



Trustees' Annual Report for the period

From 1/9/2021
end date

Period start date To 31/8/2022

Period

Charity name: Dementia Support South Lincs (DSSL)

Charity registration number: 1162277

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	'The objectives of Dementia Support South Lincs are to promote and encourage the physical, mental and social well-being of adult persons who have a diagnosis of dementia, or are caring for someone with dementia, or need information and/or advice regarding dementia and who live within the areas served by the main General Medical Practices in Bourne, The Deepings and Stamford, Lincolnshire, through therapeutic support, encouraging active engagement in appropriate activities, and providing information, guidance and support for their families and carers'.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We focus on the person behind the condition and their carer. We provide information, guidance and support for our beneficiaries by personal visits, a quarterly newsletter, monthly support meetings, and our website. Since September 2021 we have been able to run regular activities like our monthly coffee mornings and our art, tai chi and singing groups along with our twice monthly Square Hole Club for people living with early onset/early stage dementia. We are slowly bringing back our social events and in July 2022 we held our annual summer garden party followed by a harvest lunch in September. We are planning a Retail Therapy day in November and will invite all our members to a Christmas lunch in December.

		We run a fortnightly day club for people diagnosed with early onset dementia or who are in the early stages of dementia. Square Hole Club is our USP. There is nothing else like it for younger or 'early stage' people in the county – the nearest is in Leicestershire. We are featured on the Young Dementia UK website. We have not held any official dementia friends sessions this year but we have started giving talks in the community about our services and various aspects of supporting the person living with dementia. We have more planned in the coming months. During Dementia Awareness Week (16th to 20 May 2022) we gave a talk in Stamford to over 100 people highlighting our work with people living with early onset dementia and invited the community to our art group and the Bourne and Stamford coffee mornings, all of which fell that week.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and are satisfied that we comply with the guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The Trustees, all volunteers themselves, are fully aware of the invaluable support given to Dementia Support South Lincs by volunteers by both helping at events and activities and in raising funds for us.

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From September 2021 we have been running all three of our coffee morning/support groups, our therapeutic activities, our Square Hole Club and have restarted social events like the summer garden party and harvest lunch which will be followed in November by Retail Therapy and our Christmas lunch in December. We represent a 'safe haven' for people who have received a diagnosis of dementia [in its many forms], often being the first contact in the community they have at a very difficult time. We offer friendship, and mutual support opportunities as well as practical and emotional advice and support. We demonstrate to the wider community what is possible for people living with dementia, and how they can help, and offer advice and support to community groups in order to increase their knowledge so that they can also find ways to help our 'family' of beneficiaries.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We have continued to run Dementia Support South Lincs in such a way as to support approximately 170 families or households. The number declined significantly during Covid but we are now receiving more self referrals and referrals from
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		organisations like Social Services, Social Prescribers and other charities. We have three professional support workers and an administrative assistant part-time. We completed the second Carers' coping toolkit training programme in July 2022.
Performance of fundraising activities against objectives set	Para 1.41	We have met our objectives for fundraising for this year. However in the whole year our income from donations has still been impacted by Covid 19. In the year we received the next two instalments of our grant from the National Lottery Reaching Communities Fund amounting to £20,591 and a legacy of £25,000. Both of which are restricted funds.
Investment performance against objectives	Para 1.41	N/A
Other	Para 1.41	Continuing impact of Covid 19 on fundraising – Cancellation of some of our fundraising events in 2021/2022.

Other	Para 1.45	Continued impact of Covid 19 on activities, staff, volunteers, in 2021/22 with loss of some members.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of August 2022, the position was a surplus of £37.7k for the year, of which £27.8k related to restricted funds. We have received total grants of £20.6k. It is difficult to budget for the coming year due to ongoing uncertainties, however the potential shortfall of income over expenditure is circa £20k in the year to August 2023.
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Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to keep a minimum reserve of our running costs that will be needed for the following 12 months and the balance of longer term restricted funds.
Amount of reserves held	Para 1.22	Our reserves were £183,003 at 31 st August 2022 of which £47,009 related to restricted funds. The increase was mainly due to the increase of grants and a legacy. The restricted funds balance continues to be high due to much lower spend due to Covid restrictions in the years 2019/202, 2020/2021 and 2021/2022.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We are operating in a very difficult competitive environment with grants being more difficult to achieve. But we are actively looking for new funding opportunities and were successful in achieving grants of £20.6k in the year to August 2022 and a legacy of £25k.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal sources of funding in year to August 2022 have been from a restricted grant from National Lottery and we received a legacy of £25k in February 2022, which is restricted income and the project has not yet commenced. Donation from the public continue to be down on pre-pandemic years
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Our principal risks in the coming year are the diminishing funding available from the public sector and difficulty in recruiting volunteers able to devote time for us. In addition the level of donations may still be affected by the current economic climate.
Other	Para 1.49	

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our Trustees tend to be known to us by virtue of having been beneficiaries or related to them in some way. People start by volunteering and when ready to commit more time and energy can be co-opted to the committee or elected by the current Trustees to be a Trustee, for a time limited period.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have policies and procedures in place regarding induction. Training tends to be 'in-house' by attending events and activities, and shadowing our support workers. All people who work alone with our beneficiaries are required to have full DBS certification.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We have monthly Trustee meetings, and receive reports from sub-committees such as social events, etc. We are connected with the following organisations in mutually supportive relationships.- South West Lincs Care Consortium Lincolnshire Partnership Foundation Trust Alzheimer's Society Young Dementia UK Playlist for Life South Lincs Dementia Action Alliance Mindspace Lincolnshire Heritage Local churches, rotary clubs, businesses, shops, local pubs and clubs, Masonic lodges etc. Healthwatch.

		South Lincs Clinical commissioning Group We continue to use social media such as our regular newsletter, website and facebook to keep our 'family' connected.
Relationship with any related parties	Para 1.51	Carer Sitters Service— we share an office with them and several beneficiaries.
Other		We have a full range of policies and procedures particularly in regard to safeguarding, These are reviewed annually and have been approved by LPFT.

Reference and Administrative details

Charity name	Dementia Support South Lincolnshire
Other name the charity uses	DSSL
Registered charity number	1162277
Charity's principal address	c/o Wake House, Room 34, 41 North St., Bourne, Lincs, PE10 9AE

Names of the charity trustees who manage the charity

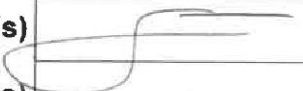
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Westwood	Chair		Trustees of DSSL
2	Denis Bedford			Trustees of DSSL
3	Kay Bunn			Trustees of DSSL
4	Jill Bemrose	Treasurer		Trustees of DSSL
5	Hazel Cox			Trustees of DSSL
6	Nicholas Fahidy			Trustees of DSSL
7	Paula Harding		April 2022	Trustees of DSSL
8	Linda Rogers		July 2022	Trustees of DSSL

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SARAH JANE WESTWOOD	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	8/11/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dementia Support South Lincs

1162277

Receipts and payments accounts

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For the period
from

01/09/2021

To

31/08/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and Grants	42,689	45,591	-	88,280	51,264
Charitable Activities	15,144	-	-	15,144	3,607
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	57,833	45,591	-	103,424	54,871
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	57,833	45,591	-	103,424	54,871
A3 Payments					
Charitable Activities	47,903	17,826	-	65,729	29,707
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	47,903	17,826	-	65,729	29,707
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	47,903	17,826	-	65,729	29,707
Net of receipts/(payments)	9,930	27,765	-	37,695	25,164
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	126,064	19,244	-	145,308	120,144
Cash funds this year end	135,994	47,009	-	183,003	145,308

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		135,994	47,009	-
		-	-	-
		-	-	-
	Total cash funds	135,994	47,009	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds	Restricted funds	Endowment funds
Signed by one or two trustees on behalf of all the trustees				
	Signature	Print Name	Date of approval	
		S Westwood	24/09/2022	
		J Bemrose	24/09/2022	

Miss J. Bemrose
Treasurer
Dementia Support South Lincs.

Registered Charity No. 1162277

I have carried out an inspection of the accounts of the organisation for the year
1st September 2021 to 31st August 2022.

In my opinion the accounts and Balance Sheet give a fair and true view of the
financial activities of the Charity for that period and the position at 31st August
2022.

A handwritten signature in blue ink, reading "M. P. Lander".

Martin P. Lander
A.C.I.B. (Retired)

30th November 2022