



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From:1/07/2025 **Period start date**

To:30/06/2025 **Period end date**

Charity name: Small Things Dance Collective

Charity registration number: 1162128

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance public education in and appreciation of the art of dance.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>This year was the completion of our ACE funded Shifting Landscapes project (ended May 2025), and the continuation of our 3-year CIN funded project.</p> <p>In addition, we had funding for the Music Matters on the Move project on the Oncology Ward and had confirmation for funds for ongoing ward-based work from Alder Hey Children's Charity for 2025-26. Through this funding we carried out the following: -</p> <ol style="list-style-type: none">1) We continued with ward-based practice on the cardiac and neuromedical units, accompanying infants, children and young people in exploring movement, through touch, sensory play and improvised dance.2) Following the launch of our VR project we collaborated with Heathy Mind to have our content uploaded onto their headsets which are used by several departments at Alder Hey.3) We initiated our new project on the oncology ward, collaborating with musicians Hedi Pinkerfeld and Georgina Aasgaard.4) We hosted 4 interns and 2 emerging artists on placement at Alder Hey Children's Hospital-supporting artist development.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The charity's trustees believe that the charity's activities provided public benefit as activities took place within a public children's hospital. Activities included the appreciation of art and contributed to the health and wellbeing of patients.</p> <p><u>Impact</u> The charity worked with long term patients on the cardiac and neuromedical wards, experiencing extended stays in hospital including those who have had painful operations and those with complex conditions. ICYP in hospital are often anxious, in pain, bored and struggling emotionally. Research shows (Dowler, L 2013;2016;2024) that improvisation and somatic dance reduce pain, support creativity, reduce isolation, aid recovery and improve mental health. Often, children transform from being, introverted withdrawn and fearful to communicating, expressing themselves and having fun.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	SORP reference Para 1.20	<p>Our monitoring shows that we engaged 419 Infants, Children and Young People and their families in creative arts experiences.</p> <p>Our beneficiaries were able to choose their activity through our child-led practice, exploring movement, music and dance. This significantly enhanced their wellbeing.</p> <p>Here are some artist notes:</p> <p>'A' was post cardiac surgery and sitting quietly, not moving much. Throughout her session she explored movement and sound in her own timing. Over time she gained confidence and creatively expressed herself. Her mum said, "I can't believe she has gone from shuffling to the toilet earlier to the way she is now. That's 'A' back!". 'A' said she had lots of fun and asked if we could come back tomorrow!</p> <p>'B' had just had a cannula put in and a dose of medicine. She was very upset and groaning, feeling very sorry for herself. She chose her activity and gradually her energy started to lift, her attention shifted from the arm with her cannula, and we began to get lots of smiles. Her mum said, "This is the first time I've seen her smiling since she has been in hospital."</p> <p>We also held placements for emerging artists to share our knowledge and skills, which they can take out to benefit wider society.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a stable position with funding agreed from Alder Hey and awaiting third year payment from Children in Need
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold 3 months of reserves for administration/fundraising purposes
Amount of reserves held	Para 1.22	We have unrestricted reserves of £5,295
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Arts Council England BBC Children in Need Alder Hey Children's Hospital Charity
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(1) Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Small Things Dance Collective
Other name the charity uses	
Registered charity number	1162128
Charity's principal address	31 Hillschool Rd, Eccleston Hill, St Helens, Merseyside, WA10 3BH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mary Prestidge	Treasurer		
2	Vicky Charnock	Chair		
3	Russell Ashworth			
4	Rachel Rogers			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Lisa Dowler

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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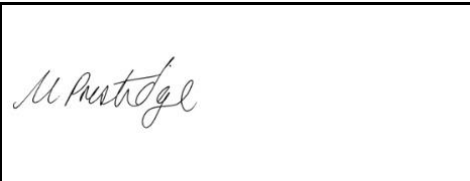
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mary	Prestidge
Position (eg Secretary, Chair, etc)	Treasurer	
Date	15 th , December 2025	

Independent Examiner's Report to the Trustees of Small Things Dance Collective

I report to the trustees on my examination of the accounts of Small Things Dance Collective (a Charitable Incorporated Organisation – the CIO) for the year ended 30 June 2025, which are set out on pages 1 to 2.

This report is made to the charity's trustees, as a body, in accordance with the terms of engagement. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the trustees, as a body, for my work or for this report.

Responsibilities and basis of report

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the Act and, in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- (2) the accounts do not accord with those records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'Keith Miller', with a long horizontal flourish extending to the right.

Keith Miller
Monetta LLP
110-114 Duke Street
Liverpool
L1 5AG

6 March 2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name:
SMALL THINGS DANCE COLLECTIVE

No (if any):
1162128

CC16a

Receipts and payments accounts

For the period from	01/07/2024	To	30/06/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Regular Donation Evuna LTD	1 200	-	-	1 200	1 200
Arts Council England	-	-	-	-	19 900
Alder Hey	9 810	-	-	9 810	660
Children in Need	-	-	-	-	14 950
O'Doyle Carle	-	-	-	-	4 000
Training income	-	-	-	-	430
Refunds	944	-	-	944	-
Donation	100	-	-	100	-
Sub total (Gross income for AR)	12 054	-	-	12 054	41 140
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12 054	-	-	12 054	41 140
A3 Payments					
Artist Fees	7 350	34 411	-	41 761	38 886
Website/Vimeo/Dropbox	380	-	-	380	374
Expenses	1 682	-	-	1 682	870
Expenses Interns	-	100	-	100	-
Other expenses	-	-	-	-	-
Accountancy	540	-	-	540	528
Training costs	-	-	-	-	1 560
Expenses VR	-	-	-	-	3954
	-	-	-	-	-
Sub total	9 952	34 511	-	44 463	46 172
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9 952	34 511	-	44 463	46 172
Net of receipts/(payments)	2 102	- 34 511	-	- 32 409	- 5 032
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3 193	35 000	-	38 193	43 225
Cash funds this year end	5 295	489	-	5 784	38 193

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Earned income/donations/reserves	5 291	-	-
	Children in Need	-	489	-
		-	-	-
	Total cash funds	5 295	489	-
(agree balances with receipts and payments account(s))				

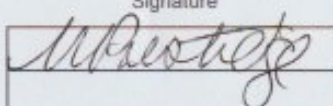
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on
behalf of all the trustees

Signature


Print Name
Mary Prestidge

Date of
approval
15.12.2025