



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/9/2024

Period start date To 31/8/2025

Period end date

Charity name: Dementia Support South Lincs (DSSL)

Charity registration number: 1162277

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objectives of Dementia Support South Lincs are to promote and encourage the physical, mental and social well-being of adult persons who have a diagnosis of dementia, or are caring for someone with dementia, or need information and/or advice regarding dementia and who live within the areas served by the main General Medical Practices in Bourne, The Deepings and Stamford, Lincolnshire, through therapeutic support, encouraging active engagement in appropriate activities, and providing information, guidance and support for their families and carers'.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We focus on the person behind the condition and their carer. We provide information, guidance and support for our beneficiaries by personal visits, email, text, a quarterly newsletter, monthly support meetings, social media and our website. We currently have 2,500 Facebook followers. Our monthly support groups meet in three different locations, Bourne, Stamford and Langtoft/Deeping. Our Art for All group and Tai Chi for people of all abilities meet weekly. Our Singing for Fun group meets monthly in a local pub. In the spring we started a gardening group which ran until October in a local care home. Due to requests on social media we are now running a monthly support group for carers.

		We continue to have social outings, this year cruising on the Rutland Belle, followed by lunch, Harvest lunches, Christmas lunches and a Valentine's Day Dance. All activities, social events and outings are well attended by members and volunteers. Square Hole Club is our USP. We run a twice monthly day club for people diagnosed with young onset dementia or who are in the early stages of dementia. There is very little support available to younger people living with dementia and our members report this service is a lifeline. We give talks in the community about our services and various aspects of supporting the person living with dementia. These talks are on request to organisations like Rotary, Lions, local businesses, supermarkets, care home families and staff etc.
		During Dementia Action week this year we continued our usual groups and activities and invited the community in to join us. Information about our services and others available locally and nationally were available as well as one to one sessions with our support workers. We also put on an Art Exhibition at a new location for us –The Red Hall in Bourne, thus spreading the word about our support services to a new audience. We had over 200 visitors that week.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and are satisfied that we comply with the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A

Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The Trustees, all volunteers themselves, are fully aware of the invaluable support given to Dementia Support South Lincs. Volunteers support our members at social events and activities and also work to raise funds for us.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We continue to work hard in our local community to support our members and try to respond to any new requests, as evidenced by the two new groups started this year – Gardening and Evening Support Group. These two groups have been set up in conjunction with a local care home. We have made our support workers available to their residents family members in one to one sessions as well as the evening support group. We represent a 'safe haven' for people who have received a diagnosis of dementia [in its many forms], often being the first contact in the community they have at a very difficult time. We offer friendship, and mutual support opportunities as well as practical and emotional advice and support. We demonstrate to the wider community what is possible for people living with dementia, and how they can help, and offer advice and support to community groups in order to increase their knowledge and decrease the stigma of still associated with a diagnosis of dementia. We have formed a close connection with one of our local churches, members of which have been given Dementia Friends training by our charity. Our members feel very comfortable coming

		to accessible services in the church and also to social events. Square Hole Club has two sessions a year in the church and have been heavily involved in a recent history project. This project contributed to the church Aslackby St James the Great being awarded Community Church of the Year by National Churches Trust in 2024.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our overarching objective has always been to keep our support services going. This has been a constant challenge as we do not receive statutory funding. During Covid our numbers declined dramatically but since then we have increased the number of families we support back to pre-Covid levels. We now have four professional support workers, two extra ones at Square Hole Club and a part time administrative assistant.
Performance of fundraising activities against objectives set	Para 1.41	We have met our objectives for fundraising for this year, In the whole year our income from donations is at a higher level to the prior year. In the year we received the first instalment of our new grant from the National Lottery Reaching Communities Fund amounting to £16,414 which is a restricted fund. In total the grant is £203k over 3 years starting June 2025.
Investment performance against objectives	Para 1.41	N/A
Other	Para 1.41	

	Para 1.45	
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Other		
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of August 2025, the position was an excess of £6.3k for the year. We have received total grants of £16.4k. It is difficult to budget for the coming year due to ongoing uncertainties, however the potential shortfall of income over expenditure is circa £10k-£15k in the year to August 2026.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to keep a minimum reserve of our running costs that will be needed for the following 15 months and the balance of longer term restricted funds.
Amount of reserves held	Para 1.22	Our reserves were £169,436 at 31 st August 2025 of which £23,629 related to restricted funds. The slight increase over prior year in reserves was mainly due to higher income from one off donations, offset by a small increase in expenditure.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We continue to operate in a very difficult competitive environment with grants being more difficult to achieve. But we are actively looking for new funding opportunities and were successful in achieving grant payments of £16.4k in the year to August 2025.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal sources of funding in year to August 2025 have been from a restricted grant from National Lottery and donations from organisations. In the year to August 2026 we will receive further instalments from our National Lottery grant.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A

A description of the principal risks facing the charity	Para 1.46	Our principal risks in the coming year are the diminishing funding available from the public sector and difficulty in recruiting volunteers able to devote time to us. Additionally the level of donations may still be affected by the current economic climate.
Other	Para 1.49	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our Trustees tend to be known to us by virtue of having been beneficiaries or related to them in some way. People start by volunteering and when ready to commit more time and energy can be co-opted to the committee or elected by the current Trustees to be a Trustee, for a time limited period.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have policies and procedures in place regarding induction. Training tends to be 'in-house' by attending events and activities, and shadowing our support workers. All people who work alone with our beneficiaries are required to have full DBS certification.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We have monthly Trustee meetings, and receive reports from sub-committees such as social events, etc. We are connected with the following organisations in mutually supportive relationships.- Dementia UK Alzheimer's Research UK Lincolnshire Partnership Foundation

		Trust Alzheimer's Society Young Dementia UK Mindspace Lincolnshire Heritage Local churches, rotary clubs, Businesses, shops, local pubs and clubs, Masonic lodges etc. Healthwatch. National Heritage Lottery Fund National Churches Trust SHINE We send out a regular newsletter and we are active on social media and our website all of which keep us in contact with the families we support.
Relationship with any related parties	Para 1.51	We work cooperatively with all the above organisations
Other		We have a full range of policies and procedures particularly in regard to safeguarding, These are reviewed and updated annually.

Reference and Administrative details

Charity name	Dementia Support South Lincolnshire
Other name the charity uses	DSSL
Registered charity number	1162277
Charity's principal address	Wake House, 41 North St., Bourne, Lincs, PE10 9AE

Names of the charity trustees who manage the charity

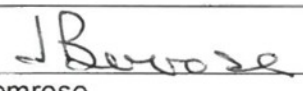
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Westwood	Chair		Trustees of DSSL
2	Kay Bunn			Trustees of DSSL
3	Jill Bemrose	Treasurer		Trustees of DSSL
4	Hazel Cox		Resigned 04/02/2025	Trustees of DSSL
5	Nicholas Fahidy		Resigned 03/12/2024	Trustees of DSSL
6	Linda Rogers			Trustees of DSSL
7	Iain Reeves			Trustees of DSSL
8	Colin Dalby		Appointed 10/10/2024	Trustees of DSSL
9	Heather Cox		Appointed 05/11/2024	Trustees of DSSL

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sarah Westwood	Jill Bemrose
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	3/2/2026	

Dementia Support South Lincs 1162277

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Receipts and payments accounts

For the period from	01/09/2024	To	31/08/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Grants	49,213	16,414	-	65,627	40,756
Charitable Activities	15,983		-	15,983	16,666
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
Sub total (Gross income for AR)	65,196	16,414	-	81,610	57,422
(see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	65,196	16,414	-	81,610	57,422
A3 Payments					
Charitable Activities	56,131	19,423	-	75,554	69,268
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	56,131	19,423	-	75,554	69,268
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	56,131	19,423	-	75,554	69,268
Net of receipts/(payments)	9,065	- 3,009	-	6,056	- 11,846
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	136,742	26,638	-	163,380	175,226
Cash funds this year end	145,807	23,629	-	169,436	163,380

Section B Statement of assets and liabilities at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds			
	145,807	23,629	-
	-	-	-
Total cash funds	145,807	23,629	-

Signed by one or two trustees on behalf of all the trustees

Signature
J Bemrose

Print Name

S Westwood
J Bemrose

Date of approval

7/10/25
7/10/25

Miss J. Bemrose
Treasurer
Dementia Support South Lincs.

Registered Charity No. 1162277

I have carried out an inspection of the accounts of the organisation for the year
1st September 2024 to 31st August 2025.

In my opinion the accounts and Balance Sheet give a fair and true view of the
financial activities of the Charity for that period and the position at 31st August
2025.

A handwritten signature in black ink, appearing to read 'M. P. Lander'.

Martin P. Lander
A.C.I.B. (Retired)
9th December 2025