

THE FAMILY FOUNDATION

England & Wales · Charity number 1162281

Details

Status Registered

Legal form CIO

Registered 2015-06-18

Register [View on the Charity Commission register](#)

Contact

Address The Old Telephone Exchange
Pier Street
Swansea
SA1 1RY

Phone 07761 958219

Email info@thefamilyfoundation.co.uk

Website www.thefamilyfoundation.co.uk

Activities

Objects: TO RELIEVE THE NEEDS OF FAMILIES WHO ARE IN NEED BY REASON OF AGE, YOUTH, DISABILITY, ILL HEALTH, FINANCIAL HARDSHIP OR SOCIAL OR ECONOMIC CIRCUMSTANCES IN SUCH WAYS AS THE TRUSTEES SHALL THINK FIT, INCLUDING THE PROVISION OF ADVICE, INFORMATION, EDUCATION AND TRAINING, MEDIATION, COUNSELLING AND SUPPORT AS WELL AS HELPING PEOPLE MEET THEIR OWN NEEDS IN SOCIETY.

Activities: Activities of the charity are to relieve the needs of children, young people and families who are in need by reason of age, youth, disability, ill health, financial hardship or social economic circumstances including the provision of advice, information, education and training, mediation, counselling and support services as well as helping people meet their own needs in society.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment, Armed Forces/emergency Service Efficiency
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Bridgend
- Cardiff
- Carmarthenshire
- City Of Swansea
- Merthyr Tydfil
- Neath Port Talbot
- Pembrokeshire
- Powys
- Rhondda Cynon Taff
- Vale Of Glamorgan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£86,260	£77,986	-	-
2024-06-30	£63,607	£68,946	-	-
2023-06-30	£84,800	£79,976	-	-
2022-06-30	£74,681	£130,982	-	-
2021-06-30	£163,981	£143,539	-	-
2020-06-30	£73,939	£39,863	-	-

Trustees

Name	Role	Appointed
Sam Rees	Chair	2022-11-08
Elizabeth Jones		2020-10-15
JULIAN LITTLER		2018-06-20
PATRICK FRANK ATKINSON		2018-06-20

THE FAMILY FOUNDATION

England & Wales - Charity number 1162281

Accounts

**THE FAMILY FOUNDATION
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2025**

THE FAMILY FOUNDATION
Contents

	Page
Trustees' Report	1—4
Independent Examiner's Report	5
Statement of Financial Activities	6
Comparative Statement of Financial Activities	7
Statement of Financial Position	8
Notes to the Financial Statements	9—12

THE FAMILY FOUNDATION
Trustees' Report For The Year Ended 30 June 2025

The trustees present their report and the financial statements for the year ended 30 June 2025.

Objectives and Activities

Aims and Objectives

The principal objectives of the charity are to relieve the needs of children, young people and families who are in need by reason of age, youth, disability, ill health, financial hardship, or social economic circumstances in such ways as the trustees shall think fit, including the provision of advice, information, education and training, mediation, counselling and support services as well as helping people meet their own needs in society.

Public Benefit

During the period the charity has supported a total of 754 beneficiaries across the regions of South and West Wales including areas such as Swansea, Neath Port-Talbot, Carmarthenshire, Pembrokeshire, Powys and Merthyr Tydfil. The trustees have paid due regard to the Charities Commission's guidance on public benefit.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements

The charity has concluded its tenth year of activity as a charity and has adhered to its objectives closely of supporting & working with families, individuals, children, young people and veterans & family members to provide relief in times of need, assistance and support to help them move out of poverty. We are pleased to report that during this reporting period, we continued to meet the TRUSTED CHARITY Level 1 status, a significant benchmark for the hard work, systems and processes that are embedded into the charity at all levels.

The Family Foundation has worked to develop new and more focused partnerships and working relationships with a range of organisations from voluntary sector organisations, armed forces charities, CIC's, schools, community, statutory and business sectors during this period.

The Family Foundation has received in the past year referrals and requests for support from Armed Forces organisations, Armed Forces Liaison officers, food banks, family centres, job centres, social workers, health visitors, schools, youth officers, voluntary organisations and self-referrals from individuals. The charity continues to monitor and evaluate its work and services to try to plot the effectiveness and impact of the work it delivers to all those it engages within the community.

The Family Foundation continued to engage with 20 volunteers and provide necessary health & safety and other vital training so we could respond to the challenging needs people were facing on the ground. We trained 362 individuals using our Digital Academy and Blended Learning options to support people to volunteer, access employment or continue working. The Family Foundation supported Really Pro with training individuals who benefited from our accreditations of training they received across a range of subject areas as part of the Shared Prosperity project operating across Carmarthenshire and Pembrokeshire.

The charity continued delivering its targeted training services in rural Carmarthenshire thanks to the ongoing funding from the Brechfa Community Windfarm, delivering targeted training and support in a designated rural area of the Windfarm location in Carmarthenshire. The project officer continues to assist many individuals, families, businesses, and community groups. Based out of our outreach mobile hut this highly impactful project supported 293 project beneficiaries during the reporting period.

...CONTINUED

THE FAMILY FOUNDATION
Trustees' Report (continued)
For The Year Ended 30 June 2025

Main Achievements - continued

We continued to support those struggling with ongoing mental health challenges, the charity ran face-to-face and outdoor environmental sessions offering hands-on opportunities for individuals who struggle with mental health or anxiety or have complex health or additional learning needs with 28 individuals engaging in outdoor activities. The charity continued to support Armed Forces veterans and with New funding via the Armed Forces Covenant we were now able to start to support partners & spouses of serving personnel via Project RESTART that launched in September 2024. We supported 51 Partners and Spouses in Year 1. We continue to work closely with the Armed Forces Liaison officers in the regions and attend the Local Covenant Partnership boards. We are working toward our GOLD award via the Employers recognition scheme.

The charity delivered a range of Community Support Services via delivering focused projects providing skills sessions, accredited training, community workshops and mentoring sessions. These have all been with the aim of improving confidence, employment chances, reduction in skills gaps, and improving emotional and physical well-being and social skills. The charity has used the arts, environment, and other avenues to achieve these outcomes.

Activities to support the communities we serve have included:

- Brechfa Community Windfarm Funded Carmarthenshire Specific AOB Project – Training and support offered to individuals, families, businesses, and community groups.
- Digital Academy project – Training, CV & Job Search Support for individuals Pan Wales.
- Armed Forces – Veterans & Partner & Spouses Support Programmes
- Environmental & Creative Arts Learning Sessions
- Outdoor Education Sessions for individuals & families
- Information, support & advice services to individuals & community groups

The charity delivered a range of Family Support Services by working in partnership with armed forces organisations, community groups and other voluntary sector organisations aimed at supporting families to overcome difficulties whether they are social, economic, emotional or learning barriers. Helping vulnerable families who feel isolated has been a priority and will continue to be a focus for the charity through the coming years.

Activities to support families which have included:

- Community Skills – Digital Skills Academy online free courses & Defibrillator Awareness Training.
- Family & Individual Activity Workshops & Sessions

The charity has a long history of supporting families with focused support from referrals to outdoor learning sessions to access to skills and qualifications to help families to reduce barriers to learning, social isolation and to support people to move out of poverty and improve the lives for themselves and their families. The charity continues to run the Community Skills Giving initiative offering small-scale resourcing for volunteers to access funded training, placement opportunities, PPE and project resources or materials where possible to enable community volunteering.

Financial Review

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has received income from bodies such as the Armed Forces Covenant to start a new Armed Forces Partner & Spouses support project for an additional year to conclude Aug 2026, Brechfa Windfarm Grant continues for the next 2 years for a ringfenced project. Additional income came from Really Pro and other community groups or charities buying in our volunteer and community training packages during the past year in return for services rendered using their own funding.

THE FAMILY FOUNDATION
Trustees' Report (continued)
For The Year Ended 30 June 2025

Reference and Administrative Details

Trustees

S Rees - Chair
E Jones - Trustee
J Littler - Trustee
P Atkinson - Trustee

Charity Number

1162281

Principal Address

The Old Telephone Exchange
Pier Street
Swansea
SA1 1RY

Independent Examiner

Cerith Williams FCCA
Unity Accountancy
8 Station Road
Llanelli
Carms
SA15 1AL

THE FAMILY FOUNDATION
Trustees' Report (continued)
For The Year Ended 30 June 2025

The trustees' report was approved by the board of trustees and signed on its behalf by:

P Atkinson

Trustee

17/04/2026

THE FAMILY FOUNDATION
Independent Examiner's Report to the Trustees of THE FAMILY FOUNDATION
For The Year Ended 30 June 2025

I report to the trustees on my examination of the accounts of THE FAMILY FOUNDATION (the Trust) for the year ended 30 June 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Cerith Williams FCCA

17/04/2026
8 Station Road
Llanelli
Carmarthenshire
SA15 1AL

THE FAMILY FOUNDATION
Statement of Financial Activities
For The Year Ended 30 June 2025

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	49,087	17,640	66,727	49,001
Charitable activities:					
Training		19,533	-	19,533	14,606
		<u>68,620</u>	<u>17,640</u>	<u>86,260</u>	<u>63,607</u>
EXPENDITURE ON:					
Raising funds	4	(41,422)	(20,420)	(61,842)	-
Charitable activities:	4				
Training		(15,538)	(606)	(16,144)	(68,946)
		<u>(56,960)</u>	<u>(21,026)</u>	<u>(77,986)</u>	<u>(68,946)</u>
NET INCOME/(EXPENDITURE)		<u>11,660</u>	<u>(3,386)</u>	<u>8,274</u>	<u>(5,339)</u>
Transfers between funds	11	(3,083)	3,083	-	-
NET MOVEMENT IN FUNDS		<u>8,577</u>	<u>(303)</u>	<u>8,274</u>	<u>(5,339)</u>
RECONCILIATION OF FUNDS:					
Total funds brought forward		2,629	303	2,932	8,271
TOTAL FUNDS CARRIED FORWARD	11	<u>11,206</u>	<u>-</u>	<u>11,206</u>	<u>2,932</u>

The notes on pages 9 to 12 form part of these financial statements.

THE FAMILY FOUNDATION
Comparative Statement of Financial Activities
For The Year Ended 30 June 2025

				2024
		Unrestricted funds	Restricted funds	Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	26,181	22,820	49,001
Charitable activities:				
Training		14,606	-	14,606
		<u>40,787</u>	<u>22,820</u>	<u>63,607</u>
EXPENDITURE ON:				
Charitable activities:	4			
Training		(41,194)	(27,752)	(68,946)
NET EXPENDITURE		<u>(407)</u>	<u>(4,932)</u>	<u>(5,339)</u>
Transfers between funds	11	(11,000)	11,000	-
NET MOVEMENT IN FUNDS		<u>(11,407)</u>	<u>6,068</u>	<u>(5,339)</u>
RECONCILIATION OF FUNDS:				
Total funds brought forward		14,036	(5,765)	8,271
TOTAL FUNDS CARRIED FORWARD	11	<u><u>2,629</u></u>	<u><u>303</u></u>	<u><u>2,932</u></u>

The notes on pages 9 to 12 form part of these financial statements.

THE FAMILY FOUNDATION
Statement of Financial Position
As At 30 June 2025

				2025	2024
		Unrestricted	Restricted	Total	Total
	Notes	funds	funds	funds	funds
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		26,514	-	26,514	25,228
		26,514	-	26,514	25,228
Creditors: Amounts Falling Due Within One Year	9	(15,308)	-	(15,308)	(22,296)
NET CURRENT ASSETS (LIABILITIES)		11,206	-	11,206	2,932
TOTAL ASSETS LESS CURRENT LIABILITIES		11,206	-	11,206	2,932
NET ASSETS		11,206	-	11,206	2,932
FUNDS OF THE CHARITY					
Restricted Funds				-	303
Unrestricted Funds				11,206	2,629
TOTAL FUNDS	11			11,206	2,932

On behalf of the board

P Atkinson

Trustee

17/04/2026

The notes on pages 9 to 12 form part of these financial statements.

THE FAMILY FOUNDATION
Notes to the Financial Statements
For The Year Ended 30 June 2025

1. General Information

THE FAMILY FOUNDATION is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1162281. The principal address is The Old Telephone Exchange, Pier Street, Swansea, SA1 1RY.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has an entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

2.3. Resources Expended

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

2.4. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	2025		
	Unrestricted	Restricted	Total
	funds	funds	funds
	£	£	£
Donations and gifts	49,087	17,640	66,727

THE FAMILY FOUNDATION
Notes to the Financial Statements (continued)
For The Year Ended 30 June 2025

	Unrestricted	Restricted	2024
	funds	funds	Total
	£	£	funds
	£	£	£
Donations and gifts	26,181	22,820	49,001

4. Analysis of Expenditure

		2025
	Activities undertaken directly	Support costs (see note 5)
	£	£
	£	Total
	£	£
Raising funds	9,376	52,466
Training	5,924	10,220
	15,300	62,686

		2024
	Activities undertaken directly	Support costs (see note 5)
	£	£
	£	Total
	£	£
Training	29,584	39,362

5. Support Costs

		2025
	Raising funds	Training
	£	£
	£	Total
	£	£
Employee costs	42,996	5,622
General administration	9,470	4,598
	52,466	10,220

	2024
	Training
	£
	£
Employee costs	27,744
General administration	11,618
	39,362

THE FAMILY FOUNDATION
Notes to the Financial Statements (continued)
For The Year Ended 30 June 2025

6. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	1,742	-
	<u>1,742</u>	<u>-</u>

7. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	48,198	27,744
	<u>48,198</u>	<u>27,744</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

8. Average Number of Employees

Average number of employees during the year was: 3 (2024: 3)

9. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	406	2,401
Bank loans and overdrafts	4,426	6,402
Other loans	9,438	13,493
Other creditors	1,038	-
	<u>15,308</u>	<u>22,296</u>

10. Loans

An analysis of the maturity of loans is given below:

	2025	2024
	£	£
Amounts falling due within one year or on demand:		
Bank loans	4,426	6,402
Other loans	9,438	13,493
	<u>13,864</u>	<u>19,895</u>

THE FAMILY FOUNDATION
Notes to the Financial Statements (continued)
For The Year Ended 30 June 2025

11. Movement in Funds

	As at 1 July 2024	Income	Expenditure	Transfers	As at 30 June 2025
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	2,629	68,620	(56,960)	(3,083)	11,206
Restricted funds					
Brechfa	303	17,640	(21,026)	3,083	-
Total funds	<u>2,932</u>	<u>86,260</u>	<u>(77,986)</u>	<u>-</u>	<u>11,206</u>

	As at 1 July 2023	Income	Expenditure	Transfers	As at 30 June 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	14,036	40,787	(41,194)	(11,000)	2,629
Restricted funds					
Brechfa	(5,765)	22,820	(27,752)	11,000	303
Total funds	<u>8,271</u>	<u>63,607</u>	<u>(68,946)</u>	<u>-</u>	<u>2,932</u>

12. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

13. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

Accounts

Charity registration number: 1162281

The Family Foundation

Annual Report and Financial Statements

for the Year Ended 30 June 2024

The Family Foundation

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Statement of Trustees' Responsibilities	7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 15

The Family Foundation

Reference and Administrative Details

Chairman	S Rees
Trustees	J Littler P Atkinson E Jones KChurchill
Principal Office	Family Foundation The Old Telephone Exchange Pier Street Swansea SA1 1RY
Charity Registration Number	1162281
Independent Examiner	Unity Accountancy The Corners Maudlam Bridgend CF33 4PH

The Family Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 30 June 2024.

TRUSTEES' REPORT FOR THE PERIOD ENDED 30th June 2024

The Trustees present their annual report together with the financial statements of The Family Foundation (the charity) for the period ended 30th June 2024. The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Effective 1st January 2015).

Objectives & Activities

The principal objectives of the charity are to relieve the needs of children, young people and families who are in need by reason of age, youth, disability, ill health, financial hardship, or social economic circumstances in such ways as the trustees shall think fit, including the provision of advice, information, education and training, mediation, counselling and support services as well as helping people meet their own needs in society.

Achievements & Performance

The charity has concluded its ninth year of activity as a charity and has adhered to its objectives closely of supporting & working with families, individuals, children, young people and veterans & family members to provide relief in times of need, assistance and support to help them move out of poverty. We are pleased to report that during this reporting period, we continued to meet the TRUSTED CHARITY Level 1 status, a significant benchmark for the hard work, systems and processes that are embedded into the charity at all levels.

The Family Foundation has worked to develop new and more focused partnerships and working relationships with a range of organisations from voluntary sector organisations, armed forces charities, CIC's, schools, community, statutory and business sectors during this period.

The Family Foundation has received in the past year referrals and requests for support from Armed Forces organisations, Armed Forces Liaison officers, food banks, family centres, job centres, social workers, health visitors, schools, youth officers, voluntary organisations and self-referrals from individuals. The charity continues to monitor and evaluate its work and services to try to plot the effectiveness and impact of the work it delivers to all those it engages within the community.

During the period the charity has supported 2612 beneficiaries across the regions of South and West Wales including areas such as Swansea, Neath Port-Talbot, Carmarthenshire, Pembrokeshire, Powys, Merthyr Tydfil, and Ceredigion. The breakdown includes 1600 Cost of Living Energy Crisis Warm Packs were made by our team of hard-working volunteers and distributed across targeted communities. Packs were funded by Statkraft Windfarm fund, The National lottery, Local Giving Community Matters Fund and The Heart of Wales Winter small grant fund. The trustees have paid due regard to the Charities Commission's guidance on public benefit.

The Family Foundation continued to engage with 26 volunteers and provide necessary health & safety and other vital training so we could respond to the challenging needs people were facing on the ground. We trained 335 individuals using our Digital Academy.

A total of 26 individuals volunteered with The Family Foundation during this period packing energy saving winter warm packs. The charity continues to be a TEMPO TIME CREDIT member to support our volunteers for all their incredible efforts in helping The Family Foundation.

The charity continued delivering its training services thanks to the ongoing funding from the Brechfa Community Windfarm, delivering targeted training and support in a designated rural area of the Windfarm location in Carmarthenshire. The project officer continues to assist many individuals, families, businesses, and community

The Family Foundation

Trustees' Report

groups. Based out of our outreach mobile hut this highly impactful project supported 285 project beneficiaries during the reporting period. Statkraft Windfarm funded essential Defibrillator training equipment to help us train local people and community groups in the area.

The Family Foundation supported Really Pro with 276 individuals who benefited from our accreditations of training they received across a range of subject areas as part of their UK Levelling Up Funded project operating across Carmarthenshire and Pembrokeshire.

As the pandemic left many people struggling with poor mental health the charity ran face-to-face and outdoor environmental sessions offering hands-on opportunities for individuals who struggle with mental health or anxiety or have complex health or additional learning needs with 50 individuals engaging in a range of outdoor activities.

The charity continued to support Armed Forces veterans and family members/spouses despite no actual funds in place to offer this service. We supported 40 Armed Forces veterans and 26 family members during this period with referrals for essential well-being or mental health support, this work was unfunded, but we continue to deliver as we await potential refunding to continue to offer this vital support. We continue to work closely with the Armed Forces Liaison officers in the regions and attend the Local Covenant Partnership boards. We secured our Silver Award via the Armed Forces Employer Recognition Award and collected this award at HMS Cambria in Cardiff.

The charity delivered a range of **Community Support Services** via delivering focused projects providing skills sessions, accredited training, community workshops and mentoring sessions. These have all been with the aim of improving confidence, employment chances, reduction in skills gaps, and improving emotional and physical well-being and social skills. The charity has used the arts, environment, and other avenues to achieve these outcomes.

Activities to support the communities we serve have included:

- Brechfa Community Windfarm Funded Carmarthenshire Specific AOB Project – Training and support offered to individuals, families, businesses, and community groups.
- Digital Poverty Support via our Tech lending pan-Wales support.
- Digital Academy project – Training, CV & Job Search Support for individuals Pan Wales.
- Armed Forces – Veterans & Family Support Programmes
- Environmental & Creative Arts Learning Sessions
- Outdoor Education Sessions for individuals & families
- Information, support & advice services to individuals & community groups

The charity delivered a range of **Family Support Services** by working in partnership with armed forces organisations, community groups and other voluntary sector organisations aimed at supporting families to overcome difficulties whether they are social, economic, emotional or learning barriers. Helping vulnerable families who feel isolated has been a priority and will continue to be a focus for the charity through the coming years.

Activities to support families which have included:

- Vodafone Everyone Connected – SIM Cards to tackle digital poverty.
- Community Skills – Digital Skills Academy online free courses & Defibrillator Awareness Training.
- Armed Forces Community Support for the whole Family.
- Family & Individual Activity Workshops & Sessions

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The Family Foundation

Trustees' Report

The charity has a long history of supporting families with focused support from referrals to outdoor learning sessions to access to skills and qualifications to help families to reduce barriers to learning, social isolation and to support people to move out of poverty and improve the lives for themselves and their families.

The charity continues to run the ***Community Skills Giving initiative*** offering small-scale resourcing for volunteers to access funded training, placement opportunities, PPE and project resources or materials where possible to enable community volunteering.

Financial

Review Going

Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has received income from bodies such as the Armed Forces Covenant to start a new Armed Forces Family support project in Sept 2024, Brechfa Windfarm Grant continues for the next 2 years for a ringfenced project. Additional income came from Really Pro and other community groups or charities buying in our volunteer and community training packages during the past year in return for services rendered using their own funding.

Reserves Policy

Any reserves are put back into the charity to use on community-focused initiatives in line with the Charity's aims & Objectives.

Structure, Governance & Management

Constitution

The charity was established as a foundation model Charitable Incorporated Organisation (CIO). It was incorporated and registered with the Charity Commission on the 1st of July 2015 and the registered charity number is 1162281.

Method of Appointment or Election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the constitution. There must be at least 3 Trustees and a maximum of 12 Trustees.

The charity trustees until June 30th, 2024, were as follows:

S. Rees - Chairman

P. F. Atkinson - Secretary

J. Littler - Treasurer

L. Jones - Trustee

Kayleigh Churchill - Trustee

Every trustee must be appointed for a term of three years by a resolution passed at a convened meeting of the charity trustees. Selection of trustees will be made on the basis of skills, knowledge, experience and regards for the charities core objectives to ensure its effective administration and running.

The Family Foundation

Trustees' Report

The members of the CIO shall be the trustees. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases

to be a charity trustee automatically ceases to be a member of the CIO.

POLICIES ADOPTED FOR THE INDUCTION & TRAINING OF TRUSTEES

The charity has made available to each new charity trustee, on or before his or her first appointment:

ORGANISATIONAL STRUCTURE & DECISION MAKING

Any decision may be trustees either:

- At a meeting of the charity trustees; or
- By resolution in writing or electronic form that is agreed by all of the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement.

The charity trustees may delegate any of their powers or functions to a committee or sub-committees, and, if they do, they shall determine the terms and conditions on which the delegation is made. The charity trustees may at any time alter those terms and conditions or revoke the delegation.

Plans for Future

Periods Future

Developments

In the forthcoming year, the charity will actively deliver on all the agreed project outcomes for all of our funders. The charity will seek to apply for additional funding for response initiatives due to the rise in cost of living affecting low-income individuals and families, OAP's affected by reduction in winter support allowances, mental health and vulnerable groups in the community. The charity will develop ways to build upon some of the excellent work on the ground we have carried out over the past few years so that the charity can continue providing support and assistance to the most vulnerable people in society. The charity will continue to deliver using innovative methods to meet local needs as a values-led charity operating for public benefit.

The charity will rollout its 2 year newly funded Armed Forces Partner & Families project in Southwest Wales, building upon the excellent work of the past years.

Along with supporting individuals and families throughout Wales to access new work, re-train and enter new or better employment opportunities. The charity resolves to provide high-calibre service to all in the community and will do its utmost to support the most vulnerable groups in society.

The Family Foundation

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 13/03/2025 and signed on its behalf by:

Signed by:



The Family Foundation
Patrick Atkinson - Secretary

The Family Foundation

Independent Examiner's Report to the trustees of The Family Foundation

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 June 2024 which are set out on pages 9 to 15.

Respective responsibilities of trustees and examiner

As the charity's trustees of The Family Foundation, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Family Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Family Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Unity Accountancy
The Corners
Maudlam
Bridgend
CF33 4PH

28th April 2025

The Family Foundation

Statement of Financial Activities for the Year Ended 30 June 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies		26,181	22,820	49,001	69,635
Other trading activities		14,606	-	15,165	15,165
Total income		<u>40,787</u>	<u>22,820</u>	<u>63,607</u>	<u>84,800</u>
Expenditure on:					
Charitable activities		<u>(41,194)</u>	<u>(27,752)</u>	<u>(68,946)</u>	<u>(79,976)</u>
Total expenditure		<u>(41,194)</u>	<u>(27,752)</u>	<u>(68,946)</u>	<u>(79,976)</u>
Net (expenditure)/income		(407)	(4,932)	(5,339)	4,824
Gross transfers between funds		<u>(11,000)</u>	<u>11,000</u>	<u>-</u>	<u>-</u>
Net movement in funds		(11,407)	6,068	(5,339)	4,824
Reconciliation of funds					
Total funds brought forward		<u>14,036</u>	<u>(5,765)</u>	<u>8,271</u>	<u>3,447</u>
Total funds carried forward	12	<u><u>2,629</u></u>	<u><u>303</u></u>	<u><u>2,933</u></u>	<u><u>8,271</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 12.

The Family Foundation
(Registration number: 1162281)
Balance Sheet as at 30 June 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand	10	25,228	13,964
Debtors		-	17,460
Creditors: Amounts falling due within one year	11	<u>(22,296)</u>	<u>(23,152)</u>
Net assets		<u><u>2,932</u></u>	<u><u>8,271</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds		303	(5,765)
Unrestricted income funds			
Unrestricted funds		<u>2,629</u>	<u>13,913</u>
Total funds	12	<u><u>2,932</u></u>	<u><u>8,271</u></u>

The financial statements on pages 9 to 15 were approved by the trustees, and authorised for issue on 29 April 2024 and signed on their behalf by:

Signed by:



Patrick Atkinson - Secretary
The Family Foundation

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

- (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Family Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has an entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2024

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2024

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Restricted funds £	Total funds £
Grants, including capital grants; Grants from companies	22,820	49,001
Total for 2024	<u>22,280</u>	<u>49,001</u>
Total for 2023	<u>38,440</u>	<u>63,145</u>

3 Income from other trading activities

	Unrestricted Funds General £	Restricted funds £	Total funds £
Trading income; Other trading income	14,606	-	14,606
Total for 2024	<u>14,606</u>	<u>-</u>	<u>14,606</u>
Total for 2023	<u>15,165</u>	<u>6,490</u>	<u>21,655</u>

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total funds £
Note			
Cost of sales	26,224	13,499	28,431
Staff costs	25,108	2,635	25,108
Allocated support costs	12,540	11,473	12,803
Governance costs	1,777	-	1,777
Total for 2024	<u>41,193</u>	<u>27,752</u>	<u>68,946</u>
Total for 2023	<u>25,187</u>	<u>53,993</u>	<u>79,951</u>

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2024

5 Analysis of governance and support costs

Governance costs

	Restricted funds £	Total funds £
Independent examiner fees		
Examination of the financial statements	852	852
Legal fees	925	925
Total for 2024	<u>1,777</u>	<u>1,777</u>
Total for 2023	<u>1,759</u>	<u>1,759</u>

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

7 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	<u>25,108</u>	<u>38,060</u>

No employee received emoluments of more than £60,000 during the year.

8 Independent examiner's remuneration

	2024 £
Examination of the financial statements	<u>852</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2024

10 Cash and cash equivalents

	2024	2023
	£	£
Cash at bank	<u>25,228</u>	<u>13,964</u>

11 Creditors: amounts falling due within one year

	2024	2023
	£	£
Bank loans	6,402	8,990
Trade creditors	2,401	668
Grant loan	<u>13,493</u>	<u>13,493</u>
	<u>22,296</u>	<u>23,152</u>

THE FAMILY FOUNDATION

England & Wales - Charity number 1162281

Accounts

Charity registration number: 1162281

The Family Foundation

Annual Report and Financial Statements

for the Year Ended 30 June 2023

The Family Foundation

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Statement of Trustees' Responsibilities	6 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 14

The Family Foundation

Reference and Administrative Details

Chairman	S Rees
Trustees	J Littler P Atkinson E Jones KChurchill
Principal Office	Family Foundation The Old Telephone Exchange Pier Street Swansea SA1 1RY
Charity Registration Number	1162281
Independent Examiner	Unity Accountancy The Corners Maudlam Bridgend CF33 4PH

The Family Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 30 June 2023.

TRUSTEES' REPORT FOR THE PERIOD ENDED 30th June 2023

The Trustees present their annual report together with the financial statements of The Family Foundation (the charity) for the period ended 30th June 2023. The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Effective 1st January 2015).

Objectives & Activities

The principal objectives of the charity are to relieve the needs of children, young people and families who are in need by reason of age, youth, disability, ill health, financial hardship, or social economic circumstances in such ways as the trustees shall think fit, including the provision of advice, information, education and training, mediation, counselling and support services as well as helping people meet their own needs in society.

Achievements & Performance

The charity has concluded its eighth year of activity as a charity and has adhered to its objectives closely of supporting & working with families, individuals, children, young people and veterans & family members to provide relief in times of need, assistance and support to help them move out of poverty. We are pleased to report that during this reporting period, we were reviewed and continued to meet the TRUSTED CHARITY Level 1 status, a significant benchmark for the hard work, systems and processes that are embedded into the charity at all levels.

The Family Foundation has worked to develop new and more focused partnerships and working relationships with a range of organisations from voluntary sector organisations, armed forces charities, schools, community, statutory and business sectors during this period.

The Family Foundation has received in the past year referrals and requests for support from Armed Forces organisations, Armed Forces Liaison officers, food banks, family centres, job centres, social workers, health visitors, schools, youth officers, voluntary organisations and self-referrals from individuals. The charity continues to monitor and evaluate its work and services to try to plot the effectiveness and impact of the work it delivers to all those it engages within the community.

During the period the charity has supported 2973 beneficiaries across the regions of South and West Wales including areas such as Swansea, Neath Porth Talbot, Carmarthenshire, Pembrokeshire, Powys, Merthyr Tydfil, and Ceredigion. The breakdown includes 500 Wales-based families were supported via the charity as we packed Toiletry Welfare packs to support people during the Winter to reduce financial pressures. Also 1000 Cost of Living Energy Crisis Warm Packs were made by our team of hard-working volunteers and distributed across Southwest Wales. Packs were funded via the Brechfa Windfarm fund and The National Grid Community Matters Fund for Fuel Poverty Plus. The trustees have paid due regard to the Charities Commission's guidance on public benefit.

The Family Foundation continued to engage with 26 volunteers and provide necessary health & safety and other vital training so we could respond to the challenging needs people were facing on the ground. The previous third sector funding enabled us to train 583 individuals using our Digital Academy along with many others engaged via face-to-face group training sessions.

A total of 26 individuals volunteered with The Family Foundation during 2022-2023 period packing toiletry and warm packs. The charity continues to be a TEMPO TIME CREDIT member to support our volunteers for all their incredible efforts in helping The Family Foundation.

The Family Foundation

Trustees' Report

The charity resecured 3 years of funding via the Brechfa Community Windfarm to continue delivering targeted training and support in a designated rural area of the Windfarm location in Carmarthenshire. The project officer continues to assist many individuals, families, businesses, and community groups. Based out of our outreach mobile hut this highly impactful project supported 280 project beneficiaries during the reporting period. Statkraft Windfarm funded essential Defibrillator training equipment to help us train local people and community groups in the area.

The STEP UP project funded via Carmarthenshire County Council community bureau supported individuals with training, CV and job searching support and completed in December 2022. A total of 164 beneficiaries were reported with accredited and essential compliance training, 3 people accessed employment due to the support received and 19 entered volunteering.

The Family Foundation supported Really Pro with 314 individuals who benefited from our accreditations of training they received across a range of subject areas as part of their WCVA and UK Community Renewal Funded project operating across Carmarthenshire and Pembrokeshire.

As the pandemic left many people struggling with poor mental health the charity ran face-to-face and outdoor environmental sessions offering hands-on opportunities for individuals who struggle with mental health or anxiety or have complex health or additional learning needs with 25 individuals engaging in activity.

The charity continued to support Armed Forces veterans and family members/spouses despite no actual funds in place to offer this service. We supported 75 Armed Forces veterans and 32 family members during this period with referrals for essential well-being or mental health support via our outdoor activity programme funded via the Armed Forces Covenant. Also offering 1-to-1 sessions, training and signposting to other services. We continue to work closely with the Armed Forces Liaison officers in the regions and attend the Local Covenant Partnership boards along with applying for our Silver Award via the Armed Forces Employer Recognition Award.

The charity delivered a range of **Community Support Services** via delivering focused projects providing skills sessions, accredited training, community workshops and mentoring sessions. These have all been with the aim of improving confidence, employment chances, reduction in skills gaps, and improving emotional and physical well-being and social skills. The charity has used the arts, environment, and other avenues to achieve these outcomes.

Activities to support the communities we serve have included:

- Brechfa Community Windfarm Funded Carmarthenshire Specific AOB Project – Training and support offered to individuals, families, businesses, and community groups.
- Digital Poverty Support via our Vodafone Everyone Connected & Community Calling Support projects providing SIMS/Mobile phones and Tech lending pan-Wales support.
- STEP UP project – Training, CV & Job Search Support for individuals in Carmarthenshire
- Armed Forces – Veterans & Family Support & Outdoor Activity Programmes
- Environmental & Creative Arts Learning Sessions
- Outdoor Education Sessions for individuals & families
- Information, support & advice services to individuals & community groups

The charity delivered a range of **Family Support Services** by working in partnership with armed forces organisations, community groups and other voluntary sector organisations aimed at supporting families to overcome difficulties whether they are social, economic, emotional or learning barriers. Helping vulnerable families who feel isolated has been a priority and will continue to be a focus for the charity through the coming years.

The Family Foundation

Trustees' Report

The charity continues to run the ***Community Skills Giving initiative*** offering small-scale resourcing for volunteers to access funded training, placement opportunities, PPE and project resources or materials where possible to enable community volunteering.

Activities to support families which have included:

- Vodafone Everyone Connected – SIM Cards to tackle digital poverty.
- Community Skills – Digital Skills Academy online free courses & Defibrillator Awareness Training in rural locations.
- Armed Forces Community Support for the whole Family.
- Family & Individual Activity Workshops & Sessions

The charity has a long history of supporting families with focused support from referrals to outdoor learning sessions to access to skills and qualifications to help families to reduce barriers to learning, social isolation and to support people to move out of poverty and improve the lives for themselves and their families.

The Family Foundation

Trustees' Report

Financial Review

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has received income from bodies such as the National Lottery for work to start in July 2023, Brechfa Windfarm Grant for the next 3 years for a ringfenced project, Just Giving Grant funding for poverty reduction projects and small capital iem fundig via Statkraft Windfarm. Additional income came from community groups or organisations buying in our volunteer and community training packages during the past year in return for services rendered using their own funding.

Reserves Policy

Any reserves are put back into the charity to use on community-focused initiatives in line with the Charity's aims & Objectives.

Structure, Governance & Management

Constitution

The charity was established as a foundation model Charitable Incorporated Organisation (CIO). It was incorporated and registered with the Charity Commission on the 1st of July 2015 and the registered charity number is 1162281.

Method of Appointment or Election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the constitution. There must be at least 3 Trustees and a maximum of 12 Trustees.

The charity trustees until June 30th, 2023, were as follows:

S. Rees - Chairman

P. F. Atkinson - Secretary

J. Littler - Treasurer

L. Jones - Trustee

Kayleigh Churchill - Trustee

Every trustee must be appointed for a term of three years by a resolution passed at a convened meeting of the charity trustees. Selection of trustees will be made on the basis of skills, knowledge, experience and regards for the charities core objectives to ensure its effective administration and running.

The members of the CIO shall be the trustees. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Mr Matera-Rogers will step down at the next meeting as a trustee due to retirement and we take this opportunity to thank him for his time in supporting the charity through the pandemic and his tireless support. This will mean the charity had a reduction in a trustee, the board of trustees resolved to recruit new trustees in line with current guidelines and this process is underway with upcoming recruitment and selection of new trustees.

The Family Foundation

Trustees' Report

POLICIES ADOPTED FOR THE INDUCTION & TRAINING OF TRUSTEES

The charity has made available to each new charity trustee, on or before his or her first appointment:

ORGANISATIONAL STRUCTURE & DECISION MAKING

Any decision may be trustees either:

- At a meeting of the charity trustees; or
- By resolution in writing or electronic form that is agreed by all of the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement.

The charity trustees may delegate any of their powers or functions to a committee or sub-committees, and, if they do, they shall determine the terms and conditions on which the delegation is made. The charity trustees may at any time alter those terms and conditions or revoke the delegation.

Plans for Future Periods

Future Developments

In the forthcoming year, the charity will actively deliver on all the agreed project outcomes for our funders. The charity will seek to apply for additional funding for response initiatives due to the rise in cost of living, mental health and vulnerable families or individuals. The charity will develop ways to build upon some of the excellent work on the ground we have carried out over the past few years so that the charity can continue providing support and assistance to the most vulnerable people in society. The charity will continue to deliver using innovative methods to meet local needs as a values-led charity operating for public benefit.

The charity wants to further promote and develop the work with Armed Forces Veterans and their Families in Wales and develop a range of support services for veterans and family members to engage with across key locations in Wales during 2023-24. Building upon the excellent work of the past year.

Along with supporting individuals and families throughout Wales to access new work, re-train and enter new or better employment opportunities. The charity resolves to provide high-calibre service to all in the community and will do its utmost to support the most vulnerable groups in society.

The Family Foundation

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 25th April 2024 and signed on its behalf by:

Signed by:



The Family Foundation
Patrick Atkinson
Secretary

The Family Foundation

Independent Examiner's Report to the trustees of The Family Foundation

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 June 2023 which are set out on pages 9 to 15.

Respective responsibilities of trustees and examiner

As the charity's trustees of The Family Foundation, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Family Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Family Foundation as required by section 130 of the Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Unity Accountancy
The Corners
Maudlam
Bridgend
CF33 4PH

The Family Foundation

Statement of Financial Activities for the Year Ended 30 June 2023

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies		24,705	44,930	69,635	44,153
Other trading activities		15,165	-	15,165	30,528
Total income		<u>39,870</u>	<u>44,930</u>	<u>84,800</u>	<u>74,681</u>
Expenditure on:					
Charitable activities		(25,983)	(53,993)	(79,976)	(130,982)
Total expenditure		<u>(25,983)</u>	<u>(53,993)</u>	<u>(79,976)</u>	<u>(130,982)</u>
Net (expenditure)/income			(9,063)	4,824	(56,299)
Gross transfers between funds		-	-	-	-
Net movement in funds		13,887	(9,063)	4,824	(56,299)
Reconciliation of funds					
Total funds brought forward		<u>149</u>	<u>3,298</u>	<u>3,447</u>	<u>59,748</u>
Total funds carried forward	12	<u><u>14,036</u></u>	<u><u>(5,765)</u></u>	<u><u>8,271</u></u>	<u><u>3,447</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 12.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2023

(Registration number: 1162281)
Balance Sheet as at 30 June 2023

	Note	2023 £	2022 £
Current assets			
Cash at bank and in hand	10	13,964	16,821
Debtors		17,460	13,250
Creditors: Amounts falling due within one year	11	<u>(23,152)</u>	<u>(26,623)</u>
Net assets		<u>8,271</u>	<u>3,447</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		(5,765)	3,298
Unrestricted income funds			
Unrestricted funds		<u>13,913</u>	<u>149</u>
Total funds	12	<u>8,271</u>	<u>3,447</u>

The financial statements on pages 9 to 15 were approved by the trustees, and authorised for issue on 25th April 2024 and signed on their behalf by:

Signed: J. L. M. K.
Position: TRUSTEE

The Family Foundation

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Family Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has an entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2023

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities. These are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges. Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2023

2 Income from donations and legacies

	Restricted funds £	Total funds £
Grants, including capital grants; Grants from companies	38,440	63,145
Total for 2023	<u>38,440</u>	<u>63,145</u>
Total for 2022	<u>44,153</u>	<u>30,903</u>

3 Income from other trading activities

	Unrestricted Funds General £	Restricted funds £	Total funds £
Trading income; Other trading income	15,165	6,490	21,655
Total for 2023	<u>15,165</u>	<u>6,490</u>	<u>21,655</u>
Total for 2022	<u>28,994</u>	<u>1,535</u>	<u>30,529</u>

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total funds £
Note			
Cost of sales	10,691	12,852	23,543
Staff costs	12,894	25,166	38,060
Allocated support costs	1,091	15,497	16,588
Governance costs	1,282	477	1,759
Total for 2023	<u>25,187</u>	<u>53,993</u>	<u>79,951</u>
Total for 2022	<u>18,691</u>	<u>114,848</u>	<u>13,971</u>

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2023

5 Analysis of governance and support costs

Governance costs

	Restricted funds £	Total funds £
Independent examiner fees		
Examination of the financial statements	600	600
Legal fees	1,159	1,159
Total for 2023	<u>1,759</u>	<u>1,759</u>
Total for 2022	<u>2,396</u>	<u>2,396</u>

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

7 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	<u>38,060</u>	<u>64,529</u>

No employee received emoluments of more than £60,000 during the year.

8 Independent examiner's remuneration

	2023 £
Examination of the financial statements	<u>600</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2023

10 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u>13,964</u>	<u>16,821</u>

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Bank loans	8,990	11,578
Trade creditors	668	1,046
Grant loan	<u>13,493</u>	<u>14,000</u>
	<u>23,152</u>	<u>13,038</u>

12 Funds

	Balance at 1 July 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 June 2023 £
Unrestricted funds					
General	149	39,870	(25,983)	-	14,036
Restricted funds	<u>3,298</u>	<u>44,930</u>	<u>(53,993)</u>	<u>-</u>	<u>(5,765)</u>
Total funds	<u>3,447</u>	<u>84,800</u>	<u>(79,976)</u>		<u>8,271</u>
	Balance at 1 July 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 June 2022 £
Unrestricted funds					
General	(19,172)	7,338	(28,691)		149
Restricted funds	<u>78,920</u>	<u>156,643</u>	<u>(114,848)</u>	<u>-</u>	<u>3,298</u>
Total funds	<u>59,748</u>	<u>74,681</u>	<u>(130,982)</u>		<u>3,447</u>

THE FAMILY FOUNDATION

England & Wales - Charity number 1162281

Accounts

Charity registration number: 1162281

The Family Foundation

Annual Report and Financial Statements

for the Year Ended 30 June 2022

The Family Foundation

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Statement of Trustees' Responsibilities	6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 14

The Family Foundation

Reference and Administrative Details

Chairman	C Matera-Rogers
Trustees	C Matera-Rogers J Littler P Atkinson E Jones S Rees
Principal Office	Family Foundation The Old Telephone Exchange Pier Street Swansea SA1 1RY
Charity Registration Number	1162281
Independent Examiner	Unity Accountancy The Corners Maudlam Bridgend CF33 4PH

The Family Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 30 June 2022.

TRUSTEES' REPORT FOR THE PERIOD ENDED 30th June 2022

The Trustees present their annual report together with the financial statements of The Family Foundation (the charity) for the period ended 30th June 2022. The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Effective 1st January 2015).

Objectives & Activities

The principal objectives of the charity are to relieve the needs of children, young people and families who are in need by reason of age, youth, disability, ill health, financial hardship, or social economic circumstances in such ways as the trustees shall think fit, including the provision of advice, information, education and training, mediation, counselling and support services as well as helping people meet their own needs in society.

Achievements & Performance

The charity has concluded its seventh year of activity as a charity and has adhered to its objectives closely of supporting & working with families, individuals, children, young people and veterans to provide relief in times of need, assistance and support to help them move out of poverty. We are pleased to report that during this reporting period, we were formally awarded our TRUSTED CHARITY Level 1 status, a significant benchmark for the hard work, systems and processes that are embedded into the charity at all levels. This award along with the charity becoming a LIVING WAGE employer has been an important moment in time as we strive to ensure everyone thrives.

The Family Foundation has worked to develop focused partnerships and working relationships with a range of organisations from voluntary sector organisations, armed forces charities, schools, community, statutory and other sectors during this period.

The Family Foundation has received in the past year referrals and requests for support from Armed Forces organisations, food banks, family centres, job centres, social workers, health visitors, schools, youth officers, voluntary organisations and self-referrals from individuals. The charity continues to monitor and evaluate its work and services to try to plot the effectiveness and impact of the work it delivers to all those it engages within the community.

During the period the charity has supported 6563 beneficiaries the breakdown consists of working directly with 2563 individuals across the regions of South and West Wales including areas such as Swansea, Carmarthenshire, Pembrokeshire, Powys, Merthyr Tydfil, and Ceredigion. A further 2000 Wales-based families were supported via the charity as we packed Toiletry and Welfare packs to support people during the Winter to reduce financial pressures and additional 2000 Crisis Toiletry & Family Welfare packs were sent to UKRAINE due to the efforts of staff and volunteers. The trustees have paid due regard to the Charities Commission's guidance on public benefit.

The pandemic after-effects in Wales were still having a significant impact on the entire charity sector in terms of service disruption and delivery of services. This meant that the charity had to refocus and pivot its delivery mechanisms to ensure we still met the needs of the communities we work with. The Family Foundation continued to use a blended delivery model of face-to-face and digital delivery services thanks to the funded support for the digital academy platform from WCVA Third Sector Resilience funding. The Family Foundation continued to engage more volunteers and provide necessary health & safety and other vital training so we could respond to the challenging needs people were facing on the ground. The Third sector funding enabled us to train 540 individuals using our Digital Academy along with many others engaged via face-to-face group training sessions.

The Family Foundation

Trustees' Report

A total of 36 individuals volunteered with The Family Foundation during 2021-2022 period. A total of 21 Volunteers engaged with our WCVA Volunteering in Wales Project during this period. A further regular 15 Volunteers supported various projects that the charity ran during the period with a total of 2200 hours of volunteering time delivered to support communities across Wales. The charity continues to be a TEMP TIME CREDIT member to support our volunteers for all their incredible efforts in helping The Family Foundation.

The charity secured 2 years of funding via the Brechfa Community Windfarm and recruited a project officer who would also deliver targeted training in a designated area of the Windfarm location in Carmarthenshire. The project officer started September 2021 and the project continues with many individuals, families, businesses, and community groups being supported to date via this outreach and highly impactful project with 75 project beneficiaries being reported during the reporting period.

The charity secured funding to deliver the STEP UP project from Carmarthenshire County Council community bureau to support individuals with training, CV and job searching support. A designated project officer was recruited by the board of trustees and the project re-started in January 2022 due for completing on December 2022. A total of 40 beneficiaries were reported to date with accredited and essential compliance training.

As the pandemic left many people struggling with poor mental health the charity ran face-to-face and outdoor engagement sessions aimed at improving well-being and mental health. We were supported by a small grant from ALPKIT to fund materials and tools to run environmental/gardening sessions that were well supported. Further environmental sessions offering hands-on opportunities for individuals who had been shielding and have complex health or additional learning needs, were run in Swansea thanks to funding from West Glamorgan Health Partnership.

Wales was still facing Covid-19 restrictions during this period and the charity ran a WINTER PRESSURES support project to help individuals and families who were struggling or relying on Food Bank support to access our free Welfare/Toiletry packs. A total of 2000 went out to 15 Foodbanks and local community groups along with 2000 going to UKRAINE to support the families stuck in bunkers in Kyiv.

The charity continued to support Armed Forces veterans despite no actual funds in place to offer this service. We supported 40 Armed Forces families during this period with referrals for essential well-being or mental health support, 1-to-1 sessions, training and signposting to other services. We continue to work closely with the Armed Forces Liaison officers in the regions and attend the Local Covenant Partnership boards along with maintaining our Bronze Armed Forces Employer Recognition Award and allowing us to move to silver award status in the future.

The charity delivered a range of **Community Support Services** via delivering focused projects providing skills sessions, accredited training, community workshops and mentoring sessions. These have all been with the aim of improving confidence, employment chances, reduction in skills gaps, and improving emotional and physical well-being and social skills. The charity has used the arts, environment, and other avenues to achieve these outcomes.

Activities to support the communities we serve have included:

- Brechfa Community Windfarm Funded Carmarthenshire Specific AOB Project – Training and support offered to individuals, families, businesses, and community groups.
- WCVA Volunteering in Wales Project – Training & Support for Volunteers
- Winter Pressures Project – Funding via Welsh Government/SCVS to support individuals and families during the cold weather and winter months to reduce poverty.
- Digital Poverty Support via our Vodafone Everyone Connected & Community Calling Support projects providing SIMS/Mobile phones and Tech lending pan-Wales support.
- STEP UP project – Training, CV & Job Search Support for individuals in Carmarthenshire
- Armed Forces – Veterans & Family Support

The Family Foundation

Trustees' Report

- Environmental & Creative Arts Learning Sessions funded via ALPKIT
- Outdoor Education Sessions for individuals & families
- Information, support & advice services to individuals & community groups

The charity delivered a range of **Family Support Services** by working in partnership with armed forces organisations, community groups and other voluntary sector organisations aimed at supporting families to overcome difficulties whether they are social, economic, emotional or learning barriers. Helping families who feel isolated and vulnerable has been a priority and will continue to be a focus for the charity through the coming years.

The charity continues to run the **Community Skills Giving initiative** offering small-scale resourcing for volunteers to access funded training, placement opportunities, PPE and project resources or materials where possible to enable community volunteering.

Activities to support families which have included:

- Community Learning Programmes – West Glamorgan Funded our RE-Engage project for individuals with learning disabilities.
- Vodafone Everyone Connected – SIM Cards to tackle digital poverty.
- Community Skills – WCVA Third Sector Funded/Digital Skills Academy.
- Armed Forces Community Support for the whole Family.
- Family & Individual Activity Workshops & Sessions – ALPKIT Funded.

The charity has a long history of supporting families with focused support from referrals to outdoor learning sessions to access to skills and qualifications to help families to reduce barriers to learning, social isolation and to support people to move out of poverty and improve the lives for themselves and their families.

The Family Foundation

Trustees' Report

Financial Review

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has received income from bodies such as WCVA, Welsh Government, SCVS, Brechfa Windfarm Grant, West Glamorgan Health Board, and Carmarthenshire County Council localised community bureau funding. Additional income came from schools and community groups or organisations buying in our volunteer and community training packages during the past year in return for services rendered using their own funding or external funding such as community renewal, PDG or lottery small grants schemes.

Reserves Policy

Any reserves are put back into the charity to use on community-focused initiatives in line with the Charity's aims & Objectives.

Structure, Governance & Management

Constitution

The charity was established as a foundation model Charitable Incorporated Organisation (CIO). It was incorporated and registered with the Charity Commission on the 1st of July 2015 and the registered charity number is 1162281.

Method of Appointment or Election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the constitution. There must be at least 3 Trustees and a maximum of 12 Trustees.

The charity trustees until June 30th, 2022, were as follows:

Carwyn Matera-Rogers - Chairman

P. F. Atkinson - Secretary

J. Littler - Treasurer

L. Jones - Trustee

S. Rees - Trustee

Every trustee must be appointed for a term of three years by a resolution passed at a convened meeting of the charity trustees. Selection of trustees will be made on the basis of skills, knowledge, experience and regards for the charities core objectives to ensure its effective administration and running.

The members of the CIO shall be the trustees. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Mr Matera-Rogers will step down at the next meeting as a trustee due to retirement and we take this opportunity to thank him for his time in supporting the charity through the pandemic and his tireless support. This will mean the charity had a reduction in a trustee, the board of trustees resolved to recruit new trustees in line with current guidelines and this process is underway with upcoming recruitment and selection of new trustees.

The Family Foundation

Trustees' Report

POLICIES ADOPTED FOR THE INDUCTION & TRAINING OF TRUSTEES

The charity has made available to each new charity trustee, on or before his or her first appointment:

ORGANISATIONAL STRUCTURE & DECISION MAKING

Any decision may be trustees either:

- At a meeting of the charity trustees; or
- By resolution in writing or electronic form that is agreed by all of the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement.

The charity trustees may delegate any of their powers or functions to a committee or sub-committees, and, if they do, they shall determine the terms and conditions on which the delegation is made. The charity trustees may at any time alter those terms and conditions or revoke the delegation.

Plans for Future Periods

Future Developments

In the forthcoming year, the charity will actively deliver on all the agreed project outcomes for our funders. The charity will seek to apply for additional funding for response initiatives due to the rise in mental health and the rise in cost-of-living struggles for families and communities. The charity will develop ways to build upon some of the excellent work on the ground we have carried out over the past few years so that the charity can continue providing support and assistance to the most vulnerable people in society. The charity will continue to deliver using innovative methods to meet local needs as a values-led charity operating for public benefit.

The charity wants to further promote and develop the work with Armed Forces Veterans and their Families in Wales and develop a range of support services for veterans and family members to engage with across key locations in Wales during 2022-23.

The charity wants to further develop support services for the most vulnerable groups in society such as carers, children & young people, and families across existing and new locations across South and West Wales to tackle emerging mental health issues that are on the rise.

Along with supporting individuals and families throughout Wales to access new work, re-train and enter new or better employment opportunities. The charity resolves to provide high-calibre service to all in the community and will do its utmost to support the most vulnerable groups in society.

The Family Foundation

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 28th April 2023 and signed on its behalf by:

Signed by:



The Family Foundation
Patrick Atkinson
SECRETARY

The Family Foundation

Independent Examiner's Report to the trustees of The Family Foundation

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 June 2022 which are set out on pages 9 to 15.

Respective responsibilities of trustees and examiner

As the charity's trustees of The Family Foundation, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Family Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Family Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Unity Accountancy
The Corners
Maudlam
Bridgend
CF33 4PH

28th April 2023

The Family Foundation

Statement of Financial Activities for the Year Ended 30 June 2022

Note	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Income and Endowments from:				
Donations and legacies	-	44,153	44,153	156,643
Other trading activities	30,528	-	30,528	7,338
Total income	<u>30,528</u>	<u>44,153</u>	<u>74,681</u>	<u>163,981</u>
Expenditure on:				
Charitable activities	(11,207)	(119,775)	(130,982)	(143,539)
Total expenditure	<u>(11,207)</u>	<u>(119,775)</u>	<u>(130,982)</u>	<u>(143,539)</u>
Net (expenditure)/income	19,321	(75,622)	(56,299)	20,442
Gross transfers between funds	-	-	-	(5,827)
Net movement in funds	19,321	(75,622)	(56,299)	14,615
Reconciliation of funds				
Total funds brought forward	<u>(19,172)</u>	<u>78,920</u>	<u>59,748</u>	<u>45,133</u>
Total funds carried forward	12 <u><u>149</u></u>	<u><u>3,298</u></u>	<u><u>3,447</u></u>	<u><u>59,748</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 12.

The Family Foundation
(Registration number: 1162281)
Balance Sheet as at 30 June 2022

	Note	2022 £	2021 £
Current assets			
Cash at bank and in hand	10	16,821	72,785
Debtors		13,250	-
Creditors: Amounts falling due within one year	11	<u>(26,623)</u>	<u>(13,038)</u>
Net assets		<u><u>3,447</u></u>	<u><u>59,747</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds		3,298	78,920
Unrestricted income funds			
Unrestricted funds		<u>149</u>	<u>(19,172)</u>
Total funds	12	<u><u>3,447</u></u>	<u><u>59,748</u></u>

The financial statements on pages 9 to 15 were approved by the trustees, and authorised for issue on 29 April 2023 and signed on their behalf by:

Signed by:



The Family Foundation
Patrick Atkinson
SECRETARY

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Family Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has an entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2022

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2022

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Restricted funds £	Total funds £
Grants, including capital grants; Grants from companies	44,153	30,903
Total for 2022	<u>44,153</u>	<u>30,903</u>
Total for 2021	<u>156,643</u>	<u>156,643</u>

3 Income from other trading activities

	Unrestricted Funds General £	Restricted funds £	Total funds £
Trading income; Other trading income	28,994	7,338	30,529
Total for 2022	<u>28,994</u>	<u>1,535</u>	<u>30,529</u>
Total for 2021	<u>7,338</u>	<u>-</u>	<u>7,338</u>

4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total funds £
Cost of sales		2,604	47,386	49,990
Staff costs		5,622	58,907	64,529
Allocated support costs		1,457	12,599	14,056
Governance costs		-	2,396	2,396
Total for 2022		<u>11,207</u>	<u>119,775</u>	<u>130,971</u>
Total for 2021		<u>18,691</u>	<u>114,848</u>	<u>143,539</u>

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2022

5 Analysis of governance and support costs

Governance costs

	Restricted funds £	Total funds £
Independent examiner fees		
Examination of the financial statements	600	600
Legal fees	1,796	1,796
Total for 2022	<u>2,396</u>	<u>2,396</u>
Total for 2021	<u>1,722</u>	<u>1,722</u>

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

7 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	<u>64,529</u>	<u>81,689</u>

No employee received emoluments of more than £60,000 during the year.

8 Independent examiner's remuneration

	2022 £
Examination of the financial statements	<u>600</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2022

10 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	<u>16,821</u>	<u>72,785</u>

11 Creditors: amounts falling due within one year

	2022 £	2021 £
Bank loans	11,578	12,000
Trade creditors	1,046	1,038
Grant loan	<u>14,000</u>	<u>-</u>
	<u>26,624</u>	<u>13,038</u>

12 Funds

	Balance at 1 July 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 June 2022 £
Unrestricted funds					
General	(19,172)	30,528	(11,207)	-	149
Restricted funds	<u>78,920</u>	<u>44,153</u>	<u>(119,775)</u>	<u>-</u>	<u>3,298</u>
Total funds	<u>59,748</u>	<u>74,681</u>	<u>(130,982)</u>	<u></u>	<u>3,447</u>
	Balance at 1 July 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 June 2021 £
Unrestricted funds					
General	8,008	7,338	(28,691)	(5,827)	(19,172)
Restricted funds	<u>37,125</u>	<u>156,643</u>	<u>(114,848)</u>	<u>-</u>	<u>78,920</u>
Total funds	<u>45,133</u>	<u>163,981</u>	<u>(143,539)</u>	<u>(5,827)</u>	<u>59,748</u>

THE FAMILY FOUNDATION

England & Wales - Charity number 1162281

Accounts

Charity registration number: 1162281

The Family Foundation

Annual Report and Financial Statements

for the Year Ended 30 June 2021

The Family Foundation

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Statement of Trustees' Responsibilities	6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 14

The Family Foundation

Reference and Administrative Details

Chairman	C Matera-Rogers
Trustees	C Matera-Rogers J Littler P Atkinson E Jones S Rees
Principal Office	Family Foundation The Old Telephone Exchange Pier Street Swansea SA1 1RY
Charity Registration Number	1162281
Independent Examiner	LHP Accountants Ltd Llys Deri Parc Pensarn Carmarthen SA31 2NF

The Family Foundation

Trustees' Report

The Trustees present the annual report together with the financial statements of the charity for the year ended 30th June 2021.

TRUSTEES' REPORT FOR THE PERIOD ENDED 30th June 2021

The Trustees present their annual report together with the financial statements of The Family Foundation (the charity) for the period ended 30th June 2021. The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Effective 1st January 2015).

Objectives & Activities

The principal objectives of the charity are to relieve the needs of children, young people and families who are in need by reason of age, youth, disability, ill health, financial hardship or social economic circumstances in such ways as the trustees shall think fit, including the provision of advice, information, education and training, mediation, counselling and support services as well as helping people meet their own needs in society.

Achievements & Performance

The charity has concluded its fifth year of activity as a charity during a very difficult time due to the COVID 19 pandemic. It has adhered to its objectives closely of supporting & working with families, veterans & armed forces families, children, young people, and carers to provide relief in times of need, assistance, and support to help families and individuals move out of poverty.

More than ever during this period, The Family Foundation has worked tirelessly to develop new and focused partnerships with strategic working relationships with a range of organisations, from Armed Forces charities and projects to individuals, community groups, schools, statutory and voluntary third sector organisations.

The Family Foundation received in the past year an unprecedented amount of referrals and requests for support from Armed Forces organisations, job centres, social workers, health visitors, schools, youth officers, voluntary organisations, and self-referrals from individuals. The charity has also developed improved recording and evaluation monitoring systems to plot the effectiveness and impact of the work it delivers to all those it engages with in the community, and is currently working towards Trusted Charity Status Level 1.

During the period the charity has supported 11500 individuals across South, Mid and West Wales. The Trustees have paid due regards to the Charities Commission guidance on public benefit.

The charity has worked tirelessly during COVID 19 pandemic and continues to do so by developing a range of **Community Support Services**, delivering focused well-being support projects, skills and training workshops and mentoring sessions aimed at improving confidence, employment, training, emotional and physical wellbeing, social skills, the arts, literacy, and numeracy skills.

Activities to support the communities we serve have included:

- Armed Forces – Veterans & Family Support via Family Support Staff providing emotional and family support tailored to the needs of the veterans and family.
- Armed Forces – Veterans & Family Support Accredited Training Programme
- COVID Community Support – Emotional Support & Hygiene Packs delivered to 35 Partnerships supporting 10,000 individuals.
- PDG (Pupil Deprivation Grant) Learning & Community Programmes of Support
- Family MAD (Make a Difference) Projects (Online & via Bubbles During Covid19)
- Environmental & Creative Arts Learning Sessions
- Individual 1to1 Mentoring (Phone or Online During Covid19)
- Fresh Start Sessions – Outdoor & practical well-being workshops
- Outdoor Education Sessions for children & families

- Information, support & advice services to schools & community groups
- Community Skills & Giving Initiative – Working with WCVA and community volunteers The Family Foundation packed 80,000 hygiene components to create 10,000 Hygiene Kits to distribute during the COVID 19 pandemic to 10,000 individuals across Wales. Also providing phone support and digital training and CV support to those who were furloughed to enable them to access new or better employment.
- Armed Forces Community Support Project – Working with The Armed Forces Covenant and partners we supported 250 Armed Forces veterans, carers or family members to access essential support from mental health referrals, accessing accredited training Level 1-3 with our project training team or help with setting up in business.
- Parent & Child Activity Workshops & Sessions – During COVID19 we ran a series of events and workshops for families to engage with from BAKEOFF's to Environmental and creative arts sessions both in small group bubbles and online.
- #GIVINGISGREAT we paid for Digital devices and mobile phones/top ups to support unemployed and those experiencing poverty to access digital devices to help with home schooling, applying for jobs or accessing training.
- Digital Skills Academy – We developed a Pilot Online Digital Skills Academy with a range of Unaccredited courses to provide BITESIZED learning during Covid19 lockdowns to those needing to brush up skills or for mental well-being to keep busy. This will be expanded in the coming year.
- A Trustee pack containing a copy of the current constitution; and
 - A copy of the CIO 's latest Trustees Annual Report & Statement of Accounts; and
 - Copies of all policies relating to the charity.

The charity delivers a range of **Family Support Services** by working in partnership with a range of third sector organisations that include Armed Forces organisations, localised community groups and other voluntary sector organisations aimed at supporting families to overcome difficulties whether they are social, economic, emotional or learning barriers. Helping families who feel isolated and vulnerable has been a priority and will continue to be a focus for the charity through the coming years. The charity continues to run the Community Skills Giving initiative, offering small scale resourcing for volunteers to access PPE and project resources/materials where possible to enable community volunteering.

The charity has also worked with 15 schools providing training to help schools raise their own funds to assist families to thrive.

The Family Foundation

Trustees' Report

Financial Review

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has received income from providing discounted accredited training to charities and businesses along with accessing funding from bodies such as the Armed Forces Covenant, WCVA, The Community Foundation Wales, PDG (Pupil Deprivation Grant) funding. The charity will be developing the discounted training options to individuals, businesses and charities to assist in income generation for the charity moving forward.

Reserves Policy

Any reserves are put back into the charity to use on community focused initiatives in line with the charity's aims & objectives.

Structure, Governance & Management

Constitution

The charity was established as a foundation model Charitable Incorporated Organisation (CIO). It was incorporated and registered with the Charity Commission on the 1st July 2015 and the registered charity number is 1162281.

Method of Appointment or Election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the constitution. There must be at least 3 Trustees and a maximum of 12 Trustees.

The charity trustees until June 30th 2021 were as follows:

Carwyn Matera-Rogers - Chairman

P. F. Atkinson - Secretary

J. Littler - Treasurer

L. Jones - Trustee

S. Rees - Trustee

Every trustee must be appointed for a term of three years by a resolution passed at a convened meeting of the charity trustees. Selection of trustees will be made on the basis of skills, knowledge, experience and regards for the charities core objectives to ensure its effective administration and running.

The members of the CIO shall be the trustees. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

POLICIES ADOPTED FOR THE INDUCTION & TRAINING OF TRUSTEES

The charity has made available to each new charity trustee, on or before his or her first appointment a Trustee Induction pack.

The Family Foundation

Trustees' Report

ORGANISATIONAL STRUCTURE & DECISION MAKING

Any decision may be trustees either:

The charity trustees may delegate any of their powers or functions to a committee or sub committees, and, if they do, they shall determine the terms and conditions on which the delegation is made. The charity trustees may at any time alter those terms and conditions or revoke the delegation.

Plans for Future Periods

Future Developments

This year the charity will actively seek funding from the Armed Forces Covenant Fund and other military focused funders to continue to fund the excellent work supporting services veterans, families, and their carers. The charity will apply to The National Lottery and will seek to apply for funding for some of the excellent foundation work on the ground we have carried out as a charity over the past few years so that the charity can continue providing support and assistance to the most vulnerable people in society. We will continue with our Community Giving program by providing free skills and training to those most vulnerable and where possible fund accredited training.

The charity wants to further develop The Digital Skills Academy and develop its accredited training packages to provide affordable training to the Third Sector as we move out of the current restrictions.

The Family Foundation

Statement of Trustees' Responsibilities

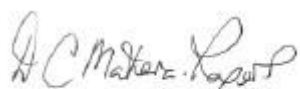
The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the charity's SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees of the charity on 8 October 2021 and signed on its behalf by:


C. CARLYN MATERA-ROGERS

C Matera-Rogers
Chairman and Trustee


JULIAN LITTLER

J Littler
Treasurer and Trustee

The Family Foundation

Independent Examiner's Report to the trustees of The Family Foundation

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 June 2021 which are set out on pages 8 to 14.

Respective responsibilities of trustees and examiner

As the charity's trustees of The Family Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Family Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Family Foundation as required by section 130 of the Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Llys Deri
Parc Pensarn
Carmarthen
SA31 2NF

8 October 2021

The Family Foundation

Statement of Financial Activities for the Year Ended 30 June 2021

Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:				
Donations and legacies	-	156,643	156,643	42,450
Other trading activities	7,338	-	7,338	31,489
Total income	7,338	156,643	163,981	73,939
Expenditure on:				
Charitable activities	(28,691)	(114,848)	(143,539)	(40,058)
Total expenditure	(28,691)	(114,848)	(143,539)	(40,058)
Net (expenditure)/income	(21,353)	41,795	20,442	33,881
Gross transfers between funds	(5,827)	-	(5,827)	-
Net movement in funds	(27,180)	41,795	14,615	33,881
Reconciliation of funds				
Total funds brought forward	8,008	37,125	45,133	11,252
Total funds carried forward	12 (19,172)	78,920	59,748	45,133

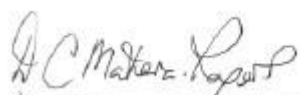
All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2020 is shown in note 12.

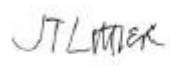
The Family Foundation
(Registration number: 1162281)
Balance Sheet as at 30 June 2021

	Note	2021 £	2020 £
Current assets			
Cash at bank and in hand	10	72,785	46,171
Creditors: Amounts falling due within one year	11	(13,038)	(1,038)
Net assets		59,747	45,133
Funds of the charity:			
Restricted income funds			
Restricted funds		78,920	42,450
Unrestricted income funds			
Unrestricted funds		(19,172)	2,683
Total funds	12	59,748	45,133

The financial statements on pages 8 to 14 were approved by the trustees, and authorised for issue on 8 October 2021 and signed on their behalf by:


 C. CARLYN MATERA-ROGERS

C Matera-Rogers
 Chairman and Trustee


 JULIAN LITTLER

J Littler
 Treasurer and Trustee

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2021

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Family Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2021

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2021

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Restricted funds £	Total funds £
Grants, including capital grants; Grants from companies	156,643	156,643
Total for 2021	156,643	156,643
Total for 2020	42,450	42,450

3 Income from other trading activities

	Unrestricted funds General £	Total funds £
Trading income; Other trading income	7,338	7,338
Total for 2021	7,338	7,338
Total for 2020	31,489	31,489

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total funds £
Note			
Cost of sales	-	28,621	28,621
Staff costs	11,385	70,304	81,689
Allocated support costs	15,584	15,923	31,507
Governance costs	1,722	-	1,722
Total for 2021	28,691	114,848	143,539
Total for 2020	40,058	-	40,058

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2021

5 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total funds £
Independent examiner fees		
Examination of the financial statements	703	703
Legal fees	1,019	1,019
Total for 2021	1,722	1,722
Total for 2020	653	653

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

7 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	81,689	30,423

No employee received emoluments of more than £60,000 during the year

8 Independent examiner's remuneration

	2021 £
Examination of the financial statements	703

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

The Family Foundation

Notes to the Financial Statements for the Year Ended 30 June 2021

10 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	72,785	46,171

11 Creditors: amounts falling due within one year

	2021 £	2020 £
Bank loans	12,000	-
Trade creditors	1,038	1,038
	13,038	1,038

12 Funds

	Balance at 1 July 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 June 2021 £
Unrestricted funds					
General	8,008	7,338	(28,691)	(5,827)	(19,172)
Restricted funds	37,125	156,643	(114,848)	-	78,920
Total funds	45,133	163,981	(143,539)	(5,827)	59,748
	Balance at 1 July 2019 £	Incoming resources £	Resources expended £		Balance at 30 June 2020 £
Unrestricted funds					
General	11,252	31,489	(40,058)		2,683
Restricted funds	-	42,450	-		42,450
Total funds	11,252	73,939	(40,058)		45,133