



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/9/2022
end date

Period start date To 31/8/2023

Period

Charity name: Dementia Support South Lincs (DSSL)

Charity registration number: 1162277

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	'The objectives of Dementia Support South Lincs are to promote and encourage the physical, mental and social well-being of adult persons who have a diagnosis of dementia, or are caring for someone with dementia, or need information and/or advice regarding dementia and who live within the areas served by the main General Medical Practices in Bourne, The Deepings and Stamford, Lincolnshire, through therapeutic support, encouraging active engagement in appropriate activities, and providing information, guidance and support for their families and carers'.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We focus on the person behind the condition and their carer. We provide information, guidance and support for our beneficiaries by personal visits, a quarterly newsletter, monthly support meetings, and our website. Throughout the year we have been able to run regular activities like our monthly coffee mornings and our art, tai chi and singing groups. Our Square Hole Club for people living with early onset/early stage dementia is run twice monthly. In the year we held our annual Valentines tea party, Harvest lunch and Christmas lunch. In May we had a Retail Therapy day, In June 2023 Square Hole Club celebrated its 10th anniversary with a special lunch.

		Square Hole Club is our USP. We run a fortnightly day club for people diagnosed with early onset dementia or who are in the early stages of dementia. There is nothing else like it for younger or 'early stage' people in the county – the nearest is in Leicestershire. We are featured on the Young Dementia UK website. We give talks in the community about our services and various aspects of supporting the person living with dementia. These talks are on request to organisations like Rotary, Lions, local businesses, supermarkets, care home families and staff etc. During Dementia Awareness Week gave a talk in Stamford to over 100 people highlighting our work with people living with early onset dementia and invited the community to our art group and the Bourne and Stamford coffee mornings, all of which fell that week.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and are satisfied that we comply with the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The Trustees, all volunteers themselves, are fully aware of the invaluable support given to Dementia Support South Lincs by volunteers by both helping at events and activities and in raising funds for us.

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Throughout the year we have been running all three of our coffee morning/support groups, our therapeutic activities, our Square Hole Club and have restarted social events like the Valentines tea party. Harvest pub lunch and our Christmas lunch in December. We represent a 'safe haven' for people who have received a diagnosis of dementia [in its many forms], often being the first contact in the community they have at a very difficult time. We offer friendship, and mutual support opportunities as well as practical and emotional advice and support. We demonstrate to the wider community what is possible for people living with dementia, and how they can help, and offer advice and support to community groups in order to increase their knowledge and decrease the stigma of still associated with a diagnosis of dementia.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We have continued to run Dementia Support South Lincs in such a way as to support approximately 190 families or households. The number declined significantly during Covid but we are now receiving more self referrals and referrals from organisations like Social Services, Social Prescribers and other charities. We have three professional support workers and an administrative assistant part-time.
Performance of fundraising activities against objectives set	Para 1.41	We have met our objectives for fundraising for this year, however some fundraising activities run by others on our behalf did not take place this year. However in the whole year our income

		from donations is still lower than pre to Covid 19. In the year we received the next instalment of our grant from the National Lottery Reaching Communities Fund amounting to £10,605 which is a restricted fund.
Investment performance against objectives	Para 1.41	N/A
Other	Para 1.41	

Other	Para 1.45	
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of August 2023, the position was a deficit of £7.8k for the year. We have received total grants of £10.6k. It is difficult to budget for the coming year due to ongoing uncertainties, however the potential shortfall of income over expenditure is circa £30k in the year to August 2024
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to keep a minimum reserve of our running costs that will be needed for the following 15 months and the balance of longer term restricted funds.
Amount of reserves held	Para 1.22	Our reserves were £175,226 at 31 st August 2023 of which £36,702 related to restricted funds. The decrease was mainly due to the lower grants.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We are operating in a very difficult competitive environment with grants being more difficult to achieve. But we are actively looking for new funding opportunities and were successful in achieving grants of £10.6k in the year to August 2023.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal source of funding in year to August 2023 has been from a restricted grant from National Lottery. Donation from the public continue to be down on pre-pandemic years
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Our principal risks in the coming year are the diminishing funding available from the public sector and difficulty in recruiting volunteers able to devote time for us. In addition the level of donations may still be affected by the current economic climate.
Other	Para 1.49	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our Trustees tend to be known to us by virtue of having been beneficiaries or related to them in some way. People start by volunteering and when ready to commit more time and energy can be co-opted to the committee or elected by the current Trustees to be a Trustee, for a time limited period.

Additional information (optional)

You may choose to include further statements where relevant about:

		We have policies and procedures in place regarding induction. Training tends
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Policies and procedures adopted for the induction and training of trustees	Para 1.51	to be 'in-house' by attending events and activities, and shadowing our support workers. All people who work alone with our beneficiaries are required to have full DBS certification.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We have monthly Trustee meetings, and receive reports from sub-committees such as social events, etc. We are connected with the following organisations in mutually supportive relationships.- Dementia UK Alzheimer's Research UK Lincolnshire Partnership Foundation Trust Alzheimer's Society Young Dementia UK Playlist for Life Mindspace Lincolnshire Heritage Local churches, rotary clubs, businesses, shops, local pubs and clubs, Masonic lodges etc. Healthwatch. South Lincs Clinical commissioning Group SHINE We send out a regular newsletter and we are active on social media and our website all of which keep us in contact with our family of beneficiaries.
Relationship with any related parties	Para 1.51	Carer Sitters Service– we share an office with them and several beneficiaries.
Other		We have a full range of policies and procedures particularly in regard to safeguarding, These are reviewed annually and have been approved by LPFT.

Reference and Administrative details

Charity name	Dementia Support South Lincolnshire
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Other name the charity uses	DSSL
Registered charity number	1162277
Charity's principal address	c/o Wake House, Room 34, 41 North St., Bourne, Lincs, PE10 9AE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Westwood	Chair		Trustees of DSSL
2	Kay Bunn			Trustees of DSSL
3	Jill Bemrose	Treasurer		Trustees of DSSL
4	Hazel Cox			Trustees of DSSL
5	Nicholas Fahidy			Trustees of DSSL
6	Paula Harding			Trustees of DSSL
7	Linda Rogers			Trustees of DSSL

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SARAH WESTWOOD	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	2/1/24	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dementia Support South Lincs 1162277

Receipts and payments accounts

For the period from **01/09/2022** To **31/08/2023**

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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Grants	25,435	10,605	-	36,040	88,280
Charitable Activities	15,264	-	-	15,264	15,144
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	40,699	10,605	-	51,304	103,424
(see table).	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	40,699	10,605	-	51,304	103,424
A3 Payments					
Charitable Activities	38,169	20,912	-	59,081	65,729
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	38,169	20,912	-	59,081	65,729
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	38,169	20,912	-	59,081	65,729
Net of receipts/(payments)	2,530	- 10,307	-	- 7,777	37,695
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	135,994	47,009	-	183,003	145,308
Cash funds this year end	138,524	36,702	-	175,226	183,003

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		138,524	36,702	-
		-	-	-
		-	-	-
	Total cash funds	138,524	36,702	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

S Westwood
J Bemrose

Date of approval

3/10/23
3/10/23

Miss J. Bemrose
Treasurer
Dementia Support South Lincs.

Registered Charity No. 1162277

I have carried out an inspection of the accounts of the organisation for the year
1st September 2022 to 31st August 2023.

In my opinion the accounts and Balance Sheet give a fair and true view of the
financial activities of the Charity for that period and the position at 31st August
2023.

A handwritten signature in black ink, appearing to read 'M. P. Lander', written in a cursive style.

Martin P. Lander
A.C.I.B. (Retired)

20th November 2023