

LOVE SUPPORT UNITE AFRICA FOUNDATION

England & Wales · Charity number 1162406

Details

Other names LSU

Status Registered

Legal form CIO

Registered 2015-06-25

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY AND FINANCIAL HARDSHIP IN AFRICA BY PROVIDING OR ASSISTING IN THE PROVISION OF EDUCATION, TRAINING AND HEALTHCARE PROJECTS AND ALL THE NECESSARY SUPPORT DESIGNED TO ENABLE INDIVIDUALS TO GENERATE A SUSTAINABLE INCOME AND BE SELF SUFFICIENT.

Activities: LSU partners with organizations in Malawi to create sustainable solutions to poverty to bring about lasting change. Through connection and love, we offer support, hope and the opportunity for transformation.

Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- Malawi
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£201,251	£167,361	-	-
2024-03-31	£143,930	£121,930	-	-
2023-06-30	£160,804	£196,440	-	-
2022-06-30	£139,712	£154,672	-	-
2021-06-30	£142,207	£143,492	-	-

Trustees

Name	Role	Appointed
James Colvin	Chair	2016-04-28
Ben Kitching		2021-11-10
Gayle Berry		2020-03-16
Glyn Jelley		2022-03-09
Sophie Houghton		2021-03-31
THOMAS COOMBES		2024-03-01

Accounts

Love Support Unite Africa Foundation

Trustees' report and financial statements

For the year ended 31 MARCH 2025

Love Support Unite Africa Foundation
Reference and administrative information
for the year ended 31st March 2025

Charity number

1162406

Registered office and operational address

Tabralit, Y Stabl, Bryn Gwran, Holyhead, Gwynedd, LL653PU

Trustees

Trustees who served during the year and up to the date of this report were as follows:

James Colvin	appointed 28/04/2016
Gayle Berry	appointed 16/03/2020
Sophie-Larissa Houghton	appointed 31/03/2021
Ben Kitching	appointed 10/11/2021
Glyn Jelley	appointed 09/03/2022
Thomas Coombes	appointed 01/03/2024

Key management personnel

Alice Pulford – joint CEO

Nina Pulford – joint CEO

Bankers

Nat West Bank, 7 Hinckley Road, Leicester, LE3 0TQ.

Solicitors

Squire Patton Boggs, 7 Devonshire Square, London, EC2M 5YH

Independent examiner

Patrick Morrello ACA

Third Sector Accountancy Ltd, Holyoake House, Hanover Street, Manchester, M60 0AS

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2025

The trustees present their report and the unaudited financial statements for the year ended 31st March 2025.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objects of Love Support Unite Africa Foundation (LSU) are the prevention or relief of poverty or financial hardship in Africa by providing or assisting in the provision of education, training and healthcare projects. To provide necessary support designed to enable individuals and communities to generate a sustainable income and be self-sufficient.

Our projects are in Malawi – but not restricted to that country - with fundraising and administration being principally in the United Kingdom but with beneficiaries and volunteers being in both Malawi and the United Kingdom.

We grant the UK funds to organisations that are aligned with our aims and objectives. From October 2019 this is primarily African Vision Malawi in the UK and known as The Landirani Trust in Malawi.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

We partner with communities in Malawi to create sustainable solutions to poverty to bring about lasting and measurable change through our holistic model of development.

The charity's main activities and who it tries to help are described below. All its charitable activities focus on Education, Health Care, Sustainability, Nutrition through food security, Infrastructure, aid through Mphatso feeding programme for baby meals, and response to crisis appeals such as Covid-19. These activities are undertaken to further Love Support Unite Africa Foundation's charitable purposes for the public benefit.

Our main funded programmes partnered with and delivered through African Vision Malawi (AVM) include:

Adult literacy

Many families can't afford secondary school fees, children drop out in order to work and support their families. Girls often enter into early marriages so their care is supported independently by their husband and his family. Leaving the adult population over 20 years old unable to support their children's learning, read medical advice and run successful businesses.

LSU has helped provide funding to train 4 adult literacy teachers and runs 2 centres for adults teaching Chichewa and English.

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2025

This will help to reduce illiteracy levels among adults ranging in age from 16 to 60 years in the community, enabling them to support their children's learning, run businesses, read warnings on medicines and integrate more fully into society for example being able to fill out bank forms.

Early childhood development

Supporting the education of children aged 2-5 years old in a preschool environment. We help the children gain a basic education and improve concentration before they reach primary level. This enables standard one (a child's first year at school) not to be their first time in a school setting, preventing learning delays and knock-on effects throughout life. LSU has provided funding for 3 pre-school nursery blocks, and monthly provides for 3 nursery teachers, as well as funding and qualified preschool teachers to deliver training for these teachers. Average attendance 173 learners 2024-25

Education

Support 4 orphans and vulnerable families with African Vision

10 Secondary scholarships with African Vision

University Grant - we supported 2 college graduates to go to University and have committed to this for 3 years. 1 girl has graduated from university 2024-25

5 child sponsorships with Stepping Stones Malawi

Supported Rugby as a sport amongst the local school children and teenagers in Lilongwe. We have a fully funded programme which pays for one full-time Project Manager and 10 Rugby Development Officers (RDOs). The RDOs are involved in the weekly training sessions at 20 different primary schools in Lilongwe, as well as training with junior and senior club teams in their respective areas. The LSU Rugby Project is one of the most successful Rugby development projects in Malawi. Run by Jack Mphande and Dan Hatch.

Mother Infant Health

The Mother and Infant Health Initiative aims to provide and act as a guiding programme for a healthy life for mothers and their babies. This is achieved through mother and baby groups learning infant massage, safe motherhood education, Kangaroo Mother Care, first aid, hand hygiene, and infant mental health. Plans are underway for a training of 24 caregivers at Mphatso. A proposal is currently underway to add this programme to our agreement with the DH0. Moving forward we help to fund a safe motherhood centre with AVM, and integrate MIH training.

Medical

Provision of an ambulance donated by RAKS TRUST enabled the expansion of Medical Outreach, as it is an ex-military ambulance that is designed for off road support helping our hard to reach areas. This ambulance helps provide free

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2025

medical care in 10 rural areas monthly. Reaching 31,683 medical patients across 10 rural outreach clinic in 2024-25. Working with the Ministry of Health to deliver malaria and HIV testing and treatment, vaccinations, antenatal care, under 5's care, family planning and sexual health, and Covid prevention advice. It now provides dental outreach after successful pilot programmes. 191 fillings and 403 extractions were carried out in 2024-25 outreach.

Sustainable farming

Helps vulnerable families living on less than \$1 per day who have 6 or more dependents including orphans and/or elderly. The program aims to help these families become food secure, provide nutrition for their family and surplus to sell to provide an income for school fees, mosquito nets and essentials for a healthy life. We provide them with farming inputs to farm 1 hectare of land, along with access to adult literacy, teaching, agriculture and business training over two years.

The value of the farm inputs is paid back over two years, with 0% interest. This is then invested in farm inputs for another family in the same community. The program is designed to make family farms self-sustainable through effective management of resources. Families are able to farm their land (many for the first time), and to have excess crops to sell to buy farm inputs for the following year and pay school fees for their children. The initiative has even been nicknamed 'Nsunga Moyo' in Chichewa, the local language, meaning 'life saver'.

All of the above programmes are run in country by African Vision Malawi. Their vision is to see "healthy, educated and self-sufficient communities in Malawi". We provide funding for the monthly costs of the above programmes which include the staff managing the programmes, fuel and materials, and we contribute towards office costs and administration.

We have supported 6 new families - and 1 new cooperative of 7 people working together

Baby feeding

In October 2019 LSU began working with Mphatso Nurseries training nursery teachers. Seeing first-hand the life-saving work they do, we want to help support them in their mission.

This year we have supported Mphatso with donations to buy life-saving formula to feed the babies.

"Feeding the Children, Growing the Community, Impacting the Future". This has been the key message of Mphatso Children's Foundation for many years because they believe that it is the way to bring slow positive change to the communities. Feeding over 1,000 children each school day throughout their 14 nursery school programs. The Baby Feeding Program is for those that are seeking help because the mothers have either died or are too unwell to feed their babies. Hospitals and doctors are referring carers to Mphatso for life-saving baby formula. Many babies' lives have been saved because of this program. They support these babies by routinely weighing them and supplying baby formula and, as they progress, maize porridge. We provide funding for their feeding programme.

50-70 babies a month supported - approximately 14,280 babies meals 2024-25

Nutrition

We fund a permaculture manager to help provide training to teachers and pupils in food gardens providing meals in schools. This money also paid for the training of the staff at four different Tree Nurseries that we support in 4 different centres. This training was carried out by Kondwani and Green from the Africa Vision Malawi (AVM) team. These trees have continued to be maintained into 2024- 25

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2025

Tilinanu Orphanage

In the UK LSU provide all administration and services for the UK charity Tilinanu Education free of charge. This year we facilitated the reintegration of all the girls within Tilinanu Orphanage in line with government guidelines. We have successfully enrolled the girls from the orphanage within an education scholarship program run by Africa Vision.

Emergency appeals

Emergency appeals have been responded to this year due to the effects of climate change- we have helped provide famine packages to those in need.

Beneficiaries of our services

Babies, toddlers, children, young adults, adults, parents and families all benefit from the above services, either directly or indirectly in Malawi.

Changes

We continue to work alongside charitable organisations within Malawi.

Financial review

Income from unrestricted funds was £161,212 (2024: £119,507) and unrestricted expenditure was £42,712 (2024: £93,215). Restricted income was £40,039 (2024: £24,423) and restricted expenditure was £42,712 (2024: £28,715). The total funds of the charity at the end of the year were £162,887 (2024: £128,997) of which £152,047 (2024: £124,837) was unrestricted and £10,840 (2024: £4,160) was restricted.

Reserves policy

In order to ensure uninterrupted work on Malawi projects each year we aim to hold in reserve the annual estimated costs of current Malawi projects and the higher of the equivalent Stirling value of £50,000. At year end those reserves were £162,887.

Plans for the future

Goals for 2024/25

- To maintain the funded programs of Adult Literacy, Education, Medical and Sustainability.
- Collaboration with small grassroots charities that are working in similar areas as LSU. We aim to share experience, expertise and equipment with these like-minded organisations and strengthen one another.
- Add additional and consistent dental - prevention programs to medical outreach by the end of 2024 as our yearly annual outreach is so effective and there is such a high demand for dental care.
- We aim to continue to support outreach projects and keep moving them towards sustainability.
- We would like to begin to contribute to carbon offsetting in Malawi with AVM

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2025

- We aim to work with these organisations in the community on protecting the land, forests and trees in the hope of contributing to climate change.
- We aim to integrate Sustainable family farms with AVM programmes and relaunch in 2024 and to be able to increase the amount of families that we can help.
- Support any emergency appeals.
- We aim to help fundraise for Tilinanu Education to help facilitate vulnerable girls' education
- We aim to align our project fundraising targets with Africa Vision to help facilitate greater long-lasting change.
- We aim to work closely with The Malawi Projects our fundraising partners to help raise more funds for those in need.
- We aim to strengthen our accounts through recruiting and working with Trustees with an accounts background.

Structure, governance and management

The organisation is a charitable incorporated organisation, registered with the Charity Commission on 25 June 2015.

The charity was established under a constitution which established the objects and powers of the charity and its governance.

Members of the charity have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities in the event of winding up. Only members of the charity are trustees but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. The trustees did not receive any reimbursement for expenses.

Trustee recruitment

The current trustees discuss regularly if there are any additional skills needed on the board and outline any expertise needed.

Potential candidates come from people who have shown an interest in the charity in the past, or who have no previous connection but the right skill set. These candidates would come by recommendation or from the trustees' internal professional and personal network.

Following an informal contact and discussion to establish the candidate's interest and skills, and to explain the charity background and the role the candidate would play, the trustees meet with the candidates. After discussion and agreement by the board, the relevant candidate(s) will be invited by email to join the board as a trustee.

If accepted, the new trustee(s) will join future meetings and will be registered as a trustee with the Charity Commission.

Glyn Jelley was appointed as a new trustee last year, as an accountant, he has taken the role of finance trustee.

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2025

Related parties and relationships with other organisations

The charity has the following related party relationships:

Love Support Unite Africa Ltd – a limited company to purchase and sell Love Specs, for profit, to provide funding for the charity, a wholly owned subsidiary of the charity,

Tilinanu Orphanage – a registered charity in the UK, LSU provides all administration services to the charity free of charge

Remuneration policy for key management personnel

Key Personnel, namely Alice Pulford and Nina Roots, are the CEOs for the charity. Remuneration is agreed by the Board of Trustees and reviewed regularly throughout the year. Dominic Bowden has resigned as from this role for full time work. [Alice Pulford](#) was on maternity leave from January 2024. Nina Roots filling this role.

Risk management

Our policy formally acknowledges that the trustee board is committed to maintaining a strong risk management framework. The aim is to ensure that Love Support Unite Africa Foundation makes every effort to manage risk appropriately by maximising potential opportunities whilst minimising any adverse risks.

Our policy will be used to support the internal control systems of the charity, enabling the charity to respond to operational, strategic and financial risks regardless of whether they are internally or externally driven.

Statement of responsibilities of the trustees

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (Charities Act 2011 and United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

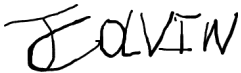
The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Love Support Unite Africa Foundation
Trustees' annual report for the year ended 31st March 2025

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

19 / 12 / 2025

The trustees' annual report was approved by the trustees on and signed on their behalf by:

A handwritten signature in black ink that reads "J COLVIN". The signature is written in a cursive, slightly stylized font.

James Colvin
Trustee

Independent examiner's report
to the members of
Love Support Unite Africa Foundation

I report on the accounts of the charity for the year ended 31st March 2025 set out on pages 10 to 22.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Other matters

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Morrello

Patrick Morrello ACA
Third Sector Accountancy Limited
Holyoake House, Hanover Street, Manchester M60 0AS

19 / 12 / 2025

Date signed

Love Support Unite Africa Foundation
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total funds 2025 £	9 months Unrestricted funds £	9 months Restricted funds £	9 months Total funds 2024 £
Income from:							
Donations and legacies	3	160,810	40,039	200,849	119,211	24,423	143,634
Investments	4	402	-	402	296	-	296
Total income		161,212	40,039	201,251	119,507	24,423	143,930
Expenditure on:							
Raising funds	5	12,393	-	12,393	4,980	-	4,980
Charitable activities	6	112,257	42,712	154,969	88,235	28,715	116,950
Total expenditure		124,649	42,712	167,361	93,215	28,715	121,930
Net income/(expenditure) for the year	7	36,563	(2,673)	33,890	26,292	(4,292)	22,000
Transfer between funds		(9,353)	9,353	-	81,502	(81,502)	-
Net movement in funds for the year		27,210	6,680	33,890	107,794	(85,794)	22,000
Reconciliation of funds							
Total funds brought forward		124,837	4,160	128,997	17,043	89,954	106,997
Total funds carried forward		152,047	10,840	162,887	124,837	4,160	128,997

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Love Support Unite Africa Foundation
Charity number 1162406

Balance sheet as at 31 March 2025

	Note	2025	2024
		£	£
Fixed assets			
Tangible assets	11	218	358
Investments	12	2	2
Total fixed assets		220	360
Current assets			
Debtors	13	15,467	13,865
Cash at bank and in hand		151,498	119,489
Total current assets		166,965	133,354
Liabilities			
Creditors: amounts falling due in less than one year	14	(4,297)	(4,717)
Net current assets		162,667	128,637
Total assets less current liabilities		162,887	128,997
Net assets		162,887	128,997
The funds of the charity:			
Restricted income funds	15	10,840	4,160
Unrestricted income funds	16	152,047	124,837
Total charity funds		162,887	128,997

For the year in question, the charity was entitled to exemption from an audit under section 144 of the Charities Act 2011. The Charity Commission has not ordered an audit to be carried out under Section 146 of the Charities Act 2011.

The notes on pages 12 to 22 form part of these accounts.

Approved by the trustees on 19 / 12 / 2025 and signed on their behalf by:



James Colvin, Trustee

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 - (Charities SORP (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Love Support Unite Africa Foundation meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £ sterling.

The charity changed its financial year end to 31 March in order to align with the funding cycle of partner organisations.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Notes to the accounts for the year ended 31 March 2025 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of marketing and networking, and donation processing fees.
- Expenditure on charitable activities includes the costs of grants paid to partner organisations for joint projects and activities undertaken to further the purposes of the charity.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £250 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computer equipment	25%
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h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

j Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. Over paid contributions at the year end amounted to £38 which was Refunded in August 2023.

2 Legal status of the charity

The charity is a charitable incorporated organisation and has no share capital. In the event of the charity being wound up, the members have no liability. The registered office address is disclosed on page 1.

Notes to the accounts for the year ended 31 March 2025 (continued)

3	Income from donations and legacies	9 months	
		2025	2024
		£	£
	<i>Restricted donations</i>		
	Restricted donations	40,039	24,423
	<i>Unrestricted donations</i>		
	Unrestricted donations - general	130,428	99,138
	Donation from subsidiary	30,382	19,711
	Other income	-	362
	Total	200,849	143,634
4	Investment income	9 months	
		2025	2024
		£	£
	Income from bank deposits - unrestricted	402	296
5	Cost of raising funds	9 months	
		2025	2024
		£	£
	Donation processing fees	2,480	2,306
	Fundraising expenses	9,913	2,674
		12,393	4,980

All costs of raising funds are unrestricted.

Notes to the accounts for the year ended 31 March 2025 (continued)

6 Analysis of expenditure on charitable activities

	9 Months	
	2025	2024
	£	£
Grants paid	131,563	74,355
Advertising & Marketing	5,700	-
Audit & Accountancy Fees	2,328	1,687
Bank Fees	411	641
Subcontracting	-	180
Depreciation Expense	300	349
Entertainment-100% Business	(47)	47
Postage, Freight & Courier	526	107
Insurance	880	726
Legal Expenses	-	13
IT Software And Consumables	421	125
Rent	-	310
Repairs & Maintenance	30	-
Wages - Staff	11,986	37,117
Pensions Costs	537	779
	-	-
	154,969	116,950
	=====	=====
Restricted expenditure	42,712	28,715
Unrestricted expenditure	112,257	88,235
	154,969	116,950
	=====	=====

Grants paid

During the year the charity made the following grant payments to partner organisations in support of projects in Malawi which further the charity's own objects, as described in the trustees' report:

	2025
African Vision Malawi (formerly known as The Landirani Trust)	84,244
Mphatso Children's Foundation	13,641
African Vision Malawi, for Tilinanu education	29,628
<i>Payments made to or for individuals</i>	
Other fees	4,050
	131,563
	=====

Notes to the accounts for the year ended 31 March 2025 (continued)

7 Net income/(expenditure) for the year

	9 months	
This is stated after charging/(crediting):	2025	2024
	£	£
Depreciation	300	349
Accountancy fees	1,668	1,668
Independent examiner's fee	240	240

8 Staff costs

Staff costs during the year were as follows:

	9 months	
	2025	2024
	£	£
Wages and salaries	11,986	37,117
Pension costs	537	779
	12,523	37,896

No employee has employee benefits in excess of £60,000 (2024: Nil).

The average number of staff employed during the period was 2 (2024: 2).

The average full time equivalent number of staff employed during the period was 1.5 (2024: 1.5).

The key management personnel of the charity comprise the trustees and the joint Chief Executive Officers, who were also the founders of the charity. The total employee benefits of the key management personnel of the charity were £17,391 (2024: £37,896).

9 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2024: Nil).

No member of the management committee received travel and subsistence expenses during the year (2024: £Nil).

Aggregate donations from related parties were £Nil (2024: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

Alice Pulford and Nina Roots are key management personnel of the charity and are also Trustees of Tilinanu Education, a UK charity. During the period, the charity received £23,645 from Tilinanu Education (2024: £19,706 - nine months).

These funds are then re-granted to African Vision Malawi for Tilinanu girls education in Malawi.

Notes to the accounts for the year ended 31 March 2025 (continued)

10 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

11 Fixed assets: tangible assets

	Computer equipment £
Cost	
At 1 April 2024	1,400
Additions	160
At 31 March 2025	1,560
Depreciation	
At 1 April 2024	1,042
Charge for the year	300
At 31 March 2025	1,342
Net book value	
At 31 March 2025	218
<i>At 31 March 2024</i>	358

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2025 (continued)

12 Investments

9 months

2025	2024
£	£

Investment in the shares of the subsidiary company LSU:

Love Support Unite Africa Ltd

2	2
---	---

The charity owns the whole of the issued ordinary share capital of LSU: Love Support Unite Africa Ltd, a company registered in England, register no 8812384. The subsidiary is used for non-primary purpose trading activities. Available profits are gift aided to the charity. A summary of the results of the subsidiary is shown below:

Profit and loss account

2025	2024
£	£

Income	62,049	32,519
Expenditure	(28,396)	(27,500)
Net profit/(loss)	33,653	5,019

Balance sheet

2025	2024
£	£

Fixed assets	1,088	320
Current assets	21,563	19,273
Creditors due in less than one year	(1,140)	(14,709)
Net assets	21,510	4,884
Called up share capital	2	2
Profit and loss account	21,508	4,882
Shareholders' funds	21,510	4,884

13 Debtors

2025	2024
£	£

Other debtors	525	500
Prepayments	859	-
PAYE debtor	717	-
Amounts receivable from subsidiary company	13,366	13,365
	15,467	13,865

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2025 (continued)

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors and accruals	2,334	1,908
Wages payable	1,963	2,283
Taxation and social security costs	-	526
	4,297	4,717

15 Analysis of movements in restricted funds

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2025 £
Specific projects	-	-	-	-	-
Kande	1,521	800	(1,546)	-	775
Mphatso Baby Feeding Programme	847	1,464	(13,641)	11,330	-
Rugby	1,792	480	(295)	(1,977)	-
Tilinanu	-	37,295	(27,230)	-	10,065
Total	4,160	40,039	(42,712)	9,353	10,840

Comparative period

	Balance at 1 July 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Specific projects	89,954	24,423	(28,715)	(81,502)	4,160
Total	89,954	24,423	(28,715)	(81,502)	4,160

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2025 (continued)

Name of restricted fund	Description, nature and purposes of the fund
Specific projects	Funds donated towards specific welfare and sustainability costs for projects operating in Malawi
Kande	Funds raised to help the community in the area called Kande Malawi, through famine relief, school fees, and business start ups
Mphatso Baby Feeding Programme	Funds raised to help support feeding programme for babies whose parents have passed away, delivered by Mphatso children's foundation in Malawi.
Rugby	Funds donated by Dan Hatch monthly to help pay expenses for rugby programme in Malawi
Tilinanu	Helps to support girls education in Malawi, girls formerly of Tilinanu Orphanage

16 Analysis of movement in unrestricted funds

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2025 £
General fund	124,837	161,212	(124,649)	(9,353)	152,047

Comparative period

	Balance at 1 July 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
General fund	17,043	119,507	(93,215)	81,502	124,837

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2025 (continued)

17 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total 2025 £
Tangible fixed assets	218	-	-	218
Fixed asset investments	2			2
Net current assets/(liabilities)	151,828	-	10,840	162,667
Total	152,047	-	10,840	162,887

Comparative period

	General fund £	Designated funds £	Restricted funds £	Total 2024 £
<i>Tangible fixed assets</i>	358	-	-	358
<i>Fixed asset investments</i>	2			2
<i>Net current assets/(liabilities)</i>	124,477	-	4,160	128,637
<i>Total</i>	124,837	-	4,160	128,997

LOVE SUPPORT UNITE AFRICA FOUNDATION

England & Wales - Charity number 1162406

Accounts

Love Support Unite Africa Foundation

Trustees' report and financial statements

For the year ended 31 MARCH 2024

Love Support Unite Africa Foundation
Reference and administrative information
for the year ended 31st March 2024

Charity number

1162406

Registered office and operational address

Tabralit, Y Stabl, Bryn Gwran, Holyhead, Gwynedd, LL653PU

Trustees

Trustees who served during the year and up to the date of this report were as follows:

James Colvin	appointed 28/04/2016
Gayle Berry	appointed 16/03/2020
Sophie-Larissa Houghton	appointed 31/03/2021
Ben Kitching	appointed 10/11/2021
Glyn Jelley	appointed 09/03/2022
Thomas Coombes	appointed 01/03/2024

Key management personnel

Alice Pulford – joint CEO

Nina Pulford – joint CEO

Bankers

Nat West Bank, 7 Hinckley Road, Leicester, LE3 0TQ.

Solicitors

Squire Patton Boggs, 7 Devonshire Square, London, EC2M 5YH

Independent examiner

Patrick Morrello ACA

Third Sector Accountancy Ltd, Holyoake House, Hanover Street, Manchester, M60 0AS

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

The trustees present their report and the unaudited financial statements for the year ended 31st March 2024.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objects of Love Support Unite Africa Foundation (LSU) are the prevention or relief of poverty or financial hardship in Africa by providing or assisting in the provision of education, training and healthcare projects. To provide necessary support designed to enable individuals and communities to generate a sustainable income and be self-sufficient.

Our projects are in Malawi – but not restricted to that country - with fundraising and administration being principally in the United Kingdom but with beneficiaries and volunteers being in both Malawi and the United Kingdom.

We grant the UK funds to organisations that are aligned with our aims and objectives. From October 2019 this is primarily African Vision Malawi in the UK and known as The Landirani Trust in Malawi.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

We partner with communities in Malawi to create sustainable solutions to poverty to bring about lasting and measurable change through our holistic model of development.

The charity's main activities and who it tries to help are described below. All its charitable activities focus on Education, Health Care, Sustainability, Nutrition through food security, Infrastructure, aid through Mphatso feeding programme for baby meals, and response to crisis appeals such as Covid-19. These activities are undertaken to further Love Support Unite Africa Foundation's charitable purposes for the public benefit.

Our main funded programmes partnered with and delivered through African Vision Malawi (AVM) include:

Adult literacy

Many families can't afford secondary school fees, children drop out in order to work and support their families. Girls often enter into early marriages so their care is supported independently by their husband and his family. Leaving the adult population over 20 years old unable to support their children's learning, read medical advice and run successful businesses.

LSU has helped provide funding to train 4 adult literacy teachers and runs 2 centres for adults teaching Chichewa and English.

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

This will help to reduce illiteracy levels among adults ranging in age from 16 to 60 years in the community, enabling them to support their children's learning, run businesses, read warnings on medicines and integrate more fully into society for example being able to fill out bank forms.

Adult Literacy - 200 members and 46 graduates 2023-24

Early childhood development

Supporting the education of children aged 2-5 years old in a preschool environment. We help the children gain a basic education and improve concentration before they reach primary level. This enables standard one (a child's first year at school) not to be their first time in a school setting, preventing learning delays and knock-on effects throughout life. LSU has provided funding for 3 pre-school nursery blocks, and monthly provides for 3 nursery teachers, as well as funding and qualified preschool teachers to deliver training for these teachers.

We have begun supporting the building of a new ECD centre in the Kande area. Mphasto completed this September 2022 and is now functioning as a centre 2023

187 average monthly attendance

Education

Support 4 orphans and vulnerable families with African Vision

10 Secondary scholarships with African Vision

University Grant - we supported 2 college graduates to go to University and have committed to this for 3 years.

5 child sponsorships with Stepping Stones Malawi

Supported Rugby as a sport amongst the local school children and teenagers in Lilongwe. We have a fully funded programme which pays for one full-time Project Manager and 10 Rugby Development Officers (RDOs). The RDO's are involved in the weekly training sessions at 20 different primary schools in Lilongwe, as well as training with junior and senior club teams in their respective areas. The LSU Rugby Project is one of the most successful Rugby development projects in Malawi. Run by Jack Mphande and Dan Hatch.

Mother Infant Health

The Mother and Infant Health Initiative aims to provide and act as a guiding programme for a healthy life for mothers and their babies. This is achieved through mother and baby groups learning infant massage, safe motherhood education, Kangaroo Mother Care, first aid, hand hygiene, and infant mental health. Plans are underway for a training of 24 caregivers at Mphatso. A proposal is currently underway to add this programme to our agreement with the DH0. Moving forward we help to fund a safe motherhood centre with AVM, and integrate MIH training.

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

Medical

Provision of an ambulance donated by RAKS TRUST enabled the expansion of Medical Outreach, as it is an ex-military ambulance that is designed for off road support helping our hard to reach areas. This ambulance helps provide free medical care in 10 rural areas monthly. Reaching 31,683 patients served in 2023-24. Working with the Ministry of Health to deliver malaria and HIV testing and treatment, vaccinations, antenatal care, under 5's care, family planning and sexual health, and Covid prevention advice. It now provides dental outreach after successful pilot programmes. **668 children screened on dental outreach 2023-24**

Sustainable farming

Helps vulnerable families living on less than \$1 per day who have 6 or more dependents including orphans and/or elderly. The program aims to help these families become food secure, provide nutrition for their family and surplus to sell to provide an income for school fees, mosquito nets and essentials for a healthy life. We provide them with farming inputs to farm 1 hectare of land, along with access to adult literacy, teaching, agriculture and business training over two years.

The value of the farm inputs is paid back over two years, with 0% interest. This is then invested in farm inputs for another family in the same community. The program is designed to make family farms self-sustainable through effective management of resources. Families are able to farm their land (many for the first time), and to have excess crops to sell to buy farm inputs for the following year and pay school fees for their children. The initiative has even been nicknamed 'Nsunga Moyo' in Chichewa, the local language, meaning 'life saver'.

All of the above programmes are run in country by African Vision Malawi. Their vision is to see "healthy, educated and self-sufficient communities in Malawi". We provide funding for the monthly costs of the above programmes which include the staff managing the programmes, fuel and materials, and we contribute towards office costs and administration.

We have supported 6 new families - and 1 new cooperative of 7 people working together

Baby feeding

In October 2019 LSU began working with Mphatso Nurseries training nursery teachers. Seeing first-hand the life-saving work they do, we want to help support them in their mission.

This year we have supported Mphatso with donations to buy life-saving formula to feed the babies.

"Feeding the Children, Growing the Community, Impacting the Future". This has been the key message of Mphatso Children's Foundation for many years because they believe that it is the way to bring slow positive change to the communities. Feeding over 1,000 children each school day throughout their 14 nursery school programs. The Baby Feeding Program is for those that are seeking help because the mothers have either died or are too unwell to feed their babies. Hospitals and doctors are referring carers to Mphatso for life-saving baby formula. Many babies' lives have been saved because of this program. They support these babies by routinely weighing them and supplying baby formula and, as they progress, maize porridge. We provide funding for their feeding programme.

50-70 babies a month supported - approximately 14,280 babies meals 2023-24

We aim to increase support to this programme in 2024- 25

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

Nutrition

We fund a permaculture manager to help provide training to teachers and pupils in food gardens providing meals in schools. This money also paid for the training of the staff at four different Tree Nurseries that we support in 4 different centres. This training was carried out by Kondwani and Green from the Africa Vision Malawi (AVM) team. These trees have continued to be maintained into 2024.

Tilinanu Orphanage

In the UK LSU provide all administration and services for the UK charity Tilinanu Education free of charge. This year we facilitated the reintegration of all the girls within Tilinanu Orphanage in line with government guidelines. We have successfully enrolled the girls from the orphanage within an education scholarship program run by Africa Vision.

Emergency appeals

Emergency appeals have been responded to this year due to the effects of climate change- we have helped provide famine packages to those in need.

Beneficiaries of our services

Babies, toddlers, children, young adults, adults, parents and families all benefit from the above services, either directly or indirectly in Malawi.

Changes

We continue to work alongside charitable organisations within Malawi.

Financial review

Income from unrestricted funds was £119,507 (2023: £68,602) and unrestricted expenditure was £93,215 (2023: £113,107). Restricted income was £24,423 (2023: £92,005) and restricted expenditure was £28,715 (2023: £83,333). The total funds of the charity at the end of the year were £128,997 (2023: £106,997) of which £124,837 (2023: £17,043) was unrestricted and £4,160 (2022: £89,954) was restricted.

Reserves policy

In order to ensure uninterrupted work on Malawi projects each year we aim to hold in reserve the annual estimated costs of current Malawi projects and the higher of the equivalent Stirling value of £50,000. At year end those reserves were £124,837.

Plans for the future

Goals for 2024/25

- To maintain the funded programs of Adult Literacy, Education, Medical and Sustainability.
- Collaboration with small grassroots charities that are working in similar areas as LSU. We aim to share experience, expertise and equipment with these like-minded organisations and strengthen one another.
- Add additional and consistent dental - prevention programs to medical outreach by the end of 2024 as our yearly annual outreach is so effective and there is such a high demand for dental care.

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

- We aim to continue to support outreach projects and keep moving them towards sustainability.
- We would like to begin to contribute to carbon offsetting in Malawi with AVM
- We aim to work with these organisations in the community on protecting the land, forests and trees in the hope of contributing to climate change.
- We aim to integrate Sustainable family farms with AVM programmes and relaunch in 2024 and to be able to increase the amount of families that we can help.
- Support any emergency appeals.
- We aim to help fundraise for Tilinanu Education to help facilitate vulnerable girls' education
- We aim to align our project fundraising targets with Africa Vision to help facilitate greater long-lasting change.
- We aim to work closely with The Malawi Projects our fundraising partners to help raise more funds for those in need.
- We aim to strengthen our accounts through recruiting and working with Trustees with an accounts background.

Structure, governance and management

The organisation is a charitable incorporated organisation, registered with the Charity Commission on 25 June 2015.

The charity was established under a constitution which established the objects and powers of the charity and its governance.

Members of the charity have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities in the event of winding up. Only members of the charity are trustees but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. The trustees did not receive any reimbursement for expenses.

Trustee recruitment

The current trustees discuss regularly if there are any additional skills needed on the board and outline any expertise needed.

Potential candidates come from people who have shown an interest in the charity in the past, or who have no previous connection but the right skill set. These candidates would come by recommendation or from the trustees' internal professional and personal network.

Following an informal contact and discussion to establish the candidate's interest and skills, and to explain the charity background and the role the candidate would play, the trustees meet with the candidates. After discussion and agreement by the board, the relevant candidate(s) will be invited by email to join the board as a trustee.

If accepted, the new trustee(s) will join future meetings and will be registered as a trustee with the Charity Commission.

Glyn Jelley was appointed as a new trustee last year, as an accountant, he has taken the role of finance trustee.

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

Related parties and relationships with other organisations

The charity has the following related party relationships:

Love Support Unite Africa Ltd – a limited company to purchase and sell Love Specs, for profit, to provide funding for the charity, a wholly owned subsidiary of the charity,

Tilinanu Orphanage – a registered charity in the UK, LSU provides all administration services to the charity free of charge

Remuneration policy for key management personnel

Key Personnel, namely Alice Pulford and Nina Roots, are the CEOs for the charity. Remuneration is agreed by the Board of Trustees and reviewed regularly throughout the year. Dominic Bowden has resigned as from this role for full time work. [Alice Pulford](#) was on maternity leave from January 2024. Nina Roots filling this role.

Risk management

Our policy formally acknowledges that the trustee board is committed to maintaining a strong risk management framework. The aim is to ensure that Love Support Unite Africa Foundation makes every effort to manage risk appropriately by maximising potential opportunities whilst minimising any adverse risks.

Our policy will be used to support the internal control systems of the charity, enabling the charity to respond to operational, strategic and financial risks regardless of whether they are internally or externally driven.

Statement of responsibilities of the trustees

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (Charities Act 2011 and United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

Love Support Unite Africa Foundation

Trustees' annual report for the year ended 31st March 2024

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report was approved by the trustees on 31 / 01 / 2025 and signed on their behalf by:



James Colvin
Trustee

Independent examiner's report
to the members of
Love Support Unite Africa Foundation

I report on the accounts of the charity for the year ended 31st March 2024 set out on pages 10 to 23.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Other matters

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Morrello

Patrick Morrello ACA
Third Sector Accountancy Limited
Holyoake House, Hanover Street, Manchester M60 0AS

31 / 01 / 2025

Date signed

Love Support Unite Africa Foundation
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2024

		9 months Unrestricted funds £	9 months Restricted funds £	9 months Total funds 2024 £	12 months Unrestricted funds £	12 months Restricted funds £	12 months Total funds 2023 £
	Note						
Income from:							
Donations and legacies	3	119,211	24,423	143,634	68,602	92,005	160,607
Investments	4	296	-	296	197	-	197
Total income		119,507	24,423	143,930	68,799	92,005	160,804
Expenditure on:							
Raising funds	5	4,980	-	4,980	3,645	-	3,645
Charitable activities	6	88,235	28,715	116,950	109,462	83,333	192,795
Total expenditure		93,215	28,715	121,930	113,107	83,333	196,440
Net income/(expenditure) for the year	7	26,291	(4,292)	21,999	(44,308)	8,672	(35,636)
Transfer between funds		81,502	(81,502)	-	1,457	(1,457)	-
Net movement in funds for the year		107,793	(85,794)	21,999	(42,851)	7,215	(35,636)
Reconciliation of funds							
Total funds brought forward		17,043	89,954	106,997	59,894	82,739	142,633
Total funds carried forward		124,837	4,160	128,997	17,043	89,954	106,997

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Love Support Unite Africa Foundation
Charity number 1162406

Balance sheet as at 31 March 2024

	Note	2024	2023
		£	£
Fixed assets			
Tangible assets	11	359	708
Investments	12	2	2
Total fixed assets		361	710
Current assets			
Debtors	13	13,865	20,127
Cash at bank and in hand		119,489	88,200
Total current assets		133,354	108,327
Liabilities			
Creditors: amounts falling due in less than one year	14	(4,717)	(2,040)
Net current assets		128,637	106,287
Total assets less current liabilities		128,997	106,997
Net assets		128,997	106,997
The funds of the charity:			
Restricted income funds	15	4,160	89,954
Unrestricted income funds	16	124,837	17,043
Total charity funds		128,997	106,997

For the year in question, the charity was entitled to exemption from an audit under section 144 of the Charities Act 2011. The Charity Commission has not ordered an audit to be carried out under Section 146 of the Charities Act 2011.

The notes on pages 12 to 22 form part of these accounts.

Approved by the trustees on 31 / 01 / 2025 and signed on their behalf by:



James Colvin, Trustee

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 - (Charities SORP (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Love Support Unite Africa Foundation meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £ sterling.

The charity changed its financial year end to 31 March in order to align with the funding cycle of partner organisations.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Notes to the accounts for the year ended 31 March 2024 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of marketing and networking, and donation processing fees.
- Expenditure on charitable activities includes the costs of grants paid to partner organisations for joint projects and activities undertaken to further the purposes of the charity.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £250 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computer equipment	25%
--------------------	-----

h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Notes to the accounts for the year ended 31 March 2024 (continued)

j Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. Over paid contributions at the year end amounted to £38 which was Refunded in August 2023.

2 Legal status of the charity

The charity is a charitable incorporated organisation and has no share capital. In the event of the charity being wound up, the members have no liability. The registered office address is disclosed on page 1.

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2024 (continued)

3	Income from donations and legacies	9 Months	12 Months
		2024	2023
		£	£
	<i>Restricted donations</i>		
	Restricted donations - general	24,423	79,490
	Healing Hands Foundation - restricted	-	12,515
	<i>Unrestricted donations</i>		
	Unrestricted donations - general	99,138	58,592
	Donation from subsidiary	19,711	10,010
	Other income	362	-
	Total	143,634	160,607
4	Investment income	9 Months	12 Months
		2024	2023
		£	£
	Income from bank deposits - unrestricted	296	197
5	Cost of raising funds	9 Months	12 Months
		2024	2023
		£	£
	Donation processing fees	2,306	562
	Fundraising expenses	2,674	3,083
		4,980	3,645

All costs of raising funds are unrestricted.

Notes to the accounts for the year ended 31 March 2024 (continued)

6 Analysis of expenditure on charitable activities

	9 months	12 months
	2024	2023
	£	£
Staff costs	37,896	23,343
Subcontractor fees	180	18,540
Overseas living allowance	-	4,250
Grants paid	74,355	139,836
Bank charges	642	872
Insurances	726	854
Other Professional Services	13	777
Shipping, Freight, and Delivery	-	3
Travel and Accommodation	348	1,896
Office/General Administrative Expenses	397	34
Accountancy	1,687	2,040
Entertainment	47	-
Room hire	310	-
Depreciation	349	350
	116,950	192,795
Restricted expenditure	28,715	83,333
Unrestricted expenditure	88,235	109,462
	116,950	192,795

Grants paid

During the year the charity made the following grant payments to partner organisations in support of projects in Malawi which further the charity's own objects, as described in the trustees' report:

	2024
African Vision Malawi (formerly known as The Landirani Trust)	42,341
Mphatso Children's Foundation	4,909
African Vision Malawi, for Tilinanu education	23,203
<i>Payments made to or for individuals</i>	
Other fees	3,903
	74,355

Notes to the accounts for the year ended 31 March 2024 (continued)

7 Net income/(expenditure) for the year

	9 months	12 months
This is stated after charging/(crediting):	2024	2023
	£	£
Depreciation	349	350
Accountancy fees	1,668	1,800
Independent examiner's fee	240	240

8 Staff costs

Staff costs during the year were as follows:

	9 months	12 months
	2024	2023
	£	£
Wages and salaries	37,117	22,912
Pension costs	779	431
Overseas living allowance	-	4,250
	37,896	27,593

No employee has employee benefits in excess of £60,000 (2023: Nil).

The average number of staff employed during the period was 2 (2023: 2).

The average full time equivalent number of staff employed during the period was 1.5 (2023: 1.5).

The key management personnel of the charity comprise the trustees and the joint Chief Executive Officers, who were also the founders of the charity. The total employee benefits of the key management personnel of the charity were £37,896 (2023: £23,343).

9 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2023: Nil).

No member of the management committee received travel and subsistence expenses during the year (2023: £Nil).

Aggregate donations from related parties were £Nil (2023: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

Alice Pulford and Nina Roots are key management personnel of the charity and are also Trustees of Tilinanu Education, a UK charity. During the nine month period, the charity received £19,706 from Tilinanu Education (2023: £28,248 - twelve months) .

These funds are then re-granted to African Vision Malawi for Tilinanu girls education in Malawi.

10 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

11 Fixed assets: tangible assets

	Computer equipment £
Cost	
At 1 July 2023	1,400
Additions	-
At 31 March 2024	<u>1,400</u>
Depreciation	
At 1 July 2023	692
Charge for the year	349
At 31 March 2024	<u>1,041</u>
Net book value	
At 31 March 2024	<u>359</u>
<i>At 30 June 2023</i>	<u>708</u>

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2024 (continued)

12 Investments

2024	2023
£	£

Investment in the shares of the subsidiary company LSU:

Love Support Unite Africa Ltd

2	2
---	---

The charity owns the whole of the issued ordinary share capital of LSU: Love Support Unite Africa Ltd, a company registered in England, register no 8812384. The subsidiary is used for non-primary purpose trading activities. Available profits are gift aided to the charity. A summary of the results of the subsidiary is shown below:

	9 months	12 months
	2024	2023
	£	£
Profit and loss account		
Income	32,519	62,570
Expenditure	(27,500)	(39,067)
Net profit/(loss)	5,019	23,503
Balance sheet		
	2024	2023
	£	£
Fixed assets	320	394
Current assets	19,273	34,047
Creditors due in less than one year	(14,709)	(14,865)
Net assets	4,884	19,576
Called up share capital	2	2
Profit and loss account	4,882	19,574
Shareholders' funds	4,884	19,576

13 Debtors

2024	2023
£	£

Other debtors	500	6,036
Prepayments	-	726
Amounts receivable from subsidiary company	13,365	13,365
	13,865	20,127

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2024 (continued)

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Other creditors and accruals	1,908	2,040
Wages payable	2,283	-
Taxation and social security costs	526	-
	4,717	2,040

15 Analysis of movements in restricted funds

	Balance at 1 July 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Specific projects	82,108	-	-	(82,108)	-
Kande	-	1,878	(357)	-	1,521
Mphatso Baby Feeding Programme	3,956	1,800	(4,909)	-	847
Rugby	1,678	360	(246)	-	1,792
Tilinanu	2,212	20,385	(23,203)	606	-
Total	89,954	24,423	(28,715)	(81,502)	4,160

Comparative period

	Balance at 1 July 2022 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2023 £
Specific projects	82,739	92,005	(83,333)	(1,457)	89,954
Total	82,739	92,005	(83,333)	(1,457)	89,954

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 31 March 2024 (continued)

Name of restricted fund	Description, nature and purposes of the fund
Specific projects	Funds donated towards specific welfare and sustainability costs for projects operating in Malawi
Kande	Funds raised to help the community in the area called Kande Malawi, through famine relief, school fees, and business start ups
Mphatso Baby Feeding Programme	Funds raised to help support feeding programme for babies whose parents have passed away, delivered by Mphatso children's foundation in Malawi.
Rugby	Funds donated by Dan Hatch monthly to help pay expenses for rugby programme in Malawi
Tilinanu	Helps to support girls education in Malawi, girls formerly of Tilinanu Orphanage

Transfers

In the previous accounts, funds had been treated as restricted where there was no restriction on the income, but the charity had wished to track the spending on individual projects. As these funds are not in fact restricted, the unrestricted balance has been transferred to unrestricted funds.

16 Analysis of movement in unrestricted funds

	Balance at 1 July 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
General fund	17,043	119,507	(93,215)	81,502	124,837

Comparative period

	Balance at 1 July 2022 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2023 £
General fund	59,894	68,799	(113,107)	1,457	17,043

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

Notes to the accounts for the year ended 31 March 2024 (continued)

17 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total 2024 £
Tangible fixed assets	359	-	-	359
Fixed asset investments	2			2
Net current assets/(liabilities)	124,477	-	4,160	128,637
Total	124,837	-	4,160	128,997
Comparative period				
	General fund £	Designated funds £	Restricted funds £	Total 2023 £
Tangible fixed assets	708	-	-	708
Fixed asset investments	2			2
Net current assets/(liabilities)	16,333	-	89,954	106,287
Total	17,043	-	89,954	106,997

LOVE SUPPORT UNITE AFRICA FOUNDATION

England & Wales - Charity number 1162406

Accounts

Love Support Unite Africa Foundation

Trustees' report and financial statements

For the year ended 30 June 2023

Love Support Unite Africa Foundation
Reference and administrative information
for the year ended 30 June 2023

Charity number

1162406

Registered office and operational address

LOVE SUPPORT UNITE, Tabralit, Y Stabl, Bryn Gwran, Holyhead, Gwynedd, LL653PU

Trustees

Trustees who served during the year and up to the date of this report were as follows:

James Colvin

Gayle Berry

Sophie-Larissa Houghton

Ben Kitching

Glyn Jelley

Key management personnel

Alice Pulford - CEO

Nina Pulford - CEO

Bankers

Nat West Bank, 7 Hinckley Road, Leicester, LE3 0TQ.

Solicitors

Squire Patton Boggs, 7 Devonshire Square, London, EC2M 5YH

Independent examiner

Patrick Morrello ACA

Third Sector Accountancy Ltd, Holyoake House, Hanover Street, Manchester, M60 0AS

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2023

The trustees present their report and the unaudited financial statements for the year ended 30 June 2023.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objects of Love Support Unite Africa Foundation (LSU) are the prevention or relief of poverty or financial hardship in Africa by providing or assisting in the provision of education, training and healthcare projects. To provide necessary support designed to enable individuals and communities to generate a sustainable income and be self-sufficient.

Our projects are in Malawi – but not restricted to that country - with fundraising and administration being principally in the United Kingdom but with beneficiaries and volunteers being in both Malawi and the United Kingdom.

We grant the UK funds to organisations that are aligned with our aims and objectives. From October 2019 this is primarily African Vision Malawi in the UK and known as The Landirani Trust in Malawi.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

We partner with communities in Malawi to create sustainable solutions to poverty to bring about lasting and measurable change through our holistic model of development.

The charity's main activities and who it tries to help are described below. All its charitable activities focus on Education, Health Care, Sustainability, Nutrition through food security, Infrastructure, aid through Mphatso feeding programme for baby meals, and response to crisis appeals such as Covid-19. These activities are undertaken to further Love Support Unite Africa Foundation's charitable purposes for the public benefit.

Our main funded programmes partnered with and delivered through African Vision Malawi (AVM) include:

Adult literacy

Many families can't afford secondary school fees, children drop out in order to work and support their families. Girls often enter into early marriages so their care is supported independently by their husband and his family. Leaving the adult population over 20 years old unable to support their children's learning, read medical advice and run successful businesses.

Love Support Unite Africa Foundation
Trustees' annual report
for the year ended 30 June 2023

LSU has helped provide funding to train 11 adult literacy teachers and runs 5 centres for adults teaching Chichewa and English.

This will help to reduce illiteracy levels among adults ranging in age from 16 to 60 years in the community, enabling them to support their children's learning, run businesses, read warnings on medicines and integrate more fully into society for example being able to fill out bank forms.

141 students graduating 2022-2023

83% of beneficiaries stated that they were able to read and write after completing the courses we run.

Early childhood development

Supporting the education of children aged 2-5 years old in a preschool environment. We help the children gain a basic education and improve concentration before they reach primary level. This enables standard one (a child's first year at school) not to be their first time in a school setting, preventing learning delays and knock-on effects throughout life. LSU has provided funding for 3 pre-school nursery blocks, and monthly provides for 3 nursery teachers, as well as funding and qualified preschool teachers to deliver training for these teachers.

We have begun supporting the building of a new ECD centre in the Kande area. Mphasto completed this September 2022 and is now functioning as a centre 2023

173 average monthly attendance / 2,076 average attendance a year

Education

Support 4 orphans and vulnerable families with African Vision

10 Secondary scholarships with African Vision

University Grant - we supported a college graduate to go to University and have committed to this for 3 years.

5 child sponsorships with Stepping Stones Malawi

Supported Rugby as a sport amongst the local school children and teenagers in Lilongwe. We have a fully funded programme which pays for one full-time Project Manager and 10 Rugby Development Officers (RDOs). The RDO's are involved in the weekly training sessions at 20 different primary schools in Lilongwe, as well as trainings with junior and senior club teams in their respective areas. The LSU Rugby Project is one of the most successful Rugby development projects in Malawi. Run by Jack Mphande and Dan Hatch.

Mother Infant Health

The Mother and Infant Health Initiative aims to provide and act as a guiding programme for a healthy life for mothers and their babies. This is achieved through mother and baby groups learning infant massage, safe motherhood

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2023

education, Kangaroo Mother Care, first aid, hand hygiene, and infant mental health. Plans are underway for a training of 24 caregivers at Mphato. A proposal is currently underway to add this programme to our agreement with the DH0. Moving forward we help to fund a safe motherhood centre with AVM, and integrate MIH training.

Medical

Provision of an ambulance donated by RAKS TRUST enabled the expansion of Medical Outreach, as it is an ex-military ambulance that is designed for off road support helping our hard to reach areas. This ambulance helps provide free medical care in 10 rural areas monthly. 105,405 people served in 2022-23. Working with the Ministry of Health to deliver malaria and HIV testing and treatment, vaccinations, antenatal care, under 5's care, family planning and sexual health, and Covid prevention advice. It aims to help provide dental outreach after successful pilot programmes.

Sustainable farming

Helps vulnerable families living on less than \$1 per day who have 6 or more dependents including orphans and/or elderly. The program aims to help these families become food secure, provide nutrition for their family and surplus to sell to provide an income for school fees, mosquito nets and essentials for a healthy life. We provide them with farming inputs to farm 1 hectare of land, along with access to adult literacy, teaching, agriculture and business training over two years.

The value of the farm inputs is paid back over two years, with 0% interest. This is then invested in farm inputs for another family in the same community. The program is designed to make family farms self-sustainable through effective management of resources. Families are able to farm their land (many for the first time), and to have excess crops to sell to buy farm inputs for the following year and pay school fees for their children. The initiative has even been nicknamed 'Nsunga Moyo' in Chichewa, the local language, meaning 'life saver'.

All of the above programmes are run in country by African Vision Malawi. Their vision is to see "healthy, educated and self-sufficient communities in Malawi". We provide funding for the monthly costs of the above programmes which include the staff managing the programmes, fuel and materials, and we contribute towards office costs and administration.

We have supported 8 new families - 487 dependents and we have had a total of 230 families on the program.

Baby feeding

In October 2019 LSU began working with Mphatso Nurseries training nursery teachers. Seeing first-hand the life-saving work they do, we want to help support them in their mission.

This year we have supported Mphatso with donations to buy life-saving formula to feed the babies.

"Feeding the Children, Growing the Community, Impacting the Future". This has been the key message of Mphatso Children's Foundation for many years because they believe that it is the way to bring slow positive change to the communities. Feeding over 1,000 children each school day throughout their 14 nursery school programs. The Baby Feeding Program is for those that are seeking help because the mothers have either died or are too unwell to feed their babies. Hospitals and doctors are referring carers to Mphatso for life-saving baby formula. Many babies' lives have been

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2023

saved because of this program. They support these babies by routinely weighing them and supplying baby formula and, as they progress, maize porridge. We provide funding for their feeding programme.

119 babies a month supported - approximately 14,000 babies meals 2022-23

Nutrition

We fund a permaculture manager to help provide training to teachers and pupils in food gardens providing meals in schools. £1000 was provided to train farmers and plant seedlings which enabled the planting of 5000 trees in 2022! This money also paid for the training of the staff at four different Tree Nurseries that we support in 4 different centres. This training was carried out by Kondwani and Green from the Africa Vision Malawi (AVM) team. These trees have continued to be maintained into 2023.

Tilinanu Orphanage

In the UK LSU provide all administration and services for Tilinanu free of charge. This year we facilitated the reintegration of all the girls within Tilinanu Orphanage in line with government guidelines. We have successfully enrolled the girls from the orphanage within an education scholarship program run by Africa Vision.

Emergency appeals

Emergency appeals have been responded to.

Cyclone Freddy hit 5 Feb 2023 – 14 Mar 2023

Nearly 508,250 displaced and at least 499 killed

Together LSU and Tilinanu rebuilt two homes and donated £2000 to families who needed to get back on their feet.

Beneficiaries of our services

Babies, toddlers, children, young adults, adults, parents and families all benefit from the above services, either directly or indirectly in Malawi.

Changes

We continue to work alongside charitable organisations within Malawi.

Financial review

Income from unrestricted funds was £68,602 (2022: £46,485) and unrestricted expenditure was £113,107 (2022: £60,555). Restricted income was £92,005 (2022: £93,227) and restricted expenditure was £83,333 (2022: £97,257). The total funds of the charity at the end of the year were £106,997 (2022: £142,633) of which £17,043 (2022: £59,894) was unrestricted and £89,854 (2022: £82,739) was restricted.

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2023

Reserves policy

In order to ensure uninterrupted work on Malawi projects each year we aim to hold in unrestricted reserves the annual estimated costs of current Malawi projects and the higher of the equivalent Stirling value of £50,000. At year end those unrestricted reserves were £17043.

Plans for the future

Goals for 2024/25

- To maintain the funded programs of Adult Literacy, Education, Medical and Sustainability.
- Collaboration with small grassroots charities that are working in similar areas as LSU. We aim to share experience, expertise and equipment with these like-minded organisations and strengthen one another.
- Add additional and consistent dental - prevention programs to medical outreach by the end of 2023 as our yearly annual outreach is so effective and there is such a high demand for dental care.
- We aim to continue to support outreach projects and keep moving them towards sustainability.
- We would like to begin to contribute to carbon offsetting in Malawi with AVM
- We aim to work with these organisations in the community on protecting the land, forests and trees in the hope of contributing to climate change.
- We aim to integrate Sustainable family farms with AVM programmes and relaunch in 2023 and to be able to increase the amount of families that we can help.
- Support any emergency appeals.
- We aim to help fundraise for Tilinanu Education to help facilitate vulnerable girls' education, as well as supporting 10 of the girls through the Sustainable Family Farms program.
- We aim to align our project fundraising targets with Africa Vision to help facilitate greater long-lasting change.

Structure, governance and management

The organisation is a charitable incorporated organisation, registered with the Charity Commission on 25 June 2015.

The charity was established under a constitution which established the objects and powers of the charity and its governance.

Members of the charity have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities in the event of winding up. Only members of the charity are trustees but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. The trustees did not receive any reimbursement for expenses.

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2023

Trustee recruitment

The current trustees discuss regularly if there are any additional skills needed on the board and outline any expertise needed.

Potential candidates come from people who have shown an interest in the charity in the past, or who have no previous connection but the right skill set. These candidates would come by recommendation or from the trustees' internal professional and personal network.

Following an informal contact and discussion to establish the candidate's interest and skills, and to explain the charity background and the role the candidate would play, the trustees meet with the candidates. After discussion and agreement by the board, the relevant candidate(s) will be invited by email to join the board as a trustee.

If accepted, the new trustee(s) will join future meetings and will be registered as a trustee with the Charity Commission.

Glyn Jelley was appointed as a new trustee last year, as an accountant, he has taken the role of finance trustee.

Related parties and relationships with other organisations

The charity has the following related party relationships:

Love Support Unite Africa Ltd – a limited company to purchase and sell Love Specs, for profit, to provide funding for the charity, a wholly owned subsidiary of the charity,

Tilinanu Orphanage – a registered charity in the UK, LSU provides all administration services to the charity free of charge

Remuneration policy for key management personnel

Key Personnel, namely Alice Pulford and Nina Roots, are the CEOs for the charity. Remuneration is agreed by the Board of Trustees and reviewed regularly throughout the year. Dominic Bowden has remained in the team as administration.

Risk management

Our policy formally acknowledges that the trustee board is committed to maintaining a strong risk management framework. The aim is to ensure that Love Support Unite Africa Foundation makes every effort to manage risk appropriately by maximising potential opportunities whilst minimising any adverse risks.

Our policy will be used to support the internal control systems of the charity, enabling the charity to respond to operational, strategic and financial risks regardless of whether they are internally or externally driven.

Statement of responsibilities of the trustees

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (Charities Act 2011 and United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2023

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

19 / 01 / 2024

The trustees' annual report was approved by the trustees on and signed on their behalf by:

James William Colvin

James Colvin
Trustee

Independent examiner's report
to the members of
Love Support Unite Africa Foundation

I report on the accounts of the charity for the year ended 30 June 2023 set out on pages 10 to 22.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Other matters

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Patrick Morrello ACA

Third Sector Accountancy Limited

Holyoake House, Hanover Street, Manchester M60 0AS

Date signed 20 / 01 / 2024

Love Support Unite Africa Foundation
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 30 June 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	<i>Unrestricted funds £</i>	<i>Restricted funds £</i>	<i>Total funds 2022 £</i>
Income from:							
Donations and legacies	3	68,602	92,005	160,607	46,485	93,227	139,712
Investments	5	197	-	197	-	-	-
Total income		68,799	92,005	160,804	46,485	93,227	139,712
Expenditure on:							
Raising funds	6	3,645	-	3,645	3,140	-	3,140
Charitable activities	7	109,462	83,333	192,795	57,415	97,257	154,672
Total expenditure		113,107	83,333	196,440	60,555	97,257	157,812
Net income/(expenditure) for the year	8	(44,308)	8,672	(35,636)	(14,070)	(4,030)	(18,100)
Transfer between funds		1,457	(1,457)	-	(14,670)	14,670	-
Net movement in funds for the year		(42,851)	7,215	(35,636)	(28,740)	10,640	(18,100)
Reconciliation of funds							
Total funds brought forward		59,894	82,739	142,633	88,634	72,099	160,733
Total funds carried forward		17,043	89,954	106,997	59,894	82,739	142,633

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Love Support Unite Africa Foundation
Charity number 1162406

Balance sheet as at 30 June 2023

	Note	2023	2022
		£	£
Fixed assets			
Tangible assets	13	708	1,058
Investments	14	2	2
Total fixed assets		710	1,060
Current assets			
Debtors	15	20,127	19,389
Cash at bank and in hand		88,200	125,272
Total current assets		108,327	144,661
Liabilities			
Creditors: amounts falling due in less than one year	16	(2,040)	(3,088)
Net current assets		106,287	141,573
Total assets less current liabilities		106,997	142,633
Net assets		106,997	142,633
The funds of the charity:			
Restricted income funds	17	89,954	82,739
Unrestricted income funds	18	17,043	59,894
Total charity funds		106,997	142,633

For the year in question, the charity was entitled to exemption from an audit under section 144 of the Charities Act 2011. The Charity Commission has not ordered an audit to be carried out under Section 146 of the Charities Act 2011.

The notes on pages 12 to 22 form part of these accounts.

Approved by the trustees on 19 / 01 / 2024 and signed on their behalf by:

James William Colvin

James Colvin, Trustee

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 - (Charities SORP (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Love Support Unite Africa Foundation meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £ sterling.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Notes to the accounts for the year ended 30 June 2023 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of marketing and networking, and donation processing fees.
- Expenditure on charitable activities includes the costs of grants paid to partner organisations for joint projects and activities undertaken to further the purposes of the charity.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £250 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computer equipment	25%
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h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

j Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. Over paid contributions at the year end amounted to £38 which was Refunded in August 2023.

2 Legal status of the charity

The charity is a charitable incorporated organisation and has no share capital. In the event of the charity being wound up, the members have no liability. The registered office address is disclosed on page 1.

Notes to the accounts for the year ended 30 June 2023 (continued)

3 Income from donations and legacies

	2023 £	2022 £
Restricted donations	79,490	80,712
Unrestricted donations	58,592	42,074
Donation from subsidiary	10,010	2,970
Healing Hands Foundation	12,515	12,515
Corona Job Retention Scheme	-	1,441
Total	160,607	139,712

5 Investment income

	2023 £	2022 £
Income from bank deposits - unrestricted	197	-

6 Cost of raising funds

	2023 £	2022 £
Donation processing fees	562	562
Marketing	-	16
Fundraising expenses	3,083	2,563
	3,645	3,140

All costs of raising funds are unrestricted.

Notes to the accounts for the year ended 30 June 2023 (continued)

7 Analysis of expenditure on charitable activities

	2023 £	2022 £
Staff costs	23,343	36,606
Subcontractor fees	18,540	5,839
Overseas living allowance	4,250	1,500
Grants paid	139,836	102,070
Bank charges	872	579
Insurances	854	757
Other Professional Services	777	127
Shipping, Freight, and Delivery	3	245
Travel and Accommodation	1,896	1,401
Office/General Administrative Expenses	34	2,248
Accountancy	2,040	1,818
Project costs (LSU Malawi)		1,200
Depreciation	350	280
	192,795	154,672
Restricted expenditure	83,333	97,257
Unrestricted expenditure	109,462	57,415
	192,795	154,672

Grants paid

During the year the charity made the following grant payments to partner organisations in support of projects in Malawi which further the charity's own objects, as described in the trustees' report:

	2023
African Vision Malawi (aka The Landirani Trust)	103,103
Mphatso Children's Foundation	1,750
Tilinanu education	17,361
<i>Payments made to or for individuals</i>	
Stepping Stones (primary school charity)	4,000
University fees	815
Other fees	12,807
	139,836

Notes to the accounts for the year ended 30 June 2023 (continued)

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2023	2022
	£	£
Depreciation	350	280
Accountancy fees	1,800	1,320
Independent examiner's fee	240	240

9 Staff costs

Staff costs during the year were as follows:

	2023	2022
	£	£
Wages and salaries	22,912	35,587
Social security costs		
Pension costs	431	1,020
Overseas living allowance	4,250	1,500
	27,593	38,106

No employee has employee benefits in excess of £60,000 (2022: Nil).

The average number of staff employed during the period was 2 (2022: 2).

The average full time equivalent number of staff employed during the period was 1.5 (2022: 1.5).

The key management personnel of the charity comprise the trustees and the joint Chief Executive Officers, who were also the founders of the charity. The total employee benefits of the key management personnel of the charity were £23,343 (2022: £36,606).

10 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2022: Nil).

No member of the management committee received travel and subsistence expenses during the year (2022: £Nil).

Aggregate donations from related parties were £Nil (2022: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

Alice Pulford and Nina Roots are key management personnel of the charity and are also Trustees of Tilinanu Education. During the year, the charity received £28,248 from Tilinanu Education.

These funds are part of grants given directly to African Vision for Tilinanu girls education in Malawi.

Notes to the accounts for the year ended 30 June 2023 (continued)

11 Government grants

The government grants recognised in the accounts were as follows:

	2023 £	2022 £
Coronavirus Job Retention Scheme	-	1,441
	-	1,441

There were no unfulfilled conditions and contingencies attaching to the grant.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Computer equipment £
Cost	
At 1 July 2022	1,400
Additions	-
At 30 June 2023	1,400
Depreciation	
At 1 July 2022	343
Charge for the year	350
At 30 June 2023	693
Net book value	
At 30 June 2023	708
At 30 June 2022	1,058

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2023 (continued)

14 Investments

	2023 £	2022 £
Investment in the shares of the subsidiary company LSU: Love Support Unite Africa Ltd	<u>2</u>	<u>2</u>

The charity owns the whole of the issued ordinary share capital of LSU: Love Support Unite Africa Ltd, a company registered in England, register no 8812384. The subsidiary is used for non-primary purpose trading activities. Available profits are gift aided to the charity. A summary of the results of the subsidiary is shown below:

Profit and loss account	2023 £	2022 £
Income	64,458	43,111
Expenditure	(38,947)	(41,667)
Net profit/(loss)	<u>25,511</u>	<u>1,444</u>

Balance sheet	2023 £	2022 £
Fixed assets	394	527
Current assets	35,935	20,111
Creditors due in less than one year	(14,745)	(14,565)
Net assets	<u>21,584</u>	<u>6,074</u>
Called up share capital	2	2
Profit and loss account	<u>21,582</u>	<u>6,072</u>
Shareholders' funds	<u>21,584</u>	<u>6,074</u>

15 Debtors

	2023 £	2022 £
Accrued donation income	-	2,017
Other debtors	6,036	2,507
Prepayments	726	486
Amounts receivable from subsidiary company	13,365	14,379
	<u>20,127</u>	<u>19,389</u>

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2023 (continued)

16 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors and accruals	2,040	1,560
Staff costs	-	1,471
Taxation and social security costs	-	57
	2,040	3,088

17 Analysis of movements in restricted funds

	Balance at 1 July 2022 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2023 £
Specific projects	82,739	92,005	(83,333)	(1,457)	89,954
Total	82,739	92,005	(83,333)	(1,457)	89,954

Comparative period

	Balance at 1 July 2021 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2022 £
Specific projects	72,099	93,227	(97,257)	14,670	82,739
Total	72,099	93,227	(97,257)	14,670	82,739

**Name of
restricted fund**

Description, nature and purposes of the fund

Specific projects	funds donated towards specific welfare and sustainability costs for projects operating in Malawi
-------------------	--

Notes to the accounts for the year ended 30 June 2023 (continued)

18 Analysis of movement in unrestricted funds

	Balance at 1 July 2022 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2023 £
General fund	59,894	68,799	(113,107)	1,457	17,043
	59,894	68,799	(113,107)	1,457	17,043

Comparative period

	Balance at 1 July 2021 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2022 £
General fund	88,634	46,485	(60,555)	(14,670)	59,894
	88,634	46,485	(60,555)	(14,670)	59,894

**Name of
unrestricted fund****Description, nature and purposes of the fund**

General fund The free reserves after allowing for all designated funds

19 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total 2023 £
Tangible fixed assets	708	-	-	708
Fixed asset investments	2			2
Net current assets/(liabilities)	16,333	-	89,954	106,287
Total	17,043	-	89,954	106,997

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2023 (continued)

Comparative period

	<i>General fund £</i>	<i>Designated funds £</i>	<i>Restricted funds £</i>	<i>Total 2022 £</i>
<i>Tangible fixed assets</i>	1,058	-	-	1,058
<i>Fixed asset investments</i>	2			2
<i>Net current assets/(liabilities)</i>	58,834	-	82,739	141,573
<i>Total</i>	59,894	-	82,739	142,633

Accounts

Love Support Unite Africa Foundation

Trustees' report and financial statements

For the year ended 30 June 2022

Love Support Unite Africa Foundation
Reference and administrative information
for the year ended 30 June 2022

Charity number

1162406

Registered office and operational address

LOVE SUPPORT UNITE, Tabralit, Y Stabl, Bryn Gwran, Holyhead, Gwynedd, LL653PU

Trustees

Trustees who served during the year and up to the date of this report were as follows:

James Colvin	appointed 28/04/2016
Gayle Berry	appointed 16/03/2020
Sophie-Larissa Houghton	appointed 31/03/2021
Ben Kitching	appointed 10/11/2021
Glyn Jelley	appointed 09/03/2022

Key management personnel

Alice Pulford - CEO

Nina Pulford - CEO

Bankers

Nat West Bank, 7 Hinckley Road, Leicester, LE3 0TQ.

Solicitors

Squire Patton Boggs, 7 Devonshire Square, London, EC2M 5YH

Independent examiner

Patrick Morrello ACA

Third Sector Accountancy Ltd, Holyoake House, Hanover Street, Manchester, M60 0AS

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

The trustees present their report and the unaudited financial statements for the year ended 30 June 2022.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The objects of Love Support Unite Africa Foundation (LSU) are the prevention or relief of poverty or financial hardship in Africa by providing or assisting in the provision of education, training and healthcare projects. To provide necessary support designed to enable individuals and communities to generate a sustainable income and be self-sufficient.

Our projects are in Malawi – but not restricted to that country - with fundraising and administration being principally in the United Kingdom but with beneficiaries and volunteers being in both Malawi and the United Kingdom.

We grant the UK funds to organisations that are aligned with our aims and objectives. From October 2019 this is primarily African Vision Malawi in the UK and known as The Landirani Trust in Malawi.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

We partner with communities in Malawi to create sustainable solutions to poverty to bring about lasting and measurable change through our holistic model of development.

The charity's main activities and who it tries to help are described below. All its charitable activities focus on Education, Health Care, Sustainability, Nutrition through food security, Infrastructure, aid through Mphatso feeding programme for baby meals, and response to crisis appeals such as Covid-19. These activities are undertaken to further Love Support Unite Africa Foundation's charitable purposes for the public benefit.

Our main funded programmes partnered with and delivered through African Vision Malawi (AVM) include:

Adult literacy

Many families can't afford secondary school fees, children drop out in order to work and support their families. Girls often enter into early marriages so their care is supported independently by their husband and his family. Leaving the adult population over 20 years old unable to support their children's learning, read medical advice and run successful businesses.

LSU has helped provide funding to train 11 adult literacy teachers and runs 5 centres for adults teaching Chichewa and English.

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

This will help to reduce illiteracy levels among adults ranging in age from 16 to 60 years in the community, enabling them to support their children's learning, run businesses, read warnings on medicines and integrate more fully into society for example being able to fill out bank forms.

110 adults graduating 2021-22

Early childhood development

Supporting the education of children aged 2-5 years old in a preschool environment. We help the children gain a basic education and improve concentration before they reach primary level. This enables standard one (a child's first year at school) not to be their first time in a school setting, preventing learning delays and knock-on effects throughout life. LSU has provided funding for 3 pre-school nursery blocks, and monthly provides for 3 nursery teachers, as well as funding and qualified preschool teachers to deliver training for these teachers.

We have begun supporting the building of a new ECD centre in the Kande area. Mphasto aims for this to be completed in September 2022

Education

Support 4 orphans and vulnerable families with African Vision

10 Secondary scholarships with African Vision

University Grant - we supported a college graduate to go to University and have committed to this for 3 years.

5 child sponsorships with Stepping Stones Malawi

Supported Rugby as a sport amongst the local school children and teenagers in Lilongwe. We have a fully funded programme which pays for one full-time Project Manager and 10 Rugby Development Officers (RDOs). The RDO's are involved in the weekly training sessions at 20 different primary schools in Lilongwe, as well as trainings with junior and senior club teams in their respective areas. The LSU Rugby Project is one of the most successful Rugby development projects in Malawi. Run by Jack Mphande and Dan Hatch.

Mother Infant Health

The Mother and Infant Health Initiative aims to provide and act as a guiding programme for a healthy life for mothers and their babies. This is achieved through mother and baby groups learning infant massage, safe motherhood education, Kangaroo Mother Care, first aid, hand hygiene, and infant mental health. Plans are underway for a training of 24 caregivers at Mphato. A proposal is currently underway to add this programme to our agreement with the DH0. Moving forward we help to fund a safe motherhood centre with AVM, and integrate MIH training.

Medical

Provision of an ambulance donated by RAKS TRUST enabled the expansion of Medical Outreach, as it is an ex-military ambulance that is designed for off road support helping our hard to reach areas. This ambulance helps provide free medical care in 10 rural areas monthly. 24,256 people served in 2021-22. Working with the Ministry of Health to deliver

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

malaria and HIV testing and treatment, vaccinations, antenatal care, under 5's care, family planning and sexual health, and Covid prevention advice. It aims to help provide dental outreach after successful pilot programmes.

Sustainable farming

Helps vulnerable families living on less than \$1 per day who have 6 or more dependents including orphans and/or elderly. The program aims to help these families become food secure, provide nutrition for their family and surplus to sell to provide an income for school fees, mosquito nets and essentials for a healthy life. We provide them with farming inputs to farm 1 hectare of land, along with access to adult literacy, teaching, agriculture and business training over two years.

The value of the farm inputs is paid back over two years, with 0% interest. This is then invested in farm inputs for another family in the same community. The program is designed to make family farms self-sustainable through effective management of resources. Families are able to farm their land (many for the first time), and to have excess crops to sell to buy farm inputs for the following year and pay school fees for their children. The initiative has even been nicknamed 'Nsunga Moyo' in Chichewa, the local language, meaning 'life saver'.

All of the above programmes are run in country by African Vision Malawi. Their vision is to see "healthy, educated and self-sufficient communities in Malawi". We provide funding for the monthly costs of the above programmes which include the staff managing the programmes, fuel and materials, and we contribute towards office costs and administration.

18 new families - 440 dependents - 86909KG of Maize harvested

Baby feeding

In October 2019 LSU began working with Mphatso Nurseries training nursery teachers. Seeing first-hand the life-saving work they do, we want to help support them in their mission.

This year we have supported Mphatso with donations to buy life-saving formula to feed the babies.

"Feeding the Children, Growing the Community, Impacting the Future". This has been the key message of Mphatso Children's Foundation for many years because they believe that it is the way to bring slow positive change to the communities. Feeding over 1,000 children each school day throughout their 14 nursery school programs. The Baby Feeding Program is for those that are seeking help because the mothers have either died or are too unwell to feed their babies. Hospitals and doctors are referring carers to Mphatso for life-saving baby formula. Many babies' lives have been saved because of this program. They support these babies by routinely weighing them and supplying baby formula and, as they progress, maize porridge. We provide funding for their feeding programme.

119 babies a month supported - 14,280 babies meals 2021-22

Nutrition

We fund a permaculture manager to help provide training to teachers and pupils in food gardens providing meals in schools. £1000 was provided to train farmers and plant seedlings which enabled the planting of 5000 trees! This money also paid for the training of the staff at four different Tree Nurseries that we support in 4 different centres. This training was carried out by Kondwani and Green from the Africa Vision Malawi (AVM) team.

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

Tilinanu Orphanage

In the UK LSU provide all administration and services for Tilinanu free of charge. This year we facilitated the reintegration of all the girls within Tilinanu Orphanage in line with government guidelines. We have successfully enrolled the girls from the orphanage within an education scholarship program run by Africa Vision.

Emergency appeals

Emergency appeals have been responded to.

Tropical Storm ANA caused floods, destruction, and fatalities in Malawi

The Malawi President declared a State of National Disaster on 26th January 2022

221,127 households (995,072 people) were affected across 19 districts

46 people died, 206 people were injured while 18 people still reported

missing. 32,935 households (152,786 people) displaced 178 displacement camps across affected districts

Due to seasonal changes, there had been an increase in Diarrhoea diseases and high numbers of Malaria. It's also a famine season, meaning food is scarce.

Sadly, these factors contribute to low immune systems and more people are prone to illnesses.

Beneficiaries of our services

Babies, toddlers, children, young adults, adults, parents and families all benefit from the above services, either directly or indirectly in Malawi.

Changes

We continue to work alongside charitable organisations within Malawi.

Financial review

Income from unrestricted funds was £46,485 (2021: £54,825) and unrestricted expenditure was £60,554 (2021: £75,955). Restricted income was £93,227 (2021: £87,382) and restricted expenditure was £97,257 (2021: £67,537). The total funds of the charity at the end of the year were £142,633 (2021: £160,733) of which £59,895 (2021: £88,634) was unrestricted and £82,738 (2021: £72,099) was restricted, after having made a transfer adjustment of £14,670 from unrestricted to restricted funds to cover specific project costs.

Reserves policy

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

In order to ensure uninterrupted work on Malawi projects each year we aim to hold in reserve the annual estimated costs of current Malawi projects and the higher of the equivalent Stirling value of £50,000. At year end those reserves were £59,895.

Plans for the future

Goals for 2023/24

- To maintain the funded programs of Adult Literacy, Education, Medical and Sustainability.
- Collaboration with small grassroots charities that are working in similar areas as LSU. We aim to share experience, expertise and equipment with these like-minded organisations and strengthen one another.
- Add a dental - prevention program to medical outreach by the end of 2022 as our yearly annual outreach is so effective and there is such a high demand for dental care.
- We aim to continue to support outreach projects and keep moving them towards sustainability.
- We would like to begin to contribute to carbon offsetting in Malawi with AVM
- We aim to work with these organisations in the community on protecting the land, forests and trees in the hope of contributing to climate change.
- We aim to integrate Sustainable family farms with AVM programmes and relaunch in 2023
- Support any emergency appeals.
- We aim to help fundraise for Tilinanu Education to help facilitate vulnerable girls' education, as well as supporting 10 of the girls through the Sustainable Family Farms program.
- We aim to align our project fundraising targets with Africa Vision to help facilitate greater long-lasting change.

Structure, governance and management

The organisation is a charitable incorporated organisation, registered with the Charity Commission on 25 June 2015.

The charity was established under a constitution which established the objects and powers of the charity and its governance.

Members of the charity have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities in the event of winding up. Only members of the charity are trustees but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. The trustees did not receive any reimbursement for expenses.

Trustee recruitment

The current trustees discuss regularly if there are any additional skills needed on the board and outline any expertise needed.

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

Potential candidates come from people who have shown an interest in the charity in the past, or who have no previous connection but the right skill set. These candidates would come by recommendation or from the trustees' internal professional and personal network.

Following an informal contact and discussion to establish the candidate's interest and skills, and to explain the charity background and the role the candidate would play, the trustees meet with the candidates. After discussion and agreement by the board, the relevant candidate(s) will be invited by email to join the board as a trustee.

If accepted, the new trustee(s) will join future meetings and will be registered as a trustee with the Charity Commission.

Glyn Jelley was appointed as a new trustee last year, as an accountant, he has taken the role of finance trustee. Sadly Nigel Cullip resigned in 2022 and passed away in February 2023.

Related parties and relationships with other organisations

The charity has the following related party relationships:

Love Support Unite Africa Ltd – a limited company to purchase and sell Love Specs, for profit, to provide funding for the charity, a wholly owned subsidiary of the charity,

Tilinanu Orphanage – a registered charity in the UK, LSU provides all administration services to the charity free of charge

Remuneration policy for key management personnel

Key Personnel, namely Alice Pulford and Nina Roots, are the CEOs for the charity. Remuneration is agreed by the Board of Trustees and reviewed regularly throughout the year. Dominic Bowden has joined the team as administration as Alie Jones has been on maternity leave.

Risk management

Our policy formally acknowledges that the trustee board is committed to maintaining a strong risk management framework. The aim is to ensure that Love Support Unite Africa Foundation makes every effort to manage risk appropriately by maximising potential opportunities whilst minimising any adverse risks.

Our policy will be used to support the internal control systems of the charity, enabling the charity to respond to operational, strategic and financial risks regardless of whether they are internally or externally driven.

Statement of responsibilities of the trustees

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (Charities Act 2011 and United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently

Love Support Unite Africa Foundation

Trustees' annual report

for the year ended 30 June 2022

- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

22 / 03 / 2023

The trustees' annual report was approved by the trustees on and signed on their behalf by:

A handwritten signature in black ink that reads "J COLVIN". The signature is stylized, with a large "J" and "C" and the name "COLVIN" in all caps.

James Colvin
Trustee

Independent examiner's report
to the members of
Love Support Unite Africa Foundation

I report on the accounts of the charity for the year ended 30 June 2022 set out on pages 10 to 23.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Other matters

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Patrick Morrello ACA
Third Sector Accountancy Limited
Holyoake House, Hanover Street, Manchester M60 0AS

29 / 03 / 2023

Date signed

Love Support Unite Africa Foundation
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 30 June 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	<i>Unrestricted funds £</i>	<i>Restricted funds £</i>	<i>Total funds 2021 £</i>
Income from:							
Donations and legacies	3	46,485	93,227	139,712	54,822	87,382	142,204
Investments	5	-	-	-	3	-	3
Total income		46,485	93,227	139,712	54,825	87,382	142,207
Expenditure on:							
Raising funds	6	3,140	-	3,140	912	-	912
Charitable activities	7	57,414	97,257	154,672	75,043	67,537	142,580
Total expenditure		60,554	97,257	157,812	75,955	67,537	143,492
Net income/(expenditure) for the year	8	(14,069)	(4,031)	(18,100)	(21,130)	19,845	(1,285)
Transfer between funds		(14,670)	14,670	-	(6,421)	6,421	-
Net movement in funds for the year		(28,739)	10,639	(18,100)	(27,551)	26,266	(1,285)
Reconciliation of funds							
Total funds brought forward		88,634	72,099	160,733	116,185	45,833	162,018
Total funds carried forward		59,895	82,738	142,633	88,634	72,099	160,733

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Love Support Unite Africa Foundation
Charity number 1162406

Balance sheet as at 30 June 2022

	Note	2022	2021
		£	£
Fixed assets			
Tangible assets	13	1,058	188
Investments	14	2	2
Total fixed assets		1,060	190
Current assets			
Debtors	15	19,389	30,447
Cash at bank and in hand		125,272	134,249
Total current assets		144,661	164,696
Liabilities			
Creditors: amounts falling due in less than one year	16	(3,088)	(4,153)
Net current assets		141,573	160,543
Total assets less current liabilities		142,633	160,733
Net assets		142,633	160,733
The funds of the charity:			
Restricted income funds	17	82,738	72,099
Unrestricted income funds	18	59,895	88,634
Total charity funds		142,633	160,733

For the year in question, the charity was entitled to exemption from an audit under section 144 of the Charities Act 2011. The Charity Commission has not ordered an audit to be carried out under Section 146 of the Charities Act 2011.

The notes on pages 12 to 23 form part of these accounts.

Approved by the trustees on and signed on their behalf by:



James Colvin, Trustee

22 / 03 / 2023

Notes to the accounts for the year ended 30 June 2022

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Love Support Unite Africa Foundation meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £ sterling.

b Judgments and estimates

The trustees have made no key judgments which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Notes to the accounts for the year ended 30 June 2022 (continued)

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of marketing and networking, and donation processing fees.
- Expenditure on charitable activities includes the costs of grants paid to partner organisations for joint projects and activities undertaken to further the purposes of the charity.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Tangible fixed assets

Individual fixed assets costing £250 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computer equipment	25%
--------------------	-----

i Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. Outstanding contributions at the year end amounted to £146 which was paid in July 2021.

2 Legal status of the charity

The charity is a charitable incorporated organisation and has no share capital. In the event of the charity being wound up, the members have no liability. The registered office address is disclosed on page 1.

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2022 (continued)

3 Income from donations and legacies

	Total 2022 £	<i>Total 2021</i> £
Donations	122,786	105,259
Donation from subsidiary	2,970	-
Healing Hands Foundation	12,515	12,515
Corona Job Retention Scheme	1,441	24,430
Total	139,712	142,204

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2022 (continued)

5 Investment income

	Total 2022 £	Total 2021 £
Income from bank deposits	-	3
	-	3

6 Cost of raising funds

	2022 £	2021 £
Staff costs	-	
Donation processing fees	562	699
Marketing	16	72
Fundraising expenses	2,563	141
	3,140	912

Notes to the accounts for the year ended 30 June 2022 (continued)

7 Analysis of expenditure on charitable activities

	Total 2022 £	Total 2021 £
Staff costs	36,606	40,608
Subcontract fees	5,839	-
Staff welfare	-	200
Overseas living allowance	1,500	5,980
Grants paid	102,070	86,741
Bank charges	579	347
Insurances	757	1,204
Other Professional Services	127	-
Shipping, Freight, and Delivery	245	234
Travel and Accommodation	1,401	1,900
Office/General Administrative Expenses	2,248	279
Accountancy	1,818	2,268
Depreciation	280	63
	154,672	142,580
Restricted expenditure	97,257	67,537
Unrestricted expenditure	57,414	75,043
	154,672	142,580

Grants paid

During the year the charity made the following grant payments to partner organisations in support of projects in Malawi which further the charity's own objects, as described in the trustees' report:

	Total 2022
African Vision Malawi (aka The Landirani Trust)	91,227
Mphatso Children's Foundation	5,458
Other - for Covid masks	-
<i>Payments made to or for individuals</i>	92
Stepping Stones (primary school charity)	2,500
University fees	722
School fees at Bambino School, Lilongwe, Malawi	2,071
	102,070

Notes to the accounts for the year ended 30 June 2022 (continued)

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022	2021
	£	£
Depreciation	280	63
Accountancy fees	1,320	1,200
Independent examiner's fee	240	240

9 Staff costs

Staff costs during the year were as follows:

	2022	2021
	£	£
Wages and salaries	35,587	39,788
Social security costs		-
Pension costs	1,020	819
Overseas living allowance	1,500	5,980
	38,106	46,587

No employee has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 2 (2021: 2).

The average full time equivalent number of staff employed during the period was 1.5 (2021: 1.5).

The key management personnel of the charity comprise the trustees and the joint Chief Executive Officers. The total employee benefits of the key management personnel of the charity were £47,840 (2021: £40,608).

10 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2021: Nil).

No member of the management committee received travel and subsistence expenses during the year (2021: £Nil).

Aggregate donations from related parties were £Nil (2021: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2021: nil).

Notes to the accounts for the year ended 30 June 2022 (continued)

11 Government grants

The government grants recognised in the accounts were as follows:

	2022 £	2021 £
Corona Job Retention Scheme	1,441	24,430
	1,441	24,430

There were no unfulfilled conditions and contingencies attaching to the grant.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Computer equipment £
Cost	
At 1 July 2021	251
Additions	1,149
At 30 June 2022	1,400
Depreciation	
At 1 July 2021	63
Charge for the year	280
At 30 June 2022	343
Net book value	
At 30 June 2022	1,058
At 30 June 2021	188

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2022 (continued)

14 Investments

	2022 £	2021 £
Investment in the shares of the subsidiary company LSU: Love Support Unite Africa Ltd	2	2

The charity owns the whole of the issued ordinary share capital of LSU: Love Support Unite Africa Ltd, a company registered in England, register no 8812384. The subsidiary is used for non-primary purpose trading activities. Available profits are gift aided to the charity. A summary of the results of the subsidiary is shown below:

Profit and loss account	2022 £	2021 £
Income	43,111	21,015
Expenditure	(41,667)	(13,473)
Net profit/(loss)	1,444	7,542
Balance sheet	2022 £	2021 £
Fixed assets	527	990
Current assets	20,111	15,092
Creditors due in less than one year	(14,565)	(7,645)
Net assets	6,074	8,437
Called up share capital	2	2
Profit and loss account	6,072	8,435
Shareholders' funds	6,074	8,437

15 Debtors

	2022 £	2021 £
Accrued donation income	2,017	21,802
Other debtors	2,507	1,171
Prepayments	486	550
Amounts receivable from subsidiary company	14,379	6,924
	19,389	30,447

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2022 (continued)

16 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors and accruals	1,560	1,586
Staff costs	1,471	-
Taxation and social security costs	57	2,567
	3,088	4,153

17 Analysis of movements in restricted funds

	Balance at 1 July 2021 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2022 £
Specific projects	72,099	93,227	(97,257)	14,670	82,738
Total	72,099	93,227	(97,257)	14,670	82,738

Comparative period

	Balance at 1 July 2020 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2021 £
Specific projects	45,833	87,382	(67,537)	6,421	72,099
Total	45,833	87,382	(67,537)	6,421	72,099

**Name of
restricted fund**

Description, nature and purposes of the fund

Specific projects funds donated towards specific welfare and sustainability costs for projects operating in Malawi

Notes to the accounts for the year ended 30 June 2022 (continued)

18 Analysis of movement in unrestricted funds

	Balance at 1 July 2021 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2022 £
General fund	88,634	46,485	(60,554)	(14,670)	59,895
	<u>88,634</u>	<u>46,485</u>	<u>(60,554)</u>	<u>(14,670)</u>	<u>59,895</u>

Comparative period

	Balance at 1 July 2020 £	Income £	Expenditure £	Transfers £	Balance at 30 June 2021 £
General fund	116,185	54,825	(75,955)	(6,421)	88,634
	116,185	54,825	(75,955)	(6,421)	88,634

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

19 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total 2022 £
Tangible fixed assets	1,058	-	-	1,058
Fixed asset investments	2			2
Net current assets/(liabilities)	58,835	-	82,738	141,573
Total	59,894	-	82,738	142,633

Love Support Unite Africa Foundation

Notes to the accounts for the year ended 30 June 2022 (continued)

Comparative period

	<i>General fund £</i>	<i>Designated funds £</i>	<i>Restricted funds £</i>	<i>Total 2021 £</i>
<i>Tangible fixed assets</i>	188	-	-	188
<i>Fixed asset investments</i>	2			2
<i>Net current assets/(liabilities)</i>	88,444	-	72,099	160,543
<i>Total</i>	88,634	-	72,099	160,733