

Report of the Trustees and
Financial Statements
For the period ended 31 December 2022
(Unaudited)
for
My Cancer My Choices
(A Charitable Incorporated Organisation)

Charity number: 1162165

My Cancer My Choices
(A Charitable Incorporated Organisation)

Charity number: 1162165

Contents of the Financial Statements
For the period ended 31 December 2022 (Unaudited)

| Contents | Page |
|------------------------------------|-------------|
| Charity Information | 2 |
| Report of the Trustees | 3 to 6 |
| Statement of Financial Activities | 7 |
| Balance Sheet | 8 |
| Notes to the Financial Statements | 9 to 12 |
| Report of the Independent Examiner | 13 |

My Cancer My Choices
(A Charitable Incorporated Organisation)

Charity number: 1162165

Charity information
For the period ended 31 December 2022 (Unaudited)

| | |
|------------------------------|---|
| Charity name: | My Cancer My Choices |
| Charity registration number: | 1162165 |
| Registered Office | 1st Floor, 46 Old Bath Road Charvil Reading Berkshire RG10 9QR |
| Trustees | Ms Alison Grieve <i>Chairman</i> Dr Jane Barrett OBE Mrs Amanda Barter <i>Founder</i> Mr Robert Goddard Ms Lynn McLeish Mr Anthony Smith <i>Treasurer</i> Dr Richard Brown Mrs Claire Grove Dr Lindsey Barker |
| Chief Executive Officer | Mrs Amanda Barter |
| Independent Examiner | Nortons Assurance Limited Chartered Accountants Second Floor NOW Building Thames Valley Park Reading Berkshire RG6 1RB |
| Bankers | CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ |

Report of the Trustees
For the period ended 31 December 2022 (Unaudited)

The Trustees present their report with the financial statements of the charity for the period ended 31 December 2022.

The Trustees confirm that their report and the financial statements of the charity comply with the current statutory requirements of the charity's governing document and the provisions of the Charities Act 2011, Accounting and Reporting Standard applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102).

Reference and Administrative Information

The reference and administrative information is detailed on page 2.

Structure, Governance and Management

Governing document

The organisation is a Charitable Incorporated Organisation, registered as a charity on 12th June 2015. The charity was established under a constitution which details the objects and powers of organisation and it is governed by the constitution.

Recruitment and appointment of trustees and directors

The Trustees who have served during the period and since the period end are listed on page 2 and below.

Under the requirements of the constitution, the Trustees must be appointed for a term of three years by a resolution passed at Trustee meetings. Any person retiring as a charity Trustee is eligible for reappointment. A charity Trustee who has served for three consecutive terms may not be reappointed for a (fourth) consecutive term but may be reappointed after an interval of at least one year.

The CEO, and founder of the charity, will serve for 5 years on first appointment (with a maximum of 15 years overall). Future CEO's may be salaried, and will be appointed by the Trustees following competition. The Trustees appoint the Chairman. Decisions are taken by a majority of Trustees present at quarterly meetings.

The Chief Executive reports on all aspects of the Charity's operations and is responsible for keeping Trustees informed about charity and other relevant laws and procedures. The Trustees, CEO and staff attend relevant courses and seminars, to maintain the required skills for the proper governance and financial control of the Charity.

Trustee Induction and training

New trustees are provided with a copy of the charity's constitution and latest Annual Report and Statement of Accounts.

Trustees are appointed based on their skills, knowledge and experience that are considered to be appropriate for the charity's activities.

New Trustees undergo briefings on the vision of the charity, its charitable objectives, current activities and financial status and forecasts. They are provided with a copy of the Charity Commission, "The Essential Trustee" (CC3) document, and are required to sign our Code of Conduct. Trustees are supported by the Chair of Trustees on an ad-hoc basis for their role and responsibilities, introduced to all other trustees and committee members, and invited to all trustee meetings.

Trustees

Trustees who served during the period and up to the date of this report are set out below.

Mr Colin Maclean OBE (resigned 30 June 2023)
Dr Jane Barrett OBE
Mrs Amanda Barter
Ms Alison Grieve
Mr Robert Goddard
Mrs Ruth Lysons (resigned 30 June 2023)
Professor Ann Sheen OBE (resigned 31 July 2022)
Ms Lynn McLeish
Mr Anthony Smith
Dr Richard Brown
Mrs Claire Grove

Trustee appointed after the balance sheet date

Dr Lindsey Barker (appointed 19 January 2023)

Report of the Trustees - continued
For the period ended 31 December 2022 (Unaudited)

Objectives and Activities

Background

This report covers the period from July 2021 to December 2022 because the charity changed its annual reporting time from midyear to the end of the calendar year at its board meeting in November 2021.

The period on which we are reporting has been one of recovery from the effects of the Covid epidemic and implementing the changes in strategic direction we needed to ensure the future viability of the charity, which included restarting most of our face to face services, continuing and developing those services that could continue to be effectively delivered on line and moving some service away from the buildings of the Royal Berkshire Hospital, while ensuring that our excellent relationships at all staff levels in the hospital were maintained.

We opened a new headquarters office and treatment centre in Charvil, Reading, commissioned a new centre at the Deanwood therapy centre in Newbury and continued to offer acupuncture services in the College of Integrated Chinese Medicine in Reading and in the Royal Berkshire Healthspace in Bracknell. During the period we successfully added arts therapy to our services, through collaboration with the Arts Therapy College in London and at the year-end we added Reiki to our portfolio of services.

Objectives

The objects of the charity are 'For the public benefit, the relief and support of people with a diagnosis of cancer in Berkshire and surrounds and their carers, and where appropriate on-line throughout the UK by a) the provision of complementary therapies in acupuncture, arts therapy, aromatherapy, reflexology, massage, reiki, and relaxation techniques; b) providing facilities for the practice of yoga, Tai Chi and mindfulness training and c) the provision of advice and information'.

Activities

The principal long term aim of the charity, and ongoing objectives of the Trustees, is now to offer complementary therapies to any patient in Berkshire who has recently been diagnosed with cancer, with a 'face to face' service and to provide an on-line complementary therapy service in Mindfulness to cancer patients anywhere in the UK, on request, and to continue to develop Charvil as our dedicated centre of excellence for the service. We continue to confine our offering to adult patients recently diagnosed with cancer and to their carers.

Mrs Victoria Latchford, our Operations Director, continues to develop the management, administration and governance of the charity, with the CEO. We have appointed a Lead Therapist to manage the leadership and governance of our volunteer therapists, a lead Service Delivery Manager to oversee the delivery of our service and a part time lead for our fundraising. With the support of our treasurer and governance staff from the Royal Berkshire hospital, and some IT and clinical governance consultants, we are now more comfortable that our administration and governance is satisfactory, with trustees informed about any risks we face.

Led by the CEO and Trustees, the service is delivered by managers and volunteers. We continue to work closely with the Royal Berkshire Hospital, particularly the Berkshire Cancer Centre, and other charities of relevance in the support of cancer patients and with those organisations that can help us to find and retain sufficient volunteers to develop the service.

Fundraising

Our fundraising group, some members of which have had some experience with cancer, either personally or in their families, have continued to work extremely hard and have generated enough money, together with some very generous donations to the charity, to fund our planned growth, manage the charity throughout the constraints of the pandemic and increase our reserves sufficiently to be able to fund our services and their planned growth for the next two years. We owe them all a big debt for all this very successful work.

Volunteers

The charity continues to be supported by willing volunteers in meeting its objectives and some of its administrative activity and the trustees would like to take this opportunity to say how much they appreciate their continuing and valuable support. Indeed, some of them were heavily involved in the development of our on-line services, despite being unable to earn their living in their own practices, due to lockdown. We owe them a real debt. The trustees consider that no measurable value can be placed on their contribution for the purpose of our accounts but in practical terms, they are invaluable.

Achievements and Performance

Our valuable relationship, with the Directors of the Royal Berkshire Hospital and the consultant oncologists, clinical nurse specialists, management and administrative staff at the Royal Berkshire NHS Foundation Trust, has been maintained, with mutual support being evidenced on both sides. We have learned to manage and maintain those good relationships through various staff changes that have occurred in the Hospital. The Hospital Trust continues to donate the use of rooms to deliver our services at the Bracknell Healthspace and to allow the charity to maintain a communication presence, for patients, at the Royal Berkshire hospital.

The Trust also continues to provide training of the therapists in the NHS 'cancer pathway', enabling the MCMC services to be tailored to patient need. We now have 29 volunteer therapists and 9 volunteers to meet and greet people who wish to access the service. It is our objective to recruit 4 more therapists and 4 more meeters in the next financial year.

Our operations director supported by the lead therapist and the admin officer and with the help of the CEO and trustees, several volunteers and some paid consultants, continued to develop the administration, governance and business systems needed to run the charity and support our planned growth. This has satisfied the trustees that we have a comprehensive and fully effective approach to the running of the charity.

Report of the Trustees - continued
For the period ended 31 December 2022 (Unaudited)

Achievements and Performance (continued)

Despite the very challenging Covid 19 lockdowns, in the period ending December 2022, we provided 1344 therapies to 332 patients, with 817 acupuncture appointments and 527 aromatherapy, reflexology and massage appointments. The proportion of our clients that are male increased to above 20%, following our efforts to stimulate interest from men. We also ran 10 courses in mindfulness training and yoga and 1 on-line art therapy treatments.

The patient feedback remains strong, despite the pandemic, indicating that the demand for our services remains strong and our experience of the on-line services has shown that there is still demand for support on-line. This feedback continues to confirm that there is a very big demand for the service and that, within the limits of our present resource, we are delivering an offering that effectively relieves pain and reduces side effects which are associated with some cancer treatments, while helping the patient to come to terms with their illness and to regain and maintain some control of their lives.

Future Plans

Our immediate plans are to continue to develop our services at Charvil and to fill all the face-to-face therapy slots at our other sites, develop our new reiki service and continue our search for new services that can improve the confidence of our cancer patients.

It is our long term plan to build services across Berkshire, delivered from 5 centres.

Our biggest challenges are:

1. To find a new Chair for the charity when Mr Maclean completes his three-term tenure in June 2023, to also find a new Vice Chair as Mrs Lysons also completes her three terms in June 2023, and to start the search for a replacement CEO when Mrs Barter steps down in September 2023;
2. To strengthen our fundraising capability to ensure that we have the resources for the continuing growth in demand; and
3. To finalise our growth in delivery sites by starting a therapy centre in Henley in the next two years.

We also have plans to increase the number of volunteer therapists and 'meeter-greeters' to support the enlarged service.

Public benefit

The Trustees confirm that they have complied with their duty under the section 17 of the Charities Act 2011. They have considered the public benefit guidance published by the Charity Commission and believe they have followed it.

Financial Review

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future, for this reason they continue to adopt the going concern basis in preparing the financial statements.

Financial position

Incoming resources for the period are £115,190 (2021: £60,541) of which £94,950 (2021: £50,627) was unrestricted income and £20,240 (2021: £9,914) was restricted income. Resources expended were £122,316 (2021: £55,365), of which £105,682 (2021: £49,830) was from the unrestricted fund and £16,633 (2021: £5,535) was from the restricted fund. There is an overall shortfall for the period of £7,126 (2021: overall surplus £5,176), with shortfall of £10,732 (2021: surplus £797) being unrestricted funds and surplus of £3,607 (2021: £4,379) restricted funds. The total reserves carried forward of £175,219 (2021: £182,345) are split between £167,233 (2021: £177,966) of unrestricted funds and £7,986 (2021: £4,379) of restricted funds.

Reserves Policy

Due to the risks posed by the Covid 19 pandemic, it is the charity's policy to retain reserves equivalent to 12 months normal expenditure to safeguard against significant loss of sources of income. This equates to c. £80,000. In addition, as a relatively new charity, which has had to find new accommodation for much of its service delivery and still needs to extend its services to cover the whole of Berkshire and to expand its service offering, the trustees have been building up sufficient funds of c. £170,000 per annum, which have been designated to grow the charity further over the next three years, increase the number of staff it employs (currently three) and funding its new office and treatment centre. This policy will be reviewed on a regular basis and the trustees are confident about the financial stability of the charity.

My Cancer My Choices
(A Charitable Incorporated Organisation)

Charity number: 1162165

Report of the Trustees - continued

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the financial statements in accordance with applicable law and regulations

The Trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and its financial position at the end of the period. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees have taken all steps that they ought to have taken in order to make themselves aware of any information relevant to the independent examination and to ensure that the independent examiner is aware of all relevant information. As far as each Trustee is aware, there is no relevant information of which the charity's independent examiner is unaware.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008, the SORP 2005 and provisions of its registration. They are also responsible for the safeguarding the assets, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on 31/9/23 and signed on its behalf.

ON BEHALF OF THE TRUSTEES:



Alison Grieve
Chairman

Statement of Financial Activities (including Income and Expenditure Account)
For the period ended 31 December 2022 (Unaudited)

| | Notes | P/E Dec-22 Unrestricted Funds £ | P/E Dec-22 Restricted Funds £ | P/E Dec-22 Total Funds £ | Y/E Jun-21 Unrestricted Funds £ | Y/E Jun-21 Restricted Funds £ | Y/E Jun-21 Total Funds £ |
|--|-------|--|--|-----------------------------------|--|--|-----------------------------------|
| Income: | | | | | | | |
| <i>Income from donations and legacies:</i> | | | | | | | |
| Donations and legacies | 2 | 50,010 | 20,240 | 70,250 | 31,299 | 9,914 | 41,213 |
| <i>Income from other trading activities:</i> | | | | | | | |
| Other activities | 3 | 44,390 | - | 44,390 | 18,754 | - | 18,754 |
| Investment income | 4 | 550 | - | 550 | 574 | - | 574 |
| Total Income | | 94,950 | 20,240 | 115,190 | 50,627 | 9,914 | 60,541 |
| Expenditure: | | | | | | | |
| <i>Expenditure on raising funds:</i> | | | | | | | |
| Fundraising and other activities | 5 | 749 | - | 749 | - | - | - |
| <i>Expenditure on charitable activities:</i> | | | | | | | |
| Cost of charitable activities | 6 | 3,778 | 828 | 4,606 | 2,815 | 1,684 | 4,499 |
| Support costs | 7 | 89,795 | 15,805 | 105,600 | 42,916 | 3,851 | 46,767 |
| Governance costs | 8 | 11,361 | - | 11,361 | 4,099 | - | 4,099 |
| Total expenditure | | 105,683 | 16,633 | 122,316 | 49,830 | 5,535 | 55,365 |
| Net income/(expenditure) and net movement in funds for the period | | (10,733) | 3,607 | (7,126) | 797 | 4,379 | 5,176 |
| Reconciliation of funds | | | | | | | |
| Total funds brought forward | 16 | 177,966 | 4,379 | 182,345 | 177,169 | - | 177,169 |
| Total funds carried forward | | 167,233 | 7,986 | 175,219 | 177,966 | 4,379 | 182,345 |

The statement of financial activities includes all gains and losses for the period. All incoming resources and resources expended derive from continuing activities.

Notes to the Financial Statements
For the period ended 31 December 2022 (Unaudited)

1 ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)) and, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The Charity's functional and presentational currency is GBP and the financial statement have been rounded to the nearest £.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are to be used in accordance with specific restrictions set out by the donor. See notes 16 and 17.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amounts have been received. The following specific policies are applied to particular categories of income:

- Donations and fundraising income are recognised in the accounts as and when receivable. Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of the donation.
- Grant income is recognised in the accounts as and when receivable. Where entitlement occurs before income is received the income is accrued.
- Investment income is credited to income when it is receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest being paid or being payable by the bank.

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Fundraising costs are those incurred in seeking voluntary contributions.
- Governance costs include those costs associated with meeting the constitutional requirements of the charity and include the accountants fees and costs linked to the strategic management of the charity.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received in advanced payments for the goods or services it must provide.

Financial instruments

The charity only has financial assets and financial liabilities that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and are subsequently measured at their settlement value.

Taxation

The charity is exempt from tax on income and gains of S256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to charitable objects. No UK corporation tax charges have arisen in the charity for the period ended 31 December 2022 due to the charity's charitable status.

Operating leases

Operating leases are recognised over the period of which the lease falls due.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the period of the

My Cancer My Choices
(A Charitable Incorporated Organisation)

Charity number: 1162165

Balance Sheet
As at 31 December 2022 (Unaudited)

| | Notes | P/E Dec-22 £ | Y/E Jun-21 £ |
|--|-------|-----------------|-----------------|
| CURRENT ASSETS | | | |
| Debtors | 13 | 195 | 451 |
| Cash at bank | | 192,642 | 185,120 |
| | | <u>192,837</u> | <u>185,571</u> |
| CREDITORS | | | |
| Amounts falling due within one year | 14 | (17,618) | (3,232) |
| NET CURRENT ASSETS | | <u>175,219</u> | <u>182,345</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>175,219</u> | <u>182,345</u> |
| FUNDS | | | |
| Unrestricted funds | 16 | 167,233 | 177,066 |
| Restricted funds | 16 | 7,986 | 4,379 |
| TOTAL FUNDS | | <u>175,219</u> | <u>182,345</u> |

The financial statements were approved and authorised for issue by the Trustees on 3/9/23 and were signed on their behalf by


Alison Griev
Chairman

The notes form part of these financial statements

Notes to the Financial Statements - continued
For the period ended 31 December 2022 (Unaudited)

1 ACCOUNTING POLICIES (CONTINUED)

Pensions

Defined contribution pension plan

The Charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Charity pays fixed contributions into a separate entity. Once the contributions have been paid, the Charity has no further payment obligations.

The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in accruals as a liability in the Balance Sheet. The assets of the plan are held separately from the Charity in independently administered funds.

2 INCOME FROM DONATIONS AND LEGACIES

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|-----------|--|--|-----------------------------------|--|--|-----------------------------------|
| Donations | 43,211 | - | 43,211 | 25,826 | - | 25,826 |
| Gift Aid | 6,799 | - | 6,799 | 5,473 | - | 5,473 |
| Grants | - | 20,240 | 20,240 | - | 9,914 | 9,914 |
| | <u>50,010</u> | <u>20,240</u> | <u>70,250</u> | <u>31,299</u> | <u>9,914</u> | <u>41,213</u> |

3 INCOME FROM OTHER TRADING ACTIVITIES

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|-------------|--|--|-----------------------------------|--|--|-----------------------------------|
| Fundraising | 44,390 | - | 44,390 | 18,754 | - | 18,754 |

4 INVESTMENT INCOME

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|------------------------|--|--|-----------------------------------|--|--|-----------------------------------|
| Bank Interest Received | 550 | - | 550 | 574 | - | 574 |

5 EXPENDITURE ON RAISING FUNDS

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|--------------------|--|--|-----------------------------------|--|--|-----------------------------------|
| Fund raising costs | 749 | - | 749 | - | - | - |

6 CHARITABLE ACTIVITIES COSTS

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|--------------------------------------|--|--|-----------------------------------|--|--|-----------------------------------|
| Therapy costs, training and supplies | 3,778 | 828 | 4,606 | 2,815 | 1,684 | 4,499 |

7 SUPPORT COSTS

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|------------------------|--|--|-----------------------------------|--|--|-----------------------------------|
| Telephone and fax | 3,461 | 760 | 4,221 | 1,328 | 400 | 1,728 |
| Trustee expenses | 6 | - | 6 | - | - | - |
| Wages | 60,235 | 13,222 | 73,457 | 29,967 | 978 | 30,945 |
| Subscriptions | 315 | 69 | 384 | 457 | - | 457 |
| Insurance | 706 | 155 | 861 | 99 | - | 99 |
| Office expenses | 3,411 | 749 | 4,160 | 1,418 | 1,168 | 2,586 |
| Sundry expenses | 5,028 | 126 | 5,154 | 1,327 | 1,230 | 2,557 |
| Premises expenses | 13,337 | - | 13,337 | - | - | - |
| Refurbishment costs | 1,392 | 306 | 1,698 | 460 | - | 460 |
| Marketing & Promotions | 1,904 | 418 | 2,322 | 815 | 75 | 890 |
| HQ set up costs | - | - | - | 7,045 | - | 7,045 |
| | <u>89,795</u> | <u>15,805</u> | <u>105,600</u> | <u>42,916</u> | <u>3,851</u> | <u>46,767</u> |

All support costs relate to charitable activities.

Notes to the Financial Statements - continued
For the period ended 31 December 2022 (Unaudited)

8 GOVERNANCE COSTS

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds 2021 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|---------------------------|--|--|-----------------------------|--|--|-----------------------------------|
| Accountancy fees | 2,460 | - | 2,460 | 3,035 | - | 3,035 |
| Legal & professional fees | 8,901 | - | 8,901 | 1,064 | - | 1,064 |
| | <u>11,361</u> | <u>-</u> | <u>11,361</u> | <u>4,099</u> | <u>-</u> | <u>4,099</u> |

9 TRUSTEES' REMUNERATION AND BENEFITS

During for the period ended 31 December 2022, no trustees received any remuneration.
During for the period ended 31 December 2022, no trustees received any benefits in kind.
During the period £6 (2021: £nil) of travelling expenses were reimbursed to one Trustee.

10 STAFF COSTS

| | Total P/E Dec-22 £ | Total Y/E Jun-21 £ |
|--------------------|--------------------------|--------------------------|
| Salaries and wages | 71,320 | 30,063 |
| Pension | 2,137 | 882 |
| | <u>73,457</u> | <u>30,945</u> |

The average number of employees during the period, calculated on the basis of full time equivalents, was as follows:

| | | |
|----------------------|----------|----------|
| Administrative staff | <u>2</u> | <u>2</u> |
|----------------------|----------|----------|

No employee received emoluments of more than £60,000.

11 PENSION COMMITMENTS

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £2,137 (2021: £882). Contributions of £382 (2021: £nil) were payable to the fund at the balance sheet date.

12 RELATED PARTY TRANSACTIONS

During the period the trustees did not consider there to be any related party transactions, other than the matters within note 9.

13 DEBTORS

| | Total P/E Dec-22 £ | Total Y/E Jun-21 £ |
|-----------------------------|--------------------------|--------------------------|
| Other debtors & prepayments | <u>195</u> | <u>451</u> |

14 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | Total P/E Dec-22 £ | Total Y/E Jun-21 £ |
|------------------|--------------------------|--------------------------|
| Other creditors | 15,429 | 1,010 |
| Accrued expenses | 2,189 | 2,222 |
| | <u>17,618</u> | <u>3,232</u> |

15 ANALYSIS OF NET ASSETS BETWEEN RESERVES

| | Unrestricted Funds P/E Dec-22 £ | Restricted Funds P/E Dec-22 £ | Total Funds P/E Dec-22 £ | Unrestricted Funds Y/E Jun-21 £ | Restricted Funds Y/E Jun-21 £ | Total Funds Y/E Jun-21 £ |
|---------------------|--|--|-----------------------------------|--|--|-----------------------------------|
| Current assets | 184,782 | 8,055 | 192,837 | 181,136 | 4,441 | 185,577 |
| Current liabilities | (17,549) | (69) | (17,618) | (3,170) | (62) | (3,232) |
| | <u>167,233</u> | <u>7,986</u> | <u>175,219</u> | <u>177,966</u> | <u>4,379</u> | <u>182,345</u> |

Notes to the Financial Statements - continued
For the period ended 31 December 2022 (Unaudited)

16 MOVEMENT IN FUNDS

| | As at 1 July 2021 | Incoming resources | Outgoing resources | Transfers | As at 31 December 2022 |
|--------------------|----------------------|-----------------------|-----------------------|-----------|---------------------------|
| | £ | £ | £ | £ | £ |
| Unrestricted funds | 177,966 | 94,950 | (105,683) | - | 167,233 |
| Restricted funds | 4,379 | 20,240 | (16,633) | - | 7,986 |
| Total funds | 182,345 | 115,190 | (122,316) | - | 175,219 |

| | As at 1 July 2020 | Incoming resources | Outgoing resources | Transfers | As at 30 June 2021 |
|--------------------|----------------------|-----------------------|-----------------------|-----------|-----------------------|
| | £ | £ | £ | £ | £ |
| Unrestricted funds | 177,169 | 50,627 | (49,830) | - | 177,966 |
| Restricted funds | - | 9,914 | (5,535) | - | 4,379 |
| Total funds | 177,169 | 60,541 | (55,365) | - | 182,345 |

17 Restricted funds

| | The Albert Hunt Trust £ | FSP Foundation £ | Greenham Grant £ | Newbury Cancer Care £ | St Laurence in need relief Trust £ | Total Restricted Funds £ |
|---|-------------------------------|------------------------|------------------------|-----------------------------|---|-----------------------------------|
| Balance at 1 July 2021 | - | - | - | 3,379 | 1,000 | 4,379 |
| Incoming resources - grants | 3,000 | 2,740 | 8,500 | 5,000 | 1,000 | 20,240 |
| Outgoing resources - cost of charitable activities and support | - | - | (7,369) | (7,264) | (2,000) | (16,633) |
| Balance at 31 December 2022 | 3,000 | 2,740 | 1,131 | 1,115 | - | 7,986 |

18 OPERATING LEASE COMMITMENTS

At 31 December 2022 the total of the Charity's future minimum lease payments under non-cancellable operating lease was:

| | P/E Dec-22 £ | Y/E Jun-21 £ |
|------------------------|-----------------|-----------------|
| Amounts payable | | |
| Within 1 year | 4,200 | 4,200 |
| Between 1 and 5 years | 12,250 | 16,450 |
| | 16,450 | 20,650 |

My Cancer My Choices
(A Charitable Incorporated Organisation)

**Report of the Independent Examiner to the Trustees of
My Cancer My Choices**

I report to the trustees on my examination of the accounts of My Cancer My Choices (the Charity) for the period ended 31 December 2022 which are set out on pages 7 to 12.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

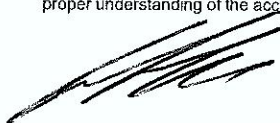
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charities Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
- the accounts did not accord with those records or;
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Campbell FCA
Nortons Assurance Limited
Chartered Accountants
Second Floor
Now Building
Thames Valley Park
Reading
Berkshire
RG6 1RB

Date: *26 September 2023*