of enquiries and support for everyone wishing to access information.

This year, UKMSA also moved the address of the virtual office following a number of challenges the charity has experienced with post going missing and delays to receiving cheques. This disruption was not acceptable to members, donors or indeed our operations. A number of measures have been put in place to reduce disruption over the next twelve months to avoid further losses and we are pleased with the performance of our new service provider. The Trustees and staff recognise the frustration this has caused.



UKMSA Strategy Framework

Trustees' Annual Report For The Year Ended 31 March 2022

Insight

A lack of independent and specific research has been an ongoing challenge when UKMSA put forward cases to partners to support UKMSA. It is also true that, with more insight, we can celebrate Men's Sheds better. To be an authentic voice of Men's Sheds with policy and decision-makers at the national level requires UKMSA to have verified research. The commissioning of the 1,000 Faces piece of work and collaboration with the University of East Anglia this year has been the first step in this arena. UKMSA will continue to identify opportunities and partners to build on the work done across the UK and world to create robust arguments for the support of the Men's Sheds movement. We must rightly engage with an approach of evidence rather than anecdotes if we are to do justice to the movement.

Internally we continue to be insight driven, both seeking our own research and measures and those from other charities, academics and government. The development of measures to identify impact and success are essential tools for staff and the Trustees to ensure value for money and a return on investment.

Development

Men's Sheds and members of the Association are autonomous organisations and, while the charity publishes 'common characteristics' of Men's Sheds, all Men's Sheds are different. UKMSA believes in empowering local groups to take ownership in developing Sheds. The assistance provided to a number of Sheds in the UK facing difficulties due to parent charities removing funding and resources is testament to our approach. Where possible we have offered support to groups facing this kind of hardship with advice and signposting, however not every Shed was able to weather the storm that was compounded by the pandemic. UKMSA continue to develop resources and partnerships to support new and existing Sheds with the resource of volunteers and the ever-growing emergence of Shed Networks.

Property support

Finding affordable premises and keeping them is a constant challenge for Men's Sheds when setting up and/or outgrowing their facilities. We are constantly seeking partnership opportunities that might help address this issue. We are delighted that Ellandi became a partner of UKMSA this year with them adopting us as their Charity of the Year. This partnership promises to support Sheds with advice and opportunities across their portfolio of premises to have 'pop-up-Sheds'. Ellandi already engage with Sheds such as the Bootle Shed and their support has made a real difference in their community.

We continue to develop a number of opportunities moving forward, particularly with the Railway Heritage Trust and East Midlands Railways and the more exposure of Men's Sheds the more opportunities are being realised.



Trustees' Annual Report For The Year Ended 31 March 2022

Partnerships and diversifying support

A key principle for the financial sustainability for UKMSA and Sheds is to create a mixed economy of income in order to avoid having an over-dependence on any one source. UKMSA has been successful in attracting support from a growing range of trusts and foundations, as outlined in the financial sections of this report.

In the previous financial year UKMSA had been successful in the identification of funding for multiple years, However the impact of Covid, cost of living rises and reduced income for funders are already providing concern moving forward, and UKMSA must put resources in to the acquisition of, where possible, diverse income streams to ensure levels of support for Sheds are maintained. At the same time UKMSA is reviewing its approach to staffing to ensure enough support is available for the growing membership, growing number of developing Sheds and to enable UKMSA to support a sustainable model for Sheds.

A strength of UKMSA during lockdown was it's lack of reliance on community fundraising and events, however every opportunity must be developed to support UKMSA and therefore developing greater opportunities across all Sheds. Part of this process was to employ an increase in membership of UKMSA to £30 per year per Shed from £24; a fee that can be recouped by using any one of the discounts afforded to member Sheds by many of UKMSA's partners.

The diversification of funds and provision of support to a growing population remains a priority for UKMSA moving forwards.

Supporting existing Sheds is paramount to our objectives and UKMSA has continued to evolve the benefits offer to Men's Sheds.

UKMSA is not able to provide everything to every Shed, but it aims to provide something for every Shed whether they are members or not.

UKMSA continue to offer value through engagement with the media and organisations in promoting men's health, wellbeing, suicide prevention and by simply directing people to Men's Sheds.

For Sheds at the local level, UKMSA regularly publicises funding sources through the Shoulder to Shoulder bulletin and other partnerships such as those with Easyfundraising and the ever growing benefits package to member Sheds.

The growth of the membership package this year provides a greater range of products and services for Sheds and in some cases our partnerships have also supported other Shed organisations.

New partnerships include Titefix as the official Screw of Men's Sheds, St John, St John Cymru and St Andrew Ambulance in the provision of training for Sheds, Smart Water, MetalCraft, Dell, Naylor Flooring, Portable Spaces for Sheds, together with support from Axminster Tools, Triton Tools, LumberJack Tools and many more who all offer tangible, money-saving and resource-saving value to Sheds.

At national and local level, UKMSA works closely with other agencies that research, campaign and support under the umbrella of men's health and wellbeing, such as the Zero Suicide Alliance (working to reduce male suicide). Throughout the year, working with initiatives such as Mental Health Awareness Week in May, Men's Health Week, and Movember in November highlighting the need to support men's health.

UKMSA is continuously investigating opportunities for soliciting online donations – including a direct ask on our website, streamlining gift aid processing, and online retail affiliations that generate income at no cost to the shopper with easyfundraising and even an opportunity to donate cars as scrap to support the movement.



Trustees' Annual Report For The Year Ended 31 March 2022

Raising the profile of Sheds and engaging

UKMSA aspires to become a 'household name' while recognising that this is ambitious given the relative youth of the charity. This doesn't stop staff from spreading the word through social media and mainstream TV channels. We are also progressing opportunities with Community Television to grow the exposure of Men's Sheds. Our high-profile patron Chris Fisher RPT, aka The Blind Woodturner, also has a well-targeted following to whom he promotes the value of Men's Sheds. UKMSA have also been featured in a number of books in the past year and a new partnership with DIY Week is intended to increase opportunities for Sheds across the UK.

In March 2022 The Charter for Wellbeing in Craft and DIY was launched in the Palace of Westminster. The Charter has been designed to engage and challenge the Craft and DIY Sector to think about mental health. The Charter asks people to think about their actions as an organisation and how they can improve wellbeing for their colleagues, staff, customers and suppliers. In some cases this might simply be about making the time to speak to someone. In larger companies it might be to introduce training with the Zero Suicide Alliance for employees or displaying promotional material about Men's Sheds to promote wellbeing.

Already the Charter is starting the conversation about men's health and taking the conversation to a new level. Ultimately we believe a great engagement with Men's Sheds across the industry will save lives. As a Men's Shed movement we can use this Charter to create and support positive cultural change in behaviours. This will only work by engaging with partners and Men's Sheds to say that we will be part of putting an end to suicide and the causes of suicide. Men's Sheds reduce loneliness, reduce anxiety, reduce depression, create friendships, and transform and save lives.

We encourage Sheds, Shedders and organisations to sign the Charter and demonstrate a commitment to happy and healthy men.

Shed numbers

The simplest measure of the success of the Men's Shed movement is the number of Men's Sheds being developed and opened. In comparison to the last financial year we have seen a drop in the proportion of members compared to open Sheds, due in part to the rapid growth in opening of new Men's Sheds post-Covid together with a change in the membership payment systems that came into effect in January 2022.

Known Sheds	Open	In development	Total	UKMSA Members	%
31/03/2015	150	75	225	51	23%
31/03/2016	300	95	395	68	17%
31/03/2017	360	85	445	67	15%
31/03/2018	440	155	595	195	33%
31/03/2019	500	210	710	275	39%
31/03/2020	580	143	723	408	56%
31/03/2021	603	145	748	421	56%
31/03/2022	805	230	1,035	453	44%

From 2015 to 2022 there has been a 437% increase in the number of open Sheds.

Trustees' Annual Report For The Year Ended 31 March 2022

Trustee appointments

The Trustees are well aware of the need for a diverse range of skills and experience on the Board. Following a skills audit to identify the areas that needed to be strengthened, a recruitment process was concluded during the year. The Trustees appointed Robert Lloyd and Robert Hardy in February 2022.

Both Roberts bring strong business development and insight analytical skills.

Reserves policy

The Trustees will aim to hold 4 to 6 months of operational costs in unrestricted reserves as a buffer against any financial setbacks.

Activities and events will be planned on a self-financing basis to avoid putting pressure on the unrestricted reserves whenever this objective is not satisfied. When unrestricted reserves exceed required levels the Trustees will consider how best to use any surplus funds to further the objects of the charity.

The restricted reserves represent both received and promised funds which together show that UKMSA has funding for its operations beyond the end of the next financial year.

Investment policy

Short term surplus cash funds are invested in interest bearing UK bank deposit accounts. The Trustees have resolved that deposits should only be made with UK registered and regulated banks and that any deposits should not exceed the £85,000 guaranteed under the Financial Services Compensation Scheme.

Principal risks and uncertainties facing the charity

The following principal risks and uncertainties facing the charity have been identified:

Covid has had an impact on UKMSA and Sheds directly in terms of operations and indirectly on its partners and funders.

There is an increase in demand from beneficiaries through both the impact of Covid, but also the growth of the organisations and the services it offers.

Sustainable funding is a constant challenge for both Men's Sheds and UKMSA.

Staff and volunteers are both essential to provide capacity to deliver the Mission of the charity.

“After I recovered from the physical trauma of the fall, I had lost my confidence and quietly & gently being part of a Shed gave it back to me.”

Charter for Wellbeing in Craft and DIY

Together we can improve wellbeing across the Craft and DIY sector. The Charter for Wellbeing in Craft and DIY is an expression of commitment to support the wellbeing of everyone involved in Craft and DIY.

Having a conversation can make someone's day, even save someone's life. This commitment is to Makers, Crafters, Artisans, DIYers, Bodgers, Doer-uppers, as well as the Shedders, Engineers, Manufacturers, Designers, Retailers, Publishers, Hauliers and to those who don't yet know their lives could be transformed by becoming involved in Craft or DIY. The signatories pledge to:

1. Connect and look out for each other's health and overall wellbeing
2. Create positive and safe environments for everyone
3. Promote opportunities for people who may need help

Anyone and any organisation can be involved and every signatory demonstrates and champions our collective interest to increase happiness and wellbeing for all through creating, crafting, making and fixing!

Why people have signed in their words:

"Because I know what it's like to stand on the ledge so if I can help even one other person by following the three tenets of the pledge, I would be happy."

"We need to create as many opportunities to create safe spaces in our communities so that we can catch the 72% of those who end their life without making any contact with mental health services in the 12 months before they die. This is another amazing option for those in need."

"I think supporting this Charter is really a must in these uncertain times for most of us. If I am able to help anyone to pull out of loneliness, that will make "my day."

"Because I have suffered from depression (twice) and physical activity really helped me at that time."

"If I wasn't here, I wouldn't be here."

Trustees' Annual Report For The Year Ended 31 March 2022

Financial review

Financial performance during the financial year was as planned for UKMSA, full details of which are given in the Statement of Financial Activities, Balance Sheet and accompanying notes.

During the year the CIO received further multi-year funding for the promotion and support of Men's Sheds.

Income for the year was £149,673 (2021: £311,747) of which £26,363 (2021: £52,751) was unrestricted and £123,310 (2021: £258,996) was restricted. Expenditure on promoting Men's Sheds was £37,406 (2021: £29,649) and expenditure on supporting Men's Sheds was £138,345 (2021: £115,053).

For the year employee remuneration represented 69% (2021: 63%) of overheads.

The financial outcome for the year was a surplus of £7,713 (2021: £37,792 surplus) of unrestricted funds and a deficit of £72,630 (2021: £101,493 surplus) of restricted funds. This financial outcome reflects the Trustees following the reserves policy while spending restricted funds in accordance with the terms of various grants.

Financial position

The Trustees are pleased to report the total reserves at the end of the year were £281,377 (2021: £346,294) of which £107,218 (2021: £99,505) were unrestricted and £174,159 (2021, £246,789) were restricted.

The unrestricted reserves represent the saving of prior year surpluses being accumulated to provide a financial buffer in accordance with our reserves policy. The restricted reserves however represent funds, either accounted for or paid to us, that have been provided for future activities.

The Trustees take great care to ensure that grant spending is spread evenly over the period for which the funds have been provided. This is managed by the preparation and monitoring of budgets which are reviewed quarterly by the Board.

Approved by the Trustees 9th June 2022 and signed on their behalf by:



John Latchford

Independent Examiner's Report to the Trustees of UK Men's Sheds Association

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

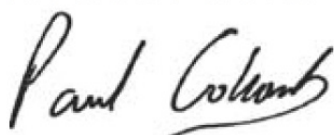
Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Colcomb FCCA

Wright Vigar Limited

Statutory Auditors and Business Advisors

15 Newland

Lincoln

LN1 1XG

Date: 9th June, 2022

Statement of Financial Activities

(including income and expenditure account)

Year Ended 31 March 2022

	Notes	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	3a,c	£	£	£	£
Income and endowments from					
Donations and legacies					
Donations	4	13,370		13,370	40,110
Grants	5		123,310	123,310	258,996
Charitable activities					
Membership subscriptions		10,522		10,522	9,968
Other trading activities		1,373		1,373	1,284
Investment income					
Bank interest		1,098		1,098	1,389
Total income		26,363	123,310	149,673	311,747
Expenditure on					
Raising funds	7	9,588	29,252	38,840	27,760
Charitable activities					
Promoting Men's Sheds	7	4,534	32,872	37,406	29,649
Supporting Men's Sheds	7	4,528	133,817	138,345	115,053
Total expenditure		18,650	195,940	214,590	172,462
Net movement in funds	17	7,713	(72,630)	(64,917)	139,285
Reconciliation of funds					
Total funds brought forward	16	99,505	246,789	346,294	207,009
Transfer between funds					
Total funds carried forward		107,218	174,159	281,377	346,294

The notes on pages 22 to 36 form part of these financial statements.

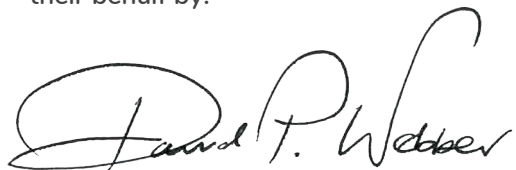
Balance Sheet – 31 March 2022

Balance Sheet 31 March 2022

	Note	Unrestricted	Restricted	2022	2021
	3b,d	£	£	£	£
Fixed assets					
Tangible assets	11	1,415		1,415	1,150
Investments	12	3		3	3
		1,418		1,418	1,153
Current assets					
Debtors	13	338	30,000	30,338	102,292
Cash at bank and in hand		113,873	174,457	288,330	257,617
		114,211	204,457	318,668	359,909
Liabilities					
Creditors: amounts falling due within one year	14	(8,411)	(30,298)	(38,709)	(14,768)
Net current assets		105,800	174,159	279,959	345,141
Total net assets		107,218	174,159	281,377	346,294
Funds of the Charity					
Restricted income funds	16		174,159	174,159	246,789
Unrestricted funds	16	107,218		107,218	99,505
Total funds		107,218	174,159	281,377	346,294

The Trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statements on pages 20 to 36 were approved by the Board of Trustees on 9th June, 2022 and signed on their behalf by:



David P Webber ACA

Treasurer

Notes to the Financial Statements – 31 March 2022

1 Charity status

The charity is a Charitable Incorporated Organisation incorporated with the Charity Commission for England and Wales and constitutes a public benefit entity as defined by FRS 102.

2 Accounting policies

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Statement of compliance

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2020 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2020 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going concern

The Trustees consider that there are no material uncertainties about the UKMSA's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts or carrying value of the assets held by the CIO.

Cash flow statement

The charity has taken advantage of the following exception in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirement of Section 7 Statement of Cash Flows.

(b) Fund accounting

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity. The Trustees maintain a single unrestricted fund for day to day expenses.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the Trustees maintained records for 4 (2021: 4) restricted funds as shown in notes 15, 16 and 17.

Notes to the Financial Statements – 31 March 2022

(c) Incoming resources

All incoming resources are recognised when the charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the amount of the income can be measured with sufficient reliability. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is recognised when the CIO is notified of the amount and settlement date. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the CIO becomes entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Membership subscriptions which give member Sheds the right to services and other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

The value of any voluntary help received is not included in the accounts.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

(d) Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Apportionment of costs

The employment costs and associated expenses of each member of staff have been apportioned over fundraising costs and charitable activities on an average time basis.

Allocation of support costs

Support costs, including leadership and management time, insurance, administration and governance costs have been apportioned between fundraising costs and charitable activities as follows:

Employee management costs are matched to the employees being managed and then apportioned to key activities using the same average time basis used to allocate the employees costs.

Strategic development costs are apportioned equally between the cost of generating funds, membership support and Shed development activities.

Insurance, administration and governance costs have been split 50:50 between the cost of generating funds and charitable activities. The total for these two is then apportioned to reflect the perceived benefit each activity receives from these costs.

Notes to the Financial Statements – 31 March 2022

(e) Employee benefits: Pension commitments

UKMSA employees are automatically enrolled into the National Employment Savings Trust (NEST) workplace pension scheme unless they choose to opt out. The scheme is a defined contribution scheme and the CIO has no liability under the scheme other than for the payment of contributions. At the year end this liability was £nil (2021, £nil). The pension cost charge represents contributions payable by UKMSA to the fund and these amounted to £6,904 (2021, £5,888).

(f) Taxation

HMRC have confirmed recognition of UKMSA as a charity for tax purposes in line with Paragraph 1 of Schedule 6 Finance Act 2010 and that for tax purposes UKMSA is a CIO. Accordingly the CIO is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to charitable purposes.

(g) Fixed asset investments

Fixed asset investments represent shareholdings in subsidiary companies which are initially shown in the financial statements at cost and subsequently measured at their fair (market) value. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals.

(h) Tangible fixed assets and depreciation

Tangible fixed assets costing over £250, previously £50, are capitalised. Fixed assets are disclosed at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful economic life, as follows:

IT equipment	3 years, Straight Line
Other equipment	3 years, Straight Line

(i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, held in 35 to 90 day notice interest bearing savings accounts.

(k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

“Men don’t talk face to face, they talk shoulder to shoulder”

Notes to the Financial Statements – 31 March 2022

3 Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides, on pages 25 to 28, prior period comparatives for the Statement of Financial Activities and the Balance Sheet for unrestricted and restricted funds.

3a Unrestricted funds: Statement of Financial Activities

	2022	2021
	£	£
Income and endowments from:		
Donations and legacies		
Donations individual	10,047	11,110
Donations corporate	3,323	29,000
Grants		
Charitable activities		
Membership subscriptions	10,522	9,968
Other trading activities	1,373	1,284
Investment income		
Bank interest	1,098	1,389
	<hr/>	<hr/>
Total income	26,363	52,751
	<hr/>	<hr/>
Expenditure:		
Raising funds	9,588	4,708
Charitable activities:		
Promoting Men's Sheds	4,534	2,072
Supporting Men's Sheds		
Membership and support	1,809	828
Shed development	1,812	1,945
Events	907	
Provision of PPE		5,406
	<hr/>	<hr/>
Total expenditure	18,650	14,959
	<hr/>	<hr/>
Net movement in funds	7,713	37,792
Reconciliation of funds:		
Total funds brought forward	99,505	80,848
Transfer between funds		(19,135)
	<hr/>	<hr/>
Total funds carried forward	107,218	99,505
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements – 31 March 2022

3b Unrestricted funds: Balance Sheet

	Note	2022	2021
		£	£
Fixed assets			
Tangible assets	11	1,415	1,150
Investments	12	3	3
		1,418	1,153
Current assets			
Debtors	13	338	14,292
Cash at bank and in hand		113,873	94,786
		114,211	109,078
Liabilities:			
Creditors: amounts falling due within one year	14	(8,411)	(10,726)
		105,800	98,352
Net current assets			
		107,218	99,505
Total net assets for unrestricted funds			
		107,218	99,505
Total unrestricted funds			
	16	107,218	99,505

Notes to the Financial Statements – 31 March 2022

3c Restricted funds: Statement of Financial Activities

	2022	2021
	<u>£</u>	<u>£</u>
Income and endowments from:		
Donations and legacies		
Donations		
Grants	123,310	258,996
Charitable activities		
Membership subscriptions		
Other trading activities		
Investment income		
Bank interest		
Total income	<u>123,310</u>	<u>258,966</u>
Expenditure:		
Raising funds	29,252	23,052
Charitable activities:		
Promoting Men's Sheds	32,872	27,577
Supporting Men's Sheds		
Membership and support	26,453	19,404
Shed development	80,764	45,950
Provision of PPE		41,520
Faces of Sheds	26,600	
Total expenditure	<u>195,940</u>	<u>157,503</u>
Net movement in funds	(72,630)	101,493
Reconciliation of funds:		
Total funds brought forward	246,789	126,161
Transfer between funds		19,135
Total funds carried forward	<u>174,159</u>	<u>246,789</u>

Notes to the Financial Statements – 31 March 2022

3d Restricted funds: Balance Sheet

	Note	2022	2021
		£	£
Fixed assets			
Tangible assets			
Investments			
Current assets			
Debtors	13	30,000	88,000
Cash at bank and in hand		174,457	162,831
		<u>204,457</u>	<u>250,831</u>
Liabilities:			
Creditors: amounts falling due within one year	14	<u>(30,298)</u>	<u>(4,042)</u>
Net current assets		174,159	246,789
Total net assets for restricted funds		<u>174,159</u>	<u>246,789</u>
Total restricted funds	16	<u>174,159</u>	<u>246,789</u>

Notes to the Financial Statements – 31 March 2022

4 Donations

	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Individual donations	10,047		10,047	14,110
Toolstream				3,000
DPD Group				8,000
Ronseal				15,000
Various corporate donors	3,323		3,323	
	13,370		13,370	40,110
	<u>13,370</u>		<u>13,370</u>	<u>40,110</u>

5 Grants

	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
The Dulverton Trust				56,000
The Rayne Foundation		26,600	26,600	40,000
National Lottery PPE provision				41,520
Tudor Trust				62,000
HMRC Job Retention Scheme				2,413
Anonymous benefactor		96,710	96,710	45,480
Mens Sheds Cymru				11,583
		123,310	123,310	258,996
		<u>123,310</u>	<u>123,310</u>	<u>258,996</u>

6 Volunteers

A team of volunteer Ambassadors assist the Volunteer and Community Development Manager to deliver support and advice to new groups wishing to start a Men's Shed and to established Men's Sheds needing help or experiencing difficulty. These Ambassadors have been recruited from other successful Sheds across the UK and given appropriate training.

They make a valuable and significant contribution to UKMSA and the Men's Shed movement in the UK. However due to the absence of any reliable measurement basis, and in accordance with the SORP, the financial contribution of these volunteers cannot be recognised in these accounts.

Notes to the Financial Statements – 31 March 2022

7 Expenditure

	Direct costs	Support costs	Total 2022	Total 2021
	£	£	£	£
Raising funds:				
Grant management	16,878	7,251	24,129	17,142
Membership administration	12,898	1,813	14,711	10,618
Charitable activities:				
Promoting Men's Sheds				
Digital communication	32,872	907	33,779	27,632
Networking and events		3,627	3,627	2,017
Supporting Men's Sheds				
Membership and support	26,453	1,809	28,262	20,232
Shed development	80,763	2,720	83,483	47,895
Provision of PPE				46,926
Faces of Sheds	26,600		26,600	
Total expenditure	196,463	18,127	214,590	172,462

Comparative Expenditure

	Direct costs	Support costs	Total 2021
	£	£	£
Raising funds:			
Grant management	13,828	3,314	17,142
Membership administration	9,790	828	10,618
Charitable activities:			
Promoting Men's Sheds			
Digital communication	26,857	775	27,632
Networking and events		2,017	2,017
Supporting Men's Sheds			
Membership and support	19,044	1,188	20,232
Shed development	46,293	1,602	47,895
Provision of PPE	46,926		46,926
Total expenditure	162,738	9,724	172,462

Notes to the Financial Statements – 31 March 2022

8 Related Party Transactions: Trustee expenses

No remuneration or benefits were paid to any Trustee or connected persons during the year (2021, £Nil).

Trustee expenses of £2,471 (2021, £Nil) were either reimbursed or paid directly during the year. These expenses were mostly travel and accommodation costs with some small claims for postage and telephone calls.

During the year all current Trustees (2021, 0 Trustees) claimed expenses and/or had their expenses met directly by the CIO. All Trustee expenses were properly incurred in the performance of the Trustees' duties on behalf of the CIO.

There were no other related party transactions during the year (2021, none).

9 Employees

The average number of employees during the year was 6 (2021, 5). No employee receives emoluments of more than £60,000 (2021, no employee).

Staff costs	Total 2022	Total 2021
	£	£
Salaries	134,429	97,295
Social security costs	7,410	4,976
Pension contributions	6,903	5,888
	148,742	108,159

Remuneration of key management personnel

The cost of the Chief Officer's remuneration and benefits were:

Salary	22,474	22,368
Social security costs	1,663	1,391
Pension contributions	1,434	1,350
	25,571	25,109

10 Independent Examiner's Fee

The independent Examiner's fee of £2,650 (2021, £1,590) relates solely to the independent examination of the CIO's financial statements with no other services being provided.

Notes to the Financial Statements – 31 March 2022

11 Tangible fixed assets

	IT equipment	Other equipment	Total
	£	£	£
Cost			
At 1 April 2021	5,182	456	5,638
Additions	1,925		1,925
At 31 March 2022	7,107	456	7,563
Depreciation			
At 1 April 2021	4,032	456	4,488
Charge for year	1,660		1,660
At 31 March 2022	5,692	456	6,148
Net book value			
At 31 March 2022	1,415		1,415
At 31 March 2021	1,150		1,150

12 Investments

	Total 2022	Total 2021
	£	£
Unlisted investments		
At 1 April 2021	3	2
Additions at cost		1
At 31 March 2022	3	3

The investments represent 100% of the ordinary share capital in the following dormant subsidiary companies all registered in England.

	Date of Incorporation	Company Number
Men's Sheds Limited	13 March 2019	11879439
UK Men's Sheds Limited	18 March 2019	11889240
ShedFest Limited	10 December 2020	13074874

Notes to the Financial Statements – 31 March 2022

13 Debtors

	Total 2022	Total 2021
	£	£
Gift Aid	10	577
Grants	30,000	88,000
Prepayments and accrued income	328	715
Other debtors		13,000
	30,338	102,292

Included in Grant debtors is an amount of £nil (2021 £Nil) falling due after more than one year.

14 Creditors

	Total 2022	Total 2021
	£	£
Trade creditors	551	200
Other taxation and social security (PAYE liabilities)	3,470	2,776
Accruals and deferred income	33,788	10,723
Other creditors	900	1,069
	38,709	14,768

Included in accruals and deferred income are membership subscriptions of £4,438 (2021, £5,132) which have accrued benefits past the year end.

Notes to the Financial Statements – 31 March 2022

15 Restricted Funds

The CIO has 4 restricted funds (2021, 4).

Leadership and management fund

This fund is for the salary costs of the Chief Officer of the CIO.

It is currently funded by the Tudor Trust who in October 2020 granted a further £60,000. Of this grant £30,000 is outstanding as a debtor as at the year end. Of this fund £40,271 is carried forward to meet costs in the next financial year.

Communication fund

This fund is for the core communication cost of the CIO primarily being the salary cost of the Digital Communications Manager. During the last financial year Dulverton Trust provided a grant of £56,000. Of this fund £22,542 is carried forward to meet costs in the next financial year.

Shed development fund

This fund is for the salary costs of the Volunteer and Community Development Manager and the Partnerships and Community Development Manager with the associated costs of running a Shed Ambassador and Development programme.

In March 2022 an anonymous donor granted the CIO £96,710 being the second installment of a three-year funding program. A further grant in 2023 may be forthcoming dependent on the CIO meeting specific growth targets for Shed Development, geographical reach and Volunteer Ambassador numbers. Of this fund £110,025 is carried forward to meet costs in the next financial year.

During the financial year the Rayne Foundation provided grant funding of £26,600 for a research project to tell the story of at least one thousand faces of Sheds whether that is the Shedders themselves or their families. The costs relating to this research program have been accrued within the accounts for this financial year.

Membership and support fund

This fund is for the salary and associated costs of the Membership and Support Manager and was established by a grant of £99,273 from the Mercer's Company that was paid over three years with the final instalment being paid in December 2020. In addition in December 2018 Mercer's gave a £9,750 contribution towards a CRM system.

During the current financial year the restricted fund to meet the salary costs of the Membership and Support Manager was exhausted and the unfunded costs were set against the broader Shed Development Fund, for which this fund was effectively a subset.

There is residual fund balance of £1,321 which is carried forward into the next financial year to meet future CRM costs.

“It’s improved my feeling of well-being and worth, especially the projects we take on for charities or other organisations.”

Notes to the Financial Statements – 31 March 2022

16 Movement in funds

	At 01/04/2021	Net movement in funds	Transfer between funds	At 31/03/2022
	£	£	£	£
Unrestricted funds	99,505	7,713		107,218
Restricted funds				
Leadership and management	67,001	(26,730)		40,271
Communication	50,948	(28,406)		22,542
Shed development	106,342	21,079	(17,396)	110,025
Membership and support	22,498	(38,573)	17,396	1,321
Total restricted funds	246,789	(72,630)		174,159
Total funds	346,294	(64,917)		281,377

Comparative movement in funds

	At 01/04/2020	Net movement in funds	Transfer between funds	At 31/03/2021
	£	£	£	£
Unrestricted funds	80,848	37,792	(19,135)	99,505
Restricted funds				
Leadership and management	32,162	34,839		67,001
Communication		31,813	19,135	50,948
Shed development	44,243	62,099		106,342
Membership and support	49,756	(27,258)		22,498
Total restricted funds	126,161	101,493	19,135	246,789
Total funds	207,009	139,285		346,294

Notes to the Financial Statements – 31 March 2022

17 Net movement in funds 2021/22

	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	26,363	(18,650)	7,713
Restricted funds			
Leadership and management		(26,730)	(26,730)
Communication		(28,406)	(28,406)
Shed development	123,310	(102,231)	21,079
Membership and support		(38,573)	(38,573)
Total restricted funds	123,310	(195,940)	(72,630)
Total funds	149,673	(214,590)	(64,917)
Comparative net movement in funds 2020/21			
	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	52,751	(34,094)	18,657
Restricted funds			
Leadership and management	60,000	(25,161)	34,839
Communication	56,000	(5,052)	50,948
Shed development	140,583	(78,484)	62,099
Membership and support	2,413	(29,671)	(27,258)
Total restricted funds	258,996	(138,368)	120,628
Total funds	311,747	(172,462)	139,285

Notes

Thank you

The United Kingdom Men's Sheds Association would like to thank all of our supporters, partners, sponsors, donors and grant-making bodies for their continued support.

Through your support Men's Sheds are transforming lives, adding years to life and quality of life to years.



“We support each other in times of personal stress, and actively seek to provide an environment where individuals can talk about their problems without judgment.”



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Email: admin@ukmsa.org.uk

Registered Charity No. 1162409

UK MEN'S SHEDS ASSOCIATION

England & Wales - Charity number 1162409

Accounts



Trustees' Annual Report
and Financial Statements
for the Year Ended
31 March 2021

“Adding years to life and quality of life
to years”

What we do

We provide support and guidance to individuals and groups across the UK in starting and managing Men's Sheds. We raise awareness of the social and health benefits of Men's Sheds in reducing isolation, loneliness and in empowering local communities. We support the growth of Men's Sheds by:

- Promoting the Men's Sheds movement so as many people as possible know about them as possible. We want Men's Sheds to be a household name so that every man knows what they are and how to find one.
- Promoting individual Men's Sheds to help put interested members of the community in touch with their nearest Men's Shed. We do this by maintaining an up-to-date map of UK Sheds on our website, through social and print media and by forwarding enquiries to the relevant local Shed groups and attracting support for member Sheds.
- Providing advice and guidance on starting up and running a shed to help grow the number of UK Men's Sheds. We do this by providing practical information guides, example documents and toolkits on topics such as registering as a charity, insurance, funding, sourcing equipment and venues, and volunteer recruitment. We provide telephone, email and in-person support to individuals and groups wanting to start a Men's Shed. We equip them with the knowledge to develop and sustain a thriving Men's Shed in their community for years to come.
- Training volunteer Ambassadors with experience of starting their own Men's Sheds to mentor and guide like-minded individuals and groups in starting and managing Men's Sheds across the UK.
- Holding networking events to connect men from different Men's Sheds across the UK. Here they can share experiences, knowledge and skills, and make friends for life with others who share interests and a common purpose.

We raise awareness of Men's Sheds and their many benefits by:

Talking about the social and health benefits of Men's Sheds in reducing isolation and empowering local communities. We do this through various communication channels, including public events, online and in the media.

Representing our members and the UK Men's Shed movement at a local, national and international level. We do this by liaising with organisations, government authorities, companies, other Men's Shed associations and related charities, to help develop partnerships, generate funding opportunities and negotiate sponsorship deals to deliver real value to our Member Sheds.



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“We’ve had some members who’ve said they honestly wouldn’t be alive without the support that the Men’s Shed has given them.”

Trustees' Annual Report For The Year Ended 31 March 2021

Chairman's Statement

As the 2020/2021 year started, we were already mid flow in the first national lockdown due to the Covid-19 pandemic. This closed Men's Sheds across the United Kingdom.

In response, UKMSA staff and volunteers led a number of initiatives to keep people connected and reduce the impact of multiple pandemics of loneliness, mental health and indeed Covid 19.

Our immediate response included the Shed Happens radio show and ShedFest Online, to connect and support Sheddors across the country. Thank you to the team behind these efforts including Leo Pswayari, Patrick Abrahams, Kate Gordon, Nathan Sarea, John Rushforth, and Marcel Lenormand.

As Sheds reopened at the end of the first lockdown, we organised a distribution of hand sanitiser packs to Sheds, thanks to Valspar, a sister brand of our sponsor Ronseal. A grant from the National Lottery and partnership with Pro-outsourcing and the Men's Health Forum enabled the

distribution of over 400 packs of PPE equipment, including masks and face shields, to Men's Sheds across England. We committed additional funds to support Sheds in Scotland and Northern Ireland and worked with Men's Sheds Cymru who secured a grant in Wales to support Sheds in Wales. This support allowed connection with Sheds and supported their reopening.

Our first online ShedFest conference was delivered in July; this included a number of education sessions, with social sessions using Zoom.

We hosted our first online Annual General Meeting this year, where representatives from 48 Sheds from across the country came together to hear about the work of UKMSA, this was a significant increase in participation over previous face-to-face meetings.

The work of the UKMSA continued to be supported by a number of funders; we thank the Dulverton Trust, Rayne Foundation, National Lottery, Mercers Company, Tudor Trust, Garfield Weston, Toolstream, DPD, Ronseal and many other donors. These funds allow UKMSA to support Men's Sheds, while keeping the cost to Sheddors low. We have also been exceptionally fortunate to receive a commitment from an anonymous donor of in excess of £240,000 over three years to support the growth and engagement of Sheds across the UK.



“I have cancer, I’ve recently started to visit the Man Shed and I’ve made some smashing friends. When you walk in it feels like the sun has come out and the heaviness is lifted from your shoulders. Talking to people who know what you are going through really helps.”

Trustees' Annual Report For The Year Ended 31 March 2021

Chairman's Statement continued

We have also brought onboard a number of new partners over the pandemic including TiteFix, Metal Craft and Smart Water for the benefit of member Sheds and look forward to working with them alongside other partners including Axminster Tools and Machinery, E&G Insurance, Zero Suicide Alliance, Men and Boys Coalition and LumberJack.

In partnership with Channel 4 and Ronseal, 'The Shed' was launched on Channel 4 as part of Men's Mental Health Week. This film tells one story that demonstrates the impact of Men's Sheds on transforming people's lives, adding years to life and life to years. It is also a demonstration of how we are brokering relationships with partners to promote shared values and help make Men's Sheds become a household name.

Regardless of the pandemic, Men's Sheds have continued to have a transformational impact on Men's and Women's lives. The comradeship and openness of Sheds has continued to serve communities and the people who attended Sheds. The Commitment to reducing loneliness, improving wellbeing, reducing anxiety and depression has been realised through engagement and even the development of new virtual Sheds.

We are so very proud of how Men's Sheds and Shedders have stood shoulder to shoulder, mostly online or by telephone to support each other.

Whilst UKMSA were shortlisted for its work at the Mental Health and Wellbeing Awards this year, it went on to win an award for its response to Covid 19 from the Men and Boys Coalition. The nomination and award by two national bodies demonstrates our impact and that of Men's Sheds.

The year to March 2021 saw the departure of two Trustees, the first being Nathan Sarea, my predecessor as Chairman, we would like to thank Nathan for his

contribution to UKMSA. Mark Lindsey stepped down as Treasurer, and we thank him for his major contribution over several years to managing the finances of the charity, governance support and supporting the organisation's IT systems. In July this year we also said goodbye to Elise Cook and Brian Cooke who resigned from the Board. Elise had a great impact on our HR systems and policies whilst Brian has and continues to be a stalwart of Men's Sheds having been with the organisation for a number of years with a passion for developing new Sheds.

The pandemic has allowed us to reflect on what we do, how to reinforce our connections with Men's Sheds and Shedders. This has created great learning and moving forward we will continue to support digital channels to reach those who cannot necessarily attend their local Sheds.

Finally, thank you to the Trustees, the Staff team, our team of volunteer Ambassadors, and the leaders of Men's Sheds across the UK for all you have done to keep the Men's Shed movement going through the pandemic. As I write, Men's Sheds have now reopened across the UK, and members are again benefiting from the positive effects that Sheds have on men's health and wellbeing.



John Latchford
Chairman, Board of Trustees
October 2021

**“Men don't talk face to face, they talk
shoulder to shoulder”**

Trustees' Annual Report For The Year Ended 31 March 2021

Legal and administrative information

Status The UK Men's Sheds Association (UKMSA)
is a Charitable Incorporated Organisation (CIO), registered on 25 June 2015.

Registered number Registered charity number - 1162409

Principal address Henleaze Business Centre
Henleaze House
13 Harbury Road
Henleaze
Bristol
BS9 4PN

Hon. Life President Mike Jenn

Patron Chris Fisher RPT

Trustees

John Latchford, Chairman		John Rushforth	
John Christopher Lee		John Jarvis	
Joanne Phillips	Appointed by RVS	David Webber	Appointed March 2021
Mark Lindsey	Resigned February 2021	Brian Cooke	Resigned July 2021
Laura Elise Cook	Resigned July 2021	Nathan Sarea	Resigned November 2020

Employees on 31st March 2021

Charlie Bethel	Chief Officer
Karen Coates	Finance Manager
Leo Pswarayi	Digital Communications Officer
Rachel Meadows	Volunteer and Community Development Manager
David Meli	Partnerships and Community Development Manager
Laura Winkley	Membership and Support Manager
Bernadette McElhatton	Membership and Support Officer

Bankers

The Co-operative Bank plc	Redwood Bank Limited	Hampshire Trust Bank plc
P.O. Box 101	The Nexus Building	55 Bishopsgate
1 Balloon Street	Broadway	London
Manchester	Letchworth Garden City	EC2N 3AS
M60 4EP	SG6 3TA	

Independent Examiner

Paul Colcomb FCCA
Wright Vigar Limited
Statutory Auditors and Business Advisors
15 Newland
Lincoln
LN1 1XG

Trustees' Annual Report For The Year Ended 31 March 2021

Legal and administrative information continued

The Trustees present their annual report and financial statements for the year ended 31 March 2021. The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting

Standard applicable in the UK and Republic of Ireland published on 1 January 2019.

Structure, governance and management

The UK Men's Sheds Association (UKMSA) is a Charitable Incorporated Organisation (CIO) with voting members other than its charity Trustees.

The CIO is governed by a constitution, with charity Trustees being elected by members at the Annual General Meeting after being verified following a reference and background checking procedure. Any vacant seats may be filled by a verification process, nomination and co-option by the existing Trustees during the year.

On appointment new Trustees are provided with a new Trustee pack which includes copies of the CIO's Constitution, most recent Trustees' annual report and accounts and relevant Charity Commission publications such as The Essential Trustee.

The charity Trustees are responsible for the strategic leadership of the CIO, and through the Chair, direct and manage the Chief Officer to deliver the strategy of the organisation.

UKMSA has an agreement with the Royal Voluntary Service (RVS) to work together for the development of Men's Sheds. The RVS has a nominated Charity Trustee on the UKMSA board.

The UKMSA aims to develop relationships with other national Men's Sheds associations in Scotland, Wales and Ireland to share best practice and further our common objectives.

The Trustees meet on a regular basis either in person or by conference call to oversee the governance requirements.

All Trustees are volunteers and undertake activities to further the objects of the UKMSA as required with no remuneration or financial benefit received for their time.

“I've been given a second life, I come to my Shed & I can forget about being lonely. It's (The Shed) somewhere to go, it's something to do & I've found another reason to exist, I'm not very fit & able anymore, It is a life line, it really is. I just love it”

Shedder, Desborough

Trustees' Annual Report For The Year Ended 31 March 2021

Objectives and activities

The objects of the CIO are for the public benefit to promote the efficiency and effectiveness of charities or the effective use of resources for charitable purposes to local Men's Sheds, and further enable information sharing, communication and co-operation between them and so act as a support body for Men's Sheds. In deciding our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance "Public benefit: running a charity (PB2)."

Connection

In a year of pandemic-enforced restrictions on the normal operation of Men's Sheds, the availability of digital technologies – primarily for online conferencing – and the willingness of Sheds and their members to embrace it, has been essential for maintaining effective communication. This has been two-way communication – between UKMSA members in Sheds and a more top-down information flow of ever-changing government guidelines and more tailored guidance and support from UKMSA together with coping strategies of operating in new, albeit temporary, restrictive environments.

Given that the UK Men's Sheds Association is a 'remote organisation' in the sense that staff and trustees have always been home-based, the arm's length management of the Charity throughout the pandemic has had much less impact on working practices and service provision than it would for an organisation operating from a single physical base. That said there has been an impact on developing new and existing partnerships; some of which were on hold for a period of time.

The staff team rise to the challenge

Despite the success of our response, we are acutely aware that electronic communication and virtual meetings have their limitations are no substitute for face-to-face contact. Also, that disruption to personal lives and home situations – including home schooling requirements and personal health concerns – have had a particular impact on staff and their families.

Staff have risen to the challenges – not only of lockdown life, but also changes to the team during the year, with temporary appointments for maternity cover and recruitment to meet growing demands on the organisation.

We are ever grateful for their flexibility and willingness to go the extra mile to support each other and our Shed members in these difficult times. It is to the credit of staff that they have ensured continuity of operation throughout the pandemic by being willing to learn new systems and share knowledge beyond their own specific roles.

On a lighter note, staff have contributed to the social aspects of Shed activity in important ways, including their now-famous Zoom quizzes, with the Big Fat Christmas Quiz and no less than four taking place in March and April!



Trustees' Annual Report For The Year Ended 31 March 2021

Trustees respond to change

The Trustees have continued to operate at arm's length throughout the pandemic, but with a greater frequency of meetings to respond to changes in government guidelines, and to increase their availability to support staff through such an unsettling period.

Board membership has also seen changes throughout the year and we have tried to manage these to minimise the disruption to the operation of the charity. Trustees themselves have not avoided the particular pressures of being in lockdown – personally and professionally – and we aim to have learnt lessons that will help strengthen our role as a developing governing body. We are aware that, despite the rapid growth of our membership and reach, we are a relatively new organisation.

Shedders connect locally

The Shedders' responses to Covid and lockdown have been as varied as the Sheds themselves – each tailored to the particular needs on their members of their local communities.

Shedders have always looked out for each other. Facebook and WhatsApp groups were quickly set up following the first lockdown and may well be maintained beyond the pandemic as another way to keep in touch. Zoom and similar channels have been embraced by many to try to replicate the coffee-time banter which is the hallmark of a vibrant Men's Shed. Some Men's Sheds are either installing or thinking about the possibility of installing more permanent webcams for when they re-open – to allow those with limited mobility to feel more included in Shed activity.

Where technological limitations prevented individual Shedders from using online forums, Shed leaders identified the more vulnerable members for regular phone calls and, as government restrictions allowed, socially-distanced visits.

Connecting with the wider community has always been an important function of a Shed – not least for the long-term sustainability that can come from local partnerships. During the lockdowns Shedders were widely involved in volunteering to deliver hot meals and other necessities to isolated individuals, making and selling items in aid of NHS charities, and donating their time as vaccination programmes have rolled out.

Sheds making visors: The natural desire of many Shedders 'to make things' is perhaps best demonstrated by their Covid repose in terms of 3-D printing protective visors. By mid-April Kinross and District Men's Shed had produced 300 visors using seven printers in Shedders' homes – at one stage producing 50 a day and involving 15 Shedders in the whole process! By mid-July, Church Crookham and Fleet Men's Shed had produced 512 sets of full-face shields for 48 care provider organisations. Another great demonstration of people helping others and helping themselves in the process.

“Unfortunately, I was in a bit of a bad place, and eventually I came to a church meeting and met one of the men that was opening the Men's Shed. He asked me to join, so I joined them and it turned my whole life around. I enjoyed the experience and I got to know people. I got more interested in doing work and learning about the machines. It was actually a brilliant decision.”

Shedder, Wirral

Trustees' Annual Report For The Year Ended 31 March 2021

Working with volunteers to support Sheds

The strength of the UK Men's Sheds movement has always been the peer support that develops between Sheds. The aim of the UKMSA to grow a more self-sustaining network is reflected in the investment in a programme to extend volunteer roles – to complement Ambassadors by training and supporting other Shed members as local Shed Leaders and Advocates for the movement more widely.

The appointment of Volunteer and Community Development manager Rachel Meadows at the start of 2021, with a different focus to her predecessor Kate Gordon, reflects this increased focus on equipping Sheds with leadership management skills through tailored training and provision of bespoke toolkits. The aim of encouraging mutual support between Sheds beyond the national framework is being further strengthened by the development of regional networks.

With the network of volunteer Ambassadors we have been able to support the development and growth of new and existing Men's Sheds. We hope to target the development and deployment of more volunteers across the UK to support our aspirational goal of a Men's Shed serving local communities where they are needed.

Complementing the development of Ambassadors we are also seeking partnerships with other organisations that share our values and those of the Shed movement. Through the network of Ambassadors, Shed Leaders and other volunteers, we will engage new partnerships at local, regional and national levels to develop more Sheds and support

Gerry is one of our newest Shed Ambassadors. After sadly losing his wife to cancer he found himself with more time on his hands and a desire to further promote the concept of Men's Sheds in order to support the health and well-being of men.

Gerry brought with him a passion for supporting Sheds and promoting the Shed movement as well as professional skills from his time in the police such as management, psychology, counselling, and developing and delivering training.



Promotion and support

UKMSA broadly has two audiences for information about the Shed concept and the myriad of ways in which it can enable men to lead healthier and happier lives. Whilst participation in Sheds used to be more restricted to the retiring man, it is now needed as much by the younger person as those of more mature years.

For Shed members and would-be Sheddors, there's practical information about starting and sustaining a Shed – with different degrees of complexity related to their stage on that journey. For professionals with an interest in men's health and wellbeing, including active aging, the language may be different. For health professionals, talk of 'overcoming loneliness and isolation' is of particular interest to them, while the same conversation with older men would refer to 'making friends and having fun'.

Similarly, UKMSA uses different communication channels to target different audiences, whilst Facebook being the social media platform of choice for most Sheddors many have embraced WhatsApp during the pandemic. During the various lockdowns, some communication channels have had a broad reach to connect with people with both a personal and professional interest in Sheds.

At the first lockdown Sheddors, in particular Patrick Abrahams – a UKMSA Ambassador and founder of Frome Shed – were quick to sign up to, and take part in, the Shed Happens series of weekly radio programmes. Patrick's vision mobilised Sheddors from around the world, making it a truly international expression of solidarity and shared learning. The programmes provided a real comfort to Sheddors in their homes at a most difficult time for many of them, but the recordings have a value that will last beyond their first broadcast.

In July 2021, we once again organised our ShedFest conference online. Running over three days, it built on the success of the first online event the previous year – both in terms of the content for Sheddors, would-be Sheddors and referral agencies and partners, and behind the scenes use of the technology by the Staff team.

Throughout the year, our monthly bulletin Shoulder to Shoulder was promoted to a subscription list growing to 5,000, and a change in the format allows easier reading and a more sophisticated measurement of reader interest in the different published items. Throughout the year we welcome regular contributions from our President Mike Jenn and Patron blind woodturner Chris Fisher RPT.



Trustees' Annual Report For The Year Ended 31 March 2021

Looking ahead – growth and sustainability

Every community will benefit from having a Men's Shed and this widespread need means that, in theory, there is no limit on the growth potential for the movement. However, lessons learnt from other national associations suggests this growth needs to be managed, and above all, it needs to be sustainable.

It is, of course, not viable to simply increase staffing directly in relation to the growth of the number of Sheds and UKMSA is investing in a number of areas to streamline processes and make the most of economies of scale that a growing membership affords.

Infrastructure development: The pandemic has highlighted the need for a sustainable focus to integrated working across UKMSA; something which has protected UKMSA in these challenging times.

Staff and trustees are now reviewing what technology we have in place in order to rationalise systems, refresh our website, and identify the best solutions for UKMSA to connect and work efficiently moving forward. We want to better understand how the mixed use of different communications channels, including appropriate social media platforms, can better serve the membership and reach beyond our existing reach.

Insight: To be an authentic voice of Men's Sheds with policy and decision-makers at the national level requires UKMSA to have good information flows across the organisation. With this in mind, the charity is constantly looking at ways to gather accurate information in a timely manner. Developing the volunteer programme, gathering more detailed information when Sheds register for membership, collating case studies and commissioning third party research to sit alongside member surveys.

Measuring impact: Measuring the success of UKMSA support for Men's Sheds and the men (and women) who benefit from them is always going to be a combination of gathering quantitative and qualitative data. On the qualitative side, staff and volunteers are constantly recording personal stories, case studies and informal interviews at the grassroots to share across the network.

To complement the more qualitative impact measurement, a new Customer Relationship Management system enables staff to capture more details at the point at which Sheds register to join the Association. Also, building on our 2018 national Shed Survey, UKMSA and Men's Sheds we are working with the University of East Anglia (UEA) to understand more about the intrinsic value of Men's Sheds and their impact in the community. Researchers will also look at the most appropriate ways of measuring the impact of Sheds on loneliness, mental health and wellbeing. The research also aims to understand more about how people are introduced to Sheds, and the role of social prescribing referrals.



Trustees' Annual Report For The Year Ended 31 March 2021

Capacity release: One route to long term sustainability is the development of self-sustaining regional networks – harnessing and sharing the learning of the ‘experts by experience’ – the Shedders who have set up and run their own Sheds. Peer support is an important element in the development of the UK Men’s Sheds movement which has been readily embraced by a majority of Shedders on the ground. We believe strongly in recruiting and training Shed Ambassadors, Leaders, and Advocates – to support the growth of the national network.

Bottom-up development: Men’s Sheds and members of the Association are autonomous organisations and, while the charity publishes ‘common characteristics’ of Men’s Sheds, all Men’s Sheds are different. UKMSA believes in a ‘bubble-up’ approach to developing Sheds. This provides ownership and a sustainable foundation for Sheds and for them to develop their own character with the skills and interests of would-be shedders and their local community context being paramount. Support and facilitation from UKMSA with its guidance and support is carefully balanced.

Creative solutions to ongoing problems: Finding affordable premises and keeping them is a constant challenge for Men’s Sheds when setting up and/or outgrowing their facilities. We are constantly seeking partnership opportunities that might help address this issue. We are looking to develop a number of opportunities moving forward, particularly with the Railway Heritage Trust and East Midlands Railways. We hope to expand this across all rail networks and other national landlords. A great example of this partnership work is Nairn Shed, located in an old railway station north-west of Aberdeen; this is a fine example of the potential for ‘re-purposing’ such buildings.

At the local level, the creativity of Shedders in addressing issues around premises is also demonstrated by different ways in which they connect Sheds with potential members. In Basingstoke, they’ve converted a double-decker bus to take the ‘shed experience’ into the community, while in Essex ‘The Shed Inside’ model is about enabling shed-type activities in settings that may be less intimidating than a fully equipped workshop.

Partnerships and diversifying support: A key principle of financial sustainability for UKMSA and Sheds is to create a mixed economy of income in order to avoid having an over-dependence on any one source. UKMSA has been successful in attracting support from a growing range of trusts and foundations, as outlined in the financial sections of this report.

As well as putting in place a plan for developing membership income; at the request of Member Sheds, the charity is also initiating and developing existing relationships with commercial partners such as Axminster Tools and Triton Tools, from whom support has been ‘in kind’ as much as direct funding. Such partnerships include discounted supplies for Shed members and donations of prizes for the national challenges UKMSA has thrown down throughout the year. A partnership with Ronseal has also resulted in a raised public profile with co-production of short professionally-produced films featuring Men’s Sheds.

Trustees' Annual Report For The Year Ended 31 March 2021

For Sheds at the local level, UKMSA regularly publicises funding sources through the Shoulder to Shoulder bulletin. Shed members also understand the value of soliciting support locally from/through businesses an example of this being a partnership between Silvers Workshop in Reading and their local Asda store.

Arguably, the value of 'gifts in kind' and their availability is even greater in local communities because closer personal relationships are easier to nurture hands-on. Other Men's Sheds have not only been Charity of the Year with their local shops, they have continued their relationships for many years after.

At national and local level, UKMSA works closely with other agencies that research, campaign and support under the umbrella of men's health and wellbeing, such as the Zero Suicide Alliance and CALM (working to reduce male suicide). Throughout the year, working with initiatives such as Mental Health Awareness Week in May, Men's Health Week in June, and Movember's moustache-growing in November, enables outreach at a national level beyond our existing constituency but, importantly, also gives opportunities for Sheds and shedders for publicity, education, fundraising and action in their localities.

UKMSA is continuously investigating opportunities for soliciting online donations – including a direct ask on our website, streamlining gift aid processing, and online retail affiliations that generate income at no cost to the shopper.

Raising our profile and engaging: UKMSA aspires to become a 'household name' while recognising that this is ambitious given the relative youth of the Charity. This doesn't stop staff from spreading the word through social media and mainstream TV channels, an example being the visit of The Repair Shed's Will Kirk to Hatfield Men's Shed in Hertfordshire for a daytime BBC TV feature at Christmas 2020. Our high-profile patron Chris Fisher, aka The Blind Woodturner, also has a well targeted following to whom he promotes the value of Men's Sheds. At the local level, a training programme for volunteer Ambassadors and Advocates will equip them to promote the movement beyond their particular Sheds.

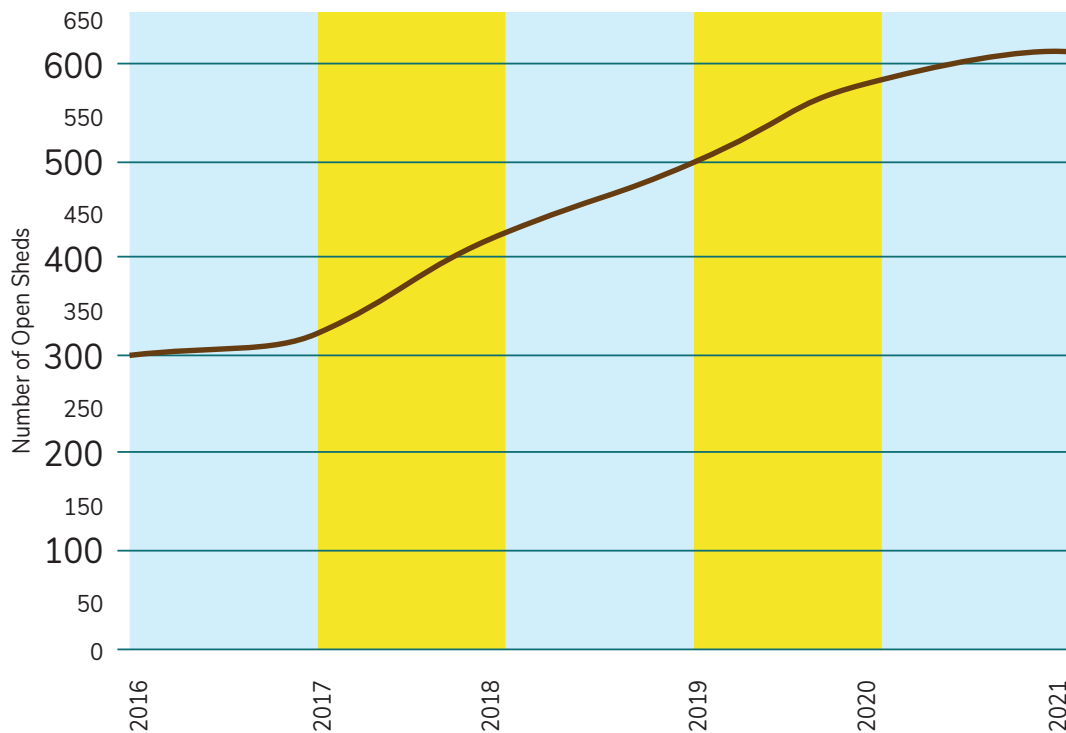


Trustees' Annual Report For The Year Ended 31 March 2021

Shed Numbers

The simplest measure of the success of the Men's Shed Movement is in the number of Men's Sheds being developed and opened. At the same time the proportion of these Sheds choosing to be members of UKMSA reflects upon the charity and its central role in developing the movement across the UK. The Trustees are pleased to see not only these numbers increasing but also the proportion of them choosing to become members of UKMSA.

Known Sheds	Open	In development	Total	UKMSA Members	Members / Total
31/03/2015	150	75	225	51	23%
31/03/2016	300	95	395	68	17%
31/03/2017	360	85	445	67	15%
31/03/2018	440	155	595	195	33%
31/03/2019	500	210	710	275	39%
31/03/2020	580	143	723	408	56%
31/03/2021	603	145	748	421	56%



From 2015 to 2021 there has been a 302% increase in the number of open Sheds.

Trustees' Annual Report For The Year Ended 31 March 2021

Trustee appointments

The Trustees are well aware of the need for a diverse range of skills and experience on the board. Following a skills audit to identify the areas that needed to be strengthened a recruitment process was concluded during the year. The Trustees appointed David Webber as Trustee in March 2021.

David brings a range of important skills to the board which include business development, good governance and financial management.

Reserves policy

The Trustees will aim to hold 4 to 6 months of operational costs in unrestricted reserves as a buffer against any financial setbacks. UKMSA has operated in accordance with this policy throughout the financial year. At the financial year end UKMSA held unrestricted funds of £99,505 and six months operating costs for the year ended 31st March were £81,791.

Activities and events will be planned on a self-financing basis to avoid putting pressure on the unrestricted reserves whenever this objective is not satisfied. When unrestricted reserves exceed required levels the Trustees will consider how best to use any surplus funds to further the objects of the charity.

The restricted reserves represent both received and promised funds which together show that UKMSA has funding for its operations beyond the end of the next financial year.

Investment policy

Short term surplus cash funds are invested in interest bearing UK bank deposit accounts. The Trustees have resolved that deposits should only be made with UK registered and regulated banks and that any deposits should not exceed the £85,000 guaranteed under the Financial Services Compensation Scheme.

Managing Risk

The following principal risks and uncertainties facing the charity have been identified:

- Covid 19 has had an impact on UKMSA and Sheds directly in terms of operations and indirectly on its partners and funders.
- There is an increase in demand from beneficiaries through both the impact of Covid 19, but also the growth of the organisations and the services it offers.
- Sustainable funding is a constant challenge for both Men's Sheds and UKMSA.
- Staff and volunteers are both essential to provide capacity to deliver the Mission of the charity.

“The best thing about the Man Shed is how we can help the shedders to give them the confidence to move on with their lives after bereavement or illness. The atmosphere here is truly marvellous.”

A daughter's story

Mum struggled with depression all her life and on Dad's retirement mum declined into the early onset of Alzheimers. Dad lost all social connections as he focussed on Mum and after five years the time came for Mum to go into residential care.

Feeling alone, for the longest time in his life, Dad eventually plucked up the courage to call Men's Sheds and has not looked back since. He has found a new purpose in life.

From Men's Shed he has developed new friends and contacts both at the shed and within the wider community; he even plays Santa for local charities.

I don't know how my Dad would have got through the stormy times. Dad truly is my hero – I'd like to thank the UK Men's Shed Association for giving me my Dad back!

Daughter of Shedder, Dalbeattie

Saving lives

Whilst we were still making workbenches, the fourth person to come in to the Shed was John. He was talking and talking and talking. He was in a right state. He kept coming every day we were open and he kept on talking and talking.

The DSS and he had not agreed on his benefits and as a result he was living on £5.20 a day and losing weight but pragmatic where he could be and was even mending his own shoes.

After a couple of months on the way home one day he said he'd had suicidal thoughts before joining the Shed and was very close to ending his life.

For John it was about coming to talk to people who accepted him. John no longer comes to the Shed, he is living a full life with a job, friends & he is happy.'

"My wife has had 8 hours respite from me, I'm going home now to spoil it for her."

Shed Leader, London Shed

Trustees' Annual Report For The Year Ended 31 March 2021

Financial Review

Financial performance during the financial year was excellent for UKMSA full details of which are given in the Statement of Financial Activities, Balance Sheet and accompanying notes.

During the year the CIO received further multi-year funding for our Chief Officer and also for the promotion and support of Men's Sheds.

Income for the year was £311,747 (2020: £80,669) of which £52,751 (2020: £67,669) was unrestricted and £258,996 (2020: £13,000) was restricted. Expenditure on promoting Men's Sheds was £29,649 (2020: £37,914) and expenditure on supporting Men's Sheds was £115,053 (2020: £101,513).

For the year employee remuneration represented 63% (2020: 63%) of overheads.

The financial outcome for the year was a surplus of £37,792 (2020: £48,939 surplus) of unrestricted funds and a surplus of £101,493 (2020: £131,853 deficit) of restricted funds. This financial outcome reflects the Trustees following the reserves policy while spending restricted funds in accordance with the terms of various grants.

Financial position

The Trustees are pleased to report the total reserves at the end of the year were £346,294 (2020: £207,009) of which £99,505 (2020: £80,848) were unrestricted and £246,789 (2020, £126,161) were restricted.

The unrestricted reserves represent the saving of prior year surpluses being accumulated to provide a financial buffer in accordance with our reserves policy. The restricted reserves however represent funds, either accounted for or paid to us, that have been provided for future activities.

The Trustees take great care to ensure that grant spending is spread evenly over the period for which the funds have been provided. This is managed by the preparation and monitoring of budgets which are reviewed quarterly by the board.

Approved by the Trustees on 13th October 2021 and signed on their behalf by:



John Latchford

Chairman

Independent Examiner's Report to the Trustees of UK Men's Sheds Association

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

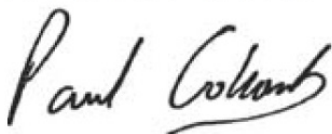
Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Colcomb FCCA

Wright Vigar Limited

Statutory Auditors and Business Advisors

15 Newland

Lincoln

LN1 1XG

Date: 13th October 2021

Statement of Financial Activities

(including income and expenditure account)

Year Ended 31 March 2021

	Notes	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
	3a,c	£	£	£	£
Income and endowments from:					
Donations and legacies					
Donations	4	40,110	-	40,110	17,149
Grants	5	-	258,996	258,996	43,000
Charitable activities					
Membership subscriptions		9,968	-	9,968	10,587
Other trading activities		1,284	-	1,284	8,244
Investment income					
Bank interest		1,389	-	1,389	1,689
Total income		52,751	258,996	311,747	80,669
Expenditure on:					
Raising funds	7	4,708	23,052	27,760	24,156
Charitable activities:					
Promoting Men's Sheds	7	2,072	27,577	29,649	37,914
Supporting Men's Sheds	7	8,179	106,874	115,053	101,513
Total expenditure		14,959	157,503	172,462	163,583
Net movement in funds	16	37,792	101,493	139,285	(82,914)
Reconciliation of funds:					
Total funds brought forward	16	80,848	126,161	207,009	289,923
Transfer between funds	15	(19,135)	19,135		
Total funds carried forward		99,505	246,789	346,294	207,009

The notes on pages 22 to 36 form part of these financial statements.

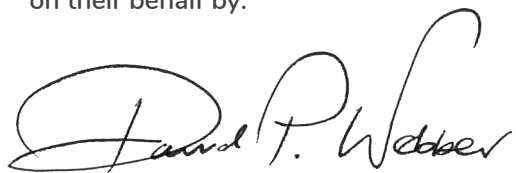
Balance Sheet - 31 March 2021

Balance Sheet 31 March 2021

	Note	Unrestricted	Restricted	2021	2020
	3b,d	£	£	£	£
Fixed assets:					
Tangible assets	11	1,150	-	1,150	2,079
Investments	12	3	-	3	2
		1,153		1,153	2,081
Current assets:					
Debtors	13	14,292	88,000	102,292	31,293
Cash at bank and in hand		94,786	162,831	257,617	188,445
		109,078	250,831	359,909	219,738
Liabilities:					
Creditors: amounts falling due within one year	14	(10,726)	(4,042)	(14,768)	(14,810)
Net current assets		98,352	246,789	345,141	204,928
Total net assets		99,505	246,789	346,294	207,009
Funds of the Charity					
Restricted income funds	16	-	246,789	246,789	126,161
Unrestricted funds	16	99,505	-	99,505	80,848
Total funds		99,505	246,789	346,294	207,009

The Trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

The financial statements on pages 18 to 36 were approved by the Board of Trustees on 13th October, 2021 and signed on their behalf by:



David P Webber ACA

Treasurer

Notes to the Financial Statements - 31 March 2021

1 Charity status

The charity is a Charitable Incorporated Organisation incorporated with the Charity Commission of England and Wales and constitutes a public benefit entity as defined by FRS 102.

2 Accounting Policies

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Statement of compliance

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2020 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1 January 2020 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going concern

The Trustees consider that there are no material uncertainties about the UKMSA's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts or carrying value of the assets held by the CIO.

Cash flow statement

The charity has taken advantage of the following exception in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirement of Section 7 Statement of Cash Flows.

(b) Fund accounting

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity. The Trustees maintain a single unrestricted fund for day to day expenses.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the Trustees maintained records for 4 (2020: 3) restricted funds as shown in notes 16 and 17.

Notes to the Financial Statements - 31 March 2021

(c) Incoming resources

All incoming resources are recognised when the charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the amount of the income can be measured with sufficient reliability. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is recognised when the CIO is notified of the amount and settlement date. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the CIO becomes entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Membership subscriptions which give member Sheds the right to services and other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

The value of any voluntary help received is not included in the accounts.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

(d) Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Apportionment of costs

The employment costs and associated expenses of each member of staff have been apportioned over fundraising costs and charitable activities on an average time basis.

Allocation of support costs

Support costs, including leadership and management time, insurance, administration and governance costs have been apportioned between fundraising costs and charitable activities as follows:

Employee management costs are matched to the employees being managed and then apportioned to key activities using the same average time basis used to allocate the employees costs.

Strategic development costs are apportioned equally between the cost of generating funds, membership support and Shed development activities.

Insurance, administration and governance costs have been split 50:50 between the cost of generating funds and charitable activities. The total for these two is then apportioned to reflect the perceived benefit each activity receives from these costs.

Notes to the Financial Statements - 31 March 2021

(e) Employee benefits: Pension commitments

UKMSA employees are automatically enrolled into the National Employment Saving Trust (NEST) workplace pension scheme unless they choose to opt out. The scheme is a defined contribution scheme and the CIO has no liability under the scheme other than for the payment of contributions. At the year end this liability was £nil (2020, £nil). The pension cost charge represents contributions payable by UKMSA to the fund and these amounted to £5,888 (2020, £4,697).

(f) Taxation

HMRC have confirmed recognition of UKMSA as charity for tax purposes in line with Paragraph 1 of Schedule 6 Finance Act 2010 and that for tax purposes UKMSA is a CIO. Accordingly the CIO is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to charitable purposes.

(g) Fixed asset investments

Fixed asset investments represent shareholdings in subsidiary companies which are initially shown in the financial statements at cost and subsequently measured at their fair (market) value. The statement of Financial Activities includes the net gains and losses arising on revaluation and disposals.

(h) Tangible fixed assets and depreciation

Tangible fixed assets costing over £50 are capitalised. Fixed assets are disclosed at historical cost less depreciation. A full years depreciation is charged in the year of acquisition. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful economic life, as follows:

IT equipment	3 years, Straight Line
Other equipment	3 years, Straight Line

(i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, held in 35 to 60 day notice interest bearing savings accounts.

(k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

“Men don’t talk face to face, they talk shoulder to shoulder”

Notes to the Financial Statements - 31 March 2021

3 Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides, on pages 22 to 25, prior period comparatives for the Statement of Financial Activities and the Balance Sheet for unrestricted and restricted funds.

3a Unrestricted funds: Statement of Financial Activity

	2021	2020
	£	£
Income and endowments from:		
Donations and legacies		
Donations individual	11,110	7,149
Donations corporate	29,000	10,000
Grants		30,000
Charitable activities		
Memberships subscriptions	9,968	10,587
Other trading activities	1,284	8,244
Investment income		
Bank interest	1,389	1,689
	<hr/>	<hr/>
Total income	52,751	67,669
	<hr/>	<hr/>
Expenditure:		
Raising funds	4,708	4,245
Charitable activities:		
Promoting Men's Sheds	2,072	12,675
Supporting Men's Sheds		
Membership and support	828	724
Shed development	1,945	1,086
Provision of PPE	5,406	
	<hr/>	<hr/>
Total expenditure	14,959	18,730
	<hr/>	<hr/>
Net movement in funds	37,792	48,939
Reconciliation of funds:		
Total funds brought forward	80,848	31,909
Transfer between funds	(19,135)	
	<hr/>	<hr/>
Total funds carried forward	99,505	80,848
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements - 31 March 2021

3b Unrestricted funds: Balance Sheet

Note

		2021	2020
		£	£
Fixed assets			
Tangible assets	11	1,150	2,079
Investments	12	3	2
		<u>1,153</u>	<u>2,081</u>
Current assets			
Debtors	13	14,292	770
Cash at bank and in hand		94,786	84,921
		<u>109,078</u>	<u>85,691</u>
Liabilities:			
Creditors: amounts falling due within one year	14	(10,726)	(6,924)
		<u>98,352</u>	<u>78,767</u>
Net current assets			
		<u>99,505</u>	<u>80,848</u>
Total net assets for unrestricted funds			
		<u>99,505</u>	<u>80,848</u>
Total unrestricted funds	16	<u>99,505</u>	<u>80,848</u>

Notes to the Financial Statements - 31 March 2021

3c Restricted funds: Statement of Financial Activity

	2021	2020
	£	£
Income and endowments from:		
Donations and legacies		
Donations	-	-
Grants	258,996	13,000
Charitable activities		
Memberships subscriptions	-	-
Other trading activities	-	-
Investment income		
Bank interest	-	-
	258,996	13,000
Total income	258,996	13,000
Expenditure:		
Raising funds	23,052	19,911
Charitable activities:		
Promoting Men's Sheds	27,577	25,239
Supporting Men's Sheds		
Membership and support	19,404	18,388
Shed development	45,950	81,315
Provision of PPE	41,520	-
	157,503	144,853
Total expenditure	157,503	144,853
Net movement in funds	101,493	(131,853)
Reconciliation of funds:		
Total funds brought forward	126,161	258,014
Transfer between funds	19,135	-
Total funds carried forward	246,789	126,161

Notes to the Financial Statements - 31 March 2021

3d Restricted funds: Balance Sheet

	Note	2021	2020
		£	£
Fixed assets			
Tangible assets		-	-
Investments		-	-
		-	-
Current assets			
Debtors	13	88,000	30,523
Cash at bank and in hand		162,831	103,524
		250,831	134,047
Liabilities:			
Creditors: amounts falling due within one year	14	(4,042)	(7,886)
		246,789	126,161
Net current assets			
		246,789	126,161
Total net assets for restricted funds			
		246,789	126,161
Total restricted funds			
	16	246,789	126,161

Notes to the Financial Statements - 31 March 2021

4 Donations

	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
	£	£	£	£
The Pears Foundation	-	-	-	10,000
Individual donations	14,110	-	14,110	7,149
Toolstream	3,000	-	3,000	-
DPD Group	8,000	-	8,000	-
Ronseal	15,000	-	15,000	-
	<u>40,110</u>	<u>-</u>	<u>40,110</u>	<u>17,149</u>

5 Grants

	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
	£	£	£	£
The Dulverton Trust	-	56,000	56,000	30,000
The Rayne Foundation	-	40,000	40,000	10,000
The Goldsmiths' Company	-	-	-	3,000
National Lottery PPE provision	-	41,520	41,520	-
Tudor Trust	-	62,000	62,000	-
HMRC Job Retention Scheme	-	2,413	2,413	-
Anonymous benefactor	-	45,480	45,480	-
Mens Sheds Cymru	-	11,583	11,583	-
	<u>-</u>	<u>258,996</u>	<u>258,996</u>	<u>43,000</u>

6 Volunteers

A team of volunteer ambassadors assist the National Shed Development Manager to deliver support and advice to new groups wishing to start a Men's Shed and to established Men's Sheds needing help or experiencing difficulty. These ambassadors have been recruited from other successful Sheds across the UK and given appropriate training.

They make a valuable and significant contribution to UKMSA and the Men's Shed movement in the UK. However due to the absence of any reliable measurement basis, and in accordance with the SORP, the financial contribution of these volunteers cannot be recognised in these accounts.

Notes to the Financial Statements - 31 March 2021

7 Expenditure

	Direct costs	Support costs	Total 2021	Total 2020
	£	£	£	£
Raising funds:				
Grant management	13,828	3,314	17,142	14,277
Membership administration	9,790	828	10,618	9,879
Charitable activities:				
Promoting Men's Sheds				
Digital communication	26,857	775	27,632	20,527
Networking and events	-	2,017	2,017	17,387
Supporting Men's Sheds				
Membership and support	19,044	1,188	20,232	19,112
Shed development	46,293	1,602	47,895	82,401
Provision of PPE	46,926	-	46,926	-
Total expenditure	162,738	9,724	172,462	163,583

Comparative Expenditure

	Direct costs	Support costs	Total 2020
	£	£	£
Raising funds:			
Grant management	8,299	5,978	14,277
Membership administration	8,230	1,649	9,879
Charitable activities:			
Promoting Men's Sheds			
Digital communication			
Networking and events	18,860	1,667	20,527
Supporting Men's Sheds	15,096	2,291	17,387
Membership and support	13,305	5,807	19,112
Shed development	57,667	6,191	63,858
ShedFest conference	17,950	593	18,543
Total expenditure	139,407	24,176	163,583

As the ShedFest conference is part of Shed Development and was a virtual event in 2020 the costs have been consolidated in the current year.

Notes to the Financial Statements - 31 March 2021

8 Related Party Transactions: Trustee expenses

No remuneration or benefits were paid to any Trustee or connected persons during the year (2020, £Nil).

Trustee expenses of £Nil (2020, £5,845) were either reimbursed or paid directly during the year. These expenses were mostly travel and accommodation costs with some small claims for postage and telephone calls.

During the year no Trustees (2020, 9 Trustees) claimed expenses and/or had their expenses met directly by the CIO. All Trustee expenses were properly incurred in the performance of the Trustees' duties on behalf of the CIO.

There were no other related party transactions during the year (2020, none).

9 Employees

The average number of employees during the year was 5 (2020, 4). No employee receives emoluments of more than £60,000 (2020, no employee).

Staff costs

	2021	2020
	£	£
Salaries	97,295	93,317
Social security costs	4,976	5,567
Pension contributions	5,888	4,697
	108,159	103,581

Remuneration of key management personnel

The cost of the Chief Officer's remuneration and benefits were:

Salary	27,000	27,000
Social security costs	2,514	2,535
Pension contributions	1,350	1,350
	30,864	30,885

10 Independent Examiner's Fee

The independent Examiner's fee of £1,590 (2020, £1,250) relates solely to the independent examination of the CIO's financial statements with no other services being provided.

Notes to the Financial Statements - 31 March 2021

11 Tangible fixed assets

	IT equipment	Other equipment	Total
	£	£	£
Cost			
At 1 April 2020	4,789	456	5,245
Additions	393	-	393
At 31 March 2021	5,182	456	5,638
Depreciation			
At 1 April 2020	2,830	336	3,166
Charge for year	1,202	120	1,322
At 31 March 2021	4,032	456	4,488
Net book value			
At 31 March 2021	1,150	-	1,150
At 31 March 2020	1,959	120	2,079

12 Investments

	Total 2021	Total 2020
	£	£
Unlisted investments		
At 1 April 2020	2	2
Additions at cost	1	-
At 31 March 2021	3	2

The investments represent 100% of the ordinary share capital in the following dormant subsidiary companies all registered in England.

	Date of Incorporation	Company Number
Men's Sheds Limited	13 March 2019	11879439
UK Men's Sheds Limited	18 March 2019	11889240
ShedFest Limited	10 December 2020	13074874

Notes to the Financial Statements - 31 March 2021

13 Debtors

	Total 2021	Total 2020
	£	£
Gift aid	577	226
Grants	88,000	30,523
Prepayments and accrued income	715	534
Other debtors	13,000	10
	102,292	31,293

Included in Grant debtors is an amount of £nil (2020 £Nil) falling due after more than one year.

14 Creditors

	Total 2021	Total 2020
	£	£
Trade creditors	200	600
Other taxation and social security (PAYE liabilities)	2,776	1,728
Accruals and deferred income	10,723	6,293
Other creditors	1,069	6,189
	14,768	14,810

Included in accruals and deferred income are membership subscriptions of £5,132 (2020, £5,043) which have accrued benefits past the year end.

Notes to the Financial Statements - 31 March 2021

15 Restricted Funds

The CIO has 4 restricted funds (2020, 3).

Leadership and management fund

This fund is for the salary costs of the Chief Officer of the CIO.

It is currently funded by the Tudor Trust who in October 2020 granted a further £60,000. This grant is outstanding as a debtor as at the year end.

Communication fund

This fund is for the core communication cost of the CIO primarily being the salary cost of the Digital Communications Officer.

In June 2019 the Dulverton Trust granted UKMSA £30,000 towards core costs and this was accounted for as an unrestricted fund. As at 31st March 2020 £19,139 of this funding was unspent. It was always the intention of the Dulverton Trust that this grant be used for communication costs and during the financial year the Dulverton Trust provided a further grant of £56,000 which was made explicitly for core costs communications. UKMSA has thereby transferred the £19,139 of unspent funds from the last financial year into a new restricted fund this year as this reflects the intention of the parties. The £56,000 grant is payable in two equal instalments of grant fund. £28,000 was received by the financial year end and £28,000 is outstanding as a debtor as at the year end.

Shed development fund

This fund is for the salary costs of the National Shed Development Manager, the Volunteer and Community Development Manager and the associated costs of running a Shed Ambassador programme.

In October 2020 The Rayne Foundation granted £40,000 towards this fund specifically to meet the salary costs of the National Shed Development Manager.

In February 2021 an anonymous donor granted the CIO £45,480 as part of a three-year funding program. Further grants may be forthcoming in future accounting periods dependent on the CIO meeting specific growth targets for Shed Development, geographical reach and Volunteer Ambassador numbers.

During the financial year the National Lottery granted funding of £41,520 for Personal Protection Equipment provision to Sheds and this grant and associated PPE costs are disclosed in notes 5 and 7 above.

Membership and support fund

This fund is for the salary and associated costs of the Membership and Support Officer.

It is currently funded by the Mercers' Company who in October 2018 awarded the CIO a grant of £99,273 payable in 3 instalments of £39,000 due on 01/12/2018, £29,750 due on 01/12/2019 and £30,523 due on 01/12/2020. Included in the first instalment was a £9,750 contribution towards a CRM system.

**“It saved my sanity, my life
and my marriage”**

Notes to the Financial Statements - 31 March 2021

16 Movement in funds

	At 01/04/2020	Net movement in funds	Transfer between funds	At 31/03/2021
	£	£	£	£
Unrestricted funds	80,848	37,792	(19,135)	99,505
Restricted funds				
Leadership and management	32,162	34,839	-	67,001
Communication	-	31,813	19,135	50,948
Shed development	44,243	62,099	-	106,342
Membership and support	49,756	(27,258)	-	22,498
Total restricted funds	126,161	101,493	19,135	246,789
Total funds	207,009	139,285	-	346,294

Comparative movement in funds

	At 01/04/2019	Net movement in funds	Transfer between funds	At 31/03/2020
	£	£	£	£
Unrestricted funds	31,909	48,939	-	80,848
Restricted funds				
Leadership and management	59,998	(27,836)	-	32,162
Shed development	108,332	(64,089)	-	44,243
Membership and support	89,684	(39,928)	-	49,756
Total restricted funds	258,014	(131,853)	-	126,161
Total funds	289,923	(82,914)	-	207,009

Notes to the Financial Statements - 31 March 2021

17 Net movement in funds 2020/21

	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	52,751	(34,094)	18,657
Restricted funds			
Leadership and management	60,000	(25,161)	34,839
Communication	56,000	(5,052)	50,948
Shed development	140,583	(78,484)	62,099
Membership and support	2,413	(29,671)	(27,258)
Total restricted funds	258,996	(138,368)	120,628
Total funds	311,747	(172,462)	139,285
Comparative net movement in funds 2019/20			
	Incoming resources	Outgoing resources	Movement in funds
	£	£	£
Unrestricted funds	67,669	(18,730)	48,939
Restricted funds			
Leadership and management	3,000	(30,836)	(27,836)
Shed development	10,000	(74,089)	(64,089)
Membership and support	-	(39,928)	(39,928)
Total restricted funds	13,000	(144,853)	(131,853)
Total funds	80,669	(163,583)	(82,914)

Notes

Thank you

The United Kingdom Men's Sheds Association would like to thank all of our supporters, partners, sponsors, donors and grant making bodies for their continued support.

Through your support Men's Sheds are transforming lives, adding years to life and a quality of life to years.



“My wife has had 8 hours respite from me, I’m going home now to spoil it for her.”



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