

Report of the Trustees and  
Financial Statements  
For the year ended 31 December 2023  
(Unaudited)  
for  
My Cancer My Choices  
(A Charitable Incorporated Organisation)

Charity number: 1162165

**My Cancer My Choices**  
**(A Charitable Incorporated Organisation)**

**Charity number: 1162165**

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**For the year ended 31 December 2023 (Unaudited)**

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Charity information  
For the year ended 31 December 2023 (Unaudited)

Charity name:	My Cancer My Choices
Charity registration number:	1162165
Registered Office	46 Old Bath Road Charvil Reading Berkshire RG10 9QR
Trustees	Ms Alison Grieve <i>Chairman</i> Dr Jane Barrett OBE Mrs Amanda Barter <i>Founder</i> Dr Richard Brown Mrs Claire Grove Mr Robert Goddard Ms Lynn McLeish Dr Lindsey Barker Mr Anthony Smith <i>Treasurer</i>
Chief Executive Officer	Ms Claire Rhodes
Independent Examiner	Nortons Assurance Limited Chartered Accountants Second Floor NOW Building Thames Valley Park Reading Berkshire RF6 1RB
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

**Report of the Trustees**  
**For the year ended 31 December 2023 (Unaudited)**

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2023.

The Trustees confirm that their report and the financial statements of the charity comply with the current statutory requirements of the charity's governing document and the provisions of the Charities Act 2011, Accounting and Reporting Standard applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102).

**Reference and Administrative Information**

The reference and administrative information is detailed on page 2.

**Structure, Governance and Management**

Governing document

The organisation is a Charitable Incorporated Organisation, registered as a charity on 12th June 2015. The charity was established under a constitution which details the objects and powers of organisation and it is governed by the constitution.

Recruitment and appointment of trustees and directors

The Trustees who have served during the period and since the period end are listed on page 2 and below.

Under the requirements of the constitution, the Trustees must be appointed for a term of three years by a resolution passed at Trustee meetings. Any person retiring as a charity Trustee is eligible for reappointment. A charity Trustee who has served for three consecutive terms may not be reappointed for a (fourth) consecutive term but may be reappointed after an interval of at least one year.

The CEO is now a paid employed position and the current incumbent started in June 2023 following public competition and stringent recruitment process and was appointed by the Trustees. Previously the founder of the charity carried out the role of CEO, and is now a Trustee on the Board of Trustees and Deputy Chair. The Trustees appoint the Chairman. Decisions are taken by a majority of Trustees present at quarterly meetings.

The Chief Executive reports on all aspects of the charity's operations and is responsible for keeping Trustees informed about charity and other relevant laws and procedures. The Trustees and Chief Executive attend relevant courses and seminars, to maintain the required skills for the proper governance and financial control of the charity.

Trustee Induction and training

New Trustees are provided with a copy of the charity's constitution and latest Annual Report and Statement of Accounts.

Trustees are appointed based on their skills, knowledge and experience that are considered to be appropriate for the charity's activities.

New Trustees undergo briefings on the vision of the charity, its charitable objectives, current activities and financial status and forecasts. They are provided with a copy of the Charity Commission, "The Essential Trustee" (CC3) document, and are required to sign our Code of Conduct. Trustees are supported by the Chair of Trustees on an ad-hoc basis for their role and responsibilities, introduced to all other trustees and committee members, and invited to all trustee meetings.

**Trustees**

Trustees who served during the period and up to the date of this report are set out below.

Mr Colin Maclean OBE (resigned 30 June 2023)

Dr Jane Barrett OBE

Mrs Amanda Barter

Dr Richard Brown

Ms Alison Grieve

Mrs Claire Grove

Mr Robert Goddard

Mrs Ruth Lysons (resigned 30 June 2023)

Ms Lynn McLeish

Mr Anthony Smith

Dr Lindsey Barker (appointed 19 January 2023)

**Report of the Trustees - continued**  
**For the year ended 31 December 2023 (Unaudited)**

**Objectives and Activities**

Background

This report covers the period from January 2023 to December 2023.

The period on which we are reporting has been one of implementing the changes in strategic direction we needed to ensure the future viability of the charity, which included continuing to develop our face to face services in existing locations, continuing to run virtual services where appropriate and developing all our services, while ensuring that our excellent relationships at all staff levels in the hospital were maintained. It has been a year of significant leadership changes with the change of both CEO and Chair of the charity. The Founder who was also the voluntary CEO stepped down and we recruited a paid CEO with extensive charity experience who we believe will lead the charity well in the future. The Chair had completed the maximum terms accepted in the charity's constitution and following a recruitment process and agreement with the Board of Trustees a new Chair was recruited. Both new positions started in June 2023. The focus of 2023 has been on change of leadership while maintaining a successful service supporting our service users and volunteers with a view to growth in 2024.

We continue to operate in our headquarters office and treatment centre in Charvil, (Wokingham), the Deanwood Therapy Centre in Newbury, the College of Integrated Chinese Medicine in Reading and Brants Bridge Healthspace in Bracknell.

During the year we successfully provided Acupuncture, Reflexology, Oncology Massage, Reiki, Art Therapy, Aromatherapy, Mindfulness, Yoga and Scar Tissue Massage in our portfolio of services.

Our Objectives reflect the wide range of services we provide in giving choice to our patient which are shown below. In addition, further signposting and support was provided to the service users and their families, including provision of a lending library.

Objectives

The objectives of the charity are 'For the public benefit, the relief and support of people with a diagnosis of cancer in Berkshire and surrounds and their carers, and where appropriate on-line throughout the UK by a) the provision of complementary therapies in acupuncture, art therapy, aromatherapy, reflexology, massage, reiki, and relaxation techniques; b) providing facilities for the practice of yoga, Tai Chi and mindfulness training and c) the provision of advice and information'.

Activities

The principal long term aim of the charity, and ongoing objectives of the Trustees, is now to offer complementary therapies to anyone in Berkshire who has recently been diagnosed with cancer, with a choice of 'face to face' services and to additionally provide a virtual on-line complementary therapy service in Mindfulness, Yoga and Art Therapy to people living with cancer in Berkshire and beyond, continuing to develop Charvil as our dedicated centre of excellence for the service. We continue to confine our offering to adult patients recently diagnosed with cancer and to their carers.

Operations

Claire Rhodes, our new CEO, continues to develop the management, administration and governance of the charity. She manages a team of Lead Complementary Therapist, Service Delivery Manager, and Marketing and Communications Officer. Additionally we have an Art Therapist who joined the payroll in May 2023, as part of a stipend, funded by a grant. We are currently recruiting an additional team member to support fund raising through building community and corporate links and plan to recruit further team member to assist on trust and grant applications. The Complementary Lead Therapist manages the leadership and governance of our volunteer therapists, the Service Delivery Manager oversees the delivery of our service. The Marketing and Communications Officer creates the campaigns and events to increase awareness of the service as well as help bring more volunteers and donors to the charity. The additional support in fund raising will complete the team and recruitment will start in 2024. With the support of our treasurer and governance staff from the Royal Berkshire Hospital, and some IT and clinical governance consultants, we are now more comfortable that our administration and governance is satisfactory, with Trustees informed about any risks we face.

Led by the CEO and Trustees, the service is delivered by managers and volunteers. We continue to work closely with the Royal Berkshire Hospital, particularly the Berkshire Cancer Centre, and other charities of relevance in the support of cancer patients, and with those organisations that can help us to find and retain sufficient volunteers to develop the service.

Fundraising

Our fundraising group, some members of which have had some experience with cancer, either personally or in their families, have continued to work extremely hard and have generated enough money, together with some very generous donations to the charity, to fund our planned growth, manage the charity throughout the constraints of the cost of living crisis and increase our reserves sufficiently to be able to fund our services and their planned growth for the next two years. We owe them all a big debt for all this very successful work.

Volunteers

The charity was recognised this year in November with the announcement that it is recipient of the King's Award for Voluntary Service. This is a huge achievement for a charity which is so young and still in the early stages of its potential. It demonstrates the impact the charity is having on those people we serve and the capacity, capability and passion of the volunteers. The charity continues to be led and supported by willing volunteers in meeting its objectives and some of its administrative activity and the Trustees would like to take this opportunity to say how much they appreciate their continuing and valuable support. The Award is an amazing testament to our volunteers. We owe them a real debt. The Trustees consider that no measurable value can be placed on their contribution for the purpose of our accounts but in practical terms, they are invaluable and the beating heart of what we do.

**Achievements and Performance**

Our valuable relationship, with the Directors of the Royal Berkshire Hospital and the consultant oncologists, clinical nurse specialists, management and administrative staff at the Royal Berkshire NHS Foundation Trust, has been maintained, with mutual support being evidenced on both sides.

We have learned to manage and maintain those good relationships through various staff changes that have occurred in the Hospital and at the charity. The Hospital Trust continues to donate the use of rooms to deliver our services at the Bracknell Healthspace and to allow the charity to maintain a communication presence, for patients, at the Royal Berkshire Hospital.

The Trust also continues to provide training of the therapists in the NHS 'cancer pathway', enabling the MCMC services to be tailored to patient need. We now have 29 volunteer therapists and 9 volunteers to meet and greet people who wish to access the service. It is our objective to recruit 5 more therapists and 4 more meeters-greeters in the next financial year.

In the year ending December 2023, we provided 1344 therapies to 332 patients, with 817 acupuncture appointments and 527 aromatherapy, reflexology and massage appointments. The proportion of our clients that are male increased to above 20%, following our efforts to stimulate interest from men. We also ran courses in mindfulness training and yoga and began on-line 1-1 art therapy sessions.

The patient feedback remains incredibly positive indicating that the demand for our services remains strong and our experience of the on-line services has shown that there is still demand for support on-line. This feedback continues to confirm that there is a very big demand for the service and that, within the limits of our present resource, we are delivering an offering that effectively relieves pain and reduces side effects which are associated with some cancer treatments, while helping the patient to come to terms with their illness, regain and maintain some control of their lives and and improve their wellbeing.

**Report of the Trustees - continued**  
**For the year ended 31 December 2023 (Unaudited)**

**Future Plans**

Our immediate plans are to continue to develop our services at Charvil and to fill more of the available face-to face therapy slots at our other sites, develop our service offerings and continue our search for new services that can improve the confidence and empowerment of our service users.

It is our long term plan to build services across Berkshire, delivered from at least three more treatment rooms, with an additional room in Charvil, and new centres including one in Henley and one in East Berkshire.

Our biggest challenges are:

1. To strengthen our fundraising capability to ensure that we have the resources for the continuing growth in demand;
2. To finalise our growth in delivery sites by opening a second room in Charvil and establishing a new base in Henley in 2024;
3. Recruitment of volunteers is an ongoing challenge especially for therapists and "meeter-greeters", against a background of the cost of living crisis. We are also looking for new people to join our fund raising volunteer team. This is continuing to be a challenge to maintain the level of service as well as for future growth.

Public benefit

The Trustees confirm that they have complied with their duty under section 17 of the Charities Act 2011. They have considered the public benefit guidance published by the Charity Commission and believe they have followed it.

**Financial Review**

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future, for this reason they continue to adopt the going concern basis in preparing the financial statements.

Financial position

Incoming resources for the period are £150,289 (2022: £115,190) and resources expended £140,684 (2022: £122,316), leaving an overall surplus for the year of £9,605 (2022: £7,126 deficit). Total reserves of £113,384 (2022: £167,233) are unrestricted.

Reserves Policy

It is the charity's policy to retain reserves equivalent to 12 months normal expenditure to safeguard against significant loss of sources of income. This equates to c. £80,000. In addition, as a relatively new charity, which has had to find rental accommodation for much of its service delivery and still needs to extend its services to cover the whole of Berkshire and to expand its service offering, the Trustees have been building up sufficient funds of c. £170,000 per annum, which have been designated to grow the charity further over the next three years, increase the number of staff it employs (currently five) and funding its headoffice and treatment centre. This policy will be reviewed on a regular basis and the Trustees are confident about the financial stability of the charity.

Report of the Trustees - continued

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The Trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and its financial position at the end of the period. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees have taken all the steps that they ought to have taken to make themselves aware of any information relevant to the independent examination and to ensure that the independent examiner is aware of all relevant information. As far as each Trustee is aware, there is no relevant information of which the charity's examiner is unaware.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) regulations 2008, the SORP 2005 and the provisions of its registration. They are also responsible for the safeguarding of assets, taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on 22nd July 2024 and signed on its behalf.

ON BEHALF OF THE TRUSTEES:



Allison Grieve  
Chairman

Statement of Financial Activities (including Income and Expenditure Account)  
For the year ended 31 December 2023 (Unaudited)

	Notes	Y/E Dec-23 Unrestricted Funds £	Y/E Dec-23 Restricted Funds £	Y/E Dec-23 Total Funds £	P/E Dec-22 Unrestricted Funds £	P/E Dec-22 Restricted Funds £	P/E Dec-22 Total Funds £
<b>Income:</b>							
<i>Income from donations and legacies:</i>							
Donations and legacies	2	38,350	18,507	56,857	50,010	20,240	70,250
<i>Income from other trading activities:</i>							
Other activities	3	89,500	-	89,500	44,390	-	44,390
Investment income	4	3,932	-	3,932	550	-	550
<b>Total income</b>		<b>131,782</b>	<b>18,507</b>	<b>150,289</b>	<b>94,950</b>	<b>20,240</b>	<b>115,190</b>
<b>Expenditure:</b>							
<i>Expenditure on raising funds:</i>							
Fundraising and other activities	5	16,681	-	16,681	749	-	749
<i>Expenditure on charitable activities:</i>							
Cost of charitable activities	6	6,511	2,586	9,097	3,778	828	4,606
Support costs	7	89,783	22,467	112,250	89,795	15,805	105,600
<b>Governance costs</b>	<b>8</b>	<b>2,656</b>	<b>-</b>	<b>2,656</b>	<b>11,361</b>	<b>-</b>	<b>11,361</b>
<b>Total expenditure</b>		<b>115,631</b>	<b>25,053</b>	<b>140,684</b>	<b>105,683</b>	<b>16,633</b>	<b>122,316</b>
<b>Net income/(expenditure) and net movement in funds for the period</b>		<b>16,151</b>	<b>(6,546)</b>	<b>9,605</b>	<b>(10,733)</b>	<b>3,607</b>	<b>(7,126)</b>
<b>Reconciliation of funds</b>							
Total funds brought forward	17	167,233	7,986	175,219	177,966	4,379	182,345
<b>Total funds carried forward</b>		<b>183,384</b>	<b>1,440</b>	<b>184,824</b>	<b>167,233</b>	<b>7,986</b>	<b>175,219</b>

The statement of financial activities includes all gains and losses for the period. All incoming resources and resources expended derive from continuing activities.




My Cancer My Choices  
(A Charitable Incorporated Organisation)

Charity number: 1162165

Balance Sheet  
As at 31 December 2023 (Unaudited)

	Notes	Y/E Dec-23 £	P/E Dec-22 £
<b>CURRENT ASSETS</b>			
Debtors	14	7,988	195
Cash at bank		191,299	192,642
		<u>199,287</u>	<u>192,837</u>
<b>CREDITORS</b>			
Amounts falling due within one year	15	(14,463)	(17,618)
		<u>184,824</u>	<u>175,219</u>
<b>NET CURRENT ASSETS</b>			
		<u>184,824</u>	<u>175,219</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>184,824</u>	<u>175,219</u>
<b>FUNDS</b>			
Unrestricted funds	17	113,384	167,233
Designated funds	17	70,000	-
Restricted funds	17	1,440	7,986
		<u>184,824</u>	<u>175,219</u>
<b>TOTAL FUNDS</b>		<u>184,824</u>	<u>175,219</u>

The financial statements were approved and authorised for issue by the Trustees on 22nd July 2024 and were signed on their behalf by:

  
Alison Grieve  
Chairman

The notes form part of these financial statements

**Notes to the Financial Statements**  
**For the year ended 31 December 2023 (Unaudited)**

**1 ACCOUNTING POLICIES**

**Basis of accounting**

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)) and, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The Charity's functional and presentational currency is GBP and the financial statement have been rounded to the nearest £.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted funds are to be used in accordance with specific restrictions set out by the donor. See notes 17 and 18.

**Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amounts have been received. The following specific policies are applied to particular categories of income:

- Donations and fundraising income are recognised in the accounts as and when receivable. Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of the donation.
- Grant income is recognised in the accounts as and when receivable. Where entitlement occurs before income is received the income is accrued.
- Investment income is credited to income when it is receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest being paid or being payable by the bank.

**Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Fundraising costs are those incurred in seeking voluntary contributions.
- Governance costs include those costs associated with meeting the constitutional requirements of the charity and include the accountants fees and costs linked to the strategic management of the charity.

**Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

**Cash at Bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Liabilities and provisions**

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received in advanced payments for the goods or services it must provide.

**Financial instruments**

The charity only has financial assets and financial liabilities that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and are subsequently measured at their settlement value.

**Taxation**

The charity is exempt from tax on income and gains of S256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to charitable objects. No UK corporation tax charges have arisen in the charity for the year ended 31 December 2023 due to the charity's charitable status.

**Operating leases**

Operating leases are recognised over the period of which the lease falls due.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the period of the lease.

**Pensions**

**Defined contribution pension plan**

The Charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Charity pays fixed contributions into a separate entity. Once the contributions have been paid, the Charity has no further payment obligations.

The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in accruals as a liability in the Balance Sheet. The assets of the plan are held separately from the Charity in independently administered funds.

Notes to the Financial Statements - continued  
For the year ended 31 December 2023 (Unaudited)

**2 INCOME FROM DONATIONS AND LEGACIES**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Donations	29,949	-	29,949	43,211	-	43,211
Gift Aid	8,401	-	8,401	6,799	-	6,799
Grants	-	18,507	18,507	-	20,240	20,240
	<u>38,350</u>	<u>18,507</u>	<u>56,857</u>	<u>50,010</u>	<u>20,240</u>	<u>70,250</u>

**3 INCOME FROM OTHER TRADING ACTIVITIES**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Fundraising	89,500	-	89,500	44,390	-	44,390

**4 INVESTMENT INCOME**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Bank Interest Received	3,932	-	3,932	550	-	550

**5 EXPENDITURE ON RAISING FUNDS**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Fund raising costs	16,681	-	16,681	749	-	749

**6 CHARITABLE ACTIVITIES COSTS**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Therapy costs, training and supplies	6,511	2,586	9,097	3,778	828	4,606

**7 SUPPORT COSTS**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Telephone and fax	3,755	618	4,373	3,461	760	4,221
Trustee expenses	-	-	-	6	-	6
Wages	69,031	17,653	86,684	60,235	13,222	73,457
Subscriptions	528	87	615	315	69	384
Insurance	538	88	626	706	155	861
Office expenses	2,765	1,038	3,803	3,411	749	4,160
Sundry expenses	4,656	766	5,422	5,028	126	5,154
Premises expenses	6,341	1,859	8,200	13,337	-	13,337
Refurbishment costs	817	135	952	1,392	306	1,698
Marketing & Promotions	1,352	223	1,575	1,904	418	2,322
	<u>89,783</u>	<u>22,467</u>	<u>112,250</u>	<u>89,795</u>	<u>15,805</u>	<u>105,600</u>

All support costs relate to charitable activities.

**8 GOVERNANCE COSTS**

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Accountancy fees	1,440	-	1,440	2,460	-	2,460
Legal & professional fees	1,216	-	1,216	8,901	-	8,901
	<u>2,656</u>	<u>-</u>	<u>2,656</u>	<u>11,361</u>	<u>-</u>	<u>11,361</u>

Notes to the Financial Statements - continued  
For the year ended 31 December 2023 (Unaudited)

9 FEES FOR THE EXAMINATION OF THE ACCOUNTS

	Total Y/E Dec-23 £	Total P/E Dec-22 £
Independent examiner's fees	1,440	1,860

10 TRUSTEES' REMUNERATION AND BENEFITS

During the current and prior period, no Trustees received any remuneration.  
During the current and prior period, no Trustees received any benefits in kind.  
During the year £nil (2022: £nil) of travelling expenses were reimbursed to any Trustee.

11 STAFF COSTS

	Total Y/E Dec-23 £	Total P/E Dec-22 £
Salaries and wages	82,865	71,320
Social security costs	1,777	0
Pension	2,042	2,137
	<b>86,684</b>	<b>73,457</b>

The average number of employees during the period, calculated on the basis of full time equivalents, was as follows:

Administrative staff	3	2
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No employee received emoluments of more than £60,000.

12 PENSION COMMITMENTS

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £2,042 (2022: £2,137). Contributions of £nil (2022: £382) were payable to the fund at the balance sheet date.

13 RELATED PARTY TRANSACTIONS

During the period the Trustees did not consider there to be any related party transactions, other than the matters within note 10.

14 DEBTORS

	Total Y/E Dec-23 £	Total P/E Dec-22 £
Prepayments and accrued income	7,988	195

15 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Total Y/E Dec-23 £	Total P/E Dec-22 £
Other creditors	12,323	15,429
Accrued expenses	2,140	2,189
	<b>14,463</b>	<b>17,618</b>

16 ANALYSIS OF NET ASSETS BETWEEN RESERVES

	Unrestricted Funds Y/E Dec-23 £	Restricted Funds Y/E Dec-23 £	Total Funds Y/E Dec-23 £	Unrestricted Funds P/E Dec-22 £	Restricted Funds P/E Dec-22 £	Total Funds P/E Dec-22 £
Current assets	197,847	1,440	199,287	184,782	8,055	192,837
Current liabilities	(14,463)	-	(14,463)	(17,549)	(69)	(17,618)
	<b>183,384</b>	<b>1,440</b>	<b>184,824</b>	<b>167,233</b>	<b>7,986</b>	<b>175,219</b>

Notes to the Financial Statements - continued  
For the year ended 31 December 2023 (Unaudited)

17 MOVEMENT IN FUNDS

	As at 1 January 2023	Incoming resources	Outgoing resources	Transfers	As at 31 December 2023
	£	£	£	£	£
Unrestricted funds	167,233	131,782	(115,631)	(70,000)	113,384
Designated funds	-	-	-	70,000	70,000
Restricted funds	7,986	18,507	(25,053)	-	1,440
Total funds	<u>175,219</u>	<u>150,289</u>	<u>(140,684)</u>	<u>-</u>	<u>184,824</u>

	As at 1 July 2021	Incoming resources	Outgoing resources	Transfers	As at 31 December 2022
	£	£	£	£	£
Unrestricted funds	177,966	94,950	(105,683)	-	167,233
Restricted funds	4,379	20,240	(16,633)	-	7,986
Total funds	<u>182,345</u>	<u>115,190</u>	<u>(122,316)</u>	<u>-</u>	<u>175,219</u>

Purpose of Designated Funds

The Trustees have designated funds for the future refurbishment and fit-out of new treatment rooms and meeting rooms at various locations £40,000 and the set up of a new CRM systems £20,000.

18 Restricted funds

	Greenham Grant	Newbury Cancer Care	Corinne Burton Memorial Trust	Burghfield Residents Association
	£	£	£	£
Balance at 1 January 2023	1,131	1,115	-	-
Incoming resources - grants	9,407	5,500	2,400	700
Outgoing resources - cost of charitable activities and support costs	(10,538)	(6,615)	(2,400)	(700)
Balance at 31 December 2023	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

Restricted funds (continued)

	FSP Foundation	Burghfield Parish Council	The Albert Hunt Trust	Total Restricted Funds
	£	£	£	£
Balance at 1 January 2023	2,740	-	3,000	7,986
Incoming resources - grants	-	500	-	18,507
Outgoing resources - cost of	(1,300)	(500)	(3,000)	(25,053)
Balance at 31 December 2023	<u>1,440</u>	<u>-</u>	<u>-</u>	<u>1,440</u>

19 OPERATING LEASE COMMITMENTS

At 31 December 2023 the total of the Charity's future minimum lease payments under non-cancellable operating lease was:

	Y/E Dec-23 £	P/E Dec-22 £
Amounts payable		
Within 1 year	4,200	4,200
Between 1 and 5 years	5,950	10,150
	<u>10,150</u>	<u>14,350</u>

**My Cancer My Choices**  
(A Charitable Incorporated Organisation)

**Report of the Independent Examiner to the Trustees of  
My Cancer My Choices**

I report to the Trustees on my examination of the accounts of My Cancer My Choices (the Charity) for the year ended 31 December 2023 which are set out on pages 7 to 12.

**Responsibilities and basis of report**

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charities Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
- the accounts did not accord with those records or;
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Anthony Campbell FCA**  
Nortons Assurance Limited  
Chartered Accountants  
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Thames Valley Park  
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Berkshire  
RG6 1RB

Date: 23 July 2024